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Briefs

Halloween activities on the way in Northwood

For those that enjoy dressing in alternate attire and being rewarded with sweet treats, Halloween's arrival couldn't come sooner. And when it does, there will be a number of activities in Northwood to help them celebrate.



The activities on Halloween begin with residents of the Lutheran Retirement Home and Pines Assisted Living welcoming trick or treaters from 4-5:30 p.m.

The Northwood Area Chamber of Commerce will sponsor the annual Halloween parade and costume contest for children up to 10 years old.

Halloween, see Page 2



Put 'em up! NSB Bank, WCSO partner in robbery scenario

By Erin McCord

Last Monday, October 14, a black SUV slammed to a halt in front of NSB Bank in Northwood. Two men emerged from the vehicle, their faces concealed by ski masks and firearms in their hands.

Bystanders could hear the individuals' shouts of "Get down!," as well as more unsavory verbiage, from outside the building. The miscreants exited the bank with haste, leaping back into the SUV and speeding away.

Thus was the scenario for a training exercise carried out by NSB Bank in cooperation with the Worth County Sheriff's Office.

The "bank robbers" were actually WCSO reserve deputy Brian Lund and Worth County Technical Director Joel Rohne. The guns they carried were props. The surprise felt

NSB, see Page 3

Casino gift may expand County interchange development

In recent weeks, the size and scope of Worth County's Interstate 35/ Highway 105 interchange development project has come into question, with the prospect of the donation of land from the Diamond Jo Casino.

For some time, the County has been working to develop an area of lots to entice retail and/or commercial development in the area south of Highway 105, west of Interstate 35 and east of Wheelerwood Road, opposite the Top of Iowa Welcome Center.

Prior to the October 7 meeting of the supervisors, plans were in place to approve a bid for a development that would include eight lots, a cul-de-sac street and the water and sewer connections necessary to serve those lots.

With the Diamond Jo Casino owning property in the area, along Highway 105, the development would include the other area to the south, involving only the land owned by the County, totaling a little over 12 acres, divided into eight lots, ranging in size from 1.2 to 2.1 acres.

However, as the supervisors were set to consider and approve a bid for the project, a new opportunity presented itself, as supervisor Ken Abrams said he would be in discussion with casino officials about the project.

With that in mind, the supervisors tabled

Casino, see Page 2

Give blood at VFW Friday in Northwood

One in seven people entering the hospital will need blood. That's why community blood drives, like the one in Northwood this Friday, are so important.

LifeServe of North Iowa, along with the Northwood Lions Club, is sponsoring a blood drive this Friday, October 25, from 1 :30 to 5:30 p.m. at the VFW (north on Highway 65).

Lions club members are calling past donors who have given in the previous drives. As past donors, some have chosen to schedule an

Blood, see Page 2



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Oct. 15	53	28	
Wed. Oct. 16	52	38	
Thurs. Oct. 17	44	30	
Fri. Oct. 18	56	49	
Sat. Oct. 19	67	47	T
Sun. Oct. 20	63	33	.04
Mon. Oct. 21	63	32	.25

City council discusses winter skating, parking

Winter recreation and transportation were discussed at the most recently meeting of the Northwood City Council.

The recreation discussion focused on the downtown ice skating rink that has been available, but underused at the basketball courts in Northwood's Central Park in past years.

A member of the public was expected at the meeting to request the rink's return, but was unable to attend.

City superintendent Dirk Van Ryswyk shared what he proposed the City could offer for those that wanted a chance to ice skate this winter.

Van Ryswyk said that there hasn't been much use of the rink when the City has set it up in the past. He added that weather conditions also make it difficult to maintain a consistent ice surface, and the additional labor involved in maintaining the ice and removing snow can be time consuming when the city crew is already burdened with snow removal throughout the city.

Van Ryswyk said that, if there is interest, the City could work with a group if they are willing to take charge and maintain the rink. The City would plug the drain on the courts and City water could be

Council, see Page 3

Northwood asks residents to avoid burning leaves

As the season lives up to its name, and leafs begin to fall in North Iowa, the City of Northwood is once again asking its residents to be considerate of their neighbors by using alternatives to burning leafs in the city.

For many years, the City has instituted a voluntary burn ban, with residents requested, but not required, to refrain from burning leaves.

Smoke from burning leaves contains many elements that can cause health problems that can make life difficult, or even cause serious, potentially fatal, health complications for some in the community.

The visible smoke released by burning leaves consists of particulate matter that contains a number of pollutants. If inhaled, the particulates reach the deepest part of the

Leafs, see Page 3

Supervisors approve N-K activity center contribution

The Worth County supervisors signaled support for a wellness center in the city of Northwood recently, committing to a donation designed to help secure a grant from the State of Iowa.

The Northwood-Kensett school district will be building an activity center that will provide additional gym, practice and training space, as well as fitness facilities for members of the community, with paid memberships.

However, the exact amenities and scope of N-K's Vikings Activity Center are in the works, as fundraising is underway to pay for the entire estimated cost of the facility.

The N-K school board has committed to borrow $4 million from state sales tax money the district receives, for the project. The total estimated cost for the VAC is $5.4 million.

Supervisors, see Page 3



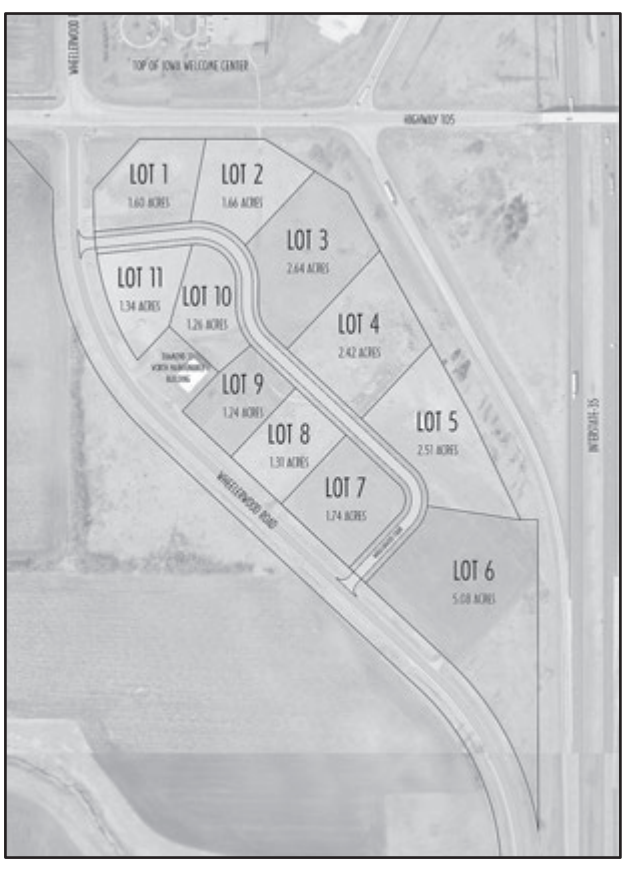
A school board selfie

The October regular meeting of the Northwood-Kensett Board of Education featured a few special guests, to share information about activities in their classroom. Fourth grade teacher Troy Einertson was joined by students Mia Fierova and Lance Knudson. They shared information on the unique flexible seating options in their classroom. They also demonstrated software that lets them share their work and photos of the classroom with their parents on a daily basis. Fierova is pictured in a selfie that she took with the school board, which was shared with her parents shortly thereafter.

Vikings remain in playoff hunt — See Sports Page 1B



Pictured is the land being considered for development at the Interstate 35/Highway 105 interchange, which includes County-owned land, and land that the Diamond Jo Casino may gift to the County.



Pictured is a preliminary design for lots that would be developed if the County receives the casino-owned property.

Casino
Cont. from Page 1

action on the project until their meeting on October 14.

At that meeting, it was revealed that Abrams, along with Jason Petersburg, from Veenstra & Kim, who has been the engineer for the County on the development, met with representatives of Boyd Gaming to discuss the adjacent lots.

According to a letter regarding the land, which was to be sent for confirmation, the casino had offered to gift the land to the County for development purposes.

The letter laid out the contingencies that the County was agreeing to for the land transfer.

The primary assurance given by the County was that any development would be complimentary to the casino. To assure that, the County would restrict developments on the land from the casino to businesses that would be "complimentary to the existing Casino." Examples included food, lodging, motor vehicle and retail.

The casino would maintain ownership on land that includes a maintenance shed, with the development taking place around that property.

The County would also give the Casino input on the lot development, as well as agreements that would be developed for those purchasing lots in the development.

A preliminary design for a new development showed that the casino property would expand the project to a roughly 22 acre area, with 11 lots, and a through street, tentatively labeled Wheelerwood Court. Lots would range from 1.24 to 5.08 acres in the preliminary design.

While there was a verbal agreement to gift the land, the County will await a response to the letter and an official agreement, before beginning any planning or design for an expanded interchange project.

While the County awaited official confirmation of the County's land gift, they proceeded with approving a bid for the previous project design, which only included current County property.

The low bid for the project was $831,409.15, from Wunsch Construction.

While the timeline for development construction will not be affected, with a previous start date of April 2020, some preliminary sewer improvements will likely be delayed, awaiting word on the need to expand the project.

If the casino land is gifted to the County, the bid on the previous project design will be renegotiated to include that area. Petersburg estimated the project, with the additional area, would cost roughly $1.75 million.

The supervisors discussed the need to update plans and meet with a financial advisor, indicating that the additional costs may be paid with tax increment financing (TIF) revenue.

Blood
Cont. from Page 1

appointment with LifeServe (www.lifeservebloodcenter.org) or have called 800-287-4903, or called locally to Bob Perry (641-324-2252).

Past donors may expedite the preliminary work online to speed up the donating process. Those considering a donation may also simply come to the blood drive at the VFW in Northwood, as many do, and donate as a "walk-in."

It usually takes about an hour to make a life saving donation and the feeling after giving is that of "I gave at valuable part of myself so that others might live." LifeServe also gives points and gifts to those who do donate. More information can be found on the website mentioned above.

Kavars found guilty on 14 counts of animal neglect

By Erin McCord
erin@nwdanchor.com

Barb Kavars of Manly was found guilty of 14 counts of animal neglect last Friday, October 18, at the Worth County Courthouse.

The charges stem from November 2018 when 163 Samoyed dogs were removed from Kavars' rural Manly property.

The Worth County Sheriff's Office was first called to Kavars' breeding operation in March 2018 following a complaint of the dogs' living conditions.

Over the next several months, and several more visits from then-deputy Andy Grunhovd, Kavars was given multiple opportunities to take action and seek help in improving the care her dogs were receiving.

Finally, in November 2018, the WCSO, assisted by the American Society for the Prevention of Cruelty to Animals (ASPCA), executed search warrants and removed 154 dogs, and nine others that Kavars chose to maintain ownership of, as well as four cats. In district court, Kavars eventually lost an appeal to keep the nine dogs, and the cats.

Investigations of Kavars' property, and the conditions in which the animals were kept, found inadequate food and water, living conditions, employees for an operation of that scale and other signs of neglect. There were also numerous dogs found to be sick, diseased or injured.

This led initially to 17 charges of animal neglect in the case, and the removal of all the dogs at the property. The dogs have since been relocated to new homes, shelters and facilities, with the efforts of the ASPCA and the Humane Society of North Iowa.

A sentencing date had not been scheduled at press time.

According to Iowa code animal neglect charges are simple misdemeanors punishable by up to 30 days in jail and/or a fine between $65 and $625 per count.

Full details of the case, initially published in the Anchor in January, will be posted on the Anchor website at www.nwdanchor.com.

See more information on the trial, and sentencing, in future issues of the Northwood Anchor.

Halloween
Cont. from Page 1

The parade begins at the City Hall parking lot at 5 p.m. on Halloween, Thursday, October 31. The costumed kids, and their accompanying adults, costumed or otherwise, will parade to the basketball courts in Central Park.

At the park, a contest will be held, with prizes going to the winners in three age groups, children three and under, 4-6 and 7-10. All kids under the age of 10 taking part will receive a bag of candy, while supplies last.

Following the parade, from 5-8 p.m., children will be trick or treating throughout Northwood. Those that would like to welcome the young visitors are asked to turn on porch or garage lights as long as they are welcome.

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Fax 641-324-2432
email:
anchor1@nwdanchor.com

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NSB
Cont. from Page 1

by the employees of NSB Bank was real.

"This was a great opportunity to train our officers," said Worth County Sheriff Dan Fank about the exercise. "They [NSB management] approached me about doing it as a simulation for their people, but it benefits us, too."

Bank employees sounded their silent alarm, which was used to alert the sheriff's department. Officers came to gather evidence and fill out paperwork, giving everyone involved the chance to go through the protocols of such a situation.

Bank manager Aaron Carman said that the exercise worked really well. The employees of



the bank had previously been trained in what to do in a robbery, but as Carman said, "It's a different perspective when someone is yelling at you with a gun in your face."

Employees of two other branches of NSB traveled to Northwood to go through the training, as well, which gave the WCSO deputies plenty of opportunities to go through their response.

Council
Cont. from Page 1

used to build the ice surface, but volunteers would have to take charge of building and maintaining the ice, as well as snow removal.

The council said they would wait for the community to show interest before taking action on the rink.

Besides ice skating, the council also reviewed the City's policy in regards to parking on city streets following heavy snows.

The City's snow emergency policy states that no one is allowed to park, abandon or leave unattended a vehicle on Northwood streets, alleys or city-owned parking areas when a snow emergency is proclaimed by Northwood's mayor. That will take place based on the forecast or arrival of winter weather conditions that would create road travel and parking hazards.

The parking ban remains in effect until an area has been cleared, or until 48 hours after a snow emergency is declared and the storm ends.

However, the policy has not been in effect in many years, as the policy also requires that the City publicize the requirements of the snow emergency policy, using all available news sources, in early November, which has not taken place in recent years.

Following last year's record snowfalls, and the parking, driving and snow removal hazards that were created by vehicles on city streets, City officials plan to fully enact and enforce the snow emergency policy this year.

With that in mind, the Council plans to proceed with the preliminary November notifications following their November 12 meeting.

With the early November announcement of the snow emergency policy, City representatives will alert those in Northwood when a snow emergency is declared. The exact ways in which the public may stay informed of snow emergencies have not been set as yet.

Supervisors
Cont. from Page 1

The school district is working with a group of community volunteers to raise the remaining funds through private donations and grants.

It is the latter that brought the VAC committee and school district officials to the the county supervisors.

One of the largest potential funding sources available for the project would come in the form of a grant from the Iowa Economic Development Authority. However, to qualify for that grant, financial support must come from the three local government entities in which the project will be built.

For the VAC, that is the school district, committing $4 million; the City of Northwood, which has pledged $50,000; and the County. The supervisors discussed a contribution at their October 14 meeting.

The supervisors agreed that it was a good project, and good for the community.

Their main reservation, however, was the precedent that providing funding would set. They worried that other communities would come to them asking for funding for other projects.

For supervisors AJ Stone and Mark Smeby, there was also the point that the residents of the districts they represent will likely not benefit from the project. They noted that, while the VAC will be available to anyone in the County, the distance to the facility will be inconvenient for those in their areas of the county.

Supervisor Ken Abrams put a motion on the table, that the County would provide $5,000 towards the project, split into payments of $2,5000, and paid for using funds that the County receives from casino revenue.

With the motion on the floor, Smeby added that, while most living in his district will likely not use the center, he said that the community needs to support forward thinkers. "As a county, we have to come together, whether it be for Northwood-Kensett or Central Springs, or any of the districts within our borders."

With that in mind, the supervisors unanimously approved the $5,000 contribution.

Leafs
Cont. from Page 1

lungs, and may cause respiratory infection, asthma attacks and reduce the volume of air in the lungs and impair how that air is used.

Cost saving alternatives exist, including mulching and composting.

The City of Northwood also provides a number of other leaf disposal alternatives.

City crews will once again collect leaves and grass with a bailer this fall.

Leaves must be placed on the hard surface of the road and will be picked up early in the week. Leaves will not be picked up in alleys. Piles should be raked into the street in rows and should be no more than four feet wide and three feet high.

Northwood residents may also haul their leaves to the city's old dumpsite. Leaves may be left loose or in biodegradable bags. Loose leaves must be transported under a tarp.

Though the burn ban in Northwood remains a voluntary one, the city's ordinances do include some restrictions. Burning is not permitted until after 4 p.m. Only yard waste materials should be burned. It is against city code to burn other items, including lumber, tires or any garbage. Burning is not allowed on city streets.



2019 Northwood Chamber of Commerce Members

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Agri Sales & Building Supply, Inc.
Albert Lea Monument
Avangrid
Barn Boutique
Bean & Bistro
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Kenison Construction, Inc.
Kibble Equipment
Knudtson Automotive Services
Krull Law Office
Larsen Plumbing & Heating
Lutheran Retirement Home
Maple Court
Massage Therapy by Jennifer Wahl
MCT Construction
Mercy Family Clinic - Northwood
Mike's Automotive/viking Auto Sales
Molly Odegaard
Mortenson Construction
MCT Construction
Mason City Glass Service
North Iowa Advisors
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Northwood Ag Products
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Northwood Community Center
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Northwood Pines Assisted Living
Northwood Sanitation, LLC
Northwood Theatre
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NV Studios
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Peterson Excavating & Drainage
Power 96 Radio
Prairie Ridge
Royal Motel
Schroeder & Sites Funeral Home
Shade Tree Liquors
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4-H'ers get fired up

On Sunday, October 13, Worth County 4-H held its annual event to inform potential members and parents about the programs, activities and benefits of joining the program, with the 4-H fire up. Worth County 4-H organizers and club leaders were on hand to share information about the program. Members told their young visitors about their experiences as participants in Worth County's active 4-H events and activities.

Cold, wet winter on the way if prediction bears out, say almanac and climatologist

By Erin McCord

It's time to switch out the lawn mower for the snow blower and flip-flops for boots, and the question is on the minds of many--how bad will winter be?

The winter of 2018-2019 was interminable, and if it seemed like the worst winter ever, well, it wasn't far off.

Iowa State Climatologist Justin Glisan told the Anchor that last February was the seventh coldest and had the most snowfall recorded in the 132 years of the Iowa state annals.

Glisan said that the best long-term predictor of winter weather is the ENSO, or as we are more likely to hear it called- El Nino.

Climate.gov describes El Niño and La Niña as "the warm and cool phases of a recurring climate pattern across the tropical Pacific—the El Niño-Southern Oscillation, or 'ENSO" for short.'"

"The pattern can shift back and forth irregularly every two to seven years, and each phase triggers predictable disruptions of temperature, precipitation and winds."

Right now, said Glisan, the ENSO is neutral, which means that there are "equal chances of lower, average or above average temperatures." In a nutshell, there is no telling this far out what winter will look like.

Glisan did say that for the month of November there is an "elevated signal" for precipitation, meaning we may have a wet Thanksgiving.

Glisan also reported that December through January are also showing equal chances for temperature, and an elevated signal for precipitation.

Does the other beacon of weather prediction, The Old Farmer's Almanac, agree with Glisan's predictions?

That historic oracle predicts for this region a cold, wet winter. The coldest time period is forecast for January through March, with heavy snow in December, mid-January, early and mid-February and early March.

The almanac predicts February and March will have below average temperatures-February 3 degrees below average and March 4 degrees below average.

In November, the almanac says to expect an average of 42 degrees and departs from Glisan's prediction of possible above average precipitation, saying instead that rain and snow will be below average.

Long-term weather prediction is not an exact science but with the combination of these two predictions, it looks like Worth County may be in for a long winter.

Area Retired School Personnel Association turns in volunteer hours

Forty-eight members of the Mason City AREA Retired School Personnel Association turned in volunteer hours for the past year (September 2018 to August 31, 2019) totaling 14,984 hours.

These hours are broken down into Youth/Education and Community and there are hundreds of local organizations that utilize volunteers. At a national rate of $25.43 per hour, the MCARSPA value for volunteering was $381,043.12.

The MCARSPA is made up of retired personnel from the following school districts: Mason City, AEA, NIACC, Clear Lake, Northwood-Kensett, Central Springs, St. Ansgar, Rudd-Rockford-Marble Rock, West Fork and Garner-Hayfield-Ventura.

Iowa's total volunteer hours turned in was 365,013, valued at $9,282,280.59 (from 5,627 members).

National and state organizations compile this information for use by non profit groups when applying for grants. Grants may be procured locally, county and state wide, as well as nationally and make use of volunteer hour accumulated amounts. Iowa currently ranks #4 in 2018 for the highest percentage of time in the nation for volunteering.

The Iowa Retired School Personnel Association met for their annual meeting in Denison, Iowa, on Wednesday and Thursday, October 2 and 3. The Mason City AREA Retired School Personnel Association meets monthly and interested retired school personnel may call 641-424-8098 for information.

Bowling

HAIRY/PICKLE LEAGUE
9/29/19 & 10/6/19

Quality Composites	11	5
Perkins Farms	11	5
J & L Auto Body	9	7
Mason City Motors	9	7
Gentz Labs	8	8
Strike Zone	8	8
Farm Bureau	7	9

9/29
High Team Series: Quality Composites 2,433
High Team Game: Mason City Motors 863
Mens High Series & Game: Rodney Stehn 607 & 237
Women's High Series & Game: Michelle Ladwig 503 & 196
10/6
High Team Series & Game: Perkins Farms 2,479 & 855
Mens High Series: Jake Gentz 588
Men's High Game: Rodney Stehn 224
Women's High Series & Game: Jodi Porter 506 & 199

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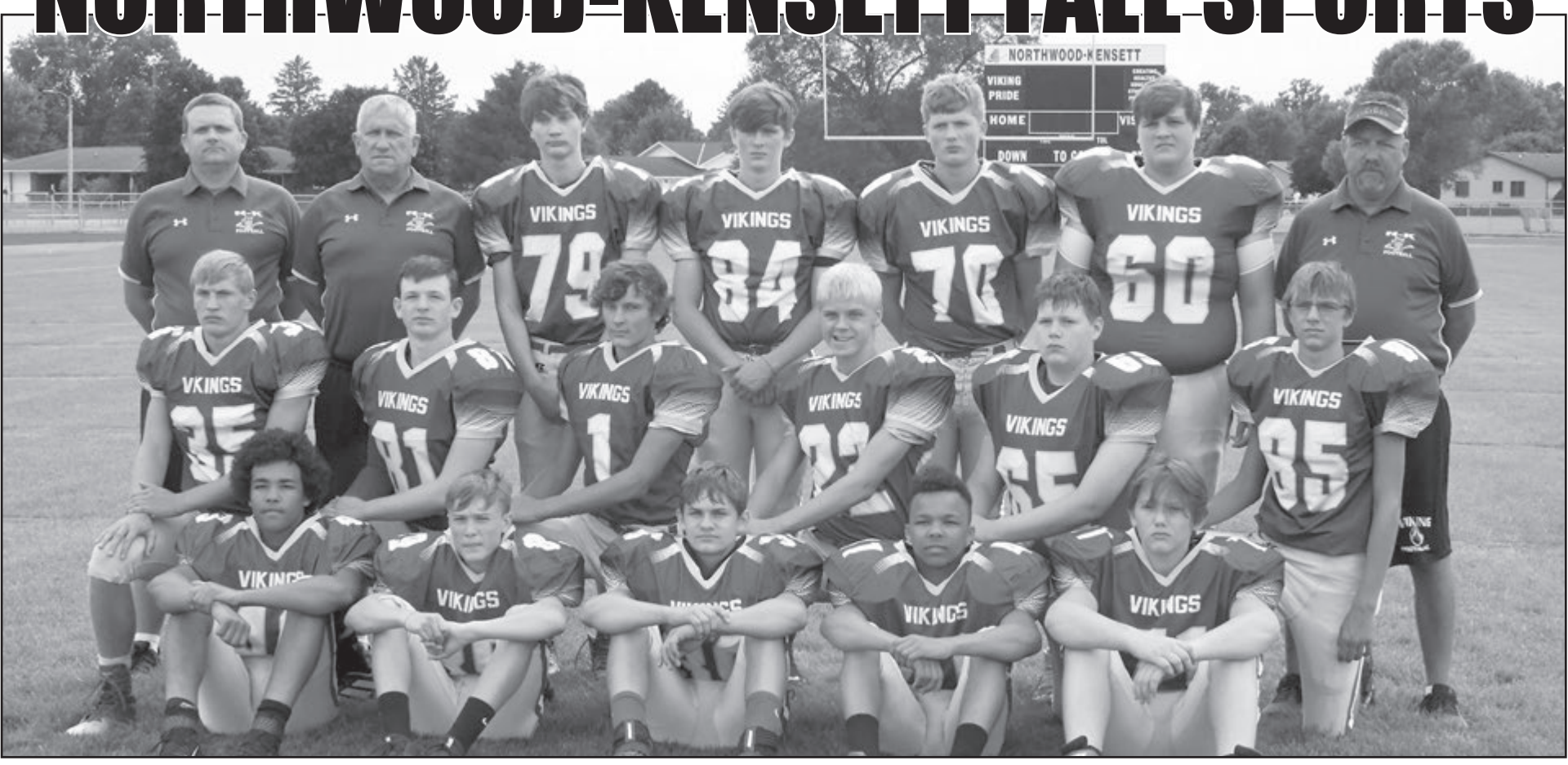
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ANNUAL FALL BAZAAR
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Saturday, Oct. 26
10 a.m. - 1 p.m.
Scandinavian Goodies – Country Kitchen
Crafts – Napkins – Greeting Cards
Attic Treasures
Luncheon – Ham & Beef Sandwiches, Salad Bar & Homemade Pies
Proceeds to Missions

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Servings at 11 a.m., 12:30 p.m. and 5:30 p.m., 7 p.m.
Adults: $17 Children: (10 and under) $5
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Tickets available from: Betty Knutson, 507-297-5842
Emmons Lutheran Church, 507-297-5471
Security Bank MN./Emmons, 507-297-5461
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N-K junior varsity football

Members of the 2019 N-K junior varsity football team include (front row, from left) Dante Sims, Treycen Rollene, Dalton Logeman, Lamonte Sims, Trace Low, (second row) Tyler Mills, Logan Mayberry, Andrew Wilder, Josiah Kliment, Thomas Rodemeyer, Jason Hanson, (back row) coach Ryan Parker, coach Daryl Love, Riley Treslan, Aaron Davis, Nolan Senne, Mason Thofson and coach Marty Cotter.



N-K junior varsity volleyball

Members of the 2019 N-K junior varsity volleyball team include (front row, from left) Shallon Batton, Addison Bachtle, Sydney Welch, Jazalyn Munson, manager Madison Shoger, (second row) Emma Davidson, Emma Hengesteg, Jesslyn Sims, Madelyn Berge, (third row) coach Heather Rheingans, Olivia Stilley, Marli Backhaus, Isabella Efflandt and coach Morgan Howie.

N-K junior, junior varsity volleyball

Members of the 2019 N-K junior, junior varsity volleyball team include (front row, from left) Jadyn Beland, Peyton Shoger, Hayley Wallin, Teagan Johnson, Emma Logeman, manager Madison Shoger, (back row) coach Heather Rheingans, Madison Berry, Marli Backhaus, Kennedy Christianson and coach Morgan Howie.



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On the trail

Students in Northwood-Kensett's Government class, and other upperclassmen, continued their education in the political campaign experience recently. Recently, their teacher, Monte DeArmoun, invited local campaign organizers to share information about their jobs and to give advice to the students on how to get involved and make their voices heard.

National Teen Driver Safety Week underway

This week and every week, parents should have conversations with their teens about the important rules they need to follow to stay safe behind the wheel. These rules address the greatest dangers for teen drivers: alcohol, inconsistent or no seat belt use, distracted and drowsy driving, speeding and the number of passengers.

Motor vehicle crashes are the leading cause of death for teens (15 to 18 years old) in the United States - ahead of all other types of injury, disease or violence.

In 2017, there were 2,247 people killed in crashes involving a teen driver (15 to 18 years old), of which 755 deaths were the teen driver. This is a 3% increase from 2016.

Alcohol and Drugs: All teens are too young to legally buy, possess or consume alcohol. However, nationally in 2017, 15% of teen drivers involved in fatal crashes had alcohol in their system.

But alcohol isn't the only substance that can keep teens from driving safely. According to the 2017 National Survey on Drug Use and Health, 6.5% of adolescents 12 to 17 years old reported using marijuana. Like other drugs, marijuana affects a driver's ability to react to their surroundings.

Remind teens that driving under the influence of any impairing substance could have deadly consequences.

Seat Belts: Wearing a seat belt is one of the simplest ways for teens to stay safe in a vehicle. A total of 539 passengers died in passenger vehicles driven by teen drivers and more than half (60%) of those passengers who died were NOT buckled up at the time of the fatal crash. Even more troubling, in 87% of cases when the teen driver was unbuckled, the passengers were also unbuckled. The chances of surviving a traffic crash are 45% higher when properly restrained in a seat belt.

Distracted Driving: Distractions while driving are more than just risky—they can be deadly. In 2017, among teen drivers involved in fatal crashes, 9 percent were reported as distracted at the time of the crash. The use of mobile devices while driving is a big problem, but there are other causes of teen distracted driving which pose dangers as well. They include adjusting the radio, applying makeup, eating or drinking, or distractions from other passengers in the vehicle.

Speeding: In 2017, almost one-quarter (27%) of all teen passenger vehicle drivers involved in fatal crashes were speeding at the time of the crash, and males were more likely to be involved in fatal crashes than females.

Passengers: Teen drivers transporting passengers can lead to disastrous results. Research shows the risk of a fatal crash goes up in direct relation to the number of passengers in a car. The likelihood of teen drivers engaging in risky behavior triples when traveling with multiple passengers.

Drowsy Driving: Teens are busier than ever: studying, extracurricular activities, part-time jobs and spending time with friends are among the long list of things they do to fill their time. However, with all of these activities, teens tend to compromise something very important—sleep. This is a dangerous habit that can lead to drowsy driving or falling asleep at the wheel.

In 2018, Iowa lost 29 young drivers between the ages of 14 – 20 in motor vehicle crashes. Four of those drivers had a blood alcohol over the legal limit and nine of these young people were unbelted.

The Iowa Department of Public Safety and the Governor's Traffic Safety Bureau encourages adults to talk to teen drivers about safe driving practices.

Women, Land and Legacy program held in Lake Mills on December 5

The Winnebago and Worth County Women, Land & Legacy organizations will be hosting a program about the farm economy, agriculture trade policies and commodity prices.

The meeting will be held on Thursday, December 5, at Salem Lutheran Church in Lake Mills, beginning at 5:15 p.m. with a meal and meeting to follow at 6 p.m.

An ag loan officer, a farm manager and a rural land appraiser will be the featured speakers. The panel of farm management professionals will discuss current price trends, the farm bill and the future outlook for profitability in agriculture.

Those wanting to participate and register for the meal are asked to call the Winnebago Soil and Water Conservation Office at 641-584-2211 or the Worth County Soil and Water Conservation Office at 641-324-1819.

Additional information is available by calling the Winnebago County Extension Office in Thompson at 641-584-2261 or Dennis Johnson, Worth County Extension Education Specialist, in Northwood at 641-324-1531.

Northwood Anchor Church

Glenville United Methodist
Sunday, Worship service, 8:30 a.m.

Sacred Heart Catholic
Weekend Liturgy, Saturday Evening Mass, 5:30 p.m. and Confessions 1st Saturday of the month prior to service. Thursday morning mass, 8 a.m.
Rev. Neil Manternach, Pastor
Rev. Josh Link, Associate Pastor
www.sacredheartmanly.org

Somber/Lime Creek/Lake Mills Lutheran Church
Sunday, Worship, 8:30 a.m. at Lake Mills
David Emmons, Pastor

First Shell Rock
Sunday, Worship service, 10:45 a.m.
David Emmons, Pastor

Deer Creek Valley Lutheran
Glenville, MN
Sunday, Worship Service, 10:30 a.m., Sunday School, 9:45 a.m.

Bethlehem Lutheran Myrtle, MN
Sunday, Worship Service, 8:30 a.m., Sunday School, 9 a.m.

Faith Lutheran Church - London Independent
Sunday, Sunday School, 9:30 a.m., Worship, 10:30 a.m. Followed by Coffee Hour.
Pastor Kent Otterman

Mona Lutheran Church
Worship Services, 10:30 a.m., Wednesday, Summit School, 4 p.m., Communion 1st & 2nd Sundays.
Lydia J. Mittag, Pastor

Peace Lutheran Church
Sunday Worship Service: 8:30 a.m. followed by Adult Bible Study of the Scriptures for the day. Sunday School is during Bible Study and all is followed by Fellowship time. Worship services are at 902 2nd Avenue. Everyone is welcome. If you need a ride or information contact Sam Duncomb at 641-390-1158.
Barbara M. Wills, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

First Lutheran Church
Wednesday, Senior Communion, 2 p.m., Celebration Meal, Bell Choir Practice, 6 p.m., Choir Practice, Sr. High Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, Bible Art Journaling, 6:30 p.m.; Sunday, Reformation/Confirmation Sunday, 9 a.m., Coffee & Fellowship, Senne Party (FS), 10 a.m., Sunday School, 10:10 a.m., Jr. High Youth, 6:30 p.m.; Monday, Monday Youth, 5 p.m.; Tuesday, FOCUS Assembly, 9 a.m., Staff Meeting, 11 a.m., AA-AL-Anon, 7:30 p.m.
Pastor Interims
Pastor Burton Everist &
Pastor Jack Gannett

Fertile Lutheran Church
Thursday, Mary Circle, 9:30 a.m.; Sunday, Worship Service, 9:30 a.m., Sunday School, 10:30 a.m.; Monday, Ruth Circle, 7 p.m.

Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Confirmation Elk Creek, 5:45 p.m.; Thursday, EC Quilting, 9 a.m. - 4 p.m., MANNA Open, 4:30 - 6:30 p.m., Share Shoppe open 1-4 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School, 9:15 a.m., Worship - Elk Creek, 10:30 a.m.; Monday, MANNA Open 10 a.m. - Noon; Tuesday, Fold Beth-E1, 9 a.m., Manly Care Center, 10 a.m.
Pastor Tom Martin

Bethlehem Lutheran, Manly
Wednesday, Confirm/Supper - Elk Creek, 5:45 p.m.; Sunday, Worship - G, Adult Bible Study - B, 9 a.m., Sunday School - B, 9:15 a.m., Sunday School - G, 10:15 a.m., Worship - B, 10:30 a.m., Joyful Noise Choir - October Grace, Sunday School Funday - B; Monday, WIC - B, 9 a.m. - 1 p.m.; Tuesday, Pins & Needles - G, 1:30 p.m.
Linda Johnson Prestholt, Pastor

Northwood United Methodist Church
Sunday, Northwood Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.
Rev. Rob Lanphere

Emmanuel Lutheran Church, Grafton
Sunday, Worship, 9:30 a.m., Sunday School, Fellowship & Coffee, 10:30 a.m.
Solveig A H Zamzow, Pastor

Bethany Lutheran, Joice

One In Christ
Sunday, Worship - Bethany, 9 a.m.

Silver Lake Lutheran, Northwood

One In Christ
Sunday, Worship, 11 a.m.

Northwood Baptist Church
Sunday, Worship, 11 a.m.
Pastor Wolfe

Otranto Community Church
Worship Service, 9:30 p.m.
Ron Hulshizer - Lay Minister

Deer Creek Lutheran Church, Carpenter
Sunday, Sunday School, 9 a.m., Worship Service, 10 a.m.
Lance Kittleson, Pastor

Bethel United Methodist, Manly, Iowa
Wednesday, Diner Coffee and Breakfast, 8:30 a.m., Wonderful Wednesday, Mini Choir, 4:30 p.m., Mini Bells, 5 p.m. JuBELLee Ringers Practice, 6-7 p.m.; Sunday, Sunday School, 9:15 a.m., Coffee & Fellowship, 10 a.m., Worship Service, 10:30 a.m.
Rev. Don Preston

One In Christ Lutheran Parish
Wednesday, "Acts" Bible Study - Mills Harbour, 10 a.m., 7th/8th Grade Confirmation - B, KC Night - B, 6 p.m., Bethany 9th Grade Confirmation - B, 7:45 p.m.; Thursday, Winnebago WELCA - W, 1:30 p.m., "Acts" Bible Study - W, 7 p.m.; Friday, Assemble & Fold Parish Bulletins & Newsletter - W, 1-3 p.m., "A Study on the Psalms" Bible Study - Silver Lake, 1 p.m.; Sunday, Worship - SL, 8 a.m., Sunday School - L, 8:30 a.m., Sunday School - SL/W, Worship - B, 9 a.m., Worship - L, 9:30 a.m., Bethany WELCA - B, 10 a.m., Worship - W, 10:30 a.m., Worship - I, 11 a.m.; Monday, Forest City Neighborhood Food Bank, 1-4 p.m., Lake Mills Food Bank, 2-5 p.m.; Tuesday, Text Study, 2:30 p.m., Staff Meeting, 4 p.m.

Queen of Peach Catholic Church, Elm St., Lyle, MN
Sunday, Sunday Mass, 8 a.m.
Father Swamey, Pastor

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An effort will be made to accommodate your schedule.
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October 23 - Medical appointment
November 5, 6 & 7 – Vacation

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Wednesday: Crunchy Pollock, Potato Salad, Broccoli Raisin Salad, Peaches

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Where is Your Heart?



If your heart and mind are focused on worldly matters, you will not hear the word of God. The things of this world are noisy and glaring and will deafen and blind you to the soft and subtle urgings of the spirit. God rarely shouts, but rather speaks in a whisper and His voice is easily drowned out by worldly concerns. Put aside those worldly concerns, at least temporarily each day, and take some quiet time to simply commune with God in silence. While doing this, try to quiet your mind, and stop thinking about anything. Just be there, alone with God. When you are done with this meditative silence, try to take it with you back into the world. You may have to be in the world and attend to worldly affairs—all of us have bills to pay and things to do—but you can be in the world and attend to your affairs with a heart that is given to God. In this way, our interactions with others will express a heart devoted to God. It will come through in your smile and in your eyes and in your gentle way of being in the world. – Christopher Simon

"For where your treasure is, there your heart will be also." ~ Matthew 6:21 NIV

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

My collection of community cookbooks is an abundance of riches. There are probably enough recipes on my shelves to produce someone's favorite dish every day for the foreseeable future! "Central Synagogue's Community Cookbook" (2000, Morris Press, Kearney, Nebraska) was compiled by the parent-teacher council of this school in Rockville Centre, New York. Since soup weather is now upon us, the following recipes are adapted from the "Soups, Salads and Sides."

Creamy Corn Chowder

1 tablespoon real unsalted butter
2 large green onions, thinly sliced. About 1/2 cup
1/2 cup diced red bell pepper
2 cans (about 16 oz. each) cream-style corn
1 can (about 11 oz.) whole kernel corn, drained
1 cup half and half OR whole milk
1/4 teaspoon cayenne pepper
Fresh parsley sprigs for garnish

In a heavy 3-quart saucepan, over medium heat, melt the butter. Add the green onions and red pepper and sauté for 4-6 minutes, until softened. Stir so they don't stick. Stir in both types of canned corn, the cream and cayenne pepper. NOTE: The recipe also calls for 1/4 cup dry sherry so if you like that flavor in your food, please add it now. Otherwise, add an additional 1/4 cup cream or milk. No water; that will dilute the soup. Bring soup to a boil, reduce the heat and simmer, covered, for 5 minutes. Serve hot with the parsley sprigs as a garnish.

Onion Mushroom Soup

3-5 large yellow onions, peeled and sliced thin
1/2 pounds fresh mushrooms, cleaned and sliced thin including stems
4 tablespoons olive oil
1 tablespoon sugar
1 tablespoon flour
2 quarts chicken OR beef stock (or a combination), warmed
Swiss cheese, sliced thin
Stale..or toasted...French or Italian bread slices
Salt and pepper to taste

Sauté the onions in the oil until really brown but not burned. Add the sugar to help in browning but watch them carefully. Add the mushrooms and continue sautéing until soft. Add flour and stir until absorbed (water will come out of the mushrooms). Add stock and salt/pepper adjusting seasonings to taste. Simmer 10-15 minutes. Place a slice of bread into the bottom of each soup bowl. Cover with the cheese then ladle the hot soup over the top.

Lentil Soup

1 1/2 cups lentils, washed
1 1/2 quarts beef broth
2 stalks celery plus the tops, chopped
1 medium yellow onion, peeled and chopped
2 medium carrots, scrubbed and diced into 1/2-inch cubes
1 1/2 cups stewed tomatoes
1/2 teaspoon tarragon

Place lentils in a heavy saucepan or soup pot. Add the broth; cover and simmer until almost tender. Add remaining ingredients. Cover and simmer until the carrots are done, about 15 minutes. Serves 6.

Soup warms the house, warms the tummy and warms the soul. It's one of the things that helps us deal with cold weather and the variety of soups seems to be endless. And...that's all she wrote.

Northwood Anchor Society



The heat is on

A car on fire in Northwood brought first deputy Cody Thompson to the scene, along with a fire extinguisher that held the flames at bay until the Northwood Volunteer Fire Company arrived. The fire took place on Sunday afternoon, as the car, parked near a shed, had caught fire. Deputies responded to find flames coming from under the hood and through the grill of the car. They used their extinguishers until the NVFC arrived with their own extinguishing equipment. The fire was believed to be a result of mechanical issues.

Pro Ag Outlook meeting held on November 20 at NIACC

ISU Extension will be holding a Pro Ag Outlook meeting at the Muse Norris Conference Center on the NIACC Campus in Mason City on Wednesday, November 20, at 1 p.m.

Featured speaker for the program will be Kelvin Leibold, Iowa State University Extension Farm Management Specialist, who will talk about the latest Agriculture Farm Bill.

More information and sign up for the meeting is available by contacting Dennis Johnson, Worth County Extension Education Specialist or emailing djohn@iastate.edu or calling the Worth County Extension Office at 641-324-1531.

Connections to the passengers of the Mayflower's first voyage



The North Central Iowa Genealogical Society will hold a meeting on Saturday, November 9, at 1:30 p.m. in the lower level meeting room at the Clear Lake Public Library, 200 N. Fourth St., Clear Lake, Iowa.

This meeting is free and open to the public.

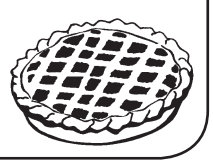
Those taking part can earn how to create a family time line connecting members of each generation to any of the 104 passengers. Advanced research techniques, improved genealogy library collections and computerized resources have made it easier to track down Pilgrim roots. Added to the mix, secondary marriages between the passengers of the first voyage can offer both a challenge and an achievable goal for documentation.

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NOTICE

The City of Northwood is requesting that all citizens cooperate with a

BURNING BAN

of leaves and garden waste.



As a service to Northwood Residents the City will pick up leaves with its bailer under the following guidelines:

- Leaves will be picked-up early in the week
  Giving residents the weekend for yard work.
- All leaves must be placed on the hard surface of the road
- No pickup in alleys.
- Only leaves and grass may be picked-up.
- For best results, piles should be raked into the street in rows and should be no more than 4-feet wide, by 3-feet high, for best results.
- Residents may haul leaves to the old dump site from Monday - Sunday. Loose leaves and/or biodegradable bags may be used, however loose leaves must be transported under a tarp. The loose leaves and/or biodegradable bags are to be placed with the piles at the site. Plastic bags and boxes may not be left at the site with the leaves. These are State Code of Iowa requirements.

Please show your concern for our citizens who have respiratory and heart difficulties by voluntarily not burning.

Thank you,
Doug Moehle, Mayor

NATIONAL 4-H WEEK

OCTOBER 6-12, 2019



Worth County 4-H'ers visited classrooms to discuss their 4-H activities with younger students during National 4-H Week.



Kelsie Kinne and Hannah Lanphere were some of the area 4-H members who appeared on 93.9 KIA-FM Country Moose to talk about 4-H activities during National 4-H Week.



At the 4-H Fire Up, 4-H members showed cards that listed various aspects of the 4-H experience before sharing examples and memories of their own time in 4-H.

Worth County 4-H banquet held on Friday, November 15

The Worth County 4-H will hold its annual 4-H Awards Banquet on Friday, November 15, at the First Lutheran Church in Northwood.

The evening will begin at 6 p.m. with a meal catered by Signature's Supper Club. The program will begin at 7 p.m. with awards given for 4-H project record book work, leadership, citizenship involvement and community service that 4-H members and 4-H leaders have participated in over the past year. All 4-H members, 4-H parents and family members are welcome to attend as well as community members interested in 4-H youth development.

Those that want to get signed up for the supper may call the Worth County Extension office at 641-324-1531. More information about the awards banquet is available by emailing Mindy Tenold, Worth County Extension 4-H Youth Coordinator, at mtenold@iastate.edu or Dennis Johnson, Worth County Extension Education Specialist, at djohn@iastate.edu.

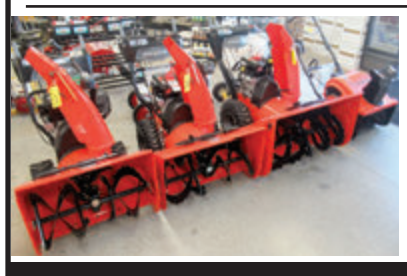
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Anchor Sports



CARTER SEVERSON

Stat of the Week: *While the quarterbacks and defensive linemen usually get all the press, take a look at any successful team and you'll find kids that make a huge impact, not by being great at any one thing, but being good at everything they do. For the Vikings that player is Carter Severson. Severson led the team in last Friday's 36-0 win over Tripoli with 6.5 tackles and returned a kickoff for 21 yards. Severson has 218 return yards this season, an average of 18.2 and has rushed for another 185 yards and two touchdowns. He also has one receiving touchdown, a fumble recovery and an interception.*


LINDSEY DAVIDSON

Stat of the Week: *N-K's most celebrated cross-country runner the past three years put on a show again last Thursday at the TIC meet with her third second place finish in as many years. Davidson, who will be looking for her third state berth at this Thursday's state qualifying meet, placed less than a minute behind TIC champion Abby Christians of GHV. Davidson was also awarded all-conference honors for the third time in her three-year career.*


Senior Peyton Pangburn goes up against three North Iowa defenders in last Tuesday night's 3-0 (24-26, 14-25, 14-25) loss to the Lady Bison. Pangburn had one kill and was 6-6 at the service line.


Lady Viking Laney Ryks makes a spectacular play on the ball in last Tuesday's 3-0 loss to North Iowa. Ryks played in 35 sets during the regular season and recorded 20 digs.

Lady Vikings snap nine match skid with a win at GHV tournament

By Mike Simmons
Sports Editor

The Northwood-Kensett volleyball team snapped a nine-match losing streak with a 2-0 (21-18, 21-17) win over West Hancock last Saturday at the Garner-Hayfield-Ventura tournament held in Garner.

The Lady Vikings, with the win over the Eagles, broke a streak that saw them win just two sets out of the previous 24 played.

Before last Saturday's tournament N-K held its final match of the season on its home floor last Tuesday, celebrating senior night against Top of Iowa Conference West rival North Iowa.

After watching seniors Natalie Cordle, Clara Davidson, Kennedy Eskildsen, Alexis Halbach, Peyton Pangburn, Jaela Parks and Laney Ryks being recognized for their contributions to the N-K volleyball program the team came out and played its best set of the match.

Consistently staying ahead of the Lady Bison throughout the first set, leading 12-8, 18-14 and 20-16, the Lady Vikings were outscored 9-4 down the stretch and fell by just two points, 26-24.

N-K started strong in the second set as well, evening the score at 12-12 before allowing the Lady Bison to go on another run, this time a 13-2 run that secured the 25-14 win for NI and a 2-0 advantage in the match.

The Lady Vikings started the third set under the gun and looking for a win, so when Parks stepped to the line and spotted the team a 4-0 lead, they were all of the sudden playing with emotion again.

It wasn't long though before that emotion went from joy to despair as the Lady Bison methodically pulled away, winning the third set 25-14 and along with it the match.

Although happy with the effort, the coaching staff has seen this movie before.

"It's the same thing we've been struggling with all year long, we are our own worst enemy," said Lady Vikings head coach Heather Rheingans. "When we start second guessing ourselves we just kind of fall apart. We put too much pressure on ourselves, we need to relax and just play the way we're capable of playing. If we do that the winning will take care of itself."

Despite the loss the Lady Vikings didn't beat themselves at the service line, where they were 47-53 as a team. Leading the team at the line were Davidson (10-10), Brylee Hoeppner (8-8), Pangburn (6-6), Parks (10-12) and Kayla Senne (9-11).

The Lady Vikings traveled to Garner last Saturday, where they lost to Rockford (2-0) and North Iowa (2-0), while stealing their lone win from West Hancock 2-0 (21-18, 21-17).

With its win over the Eagles, N-K wrapped up the regular season at 6-15 overall.

The Lady Vikings started regional play on Tuesday when they faced the Saints in Saint Ansgar. The winner of this match will play again on Monday and will face either North Butler or Rockford in the regional quarterfinals.

Vikings remain in playoff hunt with 36-0 win over Tripoli

By Mike Simmons
Sports Editor

With new rules in effect this season dictating who goes to the playoffs and who stays home, there will be no hope of a tie at the top of the district standings for the Northwood-Kensett football team.

With its 56-6 loss to Don Bosco, the Vikings have no chance at sharing a district title this season, even with a win over Rockford and a Dons loss this week, Don Bosco is district 2 champ by way of defeating the Vikings and the Warriors.

But with the Vikings' 36-0 shutout at Tripoli last Friday night, they are still in the thick of things when it comes to a playoff berth, earning the 16th spot in the state's 8-man RPI rankings as of October 14.

N-K's defense smothered the Panthers offense, holding the fourth ranked team in the district to just 48 total yards from scrimmage on the night. Tripoli, who came into the night's contest averaging 160 yards on the ground and nearly 100 yards through the air, could manage just 36 rushing yards and 12 passing.

The Vikings, who were led by Cater Severson's 6.5 tackles, had numerous players get in on the action, including Isaac Renteria (4 tackles), Gideon Rollene (4.5 tackles), Triston Rothove (4 tackles) and Brandon Varner (4.5 tackles).

Offensively, as always, the Vikings ran the ball, ran it a little more, and just for good measure, ran it again, accumulating 246 yards on 56 carries, an average of 4.4 yards per attempt.

Leading the team's rushing attack was Caden Schrage, who gained 182 yards on 22 carries and scored three touchdowns, giving him a team high 824 yards on the year; he's second with 10 rushing touchdowns.

With the win over Tripoli the Vikings are now 6-2 overall and 5-1 in the district, just one game behind Don Bosco.

N-K will finish up the regular season this Friday when it hosts Rockford. The Warriors beat N-K last season 36-26 to force a three-way tie with them, the Vikings and Don Bosco.

N-K 36, Tripoli 0

NK	14	13	9	0	– 36
Trip	0	0	0	0	– 0

8-Man District 2 Standings

	District	Overall
Don Bosco	6-0	8-0
Northwood-Kensett	5-1	6-2
RRMR	4-2	6-2
Tripoli	3-3	4-4
Janesville	3-3	5-3
Riceville	2-4	4-4
Dunkerton	1-5	1-7
North Iowa	0-6	1-7


N-K's Brandon Varner slips a Panther tackle in last Friday night's 36-0 win in Tripoli. Varner rushed for 64 yards and two touchdowns, giving him 555 yards and a team high 14 touchdowns on the year.


Defensive lineman Kyle Nichols puts pressure on the Tripoli quarterback in last Friday's 36-0 district 2 win. Nichols leads the team with 47 tackles and 12 solo sacks this season.

Northwood Anchor **Opinion**

Nothing is Impossible

By Dr. Glenn Mollette,
Syndicated Columnist

A lot of us are faced with the impossible. We may have what seems to be impossible debts, physical illnesses, human relationships and vocational pressures.

Too often we hear someone say, "Nothing is impossible" and we nod our heads nonchalantly in an unbelieving way.

Keep in mind there is always the possibility of a breakthrough. Enough great minds working together may come up with a cure or a solution. We all have barriers that may appear difficult and even impossible.

Occasionally someone will come along who pushes the mark and proves that the human spirit and body can do more than we even dared to imagine. Such a person is Eliud Kipchoge. Recently he ran a marathon in Vienna in one hour, fifty-nine minutes and forty seconds. He became the first person to run a marathon in less than two hours.

Running a marathon is an amazing accomplishment and not for the faint of heart. Most people will never attempt such an endeavor nor even aspire to try. For many, jogging a couple of miles or even walking a mile or two is an accomplishment. The idea of running a mile in less than six minutes is certainly for the physically fit but what about running a mile in 4:34 minutes?

Who could ever imagine running 26.2 miles at an average of 4.34 minutes per mile? This is exactly what Kipchoge did in Vienna on October 12 in the unofficial Vienna run. The world record 34-year-old runner from Kenya is already a marathon record holder. In 2018, he set the world record in the Berlin marathon running 2:01:39. He also won the Olympic marathon in 2016 in Rio de Janeiro.

The feat will not go on the record books as an official world record because it wasn't an open competition. Also, Kipchoge was assisted by a team of rotating world class runners who ran in front and alongside him in V formation as he ran an average speed of 13.6 mph. If you are physically fit, you might try running on a treadmill at 13.6 mph for a couple of minutes to get an idea of how that pace feels.

To prepare for the event organized by chemical company Ineos and sponsored by Nike, Kipchoge was reported to average running 140 miles per week at a high altitude.

Setting a world record is probably not on your radar for today. What about finding a job, losing ten pounds or getting your life in order? Completing this week or just this day may be your marathon and you are aren't sure how it's going to work out. Often our greatest accomplishment for the day is making a decision, a change or showing up. Kipchoge obviously had a goal, worked hard and organized his life to achieve it. Keep in mind it's possible. You can do it. With God, hard work, with help, in some way, by some miracle, it's possible. Don't give up.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

This is going to be a poor excuse for a day.

You need to work on your attitude.

The day needs to step up its game.

Driving by Bruce's drive

I have a wonderful neighbor, named Bruce. Whenever I pass his drive, thoughts occur to me, such as: I listened to the "Peter Gunn Theme" before stopping at a Friends of the Public Library's book sale. "Peter Gunn" was an old TV show of which I know little other than it was about a gumshoe and presented in the film noir tradition. I enjoy the instrumental done by Henry Mancini. It brings benevolent intrigue to my day. Back to the book sale. I love those things. I thought of Emily Dickinson's poem. "There is no Frigate like a Book To take us Lands away Nor any Coursers like a Page Of prancing Poetry – This Traverse may the poorest take Without oppress of Toll –How frugal is the Chariot That bears the Human Soul."

My wife bought a new toaster. Parts were falling off our old one. When the toast popped up, bits of the toaster popped off. I'm not sure how many miles of toast our old appliance had on it.

I ate at a cafe. I had toast in memory of our old toaster. I have a decent appetite. I grew up when hard work led to good food. The young man seated next to me ordered a country fried steak with gravy. For his two sides, he chose french fries and mashed potatoes. He licked the plate clean. Then he had pie and ice cream. Maybe he had been fasting before he began feasting, but I'm betting there are six words that teenager has never heard, "Are you going to finish that?"

It was a hair-raising experience

The sleep had to go. I started the day with a shower followed by a shave. I dropped my razor on the floor. I figured that knocked the sharpness from the blade I'd been using for about seven months too long, so I installed a brand-new blade. I covered all the shaveable parts of my face with shaving cream. I began to shave with the sharp blade according to my image in the mirror. It was there where I saw it. It was a long hair coming from one of my better ears. I tried pulling it out, but my fingers were sporting bits of slippery shaving cream that made plucking impossible. I thought of getting a scissors and clipping it, but why do that when I had a perfectly good razor in my hand. I'd just lightly scrape the part of my ear sprouting a hair and the job would be neatly done. That was the plan. Apparently, life's instructions were handed out in first grade when I was home with a cold. That's why I never play a fool. I work full-time at it.

I plowed a little too deep with a keen blade. If you should happen to go to the self-help section of a bookstore and search for a book on how to be happy, you'll find books. None of them will tell you the way to happiness is to start your day by bleeding from your ear.

Later, I tied a knot in the ear hair — a timber hitch. That's just until I can find the pruning shears.

Nature notes

It was a nice enough day. The yard crows were laughing at fall's mood swings. Crows are good at entertaining themselves. I wonder if crows have a favorite season? I like all 67 seasons that we have here, but it's difficult to find one more beautiful than autumn. Fall carries more gold in its pocket than does any other season. The first fall frost dates on average, according to The Old Farmer's Almanac, occur on Sept. 29 in Mankato, Oct. 8 in Minneapolis, Sept. 22 in Duluth, Sept. 27 in Mason City, Oct. 11 in Des Moines, and Oct. 5 in La Crosse.

The second half of October brought five eastern bluebirds to my yard. I christened them the bluebirds of happiness, kindness, forgiveness, hopefulness and wellness. I also saw a red fox. The red fox is native to the boreal and western portions of North America, but its origins are unknown in many lowland areas. Red foxes were absent from much of the east coast at the time of European settlement, not becoming common until the mid-1800s. Vulpes is Latin for fox. Its scientific name, Vulpes vulpes, means "fox fox."

Meeting adjourned

A kind word might change a moment and that could be all that's needed.

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Fit to print...

A little puzzling

And now for something somewhat different.

In the interest of trying something new, the Anchor this week is presenting the following Halloween word search. It's a sample of some of the puzzling features that we have available to us. That also includes crossword puzzles, sudoku and other similar items.

Based on our current layout, there typically isn't a regular space for such additions to the paper. However, if there is enough interest, that could potentially change.

If this is something you would be interested in, please let me know at kris@nwdanchor.com or by sending a message to our Facebook page.

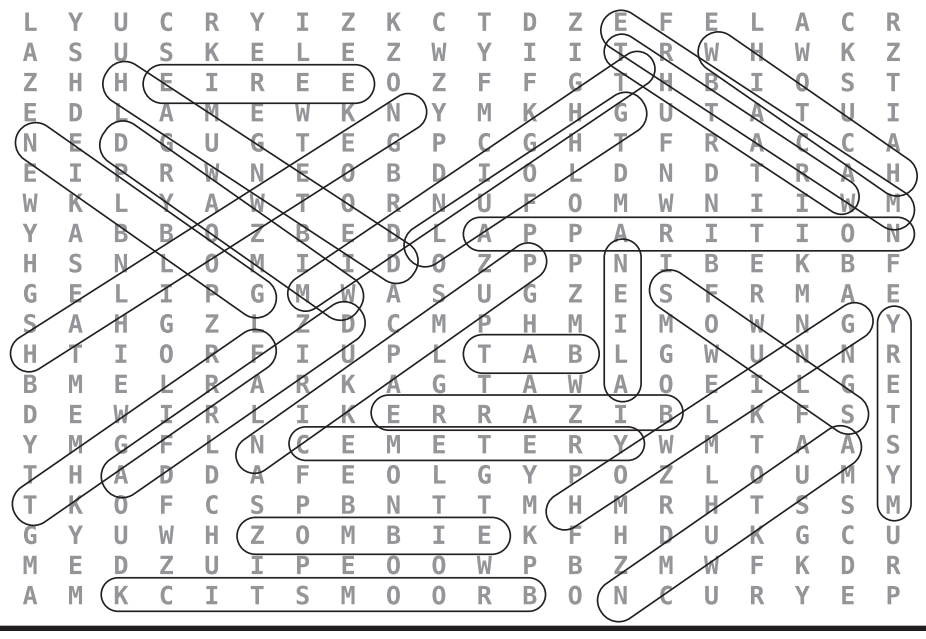
FRIGHTFEST WORD SEARCH

L Y U C R Y I Z K C T D Z E F E L A C R
A S U S K E L E Z W Y I I T R W H W K Z
Z H H E I R E E O Z F F G T H B I O S T
E D L A M E W K N Y M K H G U T A T U I
N E D G U G T E G P C G H T F R A C C A
E I P R W N E O B D I O L D N D T R A H
W K L Y A W T O R N U F O M W N I I W M
Y A B B O Z B E D L A P P A R I T I O N
H S N L O M I I D O Z P P N I B E K B F
G E L I P G M W A S U G Z E S F R M A E
S A H G Z L Z D C M P H M I M O W N G Y
H T I O R F I U P L T A B L G W U N N R
B M E L R A R K A G T A W A O E I L G E
D E W I R L I K E R R A Z I B L K F S T
Y M G F L N C E M E T E R Y W M T A A S
T H A D D A F E O L G Y P O Z L O U M Y
T K O F C S P B N T T M H M R H T S S M
G Y U W H Z O M B I E K F H D U K G C U
M E D Z U I P E O O W P B Z M W F K D R
A M K C I T S M O O R B O N C U R Y E P

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

AFRAID
ALIEN
APPARITION
AUTUMN
BAT
BIZARRE
BROOMSTICK
CEMETERY
EERIE
FRIGHT
GHOUL
GOBLIN
HALLOWEEN
HAUNTED
HOWLING
MACABRE
MIDNIGHT
MYSTERY
PUMPKIN
SOULS
WITCH
WIZARD
WRATH
ZOMBIE



Northwood Anchor Early Files

100 years ago

October 22, 1919

At the National Dairy Show in Chicago the Tenold Creamery was awarded the first prize for the state of Iowa in the cream class, scoring 95 in a big field of competitors. H.C. Stendel, butter maker at the Tenold Creamery, has carried away many honors for his institution in the past and this last one gains additional recognition for Tenold.

After only a short illness, death came to Mrs. Caroline Harris at the home of her daughter, Mrs. E.K. Pitman, in this city, where she has lived for the last two and one-half years. The passing of the lady occurred within 10 days after her return from a happy visit with other daughters in southern Iowa.

Corporal Wayland R. Christianson is at home on a 21-day furlough from Walter Reed Hospital, Washington, D.C., where he has been confined for many months recovering from injuries received on the battlefield in France on November 10, only a few hours before the signing of the armistice.

The building that is being vacated by the Erickson Hardware and which was recently purchased by O.A. Tenold, has been leased by J.A. Coomes, local station agent, and work will commence soon for an up-to-date restaurant, which will be conducted by Mrs. Coomes together with some experienced assistants.

H.J. Williams and Ray Walston were in Mason City to witness the football game between the North Des Monies High and the Cement City team. The Mason City team was too light for their opponent and lost the game 33 to 0.

75 years ago

October 26, 1944

Word was received last Friday from Washington, D.C., that Corp. Albert B. Nelson, a ward of Fred L. Aase of Northwood, who is better known to his friends as Gaylord Nelson, was killed in action on June 9 in the European area.

Lynn Brown and Stanley Harmon, Northwood high school seniors, passed the preliminary examination held at the local high school last Thursday as applicants for training with the Army air forces. They went to Des Monies Tuesday of this week to take their physical tests.

"Hunting licenses are going slow this year—the weather is too nice and people are too busy to think of hunting," was the reply made by Harvey Gaarder, county recorder, when he was asked this week as to how the sale of licenses was going. "They will start asking for them about Saturday when the peasant season opens," he added.

J.F. Nelson, Northwood hardware dealer, this week leased a building at Hampton and he and his son Robert, now of Jackson, Minn., will open hardware store in that city about December 1. Mr. Nelson expects to continue in business in Northwood and the Hampton store will be run by his son.

Mrs. Morris Bakketun, worthy matron of the local Eastern Star chapter, Mrs. Ted Halland, Mrs. Paul Martin and Mrs. Stanley Nelson, other local chapter officers, went to Des Monies to attend sessions of Eastern Star grand chapter.

50 years ago

October 23, 1969

Worth County Sheriff, Ivan W. "Ike" Davey, inspected damage at Joice, following a wave of vandalism there. A rock was thrown through a window, breaking the window and a showcase, at Evans Drug.

Mr. and Mrs. Mike Rohne became parents of their second son born at Mitchell County Memorial Hospital, Osage. The baby, Bruce Benjamin, weighed 8 pounds, 13 1/2 ounces and has a brother Joel at home. Grandparents are Mr. and Mrs. Alton Anderson, Minneapolis, and Mr. And Mrs. Martin Rohne.

Mr. and Mrs. Gilman M. Johnson announced the engagement and approaching marriage of their daughter, Janie Ann, to Roger Mark Odegaard, son of Mr. and Mrs. William Odegaard, all of rural Northwood. The couple, graduates of Northwood-Kensett High school, are planning a February 14 wedding at Silver Lake Lutheran Church.

Bruce Nelson, 1968 graduate of Northwood-Kensett High School, is playing guard on the Waldorf College football team, which has won its first five games of the season, out-scoring the opposition by 112 to 0. In the national poll of junior colleges Waldorf was ranked 16th. Waldorf, a private two-year college, plays as an independent. Its eight-game schedule this year includes games with three four-year colleges.

The freshman-sophomore football team was seen warming up in preparation to playing Britt. The team has one remaining home game with Belmond.

25 years ago

October 26, 1994

Northwood Cooperative Elevator worker Jim Stehn watched as a cascade of corn engulfed his feet after he opened the tailgate of farmer Bernie Van Veldhuizen's grain truck. A steady line of trucks and wagons kept Stehn and other elevator employees busy this past weekend as the soybean harvest wound down and the corn harvest cranked up.

Eleven-year-old Ashley Dierenfield helped classmate Jena Pangburn pick out a pumpkin recently while sister Allyson, 8, looked on. The girls and their parents, Mike and Joan Dierenfield, raised 1,200 pumpkins this summer and sold approximately 800 of them. The Dierenfieds took some of the raining pumpkins to the Lutheran Retirement Home, and plan to feed the leftovers to their cattle.

Northwood-Kensett Viking marching band percussionist Nancy Rheinfels got a laugh out of the skit several costumed band members performed in from of the N-K bleachers at halftime of the Viking-Newman Catholic football game. While Rheinfels was chuckling at the antics of Erin Christianson, Teresa Halvorsen, August Madson and Beth Steinmetz, fellow percussionist Laurie Steinmetz and saxophonist Ben Hengesteg concentrated on their sheet music.

Frank and Marguerite Brcka, Plymouth, Iowa, announced the engagement and approaching marriage of their daughter, Karen, to Steve Usher, son of Sue Vining, Charles City and Dennis Usher, Nashua, Iowa. A November 19 wedding date has been set.

10 years ago

October 21, 2009

Northwood resident Kathy Voorhees displayed many pieces of her pottery, including plates, jewelry, cups and art, at The Gathering Place.

With more of the H1N1 vaccine arriving at the Worth County Public Heath offices, the priority groups receiving the vaccine have been expanded. At Northwood-Kensett elementary school, the vaccine will be given free of charge to all students attending parent teacher conference with parental consent.

Ashlyn Taylor Skellenger was born at 12:28 p.m. on August 25, 2009, at Mercy North Iowa in Mason City to Mark and Jenny Skellenger of Northwood. She weighed seven pounds, five ounces, and was 20 inches long. Grandparents are Marilyn and Ron Skellenger and Bethany Beresford; and great-grandparents are Floyd and Verna Skellenger; all of Northwood.

These girls attended Iowa State University's "Taking the Road Less Traveled," a Career Conference for Girls, on October 15. The ISU Program for Women in Science and Engineering (PWSE) enriches science, technology, engineering and math (STEM) fields by engaging more women, creating opportunity for a more competitive and diverse state, national and local workforce. Those attending were Jordyn Schmidt, Tessa Bratrud, Kayla Fairbrother and Lizzie Braun. Math teacher that accompanied them to the conference was Lori Willert.

Northwood Anchor Obituaries

Kathryn Mills



KATHRYN MILLS

Kathryn (Hanson) Mills died on October 17, 2019, at age 46 years old from metastatic breast cancer at the North Iowa Inpatient Unit Mason City.

A funeral service is scheduled at First Lutheran Church on Wednesday, October 23, 2019 at 11 a.m. with Pastors Burton Everist and John W. Gannett officiating. A visitation took place on Tuesday evening from 4 – 7 p.m. at Schroeder & Sites Funeral Home in Northwood. Burial will be at Sunset Rest.

She was baptized and confirmed in the Lutheran faith.

She was an avid reader and baker/cook, loved movies and was an unlikely sports mom. GO N-K VIKINGS!!

She graduated from St. Ansgar High School in 1992, Waldorf College in 1994 and Luther College in 1996 with a Bachelor of Arts degree in Social Work.

She worked at MercyOne North Iowa Hospice as a bereavement coordinator for 16 years until health changes had her spending time at home.

She and her husband, Chad, were married for 18 years.

He has been a great caregiver.

She is also survived by her sons at home, Tyler and Justin.

She is survived by her mom, Gwenyth Hanson, of St. Ansgar; brothers, Kevin Hanson and kids of Osage, Cameron and Steph Hanson and kids of Charles City; father and mother-in-law, Bob and Judale Mills of Northwood; brothers-in-law, Corey and family of Austin, Minn., and Toby and kids of Rudd; and many aunts, uncles and cousins.

She was preceded in death by her father, Harvey Hanson; maternal grandparents, Harry and Evelyn (Sime) Hillman of Northwood; and paternal grandparents, Carl and Thelma (Rohne) Hanson of Northwood.

Memorials can be given to the Northwood Public Library, First Lutheran Church of Northwood or Iowa Public Television.

An appreciation to everyone who provided support, a listening ear, meal or any other kindness. My family won't forget it.

Central Rivers AEA plays active role in state's mental health plan

By Dr. Dana Miller
School Psychologist with Central Rivers Area Education Agency (CRAEA)



DANA MILLER

Following an announcement by Gov. Kim Reynolds that Iowa will invest $2.1 million to address the mental health needs of the state's school-aged children, Iowa's nine Area Education Agencies (AEAs) have shifted into high gear to provide support.

Central Rivers Area Education Agency (AEA) has already trained over 400 teachers in youth mental health first aid, a nationally recognized curriculum that teaches about risk factors and warning signs of mental health problems, and promotes early intervention to support students who need assistance. In addition, the agency is working with over 20 school districts in the area to form consortiums to employ additional school social workers who can work directly with students with mental health concerns. The agency will lead the project by providing training and ongoing support. In 2020-21, "therapeutic classrooms" or safe spaces for students with mental health challenges to learn will be rolled out.

Consider these important statistics:

- One in five children and adolescents have or will have signs of a mental health disorder during the duration of a year
- Half of all lifetime cases of mental health disorders begin by 14 years of age
- Only 20 percent of children with mental health disorders receive treatment
- Of students who receive services 70-80 percent of students obtain them through the school
- In a classroom of 25 students, 15 were exposed to violence in the past year, six were victims of crime.
- Suicide is the second leading cause of death for youth nationally. In Iowa, 21 percent of youth surveyed reported that they have seriously contemplated suicide.

Central Rivers AEA has prioritized meeting the well-being needs of students and provides supports and services to schools, students and families. Services are based on a comprehensive, whole child approach that includes proactive/prevention supports, intervention supports and crisis response to truly meet the needs.

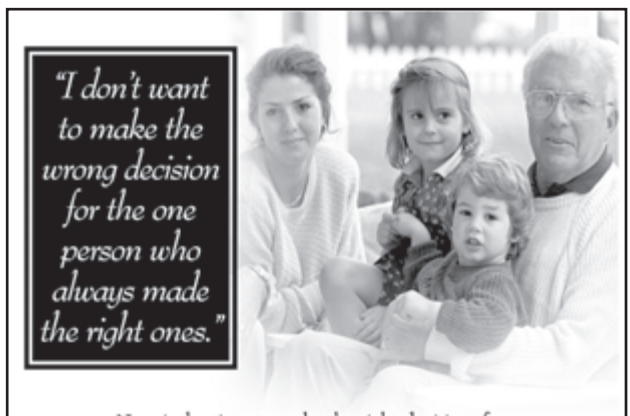
The recent funding appropriation is not the first time the AEAs have been tapped to help with the challenge of supporting mental wellness for students. During the 2018 legislative session, a new requirement was put in place to require a one-hour, annual training for all educators in suicide prevention, intervention, and postvention. The AEA system developed AEA Learning Online Suicide Prevention, Intervention and Postvention Training in response to that requirement.

Dr. Dana Miller is a School Psychologist with Central Rivers Area Education Agency (CRAEA) based in Cedar Falls. She can be reached at dmiller@centralriversaea.org. Central Rivers AEA serves over 65,000 students in 18 counties of Iowa.

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Bolan

The Bolan Trinity UM Women met at the Lutheran Retirement Home with Jacie Erdmann on Wednesday afternoon. Pam Wirtjes was the hostess and devotions were given by Jean Sheets from Britt, who is the President of the North Central District of UMW. She shared information regarding the 150 Birthday of the UM Women.

Jerry and Kathy Nydegger and Michelle of Brainerd, Minnesota, were Thursday evening visitors at the Joe Nydegger home. Saturday afternoon and overnight guests at Joe and Linda's were Dale and Sandy Koppen of Arnolds Park. Joining them for supper were Scott and Lori Willert and Kelsie and Cole. On Sunday Larry Nydegger and Daniel joined them all for dinner.

Northwood Anchor

Legal

People's Right To Know

City Council

The Council of the City of Northwood met in regular session at City Hall on 10/14/19 at 6 pm with Mayor Moehle presiding and the following council members present: George-Zenz, Meyer, Reeder, Tenold. Absent: Helgeland.

Motion to approve the agenda. Unam.

Motion to approve the following under consent agenda: 9/23/19 Council Meeting Minutes; Treasurer Report; Liquor License Renewal – Tequila's Mexican Bar & Grill, MJ's Bar (November 1st); Claims as follows:

Payable to: For: Amount
NSB, Monthly ACH . $20.00
Iowa Dept of Revenue
Water Excise Tax $1,173.00
Iowa Dept of Revenue
Sales Tax $354.00
Century Link
Phone $52.33
Verizon Wireless
Cell Phone $107.70
Visa
Postage. Supplies $1,576.17
Principal
Insurance..... $410.62
Wellmark Blue Cross Blue
Shield, Insurance $10,560.99
Payroll, Wages..... $17,425.88
Century Link, Phone.... $3.75
Alliant Energy
Services..... $17,869.69
Worth Co. Recorder
Release filing-cc..... $7.00
US Postal Service
Mailing-cc $283.15
Worth Co. Recorder
Release filing-cc..... $14.00
Payroll, Wages..... $18,452.72
Amber Julseth
Mileage Expenses-cc $88.69
AgVantage FS
Supplies-pw $1,684.78
Beland Tree Service
Services..... $700.00
Berge Oil
Fuel-pw,tr $2,605.18
Blacktop Service Co
Seal Coat-pw $42,767.48
Boland Rec
Pool Shade $4,092.00
Bolton & Menk
Services-ww $3,885.00
Bolton & Menk .....
.....
Services-ww & SRF project ..
..... $49,761.50
Bruce Rheinfels
Inspections..... $1,616.00
CarQuest
Supplies-pw $466.14
Carrol Rauen
Water Dep Refund-cc .....
..... $80.00
Central States Lab
Supplies-pw $6,642.65
Clear Lake Sanitary District
Testing $121.00
Cole Excavating
SRF Sponsored Project .....
..... $31,739.78
David Patrick
Services-cc,lib $57.00
Dorsey & Whitney
SRF Sewer Bond Services...
..... $4,704.50
Eilertson Repair
Repairs-pw..... $14.02
Falkstone
Supplies-pw $1,931.24
Fallgatter's
Supplies-pool $59.57
Green Canopy
Services-park..... $113.30
Hawkins
Supplies-pw $970.10
Huber Supply Co.
Rental-pw $34.47
Hurco Tech
Parts-pw $173.80
Iowa DNR
Annual Water Use Fee .....
..... $95.00
Iowa One Call
Services..... $39.60
Jade Stubbe
Water Deposit transfer-cc...
..... $86.52
Jake Hull
Water Deposit Refund-cc ....
..... $47.32
John Deere Financial
Freight-pw $68.95
John Greve
Legal Services $500.00
Kelly Hardware
Supplies-pw,cc $590.06
Keystone
Testing-pw $594.00
Knudtson Auto
Repairs-pw..... $149.59
Larsen Plumbing & Heating
Repairs-pw..... $92.15
Marco, Services-cc $601.65
Midwest Pipe Supply
Supplies-pw $1,969.40
Misty Hakes
Water Dep. Refund-cc .....
..... $80.00
N-K Booster Club
Viking Activity Center
Donation $25,000.00
NIACC
Class Registration-pw.....
..... $180.00
Northwood Anchor
Publications..... $278.22
Northwood Chiropractic
DATA $60.00
Northwood Electric
Repairs-pw..... $309.70
Northwood Electric
Repairs-park..... $5,453.04
Northwood Sanitation
Bags-cc $580.00
Northwood Sanitation
Services..... $6,372.60
Northwood Senior Center
Monthly Donation .. $550.00
Northwood Waterworks
WA Dep. Transfer-cc.....
..... $63.25
Northwood Waterworks
WA Dep. Transfer-cc.....
..... $43.48
Office Depot
Supplies-cc..... $268.62
Olson Trading Post
Supplies-pw $33.98
Plunkett's Pest Control
Services-lib $80.00
Samantha Zipse
Water Dep. Refund-cc .....
..... $130.00
Service Tech of Central
Supplies-pw $4,668.50
Springer Constr
8th-9th Street Alley .....
..... $19,581.50
Storey Kenworthy
Supplies-cc..... $641.38
Trapp Trotter
Refund WA Dep..... $66.75
True NorthAD&D-fd $319.20
USA Blue Book
Supplies-pw $85.17
VerHelst Drug
Supplies-pool $3.99
WCTA, Phone $641.25
Worth Co. Sheriff's
28E Police Services .....
..... $29,087.66
Worth Lumber
Supplies $11.10
Ziegler, Repairs-pw$6,160.03
Ziegler
Preventive Maintenance.....
..... $10,300.58
Library:
Kelly Hardware
Supplies $26.84
Baker & Taylor
Materials $563.58
Center Point Large Print
Materials $48.04

Summary of September 2019 receipts by fund type: General - $69,015.70; Special Revenue-$53,663.35; Debt Service - $24,422.56; Capital Projects-$73,330.64; Enterprise- $81,933.13; Trust & Agency - $268.60.

Summary of September 2019 disbursements by fund type: General - $56,077.02; Special Revenue-$44,429.77; Debt Service-$0; Capital Projects-$63,730.25; Enterprise- $51,936.15; Trust & Agency- $0.

Roll was called and the following voted Aye: George-Zenz, Meyer, Reeder, Tenold. Absent: Helgeland.

Motion to adjourn. Unam.

Doug Moehle
Mayor
Amber Julseth
City Administrator/Clerk

Notice

IOWA DISTRICT COURT WORTH COUNTY

CASE NO. ESPR009186

NOTICE OF APPOINTMENT OF ADMINISTRATOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF Neil T. Haugen, Deceased.

To All Persons Interested in the Estate of Neil T. Haugen, Deceased, who died on or about September 6, 2019:

You are hereby notified that on September 30, 2019 the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the date of the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on October 10, 2019.

Donna M. Haugen
4899 Finch Avenue
Northwood, IA 50459
Administrator
of the Estate

Douglas A. Krull
ICIS#: 000008531
Krull Law Office
714 Central Ave.
P.O. Box 200
Northwood, Iowa 50459

Date of second publication the 30th day of October, 2019. 43-2t

Notice

Public Notice #1.

There will be a Worth County Zoning Board of Adjustment Public Hearing held on Oct. 29th, 2019. The meeting will be held at 7:30 P.M. in the magistrate's room at the Worth County Courthouse. The purpose of the hearing is to act upon a variance to the use of agricultural land in accordance to Section IX , Paragraph F of the Worth County, Iowa Zoning Ordinance. The proposed variance submitted by Invenergy, LLC dba Worthwhile East Solar Farm LLC, the purpose to which the property will initially have inverter foundations placed/sited as initial solar facilities with full construction and operation of a utility scale solar facility being the final, temporary converted use of the property. Worthwhile East Solar Farm LLC is requesting this variance remain in effect for the life of operations of the solar facility. The conditional use is both commercial and private battery storage systems as well as commercial and private solar generators.

The land affected is:

Parcel 06-01-100-003 & 06-02-200-007 & 06-02-200-008 & 06-02-400-001

The Southwest Quarter (SWA) of Northwest Quarter (NWA) of Section One (1), and the South One-half (5%) of Northeast Quarter (NEX) and North Nineteen (19) Acres of Northwest Quarter (NW%) of Southeast Quarter (SE/A) of Section Two (2); all in Township Ninety-nine (99) North, of Range Twenty-one (21), West of the 5th P.M., in Worth County, lowa

Parcel 06-10-400-007

That part of the East half of the Southeast Quarter of Section 10, Township 99 North, Range 21 West of the 5th P.M., Worth County, lowa, described as follows: Beginning at the Northeast Corner of said Southeast Quarter; thence 5 00° 20' 44" E, 2005.28 feet along the Easterly line of said Southeast Quarter; thence S 80° 11'48" W, 322.00 feet; thence S 41° 28'44" W, 350.00 feet; thence S 26° 40' 30" W, 140.00 feet; thence S 02° 37' 35" W, 200.00 feet to a point on the Southerly line of said Southeast Quarter, said point being 625.00 feet Westerly, measured along said Southerly line, from the Southeast Corner of said Southeast Quarter, thence S 89° 24' 45" W, 688.07 feet along said Southerly line to the Southwest corner of said East Half of the Southeast Quarter; thence N 00° 18' 27" W, 2642.80 feet along the Westerly line of said East Half of the Southeast Quarter to the Northwest Corner of said East half of the Southeast Quarter; thence N 89° 29' 55" E, 1311.31 feet along the Northerly line of said Southeast Quarter to the Point of Beginning; said Parcel A containing 72.30 acres subject to existing public road right of way across the Easterly 45.00 feet and also subject to any other easements of record, as set forth in that survey recorded on December 28, 2012 as Document No. 20 121790 in the office of the Worth County Recorder.

Parcel 06-11-300-001 & 06-11-300-002

The North One-half (N 1/2) of the Southwest Quarter (SW 1/4), of Section Eleven (11), Township Ninety nine (99) North, Range Twenty-one (21) West, of the 5th P.M., Worth County, lowa.

Parcel 06-11-400-001 & 06-11-400-005

The West One-half of the Southeast Quarter of Section Eleven, Township 99 North, Range 21 West of the 5th P.M., excepting a tract commencing at a point 380 feet east of the Southwest Comer of said Southeast Quarter of Section Eleven, which is the point of beginning, running thence North 1062 feet; thence East 650 feet; thence South 304 feet; thence East 290 feet to the East line of said West Half of the Southeast Quarter of Section 11, thence South to the Southeast Corner of the West half of Section Eleven, thence West on said section line 940 feet more or less to point of beginning

Parcel 06-10-200-001 & 06-10-200-003

The North Half (NA) of the Northeast Quarter (NEA) of Section Ten (10), Township Ninety-nine (99) North, Range Twenty-one (21), West of the 5th P.M., Worth County, lowa, in Worth County, lowa.

Parcel 06-10-200-006 & 06-10-200-007

The North Half (N 1/2) of the South Half (S 1/2) of the Northeast Quarter (NE 1/4) of Section Ten (10) in Township Ninety-nine (99) of Range Twenty-one (21), West of the 5th P.M., Worth County, lowa.

Parcel 06-10-200-008 & 06-10-200-009

South Half (Sy) of the South Half (Sy) of the Northeast Quarter (NEX) of Section Ten (10) in Township Ninety-nine (99) North, of Range Twenty-one (21), West of the 5th P.M. in Worth County, lowa

Parcel 06-03-300-004

Southwest Quarter (SW/4) of the Southwest Quarter (SW/4) of Section three (3), Township ninety-nine (99), Range twenty-one (21), West of the 5th P.M., Worth County, IA

Parcel 06-04-200-001 & 06-04-200-004 & 06-04-400-001

West Half of the Northeast Fractional Quarter of Section 4, and the Northwest Quarter of the Southeast Quarter of Section 4, all in Township 99 North, Range 21 West of the 5th P. M., Worth County, lowa excepting a tract commencing at the center of said Section 4, thence North 710.00 feet to point of beginning, thence North 260.00 feet, thence East 628.00 feet, thence South 260.00 feet, thence West 628.00 feet to the point of beginning, Worth County, lowa

Parcel 06-02-100-007 & 06-02-100-008 & 06-02-300-001 & 06-02-300-002 & 06-02-300-003 & 06-02-300 004

The South 60 acres of the South One-half of the Northwest Quarter and the Southwest Quarter, all in Section Two (2), Township Ninety-nine (99) North, Range Twenty-one (21) West of the 5th P.M. in Worth County, lowa:

Parcel 02-36-100-001 & 02-36-100-013 & 06-03-200-001

A tract of land located in the NW% of Sec. 36, Twp. 100 North, Range 21, West of the 5th P.M., Worth County, lowa. Said tract more particularly described as:

Beginning at the NW Corner of said Sec. 36; thence North 900 00'00" East (assumed bearing) 1108.57 feet on the North line of said Sec. 36; thence South 00° 14' 36" West 2646.94 feet to the South line of the NW/4 of said Sec. 36; thence South 89° 54' 52" West 1108.58 feet along said South line the SW corner of the NW% of said Sect. 36; thence North 00° 14' 36" East 2648.60 feet along the West line of the NW/4 of said Sec. 36 to point of beginning, excepting the present established road right-of-way, together with an easement across the North 2 rods of a tract extending from a point 50 rods West of the NE corner of said Nw% to the lands herein contracted to be conveyed; and, an easement along both sides of what is known as Drainage Ditch No. 2 running through the NW14 of said Sec. 36, so as to afford Buyers access to all parts of the property being purchased by them, and excepting:

A parcel of land situated in the West Half(W 1/2) of the Northwest Quarter (NW 1/4) of Section Thirty six (36), Township One Hundred (100) North, Range Twenty-one (21), West of the 5th P.M., depicted as Parcel "B" in a survey filed for record in the Office of the Worth County Recorder on the 22nd day of September, 2011 as Document No. 20111844.

Northwest Fractional Quarter of the Northeast Quarter of Section Three, in township Ninety-nine North, Range 21, West of the 5th P.M., Worth County, lowa

Parcel 06-03-300-001 & 06-04-200-009 & 06-04-200-011 & 06-04-400-003 & 06-04-400-004 & 06-04 400-005 & 06-04-400-006

Northwest Quarter of Southwest Quarter of Section 3, and the North 10 acres of the Northeast Quarter of the Southeast Quarter of Section 4, and the East half of the Northeast Quarter of Section 4 all in Township 99 North, Range 21, West of the 5th P.M., Worth county, IA

South half of the Southeast Quarter of Section ninety-nine, and the South thirty acres of the Northeast Quarter of the Southeast Quarter of Section four, Township ninety-nine, Range Twenty-one, West of the 5th P.M., Worth County, IA

Parcel 02-34-300-005 & 02-34-400-007

The Southeast Quarter of the Southwest Quarter, and the Southwest Quarter of the Southeast Quarter, all in Section thirty-four, town ship one-hundred North, Range Twenty-One, West of the 5th P.M., Worth County, IA

Parcel 06-11-200-002 & 06-11-200-004 & 06-12-100-001

The East Half of the Northeast Quarter of Section eleven, Township ninety-nine North, Range twenty One, West of the 5th P.M., and the West Half of the Northwest Quarter of the Northwest Quarter of Section Twelve, Township Ninety-Nine North, Range Twenty-One, West of the 5th P.M., all in Worth County, IA

Parcel 06-03-200-002 & 06-03-200-003 & 06-03-200-004

Northeast fractional quarter (NE 1/4) of the Northeast Quarter (NE 1/4) and the South One-half (S 1/2) of the Northeast Quarter (NE 1/4) of Section Three (3), Township Ninety-nine (99), Range Twenty-one (21), West of the 5th P.M., Worth County, lowa

Parcel 06-02-100-001 & 06-02-100-002 & 06-02-100-004 & 06-02-100-005 & 06-03-400-004 & 06-03 400-005 & 06-03-400-007

All of the Southeast Quarter (SE 1/4) of the Southeast Quarter (SE 1/4) of Section Three (3), Township Ninety-nine (99) North, Range Twenty-one (21), West of the 5th P.M., Worth County, lowa; and,

The North Half (N 1/2) of the Southeast Quarter (SE 1/4) of Section Three (3), Township Ninety-nine (99) North, Range Twenty-one (21), West of the 5th P.M., Worth County, lowa, excluding therefrom the following: A parcel of land located in part of the North Half (N 1/2) of the Southeast Quarter (SE 1/4) of Section Three (3), Township Ninety-nine (99) North, Range Twenty-one (21), West of the 5th P.M., Worth County, lowa, described as: Commencing at the Southeast Comer of said Section 3; thence on an assumed bearing N 00 degrees 00'00" E 1632.97 feet along the east line of the SE 1/4 of said Section 3 to the point of beginning; thence continuing N 00 degrees 00'00" E 33.00 feet along said east line; thence S 89 degrees 45'36" W 756.56 feet; thence N 05 degrees 55' 49" W 288.02 feet; thence S 89 degrees 49' 29" W 1373.23 feet; thence s 01 degrees 19' 45" E 622.26 feet; thence S 89 degrees 35' 39" E 844.14 feet; thence N 10 degrees 00' 20" E 100.75 feet; thence N 32 degrees 14' 57" E 38.75 feet; thence N 57 degrees 49' 09" E 46.72 feet; thence N 76 degrees 41'50" E 101.19 feet; thence N 89 degrees 50' 48" E 156.53 feet; thence

N 28 degrees 47' 51" E 150.21 feet; thence N 89 degrees 45' 36" E 895.90 feet to the point of beginning;

and

The Northwest Fractional Quarter (NWfr/) of Section Two (2), in Township Ninety-nine (99) North, of Range Twenty-one (21), West of the 5th P.M., Worth County, lowa; except the South 60 acres thereof; and further excepting the following: Beginning at the Northeast Comer (NE Cor.) of the South 60 acres of the Northwest Fractional Quarter (NWfrly) of said Section Two (2); running thence West Two Hundred Fifty (250) feet; thence North Five Hundred Ninety (590) feet; thence East Two Hundred Fifty (250) feet to the East line of the Northwest Fractional Quarter (NWfrly) of Section Two (2); thence South Five Hundred Ninety (590) feet to the point of beginning; in Worth County, lowa.

Parcel 06-11-200-001 & 06-11-200-003

The West half of the Northeast Quarter of Section 11, all in Township 99 North, of Range 21 West of the 5th P.M., Worth County, Iowa.

Written comments will be accepted through the day of the public hearing at the office of the Zoning Administrator, 1000 Central Ave., Northwood, IA 50459. Oral questions or comments can be directed to the Worth County Zoning Administrator at 641-430-1685.

Public Notice #2

There will be a Worth County Zoning Board of Adjustment Public Hearing held on Oct. 29th, 2019. The meeting will be held at 7:30 P.M. in the magistrate's room at the Worth County Courthouse. The purpose of the hearing is to act upon a variance to the use of agricultural land in accordance to Section IX , Bulk Requirements of the Worth County, Iowa Zoning Ordinance. John A Tenold has requested that an exception to the variance be granted in regards to a separation of an acreage located in that part in the Northwest One-half (NW ½) of the South West One-Half (SW ½) of Section Eight (8), Township Ninety-nine (99) North, Range Twenty-one (21) West, of the 5th P.M., Worth County, Iowa also known as 4427 Wheelerwood Road, Northwood, IA which will be of an area less than 10 acres.

Written comments will be accepted through the day of the public hearing at the office of the Zoning Administrator, 1000 Central Ave., Northwood, IA 50459. Oral questions or comments can be directed to the Worth County Zoning Administrator at 641-430-1685.

Thank you,
Jayne Lupkes
Worth County Zoning
Administrator

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY
VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m.
Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

Dr. Scott Bosacker DDS
For All Your Dental Needs
We Welcome New Patients!
Mon. 8 a.m. - 8 p.m.
Tues., Wed. & Fri. 8 a.m. - 5 p.m.
Monday Evenings • Some Saturdays
Emergency Appts.
www.LakeMillsDentist.com
206 E. Main St.
Lake Mills, IA 50450
641-592-1100

Northwood Dental
DAVID PENFOLD, DDS
Mon. 8 a.m. - 5 p.m., Tues. 7 a.m. - 4 p.m.
Wed. 8 a.m. - 5 p.m.,Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - 4 p.m.
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

OFFICIAL NOTICE OF COMBINED CITY & SCHOOL ELECTION
TUESDAY, NOVEMBER 5, 2019 – POLLS OPEN 7:00 A.M. TO 8:00 P.M.
NOTICE IS HERBY GIVEN TO THE ELIGIBLE VOTERS OF WORTH COUNTY, IOWA, THAT THE COMIBINED CITY & SCHOOL ELECTION WILL BE HELD ON TUESDAY, NOVEMBER 5, 2019.

The polls for said election will be open from 7:00 a.m. until 8:00 p.m. Voters must vote in their precinct and polling place of residence. Please read this notice carefully to determine your correct voting location. Voting locations have changed for some voters to provide consistency in voting locations regardless of election type. Notices were mailed to all voters impacted by the changes in voting locations. If you are unsure of your voting location for this election, please contact the Worth County Auditor & Commissioner of Elections at 641-324-2316 or by e-mail auditor@worthcounty.org . You may also verify the voting location for your home address at: https://sos.iowa.gov/elections/voterreg/pollingplace/search.aspx . Precinct maps are available at the Elections link on the auditor's page of the Worth County website: www.wortthcounty.org

PRECINCT #1-1 - GRAFTON COMMUNITY CENTER, 202 – 6th Ave., Grafton, IA
Barton, Deer Creek (Sections 10-15 & 22-36) & Union Townships and the City of Grafton
PRECINCT #1-2 – MANLY CITY HALL, 106 S Broadway, Manly, IA
Lincoln Township and the City of Manly
PRECINCT #2-1 – ***Temporary Voting Location*BETHANY LUTHERAN CHURCH, 201 Franke St., Joice, IA**
Bristol & Silver Lake Townships and the City of Joice
PRECINCT #2-2 – KENSETT CITY HALL, 207 – 5th St., Kensett, IA
Brookfield & Kensett Townships and the City of Kensett
PRECINCT #2-3 – HANLONTOWN COMMUNITY CENTER, 214 Main St., Hanlontown, IA
Danville Township and the City of Hanlontown
PRECINCT #2-4 – FERTILE CITY HALL, 3494 Eagle Ave., Fertile, IA
Fertile Township and the City of Fertile
PRECINCT #3-1 – NORTHWOOD FIRE DEPARTMENT, 98 – 8th St. N, Northwood, IA
Deer Creek (Sections 7-9 & 16-21), Grove, & Hartland Townships and the City of Northwood

VOTER ACCESSIBILITY All polling places for this election are handicapped accessible. Each precinct has an FVT machine, which is a voter assist terminal for anyone who has a visual impairment or any difficulty in reading the ballot. Voters may also choose another person to assist them to vote, except their employer, employer's agent or an officer or agent of the voter's union. Any voter who is physically unable to enter a polling place has the right to vote in the voter's vehicle. For further information, please contact the County Auditor's office at 641-324-2316, Option 2 or email at auditor@worthcounty.org . All of these accessibility options are also generally available at the courthouse for absentee voting through Monday, November 4, 2019 at 5:00 p.m.

Voters are required to provide an approved form of identification at the polling place before they may receive and cast a ballot. Voters who are not registered or who have changed precincts may also be required to provide proof of residence. Any voter who cannot show ID may have their identity attested to by another registered voter in the precinct who has proper ID. For additional information about voter identification visit https://sos.iowa.gov/voterid or phone 641-324-2316.

ATTENTION SCHOOL DISTRICT VOTERS School district voters must vote in their school district of residence, and, as a result of legislative changes, only in their county of residence, for all regularly scheduled elections.

This means that if you live in Worth County your voting location for regularly scheduled school elections is also in Worth County. Those Worth County voters who may have crossed county lines to vote in school elections in the past (i.e. St. Ansgar, Forest City and Lake Mills school district residents) must now vote in Worth County for regularly scheduled elections.

WORTH COUNTY AUDITOR'S OFFICE – EXTENDED OFFICE HOURS FOR ELECTION PURPOSES – In addition to the normal business hours of 8:00 a.m. to 4:00 p.m., Monday through Friday, the Worth County Auditor's office will offer extended hours to the public as follows:

Friday, October 25/Friday, November 1/Monday, November 4 – 8:00 a.m. until 5:00 p.m.

PUBLIC TEST OF VOTER EQUIPMENT

The public test of Worth County's voter equipment to be used in the November 5, 2019 Combined City & School Election will commence at 9:00 A.M. on October 31, 2019 in the Worth County Auditor's Office and will continue until complete. The public is invited to attend.

IMPORTANT NOTICE TO VOTERS

The SAMPLE BALLOT represents the first precinct rotation as prescribed by Iowa Code Section 49.53. Placement of candidate names is made pursuant to Iowa Code Section 49.31.

See the candidate listing for the candidates for the various school districts and community college offices. It also lists candidates for the various city offices and the full text of the public measures.

Not all offices will be on the ballot in every precinct nor for every voter in a particular precinct. Ballots issued to voters will reflect a similar layout as this sample, but will contain only those offices the voter is eligible to vote for based on the voter's residence. All ballots will contain school offices. Ballots for voters residing inside the corporate limits of a city will also contain city offices. Depending on the election cycle, some ballots may also contain community college offices.

To view ALL sample ballots, please visit www.worthcounty.org, click on Document Center and then Election Ballots.

CITY CANDIDATES are listed in the order they will appear on the ballots for voters in the respective cities:

CITY OF FERTILE
MAYOR (Vote for no more than one)
Nick Bailey
Joyce C Russell

COUNCIL (Vote for no more than two)
Deena Biretz
Ronald Rachut
Cynthia A Peters

CITY OF GRAFTON
MAYOR (Vote for no more than one)
John Bork

COUNCIL (Vote for no more than five)
Tom Kruger
Randy Hulshizer
Jane Dalluge

CITY OF HANLONTOWN
MAYOR (Vote for no more than one)
Linda K McMullin
Andrew Althof
Richard Scholbrock

COUNCIL (Vote for no more than five)
Shannon Warren
Julie Lossee
Janet Fellin
Linda H Fulton
Scott E Hakes
Crystal Brower
Samuel J Fellin

CITY OF JOICE
MAYOR (Vote for no more than one)
Mark Thoma

COUNCIL (Vote for no more than three)
Ron Miller
Deb Potter

CITY OF KENSETT
COUNCIL (Vote for no more than three)
David Heiken
Herb Thompson
LaRue Douglas
Kris Woltzen

CITY OF MANLY
MAYOR (Vote for no more than one)
Regan Banks

COUNCIL (Vote for no more than two)
Scott Heagel
Richard Dean Baird

COUNCIL-TFV(Vote for no more than two)
Mary Northway Durner
Pete Andera

CITY OF NORTHWOOD
COUNCIL (Vote for no more than three)
Daniel L Reeder
David Tenold
Gary A Nerlien

SCHOOL DISTRICT CANDIDATES are listed in the order they will appear on the ballots for voters in the respective school districts.

CENTRAL SPRINGS COMMUNTIY SCHOOL DISTRICT
District #1, North B (Vote for no more than one)
Amber Nuehring

District #2, South A (TFV) (Vote for no more than one)
Jason Blickenderfer

District #2, South B (Vote for no more than one)
Martin Coleman
David Luett

At Large (Vote for no more than one)
Lori Meacham Ginapp

NORTHWOOD-KENSETT COMMUNITY SCHOOL DISTRICT
At Large (Vote for no more than three)
John Anderson
Blake Severson
Larry S Hovey
Cindy Pangburn

FOREST CITY COMMUNITY SCHOOL DISTRICT
District 1 (Vote for no more than one)
Keila Buffington
Beth Clouse

District 4 (Vote for no more than one)
Kim Severson

District 5 (Vote for no more than one)
Gary Ludwig

LAKE MILLS COMMUNITY SCHOOL DISTRICT
District 1 - TFV (Vote for no more than one)
Jolene Piper

District 2 (Vote for no more than one)
Ryan Joynt

District 3 (Vote for no more than one)
Teresa Fritz

District 4 (Vote for no more than one)
Kathy Christianson

ST ANSGAR COMMUNITY SCHOOL DISTRICT
District #1 (Vote for no more than one)
Will Morrow

District #2(Vote for no more than one)
Steven Groth

District #7 (Vote for no more than one)
Kyle Tabbert

COMMUNITY COLLEGE CANDIDATES are listed in the order they will appear on the ballots for voters in the respective community college districts. Not all community colleges have district directors on the ballot in 2019 for voters in Worth County.

NORTH IOWA AREA COMMUNITY COLLEGE
District #6 (Vote for no more than one)
Jean Torgeson

PUBLIC MEASURE A
CITY OF FERTILE
SHALL THE FOLLOWING PUBLIC MEASURE BE ADOPTED?
( ) YES ( ) NO

SUMMARY: To authorize a change in the use of the one percent (1%) local sales and service tax in the City of Fertile effective January 1, 2020.

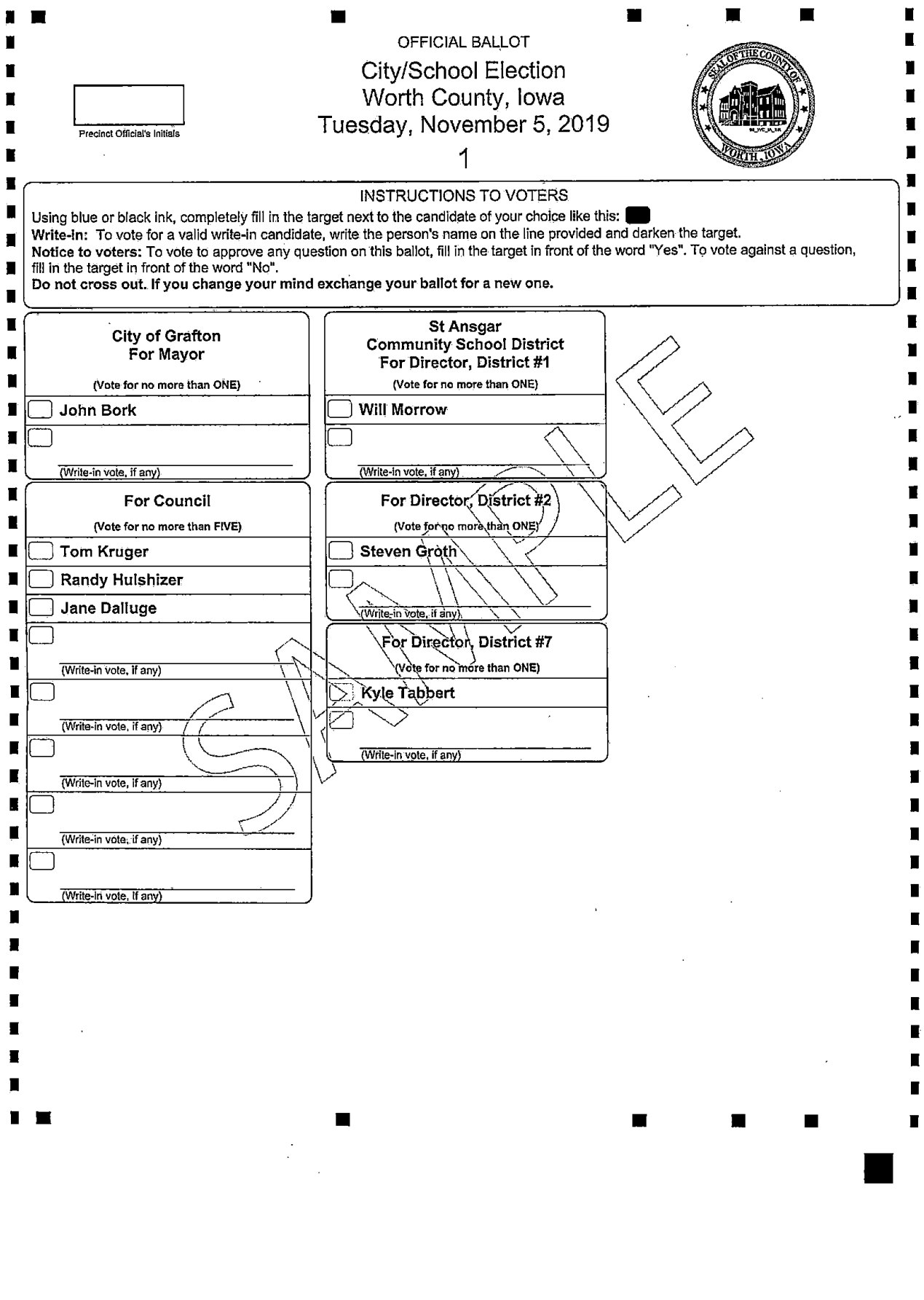
The use of the one percent (1%) local sales and service tax shall be changed in the City of Fertile effective January 1, 2020.

PROPOSED USE OF THE TAX:
If the change is approved, revenues from the sales and services tax shall be allocated as follows:
One hundred percent (100%) of revenue shall be reallocated for any lawful purpose of the City of Fertile.

CURRENT USE OF THE TAX:
Revenues from the sales and services tax are currently allocated as follows:
One hundred percent (100%) allocated to infrastructure.

PUBLIC MEASURE B
CITY OF HANLONTOWN
SHALL THE FOLLOWING PUBLIC MEASURE BE ADOPTED?
( ) YES ( ) NO

Shall the City of Hanlontown, Iowa change the terms of office for the council members from two (2) year to four (4) year staggered terms pursuant to Iowa Code 376.2 (3), effective January 1, 2022?



Davidson takes second place at TIC meet, earns all-conference honors

By Mike Simmons
Sports Editor

Northwood-Kensett's Lindsey Davidson took home her third Top of Iowa Conference second place medal in last Thursday's event held in Mason City among the corn and bean fields at NIACC.

Davidson ran the course in 20:38, about 16 seconds faster than her sophomore year but 13 seconds slower than last season.

Taking home the conference crown this year was Abby Christians of Garner-Hayfield-Ventura with a time of 19:53.

The top 15 finishers earn all-conference honors, giving Davidson her third such award in as many years running in the event.

N-K's other girls running last Thursday were Rachel Hill, who placed 77th in 26:40, and Samantha Tindall, who placed 92nd with a time of 29:11.

For the boys, Nathan Hannemann just missed out on all-conference honors with a 19th place finish in a time of 18:25. Drake Tiedemann placed 40th in 18:59, Hayden Moore placed 47th in 19:15 and Makaio Hoch placed 63rd with a time of 20:07.

The cross-country team will compete again in the state qualifying meet this Thursday in Cedar Falls.



Samantha Tindall tries to stay in contact with the runners in front of her in last Thursday's TIC cross-country meet at NIACC. Tindall showed a lot of guts out on the course and finished with a time of 29:11.

UNITED STATES POSTAL SERVICE® — Statement of Ownership, Management, and Circulation (All Periodicals Publications Except Requester Publications)

1. Publication Title	2. Publication Number	3. Filing Date
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10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of the individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a nonprofit organization, give its name and address.)

Full Name	Complete Mailing Address
Kenison Publishing	PO Box 107, 801 Central Ave., Northwood, Iowa 50459
Kris Kenison	Same

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box → ☒ None

13. Publication Title	14. Issue Date for Circulation Data Below
The Northwood Anchor	09/25/19

15. Extent and Nature of Circulation			Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)			1950	1950
b. Paid Circulation (By Mail and Outside the Mail)	(1)	Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	326	323
	(2)	Mailed In-County Paid Subscriptions Stated on PS Form 3541 (Include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	639	635
	(3)	Paid Distribution Outside the Mails Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS®	650	650
	(4)	Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)	0	0
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))			1615	1608
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)	(1)	Free or Nominal Rate Outside-County Copies included on PS Form 3541	0	0
	(2)	Free or Nominal Rate In-County Copies Included on PS Form 3541	0	0
	(3)	Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail)	0	0
	(4)	Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)	50	50
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))			50	50
f. Total Distribution (Sum of 15c and 15e)			1665	1658
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))			185	180
h. Total (Sum of 15f and g)			1850	1838
i. Percent Paid (15c divided by 15f times 100)			97	97

* If you are claiming electronic copies, go to line 16 on page 3. If you are not claiming electronic copies, skip to line 17 on page 3.

16. Electronic Copy Circulation	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Paid Electronic Copies	8	8
b. Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)	1623	1616
c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	1673	1666
d. Percent Paid (Both Print & Electronic Copies) (16b divided by 16c × 100)	97	97

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17. Publication of Statement of Ownership

☒ If the publication is a general publication, publication of this statement is required. Will be printed in the 10/16/19 issue of this publication. ☐ Publication not required.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner: Publisher — Date: 9/27/19

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

Supervisors

October 14, 2019
Forty-first Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, A.J. Stone and Ken Abrams present.

Smeby led the meeting in the Pledge of Allegiance.

Smeby called the Board of Supervisor's meeting to order at 8:30 A.M.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Smeby, Stone and Abrams. Nays: none. Abstentions: none. Absent: none.

Motion by Stone, second by Abrams, carried to approve the October 7, 2019 board minutes.

Motion by Stone, second by Abrams, carried to approve the October 14, 2019 board agenda.

Motion by Abrams, second by Stone, carried to approve the following claims in the amount of $259,326.10 as per the following schedule:

A & G Properties Llc
Rent-Soc.....300.00
A & I Auto Body Inc
Service-Eng 184.80
Agvantage Fs Inc
Fuel-Eng 25,125.91
All States Ag Parts
Parts-Eng.....320.78
Ameripride Services Inc
Service-Gsr 518.33
Austin Office Products
Supplies-Shf 78.67
Bcn Telecom
Service-Gsr 87.58
Black Hills Energy Inc
Service-Eng 70.73
Bmc Aggregates Llc
Rock-Eng 1,088.59
Bob Barker Company Inc
Supplies-Shf 297.86
Bomgaars Supply, Inc
Supplies-Con 16.99
Brian M Kuchay, Md
Ems Contract 100.00
Callie Flattum
Reimb-Trs 553.05
Carquest Auto Parts Inc
Supplies-Eng 1,444.46
Centurylink
Service-Eng 53.33
Cerro Gordo Co Auditor
Service-Juj 2,048.32
Certified Laboratories
Supplies-Eng 405.30
Christopher L Hagen
Mileage-Plz.....27.84
Cintas Corporation
Service-Eng 157.14
City Of Fertile
Service-Eng 71.61
City Of Manly
Service-Eng 56.04
City Of Northwood
Service-Gsr 518.65
Cnh Capital Prod Plus Account, Supplies-Con 8.50
Culligan Of Mason City
Service-Gsr 207.57
Dana Thomas
Mileage-Plz.....30.16
David Quisley
Mileage-Plz.....11.60
Dedra Harris
Mileage-Aud 183.28
Digital Ally Inc
Service-Shf.....4,009.00
Donald W. Croghan, Cpa, Pc
Service-Phd.....2,750.00
Edie Prazak
Mileage-Phd 24.00
Electronic Engineering
Service-Cap.....5,614.95
Falkstone Llc
Rock-Eng 8,057.45
Fallgatter's Market Inc
Supplies-Shf 1,686.30
Farm & Home Publishers, Ltd, Supplies-Gsr 1,150.00
Five Star Cooperative
Fuel-Eng 27.68
Grafton Welding
Service-Con.....85.00
Greve Law Office
Rent & Payroll-Aty .....
.....6,106.50
Harold Brunsvold
Mileage-Plz.....34.80
Heartland Power Coop
Service-Wwt 2,504.35
Huber Supply Co Inc
Supplies-Eng 237.81
Ia Apco, Edu-Shf 95.00
Ia Dept Of Natural Resources
Fees-Wat.....95.00
Ia Prison Industries
Supplies-Eng 1,471.90
Ia Secretary Of State
Notary-Shf.....30.00
Imwca
Wk Comp Prem-Ins.....
.....4,538.00
Injectech Diesel Service
Parts-Eng.....3,405.84
Interstate Batteries Of Upper Iowa, Supplies-Eng 145.45
Iowa Chapter Of Nena
Edu-911 .....95.00
Ip Pathways
Service-Dap 5,850.00
Isac, Edu-Sup 140.00
Itsavvy Llc
Supplies-Dap 3,545.00
J & J Machining Welding & Fabricating
Service-Eng 392.72
Jeff Gorball
Mileage-Plz.....13.92
Jeff Greve
Mileage-Aty 49.88
Jessica Reyerson
Mileage-Phd 128.00
Jill Schutz
Mileage-Phd 20.55
Jmh Tiling, Inc.
Service-Eng 1,228.00
Joel Rohne
Mileage-It/Gis.....203.00
Joe's Collision & Performance Inc, Service-Shf 960.23
Judy Stevens
Mileage-Asr 291.16
Kelly Hardware
Supplies-Con 677.37
Kelsey A Beenken
Service-Aty 74.24
Kevin Springer Construction
Service-Gsr 2,500.00
Kibble Equipment Llc
Parts-Eng.....128.62
Knudtson Automotive Service, Service-Shf.....3,444.68
Kriss Premium Products Inc
Service-Gsr 646.19
Larsen Plumbing & Heating Inc, Service-Gsr 115.00
Lawson Products Inc
Parts-Eng.....270.39
Lutheran Retirement Home
Rent-Soc.....300.00
Mail Services Llc
Service-Trs.....266.26
Malwarebytes Inc.
Service-Dap 2,034.00
Mandi Terlisner
Mileage-Phd 6.00
Manly Junction Signal
Service 434.16
Marco Technologies Llc
Service-Dap & Asr....654.05
Margie Butler
Service-Shf.....55.00
Mark Smeby
Mileage-Sup.....92.80
Martin Marietta Materials Inc, Rock-Eng 3,989.27
Matt Parrott/Storey Kenworthy, Service-Aud.....100.00
Me Bulbs
Supplies-Eng 671.95
Meghan Rydstrom
Mileage-Phd 83.75
Menards Inc
Supplies-Eng 51.88
Mercy Medical Center-North Ia, Service-Mex.....243.00
Midwest Pipe Supply Inc
Supplies-Eng 3,145.00
Midwest Wheel Companies Inc, Supplies-Eng.....335.80
Mike Bode
Reimb-Eng.....75.17
Municipal Cms Llc
Service-Dap 1,736.00
Nelson Family Trust
Rent-Shf.....300.00
Nena, Edu-911.....142.00
North Iowa Media Group
Service-Sup.....71.70
Northwood Anchor Inc
Service 863.07
Northwood Dental Associates
Service-Shf.....396.00
Northwood Sanitation Llc
Service-Gsr 191.50
Nsb Bank
Service-Dap 247.35
Nsb Bank
Supplies-Trs 78.00
Pitney Bowes Global
Service-Dap 402.99
Plunkett's Pest Control Inc
Service-Con.....150.80
Printing Services Inc
Supplies-Dap 69.90
R80 Llc, Fuel-Eng 90.39
Ram Systems
Service-Phd.....720.00
Reinhart Food Service Llc
Supplies-Shf 1,373.91
Rick Christeson
Reimb-Eng.....35.00
Sanofi Pasteur Inc
Supplies-Phd 1,758.40
Shana Butler
Mileage-Phd 31.00
Shred Right
Service-Phd.....83.67
Singelstad's Hardware
Supplies-Eng 90.60
Staples Credit Plan
Supplies 263.04
State Hygienic Laboratory
Service-San.....263.00
State Medical Examiners Office, Service-Mex 2,060.00
Teresa Olson
Reimb-Rec.....227.64
The Boot House Inc
Supplies-Con 378.50
The Charles City Press
Service-Sup.....198.00
Trading Post
Service-Con.....674.98
Treasurer State Of Iowa
Fee-Juj 418.00
U S Postal Service
Postage-Aud 110.00
Us Cellular
Service-Eng 26.83
Veenstra & Kimm, Inc
Service-Ndp 15,360.00
Verizon Wireless
Service-Ema 42.83
Viafield
Supplies-Eng 2,944.09
Visa
Service-Dap & It/Gis .....
.....717.04
Visu-Sewer Inc
Service-Wwt 1,067.50
Waste Management Of Iowa Inc, Service-Sdp.....2,650.00
Wex Bank
Service-Tra 1,199.54
Winnebago Coop Telephone Assn, Service-Gsr 3,237.77
Winn-Worth Betco
Fy20 2nd Qtr-Org.....
.....12,500.00
World Fuel Service, Inc.
Supplies-Eng 1,492.42
Worth Co Emergency Mgmt
2nd Qtr Pymt-Dis/Ema .....
.....20,183.50
Worth Co Sheriff Petty Cash
Postage-Shf.....43.75
Worth County Cons Foundation, Supplies-Con.....355.34
Worth County P H Petty Cash
Reimb-Phd.....109.87
Worth County Treasurer
Taxes-Eng.....68,898.00
Xerox Corporation
Service-Dap 59.47
Young Plumbing & Heating Inc, Service-Wat.....11.71
Ziegler Inc
Parts & Supplies-Eng .....
.....5,652.84
Grand Total 259,326.10

Motion by Abrams, second by Smeby, carried to approve grant request for the Northwood-Kensett School/Viking Community Activity Center in the amount of $5,000 over two years ($2,500 in FY21 and $2,500 in FY22).

Motion by Abrams, second by Stone, carried to authorize board chair to sign letter to County Social Services requesting withdrawal from the Region.

Motion by Abrams, second by Stone, carried to approve Resolution No. 2019.10.14

RESOLUTION MAKING AWARD OF CONSTRUCTION CONTRACT

BE IT RESOLVED BY THE BOARD OF SUPERVISORS OF WORTH, IOWA:

Section 1. That the following bid for the construction of certain public improvements described in general as "Top of Iowa Second Addition Project", described in the plans and specifications heretofore adopted by this Board on October 7th, 2019, be and is hereby accepted, the same being the lowest responsible bid received for said work, as follows:

Contractor: Wunsch Construction, Inc., Amount of Bid :.....$831,409.15

2. That the Chairperson and Auditor are hereby directed to execute contract with the contractor for the construction of said public improvements, said contract not to be binding on the County until approved by this Board.

PASSED AND APPROVED, THIS 14TH DAY OF OCTOBER 2019.

Mark Smeby,
Chairperson
ATTEST: Jacki A. Backhaus, Auditor

Motion by Stone, second by Abrams, carried to authorize board chair to sign Land Transfer request letter to Diamond Jo Worth L.L.C. drafted by Jason Petersburg, P.E., Veenstra & Kimm, Inc.

Motion by Stone, second by Abrams, carried to approve the monthly clerk of court report.

Motion by Stone, second by Abrams, carried to adjourn at 9:26 A.M. The next meeting of the Board of Supervisors will be Monday, October 21, 2019 at 8:30 A.M.

Jacki A. Backhaus
Auditor
Mark Smeby
Chairperson

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LRH
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641-324-1712

The City of Northwood is taking sealed bids for the following:
• 1961 Cat Road Grader
• 2003 Chevrolet Impala
• 1986 Ford L9000 Dump Truck
• Monroe 12' Snow Plow
• Pull Grader
• Pallet Forks
View any of these at the City Garage.
Please specify which item the bid is for, and submit bids to
Northwood City Hall
627 Central Ave.
Northwood, IA 50459
by Tuesday, Nov. 12, 2019.

Have any news to share?
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Mail to
P.O. Box 107
or stop in at
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POSITION OPENING
The Worth County Sheriff's Office is currently looking to hire a
Full-Time Jailer/Dispatcher
This is a unique, challenging and rewarding career. Applicants need to be able to multi-task efficiently and are required to receive, evaluate, summarize and prioritize calls. We are seeking candidates capable of remaining calm, collected and even tempered in all situations.
This is a dually trained position that works varying shifts, holidays and weekends. High school graduate or equivalent.
Must be able to pass an extensive background investigation and health/drug screen.
Applications can be picked up at the
Worth County Sheriff's Office
1000 Central Avenue
Northwood, IA 50459
or they can go to **www.worthcounty.org** to download a copy of the application and send it to our office.
Applications must be submitted by Friday, Nov. 8, 2019 at 4 p.m.
Worth County is an Equal Opportunity Employer

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State: _____ Zip:_____

Technology making breast cancer screenings better, easier at Mayo Clinic

October is Breast Cancer Awareness Month, and while breast cancer is still the most common cancer among women, technology is making the screening process easier than ever.

New this year, patients have the opportunity to self-schedule their mammogram appointments through Patient Online Services, Mayo Clinic's patient portal. After the patient's care team sends an email with a go-ahead to schedule the screening, the patient can log in and choose the date, time and location that works best.

In addition, patients who visit Mayo Clinic Health System in Austin and Albert Lea have greater access to enhanced technology for breast cancer screenings. Breast tomosynthesis (3D mammography machines) enables physicians to see cancers earlier, especially in women with denser breast tissue. The technology also has shown to reduce the recall rate, meaning patients are less likely to be called back for a second screening.

"More than 1 in 8 women will develop breast cancer in their lifetime, and survivability improves when cancers are found early," said Hannah Brandts, M.D., Mayo Clinic Health System radiologist.

When used for breast cancer screening, 3D mammogram machines create 3D and 2D mammogram images. Studies show that combining 3D mammograms with standard mammograms reduces the need for additional imaging and slightly increases the number of cancers detected during screening.

Breast cancer prevention is also important. Some risk factors, such as family history, can't be changed. However, these lifestyle changes can lower the risk:

Limit alcohol. The more alcohol a person drinks, the greater risk of developing breast cancer. The general recommendation — based on research on the effect of alcohol on breast cancer risk — is to limit to less than one drink per day, as even small amounts increase risk.

Don't smoke. Accumulating evidence suggests a link between smoking and breast cancer risk, particularly in premenopausal women. In addition, not smoking is one of the best things a person can do for overall health.

Control weight. Being overweight or obese increases the risk of breast cancer. This is especially true if obesity occurs later in life, particularly after menopause.

Be physically active. Physical activity can help maintain a healthy weight, which, in turn, helps prevent breast cancer. For most healthy adults, the Department of Health and Human Services recommends at least 150 minutes a week of moderate aerobic activity or 75 minutes of vigorous aerobic activity weekly, plus strength training at least twice a week.

Breastfeed. Breastfeeding might play a role in breast cancer prevention. The longer you breastfeed, the greater the protective effect.

Limit dose and duration of hormone therapy. Combination hormone therapy for more than three to five years increases the risk of breast cancer. If a person is taking hormone therapy for menopausal symptoms, ask a health care provider about other options. A person might be able to manage symptoms with nonhormonal therapies and medications. If anyone may decide that the benefits of short-term hormone therapy outweigh the risks, use the lowest dose that works and continue to have a provider monitor the length of time to take hormones.

Be vigilant about breast cancer detection. If a person should notice any changes in the breasts, such as a new lump or skin changes, consult a provider. Also, ask when to begin mammograms and other screenings based on your personal history.

More information is available by visiting mayoclinichealthsystem.org.







Getting back to nature center

The Northwood-Kensett sixth grade class made the annual trip to the Jay C. Hormel Nature Center in Austin, Minnesota, recently. While there they got a tour of the facilities of the center, as well as taking part in a number of life science activities in the Nature Center's indoor and outdoor facilities.

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