The Northwood Anchor

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Briefs

N-K students eat free through 2020

Northwood-Kensett students, as of Monday, are eating for free at the school, thanks to a federal program designed to ensure kids have access to meals during the summer.

The Summer Food Service Program is designed to make sure that students that depend on schools for healthy meals can do so when classes aren't in session.

Authorization for the federal funds for the program was set to expire on August 31. However, on that date the program was extended through the end of 2020, with the intention of helping school districts and their students ensure access to food, especially when many families are facing financial insecurities.

What that means for students at N-K is that all students will have access to free breakfast and lunch through December 31, or until the funding for the program is gone.

There are no income guidelines for the funding and all students qualified, starting on September 14.

N-K will still offer extra portions of meals and a la carte items at regular prices.



The Week's WEATHER
by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Sept. 8	49	45	0.01
Wed. Sept. 9	48	45	0.62
Thurs. Sept. 10	54	45	0.34
Fri. Sept. 11	57	50	0.13
Sat. Sept. 12	64	52	0.14
Sun. Sept. 13	76	48	0.01
Mon. Sept. 14	78	48	

N-K parents, staff learn of district COVID-19 case

Northwood-Kensett parents and staff were informed last week that a member of the district had contracted COVID-19, and that precautions were being taken to inform and protect all students and staff that had been in contact.

In a letter sent to parents and staff on September 11, superintendent Mike Crozier shared that a member of the district had tested positive and that the district is working with Worth County Public Health to contact anyone that may have been exposed.

Crozier also reminded all students and staff to contact their physician immediately if they have symptoms of COVID-19, regardless of whether or not they are contacted in regards to this

COVID-19, see Page 2



Poster message sparks unintended controversy

Last Friday, a poster for the Northwood-Kensett volleyball team stirred up an online discussion over an unintended reaction to the poster's message.

The poster features the team, along with the Worth County Sheriff, four deputies, the department's canine officer and two vehicles. The message on the poster reads, "Back the Blue" and "Whatever it takes." The blue refers to both local law enforcement and to N-K's school color. "Whatever it takes" is the motto of the N-K volleyball team this school year.

The poster was intended as a fundraiser for the N-K post prom. However, the message of support for law enforcement apparently was not well-received by some people. In the midst of a national controversy involving incidents in bigger cities, some online took offense to the words of the message and the comments in response were enough of a concern that the photographers involved initially chose not to release the poster.

Local photographer Jodie Bachtle, who arranged the picture with another local photographer, Kat Polfer, said that the message was one of support for local law enforcement specifically, for N-K vol-

Poster, see Page 2

Onesies made for NICU graduates

By JoAnn Lower

Beckett Ehlke is a happy, healthy little boy. Nineteen months ago, after being delivered by C-section, he and his mother, Kaitlyn Ehlke, developed slight fevers. Luckily, baby Beckett didn't have too many health concerns, but he was put into the NICU to be monitored for five days to make sure his fever didn't spike.

"His nurses at MercyOne North Iowa Medical Center were amazing," remembers Kaitlyn. "I was happy, scared, and even crying from exhaustion at times. They were beyond attentive to Beckett, Brendan and me."

"I remember thinking how lucky we were to have the hospital staff we did. I wrote thank you letters and praised them, but it never really felt like enough. Even then I knew in my core I wanted to do something to add support and a loving hand to the parents, babies and nurses."



Just a few of Kaitlyn's dozens of onesies.

That's when Kaitlyn had the idea to make onesies for every NICU graduate – a fun project to celebrate their going home.

With parents' permission, MercyOne posts pictures online of their babies wearing the delightful onesies.



Brendan, Beckett and Kaitlyn

After making her first five onesies, a friend donated money to make more. Posting on Facebook, Kaitlyn right away received $165 worth of donations.

"Together my mom

Onesies, see Page 2

And the winner is. . .

As COVID-19 had taken over the 4th of July events, the Northwood Chamber of Commerce decided to have the Mr. and Miss Northwood contest on Founders Day this past weekend. Pictured above are the 2020 winners, including (in front, from left) Little Miss Northwood Tinnley Mickelson, Little Mr. Northwood Jerrik Cates, (in back) Jr. Miss Northwood Kamryn Backhaus, Miss Northwood Alexis Halbach, Mr. Northwood Cade Hengesteg and Jr. Mr. Northwood Trent Tiedeman.



N-K school board approves activity center bid process

With just a few dollars to go, and with the support of community donors and a potential State grant, the N-K Board of Education, at its meeting last week, made official plans to build the Vikings Activity Center.

Superintendent Mike Crozier provided an update on the financial status of the project before seeking the board's approval to proceed.

Crozier shared that the original $5.7 million estimated cost had been pared down by eliminating some aspects of the project and by either postponing or using other district funds to purchase some of the equipment and furnishings inside the facility.

With items like landscaping and the aesthetic, but inessential glass entryway eliminated and the cost of furnishings decreased, a new estimated cost of $5,357,730

Activity Center, see Page 2

Northwood celebrates Founders Day – See Page 6B

Poster
Cont. from Page 1

leyball and a commemoration of thanks to emergency personnel on 9-11.

"The intention behind this poster was far less politically motivated than I could even explain. I am so incredibly proud of our local police/fire/rescue and felt that today, 9/11, was a great day to have the posters ready to go," Bachtle said on social media. "As some of you may or may not know, the reverse side shows our fire department."

Some confusion online has also led some to believe that N-K officials pulled the posters from the fundraiser. However, the posters were the work of the parents on the post-prom committee and the photographers involved.

That said, N-K superintendent Mike Crozier issued a statement to the community in response to the situation.

While not the organizers of the project, the Northwood-Kensett district recognizes that some may perceive this as insensitive given the environment we are in as a country. Although our law enforcement are held in the highest regard in our communities, we also recognize the value of the social justice movement and what it means to so many.

"We hope that this incident can be viewed as an opportunity for growth and learning for all involved. As the superintendent, ultimately it is my responsibility to ensure oversight of projects involving our athletes and students. We will work collaboratively with all involved to examine our procedures and improve going forward.

"At the end of the day, we are all Vikings. Let's use this situation to grow stronger together."



Pictured above is an updated version of the poster, designed to more clearly convey the originally intended messages of support for local law enforcement and school spirit. It is being made available with donations to the N-K Post Prom fundraisers. Those interested may contact Missy Thofson.

The initial decision to not release the posters was met with significant disappointment and Bachtle said that they have decided to offer a redesigned poster, to more clearly share the original message for donations to the post prom event. Bachtle offered to digitally remove anyone involved before the posters are made available.

Anyone wanting to donate for a poster may contact post prom committee member Missy Thofson at mthofson2000@yahoo.com.

Onesies
Cont. from Page 1

and I had a nice bonding experience as we made 33 onesies in four hours."

Depending on donations, their goal is to make about 200 onesies a year – each onesie costing $4.

If you would like to donate to this heartfelt cause, you can do so electronically using "Venmo" (user name Kaitlyn-Ehlke), or mail your donations to Kaitlyn and Brendan Ehlke, 516 South Broadway, Manly, Iowa 50456.

Kaitlyn works as Human Resources professional at MercyOne North Iowa Medical Center. Husband Brendan teaches Business Education at N-K and co-owns BET Roofing. The couple is pregnant, expecting another boy in January.

Kaitlyn's mother, Ann Matzen, is an elementary teacher in Manly. Her father, Steve Matzen is a surgical technologist at MercyOne. The couple lives in Manly.

Activites Center
Cont. from Page 1

remained.

The district plans to borrow roughly $4.2 million. The committee dedicated to raising funds for the project has brought in over $500,000 in grants and community contributions. The district and committee also shared optimism that the project may qualify for state funding that would bring total funds raised within the actual project cost, minus money added for unforeseen contingencies.

Crozier told the school board that between incoming sales tax and infrastructure property tax funds, and additional fundraising efforts, he believed any potential contingencies could be covered with no serious impact on the district's funds.

With that in mind, Crozier asked the board to approve a motion that would allow the district to begin the bid-letting process in January. The board approved the motion.

Crozier did caution, however, that fundraising is not over for the project. He noted that the construction the board approved would cover the building's infrastructure and may not cover all of the equipment and furnishings inside the building.

COVID-19
Cont. from Page 1

COVID-19 case.

Crozier said that the district would be following all CDC guidelines for cleaning and disinfecting before students return to any area that may have been contaminated. He also encouraged all students and staff to continue following CDC recommendations for staying healthy and well.

In the letter, Crozier said, "Our greatest priority is the safety of our students, staff and families. Please continue to take necessary precautions to protect yourself and those around you."

N-K Homecoming activities announced

Last week Northwood-Kensett announced its plans for Homecoming, and how events will be different as the school makes accommodations for the safety of students and the community.

Homecoming Week will take place September 28-October 3. Most events will remain in place, with a few changes. A few will have to be canceled in 2020.

One event remaining unchanged will be the days with students and staff at both schools encouraged to dress up for various themes, including class colors, dress up and school spirit.

The annual coronation of homecoming royalty, booster club jersey auction and powder puff football game will all be held on Thursday, October 1, starting at 7 p.m., but will take place on the football field, with all taking part required to wear masks and those watching encouraged to wear masks and be socially distant.

The annual junior high/high school class competitions and pep rally will be held outside this year.

The Homecoming parade will also be held, starting at 2:40 p.m. on Friday, October 2, though without class floats, and without making its way throughout the community. Instead, those that would like may travel to the fairgrounds to view the parade.

The post prom tailgate meal will still be held.

The evening will end with the Homecoming game.

Saturday will still bring a Homecoming dance. However, masks will be required, no students outside of N-K will be allowed and chaperones will be on hand to make sure students remain socially distant.

Two traditions that will not be held this year are the booster club breakfast for athletes and parents and a visit from senior athletes to the elementary school. Both are called off to limit the close gatherings and interaction between students and between outside members of the community.

Look for a full schedule and more information as homecoming week approaches.

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Worth COVID-19 positivity rates on the rise

With a 14% increase in COVID-19 cases in Worth County since last Monday, positivity rates are also on the rise, including the measure used to guide school districts on how to approach how they provide education. While Worth's rate remains low, one of the county's school districts' borders extends into an area with a higher concentration.

At press time on Monday, Worth County's 14-day positivity rate was at 6.3%. That number is the basis for state guidelines to schools for how they should safely educate students.

Northwood-Kensett's borders lie entirely in Worth County. With a 6.3% positivity rate, that puts the district in the minimal to moderate category.

The category brings basic COVID-19 safety measures, along with reduced group events, inter-school interactions and interactions amongst groups inside the school.

Meanwhile, Central Springs' borders fall within four counties. One of those, Mitchell County, reached 14.3 percent recently.

At 15%, and with 10% absenteeism among students, a district moves into the "substantially controlled" category. At that level, more stringent actions are recommended. That includes regular health checks, cancelling school events and gatherings and closing communal spaces like cafeterias and libraries.

At that level hybrid learning may be used as families choose and when students are quarantined. Districts may also consider temporarily moving buildings or entire districts to remote learning for up to 14 days, with State approval.

At press time on Monday, September 14, COVID-19 cases in Worth County had reached 97. Since the last time the Anchor and Signal shared figures, from September 7, COVID-19 cases in Worth County have increased 12.

Of the cases currently confirmed in Worth County, 14 are in those 0-17 (up 1), 46 (up 6) in the 18-40 age group, 26 in those 41-60 (up 4), 10 (up 1) in those 61-80 and one person over the age of 80.

In Worth County, there are 72 COVID-19 cases listed as recovered, with 25 potentially remaining active.

A total of 1,485 Worth County residents have been tested for COVID-19. With 97 confirmed, that makes a current positivity rate of 6.5%.

In counties that border Worth, there were a total of 3,450 cases, as of Monday, including 207 in Winnebago, 170 in Hancock, 943 in Cerro Gordo, 262 in Floyd and 169 in Mitchell counties in Iowa, and 461 in Freeborn and 1,238 in Mower in Minnesota.

A list of COVID-19 symptoms can be found online at www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html. Those experiencing symptoms should call a health care provider before going into the office.

Those with symptoms, or who may be interested in being tested can also take an assessment and get more information at tes tiowa.com.

Information on COVID-19, including the number and locations in Iowa, can be found online at coronavirus.iowa.gov.



Viafield makes the cut

Members of the Northwood Chamber of Commerce held a ribbon cutting ceremony last week as Viafield in Northwood officially opened its new liquid fertilizer facility. Viafield executives welcomed local team members, customers and members of the community for a meal and a look at the state-of-the-art equipment inside the facility.

Worth leaders discuss COVID impacts on past and future of local 4-H

Worth County 4-H leaders recently met, via video conference, with their Extension office supporters to discuss how COVID-19 affected the end of their previous year, and the challenges and their plans for the coming year of 4-H activities.

In Worth County, the 4-H groups are as diverse as the activities that the program offers, so not all were affected the same. Some were able to embrace technology, while others faced the challenges of younger members or leaders new to their roles. And all faced circumstances that they had no experience with.

Like many places of business, some 4-H groups, like the Golden Banner club, turned to video conferencing options and were able to hold monthly meetings through this year's virtual fair time in June.

The Golden Banner club tried to hold their meetings as normally as possible, even if they couldn't do so in person.

That included presentations, which their leader said has always been a big deal for their club.

The circumstances meant less presentations, but younger members still tried out projects using the new technology.

The Golden Banner club also set up schedules and took on a garden project in Manly, keeping socially distant and limiting the number of members taking on green thumb tasks at a time.

The Green Shamrocks Club's first chance to reconnect in person came in August, when they assisted with the Relay For Life car cruise and show event. The club passed out water and cookies at the pit stop in Kensett, a socially distant outdoor activity.

That was the type of gathering that proved positive for the Hoofprints 4-H Club.

As a club based on interacting with horses, the club's gatherings often center around outdoor activities that are by their nature socially distant. However, the club did have to cancel some educational clinics with visiting experts, and they weren't able to take part in any shows before the fair.

For more than one group, the year was already one that had some new challenges, with leaders taking on the role for the first time just months before COVID-19 changed almost everything about how the program is run.

The last 4-H trip, taking place literally as the COVID-19 impacts began, took place in mid-March. As a group of Worth County 4-H'ers, leaders and chaperones was in the midst of touring Washington, D.C., the nation's capital was shutting down to those that reside there and to those just visiting.

It was lamented that similar trips are not likely to be offered in the near future.

Besides their individual activities, several clubs talked about the countywide chances to participate in 4-H programs, particularly the 4-H livestock and creative projects that were held safely or virtually over the summer.

While the clubs did the best they could to adapt to the unexpected, safety measures are in place and clubs will work with guidance from the 4-H program going forward.

For the clubs with small numbers, meetings will resume. Of course, masks and social distancing will now be a part of those meetings, and more exact records will need to be kept to support contact tracing efforts. No matter those changes, however, the leaders agreed that their clubs have been looking forward to meeting again, even with a few changes in place.

For at least one club, though, that won't be an option. With more than 50 members, the Hartland Achievers are left looking for alternative ways to have meetings and organize club activities.

Options mentioned included for their older members and holding larger gatherings outdoors when possible.

Besides resuming meetings, some of the older 4-H members, acting in their leadership roles, plan to organize presentations and activities that their younger counterparts can take part in from home. The Worth County 4-H Council plans to present videos on YouTube, which will be shared with those in 4-H clubs.

It was also agreed that, particularly in such a time of uncertainty, that the kids should be kept involved and given the chance to be creative about what 4-H activities look like this year.

And for those looking to make this their first year in 4-H, or to remain, Worth County Extension plans to make it easier this year.

Normally, joining or remaining in 4-H comes with dues. The entry cost is meant to not only support the programs offered, but also to make sure the families are invested and encouraged to take full advantage of the program.

However, Extension Education Specialist Dennis Johnson noted that this year, with some families facing financial issues and so many questions about how 4-H will be offered, the local Extension and 4-H organizers don't want money to be an obstacle for taking part.

With that in mind, the Extension service is considering letting new 4-H'ers join for free and those returning may have half of the annual dues paid by the local Extension.

Johnson said that would be possible thanks to donations from the community.

Anyone with questions, or who would like to join or support Worth County 4-H may contact the Worth County Extension office at 641-324-1531.

Manly blood drive set for October 2

The next opportunity to give blood in Worth County will be held on Friday, October 2, in Manly.

Blood donors are required to wear a mask for the duration of their appointment. Donors who do not have masks will be provided with one.

The Manly Community Blood Drive will be held on Friday, October 2, from 2 - 5:30 p.m. at Edward Tosel American Legion Post 110, 110 E. Elmore Street.

Appointments are required. Donations may be scheduled online at lifeservebloodcenter.org or by calling 800-287-4903.

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Fair livestock shows continue



The Grand Champion Pen of Three of this year's 4-H and FFA Virtual Swine Show was shown by Khloe Kruger, a member of the Golden Banner 4-H Club.



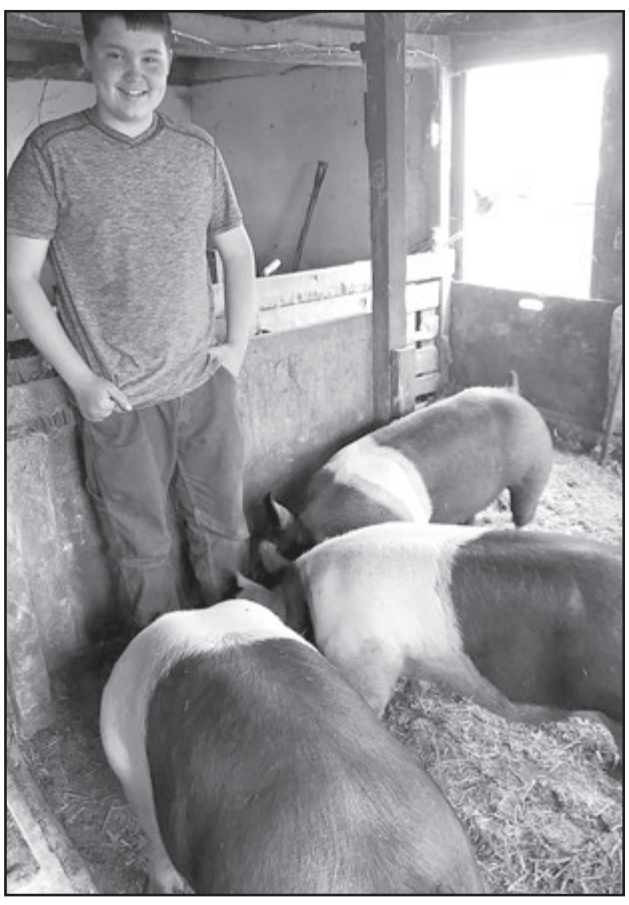
Kendal Kruger showed the Grand Champion Purebred Duroc Barrow at this year's 4-H and FFA Virtual Swine Show.



Justin Mills, a member of the Grove Progressive 4-H Club exhibited this year's Grand Champion Derby Barrow in the Worth County Fair 4-H and FFA Virtual Junior Swine Show.



This year's Grand Champion Worth County 4-H and FFA Virtual Purebred Gilt was exhibited by Kendal Kruger, a member of the Golden Banner 4-H Club.



Josh Stevens, a member of the Brookfield Boosters 4-H Club, exhibited the Grand Champion Derby Gilt in this year's Worth County 4-H and FFA Virtual Swine



The Grand Champion Barrow of this year's Worth County 4-H and FFA Swine Show was exhibited by Daniel Wallin.



This year's Grand Champion Worth County Fair 4-H and FFA Market Gilt was shown by Alise Wallin.



This year's Reserve Grand Champion Derby Barrow in the Worth County 4-H and FFA County Fair Swine Show was exhibited by Peyton Pangburn of the Grove Progressive Farmers 4-H Club.



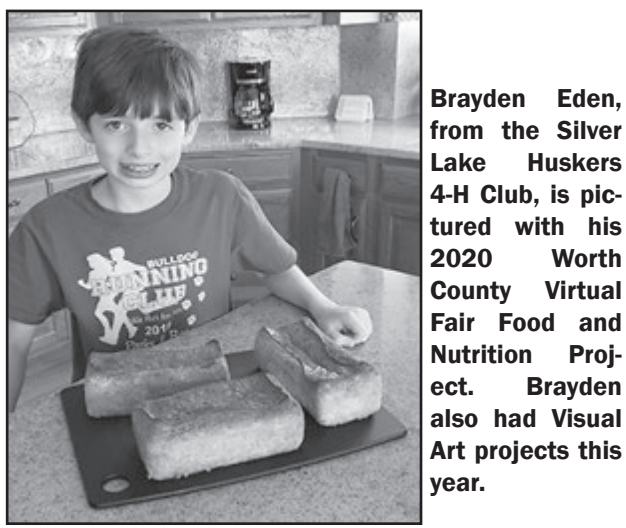
Peyton Pangburn showed the Reserve Grand Champion Derby Gilt in the 4-H and FFA Worth County Fair Virtual Swine Show.



Lindsey Davidson, a senior member of the Hartland Achievers 4-H Club and County Council Leadership Team, is pictured here with her Citizenship project that was selected for 2020 Show Iowa. Lindsey has been involved in Leadership, Communications, Civic Engagement, Visual Arts, Home Improvements and many other project areas through her successful 4-H career.



Cecelia Hill, member of the Golden Banner 4-H Club and Worth County Council Leadership Team, is shown here with her Sewing and Needle Arts project that earned Considered for State recognition. Cecelia will also be serving on the 2020-2021 State



Brayden Eden, from the Silver Lake Huskers 4-H Club, is pictured with his 2020 Worth County Virtual Fair Food and Nutrition Project. Brayden also had Visual Art projects this year.

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Blake Barker, member of the Golden Banner 4-H Club, is pictured in his Clothing Project. Blake had many other projects this year, including a Photography project that was selected for 2020 Show Iowa. Blake is the Intermediate recipient of the Top Achievement in Points Award.





Breck Lutz, Golden Banner 4-H Club junior member, is pictured with his Crop Production project for the 2020 Worth County Virtual Fair. Breck also had a project in Food and Nutrition.





Bryce Eden, Silver Lake Huskers, is pictured with two of his 2020 Worth County Virtual Fair projects, in Horticulture and Food & Nutrition. Bryce also had projects in Visual Arts this year.



Marli Backhaus, from the Golden Banner 4-H Club and the Worth County Council Leadership Team, is modeling her State Fair winning Clothing Selection. Marli received the highest honor of a blue ribbon at the 2020 Show Iowa. Marli also had entries in $15 Challenge, Visual Arts, Environment and Sustainability, Photography, and Food & Nutrition.



Bryce Barker, member of the Golden Banner 4-H Club, is pictured with his Clothing Selection project. Bryce also had projects in photography. Bryce is the 2020 recipient of the Junior Top Achievement in Points Award.



Paige Barker, from the Golden Banner 4-H Club, models her $15 Challenge for the 2020 Worth County Fair. Paige also brought 30 other projects, including photography, rabbits and clothing selection. Paige is the recipient of Reserve Senior Girl Top Achievement in Points award.



Sydnee Lindeman, from the Silver Lake Huskers and Worth County Council Leadership Team, is modeling her latest Sewing and Needle Arts project. Sydnee's entry was selected for Show Iowa 2020. Sydness also had projects in Visual Arts, Home Improvement and Clothing and Fashion.

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N-K allows mask flexibility while distancing in place

At its regular meeting last week, the N-K Board of Education approved a change to the district's COVID-19 related mask rules that would allow some flexibility when social distancing can be assured.

Superintendent Mike Crozier asked the board members to consider allowing teachers the freedom to permit their students to remove masks in classrooms where a minimum of six feet of distance was in place. Crozier also asked the board to consider allowing students to remove masks when those distances were maintained during recesses.

Crozier made it clear that this would be a classroom-by-classroom choice, left up to the teacher, with the support of the board and administration.

Elementary principal Brian Costello said that the size of classes at his building meant that students are always closer than six feet, and so masks would remain a requirement inside at all times.

Secondary principal Keith Fritz said that on a class-by-class basis, and depending on a teacher's choice, this would be a more frequent option for students in his building.

Masks would still be required at all other times in N-K buildings.

Trinity UMC celebrates 125th anniversary online Sept. 20

Trinity United Methodist Church of Bolan will celebrate its 125th anniversary with a special service on Sunday, September 20, 2020.

Due to the COVID-19 pandemic, the originally planned celebration has been postponed to next year; however, the milestone will be acknowledged through the church service led by Pastor Cory Allard and held outdoors at the Bethel United Methodist Church parking lot.

The members of Trinity will be providing the music for the service that day, which begins at 9 a.m. It will be shown online through the "Bethel of Manly" Facebook page at 10:30 a.m., and will also be on radio station 97.1 FM at 11 a.m. The online version will be showing several photos that capture the history and families involved in Bolan's church over the years.



The photo shows "Bruno," the local dog who has been waiting for the church people to return! Beautiful purple petunias grew in the crack of the concrete with God's love and the care of Mother Nature. Church members take this as a sign of hope, beauty, strength and perseverance during this difficult time for everyone.

MercyOne celebrates Mercy Day with virtual 5K

MercyOne is promoting wellness and living one's best and healthiest life with a virtual 5K.

The "Mercy Day 5K" can be run or walked wherever people are beginning on Thursday, September 24, through Sunday, September 27. This free family-friendly event is open to all ages.

After registering for the event, participants can print their own race bib and walk or run whenever and wherever they choose. After completing the walk or run, participants submit their time online. Medals will be awarded to the top three males and females at each MercyOne ministry. To sign up, those interested may look for the Mercy Day 5K event on the MercyOne Facebook pages or visit MercyOne.org.

The Mercy Day 5K is being held to celebrate Mercy Day on September 24. Mercy Day celebrates the day MercyOne's founder, Catherine McAuley, opened the first House of Mercy in 1827. Today the house in Dublin, Ireland, remains a symbol of Catherine's work to help those who were poor, sick and uneducated in her community and her legacy of mercy to the world.

MercyOne continues to follow in her footsteps through its Core Values of Integrity, Commitment to the Poor, Compassion, Justice, Reverence, Excellence and Stewardship.

Central College welcomes Davidson

Central is welcoming the newest members of the community, including first-year and transfer students, for the Fall 2020 semester.

Local students includes Lindsey Davidson, Class of 2024, from Northwood and Summer Sterrenberg, Class of 2024, from Joice.

Central College of Pella, Iowa, is a private, four-year liberal arts college. Central is known for its academic rigor, leadership and character development, global experiential learning, STEM (science, technology, engineering and math) and sustainability education, athletics and service.

More information about Central College is located on www.central.edu.

ISU Extension and Outreach implements monthly dairy webinar beginning Sept. 16

The Iowa State University Extension and Outreach Dairy Team will implement a monthly webinar series beginning on Wednesday, September 16, from noon to 1 p.m.

The first program "Gearing Up for 6.5 pounds of solids per hundredweight" will feature a presentation by Dr. Mike Hutjens, Professor Emeritus at the University of Illinois.

"With the record high protein component prices, many producers have focused on increasing protein percentages in their milk, but Hutjens will discuss increasing total solids, shooting for 6.5 pounds per hundredweight," said Fred M. Hall, dairy program specialist with ISU Extension and Outreach.

Producers, dairy consultants and industry representatives can attend the webinar online at connect.extension.iastate.edu/isuedairy. There is no fee to attend and registration is not required.

More information is available by contacting Fred Hall at 712-737-4230 or fredhall@iastate.edu.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Outdoor Worship, 9 a.m.; Tuesday, Pins and Needles, 2 p.m., Bethlehem Council, 6:30 p.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open 4:30-6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, Worship Elk Creek, 10:30 a.m., GeoParish Meeting at Bethany, 7 p.m.; Monday, Bethany Council Meeting, 7 p.m., MANNA Open 10 a.m. - Noon
Pastor Tom Martin

Trinity United Methodist, Bolan
Sunday, Worship in Bethel Parking lot, 9 a.m., Streaming on Bethel of Manly Facebook Page, 10:30 a.m., Radio Station 97.1.
Pastor Cory Allard

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Wednesday, "The Bible Jesus Read" Bible Study - Salem, 7th/8th Grade Confirmation - Winnebago, 6:15 p.m., 9th Grade Confirmation - Winnebago, 7:30 p.m.; Thursday, "Listening for God" Bible Study - Silver Lake, 1 p.m., "The Bible Jesus Read" Bible Study - W, 7 p.m.; Friday, Assemble & Fold Bulletins & Newsletters - W, 1-3 p.m., Underdahl/Herfindahl Wedding Rehearsal - Lunder, 5:45 p.m.; Saturday, Lynzee Undersahl & Tyler Herfindahl Wedding - Lunder, 4 p.m.; Sunday, Worship - Immanuel, 8 a.m., Worship - Bethany, 9 a.m., Worship - Silver Lake, Sunday School - L, 9:30 a.m., Worship - Winnebago, Sunday School - SL, 10:30 a.m., Worship - Lunder, 11 a.m., Bethany Council Meeting, 6:30 p.m.; Monday, Forest City Neighborhood Food Bank, 1-4 p.m., Lake Mills Food Bank, 2-5 p.m.; Tuesday, Text Study, 2:30 p.m., Staff Meeting, 4 p.m., Stephen's Ministry - I, 7 p.m.

Check with your local church about online services, updates and changes.

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Tuesday: Pork Loin, Baked Potato, Steamed Carrots, Pears
Wednesday: Cook's Choice

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Watered – Down Life



There are many ways in which technology has improved our lives. E-mail allows us to keep in touch with friends and family more readily than traditional mail. Cell phones allow us to be reached almost anywhere on the planet and are a boon to both commerce and communication. With smart phones and I-Pads we have a whole world of information at our fingertips with just a few keystrokes. But, the downside to all of this technology is that it tends to interfere with our face-to-face interactions, watering down our lives. Consider how often we are trying to have a heart-to-heart conversation and are interrupted by the cell phone. Even worse is the person who refuses to put down their phone during a conversation, insisting that they can attend to two things at once. Many people nowadays have trouble focusing on one thing at a time, no doubt in part because they have grown up constantly multi-tasking and never really having to focus on just one thing. The real downside to this is that multi-taskers miss out on the experience of truly savoring life. There are times when we need to multi-task; the mother cooking dinner and looking after her children may not have the luxury of doing just one thing. But, there are other times when we really need to just do one thing, and do it well, such as driving a car or having an important conversation. – Christopher Simon

"You are worried and upset about many things, but few things are needed—or indeed only one."
– Luke 10: 41-42

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'



We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer Lytton, Edward Robert

by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

A cookbook collector friend from Massachusetts sent me a great gift last week. "Olson Family Cookbook: by the decendants of Martin and Selma Olson of Geneseo, North Dakota" caught her eye as she wondered if it was my family's legacy. Printed in 2001 by Jumbo Jack's Cookbooks in Audubon, Iowa, it's a large spiral-bound book. It is chock full of delicious–sounding recipes but unfortunately Martin and Selma aren't our branch of the Olson tree. Never let it be said that I passed on some good food because I wasn't related to the creators of that food! Here are some of the offerings from the section on "Bars."

Almond Cheesecake Bars
(Allison Solseth, Fargo, ND)

2 packages refrigerated crescent rolls
1 cup sugar
2 packages (8 oz. each) cream cheese
1 egg, separated
1 teaspoon real almond extract
1/4 cup sugar
1/2 cup sliced almonds
1/4 teaspoon cinnamon

Preheat the oven to 350 degrees F. Pat one roll of crescent dough into the bottom of a 9x13-inch baking pan. Cream together the cream cheese, the 1 cup of sugar, the egg yolk and almond extract. Spread over the crust. Roll out the second package of dough and place on top of the cream cheese mixture. Brush with the egg white. Mix together the 1/4 cup sugar, the cinnamon and the sliced almonds. Sprinkle this over the top crust. Bake for 25 minutes. Cool, then refrigerate. Cut into bars to serve when chilled. SANDY'S NOTE: I use Philadelphia brand® cream cheese for best results in any type of cheesecake recipe, even bars.

June Olson's Apple Strips
Thelma Jones, Rising City, NE

2 1/2 cups all-purpose flour
1/2 teaspoon salt
9 large baking apples, peeled and sliced
1 cup sugar (or more)
1/4 cup sugar
1/4 cup flour
3/4 cup real butter, softened
1 egg, lightly beaten
1 1/2 tablespoons cinnamon
6-7 tablespoons cream

Mix the 2 1/2 cups flour, the salt, the 1/4 cup sugar and the butter. Sprinkle the cream over the mixture and stir to form a dough. Divide the dough in half. Roll the first half to make a 10x12-inch rectangle and place in a baking pan with sides. Spread the sliced apples over the crust. Mix the 1 cup sugar (or more if your apples are really tart), the 1/4 cup flour and cinnamon. Sprinkle this over the apple slices. OR…you can mix the apples and sugar/flour/cinnamon in a bowl before spreading it on the bottom crust. Roll out the remaining half of the dough and lay on top of the apples. Brush with the beaten egg and sprinkle with more sugar. Preheat oven to 350 degrees F. and bake the bars for 15 minutes. Turn up the oven to 400 degrees F. and bake 25-30 minutes longer. Remove from oven and cool somewhat. Cut into strips.

Caramel Bars
Amy Olson, Farmington, MN

1 package (14 oz.) light caramels
1 cup chocolate chips
2 cups quick oatmeal (not instant)
1/2 teaspoon salt
1/2 cup evaporated milk (not condensed)
1 teaspoon baking soda
1 1/2 cups brown sugar
1 cup real butter, softened
2 cups all-purpose flour
1 cup chopped pecans

Preheat oven to 350 degrees. Melt the caramels with the milk; set aside. Combine the rest of the ingredients in a bowl except the chocolate chips and nuts. Press 3/4 of this crumb mixture into a greased 10x15-inch pan. Bake for 10 minutes to make the crust. Remove from oven and immediately sprinkle with the chocolate chips and nuts. Carefully spread the caramel/milk mixture on top then finish with the remaining crumbs. Bake 15-20 minutes longer. SANDY'S NOTE: you can melt the caramels with the evaporated milk in the microwave on MEDIUM-LOW power. If the mixture gets too stiff as it cools, reheat for a few seconds so you can spread it as indicated.

The cookbook's dedication page tells the reader it is "lovingly dedicated to 25 aunts and uncles" who provided memorable meals over the years. I might not know them but I can tell from the 14 sections of recipes they were my kind of people! And…that's all she wrote.

Northwood Anchor Society







N-K helps save lives

Last week the Northwood-Kensett FCCLA hosted a blood drive in the high school gym, inviting N-K students, staff and members of the community to make a life-saving donation. Once completed, they were welcomed with a refreshing snack from FCCLA members pictured at top. Over the course of the morning's blood drive, 22 donors registered, including 16 new, an awesome accomplishment, according to FCCLA advisor Megan Thorson. The drive brought in 23 units of blood, which would be enough to save as many as 69 lives.

Volunteers needed for Northwood Meals on Wheels

From Meals on Wheels organizers:

Northwood Meals on Wheels needs help.

For years the Northwood Meals on Wheels program has delivered fresh hot meals to many people in the community, and has also furnished meals for those who wish to join others for congregate meals at the Senior Center.

Due to the current COVID-19 crisis, congregate meals are no longer served in the Senior Center. For this reason, Meals on Wheels has been delivering approximately twice as many meals as in the past. This makes for longer routes and a need for more volunteers.

Through the years there have been many individuals, as well as businesses and organizations, who have filled this need. Many of these volunteers are those who fall into the category of being at most risk for the coronavirus. When the pandemic spread to Iowa, schools and many businesses closed. While this was extremely unfortunate and dangerous for our community, as well as the rest of the country, it did allow some people who would normally not be able to volunteer, to step up and help meet this need.

While we are happy that kids can be back in school and people can get back to work, this has again created a shortage of volunteers to deliver meals each day. We have a number of our "regular" volunteers who have been delivering meals one week a month for the past six months. We greatly appreciate their efforts, but do not want them to get "burned out."

Meals are delivered Monday through Friday. Volunteers need to be at the back door of the Senior Center a little before 11 a.m. and the route usually takes approximately an hour. Typically there are two volunteers on each of the two routes. Drivers must have a valid driver's license and insurance. It works well if volunteers can take a week at a time to become familiar with the routes, however delivering even two or three days at a time would also be helpful.

If anyone would be willing and able to help continue this service, contact Kathy Hanson at 641-390-1052.

Sign vandalism may bring criminal charges

Reports of vandalism on political candidate signs have led the Worth County Sheriff's Office to remind those in the community to respect their neighbors' freedom to show their support, or face the results of the illegal acts.

According to Worth County Sheriff Dan Fank, his office has received a few official reports, in addition to some anecdotal complaints. In any case, Fank asked that Worth County residents remember to respect each other's personal property and their freedom of expression.

When that doesn't happen, Fank said that people should do their best to get as much evidence about any sign vandalism and report incidents to his office.

According to Fank, depending on the nature of the crime, defacing, damaging or stealing a sign can bring charges of criminal mischief or trespassing.

Anyone with information about political sign vandalism may call the Worth County Sheriff's Office at 641-324-2481.

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200 WINS!

Dave Capitani, N-K's HOF coach reaches 200-win milestone

By Mike Simmons
Sports Editor

With the Vikings' win on September 4 over Clarksville, Northwood-Kensett's Hall of Fame coach Dave Capitani joined the ranks of Iowa coaches that have achieved what most will only dream of, winning 200 football games.

Cap is starting his 32nd year as head coach of the Vikings and is now 200-111 in 11-man and 8-man football combined.

Cap started his N-K career in 1983 as a new teacher and assistant football coach. When he joined the coaching staff, the school had never been to the playoffs but that all changed in his second year as an assistant.

The team earned a playoff berth for the first time in 1984 and after Cap took the head coaching job in 1989 he has continued and built on that tradition, turning the Vikings into perennial playoff contenders with 18 playoff appearances, including three state semifinal appearances.

In recent years, as you all know, the football game at N-K has changed, but at the same time stayed the same as the team starts its ninth year playing 8-man football, where Cap has compiled a 49-28 record.

When I say the game has stayed the same, I mean that Cap has not changed the way he prepares his team to win. Whether it be in 11-man or 8-man, he believes the key to winning in high school is to keep the ball on the ground.

"There were years when I first started that we used to throw the ball a lot. Bob Sager down at Britt used to have a run and shoot offense. Now they run the ball more than we do," Cap said. "Obviously the game has changed a lot over the years, but when I started you had to run the ball to win, but even today, if you look at the best teams year in and year out, I don't care if it's Valley or Don Bosco, the West Bend Mallards, the Madrids, they run the football because if you're going to win consistently in high school football you have to able to run the ball, period."



DAVE CAPITANI "CAP"

Talking to Cap you understand that he really doesn't have anything against the passing game, it's just easier to run the ball.

"It's just too hard to find that high school kid that can throw the ball that well, but I can always find kids to run the ball, that's why we do it," Cap explained.

And while it's the guy in charge that rightfully gets most of the credit, Cap is always quick to point out that he didn't build this program on his own.

"I've been blessed with a very good coaching staff that has been with me pretty much from the beginning, Daryl (Love), Marty (Cotter), Steve (Hartman), they're part of the reason I'm still here, along with guys like Ryan Parker, who is an unpaid assistant, but he's someone that works his butt off for this program and the kids."

Cap also thanked the community, the administration, all the volunteers, the kids who have played for him.

"It really takes more than just one guy obviously. From the time I came here the administration, the district, the kids, the community have all supported us and what we do. It's nice to get 200 wins, but none of it's possible without their help."

But after 31 years at the helm, 200 wins, HOF, has he thought about how much longer he wants to coach?

"Yeah, I think about that," Cap said. "At this point, I'm taking it year by year. Sometimes at the end of the season you might think it's time, but then the new season begins and you think, this is what I want to do, so, as long as I think I can contribute, as long as I haven't lost the kids, I'll continue to coach."

Founders Day Events



Winners of the youth basketball skills competition included Piper Brunsvold - K-3rd; Hallie Hanson - 4th-6th; and Jason Johnson - 7th-12th.





A beanbag competition was held at the Strike Zone.





Callie Flatum and Scott Hansen are pictured playing in the horseshoe contest in Swensrud Park.

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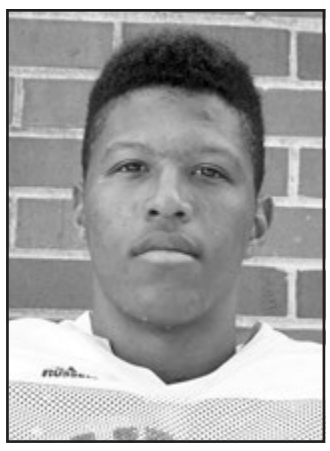
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Anchor Sports



OLIVIA STILLEY

Stat of the Week: *A lot of players came through for the Northwood-Kensett volleyball team in its 3-0 sweep last Tuesday night against Rudd-Rockford-Marble Rock. But none made the impact that senior Olivia Stilley did as she stepped to the service line, for not just the first time in this match, but for the first time this season, and quickly broke a 26-26 tie, going 2-2 from the line to secure the 28-26 win, sealing the 3-0 sweep for the Lady Vikings. Stilley also had four assists and three kills in the TIC East win.*



TJ WHITELOW

Stat of the Week: *Although the Vikings' 66-12 win two weeks ago over Clarksville didn't exactly call for any heroics, they got some performances that could go in the hero category nonetheless. TJ Whitelow is one example, the talented senior did it all for the Vikings against the Indians, with one fumble recovery, one interception, three solo tackles and four punt returns for a total of 161 yards (40.3 per return) and two touchdowns.*



Lady Viking Madelyn Berge goes head-to-head with a RRMR defender in last Tuesday's 25-20, 25-11, 28-26 win. Berge had one kill and two digs and was 3-5 at the service line in the 3-0 sweep of the Lady Warriors.



The new normal during COVID-19: The Lady Vikings mask it up before pre-game warmups last Tuesday night in Northwood.

Lady Vikings crush RRMR in three set sweep, 25-20, 25-11, 28-26

By Mike Simmons
Sports Editor

The Northwood-Kensett volleyball team emptied its bench last Tuesday night against Rudd-Rockford-Marble Rock, bringing the talent of the whole team to bear against the Warriors in the 3-0 (25-20, 25-11, 28-26) Top of Iowa Conference East sweep.

"Well, you know I really wanted to get some of those players in the match tonight," said Lady Vikings head coach Heather Rheingans. "Usually with this many players who have experience I don't get a chance to play everyone, but I really wasn't nervous with this group. The girls that came off the bench tonight really came through for us, like a Shallon Batton who came out and in pressure situations went 6-6 at the service line."

In the first set last Tuesday night the Lady Vikings led 21-13 before allowing RRMR to narrow that lead to 23-20 before N-K was able to shut the door on the comeback and won the set, 25-20.

In the second set the Lady Warriors briefly held their first lead of the match at 4-3 but when Brylee Hoeppner stepped to the service line with the set even at 4-4, she quickly put N-K back in front for good as it went on to win the second set in convincing fashion, 25-11.

In the third set the Lady Warriors, as most teams do that are down 2-0, came out and fought like mad dogs to keep from feeling the sting of a three-set sweep and led or was tied with N-K for most of the set.

Trailing 24-23 RRMR stepped to the service line and evened the score at 24-24 with an ace, then took a 25-24 lead only to give the Lady Vikings an opening with a net serve, evening the score once again at 25-25. N-K trailed one more time, 26-25, before running three consecutive points to win the set 28-26 and with it the match, 3-0.

Hoeppner led the team with nine kills and was perfect at the service line, going 13-13 with one ace, while Kayla Senne, Olivia Stilley and Emma Davidson combined for 17 assists.

With the 3-0 win over RRMR the Lady Vikings are now 3-2 overall and 2-2 in the TIC East.

N-K played just once this week when it traveled to Mason City on Tuesday to face the Knights of Newman Catholic.

TIC East Standings

1. Osage	4-0
2. Nashua-Plainfield	3-1
3. North Butler	3-2
4. MC Newman	2-3
5. N-K	2-2
6. Saint Ansgar	2-1
7. Central Springs	1-3
8. West Fork	1-2
9. RRMR	0-4

Tripoli hangs half a hundred on the Vikings in 50-6 district loss

By Mike Simmons
Sports Editor

One week after the Vikings scored 66 points against Clarksville to improve to 1-1 on the year, they've had the favor returned to them after Tripoli came to town last Friday night and hung 50 points on the home team in the 50-6 loss.

The Vikings, who were outdone on the ground 348 yards and four touchdowns to just 140 and one touchdown, were unable to get any offense going in the first 24 minutes of play, falling behind at the halftime break 42-0.

With a running clock in the second half Northwood-Kensett was finally able to get on the board when Brandon Varner scored from one yard out with 10:25 remaining in the fourth quarter.

Five minutes later the Panthers were in the endzone once again, this time courtesy of a 47-yard run by Jayden Miller, making the final score 50-6. N-K's Carter Severson led the team on the ground with 89 yards on 16 carries while on the defensive side of the ball Varner had 14 tackles, Tyler Mills had 13 and Josiah Kliment had eight.

Because of the holiday weekend last week the Anchor was not able to report about the Vikings' 66-12 win over Clarksville.

The young and inexperienced Indians looked more like the Keystone Cops at times than they did a high school football team, fumbling the ball away or losing yardage on a bad snap more times than they completed a successful play from scrimmage.

Senior quarterback Kael Julseth scored two touchdowns on offense and one more on a 45-yard interception return for a touchdown while TJ Whitelow dominated the special team's part of the game with a 45-yard kickoff return and a 45-yard punt return for a touchdown.

With the Vikings' loss on Friday night to Tripoli they are now 1-2 overall and 1-2 in the district.

N-K will be on the road this Friday when they travel to Turkey Valley.

NK 66, CV 12

NK	21	6	20	19	– 66
CV	0	6	0	6	– 12

Tripoli 50, N-K 6

T	12	30	0	8	– 50
NK	0	0	6	0	– 6

8-man, District 2 Standings

1. Tripoli	3-0
2. AGWSR	2-1
3. Janesville	2-1
4. North Iowa	2-1
5. N-K	1-2
6. Riceville	1-2
7. RRMR	1-2
8. Turkey Valley	1-2
9. Clarksville	0-3

Team Totals

	Vikings	Panthers
First Downs	8	20
Rush-Yards-TD	32-140-1	38-348-4
Pass yards	71	87
Comp.-Att.-TD-Int.	3-6-0-0	6-9-3-0
Total Yards	211	435
Penalty-Yards	2-15	5-35
Turnover-Lost	3-3	0-0

Scoring

First Quarter
T – Conner Piehl 5- yard run (PAT failed)
T – Dawson Bergman 30- yard pass from Piehl (PAT failed)

Second Quarter
T – Piehl 46- yard run (PAT good)
T – Jase Hereid 32 -yard pass from Piehl (PAT failed)
T – Piehl 33- yard run (PAT good)
T – Bergman 16- yard pass from Piehl)PAT good)

Third Quarter
NK – Brandon Varner 1- yard run (PAT failed)
Fourth Quarter
T – Jayden Miller 47-yard run (PAT good)



N-K's Carter Severson and Josiah Kliment team up to take down a Clarksville ball carrier in the Vikings' 66-12 win two weeks ago.



The Vikings' Brandon Varner makes a spectacular diving tackle in last Friday's 50-6 loss to Tripoli. Varner had seven solo tackles and led the team with 10.5 tackles. Varner is second on the team after three games with 27 tackles, just .5 behind Tyler Mills, who leads the team with 27.5. (Photo by Jesus Renteria)

Northwood Anchor Opinion

Letters to the Editor

Leave signs alone

Dear Editor,

As a United States Citizen, I have the right to put political signs in my private yard for the candidates that I want to support. Last week, the signs in my yard have been defaced and destroyed more than once.

Not only is this practice trespassing, but it is also against Iowa Code (39A.5 Election misconduct in the fourth degree. (5) Removing or destroying the supplies or articles furnished for the purpose of enabling voters to prepare their ballots.)

I respect other people's choices to place signs of their favored candidate in their yards, and I would never vandalize their signs.

The election is just around the corner and there will be one winner. Each of us will work our hardest to get our candidates the most votes. That's the work that counts, not the creepy vandalism that makes us all look bad. We are better than this.

Mandy Zipse
Northwood

Dear Editor,

Would the person, or persons that were so offended by the poster that they had to threaten the photographer and get the poster sales cancelled please contact me? My number is below. I'm flummoxed as to what you found so offensive, and baffled at your outrage and would like to understand. Evidently, I'm a dolt, because the poster has no offense that I can discern.

I didn't go to school here, nor did my children. My youngest was college age when I moved here 20 years ago. But as I understand it, Blue is the main school color of Northwood-Kensett school, and "Whatever it takes" is a motto that they adopted. Seems to me there is nothing offensive in either one of those things, nor in combination. In fact, pride in one's school and a credo to work hard and do what it takes (within the rules) are both laudatory traits. Kudos to the students for that!

You'll note that I made an assumption about doing whatever it takes being done within the rules. I made that assumption on the basis of two things. 1) I believe that most people strive to live within the rules, and 2) the poster included visual reference to the law enforcement in the county. I presume that was a choice or decision of the students, thereby tacit approval of laws and the enforcement of them. Nothing wrong there either, correct? Surely approval of laws and enforcement of them can't be offensive, can it? Without it we have anarchy and I'm confident no one wants that.

So what is it? I truly want to know and understand why such a stink has been raised and threats made to the extent the poster sales were shut down, and any images of the poster being removed. Seems to me that those actions are akin to what was happening in Germany in the late 1930s, and certainly no one believes that was right. So call me and explain. Better yet, I'd love a sit-down civil conversation over a cup of coffee to really get to know what it is that I'm missing. I pride myself on being semi-intelligent and I feel I must be missing something. As it is, I likely never would have known of the posters, let alone bought one if this hadn't come up this way. Now, I feel like I'd like to buy 10 of them to support the students, and to show their moral fortitude to all my family and friends by gifting them a poster. So, help to see the error of this if I'm missing something.

Seriously, call me. Lets talk; 641-529-0975

P.S. Would the person that has the posters call me too? I'm serious about wanting some. Perhaps we can meet clandestinely in a closet someplace to make a purchase so it doesn't offend someone.

Jeff Gorball
Rural Northwood

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I entered a 5-mile run, but it didn't go well.

You didn't finish last, did you?

Not yet.

Driving by Bruce's drive

I have a wonderful neighbor, named Bruce. Whenever I pass his drive, thoughts occur to me, such as: It was raining ducks and chickens. Fowl weather. It wasn't a Pinterest perfect day, but none ever is. No matter, as long as there is no such thing as a dull moment. Whenever questioning an odd occurrence, the reliable stock answer has been, "It must be the weather." Now "It's 2020" has become the universal excuse for everything.

Everything was nearly copacetic this particular day. That's because things could have been worse. Here's an example. The Erfurt latrine disaster was an event that occurred in Erfurt, Duchy of Thuringia in 1184. Many nobles from across the Holy Roman Empire were meeting in a room at the Church of St. Peter when their combined weight caused the floor to collapse into the latrine beneath the cellar and led to dozens of nobles drowning in excrement.

I walked in the rain. I worried it might be a minimal ramble, but my stubbornness won out and I trudged on. I am of a Heinz 57 variety — Welsh, German, English and Swedish ancestry. All four of those nationalities have been claimed by family members to possess the most stubborn traits of all people. I stubbornly finished a long walk. It wasn't a marathon, but it was a considerable meander. Meander comes from the Greek Maiandros — an old name for a river in Asia Minor that's now known as the Menderes. Meander implies a winding and lazy movement, is associated with rivers and is used as a noun meaning a winding path.

In a short time, I'd been in the two states that don't have counties. Louisiana has parishes and Alaska has boroughs. I went from Lafayette, LA, to Juneau, AK, because I had to be somewhere. Work was going well, so I could afford to go to a Fred Meyer, a hypermarket superstore. Juneau has the smallest of Costco's 782 stores, but I didn't visit it because I'm not a member. Fred Meyer is part of the Kroger Company, the largest supermarket chain and the third-largest retail chain in the U.S. (behind Walmart and Costco). Kroger has 2,757 stores. As I walked the aisles of Fred Meyer, I thought of a store of the past, the A&P owned by The Great Atlantic & Pacific Tea Company, which by 1930 was the largest retailer in the world and once had nearly 16,000 stores. Walmart has 11,501 stores (4,756 in the U.S.). When the A&P went bankrupt for the second time in 2015, it was down to 297 stores, which were sold or closed.

I've learned

A Bigfoot never wears flip-flops in fear it'd be discovered quickly by the sound.

Never carry a cheese platter through a tough neighborhood.

I don't believe in conspiracy theories, but I believe there are people who do.

Cats like to sit on laps because they appreciate heated seats.

Kangaroos and trampolines don't mix.

To hope that Santa won't have to come by Zoom this year.

Local news

Nesting Doll Museum becomes smaller with each door you open.

Bed and breakfast downsized to hammock and hot dogs.

Bigfoot hunters stake out local shoe stores.

The Boomerang Society bus trip made it halfway to its destination before turning around.

The Bell Ringers need new members. All interested parties should chime in by giving them a ring.

Podiatrists become archrivals.

Nature notes

Things to look for in September:

1. Warblers finding sunny sites to glean insects from vegetation. Warblers can be hard to pin down, as are most things in life.

2. Northern flickers flashing white rump patches in flight and feed on the ground as they migrate through.

3. Flotillas of dragonflies feeding on ant flight dispersals.

4. The company of flowers blooming in September. Blue flowers: Blue vervain, blue lobelia and smooth blue aster. White: Common yarrow, white snakeroot, hedge bindweed, flat-topped white aster, wild cucumber, annual fleabane and heath aster. Yellow: Jerusalem artichoke, sneezeweed, smooth oxeye, common evening primrose, Black-eyed Susan, compass plant, cup plant, Canada goldenrod, zigzag goldenrod and stiff goldenrod. Purple/pink: Rough blazing star, northern plains blazing star, prairie blazing star, meadow blazing star and New England aster. Orange: Spotted-touch-me-not. Red: Cardinal flower.

5. Eastern kingbirds, appearing to be dressed in business suits, gathering in flocks in preparation for migration.

Meeting adjourned

Life is a test. It's easy to be kind to those who are nice to you. The trick is to be kind to those who are not.

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Fit to print...

Fear

Slices of Life
By Jill Pertler

"The only thing we have to fear is fear itself." Franklin D. Roosevelt

Fear is in the air. It is in every breath we take. It fills our lungs. It dictates our actions. We dodge an invisible enemy, knowing it is out there, but never sure quite where or when it might hit.

And this dictates fear among us.

The unknown has a tendency to do that. And COVID is the unknown. It is like nothing we've ever experienced before. So it's easy to be afraid. It's the default for most of us.

Something very serious and scary and real could hurt my family or me or our nation. It already has. And a lot of us are afraid.

I have an 80-something neighbor, who is also a friend. She wears her mask when required. She wants to stay safe. She follows the rules, because that's what good people do.

One night last week I was chatting with her outside. We were socially distanced, but I lost track of that and took a step toward her. When I realized my action, I apologized and asked her if I should step backward.

Her response was not what I expected.

"Oh, no," she said. "It's okay. We decided we aren't going to live in fear." (In the "we" she was referring to her husband.)

I silently applauded her courage. Choosing not to live in fear is nothing short of that – when you are nearly ninety and living in the midst of a pandemic.

Another neighbor, probably in her 70's, learned of my dad's passing and offered a hug. A real, live, genuine warm-bodied hug! I remembered the words of my other neighbor about refusing to choose fear and I thankfully returned the embrace of this dear friend.

I've contemplated fear in the last few weeks.

I feared going to the grocery store.

I feared my daughter going to the hospital to have her baby.

I feared (and avoided) going to a restaurant. It just wasn't worth the risk.

I feared the downfall of our economy.

I feared for those close to me who have lost their jobs.

I feared visiting my dad for what the pandemic could do to him or what it could do to my family and me. And then I lost him to non-COVID illness.

And more. There is much to fear if you let yourself go there. It's nearly impossible not to go there.

But, then there is my 80-something neighbor who has chosen a path that does not include fear (or at least not a path where fear is in control.)

I applaud her. I celebrate her. And, I've decided to emulate her. She is my role model.

Like her, I will follow the rules and the protocol. I want to keep everyone (everyone!) safe. I won't engage in behaviors that could potentially hurt others.

Still, I have made a conscious decision: I will not live in fear. Quite simply, I can't.

Living out fear long-term is a death sentence. Because death is, unfortunately, inevitable. We can't escape death – none of us. So whether is it COVID during a pandemic or heart attack during a pandemic, is there really a distinction?

No. But here is one distinction I believe we all should make: If we live in fear and die, we die in fear. If we continue to live, carefully, honestly and responsibly – but refuse the fear component – then we continue to live a quality life we all want, deserve and desire.

Stay safe, my friends. But deny fear as much as you can. It paralyzes. It harms. It hinders.

Fear is not the answer to this pandemic.

Take care out there.

Jill Pertler is an award-winning syndicated columnist, published playwright and author. Don't miss a slice; follow the Slices of Life page on Facebook.

Northwood Anchor Early Files

100 years ago

September 15, 1920

About 200 persons were present on Friday evening at the reception tendered for the new teachers of the Northwood schools. The reception was held in the high school building and was enjoyable to all. T.S. Hanson led in a community sing and short talks were made by several.

The Harvest Home Market Day of the Ladies Aid of the Gordonsville church will be held on September 23 in D.L. Bolton's store. Everybody is asked to bring something for the sale and their pocketbooks to buy something. Lunch will be served and a cordial invitation is extended to all to come and lunch with the ladies who are working so hard for the good of the community.

Kensett has been greatly saddened by the sudden death of Mrs. N.E. Thoen, wife of one of the leading merchants of that place. She was taken seriously ill at 9:30 last Friday evening and for 30 hours Dr. Sanders Dwelle of Northwood worked over her, but she passed away at midnight on Saturday.

A reception was held at the Methodist church on Monday evening in honor of the 25th wedding anniversary of Rev. And Mrs. W.A. Hanscom. A program suitable to a silver wedding anniversary was carried out and the good pastor and his wife were given cause to remember the day by a reminder in the form of a silver offering.

75 years ago

September 20 , 1945

Verle Herman, son of Mr. and Mrs. Ross Herman, who lives north of Gordonsville, and Ruth Rabe, the daughter of Mr. and Mrs. Harold Rabe, who live east of Gordonsville, were taken to the Kenny Institute in Minneapolis for treatment of infantile paralysis. In each case the victim was the second member of the family stricken, Bonnie Herman, sister of Verle, and Dorothy Rabe, sister of Ruth, having been taken to the Kenny Institute about two weeks before the later cases developed.

Melvin Wall, son of O.B. Wall, who for many years owned and operated a farm just north of Kensett, was fatally injured when the tractor he was operating went over a 10-foot embankment near the Wall farm two miles southeast of Albert Lea on the old Highway 65 route, where the family had lived since leaving Kensett. He died at the Naeve hospital in Albert Lea.

From details given by news releases in recent days it has been disclosed that Leo Eskildsen, fireman first class U.S. Navy, was a member of the crew of the U.S. Submarine Sculpin which was shattered by the Japanese off Truk in November 1943, and that he was one of the group of two officers and 40 men picked up and taken prisoners by the Japanese after the submarine sank.

Mrs. B.I. Carey and Mrs. Andrew Aase attended a meeting of county presidents of American Legion Auxiliary units and districts officers of the Auxiliary, held at Oelwein. At the meeting Mrs. Carey was installed as president of the Worth County Legion Auxiliary organization.

50 years ago

September 17, 1970

Members of the Northwood United Methodist Church held a mortgage burning service at the regular service. Attending the ceremony were Dr. Fred Miller, Des Monies, Doyle Boutelle, Myrl Stahl, Rev. Earl Josten, Ernest Walser, Clair Shaw and Dr. Trevor Baskerville, Mason City. The education unit was started in 1964 at a cost of over $100,000.

John L. Fistler, son of Mr. and Mrs. Kenneth Fistler, Manly, was inducted into the Army on August 27 at Des Moines. He is receiving basic training at Ft. Leonard Wood. Missouri. The Worth County Selective Service board has received a September draft call for one man.

New officers of G.N. Haugen chapter of Teen Age Republicans are Kathy Hanson, president, James Iverson, vice president, Dana Bonker, secretary, and Louis Thompson, treasurer. They plan to attend the Third District TAR convention to be held in Clear Lake on Saturday.

Three gentlemen all had something in common. George Stoecker, Carl Urdahl and John Lange had lunch together at the Lange home on Tuesday to observe their 90th birthday anniversaries. The date of their birthdays are different but occur within a few months. To further honor Mr. Lange, a coffee will be served at his home from 3 to 5 p.m.

Six Osage lettermen will oppose the Northwood Vikings at the first NIC game of the season, here. Tom Fish, Dennis Lack: Stevie Eidness, Kim Heiden, Barry Gaarder and Mike Chishom. The Vikings will field nine lettermen for the 8 p.m. game.

25 years ago

September 20, 1995

The old Fertile Mill was flanked by the greenery of oaks and ash trees as it basked in the late summer sun. But North Iowa's days are growing shorter and its nights are growing cooler, which means the old southwestern Worth County landmark, the Winnebago River and William Rhodes Island Park across the river from the mill will soon bask in the browns, reds and golds of autumn's annual glory.

Storyteller Kris Meyer had the full attention of Northwood-Kensett's kindergarteners during her three-day visit here as artist in residence. Meyer shared her tale-telling gifts with N-K elementary, junior high and high school students.

Matthew D. Throng, son of Dale and Kathy Throng of Northwood, has qualified as a semi-finalist in the 41st annual National Merit Scholarship Program. Throng, 17, is a senior at Northwood-Kensett High School and expects to graduate in January. Besides his regular classes at N-K, he is taking post-secondary evening courses in macro-economics and sociology at North Iowa Area Community College in Mason City this semester.

Northwood-Kensett defensive back Kyle Jaspers (22) moved toward the action as teammate Rob Pixley (72) knocked the ball loose from a Sheffield-Chapin/Meservey-Thornton ballcarrier. The third-quarter fumble was the only one of the three Spartan bobbies that the Vikings didn't recover.

10 years ago

September 22, 2010

Worth Joining Generations is always well-represented in the Founders Day lamppost decorating contest. They once again received first place in the competition, thanks to the decorating efforts of Rose Fredericks. The group is appreciative of the $100 prize they won for the effort.

Former one-room school teachers gathered for a special event on Founders Day. Teachers include Lillian Seuser Loland, Dorothy Carlson Perkins, Eldora Lau Holstad, Blanche Johnson Hogan, Dorothy Opkis Sherrard, Ruby Citurs Harmon, Ruth Schaub Robb, Irma Seuser Perkins, Beulah Holland Bohl, Carol Groe Willand and Dorothy Anderson Hanna.

Bolanites traveled in the footsteps of the Louis and Clark expedition. Reaching the Pacific Ocean were Linda Nydegger, Cole Willert, Lori Willert and Kelsie Willert.

The Northwood Lutheran Therapy Clinic was given an egg plant by one of their patients. It started growing around April 20. Beatrice, the eggplant, is now 35 inches tall and it has 22 eggs. Beatrice had more purple eggs when she was first planted, but now they have turned yellow, most likely due to the colder weather, according to Joanne Moretz, the clinic coordinator.

Students in elementary classes took part in a variety of activities meant to to encourage them to read. It was a part of the monthly themed day of reading. The theme was "Run Into a Good Book."



Democratic meet and greet

The local Democratic candidates for the state legislature welcomed the community to a meet and greet held in Bosworth Park in Manly last Thursday night. Pictured are Deb Scharper (left), running for Iowa Senate District 26, and Jane Podgorniak, running Iowa Representative District 51. The park was chosen for the scenery and to make it easier for all involved to remain socially distant while speaking with the candidates.

Worth Brewing plans Oktoberfest in Northwood

Worth Brewing Company in Northwood has announced its plans for a safe and relaxing Oktoberfest celebration from noon to 9 p.m. on Saturday, September 26.

The brewery's most popular fest of the year will take place on two levels and will focus on food, family and fest beers.

David and Fallgatter's grocery in Northwood will make Worth Brewing Potato Fest Brats, which will headline a meal including German spaetzle and red cabbage. Handmade candied cinnamon almonds will be available as well.

Worth will tap its final keg of Herbstfreude Oktoberfest Lager at noon. In addition, imported Ayinger Oktoberfest from Munich and Mahr's unfiltered lager from Bamberg, Germany, will complete the festbier menu.

The celebration is inside this year, with lots of seating options. The brewery will have staff at the door to help find a great spot for friends and family. Seating will be available in the Tap Room, Snug party room, Speakeasy Lounge, Bee Hive Ballroom and the outdoor biergarten.

The 65 and older population grows rapidly as baby boomers age

The U.S. Census Bureau has released estimates showing the nation's 65-and-older population has grown rapidly since 2010, driven by the aging of Baby Boomers born between 1946 and 1964.

The 65-and-older population grew by over a third (34.2% or 13,787,044) during the past decade, and by 3.2% (1,688,924) from 2018 to 2019.

The growth of this population contributed to an increase in the national median age from 37.2 years in 2010 to 38.4 in 2019, according to the Census Bureau's 2019 Population Estimates.

"The first Baby Boomers reached 65 years old in 2011," said Dr. Luke Rogers, chief of the Census Bureau's Population Estimates Branch. "Since then, there's been a rapid increase in the size of the 65-and-older population, which grew by over a third since 2010. No other age group saw such a fast increase. In fact, the under-18 population was smaller in 2019 than it was in 2010, in part due to lower fertility in the United States."

In 2019, over half (29) of the states had a median age older than 38.4 years, including all nine states in the Northeast. Eleven states were in the South, six were in the Midwest, and three were in the West. Since 2010, the nation's under-18 population declined by 1.5%, from 74,182,279 to 73,039,150.

In 2019, one in five people in Maine, Florida, West Virginia and Vermont were age 65 or older. Maine had the largest share (21.2%) of population in that age group, followed by Florida (20.9%), West Virginia (20.5%) and Vermont (20.0%). Utah had the lowest percentage (11.4%) of population age 65 and older followed by Washington, D.C. (12.4%), and Alaska (12.5%). Utah also had the lowest median age (31.3 years) in 2019, up 2.1 years from 29.2 in 2010. North Dakota was the only state whose median age declined (1.7 years) between 2010 and 2019. In 2019, North Dakota's median age was 35.3 years.

Of the 3,142 counties in the United States in 2019, 57.3% (1,799) had a median age between 40.0 and 49.9 years; 34.2% (1,076) had a median age between 30 and 39.9; 6.8% (215) had a median age 50 or older; and 1.7% (52) had a median age younger than 30 years. Between 2010 and 2019, the median age increased in 83.2% (2,614) of counties. During this period, the median age dropped in 15.9% (500) of counties and stayed the same in 28 or 0.9% of counties. In 2019, Sumter County, Florida, had the highest median age (68.1 years), and Madison County, Idaho, had the lowest median age (23.3 years).

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Northwood Anchor

Legal

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
CASE NO. ESPR009226
NOTICE OF PROOF OF WILL WITHOUT ADMINISTRATION

IN THE MATTER OF THE ESTATE OF LOIS J. JULSETH, Deceased.

To All Persons Interested in the Estate of Lois J. Julseth, Deceased, who died on or about August 10, 2020:

You are hereby notified that on September 1, 2020, the last will and testament of Lois J. Julseth, deceased, bearing date of October 30, 2004, was admitted to probate in the above named court and there will be no present administration of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Dated September 9, 2020.

Patricia Irons
Clerk of Court/Designee,
Proponent

John H. Greve
ICIS#: AT0001969
Greve Law Office
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Attorney for the Executor

Date of second publication 23rd day of September, 2020.

38-2t

Supervisors

September 8, 2020
Thirty-seventh Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Kenneth J. Abrams and Mark Smeby present.

Electronic public access was made available by computer or telephone via Zoom.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Abrams and Smeby. Nays: none. Abstentions: none. Absent: none.

Motion by Smeby, second by Abrams, carried to approve the September 8, 2020 agenda.

Motion by Smeby, second by Abrams, carried to approve the August 31, 2020 board minutes.

Motion by Smeby, second by Abrams, carried to approve claims in the amount of $608,982.36 as per the following schedule:

A & I Auto Body Inc
Service-Eng 3,420.97
Aaron Stevens
Safety-Eng 150.00
Albert Lea Newspapers Inc
Service-Shf 133.30
Alliant Energy
Service-Gsr 5,829.98
Ameripride Services Inc
Service-Eng 190.66
Bell's Fire Stop Inc
Service-Eng 27.00
Black Hills Energy Inc
Service-Eng 69.88
Bmc Aggregates Llc
Rock-Eng 126.52
Bomgaars Supply, Inc
Supplies-Con 189.99
Brian Lund
Mileage-Gsr 25.30
Canadian Pacific Railroad Co
Rent-Con 50.00
Carquest Auto Parts Inc
Parts-Eng 1,151.79
Cemstone Concrete Materials, Llc
Supplies-Eng 21,353.76
Central Ia Detention
Service-Juj 865.00
Centurylink
Service-Eng 53.52
Cerro Gordo Co Auditor
Service-Juj 1,631.89
Cerro Gordo County Relief
Service-Soc 270.00
Chad Helmers
Safety-Eng 150.00
City Of Joice
Service-Eng 82.05
City Of Kensett
Service-Eng 49.20
City Of Manly
Service-Eng 60.67
City Of Northwood
Service-Gsr 568.51
Cnh Capital Prod Plus Account, Supplies-Con 1,356.55
Culligan Of Mason City
Service-Gsr 78.05
Dana Young
Service-Mex 50.00
Falkstone Llc
Rock-Eng 1,560.18
Forest City Ford, Inc
Vehicle-Shf 41,814.00
Frank Dunn Company
Supplies-Eng 799.00
Green Canopy Inc
Service-Con 440.00
Greve Law Office
Rent & Payroll-Aty 6,035.00
Grp & Associates Inc
Service-Phd 36.00
Heartland Asphalt Inc
Supplies-Eng 347,336.19
Heartland Paper Company
Supplies-Gsr 498.15
Henry M. Adkins & Son Inc.
Supplies-Aud 236.26
Hogan Bremer Moore Col Chapels
Service-Soc 2,320.00
Huber Supply Co Inc
Supplies-Eng 481.16
I35/105 Welcome Center Inc.
H/M Tax-Ndp 2,455.43
Ia Dept Of Transportation
Supplies-Con 2,085.55
Ia Prison Industries
Supplies-911 ..... 1,475.60
Imwca
Wk Comp Prem-Ins 12,277.00
Intoximeters, Inc
Supplies-Shf 115.00
Iowa State Fire Marshal Division, Fee-Eng 80.00
Itsavvy Llc
Supplies-Dap 80.00
J&L Autobody And Customs Llc, Service-Shf 160.00
Jacob Hanson
Reimb-Trs 106.34
Jennifer Krull
Service-Aty 24.00
Joe's Collision & Performance Inc, Service-Shf 118.97
Kelsey A Beenken
Service-Aty 46.00
Lair's 66, Fuel-Eng 20.00
Lawson Products Inc
Supplies-Con 518.23
Major Erickson Funeral Home, Service-Mex 530.00
Marco Technologies Llc
Service-Dap 81.55
Martin Marietta Materials Inc, Rock-Eng 1,348.54
Mason City Rentals, Llc
Supplies-Eng 1,010.61
Matt Parrott/Storey Kenworthy, Supplies-Aud 633.49
Mediacom
Service-Gsr 229.95
Medline Industries Inc.
Supplies-Phd 344.57
Midwest Wheel Companies Inc, Supplies-Eng 614.79
Nelson Family Trust
Rent-Shf 300.00
Next Generation Technologies Llc, Service-Dap .. 200.00
No Wait Inside, Llc
Service-Dap 30.70
North Iowa Reporting
Service-Aty 125.00
Northwood Electric Inc
Service-Eng 191.98
Northwood Sanitation Llc
Service-Gsr 191.50
Pathology Assoc Of Mason City, Service-Mex 250.00
Plunkett's Pest Control Inc
Service-Gsr 176.80
Popp Farm Drainage
Service-Eng 751.30
Powerplan
Supplies-Eng 1,044.75
Quill Corporation
Supplies-Phd 4.46
Ram Systems
Service-Phd 720.00
Rognes Bros Excavating Inc
Service-Eng 909.00
Scp, Supplies-Eng 206.80
Shred Right
Service-Phd 84.47
Tempus Nova, Inc
Service-Dap 7,980.00
Trading Post
Supplies-Eng 317.99
Treasurer State Of Iowa
Fee-Juj 422.00
Tyler Technologies Inc
Service-Dap 47,007.00
U S Postal Service
Postage-Aty 125.00
Veenstra & Kimm, Inc
Service-Ndp 7,599.03
Ver Helst Snyder Drug
Supplies-Aty 8.86
Verizon Wireless
Service-Shf 1,363.36
Vessco, Inc.
Supplies-Wat 41.03
Visa, Service-Con 361.95
Visa, Service-Dap 1,199.05
Von Bokern Associates Inc.
Service-Shf 1,000.00
Wex Bank
Service-Tra 1,164.34
Winnebago Coop Telephone Assn, Service-Gsr 3,128.35
Winn-Worth Betco
H/M Tax-Ndp 3,683.14
Worth Co Historical Society
H/M Tax-Ndp 2,455.43
Worth County Fair
H/M Tax-Ndp 3,683.14
Worth County P H Petty Cash, Postage-San 56.25
Worth County Treasurer
Taxes-Con 2,514.00
Wunsch Construction Inc
Service-Ndp 54,142.40
Ziegler Inc
Parts-Eng 1,697.13
Grand Total 608,982.36

Motion by Smeby, second by Abrams, carried to approve the monthly sheriff's report.

Motion by Smeby, second by Abrams, carried to approve payroll eligibility verification for Isaac Hovey at $22.88/hour and Adam Mittag at $22.88/hour as submitted by secondary roads department.

Motion by Smeby, second by Abrams, carried to approve tax abatement for parcel #s 01-32-400-006 & 01-33-300-007 per the assessor's office and 01-13-200-004, 01-13-200-002, 02-18-100-001, 02-18-100-002, 02-32-100-014 and 03-32-226-030 for exempt properties charged in error.

Motion by Smeby, second by Abrams, carried to approve the radio logger agreement between Worth County, Iowa and the Clear Lake, Iowa Police Department.

Motion by Smeby, second by Abrams, carried to appoint Jeff Gorball as interim Planning & Zoning Administrator.

Motion by Abrams, second by Smeby, carried to adjourn at 9:16 A.M. The next meeting of the Board of Supervisors will be Monday, September 14, 2020 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

Northwood-Kensett School

The Northwood-Kensett Board of Directors met in a Regular Meeting on Thursday, September 10, 2020 in the Secondary Media Center at 7:00 P.M.

Members present: Larry Hovey; John Anderson, Roger Harris, Cindy Pangburn; Susan Kliment

Members Absent: none

(5-0) Approved the agenda; August 13th regular meeting minutes; Financial Reports for August; September bills for payment

Reports

Elementary Principal: 1) Elementary Open House has been cancelled due to COVID restrictions 2) Homecoming activities will include dress up days; bike decorating; youth football players in parade 3) Elementary food pantry is going back to prepackaged sacks of food for students. An open pantry for families is suspended due to COVID 4) FAST testing is scheduled for Sept 9-11 which will also include our online learners

Secondary Principal: 1) 24 students taking a total of 55 concurrent enrollment and PSEO classes from NIACC and Waldorf. 4 students are involved in ½ day trades programs at NIACC 2) early enrollment count down 1 student at the secondary 3) Homecoming Oct 2; activities to be held with COVID modifications include dress up days, class competitions, parade, dance, powder puff game, coronation and jersey auction; Booster Club Breakfast and student visits to elementary will not be held due to COVID restrictions

Superintendent: 1) Preliminary enrollment numbers for students in seats is down 7 and certified enrollment may be down a bit 2) School nutrition program will be moving to a Summer Food Program Sept 14 thru Dec 31 or until funds are depleted. There will be no charge to students for breakfast and lunch. Ala carte items available at regular prices

School Board: 1) Next regular board meeting scheduled for October 8 at 7:00 pm 2) IASB Delegate Assembly is Nov 17 with virtual Convention Nov 18-19 3) Financial audit field work completed on Sept 9-10

Old Business

1) Viking Activity Center: Not awarded Enhance Iowa Grant, but are amending the application by reducing the cost of facility by approx. $300,000 by taking out glass front of building, using current weight equipment, do landscaping ourselves. Bradley Christianson gave an update regarding recent donations received by the fundraising committee. By the time we present again in October, expect to fill the $250,000 fundraising gap

MMSP (5-0) by Directors Pangburn and Kliment to approve Atura Architecture to proceed with preparing construction, mechanical, electrical documents and preparing documents for bids

2) Transportation Facility: discussion continues with the city about construction of road and possible land swaps. Once these details are worked out, bid documents will be prepared.

3) COVID-19 Issues:

MMSP (5-0) by Directors Harris and Anderson to amend our mask policy to allow removal of masks inside buildings if six foot physical distancing is possible, and teacher/supervising employee allows it; allow removal of masks during outside recess

New Business

(5-0) Approved the second reading board policy 106 Title IX-Discrimination and Harassment Based on Sex Prohibited

(5-0) Approved the continuation of the Worth County Conservation Board Naturalist Program for a cost of $3800

(5-0) Appointed the Secondary Principal as the Superintendent's designee for Juvenile Court Records

IASB conducted a School Improvement Needs Assessment in February 2020;

Components included: goals and priorities, leadership and teamwork, student achievement, standards and expectations, assessment system, classroom instruction, professional development, parental involvement and satisfaction. Those surveyed included; 1 administrator, 1 board member, 25 teachers, 11 other staff members, 94 parents/community members, 68 students

Discussion only and no action needed.

(5-0) Approved the bus routes as presented for the 2020-21 school year

(5-0) Accepted the resignation of Amy Rollene as elementary associate for the 2020-2021 school year

(5-0) Accepted the resignation of Hayley Buechele as preschool associate for the 2020-2021 school year

(5-0) Approved Renee Ring as elementary special education associate at $12.00 per hour for the 2020-2021 school year

(5-0) Approved Taylor Kramer as secondary special education associate at $11.50 per hour for the 2020-2021 school year

(5-0) Approved Makayla Tucker as elementary special education associate at $11.00 per hour for the 2020-2021 school year

(5-0) Approved Riki Mickelson as elementary special education associate at $11.00 per hour for the 2020-2021 school year

(5-0) Approved Elizabeth Virchow as assistant cook at the secondary at $13.00 per hour for the 2020-2021 school year

(5-0) Approved Chantelle Rollene as assistant cook at the elementary at $13.00 per hour for the 2020-2021 school year

(5-0) Approved Ron Dodd as JH football coach at $1,542.31 for the 2020-2021 school year

(5-0) Approved Rose Hansen as elementary special education associate at $11.50 per hour for the 2020-2021 school year

(5-0) Approved the following nutrition wage hourly adjustments: Amy Hennigar $0.50; Tami Hanson $0.25; Amanda Manning $0.25 and additional $0.50 for change to head cook at the secondary

(5-0) Adjourned the meeting at 8:04 pm

Northwood-Kensett CSD
9/10/20

A & I AUTO
inspections/repairs 3,770.61
A1 Storage
rental 268.00
AHLERS & COONEY
legal services 180.00
AIRGAS, SUPPLIES . 340.76
All Star Pest Control
pest control 75.00
ALLIANT ENERGY
ELECTRICITY 12,873.34
Amazon, SUPPLIES 7,950.57
APPLE, SUPPLIES 1,364.00
Batteries Plus
supplies 936.00
BLAZEK ELECTRIC
annual fee 300.00
CAROLINA BIOLOGICAL SUPPLY CO
supplies 448.84
CARQUEST
SUPPLIES 309.98
CENTRAL LOCK SECURITY, lock service 26.00
Central Rivers AEA
supplies 293.12
City Laundering
supplies 3,005.55
CITY OF NORTHWOOD
water/sewer 1,133.07
Crisis Prevention Institute
training 1,162.50
D&D Sales
supplies 27.00
Dance Sophisticates
supplies 1,248.00
DEMCO, SUPPLIES.. 199.20
DES MOINES REGISTER
subscription 10.69
Director's Assistant
supplies 614.00
DOLLAR GENERAL
SUPPLIES 5.35
EDGENUITY
software 19,250.00
EDUCATORS BENEFIT CONSULTANTS
Flex Plan 125.00
EMS DETERGENT SERVICES, SUPPLIES 78.00
FALLGATTER'S
SUPPLIES 69.12
Free Spirit Publishing
supplies 227.48
GEYER INSTRUCTIONAL PRODUCTS
SUPPLIES 184.86
GOPHER
SUPPLIES 1,613.77
GREAT LAWN SERVICES
LAWN CARE 120.00
Hansen, Joleen
reimb supplies 21.00
Hartman, Steve
reimb supplies 45.00
HOGLUND BUS CO
parts 311.77
HOVEY'S LAWN AND GARDEN
LAWN CARE 2,500.00
IA ASSOC OF SCHOOL BUSINESS OFFICIALS
registration 125.00
IA PRISON INDUSTRIES
furniture 386.12
Ia Water Management Co
boiler service/supplies 640.00
JOSTENS, supplies.... 735.84
Kaplan Early Learning Co
supplies 222.68
Kelly Hardware
SUPPLIES 459.10
Kessel, Michael
reimb supplies 141.10
Koenig, Nikkole
reimb supplies 139.95
LAKESHORE LEARNING MATERIALS
SUPPLIES 4,595.38
LARSEN PLUMBING & HEATING
installation 1,008.94
LEARNING A-Z
SUPPLIES 115.45
LRI Graphics & Signs
supplies 2,129.78
MARCO PRODUCTS
SUPPLIES 148.26
Marco Technologies
COPIES 111.63
MARTIN BROTHERS
supplies 6,564.93
MASON CITY GLASS
supplies 400.50
McCloskey Appliance
appliances 1,400.00
Mick Gage Plumbing & Heating, repairs 522.66
MIDWEST COMPUTER PRODUCTS
SUPPLIES 621.00
MIKE'S AUTOMOTIVE
REPAIRS 311.50
Mohawk, supplies ... 2,079.61
Moretz, Casson
reimb supplies 6.38
Moving Minds
supplies 210.37
Musician's Friend
SUPPLIES 14.99
N-K DISTRICT OFFICE
reimb petty cash 18.40
NASCO, SUPPLIES 1,900.78
NIACC Book Zone
CCE books 2,769.20
NIACC Continuing Ed Dpt
registrations 540.00
Nitcher, Kent
reimb postage 19.25
NORTHWOOD ANCHOR
PUBLICATION 516.09
NORTHWOOD CHIROPRACTIC, physical 100.00
NORTHWOOD ELECTRIC
ELECTRICAL SERVICES 837.38
NORTHWOOD SANITATION, garbage 610.00
Odegaard, Kimberly
reimb supplies 89.98
OFFICE ELEMENTS
SUPPLIES 1,731.77
TRADING POST
supplies 27.55
One Source Background Check Co
background checks ... 324.50
ORIENTAL TRADING CO
supplies 339.75
OVERHEAD DOOR CO
repairs 125.00
Palos Sports, supplies .. 96.27
PERMA BOUND BOOKS
BOOKS 1,202.24
Pioneer Valley Books
supplies 671.65
REALLY GOOD STUFF
SUPPLIES 424.59
Rieman Music
supplies/instruments 6,028.10
SAE Foundation
supplies 245.00
SCHOLASTIC
supplies 38.15
SCHOOL HEALTH CORP
supplies 261.63
SCHOOL SPECIALTY
SUPPLIES 4,021.43
Signup.com, software ... 99.00
Smalley, Jordan
reimb supplies 132.48
Staples, supplies 2,670.76
Symmetry Energy Solutions
natural gas 247.97
TEACHER DIRECT
SUPPLIES 449.64
TEACHER'S DISCOVERY
SUPPLIES 56.48
Tech to School
equipment 7,980.00
Ubben, Colette
reimb supplies 157.63
US TOY CO
SUPPLIES 1,476.23
VER HELST DRUG
SUPPLIES 20.98
Waldorf Univ
tuition 1,250.00
WALMART
SUPPLIES 459.75
WCTA
phone/internet service 948.88
WORTH CO CONSERVATION BOARD
NATURALIST PROGRAM. 3,800.00
WORTH CO ENGINEER
diesel/gas 315.41
Worth Lumber Co
supplies 35.64
Fund Number 10 . 127,218.31
Checking Account ID
Ellsworth Community College, scholarship 500.00
Kansas State University
scholarship 500.00
NIACC, scholarship 1,000.00
NORTHEAST IOWA COMMUNITY COLLEGE
scholarship 500.00
Riverland Community College, scholarship 500.00
Fund Number 81 ..... 3,000.00
ANDERSON, STEVE
official 70.00
BECKER, TREY
official 105.00
Caffrey, Dan, official .. 105.00
CENTRAL SPRINGS CSD
entry fee 90.00
DAHLE, TONY
official 140.00
DECKERS, supplies... 220.45
Dingman, Hunter
official 105.00
Dunn, Tom, official 70.00
FALLGATTER'S
SUPPLIES 143.60
Fierova, Thomas
Official 210.00
GARNER-HAYFIELD-VENTURA CSD, entry fee. 100.00
HENN, GREGORY
official 105.00
Home Depot
supplies 453.99
Hudl, fundraiser 2,700.00
IA HS MUSIC ASSOC
membership 25.00
IA HS SPEECH ASSOC
membership 50.00
IA SPORTS SUPPLY CO
uniforms 1,520.00
Jackson, Ashley
choreography 650.00
KING, DION
official 140.00
LAKE MILLS CSD
entry fee 90.00
LANG, MATT
official 140.00
LASHER, LANCE
official 130.00
Lion Shop, supplies . 1,160.95
MATH COUNTS FOUNDATION, registration 30.00
MEINDERS, DAVE
official 115.00
MOINE, MARK
official 105.00
Newman Catholic School
entry fee 80.00
North Ia Officials Assoc
official assignments . 600.00
OSAGE CSD, entry fee 80.00
Pavlovich, Jeff
official 130.00
Pepsi, beverages 393.21
PEARCE, BRIAN
official 280.00
Rieman Music
supplies 2,675.75
RUSTAD, DUANE
official 140.00
SLATOR, JASON
official 230.00
Staudt, Steve
official 175.00
SULLIVAN, TOM
official 70.00
SUNTKEN, CHRIS
official 70.00
SWYTER, TIM
official 70.00
Tesar, Mark
official 135.00
Thein, Trevor
official 105.00
Thorson, Megan
reimb supplies 125.44
TREES, ERIC
official 105.00
TROPHIES PLUS
supplies 174.85
Varsity, supplies 847.50
WEST FORK CSD
entry fee 100.00
WOOLDRIDGE, KARL
official 220.00
Yakle, Jerry
official 70.00
Fund Number 21 ... 15,650.74
LARSEN PLUMBING & HEATING
repairs 764.18
OVERHEAD DOOR CO
repairs 766.20
Security & Communication Professionals
repairs 525.00
Fund Number 33 ..... 2,055.38
Marco, copier lease.. 1,148.48
School Bus Sales
school bus 110,403.00
Fund Number 36 . 111,551.48
ANDERSON ERICKSON DAIRY, MILK 1,476.55
Cochran, Heather
refund 9.00
EMS DETERGENT SERVICES
SUPPLIES 806.70
GOODWIN TUCKER GROUP, repairs 1,107.00
Kelly Hardware
SUPPLIES 6.77
MARTIN BROTHERS
food/supplies 7,172.14
Obregon, Rosa or Juan
refund 9.00
PAN-O-GOLD BAKING
BREAD 385.43
Payton, Kamile or Mauriel
refund 9.00
Renfrow, Chalmette
refund 62.30
Staples, supplies 91.74
Fund Number 61 ... 11,135.63

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
CASE NO. ESPR009228
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF MATTHEW RYAN ADAMS, Deceased.

To All Persons Interested in the Estate of Matthew Ryan Adams, Deceased, who died on or about July 8, 2020:

You are hereby notified that on September 3, 2020, the last will and testament of Matthew Ryan Adams, deceased, bearing date of July 9, 2019, was admitted to probate in the above named court and that Lori Adams was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated September 3, 2020.

Lori Adams
19 Western St. N.
Joice, IA 50446-8069
Executor of the Estate

Brian J. Lalor
Wandro & Associates, P.C.
2501 Grand Ave.
Des Moines, IA 50312
Attorney for the Executor
Attorney for the Executor

Date of second publication 23rd day of September, 2020.

38-2t

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m.
Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

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For All Your Dental Needs
We Welcome New Patients!
Mon. 8 a.m. - 8 p.m.
Tues., Wed. & Fri. 8 a.m. - 5 p.m.
Monday Evenings • Some Saturdays
Emergency Appts.
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206 E. Main St.
Lake Mills, IA 50450
641-592-1100

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Wed. 8 a.m. - 5 p.m., Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - 4 p.m.
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

Legal

City of Kensett

The Kensett City Council meet in regular session 8/10/20 at 7:00 P.M. at City Hall with Mayor C. Pulju presiding. Council Members present were Woltzen, Heiken, & Douglas.

Absent: Pilkington & Parker.

Visitors: Richard Bauer – city maintenance.

Mayor called meeting to order.

Motion to approve agenda by Woltzen, 2nd by Douglas, carried unanimously.

Motion to approve minutes by Heiken, 2nd by Woltzen, carried unanimously.

Maintenance discussed water issues.

Clerk discussed possible vacation, water issues and general correspondence.

Old Business: Handled at public forum.

New Business: Motion by Woltzen, 2nd by Douglas to approve the Kensett Community Center as a permanent voting site for Worth County, carried unanimously.

Motion to approve Resolution #595 – Special Assessment for 212 Walnut by Woltzen, 2nd by Douglas, roll call vote taken, carried unanimously.

Motion to approve Resolution #596 – Transfer of Funds from Water Fund of $1505.50 to General Fund for FY 2021 Budget for Maintenance Purposes made by Woltzen, 2nd by Douglas, Roll Call Vote taken, all ayes, carried unanimously.

Motion to approve Resolution #597 – Transfer of Funds from Contingency Fund of $11,815.00 to General Fund for FY 2021 Budget for Maintenance Purposes made by Woltzen, 2nd by Douglas, Roll Call Vote taken, all ayes, carried unanimously.

Motion to approve Resolution #598 – Transfer of Funds from Contingency Fund of $155.00 to General Fund for FY 2021 Budget for Maintenance Purposes made by Woltzen, 2nd by Douglas, Roll Call Vote taken, all ayes, carried unanimously.

Motion to approve Resolution #599 – Transfer of Funds from Contingency Fund of $5300.00 to General Fund for FY 2021 Budget for new lawnmower made by Woltzen, 2nd by Douglas, Roll Call Vote taken, all ayes, carried unanimously. Heiken abstained due to conflict of interest.

Treasurer's Report: June 2020 Revenues by Fund: General 12,963.64, Utilities 6,120.83, Special 6,060.47. Total Revenues: $25,144.94. Stands approved as read.

Motion to pay bills by Heiken, 2nd by Douglas, carried unanimously.

Payable: Alliant Energy 1730.82, WCTA 282.85, B. Luckason 283.64 (net), S. Overy 510.06 (net), R. Bauer 1770.71 (net), L. McNally 1456.18 (net), Federal & SS 1482.82 (payroll), Ipers 886.25 (payroll), H. Thompson 250.00 (service – water & general), Sales Tax 445.00 (general 3.92, sewer 26.08, water 415.00), VISA 80.85 (IDrive & fees – general), T. Rollene 2175.00 (mowing – general), Post Office 186.60 (stamps – general), Peg Legs 390.00 (license refund), Ag Source 25.50 (water test), Kensett Water 100.50 (sewer fees), L. McNally 52.78 (mileage – general), Waste Management 1,379.20 (garbage & recycling), C. Pulju 184.70 (net), KFD 400.00 (fire protection), Tractor Loan Payment #18 – 321.98 (casino $ – general), D & L Equipment 5300.00 (mower – general), R. Bauer 38.51 (supplies – general), R80 104.01 (gas – road use), NPDES permit 210.00 (sewer), Iowa One Call 18.00 (service – water & sewer), Hydrite 460.35 (chemicals – water), Central Tank 1500.00 (service – water), Green Canopy 180.00 (service – general), Bice Electric 11815.00 (service – general), MK Service 66.00 (supplies – general), Thofson Plumbing & Heating 1555.00 (service – general), Baker & Taylor 170.85 (books), Staples 692.98 (supplies), Culligan 4.70 (supplies), A. Bergdale 84.00 (service), Tab Computers 130.00 (service), S. Overy 13.92 (mileage).

Disbursements by Fund: General 8,815.20, Special 1,197.28, Utilities 3,422.39, Payroll 8324.46 (gross).

Total Disbursements: $20,662.88.

Motion to adjourn by Douglas, 2nd by Woltzen, carried unanimously.

Lori J. McNally,
CMC, City Clerk
Corey Pulju, Mayor

Bolan

This coronavirus is a real bummer! This has gone on way too long.

This coming Sunday, September 20, our Trinity UMC of Bolan was to celebrate its 125 years. We had already invited the former pastors back in February. Then the COVID-19 hit. We shall have a celebration in 2021.

In the meantime, on this coming Sunday the worship service of Bethel/Trinity being held at the Bethel parking lot at 9 a.m. will have music by Trinity church family members. There will be pictures from the past and current church family members streamed throughout the service. You can see this on Bethel of Manly Facebook at 10:30 a.m. Plus you are able to hear the service on 97.1 FM radio at 11 a.m. So there will be a bit of a celebration of this special event. This is good.

Green Shamrocks 4-H Club meets

The Green Shamrocks meeting was held on September 9, 2020. Seven members attended the Green Shamrocks September meeting.

Kamryn Backhaus brought the meeting to order. Pledges and roll call were performed. Treasurers report was read by Kamryn B.

Old Business: Thank you to the girls who helped with the Relay for Life car cruise.

New Business: Discussed different ways to have meetings during pandemic. Possible polls being done for ideas. Thoughts about our annual spaghetti supper. New fundraiser ideas. Zoom meetings that will be available. Record books due at the end of November.

A motion to adjourn meeting was made by Marli B. and second by Kamryn B.

Reporter,
Sophia Butler

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GARAGE SALE: 1212 Marks Hill Road, Northwood. Watch for signs! **Friday, Sept. 25, 4-7 p.m. & Saturday, Sept. 26, 8:30**

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Police Officer: Lakes Area Law Enforcement Employment Coop is establishing an eligibility list for current and future law enforcement openings in beautiful Iowa Great Lakes Area. Coop consists of Armstrong, Arnolds Park, Emmetsburg, Estherville, Lake Park, Milford, Okoboji, Spencer, Spirit Lake Police Departments and Clay and Dickinson County Sheriff's Offices. At time of application, candidates must meet State Requirements for Law Enforcement Employment. Applicants currently ILEA certified are allowed lateral transfer. Applicants without certification are required to pass P.O.S.T. and physical agility exams. Successful applicants are eligible for employment by all agencies. For application details contact Dickinson County Sheriff's Office, 712-336-2793, any Coop Agency, or website ww.dickinsoncountysheriff.com Testing Dates are October 16 & 17, 2020; Milford, Iowa, Application deadline is October 2, 2020, at 4:00 PM EOE

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POSITION OPENING
The Worth County Assessor's Office is seeking to fill a Full-time Appraisal Clerk position.
- Candidate must have excellent written and verbal communication skills. Strong organizational skills and demonstrate attention to detail.
- Must have the ability to understand, empathize, work with and be considerate of taxpayers and fellow office staff.
- Applicant must be a self-starter and be willing to learn new skills and take on new responsibilities as knowledge is learned within the office.
- Knowledge of Microsoft Office, Microsoft Excel and Computer skills is required. Experience in Camavision and GIS software is preferred but willing to train.
- Knowledge of legal descriptions, real estate, basic accounting skills and office management procedures are preferred but willing to train the right person.
- May be asked to carry out part-time field duties by making visual checks and gathering of information on property throughout Worth County. A valid drivers license is required.

Wage is negotiable depending on background and experience.

Application forms are available at the
Assessor's Office, 1000 Central Ave, Northwood or the Worth County Website www.worthcounty.org

Send completed application, resume and cover letter to the Assessor's Office
cindy.thompson@worthcounty.org

Application cut-off is Friday, October 16, 2020.
Position start date will be Monday, January 4, 2021.

POSITION OPEN
Worth County Secondary Roads Department will be accepting applications for a Full-Time Maintenance position.

Full job description and applications can be picked up at the
Worth County Engineer's Office
1000 Central Ave., Northwood, Iowa
or online at www.worthcounty.org.

Applications will be accepted until 12:00 p.m. CST on September 25, 2020.

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Founders Day Events



Citizen of the Year - Luthern Retirement Home staff







Baby Competition winners: ages six months to 12 months; Chubby Cheeks Chandler Hulshizer, Pretty Eyes Kolt Nitcher and Most Hair Beau Davis





Baby Competition winners: ages 12 months to 18 months; Chubby Cheeks Piper Linchman and Pretty Eyes Emersyn Schaub



Many started off Founders Day with a breakfast of pancakes at the VFW.

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