The Northwood Anchor

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Briefs

WCSO seeks winter clothing donations

The Worth County Sheriff's Office is looking for help to keep students warm this winter.

The WCSO is looking for donations of new hats, mittens, snow pants and scarves, for use by students of all ages at Central Springs and Northwood-Kensett schools, who may not be able to afford adequate winter clothes.

Limited holiday kick off set for December 5

With Christmas on the way, the Northwood Chamber of Commerce is once again planning for a kick off to the holiday season. While the lighted parade will return, other events have been canceled due to safety concerns.

Northwood's downtown Central Park will once again be the festive sight of year's past, with Santa's Village away from home returning.

However, Santa himself won't be welcoming kids from his small home there. Instead, plans are to have Santa greet young people in the shelter house in Swensrud Park, weather permitting. Santa and Mrs. Claus will dress in more arctic attire and the fireplace will be lit for the visitors.

The annual holiday kick-off will take place on Saturday, December 5, with the lighted parade at 6 p.m. The parade will be shown live on the Northwood Chamber of Commerce Facebook page for those with safety concerns.

Other events in the park and downtown

Holiday, see Page 3



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Nov. 10	33	26	1.39
Wed. Nov. 11	44	22	0.28
Thurs. Nov. 12	40	18	
Fri. Nov. 13	37	14	
Sat. Nov. 14	46	28	
Sun. Nov. 15	38	25	0.02
Mon. Nov. 16	48	22	



A sign of things to come

Last Tuesday the area received an icy coating to welcome the morning, and lasting through the following day. Pictured above is one of Northwood's street signs and landscaping, with icicles encasing or falling beneath.

County offices close as officials discuss safety measures

Following discussion amongst elected officials and department heads, Worth County buildings and offices are once again being closed to the public, except by appointment, and instituted a mask policy for visitors and employees, amongst other measures.

The supervisors held a special meeting on November 12 to discuss how to keep staff and members of the public safe amidst increasing cases of COVID-19 in the county. They continued the discussion and implemented the new policy at their regular meeting on November 16.

A primary concern amongst county department heads was the access to county buildings by the public, and potential virus spread that could cause.

In March and the weeks following initial significant impact of the virus, county offices were only open by appointment.

The County officials agreed that it was time to play it safe and return to that policy.

The only exception would be for district court proceedings.

According to clerk of court Patty Irons, while jury trials have been postponed, district court is still in operation, though alternatives to in-person communication are being used at times.

When it comes to masks, concerns were raised that not only would visitors to county

County, see Page 2

Iowa, Worth remain red zones

Iowa remains a red zone, and had the fourth highest rate in the nation, according to the classifications of the White House Coronavirus Task Force on November 8. Meanwhile, Worth County's rates are on the rise, and by the same Task Force measures, would also be considered a red zone.

According to the Task Force report, Iowa was a red zone for the increase of cases, with more than 100 per 100,000 population, as well as for test positivity, with a rate above 10%.

Recommendations from the Task Force put a heavy emphasis on a significant increase on testing, not only for those that are sick or think they may have been near someone with COVID, but of those in jobs or communities at high risk and those with any illness.

In addition, the Task Force recommended a limited capacity at indoor set-

Red Zone, see Page 2

Public Health Bulletin Board:

From the Worth County Board of Health

There is good news amongst all of the frightening statistics about this COVID-19 pandemic: a vaccine is anticipated to be coming in the foreseeable future. Some additional welcoming news is the authorized use of an antibody therapy for the treatment of mild to moderate COVID-19. This is intended to reduce hospitalizations.

Unfortunately, the reality now is that the vaccine can be months away, and COVID cases are surging out of control. One estimate is that there will be 20 million cases by Christmas.

Many of us are suffering from "COVID fatigue," tired of masks, social distancing, constant hand washing and staying home, but this is the time that we need to remain vigilant and do our part.

We need to express the significance of these numbers to the people in our community, county and state, and how these numbers can affect everyone, from our most vulnerable population to our school-aged children.

To slow the numbers, five steps are necessary:

1. WEAR A MASK

Health, see Page 2

N-K cheerleaders continue tradition of excellence at ICCA State Meet

By Mike Simmons
Sports Editor

Although it's been a few years since they traveled to Des Moines to compete in the Iowa Cheer Coaches Association State Championships, leaving the team with little to no experience at the state meet, this group of seven cheerleaders, led by N-K's longtime cheer coach Cindy Pangburn, continued the team's tradition of excellence when they placed third overall in their division.

In the past, all these cheerleaders from around the state would travel to Des Moines for an in-person competition, but with COVID-19 still raging in the state the group that puts on the show decided to move it to remote

N-K, see Page 3



N-K's state championship cheer squad includes, (from left) Emma Logeman, Lindsey Moore, Hayley Wallin, Kylie Robinson, Taylor Rodemeyer, Haddie Hanson and Mallory Rheingans.

Health
Cont. from Page 1

to protect yourself and others.

2. KEEP YOUR DISTANCE from other people.

3. WASH YOUR HANDS often, always before eating and after using the restroom. Be sure to use the hand sanitizer offered at stores and other building entrances, as the door handle you touched to enter has also been touched by many others. If able, keep disinfectant wipes in your car to wipe your hands, your steering wheel and door handle as needed.

4. Move as many ACTIVITIES OUTDOORS as possible.

5. AVOID LARGE GATHERINGS.

For more guidance, information and recommendations for COVID-19, please visit the Iowa Department of Public Health website at www.idph.iowa.gov. The Worth County Public Health Facebook page also has some updates and information for the public. If you would like to look at COVID-19 data and numbers for our county or Iowa, please visit the coronavirus.iowa.gov website.

The COVID-19 data and numbers are used to aid in making important decisions.

The decision for Iowa schools to move to distance learning is triggered by two numbers: the percentage of student/faculty absenteeism, and the percentage of positive cases (past 14 day average) in the county. Our local schools are requiring masks for students and staff, with social distancing being practiced when possible.

The capability of the school to continue with in-person classroom teaching is dependent on the community following best practices, as well as the students and staff doing their part. This kind of cooperation will help to make it possible for the schools to continue in-person learning, as well as continue to provide the skills that children need, both academically and socially.

Each week the Iowa Department of Public Health has a webinar for local public health departments. These webinars provide reliable COVID updates and information, as well as assistance in planning. An important issue in discussion has been the process of distributing and dispensing of the new COVID vaccine. This discussion is ongoing as plans are being formulated.

Along with the COVID vaccine planning, our Worth County Public Health staff continues to make follow-up phone calls to persons testing positive for COVID-19 in our county. Questions and concerns are addressed, and information is provided to these individuals. Our Worth County Public Health office is available for any questions or concerns that you may have. You can reach Worth County Public Health at 641-324-1741, Monday through Friday, 8 a.m. to 4 p.m. The contact tracing for COVID-19 positive individuals is being done by the Iowa Department of Public Health office at this time.

One thing that is still very important this year is the flu vaccine. COVID and flu can appear together in an individual, so it is very important to get your flu shot to avoid this potential double infection. If you have not gotten your flu shot yet, vaccine is still available. Please call the Worth County Public Health office, at 641-324-1741, to schedule your appointment.

Let us be aware that as the number of COVID illnesses, hospitalizations and deaths continue to rise, it is up to each and every one of us to curb this pandemic. Being conscientious about our personal choices, affecting not only us, but our children and the community at large, can mitigate this challenging surge. It is very important for all of us to do our part right now. We need to all be taking the necessary precautions to not only protect ourselves, but to also protect those around us. As Dr. Fauci says, now is the time to "double down!"

County
Cont. from Page 1

offices bring in the virus, but that there is the potential that it could spread amongst county employees.

With that in mind, they agreed that masks should be required for anyone entering a county building. As for county employees, they are to only remove a mask when alone.

Besides the policies in place for the public, the department heads also discussed how they will be working to keep offices open and staffed.

When possible, those in county offices will rotate weeks working from home and working in the offices.

Also discussed was implementing a daily screening process for county employees. Depending on the department, employees may be asked health questions and have temperatures taken when arriving at a county building.

There was some discussion of using an automatic thermometer at the courthouse entrance, but for now those in an office will check temperatures of visitors.

As far as quarantining and isolating, the Worth County supervisors and other department heads noted that in many cases County employees are essential workers, especially with winter set to impact county roads and for those that are emergency personnel.

In those cases, those with COVID-19 and no adverse symptoms and those that have been in contact with someone may have to return to the job, taking extra precautions to do so.

The new temporary policy, which went into effect on Monday, November 16, has closed county offices to the public.

Anyone with County business should contact the office in question to determine if they need to visit in person or if they can use an alternative option.

Those that do need to enter the courthouse will only be able to do so through the door near the Sheriff's Office. The glass in the Sheriff's Office lobby provides a safe method of communication.

All those that enter any public building, by appointment or otherwise, will be required to wear a mask.

Red Zone
Cont. from Page 1

tings and limiting the hours of operation.

The task force also urged stronger messages that warned against gatherings with those living outside of one's household, always wearing a mask in public and getting a flu shot.

As of press time on November 16, Worth County had an increase of 858 per 100,000 population, also making it a red zone. It should be noted that Worth's small population creates a more dramatic shift based on that figure. However, Worth, like the majority of Iowa counties would also be classified as a red zone based on its positivity rate above 10%.

As of press time on November 16, a total of 2,355 Worth County residents had been tested for COVID-19 and 274 had been confirmed to have the virus, up from 210 on November 9. That made for a positivity rate of 11.6%, up from 9.5%.

Meanwhile, the 14 day positivity rate in Worth County increased to 17.6%, up from 13.7%. That number is a consideration for Iowa schools as they decide if they need to take additional precautions.

A rate of 17.6% means that Northwood-Kensett now falls into the "substantial controlled" category of transmission, in the range where schools are recommended to use various COVID-19 safety measures, consider health checks for students and staff, cancel school events and close communal spaces.

Central Springs falls within four counties, including Worth. Besides Worth, CS county rates include 25.4% in Mitchell County, 26.6% in Cerro Gordo and 23.7% in Floyd.

The rates in Floyd, Mitchell and Cerro Gordo counties would be one of the consideration for districts looking at switching to hybrid or online education.

Of the cases currently confirmed in Worth County, 33 are in those 0-17, 69 in those 18-29, 31 in those 30-39, 44 in those 40-49, 47 in those 50-59, 22 in those 60-69, 14 in those 70-79 and 14 in those over 18.

In Worth County, there are 129 COVID-19 cases listed as recovered, with 145 potentially remaining active.

In counties that border Worth, there were a total of 8,723 confirmed cases, as of Monday. Cases in neighboring counties included 770 in Winnebago, 686 in Hancock, 2,714 in Cerro Gordo, 773 in Floyd and 599 in Mitchell counties in Iowa, and 1,144 in Freeborn and 2,037 in Mower in Minnesota.

Those with symptoms, or who may be interested in being tested can also take an assessment and get more information at testiowa.com.

Information and resources on COVID-19 in Iowa can be found online at coronavirus.iowa.gov.

Worth County 4-H State Recognition workshop to be held on December 30

The Worth County Extension Office will host a 4-H State Recognition Workshop on Wednesday, December 30, at 10:30 a.m.

All 9th grade to 12th grade 4-H members are invited to participate in learning about the many State 4-H award winning opportunities that are available.

Past Worth County 4-H State award winners will be on hand to share information about how to apply for the awards and recognition trips to Atlanta, Georgia and Washington, D.C. The 4-H members will also have a chance to learn about what the duties and responsibilities are of the Iowa State 4-H Council and what the application and interview process is to be able to serve on the 2021-2022 Iowa State 4-H Council Team.

More information about this 4-H workshop is available by emailing Worth County 4-H Program Coordinator Mindy Tenold at mtenold@iastate.edu or Worth County Extension Education Specialist Dennis Johnson at djohn@iastate.edu, or calling Mindy or Dennis at 641-324-1531 at the Worth County Extension Office in Northwood.

This meeting will be offered via Zoom or face to face based on COVID-19 case rates at the end of December.

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Governor adds new restrictions, asks Iowans to play it safe to protect each other

Iowa Governor Kim Reynolds has extended and added stronger measures to the ongoing State Public Health Emergency Declaration.

On November 10, Reynolds announced that she was imposing new restrictions in the state to help slow the steady increase of COVID-19 cases and to slow the increasing burden on Iowa's health systems.

In her November 10 press conference, Reynolds said that many hospitals, clinics and other health facilities throughout the state are being stressed as they implement surge practices. She noted that of particular concern were staffing issues.

With the health system concerns and Iowa's high numbers of COVID-19 cases statewide, Reynolds said that she had been consulting with state agencies and had decided that now was the time to implement more restrictions in the state, in the interest of public health.

The new public health measures went into effect on November 11 and will be in place through Monday, November 30.

New restrictions were implemented on gatherings, including social, community, recreational or leisure events.

When there are more than 10 people present, there should be six feet of distance between groups, as before. Additionally, now groups should be limited to eight people, unless a group is made of more than eight people living in the same household.

In cases where there are more than 25 people indoors or 100 people outdoors, all those over two years old are required to wear a mask, unless eating or drinking.

New measures for youth and high school sports include requiring masks when there are more than 25 spectators present indoors.

At each event, only two spectators will be allowed per student athlete.

Youth and athletes of any age will still be allowed to be closer than six feet without a mask required.

New restrictions are in place at restaurants and bars, which includes wedding reception venues, country clubs and other social and fraternal clubs.

Six feet of distancing is still required. Groups are limited to eight people unless they are all from the same household. And they have to be seated when eating or drinking, limiting congregating at those establishments.

At personal service establishments, all customers must be six feet apart and masks are required, unless a service is being performed on the face. This applies at salons, barbershops, massage and tattoo establishments and tanning facilities.

At places like bowling alleys, pool and bingo halls, arcades, indoor playgrounds and children's play centers, groups and individuals are to be six feet apart and groups will be limited to eight people, unless they are in the same household.

In the latest extension of the public health emergency, Iowa business owners were asked to further evaluate if they could shift any of their employees to working from home.

All other previously existing rules and public health requirements are now in place until Monday, December 10.

Besides the new measures announced, Reynolds also asked people to do their part to keep Iowa and Iowans safe.

"If we want to protect our healthcare workers, keep our businesses open, our kids in school and our hospitals open, now is the time for every Iowan to carefully consider what more that you can do to prevent being exposed to the virus and further spreading it."

"Please consider avoiding events where public health measures may not be followed, especially if you're someone who's more at risk for serious illness from COVID-19 because of age or other health conditions."

Further, Reynolds said that Iowans attending wedding, bridal, baby shower and birthday gatherings should consider quarantining afterwards to monitor for symptoms and get tested if symptoms appear. She said Iowans, especially medical, education and other essential workers, should minimize their time away from home as much as possible and postpone celebrations or vacations until a safer time.

Reynolds also scheduled a press conference for Monday evening, November 16, after press time. Check out the Anchor's website, www.nwdanchor.com, for details about any further restrictions, if they were announced.

N-K
Cont. from Page 1

competition only, meaning the teams did their routines and submitted a video to be judged.

N-K's team competed in three separate divisions. The Time Out is a one-minute routine that is just like what a cheer squad would perform during a timeout at a basketball game. In this division N-K placed second.

New this year was the school fight song division, where the teams perform their own school fight song.

Also new to this year's event was the band chant division. This is what you would see at a college game when cheerleaders perform a routine with the band and also involves the crowd with signs and pom-poms. In this they placed fourth.

N-K entered all three division and with their overall performance earned a third place trophy for finishing third out of the 15 teams in their division.

"I'm so excited for my squad as each of them was new to competing," Pangburn said. "None of them had ever competed before, I'm so proud of them!"

Another competition held remotely that is usually done in person was the ICCA All- State Cheer Squad. This team is chosen from approximately 200 cheerleaders from across the state of Iowa and they are not divided by class. 1A, 2A, 3A and 4A all compete against each other for the honor of being selected to the team.

Jozalyn Munson and Lindsey Moore put themselves on the line this year and after being selected to the prestigious squad will perform with the rest of the team at the boys basketball state tournament at Wells Fargo Arena in Des Moines in March.

Learn to Hunt program opens registration for virtual social hour

The Iowa Department of Natural Resources (DNR) is offering a free virtual social hour to individuals who have little to no hunting experience or would like to find out more about hunting in Iowa.

"If you haven't hunted in a couple of years but would like to get back afield, or maybe never hunted but always wanted to learn more, this is the event for you." said Jamie Cook, program coordinator with the Iowa DNR.

The online event will be held at 6:30 p.m. on Thursday, November 19, for an evening discussing all things hunting with conservation groups, retailers and staff with the Iowa DNR, who will provide information on ways to get involved in hunting and increase hunting knowledge and skills.

"This is a laid-back, family friendly event will showcase opportunities to get involved in other outdoor recreational pursuits such as shooting sports and fishing," said Cook.

Participants will have the chance to listen to guest speakers, hear about places to hunt, ask questions to DNR staff and get to know other hunters across the state.

The course is geared for participants 16 and older. Those under 16 must have an adult register and participate in the course as well.

Space online will be limited so those interested are encouraged to register right away to ensure a spot. The social will be held on Nov. 19 and will cover topics such as season basics, where to hunt, hunting regulations, and feature some great partners that can help connect you to the field.

More information and the registration process are available online at www.registered.com/events/view/163728.

The program is provided through a partnership with Iowa Wildlife Federation, Pheasants Forever and the Iowa DNR. It is part of a national effort to recruit, retain and reactivate hunters due to the overall decline in hunting and outdoor recreation.

Holiday
Cont. from Page 1

will not be held this year, due to COVID-19. That includes the candy cane hunt and the hot dogs at the community center. There also won't be any chili served in the park this year.

Following the parade, Santa will greet visitors at the Swensrud Park shelter house.

Santa's tentative plans are to return to the shelter house on Saturdays, December 12 and 19, and on Thursday, December 24, from 11 a.m. to 2 p.m. Dates and times may change. Changes will be announced in the Anchor and on the Northwood Chamber of Commerce Facebook page.

WORTH COUNTY
FARMLAND FOR SALE

THE FOLLOWING FARM LAND IN WORTH COUNTY, IOWA, OWNED BY THE ESTATE OF LUELLA M. PAGEL IS OFFERED FOR SALE DESCRIBED AS FOLLOWS:

The North Half (N 1/2) of the Northwest Fractional Quarter (NW frl. 1/4) excepting therefrom the following, to wit: The North 623 feet of the West 278.56 feet thereof excepting that portion thereof lying West of the Easterly right of way line of the Chicago, Milwaukee, St. Paul and Pacific Railroad Company, and subject to railroad right of way; Also the Northwest Fractional Quarter (NW frl. 1/4) of the Northeast Fractional Quarter (NE frl. 1/4), and the North 8.33 acres of the West 7/12 of the South Half (S 1/2) of the Northwest Fractional Quarter (NW frl. 1/4); all in Section Two (2) in Township Ninety-eight (98) North, of Range Nineteen (19), West of the 5th P.M., Worth County, Iowa. Subject to easements for public highways.

TERMS AND CONDITIONS ARE AS FOLLOWS:

1. Sealed bids for the purchase of the property must arrive at the Douglas A. Krull Law Office, 714 Central Avenue, Northwood, Iowa 50459-0200 by 4:00 p.m. on the 20th day of November, 2020, the day before the closed auction. Bids must specify the price for the tract listed above. Qualified bidders will be allowed the opportunity to bid further, if they so desire, at a private, closed auction to be held at Krull Law Office commencing at 10:00 a.m. on the 21st day of November 2020.
2. To qualify, earnest money (down payment) payable to the Douglas A. Krull Attorney Trust Account and equal to ten percent (10%) of the bid price must accompany each bid.
3. The successful bidder will be required to pay 10% down of the accepted bid by check made payable to the Douglas A. Krull Trust Account, and to then enter into a standard Iowa State Bar Association Real Estate Contract form providing for said down payment with the balance of the purchase price to be paid on the date of closing.
4. Possession shall be given at the completion of abstract continuation, and closing. The entire remaining balance of the purchase price will be due at closing, at which time conveyance will be made by Court Officer Deed. An abstract of the title showing merchantable title under Iowa Land Title Examination Standards will be delivered to the Buyer before closing. Closing is anticipated within 45 days of auction.
5. Real estate taxes will be prorated to the date of December 31, 2020.
6. The Seller reserves the right to reject any and all bids. The premises are not subject to a real estate lease for 2021.
7. An informational packet is available at Krull Law office.

For further information contact Douglas A. Krull, Attorney at Law, 714 Central Avenue, P.O. Box 200, Northwood, Iowa 50459-0200, or phone at (641) 324-1981.

ANNOUNCEMENT

The Worth County Treasurer's Office will be closed to the public starting Monday, November 16 until further notice.

We are asking that registration renewals and property tax payments be made through the **drop box**, **by mail** or online at **www.iowatreasurers.org**

We will still be taking appointments for title transfers and driver's licenses only.

A mask is required to enter the building thank you for your cooperation during these trying times.

Jake Hanson
Worth County Treasurer

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Northwood Public Library

By Morgan Johnson
Library Director

The library continues to serve our community during these challenging times, and we also continue to keep an eye on the COVID situation in our area. Our hours will remain the same for now, but if the situation in our area changes we will likely change too. We are open Mondays and Fridays from 1 to 5 p.m., Tuesdays and Thursdays from 1 to 6 p.m., and Saturdays from 10 a.m. to 2 p.m. And curbside is available during all open hours, so give us a call at 641-324-1340 with your requests and to set up a time for pickup. A reminder that the library will be closed for Thanksgiving day and the Friday after Thanksgiving. So make sure to stop in on the 23rd and 24th to stock up!

We had almost 50 kids stop in during Halloween week to pick up a flashlight/whistle, Halloween craft and a book. This event was sponsored in memory of Marybelle Block. Hopefully next year we will be able to have our Halloween party again! We will have more craft kits available for the Thanksgiving and Christmas holidays. Please check out our Facebook page to find out what and when those will be available.

We want to express our thanks to the family and friends of Thelma Boutelle-Krull for their donations in her memory these last couple of months. We have started purchasing mostly large print books with the money per the request of her family and friends. So far we have purchased the large print titles "Carolina Breeze" by Denise Hunter, "The Family Journal" by Carolyn Brown, "The Secrets of Love Story Bridge" by Phaedra Patrick and "Coming home for Christmas" by RaeAnne Thayne. We have also acquired a few picture books: "How to read to a grandma or grandpa" by Jean Reagan, "Tractor Mac: Autumn is here" by Billy Steers and "Elephants guide to Hide-and-seek" by Kjersten Hayes. Stop by the library to check out any of these titles!

New at the library this month:

Adult Fiction: "Return to Virgin River" by Robyn Carr, "A Time for Mercy" by John Grisham, "Truly, Madly, Deeply" by Karen Kingsbury, "Elsewhere" by Dean Koontz, "Three Women Disappear" by James Patterson and "Happily this Christmas" by Susan Mallery.

Juvenile Fiction: "Little Book of Grumpiness" by Suzanne Lang, "Merry Christmas, Peppa" by Melanie McFadyen, "Pete the Cat: Crayons Rock!" by James Dean, "Spend it!" by Cinders McLeod, "Unicorns are the worst" by Alex Willan and "Escape Goat" by Ann Patchett.

Junior Fiction/Non-Fiction: "I Survived the California Wildfires, 2018" by Lauren Tarshis, "The Tower of Nero" by Rick Riordan, "Who was Ruth Bader Ginsburg?" by Patricia Demuth and "The Boys who Challenged Hitler" by Phillip Hoose.

As always stay up to date with us by following us on Facebook (www.facebook.com/northwoodlibrary) and/or contact us with any questions or concerns you might have. My new email address is morgan@northwood.lib.ia.us! We hope you are all staying safe and healthy!

Green Thumb Garden Club meets on Oct. 26

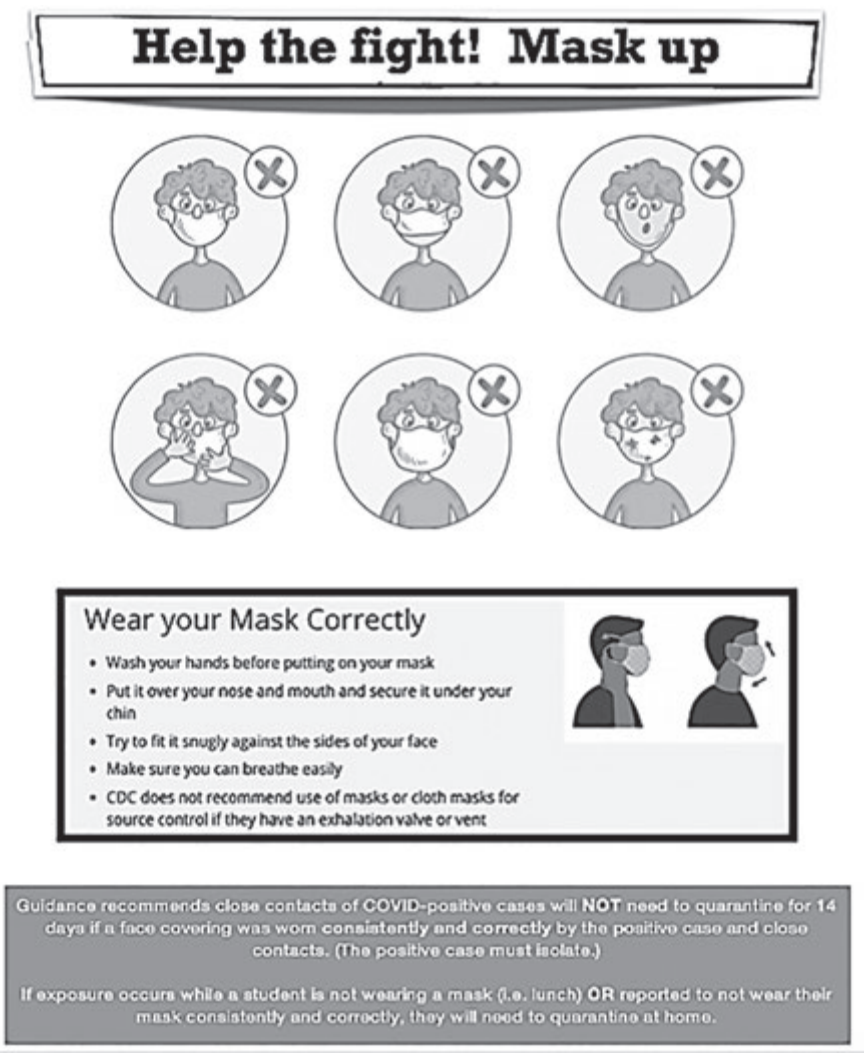
The Green Thumb Garden Club met on October 26, 2020. It was announced that Penny Robb has agreed to serve as vice president for 2021.

A fall arrangement to be used as a centerpiece was demonstrated by Penny using evergreens, dried pod and flowers.

The program was presented by Mavis Stevens. Water colors and brushes, preprinted paper with butterfly outlines, a colorful chart identifying 18 species of butterflies and moths and interesting information about three specific species of butterflies were provided for members. The Painted Lady, the Monarch and the Red Admiral butterflies could be painted. It was a creative and interesting program enjoyed by all the members present.

Nancy Amundson,
secretary

With COVID on the rise, N-K plans keep impact low



With COVID-19 on the rise in the state of Iowa, schools like Northwood-Kensett remain focused on keeping students and staff safe and in school as much as possible.

Like most schools in the state, N-K's policy for when students or staff are confirmed to have COVID-19 is based on guidance from the Iowa Department of Public Health (IDPH) and the Iowa Department of Education. The schools work with local public health officials to make sure their response is tailored to any local resources and concerns.

In N-K's case, that includes working with Worth County Public Health (WCPHS) when someone at N-K is found to have COVID-19.

According to N-K school nurse Heather Rheingans, the state reporting system is currently backlogged by several days, so they usually wouldn't hear about a COVID-19 case in a student or staff member until they could have potentially spread it.

"That's why it's so important that families and our staff tell us when they receive a positive test result, or are worried they may have come into contact with someone," Rheingans said. "So far we've had good luck and we've been informed as soon as possible."

When a student's family member calls or a staff member shares that they have tested positive, Rheingans and the building's principal begin the process of identifying potential contacts at the school.

"As soon as we learn that someone is positive, we get out seating charts and schedules and start talking with teachers."

If everyone has been wearing masks, per state guidance, there is no need to take further action. However, if a teacher notes that students haven't worn masks correctly, quarantine procedures may be necessary.

According to Rheingans, teachers are keeping track of students' mask use for just that purpose. If a student lax in their mask-wearing comes into contact with another student with COVID-19, they may be required to quarantine.

Meanwhile, if the student with COVID-19 hasn't worn their mask appropriately, anyone they have been in contact with for 15 minutes or more, within 6 feet, would be required to quarantine.

While teachers are keeping a look out for and reinforcing proper mask use, the district is also monitoring for times when students can't wear a mask, particularly at lunch time.

"If we have a student with COVID-19, we'll go back to the security camera footage of the lunch room to make sure there wasn't any close contact while eating," Rheingans said. "As soon as they're not eating, we tell them to put their mask back on when they decide it's time to socialize."

To further minimize the potential contact at lunch, the district has added more lunch periods and set up desks, tables and additional rooms for students to use during lunches.

After the district looks at potential classroom and lunchroom contacts, Rheingans gathers the phone numbers of the students' families and shares them with WCPH, who make the calls to come pick up students.

In the meantime, district staff find students and take them to a room designated for COVID-19 quarantine.

When a student has COVID-19, they are to remain at home, and be isolated from others in the home for 10 days after their first symptoms.

Students that may be close contacts are sent home for 14 days, to monitor for symptoms. If a student develops symptoms during quarantine, they would then isolate for 10 days after that.

"That means some of our students may be out of the classroom for as many as 24 days," Rheingans said.

Fortunately, the district and its faculty have contingencies in place and are ready to educate students at home.

On the flip side, when a teacher may have to be isolated or quarantined at home, the classroom response depends on the teacher.

"If it's a special education situation, a para can assist in the room and the teacher can educate remotely. Sometimes we need to find a substitute and they might work with the teacher from home to lead a class," superintendent Mike Crozier said.

"We're doing a great job of controlling any spread," Crozier said. "No one is catching COVID-19 at N-K, it's all happening outside our doors."

While the numbers are on the rise in the county, the number of students and staff absent related to COVID-19, those with the virus or close contacts, has totaled 63 since the start of the school year, and there hasn't been a large number at any one time.

Crozier said that they haven't been anywhere near both measures that would bring them to consider switching to hybrid or online learning.

Those numbers, based on state guidelines, are a 14 day average positivity rate in the county of more than 15% (Worth was at 17.6% on November 16) and having 10% of the student body absent.

Crozier said that a spike in staff absenteeism was more likely to lead to at-home education. And Crozier said they've done a good job of avoiding that.

Rheingans said, "It's not spreading here. Our teachers and all our staff are doing a great job of reinforcing how to stay safe. And they're keeping surfaces clean on top of everything else they're being asked to do. When you add that to all the extra efforts from our custodians, we're doing a good job of limiting any spread."

Those with questions, including parents with children that are showing symptoms, are encouraged to contact Rheingans at the school. There is also COVID-19 information in a link at the top of the district's website, online at www.nkvikings.com.

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On the right path

Northwood now has a new walking path, adding to recent and ongoing additions to its Swensrud Park amenities. Earlier this year, the City received $16,160 from Wellmark to use on community health projects. That included river entry ramps for kayaks and canoes, improvements to horseshoe competition areas, the beginnings of a pickleball court and now a dirt walking path that extends from City Hall to the pool and from the vehicle bridge to the south, pictured above.

CARES Act funding to be used for Iowa nanovaccine development

Iowa Governor Kim Reynolds recently announced that she has set aside $2 million in CARES Act funding to support the development of a next-generation COVID-19 vaccine through a partnership between Iowa State University and the University of Iowa.

The funding and collaboration with Iowa industry partners, including startups, will help ISU and the U of I leverage their patented technology to advance a COVID-19 nanovaccine candidate that will address the limitations of vaccines already under development.

"Through this important partnership, Iowa is supporting those on the frontlines of nanovaccine development," Reynolds said. "Iowa's COVID-19 nanovaccine candidate will not require needles or refrigeration, and could provide long-term immunity from just a single dose."

This approach draws on ISU's strengths in nanovaccine research and development, nanovaccine platform technology and animal health, as well as the U of I's expertise in SARS virology, immunity, and unique animal models.

"The Nanovaccine Institute based at Iowa State was established in 2013 with this kind of global health challenge in mind," said Iowa State's Balaji Narasimhan, the project leader, director of the Nanovaccine Institute and an Anson Marston Distinguished Professor in Engineering. "We've created a team that can innovate and move our ideas beyond the lab. We're ready to meet the urgent need for a COVID-19 vaccine."

Michael Wannemuehler, associate director of the Nanovaccine Institute and a professor of veterinary microbiology and preventive medicine, is also leading the project at Iowa State.

The UI effort is being led by Kevin L. Legge, Ph.D., professor of pathology and director of the Pathology Research Flow Cytometry Core in the UI Carver College of Medicine, along with co-investigators Stanley Perlman, Ph.D., MD, professor of microbiology and immunology, and of pediatrics, in the UI Carver College of Medicine, and Thomas Waldschmidt, Ph.D., Clement T. and Sylvia H. Hanson Chair in Immunology in the Department of Pathology.

"This important funding will build on our existing successful partnership between the University of Iowa and Iowa State University and greatly aid in our efforts to bring safe, effective, mucosal-based nanoparticle vaccines against respiratory virus infections to the community," Legge said. "Our prior work using these nanovaccines against influenza virus has shown that we are able to induce a broader and more sustained protective response which positions one's immunity at the sites of viral entry, therein speeding up the response time versus what occurs with current influenza vaccines. These funds will allow us to transfer the lessons learned on influenza vaccines toward the creation of a safe, effective and long-lasting mucosal vaccine against SARS-CoV2/COVID-19."

The collaboration between the two universities and industry partners also will further cement the state's reputation as a biosciences epicenter. A 2017 report identified Iowa's competitive advantages in the biosciences, including vaccines and immunotherapeutics.

"Today's announcement puts to use Iowa's unique assets and attributes in the fight against COVID-19 and fuels economic development by establishing the state as a hub for vaccine development and attracting new investments and companies," said Debi Durham, director of the Iowa Economic Development Authority and Iowa Finance Authority.

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Worth County Abstract

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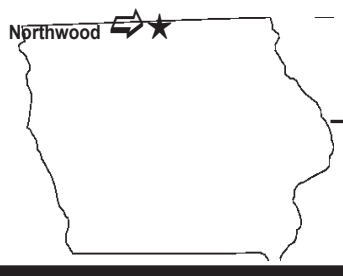
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Northwood - "A Friendly Town"

DAR meets on October 26

The Helen Hinman Dwelle Chapter DAR met on October 26, 2020, at the Zion Lutheran Church in Clear Lake with Stacie LaMoore as hostess. Those in attendance included Colleen Lawler, Betty Evans, Sharlene Stoddard and Stacie LaMoore. Katherine Pacovsky advised us that she will be unable to attend meetings until after the Covid-19 pandemic is over. She is really looking forward to the time that we can all attend meetings safely.

Sharlene opened the meeting with a Veterans Day prayer. The Pledge of Allegiance to the Flag, the Daughter's Pledge, and the American's Creed were recited. Colleen read the President General's message in the supplement to the American Spirit magazine.

The new member ceremony was postponed because there were only two new members in attendance at the meeting. Betty's sister, Shirley Skarlis, planned to come, but decided not to after our area received snow and ice the day before making travel more difficult.

Committee reports, short messages regarding the Constitution, the Flag, American Indians, National Defense, Women's Issues, and Commemorative Events were presented. The members also read the Preamble to the Constitution.

This month Sharlene presented the first of "Our Patriot" stories talking about her ancestor, Aaron Olds. She found additional details about his service in the book, The Record of Connecticut Men in the Military. She discovered the book under Google Books online. Aaron served in the Connecticut Militia, and in a second enlistment he was a member of the Continental Line from Connecticut. He was at Valley Forge with George Washington in the winter of 1777-78. He was discharged on June 10, 1783. A report on the ancestors of each chapter member is to be presented at the upcoming meetings. Kay started the Our Patriot's Story project for many of the members, but some additional information will be needed from the chapter members.

Stacie presented a short program about Zion Lutheran Church and its Upcoming Event, "I Prayed – Election Prayer Event". This program encourages parishioners to vote in the November 3, 2020 election and to participate in an election eve prayer program for the election. A prayer guide would also be available for anyone that wished to participate.

Those present at the DAR meeting agreed that we would wait until later in November to decide whether we would meet in November. Since the pandemic is expected to worsen, we might cancel the meeting. The weather at that time will also be a consideration. If we have a meeting, Colleen Lawler will be the hostess. The location will be determined later.

The Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education.

Any woman 18 years or older, who can prove lineal descent from a patriot of the American Revolution, is eligible. In the 50 states and District of Columbia, there are 3,000 chapters. The local chapter is the Helen Hinman Dwelle Chapter (Northwood, Iowa). Anyone eligible and interested in joining the local chapter, please contact Sharlene Stoddard at 641-324-2394 or Stacie LaMoore at 872-205-





Driven to giving

The Northwood Lions Club, in association with the American Red Cross, held a blood drive on November 5, resulting in 19 units of life-saving blood. "Although we had fewer donations this time, most likely due to the harvest and COVID-19, we certainly appreciate the people who turned out," said blood drive coordinator Bob Perry.

Mayo Clinic System extends hours of drive-through COVID-19 tests sites

Due to the rising COVID-19 cases in the region, Mayo Clinic Health System COVID-19 testing locations have extended their weekend hours to allow for more flexibility for patients who need to be tested. The effect took place on November 7.

The hours of operation at the following four testing sites will be weekdays from 10 a.m. to 5 p.m. and weekends from 9 a.m. to 4 p.m.:

Albert Lea: East Annex, 210 St. Mary Ave.

Austin: 510 Second St. N.W.

Owatonna: Southview Building, 134 Southview St.

Red Wing: Professional & Community Center, 1407 W. Fourth St.

Mayo Clinic Health System's drive-through COVID-19 testing sites provide a private, safe test environment for patients who meet screening criteria when first contacting their health care provider. The testing locations will continue to provide this service through the upcoming winter months and for the foreseeable future.

Patients experiencing COVID-19 symptoms should take the following steps:

First, call the COVID-19 Nurse Line at 507-293-9525 to learn about getting tested or contact their local health care provider. If they meet testing criteria, they will be directed to one of the local testing sites.

At the drive-through test location, Mayo Clinic Health System staff will collect the specimens using appropriate precautions. Patients will be advised of next steps.

If patients have life-threatening COVID-19 symptoms, such as trouble breathing, chest pain or pressure, confusion or blue lips or face, they should call 9-1-1.

Worship warms the heart

Northwood Anchor **Church**

Fertile Lutheran Church
Thursday, Mary Circle, 9:30 a.m.; Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.; Monday, Ruth Circle, 7 p.m.

Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Outdoor Worship, 9 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Confirmation - Elk Creek, 5:45 p.m.; Thursday, MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, Worship Elk Creek, 10:30 a.m., Sunday School - Elk Creek, 9:15 a.m.; Monday, MANNA Open, 10 a.m. - Noon.
Pastor Tom Martin

Trinity United Methodist, Bolan
Sunday, Streaming on Bethel of Manly Facebook Page, 10:30 a.m., Radio Station 97.1 FM (Previous Sunday Service), 10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556, Sunday School, 10:30 a.m.; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills, Sunday School, 9:15 a.m.; Lunder, 14982 735th Ave., Albert Lea, Sunday School, 9:30 a.m.; Thanksgiving Eve. Service, 7 p.m. on November 25 at Silver Lake; All services require masks and social distancing.

Check with your local church about online services, updates and changes.

WORTH COUNTY VETERANS AFFAIRS
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Please call to confirm that your Veterans Service Officer is available. An effort will be made to accommodate your schedule.

Worth County Veterans Affairs is offering Holiday food assistance to Worth County veterans who are in need. Please contact this office if you are a veteran in need of a little help putting a holiday meal on the table.

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Local businesses are owned by people who live in the community, are less likely to leave, and are more invested in the community's welfare and future.

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November 19-25
324-1244
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Friday: Crunchy Pollock or Baked Cod Fillet, Potato Wedges, Broccoli, Berry Fluff Jell-O Salad
Monday: Apple Pork Chops, Roasted Red Potatoes, Creamed Peas, Chocolate Chip Cookies
Tuesday: Chicken a la King, Biscuit, Mixed Vegetables, Peaches
Wednesday: Cook's Choice

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Silence is Golden



The value of silence in our noisy and busy world is easy to overlook, and even though many of us would like a quieter environment, it can be almost impossible to find a truly quiet place in much of the modern world. Cars, trucks and motorcycles with loud mufflers are some of the worst offenders when it comes to disrupting what little serenity we have. Loud music and boisterous parties are perennial disturbers of the peace as well. Since loud and inconsiderate people are not likely to be convinced of the errors of their ways, holy men and women have always known the importance of sequestering themselves, going into caves or sojourning in the wilderness. Some religious orders even take vows of silence. Finding quiet time each and every day pays big dividends to our spiritual and emotional health, and probably our physical health as well. We should consider also whether our lifestyle is contributing to a quieter world or if we are one of those vexatious disturbers of the peace. – Christopher Simon

"Make it your ambition to lead a quiet life."
– 1 Thessalonians 4:11

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

My friend, Sonia Martinez, is a cookbook collector who has lived in Hawaii for decades. Born in Cuba, she immigrated to Florida, lived in the Carolinas and ended up in Hilo. In 2001 she wrote a cookbook titled "Tropical Taste" (Big Island Printers, Hilo, Hawaii) that has many of her original family recipes as well as things Sonia has enjoyed over the years.

Cream of Pimiento Soup

2 jars (7 oz. each) diced red pimiento with juice
3 cups whole milk
2 chicken bouillon cubes or equivalent in paste soup base

For garnish: sour cream, chopped cooked shrimp, paprika, chopped parsley

Blend the pimientos with their juice, and the milk in a blender until smooth. In a heavy saucepan, gently heat this mixture until it simmers; don't boil. Add the bouillon cubes and stir until they are dissolved. Garnish with any of the above choices; the shrimp makes a more heaty and satisfying soup. You can use the tiny canned shrimp, rinsed, with no need to chop.

Hawaiian Pie

1 can (20 oz.) crushed pineapple with juice
1 cup sugar
2 tablespoons all-purpose flour
3 firm but ripe bananas, sliced
1/2 cup chopped macadamia nuts
1 cup shredded coconut
12 oz. heavy whipping cream
2 baked 9-inch pie shells

Place the pineapple and juice, sugar and flour into a heavy saucepan. Cook over medium heat, stirring constantly, until thickened. Let cool. Line the bottom of the pie crusts with the sliced bananas. Sprinkle with the chopped nuts. Add the cooled pineapple mixture and sprinkle the top of each pie with coconut. Refrigerate until shortly before serving. Whip the heavy cream and pile on top of each pie when ready to enjoy this dessert. It's very rich so will serve 12-14 people with the two pies.

Spicy Pineapple-Zucchini Bread

3 large eggs, well-beaten
1 cup vegetable oil
2 cups sugar
2 teaspoons real vanilla extract
2 cups coarsely grated zucchini
1 can (8.25 oz.) crushed pineapple with the juice
3 cups all-purpose flour
2 teaspoons baking powder
1 teaspoon salt
1 1/2 teaspoons cinnamon
3/4 teaspoon nutmeg
1 cup finely chopped nuts such as walnuts, pecans or madacamias
1 cup chopped golden raisins

Preheat the oven to 350 degrees F. In a large bowl, mix the eggs with the oil, blending well. Add the sugar and vanilla and beat until thick and foamy. Add the zucchini and pineapple/juice. Stir until well-blended. Add the remaining ingredients and combine thoroughly. Pour the batter into two greased and floured loaf pans. Bake for 35-40 minutes or until it tests done with a toothpick inserted into the center of each loaf.

Island Apple Sauce

12 apples, any good cooking variety, washed but unpeeled
Orange juice, enough to cover the apples after they are chopped
1/2 cup brown sugar
1/2 cup golden raisins
2 tablespoons grated fresh ginger
1/4 teaspoons ground cinnamon

Core and chop the apples. Put them into a heavy saucepan and cover with orange juice. Add the remaining ingredients. Cook just until the raisins are plump and the apples are soft but keep their shape. This sauce can be eaten as it for dessert or poured over a piece of plain pound cake and then topped with a dollop of sour cream (yes, sour cream not whipped cream!).

SANDY'S NOTE: Sonia mentions that to use this apple sauce as a condiment with meat, add a couple of seeded and chopped hot peppers such as jalapenos to the fruit when cooking the sauce. This makes a spicy-sweet addition to pork or chicken.

We were fortunate enough to visit Sonia in Hilo in 2007 and saw personally what a paradise she lives in. That side of the Big Island of Hawaii wasn't nearly as commercialized as the Kona side so we were able to see and do things the locals enjoy...including the food. And...that's all she wrote.

Northwood Anchor Society

Worth Farm Bureau president names NCI AITC for $2,500 donation

Because of the commitment to their local community and advocacy for rural issues, the Worth County Farm Bureau has been designated a 2019 Outstanding County Farm Bureau by Iowa Farm Bureau Federation (IFBF).



JIM NEEL

In recognition, Worth County Farm Bureau President Jim Neel earned the opportunity to provide a $2,500 donation to a local organization or charity and has selected North Central Iowa Ag in the Classroom to receive this award.

"I wanted to give to NCI Ag in the Classroom because, as a farmer, I believe in educating the youth about farming and hope it can make a big difference in our communities.," said Neel.

"Farmers care about the people in this community, and I'm thankful to be able to support the organizations that help make it a better place to live."

This year, Farm Bureaus across the state were able to help contribute more than one million meals for food insecure Iowans during the pandemic and assisted with acquiring personal protective equipment for healthcare workers.

After the derecho swept across the state, farmer leaders also got to work to donate essential supplies to those without power and helped their communities with clean-up efforts.

"This year has tested the resilience, adaptability and dedication of our Farm Bureau members who have continued to show up and demonstrate leadership during a time of need," said Craig Hill, IFBF president. "It is a privilege to recognize this leadership and provide an additional opportunity for county Farm Bureau presidents to give back to their communities."

Rapid COVID-19 testing now available through MercyOne

Several MercyOne North Iowa Medical Center locations now offer rapid COVID-19 testing for symptomatic patients. With a rapid COVID-19 test, results are available in as quickly as 20 minutes. Individuals experiencing COVID-19 related symptoms must contact their primary care provider to schedule an in-person or telehealth visit to determine if COVID-19 testing is appropriate. Walk-in testing is not available.

COVID-19 symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Individuals whose primary care provider is not located at one of the following MercyOne clinics should go online to schedule an appointment or walk-in at MercyOne Mason City Urgent Care.

- Clear Lake Family Medicine
- Clear Lake Pediatric and Adolescent Care
- Forest City Family Medicine
- Forest Park Family Medicine
- Greene Family Medicine
- Mason City Pediatric and Adolescent Care
- Northwood Family Medicine
- Rockford Family Medicine
- Regency Family Medicine
- Sheffield Family Medicine

Individuals who do not have COVID-19 symptoms and want to find out if they are eligible to be tested are encouraged to call the MercyOne Family Health Line at 641-428-7777. After an initial phone screening, instructions for testing will be provided to the patient if applicable per the Iowa Department of Public Health guidelines. COVID-19 tests completed at the MercyOne testing site are not rapid tests. Tests results are typically available within three to four days, although in some circumstances results could take longer due to high demand.

MercyOne North Iowa Medical Center is dedicated to providing a safe environment for patients and colleagues. They have implemented numerous precautions and safe practice guidelines. They are adhering to all CDC guidelines. In addition to in-person care, patients can also continue to receive the quality care they need from their provider with telehealth visits.

MercyOne asks businesses to require wearing masks

The statement below is from Rod Schlader, President, MercyOne North Iowa Medical Center

"As we see COVID-19 numbers surge in our county, reaching a new record of 954 active cases per 100,000 residents, we are asking you – as a business owner, to help us beat this virus. Over the past week, MercyOne North Iowa has experienced the highest number of COVID-19 patients since the beginning of the pandemic. We are asking you to require employees and customers to wear a mask at your place of business to help reduce the transmission of COVID-19 in our community.

"We know you understand the importance of good public health in order to sustain and grow economic health, and in order to preserve both we ask you to help us showcase this important safety measure. By requiring masks at your place of business, you will show unity with your local health care workers and your commitment to slowing the spread of COVID-19.

"By working together, we can prevent overwhelming our health systems and ensure our local community businesses remain open. We look forward to continued partnership with you and our North Iowa community."

November SPECIALS
Any Single Topping Pizza $9.99
8 pc. Chicken with 1 order of Wedges $11.75
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641-845-2033



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Glenville, MN 56036
Love, Your Family*

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Curbside Available
Tuesday, Nov. 24
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Curbside Available
Wednesday, Nov. 25 • Open 8 a.m. - 8 p.m.
No Curbside or Deliveries
Thanksgiving Day • Open 8 a.m. - 1 p.m.
No Curbside or Deliveries
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Thank You!
To the WCDA for the grant for our imaging project of Worth County maps, minutes, transfer books, deeds, mortgages, plats and numerous miscellaneous documents!
We have been able to have things scanned and accessible at our finger tips for generations to come. We couldn't have done this without your support.
Worth County Auditor's Office
Worth County Engineer's Office
Worth County IT/GIS Department
Worth County Recorder's Office

Northwood Anchor **Opinion**

Research shows embracing gratitude and kindness improves your health

From Wellmark Insurance:

The COVID-19 pandemic has tested everyone in ways we never could have imagined. Burned out and fatigued have become the most common words to describe how people are feeling right now. But as we close in on the end of the year and enter the holiday season, it's important to remember to pause, give thanks and even pay it forward. Your health may depend on it.

Research by Robert Emmons, Ph.D, a professor of psychology at the University of California, Davis, suggests gratitude is an emotional muscle you can strengthen over time to feel increased energy, joy and satisfaction. People who are grateful see gratitude as a permanent trait not just a temporary state of mind.

Expressing gratitude can help people cope with daily stress and become more resilient by finding the good in any situation. Dr. Emmons' research found those who wrote down one thing they were grateful for every day reported being 25 percent happier for a full six months after following this routine for just three weeks.

But showing gratitude doesn't have to be a grand gesture. Start small by looking for the good things around you and take a few minutes every week to write down what you are grateful for, then build up to making it a daily ritual. Also, consider surrounding yourself with positive people. Positive attitudes tend to rub off on others.

Gratitude challenge

Leading up to the holidays, consider generating more gratitude in your home by starting a gratitude challenge. Ask everyone in your home to write down one thing they are grateful for every day on a large sheet of paper. Then, pick a day to read them all together. You may even decide to practice this through the remainder of this year.

Paying it forward

Expressing gratitude isn't the only emotion that can lead to better health. Did you know that "warm fuzzy feeling" you get when you've done something kind for someone else could have real benefits for your physical and mental health? According to the Cleveland Clinic, studies have shown those who do acts of kindness can have lower blood pressure, lower stress levels, and ultimately have years added to their lives.

There is evidence that acts of kindness release hormones, such as serotonin, oxytocin, and dopamine, in your brain that make you feel good. Random acts of kindness don't have to be big to have a positive impact on your mental health and the recipient of those acts will also feel the positive effects. The small gesture of a smile or simply holding the door for someone can go a long way if someone's having a rough day, and improve your mood at the same time.

With the year we've had it can sometimes be challenging to find the good in everything. But, by practicing these small, but important, gestures or challenges you can see improved mental and physical health.

Help is available

If you are still struggling with burnout, or you suspect that you may also have a mental health condition such as depression or anxiety, you have options. Make an appointment with your personal doctor. They can help you understand your symptoms and triggers to determine the best treatment options for you.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I've lost a family heirloom. My mood ring has gone missing.

How do you feel about that?

I don't know.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me, such as: I was in search of lost marbles as vehicles drove by with impressive certainty. I'm sure cars continued to go by after I moved from the waiting room to the interrogation room of a giant clinic. I checked to make sure my shirt was buttoned correctly. It's easy for me to mess up my buttoning after tests. I don't want to wear out my glasses when I'm not looking at anything. Bad buttonholing makes me look tilted. I remember my father's surgeon had buttoned his coat wrong. I hoped it was because he was too busy and important to care.

Something attributed to Warren Buffett but wasn't his doing is the best fake news I've gotten from social media. Buffett allegedly wrote, "Here's what's cool: 1. Writing 'thank you' notes 2. Learning and using people's names 3. Showing up on time 4. Learning a new skill 5. Learning the art of listening 6. Admitting you were wrong 7. Random acts of kindness 8. Being a mentor 9. Investing in your future 10. Holding doors open." This missive wasn't true, but it's so true. Doing those things would cover a multitude of sins, just as gravy does.

Floor sweepings stew

The cafe had a wobbly table. I was a hungry teenager. The waitress brought my breakfast special. The toast had been burned black as a lump of charcoal. I said nothing but stared at the toast. The server said, "Burnt food makes you smarter." It's true, I was smart enough to never eat there again.

The 10 most dangerous states for winter driving

1. Michigan
2. Alaska
3. Wyoming
4. Pennsylvania
5. Montana
6. Ohio
7. Wisconsin
8. North Dakota
9. Minnesota
10. New York
12. South Dakota
16. Nebraska
21. Iowa

View the full set of winter driving data, review the methodology and see commentary at: https://www.moneygeek.com/insurance/auto/resources/prepare-for-winter-driving/

I've learned

Insurance companies are brilliant. They send a bill and call it a premium.

No one is rational.

People read everything they believe.

And in local news

Senator introduces a bill making it illegal for deer or raccoons to be on public roads.

Lemon pudding on rye bread covered in ketchup has been removed from the Eat Around It Cafe's menu pending further research.

Church, surprised by an organ donation, hopes someone will be able to use the kidney.

Men's Discussion Group warns members that anyone leaving early will become the subject of the discussion.

Veterans of Foreign Cars Club closes its doors.

From the mailbag

Ann and Jim McGuire of Mankato wrote, "Love your movie list but want to suggest two movies. Have you seen 'Shop Around the Corner' (James Stewart) and 'Elf' (Will Ferrell)? These movies always make us smile! Although very different, the sweet humor in both is sure to make us laugh."

Marian Bahl of Faribault wrote, "I filmed the filming of 'Grumpy Old Men' in downtown Faribault. I stood this close to Ann Margaret while she waited for her scenes in Poirier Drug. And I shook hands with Walter Matthau. Gee, I think I'll dig out that movie again - oh wait, do I have anything to play it on anymore?"

I thought of other movies bringing me chuckles and guffaws. I'm adding to my list: "Beetlejuice," "Being There," "Christmas Story," "National Lampoon's Vacation," and "The Ref."

Nature notes

Despite Emily Dickinson calling November the Norway of the year, I walked deep into the neverwent. I marveled at the beauty of a crow. There is no bad looking bird. Rock pigeons flew over. The pigeon is one of few birds (including other dove species, flamingos and male emperor penguins) capable of producing a milk-like substance to feed its young. Both females and males produce a nutrient-rich substance in the crop to feed their squabs. The Migratory Bird Treaty Act of 1918 was meant to end the commercial trade in feathers. It makes it unlawful to pursue, hunt, take, capture, kill, possess, sell, purchase, barter, import, export or transport any migratory bird, or any part, nest or egg or any such bird, unless authorized under a permit issued by the Secretary of the Interior. Nonnatives like rock pigeons, European starlings, house sparrows and mute swans aren't protected, although local laws might afford protection to swans. Game birds can be hunted in season.

Meeting adjourned

Being kind is the art of being willing to chew on a harsh word.

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Fit to print...

The Goose/Bunny Story Chapter two

By Elaine Bergan

Many months ago Mr. and Mrs. Bunny, formerly known as Bunny and Goose, married and moved from Maple Court Apartments to their new rabbit hole home outdoors. In our imaginations, we can hear them conversing about a visit to Maple Court before winter sets in.

Do you want to go back to the apartments to see how our friends are doing? asked Mr. Goose.

You go and I'll stay home with our little bunch, said Bunny. You were the popular fowl creature that people were happy to have visit them. I was always home with Clarice.

Oh, were you jealous?

Maybe a bit, she replied, but you always came back to me.

The Johnsons always encouraged me to be friendly and to bring joy to the residents, Mr. Goose reminded her.

Ann and Dale were happy when our mutual affections led to our marriage in this make-believe magical world, said Mrs. Bunny. You'd better hurry over and have Anne help you get into your goose character role. Then come home again to tell me about your day!

Goose was met at Ann and Dale's patio door with a big hug before Ann fitted him with his goose apparel. She told him there were a few new apartment renters. Clarice was thanked for the good care she had given Bunny. He noticed the residents still wearing masks and all large gatherings had been suspended again, as the virus continues to be a threat.

There was a new couple, Bob and Jan, both former teachers. Goose would avoid Gloria, who had tried to get the Honk! Honk! out of his speech. Donna looked fit and healthy from all her walking and swimming exercise. Omer and Juanita were sharing extra garden produce by their door with the neighbors, but it was too late in the season for any lettuce that his rabbit family could eat. He was sad to learn that Thelma had passed away.

Dee was an interesting person because of having lived in Native American territory in Wyoming for many years. Fran and Karen are the same good friends who could cheer up anybody who visited. Tharon fed Goose her delicious kringla and Betty's sugar cookies were awesome!

Jim, who had made the stone engagement necklace for Bunny, hasn't become a jeweler yet, but has turned his attention to physical fitness. He walks several miles around the apartments each day. It was noted that Ronda kept the area as clean as ever with her weekly apartment visits. He didn't see Patty but enjoyed her decorating skills throughout the building.

Dick and Margaret make popcorn for friends at Maple Court about three times a week as they have done for a long time. Goose said he remembered picking up the kernels that had dropped to the ground afterwards.

Arlene moved to a nearby facility due to health reasons, while her next door neighbor LaVon is a thoughtful friend who shares her daily newspaper with others.

Rosie can usually be found at home, but is difficult to reach because of her many phone calls from friends and her daughter in Texas. She had spent time in a care center for therapy after a fall.

Mr. Goose didn't find Gwen or another neighbor Robert home at their respective apartments, nor did he see Wanda, who has been busy driving to her farm twice daily to feed two motherless kittens. Neighbor Don's attempt to get anyone with Norwegian roots interested in ancestry does so by posting old pictures from Norway and early America on his door.

There wasn't time to get acquainted with new neighbors Shizue from California and Duane and Jan, who are living here temporarily while their new home is under construction. There are other new neighbors to get acquainted with later.

Lolita and Elaine were visiting the other day as they shared their need for a daily nap. It was agreed, must be a big sign of old age!

After Goose noticed the sky was getting dark outside, he knew he'd better bid Ann and Dale good bye as he turned back into being Poppa Rabbit and return to Mama Bunny and the kids. The senior citizens who had seen him must have laughed and enjoyed being a part of the magical imaginary world of youth again!

Northwood Anchor Early Files

100 years ago

November 17, 1920

The Board of Directors of the First National Bank, in official session, promoted cashier Iver Iverson to the active vice presidency of the institution. At the same time E.A. Allanson of Waukon was made cashier at the bank and will assume his duties in the near future.

Ed Julson, after almost four years' service in the United States Army, reached home, having been discharged from the service at San Francisco on November 9. He is visiting his parents, Mr. and Mrs. Thomas Julson, and will soon take up civilian work, either here or at some nearby point.

O.L. Varland, for four years one of the prominent citizens of Northwood and Worth County, has purchased the A.S. Lund interest in the First National Bank of Belmond and will assume the duties of cashier of that financial institution about the first of December.

By common consent, Herman Schlesusner, of Hancock County, is the champion grower of sugar beets. He harvested 87 1/2 tons from 4 1/4 acres of land. He received for the yield $1,050. The beets weighed on the average around 10 pounds or better.

Mrs. Douglas Thodenbaugh entertained at a dinner party the six out-of-town teachers of our local schools, Misses Nelson, Boyson, Meter, Horbach, Minor and Greve and a guest of Miss Horbach, Miss Collyer, who teaches at Manly.

75 years ago

November 22, 1945

Hitler's favorite personal car, a sports roadster that was captured at Berchtesgaden in a rush by a group of paratroopers, may be seen in Northwood in an exhibition now being arranged by the War Finance Committee. The tour is being made to stimulate interest in the Victory Loan drive, which is lagging in Worth County.

In some sections of Worth County the religious census being taken is practically completed, with only a few follow up calls to be made. In other sections the start of the census has been delayed, but the greater portion of the county will be covered by the end of the week, according to the Rev. Rush Wagner, secretary of the county census committee.

Ben T. Sather, 36, an Albert Lea veteran of World War II who was discharged from the Army on October 4, after serving 3 1/2 years in a New Guinea, the southern Philippines and Luzon, came through five major battles safely, to lose his life in a hunting accident near Warroad, Minnesota. A bullet from an unidentified hunter's gun struck Sather as he was hunting with his brother.

Lieut. George Burton Nelson, 23, Northwood, helped the Pacific with the crew of the U.S.S. Landsdowne as she brought the Japanese surrender and emissaries to the U.S.S. Missouri for the formal ceremonies.

50 years ago

November 19, 1970

Howard Vorland, N-K elementary principal, was recognized the VFW at the Post Home November 11. The presentation was made by Mrs. Vernon Butler and Mrs. W.W. Hudson during the annual Veterans Day coffee. Veterans and their wives are served coffee and donuts throughout the day in observance of Veterans Day.

A late model Chevrolet was completely demolished when it flipped end over end after hitting a road grade. Naber, 25, was killed instantly.

Morris Kalgaarden, 34, who farms about six miles west of Kensett, caught his right arm in a corn picker. Sheriff Ike Davey reported that Kalgaarden could not be freed, so Boyd Implement Co., Northwood, was called to cut the husking bed apart with a cutting torch.

Several conservative dry days the first part of the week allowed local farmers to continue their harvest. About eight units were waiting in line at Central Soya Company, to unload.

The new sign has been completed at the Viking Restaurant and a 90x110 foot concrete parking ramp has been laid. The restaurant is located on Highway 65 North, in Northwood.

Veteran basketball coach Maynard Midtgaard looks forward to another winning season at Northwood-Kensett and expects to have a fast, good shooting team.

The pretentious home built by the George Emerys has had little alteration except for the addition of a portico in recent years. In 1937 it was converted into a funeral home, and is now known at Conner Colonial Chapel.

25 years ago

November 22, 1995

Pictured are a quartet of Northwood-Kensett first graders dressed up like Pilgrims and Indians to get an old-fashioned Thanksgiving preview over a heart of venison and popcorn cooked up by their teacher, Linda Myhre.

Kathy and Larry Richards, the Royal Motel's new owners, are planning to refurbish the motel's original sign. Those plans include replacement of the neon lights.

Julie Robb, Rose Fredericks and Terry Nicholson were elected to the Northwood Chamber of Commerce board of directors during the organization's annual meeting. The three women will join Doug Fallgatter, Sandy Madden, Charlie Schumacher, Patti Trenhaile, Sue Waller and Mike Woitas on the Chamber board.

Elk Creek Lutheran Church members Lucille Medlang, Marie Bersagel, Dilene Orpen and Dolores Kruse showed off a handmade recycled polyester throw rug crafted by Dorothy Leegard of Lake Mills just before it was given away as a prize in a drawing at the Share Shoppe in Carpenter. Aloma Wilde of Grafton won the drawing. The Share Shoppe collects and sells used items such as clothing, books, furniture and board games.

Jack and Irma Perkins, long time 4-H boosters and managers of the Deer Creek 4-H food stand for 20 years, were named honorary members.

10 years ago

November 24, 2010

Northwood mayor Randy Severson delivered the oath of office to one new and one returning member of the Northwood City Council at the regular meeting on November 9. Teresa George, Northwood business owner and Chamber of Commerce president, assumed her new role as city councilor. Northwood business owner Gary Nerlien, former council member and mayor, returned to the council table.

Besides being the time of year for holiday celebrations, it is also hunting season. For the young students in Mrs. Hanson's kindergarten class, that meant hunting up a good book, while wearing hunting attire, whether it be camouflage or bright orange safety vests.

Customers who attended Flower Zone by Connie's Holiday Open House on November 20 were treated to decorating tips and demonstrations. Owner Connie Hickle had a variety of colorful Christmas trees displayed along with many decorations, dried and fresh flower arrangements and holiday treats. Tonya Davis, Kris Gordon, Tyler and Aaron Davis were pictured as participants in the event.

N-K's Tyler Thofson battled a Glenville-Emmons defender at the free throw line in Border Battle between the Wolverines and the Vikings.

Sophomore Maren Davidson brought the ball up the court against the Bison full court pressure Friday night in Buffalo Center. Davidson scored four points and is proving to be one of the many future stars for the young Vikings squad.

Northwood Anchor Obituaries

Jacqueline 'Jacie' Erdmann



JACQUELINE ERDMANN

Jacqueline "Jacie" J. Erdmann, 87, of Northwood passed away on Tuesday, November 3, 2020, at the Lutheran Retirement Home with her family at her side.

A graveside service was held at 11 a.m. on Saturday, November 14, 2020, at Sunset Rest Cemetery in Northwood with Rev. Cory Allard of Trinity United Methodist Church in Bolan officiating.

Visitation and public viewing was from 4 to 6 p.m. on Friday, November 13, 2020 at Conner Colonial Chapel, 1008 First Ave. South, Northwood, Iowa.

The family suggests memorials be made to either Trinity United Methodist Church in Bolan or to the Lutheran Retirement Home.

Jacqueline "Jacie" Jean Carlson Erdmann was born to Arthur "Art" Carlson and Viola "Bobbie" (Kenison) Carlson on April 30, 1933, in Barton Township at the home built in 1891 on the Byron Kenison farm, her great-grandfather and one of the first settlers in that area. She was baptized at an early age at the Evangelical United Brethren Church of Bolan, where she remained a member throughout her life.

She attended grade school at Barton No. 2 Country School, and was a 1951 graduate of Kensett High School, participating in choral music, school plays and basketball.

After high school, she went to LaJames Beauty College in Mason City, graduating in 1952. She later worked as a beautician at the Beauty Nook in Northwood, becoming owner of the business, being there for 37 years.

She was united in marriage to Howard Erdmann on August 24, 1952, and they raised their two children, Pamela and Craig, in Northwood.

Jacie enjoyed many activities throughout her life, including school sporting events and concerts. She and Howard were a fixture on the bench at N-K basketball games for many decades. She enjoyed bowling league, her Sorosis Study club and the annual Kensett variety show. She served in many capacities in the church, Sunday School teacher and superintendent, Bible School teacher, financial secretary, member of the United Methodist Women and life-long member of the choir. She enjoyed embroidery, cooking, coffee with friends and her flower garden, and did her best to follow the school activities of her children and grandchildren.

The past three years she has traveled to Mason City for kidney dialysis at Fresenius Care and has been a resident of the Lutheran Retirement Home in Northwood for the past two years, both places where she made new friends.

She is survived by her two children, Pam (Don) Anderson of Northwood and Craig (Joanie) Erdmann of Manassas, Virginia; six grandchildren, Audra (Amit) Varma, Matt Anderson, Grace Erdmann, Elizabeth (James) Burnett, Hope Erdmann and Curtis Erdmann; three great-grandsons, Alex and Charlie Burnett and Ishaan Varma; two brothers-in-law, Phil Erdmann and Roger (June) Erdmann; nephews, Kevin (Lisa) Carlson, John (Sandy) Kraft, Loran (Paula) Erdmann, and Arlen (Deb) Erdmann and nieces Kari (Carlson) (Kirk) Stoa and Janet (Erdmann) (Roger) Ryerson; and uncle, Donny (Darlene) Kenison; along with many cousins.

She was preceded in death by her husband, Howard; her parents, Art and Bobbie Carlson; her brother, Daryl Carlson; her niece, Kim (Carlson) Kraft; her grandparents, Axel and Mia Carlson and Roy and Althea Kenison; Howard's parents, Erwin and Irene Erdmann; sister-in-law, Ruth Erdmann; and uncles and aunts, Everett Carlson, Arne Carlson, Walt Carlson, Hazel Trainer, Pearl Mahrenholz, Dorothy Perkins, Harold Kenison, Dorothy Kenison, Margie Baskett and Marvyl Carr.

Lillian Loland



LILLIAN LOLAND

Lillian E. Loland, Toeterville, Iowa, passed away on November 7, 2020, at the Good Samaritan Center in St. Ansgar.

Lillian Seuser was born in Gordonsville, Minnesota, on October 8, 1926, the daughter of Wendell (Pat) and Evelyn Seuser. She graduated from Northwood High School, earned a teacher certificate and taught four years in Minnesota and Iowa rural schools and five years at Otranto, teaching elementary grades.

She married Stanley Loland in Northwood on April 16, 1948, and they had three daughters and lived most of their married life in Toeterville.

Lillian was with the St. Ansgar Schools for 21 years, eight years at Carpenter as a teacher's aide and math teacher and 13 years at Grafton Middle School as a Chapter 1 teacher.

She was a long time active member of St. Peter Lutheran Church and served as the organist for many years and directed the junior choir.

Lil enjoyed fishing, crossword puzzles, having coffee with her Toeterville neighbors, and traveling with her daughters. She will be remembered for her many jokes and her homemade buns.

A private graveside service was held at the Sunset Rest Cemetery in Northwood.

She is survived by her three daughters, Chris (Gailen) Hauck, Leola, S.D., and her children, Josh (Christin) Heiden, Rochester, Minn., and Jessica (Bobby) Dennis, Alpheretta Ga.; Kathy Millard, Garner, Iowa, and her children, Kelsey Millard, Clear Lake, Lisa (Colby) Dye, Iowa City, Joey Millard, Los Angeles, Calif., and Mikah Millard, Ames, Iowa; Kim Mogk, Grafton, Iowa, and her children, Samantha (Jimmy) Prince, Mason City, Iowa, Randy (Raedel)Mogk, St. Ansgar, Iowa, and Bowen Peterson, Omaha, Neb.; nine great-grandchildren; and her sisters, Ardis Hanson and Margaret (Lyle) Krumm, Northwood, Iowa.

She was preceded in death by her husband, Stanley, in 2006; her parents, Wendell and Evelyn Seuser; and her sister, Irma Perkins.

Memorials may be sent to Kathy Millard, 2475 190th St., Garner, IA 50438.

Wish to celebrate the life of a passed loved one?

Let the Northwood Anchor help memorialise your loved ones

anchor1@nwdanchor.com • or 641-324-1051

Preparing strawberries for winter

By Cynthia Haynes
Associate Professor in Horticulture

As they do with quite a few other fruits and veggies, gardeners must prepare strawberry plants for winter to enable a successful harvest next spring. In this installment of Yard and Garden, Cynthia Haynes, associate professor and extension specialist in horticulture at Iowa State University, answers questions about that topic.

My strawberry plants are growing in a strawberry pyramid. How do I protect the plants over winter?

A strawberry pyramid is a type of raised bed. In winter, temperatures in raised beds may be several degrees colder than ground-level plantings. Because of colder temperatures, strawberry plants growing in raised beds require more protection than ground level sites. Place 6-8 inches of straw or chopped cornstalks on strawberry pyramids or other raised beds in fall.

Strawberries should be mulched in fall to prevent winter injury. Low temperatures and repeated freezing and thawing of the soil through the winter months are the main threats to strawberry plants. Temperatures below 20 degrees Fahrenheit may kill flower buds and damage the roots and crowns of unmulched plants. Repeated freezing and thawing of the soil can heave plants out of the ground, severely damaging or destroying the plants.



Excellent mulching materials include clean, weed-free oat, wheat or soybean straw. Chopped corn stalks are another possibility. Apply approximately three to five inches of material. After settling, the mulch layer should be two to four inches thick.

In windy, exposed areas, straw mulches can be kept in place by placing wire or plastic fencing over the area. The fencing can be held in place with bricks or other heavy objects.

Allow the strawberry plants to harden or acclimate to cool fall temperatures before mulching the bed. In northern Iowa, strawberry plantings are normally mulched in early November. Gardeners in central and southern Iowa should mulch their strawberries in mid-November and late November, respectively.

For more information, Haynes can be reached at 515-294-4006 or chaynes@iastate.edu.

Bolan

Such a crowd came to the Bolan Trinity UM Church "Drive In – Take Out" Swiss Steak dinner that we ran out of food! We were overwhelmed by your support of this new endeavor that we took on and sorry so many of you had to be turned away.

Well, the way it looks with this COVID – 19, we will not be having in person church services for some time. We here at Trinity UMC had services on October 18 and 25th and that was it. So the continuation of Facebook at 10:30 a.m. and on radio station 97.1 FM at 11 a.m. I'd like to believe we'll be in church on Christmas Eve. Perhaps I'm a dreamer!?

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO. ESPR009236
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF DAVID E. DAHLE, Deceased.

To All Persons Interested in the Estate of David E. Dahle, Deceased, who died on or about September 27, 2020:

You are hereby notified that on October 27, 2020 the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the date of the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated November 6, 2020.

Sonya K. Dahle
707 11th Street North
Northwood, IA 50459
Administrator
of the Estate

John H. Greve
736 Central Ave.
Northwood, IA 50459
Attorney for the
Administrator

Date of second publication 18th day of November, 2020.

46-2t

Supervisors

November 2, 2020
Forty-fifth Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone and Mark Smeby, present.

Electronic public access was made available by computer or telephone via Zoom.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone and Smeby. Nays: none. Abstentions: none. Absent: none.

Motion by Smeby, second by Stone, carried to approve the November 2, 2020 agenda.

Motion by Smeby, second by Stone, carried to approve the October 26, 2020 board minutes.

Motion by Smeby, second by Stone, carried to approve the following claim:

IA Law Enforcement Academy, EDU-SHF $1,575.00

Motion by Smeby, second by Stone, carried to approve a charge account request to R-80 LLC by Brian Lund, General Services.

Motion by Smeby, second by Stone, carried to approve County Employee pay as a Precinct Election Official during an election day as follows: Regular pay during regular hours, Election Pay (currently $13.25) for additional hours and the time for the Election Day does not count against the County Employee's Vacation with permission from Department Head.

Motion by Smeby, second by Stone, carried to approve the LMR Datalogger Membership 28E Agreement between Worth County and Cerro Gordo Joint 911 Service Board.

Motion by Smeby, second by Stone, carried to adjourn at 9:22 A.M. The next meeting of the Board of Supervisors will be Tuesday, November 10, 2020 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

City Council

The Council of the City of Northwood met in regular session at City Hall on 11/9/20 at 6 pm with Mayor Moehle presiding and the following council members present:

George-Zenz, Nerlien, Tenold, Reeder, Meyer.

Motion to approve the agenda. Unam.

Motion to approve the following under Consent Agenda: Approve Council Meeting Minutes of October 26, 2020; Treasurer Report; Approve Beer Permit Renewal – Fallgatter's Market; Claims as follows:

Payable to: For: Amount
IA Dept of Revenue
Water Excise Tax $1,151.00
IA Dept of Revenue
Sales Tax $336.00
NSB, Monthly ACH ...$20.00
Professional Solutions
Credit Card Fee.....$4.93
Jason Doege
Leaf Bailer.....$800.00
Payroll, Wages.....$17,930.10
Wellmark BCBS
Insurance.....$10,983.30
Verizon
Cell Phones-tr,fd $106.99
Alliant Energy
Services.....$11,933.39
Principal, Insurance.$410.62
USPS, Mailing-cc $274.75
Payroll, Wages.....$18,561.84
A & I, Repairs-pw..$1,335.56
Amber Julseth
Mileage-cc.....$405.95
Aquafix, Supplies-pw$380.81
Arlys Reeder
Water Deposit Refund .....
.....$20.00
Beland Tree Service
Stump Removal.....$75.00
Berge Oil
Fuel-pw,tr.....$1,312.42
Brown Supply
Supplies-pw.....$1,686.00
CarQuest
Supplies-pw.....$704.05
David Patrick
Services-cc,lib.....$57.00
Dicks Place
Towing-pw.....$275.00
Eilertson Repair
Repairs-pw.....$20.29
Falkstone
Supplies-pw.....$316.87
Frank Dunn
Supplies-pw.....$799.00
GWorks
2021 Computer Software-cc
.....$5,223.57
Hawkins
Supplies-pw.....$1,002.95
Holiday Inn
Lodging-cc.....$211.11
Huber Supply
Cylinder Rental-pw..$35.62
In Control, Inc.
Repair-pw $432.00
IA Dept of Ag
Lic Renewal-pw.....$75.00
Iowa One Call
Services-pw.....$12.60
John Greve
Legal Services $500.00
Kelly Hardware
Supplies $659.32
Keystone Labs
Testing.....$1,803.50
Larsen Plumbing & Heating
Repairs-cc $169.09
Matt Tufte
Soccer Nets-rec.....$959.99
Metering & Tech
Supplies-pw $2,424.21
Mid American Research
Chem., Supplies-pw .$166.03
Northwood Anchor
Publications.....$409.23
Northwood Electric
Repairs.....$379.99
Northwood Sanitation
Fall Clean Up Days.....
.....$6,964.50
Northwood Sanitation
Garbage Services.$7,969.00
Northwood Senior Center
Monthly Donation ..$650.00
Northwood Waterworks
Water Dep Transfer .$15.00
Northwood Waterworks
Water Dep Transfer .$50.00
Office Depot
Supplies-cc,lib.....$88.26
Quality Flow
Services-pw.....$1,500.00
Thofson Plumb & Heating
Repairs-cc $84.75
WCTA
Phone/Internet $660.44
Worth Co. Sherriff
28E Police Services .....
.....$29,669.42
Worth Lumber
Supplies-pw $484.98
Library:
Center Point Large Print
Materials $176.99
North Iowa Libraries
Materials $125.00
Baker & Taylor
Materials $474.29

Summary of October 2020 receipts by fund type: General - $301,147.79; Special Revenue-$144,467.60; Debt Service - $115,838.67; Capital Projects-$3,094.78; Enterprise- $92,418.92; Trust & Agency - $0.

Summary of October 2020 disbursements by fund type: General - $59,073.91; Special Revenue-$52,664.75; Debt Service-$50,000; Capital Projects-$0; Enterprise-$49,828.66; Trust & Agency - $0.

Roll was called and the following voted Aye: George-Zenz, Nerlien, Tenold, Reeder, Meyer.

Motion to approve Resolution No. 2011-29 Authorizing & Approving CAT Grant Agreement/Award. Unam.

Motion to adopt Employee COVID-19 Quarantine Procedures. Unam.

Motion to renew Wellmark Blue Cross Blue Shield HSA Silver PPO Plan for 2020 with contributing $3,700 to HSA accounts and employees having a monthly cost share. Unam.

Motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

Supervisors

November 10, 2020
Forty-sixth Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone and Mark Smeby, present.

Electronic public access was made available by computer or telephone via Zoom.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone and Smeby. Nays: none. Abstentions: none. Absent: none.

Motion by Smeby, second by Stone, carried to approve the November 10, 2020 agenda.

Motion by Smeby, second by Stone, carried to approve the November 2, 2020 board minutes.

Motion by Smeby, second by Stone, carried to approve drainage claims in the amount of $36,932.73 as per the following schedule:

Bolton & Menk, Inc., DD 2 Main, Prof Services$2,763.00
Rognes Bros Excavating Inc., DD 3/Lat 3 Upper Ditch, Repairs.....$3,692.50
..... Rognes Bros Excavating Inc., DD 3/Lat 3A, Repairs ...
.....$646.50
Bolton & Menk Inc., DD 3/ Lat 8, Prof Services..$240.00
Bolton & Menk Inc., DD 11/ Main A, Prof Services .....
.....$7,700.00
Bolton & Menk Inc., DD 11/ Main A, Prof Services$700.00
Bolton & Menk Inc., DD 13 Open Ditch, Prof Services.....
.....$300.00
Bolton & Menk Inc., DD 13/ Lat 3 Ditch, Prof Services.....
.....$1,065.50
Bolton & Menk Inc., DD 13/ Lat 3 Ditch, Prof Services.....
.....$2,899.50
Northwood Anchor Inc., DD 13/Lat 3 Ditch, Publication...
.....$75.89
Century Ag Inc, DD 17/Lat 2, Repairs.....$7,109.10
Popp Farm Drainage, DD 19 Main, Repairs.....$1,661.00
Century Ag Inc, DD 23/Lat 9B & 9B1, Repairs $1,552.99
Bolton & Menk Inc., DD 34/ Main E, Prof Services$600.00
Bolton & Menk Inc., DD 38, Prof Services.....$240.00
Bolton & Menk Inc., DD 46/ Lat 9, Prof Services$1,143.50
Bolton & Menk Inc., DD 46/ Lat 9, Prof Services$3,365.50
Northwood Anchor Inc. ..... DD 46/Lat 9, Publication .....
.....$77.75
Bolton & Menk Inc., DD 49, Prof Services.....$600.00
Bolton & Menk Inc., DD 52 Main, Prof Services ..$500.00
Grand Total $36,932.73

Motion by Smeby, second by Stone, carried to approve claims in the amount of $190,398.04 as per the following schedule:

A & I Auto Body Inc
Service-Eng 2,094.16
Advanced Drainage Sys Inc
Supplies-Eng 83.61
Alliant Energy
Service-Gsr 3,068.37
Aramark, Service-Gsr 328.33
At&T Mobility
Service-Shf.....1,468.99
Badker Plumbing & Heating Inc, Service-Eng 304.30
Bcn Telecom
Service-Gsr 93.49
Berge Oil Company
Fuel-Eng 22,314.83
Black Hills Energy Inc
Service-Eng 95.95
Bmc Aggregates Llc
Rock-Eng 234.46
Bob Barker Company Inc
Supplies-Shf 90.08
C J Cooper & Associates Inc
Service-Tra 250.00
Carquest Auto Parts Inc
Supplies-Eng 3,280.76
Cemstone Concrete Materials, Llc, Sand-Eng ...1,365.70
Central Ia Detention
Service-Juj 2,066.54
Central Lock & Key Inc
Supplies-Eng 124.00
Centurylink
Service-Eng 57.00
Cintas Corporation
Supplies-Eng 94.80
City Of Fertile
Rutf-Eng 1,504.82
City Of Grafton
Rutf-Eng 865.03
City Of Hanlontown
Rutf-Eng 351.66
City Of Joice
Rutf-Eng 850.12
City Of Kensett
Rutf-Eng 463.19
City Of Manly
Service-Eng 47.97
City Of Northwood
Service-Gsr 423.83
Compass Minerals
Rock-Eng 64,585.52
Culligan Of Mason City
Service-Gsr 77.90
Dakota Popp
Reimb-Con 149.99
Deano's Road Dust Control
Supplies-Eng 823.50
Falkstone Llc
Rock-Eng 106.84
Frontier Precision
Supplies-Dap 24,208.00
Galls, Llc
Supplies-Shf 692.30
Greve Law Office
Rent & Payroll-Aty6,035.00
Hogan Bremer Moore Col Chapels
Service-Mex 1,106.00
Homeward Inc
Appro-Org 5,000.00
Huber Supply Co Inc
Service-Eng 270.58
Ip Pathways
Supplies-Dap 400.00
Itsavvy Llc
Supplies-Asr 255.00
Joel Rohne
Reimb-Aud.....66.82
Kelly Hardware
Supplies-Con 187.18
Lawson Products Inc
Supplies-Eng 373.15
Lea Mobile Glass Inc
Service-Ema 229.50
Manly Junction Signal
Service-Asr 69.00
Mark's Tractor Inc
Supplies-Con 78.44
Martin Marietta Materials Inc, Rock-Eng .....,209.61
Midwest Wheel Companies Inc, Supplies-Eng 87.77
Miller Ranch And Mobile Repair, Service-Eng.....8,837.51
Municipal One
Service-Dap 1,736.00
Napa Auto Parts
Supplies-Eng 20.98
Nelson Family Trust
Rent-Shf.....300.00
No Wait Inside, Llc
Service-Dap 29.00
Northern Ia Construction Products
Supplies-Eng 7,420.00
Northwood Anchor Inc
Service-Asr 166.00
Northwood Sanitation Llc
Servicew-Gsr 191.50
Nuss Truck & Equipment Inc
Service-Eng 3,006.25
Plunkett's Pest Control Inc
Service-Shf.....124.80
Ram Systems
Service-Phd.....720.00
Scp, Service-Eng.....3,805.00
Shred Right
Service-Phd.....47.25
Staples Credit Plan
Supplies 203.90
Star Equipment, Ltd
Parts-Eng.....3,063.46
Teresa Olson
Reimb-Rec.....41.61
Veenstra & Kimm, Inc
Service-Ndp 2,660.55
Verizon Wireless
Service-Shf.....388.75
Visa, Service-Dap 564.03
Wex Bank
Fuel-Tra.....1,362.62
Winnebago Coop Telephone Assn, Service-Gsr 3,038.30
Worth County Engineer
Fuel-Shf 3,708.60
Ziegler Inc
Parts-Eng.....1,027.84
Grand Total 190,398.04

Motion by Smeby, second by Stone, carried to approve monthly report for sheriff's department.

Motion by Smeby, second by Stone, carried to approve payroll eligibility verification for Kirstin Wendel per the sheriff's department.

The Board of Supervisors proceeded to canvass the results of the votes of the 2020 General Election for the US President and Vice President, U.S. Senator, US Representative, District 1; State Senator, District 26; State House of Representative, District 051, four Supreme Court Justices, four Court of Appeals Judges and four District 2A Judges and two District 2A Associate Judges were made and certified to the Secretary of State as provided by law. We hereby certify that 4,436 ballots were cast in Worth County at the General Election on November 3, 2020.

The vote for said offices and the County, Township, and Soil & Water Conservation District Commission, Agriculture Extension Council Member offices, pursuant to Iowa Code Chapter 50.24, were tabulated and the results were declared as set forth in the election records which, by this reference, is made part of these proceedings.

County officers were declared as follows:

County Supervisor, District 2 – Gary A. Hanson
County Auditor – Jacki A. Backhaus
County Sheriff – Dan Fank

Township officers were declared as follows:

Barton Township:
Trustee – Curtis Bartz
Bristol Township:
Trustee – Douglas Arneson
Brookfield Township:
Trustee – Bill Imlau
Danville Township:
Trustee – Brett Backhaus
Deer Creek Township:
Trustee – Mark Davidson
Fertile Township:
Trustee – Dwight Bruns
Grove Township:
Trustee – Lois Lawler
Hartland Township:
Trustee – Douglas Wallin
Kensett Township:
Trustee – Larry Foley
Lincoln Township:
Trustee – James Dobel
Silver Lake Township:
Trustee – Mike Thompson
Union Township:
Trustee – Ronald Balek

Soil and Water Conservation District Commissioners declared as follows: Harlan Helgeson, Dennis Meyer and James Dobel.

Agriculture Extension Council Members were declared elected as follows: Peter Julseth, Allyson Krull, Karla M. Larson and Jessica Lutz.

Motion by Smeby, second by Stone, carried to adjourn at 9:15 A.M. The next regular meeting of the Board of Supervisors will be Monday, November 16, 2020 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

Northwood Anchor

Legal

People's Right to know

Supervisors

November 12, 2020
Special Meeting

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone and Mark Smeby, present.

Electronic public access was made available by computer or telephone via Zoom.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone and Smeby. Nays: none. Abstentions: none. Absent: none.

Department heads were present to discuss the current COVID-19 situation.

The Board of Supervisors will decide updated COVID-19 policies/procedures at the next regular board meeting on Monday, November 16.

Motion by Smeby, second by Stone, carried to adjourn the special meeting.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY JUVENILE DIVISION NOTICE

To: Tori Low
Steven Fox

YOU ARE HEREBY NOTIFIED THAT THERE is a Petition for Termination of Parental Rights in Worth County Juvenile Court, case JVJV000943 and JVJV000944.

You are further notified that hearing on the Petition has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on December 14, 2020, at 1:00 p.m.

You are further notified that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.

Jeffrey H. Greve
Worth County Attorney
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Telephone: 641-324-1291
45-3t

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m.
Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

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DAVID PENFOLD, DDS
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Wed. 8 a.m. - 5 p.m., Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - Noon
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

Notice

TRUST NOTICE

IN THE MATTER OF THE TRUST: THE MARILYN L. FJELD REVOCABLE TRUST u/d8/30/2013

To all persons regarding Marilyn L. Fjeld, deceased, who died on or about October 9, 2020. You are hereby notified that Jerry L. Fjeld is the trustee of the Marilyn L. Fjeld Revocable Trust. Any action to contest the validity of the trust must be brought in the District Court of Worth County, Iowa, within the later to occur of four (4) months from the date of second publication of this notice or thirty (30) days from the date of mailing this notice to all heirs of the decedent settlor and the spouse of the decedent settlor whose identities are reasonably ascertainable. Any suit not filed within this period shall be forever barred.

Notice is further given that any person or entity possessing a claim against the trust must mail proof of the claim to the trustee at the address listed below via certified mail, return receipt requested, by the later to occur of four (4) months from the second publication of this notice or thirty (30) days from the date of mailing this notice if required or the claim shall be forever barred unless paid or otherwise satisfied.

Dated this November 13, 2020.

Marilyn L. Fjeld
Revocable Trust

Jerry L. Fjeld
3770 Bluebill Avenue
Joice, IA 50446

Date of second publication 25th day of November, 2020.

47-2t

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO.
02981 ESPR009237
NOTICE OF PROOF OF WILL WITHOUT ADMINISTRATION

IN THE MATTER OF THE ESTATE OF MARILYN L. FJELD, Deceased.

To All Persons Interested in the Estate of Marilyn L. Fjeld, Deceased, who died on or about October 9, 2020:

You are hereby notified that on 13th day of November, 2020, the Last will and testament of Marilyn L. Fjeld, deceased, bearing date of the 18th day of September, 2013 was admitted to Probate in the above named court and there will be no present administration of the estate. Any action to set aside the will must be brought in the district court of the county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Dated this 13th day of November, 2020

Jerry L. Fjeld
Proponent

B. Michael Dunn
AT#0002200
23 3rd Street NW
Mason City, IA 50401

Date of second publication 25th day of November, 2020.

47-2t

Northwood-Kensett School

The Northwood-Kensett Board of Directors met in a Regular Meeting on Thursday, November 12, 2020 in the Secondary Media Center at 7:00 P.M.

Members present: Larry Hovey; John Anderson, Roger Harris, Cindy Pangburn; Susan Kliment; Members Absent: none

(5-0) Approved the agenda; October 8th regular meeting minutes; Financial Reports for October; November bills for payment

President Hovey turned the meeting over to Superintendent Crozier

(5-0) Elected Larry Hovey as President

(5-0) Elected John Anderson as Vice President

Board Secretary Athey administered the Oath of Office to newly elected President Hovey and Vice President Anderson

Supt Crozier turned the meeting over to President Hovey

Reports

Elementary Principal: 1) Parent Teacher conferences held either in-person or virtual with 88% participation 2) Preschool Advisory Committee met on Oct 28 to discuss schedule change, COVID mitigation strategies, parent survey to be shared in February 3) working on options for virtual winter concerts

Secondary Principal: 1) Parent Teacher conference attendance 70% 2) Bandana Project to assist students struggling with feelings of depression

Superintendent: 1) Snow Days will be a mix of e-learning days and no school days 2) $200,000 WCDA grant for Transportation Facility

School Board: 1) Next regular board meeting scheduled for December 10th at 7:00 pm

Old Business

1) Viking Activity Center: tentative time line established with bid letting of Jan 2021 and construction starting April 2021 and substantial completion Feb 2022

2) Transportation Facility: details continue to be worked out with City of Northwood regarding the road construction; tentative time line established with bid letting of Jan 2021 and construction starting April 2021 and substantial completion Oct 2021

3) COVID-19 Issues: there will be a limit of 2 spectators per participating athlete at winter sporting events; mandatory masks for all spectators at sporting events

New Business

(5-0) Approved the time for regular school board meeting is 7:00 pm on the second Thursday of each month in the Secondary Media Center

(5-0) Approved SBRC Maximum Modified Supplemental amount for Open Enrolled Out in the amount of $41,280

(5-0) Approved the Lutheran Retirement Home Transportation and Shelter agreement

(5-0) Approved the RFP for rental space in the Viking Activity Center

(5-0) Approved the Engagement letter with Piper Sandler as our placement agent for SAVE bonds

(5-0) Approved Ahlers and Cooney as our bond Counsel for SAVE bonds

(5-0) Approved a resolution authorizing and approving a Community Attraction and Tourism Program Agreement between the Enhance Iowa Board and the City of Northwood/Northwood-Kensett Community School District

(5-0) Accepted the resignation of Denise Dahl as secondary custodian

(5-0) Accepted the resignation of Heather Rheingans as Head Volleyball coach and school nurse effective November 29, 2020

(5-0) Approved Brian Fausnaugh as Assistant Boys Basketball coach for the 2020-2021 season pending successful completion of his coaching authorization

(5-0) Approved Dakota Popp as substitute bus driver for the 2020-2021 school year

(5-0) Approved Steve Rollefson as Interim Business Manager/Board Secretary at the rate of $300 per diem per day

Administered the Oath of Office to Interim Business Manager/Board Secretary, Steve Rollefson

(5-0) Adjourned the meeting at 7:58 pm

Northwood-Kensett CSD 11/12/20

A & I AUTO REPAIRS.....3,580.58
A1 Storage rental 268.00
AGVANTAGE FS, INC propane 717.75
AHLERS & COONEY, P.C. legal services 547.50
AIRGAS USA, LLC SUPPLIES.....704.22
AKJ Education supplies.....316.73
All Star Pest Control pest control 75.00
ALLIANT ENERGY ELECTRICITY....11,487.51
Amazon Capital Services SUPPLIES.....614.05
BLICK ART MATERIALS SUPPLIES.....500.19
CAROLINA BIOLOGICAL SUPPLY COMPANY supplies.....564.00
CARQUEST AUTO PARTS SUPPLIES.....40.38
Central Rivers Area Education Agency supplies.....139.00
CITY OF NORTHWOOD water/sewer 1,468.66
CULVER HAHN ELECTRIC SUPPLY SUPPLIES.....1,120.00
DES MOINES REGISTER #1150, subscription 10.69
FALLGATTER'S MARKET SUPPLIES.....713.79
Gimkit.com supplies.....59.88
GREAT LAWN SERVICES LAWN CARE.....400.00
Grundmeyer Leader Search search firm.....2,500.00
Hebel, Nichol reimb supplies 117.50
Heggerty, supplies 375.55
HOGLUND BUS COMPANY REPAIRS.....348.24
HOVEY'S LAWN AND GARDEN LLC LAWN CARE.....2,500.00
IA CRIMINAL RECORD CHECKS BACKGROUND CHECK 52.00
IOWA ASSOC OF AGRICULTURAL EDUCATORS REGISTRATION.....50.00
IOWA DEPARTMENT OF PUBLIC SAFETY SING BACKGROUND CHECKS. 15.00
Iowa Water Management Company boiler service.....200.00
Kelly Hardware SUPPLIES.....198.04
LARSEN PLUMBING & HEATING, INC. drinking fountains 5,244.77
MANKATO CONTROL SYSTEMS, repairs.....302.31
MARTIN BROTHERS supplies.....1,960.08
Medical Enterprises, Inc. fees 968.00
Moving Minds supplies.....657.54
N-K ACTIVITY FUND online fees.....230.00
N-K COMMUNITY EDUCATION FOUNDATION refund 1,533.00
NASCO, SUPPLIES...266.27
NIACC Continuing Ed Dpt training.....90.00
NORTHWOOD ANCHOR PUBLICATION.....506.15
NORTHWOOD CHIROPRACTIC PC physical.....200.00
NORTHWOOD ELECTRIC ELECTRICAL SERVICES. 195.00
NORTHWOOD SANITATION, garbage.....610.00
OFFICE ELEMENTS SUPPLIES.....8.59
OLSON TRADING POST supplies.....63.27
One Source Background Check Company background checks.....61.00
Palos Sports/School Health Corporation, supplies.881.58
Parks, Gregory reimb supplies 214.98
PLUMB SUPPLY COMPANY - MC, SUPPLIES .256.31
Reindl, Jordan travel expenses.....230.08
SCHOOL HEALTH CORPORATION, supplies 90.14
SCHOOL SPECIALTY SUPPLIES.....821.92
Smalley, Jordan reimb supplies 182.62
Staples Business Credit supplies.....172.12
Symmetry Energy Solutions LLC, natural gas 608.65
Thorson, Megan reimb supplies 103.41
Truck Center Companies service 208.50
U S Cellular distance learning internet 42.94
WINNEBAGO COOPERATIVE TELECOM ASSN phone/internet service 949.69
WORTH COUNTY ENGINEER, diesel/gas.....3,028.11
WORTH COUNTY EXTENSION, supplies 125.00
WORTH COUNTY PUBLIC HEALTH, flu shots 950.00
Worth Lumber Company supplies.....35.13
Fund Number 10...51,481.42
Albert Lea Steel, Inc. supplies.....54.96
BMI, licensing 152.72
Central Rivers Area Education Agency supplies.....343.00
CORNERPOST, THE supplies.....1,537.74
Davis, Clifton scoreboard.....100.00
DEHRKOPP, MIKE official 100.00
FALLGATTER'S MARKET SUPPLIES.....108.33
Family, Career & Community Leaders of America fee.....37.00
IOWA BASKETBALL COACHES ASSN dues.....120.00
Iowa FFA Association dues.....832.50
Iowa Girls Coaches Association, fees.....75.00
IOWA SPORTS SUPPLY CO. jerseys, suppliews .1,337.00
J.W. PEPPER & SON, INC. supplies.....138.99
Jackson, Ashley choreography.....250.00
Jensen, Brad Official 70.00
JOSTENS, INC. supplies.....1,716.80
LACEY, BRANDT official 100.00
LANG, MATT official 70.00
McLaughlin, Bob official 125.00
N-K GENERAL FUND reimb officials.....226.07
NALAN, CLAYTON official 100.00
NALAN, MARK official 100.00
NASHUA-PLAINFIELD CSD, entry fee 80.00
Pangburn, Cindy reimb supplies 208.59
Perkins, Guy official 100.00
PIKE, TRAVIS official 125.00
Reindl, Jordan reimb registration 250.00
RUSTAD, DUANE official 140.00
Schroeder, Mel Official 70.00
ST. ANSGAR CSD entry fee.....80.00
Steve Weiss Music supplies.....84.34
Thorson, Megan reimb supplies.....20.29
WEST FORK CSD entry fee.....50.00
Whitehill, Scott official 125.00
WOOLDRIDGE, KARL official 100.00
Yakle, Jerry, official.....70.00
Fund Number 21.....9,198.33
Atura Architecture architecture services 35,000.00
Tremco/Weatherproofing Technologies, Inc repair services 2,598.58
Fund Number 33...37,598.58
CENTRAL LOCK SECURITY, lock service 1,018.00
Marco, copier lease..1,148.48
Rapids Foodservice Contract & Design, equipment .608.96
Fund Number 36.....2,775.44
EMS DETERGENT SERVICES, SUPPLIES.....173.10
MARTIN BROTHERS food, supplies.....12,389.44
PAN-O-GOLD BAKING CO BREAD 668.40
Fund Number 61...13,230.94

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We are looking for a outgoing, energetic person who is well organized and willing to work 20-25 hours a week.
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becky@nwdanchor.com or stop in.

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Deadline Noon on Fridays

CLASSIFIED ADVERTISING

NOTICE

NOTICE: This property will be disposed of, located at A-1 Storage, 1531 Hwy 9, Manly, IA at 12:00 PM on November 30, 2020 – Unit #29 Mike Anderson – misc household items.
47-2t

NOTICE: This property will be disposed of, located at A-1 Storage, 1531 Hwy 9, Manly, IA at 12:00 PM on November 30, 2020 – Unit #43 Tomoko Miller – misc household items.
47-2t

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Scenes of a fall's winter's day

Last week's cold and ice created some interesting images. Pictured at left is the unique scene of a camel and his compatriots amidst the snow and ice coated landscape at Shady Oaks near Northwood. Pictured at right are the branches of a tree, also coated in ice following last Tuesday's freezing rain.

Iowa State hosting Ag Chem Dealer meetings this December

By Brent Pringnitz
Agriculture and Natural Resources Extension

Sprayer cleanout to minimize tank contamination will be the featured topic at the 2020 Ag Chemical Dealer Update meetings sponsored by Iowa State University Extension and Outreach.

These meetings will also feature a short crop disease and insect update covering topics like Sudden Death Syndrome in soybean, tar spot in corn and corn rootworm.

The Ag Chem Dealer Update meetings will be held near Ames on Dec. 8 and in Iowa City on Dec. 15. Each location will offer a morning session from 8 a.m. until 11:30 a.m. and an afternoon session from 1:30 until 5 p.m.



Meetings are approved for Certified Crop Adviser credits. In addition, the meetings offer Iowa Commercial Pesticide Applicator recertification in categories 1A, 1B, 1C and 10 for calendar year 2020. Recertification is included in the meeting registration. Attendance at the entire meeting is required for recertification.

Registration is $70. Pre-registration is required, as attendance will be limited to ensure social distancing can be maintained. The deadline to register for the Ames event is Dec. 6 at midnight. The deadline for Iowa City is Dec. 13 at midnight.

No walk-in registrations will be accepted, and all attendees and staff will be required to wear a face covering.

Visit www.aep.iastate.edu/acu for program details or to register online. For additional information, contact an ISU Extension and Outreach field agronomist hosting the meeting.

Ames – Dec. 8, Meaghan Anderson, mjanders@iastate.edu, 319-331-0058; Angie Rieck-Hinz, amrieck@iastate.edu, 515-231-2830; Mike Witt, witt@iastate.edu, 641-430-2600.

Iowa City – Dec. 15, Rebecca Vittetoe, rka8@iastate.edu, 319-653-4811; Virgil Schmitt, vschmitt@iastate.edu, 563-263-5701; Joshua Michel, jjmichel@iastate.edu, 319-523-2371.

'Water Rocks!' debuts new youth education videos

The educational program Water Rocks! at Iowa State University has debuted the Harmony Brook Watershed video series for young learners.

Featuring puppets and Water Rocks! team members, the videos provide educational content in quick episodes designed to engage young people from preschool through third grade and introduce them to environmental, natural resources and conservation concepts.

The videos are accessible through the Water Rocks! website or directly on the Water Rocks! YouTube channel.

Starting with the first four episodes, which focus on learning about watersheds, the series will continue to grow with a new video being posted each Tuesday at 1 p.m. Additional topics will include soils, wetlands, waterways, pollinators, trees, ecosystems and habitats.

"We hope to see Harmony Brook Watershed videos become a valuable resource to teachers and parents looking for quality science education materials for youngsters," said Ann Staudt, Water Rocks! director at Iowa State University. "The videos convey fundamental principles using simple language and fun conversations among the characters. Delivering the information in bite-sized doses, the series builds on nature-centered vocabulary and concepts. We've had a lot of fun creating and producing these videos and certainly hope the viewers will love them, too."

The puppet characters, representing species that are indigenous to Iowa, include a Barn Owl, Fox, Green Frog and Swallowtail Butterfly. Each has a unique personality and provides perspectives and information about their environment and ecosystems. Building on more than a decade of youth education and outreach, these videos provide science-based STEM lessons about conservation and water quality that can form a foundation for future science learning and instill lifelong interest in students.

More about Water Rocks!, including how to view the Harmony Brook Watershed videos, can be found online at www.waterrocks.org.