



## Briefs

### Chamber hosts Valentine's contest

The Northwood Chamber of Commerce is once again holding a contest, with a variety of prizes that the lucky winner and their special someone will love.

Those interested can sign up at several local chamber members. That includes CarQuest Auto Parts, Northwood Anchor, Kelly Hardware, Ver Helst Drug, Shade Tree Liquors, Tequila's Mexican Bar and Grill, Knudtson Auto and Modern Gardens Floral and Gifts.

The drawing will be held on Thursday, February 11. Winners will be contacted after the drawing.

### Blood drive set for Friday

The next opportunity to make a life-saving donation in Worth County will take place this Friday, February 5, in Manly.

A blood drive, sponsored by the Edward Tosel American Legion Post 110 and Women's Auxiliary, will be held at the Legion Post banquet room, at 110 E. Elmore Street in Manly, from 1-4:30 p.m.

Due to COVID-19 safety measures, appointments are required. Those that would like to donate may contact Joann Andera at 641-454-2451. Appointments may also be made by texting LIFESERVE to 999-777, by calling 800-287-4903 or going online to lifeserve-bloodcenter.org.

# Hopperstad finally home after 36 days of COVID recovery

By JoAnn Lower

It was December 11 when Jan Hopperstad went to be tested for the coronavirus.

"I had been feeling tired, had no energy and would sometimes lose my chain of thought," she remembers. "I had no sense of taste or smell, and Jerry said I had a fever."

Jan's test came back positive for COVID-19. She had asked Jerry to go with her that day, but he wouldn't go.

Six days later, "It really hit me," Jerry said. "I had no symptoms and I'd never had lung problems; just weak from not having enough oxygen."

Jan called their son Jay and his wife Robin to help, but after one look at Jerry, they said he needed more than a car ride to the hospital; he needed an ambulance.

Within minutes, Jake Loken, full-time EMT with the ambulance service, walked through Hopperstad's front door. "We were so



Pictured in their living room in 2018 are Jerry and Jan with their miniature pinscher Ruby. Since then Ruby has passed. Eight months ago the couple adopted a lucky little shih tzu named Louie (not pictured) from the Austin Humane Society. Needless to say, Louie is thrilled to have them both back at home and pays special attention when Jerry goes to the freezer for ice cream.

lucky to get Jake," Jan said. "He was absolutely wonderful, and it was a good thing Jerry went

by ambulance or he wouldn't have made it." Arriving at MercyOne in Mason City, the doctors immediately saw ribs so his lungs that Jerry had pneumonia. "They asked permission to crush his

## WCPH begins offering vaccine to next phase, and its tiers

Worth County Public Health began offering the COVID-19 vaccine to the next phase of residents last week, with additional tiers of availability also starting to open.

Following is information from WCPH:

"As we work through our Phase 1B population for the COVID-19

vaccine, we ask that you please be patient as we work through this process.

"If you qualify for Phase 1B and have not yet signed up with us, please call our Worth County Public Health office to sign up for the vaccine. You can reach us at 641-324-1741. You will need to speak to a

## County discuss options for dangerous intersection

County officials recently discussed options to address a dangerous intersection following another accident in recent weeks.

The intersection in question is where Thrush Avenue and 390th Street cross. There are stop signs for those driving on Thrush Avenue at the intersection. However, over the

years those driving on the road have ignored the stops and several collisions have occurred, including one in the last few weeks.

A fatal accident in June 2016 led the County to take safety measures. Later that year, rumble strips and stop signs with LED lighting were installed, along with

## Bomb threat closes CS schools

Central Springs schools were closed on Friday, January 29, following a bomb threat made online.

The district and the Manly Police Department issued a joint statement late

Thursday about the incident.

"This evening at approximately 9 p.m., the Central Springs School District became aware of a bomb threat made to the safety and students at Central

## First baby of 2021 arrives Jan. 16

It took 16 days, but the first baby of 2021 has arrived in the Northwood-Kensett school district.

Scottlyn Jane Kunz was born at 6:13 p.m. on January 16. She was 8 lbs., 10 oz. and 20 3/4 inches long.

Scottlyn's arrival was a special present for her sister, Quinnleigh, who turned 7 the same day her new sister was born.

Their parents are Danielle and Kris Kunz, of rural Northwood. Grandparents are Scott and Natalie Kunz, Manly, Larry and Erica Willsher, Clear Lake, and Travis and Donna Christiansen, West Des Moines.

The Kunz family is already blessed with Scottlyn's arrival, but they will also be blessed with gifts of congratulations from several Northwood businesses.

The first baby's parents will have a perfect place to store the baby's first clothes, once the first baby has put them to good use, with a new laundry basket from Kelly Hardware.

One of the first baby's first toys will be provided by CarQuest Auto Parts with a limited edition collector car.

The first baby will be kept warm with a baby quilt from the Top of Iowa Welcome Center's Barn Boutique.



First baby Scottlyn Jane Kunz is pictured with her sister, Quinnleigh. Quinnleigh welcomed her new sister on the birthday they now share, January 16.



**The Week's WEATHER**  
by National Weather Service Observer  
John Podgorniak

Date	Hi	Lo	Prec.
Tues. Jan. 26	17	10	T
Wed. Jan. 27	18	2	
Thurs. Jan. 28	18	-2	
Fri. Jan. 29	18	0	
Sat. Jan. 30	24	16	
Sun. Jan. 31	27	25	.02
Mon. Feb. 1	30	22	

**Hopperstad**  
Cont. from Page 1

enough room," Jan said. "Thankfully, that wasn't necessary." Soon after being admitted to the hospital Hopperstad was given antibiotics and started on steroids because of his extremely low oxygen levels. "When I started to improve they looked for a rehab place, but all the places were full. Fortunately, I had a male nurse, who was really on top of things, a gentleman whom I really admired. He thought to check with the Lake Mills Care Center who said they would take me. I was their only COVID patient and was quarantined for seven days."

"The Lake Mills Care Center was really great, and making it even better was that some of the employees were from Northwood." After spending December 17 through January 22, first at MercyOne and then at the Lake Mills Care Center, Jerry was dismissed. Daughter Jody, thankful her dad was alive, drove from Wisconsin to bring him home. "It was great to be home," Jerry smiled. "I had a good night sleep that Friday night." Our friend Jerry still has a long way to go but, with therapy, is improving. His physical therapist is giving him

leg and arm exercises and helping him to walk, basically rebuilding his strength. "Our bathroom is 3-4 times the distance Jerry walked in his room," Jan said, "so we set up chairs the first few times so he could rest along the way. Now he can even get to the freezer for ice cream with no problem." The most difficult part of this whole ordeal was that Jan couldn't see her husband, but that problem was also solved. "One of the therapists taught us how to Facetime, so Robin, Laura, Jay and I were able to see and talk with Jerry."

Jan, who was not hospitalized with the virus, is diabetic. "I believe the key to my recovery was that I had to eat. I also took vitamins and drank lots of water." The Hopperstads would like to thank everyone for their prayers, well wishes and all the cards. "Our family and friends have been so good to us. It's been wonderful how everyone has come together to wish us well." Jerry has this reminder for all of us. "COVID is real! It's nothing to mess around with."

**WCPH**  
Cont. from Page 1

Phase 1A individuals throughout this process. "Phase 1B includes those who are 65 and older, as well as five tier groups. We will begin with Tier 1 for vaccination in Phase 1B. Once Tier 1 is complete, we will move on to Tier 2, and so forth. "Individuals 65 and older are eligible for the vaccine during any Tier. "The following describes who is eligible for vaccination in 1B. "Phase 1B Priority Populations: "Persons aged 65 years and over. "OR, the following populations vulnerable to high risk of exposure or severity of illness (listed in order of priority): Tier 1 • First responders • PK-12 staff, early childhood education, childcare workers Tier 2

• Frontline essential workers in food, agriculture and manufacturing sectors who live or work in non-social distanced settings • Individuals with disabilities living in home settings and their direct care staff Tier 3 • Staff and individuals living in congregate settings not covered by previous phase or tier. • Government officials, including staff, engaged in business at the State Capitol Tier 4 • Inspectors responsible for health, life and safety Tier 5 • Correctional facility staff and individuals incarcerated "We will move through this process as quickly as we can, with the vaccine that we have at that time. Thank you for your patience. Please know that we will get to you!"

**County**  
Cont. from Page 1

stop ahead signs to draw attention to the impending intersection. The topic of the danger of the intersection was up for discussion at the January 25 meeting of the Worth County board of supervisors. Following the most recent accident, Worth County Sheriff Dan Fank said that he had talked to those that live nearby and said that they see people run the stop signs on a regular basis. Fank suggested that the County should consider making the inter-

section a four way stop. "It's the only thing I can think of to improve the intersection, Fank said. "I'm just looking for something to put there besides more crosses in that ditch." County engineer Rich Brumm cautioned against jumping on the option before studying whether it would have the desired effect, or if it would cause more accidents. "People are used to driving through there going east and west, and we don't want there to be an accident when

people breeze through when they're not used to stopping," Brumm said. Brumm noted that the latest accident and others in the past had occurred when people ignored the stop signs. He said that if the problems occur because people run the ones in place, he wanted to be sure that running past signs at a four-way stop wouldn't create a bigger danger. Brumm said there may be other options, like a street light. Brumm said that the

County should look at having a study done on the intersection, to suggest what might be the best option to make it safer. For his part, supervisor AJ Stone said that he agreed that the County needs to look at what else can be done. As a member of the Manly Fire Department, Stone said that he had responded to two accidents at the intersection and he didn't want to have anyone be out there again if there was something they could do.

**First Baby**  
Cont. from Page 1

The parents will be able to celebrate the event well with a bottle of wine from Shade Tree Liquors. The first baby's parents will also be able to enjoy an evening out with a night at the movies, with \$20 in Northwood Theatre dollars. Gifts for the first baby's financial future will come in the form of a \$25 opening deposit in a kid's piggy bank CD from Farmers State Bank. The parents can also bank on the first baby's future with \$25 towards a new savings account from NSB Bank. The vehicle used to transport the first baby will be well-maintained with a free oil change at

A & I Auto, Inc. Knutson Auto will also provide a free oil change, to help keep the family's vehicles maintained and safe. The first baby will enjoy a special gift from Ver Helst Drug. The first baby's parents will no doubt appreciate the chance for a delicious meal, with a \$20 gift certificate from Tequila's Mexican Bar & Grill. Fallgatter's Market will offer a \$25 gift certificate, which can be used for items for the new baby, or for the rest of the family. The first baby's parents will be kept up to date with local news and events, thanks to a one year subscription to the Northwood Anchor.

**Nutrition Facts label gets an update**

One month into the new year, many people may be ready to give up on their resolutions to improve their eating habits for better health. However, the newly updated Nutrition Facts label can help change habits and keep resolutions, says Jody Gatewood, nutrition state specialist with Iowa State University Extension and Outreach. "For the first time in 20 years, the Nutrition Facts label, found on packaged foods, has been significantly updated to make it easier to understand. The new features will help

consumers make informed choices about the foods they eat," Gatewood said. The new label began appearing on all food packages as of January 1, 2021, Gatewood said. The changes to the food label include the following: • The serving size is in a large, bold font and serving sizes have been updated to better reflect what people actually eat. • Calories are now shown in a larger, bolder font to better display this information. • Added sugars are included under total sugars to help consum-

ers understand how much sugar has been added to the product. Some foods naturally contain sugar, like fruits and dairy. The new label helps you see how much sugar is naturally present and how much is added. Consuming too much added sugar can make it hard to meet nutrient needs while staying within calorie recommendations. • Potassium and Vitamin D are now required on the label because people need to consume more of these nutrients. Vitamins A and C are no longer required on the label,

since deficiencies of these vitamins are rare today. Calcium and iron are still required on the label. "Use the Nutrition Facts label to help you make food choices that support your health needs," Gatewood said. More tips are available with a video on the ISU Extension and Outreach website, online at spendsmart.extension.iastate.edu/video/reading-the-food-label. More information on meal planning, shopping, cooking, recipes and more, available on the Extension's "Spend Smart. Eat Smart." site.

**Bomb**  
Cont. from Page 1

sure that all CS facilities were safe. The timing of the incident meant that all CS buildings closed on January 29 as the investigation of the building's safety contin-

ued. Anyone that has any information about this incident is asked to contact Manly Chief of Police Aaron Pals at 641-454-2114.

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## Fourth annual memorial bowling tournament this weekend Feb. 5-6

This Friday and Saturday, February 5-6, a bowling tournament will be held to raise money to support those battling cancer, in memory of two community members, and avid bowlers, affected by the disease.

The fourth annual Dave Waters and Alex Ritzert Memorial 9 Pin Tournament will be held at Strike Zone in Northwood this Friday and Saturday, February 5-6.

There will be four shifts held in the tournament, with one on Friday, February 5, at 7 p.m. and three on Saturday, February 6, at 1, 4 and 7 p.m.

The tournament will be held by standard 9 pin rules, with prizes for the top five teams.

The tournament will also include a silent auction and bake sale, held on Saturday.

Proceeds from the event will be split

between the 2021 Relay For Life of Worth County and Another HERO, which helps offset medical and living expenses for those undergoing treatment for cancer.

Those interested in taking part in the tournament may contact Tracy McCoy at 507-319-8032, the Strike Zone at 641-324-2749 and for those that would like to donate to the bake sale, Donna at 641-390-1133.

## Calendar hearing set for school board meeting

The calendar for the 2021-2022 school year will be discussed during a public hearing at the February meeting of the Northwood-Kensett Board of Education.

The calendar includes the dates for the start and end of the school year, as well as breaks and other events and activities.

For teachers, the school year will begin on August 16. Students will start on August 23, the earliest date allowed by state law.

The first quarter will end on October 22.

The school will have a three day break for Thanksgiving, November 24-26.

Winter break will begin on December 23. Classes will resume on January 3, 2022.

The end of the first semester will be three days later, on January 6. The third quarter will end on March 9.

Spring break will be from March 14-18.

Graduation will take place on May 15.

The school year will end on May 20.

The calendar includes a total of 1,140.21 hours of classroom education. Iowa law requires that students receive 1,080 hours. That leaves an additional 60 hours, or roughly nine days for snow days and other missed days.

The hearing will be on the agenda for the regular school board meeting set for Thursday, February 11.

## COVID-19 numbers continue downward trend in Worth

Over the course of the past week, the number of COVID-19 cases and the rates of spread in Worth County have continued to fall, with some of the lowest shifts in weeks, according to state data. Meanwhile, the county's population becomes increasing vaccinated against the virus.

From January 18 to January 25, cases increased to 620, an increase of 2.99%. In the past week, from January 25 to February 1, cases increased to 628, an increase of 1.29%.

At the same time, positivity rates were steady. Positivity rates are the amount of residents with COVID-19, out of those taking a test.

From January 18 to January 25, the rate increased 0.1% to 19.2%. From January 25 to February 1, the rate remained the same.

A total of 3,270 Worth County residents had been tested as of February 1. A total of 9,403 tests had

been taken by Worth County residents.

The 14 day positivity rate reflects the number that have tested positive out of those tested, falling within the two week window that COVID-19 may be transmitted and in which symptoms may develop, according to the CDC. Depending on symptom onset, test results and contact with those with COVID-19, quarantines and isolation are recommended up to the 14 day window.

In Worth County, the 14 day positivity rate, as of February 1, was 7%. That was down from 12% on January 25.

In Worth County, there were 540 COVID-19 cases listed as recovered, with 88 potentially remaining active on Monday.

As of February 1, 589 vaccines had been administered to Worth County residents. Of those, 107 had received the complete series of vaccines, including both doses when necessary.

In counties that border Worth, there were a total of 16,479 confirmed cases, as of Monday, up 311 from the previous week. Cases in neighboring counties included 1,248 in Winnebago, 1,344 in Hancock, 4,818 in Cerro Gordo, 1,434 in Floyd and 1,179 in Mitchell counties in Iowa, and 2,622 in Freeborn and 3,834 in Mower in Minnesota.

Including Worth's four COVID-19 related deaths, 262 have died in the eight county region because of COVID-19, up eight from January 25.

Those with symptoms, or who may be interested in being tested should contact their health care provider, or take an assessment and get more information at testowa.com.

Information and resources on COVID19 in Iowa can be found online at coronavirus.iowa.gov.

Local information can be found at Worth County Public Health's Facebook page.

## COVID-19 'U.K. variant' found in Iowa

The Iowa Department of Public Health (IDPH) on Monday confirmed three cases of the COVID-19 variant, SARS-CoV-2 B.1.1.7, in Iowa. The virus variant is often referred to as the U.K. variant because it was first detected in the United Kingdom.

Based on epidemiologic and modeling data, researchers believe that the B.1.1.7 strain can be spread more easily than the original strain of SARS-CoV-2. Current COVID-19 vaccines are considered to be effective against the variant strain.

Two of the three B.1.1.7 cases were detected in Johnson County, an adult (18 to 40) and a middle aged adult (41 to 60) and an adult individual in Bremer County.

IDPH and local public health have already initiated contact with these cases to understand their exposures and initiate the health monitoring process. The process will include notifying anyone with whom these individuals have been in close contact. The individuals will be advised to iso-

late in accordance with IDPH and CDC guidance.

The positive cases were identified by the State Hygienic Lab (SHL). SHL has been participating in the CDC's SARS-CoV-2 Strain Surveillance Program by sending COVID-19 test samples to be sequenced for the B.1.1.7 variant since early December. SHL recently began doing their own internal sequencing to look specifically for the variant. Routine analysis of genetic sequence data assisted in identifying the new variant strain in Iowa.

"Viruses constantly change through mutation, and new variants of a virus are expected to occur over time. Sometimes new variants emerge and disappear. Other times, new variants emerge and persist. Multiple variants of the virus that causes COVID-19 have been documented in the United States and globally during this pandemic. Public health will continue to work with our partners at SHL to monitor these trends and it is very

important that we all keep practicing good public health protective measures," shared Dr. Caitlin Pedati, State Medical Director and Epidemiologist.

The emergence of new variants underscores that it remains critical for Iowans to continue the mitigation efforts that we know work to slow the spread of COVID-19:

- Wear a mask or face covering
- Practice social distancing with those outside your household
- Clean your hands frequently with soap and water
- Stay home if you feel sick
- Get tested if you are exposed to, or have symptoms of COVID-19
- Consider getting a COVID-19 vaccine when it's available to you

Updates to Iowa's B.1.1.7 cases will be shared on the CDC's website. These case counts only represent the variant strains that are confirmed through genomic sequencing, and may not accurately reflect the true number of variant cases.

# Coming February 10!

The **Anchor**  
Northwood

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# Northwood Anchor

**Tegan Cotter**, majoring in Diagnostic Medical Sonography, of Northwood has been named to the Allen College Dean's List.

The administration and faculty of Allen College congratulated students named to the Allen College Dean's List at the completion of the fall semester of the 2020-2021 academic year.

Bachelor's and Associate's students named to the Allen College Dean's List must complete at least 12 semes-

ter hours and achieve a grade point average of 3.5 or above.

**Kaid L. Bruce** of Northwood, Bachelor of Science, College of Pharmacy and Allied Health Professions, graduated after the summer and fall 2020 semesters at South Dakota State University.

The students completed all requirements for a degree and/or certificate program and those requirements have been verified by the appropriate college.



## Five Star merger process continues

Members of a local cooperative will soon vote on proposed merger.

Farmers Win and Five Star are continuing to pursue merging into a combined cooperative. In February 2020, both boards of directors assigned a letter of intent to begin the study of a potential merger known as due diligence.

At that time, employee teams from both cooperatives formed seven research teams tasked with investigating the potential synergies as well as risks. Employee teams reported out those findings to the joint board, after which each board of directors approved to sign the definitive agreement.

Something neither cooperative board was anticipating in this process was a global pandemic and the challenges it created. This made it difficult to stay on pace that was originally projected.

"Our goal in facing this situation was twofold: protect our employees' and communities' health as best we can, and secondly to continue to operate your cooperatives in a manner that best serves your needs in this ever-changing business climate. Reporting the results of the employee teams was very difficult as we believed that being in person was beneficial for this decision," shared Ken Smith, CEO/General Manager for Five Star Cooperative.

"Due diligence is a critical component of the process. It helps identify the true benefits for our members as well as our employee teams," shared Trent Sprecker, General Manager of Farmers Win Coop. "For this reason, we continued the collaboration throughout 2020 with the boards and employees. I believe we benefited from this additional time."

With the due diligence study completed, the next step was for the employee teams to share their findings. Each team assessed all aspects of their current departments and compared processes with the other cooperative while maintaining the highest level of confidentiality. Teams also discussed what a potentially combined cooperative could look like.

Each cooperative has a long history of growth through mergers and acquisitions, but this is expected to be different. Farmers Win and Five

Star believe this is a merger of equals, both are financially successful and similar in size.

The combined boards of directors found the findings from the due diligence to be optimistic in creating a new cooperative as the ability to influence their own cooperative future.

The outlook is optimistic for a membership vote for both cooperatives. Timing is still fluid due to the pandemic status but is anticipated for summer 2021. To achieve a successful result and form a new cooperative, both membership bases must have 50%+1 voter turnout and then a two-thirds majority in the affirmative.



### A year a day

Last week, a view into the Northwood-Kensett kindergarten classrooms may have been a confusing sight. Instead of the normal children with ages in the single digits, the occupants of the classroom seemed to be in their triple digits instead. The aged appearances came as the kindergartners celebrated 100 days of school on January 27 by dressing as if they were 100 years old.

## Worth County Fair Organizational meeting held on February 11

Worth County Fair 4-H club leaders, fair board members, fair superintendents and 4-H committee members will be meeting to make plans for the 2021

Worth County Fair on Thursday, February 11, at 8 p.m. via Zoom or Fair board members meeting at Community Room in Northwood. The meeting will be

held to set schedules, finalize show plans and announce any new improvements for this summer's 2021 Worth County Fair, which is from Tuesday, June

15, to Sunday, June 20. The fair will conclude on Monday night with the annual Junior Livestock Ribbon Sale on June 21. More information

is available by calling Dennis Johnson at Worth County Extension at 641-324-1531 in Northwood or by emailing him at djohn@iastate.edu.

### The London Deer Creek Cemetery Association will be having its ANNUAL MEETING

Saturday, Feb. 6 • 10 a.m.  
Deer Creek Valley Lutheran Church  
All are welcome to attend

### Iowa State University Extension Worth County Office 641-324-1531 Calendar of Events for February 2021

- February 4—"Mental Health Resiliency" Zoom Lunch and Learn Meeting at Virtual Zoom Session, Noon to 1:30 P.M. (Lunch and Learn) with Dennis Johnson, Worth County Extension Education Specialist
- February 5-7—Iowa Association of County Fairs Annual Meeting at Holiday Inn, Des Moines, Friday, Saturday and Sunday with Dennis Johnson
- February 7—Worth County 4-H Hoopprints Club Meeting at Virtual Zoom Meeting, 1:30 P.M. with Pat Rothove and Stephanie Lorenson, Worth County 4-H Hoopprint Club Leaders
- February 8—ISU County Services Meeting about County Fairs at Virtual Zoom Meeting, 11 A.M. with Dennis Johnson
- February 8—Worth County Extension Staff Meeting at Virtual Zoom Session, 1:30 P.M. with Lacey Waller, Worth County Extension Office Manager, Mindy Tenold, Worth County Extension Youth Leader, Donovan Olson, ISU Extension Region 4 Director and Dennis Johnson
- February 10—Worth County 4-H Staff Meeting at Virtual Zoom Session, 1:30 P.M. with Gail Castillo, Region 4 Extension 4-H Field Specialist, Mindy Tenold, Lacey Waller, Donovan Olson and Dennis Johnson
- February 11—Worth County 4-H e-Staff Meeting at Adobe Connect Virtual Meeting, 9 A.M. with Mindy Tenold and Dennis Johnson
- February 11—Worth County Extension Foods Educational Planning Meeting at Virtual Zoom Session, 10 A.M. with Lacey Waller, Mindy Tenold, Donovan Olson and Dennis Johnson
- February 11—Worth County Fairboard Meeting at Worth County Extension Office Community Room (Fairgrounds), 6:30 P.M. with Dennis Johnson
- February 11—Worth County Fair Livestock Organizational Meeting at Worth County Extension Office Community Room (For Fairboard) and Virtual Zoom for Livestock Volunteers, 8 P.M. with Dennis Johnson
- February 15—ISU Extension County Services Meeting at Virtual Zoom Meeting, 1 P.M. with Andrea Nelson, Assistant Vice-President, ISU Extension and Outreach and Dennis Johnson
- February 17—Worth County 4-H State Capitol Legislative Day at State Capitol, Des Moines, Iowa via Virtual Zoom Meeting, 8:30 to 10:45 A.M. with Mindy Tenold and Dennis Johnson
- February 18—Worth County Extension Council Meeting at Virtual Zoom Meeting, 7 P.M. Budget Hearing at 7:15 P.M. with Dennis Johnson, Donovan Olson and Curt Schaub, Worth County Extension Council President
- February 21—Grafton Green Clovers 4-H Club Meeting at Virtual Zoom Meeting, 1 P.M. with Jen Patterson and Kris Tabbert, 4-H Club Leaders
- February 23—Worth County Farm Pesticide Recertification Meeting at Kensett Community Center, 7 P.M. with Angie Rieck-Hinz, Area Extension Crop Specialist, Lacey Waller and Dennis Johnson
- February 26-4-H Mindful Teens Educational Training Workshop at Virtual Zoom Training, 8:30 A.M. to 12:30 P.M. with Dennis Johnson, Mindy Tenold and Lacey Waller, Worth County Extension Office Manager
- March 5—Worth County 4-H Swine Weigh-in at Northwood-Kensett High School Ag Shop, 4 to 6 P.M. with Dennis Johnson and 4-H and FFA Swine Superintendents, Jackie Backhaus, Jake Trainer, Marty Cotter
- March 6—Worth County 4-H Swine Weigh-in at Northwood-Kensett High School Ag Shop, 9 to 11 A.M. with 4-H and FFA Swine Superintendents, Jackie Backhaus, Jake Trainer, Marty Cotter and Dennis Johnson

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## 4th. Annual Dave Waters Alex Ritzert Memorial 9 Pin Tournament



Alex Ritzert

### February 5-6, 2021

Strike Zone Northwood, IA

Friday 1 shift: 7pm

Saturday 3 shifts: 1pm, 4pm, 7 pm

4 person teams, \$80 entry fee

(Non-Sanctioned Bowlers will be assigned an avg. 140 Female 160 Male)

1st \$360, 2nd \$300, 3rd \$260, 4th \$200, 5th \$160

(Based on 32 teams)

Standard 9 pin rules, draw for lanes with registration

(Handicap Based on 90% of 840)

Silent Auction & Bake Sale Saturday Feb 6th  
All proceeds Split between 2021 Worth County Relay for Life & Another HERO to help offset medical and living expenses while undergoing treatment for cancer.



Contacts  
Tracy McCoy 507-319-8032  
Donna (Bake Sale) 641-390-1133  
Strike Zone 641-324-2749



# Anchor Sports



## Vikings' huge third quarter secures five point win over Central Springs

By Mike Simmons  
Sports Editor

After losing five consecutive to its Worth County rival, the Northwood-Kensett boys basketball team looked to take its second win in a row against the Panthers of Central Springs last Thursday night in Manly.

But with the two teams pretty evenly matched it would take a season defining effort for one team to overcome the other. Fortunately for the Vikings their own Caden Roberts was the one to provide that spark.

With the Vikings trailing at the halftime

break 27-18 they came out in the third quarter and put up one of their best quarters of the season, pouring in 24 points and securing a 42-37 lead heading into the final eight minutes of play, where they held on for the slim 55-50 win.

This Worth County rivalry is one of the best and evenly matched anywhere in the state with the Vikings now on top by one game, 13-12 with last Thursday's win.

Roberts scored a season high 28 points on 9-22 shooting from the field. Fellow seniors TJ Whitelow and Kael

Julseth added 11 and nine points respectively.

Because of a weather postponement on Saturday the Vikings played their last game of the week last Friday night when they hosted Mason City Newman.

N-K has had a big problem when it comes to Newman. It has lost 15 of the last 16 games played between the two schools, including nine in a row since the Vikings' last win in 2016.

Sadly for the Vikings that trend continued in last Friday night's game with Newman leading 26-12 after the first and 53-24 at the half-time break on its way

TIC East Standings		
	TIC East	Overall
West Fork	11-0	12-3
MC Newman	11-3	12-3
Osage	10-3	12-6
Nashua-Plainfield	6-6	8-6
Rockford	6-7	7-9
North Butler	5-7	5-11
Northwood-Kensett	2-9	4-10
Saint Ansgar	2-9	3-12
Central Springs	2-11	3-14

to a blowout win by 41 points, 82-41.

N-K's seniors led it in the loss, including Julseth (11 pts.), Whitelow (10 pts.), Roberts (8 pts.) and Cade Hengesteg (7 pts.).

After going 1-1 last week the Vikings are now 4-10 overall and 2-9

in the Top of Iowa Conference East.

N-K had a busy schedule this week with four games, including Monday versus North Butler, Tuesday versus Saint Ansgar, Thursday versus Belmont-Klemme and Friday at Osage.

## Lady Vikings crush North Iowa 53-27, now 5-11 on the year

By Mike Simmons  
Sports Editor

The Northwood-Kensett girls basketball team has started to find its way, just in time for the postseason. N-K won one of its three games last week and lost another by just two points, improving to 5-11 overall and 3-9 in the Top of Iowa Conference East.

The Lady Vikings got the week started on a high note last Monday when they traveled to Buffalo Center to take on their TIC West rival North Iowa in a non-conference matchup.

After the first quarter ended in an 8-8 tie

the Lady Vikings offense started to click and they never looked back, taking a 24-13 lead into the halftime break and increasing that to 47-17 to start the fourth quarter.

N-K, behind a double-double by freshman Chloe Costello, who scored a team high 21 points and pulled down 10 rebounds, sealed the win in the fourth quarter, outscoring the Lady Bison 12-10 to hold on to the lopsided win, 53-27.

The Lady Vikings started last Thursday night's game at Central Springs trailing by just two points, 15-13 after the first eight minutes of

play. Although they fell off considerably in the second quarter, the team still was only looking at a 21-19 halftime deficit.

With the two teams so evenly matched all it took was one bad quarter and either team could ride that to the end, and that's exactly what the Panthers did when they out scored N-K by 10, 14-4 in the third quarter, a deficit the Lady Vikings, despite another double-double, this time by Marli Backhaus (12 pts, 11 rebounds), simply could not overcome in the 42-30 TIC East loss.

The Lady Vikings closed out the week last

Friday night when the Knights of Mason City Newman came to town. N-K has historically had a hard time with its Mason City rival, losing 12 consecutive games to the Knights.

But after many of those 12 games ended with a large margin of victory for the Knights, N-K seemed to have had enough and gave the visitors on this night everything they could handle, and then some.

The score swung wildly in one direction and then the other in this with all the marbles coming down to the final quarter of play, where

TIC East Standings		
	TIC East	Overall
Osage	12-1	16-1
Saint Ansgar	11-1	14-1
West Fork	10-3	11-6
MC Newman	10-5	11-6
Nashua-Plainfield	6-7	8-8
Central Springs	5-8	6-11
Northwood-Kensett	3-9	5-11
North Butler	2-12	3-15
Rockford	0-12	1-14

the Lady Vikings prevailed 7-5 but still came up just two-points short, falling 32-30.

Carly Hengesteg led the team with 14 points on 5-19 shooting from the field while Backhaus and Emma Davidson added

six points each. The Lady Vikings had three games on the schedule this week, including Tuesday versus Saint Ansgar, Thursday versus Belmont-Klemme and Friday at Osage.

## N-K wrestlers dominate the competition at West Fork Quad

By Mike Simmons  
Sports Editor

Northwood-Kensett head wrestling coach Jordan Reindl had his team ready to wrestle in last Tuesday night's quad in Sheffield, earning lopsided wins over West Fork 51-0, Garner-Hayfield-Ventura 48-21 and North Union 42-36.

Against GHV the Vikings only actually wrestled three matches and came away with two wins. Treycen Rollene beat Brad Dodd in just 59 seconds and Tyler Mills won his match by fall at the 3:06 mark over Landen Hejlik.

The win over the Warhawks looked much the same with just Mason Thofson (fall), Rollene (fall), Dalton Logeman (fall), Brandon Varner 17-7 (83-53), Christopher Madsen 1-1, Tyler Mills 26-10 (53-26), Josiah Kliment (fall) getting to actually wrestle, all picking up wins by fall in the 51-0 win.

The best dual of the night was between the Vikings and North

Union with the men from N-K coming away with the slim 42-36 win. In this dual, Rollene picked up his third fall of the night while Logeman, Tiedemann and Kliment won by fall as well.

The Vikings will take the bulk of this week off to prepare for this Saturday's sectional tournament held at Lake Mills. The top two wrestlers in each weight class will move on to compete in next Saturday's district tournament in Denver.

Vikings Season and Career Records – Treycen Rollene 38-18 (61-31), Michael Janssen 2-17 (11-36), Dalton Logeman 21-22 (37-34), Hayden Moore 7-14 (25-37), Brandon Varner 17-7 (83-53), Christopher Madsen 1-1, Tyler Mills 26-10 (53-26), Josiah Kliment 25-9 (89-38), Drake Tiedemann 36-6 (105-21), Dante Sims 1-8 (16-19), Mason Thofson 16-18 (19-22)

## Northwood-Kensett Junior-Senior High School

*The students listed below have made the Honor Roll for the First Semester of the 2020-2021 school year. To be eligible, students must have a B average (3.00) or better for their subjects.*

<p><b>A Honor Roll</b></p> <ul style="list-style-type: none"> <li>9 Kenny Conlin</li> <li>9 Chloe Costello</li> <li>9 Marisa Halbach</li> <li>9 Madalynn Hanson</li> <li>9 Ella Leonard</li> <li>9 Lindsey Moore</li> <li>9 Megan Ocel</li> <li>9 Damaris Peterson</li> <li>9 Mallory Rheingans</li> <li>10 Jady Beland</li> <li>10 Teagan Hackenmiller</li> <li>10 Teagan Johnson</li> <li>11 Addyson Bachtle</li> <li>11 Marli Backhaus**</li> <li>11 Thomas Block</li> <li>11 Emma Davidson</li> <li>11 Carly Hengesteg</li> <li>11 Isabella Hoch</li> <li>11 Emma Logeman</li> <li>11 Hayden Moore</li> <li>11 Mason Thofson</li> <li>11 Wyatt Willand</li> <li>12 Ruthie Conlin</li> <li>12 Isabella Efflandt</li> <li>12 Brylee Hoepfner</li> <li>12 Kael Julseth</li> <li>12 Ryder Lestrud</li> <li>12 Evelyn Ocel</li> <li>12 Kayla Senne</li> <li>12 Sydney Welch</li> </ul>	<p><b>B Honor Roll</b></p> <ul style="list-style-type: none"> <li>9 Shawn Echelberger</li> <li>9 Alexandria Hanson-Brandsoy</li> <li>9 Collin Kuhlmann</li> <li>9 Breydin Meyer</li> <li>9 Laney Miles</li> <li>9 Justin Mills</li> <li>9 Malachi Peckham</li> <li>9 Kylie Robinson</li> <li>9 Alexis Rops</li> <li>9 Trinity Roush</li> <li>9 Chelsea Thiede</li> <li>9 Benjamin Yezek</li> <li>10 Madison Berry</li> <li>10 Yarity Duron</li> <li>10 Nicholas Hanson</li> <li>10 Isaiah Heeren</li> <li>10 Michael Janssen</li> <li>10 Haydan Pestorous</li> <li>10 Thomas Rodemeyer</li> <li>10 Treycen Rollene</li> </ul>	<p><b>AB Honor Roll</b></p> <ul style="list-style-type: none"> <li>9 Jackson Foss</li> <li>9 Emily Hannemann</li> <li>9 Haddie Hanson</li> <li>9 Emma Hengesteg</li> <li>9 Christopher Madsen</li> <li>9 Damon Reyerson</li> <li>9 Reese Wahl</li> <li>9 Morgan Wallin</li> <li>9 Peyton Wilder</li> <li>10 Grady Buenzow</li> <li>10 Kennedy Christianson</li> <li>10 Ellie Ehrhardt</li> <li>10 Pete Kelly</li> </ul>	<p><b>AB Honor Roll</b></p> <ul style="list-style-type: none"> <li>7 Bowan Behne</li> <li>7 Sophia Butler</li> <li>7 Merrin Hanson</li> <li>7 Caden Helgeson</li> <li>7 Hayzin Jacobson</li> <li>7 Kaeden Malli</li> <li>7 Alexander Tiedemann</li> <li>8 Kyle Buehrer</li> <li>8 Hadley Buenzow</li> <li>8 Colby Eskildsen</li> <li>8 Topanga Hackenmiller</li> <li>8 Breyden Hoepfner</li> <li>8 Kooper Julseth</li> <li>8 Hailey Krambeer</li> <li>8 Jace Lindberg</li> <li>8 Logan Nelson</li> <li>8 Jose Obregon</li> <li>8 Ashlynn Rollene</li> <li>8 Addison Tasker</li> <li>8 Macy Thorson</li> <li>8 MacKensy Tomlinson</li> <li>8 Camden Trenhaile</li> <li>8 Levi Wood</li> <li>8 Chloe Wright</li> </ul>
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**N-K Junior High A Honor Roll**

- 7 Alex Bewley
- 7 Dagen Peterson
- 7 Weston Willand
- 8 Kamryn Backhaus
- 8 Aden Bice
- 8 Walt Kelly
- 8 Addison Mayberry
- 8 Soraya Moran
- 8 Trent Tiedemann

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# An update on bills passed

**WEEK THREE**  
This week we shifted from the formalities of starting a new session to committee work and floor debate. Several bills passed the House and have been sent to the Governor.

## Parental Choice in Education

This bill would require schools to present parents with the option of sending their children for 100% in-person learning, giving parents a choice and voice in their child's education.

Some schools have taken every effort to provide in-person learning. But in some areas of the state, students are being trapped in situations that aren't what's best for them.

Schools may continue to offer online learning or a hybrid model.

A recently released CDC study found that K-12 schools don't lead to increases in COVID-19 compared to areas that have online-only learning.

## A Vote by the people

Amendments to the Iowa Constitution must pass two General Assemblies and then they



**Jane Bloomingdale**  
Iowa House  
District 51

are put on the ballot for the people of Iowa to vote and decide. This is the process for amending our constitution and only the people of Iowa can amend our constitution.

The Life Amendment attempts to correct what is perceived as judicial overreach when the Iowa Supreme Court labeled abortion as a constitutional right. This must pass the next general assembly (2023) and then it will be on the ballot.

The Freedom Amendment passed the Iowa House for the second time and will be on the ballot in our next election. Iowa is one of six states that has no language in its constitution to protect the fundamental right to keep and bear arms. This bill would put this language into our constitution.

## Child and dependent care

I have heard a lot of

discussion on the shortage of childcare in our state and the legislature is focusing on several bills to increase affordable childcare in our state.

This week, we moved on several bills to increase provider rates, increase child care workforce, provide tax incentives to develop new or expand child care facilities and double the income limits to claim the Child and Dependent Care Credit.

Unfortunately, 81 Child Care Centers and 41 Child Care Development Homes have closed since March, making it even more difficult for parents to find affordable child care for their family.

As always, I look forward to hearing from you with any questions, comments or concerns. I can be reached at jane.bloomingdale@legis.iowa.gov Check out my Facebook page for other updates.

# Youth Diversion program changes referral process

## From Prairie Ridge Integrated Behavioral Healthcare

Due to the pandemic, we are changing the way we are offering our Youth Diversion program across North Iowa. Previously, referrals to this program happened primarily through the school principal for students violating "Good Conduct" policies by using alcohol and/or other substances. Sometimes, this has been made a precondition of returning to school sports and extracurricular activities.

Now, we are opening the referral process for this one-day early intervention program to any adult who works with a youth and/or their family: healthcare providers and/or counselors, coaches, clergy, social workers, as well as school staff. Even a parent can decide to refer their youth to this program, and the registration process is simple and no cost aside from the time commitment.

Our goal is to provide a shame-free, stigma-free learning environment for both the youth and the parent/caregiver in order to help the youth make lifetime low-risk choices around alcohol and other substances. We use a version of the highly-recommended 'Prime for Life' curriculum during this one-day program and provide all needed materials. The parent/caregiver must attend and participate with the youth for the duration of this program.

This program meets the first Saturday of every month. Parents need to register their youth by the first Wednesday of the month to participate, and may do so by emailing Ameer Miller, amiller@prairieridge.net; or by calling her at 319-470-1483.

Prairie Ridge Diversion Program is for youth conduct offenders. Prairie Ridge Prevention Specialists deliver the Prime for Life curriculum. Prime For Life® is

a motivational risk reduction program. It is used most with people who have had a legal or policy violation such as impaired driving, possession, or workplace violation, but it is relevant for everyone. Prime for Life helps foster attitudes, beliefs, and understanding that helps people reduce risk for any type of alcohol or drug problem. It also creates a unique self-assessment experience to help people be more aware of what they value, what they are risking, and how to protect the things that mean the most in their lives.

\*Diversion will be held the first Saturday of each month, 9 a.m.- 2 p.m. (breaks provided with screen breaks scheduled) ONLINE via Zoom. A link will be emailed to each student and parent to join. A PDF of the program book will also be emailed to the student and parent.

\*Each student must

be present with a parent/guardian with them for this class. This means they need to have video and microphone access to attend this program. Both parent and student are expected to be ready, on time and participate through this online program. Each student will receive a certificate which they are required to turn into the school to show completion of program.

\*We would appreciate your school and/or the parent calling or emailing Ameer Miller, Prevention Specialist with Prairie Ridge the Wednesday prior to the program, at 319-470-1483 or amiller@prairieridge.net.

\*Please let us know how many students you are sending to the program to ensure we have staff available on that Saturday.

\*We will only be present if we know students/parents will be attending.

# Northwood Church

## Fertile Lutheran Church

Sunday, Worship Service with Holy Communion, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

## Bethlehem Lutheran, Manly

Sunday, Worship at Bethlehem, 10:30 a.m., Grace Outdoor Worship, 9 a.m.

## Linda Johnson Prestholt, Pastor

## Bethany Lutheran Church/Elk Creek Lutheran

Wednesday, Confirmation, 5:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, Worship Elk Creek, 10:30 a.m., Sunday School - Elk Creek, 9:45 a.m.; Monday, MANNA Open, 10 a.m. - Noon.

## Pastor Tom Martin Trinity United Methodist, Bolan

Sunday, Worship Service with Communion, Church Family Meeting Afterwards, 9:10 a.m., Virtual Worship Service/Communion on Bethel of Manly Facebook, Check out YouTube: Bethel

Website, 10:30 a.m., Radio Station 97.1 FM (Previous Sunday's Service), 10 a.m.

## Pastor Cory Allard Northwood United Methodist Church

Sunday Worship Service, 10:45 a.m.

## Rev. Rob Lanphere One In Christ Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556, Sunday School, 10:30 a.m.; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills, Sunday School, 9:15 a.m.; Lunder, 14982 735th Ave., Albert Lea, Sunday School, 9:30 a.m.; All services require masks and social distancing.

Check with your local church about online services, updates and changes.

# Free Start Smart workshop to be offered over Zoom

The NIACC Pappajohn Center and the Small Business Development Center will offer a free two-hour workshop designed for anyone who is considering starting a business. At Start Smart, participants will learn how to create a business plan, conduct market research, discuss different types of business ownership and learn how to register a business.

Start Smart will be offered on Wednesday, February 10, online via Zoom from 6-8 p.m.

The activities involved in starting a

business fall under two broad categories—feasibility (the business plan) and administrative tasks. While we like to focus on the feasibility issue, Start Smart provides information and the chance to ask questions on numerous other topics, including:

- Business registration
- Doing customer research
- How bankers evaluate business concepts and loans
- Start-up costs
- Business plan tips and more

Start Smart, those taking part can make an appointment to meet over the phone individually with the Small Business Development Center Counselors to help review a business plan or provide guidance with other issues. Registration is required, online at www.pappajohncenter.com. Click on the Program and Events tab to register.

Anyone with questions may contact Mary Spitz-SBDC office at NIACC: 641-422-4342 or at mary.spitz@niacc.edu.

After attending

**WORTH COUNTY VETERANS AFFAIRS**  
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Please call to confirm that your Veterans Service Officer is available. An effort will be made to accommodate your schedule.  
Please bring any worn or unserviceable flags to the Veterans Affairs office. There will be a Dignified Disposal Ceremony later this year. June 14th, Flag Day, would be the preferred day.  
Watch this space for an update.

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**Congregate Meals**  
February 4-10  
324-1244  
Thursday: Mushroom & Swiss Burger, WW Bun, Pasta Salad, Baby Carrots, Strawberries & Angel Food  
Friday: Baked Chicken Parmesan w/Spaghetti, Zucchini & Summer Squash, Pears, Breadstick  
Monday: Ham Loaf, Baked Potato, Cauliflower, Mixed Fruit, Peanut Butter Cookie  
Tuesday: Liver & Onions or Beef Patty, Mashed Potatoes, Broccoli, Whole Wheat Roll  
Wednesday: Cup of Veg Beef Soup, Egg Salad Sandwich, Lettuce/Spinach Salad, Mixed Berry Crumble

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Kathy Christianson, Stylist

# Cultivate a Sense of Leisure

Work and Productivity may be important, but they aren't the only important things in life, or even the most important things in life. Most of us would probably agree that God and our family should come before our job, and that the whole point of work is to help us support ourselves and our families. A much neglected area of many people's lives today is leisure. We are so busy with work and the workaday aspects of life (e.g., cooking, cleaning, etc.) that we don't find time for play. Play can be anything from playing catch with your children to enjoying music to playing games. The arts are also an important aspect of leisure, and simply going to a museum or to the movies can be a nice break from the monotony of our work lives. Children are often better at playing than adults, so you might just let the kids decide on the playtime activity. Try something you haven't tried before. Throw a Frisbee or make up a new game. Put on a play with your family or friends, or play a guessing game. There is no end to the ways in which we might enjoy our leisure time. — Christopher Simon



I know that there is nothing better for people than to be happy and to do good while they live. That each of them may eat and drink, and find satisfaction in all their toil—this is the gift of God. —Ecclesiastes 3:12-13

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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# Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer Lytton, Edward Robert

by Sandy Olson



To contact Sandy Olson for comments or suggestions, please email her at: [midwestfoodie@gmail.com](mailto:midwestfoodie@gmail.com)

"Cheap." "Fast." "Good." Well, those are three words that resonate with most home cooks who are one a budget, short on time but like tasty food. The title of this cookbook, "Cheap. Fast. Good." by Beverly Mills and Alicia Ross (2005, Workman Publishing Co, Inc., NYC) has printed on the cover that there are "hundreds of ways to eat well for less...plan smart and cook smart.." What's not to like about that plan? These recipes are adapted from the chapter titled, "Super-Saver Soups and Stews." There are cost designations on some of the recipes...a nice touch.

### Hot Dog and Baked Bean Soup (Super-Cheap!)

2 teaspoons vegetable oil  
3 regular or reduced-fat beef frankfurters  
1 large can (28 oz.) baked beans seasoned with onions, bacon, brown sugar  
2 cans (14 oz. each) chicken broth or chicken stock, low-sodium if possible  
1/2 teaspoon chili powder  
1 teaspoon spicy brown mustard  
3/4 cup chopped green bell pepper (optional if you don't like the taste)  
Heat the oil in a large Dutch oven or heavy soup pot, over medium heat. Cut the franks into 1/4-inch slices and add them to the heated oil. Cook until the slices start to brown, turning them over so both sides get the heat. Add the baked beans with their sauce plus the broth, chili powder and mustard. Stir well to combine. Raise the heat to high to bring the soup to a boil, then reduce to medium to maintain a moderate boil. If using the green pepper, set it aside for later. Continue to boil the soup for about 10 minutes to blend the flavors. Add the green pepper, if desired, for the last 5 minutes of cooking. Serve at once with crusty bread. Serves 3-4 people.

### Cheryl's Tortellini and Spinach Soup

1 package (10 oz.) frozen, chopped spinach, thawed  
2 teaspoons olive oil  
3/4 cup chopped yellow onion (about 1 medium)  
1 clove fresh garlic, minced OR 1 teaspoon bottled minced garlic  
2 cans (14 oz. each) low-fat chicken broth or stock  
1 can (14 oz.) diced tomatoes with their juice  
1 teaspoon sugar  
2 cups frozen tortellini pasta  
3 tablespoons finely shredded Parmesan cheese  
1/4 teaspoon kosher salt  
1/4 teaspoon black pepper  
1 large egg  
NOTE: frozen tortellini can be expensive. For a more budget-friendly variation, substitute any plain short pasta such as elbow macaroni or rotini.

Drain the thawed spinach and squeeze out as much water as possible. Heat the oil in a large Dutch oven or heavy soup pot over medium heat. Add the onion and minced garlic to the heated oil and saute until the onion is tender, 2-3 minutes. Add two cups water and the broth. Raise the heat to high until the soup boils. Add the spinach to the pot along with the tomatoes and their juice and the sugar. Stir to mix well. Add the pasta and bring the soup back to a boil. Reduce heat to medium, maintaining a slow boil and cook until the pasta is just tender, 4-5 minutes. If using the dry pasta, test to see if it is al dente. Meanwhile, combine the Parmesan cheese, salt, pepper and egg in a small bowl. Stir vigorously with a fork or whisk and set aside. When the pasta is tender, slowly drizzle the egg mixture over the soup, stirring constantly. Cook, stirring, for 2 more minutes. Remove from the heat and serve immediately. More Parmesan can be served at table to sprinkle on top.

### Loaded Baked Potato Soup (Super-Cheap)

1 tablespoon real butter, not margarine  
1 cup chopped onion (about 1 large)  
6 Russet potatoes, already baked  
2 cans (about 14 oz. each) low-fat chicken broth or stock  
1 cup milk (not skim)  
1/2 cup real sour cream (not fat-free)  
1/4 teaspoon kosher salt  
1/8 teaspoon black pepper  
Real bacon bits (not the imitation type) to taste  
Shredded sharp Cheddar cheese to taste  
Melt the butter in a large Dutch oven or heavy soup pot over medium heat. Add the chopped onion, stir and raise the heat to medium-high and cook until the onion begins to soften but not brown. Meanwhile, cut the potatoes in half lengthwise. Add the broth to the soup pot, raise the heat to high and bring to a boil. When the broth boils, reduce the heat again to medium. Scoop out the insides of the potato halves into a large bowl, leaving you with just the skins. Cut the potato into bite-sized pieces and add them to the pot. Add the milk and sour cream and stir well. Add the salt and pepper, tasting to season to taste. Cook until heated through. Serve at once, garnished with the bacon bits and shredded Cheddar on top as desired. NOTE: Cooking your own bacon and crumbling is cost-effective and also gives you a good product. It will not be as uniform in size as the canned or bottled version but will have a much fresher flavor. Some of the drippings will also flavor the soup when you add the bacon. If you do cook your own bacon, substitute 1 tablespoon of the drippings for the butter in this recipe.

Soup is a preferred meal during Iowa winters. These are quick, easy and economical. Enjoy them often and think of spring! And....that's all she wrote.

# Northwood Anchor Society



### Social animal distancing

These woodland creatures are pictured at the buffet line offered by Paul Aussenhus at his home. Aussenhus says that he would regularly spread the meal in the manner seen above and the squirrels and birds have taken to enjoying the feast from set positions, as though they too are practicing social distancing.

## Worth Winter Fest set for Saturday, February 6

Worth Brewing Company in Northwood will hold its annual Ølfest, a Scandinavian-inspired celebration of winter, this Saturday, February 6. The celebration embraces the cold with robust brews, warm food and activities from noon to 9 p.m. in the Tap Room

and the outdoor Poking-garten.

"This year we brewed a strong smoked lager for release at 5 p.m. on Friday, Ølfest Eve, in conjunction with the Worth Wort WingDing homebrew challenge.

The Ølfest offerings are always made fresh in Northwood and feature Potato Fest Dogs, red cabbage and spätzle with butter or gravy.

Both the Puck Hunt and Beer Poking originated with Ølfest and are eagerly awaited each year. They'll also have hammerschlagen and giveaways all day. Look for more details

on the Puck Hunt on Worth Brewing's social media pages.

The Ølfest activities include:

On Thursday, February 4, Brunhilde Pre-sale and party. (Good Pint Pass and Bottle Buck members only) 5-7 p.m., Bee Hive Ballroom

On Friday, February 5, Bamberg Fest-Rauchbier released in the Tap Room, 5 p.m. Worth Wort WingDing wort pickup, 5-7 p.m.

On Saturday, February 6, doors open for Ølfest at noon. Food from noon until gone. Beer Poking, 3-9 p.m. Puck Hunt Award, 7 p.m.

### Medlangs welcome baby daughter Harper on Jan. 6

Jonathan and Elizabeth Medlang of Monticello, Iowa announce the birth of baby number five. A girl, Harper Leigh on January 6. She weighed seven pounds and 12 ounces and was 12 inches long. She has

two brothers, Mason 8, Oliver 4 and two sisters, Savannah 7 and Camilla 2.

Grandparents are Morris and Jenelle Medlang of Kensett and Kyle and Virginia Ulferts of Anamosa, Iowa.

## Free ISU Extension 'Mental Health Resiliency' virtual meeting held on Feb. 4

Iowa State University Extension and Outreach will be hosting a free "Mental Health Resiliency" Virtual Lunch and Learn meeting from noon to 1:30 p.m. on Thursday, February 4.

The program will feature three speakers, including Shea Jorgensen, MD, University of Iowa Department Psychiatry, Psychiatrist at Prairie

Ridge. Shea will discuss ways to "Maintain Well-being During the Coronavirus Pandemic." David Brown, ISU Extension and Outreach Behavioral Health Specialist, will address the topic of how to "Avoid Burnout and Concerns for Caretaker Fatigue." The third presenter, Larry Tranel, ISU Extension and Outreach Psychologist and

Dairy Science Specialist plans to share information about "Mindset Tactics for Brain and Behavioral Health."

ISU Extension and Outreach has identified six areas of recovery from COVID-19. One of those areas is mental health issues. Region 4 Area Extension Offices invite those interested to engage in addressing

"Mental Health Issues" by participating in this Lunch and Learn Zoom meeting on February 4.

Pre-registration is required at this link: <http://bit.ly/mhll17347>. Please phone Dennis Johnson, Worth County Extension Education Specialist at 641-324-1531 for more information and assistance in getting registered.

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# N-K official enrollment shows small decrease from 2019

In a school year where education has brought some changes and uncertainty, Northwood-Kensett's official enrollment, used to determine State of Iowa funding, has remained relatively consistent.

The total official enrollment in this school year was 503.8 students, down 5, or 0.98% from last year's official enrollment of 508.8 students.

The certified enrollment number is used by the State of Iowa to determine the amount of spending authority each Iowa school district has access to during a school year.

While the school district receives funds for each student it educates, the amount of money it can spend is dictated by the official enrollment number, which reflects the number of students living in the district.

The official enrollment figures are composed of two student populations, those living in the district and attending district schools and those that live in the district that are educated elsewhere.

While the total number of students living in the district is down, the number of resident students that attend classes in the district has changed only slightly, dropping from 470.3 to 469.3, or one student.

The .8 portion of a student included in official figures, accounts

for dual-enrollment, or home-schooled students that have access to N-K resources.

The other portion of the official enrollment count is the amount of students that live in the district, but who are educated in other school districts, and for which the N-K district forwards funding. That includes students who open enroll out of the district into other Iowa districts and students who attend alternative schools in Iowa.

Students living in the district, but attending classes at other schools totaled 34 this year, 4 less than the 2019 total of 38.

When it comes to the incoming student population, those who open enroll into the district, the total showed a decrease of just one over the previous year. The number of students open enrolled into N-K schools this year decreased from 29 in 2019 to 28 this year.

Students actually educated at N-K schools includes the combination of Iowa students living in and educated in the district and those enrolled into the district. That total has decreased 2, from 499.8 in 2019 to 497.8 in 2020-2021.

The official enrollment figures only include students living in Iowa, not those attending N-K schools who live in Minnesota.

While the Glenville-Emmons school district

ended an agreement that allowed students in its district to cross the state border and attend classes at N-K, those Minnesota students previously attending N-K classes, or who have siblings that were already attending N-K, were grandfathered into the agreement and will be able to finish their education in Iowa.

The number of Minnesota students attending school at N-K this year is 13, the same as in 2019.

Excluding those students open enrolled out and the dual-enrollment, and including

those students open enrolled in, as well as students from Minnesota, the total number of K-12 students being educated in the N-K school district this year was 510 when official numbers were taken, down 2 from 512 in 2019.

Also adding to this year's total of students for whom the district will receive funding, are those that are enrolled in the district's four-year-old preschool classes.

The district receives 0.5 credits for each qualifying preschool student. This year the

school district will receive funds for 20.5 students, accounting for 41 preschoolers. This number is up from last year's total of 18.5 credits for 37 students.

The number on official enrollment figures does not reflect the actual total of children in N-K preschools. The district only receives credit based on the age of the student and how many times they have attended preschool.

The district will also receive credit when it comes time to determining funding through a program to encourage the sharing of resources

amongst schools. The district will receive a total of 21 credits, the maximum allowed by the program, for those agreements.

Including the resident students, those open enrolled into the district, the credit for its preschool and the addition for its sharing agreements, the district will receive Iowa state aid for 538.5 students, the same as in the year 2019.

The district will also receive funds from the State of Minnesota for the students attending N-K from across the border.



## Not quite cold as ice

With high temperatures hovering around the freezing point in recent weeks, the Shell Rock River hadn't quite frozen over last week, with some frozen expansion into the river catching flowing debris as the water flowed around. With some sustained subzero temperatures forecast for this weekend, the ice may expand further.

# Assistance available for Iowa restaurants and bars

Winn-Worth Betco's Executive Director Melissa Michaelis recently shared information on the latest Iowa Small Business Relief Grant Program's efforts, and offered assistance from Winn-Worth Betco.

Iowa Governor Kim Reynolds has allocated \$40 million in federal CARES Act funds to provide relief specifically to bars and restaurants. Owners of such establishments in Winnebago or Worth counties who would like assistance in filling out the application are encouraged to contact Michaelis.

The program may assist eligible businesses that experienced a decrease in gross sales of at least 15% during the second and third quarters of 2020, (April 1- September 30), compared to the same time the previous year, as evidenced by the Iowa Sales/Retailer's Use Tax and Surcharge Return.

Though the application is available at iowabusinessrecovery.com, Michaelis urges those interested to gather the information that will be requested. Ownership entities must submit one application per business location.

Eligible businesses include:

- Full-service restaurants; If the business is a full-service restaurant, the applicant must certify that the establishment provides food services to patrons who order and are served while seated (i.e., waiter/waitress service) and pay after eating. Full-service res-

taurants also must certify to their industry categorization from one of the following industry business types: café-restaurant, family-style, diner, traditional restaurant, casual dining, upscale casual dining restaurant, fine dining restaurant or buffet restaurant

- Bar
- Brewery
- Brewpub
- Distillery
- Winery

Businesses that do not meet the eligibility criteria listed include:

- Businesses that are a part of a national chain or franchise that has a total of 20 or more locations doing business under the same name, regardless of the type of ownership.

- Establishments providing adult enter-

tainment, per Iowa Code 239B.5, subsection 4, paragraph "a".

The pre-application will require gross sales for the specific periods below as evidenced on Line 1 of tax filings. (Iowa Sales/Retailer's Use Tax and Surcharge Return); liquor license number; food service establishment license number; sales tax permit number; withholding tax permit number; and tax identification number (TIN).

Applicants that meet the initial eligibility considerations will then be granted access to the full application. Access to the full application does not guarantee an award.

The full application will require the business to be an Iowa-based bricks and mor-

tar establishment in which the primary purpose is serving food or drink. The business must have been established and open for business on or before April 1, 2020. Eligible businesses must be in good standing with the Iowa Alcoholic Beverages Division, Iowa Department of Inspections and Appeals and the Iowa Department of Revenue. Other requested information will be included once access to the full application is gained.

Other important information includes:

- Businesses established and opened between June 30, 2019, and April 1, 2020, are welcome to apply and will be considered using a modified formula pending funding avail-

ability.

- Businesses who have received state and federal assistance are able to apply.

- If establishments embedded in other businesses meet all other program requirements, have separate ownership and file a separate Iowa Sales/Retailer's Use Tax and Surcharge Return, they are eligible to apply.

Applicants can track their application via email or a tracker tool available at iowabusinessrecovery.com. Review of applications will begin on February

15. Applicants will receive an approval or denial email upon review. If approved, the applicant will receive a check in the mail approximately 14 days after approval email.

Grant award amounts will be determined using a tiered system based on the percent of gross sales loss with a maximum award amount of \$25,000.

Assistance in the application process is available by contacting Melissa Michaelis at 641-592-0800 or at director@winn-worthbetco.com.

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<p><b>New Ariens Deluxe 28 SHO</b> 15 ft-lbs Ariens Engine, Electric Start, 28" Clearing Width, Auto-Turn, Super High Output Impeller</p>  <p><b>\$1,349</b></p>	<p><b>New Ariens Classic 24+</b> 10 ft-lbs Ariens Engine, Electric Start, 24" clearing width</p>  <p><b>\$899</b></p>	<p><b>New Ariens Compact Track 24</b> 10ft-lbs Ariens Engine, Electric Start, 24" Clearing Width, 5.5" Wide Track</p>  <p><b>\$1,499</b></p>

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# Iowa community college report highlights educational impacts

The Iowa Department of Education recently released the latest edition of an annual report with state-level data and information about Iowa's community colleges.

The Condition of Iowa's Community Colleges report includes data on programs and services, student enrollment and demographics, student success and completion, college costs and affordability, instructional staff salaries and characteristics and financial information. The report also

includes success stories that illustrate how community colleges impact Iowans and the economy.

"The information provided in this report shows the range and depth of services community colleges provide to serve the needs of their students and communities," said Iowa Department of Education Director Ann Lebo. "From high school students earning college credit to displaced workers seeking new skills, Iowa's community colleges are critical

partners in ensuring equitable access and opportunity to the education and training Iowans need for some of our state's most high-demand jobs."

Highlights from the report are from the 2019-20 school year unless otherwise noted:

- 127,013: The number of students enrolled in community college credit courses, down 1.3 percent from 128,624 the year before.
- 51,800: The number of students who enrolled in college courses while in high

school (known as joint enrollment), up 2.4 percent from 50,587 the year before. Jointly enrolled high school students account for 40.8 percent of total community college enrollees and 25.6 percent of total credit hours.

- 69,614: The number of students enrolled in online credit courses, which represents a record high. This is an 11 percent increase from 62,731 the previous year. Online non-credit enrollment increased 15.5 percent

to 14,123 students, up from 12,234 students in the year prior.

• 23.7%: The percent of community college enrollment from racial and ethnic minority groups, which represents a record high.

• 37.9%: The percent of all Career and Technical Education awards granted that are in a Health Science program of study.

• 16,413: The number of credit awards earned (associate degrees, certificates and diplomas), down 5.5 percent from 17,377 the

previous year.

• 35,540: The number of noncredit program awards, down from 43,538 the year before. The majority of these awards (76.8 percent) were industry-awarded credentials designed to lead to or enhance employment opportunities.

In addition, disaggregated data tables and interactive data visualization tools are also available on the Publications webpage of the Department's website to accompany the report.

## Northwood Chamber of Commerce

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# After more than a century, lumberyard building reborn as center of community celebrations

For many years, the northeast corner of Central Avenue and Fifth Street in Northwood was the place to find building supplies. Now, it is a place of gathering and celebration as the Timbers is open.

The building itself can be traced as far back as 1902. Several families operated lumberyards on the spot over the years, until Northwood Lumber closed in 2016.

With new owners a number of options were considered for how the property could be put to use. That's when an opportunity to provide an unserved community resource began.

Owners Scott Madsen and Brian Kenison approached the Total United Northwood Effort (TUNE) group with Madsen's idea to turn the large lumber storage building into an events center with a unique theme.

It would provide the type of large gathering place that before now those living in Northwood had to find elsewhere in neighboring towns.

For TUNE, it would be the second large scale effort to provide a special gathering place for those living in and visiting the community, following their efforts to bring a movie theater back to Northwood.

As far as the finances to make the Timbers event center possible, as is the case for many of the cornerstones of the city, it was community support combined with grant funding that

made it possible.

That included several large grants from the WCDA, funds from community foundations like the John K & Luise V. Hanson Foundation, the Kinney-Lindstrom Foundation, Casey's, the Paulson family, the Swensrud Foundation, the Jansen Family Charitable Trust, the City of Northwood and other local donors and those that took part in fundraisers hosted by TUNE.

With the financial contributions mentioned above, the donation of the property, Madsen's plans and the efforts of TUNE members, contractors and volunteer assistance, the Timbers is complete and ready to use.

Depending on the type of event, the Timbers offers a variety of options with seating for 400 in place on two levels, with bathrooms on each.

The ground floor includes a kitchen and bar. A dance floor is in place as well.

The second floor is open in the center, overlooking the floor below, with a central bridge connecting either side.

At the south side of the second floor is an open space that can be used for a variety of purposes, from extra seating, to band staging, to the location of a wedding ceremony.

A state of the art sound system is ready for music or meetings.

Special lighting comes from the large windows on the north during the day. Overhead, a lighting focus comes from two

special chandeliers, locally made.

And the Timbers is built with more than just the spirit, structure and shape of the former lumber yard. With the exception of a few elements, all the wood and tin inside is reclaimed from the original structure.

Several events and fundraisers had been set to be held at the Timbers in 2020, but were canceled or postponed due to the pandemic.

In January, the first event to be held in the events center was a dance recital. Much more is scheduled, more than a year in advance. That includes 18 weddings and 11 other events. TUNE has received 75 requests as of last week, working to schedule them as available, into 2022.

The space is available to rent, with prices dependent on the type of event and how long the Timbers will be used for.

TUNE is setting prices to cover operating costs and to raise funds to complete remaining parts of its plans for the Timbers property.

With the interior complete, and an increasingly full schedule of people eager to use the facility, there are still some facets of the project in the works. That includes a patio and landscaping outside the north windows. TUNE plans to work on parking, ultimately hoping to put in a paved lot in the future.

In the meantime, the

Timbers is ready for a long future providing the community with a new place to gather and celebrate any number of life's events and

activities. For more information, including how to schedule an event at the Timbers, contact TUNE member Wendy

Weisert at 641-390-0644 or mwbrjw@msn.com, or find the Timbers on Facebook.



The Northwood Chamber of Commerce held a ribbon cutting for the Timbers Event Center last week.



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# Community Foundation of Northeast Iowa's scholarship process now open

The Community Foundation of Northeast Iowa's scholarship application period is now open and students may apply for scholarships available through CFNEIA at [www.cfneia.org/scholarships](http://www.cfneia.org/scholarships). The deadline to apply for 2021 scholarships is March 10.

CFNEIA awarded nearly \$588,770 in scholarships to high school, college, and adult students in 2020. A total of 272 scholarships were awarded to students pursuing higher education opportunities with an average award of \$2,165.

Scholarship opportunities are available to students across CFNEIA's 20-county region, which consists of 23 affiliate community foundations. Students

interested in applying for 2021 scholarships should visit the website to view the scholarship eligibility checklist. Once it is determined a student is eligible for one or more scholarships, a common application, also available through the CFNEIA website, must be completed. The common application requires basic student information, transcript of academic record, summary of extra-curricular experiences, an essay portion, and a letter of recommendation. Some scholarships will require additional information.

All required materials must be submitted through the online system. Students must visit the Community Foundation's website for instructions and to be-

gin the application process. A frequently asked questions webpage is available for commonly asked questions. Scholarships are awarded based on various criteria, including, but not limited to, academic excellence, financial need, for pursuing certain careers or majors, past experiences, location or high school attended.

Online applications are due by 11:59 p.m. on March 10, 2021. For more information about scholarship opportunities, please contact Tamika Fisher, scholarship and grant manager, at 319-243-1359 or [tfisher@cfneia.org](mailto:tfisher@cfneia.org).

More information about the Community Foundation of Northeast Iowa or its affiliates can be found at [www.cfneia.org](http://www.cfneia.org).

## Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY Probate No. ESPR009247 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF ELMER L. BRODERSEN, Deceased.

To all persons interested in the estate of Elmer L. Brodersen, deceased, who died on or about September 28, 2020:

You are hereby notified that on January 28, 2021, the last will and testament of Elmer L. Brodersen, deceased, bearing the date of December 28, 2012, was admitted to probate in the above-named court and that Marolyn A. Brodersen was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of the above county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this Notice to

the surviving spouse and all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above-named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated January 28, 2021.

Marolyn S. Brodersen  
316 Dahl Dr.  
Manly, IA 50456  
Executor of the Estate

Douglas A. Krull  
ICIS#: 000008531

Krull Law Office  
714 Central Avenue  
P.O. Box 200  
Northwood, Iowa 50459  
Attorney for the Executor  
Date of Second Publication  
10th day of February,  
2021. 5-2t

## Notice

NOTICE OF PUBLIC HEARING  
Northwood-Kensett Community School - Viking Athletic Center - Northwood, IA

The Board of Education of the Northwood-Kensett Community School District will conduct a public hearing on the proposed contract for the Northwood-Kensett Community School - Viking Athletic Center project at the Elementary Media Center Northwood-Kensett Community School, 1200 First Avenue North, Northwood, IA on Thursday, February 11, 2021, beginning at 7:00 p.m. local time. The public hearing will be held for a Single Construction Contract, including general, site, mechanical, and electrical construction. At the public hearing, any resident, or taxpayer may appear and express an opinion of the proposed project.

Kim Hengesteg,  
Secretary,  
Board of Education

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# Northwood Anchor Early Files

## 100 years ago

**February 2, 1921**  
The local chapter of the Eastern Star will hold a special meeting for a school of instruction and practice. Mrs. Carrie Nettleton, district instructor, will be present to conduct the school. A silver tea will be served by Mrs. C.A. Hurd, Mrs. A. Walser, Mrs. O. Turbett, Mrs. Nelson Thorson and Mrs. Alice Stott. A.C.S. Rue left on the early morning train

for Minneapolis to receive instructions from the A.Y. McDonald Co., for whom he expects to work as traveling salesman in South Dakota. His plumbing shop will be taken care of by A.L. Spilde and J.H. Huus.  
On January 31, Mr. and Mrs. Ole H. Myli of Northwood had been married 50 years and their children and friends made the occasion one of rejoicing.  
County Clerk A.R. Thomson has formed a partnership with L.O. Thompson and the two have purchased the interest of the latter's fa-

ther, O.J. Thompson, in the livestock elevator and coal business heretofore conducted under the firm name of O.J. Thompson. A.R. Thomson will continue in the clerk's office for the present, at least, his new term starting January 1 last.  
Sheriff Gullickson arrived in Northwood with William Fayne, the burglar who is wanted by Worth County for robbing the Smith Jewelry at Manly last summer, Fayne was captured and held by the Kansas City police pending the arrival of the local sheriff.

## 75 years ago

**January 31, 1946**  
The Rev. A.J. Tolo, former pastor of the Northwood Lutheran church, recently reduced from duty as a Navy chaplain, will be the speaker at the service men's dinner to be held at the Northwood Lutheran church. Other entertainment will be furnished by M.A. Aasgaard of Lake Mills, amateur magician.  
Corp. Norance Reyerson, son of Mr. and Mrs. Adolph Reyerson, who is now in China

with the U.S. Marine Corps, has sent home to his parents his Purple Heart Medal, also a certificate stating that he participated in the surrender of the Japanese forces in the area of Tsingtao, China. With the Purple Heart were two additional purple ribbons.  
Well over 1,000 pounds of used clothing, shoes and bedding were contributed in Northwood for overseas relief of war stricken areas. Packages were left at the former OPA office, which was used as a collection depot.  
A gross business of \$239,060.65 was reported for the Farmers

Elevator Co. during the fiscal year ending on May 31, 1945, according to the figures given to the stockholders at the annual meeting of the company.  
Making the 12.5 mile run in 15 minutes, the Northwood fire truck arrived at the home of Claire Mueller, northwest of Meltonville, in time to save the house from destruction by fire. The thermometer recorded 18 below early that morning and it was about 10 or 12 below when the drive was made.  
A dance scheduled at Music Hall was postponed because of the stormy weather.

## 50 years ago

**February 4, 1971**  
Northwood Boy Scouts making plans for observance of Scout Month, which is the month of February, are shown at a meeting above the Interstate Power building. Present were Curt Enderson, Randy Reutzel, Charlie Cook, Ed Muller, Gary Enderson, Kevin Reeder, Frank Weitzel, Lonnie Borseth, Paul Weitzel, Kary Ihnen, Rob Low and Mike Evans. In the back-

ground are Al Grossman, assistant Scoutmaster, and Dan Robb, patrol leader.  
The Viking matmen lost 39-5 to the Lake Mills Bulldogs in a meet at Lake Mills. This was the final regular season meet for the Vikings. The Vikings' only victory was in the heavyweight class, where Jim Anderson pinned his opponent in three minutes and 40 seconds.  
The Northwood-Kensett Vikings squeezed past the Garner Cardinals 46-45, in a game that went all the way to the wire, at Garner. The

Vikings ran their season record to seven wins and six losses. High scorer for the Vikings was Dave Halland with 18, followed by Scott Roppe with 11.  
Members of the Northwood-Kensett varsity wrestling squad are Tom Vorland, Curt Flatness, Randy Marker, Steve Cook, David Larson, Scott Madsen, Jerry Jaspers, Morris Medlang, Mark Iverson, David Gentz and Jim Anderson. Grayling Stayner was not present for the picture. James Ehrle is head coach and Howard Vorland is assistant coach.

## 25 years ago

**January 31, 1996**  
Julie Greibrook and Mary Haukoos were minding the store when Madeline Lee bought her \$10,000 Iowa Lottery ticket at the Northwood Short Stop.  
Northwood-Kensett Community School teachers are seeking a 6.75 per cent increase in their total benefit package for the 1996-97 school year. Included in the teachers' proposal is a 5.9 per cent raise in the base salary, from

the current \$19,375 to \$20,525. The salary is the annual compensation the district pays first-year teachers who has a bachelor's degree and fewer than 15 hours of graduate study.  
Staff Sgt. Eric Harang has recently been assigned to Bad Kru-sennack, Germany, and will go to Hamburg, Germany, for training. He is awaiting orders in March or April to be assigned to Bosnia. His family remains in Columbia, South Carolina, but hope to join him in Germany in March. Er- ick is the son of Donald Harang of Northwood.

The six Northwood-Kensett speech team members who've earned a trip to the State large group contest this Saturday in West Union include Laurie Steinmetz and Sara Rosch and Betsy Mellem, Jennifer Bugge and Susan Brunsvold. Addie Harmon was not present for the photo.  
Northwood-Kensett forward Andy Julseth used a well-placed elbow to get around the strategically located knee of Osage's Brandon Scott in this second-half action from last Saturday's cage contest here.

## 10 years ago

**February 2, 2011**  
The Northwood Special Events Committee will be serving their annual Lutefisk and Meatball Dinner on March 5, at the Northwood United Methodist church. The menu will include lutefisk, meatballs, mashed potatoes, gravy, vegetables, lefse, rolls, cranberry relish, cole slaw, assorted Norwegian pastries, rommegrot and coffee.  
While the benefits of a high grade point

average are apparent, Northwood-Kensett junior and senior high school teachers and members of the student council hope that a competitive spirit will add extra inspiration.  
At Northwood-Kensett High School basketball games played versus Glenville-Emmons, the N-K girls basketball team hosted "Pink Out Night" to raise awareness for breast cancer. Athletes and spectators from both Glenville-Emmons and N-K wore pink in support of the cause, and the N-K players passed the hat at half-time of the boys game, raising

nearly \$360, which will be donated to the Relay For Life of Worth County, in honor of Polly Schiltz, a longtime N-K educator, Glenville area resident and recent cancer survivor.  
N-K Student Council members Erika Willand and Briar Tenold helped organize the CPA Challenge, with a trip to a Twins game as the prize.  
Shayne Olson, in three games last week, poured in 21 points and grabbed 20 boards. Olson is averaging 5.4 points per game and leads the team on the season with 71 rebounds, good for 4.43 per game.

# Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.



### Echoes from the Loafers' Club Meeting

Why don't you ever watch the Super Bowl?  
My team isn't in it.  
Who's your team?  
Bubba's Pinheads in the Thursday night league at Bowling Elaine's.

### Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. My car was so old it had both upper and lower plates. It was more comfortable than walking but not as fast. It wasn't a good starter in winter or in any other season and had a penchant for becoming stuck in the snow. If that car had been equipped with a backup camera, I could have seen who had been pushing it. I worked in college to feed my eating habit and my car's thirst for gas. My resume could have fit on a matchbook cover with room left for Lincoln's Gettysburg Address. I was a school crossing guard in elementary school. I arrested people for walking when they shouldn't have. The results were mixed. Just over 99.9% of the perpetrators were acquitted. I put that job on my resume and got a look you could take on a safari from the hirer who asked if I knew how to drive a stick. I did and ended up pushing a big industrial broom with a long wooden handle. There is no commemorative plaque with my name on it on a wall of that business.

### Pushing snow in a palindrome

I was a knight with a shining snow shovel. As I shoveled snow, I could see that no two of the snowflakes were alike. I grew tired quickly as I'd already emptied my pencil sharpener earlier that morning. January 2021 was a month with 10 consecutive days of palindromes. 1-20-21, 1-21-21, 1-22-21, 1-23-21, 1-24-21, 1-25-21, 1-26-21, 1-27-21, 1-28-21 and 1-29-21. It made guys named Otto proud. The dentist's office called on one of those days, needing to postpone my appointment because my hygienist had vertigo. I was more than willing to because I didn't want to go. Vertigo and I didn't want to go are both ailments in the go family. Alfred Hitchcock's "Vertigo" is a movie that examined an ex-cop (played by Jimmy Stewart) who suffered from vertigo brought on by heights and tall dental patients.

### Bad joke department

Teslas are expensive because they charge a lot.  
If I could describe myself in five words, they'd be "Bad at math."  
What's the opposite of irony? Wrinkly.

### From the mailbag

Amos Vogel of Morgan wrote, "On the subject of days getting longer on both ends. I was just wondering if that meant that we will be having more than 24 hrs. in a day and if that happened will our weeks get shorter or longer? ... That way I would have a better chance of catching up on things that I haven't got done. Especially in the nothing to do department. Once you start doing nothing there is so much of that to do you may have to hire help."

### Nature notes

White-tailed deer change from grazers to browsers in winter. Red foxes stay warm with their thick winter coats. An adult rarely retreats to a den in winter, but curls into a ball in the open, using its bushy tail to wrap around its nose and footpads instead. I've looked through spotting scopes and seen foxes blanketed in snow.  
Between bites of seeds under a bird feeder, the nervous rooster pheasant looked upward hawkwardly for aerial predators. I watched a hawk perched in a cottonwood. The hawk had quite a slice and it wasn't anywhere near a golf course. In falconry, a slice is when a hawk propels its droppings out and away from a nest or perch. A bigger bird, like a bald eagle, can add serious velocity to that action. Falconers refer to hawk droppings as mutes. I thought of a line from a book I'd read, "The hawk was everything I wanted to be: solitary, self-possessed, free from grief, and numb to the hurts of human life." I'm guessing Helen Macdonald wasn't thinking about slicing when she wrote that part of her delightful book, "H Is for Hawk."  
I squinted to see the rabbit on the moon. The man on the moon is a myth. The moon looked yellow, silver or white, but was likely gray.

### Meeting adjourned

The end of the obituary of Margaret M. DeAdder of Moncton, New Brunswick, read: "In lieu of flowers, the family asks that you do something nice for somebody else unexpectedly, and without explanation. We love you, mom, a bushel and a peck. A bushel and a peck and a hug around the neck."

©Al Batt 2021

## LRH open to visits as rates fall

On Monday, the Lutheran Retirement Home announced that with COVID-19 positivity rates falling, the facility would once again be opening to visitors.  
Less than one week earlier, administrator Scott Halbach had announced that all staff and residents that wanted a COVID-19 vaccine had received a full course of the Pfizer offering in January.  
At that time, Halbach wrote, even with the vaccine distributed to all those residents and staff members that wanted one, vaccination does not guarantee protection and that staff would continue to be as safe as possible and observe state and federal guidelines. He also said visits would not be available until rates fell below 10% in Worth County.  
The 14-day positivity rate, as of Monday, had fallen to 6.5% in Worth County. On Monday, LRH announced that they were immediately restarting indoor visits.  
The visiting beautician will also be back in the building, with safety

measures in place. While indoor visits were once again allowed, safety protocols will still be observed. This includes wearing a mask and passing a health screening before entering the building. All visits will take place behind

a plastic barrier. Those that would like to visit with someone at the Lutheran Retirement Home may contact Cassie at 641-324-1712 or at davis@northwoodlrh.org to set up a time.

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