

The Northwood Anchor

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Briefs

N-K hosts blood drive March 10

A blood drive will be held at the Northwood-Kensett High School on Wednesday, March 10, hosted by the N-K FCCLA.

The blood drive is a way for people to make potentially life-saving donations. FCCLA students can also use their involvement to support opportunities for scholarships.

Those that would like to donate at the blood drive can go online to the LifeServe Blood Center website, at lifeservebloodcenter.org, under the Donate link, by searching for the N-K blood drive.

Those that would like to donate may also contact FCCLA advisor Megan Thorson at the school or by email at mthorson@nkvikings.com.

Appointments are available between 7:30 a.m. and 2 p.m.



A sweet surprise

Each year, the Northwood Chamber of Commerce holds a Valentine's Day contest, with the hopes of spreading the love for those that patronize businesses in the community. People entered the contest at a variety of businesses with a chance to win a variety of gifts, which included this year, candy from VerHelst Drug Store, tickets from the Northwood Theatre, a bottle of champagne from Shade Tree Liquors, an arrangement from Modern Gardens Floral and Gifts and a stay at the Holiday Inn and Suites. Pictured above with their prizes are winner Steve Yanney and his wife, Brianna.

District 2 election candidate filing ends this Friday

A special election to fill the vacancy of Worth County's District 2 supervisor will be held on Tuesday, March 23. Those wishing to file as candidates have until this Friday to do so.

The last day to file nomination papers with the auditor is this Friday, February 26. This includes non-party political organization (NPPO) candidates and candidates nominated by petition, and Democratic and Republican parties' nominations. The auditor's office will be open until 5 p.m. on Friday.

The precincts in District 2 will vote in this election. District 2 consists of the cities of Fertile, Hanlontown, Joice and Kensett; and the townships of Bristol, Brookfield, Danville, Fertile, Kensett, Silver Lake and Fertile.

The polls at the will be open from 7 a.m. to 9 p.m.

The voter pre-registration deadline is Friday, March 12. The county auditor must receive all registration forms no later than 5 p.m. unless post-marked on or before Monday, March 8.

Voters may request an absentee ballot at the auditor's office at any time. If the ballots are not at the office at the time of request, they will be mailed to the voter as soon as they are available. The deadline to request an absentee ballot be mailed is 5 p.m. on Friday, March 12. Voters may request and vote ballots at the auditor's office until 5 p.m. on Monday, March 22.

No 'snow emergency,' but residents asked to help keep roads clear

Prior to the February 8 council meeting, snowfall had remained light enough that traffic hazards weren't in place in the city, but Northwood mayor Doug Moehle advised that he was ready to declare a snow emergency, should conditions warrant it.

At the February 8 Northwood council meeting,

city officials discussed the status of vehicles on streets and whether they were creating issues for clearing snow.

In past years, when more snow had fallen over the course of the winter, the City had dealt with a number of vehicles left parked on streets that made it difficult for City plows to maneuver.

At the time the City had

not enacted its snow emergency ordinance and the City had to encourage those vehicle owners to cooperate, without having any way to force their cooperation.

Following that year, the City had reviewed and adapted the ordinance, should the combination of vehicles on streets and too much snow make street clearing a chal-

lenge.

In November, the City published notification in the Anchor that residents should be prepared should a snow emergency be declared.

The notice reminded residents that if a snow emergency is declared, no vehicles are allowed to remain on streets until the emergency

Snow, see Page 2

CS bomb threat investigation ends

The investigation of an online bomb threat at Central Springs schools has concluded. While no additional details were released, the district and police urge families to use the incident to impress upon children the severity of the incident.

On the evening of January 28, the Central

Springs school district was informed that someone online had made a bomb threat in the chat line of the district's YouTube channel.

District officials immediately involved the Manly Police Department and canceled classes for the following day, January 29, to

make sure that all district campuses were safe.

In a joint statement, the MPD and CS district officials shared that the investigation of the threat has concluded, but that no additional information would be made available.

However, they made clear that this was not an

insignificant event.

"Threats such as these are serious, and we will not tolerate threats of any nature. I urge you to talk to your children and impress upon them the seriousness of threats in today's society. Ask them to notify you or school personnel should

CS, see Page 2

WCPH begins accepting names for more vaccine tiers

As vaccinations continue in Worth County, Worth County Public Health has provided an update that it is accepting names of those that will fit into additional tiers of the current vaccine phase for upcoming availability.

Following is a post recently shared on the Worth County Public Health Department Facebook page:

"We continue to vaccinate phase 1B at this time and as we work through the Tier groups we do not want to miss anyone. We are currently on Tier 2 but we would like those of you who will fit into Tiers 3, 4, 5 to give us a call to get on our list for these last three tiers. Here is the description for each of those Tiers....."

"Tier 3- Staff of and indi-

Tiers, see Page 2



The Week's WEATHER
by National Weather Service Observer
John Podgorniak

| Date | Hi | Lo | Prec. |
|----------------|----|-----|-------|
| Tues. Feb. 16 | -5 | -20 | |
| Wed. Feb. 17 | 6 | -21 | |
| Thurs. Feb. 18 | 8 | -3 | .02 |
| Fri. Feb. 19 | 12 | -1 | T |
| Sat. Feb. 20 | 13 | -12 | |
| Sun. Feb. 21 | 20 | -10 | |
| Mon. Feb. 22 | 24 | 18 | .52 |



On the road again

After a day of constant snow fall, area roads were deeply covered by the time Sunday evening arrived. In Northwood, that had City and State trucks on the road clearing a path after the snowfall had mostly come to a stop Sunday evening.

Worth schools approve WCDA education fund uses

Snow
Cont. from Page 1

While the impacts of the COVID-related closing of the Diamond Jo Casino were felt, local school districts still received substantial amounts from the WCDA's dedicated education dollars for the next school year.

Since it was established, education has been a focus of the WCDA, as it has designated half of its 5.76% of Diamond Jo casino revenue to students and schools. That money goes towards scholarships for Worth County's graduating seniors each year, gift cards for Worth students and preschool tuition, along with funds given to school districts with borders in Worth County, based on the number of Worth students attending.

At recent meetings, the Northwood-Kensett and Central Springs school boards approved their plans for how districts will spend their portion of WCDA education dollars.

The amount is down

this year, with Diamond Jo closed as a part of Iowa's COVID-19 emergency measures, starting in March and continuing through the end of May.

Based on Northwood-Kensett's WCDA education numbers, funds to schools are down as much as 21.6%, falling from \$493,154.19 for the 2020-2021 school year to \$386,637.21 for the coming 2021-2022 school year.

At Central Springs, \$233,222.04 is available for the 2021-2022 school year.

School districts must spend their WCDA education funds based on four different categories, with a percentage dedicated to each. That includes 29% for physical plant operations, maintenance, expansion and/or green energy; 24 percent for staff development, equipment, technology, text books, library books, support staff and instructional support; 19 percent for operation requests, fees and fund-

raising; and 14 percent to be divided amongst a district's teachers for classroom uses. The remaining 14% includes the funds used to provide scholarships to the district's graduates that school year.

At N-K, as approved by the school board at their February regular meeting, the 29%, or \$130,377.66, will go towards an expansion, namely the Vikings Activity Center project that is expected to be completed in 2022.

Of the 24%, or \$107,898.76, that includes equipment and technology, \$51,698.76 will also be used to pay for aspects of the Vikings Activity Center project. The remainder will include \$30,200 for textbooks and \$26,000 for technology needs.

The 19%, or \$85,419.85, for organizations, fees and fundraising will include \$24,000 for book fees, \$24,850 for activity passes, \$16,569.85 for the activity fund, \$10,000 for athletic uni-

forms and \$10,000 for other fees.

The 14% for teachers will provide \$1,300 to each of 48 teachers, along with \$540.94 for paper supplies shared between teachers.

At Central Springs, the 29%, or \$78,644.64, for physical needs will include \$3,000 for the grades 5-12 band, \$3,000 for science units, \$20,000 for bus and vehicle maintenance, \$12,796 for choral risers in the auditorium, \$3,500 for a sound system in the fitness center, \$299,78 for microscopes and \$36,048.86 for tuckpointing projects.

The 24%, or \$65,085.22, for staff development and educational resources will be spent on a variety of classroom needs, such as scripts for the K-8 music festival and contest music; online textbooks and resources; monitors; Lego League; Future Problem Solvers; Reading and Math Club; Big Brother and Big Sister; field trips;

Panther Pride awards; citizenship incentives; nursing supplies; dissection specimens; and microscopes.

The 19%, or \$51,525.80, for organizations, fees and fundraising will include \$2,000 on the senior citizen meals; \$1,800 for roller skate rentals for PE/PTO; \$300 for basketballs; \$600 for recess supplies; \$2,800 for milk breaks; \$1,200 for student incentives; \$1,700 for the trap shooting team; \$2,500 for the post prom; \$4,500 to reduce the costs of yearbooks for students; \$3,000 for sports physicals; \$22,500 for student passes to athletic events; \$3,125.80 for coaches clinics and trainer; and \$2,500 for athletic awards and letter programs.

The 14%, or \$37,966.38, will provide \$654.59 to 58 Central Springs teachers.

The WCDA board must approve the districts' requested fund uses before the funds are made available.

ends or until snowfall ends and streets are cleared.

At the February 8 meeting, Worth County Sheriff Dan Fank shared that his deputies had spoken with a few people whose vehicles were parked inconveniently.

According to Fank, the deputies had worked with the vehicle owners, and advised them that if a snow emergency were declared, they would be required to move their vehicles or face a parking ticket.

Mayor Doug Moehle said that he has discussed the status of the streets with city superintendent Dirk VanRyswyk with each snowfall and they hadn't felt it wasn't necessary to declare a snow emergency at that time.

If Moehle were to call for a snow emergency, the City and law enforcement would contact local media, including the Anchor, to get the word out to residents.

The Anchor will share that on its website and Facebook page if a snow emergency is called.

Worth COVID rates continue to fall

With those eligible to receive the COVID-19 vaccine as a part of their work receiving them, public health departments remain the primary source of vaccination for others, as can be seen in the weekly increase of vaccinations. And while not necessarily a display of vaccine effectiveness, numbers and rates continue to fall in Worth County.

As of February 15, 1,240 vaccines have been administered in Worth County. That is up roughly 150 from the previous week.

A total of 244 people in Worth County have received two doses, for a full course of the vaccine, up 19 from the previous week.

In the past week, the positivity rate for those tested decreased from

7.9% on February 15 to 2.7% on February 22.

The 14 day positivity rate reflects the number that have tested positive out of those tested, falling within the two week window that COVID-19 may be transmitted and in which symptoms may develop, according to the CDC. Quarantines and isolation are recommended up to the 14 day window.

In Worth County, the 14 day positivity rate, as of February 22, was 3.1%. That was down from 8.1% on February 15.

From February 8 to February 15, cases increased to 648, an increase of 1.6%. In the past week, from February 15 to February 22, cases increased to 687, an increase of 6%.

Overall positivity

rates were up slightly. Positivity rates are the amount of residents with COVID-19, out of those taking a test since testing began.

From February 8 to February 15, the rate increased to 19.3%. From February 15 to February 22, the rate increased to 19.8%.

A total of 3,466 Worth County residents had been tested as of February 22. A total of 10,577 tests had been taken by Worth County residents.

In counties that border Worth, there were a total of 17,785 confirmed cases, as of Monday, up 923 from the previous week.

Cases in neighboring counties included 1,363 in Winnebago, 1,460 in Hancock, 5,299 in Cerro Gordo, 1,618 in Floyd and 1,298 in Mitchell

counties in Iowa, and 2,757 in Freeborn and 3,990 in Mower in Minnesota.

Including Worth's four COVID-19 related deaths, 276 have died in the eight county region because of COVID-19, up five from February 15.

Those with symptoms, or who may be interested in being tested should contact their health care provider, or take an assessment and get more information at testiowa.com.

Information and resources on COVID19 in Iowa can be found online at coronavirus.iowa.gov.

Local information, including about vaccine access and availability can be found at Worth County Public Health's Facebook page.

CS
Cont. from Page 1

they hear of any planned or potential disruptive behavior.

"The safety of our students and staff is our number one priority, and we will continue to be vigilant."

Tiers
Cont. from Page 1

viduals living in congregate settings (DOES NOT include college dormitories).

"Government officials, to ensure continuity of government, including staff engaged in state business at the Iowa Capitol during the legislative session

"Tier 4- Inspectors responsible for hospital, long-term care and child safety

"Tier 5- Correctional facility staff and individuals incarcerated."

Those in any of the tiers mentioned above, in previous tiers or those age 65 or older that have not called to be added to the list may contact Worth County Public Health at 641-324-1741.

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YOUTH PROGRAM INTERN/FAIR ASSISTANT

Worth County Extension and Outreach is searching for up to two Youth Program Intern/Fair Assistants.

The positions approximately from May 15 to the end of July 1. The positions assist in organizing and teaching youth and preparing for the Worth County Fair. Successful interns will be ambitious, have a strong initiative and organization skills and a willingness to be flexible and improvise. Experience in organizing and leading group activities, completing reports and preparing communications are preferred. Skills in oral and written communication are preferred. Access to transportation and a valid driver's license is required. Competitive starting wage.

To ensure consideration, applications should be submitted by March 8, 2021. Positions will be open until filled.

Interested applicants are asked to complete an application and submit it electronically with resume and cover letter to
Lacey Waller, Office Manager,
ljwaller@iastate.edu, 641-324-1531.

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Hinson visits Worth on District tour



U.S. Congresswoman Ashley Hinson was in Northwood last week as a part of a tour visiting each county she represents in Iowa's District 1. In Worth County, Hinson visited ADA Enterprises in Northwood.

"I'm trying to visit all 20 counties. It has been a priority for me to get out and listen after I was sworn into office," Hinson said of the visit in Worth County.

ADA was a top choice for her to get the impressions of a unique manufacturing operation.

"I wanted to hear from a manufacturer in Worth County," Hinson said. "And ADA is a great example of a small business doing big

things."

On her visit, Hinson was led through the Northwood facilities by President/CEO Tom Stensrud. "Tom took me around to meet everyone that was working there."

Amongst those she met, Hinson shared a few memorable interactions.

"I met an immigrant from England that's faced some immigration challenges."

Hinson said that she met employees on the job for three weeks to employees that had worked at ADA for more than a decade.

"We talked about workforce issues and housing for rural Iowa, and other challenges," Hinson said. "I had a

good to-do list coming out of there."

Amongst the things on the list were issues with shipping and trucking. She also shared that she would be looking at the immigration difficulties and expenses that had been shared firsthand.

Following her visit to Northwood, Hinson traveled to Fox River Mills in Osage, Upper Iowa Beef in Lime Springs and the Winneshiek County Veteran Affairs office.

As of the end of last week, Hinson had completed her first tour of all 20 counties in Iowa's District 1. She said that she plans to visit all 20 counties and at least once each quarter.



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Students placed on Dean's list at Riverland

Riverland Community College has announced the students whose academic achievement placed them on the 2020 Fall president's and dean's lists. Riverland congratulates these individuals for their outstanding academic accomplishments.

Local students announced to the Dean's List are Monica Meyer of Kensett and Ethan Thofson of Northwood.

To be eligible for the dean's list students must have completed 12 credits per semester with letter grades and have earned a grade-

point average of 3.25 to 3.99 on a 4.00 scale.

Riverland Community College, a member of the Minnesota State system, is a community college that transforms lives through excellence in service, education and career training. Approximately 10,000 students are served annually through a wide range of credit-based educational opportunities and non-credit courses. Campuses are located in Austin, Albert Lea and Owatonna, Minnesota. Riverland may be found online at Riverland.edu.



Snow mystery

Seen above is a mysterious scene or structure crafted out of snow that has appeared near the Worth County Historical Society museums on the west side of Northwood. The content and symbolism of the snow scene remains a mystery. Is it a snow fort? Is it a circle of snow creatures raising their arms in celebration? Is it some kind of Snow Henge? The Anchor welcomes the snow crafter to share the meaning of their design. Until then, or until the snow structure melts, it will remain a mystery.

Supervisors consider TIF for roads, removing TIF limits

The Worth County Board of Supervisors has recently discussed the use of tax increment financing (TIF), including its use for upcoming road projects, and whether or not its use should be restricted by a resolution currently in place.

At their February 15 meeting county engineer Rich Brumm discussed funds available for Worth County road projects and asked the supervisors for their guidance as he prepares for a large resurfacing project on Highway 105.

The project, which would include Highway 105, west of the interstate to the border with Winnebago County, along with other projects planned to start in the current fiscal year is estimated to cost \$3.8 million.

Brumm presented two options that would allow the County to

pay for those projects. One would borrow against Farm to Market funds received through the State. Brumm said that the County would be able to borrow up to three years in advance on those funds. The concern with that approach is that those Farm to Market funds would no longer be available to take care of other projects and the County could fall further behind on its road maintenance needs.

The other option, Brumm said, is to use TIF revenue to pay for the projects. That would involve borrowing against the future tax revenue on some current and forthcoming wind turbine developments.

Brumm said that using TIF would allow the County to cover the cost of the current needs and, depending

on the amount dedicated to roads, advance others on the maintenance timeline, helping the County catch up.

The supervisors agreed that they didn't want to use up the Farm to Market funds in advance and push off other projects that may become more urgent as they wait. They signaled their intent to look at TIF funding for the road projects.

Their ability to dedicate as much money as needed was up for discussion later in the meeting.

Supervisor chairman AJ Stone asked his fellow supervisors their thoughts about revisiting a resolution passed in December 2018, that dedicated portions of the County's TIF funds to be used for specific purposes.

At the time, the res-

olution was presented by former supervisor Merlin Bartz, based on the County's support of renewable energy projects.

Resolution 2018.12.31 designates that 65% of available TIF funds be dedicated to four categories, split so that 20% of TIF revenue would be spent on bridge and road projects; 25% on courthouse projects; 5% on sanitary sewer projects in unincorporated areas; and 15% on infrastructure projects Worth County undertakes on its own or jointly undertakes with other governments.

At the time the resolution was passed, the latter category would have applied to the interchange development that is nearly complete as well as a natural gas pipeline project that was being pursued jointly includ-

ing Mitchell and Worth counties.

At the February 16 meeting, Stone said that he didn't think the supervisors should be committed to those percentages. He said he thought the supervisors should be able to use TIF funds for projects based on the County's needs, and not be limited if a project exceeds any of the percentage limits in the resolution. He pointed to the road projects discussed earlier or a courthouse project that would likely exceed the percentage in the resolution, based on previous cost estimates.

Stone said he wouldn't want to have to pursue other borrowing options if a set percentage of TIF funds was the cap for a project.

Supervisor Mark Smeby, who was on the board when the resolu-

tion was passed, said that he was opposed to a change. He said that he thought the resolution gave the supervisors direction and accountability. He said it was a good idea to have those percentages in place to help the County prioritize how it spends TIF dollars.

Supervisor Enos Loberg agreed that it was a good idea to have some direction as to ways to use TIF money. But, he said that he thought the percentages were restrictive. He said that he didn't want projects put aside because they didn't fall within those percentages.

At their meeting on February 22, the supervisors planned to repeal the current resolution and pass a new one that would keep the categories as guidance, but eliminate the percentage requirements.

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2020 N-K WINTER SPORTS



N-K varsity wrestling team

Members of the 2020-21 N-K varsity wrestling team include (front row, from left) Brandon Varner, Drake Tiedemann, Treycen Rollene, Dalton Logeman, Dante Sims, Hayden Moore, (back row, from left) manager Belle Efflandt, Mason Thofson, Tyler Mills, Josiah Kliment, manager Harley Reich and manager Jesslyn Sims.



N-K varsity girls basketball

Members of the 2020-21 N-K varsity girls basketball team include (front row, from left) Emma Davidson, Sydney Welch, Addyson Bachtie, Briar Anderson, Peyton Shoger, Madalynn Hanson, Carly Hengesteg, (back row) assistant coach Katie Herther, assistant coach Trevor Hunt, Olivia Stilley, Ruthie Conlin, Hayley Wallin, Chloe Costello, Marli Backhaus and head coach Daryl Love.

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The Constituent Connection

88th General Assembly:

This was the sixth week of the legislative session, and the Senate passed several bills during the week, including several I managed on the floor. One of these was Senate File 364. It conforms state income tax code to the most recent federal tax change, allowing the deductibility of qualifying expenses for forgiven Paycheck Protection Program (PPP) loans for fiscal year filers. This deduction is already allowed under Iowa law for calendar year filers, but this would make it effective for both fiscal



Waylon Brown
State Senator
District 26

and calendar year filers. Another one was SF 354, which provides relief to those licensed for their job and working on continuing their education for their license. The bill allows those people to apply for an extension if they were unable to meet continuing education requirement deadlines due to an unforeseen financial or medical hardship. Creating additional barriers to work during an emergency only makes that situation worse and it is important working Iowans are able to provide for themselves and their families. This reform is just one way we can help Iowans amid a difficult year and make sure they can keep their professional or occupational license.

A big announcement from this week is the filing of Senate File 402. This is a bill I co-sponsored with 29 of my colleagues that aims to tackle censorship of constitutionally protected speech and content by big tech companies. Social media websites have become popular places for discussion and conversation for the public, and have become the public square of the 21st century. Senate File 402 would prohibit the state from entering into contracts with or providing tax incentives to companies that censor online content, and give Iowans a mechanism to have any complaints of censorship investigated by a court. Any company found to have censored free speech would forfeit any tax benefits they have received for 20 years. During the press conference, Senate President Jake Chapman said, "The ability of Americans and Iowans to voice their opinions is foundational and I would argue is the very cornerstone of our great republic. The ability to speak freely was so important that our founders enshrined this right in the First Amendment of the Constitution." This has become a very important issue, especially over the last several months, and I'm proud to be a co-sponsor on this legislation.

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Meanwhile back in the district this weekend, I had a virtual meeting with some local school superintendents to discuss multiple issues and legislation impacting them. I also had the honor to visit with Senator Grassley at one of his stops on his 99 county tour for 2021. I had a town hall in Northwood on Saturday, (Feb 22) morning. Monday morning before I return to Des Moines I will have the honor of assisting the Charles City FFA as they prepare for their upcoming contests.

the Dubuque County office at 563-583-6496. The Farm Couple Getaways statewide gold sponsor is the Iowa Farm Bureau Federation, with other local sponsors recognized at each local event. More information is available in the event brochure for Eastern or Western Iowa at <https://www.extension.iastate.edu/dairyteam/farm-couple-getaways>.

Farm couples can enjoy a weekend get-away this spring

In response to high levels of both personal and financial farm stress, Iowa State University Extension and Outreach is offering three "Farm Couple Getaways" aimed at farmers wanting to take advantage of activities to improve farm family communication, work on farm or family goal setting or farm transitioning, or who would just like a weekend away to discuss farm and family issues.



Dubuque. The dates and locations for the other getaways are as follows: Friday and Saturday, April 9-10, at Lake Shore Center at Okoboji in Milford. Friday and Saturday, April 16-17, at Hotel Winneshiek in Decorah. The getaways run

from 12:30 p.m. on the first day to 3:15 p.m. on the second day. There is no cost to attend, as food, lodging and other expenses are being paid for by sponsorships. However, there is a \$50 per couple deposit to hold each reservation, refundable on the second day of the

event. "Past Farm Couple Getaways have proven to be beneficial to farm couples. They are a productive and delightful time to discuss items of importance to help farms and families be successful," said Larry Tranel, dairy specialist with ISU Extension and Outreach. Each getaway will consist of 10 farm couples and the extension facilitators. Registration will be on a first-come, first-served basis, due two weeks prior to each session. Registration brochures for the various sites can be obtained from select ISU Extension and Outreach county offices, or from dairy specialists.

Jenn Bentley can be reached at jbentley@iastate.edu or at the Winneshiek County office at 563-382-2949; Fred Hall, at fredhall@iastate.edu or the Sioux County office at 712-737-4230; and Larry Tranel, at tranel@iastate.edu or

the Dubuque County office at 563-583-6496. The Farm Couple Getaways statewide gold sponsor is the Iowa Farm Bureau Federation, with other local sponsors recognized at each local event. More information is available in the event brochure for Eastern or Western Iowa at <https://www.extension.iastate.edu/dairyteam/farm-couple-getaways>.

Talking schools funds and elections

WEEK SIX
In my last newsletter I talked about our school funding bill that passed the House and the ongoing discussions about supplemental school funding. Thursday afternoon the House passed a bill for an additional \$27.2 million for schools offering in-person learning. This bill will help schools address the additional costs incurred while operating classrooms during the pandemic and schools that had a delayed start due to the derecho. This money will go to the schools now and without restrictions. Schools can

use this money for any general purpose that is best for their school. We are moving along quickly with subcommittees, committee meetings, and passing bills out of committee to be debate eligible. Many of the bills going to floor debate were discussed and passed out of committee last year only to fall into the "Covid Hole" when session was interrupted last March. Last week, floor debate was held during three evenings and 44 bills passed out of the House, most with strong bipartisan support. This week the House

and Senate will continue working on legislation to improve election laws in Iowa. Because of actions taken over the last few years, Iowa's election system is safe and secure and we had record turnouts in 2020. HF 590 passed out of committee last week and is scheduled to be debated this week. The current bill would reform the absentee ballot process, prohibit pre-filled absentee request forms and ballot harvesting, strengthen election misconduct penalties and limit drop boxes.

As always, I look forward to hearing from you with any questions, comments or concerns. I can be reached at jane.bloomington@legis.iowa.gov. Check out my Facebook page for other updates.

Northwood Church

Fertile Lutheran Church
Wednesday, Lenten Service, 7 p.m.; Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.
Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Outdoor Worship, 9 a.m.
Linda Johnson Prestholt, Pastor
Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Lenten Worship at Manly Compassionate Love, 7 p.m.; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, worship Elk Creek, 10:30 a.m., Sunday School - Elk Creek, 9:45 a.m.; Monday, MANNA Open, 10 a.m. - Noon.
Pastor Tom Martin
Trinity United Methodist, Bolan
Tuesday, Lenten Bible Study via Zoom from Bethel UMC, 7 p.m.; Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m., Virtual Worship Service/Communion on Bethel of Manly Facebook, Check out YouTube: Bethel Website,

10:30 a.m., Radio Station 97.1 FM (Previous Sunday's Service), 10 a.m.
Pastor Cory Allard
Northwood United Methodist Church
Sunday Worship Service, 10:45 a.m.
Rev. Rob Lanphere
One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556, Sunday School, 10:30 a.m.; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills, Sunday School, 9:15 a.m.; Lunder, 14982 735th Ave., Albert Lea, Sunday School, 9:30 a.m.; All services require masks and social distancing.
First Lutheran Church, Northwood
Sunday - 9 a.m. worship, also available to watch live on the Facebook page; Wednesday - 5:45 p.m. Confirmation

Check with your local church about online services, updates and changes.



Jane Bloomington
Iowa House
District 51

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Please bring any worn or unserviceable flags to the Veterans Affairs office. There will be a Dignified Disposal Ceremony later this year. June 14th, Flag Day, would be the preferred day.
Watch this space for an update.

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Is Your Circle Expanding?

We are born selfish and must be taught to share with and care about our brothers and sisters. As we get a little older and are sent off to school, we are taught to get along with those outside of our immediate family. Eventually this expanding circle grows to extend beyond the narrow confines of our tribes and nations. We come to realize that all men and women are brothers and sisters, the human family is indeed one big, dysfunctional family. But, surely the family circle should be expanded beyond the borders of humanity. Almost anyone who has ever owned a dog soon realizes that "ownership" is less apt a description of the relationship than membership in the family. Dogs and cats, and indeed all animals should be considered part of our expanding familial circle, not just because we share a significant portion of DNA with them, but because they can suffer and feel pain and pleasure just like us. Kindness and wisdom both counsel the same sage advice: "The godly care for their animals, but the wicked are always cruel." (Proverbs 12:10) By manifesting that loving kindness towards all of God's creatures which is the essence of true religion, we are perhaps most like God.

"The LORD is good to all; He has compassion on all He has made." - Psalm 145:9

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

TERRY AND JOANNE STEINMETZ

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer Lytton,
Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

"Secrets from a Caterer's Kitchen by Nicole Aloni" (2000, Berkeley Publishing Group, NYC) is a book dedicated to planning and implementing parties. It has chapters on everything from figuring out the party space, creating and sending the invitations, planning the menu and much, much more. It's the menu we're concentrating on today with 150 recipes for party fare included. Side dishes often get short shrift while the entrees are the stars. So we'll give them their due with some adaptation.

Creamy Spinach with Feta

6 cups chopped fresh spinach
1 can (14.5 oz.) chicken broth
3 tablespoons unsalted real butter
1/4 teaspoon white pepper
3/4 cup chopped onion
1/2 cup crumbled feta cheese
3 tablespoons all-purpose flour
Freshly grated nutmeg

Bring a large pot of salted water to a boil and drop in the spinach. Simmer gently until tender, about 4 minutes; don't overcook it so it's mushy. Drain into a colander and rinse under cold water. Squeeze out the excess water.

SANDY'S NOTE: You could use a large package of frozen, chopped spinach as long as you have about three cups cooked. In a large saute pan, melt the butter until foamy. Add the onion and cook until transparent but not browned. Sprinkle on the flour and cook, stirring, until it forms a paste (a roux), about 2 minutes. Slowly whisk in the chicken broth. Simmer, stirring to avoid lumps, until thickened, 2-3 minutes. Add the cooked spinach and white pepper; stir to mix. Cook to heat through, 2-3 minutes. Remove from the heat and stir in the feta cheese. Top with a sprinkle of nutmeg. Serve immediately.

Aromatic Basmati Pilaf

2 tablespoons vegetable oil
1 cup water
1 tablespoon unsalted real butter
2 cups chicken broth
1 large stick cinnamon
1/4 cup raisins or chopped dates
2 whole cloves
1/2 teaspoon salt
3/4 cup minced onion
1 tablespoon orange zest
1/2 teaspoon ground cardamom
1/4 cup toasted pistachios
2 cups uncooked basmati rice

NOTE: to toast any nuts, put them in a small, heavy DRY frying pan over medium-high heat. Stir them almost constantly as they begin to heat and send out a toasted aroma. Shake and stir until they are golden brown then remove from the heat and immediately pour into a bowl to stop the cooking. Use unsalted nuts when

possible.

Heat the oil and butter together in a large Dutch oven over high heat. Add the cinnamon and cloves and cook, stirring, until the cinnamon stick puffs up, 1-2 minutes. Reduce the heat and add the onion and cardamom. Saute until the onion is transparent, about 3 minutes. Stir in the rice and mix to coat it with the butter/oil mixture. Cook until it begins to be aromatic, 1-2 minutes. Add the water, chicken broth, raisins, salt and orange zest. Reduce the heat to low, cover tightly and simmer until all the liquid has been absorbed. Remove from the heat but keep it covered and let the pan stand for 10 minutes to allow the rice grains to stabilize. Uncover and fluff with a fork, removing the cinnamon stick and cloves. If not serving immediately the rice can be held in a 200 degree F. oven for up to 30 minutes. Garnish with the toasted pistachios before serving.

Caribbean Rice

1 1/2 cup uncooked jasmine rice
1 1/2 cup finely sliced red onion
2 tablespoons peanut oil
1 teaspoon minced hot pepper (opt.)
2 tablespoons unsalted real butter
1 1/2 cup diced FIRM bananas
1 teaspoon ground cinnamon
Kosher salt
1 teaspoon curry powder
Freshly ground black pepper
1/4 teaspoon ground cardamom
1/2 cup toasted peanuts
2 tablespoons slivered fresh ginger
1/4 teaspoon saffron threads

Cook the rice according to package directions, about 20 minutes. Remove from heat and let stand, covered, for 5 minutes. Meanwhile, heat the oil and butter in a large saute pan over medium heat. Add the spices and cook, watching carefully so they don't burn, for about 2 minutes NOTE: if they DO burn, throw them out and start over. The burned taste will ruin this dish. Add the onions and saute until they are softened. If using the hot pepper, add it as well. Add the bananas and saute just until they are heated through; do not overcook or the bananas will fall apart. Season the dish with salt and pepper to taste. Toss the cooked rice with the banana mixture. Taste again and adjust the seasonings if necessary. Top with the toasted peanuts before serving.

This book is definitely for those who want to throw a different style of party, one that will be remembered for it's unusual food. Entrees can be any grilled or roasted meat, baked fish or chicken. Gathering friends and family around the table is the main event; the food is the "icing on the cake"! And....that's all she wrote.

Northwood Anchor Society



Finding funds to fill the boots

Members of the local Pony Express Riders of Iowa spent some time on Saturday morning at Northwood's downtown stoplights, inviting those passing through to "Fill the Boot." The filled footwear is a part of the group's efforts to raise funds for Easter Seals Camp Sunnyside. Pictured with their boots are Milissa Nestvold, Carl Dralla, Garrett Thompson, Krystal Thompson, Jason Larson and Jim Medlang.

Nominations now open to recognize the 2021 Iowa Conservation Farmer of the year

Nominations are now being sought to recognize the 2021 Iowa Conservation Farmer of the Year. This is the 69th year this prestigious honor has been awarded to celebrate Iowa farmers who are committed to exceptional environmental stewardship and conservation efforts.

The statewide and regional awards, co-sponsored by the Iowa Department of Agriculture and Land Stewardship (IDALS) and the Iowa Farm Bureau Federation (IFBF), honor Iowa farmers who have distinguished track records of continuous commitments to soil conservation and water quality improvements.

The grand prize winner will receive the use of a new John Deere 6E utility tractor for one year.

Last year's Iowa Conservation Farmer of the Year award winner, Mark Jackson, who farms in Mahaska County, was recognized for embracing innovation in conservation as he takes on the challenge of improving Iowa's soil health and

water quality, while sharing his experiences and successes with fellow farmers.

To nominate a farmer for the award, send a brief letter, 100 words or less, summarizing the nominee's conservation efforts and commitment to improving soil and water to a local Soil and Water Conservation District (SWCD) office. Nominations are due May 1, 2021.

"This award is a great opportunity to recognize farmers and landowners who are investing in conservation practices to protect our soil and water quality and their families' farming legacies," said Iowa Secretary of Agriculture Mike Naig. "I encourage all Iowans to nominate someone in their community who has embraced environmental stewardship and more sustainable farming practices."

"All Iowans have a role to play in protecting our soil and water quality, and this award showcases the exemplary efforts of farmers who are leading by example when it comes

to conservation," said IFBF President Craig Hill. "Recognizing and celebrating farmers' conservation efforts and success stories from innovative conservation practices helps encourage others to follow in their footsteps."

One nominee will be selected by each of Iowa's 99 county SWCD offices. These individuals will be considered for regional conservation awards. Nine regional award winners will compete for the title of "Iowa's Conservation Farmer of the Year."

The winner will be announced during the Iowa State Fair and will receive the keys to their tractor during the Conservation Districts of Iowa annual meeting, September 23-24, in Ames. The 2021 Conservation Farmer of the Year winner will receive free use of a John Deere 6E Series utility tractor for up to 12 months or 200 hours of use. The prize, valued at more than \$12,000, is once again donated by the Farm Bureau partner Van Wall Equipment of Perry and John Deere.

Spring 2021 CIC course dates

Iowa State University Extension and Outreach Worth County will be hosting the following continuing instruction credit courses for certified commercial pesticide applicators.

- February 24, 2021- Commercial Ag Weed, Insect and Plant Disease. Management Categories 1A, 1B and 1C.

- March 3, 2021- Ornamental and Turfgrass Applicators. Categories 3O, 3T and 3OT

- March 11, 2021- Certified Handlers. Category H.

The local attendance site is the Worth County Extension Office. Due to social distancing requirements, pre-registration and face coverings are required. Walk-ins on the day of the program will only be admitted if room allows. No food will be allowed in the building. The course runs from 9 to 11:30 a.m.

The registration fee is \$35. To register or to obtain additional information about the CIC, contact Lacey Waller at the ISU Extension and Outreach Worth County office at 641-324-1531.

Additional information and registration forms for this and other courses offered by the PSEP program can be accessed at www.exten.sion.iastate.edu/PSEP.

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Northwood Anchor **Opinion**

Know the numbers: blood pressure

Knowing and understanding key heart numbers allow people and the health care team to determine a risk for developing heart and cardiovascular diseases. Mayo Clinic Health System providers say one of the most dangerous and sneakiest health numbers to keep an eye on is your blood pressure.

What is blood pressure?
Blood pressure is a measure of how hard blood pushes against arteries as it moves through the body. High blood pressure occurs when blood pressure, the force of blood against the walls of blood vessels, is consistently too high. High blood pressure is harmful because it makes the heart work harder and less efficiently.

Why blood pressure matters
High blood pressure can cause significant damage to the eyes, kidneys, brain and blood vessels. Left untreated, it can lead to kidney failure or vision loss. High blood pressure also can affect the ability to think, remember and learn. There's even a type of dementia — vascular dementia — caused by high blood pressure.

"High blood pressure is one of the most dangerous health conditions because often patients do not experience symptoms," says Colleen Nelson, C.N.P., nurse practitioner in cardiology, Mayo Clinic Health System in Austin. "Despite lack of symptoms, damage to the vessels can still occur. Fortunately, high blood pressure can be easily detected. If people are diagnosed with high blood pressure, it is important to follow up with a provider. They will provide education on lifestyle changes and may prescribe medications to help achieve a goal blood pressure."

How is blood pressure measured?
Blood pressure is traditionally measured using an inflatable cuff around the arm. The cuff is inflated, and the cuff gently tightens on the arm. The air in the cuff is slowly released and a small gauge measures blood pressure.

Your blood pressure is recorded as two numbers: Systolic blood pressure (the first number)

This number indicates how much pressure blood is pushing against the artery walls when the heart beats.

Diastolic blood pressure (the second number)
This number indicates how much pressure blood is pushing against the artery walls while the heart is resting between beats.

Blood pressure is measured using millimeters of mercury, or mm Hg. Mercury was used in the first accurate pressure gauges, and it is still used today as the standard unit for measuring pressure.

What is considered normal?
The blood pressure reading will fall into one of these four categories:

Normal— Blood pressure readings of less than 120/80 mm Hg are considered in the normal range.
Elevated – Readings consistently ranging from 120–129 systolic and less than 80 mm Hg diastolic are considered elevated.

Hypertension stage 1 – This stage is characterized by readings ranging from 130–139 systolic or 80–89 mm Hg diastolic.

Hypertension stage 2 – This stage is characterized by readings consistently ranging at 140/90 mm Hg or higher.

What you can do?
• Quit smoking - Tobacco temporarily raises blood pressure and can damage artery walls over time. Quitting smoking is one of the best things a person can do for health.

• Follow the DASH diet - The Dietary Approaches to Stop Hypertension or DASH, diet includes whole grains, fruits, vegetables and low-fat dairy products. The diet encourages limiting saturated fat and foods containing high cholesterol. Following the DASH diet can lower blood pressure by up to 11 mm Hg if people have high blood pressure

• Get active - Regular physical fitness about 30 minutes per day or 150 minutes per week can lower blood pressure by about 5 to 8 mm Hg.

• Limit alcohol - By drinking alcohol in moderation generally one drink a day for women or two a day for men can potentially lower blood pressure by about 4 mm Hg. One drink equals 12 ounces of beer, 5 ounces of wine or 1.5 ounces of 80 proof liquor.

• Skimp on the salt - In general, limit sodium to 2,300 milligrams per day or less. However, a lower sodium intake 1,500 mg a day or less is ideal for most adults. Download an infographic about salt.

It's time to know blood pressure numbers. "Adults 40 and older or anyone with risk factors should have their blood pressure checked by a health care provider at least once a year. Younger people without risk factors should be checked at least every two years," adds Nelson.



Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

Twenty below zero temperatures are one of those things that make memories.

I'll remember my eyelids freezing open.

I didn't say they'd be good memories.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I was up early chirping with the birds. It was -23°. "Good -23° morning," I greeted the first caller of the day. I'm happy the National Weather Service came up with a new Wind Chill Temperature index in 2001. Before that, they calculated a 25° temperature with 25 mph winds at -7°. The new wind chill index calculates it at +9°. That helps. At least the gelid weather means I can walk in a winter wonderland without having to carry a snow shovel.

I recall the thrill of putting 100,000 miles on an ancient vehicle. A friend, Mark Sorenson of Hollandale, played in a band. One night, at the end of a gig in a bar, Mark carried his guitar and amp to his pickup. He started the truck to let it warm up because that's what we did in those days. Mark noticed the odometer had 99,998 miles on it. He'd be turning it over to 100,000 miles that night. That was a major accomplishment. Mark went back into the bar to collect his pay. Once that transaction had been completed, he went outside. His vehicle was gone. The thief, later apprehended, drove the car enough to deny Mark the satisfaction of racking up 100,000

miles.
Today's auto experts say a car without a carburetor shouldn't run more than 30 seconds before being driven. The engine warms faster while being driven, and it's better to turn an engine off and start it again than leave it idling. The defroster might need time to defrost.

I spent a lot of time in the company of jumper cables in my youth. My father told me to attach one red jumper cable clamp to the positive terminal on the dead battery and the other end of that cable to the positive terminal on the working battery. Attach one black jumper cable clamp to the negative terminal of the working battery and the other end of that cable to an unpainted piece of metal on the car with the dead battery. When done, disconnect in the reverse order. He said changing oil too often was better than not often enough. The "w" in motor oil stands for winter. The first number in oil codes refers to viscosity and the lower the number, the thinner the oil. For example, a 5W- motor oil flows better at lower temperatures than 10W- motor oil. All-season tires were regular tires used when we couldn't afford snow tires. We pumped the brakes in those days. Now if I pump them while braking hard, I lose the benefits of the Antilock Brake Systems (ABS).

In my dream, a neighbor, known for his slothfulness, had a mule shod in the man's old shoes. The mule had no ABS, but the shoes were all-season and it had 4-hoof-drive. I suggested the man might have things easier if he worked harder. He said, "Walk a mule in my shoes before you criti-

cize me."

Nature notes
There was this kid in junior high who was a definite weasel and put John Travolta to shame on the dance floor. Weasels perform a war dance when they've cornered prey. They bob and hop in a dance. One theory is the weasel's twisting and darting distracts, confuses and/or hypnotizes prey. A UK research study concluded rabbits had died of fright after being subjected to the dance. Occasionally, a weasel dances without prey as an audience. Practicing?

Did John James Audubon believe hummingbirds migrated on the backs of geese? I can't say that's true. I didn't know the man. I've never talked to a waterfowl hunter who found a hummingbird hitchhiking on a goose. I don't know how that hitchhiking myth started or why it endures. I suspect it was because people couldn't understand how a tiny bird could fly long distances on its own. If I were a hummingbird, I'd want a free ride, but hummingbirds and geese don't migrate at the same time or to the same places. And geese don't serve meals on flights.

Meeting adjourned
"So many things I can't control. So many hurts that happen everyday. So many heartaches that pierce the soul. So much pain that won't ever go away. How do we make it better? How do we make it through? What can we do when there's nothing we can do? We can be kind." — Nancy LaMott

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Fit to print...

Data shows FTC received 12,428 fraud reports from Iowa consumers in 2020

Iowa consumers reported losing \$17,145,701 to scams last year

The Federal Trade Commission received 12,428 fraud reports from consumers in Iowa in 2020, according to newly released data.

Iowa consumers reported losing a total of \$17,145,701 to fraud, with a median loss of \$250.

The FTC's Consumer Sentinel Network is a database that receives reports directly from consumers, as well as from federal, state, and local law enforcement agencies, the Better Business Bureau, industry members, and non-profit organizations. This year, the FTC welcomed the data contributions of the FBI's Internet Crime Complaint Center, the Florida Department of Agriculture and Consumer Services, and the Connecticut Department of Consumer Protection. Twenty-five states now contribute to Sentinel. Reports from around the country about consumer protection issues—including identity theft, fraud, and other categories—are a key resource for FTC investigations that stop illegal activities and, when possible, provide refunds to consumers.

Across all types of reports,

the FTC received a total of 16,538 reports from consumers in Iowa in 2020.

The top category of reports received from consumers in Iowa was Imposter Scams, followed by Identity Theft; Online Shopping and Negative Reviews; Prizes, Sweepstakes and Lotteries; and Internet Services.

Fraud Losses Up Nationwide

Nationally, consumers reported losing more than \$3.3 billion to fraud in 2020, up from \$1.8 billion in 2019. Nearly \$1.2 billion of losses reported last year were due to imposter scams, while online shopping accounted for about \$246 million in reported losses from consumers.

The FTC received 2.2 million fraud reports from consumers in 2020, with imposter scams remaining the most common type of fraud reported to the agency. Online shopping was the second-most common fraud category reported by consumers, elevated by a surge of reports in the early days of the COVID-19 pandemic.

Internet services; prizes, sweepstakes, and lotteries; and telephone and mobile services rounded out the top five fraud categories nationally.

Sentinel received more than 4.7 million reports overall in 2020. Of these, nearly

1.4 million were identity theft reports received through the FTC's IdentityTheft.gov website.

In 2020, the FTC introduced ReportFraud.ftc.gov, an updated platform for filing reports with the agency. The FTC uses the reports it receives through the Sentinel network as the starting point for many of its law enforcement investigations, and the agency also shares these reports with more than 2,800 law enforcement users around the country. While the FTC does not intervene in individual complaints, Sentinel reports are a vital part of the agency's law enforcement mission.

A full breakdown of reports received in 2020 is now available on the FTC's data analysis site at ftc.gov/exploredata. The data dashboards there breakdown the reports across a numbers of categories, including by state and metropolitan area, as well as exploring a number of sub-categories of fraud reports.

The Federal Trade Commission works to promote competition, and protect and educate consumers. You can learn more about consumer topics and file a consumer complaint online. Like the FTC on Facebook, follow us on Twitter, read our blogs, and subscribe to press releases for the latest FTC news and resources.

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Northwood Anchor Early Files

Northwood Anchor Obituaries

100 years ago

February 23, 1921

The director of the ladies' gym class has planned a strenuous hike for the first favorable day this week, namely to walk to Gordonsville, partake of a lunch and come home on the evening train. One member kindly volunteered to follow the pedestrians with her car, sort of an ambulance effect. The ladies are feeling many beneficial

results of their exercises but whether they are equal to the Gordonsville hike in the present condition of road remains to be proven.

Mr. and Mrs. Gilbert E. Gunderson, of Brookfield Township, were the victims of a genuine surprise on Sunday afternoon when about 50 neighbors and fiends were found at their home upon returning from church shortly after noon as a sort of farewell for the estimable family prior to their moving from the farm.

As a result of a civil service examination

taken on Saturday, February 12, Mrs. Mabel P. Madson will take the position in the post office made vacant by the recent resignation of Mrs. Myrtle Whitcomb, her duties to begin March 1.

An uncommonly large crowd attended the Hebel sale in Union Township last week. The day was ideal but the roads were not, so thought the many motorists homeward bound in the evening, the mud being very deep, the cars stalled and the occupants had to get out in the mud and push.

75 years ago

February 21, 1946

After nearly 30 years of organization, Rjukan Lodge No. 172, Sons of Norway, has been formally disbanded. This action was taken at a recent meeting held to close the affairs of the lodge. At one time the local group had a membership of about 130, of whom at least 80 were classified as active members.

Everett Frink, of Clarence, Iowa, is the new vocational agriculture instructor in the Northwood schools,

succeeding the late Rush F. Wagner, who died last week. Mr. Frink took over his work here on Monday morning.

Arnold and Maynard Peterson, sons of Mr. and Mrs. G.E. Peterson, west of town, and Jack A. Dockum, son of Mr. and Mrs. Ernest Dockum of near Meltonville, enlisted in the U.S. Navy at Des Moines last Thursday. The following day they left for San Diego, Calif., where they are now in boot training.

Three members of the Scandinavian band are in the Naeve hospital at Albert Lea from injuries suffered in an

auto collision on Tuesday night near Lakota, Iowa. Fritz Rygh has a fractured ankle, Art Mueser, a broken arm, and Wesley Schmidt, chest and abdominal injuries, it is reported. The other three members of the orchestra escaped injury.

After 34 months of service in the Army, Stanley Vold returned home on Saturday morning with his discharge and this week resumed his position as manager of the Iowa state liquor store in Northwood, the place he left to join the armed forces. He came from Fort Logan, Colorado.

50 years ago

February 25, 1971

Mr. Manningham was taken into custody by the two policemen, Lee Nelson and Brian Groe, as Rough, offers assistance. Becky Schmitt, Denise Johnson and Glenda Stoddard complete the cast of "Angel Street," to be presented Friday and Saturday nights in the West Elementary auditorium in Northwood.

Five Cub Scouts, accompanied by their Den Mothers, Mrs. Elaine

Klitzke and Mrs. Don Wilson, were given a tour of the Anchor plant last week. Observing Morris Bakketun setting on the Linotype machine were Kory Olson, Steven Reese, Larry Kitzke, Jimmy Wilson and Ronnie Hanson. Two younger Klitzke boys, David and Kevin, were along on the tour.

Marty Ringham, son of Mr. and Mrs. Adrian Ringham, Northwood, represented the Northwood-Kensett FFA at the Iowa State Spring Barrow Show in Cedar Rapids last Friday and Saturday. He won

fourth, 10th and 13th places with his hogs.

Arlyn Rustad goes up for the ball with Myron Helmers. Jerry Rupert, 11, Jim Hanson, 24, and David Halland, wait to assist. The Buffalo Center Bison beat the Vikings in their final regular season game 69-58.

Miss May Smith, who celebrated her 100th birthday last fall, lived nearly all of her life in the home located at 205 North Eighth Street. It was built by her father, James Smith, about 1875. Another sister, Miss Lida Smith, also made her home there.

25 years ago

February 21, 1996

Iowa Second District Congressman Jim Nussie discussed matters of concern with Bill Imlau, Bernard Bidne, Marie Fallgatter and Arnold Hogen following his "Town Hall" meeting with Worth County residents on Saturday morning in the Northwood-Kensett High School media center.

Northwood teenager Carrie Estes said new country music star Brian White was friendly and

down-to-earth during the taping session for his "Rebecca Lynn" video.

Teenager Richie Davis stuck his head out of the fishing hut to see if his dad, Richard, was having any luck on Saturday morning during the Worth County Conservation Foundation's annual fishing contest at Kuennen's Quarry. Old dad struck out, but Richie and fishing buddy Micah Peterson hauled in three rainbow trout during the contest, which raises funds for county wildlife programs.

Arcley Johnson fell on the ice last week and is recuperating from a bro-

ken collar bone.

Worth County deputy sheriff and D.A.R.E. officer Arnold Dorenkamp got a big smile from Sam Hengesteg recently when he presented the D.A.R.E. Bear to the Northwood-Kensett fifth-grader during a weekly Drug Awareness & Resistance Education class at N-K's West Elementary school.

North Central forward Megan Haugen knocked the ball away from Northwood-Kensett forward Carrie Estes on a rebound attempt last Saturday night in Manly.

one of the dog's tricks, namely dancing, to the enjoyment of the gathered LRH residents.

Northwood-Kensett senior Spencer Capitani tried to break out of the grasp of Albia's Dakota Poe in the first round of the Iowa High School State Wrestling Tournament on Wednesday afternoon at Wells Fargo Arena in Des Moines.

The Vikings' Spencer Capitani moves to get back on top of his first round opponent but just seconds later his momentum turned him on his back where he was pinned.

Mary Rohne won the local sixth grade Patriot's Pen essay contest winner in November 2010. Now, with her entry, she has won the sixth grade district Patriot's Pen Essay contest, which qualifies her for the state competition.

The Lutheran Retirement Home once again held their annual Valentine's Day dance. LRH residents and staff gathered in the dining area to enjoy some music and some dancing. Catherine Opkis and Ira Hofland were named LRH's Valentine's queen and king.

Arthur Kalvig

Arthur Henry Kalvig, 92, of Northwood passed away peacefully on Tuesday, February 16, 2021, at the IOOF home in Mason City.

Funeral services were held at 1 p.m. on Sunday, February 21, 2021, at Conner Colonial Chapel, 1008 First Avenue South, Northwood, with Rev. Becky Sogge of First Lutheran Church officiating. He will be laid to rest beside his wife at the South Shell Rock Cemetery, Northwood, Iowa.

Visitation and public viewing was one hour prior to the funeral service at the chapel.

Arthur Henry Kalvig was born on April 3, 1928, near Manly, Iowa, the son of Verne and Marie (Thiel) Kalvig. On December 6, 1947, he married the love of his life, Frances Catherine Brown. To this union three chil-



ARTHUR KALVIG

dren were born, Harold, Linda and William.

For many years, Frances and Art moved around the state, following Art's job as a mechanical draftsman. Finally, the family settled alongside the Shell Rock River, in a house built by Art himself in 1974. Art enjoyed putting together puzzles and working with his hands. On a warm day, Art and Frances could often be found enjoying their porch, admiring the wildlife and river.

Those left to cherish his memory are his

sons, Harold (Kate) Kalvig of Glenville, Minn., and Bill (fiancée Mary) Kalvig of Wykoff, Minn.; grandchildren, Rusty "Russ" Kalvig, Chad (Jana) Estle, Kaitina (Randy) Thron, Nicholas Kalvig, and Heather Praska; 16 great-grandchildren, six great-great-grandchildren; sisters, Verena Weitzel and Dorothy Schoolcraft; and sisters-in-law, Shirley Kalvig and Carolyn Kalvig; as well as numerous nieces, nephews and extended family members.

Preceding him in death are his parents; a daughter, Linda and her husband Larry Brown; a grandson, Mike Kalvig; his brothers, Carl, Meryl, Elmer, David, Donald and Raymond; a sister, Rachel; and a brother-in-law, Joe Brown; as well as extended family members.

Dennis Hauge

Dennis Hauge, 71, died on February 14, 2021, in Ronan, Montana. He was born on March 15, 1949, in Albert Lea, Minnesota.

Dennis married Julie (Lawhorn) on July 18, 1970, in Northwood, Iowa. They lived on his family farm, where he farmed for 40 years. After he made the decision to stop farming, he helped to build his dream home, a log house in the woods outside of Northwood.

In 2003 Dennis was able to follow his lifelong dream of moving to

Montana. He was self-employed after moving to Montana, where he put all his lifelong skills to work as a general contractor doing home repairs and construction.

He loved hunting, fishing, camping, spending time with family and exploring off the beaten path in his side by side.

He is preceded in death by parents, Leonard and Arlene Hauge, and father-in-law, Wayne Lawhorn.

He is survived by his wife, Julie; children,

Darcy Corley (John) and Luke (Marisa); and grandchildren, Trevor, Emilie, McKenna Corley and Nicole, Gabriel, Samuel and Rylee Hauge.

A celebration of life was held at Terrace Lake Community Church in Ronan, Montana, at 11 a.m. on Friday, February 19. Memories and condolences may be sent to the family at www.shridერთhompson.com.

Arrangements were under the care of Shriдер - Thompson Funeral Home.

CFNEIA's scholarship deadline is March 10

The deadline to submit 2021 scholarship applications to the Community Foundation of Northeast Iowa is 11:59 p.m. on March 10, 2021. The online application can be found on the Community Foundation's website at www.cfneia.org/scholarships.

CFNEIA awarded nearly \$588,770 in scholarships to high school, college, and adult students in 2020. A total of 272 scholarships were awarded to students pursuing higher education opportunities with an average award of \$2,165.

Scholarship opportunities are available to students across CFNEIA's 20-county region, which consists of 23 affiliate community foundations. Students interested in applying for 2021 scholarships should visit the website to view the scholarship eligibility checklist. Once it is determined a student is eligible for one or more scholarships, a common application, also available through the CFNEIA website, must be completed. The common application requires basic student information, transcript of academic record, summary of extra-cur-

ricular experiences, an essay portion, and a letter of recommendation. Some scholarships will require additional information.

All required materials must be submitted through the online system. Students must visit the Community Foundation's website for instructions and to begin the application process. A frequently asked questions webpage is available for commonly asked questions. Scholarships are awarded based on various criteria, including, but not limited to, academic excellence, financial need, for pursuing certain careers or majors, past experiences, location or high school attended.

For more information about scholarship opportunities, please contact Tamika Fisher, scholarship and grant manager, at 319-243-1359 or tfisher@cfneia.org.

More information about the Community Foundation of Northeast Iowa can be found at www.cfneia.org.

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Mitchell Schroeder
Funeral Director

Poll shows farmers' beliefs on climate change are shifting

Annual survey finds more than 80% of farmers believe climate change is occurring

Climate change is impacting Iowa agriculture and negative impacts are expected to increasingly threaten agricultural productivity in the state. There are many ways, however, that farmers and landowners can increase the resiliency of production systems, reduce greenhouse gas emissions, and even capture carbon.

The 2020 Iowa Farm and Rural Life Poll survey explored farmers' perspectives on climate change and ways that farmers can address its impacts on agriculture. The project is supported by Iowa State University Extension and Outreach and the Iowa Agriculture and Home Economics Experiment Station.

tions about climate change three times over the last decade, so we can now look at changes in perspectives over time," said project director J. Arbuckle, professor and extension sociologist at Iowa State University.

According to the poll, also known as the Farm Poll, farmers' climate change beliefs shifted substantially between 2011 and 2020. In 2020, 81% of farmers indicated that climate change is occurring, up from 68% in 2011. That number is higher than for the general public in Iowa, which recent research shows is 67%.

Half of farmers indicated that they believe that extreme weather will become more frequent in the future. Over half reported that they are concerned about the potential impacts of climate change on their farm operations; an increase from 35% in 2011.

Nearly 60% agreed that they should take steps to protect the land they farm from increased precipitation.

"Farmers have experienced a lot of extreme weather since 2011, from droughts to extreme wet, and it's likely that's driving some of the changes in perspectives," said Arbuckle. "Of course, farmers are closer to the weather than most folks, and that extreme weather can really make it difficult to plant, raise and harvest high-quality crops."

Many soil and water conservation practices can help to make farm operations more resilient in the face of climate change, and the Farm Poll survey asked farmers whether they had made management changes in response to weather variability and its impacts. Most farmers reported multiple adaptation actions. The most prevalent was

scouting for pests and disease, with 52% of farmers reporting a moderate or major increase in that activity. Increased use of many recommended conservation practices was common, with 43% reporting increases in use of no-till and 22% reporting an increase in use of cover crops. On the down side, 32% reported increased use of pesticides.

"Soil and water conservation practices, especially those that reduce erosion or increase organic matter and water infiltration and holding capacity, make farms more resilient," Arbuckle said. "They protect the soil from extreme rains, and help crops cope better with dry spells."

It is increasingly recognized that agriculture can play an important role in combating climate change. Through practices such as no-till and cover crops, carbon

can be captured and stored in the soil, reducing atmospheric concentrations of carbon dioxide while simultaneously building soil health and resilience.

"A lot of work is going into development of programs and markets to help farmers make 'carbon farming' a part of their farm enterprises, so we put a question about that in the survey," said Arbuckle. "Thirty-seven percent of farmers agreed that such initiatives should be pursued, compared to 17% who disagreed."

The results showed that nearly half were uncertain, which Arbuckle said makes sense given that such programs are hypothetical at this point.

"To me these results signal an openness to strategies that help make individual farms more sustainable while also addressing the climate crisis," Arbuckle said. "Iowa's dominant

cropping systems face a lot of sustainability challenges. Income from carbon capture could be a great step in several right directions."

The most recent poll was published in December 2020 and is available online at the ISU Extension Store.

The Iowa Farm and Rural Life Poll survey has been conducted since 1982, and is the longest-running survey of its kind in the nation. Questionnaires were mailed in February and March 2020, and 1,059 farmers responded to the statewide survey.

Other topics include quality of life and farm financial well-being, economic and policy dimensions of commodity production, awareness of and interest in prairie strips, use of communications technology, and well water testing. View the full 2020 Farm Poll and previous years' polls online.

Bolan

Well, Bolan Trinity Church the family finally was able to come to "in person" church this past Sunday. The two previous Sundays were canceled due to extremely COLD weather. It was good to see so many of our people come to worship, even with the masks and social dis-

tancing. Some of them enjoyed some fellowship time after the service. So glad the snow held off!

The Bethel UMC service is livestreamed on Facebook at 10:30 a.m. and also shared on Trinity's Facebook.

The Lenten Bible Study this year is Adam Hamilton's

"Creed: What Christians Believe and Why," which uses the Apostle's Creed. The study will be done via Zoom on Tuesdays, at 7 p.m.

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY PROBATE NO. ESPRO09248 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF VERNON DAVID LAWYER, DECEASED To All Persons Interested in the Estate of Vernon David Lawyer, Deceased, who died on or about December 31, 2020:

You are hereby notified that on the February 3, 2021, the last will and testament of Vernon David Lawyer, deceased, bearing date of the October 20, 2020, was admitted to probate in the above named court and that Caryl Lawyer was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever

barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated February 3, 2021.

Caryl Lawyer
1139 Highway 9
Manly, IA 50456
Executor of Estate

John P. Lander
ICIS #AT0004583
Brown, Kinsey, Funkhouser & Lander, P.L.C.
214 North Adams
P.O. Box 679
Mason City, Iowa
50402-0679
Attorney for the Executor

Date of second publication 24th day of February 2021. 7-2t

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY PROBATE NO. ESPRO09250 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF MARY E. IHNEN, DECEASED To All Persons Interested in the Estate of Mary E. Ihnen, Deceased, who died on or about January 28, 2021:

You are hereby notified that on the February 11, 2021, the last will and testament of Mary E. Ihnen, deceased, bearing date of the October 1, 2002, was admitted to probate in the above named court and that Stephanie R. Perkins was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter

be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated February 17, 2021.

Stephanie R. Perkins
400 12th St. S.
Northwood, IA 50459
Executor of Estate

Douglas A. Krull
ICIS#000008531
Krull Law Office
714 Central Avenue
P.O. Box 200
Northwood, Iowa 50459
Attorney for the Executor

Date of second publication 3rd day of March, 2021. 8-2t

Supervisors

February 16, 2021
Seventh Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Mark Smeby and Enos Loberg present.

Stone led the meeting in the Pledge of Allegiance. Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Abstentions: none. Absent: None.

Motion by Smeby, second by Loberg, carried to approve the February 16, 2021 board agenda.

Motion by Smeby, second by Loberg, carried to approve the February 8, 2021 board minutes.

Motion by Smeby, second by Loberg, carried to approve drainage claims in the amount of \$4,229.00 as per the following schedule:

Bolton & Menk, Inc., DD 21 W Main, Prof Services \$1,035.00

Rognes Bros Excavating, DD 2 Main, Repairs \$3,194.00

Grand Total..... \$4,229.00

Motion by Loberg, second by Smeby, carried to approve the clerk of court's monthly report.

Motion by Smeby, second by Loberg, carried to acknowledge county receipt of manure management plan annual update from CJ Pork, LLP for Norske 3 facility #69958 located in Section 21, Silver Lake Township, Worth County.

Motion by Smeby, second by Loberg, carried to approve the addendum to Agreement for Law Enforcement between Worth County and the City of Joice.

Motion by Smeby, second by Loberg, carried to approve Resolution 2021.02.16:

Resolution approving the articles of agreement

creating the Shell Rock River Watershed Management Coalition

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anchor1@nwdanchor.com

WHEREAS, In 2010, Iowa lawmakers passed legislation authorizing the creation of Watershed Management Authorities.

WHEREAS, A Watershed Management Authority (WMA) is a mechanism for cities, counties, Soil and Water Conservation Districts (SWCDs) and stakeholders to cooperatively engage in watershed planning and management.

WHEREAS, Worth County desires to enter into an Agreement that would establish a Watershed Management Authority within the Shell Rock River Watershed (Hydrologic Unit Code #07080202), referred to officially as the Shell Rock River Watershed Management Coalition, to enable cooperation in watershed planning and improvements pursuant to Iowa Code Chapter 466B.23 and;

WHEREAS, Chapter 28E of the Code of Iowa provides the authority for public agencies to enter into agreements for their mutual advantage and;

WHEREAS, this Agreement is made and entered into by the eligible political subdivisions within the Shell Rock River Watershed that adopt these Articles of Agreement, including but not limited to the Cities of Clarksville, Shell Rock, Dougherty, Marble Rock, Rudd, Nora Springs, Rock Falls, Plymouth, Manly, Grafton, Kensett, Northwood, Lake Mills, and Greene; Winnebago, Mitchell, Worth, Cerro Gordo, Floyd, Bremer, Franklin, Butler, Black Hawk Counties; and Winnebago, Mitchell, Worth, Cerro Gordo, Floyd, Bremer, Franklin, Butler, Black Hawk Soil and Water Conservation Districts;

BE IT FURTHER RESOLVED BY THE BOARD OF SUPERVISORS OF WORTH COUNTY that the Auditor is hereby authorized to file a copy of this Resolution and Agreement with the Secretary of State, as required by Chapter 28E, Iowa Code.

It was moved by Smeby and seconded by Loberg that the Resolution be adopted. PASSED and APPROVED this 16th day of February, 2021.

Aaron Stone
ATTEST:
Jacki A. Backhaus
Chairperson, Worth County Board of Supervisors
Auditor, Worth County

Motion by Smeby, second by Loberg, carried to adjourn at 10:13 A.M. The next meeting of the Board of Supervisors will be Monday, February 22, 2021 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

NOTICE OF PUBLIC HEARING - PROPOSED BUDGET
Fiscal Year July 1, 2021 - June 30, 2022
The City of NORTHWOOD
The City Council will conduct a public hearing on the proposed budget as follows:
Location: City Hall 627 Central Ave Northwood, IA 50459 Meeting Date: 3/8/2021 Meeting Time: 06:00 PM

The Budget Estimate Summary of proposed receipts and expenditures is shown below. Copies of the detailed proposed Budget may be obtained or viewed at the offices of the Mayor, City Clerk, and at the Library.

The estimated Total tax levy rate per \$1000 valuation on regular property 11.64511
The estimated tax levy rate per \$1000 valuation on Agricultural land is 3.00375

All the public hearing, any resident or taxpayer may present objections to, or arguments in favor of, any part of the proposed budget.

| Phone Number | City Clerk/Finance Officer's NAME | Budget FY 2022 | Re-estimated FY 2021 | Actual FY 2020 |
|---|-----------------------------------|------------------|----------------------|------------------|
| (641) 324-1075 | Audith Johnson | | | |
| Revenues & Other Financing Sources | | | | |
| Taxes Levied on Property | 1 | 676,672 | 670,945 | 747,761 |
| Less: Uncollected Property Taxes-Levy Year | 2 | 0 | 0 | 0 |
| Net Current Property Taxes | 3 | 676,672 | 670,945 | 747,761 |
| Delinquent Property Taxes | 4 | 0 | 0 | 0 |
| TF Revenues | 5 | 300,000 | 275,000 | 395,160 |
| Other City Taxes | 6 | 213,055 | 231,801 | 232,120 |
| Licenses & Permits | 7 | 24,500 | 24,500 | 25,905 |
| Use of Money and Property | 8 | 20,600 | 21,850 | 40,017 |
| Intergovernmental | 9 | 310,528 | 294,520 | 279,109 |
| Charges for Fees & Service | 10 | 1,440,559 | 1,154,695 | 1,641,965 |
| Special Assessments | 11 | 0 | 0 | 0 |
| Miscellaneous | 12 | 984,328 | 669,140 | 332,632 |
| Other Financing Sources | 13 | 0 | 0 | 0 |
| Transfers In | 14 | 688,000 | 743,000 | 825,000 |
| Total Revenues and Other Financing Sources | 15 | 4,678,242 | 4,087,051 | 4,519,669 |
| Expenditures & Other Financing Uses | | | | |
| Public Safety | 16 | 406,404 | 364,283 | 357,407 |
| Public Works | 17 | 597,299 | 575,799 | 513,113 |
| Health and Social Services | 18 | 16,155 | 14,984 | 12,639 |
| Culture and Recreation | 19 | 399,144 | 306,600 | 272,934 |
| Community and Economic Development | 20 | 778,050 | 556,000 | 229,754 |
| General Government | 21 | 207,683 | 200,632 | 205,256 |
| Debt Service | 22 | 227,000 | 223,640 | 448,815 |
| Capital Projects | 23 | 0 | 0 | 0 |
| Total Government Activities Expenditures | 24 | 2,631,735 | 2,241,938 | 2,039,918 |
| Business Type / Enterprises | 25 | 1,379,059 | 1,088,094 | 1,619,201 |
| Total ALL Expenditures | 26 | 4,010,794 | 3,330,032 | 3,659,119 |
| Transfers Out | 27 | 488,000 | 743,000 | 825,000 |
| Total ALL Expenditures/Transfers Out | 28 | 4,508,794 | 4,073,032 | 4,484,119 |
| Beginning & Other Sources Over (Under) Expenditures/Transfers Out | 29 | -20,552 | 14,019 | -15,550 |
| Beginning Fund Balance July 1 | 30 | 2,359,332 | 2,345,313 | 2,309,763 |
| Ending Fund Balance June 30 | 31 | 2,338,780 | 2,359,332 | 2,345,313 |

Northwood Anchor

Legal

City of Kensett Salaries

City of Kensett 2020 Salaries

| | |
|--------------------------|-----------|
| Richard N Bauer | 24,582.62 |
| LA Rue J Douglas . | 480.00 |
| Barbara L Luckason | 4,708.50 |
| Lori J McNally . | 28,036.36 |
| Susan M Overy ... | 7,294.75 |
| Ronald A Parker ... | 400.00 |
| Chuck Pilkington . | 360.00 |
| Corwyn L Pulju . | 2,400.00 |
| Kristine M Woltzen | 480.00 |
| Total: | 68,742.23 |

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Home: 324-1147

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Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

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Beginners/12 Step meeting 7:30 p.m.
Thursday
First Lutheran Church
For more information call 324-3070

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324-1244

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Viking Caden Roberts and Kael Julseth earn all-conference honors

By Mike Simmons Sports Editor
Facing some pretty tough competition in the Top of Iowa Conference East this season the Vikings of Northwood-Kensett were able to come out

on top in seven games this season, averaging only 40.7 points per game as a team. But despite the low number of wins the Vikings did have two players earn all-conference honors, Ca-

den Roberts and Kael Julseth, both seniors. Roberts averaged a team high 11.4 points for the Vikings this season while Julseth scored 8.5 points, second best on the team.

2020-21 Top of Iowa East Division All-Conference teams

1st Team

| | | |
|------------------|-------------------|-----|
| Austin Bienemann | Nashua-Plainfield | Sr. |
| Doug Taylor | MC Newman | So. |
| Eric Bobinet | Osage | Sr. |
| Nathan Havel | Osage | Jr. |
| Justice Jones | Rockford | Sr. |
| Kayden Ames | West Fork | Sr. |
| Jakob Washington | West Fork | Sr. |

2nd Team

| | | |
|----------------------|--------------------------|------------|
| Angel Jose | Central Springs | Jr. |
| Max Burt | MC Newman | So. |
| James Jennings | MC Newman | Jr. |
| Kaleb Salge | North Butler | Sr. |
| Caden Roberts | Northwood-Kensett | Sr. |
| Tyler Oberfoell | Osage | Jr. |
| Ryan Cole | Saint Ansgar | Sr. |
| Cail Weaver | West Fork | Sr. |

Honorable Mention

| | | |
|---------------------|--------------------------|------------|
| Drew Kelley | Central Springs | Jr. |
| Bo Harrington | Nashua-Plainfield | So. |
| James Matthews | MC Newman | Sr. |
| Corbin Lewis | North Butler | So. |
| Kael Julseth | Northwood-Kensett | Sr. |
| Max Knudsen | Osage | Fr. |
| Kolton Lyman | Rockford | Jr. |
| Braden Powers | Saint Ansgar | Sr. |
| Joe Ingham | West Fork | Sr. |

Player of the Year – Austin Bienemann, Nashua-Plainfield
Coach of the Year – Frank Schnoes, West Fork

Lady Viking Carly Hengesteg earns all-conference honors

By Mike Simmons Sports Editor

In a year where the team could manage just six wins it was inevitable that the Northwood-Kensett girls basketball team would come up on the short end of the stick when it came to

postseason honors. Having said that though, the Lady Vikings did have one player that shined enough for the coaches to take notice, this year's only all-conference selection for N-K, Carly Hengesteg.

Hengesteg, just a junior, led the team with 7.9 points per game for a squad that only averaged 30.1 points per game as a team. The talented guard was selected Honorable Mention All-Conference.

2020-21 Top of Iowa East Division All-Conference teams

1st Team

| | | |
|-------------------|-------------------|-----|
| Breanna Hackman | Nashua-Plainfield | Jr. |
| Dani Johnson | Osage | Sr. |
| Ellie Bobinet | Osage | Sr. |
| Hali Anderson | Saint Ansgar | Sr. |
| Brooklyn Hackbart | Saint Ansgar | Sr. |
| Gracie Urbatsch | Saint Ansgar | Sr. |
| Emma Martinek | West Fork | So. |

2nd Team

| | | |
|--------------------|-------------------|-----|
| Alivea Harms | Central Springs | Jr. |
| Jannah Carpenter | Nashua-Plainfield | Jr. |
| Kealan Curley | MC Newman | Sr. |
| Madison Clipperton | North Butler | Sr. |
| Samantha Brandau | Osage | So. |
| Madison Hillman | Saint Ansgar | So. |
| Adrianna Kruse | Saint Ansgar | Jr. |
| Rylie Akins | West Fork | So. |

Honorable Mention

| | | |
|------------------------|--------------------------|------------|
| Kaylea Fessler | Central Springs | Jr. |
| Chloe Matthews | Nashua-Plainfield | Sr. |
| Molly McGuire | MC Newman | Sr. |
| Meg Thompson | North Butler | Jr. |
| Carly Hengesteg | Northwood-Kensett | Jr. |
| Kaebre Sullivan | Osage | Jr. |
| Gabby Keith | Rockford | Sr. |
| Taylor Hanna | Saint Ansgar | Sr. |
| Maddie Hubka | West Fork | Jr. |

Co-Players of the Year – Dani Johnson, Osage
Hali Anderson, Saint Ansgar
Co-Coaches of the Year – Chad Erickson, Osage
Scott Cakerice, Saint Ansgar

Help prepare North Iowa for the jobs of the future join the IT Summit on March 4

The NIACC IT Summit will be a high energy collaboration of educators from K-12, NIACC, and area businesses. The goal of the day will be to discuss and identify action items to strengthen and grow the Information Technology Ecosystem in North Iowa.

is the economy of the future. North Iowa has begun to take the steps to grow our technology community, education, and jobs. Now, it's everyone's turn to join the conversation at the IT Summit on March 4.

Register Now
1 – 2:20 p.m.: Panel Discussion: Why Iowa, Why Not North Iowa?

With multiple initiatives beginning to take hold in North Iowa around IT Education and the digital economy, how might we work together as Communities, Schools and Businesses to better build and scale a robust IT Education ecosystem and create a thriving digital economy?

Panel Participants include Tony Brownlee, President, Kingland; Samantha Dahlby, Director of K-12 Education, NewBoCo; Ben Milne, Founder, Dwolla and Mike Trasatti, CEO, DealerBuilt
Moderated by Brian Blodgett, CEO Next Generation Technologies and Tim Putnam,

Director, NIACC Papajohn Center.
2:20 – 2:30 p.m.: Break
2:30 – 4 p.m.: Let's hear from you!
This Collaborative Brainstorm Session will help pull together the conversations from the panel discussion in determining the what and the how to move IT

initiatives forward in North Iowa.
Moderated by Karie Terhark, Facilitator, HueLife
Register online or by calling NIACC Continuing Education at 641-422-4358.

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The Worth County Fair Board is taking bids for the 2021-2022 mowing season at the Worth County Fairgrounds.
If interested contact **Chad Nelson at 641-390-0675.**
Deadline to submit bids is **March 15, 2021.**

N-K's Drake Tiedemann takes seventh place at state wrestling tournament

By Mike Simmons
Sports Editor

If you have followed the career of Northwood-Kensett's Drake Tiedemann at all you would have had to conclude that he would one day make it to the state

tournament.

But not only did Tiedemann make it in his third try, he also did what most don't do on their first attempt in Des Moines, he made it to the podium with a seventh place finish

after going 3-2 at Wells Fargo Arena.

Of the 16 wrestlers in each weight class, only the top eight make it to the podium each year, most of them never even getting a whiff of the grand march on the final night of the tournament.

Tiedemann got his state tournament started on a high note when he beat his first round opponent 9-3. Making it to the quarterfinals Tiedemann lost an 8-6 decision to fourth-ranked Gabe McGeough of MFL MAR MAC, sending him to the left side of the bracket.

Now battling for a third place finish, Tiedemann picked up his second win of the tournament when he beat Jackson Wray by fall, sending him to the consolation quarterfinals, where he lost to Bryer Subject in a 4-3 decision.



N-K's Drake Tiedemann controls the action in last week's state wrestling tournament held at Wells Fargo Arena in downtown Des Moines. Tiedemann went 3-2 over the course of the tournament and placed seventh overall.



Drake Tiedemann walks off the mat a winner. Tiedemann and his coaches, Jordan Reindl and Dave Capitani, walk off the floor with a seventh-place finish in their hands after winning by fall in his final match of the tournament. Tiedemann will start his senior year just 35 wins shy of the 150 win milestone.

With just one match left, a battle for the podium, Tiedemann wasted little time in disposing of fifth-ranked Gavin McGuire of Logan Mag-

nolia, winning by fall in only one minute and fifty seconds, earning him the seventh place spot on the podium.

Tiedemann ends the

season with a record of 46-11 and will start his senior year with a career record of 115-26, well within reach of the elusive 150 win mark.

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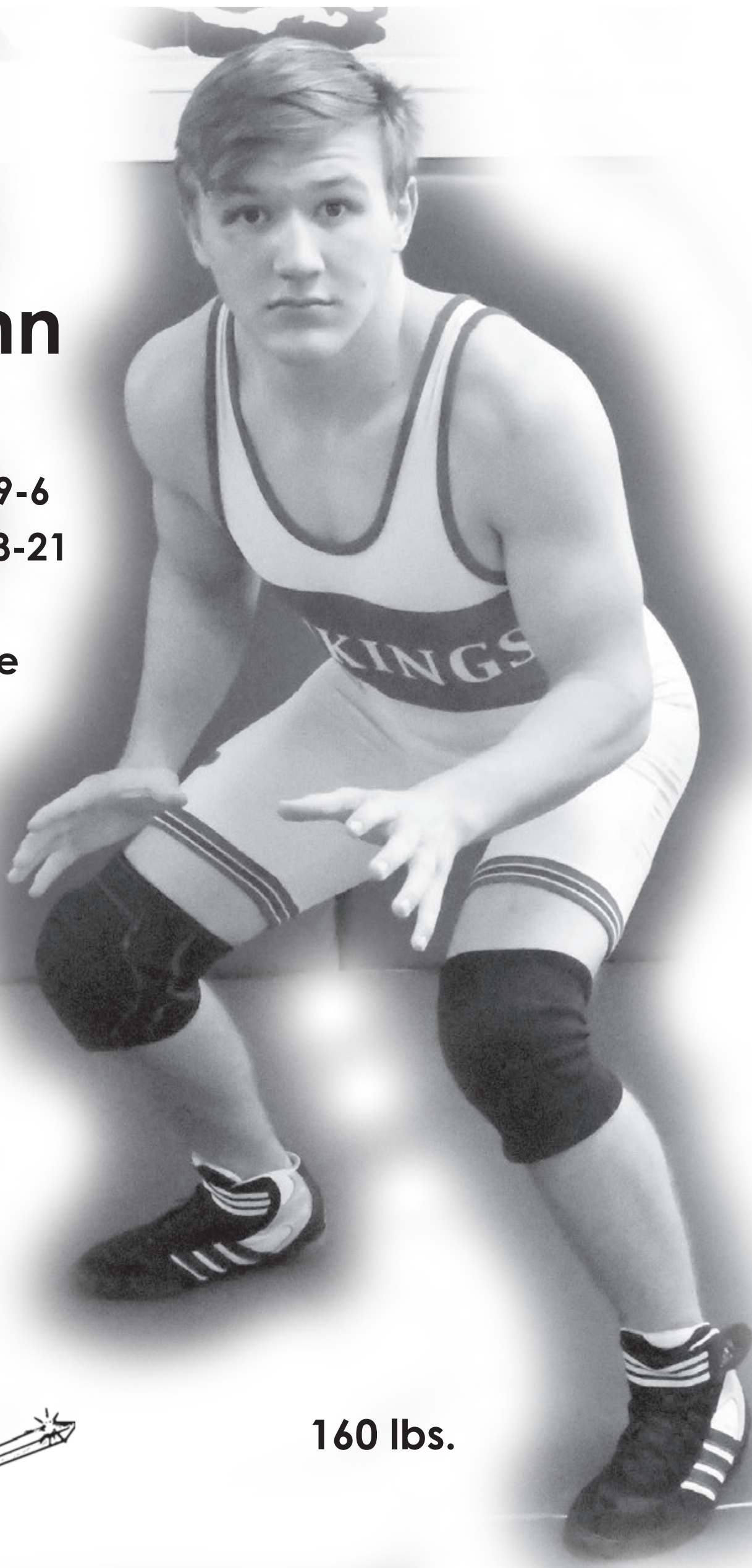
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2020-2021 Northwood- Kensett

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N-K celebrates 2021 National FFA Week, Feb. 20-27

Northwood-Kensett FFA is celebrating National FFA Week, Feb. 20-27, 2021.

This National FFA Week embraces more than 93 years of FFA traditions while looking forward to the organization's future.

More than 760,000 members will participate in National FFA Week activities at local, state and national levels. These members have a passion for agriculture.

Designated a national week in 1947, the

week of George Washington's birthday, National FFA Week runs from Saturday to Saturday and gives FFA members an opportunity to educate the public about agriculture.

During the week, chapters conduct a variety of activities to help others in their schools and communities learn about FFA and agricultural education.

Today, FFA provides the next generation of leaders who will change the world. As the top

school-based youth leadership development organization in the nation, FFA helps young people meet new agricultural challenges by developing their unique talents and exploring their interests in a broad range of career pathways.


FFA members are our future leaders, our future food suppliers, our future innovators and more!

Whether it is through service projects or community gatherings, National FFA Week is a

time for FFA members to raise awareness about the role the National FFA Organization plays in the development of agriculture's future leaders and the importance of agricultural education.

The National FFA Organization is a school-based national youth leadership development organization of more than 760,000 student members as part of 8,700 local FFA chapters in all 50 states and Puerto Rico.

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TREASURER
MADELYN BERGE
Senior
Four year member
Activities in FFA: I am the Chapter Treasurer. Ag fair, pedal pull, state FFA convention, showing, fruit sales, conduct of meetings and FFA plot.
Why did you join FFA? I joined FFA to better my agricultural knowledge.



ALEX EILERSTON
Senior
Four year member
Activities in FFA: Ag fair test plot and pedal pull.
Why did you join FFA? Help you out in knowing stuff about farming.



SECRETARY
AUSTIN FOSS
Senior
Four year member
Activities in FFA: Ag fair, livestock judging, fruit sales, show livestock and pedal pulls.



CADE HENGESTEG
Senior
Four year member
Activities in FFA: Ag fair, sold fruit.



PRESIDENT
KAEJ JULSETH
Senior
Four year member
Activities in FFA: Showing cattle, harvested the plot, sold fruit, helped at ag fair and working the pedal pulls.
Why did you join FFA? To further my ag knowledge and work together with my classmates.



COLLIN KILBOURN
Senior
Four year member
Activities in FFA: Ag day and show pigs and sheep and FFA plot.



REPORTER
RYDER LESTRUD
Senior
Four year member
Activities in FFA: Ag fair, restoring a tractor, fruit sales, fruit sales, pedal pulls and state and national convention.
Why did you join FFA? To be involved and learn about agriculture and other important life skills that FFA teaches.



VICE-PRESIDENT
CASSON MORETZ
Senior
Four year member
Activities in FFA: Went to National Convention, helped with plot and ag fair, fruit sales and pedal pulls.



BRYCE PAULSON
Senior
Three year member
Activities in FFA: Ag fair and helped with tractor pulls.



ISAAC RENTERIA
Senior
Four year member
Activities in FFA: Ag fair, and fruit sales.
What is your favorite part of FFA or memory? To learn more about ag.



ETHIAN TASKER
Senior
Four year member
Activities in FFA: Ag fair, fruit sales, harvest of the plot.
Why did you join FFA? To learn more about agriculture.



CODY WAHL
Junior
Three year member
Activities in FFA: Fruit sales and ag fair.



A Salute to the Members of the N-K FFA

John Midtgaard
Northwood Insurance
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641-324-9844
email:jmidtgaard@gmail.com



FUTURE FARMERS OF AMERICA CELEBRATION

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FFA Junior Class 2020/2021



BRIAR ANDERSON
Junior
Three year member
Activities in FFA: Showing livestock, FFA fruit sales, tractor pulls and ag fair.
Why did I join FFA? I wanted to be involved in FFA and loved getting the chance to show livestock through FFA.



JACE GENTZ
Junior
Three year member
Activities in FFA: Fruit sales and ag fair.
Why did you join FFA? To learn more about agriculture and farming.



EMMA LOGEMAN
Junior
Three year member
Activities in FFA: Ag fair and fruit sales.
Why did you join FFA? To learn more about agriculture.



TYLER MILLS
Junior
Three year member
Activities in FFA: National Barrow Show.



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BRAYDEN REYERSON
Junior
Three year member
Activities in FFA: Ag fair and fruit sales.



DYLAN TEWS
Junior
Three year member
Activities in FFA: Fruit sales and ag fair.



HAYLEY WALLIN
Junior
Three year member
Activities in FFA: Fruit sales, ag fair and showing pigs and chickens at the fair.
Why did you join FFA? To learn more about agriculture.

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FFA Sophomore Class 2020-2021



JAYDEN BELAND
Sophomore
Two year member
Activities in FFA: Ag fair and fruit sales.
Why did you join FFA?
Opportunities in ag.



MICHAEL JANSSEN
Sophomore
Two year member
Activities in FFA: Ag fair.



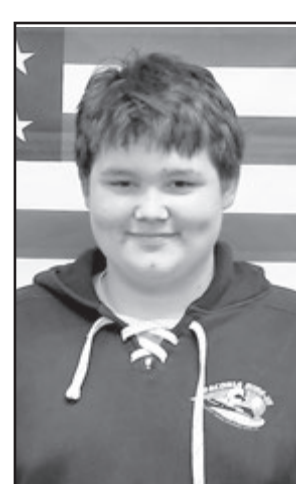
DALTON LOGEMAN
Sophomore
Two year member
Activities in FFA: Fruit sales, ag fair, test plot and dairy cattle.
Why did you join FFA? to further my ag education and ag background.



HAYDEN PESTORIUS
Sophomore
Two year member
Activities in FFA: Fruit sales.
Why did you join FFA? Because it's fun.



TREYCEEN ROLLENE
Sophomore
Two year member
Activities in FFA: Selling fruit.



JOSH STEVENS
Sophomore
Two year member
Activities in FFA: Fruit sales.

FFA Freshman Class 2020-2021



AUSTIN FOSS
Freshman
One year member



MADALYNN HANSON
Freshman
One year member
Activities in FFA: Fruit sales.
Why did you join FFA? To learn more about the community, animals and crops.



CHRISTOPHER MADSEN
Freshman
One year member
Activities in FFA: FFA test plot.
Why did you join FFA? So I can learn to help my dad in the field.



LANEY MILES
Freshman
One year member
Activities in FFA: Fruit sales and FFA test plot.
Why did you join FFA? To learn to help the community and learn more about animals and nature.



JUSTIN MILLS
Freshman
One year member
Activities in FFA: FFA plot, National barrow show, judging, fruit sales and showing livestock.
Why did you join FFA? It does alot of things I do.



MEGAN OCEL
Freshman
One year member
Activities in FFA: Fruit sales and showing llamas.
Why did you join FFA? To be more involved in the community and learn more about agriculture.



MORGAN WALLIN
Freshman
One year member
Activities in FFA: Fruit sales, FFA plot and showing livestock.
Why did you join FFA? To show animals and do community stuff.

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Anchor Sports



MADALYNN HANSON

Stat of the Week: *The last time I spoke about a freshman point guard and how good she could become it was Brooke Burnes, who went on to become what I consider the best PG in the school's history. Her 267 career assists, No. 1 all-time, back that up. Now another one has come along who has the same kind of skills that propelled Burnes to the top, this year's freshman sensation, Madalynn Hanson. Hanson wasn't much of a scoring threat this season, averaging just 2.8 points per game, but with her deadly ball handling skills she is sure to be a serious scoring threat in the future. Hanson also had 2.3 steals, 1.8 assists and 3.6 rebounds per game this season.*



TJ WHITELOW

Stat of the Week: *While the soft-spoken TJ Whitelow wasn't one to dominate a game with his attitude or his scoring, averaging only 6.3 points per game, fourth on the team this season, what he did do was to be the best on his team in every other aspect of his game. The talented senior led the Vikings in every statistical category except scoring, including 1.6 blocks, 1.3 steals, 2.1 assists and 7.2 rebounds per game. But perhaps his biggest contribution to the team was his work ethic. This kid hustled on every play, taking it as a personal insult if an opposing player beat him down court for an easy basket.*



The Vikings' Jason Hanson slides in the lane for a short jumper last Tuesday night in Janesville. Hanson scored 12 points and grabbed six rebounds in N-K's 69-41 loss to the Wildcats.



N-K's Caden Roberts draws a foul on this drive to the basket in last Tuesday night's 69-41 first round district loss in Janesville. Roberts led the Vikings in scoring this season, averaging 11.4 points per game.



Viking TJ Whitelow sneaks in the middle of unsuspecting Janesville defenders for one of his acrobatic moves. Whitelow scored four points and pulled down a team high 12 rebounds in the 69-41 district loss to the Wildcats.



Cade Hengesteg gets in the middle of the Wildcats defense and goes up for two points in last Tuesday's district loss in Janesville. Hengesteg had two points, an assist and four rebounds in the 69-41 loss.

Vikings finish year at 7-13, most wins in one season since 2015

By Mike Simmons
Sports Editor

Coming into this season the Vikings had one thing on their minds, win more than three games. That's the most wins Northwood-Kensett has had since 2015, when it won nine games. This team however did what it set out to do as it won as many games this season, seven, as it had the past

three years combined when it went 3-20, 1-20 and 3-19.

And while this Vikings team could and did hang with some more talented teams this season, the sharpshooters from Janesville proved to be too much for them to handle in last Tuesday night's 69-41 first round district loss.

After N-K fell behind

5-0 in the first quarter a timeout seemed to get it back in the game, ending the first eight minutes of play trailing by just five points, 14-9 after sophomore Lamonte Sims splashed a 3-pointer as the horn sounded.

In the second quarter the Wildcats came out gunning, draining four treys and expanding their lead to 14

points at the halftime break, 32-18. The treys continued to fly after halftime with Janesville outscoring the Vikings 17-6 in the third quarter.

The Wildcats, who drained 12-25 from 3-point range, got some pressure from N-K in the fourth quarter, but, led by Kael Julseth and Jason Hanson, who scored 12 points each,

the Vikings last ditch effort came up short in the 69-41 district loss.

Other scorers include Sims with five points, Cade Hengesteg with two points, Caden Roberts with six points and TJ Whitelow, who scored four points and grabbed a team high 12 rebounds.

With the loss the Vikings' season comes to an end with a 7-13 re-

cord.

Seniors playing their final game in a Vikings uniform, which is most of the varsity roster, include Roberts, Whitelow, Julseth and Hengesteg.

J'ville 69, N-K 41
N-K 9 9 6 17-41
J'ville 14 18 17 20-69

Lady Vikings fall in regional quarterfinals to No. 1 Bishop-Garrigan

By Mike Simmons
Sports Editor

The Northwood-Kensett girls basketball team traveled to Algona last Tuesday night for its scheduled regional quarterfinal matchup against class 1A's No. 1 ranked Bishop-Garrigan, who held on to that top ranking with a lopsided 79-24 win.

The Golden Bears,

led by a pair of sophomores named Molly Joyce (25 pts.) and Audi Crooks (22 pts.), who combined for 47 points, hitting 19 of 37 shots taken, jumped out to an early and on this night, an insurmountable 26-2 first quarter lead, and never looked back.

With B-G letting up on its defensive pressure in the sec-

ond quarter the Lady Vikings were at least able to hold their heads high heading into the locker room at the halftime break after only being outscored 13-11.

But as the third quarter wore on, it was obvious that this would be a repeat of the first eight minutes of the game, with the Golden Bears scoring

22 points while holding N-K to just two points.

Trailing 61-15 to start what would be, for some, their last eight minutes on a high school basketball court, the Lady Vikings dug deep and produced another nine points in the fourth quarter, finally ending their season with the 79-24 regional quar-

terfinal loss.

Junior Marli Backhaus led the Lady Vikings with eight points, while freshman Chloe Costello, who missed a few games late in the regular season due to an injury, had two points and a team high seven rebounds, all of them coming on the defensive glass.

With the regional

quarterfinal loss the Lady Vikings wrap up what will be forever known as the COVID-19 season with a 6-15 record.

Seniors suiting up for the last time in an N-K uniform were Ruthie Conlin, Sydney Welch and Olivia Stillely.

BG 79, N-K 24
NK 2 11 2 9-24
BG 26 13 22 18-79

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