The Northwood Anchor

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Briefs

N-K preschool registration April 21

Northwood-Kensett preschool will open its registration for the 2021-2022 school year next Wednesday, April 21.

Any children three years old by September 15, 2021, are eligible for the school's three-year-old program.

The registration will be held on Wednesday, April 21, from 8 a.m. to 6 p.m. in the school's preschool room. Those registering can enter through the preschool door on the north side of the building.

Anyone with questions should call the school office at 641-324-1127.

Worth County fair returns June 16-20

The Worth County Fair will return this June, and the schedule is being set for a return to normal for fairgoers.

The 2021 Worth County Fair has been set for June 16-20.

Fair organizers plan to bring a regular schedule, events and activities to this year's fair.

Entertainment already announced includes the return of the demo derby, rodeo and truck and tractor pull along with mutton busting, musical performances and figure 8 racing.

Look for more on events and activities as the fair approaches.

WCHS meets on April 20

The Worth County Historical Society will meet on Tuesday, April 20, 2021, at the Main Museum in Northwood at 9:30 a.m.

Everyone is welcome to attend.



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. April 6	80	53	
Wed. April 7	73	56	.02
Thurs. April 8	75	53	.34
Fri. April 9	56	45	.06
Sat. April 10	51	41	
Sun. April 11	47	30	
Mon. April 12	54	39	T



A groundbreaking project

After several years of efforts by Northwood-Kensett officials and staff, a committee of volunteer fundraisers and overwhelming support from the community, construction on the Vikings Activity Center officially began last week. Pictured above are N-K board members, administrators, teachers, committee members, contractors and others on hand to show their support and enthusiasm for the project. They took part in the official groundbreaking at the location of what will be the entrance to the center.

No alcohol at Kuennen's if ordinance passes

Kuennen's Quarry will be an alcohol-free area this summer, if the Worth County supervisors pass an ordinance being considered at coming meetings.

At their regular meeting this Monday, April 19, the supervisors will hold a public hearing to discuss an ordinance that would prohibit alcohol at Kuennen's Quarry between the Friday before Memorial Day (Friday, May 28) and the Tuesday after Labor Day (Tuesday, September 7).

Last summer, as COVID-19 kept pools closed, swimmers gathered at the park and brought issues that included dangerous behavior and minors around alcohol that created concerns for county officials.

The exemption to the alcohol prohibition would be for those holding events inside the shelter house at the park. Alcohol would only be allowed in the shelter house on those occasions.

Those found in violation of the

No alcohol, see Page 2

Supervisors discuss renewable energy project moratorium

The Worth County supervisors discussed the possibility of a moratorium on renewable energy projects, along with expanded zoning, recently.

At their April 5 regular meeting, two members of the public spoke for and against establishing a moratorium that would halt the addition of new renewable energy projects in the county.

Julie Kuntz, a vocal opponent of wind projects in past years said that the latest turbines to be built in the county have been built closer and with greater impact than wind company officials had initially indicated.

As the project was being pursued, discussion had taken place that the turbines would not be built closer than 1,500 feet to any

Moratorium, see Page 2

Supervisors advance ordinance to remove renewable energy exemption

This Monday the Worth County supervisors will proceed with the first steps of removing an ordinance that exempts some renewable energy projects from future zoning regulation.

The ordinance, written in December 2018, exempts renewable energy development from any future zoning regulations if the taxes on the developments will be used for county projects.

The ordinance is particularly relevant as the supervisors have discussed using taxes on the newest and potential future wind turbines as potential funding sources for road projects and plans to renovate or build new county offices.

The ordinance would also apply as the supervisors have discussed the possibility of expanding zoning countywide, particularly to set regulations like construction setbacks for future wind development.

The supervisors planned to hold a public hearing and first reading to repeal the ordinance. That would take place at their regular meeting this Monday, April 19, at 9:15 a.m. Second and third readings of the repealing ordinance would be set for April 26 and May 3.

Supervisors, see Page 2

Northwood-Kensett alum finds passion for education overseas

By JoAnn Lower

Katherine (Kathy) Porter, Larry and Jodi Porter's daughter, graduated from Northwood-Kensett in 2010. Along with her favorite high school subjects – Biology, Ecology, Anatomy/Physiology, Psychology and Literature – she played basketball, did shot put and discus in track.

Four years later she graduated from St. Olaf College and by 2020 had earned her Master's of Science in Multidisciplinary Education. During her college years she participated in track with shot put, the hammer, weight throw and rugby.

"When I first went to college, I planned on staying in the Midwest," she said. "However, while at St. Olaf I met Christine, another Biology and Education major, who had lived in Poland as a high schooler and was hoping to teach internationally once she graduated college. Before that point, teaching in another country had never occurred to me, so it was a very novel idea."

After graduation, Kathy and Christine applied to do their student teaching at an international school in southern India, Kodaikanal International School. Fortunately, they both had the qualifications, and they both got in.

"I loved it," Kathy said. "It was a wonderful experience working with people from all over the world and interacting with students from a culture completely different from mine. After that I was certain I wanted to teach abroad."

Kathy's first teaching job was in Cairo, Egypt. "I loved Cairo, but the job was a very poor fit so I left Egypt and came back to the States where I taught at an alternative school in Minneapolis for a couple of years."



Small New Year's Eve gathering with coworkers. Kathy is third from left.

About this time, Christine popped up again telling Kathy she had gotten a job in Qatar and knew there was a high school Biology position opening up.

After talking with Christine and learning about the school culture, Kathy accepted the school's job offer. She taught in Al Khor, Qatar, for three years and then decided to try living in another coun-

Porter, see Page 3

Viking golfers take win on the road — See Sports Page 8

County elected salaries decrease

As the Worth County supervisors continued working on the budget for the fiscal year that begins on July 1, 2021, they lowered the salary increases that elected officials will receive.

Salary increases are recommended by a compensation board that is made up of people appointed by the county's elected officials. The board met in December and presented their recommendations for the coming fiscal year.

At the time, the compensation board recommended increases that included 3.5% for the county auditor, recorder and treasurer, bringing their salaries to $60,803. Supervisor and county attorney salaries were recommended a 1 percent increase. The supervisors would increase to $31,060 and the attorney would increase to $87,102. The sheriff was recommended for a 5% increase, to $78,932.

The supervisors have the option to approve salaries up to the amount recommended by the compensation board. They can approve lesser amounts, which they did for the coming fiscal year.

At their March 29 meeting, the supervisors approved smaller increases in the salaries.

The supervisors approved 2% raises for the auditor, recorder and treasurer, which will bring their salaries to $59,922. The county attorney's salary will increase 0.57%, to $86,732. The county sheriff's salary will increase 2.85%, to $77,315.

The total cost of elected officials' salaries in the current fiscal year would be $430,410. The compensation board's recommendations would have brought that total to $442,123. The lower increases approved by the supervisors will bring total elected official salaries to $436,569. That is $6,159 more than the current year and $5,554 less than the full raises as recommended.

The change also influences the pay for other county employees. The deputy positions in an office can only make up to 85% of their elected official's salary.

Worth County audit report released

Gardiner + Company has released an audit report on Worth County.

Financial highlights:

The County's governmental revenues totaled $17,333,018 for the year that ended on June 30, 2020, a 2.36% decrease from the prior year.

Expenses for County operations for the year that ended on June 30, 2020, totaled $13,922,039, a 3.33% increase from the prior year.

Audit findings:

Gardiner + Company reported several findings related to the receipt and expenditure of taxpayer funds.

They are found on pages 79 through 84 of this report. The findings address issues such as lack of segregation of duties and material amounts of accounts receivable and capital asset/infrastructure additions not properly recorded in the County's financial statements.

Gardiner + Company provided the County with recommendations to address each of these findings.

Five of the findings discussed above are repeated from the prior year.

The County Board of Supervisors have a fiduciary responsibility to provide oversight of the County's operations and financial transactions. Oversight is typically defined as the "watchful and responsible care" a governing body exercises in its fiduciary capacity.

A copy of the audit report is available for review on the Auditor of State's website at auditor.iowa.gov/audit-reports.

County sets prices for interchange lots

The Worth County Supervisors have set a hearing at which they will discuss the prices for which they plan to sell lots the Interstate 35/Highway 105 interchange.

The lots are located between Wheelerwood Road and the interstate, south of Highway 105. The County has worked on the development in the hopes of attracting new businesses to the area.

That includes putting infrastructure in place that will allow for utility connections and a street between lots.

The supervisors have set prices largely meant to recoup the costs that have been invested, based on the size of the lots.

One of the lots will be sold to $1 to the Diamond Jo Casino, as part of an agreement with the casino, which provided land to the County. The lot is the location of a building owned by the casino.

The remaining lots will range in cost from $65,000 to $525,000 based on size and location.

The supervisors will hold a public hearing at 9:30 a.m. at their regular meeting on Monday, April 19, regarding setting the lot prices.

Moratorium
Cont. from Page 1

home. However, Kuntz shared that there are some as close as 950 feet.

With another wind farm being sought in the northwest corner of the county, Kuntz asked the supervisors to place a moratorium on new construction until they could revisit their existing ordinance that exempts turbines from zoning, and to develop rules and regulations that protected neighboring land owners, which don't exist now.

Kuntz brought a petition with 231 signatures of those supporting a moratorium, adding that she believed she could get far more with more time.

Next to speak was Eliot Evans, who mentioned that $4.8 million in property taxes were being generated by wind turbines in Worth County each year, paying for 65 miles of roads, bringing $72,000 to Worth schools.

According to Evans, property values were higher on property with turbines and those working in wind in the County supported local businesses with vehicle and building maintenance.

Evans said that he has lived his entire life in Worth County, amongst wind turbines, with no negative effects.

Evans also noted the federal push for green energy and what he saw as support from farmers and members of his generation for renewable energy.

Asked about his thoughts on the process and practicality of a moratorium, Worth County attorney Jeff Greve said that he had looked at other counties with moratoriums in place, and he said that they had put in place countywide zoning and regulations before the moratoriums were issued.

Greve also cautioned that if the supervisors did pursue a moratorium, the County may have to deal with lawsuits, especially when a project is in the works and landowners may have contracts signed. Greve said that, win or lose, those suits would be costly as the County may have to bring in additional legal aid.

Greve advised that if the supervisors wanted to put in place any type of setback or other regulation, they would need zoning countywide, which would include those rules.

Supervisor chairman AJ Stone said that he would like to see a moratorium just until the county could look at setback and decommissioning guidelines.

Stone said that he wanted to get things in place to make things fair and protect those that have wind projects on their property and for their neighbors, who didn't sign up to live within 1,000 feet of a turbine.

Supervisor Mark Smeby said that the County hasn't budgeted for the costs of expanding zoning countywide. Although no one knew the costs besides rewriting existing ordinance to include the entire county.

Smeby also said that, from what he has heard from his constituents is that they don't want zoning. Smeby said that they have a fear of control and of "another layer of government."

Smeby said that wind has been a part of Worth County for 21 years and only in the past couple has it been an issue.

Smeby also said that he thought a moratorium was wrong and that it would stifle new development near the casino, at the Manly Terminal and throughout the county.

Supervisor Enos Loberg said that the last thing he wanted to do was put a moratorium in place. However, he said that when someone's quality of life is negatively impacted because of where a turbine is built, the County needs to do something about it. And he suggested that should include zoning that includes setbacks.

Loberg added that he doesn't want to drive anything away, just put in place protections for those that don't want to live that close.

Smeby said that any new construction is at least a year away and that the supervisors had time to consider a moratorium.

However, Stone worried that the new turbines could advance sooner to avoid the action if they waited too long.

The discussion continued at the meeting this past Monday, April 12. At the meeting, the supervisors approved a moratorium after learning more about a wind farm in the works and an agreement with the company, and hearing more from county officials and concerned members of the public. See more in next week's Anchor.

Supervisors
Cont. from Page 1

However, the supervisors can choose to waive the second and third readings and pass the ordinance at this Monday's meeting.

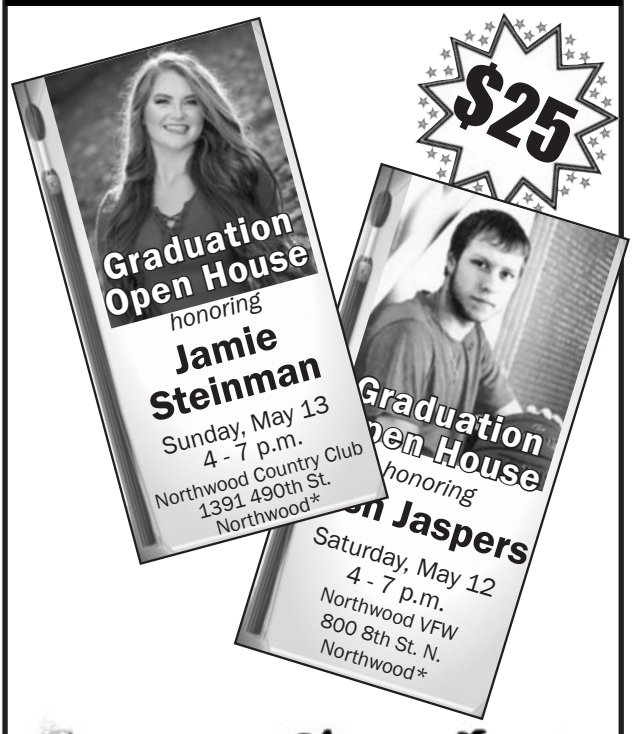
No alcohol
Cont. from Page 1

ordinance would be guilty of a simple misdemeanor, punishable by a fine of $65-$625 and/or up to 30 days in jail.

Following the public hearing, the supervisors will hold the first reading of the ordinance. Second and third readings will be held on April 26 and May 3. However, the supervisors may choose to waive those readings and pass the ordinance on Monday.

Graduation Open House Announcements

Deadline Wednesday, May 14



The Northwood Anchor

801 Central Avenue, Northwood
641-324-1051

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Northwood City Clean Up Days

April 28-May 1



The City of Northwood will provide Dumpsters for Northwood Residents Discardable Items at the Northwood City Yard

Located on Highway 105 East

Open Wednesday, April 28 from 7 a.m. - 6 p.m.
Open Thursday, April 29 from 7 a.m. - 3:30 p.m.
Open Friday, April 30 from 7 a.m. - 6 p.m.
Saturday, May 1 from 8 a.m. - 12 p.m.

The City does NOT authorize the public to remove discarded items from the dumpsters.



RULES: Regular day-to-day garbage will not be accepted.
Following items will not be accepted: Computers & Accessories; Construction Debris; Tires; Batteries; Paint; Hazardous & Flammable Items; Fluorescent tubes/bulbs.

Appliances will be accepted and stickers are for sale at City Hall - $20.

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Porter
Cont. from Page 1



Grade 11 students in the laboratory half of Porter's classroom.

try.

"I've always enjoyed both Southeast Asia and island life in general, which eventually led me to South Korea."

After going through immigration at the airport, the school took Kathy to her apartment, and she started her mandatory two-week quarantine.

"My coworkers were very accommodating. They helped by grabbing fresh veggies to supplement the food provided by the Korean government for my quarantine and dropping off puzzles and books from the school library. By the end of it I was more than a little restless and ready to get back to school."

Quarantine over, Kathy started teaching in person but, once the COVID numbers got too high, the Korean government ordered online classes.

"The staff and students have been extremely welcoming and helpful with the adjustments necessary to learning to live in a new country. Overall, I have been very happy here and am looking forward to the challenges that next year will bring for me and my students (though hopefully not more pandemic-related challenges)."

Porter teaches Biology in grades 10, 11 and 12, as well as Environmental Systems and Societies for grades 11 and 12 using the International Baccalaureate (IB) program.

"I've taught a few different curricula, including American and Cambridge, and this is my favorite by a wide margin. IB is the most challenging to teach and requires a lot of work from both student and teacher. However, based on my experiences so far, it builds a lot of skills that I did not learn until I got to college. It fosters a curiosity that I haven't really seen elsewhere.

"One of the requirements of IB is that the students write a major research paper in each subject they are taking. In Biology the typical standard of this paper is 10-12 pages of single-spaced text based on an experiment that the student came up with and ran with minimal teacher intervention.

"It is a very intense process. I can't say that I enjoy the grading process, but it is admirable seeing the quality of work that 11th and 12th graders can come up with when they are given the tools they need."

Along with her busy teaching schedule, this athletic young woman helps coach middle and high school girls basketball and participates in staff scrimmages most Wednesdays.

Kathy is living in a city in the western portion of the country called Suwon, just south of Seoul in the Yeoungtong area of Suwon.

"It is a cute neighborhood. In South Korea there's a café about a stone's throw from literally anywhere, and there are tons of great restaurants in the area. I'm particularly fond of Korean BBQ and a dish called dakgalbi.

"There's also a lot of great green space in the area, and I've spent a few weekends hiking in the hills/mountains (an Iowan would definitely call them mountains). We're also close enough to Seoul that it's a relatively short trip if we can avoid traffic.

"Recently I went for a day trip to walk around and see the cherry blossoms and attend a basketball game. We root for the Incheon Elephants, though the standard for basketball here is not what I'm used to in the States.

"South Korea is also small enough that I've taken a few day trips to the eastern side of the country and spent some time on the beaches over there during the day and driven up to mountain lookouts on the way back to do some stargazing at night."

Asked how her parents feel about their daughter teaching internationally, Kathy is sure they would like her to be home more.

"They are both worried about me living so far from home and, at first, were concerned about my safety. But I think some of that fear has relaxed a bit over the years. I know that Mom struggles sometimes with me living so far away, but she's glad I'm doing something I love. We try to do regular Zoom calls to keep up with one another's lives, and I come home pretty much every summer so I still get a good amount of time in Iowa."

Worth COVID rates remain low but steady

In the past week, local COVID rates have remained steady, despite more vaccinations in Worth County.

After Worth's COVID-19 rate fell to 0% at the end of March, it rose to 4.1% as of April 5. As of Monday, April 12, the rate remained at 4.1%.

There were 18 new COVID-19 cases identified in Worth County in the past week, up to 741 cases as of April 12.

The 14 day positivity rate reflects the number that have tested positive out of those tested, falling within the two week window that COVID-19 may be transmitted and in which symptoms may develop, according to the CDC.

In Worth County, the 14 day positivity rate, as of April 5, was 1.8%. On Monday, it was up to 4.4%.

A total of 3,786 Worth County residents had been tested as of April 12. A total of 12,402 tests had been taken by Worth County residents.

As of April 12, 4,150 vaccine doses have been administered to Worth County residents. Of those, 708 people in Worth have received a first dose, 1,668 have received both doses of a two dose vaccine and 109 have received a dose of a one shot vaccine. That makes a total of 1,777 Worth residents that are fully vaccinated.

Of those, 2,510 have been administered by Worth County Public Health, the County's vaccine provider. WCPH has administered 1,050 full series of the vaccine.

Including Worth's eight deaths, in the eight county area that includes Worth, there have been 303 deaths to COVID-19. That is up three in the past week.

In counties that border Worth, there were a total of 19,323 confirmed cases, as of Monday, up 272 from three weeks ago. Cases in neighboring counties included 1,455 in Winnebago, 1,522 in Hancock, 5,575 in Cerro Gordo, 1,715 in Floyd and 1,362 in Mitchell counties in Iowa, and 3,217 in Freeborn and 4,477 in Mower in Minnesota.

Information and resources on COVID19 in Iowa can be found online at coronavirus.iowa.gov.

Information on vaccination in Iowa can be found online at vaccinate.iowa.gov. Older Iowans can get assistance in scheduling a vaccination by dialing 211.

Local information, including about vaccine access and availability can be found at Worth County Public Health's Facebook page.

Worth County 4-H lamb weigh-in set for Saturday, April 24

The 2021 Worth County Fair 4-H Sheep Weigh-in will be held on Saturday, April 24 at the Worth County Fairgrounds in Northwood. The Weigh-in will take place from 9 to 11 a.m.

All market lambs and breeding ewe lambs that will be exhibited at the Worth County Fair on Sunday, June 20 must be weighed in.

Those wanting further information about the lamb weigh-in are asked to call Worth County Extension Education Specialist Dennis Johnson at 641-324-1531 or email him at djohn@iastate.edu.

Trinity United Methodist Church of Bolan
Homemade Chili & Cinnamon Roll
Lunch TO GO
$5 Minimum Donation
Sunday, April 18
Serving 11 a.m. - 1 p.m. or until gone
Includes crackers, carrot & celery sticks
Guarantee meals by reservation to Linda Nydegger, 641-748-2385 Cell 641-420-3048, joelin@wctatel.net
For noon pick up at Northwood Courthouse call Pam Anderson 641-324-1102

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Ditch Spraying NOTICE
The Worth County Weed Commissioner/ Secondary Roads Department are about to begin spraying road ditches. You **MUST** contact the Worth County Engineer's Office and fill out the required paperwork if there are any areas that you do not want sprayed. A special color-coded and labeled flag is available at the office to mark your areas. If you have these flags from previous years, you may re-use them, but you will still need to make sure you are registered for the program. Replacement flags are also available. Registrants that filled out the 2020 paperwork last year are covered through the 2021 season, as it is a two-year program.
For registration paperwork, details or more information, please contact Mike at 641-390-0268.



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25% off
Sale prices good through Saturday

Northwood Anchor

Waldorf University has recognized students that have achieved the Dean's List for the Fall 2020/21 semester.

To achieve the Dean's List, students must be full-time, attain a grade point average of 3.50 or better and complete a minimum of 12 semester credits.

Local students include Angel Massee, and Mary Rohne, both of Northwood, and Savannah Moore of Manly.



TEANNA AUSBORN



EMMA DAVIDSON



ELLA FRITZ



RACHEL HILL

Efflandt earns All State Speech honors, as N-K succeeds at district, state events

From Beth Butler, Northwood-Kensett Speech coach

The Northwood-Kensett Speech Team found success even in this most unusual year. Because of the pandemic, speech contests were not held as they typically are. Schools had the options to perform virtually or in-person at a single or smaller contest setting. Northwood-Kensett participated virtually.

Five students participated in the District Individual Speech Contest on February 26.

Ella Fritz, a senior, performed "Selections by Robert Frost" in the category of Poetry and earned a division II rating. Senior Bella Efflandt performed "Skippyjon Jones" by Judy Schachner in the category of Storytelling and earned a division I rating.

Three juniors, Rachel Hill, Emma Davidson and Teanna Ausborn, also participated in the District Contest. Rachel Hill performed "Selections by Mary Oliver" in the category of Poetry and earned a division I rating. Emma Davidson performed in two categories; she performed "Agate" by Joy Morgan Dey and Nikki Johnson in the category of Poetry and earned a division I rating, and she performed "On the Differences Between Men and Women" by Dave Barry in the category of Prose and earned a division II rating. Teanna Ausborn performed "Wondering" in the category of Solo Musical Theatre and earned a division II rating.

Performers earning a division I rating at District Contest (Efflandt, Davidson, and Hill) advanced to State Contest on March 13.

At the State Contest, Efflandt earned three division I ratings for an overall "I" rating. Davidson earned two division I ratings and one division II rating for an overall "I" rating.Hill earned three division II ratings for an overall "II" rating.



BELLA EFFLANDT

At the State Contest level, judges can nominate outstanding performers to earn All-State honors, which is the highest level of achievement in Speech. Two of the three judges must nominate a performer in order to receive this honor.

Bella Efflandt was recognized as an Outstanding Performer and earned All-State honors for her performance of "Skippyjon Jones" in the category of Storytelling. Due to the pandemic, there is no in-person All-State Speech Festival this year. However, Efflandt will still be recognized with an All-State Speech medal, certificate and banner to be hung in the school gym.

Congratulations to all Northwood-Kensett Speech participants this year!

MercyOne Internal Medicine welcomes Nazmul Kabir

MercyOne has welcomed Nazmul Kabir, MD. Dr. Kabir will join the team at MercyOne North Iowa Internal Medicine.



NAZMUL KABIR

As a rheumatologist, Kabir's clinical specialties include arthritis, lupus, polymyalgia rheumatica, psoriatic arthritis, rheumatoid arthritis and vasculitis.

Dr. Kabir enjoys talking to and getting to know his patients. "I find medicine a fascinating field of science," said Dr. Kabir. "I love the challenge of finding out what is wrong, providing appropriate remedies and working with my patient to get to the bottom of the unknown."

MercyOne North Iowa Internal Medicine is dedicated to providing a safe environment for patients and colleagues. MercyOne has implemented numerous precautions and safe practice guidelines and is adhering to all CDC guidelines including social distancing, mandatory masks for everyone over two years of age and using increased cleaning procedures.

Patients interested in an evaluation with Dr. Nazmul Kabir at MercyOne North Iowa Internal Medicine should contact their primary care provider for a referral.

CDC updates vaccinated travel guidance

The Centers for Disease Control and Prevention (CDC) recently updated its travel guidance for fully vaccinated people to reflect the latest evidence and science.

Given recent studies evaluating the real-world effects of vaccination, CDC recommends that fully vaccinated people can travel at low risk to themselves. A person is considered fully vaccinated two weeks after receiving the last recommended dose of vaccine.

Fully vaccinated people can travel within the United States and do not need COVID-19 testing or post-travel self-quarantine as long as they continue to take COVID-19 precautions while traveling – wearing a mask, avoiding crowds, socially distancing and washing hands frequently.

"With millions of Americans getting vaccinated every day, it is important to update the public on the latest science about what fully vaccinated people can do safely, now including guidance on safe travel," said CDC Director Dr. Rochelle Walensky. "We continue to encourage every American to get vaccinated as soon as it's their turn, so we can begin to safely take steps back to our everyday lives. Vaccines can help us return to the things we love about life, so we encouraße every American to get vaccinated as soon as they have the opportunity."

Because of the potential introduction and spread of new SARS-CoV-2 variants, differences in disease burden and vaccines and vaccine coverage around the world, CDC is providing the following guidance related to international travel:

- Fully vaccinated people can travel internationally without getting a COVID-19 test before travel unless it is required by the international destination.
- Fully vaccinated people do not need to self-quarantine after returning to the United States, unless required by a state or local jurisdiction.
- Fully vaccinated people must still have a negative COVID-19 test result before they board a flight to the United States and get a COVID-19 test 3 to 5 days after returning from international travel.
- Fully vaccinated people should continue to take COVID-19 precautions while traveling internationally.

The guidance issued last week does not change the agency's existing guidance for people who are not fully vaccinated.

Unvaccinated travelers should still get tested 1-3 days before domestic travel and again 3-5 days after travel. They should stay home and self-quarantine for 7 days after travel or 10 days if they don't get tested at the conclusion of travel.

CDC discourages non-essential domestic travel by those who are not fully vaccinated.

Updates to CDC travel guidance for vaccinated people can be found online at www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html and at www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html.

Due to the large number of Americans who remain unvaccinated and the current state of the pandemic, CDC recommends that fully vaccinated people continue to take COVID-19 precautions, such as wearing a mask, social distancing, washing hands frequently and avoiding crowds when in public, when visiting with unvaccinated people from multiple other households and when around unvaccinated people who are at high risk of getting severely ill from COVID-19.

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2021 N-K SPRING SPORTS



N-K boys golf team

Members of the 2021 N-K boys golf team include (from left) Jason Hanson, Mason Thofson, Andrew Wilder, Kael Julseth, Carter Severson, Kade Hengesteg, Nicholas Hanson and Bryce Paulson.



N-K girls golf team

Members of the 2021 N-K girls golf team include (from left) Haddie Hanson, Hayley Wallin and Emma Davidson.

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The Northwood Anchor

Celebrate ISU Extension and Outreach week April 12-17

Iowa State University Extension and Outreach Week is April 12-17. Iowa's 100 county extension offices will host activities to thank Iowans for their support of extension efforts throughout the state.

"The challenges of the past year changed how ISU Extension and Outreach serves Iowans, but not why: We want a strong Iowa. We are here for you now and always," said John Lawrence, vice president for extension and outreach.

"Our extension specialists and county staff have learned how to convert existing in-person education to virtual education and create new virtual programming. We are prepared to deliver in-person programming when possible, with appropriate distancing and precautions for everyone's health and safety. We will continue finding new ways to deliver research-based education and information to Iowans," Lawrence said.

"We are focused on Iowa's recovery with initiatives addressing the economy; financial security; food supply, safety, and access; educational opportunities for youth; mental health; and access to high quality child care. Throughout the state, extension councils and extension professionals will be delivering research-based education and information to best meet local needs," Lawrence said.

See pages 2B-3B for more on how Worth County Extension adapated in the past year and plans for the next year, including this year's fair.

ISU Extension and Outreach is part of the federal Cooperative Extension Service — a network of more than 100 land-grant institutions, including Iowa State University, and the U.S. Department of Agriculture serving communities and counties across the United States. Every county in Iowa has an elected extension council that decides how to support ISU Extension and Outreach educational programs at the county level.

More information about ISU Extension and Outreach is avaialbe by visiting www.extension.iastate.edu or contacting the local ISU Extension and Outreach county office.



Pictured are the students that recently took part in the State FCCLA Star Event competition including (from left) Macy Thorson, Mackensy Tomlinson, Teagan Johnson, Hadley Buenzow, Hailey Krambeer, Ashlynn Rollene and Addison Tasker.

N-K FCCLA students qualify for national competition

Northwood-Kensett's FCCLA (Family, Career and Community Leaders of America) group recently took part in state competition, with several earning the right to advance to the national level.

FCCLA students take part in STAR (Students Taking Action with Recognition) events, which include over 30 family, career and community categories.

They earn bronze, silver or gold stars in the events, which qualifies them to advance to district, state and national levels.

N-K FCCLA students earned a spot at the State level following the district competition in January.

The FCCLA members took part in the State level of the STAR events on April 1, which was held at SE Valley High School in Gowrie.

At the State competition, the top two gold stars in each event qualify for the National Star Competition.

N-K students, in three events, including four students, received gold stars and will be able to present their project at the National FCCLA conference, which will be held virtually this year.

Hadley Buenzow and Hailey Krambeer earned a gold star and qualified for the national event with their entry in the Repurpose and Recycle Team Event.

Ashlynn Rollene took part in the Sports Nutrition event and earned a gold star and is a national qualifier.

Macy Thorson presented in the Chapter in Review Portfolio event, earning a Gold star and qualifying for the national event.

Teagan Johnson earned a silver star in the Career Investigation Event.

Addison Tasker received a silver star at districts in the Repurpose and Recycle event.

MacKensy Tomlinson presented in the Career Investigation event and earned a silver star.

ACT extends pause on performances into fall of 2021

Due to the global COVID-19 pandemic and to ensure the health and safety of its patrons, actors and volunteers, the Albert Lea Community Theatre Board of Directors has voted unanimously to extend the pause on performances into the fall of 2021.

Two plays that have been postponed since the start of the pandemic will be incorporated into the new 2021-22 ACT season. "Doublewide, Texas" is now tentatively scheduled to open the season in the fall of 2021, and "Willy Wonka" will be performed in the summer of 2022. Specific dates and ticket information will be available in the future.

Those that hold tickets to "Doublewide, Texas" and "Willy Wonka" from their originally scheduled season, have these options:

Donate the value of the tickets. ACT is a local nonprofit organization. A ticket purchase is a tax-deductible contribution, which plays a critical role in the sustainability of community theatre. By not requesting a refund or credit for next season, you are donating the value of your ticket purchase to ACT.

Hold your tickets as a credit. You may use your current tickets for "Doublewide, Texas" and "Willy Wonka" as a 50% credit for 2021-22 season tickets. Because the dates have changed, you must purchase new season tickets. Please retain your printed tickets and bring them to the box office as a credit when purchasing your new tickets.

Request a refund. Please call the box office at 507-377-4371 and leave a message with your contact information. Box office volunteers may receive a high volume of calls, and will respond as soon as possible.

Additional information and updates will continue to be provided in the coming months through social media, email, and at actonbroadway.com.

Bolan church offers chili and rolls Sunday

Trinity United Methodist Church of Bolan will be hosting a "Homemade Chili & Cinnamon Roll Lunch" fundraiser this Sunday, April 18, from 11 a.m. to 1 p.m. (or until they run out).

Those interested may drive to the north end of Bolan to 4214 Tulip Lane and pick up meals to take home.

The menu includes homemade chili, fresh baked cinnamon rolls, saltine crackers, cut carrots and celery for a minimum donation of $5 to support the general fund of the church.

Meals may be guaranteed by reservation through Linda Nydegger, 641-748-2385 or joelin@wctatel.net.

Meals will also be available to pick up at noon at the Northwood courthouse by contacting Pam Anderson at 641-324-1102.

In-person services are once again being held at Trinity with Pastor Cory Allard, on Sundays at 9:10 am. Masks are mandatory. Everyone is welcome to attend.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Outdoor Worship, 9 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/ Elk Creek Lutheran
Wednesday, Confirmation at Elk Creek, 5:45 p.m; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - Elk Creek, 9:45 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, Worship Elk Creek, 10:30 a.m.; Monday, Bethany Council Meeting, 7 p.m., MANNA Open, 10 a.m. - Noon.
Pastor Tom Martin

Trinity United Methodist, Bolan
Saturday, Prepare Chili, 10 a.m.; Sunday, Worship Service, 9:10 a.m., Drive In - Take out lunch, 11 a.m. - 1 p.m.
Pastor Cory Allard

Northwood United Methodist Church
Swallow Coffeehouse, 10 a.m. - Noon; Thursday, Worth Brewing, 7 p.m.; Sunday Worship Service, 10:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 11 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556, Sunday School, 9 a.m.; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills, Sunday School, 9:15 a.m.; 9:30 a.m., Lunder, 14982 735th Ave., Albert Lea, Sunday School, 8:30 a.m.; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, Bell Practice, 6 p.m., Senior Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Pryer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with Holy Communion, 9 a.m., Sunday School, 10 a.m., JH Youth, 6:30 p.m., also available to watch live on the Facebook page; Monday, Staff Meeting, 11 a.m.; Tuesday, Mutual Ministry, 7:30 p.m., AA-Al-Anon, 7:30 p.m.

Check with your local church about online services, updates and changes.

WORTH COUNTY VETERANS AFFAIRS
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Please call to confirm that your Veterans Service Officer is available. An effort will be made to accommodate your schedule.

Please bring any worn or unserviceable flags to the Veterans Affairs office. There will be a Dignified Disposal Ceremony later this year. June 14th, Flag Day, would be the preferred day.
Watch this space for an update.

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324-1244
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Friday: Half of a Turkey Sandwich, Cup of Veg. Soup, Cake Cookie Bar, Mixed Fruit
Monday: Ham & Bean Soup, Corn Bread, Coleslaw, Banana
Tuesday: Sloppy Joe, Whole Wheat Bun, Potato Salad, 3 Bean Hot Dish Cherry Bar
Wednesday: Hearty Chicken Stew, Baking Powder Biscuit, Green Beans, Mandarin Oranges, Chocolate Pudding

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Time is a Spring!



Every day is a new day! Each day is literally a new creation, the unfolding of something divine. The sun rises and sets with only slight variations every day, just as the seasons return at their appointed time each year. Time literally pulses or oscillates, like a perpetual spring. Even the longer periods of time appear to have this characteristic oscillation. The universe is expanding, and will eventually reach the point of maximum expansion and start contracting, only to contract back to the point of a giant cosmic implosion, which will set the universe expanding again. But, time is also like a spring from which life-giving water flows. That is, time is a never-ending source of being. It continually flows and all beings arise within the fabric of time. Only the ultimate Being, God, is outside of time. As finite, temporal beings we cannot wrap our minds around the nature of time, and we might feel a bit like Einstein when he remarked that "the only reason for time is so that everything doesn't happen at once." Presumably for God all things are experienced simultaneously, but we can only imagine what that might be like. Time is truly a spring, a never-ending source of wonder. – Christopher Simon

"Whatever is has already been, and what will be has been before; and God will call the past to account." – Ecclesiastes 3:15

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Gathering a hungry crowd of people around the groaning board has not been an activity of recent times. While family-style entertaining, be it with friends or relatives, is an easier style it has fallen out of favor. "The Big Platter Cookbook: Cooking and Entertaining Family-Style" by Lou Jane Temple and A. Cort Sinnes (2004, Stewart, Tabori and Chang, NYC) has recipes that will be there waiting when we can all throw open the dining room doors and get back to normal. The following recipes are adapted from the chapter titled "Big Platter Desserts." No matter what the other dishes are, everyone looks forward to something sweet with coffee or tea at the end of a meal. Or with milk if you of that mind.

The Mother of All Chocolate Chip Cookies

6 cups all-purpose flour
2 large eggs
3 teaspoons kosher salt
5 tablespoons milk, not skim
1 teaspoon baking soda
2 tablespoons real vanilla
1 cup white sugar
1 cup dark brown sugar
5 sticks real butter, at room temperature
1 cup chocolate chips
2 cups chopped pecans
1 cup white chocolate chips

Preheat the oven to 350 degrees F. In a large bowl, mix the flour, salt and baking soda and set aside. In another bowl, using an electric mixer, cream the butter with both sugars until smooth. Add the eggs, milk and vanilla and blend well. Add the dry ingredients to the wet ingredients and mix well. Fold in all the chocolate chips and the pecans. Press all the dough into an even layer onto an ungreased rimmed baking sheet, 12-16-inches. Bake the cookie, checking for doneness after 25 minutes. It should be golden brown on top. Depending upon how crispy you like your chocolate chip cookies and whether or not you want crunchy corners or edges, the baking may double. Keep checking! Remove from the oven and let it cool on the pan before cutting into squares.

Cherry Clafouti

1 1/4 cups milk, not skim
2 teaspoons real vanilla
2/3 cup sugar
1/2 cup all-purpose flour
3 large eggs
Pinch of kosher salt
3 cups pitted sweet cherries

Preheat the oven to 350 degrees F. Put the milk, sugar, eggs, vanilla, salt and flour into a food processor or blender and mix until smooth. Liberally butter the bottom of a large pie plate or a 10-inch cast iron skillet. Spread the cherries evenly over the bottom of the dish and pour the batter over the fruit. Bake until the top is browned and a knife inserted into the middle of the clafouti comes out clean, 45-50 minutes. Serve warm with real whipped cream (no whipped "topping", please) or rich vanilla ice cream.

Flourless Chocolate Torte

12 oz. bitter sweet baking chocolate
6 sticks real butter
12 eggs, separated
1 1/4 cups sugar
A bit more butter and sugar to prepare the baking pan

Preheat the oven to 325 degrees F. Melt the chocolate and butter in the top of a double boiler or a stainless steel mixing bowl placed over a pan of boiling water (don't let the water touch the bottom of the bowl). Remove from the heat when completely melted and whisk to combine. In a separate bowl, whish the egg yolks and sugar until smooth. In yet another bowl, whip the egg whites until they hold soft peaks, about 12 minutes. Blend the egg yolk and sugar mixture into the chocolate and butter mixture, mixing well but gently. Carefully fold the beaten egg whites into this batter. Butter the bottom of a 9-inch springform pan. Dust it lightly with sugar. Pour the batter into the pan and bake for 40-45 minutes or until the cake is cracked on top. Delicious served with a dollop of real whipped cream.

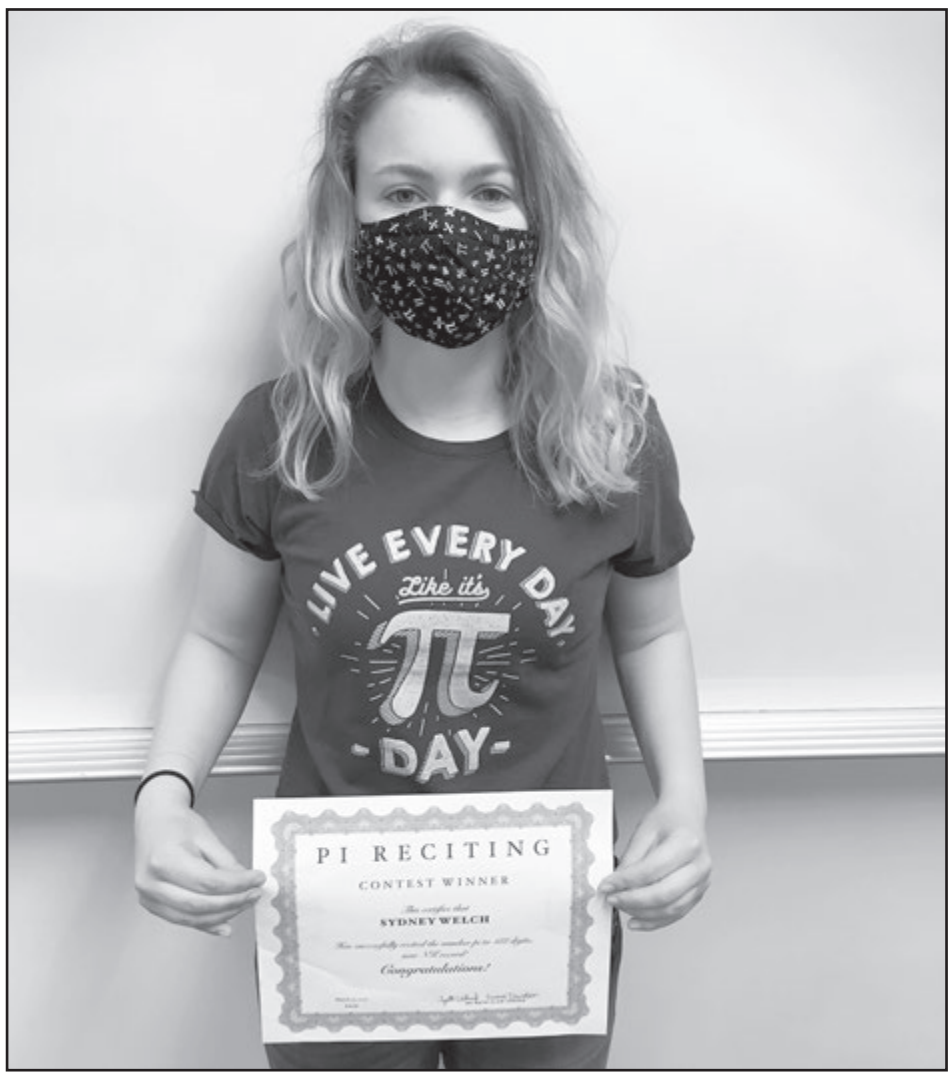
Viola's Fruitcake
(not the dry awful stuff that fruitcake once was)

1 1/2 cups whole Brazil nuts
3/4 cup all-purpose flour
1 1/2 cups walnut halves
3/4 cup sugar
8 oz. whole pitted dates
1/2 teaspoon baking powder
1 cup dried pineapple
1/2 teaspoon kosher salt
1/2 cup red maraschino cherries, drained
3 eggs, beaten until fluffy
1/2 cup green maraschino cherries, drained
1 teaspoon real vanilla
1/2 cup raisins
Brandy

Preheat the oven to 300 degrees F. Grease or spray two loaf pans and line them with parchment paper so that it comes up the sides and goes over the top of the pans. This will help you get the cake out after baking. Combine the fruits and nuts in a large mixing bowl. Add the dry ingredients and toss until the fruits and nuts are coated. Stir in the eggs and vanilla. Divide the mixture between the two pans. This is better than making one thick cake as it's easier to slice later. Bake for 1 hour, then fold the parchment paper down over the top of the cake so the nuts don't burn. Continue baking for another 1 1/2 hours or until they test done with a toothpick inserted into the center of each loaf. When you remove the cakes from the oven, splash them with some brandy, a few tablespoons per cake. Let them cool in the pans to absorb the brandy. After they have cooled, pull them out of the pans by the parchment paper and peel it off. Cover them with plastic wrap until you are ready to slice and serve them. You can easily keep them refrigerated for a week or so before serving and this will develop the flavor.

Big batch cooking is what I grew up on in a restaurant and is what I still enjoy so I'll have leftovers. And... that's all she wrote.

Northwood Anchor Society



N-K pi recital record setter Sydney Welch is pictured in her pi T-shirt and math symbols mask holding her certificate for winning this year's contest.

For Welch, breaking records is as easy as pi

Each year, as Northwood-Kensett students prepare to celebrate Pi Day, one of the activities is to recite as many digits of the number as possible, with awards up for grabs. This year, for the third time in a row, the school record was broken by the same student.

Pi is the ratio of the circumference of a circle to its diameter. It's first three digits are 3.14, and so it is celebrated on March 14, or the closest school day at N-K, each year.

The celebration, for the past four years, has included a new school reciting record set by Sydney Welch.

In her freshmen year, Welch, the daughter of Ryan and Heather Welch, broke the record of 101 digits, which was set by Mary Irons. That year, Welch recited 134 digits.

Then in her sophomore year, Welch broke the record again, reciting 151 digits.

In her junior year, the record stood, but only because Pi Day events were called off due to COVID-19.

With Pi Day back on in 2021, Welch rose to the challenge and once again broke the school record with 188 digits recited, 87 more than the record that stood before she began her streak.

So how does she memorize nearly 200 digits?

Welch explained, "When I am memorizing it, I just go in small sections. I don't have a specific amount of numbers I do at once either. There isn't really a rhyme or rhythm, it is just whatever feels right to me usually. I have a pi app that I practiced with, which helped a lot. I took pi quizzes all of the time on the computer as well. Sometimes I would go through pi and my parents would mark off each number and make sure I didn't mess up while I was reciting it."

Let Us Talk



Doug Moehle
Northwood Mayor

One of the most difficult things I have tried to do as your mayor has been to convince our residents that the appearance of our town is very important to everyone. Our city crew works hard to keep the parks, the cemetery and all the other public spaces clean and looking great. It is up to every one of our residents to keep their yards and other private properties looking great. I know that I am not the only mayor of Northwood or any other small town that has tried to improve the community's appearance, it is just very difficult to accept the fact that I can't convince people to do the right thing.

Northwood Clean up Days are scheduled to start on April 28 continuing through May 1. This is an opportunity for all Northwood residents to help make our town a more pleasant place to live. Please take advantage of this great opportunity to spruce up not only the inside of your house, but the outside as well.

We still need to adapt to the new rules, consider wearing a mask and getting vaccinated. Continue taking care of yourself, your family and your neighbors.

A huge THANK YOU to all of those people who are putting themselves at risk every day to help keep us safe and healthy.

Northwood is a great place to live and work. Together we can all make it even better.

Doug Moehle
Mayor Northwood, IA

NORTHWOOD ANCHOR
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NOTICE

Sunset Rest Cemetery reminds everyone that artificial flowers, figurines, night lights and decor are only permitted 10 days preceding Memorial Day and must be removed 10 days after.
Cemetery personnel will be instructed to remove all items by June 10, 2021.
The goal is to keep the cemetery properly mowed, trimmed and maintained.
This reminder gives families the chance to avoid personal items getting damaged or lost.

Thank You,
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Anchor Sports



DREW WILDER

Stat of the Week: *While other golfers obviously took most of last spring and summer off, either because of the pandemic or other reasons, it's also obvious that N-K's Drew Wilder was not one of them. Wilder took to the links last Tuesday afternoon in Elma and looked like he never missed a match in 2020, shooting a 41, four strokes ahead of his nearest competitor, taking home medalist honors the first time out in 2021.*



CARLY HENGESTEG

Stat of the Week: *After sitting out COVID-19's 2020 track season Northwood-Kensett's Carly Hengesteg is picking right up where she left off before the pandemic sidelined spring sports. Not having too much rust to shake off Hengesteg scored 30 of the team's 129 points in last Monday's Bob Sanger Relays in Britt, placing first in the 200, 400 and the long jump. The talented junior also ran the anchor leg for the third place 4x400-meter relay team, securing another six points for her team, making her responsible for a total of 36 points.*



N-K's Demaris Peterson hands off to Madalynn Hanson last Monday afternoon at West Hancock's Bob Sanger Coed Relays. The sprint medley team of Sydney Welch, Kayla Senne, Peterson and Hanson took home a fifth place medal with a time of 2:16.63.



Lady Viking Madelyn Berge competes in the long jump competition in last Friday night's Lady Bulldog Classic at Hampton-Dumont. Berge had a jump of 11-05 and placed 19th at H-D.

Determined Lady Vikings finish second at Bob Sanger Relays

By Mike Simmons
Sports Editor

After a poor showing the first week of the season at Saint Ansgar the Northwood-Kensett girls track team looked more determined than ever when it stepped on the track on a windy but warm afternoon last Monday in Britt.

Facing solid teams from West Hancock, Lake Mills, Newman Catholic and Garner-Hayfield-Ventura the Lady Vikings scored 129 team points and finished second at West Hancock's annual Bob Sanger Coed Relays, placing first or second in nine events while scoring points in 21 total events.

Any conversation about N-K girls track this season would have to start with its mild-mannered star, Carly Hengesteg, who single-handedly posted 30 individual points for her team, winning the 200-meter dash (28.89), the 400-meter dash (1:03.80) and the long jump (14-10).

The Lady Vikings other first place medal went to their shuttle hurdle relay team of Bella Efflandt, Morgan Wallin, Kayla Senne and Lindsey Moore with a time of 1:18.39.

Others picking up points for N-K were Demaris Peterson in the 400-meter dash (3rd), Mallory Rheingans in the 800-meter run (2nd), Lexi Hanson-Brandsoy in the 800-meter run, Lindsey Moore in the 100-meter hurdles (2nd), Bella Efflandt in the 100 (5th) and the 400-meter hurdles (2nd), Lindsey Moore in the 400-meter hurdles (3rd), Jesslyn Sims and Teagan Johnson in the discus (2nd and 5th), Madelyn Berge in the long jump (5th) and Teagan Johnson in the shot put (6th).

N-K's relay teams made strong showing in Brit as well with the 4x1 placing third, the 4x2 fifth, the 4x4 third, the 4x8 second, the sprint medley fifth and the distance medley second.

Facing stiffer competition last Friday night at Hampton-Dumont's Lady Bulldog Classic N-K didn't fare as well on the scoreboard, placing 11th with just 30 overall team points.

Taking home medals at H-D were Demaris Peterson in the 400-meter dash (2nd), Lindsey Moore in the 100-meter hurdles (5th), Megan Ocel in the 3,000-meter run (4th) and Lindsey Moore in the 400-meter hurdles (4th).

Relays scoring points for the Lady Vikings include the 4x100 (8th), 4x400 (6th) and the shuttle hurdle (5th).

With three track meets under their belts the Lady Vikings will double that number with this week's schedule having meets on Tuesday at Nashua-Plainfield, Thursday at North Iowa and Friday they'll host their first meet since the 2019 season in Northwood.

Team Scores at Bob Sanger Relays – West Hancock 156, Northwood-Kensett 129, Lake Mills 106, Newman Catholic 99, Garner-Hayfield/Ventura 74

Team Scores at Lady Bulldog Classic – Osage 123, Humbolt 118, Nashua-Plainfield 104, Charles City 79, Central Springs 60, Clarion-Goldfield 51, North Butler 45, West Fork 44, Lake Mills 37, Belmond-Klemme 30.50, Northwood-Kensett 30, Hampton-Dumont 9.50, Rockford 2

Wilder earns medalist with a 41 at Elma, leads Vikings to 26 stroke victory

By Mike Simmons
Sports Editor

Northwood-Kensett's Drew Wilder shot a best round of 41 last Tuesday afternoon in Elma to lead his team to a dominating 26-stroke win over second-place Rockford, giving the Vikings their first win of the season.

All of N-K's golfers landed in the top 10 at Elma, including Nic Hanson (48), Carter Severson (49), Kael Julseth (50), Cade Hengesteg (50) and Jason Hanson (54).

On the girls course the Lady Vikings were led by Emma Davidson's 53, placing them second on the day behind Saint Ansgar, who shot a winning score of 209 to N-K's 257.

Haddie Hanson shot a 65, Peyton Wilder shot a 67 and Hayley Wallin posted a score of 72.

N-K's boys and girls golf teams finished up the week last Thursday hosting North Butler and Central Springs for the first triangular held at the Northwood Country Club since 2019.

In the boys match the Vikings' Kael Julseth tied for medalist honors with the Bearcats' Mitchell Staudt, both shooting a seven over par 43. Other Viking scores were Nic Hanson, 49, Carter Severson, 51, Bryce Paulson, 52, Mason Thofson, 54 and Cade Hengesteg, 56.

For the Lady Vikings' Emma Davidson, despite the wind and rain throughout the day, shot a 48 to earn her fist medalist honors of the young season, leading her team to a third place 255, behind North Butler and Central Springs.

The N-K golfers will be busy this week with matches on Monday at Ridge Stone GC in Sheffield and Tuesday and Thursday at the Northwood Country Club.

Boys Team Scores at Elma – Northwood-Kensett 188, Rockford 204, Saint Ansgar 214, Riceville 260

Girls team Scores at Elma – Saint Ansgar 209, Northwood-Kensett 257, Rockford 286, Riceville 0

Boys Team Scores at Northwood – North Butler 193, Northwood-Kensett 195, Central Springs 210

Girls Team Scores at Northwood – North Butler 229, Central Springs 231, Northwood-Kensett 255



Lady Viking Emma Davidson tees up her first shot last Thursday in Northwood. Davidson took home medalist honors on her home course, shooting a 48 in some horrible conditions.

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Viking LaMonte Sims records a jump of 15-01 in the long jump competition in last Monday afternoon's Bob Sanger Coed Relays at West Hancock. Sims and the N-K boys finished in third place with 103 team points.



Running in the first heat of the 100-meter dash is N-K's Isaiah Anderson. Anderson placed ninth with a time of 13.06 at the Cowboy Relays last Friday night in Clarion.

Varner, relay teams power Vikings to third place finish at West Hancock

By Mike Simmons
Sports Editor

After a not so great Northwood-Kensett boys track team showing the first week of the season, the Vikings bounced back with a solid performance at last Monday afternoon's annual Bob Sanger Coed Relays at West Hancock, scoring 103 team points and finishing the day in third place.

Brandon Varner and Josiah Kliment picked up the Vikings' only individual first place medals, with Varner placing first in the 110 (17.19) and 400-meter hurdles (1:02.17) while Kliment took home a first place medal in the 400-meter dash with a time of 54.58.

But what this talented team lacked in individual scoring it absolutely made up for in the relays, finishing third or better in six relays, including the 4x100 (3rd), the 4x400 (2nd), the 4x800 (2nd), the shuttle hurdle (2nd), the distance medley (2nd) and the sprint medley team of Lamonte Sims, TJ Whitelow, Treycen Rollene and Josiah Kliment took home first place medals with a time of 1:45.91.

Other Viking athletes scoring critical points for their team include Dalton Logeman in the 400-meter run (5th), Dalton Logeman in the 800-meter run (3rd), Treycen Rollene in the 1,600 (3rd), Nathan Hanneman in the 3,200 (3rd) and Dante Sims, who was the only Viking to place in a field event, finishing fourth in the discus with a throw of 96-03.

The Vikings finished up the week with an appearance at the annual Cowboy Relays in Clarion on a cold and blustery day last Friday afternoon, placing sixth out six teams with 51 team points.

And while the Vikings crowned no champions in any event they did nonetheless have some critical performances, including Josiah Kliment's third place finish in the 200-meter run followed by his second place finish in the 400-meter run, Brendan Varner's fifth place finish in the 110-meter hurdles and his third place medal in the 400-meter hurdles, Treycen Rollene's third place finish in the 1.600 and Nathan Hanneman's fourth place showing in the 3,200.

The Vikings did pick up some points in the relays, placing in six of the events, but their best finish was by their 4x800 team of Hayden Moore, Dalton Logeman, Lamonte Sims and Treycen Rollene, who took home third place medals with a time of 9:25.70.

Other relays that scored points were the 4x100 (5th), the 4x200 (6th), the 4x400 (5th), the sprint medley (4th) and the distance medley (4th).

The Vikings will be in action twice this week, Tuesday at Nashua-Plainfield and Thursday at Lake Mills.

Team Scores at Bob Sanger Coed Relays – Lake Mills 130, West Hancock 120, Northwood-Kensett 103, Bishop-Garrigan 85, Garner-Hayfield/Ventura 70, Newman Catholic 64

Team Scores at Cowboy Relays – St. Edmond 132, West Fork 127, West Hancock 110.50, Belmond-Klemme 109, Bishop-Garrigan 56, Northwood-Kensett 51

The new dietary guidelines: feeding infants and toddlers

For 40 years the Dietary Guidelines for Americans have provided science-based guidance on what to eat and drink to promote health, reduce risk of chronic disease and meet nutrient needs. However, for the first time the guidelines now include recommendations by life stage, from birth through older adulthood, note nutrition and wellness specialists with Iowa State University Extension and Outreach.

Each stage of life is distinct and has unique nutrition needs, which affect health and disease risk, noted Ann Parker. The time from birth until a child's second birthday is a critically important period for proper growth and development.

"Ultimately, these early experiences with food influence food and beverage choices later in life," Parker said.

Introducing foods to complement breast- or bottle-feeding is particularly critical, Parker continued. Solid foods, or complementary feeding, should be introduced when the infant is developmentally ready. This typically occurs between four and six months of age, not before four or after six months of age. Complementary feeding sets the stage for establishing a healthy dietary pattern and transitioning to a healthy family diet by age two.

What many people don't know is the risk for developing food allergies is also influenced by the introduction of complementary foods, said Sara Sprouse. Potentially allergenic foods, such as peanuts, eggs and tree nuts, should be introduced at the same time as other complementary foods – between four and six months.

"There is no evidence that delaying introduction of allergenic foods, beyond when other complementary foods are introduced, helps prevent a food allergy," Sprouse said.

Child care providers may not be aware of new recommendations for introducing complementary foods in infants, Parker and Sprouse noted. ISU Extension and Outreach provides continuing education opportunities for child care providers and this spring, two training opportunities focus on food allergies and food jags.

Just a Bite: Managing Food Allergies in Child Care will be offered twice, March 30 and April 1 at 6:30 p.m. This session will focus on common food allergens for children and signs and symptoms of an allergic reaction. Nutrition and wellness specialists Sara Sprouse and Cathy Drost will share strategies and practical skills to provide an allergen-safe and healthy care environment for children. For more information or to register, contact Sprouse at sprouse@iastate.edu or 319-293-3039 or Drost at cdrost@iastate.edu or 641-673-5841.

I Only Want a Peanut Butter Sandwich will be offered twice, April 19 and April 21 at 6:30 p.m. Nutrition and wellness specialists Ann Parker and Vera Stokes will discuss eating habits that are normal for young children, strategies that promote healthy eating habits and how to foster pleasant mealtime experiences. Participants will learn strategies and practical skills to provide a healthy care environment for picky eaters. For more information or to register, contact Parker at aeparker@iastate.edu or 515-204-3397 or Stokes at vstokes@iastate.edu or 563-210-0587.

The cost is $5 per session and all child care providers in the home daycare, community daycare and preschool settings are welcome to attend. All trainings are approved by the Iowa Department of Human Services and Child and Adult Care Food Program for Childcare Professional Development credit (2 hours). Enrollment must be completed in I-Power at ccmis.dhs.state.ia.us/TrainingRegistry/TrainingRegistry/Public with the fee submitted online.



Back in the fields

With the recent warm up, many farmers have jumped at the chance to begin their fieldwork for the season, as can be seen above. A chilly but dry forecast should allow more to get in the field in the near future.

Funding available for Iowa conservation innovation grants

Up to $350,000 in Federal grant funding is available in Iowa for the development of innovative conservation approaches and technologies through the USDA-administered Conservation Innovation Grants (CIG) program. Grant proposals are due by May 7, 2021.

Applications must be submitted electronically through grants.gov. For those new to the grants.gov system, there are several preliminary steps required before an application can be submitted. To register in the grants.gov system, go to www.grants.gov, click on "Applicants", then click on "Get Registered." All non-Federal entities and individuals are invited to apply. The CIG requires applicants to supply a 50-50 match.

Funded through USDA's Natural Resources Conservation Service (NRCS), CIG helps stimulate the development and adoption of innovative conservation approaches and technologies in conjunction with agricultural production. CIG projects are expected to lead to the transfer of conservation technologies, management systems, and innovative approaches (such as market-based systems) to agricultural producers, into government technical manuals and guides, or to the private sector.

CIG generally funds pilot projects, field demonstrations, and on-farm conservation research. This year's state priorities are soil health, water quality and quantity and wildlife habitat

Visit www.nrcs.usda.gov/wps/portal/nrcs/ia/programs/financial/cig/ for more information.

While USDA offices are currently closed to visitors because of the pandemic, Service Center staff continue to work with agricultural producers via phone, email and other digital tools. To conduct business, please contact a local USDA Service Center. Additionally, more information related to USDA's response and relief for producers can be found at farmers.gov/coronavirus.

Extension prepares for post-COVID activities

This week, April 12-17, is Iowa State University Extension and Outreach Week. It gives offices throughout the state a chance to share their successes of the past year as they announce their efforts to continue the valuable work they do in their community.

A look at the past year highlights the resiliency of Extension staff and the resources they provide to the community.

With fair time weeks away, those at the Worth County Extension office look back to the past year and what they have learned since they worked to provide fair experiences in a pandemic without the normal Worth County Fair.

Last year at this time, Extension staff were working with the Worth County Fair board to adapt to the COVID-19 landscape.

As the earliest county fair each year, they had to chart their own course in deciding if or how any fair activities could go on.

Out of an abundance of concern for the community, the fair itself was canceled.

However, Extension and fair leaders were able to work with valuable community supporters and the youth that benefit most from the fair still had a chance to present exhibits and share what they had learned.

For the artistic and creative projects that would have been on display in the 4-H Exhibit building, that meant sharing their efforts virtually.

Livestock shows that normally would have taken place over the week were held over the summer, as each type of show found ways to adapt.

Some, like the dairy, sheep and goat shows, were held on farms, while leaving masks and social distancing kept presenters safe.

With a rabbit disease creating concerns, contingencies were in place before COVID became a reality and judges visited the rabbit presenters at their homes.

Other shows offered virtual options.

The last events of the year brought the horses to the fairgrounds in August.

As Extenstion Education Specialist Dennis Johnson said, "We worked with the fair board to find any way we could to offer opportunities to make sure our youth still had a chance to experience the events in some way. We were fortunate that we had so many leaders in the community that wanted to provide these opportunities. It wasn't the fair anyone expected, but everyone made it work."

And while Johnson was proud of what the community was able to come together to provide, he's glad to be planning a return to normal for 2021.

Johnson said that Extension staff and the fair board have been looking ahead to June and decided that, to create as little confusion as possible, this year's fair will look as close as possible to what took place in 2019.

"We want to make sure this looks just like a fair any other year," said Johnson.

For the 4-H'ers, the only differences may come before the fair. Some of the 4-H exhibits may be brought to the fairgrounds to be judged before the fair begins this year.

Some schedules may be adjusted slightly, depending on how many livestock presenters will be ready. But all the events will be there.

The grandstand will also be open, with favorite events like the rodeo, tractor pull and demolition derby returning. New this year will be figure 8 races.

And while the weeks before the fair are always busy for the Extension service, they have also been working on programs that are the focus of the statewide extension service as more and more people become proteceted from COVID-19.

ISU Extension is looking at six focuses, including 4-H and youth programs; financial insecurity; mental health; economic development; food insecurity; and child care services.

In February, local Extension staff worked to help develop a statewide mental health program with experts sharing information and connections to resources.

Johnson also worked with Northwood-Kensett schools in March, providing a program for teachers dealing with the loss of two students to suicide.

Workshops are being planned that will help provide information and resources for those with financial concerns.

Members of the State 4-H Council helped address food insecurity earlier this year. Worth County's council members helped collect 1,300 items that were donated to Manna of Worth County.

Of course, Worth County remains a leader in the state when it comes to 4-H and youth programs. Local 4-H'ers once again took home awards and were selected to be on state and national councils and conferences following the recent state awards program.

That follows a year when 4-H looked drastically different as well.

Regular countywide 4-H meetings have been held virtually. Other larger clubs have turned to a combination of virtual and in person options.

The year ahead looks to be a return to normal, as safely as possible.

Johnson is already planning to outnumber all other counties in the state when 4-H'ers can take part in joint events.

And reservations and plans are being made for the next trip to Washington, D.C., in March 2022.

During this Extension and Outreach Week, members of the local office and statewide have continued to offer programs to support the youth and adults of the community, adapting to unusual times and offering recovery resources as things begin to return to normal.









Pictured on this page are scenes from the 2020 livestock shows, which were adapted for COVID-19 concerns and safety measures.



Iowa legislators Jane Bloomingdale and Waylon Brown are pictured with Dennis Johnson. They discussed plans for this year's fair during a recent legislative forum.

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Last year's exhibits were not able to be shared at the fair, but were shared from 4-H'ers homes. Pictured is Lindsey Davidson with her citizenship project.



Brayden Eden shared his bread baking project.



Lloyd Heggestad is seen with laying hen entry.



Breck Lutz is pictured with the corn that was his garden entry.



Marli Backhaus is pictured with her clothing entry.



Cecelia Hill is seen with her visual arts project.



Bryce Barker is seen with his clothing project.

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Northwood Anchor Early Files

100 years ago

April 13, 1921

Senator J.M. Slosson, whose selection by the girl committee clerks at the state house as "The handsomest man in the senate," announced in yesterday's Register, received an additional honor yesterday when a beautiful bunch of violets was presented to him by the clerks. Hon. Slosson of Northwood represents Winnebago-Worth-Mitchell counties as state senator.

A wedding took place in the Silver Lake church when Mr. and Mrs. John Sime gave their daughter, Mabel Amanda, in marriage to Mr. Thomas A. Johnson, son of Mr. and Mrs. Henry Johnson. People from far and near came to the church to witness of the beautiful ceremony.

In the last issue of Candy and Soda Profits, a publication devoted to the interest of the confectionery and soda foundation business, the following complimentary article appeared: "The Rex Soda Grill of Northwood, Iowa, according to candy salesmen calling on the trade in that section, is one of the prettiest small confectionary stores in the country." Mr. Claire Brager is proprietor and owner.

From the St. Ansgar Enterprise: "Easy Money," the home talent play, given at the opera house by the Northwood Post of the American Legion under the auspices of the local post, was a good a home talent production.

The vacancy in the Northwood Methodist Episcopal pastorate caused by the resignation last February of Rev. W.A. Hanscom has been filled by the recent appointment by the district superintendent of Rev. Thos. P. Shaffer, of Parkersburg.

75 years ago

April 11, 1946

With 14 first division ratings and five ratings in division two received at the preliminary state music contest held at Britt, Northwood High ßchool came through with flying colors in that event, and winners will go to the state contest at Independence on April 26 and 27.

A fire of unknown origin practically destroyed the house on the Mrs. E.W. Schilling farm in Barton Township. Mr. and Mrs. John Kruse and daughter Elaine, who live on the place, lost much of their clothing and some household goods, on which they had no insurance. The farm is seven miles east and one-half mile south of Northwood.

Wilford Huso was elected president and Richard Johnson, secretary treasurer of the Northwood Golf Club at the annual meeting. Mrs. Paul Martin was elected vice president. The trustees are Mrs. J.O.E. Johnson, three-year term; F.D. Warner, two year term; and Emery Boyett, one year term.

A Worth County coroner's jury rendered a verdict of accidental death following a hearing in connection with the fatal accident early Sunday morning on Highway 65 just south of Manly, when Lester Hilgardner, 47, of Mason City was struck by a car driven by Floyd W. Arbuckle, also of Mason City.

After more than 50 years of service to the farmers of the Tenold vicinity, there is a probability that the Tenold creamery may close in the near future. Action looking to the rectors, but new interested have indicated a desire to take over the property and continue operation of the creamery.

50 years ago

April 15, 1971

A sharp jolt of lightning at 10 a.m. damaged two elm trees just east of the Worth County Courthouse in Northwood. The lightning ripped a three inch piece of bark from the very top to the ground, and en route jumped to the adjacent tree.

Mrs. Ken Logemann rides down Highway 65 in a lap of the Pony Express ride. Others participating were Roger Clagetts, Ellis Schaubs, Lowell Jaspers, Jerry Jaspers, Jerry Nashes, Loren Hoffmans, Wayne Diedrichs and Glennis Garnas. Collections for Camp Sunnyside were picked up along the way. Statewide collections exceeded those of 1970 by several thousand dollars.

Senior Lynn Gunderson, Northwood, looks as though he's playing leap frog on a spring day, but he is actually in the process of placing fourth in the triple jump for Wartburg College in the Knights' outdoor opener on April 3. Cold windy weather held distances down in the meet, but the Knights still managed an even 100 points. Coe finished second with 67 and Bethel third with 13. Gunderson's triple jump was 37 feet 11 1/2 inches.

Wilfrid Macheak, and Al Roemig, State Conservation officers for Mitchell and Floyd counties, are in charge of the restocking of Silver Lake. Over 16,000 fish were placed in the lake this week.

25 years ago

April 10, 1996

Winn-Worth Betco executive director Dave Brunsvold logged some computer time recently to catch up with his correspondence on the Top of Iowa Welcome Center.

Fayette County native Roger Erickson last assumed duties as district conservationist at the Worth County Natural Resources Conservation Service. Erickson, 28, replaces Dave Brummel, who transferred to a position as district conservationist in the Boone County NRCS office in Boone. An NRCS employee since 1992, Erickson spent the past year as district conservationist in the agency's Emmet County office in Estherville. Before that, he served as county conservationist in Clinton and Muscatine counties.

The Northwood "Our Buddies" VFW Post 6779 Auxiliary presented a new U.S. flag to the Lutheran Retirement Home. Pictured were Auxiliary member Eunice Bendickson, LRH resident LeRoy Hanson and auxiliary members Doris Hudson, Carol Kelly and Marlene Hulshizer.

Worth County Recorder Liz Barber showed off the new double whitetail buck mount that went on display in the courthouse office. The bucks locked antlers on the Bidne farm in northeastern Brookfield Township in the autumn of 1994 and could not separate themselves. Near death when discovered by a bowhunter, the bucks were put out of their misery by Dean Mueller of the Worth County Conservation Board, which owns the display.

10 years ago

April 13, 2011

The arrival of warmer weather has been warmly, pardon the pun, welcomed by many people and plants alike throughout the area. That includes a few early appearances from some flowers. Unfortunately some flowers did not weather the weekend's storm so well. More less- than- flora- friendly weather was expected for later this coming weekend, with more rain and potentially snow, in the forecast.

Big Box stores continue to cause the demise of local business, and we need not look further than the town of Carpenter for an example. Justin Athey, Tom Pierce and Tom DeBower, while in process of refurbishing the structure, are seen removing the Dockum Appliance store sign. With the completion of a new pitched roof, the building will be used for storage, for the time being.

As Easter approaches, preparations are underway for the celebration of the holiday in Northwood. That includes some assistance from the group of Lutheran Retirement Home residents. They spent some time last Wednesday afternoon filling eggs with candy. Those eggs will be hidden around Swensrud Park for the Easter egg hunt on Saturday, April 23.

Breanne Lombard and Jami Dahlby enjoyed the inflatables at the Worth County Asset Team Spring Youth Bash held in Grafton on Saturday, April 2. The kids who attended had a great time at this alcohol and drug free event.



Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I got a newspaper insert saying a big box store was having a 10% off everything in the store sale.

Did you take advantage of that discount?

No, I couldn't afford to buy everything in the store.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I spoke at and taught classes at a Barnes & Noble store in the Twin Cities long before I'd written a book. There were a few authors there doing book signings. They gave me my own table. Several people asked me to sign the books they had purchased. I wrote, "I didn't write this book. I wish I had," and signed the books.

I was in an auto repair place. A guy had gotten a tire fixed. It had picked up a screw that led to leaking air. As he paid his bill, he said, "I'm always running over things." The cashier grabbed his payment before saying, "Keep up the good work."

The mailbag

Bob Hargis of Riverton, Wyoming, wrote, "Sign in front of a store in Alice, Texas: 'We buy old crap. We sell antiques.'"

Helen Abramson of Duluth wrote this, "Wondering if you remember learning this when you were in grade school. April Fool, go to school. Tell your teacher the golden rule.

If she says, 'What do you mean?' Tell her she's a jelly bean."

A friend sent me a photo of a State Fair entry that had been a scarecrow carrying my name. It was a remarkable likeness. I think it garnered a top ribbon. A note was included with the photo. It read, "Did you ever look this good?"

You may be getting older if

You wanted to be an elevator operator when you grew up because you thought traveling would be fun.

You remember when the thin tread on a tire was a safety feature. You could feel it when you drove over a line on a road.

You've forgotten where you've parked your car while you're shopping online.

The Book Club

Larry McMurtry died recently. I enjoyed his books—"The Last Picture Show," "Terms of Endearment" and "Lonesome Dove." If you enjoyed "Lonesome Dove," you might like three other books he'd written about Gus and Call. "Dead Man's Walk" covers the heroes as young men. "Comanche Moon" contains the line "you can see to the rim of forever." "Streets of Laredo" is the final book of the tetralogy. The line I remember most from "Lonesome Dove" is "Death and worse happened on the plains." McMurtry owned a bookstore, "Booked Up," in Archer City, Texas, which once housed 400,000 books.

Nature notes

I listened to The Troggs sing, "Wild thing you make my heart sing. You make everything groovy, wild thing. Wild thing, I think I love you. But I wanna know for sure."

Inspired by that song, I moved to the light. I need windows now more than ever before. Thankfully, they require no passwords. There are wild things just outside a window that need seeing.

The window was a siren's song that drew me outdoors. A song sparrow sang a mnemonic medley: "Maids maids-maids-put-on-your tea-kettle-ettle-ettle. Hip, hip, hip hurrah boys, spring is here! Madge, Madge, Madge pick beetles off, the water's hot." I recognized my privilege and walked toward mysteries and discoveries. I was nearly trampled by a pair of chipmunks in what I suspect was an amorous pursuit. A golden-crowned kinglet moved through the trees like a leaf with feathers and I was lifted on its tiny wings.

The world has a melody. Birds provide a tireless concert. When cardinal males sing, they are claiming a territory. Older males typically claim previous territories while young males move around to find open ones. I heard the rhythmic drumming of a woodpecker, hoping to establish a territory and attract a mate.

The grass was a hopeful green as a chipmunk ran up a downspout and then cheeped. Eastern chipmunks mate once a year, in early spring, usually having one litter of up to seven young born in May or June. Some females may produce a second litter if their first litter is lost.

I saw a muskrat and felt the shiver of the river. I see river otters infrequently. The otters have fur four times as dense as a muskrat's and are able to stay underwater for eight minutes. Great blue herons nest in trees in colonies called rookeries. A nest has two to six eggs.

Meeting adjourned

"Through others, we become ourselves."—Lev Vygotsky. Be kind.

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Mercyone Neurology Care welcomes Christian Ostrander, PA



CHRISTIAN OSTRANDER

MercyOne is has welcomed Christian Ostrander, PA, as a neurology provider. Ostrander will join the team at MercyOne North Iowa Neurology Care.

Ostrander's clinical focus is on general neurology including the treatment of strokes, Parkinson's disease, tremors, sleep disorders, memory and more.

Growing up in Norwalk, Iowa, Ostrander remembers his grandfather having a life-changing stroke. Ostrander shared, "This experience led me to serve in the military as an Air Force medic." Ostrander also noted, "I truly enjoy hearing patient stories, getting to know them and helping them through the health challenges they face. I look forward to helping improve the lives of others."

MercyOne North Iowa Neurology Care is dedicated to providing a safe environment for patients and colleagues. MercyOne has implemented numerous precautions and safe practice guidelines and is adhering to all CDC guidelines including social distancing, mandatory masks for everyone over two years of age and using increased cleaning procedures.

In addition to in-person care, patients can also continue to receive the quality care they need in the comfort of their home with telehealth visits.

Christian Ostrander is currently accepting new patients, including through telehealth. Call 641-428-6999 to schedule an appointment.

Northwood Anchor Obituaries

John Johnson passes away on April 1

John D. Johnson, 96, of Albert Lea, formerly of Clark's Grove, passed away on April 1, 2021, at the Owatonna Hospital.

Graveside Service for John Johnson will be at 2 p.m. on Saturday, April 17, 2021, at South Shell Rock Cemetery in Northwood. Rev. Kent Otterman will officiate. Online condolences are welcome at www.bayviewfuneral.com.



On the moooo-ve

These cows were spotted on a stroll west of Grafton last week. They made the exit from their home enclosure and went exploring the neighborhood before returning home with some exercise for the evening.

HS students earning college credit hits record high

Gov. Kim Reynolds and the Iowa Department of Education recently announced that a record-high number of high school students earned dual high school and community college credit for courses in the 2019-20 school year, according to a new report issued Thursday.

Joint enrollment increased to 51,800 students from 50,587 in the 2018-19 school year, a 2.4 percent increase. That includes students awarded 216 associate degrees, 49 diplomas and 642 certificates while they simultaneously earned high school diplomas.

While average annual growth in dual enrollment courses over the last five years is 2 percent, just 10 of Iowa's 15 community colleges saw increased joint enrollment in 2019-20, the new Iowa Community Colleges Joint Enrollment Annual Report found. High school students participating in joint enrollment programs accounted for 40.8 percent of total community college enrollment. Nearly 45 percent of participating high school students were seniors and 34 percent were juniors.

Iowa high school students earn community college credit at no cost to their families because of supplemental weighting provided by the state's school funding formula and the contracts that school districts and nonpublic schools typically arrange with their local community college.

"In Iowa we have put a strong emphasis on dual enrollment because it helps students get a head start on college coursework while lowering the overall cost of higher education," said Gov. Reynolds. "There's more work to do, but we continue to see the benefits of the strong partnerships that exist between business, industry, and educators as they help students attain the necessary education for a successful career and exciting future."

"I am proud that Iowa makes joint enrollment available to all high schools across the state," said Education Director Ann Lebo. "We will continue to look at ways to ensure joint enrollment growth in future years as a means to jump-start student success in college and career training."

About 36 percent of the 51,800 high school students were enrolled in community college career and technical education courses in 2019-20, up slightly compared to the previous year, and 64 percent were enrolled in community college arts and sciences courses. Nearly 53 percent of students were female, and 16.4 percent reported being members of racial or ethnic minority groups.

The full report is available on the Iowa Department of Education's website.

Bolan

COME ONE, COME ALL ---- "Drive In – Take Out" container of homemade Chili and a cinnamon roll, plus carrots, celery and crackers. Perhaps a candy treat! Trinity United Methodist Church in Bolan will be offering this on Sunday, April 18, from 11 a.m. until 1 p.m. for a minimum donation of $5. If you would like reservations for your meal, please contact Linda Nydegger at 641-748-2385 or at 641-420-3048 or at joelin@wctatel.net. If you would like a delivery to Northwood, please contact Pam Anderson at 641-324-1102 and she will bring your meal to the courthouse at Noon. We feel the members of Trinity's Church Family will be making a great amount of chili on Saturday and plenty of rolls. We look forward to you driving over on Sunday!

Late Thursday afternoon Lori Willert and Linda Nydegger attended the first track meet of the season for NRHEG (New Richland, Hartland, Ellendale, Geneva) High School. There were multiple schools participating. Daniel Nydegger, who is a Senior this year, won the 1600 M Run in the time of 5:21 and won the 800 M in 2:23. Evelyn, who is a Sophomore, won the 400M Run in 71 seconds. They are the children of Larry and Michele Nydegger of rural Ellendale.

Providing special music at Bolan Trinity's worship service with a trumpet duet were Kelsie and Lori Willert playing the selection "All Creatures of Our God and King."

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO. ESPR009259

IN THE MATTER OF THE ESTATE OF MARLAS A. HARANG, DECEASED

NOTICE OF APPOINTMENT OF ADMINISTRATOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Marlas A. Harang, Deceased, who died on or about March 29, 2021:

You are hereby notified that on April 1, 2021, the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated April 2, 2021.

Christopher Rigel
P.O. Box 33
Lawler, IA 52154
Administrator
of the Estate

John H. Greve
736 Central Avenue
Northwood, IA 50459

Date of second publication 21st day of April, 2021.

15-2t

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO. ESPR009260

IN THE MATTER OF THE ESTATE OF LARRY L. WRIGHT, DECEASED

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Larry L. Wright, Deceased, who died on or about February 17, 2021:

You are hereby notified that on April 1, 2021, the last will and testament of Larry L. Wright, deceased, bearing date of April 21, 2016, was admitted to probate in the above named court and that Janet M. Wright was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated April 2, 2021.

Janet M. Wright
4671 Nettle Avenue
Northwood, IA 50459
Executor of the Estate

John H. Greve
736 Central Avenue
Northwood, IA 50459
Attorney for the Executor

Date of second publication 21st day of April, 2021.

15-2t

Notice

NOTICE OF HEARING ON WORTH COUNTY ORDINANCE TO PROHIBIT ALCOHOL AT KUENNEN'S QUARRY FROM FRIDAY BEFORE MEMORIAL DAY TO TUESDAY AFTER LABOR DAY

Worth County Board of Supervisors will hold a public hearing on April 19, 2021 in the boardroom of the courthouse at 9 A.M. for the first reading of this ordinance. The second and third reading will be April 26, 2021 and May 3, 2021 at 9:00 A.M.

ORDINANCE
#2021.04.19.01

BE IT ENACTED BY THE BOARD OF SUPERVISORS OF WORTH COUNTY, IOWA:

That it shall be a criminal offense for an individual to be in possession of alcohol on the property known as Kuennen's Quarry from the Friday before Memorial day to the Tuesday following Labor day. This includes the parking lots, access roads, playgrounds, beach and water. It does not include the interior of the rentable shelter house to individuals that have rented or guests of the same.

Penalties. A violation of this Ordinance is a simple misdemeanor, punishable by a fine of at least $65.00 but not exceeding $625.00, and/or by imprisonment in the county jail not exceeding thirty (30) days.

This ordinance shall become effective after its passage and publication by law.

Supervisors

April 5, 2021
Fourteenth Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Mark Smeby and Enos Loberg present.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Abstentions: none. Absent: None.

Motion by Smeby, second by Loberg, carried to approve the April 5, 2021 board agenda.

Motion by Smeby, second by Loberg, carried to approve the March 29, 2021 board minutes.

Motion by Loberg, second by Smeby, carried to engage Bolton & Menk, Inc. to investigate repairs/improvements in DD #2 and DD #14.

Motion by Smeby, second by Loberg, carried to acknowledge county receipt of manure management plan annual update for Facility #59612 located in Section 3, Union Township, Worth County.

Motion by Loberg, second by Smeby, carried to start the process to repeal Ordinance 2018.12.03 Renewable Energy Provisions.

Motion by Loberg, second by Smeby, carried to adjourn at 9:57 A.M. The next meeting of the Board of Supervisors will be Monday, April 12, 2021 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO. ESPR009258

IN THE MATTER OF THE ESTATE OF JACK D. VAN HORN, DECEASED

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Jack D. Van Horn Deceased, who died on or about March 15, 2021:

You are hereby notified that on March 31, 2021, the last will and testament of Jack D. Fan Horn, deceased, bearing date of January 28, 1988, was admitted to probate in the above named court and that Rebecca S. Van Horn was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated March 31, 2021.

Rebecca S. Van Horn
304 12th Street South
Northwood, IA 50459
Executor of the Estate

Douglas A. Krull
ICIS#: 000008531
Krull Law Office
714 Central Avenue
P.O. Box 200
Northwood, IA 50459
Attorney for the Executor

Date of second publication 21st day of April, 2021.

15-2t

Notice

NOTICE OF HEARING ON WORTH COUNTY ORDINANCE TO REPEAL ORDINANCE 2018.12.03 TITLED: RENEWABLE ENERGY PROVISIONS

Worth County Board of Supervisors will hold a public hearing on April 19, 2021 in the boardroom of the courthouse at 9:15 A.M. for the first reading of this ordinance. The second and third reading will be April 26, 2021 and May 3, 2021 at 9:15 A.M.

ORDINANCE
#2021.04.19.02

BE IT ENACTED BY THE BOARD OF SUPERVISORS OF WORTH COUNTY, IOWA:

That Worth County Ordinance 2018.12.03 Titled: Renewable Energy Provisions is hereby repealed in its entirety.

This ordinance shall become effective after its passage and publication by law.

Notice

PUBLIC HEARING NOTICE

IT IS HEREBY RESOLVED that the Worth County Board of Supervisors proposes to sell and convey the interests of Worth County in the following described real estate, to-wit:

Lots One (1), through Lot Twelve (12) of the Top of Iowa Second Addition, Worth County, Iowa, for the following prices:

Lot 1: $169,000.00
Lot 2: $215,000.00
Lot 3: $420,000.00
Lot 4: $340.000.00
Lot 5: $400,000.00
Lot 6: $525,000.00
Lot 7: $140,000.00
Lot 8: $110,000.00
Lot 9: $115,000.00
Lot 10: $120,000.00
Lot 11: $65,000.00
Lot 12: $1.00 to Diamond Jo Worth. LLC

IT IS FURTHER RESOLVED that a public hearing on the foregoing proposal shall be held at 9:30 a.m. on April 19, 2021, in the supervisors chambers of the Worth County Courthouse, Northwood, Iowa, and that notice of hearing shall be published as required by law.

ADOPTED this 12th day of April, 2021

Aaron Stone, Chairperson
Worth County Board of Supervisors
ATTEST:
Jacki Backhaus,
Worth County Auditor

City of Kensett

The Kensett City Council meet in regular session 3/8/21 at 7:00 P.M. at City Hall with Mayor C. Pulju presiding. Council Members present were Woltzen, Pilkington, Heiken, Parker & Douglas.

Absent: none.

Visitors: Mike Peterson and R. Bauer – city maintenance.

Mayor called meeting to order.

Motion to approve agenda by Douglas, 2nd by Woltzen, carried unanimously.

Motion to approve minutes by Parker, 2nd by Douglas, carried unanimously.

Maintenance discussed Cahoy estimate for wells and general maintenance.

Clerk discussed break-in, IMFOA conference and correspondence.

Mayor discussed condemnation of property in town.

Old Business: Mayor discussed new one call procedures.

Ordinance updates discussed with one change needed

New Business: Motion by Woltzen, 2nd by Douglas to set public hearing for 2021-22 Budget for March 22nd, 7:00 P.M. at city hall, carried unanimously.

Motion by Parker, 2nd by Pilkington to approve Peg Legs liquor license, carried unanimously.

City Maintenance will flush hydrants beginning this spring, it will not be contracted out.

Hazardous Waste Day is set for June 7th. Hours will be 3:30 p.m. to 5:30 p.m. at Centennial Park.

Motion to approve Resolution #616 – Transfer of Funds by Heiken, 2nd by Douglas, Roll Call Vote taken, all ayes, carried unanimously.

Treasurer's Report: January 2021 Revenues by Fund: General 5,353.76, Utilities 6,211.08, Special 4,972.00. Total Revenues: $16,536.84. Stands approved as read.

Motion to pay bills by Parker, 2nd by Heiken, carried unanimously.

Payable: Alliant Energy 2848.16, WCTA 276.38, B. Luckason 216.88 (net), S. Overy 484.97 (net), R. Bauer 1006.74 (net), L. McNally 1461.81 (net), Federal & SS 1172.21 (payroll), Ipers 718.53 (payroll), Ag Source 25.50 (water tests), Kensett Water 102.25 (sewer fees), L. McNally 106.72 (mileage – general), Waste Management 1426.02 (garbage & recycling), C. Pulju 184.70 (net), KFD 400.00 (fire protection), Tractor Loan Payment #25 – 321.98 (casino $ – general), Northwood Anchor 78.00 (2 year subscription – general), IAMU 575.00 (dues – water), Menards 78.03 (supplies – general, water, sewer), Northwood Anchor 244.69 (publications – general), L. McNally 50.00 (phone – general), Old Republic Surety 175.00 (clerk bond – general), A & I Auto 33.45 (parts – general), Peterson Excavating 3420.00 (snow removal – road use), Baker & Taylor 234.23 (books), Midwest Tape 22.49 (dvd's), Culligan 10.70 (water), A. Bergdale 105.00 (cleaning), L. Albright 40.00 (snow removal), D & C Window 30.00 (service).

Disbursements by Fund: General 4,620.06, Special 4,875.43, Utilities 1,108.11, Payroll 5245.84 (gross).

Total Disbursements: $15,849.44.

Motion to adjourn by Douglas, 2nd by Woltzen, carried unanimously.

Lori J. McNally, CMC,
City Clerk
Corey Pulju, Mayor

The Kensett City Council meet in special session 3/22/21 at 7:00 P.M. with Mayor C. Pulju presiding. Council Members present were Woltzen, Parker & Douglas. Absent: Pilkington & Heiken. Mayor opened Public Hearing for 2021-2022 Budget Resolution #617, there being no public input, Mayor closed public hearing. Motion to approve said Resolution by Douglas, 2nd by Woltzen, Roll Call Vote taken, all ayes, carried unanimously. Motion to adjourn by Parker, 2nd by Douglas, carried unanimously.

Lori J. McNally, CMC,
City Clerk
Corey Pulju, Mayor

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m.
Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

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Northwood, Iowa 50459

Letter to the Editor

Discussion Related to Renewable Energy Policy in Worth County

The subject is in debate among the county supervisors and across the county residents. This discussion lays out the current situation and establishes a path forward as I see it. The following points establish current facts and lay out an argument for repeal of Ordinance 18/12/3 ("Renewable Energy Provisions"), implementation of a temporary moratorium on Renewable Energy Projects, and development of County regulations related to Renewable Energy Projects.

Current Facts

1. Iowa Law requires that county zoning ordinances (if adopted) be implemented according to a County Comprehensive Development Plan. (Ref: IA code, Chapter 335.5.1)

2. Agriculture production projects are exempt from Zoning Ordinace. (Ref: IA Code Chapter 335.1, and County Zoning Ordinance Section II.A)

3. Legal doctrine requires equal protection of the laws to any person within a jurisdiction. (Ref: 14th Amendment to the U.S. Constitution, section 1, and Iowa Constitution Article 1, Section 6)

4. The County Established a Comprehensive Development Plan in 2006. (Ref: Worth County Comprehensive Development Plan, 2006, Per IA code chapter 335.5)

5. The Current County Zoning Ordinance fails to provide the equal treatment under law across the County and is contrary to the parent Development Plan that it is intended to manage. (Ref: Title of County Zoning Ordinance 01/26/09).

6. Ordinance 18.12.03 "Renewable Energy Provisions" institutionalizes (forever) the unequal protections cited in #5 above and restrict future Supervisors from actions relating to same.

Summary Discussion

The current situation is that the County Zoning Ordinance is in sore need of revision. It was written ~13 years ago and seemingly neglects to meet the legal standard of equal treatment under law since the title limits scope to 3 of our 12 Townships. (Hartland, Brookfield and Danville) It has had only minor revisions since adoption and was written in light of a County Comprehensive Development plan that was developed ~16 years ago. Much has changed since. And even though the Plan calls for annual review and potential there has been a failure to do so. This means that the Plan and supporting Zoning Ordinance are each grossly out of date. Neither provides any guidance with regard to siting requirements related to Renewable energy Projects. In fact, the Plan is completely silent on them – it never anticipated them.

Renewable Energy Projects are the largest projects in the County and today they proceed unfettered unless they are planned for one of the 3 zoned Townships. In those Townships the project must obtain a Conditional Use Permit from the Board of Adjustment. Today, the Board of Adjustment has no standard set of conditions or requirement guidance in the Zoning Ordinance for such projects. Each project (in a zoned area) proceeds on its own conditional permit, with condition and requirements being established (or not) uniquely for each permit.

The Renewable Energy Provision Ordinance (18.12.03), essentially states that any future such project that occurs in a portion of the county that was un-zoned in 2018 will not be subject to any zoning requirements that may have been implemented since 2018. It is a permanent carve out exemption for three quarters of the county. As long as that Ordinance is on the books, current and future Boards of Supervisors can't implement zoning requirements that impact Renewable Energy Projects on those portions of the county.

Continuance of this circumstance would be negligent on the part of the Supervisors. Such negligence exposes the county to all manner of unfortunate circumstances, not least of which pits neighbor against neighbor and exposes the County to drawn-out and expensive legal issues due to unequal treatment between Townships.

The Path Forward

In light of common sense and

• given the requirement for equal treatment under law;

• the current lack of clear guidance and regulations related to the largest of potential projects across the county; and

• the fact of the overreach of Ordinance 18/12/03 the logical, and seemingly only path forward are the following.

1. Repeal Ordinance 2018.12.03 in its entirety. Removal of far-reaching restrictions on the actions of future Boards of Supervisors, or permanent exemptions for things that should be adjudicated at the time must be eliminated. Repeal of the Ordinance accomplishes that. If there are aspects of the Ordinance which are deemed necessary, such as definition of County Infrastructure Projects, this definition can be written into things such as a revised County Development Plan.

2. Establish a temporary Moratorium on Commercial Renewable Energy Projects. Unequal treatment and the legal exposure such activity presents dictates a pause on such developments until the County has an opportunity to revise and update our regulations. Such a temporary moratorium may seem dramatic but given the past negligence of maintaining our county guidance as technology and the environment has changed, this is a step that must be taken. We should learn from this and ensure that in the future our regulations are regularly reviewed and updated, as necessary. It is the price we must pay for now.

3. Immediately initiate action for review and revision of the County Development Plan. The current plan was drafted 16 years ago and approved 15 years ago this month. It has not been revised since, and no one I have spoken with is aware of any reviews since adoption. The Plan is completely silent with regard to Renewable Energy Projects of any nature. Since IA law requires that County Zoning Ordinances (if adopted) be written in accordance with a Development plan, failure to initiate a review and revision of the Plan is beyond negligence. The Board of Supervisors should immediately initiate such review.

4. Two steps recommended related to Zoning Ordinance– Revision now, and later.

a. Revision of Zoning Ordinance Now. Apply the Ordinance County-wide. The current Zoning Ordinance certainly presents unfair treatment of 1 quarter of the county townships. I am not aware of any desire to eliminate zoning from those Townships and believe that such zoning is necessary. The situation presents a decision – maintain status quo or expand zoning county-wide as called for in the current Development Plan. Keeping in mind the Agriculture exemption, this would impact all future non-ag development. As such, public hearings and education forums should be held in advance. However, if residents of 3 of our townships can and have lived under the current rules, then so too should the balance of our county residents. In the simplest fashion, the Ordinance would be fully applicable by a simple revision by the Board of Supervisors to remove the parenthetical portion of the title, to wit "(Unincorporated Areas of Hartland, Brookfield and Danville Townships)". That is the only thing in the Ordinance that limits the areas governed by the Ordinance.

In addition, a parallel activity should be initiated to establish common guidelines or conditions related to Renewable Energy Projects. This is a duty of the Zoning Commission to undertake and recommend to the Board of Supervisors after public hearings. A common set of rules applicable county-wide would establish a basis from which all parties have a common starting point. These could still potentially be tweaked for unique circumstance via the Variance process outlined in the Zoning Ordinance.

This action is recommended in light of the length of time before a more comprehensive revision would be made to the Ordinance subsequent to an updated Development Plan.

b. Revision of Zoning Ordinance after Adoption of an Updated County Development Plan. After a comprehensive review and update of a County Development Plan, we can assume that there will be required updates to the County Zoning Ordinance. This should simply be a matter of course as part of our governing process.

5. Lifting of Temporary Moratorium on Commercial Renewal Energy Projects. On conclusion of establishment of County-Wide guidelines and regulations related to such projects the Moratorium could be lifted. The length of the Moratorium would be based solely on establishment of such regulations, whether enacted under separate ordinance, or (preferably) via county-wide Zoning Ordinance. The timing is predicated on the length of time this work requires.

This is one man's interpretation and opinion. We all know that everybody has their own. I urge you to educate yourselves on the matters and make your opinions known. We all love to live here in Worth County and want to do right by the County and our neighbors. Engaging in informed conversation like this is how we do it.

Jeff Gorball
Rural Northwood

Editor's Note: This letter was submitted before this Monday's meeting of the Worth County supervisors. At that meeting the supervisors passed a moratorium and began the process of repealing Ordinance 18/12/3, as mentioned above. See more in next week's issue.

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