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The Northwood Anchor

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Briefs

Worth alert system changes June 1

Worth County's alert system, which notifies those in the county of emergency situations, will be replaced with a new service beginning on June 1. Those on the previous system will need to take steps to remain signed up. Those that would like to be included on the system can also sign up now.

Those interested may text WORTHIA to 672-83 to continue receiving alerts.

People may also sign up for the new system online at www.smart911.com/smart911/ref/reg.action. Once there, people will enter their name, email, address and other information, including how they would like to receive alerts. They can then choose which types of alerts to receive. That includes various types of weather warnings, as well as non-weather related alerts from Worth County's communities, as well as the Worth County Fair.

The Smart911 system also offers an app for other options.

Senior project showcase May 19

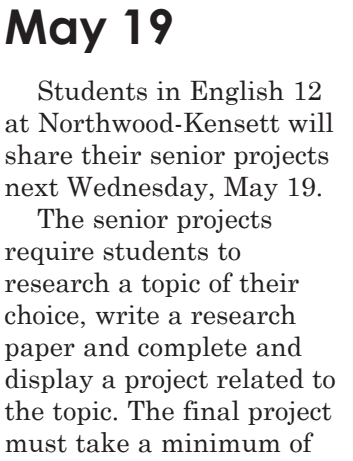
Students in English 12 at Northwood-Kensett will share their senior projects next Wednesday, May 19.

The senior projects require students to research a topic of their choice, write a research paper and complete and display a project related to the topic. The final project must take a minimum of 30 hours to complete.

This year, seniors are working on projects that include construction, quilting, automotive work and baking, along with others.

Seniors will be on hand to discuss their projects and answer questions during the Senior Project Showcase, at the high school on Wednesday, May 19, from 6-7 p.m.

The public is invited to view the projects in the student center and in the parking lot of the high school. Face masks are required.



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. May 4	66	38	T
Wed. May 5	58	32	
Thurs. May 6	57	38	.13
Fri. May 7	57	38	
Sat. May 8	57	35	
Sun. May 9	50	36	T
Mon. May 10	61	36	

Worth canine officer safer thanks to vest donation

By Kris Kenison

One of the Worth County Sheriff's Office's most dedicated officers has been made safer on the job thanks to a donation of an armored vest from a family in Garner.

The officer in question is Titan, the canine officer that serves with chief deputy Jesse Luther. On April 7, Titan received a new bullet and stab protective vest through a program called Vested Interest in K9s.

The program accepts donations, which are put towards the purchase of vests for canines serving in law enforcement and related agencies throughout the country. Since 2009, the program has provided more than 4,200 vests.

Titan's involvement in the program came courtesy of Jeremy Hanson, formerly of the Fertile area, and his son, Christopher, who live in Garner, who were looking to make a donation to purchase a vest for a law enforcement dog in North Iowa.

When Luther learned about the Hansons' goal, he contacted them to let them know that Titan could use the additional protection.

They were happy to oblige and made Titan's vest possible. The vest includes a dedication to family pets, with "In memory of Dozer, Buddy and Lucky," embroidered on the

Titan, see Page 2



Caninie Officer Titan

Worth zoning board considers potential wind energy ordinance

By Kris Kenison

In recent weeks, the Worth County Planning and Zoning Commission has been working to be well informed as it considers possible zoning changes to address wind turbine projects in the county.

Zoning, especially that focused on wind turbines, has been a topic of conversation for several weeks, as the Worth County supervisors looked at a 2018 ordinance that exempted renewal energy projects from future zoning regulation, if they would be used to fund county projects. The board ultimately eliminated that exemption.

Also discussed in the course of recent supervisor meetings was the lack of county-level regulation of wind turbine construction near rural homes. That has been an issue for the recently completed Freeborn Wind Farm east of Northwood. Several turbines in the project were built closer than the 1,500 foot setback that had been promised when the project was in development.

In April, the supervisors passed a moratorium that halts County activity on wind energy projects while the County considers regulations to protect residents and resources of the County.

Since then, the Worth County Planning and Zoning Commission has been researching zoning that is in place in other Iowa counties in regards to wind energy projects. They have also heard from several speakers with examples, suggestions and information on a potential local ordinance.

At the April 28 meeting of the commission, Mark Crowl, with Invenergy, the company developing a new wind energy project in the northwest corner of the county, offered suggestions based on an agreement that the company had been working on with county officials.

Crowl said that Invenergy was not opposed to reasonable, workable regulation in the county. He noted that would mean rules backed by science and evidence, and not rules designed to prevent any wind projects from progressing.

Crowl said that 1,500 setbacks from residences make sense and fall within the recommendations to address some of the concerns mentioned at other meeting. He said a volume of 50 dba from a home, a measurement of how loud the turbines would be, would also be acceptable. That volume is comparable to conversation in a home, according to various resources.

Another concern mentioned when it comes to tur-

Zoning, see Page 2

Governor designates $11.5 million in relief to support mental health, retain careers

Iowa Governor Kim Reynolds and the Iowa Department of Education have announced that more than $11.5 million in federal relief funding is available to assist public school districts in providing mental health support and other wraparound services to pre-K-12 students, and support community college efforts in expanding programming to help more Iowans earn short-term credentials needed for in-demand careers.

The $11.5 million is Iowa's share of more than $1.3 billion in discretionary funds provided through the Governor's Emergency Education Relief Fund (GEER II Fund), which is part of the federal Coronavirus Response and Relief Supplemental Appropriations (CRRSA) Act passed in December 2020. Governors in each state were granted a share of discretionary dollars to address critical needs resulting from the COVID-19 crisis.

"While the true cost of this pandemic is yet unknown, we're already aware of the devastating mental health effects on our young people," said Reynolds. "Expanding mental health services in our schools is critical to their overall recovery. When we care for the whole child, we secure better outcomes for them and their families."

The funding announced today will support the fol-

Governor, see Page 2



Activity center activity

Work is well underway at the site of the Vikings Activity Center. This aerial photo taken by Northwood-Kensett shows the footprint of the building to the north, along with the extended parking area to the south. Construction is expected to be complete in 2022.

With vaccines available to all adults, Worth rate at 38.8%

While vaccinations have been available to all Americans above the age of 16 and available locally to anyone over 18, the rate of those in Worth County that have been vaccinated remains low. Meanwhile, the rates of new COVID-19 cases in Worth County continue to increase at a steady rate.

According to the CDC, as of May 10, 2,542 residents of Worth County have been fully vaccinated. That makes 34.4% of the population.

According to the Iowa Department of Public Health, of those that have received a vaccine, 348 people in Worth have received a first dose, 2,384 have received both doses of a two dose vaccine and 133 have

Vaccines, see Page 2

Vikings take part in TIC meet — See Sports Page 5

Zoning
Cont. from Page 1

bines, flicker, refers to the shadow of the rotating blades. Crowl suggested that Invenergy could work within a range of a total of 30 hours of flicker per year, or an average of roughly 5 minutes per day.

Commission chairman Jeff Gorball asked Crowl about the 1,500 foot setback and suggested that, for the purposes of an ordinance, a formula based on the height of the blade may make more sense.

Also discussed was the possibility of other areas to consider for setbacks, such as campgrounds and other gathering places that aren't homes.

Crowl gave examples of gatherings areas, habitats, roads and other self-imposed setbacks that a zoning ordinance could include.

At that meeting, Andy Hill, with Worth County Farm Bureau, in speaking about a potential wind ordinance, mentioned that a concern of farmers was potential unforeseen damage to underground drainage infrastructure that may not be seen until some time after a wind project is completed, adding another consideration.

At the commission's meeting on May 5, Worth County conservation director Jim Hanson shared concerns for his county department.

Hanson said that he would like an ordinance to require wind companies to consult with local conservation officials. Currently wind developers must consult with the Iowa DNR, but Hanson said that they should also be required to talk to people that work daily in the conservation areas that wind turbines will impact.

Hanson said that his conservation department would have more knowledge about local wildlife habits and patterns than State officials. He added that is especially true of the proposed development, with 3,000 acres of county conservation land in the area, including Rice Lake and Silver Lake.

Worth County engineer Rich Brumm also weighed in on what the county roads department would like to see in an ordinance.

Brumm said that in the past, companies have reached separate agreements with the County that addressed the needs specific to the areas they would be building. But he suggested that an ordinance could require such agreements with specific categories to be addressed.

The commission also heard from a representative of Kossuth County zoning, where an ordinance is in place countywide, independent of other zoning regulation.

In Kossuth County, those seeking to develop a wind energy project must get a permit approved by the supervisors there. The process includes a review of setbacks, decommissioning plans and other information, newspaper notices, letters to impacted landowners and public hearings.

In Worth County, a similar process would avoid the current limits of zoning that only applies in the townships that include the interstate. Expanding zoning has been discussed along with the recent wind energy projects, but remains a controversial subject.

The planning and zoning commission has also looked at wind energy ordinances from across Iowa as they look at the next steps. The commission planned to meet again this week to decide whether to proceed with an ordinance and, if so, what direction that ordinance should take.

Governor
Cont. from Page 1

lowing initiatives:

Up to $8.67 million in competitive grants to help pre-K-12 school districts coordinate and deliver mental health services and wrap-around support to students, youth mental health first aid training and implementation, and suicide prevention services and programming.

Up to $2.89 million in competitive grants for Iowa's community colleges to supplement the state's GAP Tuition Assistance Program, which will help more Iowans whose jobs were impacted by the pandemic to enroll in short-term training and credential programs leading to high-demand jobs in fields like advanced manufacturing, commercial truck driving, information technology, health care and welding.

"Iowa was not immune to the economic cost of the COVID 19 pandemic and it's vital to our continued recovery that we offer opportunities for Iowans to retrain and gain the skills needed for rewarding, high-demand careers that promote job growth and fuel our state's economy," Gov. Reynolds continued.

"These additional resources will help schools expand services to address growing social-emotional-behavioral health needs and support the overall well-being of students affected by the pandemic," said Ann Lebo, director of the Iowa Department of Education. "In addition, increasing financial assistance through the GAP Tuition Assistance Program will help more Iowans gain the skills needed for good-paying, high-demand jobs in Iowa, both today and in the future."

Last fall, Iowa received $26.2 million through the first round of GEER funding within the federal Coronavirus Aid, Relief, and Economic Security (CARES) Act, which Gov. Reynolds designated to expand broadband access and increase internet connectivity for students for the 2020-21 school year.

More information on the process for school districts and community colleges to apply for this round of funding will be provided soon.

Titan
Cont. from Page 1

underside of the vest.

"It's great that people want to donate to things like this," Luther said. "We couldn't have done it without them."

Through the program, donors like the Hansons can contribute $960 to sponsor a vest. Each vest has a value of $1,744-2,283.

Each vest is custom fitted and is certified protective gear.

For Titan, it will be a valuable tool to protect him in situations where dangers may not be apparent.

"It's heavy and we don't want to wear him out, so it'll be used when we know he needs it, or there is a potential danger," Luther explained. "We'll use it when he's tracking someone who has a weapon or who may have a weapon. He'll also wear it during building searches, where weapons can be found places you wouldn't expect."

While it isn't the first vest Titan has worn, it's weight is an adjustment.

Luther explained, "He wears a similar vest when he's tracking someone. Only this one has the same kind of armor sewn inside that all of the deputies wear when they're on duty. So that adds some weight he's not used to. It's around five pounds."

For Titan, working in the vest will be added to his regular training schedule.

"We work to have at least 16 hours of training every month. There's a group in North Iowa that work with canines that organize training sessions so that we can combine our efforts. And then I work with him for some extra training on top of that."



Canine Officer Titan wearing his new protective vest, which donated "In memory of Dozer, Buddy and Lucky."

Training includes responding when someone has a gun, finding narcotics, guide training and reinforcing some of the techniques that Titan doesn't put to use as often. Now, the armored vest will be used to get him used to serving while safer in those situations.

Luther said that's he's glad that he was able to make the connection and provide his canine companion a way to stay safe in especially dangerous situations.

Luther's also looking at other programs offered through Vested Interest in K9s. That includes health insurance, medical kits and other tools to care for canine officers.

Vaccines
Cont. from Page 1

received a dose of a one shot vaccine. That makes a total of 2,865 Worth residents that have received at least one dose, for 38.8% of the county's population. That is up 108 in the past two weeks.

The number of those with COVID-19 has increased as rates are up again. As of April 26, the rate increased to 7.7%. On May 10, the seven day rate increased to 12.5%.

There were 24 new COVID-19 cases identified in Worth County in the past two weeks, up to 786 cases as of May 10.

In Worth County, in the past two weeks, also the span in which those with the disease may develop symptoms or spread the virus, as of April 26, the 14-day rate was 4.3%. On Monday, it was up to 5.6%.

A total of 3,979 Worth County residents had been tested as of May 10. A total of 13,414 tests had been taken by Worth residents.

In the eight county area that includes Worth and surrounding counties, there were a total of 20,870 confirmed cases, as of Monday, up 378 over the last two weeks. Cases in neighboring counties included 1,522 in Winnebago, 1,571 in Hancock, 5,794 in Cerro Gordo, 1,779 in Floyd and 1,370 in Mitchell counties in Iowa, and 3,411 in Freeborn and 4,637 in Mower in Minnesota.

In the eight county area, there have been 307 deaths to COVID-19, including 8 in Worth County. That is up 3 from two week ago in the area.

Information and resources on COVID- 19 in Iowa can be found online at coronavirus. iowa.gov.

Information on vac- cination in Iowa can be found online at vaccinate.iowa.gov or by dialing 211.

Local information can be found at Worth County Public Health's Facebook page.

4-H and FFA Beef and YQCA Clinic held on May 15

The Worth County Extension Service is inviting and encouraging all North Iowa Area 4-H and FFA Beef Project members to attend an educational beef clinic.

The workshop will take place this Saturday, May 15, at 2 p.m. at the Worth County Fairgrounds Show Arena at 1206 Third Avenue North in Northwood.

Beef project members will be learning about how to best present their calf in the show ring, proper show ring etiquette and showmanship. Participants will be observing proper techniques for fitting and grooming their calf as well as the many show ring accessories that exhibitors need to show their beef entry at the Fair. There will be an opportunity to receive YQCA Livestock Certification Training as well.

Those interested may get more information or sign up by calling Worth County Extension Education Specialist Dennis Johnson at 641-324-1531 in Northwood.

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Ph. 641-324-1051 Fax 641-324-2432 email: anchor1@nwdanchor.com

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Let children play in the mud for fun and learning

A little dirt and water can create mud, as well as limitless opportunities for children to play and learn, according to Cindy Thompson, a human sciences specialist with Iowa State University Extension and Outreach.

"Mud is squishy, slimy, sloppy and wonderful! The joy children experience playing in mud is second only to the many benefits associated with mud play," said Thompson, who specializes in family life issues.

Health benefits

"There is an assumption that mud is full of germs and harmful to children," said Thompson. "Not all germs, however, are bad. Many germs actually boost immune systems."

Early childhood experts, including those with the Mayo Clinic Children's Center, say exposure to germs found in outdoor elements like grass and mud help build a stronger immune system, especially in young children. Friendly bacteria in the body can also get a boost from mud play.

Learning benefits

The benefits of mud for children go beyond their immune systems, Thompson noted. "Children learn through their senses: touching, smelling, seeing, listening and, yes, even tasting. The texture and squishiness of mud is completely different than sand or play dough, and mud makes a very unique sound. The way wet mud feels between toes is much different than how mud feels drying on the back of a hand."

Children can explore many new and amazing sensations only through the characteristics mud provides, Thompson said. Adults can help build children's vocabulary during mud play by using descriptive words for the sensations children experience. Mud also fosters creativity in children because mud is open-ended – there are many ways children can play with mud and no one right way.

Mud kitchens

To provide mud experiences for children, consider creating a "mud kitchen," a dedicated space outdoors for children to discover and explore through mud, Thompson suggested.

Dirt and water are the only two required ingredients, but additional materials and props can extend play. Kitchen items like measuring cups, muffin tins and cookie sheets are great initial additions to a mud kitchen. Paint brushes, buckets and small vehicles also provide new experiences. Some mud kitchens include child size tables and age appropriate garden tools for digging.

"A few basic rules, like no throwing mud, help ensure safe play, and always remember to dress for the mess!" Thompson added.

To explore more ways to support young children's growth and development, visit the Science of Parenting at www.extension.iastate.edu/humansciences/scienceofparenting.



Braxton and Benton Batton playing in the mud on Mother's Day,

WCTA pays out $2 million in dividends

Winnebago Cooperative Telecom Association (WCTA) will disburse nearly 10,000 dividend checks totaling $2 million in mid to late May. The payments represent the remaining deferred dividends for members who had service with WCTA in 1998. In addition, WCTA will pay out patronage dividends for part of the year of 2005.

"Sharing our success with members is part of our mission statement," stated WCTA CEO Mark Thoma. "WCTA is proud to be able to give back to our members and continue to provide innovative products and services at a low cost."

The WCTA Board of Directors voted earlier this year to approve the payment distribution. Board members include Larry Foley, Curt Helland, Mark R. Johnson, Dale Meinders, Shanan Redinger, Mike Stensrud and Steve Thorland.

Winnebago Cooperative Telecom Association is a member-owned cooperative providing a full range of quality, reliable telecommunication services and products for communities in north central Iowa and south central Minnesota.

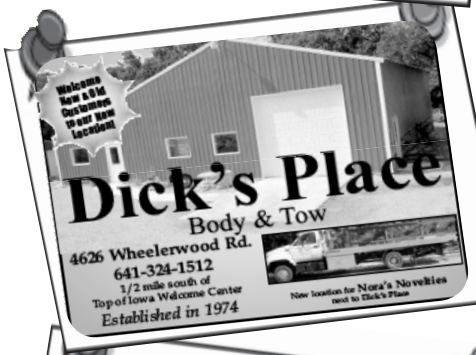
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Lestrud awarded for Education Scholarship



RYDER LESTRUD

The Iowa Automobile Dealers Foundation for Education awarded 25 $2,500 scholarships to college-bound students entering the automotive field as part of its ongoing efforts to support automotive education in the state of Iowa.

The scholarships were awarded to students who showed commitment to pursuing a career in the automotive industry.

The General Scholarship recipients included Ryder Lestrud of Kensett, who plans to seek a degree in automotive technology at North Iowa Area Community College.

Pro Farm Pullers hold annual points meeting on Feb. 21

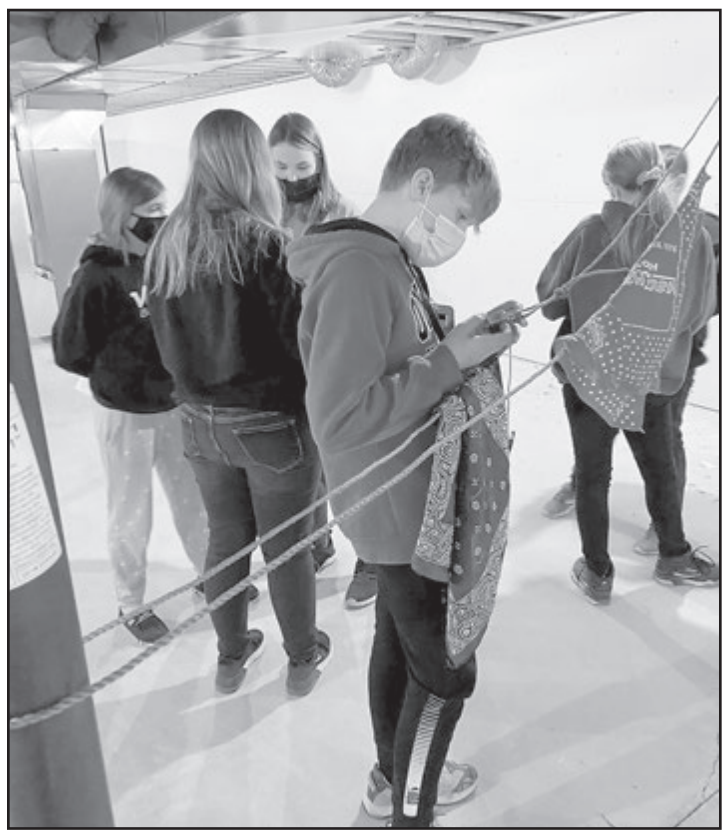
The Pro Farm Pullers held their eighth annual points meeting on Friday, February 21, at Quams Good Time Bar at Lourdes, Iowa. Due to COVID, members and their family were present totaling about 30.

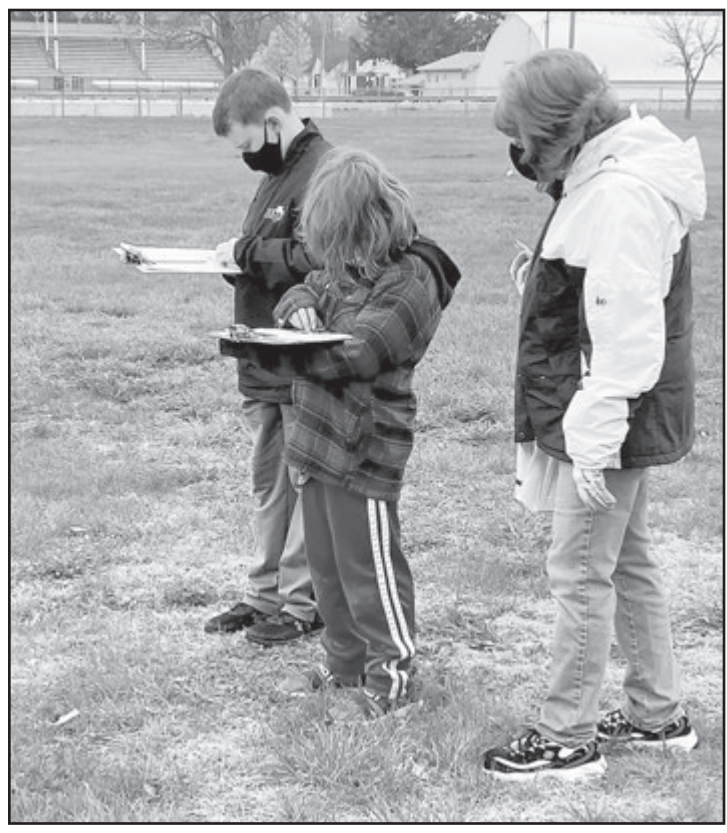
Tom Shatek, president of the club, discussed upcoming events and other issues with the club.

Door prizes provided by sponsors were handed out.

Points winners were announced as follows: • 8600 Class – First Tom Shatek, Lourdes, Iowa; second, Denny Smith, Lourdes, Iowa; third, Brant Bissen, Adams, Minnesota; fourth, Leonard Fravel, Cresco, Iowa; fifth, Steve Spalla, Ridgeway, Iowa; • 9600 Class – First, Tom Shatek; second, Denny Smith; third, Leonard Fravel; fourth, Brant Bissen; fifth, Cole Kruse, Riceville, Iowa; • 10600 Class – First, Leonard Fravel; second, Denny Smith; third, Tom Shatek; fourth, Stan Mehman, Nashua, Iowa; fifth, Steve Spalla.

The Pro Farm Pullers donated money to the Riceville shop class in memory of Roger Grimm and Richard Kruse. Last year they purchased a chop saw to add to their tools.







A great escape

Northwood-Kensett fifth and sixth graders recently spent some time at the Worth County fairgrounds as they tested their puzzle-solving and scavenging abilities. Worth County Naturalist Dakota Popp set up a scavenger hunt outside at the fairgrounds. Meanwhile, the basement of the fairgrounds community room was split into two escape room experiences. The first room challenged them to answer puzzles and riddles before entering the second room, which had clues they needed to find and solve to figure out how to escape. According to Popp, the goal was to help the students practice effective communication skills as they worked to escape each room, while also providing a few individual challenges.

Leave wildlife babies where they belong - In the wild

It's as predictable as May flowers - from border to border, the Wildlife Baby Season has arrived in Iowa. From now until at least mid-June, DNR field offices across the state will be inundated with hundreds of phone calls and scores of deliveries regarding "orphaned wildlife."

Most calls begin with something like, "We were walking in the park when . . .," or "I looked out my window and saw. . ." In nearly every instance, the scenario ends with something [or several somethings] being rescued from their mother.

During a typical season, the species will range all the way from baby robins and squirrels to spindly-legged white-tailed fawns. At this time of the year it is not at all uncommon for biologists to discover that complete litters of baby raccoons, foxes, or even skunks have mysteriously appeared on their doorsteps.

Why this happens is no real mystery. From fuzzy yellow ducklings to tiny baby bunnies, nothing appears more cute and cuddly than a wildlife baby. But in reality, most of the wildlife reported to DNR field offices is not really orphaned at all. And while the people who attempt to "rescue" these babies have the best of intentions, they are in fact dooming the very creatures they intend to help.

The babies of most wildlife species leave their nests or dens well in advance of being able to care for themselves. Although broods or litters may become widely scattered during this fledgling period, they still remain under the direct care and feeding of their parents.

For many songbirds, the transition to independence comes quickly and may take as little as four or five days. For other species such as Canada geese, kestrels, or great horned owls, the young and parents may stay in contact for weeks -- even months.

At the beginning of the fledgling period, young birds appear clumsy, dull-witted, and vulnerable. The reason for this is because they really are clumsy, dull-witted, and vulnerable. But as the education process continues, the survivors smarten up fast, while slow learners quickly fade from the scene. Most birds have less than a 20 percent chance of surviving their first year. While this seems unfortunate or cruel, this is a normal occurrence in Nature. In the real out-of-doors, it's just the way things are.

Most mammals employ a slightly different strategy when it comes to caring for their adolescents. Since most mammals are largely nocturnal, the mother usually finds a safe daytime hideout for her young while she sleeps or looks for food. Consequently, it is perfectly normal for the young to be alone or unattended during the daylight hours.

Nevertheless, whenever a newborn fawn or a nest full of baby cottontails or raccoons is discovered by a human, it quite often is assumed that the animals are orphaned. The youngster's fate is usually sealed when it is promptly "rescued from the wild."

Many wildlife babies die soon after capture from the stress of being handled, talked to, and placed into the unfamiliar surroundings of a slick sided cardboard box. Should the animal have the misfortune of surviving this trauma, they often succumb more slowly to starvation from improper nourishment, pneumonia, or other human caused sicknesses.

Whether they are adults or young, all species of wildlife have highly specific needs for survival. "Rescuing a baby from its mother" not only shows bad judgment, it also is illegal.

Observing wildlife in its natural habitat is always a unique privilege. Taking a good photo or two provides an even more lasting memory. But once you've done that, let well enough alone. Leave wildlife babies where they belong -- in the wild.

A list of wildlife rehabilitators is available online at http://www.iowadnr.gov/Conservation/Iowas-Wildlife.

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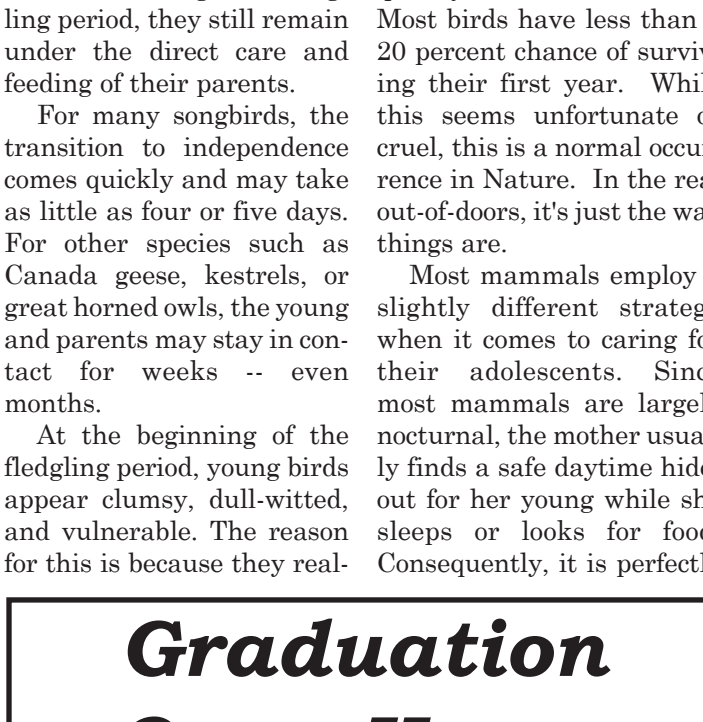
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The Northwood Anchor

801 Central Avenue, Northwood
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Published **May 19** in the Northwood Anchor

Iowa State University Extension
Worth County Office 641-324-1531
Calendar of Events for May 2021

May 12–Worth County Extension KGLO Radio Interview at Radio Park, Mason City Phone Connection, 9:30 A.M. with Dennis Johnson
May 12–4-H Region 4 Extension Staff Meeting via Zoom at Virtual Connection and in person, 9:30 A.M. with Dennis Johnson and Mindy Tenold, Worth County Extension Youth Coordinator
May 13–Regional Foods I-Team Meeting at Virtual Zoom Connection, 10 A.M. with Donovan Olson, Region 4 ISU Extension Director and Dennis Johnson
May 13–4-H e-Staff Meeting at Worth County Extension Office, Northwood, 9 A.M. with Mindy Tenold and Dennis Johnson
May 13–Worth County Fair Board Meeting at Worth County Fairgrounds Community Room, Northwood, 7 P.M. with Dennis Johnson
May 15–4-H Livestock ID's due to State 4-H Office at Iowa State Fair, Des Moines with Dennis Johnson
May 15–4-H and FFA Beef Workshop at Show Arena, Worth County Fairgrounds, Northwood, 2 to 4 P.M. with Dennis Johnson
May 17–ISU County Extension Director Peer Group Meeting at Virtual Zoom Connection, 2 P.M. with Dennis Johnson
May 19–Worth County Beautification Meeting at Worth County Community Room at Fairgrounds, 9 A.M. with Dennis Johnson
May 20–4-H Animal Science and 4-H Shooting Sports Zoom Meeting at Virtual Connection, 1 P.M. with Dennis Johnson
May 20–Worth County Extension Council Meeting at Virtual Zoom and in person Meeting at Extension Office, 7 P.M. with Curt Schaub, Worth County Extension Council President, Donovan Olson and Dennis Johnson
May 21–Worth County Extension 4-H 6th Grade Garden Planting Day at 4-H Vegetable Garden Worth County Fairgrounds, Northwood, 1 P.M. with Dennis Johnson
May 22–4-H Club Leader Training at WebEx Virtual Connect Workshop, 9 A.M. to 4 P.M. with Gail Castillo, Region Extension 4-H Specialist
May 25–Worth County Top of Iowa Bike Trail Meeting at Fertile Community Center, 6 P.M. with Dennis Johnson
May 26–ISU Extension Horticulture Meeting at Virtual Zoom Connection, 8:30 A.M. with Dennis Johnson
May 27–Region 4 Extension Education Director Web Ex Meeting at Virtual Connection, 9:30 A.M. with Dennis Johnson
June 1–4-Hers for 4-H Due at Worth County Extension Office, Northwood, Noon with Lacey Waller, Worth County Extension Office Manager

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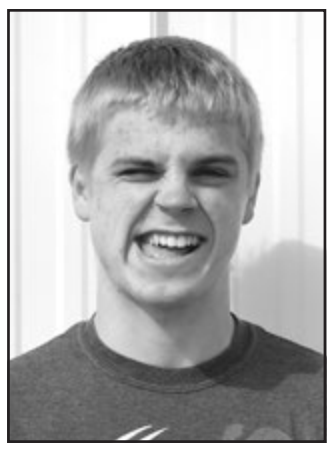


Anchor Sports



CARLY HENGESTEG

Stat of the Week: *As the 2021 high school track season nears its end, class 1A schools like Northwood-Kensett are increasingly thrown into track meets with class 2A and even an occasional 3A school, diluting the smaller school's chances at medaling. But one N-K athlete that the stiffer competition doesn't seem to bother is Carly Hengesteg. The talented junior, at the Don Hoppel Relays last week, placed second in the 4000 and fourth in the 200. Then at the TIC East Meet, once again facing stiff competition, Hengesteg took home a fourth place medal in the 200-meter dash.*



JOSIAH KLIMENT

Stat of the Week: *Although the Northwood-Kensett boys track had some difficulties putting team points on the board in its two meets last week, one individual continued to shine bright, hurdler Josiah Kliment. The Vikings had a total of two first place finishes last week, both of them courtesy of this talented junior. Kliment placed first at the Don Hoppel Coed Relays in the 400-meter hurdles only to best that time three days later at the TIC East Meet, taking home a conference title in the event with a new Central Springs track record of 58.48, beating the old record of 1:00.12 by nearly two seconds.*

N-K girls place third at Don Hoppel Coed Relays, take sixth at TIC meet

By Mike Simmons
Sports Editor

Finishing up what's left of the 2021 high school track season the Northwood-Kensett girls track team took to the oval twice last week with great success.

The Lady Vikings traveled to Garner last Monday to compete in the Don Hoppel Coed Relays, where they placed third. They finished the week at the Top of Iowa Conference East Meet last Thursday night in Manly, securing a sixth place finish.

Lat Monday afternoon at Garner-Hayfield-Ventura the Lady Vikings, competing against class 2A's Osage and Forest City, scored 68 team points to secure the third place finish with the Green Devils (188) and the Indians (118) taking home first and second place medals respectively.

N-K's Carly Hengesteg put her team in the hunt early with fourth and second place finishes in the 200 and 400-meter dashes, posting 12 crucial team points. Others placing in the top three at GHV were Lindsey Moore with a third place finish in the 100-meter hurdles, Bella Efflandt with a second place finish in the 400-meter hurdles (1:13.07), the 4x400-meter relay (3rd) and the shuttle hurdle relay, who were the team's best performing relay on this night, took home second place medals.

At last Thursday evening's TIC Meet held in Manly the Lady Vikings failed to crown a conference champion in any event but they did nonetheless have some strong individual performances to go along with a few top four relay teams.

N-K's top individuals in Manly were Moore in the 100-meter hurdles (3rd), Kayla Senne in the 100-meter hurdles (4th), Hengesteg in the 200-meter dash (4th), Efflandt in the 400-meter hurdles (3rd) and Emma Logeman in the discus (6th).

The Lady Vikings had three relay teams that not only performed well, but they outperformed many of the bigger schools in the TIC East. They include the 4x100 (Moore, Senne, Hengesteg, Efflandt) with a fourth place finish; the shuttle hurdle relay (Efflandt, Morgan Wallin, Senne, Moore) with a fourth place finish; and taking home N-K's highest finish in the relays, the 4x400-meter team of Ruthie Conlin, Efflandt, Demaris Peterson and Hengesteg with a third place finish.

The Lady Vikings, after a tune-up meet on Monday in Manly, will stay at home for this Thursday's district state qualifying meet. Teams competing at N-K for the right to compete at Drake's Blue Oval include Bishop-Garrigan, GTRA, Lake Mills, Nashua-Plainfield, North Iowa, North Union, Riceville, Rockford, Saint Ansgar, West-Bend Mallard, West Fork and West Hancock.

Team Scores at Don Hoppel Coed Relays – Osage 188, Forest City 118, Northwood-Kensett 68, Belmond-Klemme 67, Newman Catholic 52, Garner-Hayfield-Ventura 40, Clear Lake 34, Hampton-Dumont 19

Team Scores at TIC East Meet – Osage 161, Saint Ansgar 134, Nashua-Plainfield 90, Central Springs 63, West Fork 53, Northwood-Kensett 37, North Butler 30, Newman Catholic 19, Rockford 2



N-K's Morgan Wallin explodes out of the blocks last Thursday at the TIC East Meet at Central Springs. The distance medley relay team of Wallin, Ruthie Conlin, Chloe Costello and Megan Ocel took home seventh place medals with a time of 5:10.93.



Lady Viking Teagan Johnson throws the shot in last Thursday night's TIC East Meet held in Manly. Johnson placed 13th in the event with a throw of 26-02.

Kliment sets new track record in the 400 meter hurdles at TIC meet

By Mike Simmons
Sports Editor

Facing some pretty stiff competition in last week's two meets, the Northwood-Kensett boys track team didn't fare so well, placing seventh in last Monday's Don Hoppel Coed Relays in Garner and, in one of their lowest finishes ever in the event, the Vikings scored just 27 points at last Thursday's Top of Iowa Conference East Meet in Northwood, finishing in seventh place out of nine teams in the conference.

At last Monday afternoon's Don Hoppel Coed Relays in Garner the Vikings struggled for points, but they did have a few individuals who did well, including TJ Whitelow with a fifth place finish in the 200, Hayden Moore with a fifth place finish in the 800, Nathan Hannemann with a fourth place finish in the 3,200 and going home with the team's top individual medals were Treycen Rollene in the 1,600 (3rd) and Josiah Kliment, who took home the team's lone first place medal in the 400-meter hurdles with a time of 59.67.

Looking forward to competing against the best in the TIC East the Vikings hosted the annual conference meet last Thursday and came away with a seventh place finish, scoring 27 team points.

With Saint Ansgar, Central Springs, West Fork and Osage dominating most of the events, it was left up to just a few individuals and a couple of relay teams to score points for the Vikings.

The highest placing relay team for N-K was the third place 4x400 team of Kliment, Moore, Brandon Varner and Whitelow, with Whitelow and Varner also earning fifth and seventh place finishes in the 100-metr dash and 110-meter hurdles respectively.

The Vikings lone conference championship went to Kliment, who scorched the track record of 1:00.12 in Manly in the 400-meter hurdles by almost two seconds, finishing with a first place time of 58.48.

Like the girls team, the boys, after a meet on Monday at Central Springs, will end the week hosting the district, state qualifying meet on Thursday. Teams taking part include Bishop-Garrigan, GTRA, Lake Mills, Nashua-Plainfield, North Iowa, North Union, Riceville, Rockford, Saint Ansgar, West Bend-Mallard, West Fork and West Hancock.

Team Scores at Don Hoppel Coed Relays – Clear Lake 148, Forest City 103, Belmond-Klemme 81.50, Hampton-Dumont 74, Osage 60.50, Garner-Hayfield-Ventura 49, Northwood-Kensett 48, Newman Catholic 18

Team Scores at TIC East Meet – Saint Ansgar 154, Central Springs 122, West Fork 77, Osage 71, Nashua-Plainfield 66, North Butler 51, Northwood-Kensett 27, Rockford 13, Newman Catholic 8



Viking Hayden Moore hits the first turn of the 4x800-meter relay, running in second place, last Thursday night in Manly at the TIC East Meet. The team of Moore, Dalton Logeman, LaMonte Sims and Treycen Rollene placed fifth in the conference with a time of 9:19.29.



N-K's Ben Yezek competes in the long jump last Thursday in Manly at the annual TIC East Meet. Yezek, just a freshman, placed 12th with a jump of 16-06.



Confirmation at Emmanuel Lutheran Church

Emmanuel Lutheran Church in Grafton recently confirmed its class of 2021. Pictured are confirments Madison Edwards, Kenzie Sorenson, Kaelee Hicken, Sophia Urbatsch, Pastor Zamzow, Weston Paulson, Camden Trenhaile and Gus Walk. This was Pastor Zamzow's last confirmation class as she is retiring in June 2021.

Treasurer Fitzgerald announces 529 day giveaway in Worth County

State Treasurer Michael Fitzgerald and College Savings Iowa are celebrating 529 Day by hosting a $529 giveaway in Worth County. In addition, one grand prize winner will receive a $1,529 College Savings Iowa contribution that will be drawn from all entrants across the state. "529 Day helps spread awareness about the benefits of saving for future education expenses with a 529 plan," said Fitzgerald. "The 529 Day giveaway gives us the opportunity to reach Iowa families and spread the word about the College Savings Iowa 529 plan while giving 100 families a boost to their education savings." Those interested in the giveaway can visit Iowa529Contest.com to read the official rules and register for their chance to win by May 31, 2021.

One of the major benefits of 529 plans is the tax incentives. While 529 Day is celebrated nationally on May 29, the tax advantages are there for Iowans year-round. "When saving for their loved ones with College Savings Iowa, participants can also save on their taxes," Fitzgerald added. "Not only are earnings federally tax-deferred and Iowa state tax-free, but if College Savings Iowa participants are Iowa taxpayers, they can deduct up to $3,474 per beneficiary account from their 2021 state income taxes."*

Other benefits of saving with College Savings Iowa include ease and flexibility to use the funds. A College Savings Iowa plan allows participants to pay for education expenses such as tuition, books, supplies, certain room and board costs and more. The funds can be used at any eligible college, university, community college, technical training school or apprenticeship program in the United States or abroad.** Since Fitzgerald launched the plan in 1998, College Savings Iowa has grown to more than $5.9 billion in assets and over $3.4 billion has been used for education expenses. Those looking to learn more about College Savings Iowa can find great resources about the plan by visiting CollegeSavingsIowa.com or calling (888) 672-9116.

Iowans can register for the giveaway at Iowa529Contest.com. For more information about future giveaways and events, find College Savings Iowa on Facebook and Twitter.

Bill with several priority pieces proceeds



Jane Bloomingdale
Iowa House
District 51

WEEK SEVENTEEN – First week of overtime

This may sound a little like "ground hog day" as we continued to work on budgets. We passed five budgets on the House floor; Agriculture, Education, Rebuild Iowa Infrastructure Fund (RIFF) and Economic Development move to the Senate. The Transportation Budget has passed both chambers and will go to the Governor's desk for her signature.

After weeks of discussion on tax policy, Iowa House Republicans proposed a compromise bill. The bill gained bipartisan support as it passed unanimously through the Ways and Means Committee. Pieces contained in the House bill include:

• Removal of triggers from the 2018 tax reform bill, which ensures income tax cuts go into effect on January 1, 2023, the triggers were put in place to ensure there were no automatic cuts without revenue growth.

• Phaseout the inheritance tax over 10 years

• The plan limits the amount of money carried over to the next year after filling the Cash Reserve Fund and the Economic Emergency Fund, to 5 percent of the expected General Fund revenue. Any amount over that amount is deposited in the Taxpayer Relief Fund.

• Sets guidelines for the Taxpayer Relief Fund and returns those funds to Iowans in the form of a tax credit

• Increases eligibility for the Child Care Tax Credits from families making $45k to $90k

• Exempts COVID-19 grant money and Paycheck Protection Plan loans from state income tax

• Requires payment parity for mental health services provided via telehealth and in-person

• Increases the Volunteer Firefighter, EMS and Peace Officer Tax Credit to $250

• Exempts food banks from Iowa Sales Tax

This week Iowa was named the second-best state in the nation for recovering from the COVID-19 public health emergency by Wallet Hub. This study compared the 50 states and D.C. on 22 metrics. Based on these metrics, Iowa ranked sixth for COVID related health issues, first for leisure and travel and seventh for economy and labor market. In the study, Iowa ranked fifth for highest share of vaccine supply used. As of Wednesday, Iowa has administered 2.4 million doses of the COVID vaccine. I had several emails over the last couple of months questioning the disbursement and wait time to receive the vaccine. Thank you to our State Department of Public Health, our county public health, pharmacies and others that worked to administer vaccines to those who chose to receive one.

Highlight of the week--Osage students visited and toured the Capitol on Friday. We have had few visitors at the Capitol this year and I appreciated the opportunity to visit with some of the students and staff during their tour.

As always, I look forward to hearing from you with any questions, comments, or concerns. I can be reached at jane.bloomingdale@legis.iowa.gov Check out my Facebook page for other updates.

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Please bring any worn or unserviceable flags to the Veterans Affairs office. There will be a Dignified Disposal Ceremony later this year. June 14th, Flag Day, would be the preferred day.
Watch this space for an update.

Northwood Anchor

Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School, 10:30 a.m.

Bethlehem Lutheran, Manly
Friday, Losee/Mackedanz Wedding at Ankeny; Saturday, Russ Hickman Burial Grafton, 1 p.m.; Sunday, Worship at Bethlehem, 10:30 a.m., Grace Worship, 9 a.m.; Tuesday, Manly Care Center, 10 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open 4:30 - 6:30 p.m.; Saturday, Graduation Reception for Ryder Lestrud, Kensett Comm. Center, 2-5 p.m.; Sunday, Worship - Elk Creek, 9 a.m., Sunday School - Elk Creek, 9:45 a.m., Radio Broadcast of Worship on 97.1 FM or Kensettia.com, Worship Bethany, 10:30 a.m.; Monday, Bethany Council Meeting, 7 p.m., MANNA Open, 10 a.m. - Noon.
Pastor Tom Martin

Trinity United Methodist, Bolan
Sunday, Worship Service, 9:10 a.m., Mother's Day Observed
Pastor Cory Allard

Northwood United Methodist Church
Thursday, Church Family Meeting at the Joe & Linda Nydegger Home, 6:30 p.m.; Sunday Worship Service, 10:45 a.m., Senior Recognition - Collin Kilbourn
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 11 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556, Sunday School, 9 a.m.; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills, Sunday School, 9:15 a.m.; 9:30 a.m., Lunder, 14982 735th Ave., Albert Lea, Sunday School, 8:30 a.m.; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, 7-8 Grade Confirmation, 5:45 p.m., Bell Practice, 6 p.m., Senior Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Pryer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with Holy Communion, 9 a.m., Sunday School, 10 a.m., JH Youth, 6:30 p.m., also available to watch live on the Facebook page; Monday, Staff Meeting, 11 a.m.; Tuesday, AA-Al-Anon, 7:30 p.m.

Check with your local church about online services, updates and changes.

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Are You All In?



One clear message from the New Testament is that we are under a new covenant, that Jesus has changed the rules of the game. There is clearly a debate of sorts going on amongst the writers of the New Testament about adherence to the rules and laws of the Old Testament. This debate continues to rage even in our own times. Some churches advise strict adherence to dietary strictures and the rules of morality while some are a lot looser. It may be the case that everything under the sun has its proper use and thus that nothing is inherently "unclean" and yet common sense tells us that not everything is good for us. Many foods and drugs have their appropriate uses but are unhealthy or even deadly if misused. Perhaps everything is permitted in the narrow sense that nothing created by God is inherently bad, but it does not follow that its unrestricted use is advisable. Just because you can do something doesn't mean you should. Bacon may be okay in small amounts, just like morphine, but it will kill you if you consume too much of it. So we should consider carefully how we use nature's bounty. – Christopher Simon

I have the right to do anything, you say, but not everything is beneficial.
1 Corinthians 6:12

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Farm Journal has been around for decades, supporting the agricultural life-style of men and women homemakers with magazines, news articles and cookbooks. Anyone who has cooked since back in the day will be familiar with their recipes and the delicious outcomes of "regular" food preparation. "Cook Ahead Country Style" (1971) is a slim cookbook that seems to be a compilation of recipes from some of their other books such as the Busy Woman's Cookbook and Timesaving Country Cookbook. All were published by Farm Journal Inc, Philadelphia, Pennsylvania. Cooking ahead has been around a long time; it's now called meal prep! These recipes are adapted from the chapter titled Main Dishes.

Braised Beef in Cream

1 boneless pot roast, such as sirloin tip, round roast or rump, 4 pounds
2 tablespoons olive or vegetable oil
1/2 cup water
2 cups heavy cream
1/2 cup real butter, unsalted
2 large cloves, fresh garlic, peeled and smashed
4 tablespoons fresh lemon juice (yes, fresh does make a difference)

In a heavy kettle or Dutch Oven, heat the oil and brown the roast on all sides. Do this slowly over medium heat. Season generously with salt and pepper. Add the water, cover and simmer 2 1/2 – 3 hours on low, or until tender. Remove the meat from the pan and allow to stand for 20 minutes. Pour off the pan juices and save for another use. Slice the roast thinly. Heat the butter until it bubbled and browns, in the same pan. Add the cream, garlic and lemon juice with about 1 1/2 teaspoons salt and 3/4 teaspoon black pepper. Simmer over medium heat, stirring constantly, for about 3 minutes to combine the flavors. Pour half of this sauce into a shallow baking dish. Arrange the meat slices, slightly overlapping, in the sauce and pour the remaining sauce over the top. Preheat the oven to 350 degrees F. Bake, for about 10 minutes or until heated through. Sprinkle very generously with chopped fresh parsley or chives. Serves about 8 people. NOTE: you can prepare this dish up to the heating point and refrigerate, covered, until needed. Increase the heating time to about 20 minutes in a pre-heated oven.

Tagliarini Casserole

1 pound lean ground beef
1/2 pound bulk pork breakfast sausage
1 cup chopped yellow onion
1 medium green bell pepper, chopped
1 can (12 oz.) whole kernel corn, well drained
1 can (10.5 oz.) tomato sauce
1/3 cup sliced stuffed green olives
1 clove garlic minced OR use equivalent amount of jarred garlic
8 oz. shredded sharp Cheddar cheese
8 oz. wide egg noodles, cooked al dente (about 5 minutes) and drained

Preheat the oven to 350 degrees F. Brown the two meats together, crumbling into small pieces. Drain off any drippings. Add the remaining ingredients except the cheese and cooked noodles and combine well. Taste for seasonings and add salt and pepper if needed. Remove from heat and stir in 1/2 of the cheese and the noodles. Pour into a sprayed 3-quart casserole dish and top with the remaining 1/2 of the cheese. Cover and bake for 35 minutes. Uncover and bake an additional 10 minutes. Serves 10.

Chicken Chrunch

(This one is different as it has both chicken and tuna included)

1/2 cup whole milk
2 cans (10.5 oz. each) cream of chicken soup
3 cups diced cooked chicken
1 can (7 oz.) white tuna, drained and flaked
1/4 cup minced yellow onion
1 cup diced celery
1 can (5 oz.) sliced water chestnuts, drained
1 can/package (3 oz.) chow mein noodles
1/3 cup toasted sliced almonds, optional

Preheat the oven to 325 degrees F. Blend the milk into the soup in a 2-quart casserole dish. Mix in the remaining ingredients except the almonds if you are using them. Bake for 40 minutes, uncovered. Just before serving, sprinkle with the toasted almonds. Serves 8. NOTE: if you don't like water chestnuts, you can replace them with an additional 1/3 cup chopped celery.

I love to read old cookbooks where ingredients such as cream, butter, whole milk and other staples were used with not much thought to their health benefits or lack of same. Life in the kitchen is still good, it's just different! And….that's all she wrote.

Northwood Anchor Society





Doing the math

The Northwood-Kensett Math Club recently paid a visit to the fifth grade classroom, where they gave a "pep talk" and presentation about the club motto: "Life takes math and science, and so should you!" They also gave out pencils and Smarties, before sharing a video on a club activity, talking about pi and answered questions. They also held speed tests for multipilication and division. The top three in the speed tests are pictured above, including Aleah Bewley, Mia Fierova and Ivy Toresdahl. They are pictured with Math Club members (middle row, from left) Kenny Conlin, Drake Tiedemann, Madalynn Hanson, Chloe Costello, Historian Wyatt Willand, (back row) Teagan Johnson, Treasurer Hayden Moore, President Nathan Hannemann, VP Emma Davidson, Secretary Jadyn Beland, Weston Willand and Andrew Breitsprecher.

Worth Community Pantry receives Food Bank grant

Across Iowa's 99 counties, 324 grants totaling $3,452,729 were awarded to Feeding America partner pantries and feeding sites to mitigate additional costs incurred by front-line food assistance providers who stepped up to respond to unusually high demand during the COVID-19 food insecurity crisis.

Grants provided to Feeding America food bank partners are possible due to CARES Act funding. The COVID Relief Partner Agency Grant was administered by the Iowa Food Bank Association, a coalition of six Feeding America food banks banding together to ensure no Iowan lacks proper nutrition.

Food banks are large-scale food distribution businesses. These essential non-profits operate industrial freezers, cold and dry storage, warehouse equipment, and truck fleets. Administration of USDA commodities, acquiring and distributing free and reduced-cost food, storage and transportation is always done with food safety and serving the needy top-of-mind.

Locally, the Worth County Community Pantry, which operates out of the Northwood Community Center, received a grant of $24,626.07. The funds were to help purchase and distribute food in the community.

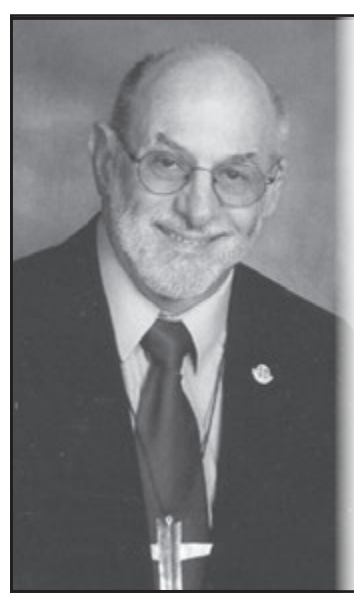
The Worth County Community Pantry offers a monthly food distribution the first Tuesday of every month, as well as making food availaable to those in need as needed.

More information is available by contacting the Northwood Community Center at 641-324-9976 or nwdcommunitycenter@gmail.com or on Facebook by searching for the Northwood Community Center.



Farewell Gathering
honoring
Pastor Tom & Donna Martin
Pastor Tom is retiring from Elk Creek & Bethany Churches
Donna is retiring from teaching at Northwood-Kensett CSD
Sunday, May 16
2-4 p.m.
Kensett Community Center
Hosted by Elk Creek & Bethany Churches





Happy Retirement to a Special Pastor and his wife
Pastor Tom & Donna Martin
From a friend who will miss you*





May **SPECIALS**
Any Single Topping Pizza $9.99
12 pc. Chicken with 1 Order of Wedges $18.25
Sunday **DINNER SPECIAL**
2 pc. Broasted Chicken Dinner **$6.95**
Good through May 31, 2021
We no longer have E85 Gas we now carry Premium 91 Octane Gas
R80 In Kensett
"Where the sun always shines."
Store open 7 days a week! Hours: 6 a.m. - 9 p.m.
Cafe Open: Mon. - Fri. • 6 a.m. - 2 p.m. Sat. & Sun. • 7 a.m. - 2 p.m.
641-845-2033

Northwood Anchor **Opinion**

The new and improved Northwood Anchor

The Northwood Anchor recently underwent a change that some may or may not have noticed.

It's somewhat subtle, perhaps only observed by those that treasure their issues and collect them from week to week. For those in that situation, whose primary interest in the Anchor is amassing a nice, neat, consistent piles of papers, we apologize.

To the rest of you, we hope you enjoy the change. It's an effort weeks in the procrastinating.

As of last week, May 5, the Northwood Anchor has been printed at a new location.

The decision was primarily one that serves to provide a better quality paper, with clearer text, sharper images and more clear, consistent ads and photos, especially those that are printed in color.

We put a lot of time, effort and heart into each week's issue and this change better reflects what we work to deliver to readers each week.

Besides a better looking paper, the process involved also brings a different size paper. So, those subscribing and purchasing the paper are getting a little extra bang for their buck. How much "bang"? Well about 1 1/2 inches in the width of a page.

For most, that increase in page dimensions won't mean much more than the chance for bigger photos, more content and some other options.

For everyone the change means a more visually pleasing, easier to read newspaper that reflects the Anchor as we want it to be.

For a few, and we apologize, it means a less tidy collection for this year.

Either way, thanks for reading and we hope you enjoy the investment in your weekly paper. And we thank you continually for your investment and support of the content and how it is delivered to you.

Thanks

Kris Kenison



Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I'm a triathlete.

You are?

Yes, I try to swim, I try to bike and I try to run.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I'm a chronic walker. Why don't people walk more? It's not because we're lazy. We have too much money invested in chairs. I hadn't been so excited since the invention of The Clapper as I was when my wife and I assembled three desk chairs. It was a pair-bonding exercise. They were rodeo chairs that had never been ridden. The first two were easy-peasy, but the third chair was larger, more complicated and rather challenging. The chairs are rolling now. Alex Trebek may have had all the answers, but I had a hammer.

Shopping with a lady beetle

My wife and I were grocery shopping. My job when shopping with my bride is to stay by the shopping cart. I'm good at that. Occasionally, I gave the cart a light push and said, "Vroom! Vroom!" I loitered in the health food aisle in case I should tip over after a long and courageous battle with a nasty hangnail. That would make me look good. "He was concerned about his health until the very end," a mourner might say.

Multi-colored Asian lady beetles had filled our garage. They weren't quite everywhere. They missed one spot. It was impossible to get in or out of my car without inviting beetles in.

There I was in the health food section, staying near the cart. I was content. Right about then, I felt something crawling where things shouldn't be crawling. It was on my south end. When my wife returned from some mysterious aisle where I'd never been, I told her I needed to visit the little boy's room. Once there, I did what I could to find the cause of the crawling sensation. It was a multi-colored Asian lady beetle. I was happy to see it and to see it go. It fell to the floor and crawled away to find another rear end to torment. I rejoined my wife. I smiled and hoped she thought that was because I was happy to see her again.

The coonhound chronicles

A friend showed me his new COVID canine or pandemic pooch. It's a coonhound. I recalled a fellow who frequently came to our farm during my boyhood with a pack of coonhounds to hunt raccoons. While in bed and trying to sleep, I listened to the baying of those hounds. It sounded like a political convention. In the morning, I'd hear one baying at the new day. At least one dog always became lost. I'd put it in the yard, but the dog found it easy to scramble over the fence. I called the owner and he promised to get there as soon as possible. That was usually a week. I understood why. He saved money by having us feed his dog that ate like a horse.

Nature notes

I grew up with a distorted view of bears. Much of it was cartoonish. The lovable Hamm's bear charmed TV audiences so much that collectors pursue promotional items bearing his likeness. That beloved bear starred in commercials. He fished, golfed, skied, bowled, camped, performed magic, and played baseball, hockey or the accordion while accompanied by this ditty, "From the land of sky-blue waters, from the land of pines, lofty balsams, comes the beer refreshing—Hamm's, the beer refreshing. Hamm's!" I enjoyed seeing the beer bear birling (log-rolling) as he balanced on a log cut by a beaver. Newspapers printed broadcast schedules of his commercials.

Yogi Bear first appeared on "The Huckleberry Hound Show." He became more popular than Huckleberry Hound and was given his own show, "The Yogi Bear Show." Yogi's cartoons centered on his antics in Jellystone Park. Yogi, accompanied by his little friend Boo-Boo, attempted to steal picnic baskets from campers, much to Ranger Smith's displeasure. Yogi regularly proclaimed, "I'm smarter than the average bear!" He overestimated his cleverness.

I saw proper bears on "Mutual of Omaha's Wild Kingdom" starring Marlin Perkins and Jim Fowler. Marlin was a talker. As Jim wrestled a mother grizzly with a toothache, Marlin made tried to sell us life insurance by saying, "Just as the mother bear protects her young, you can protect yours with a policy from Mutual of Omaha."

I've seen bears in the wild. I've enjoyed their company.

Meeting adjourned

"In our daily lives, we must see that it is not happiness that makes us grateful, but the gratefulness that makes us happy."—Albert Clarke

©Al Batt 2021



A better door stop than a...

As the Anchor closed one day last week, there was some resistance to shutting the doors. Not from an employee that wanted to stay late. Not from a last minute end of the day visitor. It came from a feline office inhabitant, who was hesitant to give up her spot in the sun. Tess was laying with her paws against the door, as can be seen from this picture, taken using a phone pushed through a crack in the doorway.

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Publishers of The Northwood Anchor USPS 398-060

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Kris Kenison . . . . . Publisher
Becky Haberman. . . . . .Office Manager
Dawn Batton . . . . . .Composing
JoAnn Lower . . . . . .Reporter
Mike Simmons. . . . . Sports Editor

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Fit to print...

Government needs room for common sense

By Randy Evans, executive director of the Iowa Freedom of Information Council

People like to talk about what the law says. And in Iowa, the law has a lot to say.

Just look at the Iowa Code. It now fills eight volumes and costs $295 for a complete set.

But common sense costs nothing — although the 18th Century thinker Voltaire once observed, "Common sense is not so common."

Two examples involving government in Iowa in recent weeks clearly show the Frenchman was onto something.

For about 13 months, most state and local government boards and councils have held "virtual" meetings because of the Covid pandemic. With government buildings closed, the public has been able to "attend" these meetings using Zoom, Facebook, YouTube or similar remote access applications.

The Internet has allowed Iowans to monitor issues coming before their city councils, school boards and county boards of supervisors. When an important topic has come up, people have still been able to address their elected officials.

That is good. After all, the government belongs to the people. It does not belong to the members of government boards or people working for these government entities.

But now that COVID vaccines are available to all adults, government buildings are reopening and some boards want to pull the plug on remote access to their meetings. That is not good.

While Iowa's public meetings law does not require remote access to be provided, the law also does not prohibit government from making access to meetings available to the public using this technology.

More about this in a moment.

A second example:

Iowa's public meetings law says people have a right to attend meetings of state and local government boards, except when a few specific topics are discussed. But there is a frequent point of confusion: While citizens must be allowed to attend, nothing in the law requires boards to allow members of the public to speak at the meetings.

That is entirely up to the board, council or commission. And this is where common sense should come in.

One of the hottest issues in Des Moines for the past 12 months, and in many other U.S. cities, too, has been the way police handled protests following the death of George Floyd.

In Des Moines, there are sharp divisions locally. On one side are people who defend law enforcement. On the other side are those who see what they consider to be racial injustice and unwarranted violence by police.

The issue came to a head in April when the public learned that two officers who will be teaching de-escalation techniques to fellow cops were themselves involved in incidents that led to the city paying about $1 million to settle lawsuits citizens brought against the city.

The most egregious case involved a man from Lime Springs, who was intentionally dropped to the pavement face-first after his arms were handcuffed behind his back.

The Des Moines council sets aside 30 minutes at each meeting for public comments. Many boards around Iowa have similar policies and limit speakers to a few minutes each.

When more people want to speak than can be accommodated in the allotted time, boards often take speakers in the order they sign up or draw names from a hat to determine who gets to speak.

When an issue of considerable controversy exists, boards sometimes schedule a special meeting so everyone can be accommodated.

But the Des Moines council did not do that. Instead, they divided the 30-minute time block among the 71 people who signed up to speak. The result — with each speaker receiving 25 seconds — made a mockery of citizen participation in their government.

Yes, the public meetings law does not require the council let anyone speak. But Voltaire's admonition should guide Des Moines' mayor and council members to use common sense to find a way to make citizen input a meaningful part of city government.

These officials are paid well for their service. The mayor receives $52,000 annually, each council member receives $26,000, and the city manager who works for them is paid $245,000.

Likewise, government boards that are thinking about ending remote access to their meetings should remember what that guy Voltaire said.

The pandemic opened the eyes of government officials across Iowa about ways to better serve the citizens by making meetings more readily available and accessible — especially for people who are ill or disabled, or those who do not have transportation available, or who have child care obligations or a schedule conflict.

Meetings are not open to the public because everyone in town is going to attend. They are open to the public because that is an important way for local taxpayers to monitor what their government boards and councils are doing.

Providing remote access via a home computer or smart phone is one more way of engaging with local taxpayers, and that ought to be a good enough reason to continue making remote access available.

It's just common sense.

Randy Evans is executive director of the Iowa Freedom of Information Council. He can be reached at IowaFOICouncil@gmail.com.

Northwood Anchor

Early Files

100 years ago

May 11, 1921

Mr. and Mrs. Dow Simmonds, C.W. Remore and Mrs. Nettie Thompson were recently appointed as a committee of the Cemetery Association to make arrangements for plants for the beautifying of Sunset Rest. The committee was in Mason City and Albert Lea last week, where they purchased plants that are now being set out and which will add much to the beauty of our cemetery before Decoration Day.

A number of neighbors and friends of the J. A. Gullickson family, southwest of town, enjoyed a party on Sunday at their elegant farm home, the affair being arranged in honor of Mrs. Gullickson's birthday. A regular country style dinner was served and everyone present reported the gathers a most pleasant one.

Yesterday afternoon at the home of Mrs. E.H. Dwelle the children of the members of the P.E.O. sisterhood were entertained at the afternoon party. Games stories and refreshments furnished a pleasant time for the youngsters.

G. Weisenberg, who for over a year conducted the Jefferson Cafe in Northwood, closed a deal last week whereby he becomes the owner of Winifred Hotel, making the purchase from DeGraff and Birum, who have conducted the place for the past months.

The picture of Miss Agnes Torgerson, of Northwood, appeared in the list of "Iowa Beauties" published in the Chicago Tribune of Monday in connection with the contest being carried on by that paper. The picture is a very good one and friends believe the judges will give it favorable consideration in deciding upon the winners in the contest.

75 years ago

May 9, 1946

Four lads of Northwood and vicinity face action in juvenile court as a result of recent lawless acts. The boys were picked up last week by Sheriff Carl M. Sheimo and were taken to the office of County Attorney L.E. Plummer. Three of them have been notified to appear on Monday before Judge T.A. Beardmore in juvenile court here.

Funeral services for Mrs. Pearl O. Hendrikson, 41, were held on Tuesday afternoon at 2 p.m. at the Northwood Lutheran church, conducted by the pastor, the Rev. O.H. Hove.

This is a picture of Corp. LaVerne White, a son of the Vern Whites of near Bolan, and his Belgian bride, who is expected to arrive here within the next few days. They were married on March 21 at Ghent, Belgium. Corp. White hopes to join his wife here before the first of June and they will make their home on the McGowan farm at Bolan after he receives his discharge from the service.

Northwood high school seniors will present Booth Tarkington's 4-act comedy, "Clarence," on May 15, at 8 p.m. in the school auditorium, Miss Marjorie Parchman, high school English instructor, is directing the play.

The Rev. G.W. Cramer of Allendorf, Iowa, has been appointed as pastor of the Bolan Evangelical church. The selections made at the annual session of the Iowa conference of the Evangelical denomination.

50 years ago

May 13, 1971

Northwood Brownie and Junior Girl Scouts gathered cartons of litter in Crescent Park and surrounding area on Saturday morning. They joined the Lake Mills troops on Monday in a clean-up campaign at Rice Lake Sate Park. Leaders present were Mrs. Paul Ohland, Mrs. Kenneth Block, Mrs. Harold Quisley, Mrs. Glen Curtis and Mrs. John Stumo.

New officers for the Northwood-Kensett Future Farmers of America Chapter were elected last week, with Steve Brunsvold, son of Mr. and Mrs. Leonard Brunsvold, rural Kensett, elected president; Larry Foley, secretary; Russel Thompto, vice president; Eldon Krull, reporter; Grayling Stayner, sentinel; and James Krull, treasurer. They will serve throughout the school year of 1972. Howard Rupert is chapter advisor.

The Northwood United Methodist Church confirmed three members on Sunday, April 25. They were Russell Herberg, son of Mrs. Phyllis Herberg; Larry Jacks, son of Mr. and Mrs. Larry Jacks; and not present for the photo, Alan Hove, son of Mr. and Mrs. LaVon Hove.

Ryan David, son of Mr. and Mrs. John Greve, was baptized on Sunday at the United Methodist Church by the Rev. Earl Josten. Mrs. Greve's parents, Mr. and Mrs. Hugh Croft of Esterville, were guests for the day.

Arlyn Rustad, star senior track man, is shown clearing six feet in the high jump at the Viking Relays last week. He qualified in the district meet in the high jump, 120 yards high hurdles and 180 yard low hurdles to enter the state meet at New Sharon on May 15.

25 years ago

May 5, 1996

Lucy and Dave Heiken inspected the ruins of the turn-of-the-century barn destroyed in Sunday's fire. The steel walls standing in the background are the only remains of the repair shop that was attached to the north end of the barn.

Ver Helst Snyder Drug owner Dave Ver Helst has gotten a lot of help from 11-year-old son Matt during his recent remodeling project.

Northwood-Kensett third graders Jacob Madsen and Kalvin Henrikson got some help from teacher Pat Rothove on Monday while planting flowers in an Iowa-shaped garden on the southwest corner of the elementary school grounds here. Classmate Cory Hagen waited his turn while other classmates watched from a distance. The N-K students and teachers planted the garden in conjunction with the school's Sesquicentennial observance and the Iowa Voyager's visit here.

Terraces like this one in Silver Lake Township not only hold hillside soil in place, but have a beneficial effect on water quality as well, according to Worth County Soil Conservationist Roger Erickson.

The youngsters shown were among the 100 4-H club members and parents who made the recent 4-H beef fitting and grooming show at the Worth County fairgrounds the largest event of its kind in the state so far this year.

Northwood's "Our Buddies Memorial" VFW Post #6779 and Auxiliary will observe their 50th anniversary with a banquet and program on Saturday night, May 18, at 7 p.m. Reservations are to be sent in by May 10, to Howard Ringham, quartermaster.

10 years ago

May 10, 2011

Northwood's triplets, Eric, Taylor, and Michael Otis, children of Darla and Dan Otis of Northwood, celebrated their 18th birthday last Friday. They will march down the N-K aisle during graduation ceremonies on Sunday. The Otises plan to attend Iowa State University next fall.

Each year math aficionados celebrate a day with numerical significance. PI day is held on March 14 as that date is the closest to the first three digits of pi (3.14). Students in Northwood-Kensett's Math Club have celebrated that holiday for the past few years with a number of events. This year that once again included an auction for a variety of pies. The 2011 pie auction raised $138.42, which was donated to the N-K Athletic Complex. Math Club member Lizzie Braun is pictured handing Athletic Complex committee member Kory Olson a check for $150, easy as pi.

As each Northwood-Kensett class prepares for graduation, there are a number of traditions that are observed. That includes the senior tea, a tradition since the 1930s, attended by graduating senior ladies and their mothers and mother figures. For several years, members of the Twenties Club have hosted the senior tea. Pictured at last Thursday's senior tea, held at Signatiures Supper Club, were N-K graduates-to-be Jamie Butler, Briar Tenold and Jordan Garcia and Twenties Club member Connie Hogen.

Four young people were confirmed at Faith Lutheran Church in London, Minnesota, on May 1. They are Hayley Frodl, Sapana Gasteiger, Kyle Hanson, Bethany Smilie and Pastor Kent Otterman.



A life-saving donation

By JoAnn Lower

The VFW saw a steady stream of people arriving to donate for the Northwood Lions Club Blood Drive on Thursday, May 6. "There is always a need for blood," said Life Serve's team leader. "Only about 7% of the population donates." Giving blood can make a big difference in people's lives. Helping others in need feels good, and it's a simple thing to do.

Keep students learning throughout the summer months

By Cari Teske, Teacher Librarian/School Improvement Consultant at Central Rivers Area Educational Agency



CARI TESKE

Families and educators alike feel the pressure of supporting students as they transition through an unusual school year. How did the COVID interruption of learning impact students academically and emotionally? With summer approaching how can we help students to continue to grow and learn? Those are all very valid questions and ones that can't be easily answered. With time and being reflective on student learning, together we can make the most of a difficult situation. So, what can families do to support their learners?

Start with your school district. Visit with your student's teachers to learn more about the skills and concepts that you can support from home. What ideas or suggestions do they have for you in order to sustain student learning? Are there any summer options for learning provided by the school district? Some districts intend to provide enrichment programs as well as other summer learning opportunities in order to keep students engaged.

Look around your community. What opportunities are available that would engage students? Are there summer library programs to participate in? Does the local park and rec department have summer camps and workshops? Look for other community organizations like the YMCA who often have programs to engage learners. All of these experiences provide opportunities for students to get involved and actively participate.

In your own neighborhood. Students learn best by being actively involved. Find activities that get students thinking and moving. Provide experiences! Plant flowers or even a small garden or create a scavenger hunt through a local park. Ride bikes together or consider cooking a meal or baking something to share with others. Start a book club. Volunteer at a local animal rescue league. Draw pictures and share them with your neighbors. Talk through those experiences and seek to find activities with purpose and that bring joy to others.

Look at the whole child. Learning is personal and is most successful when it is matched with the interests of the child. Discuss possible career options and look for opportunities to help young people to explore the work they are most passionate about. Students are never too young to explore ways to connect an interest into an occupation. Job shadow. Visit workplaces. Don't be afraid to reach out as you may be surprised what opportunity will become available.

As this school year winds down, celebrate the successes found throughout this year of uncertainty. Embrace each opportunity of learning and use that as a way to move learning forward. If you have an idea or would like to find out more about how to support learning, we are here to help.

Cari Teske is a Teacher Librarian/School Improvement Consultant for Central Rivers Area Educational Agency (AEA). She can be reached at ctestke@centralriversaea.org. Central Rivers AEA serves over 62,000 students in 18 counties of Iowa.

Northwood Anchor

Obituaries

Arthur Senne

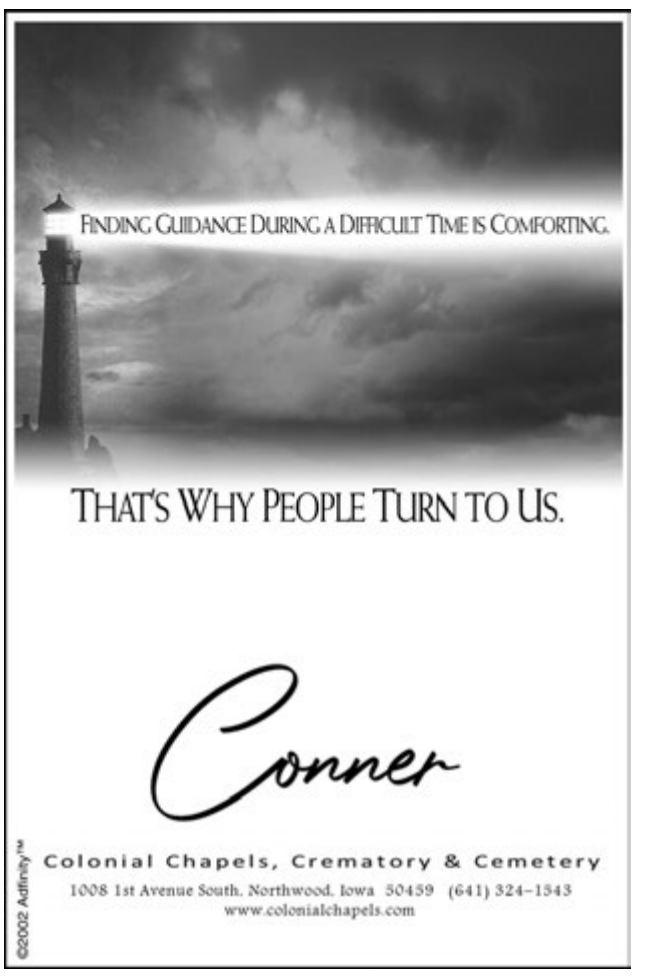
Graveside services and burial for Arthur Senne will be held on May 22, 2021, at 1 p.m. at the Silver Lake Cemetery.

In honor of Arthur's favorite food, there will be an ice cream sundae social gathering immediately following the service.

Wish to celebrate the life of a passed loved one?

Let the Northwood Anchor help memorialise your loved ones

anchor1@nwdanchor.com or 641-324-1051





Making the cut

The Northwood Chamber of Commerce recently held a ribbon cutting to welcome Our Backyard Garden & Gifts to the community. Pictured cutting the ribbon is owner Skylar Beresford, along with family, supporters and chamber members. Our Backyard Garden & Gifts is located in the backyard at 202 13th Street S.

Northwood-Kensett Trap

By Dean Mueller
N-K Trap Coach

The Vikings participated in a dual shoot hosted by the Osage Green Devils on May 3. Osage won the shoot with a 223.

The high scores for the Osage team were Alex Heman, 47, Ben Popp, 47, Conner Mehman, 44, Alexa Thayer, 43, and Matt Johnson, 42.

The Vikings shot a 201. High scores were Haydan Pestorious, 44, Aiden Moretz, 41, Casson Moretz, 39, Colin Houg, 39, and Cody Wahl, 38.

Alexa Thayer was the first place female with 43. Following a shoot off for first and second Ben Popp was first, 47 (22), second was Alex Heman, 47 (12), third was Conner Mehman, 44 (20) and fourth was Hayden Pestorious, 44 (18).

The Vikings hosted the Mason City Mohawks on Thursday for a dual shoot at the Ikes. Mason City won the event with a score of 217.

High scores for the Mohawks were Sebastian Brock, 46, Isaac Cole, 43, Kasey Elsbury, 43, Even Snyder, 42 and Jagger Heller, 43.

The Vikings posted a score of 203. The high scores were Haydan Pestorious, 44, Loghan Nelson, 41, Colin Houg, 41, Cody Wahl, 40 and Casson Moretz, 37.

For the Ladies the high scores were Haddie Hanson, 34, Sophie Johnson, 23 and Isabella Monarch, 20.

The men's top three were Sebastian Brock, 46, Haydan Pestorious, 46, and a three way tie for third: Isaac Cole, Kasey Elsbury and Jagger Heller, 43. It was late, cold and windy so we did not shoot off the tie.

The Northwood-Kensett trap team attended the Charles City Invitational on Saturday, May 8. The event was held at the Nashua Fish and Game Club. The top team was New Hapmton Red with a score of 226, second place team was the N-K Vikings White with 222 and the third place team was New Hampton Black with a score of 218.

Shooting on the N-K White squad were Haydan Pestorious, 50, Casson Moretz, 50, Richard Walker, 38, Loghan Nelson, 41, and Cody Wahl, 43.

The woman's champion was Holschlag (NH), 46, second (I did not record the name), 45, and third after winning a shoot off was Alexa Thyer (O), 44.

There were three perfect scores shot (50) and they had to shoot off for men's champion. Winning the shoot off was Hayden Pestorious (22), second was Casson Moretz (19) (3), who tied and won by sudden death at the 27 yard line, and Ashton Venem (NH) (19) (2).

Some of you may have noticed a slight difference in the way the team scores are being reported. The N-K Viking moved to the Iowa Clay Target League along with several North Iowa schools last year. In that league they use team scoring, which is the top five scores from the entire team. Charles City is still in the Scholastic Clay Target League and they score by squad scoring. That means the total score of the five shooters on the squad is used. With team scoring a school can only take one trophy at a shoot, but allows for each shooter to be one of the top five scores. With squad scoring a school can take multiple trophies at a shoot as New Hampton did at the Charles City Invitational. But, a shooter on another squad could have shot a higher score but does not count toward the team total.

Bolan

Kelsie and Cole Willert of Cedar Falls were home with their parents, Scott and Lori, for Mother's Day weekend. Joe and Linda Nydegger joined them for dinner on Sunday.

People's Right To Know

Legal

Notice

NOTICE OF PUBLIC HEARING

A public hearing will be held at 8:45 a. m. on Thursday May 27, 2021, at Conference Call, Conference number: (978)990-5180, id #328737, Iowa, on the question of the adoption of proposed amended soil loss limit regulations for the lands in the Worth County Soil and Water Conservation District. All persons who are likely to be affected by the amended regulations may attend and will be given an opportunity to present their views concerning the amendments.

The regulation changes will establish allowable rates of soil loss by wind or water erosion based on the newest published soil survey information for lands in the county. The rates of erosion expressed in tons per acre per year are proposed to be set for (1) agricultural lands, (2) nonagricultural lands, and (3) construction sites. For agricultural (farm) land, the proposed soil loss limit will be set for each soil type and will vary from one to five tons per acre per year.

The proposed amended soil loss limit regulations are on file and may be reviewed at the Worth County Soil and Water Conservation District office, 1004 10th Street S, Northwood, Iowa, prior to the date of the hearing.

If special accommodations are needed, please contact the Worth SWCD one week prior to the hearing by calling (641) 324-1819.

Notice

Public Notice
IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
IN THE ESTATE OF MICHELLE M. RUNDE, Deceased
Probate No. ESPR009261
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Michelle M. Runde, Deceased, who died on or about March 12, 2021:

You are hereby notified that on the 19th day of April, 2021, the undersigned was appointed as Administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 6th day of May, 2021.

Dennis D. Runde
22375 Thrush Avenue
Mason City, Iowa 50401
Administrator of Estate

Jacqueline R. Conway
ICIS Pin No. AT0001627
Laird Law Firm, P.L.C.
11 Fourth Street NE
P.O. Box 1567
Mason City, IA 50402-1567
Attorneys for Administrator

Date of second publication 19th day of May, 2021.

19-2t

Supervisors

May 3, 2021
Eighteenth Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Mark Smeby and Enos Loberg present.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Abstentions: none. Absent: None.

Motion by Loberg, second by Smeby, carried to approve the May 3, 2021 board agenda.

Motion by Loberg, second by Smeby, carried to approve the April 26, 2021 board minutes.

Motion by Smeby, second by Loberg, carried to set a landowner meeting for DD #10 Upper Main on June 7, 2021 at 10:00 A.M.

Motion by Smeby, second by Loberg, carried to approve claims in the amount of $1,909.06 as per the following schedule:

Arnold Motor Supply, SERVIC E-ENG.....$1,909.06

Motion by Loberg, second by Smeby, carried to approve salary changes for Jesse Luther at $64,625.05/year and John Smith at $62,369.86/year as submitted by the sheriff.

Motion by Smeby, second by Loberg, carried to acknowledge county receipt of manure management plan annual update from Nate & Melissa Moretz for facility #69342 located in Section 19, Kensett Township, Worth County.

Motion by Smeby, second by Loberg, carried to approve the Payment in Lieu of Taxes Waiver for North Iowa Regional Housing Authority in the amount of $1,528.11.

Motion by Loberg, second by Smeby, carried to appoint Julie Hagen Robb to the North Iowa Regional Housing Authority Board.

Motion by Smeby, second by Loberg, carried to appoint A.J. Stone to the Upper Cedar Watershed Management Improvement Authority Board of Directors. Ayes: Smeby, Loberg. Nays: None. Abstentions: Stone. Absent: None.

Motion by Smeby, second by Loberg, carried to adjourn at 9:59 A.M. The next meeting of the Board of Supervisors will be Monday, May 10, 2021 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
NO. ESPR009246
IN THE MATTER OF THE ESTATE OF ARLYNN L. MCHENRY, DECEASED
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Arlynn L. McHenry, Deceased, who died on or about November 8, 2020:

You are hereby notified that on January 8, 2021, the last will and testament of Arlynn L. McHenry, deceased, bearing date of April 8, 2004, was admitted to probate in the above named court and that Sarah A. Wacholz was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated January 10, 2021.

Sarah A. Wacholz
23808 State Hwy 13
New Richland, MN 56072
Executor of the Estate

John H. Greve
ICIS#: 000001969
Greve Law
736 Central Ave.
P.O. 167
Northwood, IA 50459
Attorney for the Executor

Date of second publication 19th day of May, 2021.

19-2t

Notice

PUBLIC NOTICE

The Beth E. Reinhart Charitable Trust will be accepting Applications for grants during the period of July 1 to August 31. Charitable purposes for the benefit of children shall include educational activities, youth programs, delivery of health care services and any other charitable purpose benefitting children and acceptable to the Trustees within a fifty (50) mile radius of Mason City, Iowa. For complete procedure details, please contact:

Beth E. Reinhart
Charitable Trust
c/o Sandy Benson
P.O. Box 894
Mason City, Iowa 50401
Phone: 641-430-4563
Email:
bethcharitabletrust@outlook.com

Applicants must be a "public charity" within the meaning of Internal Revenue Code Section 501(c)(3) or Internal Revenue Section 170(c)(1).

16-4t

Notice

The Annual Report of the Esther E. Losee Scholarship Fund is available at the address noted below for inspection during normal business hours by any citizen who so requests within 180 days after publication of this notice of its availability.

Esther E. Losee
Scholarship Fund
714 Central Avenue, Northwood, IA 50459

The Principal Manager is: Douglas A. Krull, Trustee; Telephone: 641-324-1981.

Notice

IOWA DISTRICT COURT
FOR WORTH COUNTY
NO. ESPR009200
IN THE MATTER OF THE ESTATE OF DENISE BETTE DESPENAS, DECEASED
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Denise Bette Despenas, Deceased, who died on or about December 22, 2019:

You are hereby notified that on February 18, 2020, the last will and testament of Denise Bette Despenas, deceased, bearing date of October 23, 2018, was admitted to probate in the above named court and that Christopher E. Despenas was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated February 25, 2020.

Christopher E. Despenas
38 West River Point Drive
Hampton, Virginia 23669
Executor of the Estate

Kristy B. Arzberger
ICIS#: AT0000530
Arzberger Law Office
1531 South Monroe Avenue
Mason City, Iowa 50401
Attorney for the Executor

Date of second publication 19th day of May, 2021.

19-2t

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
NO. ESPR009262
IN THE MATTER OF THE ESTATE OF ESTA REYERSON, DECEASED
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Esta Reyerson, Deceased, who died on or about April 29, 2021:

You are hereby notified that on April 30, 2021, the last will and testament of Esta Reyerson, deceased, bearing date of February 24, 2020, was admitted to probate in the above named court and that RaChael Ann Hanna was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated April 30, 2021.

RaChael Ann Hanna
203 Franke Street
Joice, IA 50446
Executor of the Estate

Douglas A. Krull
ICIS#: 000008531
714 Central Avenue
P.O. Box 200
Northwood, IA 50459
Attorney for the Executor

Date of second publication 19th day of May, 2021.

19-2t

Notice

The Annual Report of the Carrie and Oren Igou Scholarship Fund is available at the address noted below for inspection during normal business hours by any citizen who so requests within 180 days after publication of this notice of its availability.

Carrie and Oren Igou
Scholarship Fund.
Douglas A. Krull, Trustee.
714 Central Avenue, Northwood, IA 50459.
Telephone: 641-324-1981.

The Principal Manager is Tom Watts. 641-324-2122.

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
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Michael E. Dierenfeld, D.V.M.
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Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

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John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

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Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
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Fri. 8 a.m. - 4 p.m.
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

Anchor Sports



Freshman golfer Peyton Wilder chips onto the green in last Monday night's second place finish to Central Springs. Wilder shot a round of 61, placing her in sixth for the night.



The Vikings' Nick Hanson looks to sink his putt last Monday afternoon at Manly's Pioneer Town and Country Club. Hanson shot a 50 on the day as the Vikings won the meet with a team score of 190.

N-K's Davidson medals again, boys win by two strikes at Manly

By Mike Simmons
Sports Editor

After quite a few seasons competing without the required number to register a team score the Northwood-Kensett boys and girls golf teams have seen a quick turnaround from its last year of competition, which is two years now because of COVID-19's cancellation of last year's season.

For the Lady Vikings, it's now a pretty common occurrence for them to be in contention for the win, including Emma Davidson earning medalist honors, quite frankly so many times I've lost count now.

In last Monday's meet in Manly at the Pioneer Town and Country Club, the Lady Vikings finished second to host Central Springs, 228-257 with Davidson taking home medalist honors with a 48, four strokes better than the Panthers' second place Kiley Hanft. Rounding out N-K's scoring were Peyton Wilder, 61, Haddie Hanson, 69, and Hayley Wallin, 79.

The Vikings, meanwhile had a fantastic night as a team, scoring the win with a low score of 190, beating host CS by just two strokes, 190-192, to secure the team win.

Mason Thofson, whose game has improved a lot over the course of the season, led the team with a score of 46, just one stroke short of medalist honors that went to the Panthers' Carter Crum with a 10 over par 45.

Other Viking scores include Drew Wilder, 47, Kael Julseth, 47, Nick Hanson, 50 and Cater Severson, 57.

The boys and girls both competed on Monday in the TIC Tournament, the girls on their home course in Northwood and the boys at Osage's Sunny Brea. The boys sectional tournament starts this Thursday at Spring Valley Golf Club in Livermore while the regionals start this coming Monday, location still to be determined.

Girls Team Scores at Pioneer Town and Country Club – Central Springs 228, Northwood-Kensett 257

Boys team Scores at Pioneer Town and Country Club – Northwood-Kensett 190, Central Springs 192, Nashua-Plainfield 202, Riceville 275



At last Tuesday's JH Viking relays Topanga Hackenmiller clears the high bar in her first attempt, earning her a ninth place finish with a jump of 3-10. N-K's girls, who have struggled with low numbers all season, scored just 16 team points and finished eighth.



Northwood-Kensett's Jr. High track teams hosted the JH Viking Coed Relays last Tuesday night in Northwood. Here N-K boys (Cooper Julseth) compete in the shuttle hurdle, where it finished fourth. N-K's boys finished the night in second place overall, losing to Rockford by just two points, 95-93.

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Kirby Knudtson, Owner
616 Central Ave.

NSB Bank announces Fick as Cushy & Comfy Rewards contest winner

NSB Bank recently announced that Thomas Fick of Northwood is one of the monthly winners of the SHAZAM-sponsored Cushy & Comfy Rewards debit card promotion.

The prize, presented to him on May 1, was a $50 SHAZAM gift card. To win, Tom just used his NSB Bank debit card for PIN- and signature-based purchases and his name was drawn, at random, from all entries.

The Cushy & Comfy Rewards contest ran from January 1 through March 31, 2021, with the grand prize of a $500 SHAZAM gift card, and eight monthly winners, each receiving a $50 SHAZAM gift card. All winners are selected at random from all participating SHAZAM financial institutions.

SHAZAM pioneered the PIN-debit point-of-sale transaction, still used worldwide today. They're the nation's only independent, member-owned debit network, processor and core provider supporting community banks and credit unions.



TOM FICK



Amazing Spring Sales

New Kioti DK4710SEHC
47hp, Cab AC/Heat, Radio, 3 Range Hydro, MFWD, KL5521 ldr w/72" bucket



Cash Price $30,600
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New Kioti CK2610H
26HP Diesel, MFWD, 3 Range Hydro, KL4030 loader 66" bucket



$18,750 with 0% for 84 Months
Cash Price $17,550

D&L EQUIPMENT
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Congratulations & Thank You
to the
STAFF of Lutheran Retirement Home
on having a Deficiency Free Annual State Survey!



You have done an excellent job of taking care of the residents and keeping them safe.

The LRH Team

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Briar Anderson
Hannah Anderson
Mary Arndt
Blake Bass
Cindy Bass
Susan Benson
Kathleen Berg
Laura Block
Coleby Bratrud
Dusti Bratrud
Andrew Breitsprecher
Mary Buren
Christianne Bushbaum
Debra Butler
Jamie Butler
Julie Carrison
Chasity Christensen
Jill Christianson
Pamela Curtis
Denise Dahl
Beth Dahle
Cassie Davis
Kimberly Del Angel
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Connar Elliott
Kimberly Erickson
Kathleen Estes
Carla Faught
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Jaime Fricke
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