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The Northwood Anchor

USPS 398-060
ISSN 8750-922X
Volume 125
Single Copy - $1.00

16 Pages | Wednesday, October 27, 2021 - No. 43 | Northwood, IA 50459

Briefs

Library hosts Halloween party Oct. 28

The Northwood Public Library will host a come and go Halloween party tomorrow, Thursday, October 28, from 4-7 p.m.

Children are invited to come in costume, receive a free book and goodie bag, play bingo and other games and go on a scavenger hunt, as well as completing some crafts.

The event is sponsored in memory of Marybelle Block.

Trunk or Treat in Kensett Sunday

Kids for Christ at Elk Creek Lutheran Church will host a Trunk or Treat event at the Kensett Community Center on Halloween, from 1-4 p.m.

The group is looking for people that want to decorate their car trunks and hand out candy.

They're also looking for kids that want to kick off their Halloween activities at the event.

Anyone with questions may contact Bobbi Logeman at 641-390-0653.

Masons host turkey dinner Nov. 12

The Northern Light Masonic Lodge in Northwood will host its annual turkey dinner on Friday, November, 12, at the lodge, 99 Eighth Street North, in Northwood.

Meals will be served in two settings, at 5 and 6:30 p.m.

Tickets are available from Jerry Bakken, by calling 641-390-0784 or at the door.



Colors of fall

The Northwood-Kenett preschool classes had the opportunity to learn more about fall this past week with different colors and shapes of leaves, which they also used in art projects.

City, school elections on ballots Tuesday

This Tuesday, voters will choose who will represent them in city and school offices.

In-person absentee voting at the auditor's office continues through this Monday, November 1. For voter convenience, the auditor's office will be open until 5 p.m. this Friday, October 29; and on November 1.

Voter registration forms, absentee ballot application forms and information regarding documents acceptable to prove identification and residency are available from the Worth County Auditor's Office at

Election, see Page 2

Northwood Halloween events kick off Sunday

The city of Northwood will celebrate Halloween this Sunday, October 31, as the Northwood Area Chamber of Commerce sponsors the annual Halloween parade and costume contest for children up to 10 years old.

The parade begins at the City Hall parking lot at 5 p.m. on Halloween, Sunday, October 31. The costumed kids, and their accompanying adults, costumed or otherwise, will parade to the basketball courts in Central Park.

At the park, a contest will be held, with prizes going to the top three winners in three age groups, children three and under, 4-6 and 7-10.

All kids under the age of 10 taking part will receive a bag of candy, while supplies last.

Following the parade, from 5-8 p.m., children will be trick or treating throughout Northwood.

Those handing out candy are asked to turn on their porch lights to signal that they are welcoming trick or treaters.

WCPH offers Moderna booster

With the CDC approving booster shots of the COVID-19 vaccine, Worth County Public Health will be offering boosters for those that are in the approved groups.

Those that have recieved the Pfizer or Moderna vaccines, which includes those that received their initial doses through WCPH, may receive a booster 6 months after their initial series.

This applies to those that are:

- 65 years and older
- 18 years and older who reside in long-term care settings
- 18 years and older with underlying medical conditions
- 18 years and older who work or live in high-risk settings

Those qualifying individuals may call WCPH at 641-324-1741 or 800-765-1388, Monday-Friday, 8 a.m.-4 p.m. to schedule an appointment to get a Moderna booster.

CDC approves boosters, with mix and match approach

Last week, the Centers for Disease Control officially endorsed booster shots of COVID-19 vaccines, as well as opening people to mix and match the types of vaccine they receive.

The CDC approved booster shots for specific groups that are at increased risk from COVID-19. This applies to those that received the Pfizer or Moderna vaccines, including those that received the Moderna vaccine through Worth County Public Health.

The CDC recommends booster shots no sooner

CDC, see Page 2

Proposed districts shift Worth to the east in U.S. district, creates challenge in the Iowa Senate

Last week the Iowa Legislative Services Agency (LSA) released the second set of proposed plans for new U.S. and Iowa congressional district boundaries, after the first districts were rejected by the Iowa Legislature.

The new districts would maintain Worth County's representation in the Iowa and U.S. Houses of Representatives, while creating a challenge to represent Worth County's district in the Iowa Senate.

The districts were designed using 2020 Census data, with the goal of creating districts that are as close to equal in population as possible.

This is the second set of proposed district plans, after the first set were rejected along party lines in the Iowa Legislature, with Republicans opposed.

The result is a second set of new congressional districts.

The first set of proposed districts would have left Worth County with the same representation in the State legislature, but a new representative in the U.S. House as Worth would have

Districts, see Page 3

The rocking chair and a special ghost story

As Halloween approaches this weekend, the Anchor presents a special kind of ghost story.

By JoAnn Lower

Current Superstition: If a rocking chair is seen to sway back and forth when apparently unoccupied, it is supposed that the chair is held by the spirit of a deceased family member.

I've been told that my great-grandpa Bergie Myhr had a much-loved rocking chair. Fashioned of deep red mahogany with a broad hand-carved back, the chair was where he loved to relax of an evening and smoke his pipe. In this account from Bergie's life, he still clings to the rocking chair, even though his body lies in the coffin.

From the Thompson Courier, October 1894: "Sheriff Art Ashpole's sanitary wagon was used to hunt down and kill a mad bull today. The bull had attacked and killed Bergie A. Myer on his farm two miles southwest of Thompson. Surviving are his wife Helene and seven children."

Friends, neighbors and relatives file into the living room and past the casket while Helene stands quietly in the parlor beside the empty rocking chair.

"Bergie," she whispers, "It's okay. Andrew and Lewis are out in the south field picking corn today. No need to worry. Harvest will be finished before the rains come."

From a distance she observes the mourners, allowing her mind to drift to more pleasant memories.

As a little girl in 1880 when she traveled from Norway to Nebraska with her family.

She strokes her wedding ring, she, the luckiest of women to meet and marry Bergie Myer.

Birthing three sons; moving in a covered wagon across the prairie to Iowa; she and Bergie homesteading a piece of land two miles southwest of Thompson; and letters written to her mother in Norway.

"Dear Mama, "We've just arrived in Iowa and are already planting in this rich black soil. We're living out of the wagon, but Bergie says we'll soon start building a house. The kids need more space and I'd like a fireplace with a rocking chair and a place to quilt."

"I'm going to have another baby, Mama. Hope it's a girl this time. Andrew, Lewis and Albert would like a sister, too. It doesn't matter to Bergie. He just loves kids."

"Dear Mama, "Thanks for sending fabric from my old yellow dress. How pretty it looks in my quilt squares. Yellow is my Anna's favorite color, and what a delight she is. I braid her red hair every morning. Freckles cover the bridge of her nose and

Rocking chair, see Page 2





The Week's WEATHER
by National Weather Service Observer
John Podgorniak

Date	Hi	Lo	Prec.
Tues. October 19	60	45	
Wed. October 20	50	33	.08
Thurs. October 21	49	29	
Fri. October 22	48	31	.31
Sat. October 23	47	26	.26
Sun. October 24	69	36	
Mon. October 25	44	33	.26

Halloween Safety Tips — See Pages 5 & 13

Briefs

N-K drama presents 'Clue' Nov. 13-14

The Northwood-Kensett drama department will present a performance of "Clue" on Saturday, November 13, at 7 p.m., and Sunday, November 14, at 2 p.m.

"Clue" takes on the classic murder mystery, and to keep those attending guessing, each showing will have a different answer to the mystery of the play.

Roll Call V set for Nov. 13

Worth County Veterans Affairs will hold its outreach event, Roll Call V, on Saturday, November 13.

The event includes food, entertainment and information for veterans.

The event will be held from noon to 3 p.m. on November 13, at the Timbers, 512 Central Avenue, in Northwood.

The event is free for all Worth County veterans and a guest for each.

Those interested in attending are asked to RSVP by Tuesday, November 9, by calling 641-324-0480.

Rocking Chair
Cont. from Page 1

cheeks. She's the perfect little lady except when digging fish worms or climbing trees. She's so like you, Mama."

"Dear Mama, I miss you so much. Just gave birth to our seventh child, a beautiful son we named James. The midwife didn't get here in time so Bergie and I together delivered him."

"I have been blessed with a wonderful husband. He's out chopping wood as I write this. Baby James is asleep in his cradle, as I quilt in front of the fireplace."

"The Farmers Almanac predicts a colder, snowier winter this year. We've skirted the house with straw bales and I finally have made enough quilts to cover the windows. Thank you for teaching me the value of smaller, tighter stitches."

"Oh, yes, I rendered lard today. The children could hardly wait for the cracklings' to cool before stuffing the delectable treats into their mouths. Bergie and I just sat back and laughed at the happy sight of them. I wish you could see how beautiful they are. My life is so rich."

Jolted from her reverie, Helene overhears the hushed voices of women who have brought their best casseroles and cakes for the funeral meal. She appreciates their thoughtfulness but refuses to talk about her husband's death or join them in kitchen conversations.

Instead, she stands beside Bergie's favorite chair, wishing he were here with her, not stretched out in that wretched box in the living room.

A moment later, the Thompson Courier falls from her hands. Happy tears spill down her cheeks as the rocking chair slowly begins to sway back and forth.







HELENE AND DAUGHTER ANNA

Election
Cont. from Page 1

the courthouse or the Worth County Auditor's Election website: elections.worthcountyiowa.gov.

The forms must be signed and mailed or hand delivered to the Worth County Auditor's Office.

All absentee ballots must be received by the County Auditor by 8 p.m. on Election Day, November 2, in order to be counted. Postmarks or bar codes printed on ballot envelopes will no longer make the ballot received after Election Day valid, except ballots from participants in the Safe At Home Program received by the Secretary of State in time to be transmitted to the County Auditor by noon on the Monday following the election and ballots from uniformed and overseas citizens received by noon on the Monday following the election.

Persons registering to vote may vote in person at the County Auditor's Office until 5 p.m. on Monday, November 1, or at their precinct polling place on election day upon providing proof of identity and residency.

School district voters must vote in their school district of residence, and, as a result of legislative changes, only in their county of residence, for all regularly scheduled elections.

Worth County voters who may have crossed county lines to vote in school elections in the past (i.e. St. Ansgar, Forest City and Lake Mills school district residents) must now vote in Worth County for regularly scheduled elections.

Anyone with questions may call the Auditor's office at 641-324-2316, Option #2 or visit the County Elections website at elections.worthcountyiowa.gov.

See the election information on page 14 in this week's issue for more information, including polling places and candidates and measures appearing on ballots.

Iowa debuts second redistricting proposal

By Katie Akin
Iowa Capital Dispatch
www.iowacapitaldispatch.com

Iowa's second round of redistricting maps came out on Thursday, giving lawmakers one week to review the proposal before convening for a special session.

This is the second proposal from the state's nonpartisan Legislative Services Agency. Republican lawmakers in early October voted against the LSA's first proposal, arguing that the districts could be more compact and have more evenly balanced populations.

If legislators vote against this set of maps, the LSA will create a third and final proposal. Only after rejecting that third proposal would legislators be allowed to directly edit the maps, a process that Democrats warn could lead to gerrymandering.

But several steps and several weeks remain before that could happen. Here's where the process stands now.

What do the new maps look like?

The LSA draws three maps for each proposal: a congressional map, and maps for the state House and Senate.

Detailed versions of the latest maps are available online, as well as an interactive map to find your proposed legislative district.

(Editor's note: Information on what the new districts would mean for Worth County can be found on page 1.)

Will lawmakers vote in favor of this proposal?

A major personal concern for lawmakers is new districts that put them in opposition with other sitting representatives. If lawmakers live in the same district as one another, they either have to move, retire or compete for the new seat.

Legislative staff determined that 38 House incumbents would be districted together under the second proposal, including two districts where three representatives would be in opposition.

In the Senate, there would be 20 incumbents districted together.

What would these maps mean for Iowa's congressional delegation?

One of the most significant changes between the first and second proposals is the makeup of Iowa's congressional map.

"It appears to be a more dramatic reshuffling of those congressional districts than for most of the legislative districts," Boulton said.

Iowa currently has three Republicans and one Democrat in the U.S. House. The first, rejected proposal would have created a new district that included both Linn and Johnson counties — population centers and, traditionally, Democratic strongholds in the state. The second proposal puts Linn and Johnson in two different districts, removing the potential for a safer blue seat.

Even so, that doesn't mean this proposal would be smooth sailing for Iowa's Republicans in D.C. The map puts Rep. Mariannette Miller-Meeks in the 3rd District, where Rep. Cindy Axne currently serves. If these maps are approved, Miller-Meeks would either need to challenge Axne or move into the newly drawn 1st District.

Kenison Publishing, Inc.
Publishers of The Northwood Anchor USPS 398-060
Kris Kenison, Publisher
Ph. 641-324-1051
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The Northwood Anchor, USPS 398-600, published every Wednesday for $40.00 and $48.00 per year by Kenison Publishing, Inc., 801 Central Ave., P.O. Box 107, Northwood, IA 50459. Periodical postage paid at Northwood, IA. POSTMASTER: Send address changes to: The Northwood Anchor, Box 107, Northwood, IA 50459.

CDC
Cont. from Page 1

than at least six months after the second dose of the vaccine was received.

Groups eligible for a booster shot include those:

- 65 years and older
- 18 and older that live in long-term care settings
- 18 and older who have underlying medical conditions
- 18 and over who work or live in high-risk settings

For those that received the Johnson & Johnson vaccine, the CDC is recommending boosters for those 18 and over who were vaccinated at least two months ago.

The CDC also suggests that those receiving a booster shot may choose which type of vaccine they want to receive, allowing for a mix and match approach.

While the CDC recommended booster shots and the option to mix vaccines, the agency still focuses on the importance of every eligible person getting their initial doses of COVID-19 vaccine.

According to the CDC, all three approved vaccines are highly effective in reducing the risk of severe disease, hospitalization and death, even with the delta variant.

Welcome to Albert Lea
The Land Between the Lakes

Addie's Floral & Gifts
216 So. Broadway Ave., Albert Lea
507-377-2081
Stop in and see all our Fall & Winter Decor
Abdallah Chocolates, Lang Calendars & Lots of Gnomes
We deliver in and out of town!
NEW HOURS
Monday-Friday 10 a.m. - 4 p.m.
Saturday 10 a.m. - 3 p.m.

LEWIS CHARLES CYCLES
919 W. Main St.
ALBERT LEA, MN
Motorcycle Sales, Service & Accessories
$1 a day
Motorcycle Storage
with space available
Mike Owens • Dustin Rafdal
Cell: 507-720-4114 Shop: 507-369-5292
Mon. - Fri. 9 a.m. - 6 p.m. • Sat. & Sun. By Appt.

T-N-T
Used Appliance Store
Sales and Repair
121 N. Broadway
Albert Lea, Minnesota
Brock Tufte
Owner
Phone: 1-507-373-6022
Cell: 1-507-440-9388

SOUTHERN LOCK & GLASS
LOCKS GLASS DOORS AUTO-GLASS
316 Main Court, Albert Lea, MN
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Residential – Commercial – Industrial
Locks • Glass • Doors • Auto-Glass
Custom Shower Enclosures
We have unlocked the answer to Client Satisfaction.
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Districts
Cont. from Page 1

been aligned into a district that include much of the western half of the state.

The second set of plans would align Worth County with the same state legislators and return Worth to a U.S. Congressional district that includes the northeast corner of Iowa.

At the state level, the legislators representing Worth County would not change under the second proposed districts.

In the Iowa Senate, Worth County would become a part of Senate District 30.

The district would lose the counties of Howard and Chickasaw and the portion of Winneshiek county currently in the district, as well as a majority of Floyd County. All of Cerro Gordo County would be included, along with Worth and Mitchell counties and the portion of Floyd County that includes Nora Springs and Rockford.

Worth County is currently represented by Republican Waylon Brown, of Osage, in the Iowa Senate. Brown would reside in the new Senate district. However, adding all of Cerro Gordo County means that the district would also include an area currently served by Democrat Amanda Ragan, of Mason City.

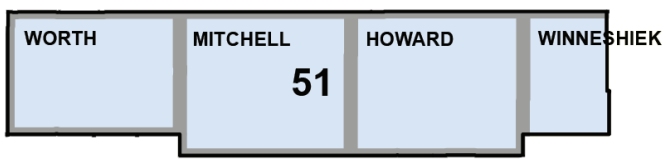
In the Iowa House of Representatives, Worth County would become a part of District 60.

The district would consist of all of Worth and Mitchell counties and portions of Floyd County, including Nora Springs and Rockford, and Cerro Gordo County, including Clear Lake, Ventura, Meservey and Thornton. The district that includes Worth would no longer include Howard County and a portion of Winneshiek County.

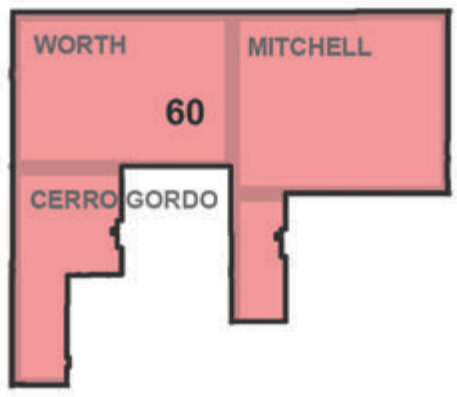
As a resident of Northwood, Republican Representative Jane Bloomingdale would remain the legislator for the new district. No other current member of the Iowa House resides in the new district borders.

The first plan would have shifted Worth County into a U.S. House district that included 44 counties. Republican Ashley Hinson, of Marion, currently represents Worth County in the U.S. House of Representatives. She would have no longer under the first redistricting proposal. The second proposal brings Worth County into District 2, which includes both Worth County and Linn County, with Marion, meaning Hinson would again represent Worth's district.

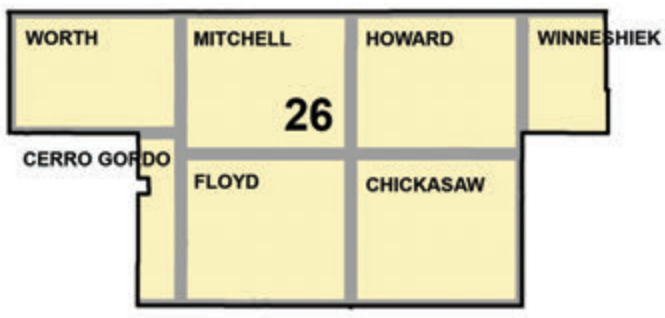
The Iowa Legislature was set to reconvene this week to begin the discussion of the second proposed districts. If they are not approved, the Iowa Legislative Services Agency will draft a third set of proposed districts. If the third plans are not approved, legislators may edit the districts themselves.



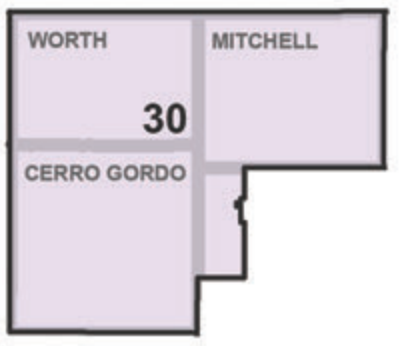
The current Iowa House District 51



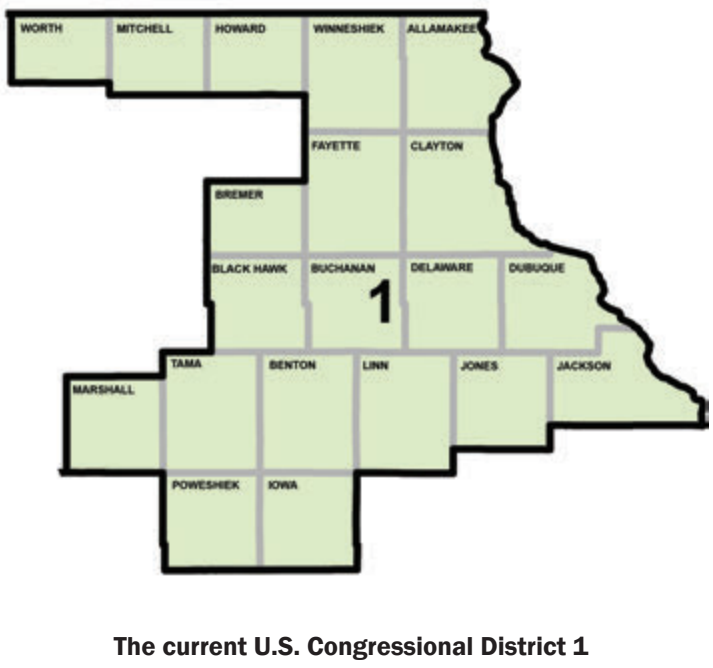
The proposed Iowa House District 60



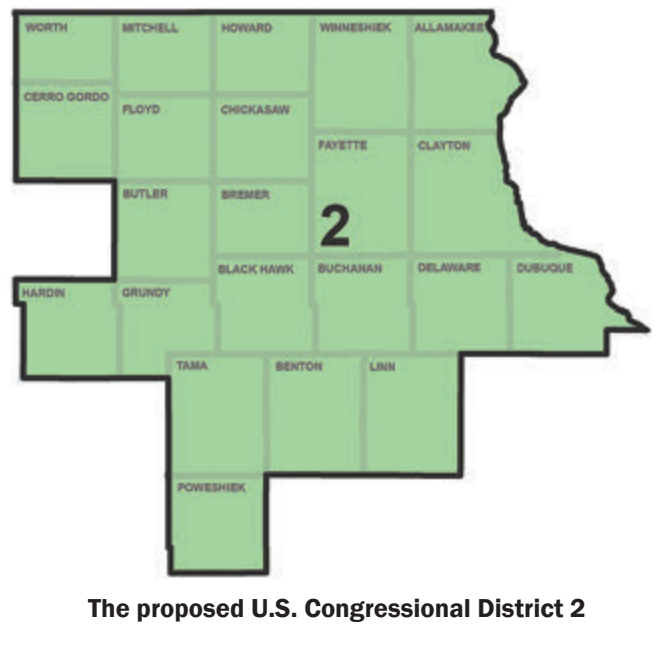
The current Iowa Senate District 26



The proposed Iowa Senate District 30



The current U.S. Congressional District 1



The proposed U.S. Congressional District 2

After return to normal, Northwood pool losses down

As the Northwood Swimming Pool returned for a full season with no conditions on its use, it still operated at a typical loss, though not as large as the COVID-19 impacted 2020 season.

In the summer of 2020, the pool didn't open until July and then with limited occupancy and only allowing those living in the Northwood-Kensett school district to use it. That and increased expenses for cleaning supplies and other COVID-19 measures, meant that pool operated at a loss of $48,795.

This past summer, with the pool open to all visitors, and no delay to its opening, the pool still operated at a loss of $46,983.25.

That is in the range for a typical season since 2015, with the pool losing between roughly $42,000-$50,000 each year. Years with more significant losses have typically come with some unexpected or increased expense that deviated from a normal year.

In 2021 that came as several expense categories were up from previous years.

The cost of salaries for pool staff were the highest since 2011, totaling $48,611.74. That was up $1,710.99 since the last regular pool season in 2019.

Another increase in expenses was offset in the associated category of receipts. The City spent $10,413.04 to purchase concessions for the pool in 2021. That was offset with the largest concession receipts since 2011, with the pool bringing in $15,639.63 in concession sales.

The cost of utilities also hit a new high in 2021, at a cost of $17,377.38 to the City, up $3,000-5,000 per summer since the high in 2014, which was roughly equal to the cost in 2021.

In terms of overall expenses, this was the most costly for the City, with total costs of $99,726.88.

While the expenses of operating a swimming pool peaked this summer, so too did the amount the City made offering the public service.

After a year where the City remained closed for several weeks, the pool only made $6,000 in admissions in 2020.

But it seemed that there were plenty that were eager to return to the pool throughout this past summer. That combined with few days where weather closed the pool, meant a new high in admissions, with $32,184. That was up $2,256 compared to 2019.

Also up slightly was the amount made by offering swimming lessons, up $40 to $4,920 compared to 2019.

Admissions, swimming lessons and concessions brought a total of $52,743.63 in revenue over the course of the summer at the pool.



2021 Northwood Chamber of Commerce Members

A & I Auto, Inc.
ADA Enterprises
Agri Sales & Building Supply, Inc.
Alliant Energy
Avangrid
Barn Boutique
Beland Tree Service
Bean & Bistro
Bloomingdale Tax & Accounting
Butler Construction, Inc.
CARQUEST Auto Parts
Casey's General Stores, Inc.
Century 21 Preferred
Conner Colonial Chapel
Country Inn & Suites
D&L Equipment
Dewey Kruger Music
Diamond Jo Casino
Donna Hup
Doug & Pam Meyer
Edwards Brandt Insurance
Ehrhardt Express
Eilertson Repair
Falkstone
Fallgatters Market Place
Farm Bureau Financial Services
Farmers New Ag
Farmers State Bank
Fat Jills
Federal Foam Technologies
Flower Forager - Mary Reyerson
Fringe and Lace by Brittany
Greve Law Office
Good Steward Consulting
Holiday Inn Express
Hot Beef Sundae Trailer
I-35 105 Welcome Center
Injection Technology Diesel Service
Invenergy
Jean Stowell
Johnson Ground & Cleaning Service
Kalvig's Boarding Kennels
Kelly Hardware
Kenison Construction, Inc.
Kibble Equipment
Knudtson Automotive Services
Knutson Oil Company
Krull Law Office
Larsen Plumbing & Heating
L.R. Falk Construction Company
Lutheran Retirement Home
Maple Court
Massage Therapy by Jennifer Wahl
MCT Construction
Mike's Automotive/Viking Auto Sales
Mortenson Construction
Mason City Glass Service
Modern Gardens Floral & Gift
North Iowa Advisors
Nora's Novelties
Northwood - Kensett Community School District
Northwood Anchor, Inc.
Northwood Chiropractic PC
Northwood Community Center
Northwood Country Club
Northwood Dental
Northwood Electric
Northwood Fitness Center
Northwood Foods, Inc.
Northwood Pines Assisted Living
Northwood Sanitation, LLC
Northwood Theatre
NSB Bank
NV Studios
Olson Insurance/ Worth Mutual Insurance
Our Backyard Garden and Gifts
Peterson Excavating & Drainage
Power 96 Radio
Quality Quilts
R80 - Kensett
R80 - Northwood
Rich Selvig
Royal Motel
Rustic Thread
Sarah Bruce Realtor
Schroeder & Sites Funeral Home
ServPro of Mason City
Shade Tree Liquors
Smith Services
Signatures Supper Club
Springer Construction
State Farm Insurance
Steve & Kathy Arnold
Studio 3
Strike Zone
Sue's Corner Post
Subway
Tequila's Mexican Bar & Grill
The Timbers
Thofson Plumbing & Heating
Tri "D" Treasures
TruStile Doors of Iowa
TUNE (Total United Northwood Effort)
United Beverage
United Way of North Central Iowa
Universal Contractors, Inc.
Varangians LLC
Viafield
Waking Miss Winifred
Welsh Chiropractic Clinic P.C.
Willy's Nillies
Worth Brewing Company
WCTA
Worth County Farm Bureau
Worth County Historical Society
Worth County Veterinary Service
Worth Lumber Company
WorthWhile Wind & Solar
Xquisite - Tyler Nitcher

Northwood Anchor

Northwood

A Senior Moment



By Sandy Olson

Senior Center November Activities

• Monday, Nov. 1 – Bookworms book club meets at the public library at 2 p.m. Carol Kragenbrink will facilitate the club and the library will get us the books.

• Thursday, Nov. 4 – Fun Bingo with prizes at 12:30 p.m.

• Monday, Nov. 8 – Coffee and Conversation at 2 p.m. Let us know your ideas for activities and projects.

• Wednesday, Nov. 10 – Make a painted Thanksgiving ornament with Lorri Hagen at 12:30 p.m. $1 charge for materials.

• Thursday, Nov. 11 – Knitting with Leila Gangstad. Learn to make a simple warm scarf for the coming cold weather. 12:30 p.m.

• Friday, Nov. 12 – Crock Pot soup demonstration with Sandy Olson. Samples and recipes 12:30 p.m.

• Monday, Nov. 15 – Fun Bingo, second round! 12:30 p.m.

• Thursday, Nov. 18 – Antique talk and presentation with Deanna Luedke at 12:30 p.m.

• Friday, Nov. 19 – Name That Tune with Lois Meyer at 12:30 p.m. See what you remember about words and music.

• Monday, Nov. 22 – Make a pretty snow globe with Lorrie Hagen. $3 charge for materials so you'll have everything you need to take home your treasure.

• Tuesday: Cards and games; start a group!





Practicing bus safety

Last Friday, as a part of School Bus Safety Week, students at Northwood-Kensett Elementary learned about how to ride buses safely, safety features on buses and how to safely evacuate a bus in emergency situations. Pictured above at left are first graders practicing a bus evacuation, assisted by their elementary upperclassmen, as principal Brian Costello helps guide them in getting to a safe distance. In the picture at right, bus driver Darrin Kliment talks to Jake Urbatsch's second grade class about bus safety.

COVID rates drop in recent week's data

After several weeks of high or year-record increases, the most recent COVID-19 data showed a drop in the number of new cases in Worth County.

The weekly county level data released by the State of Iowa showed that there had been 14 new COVID-19 cases between October 14 and October 21, for a new total of 1,157 cases, up from 1,143.

That made for a seven day positivity rate of 4.0%, down from 9.9% a week ago.

Between October 14 and October 21, roughly one third of the new cases were in those ages 0-17, for 5 new cases in children or teens.

In the past two weeks, between October 7 and October 21, there were 58 new cases of COVID-19, for a 14 day positivity rate of 7.0%.

Worth County remains in the high community transmission rate, according to the CDC. Those living in areas with substantial or high levels of community transmission are recommended to wear masks in public indoor settings, according to the CDC.

For the region that includes Worth and the seven bordering counties, there have been a total of 28,250 cases of COVID-19 reported by state agencies. That is up 498 from the total as of October 14. That includes 2,012 in Winnebago, 2,002 in Hancock, 7,541 in Cerro Gordo, 2,435 in Floyd and 1,773 in Mitchell counties in Iowa, and 4,876 in Freeborn and 6,454 in Mower counties in Minnesota.

In the most recent week's information, there were 5 additional deaths, for a total of 359 in the area.

According to the CDC, 3,470 residents of Worth County have been fully vaccinated, for 47% of the total population. That is up 15 Worth County residents since October 14.

CDC numbers show that 3,680 Worth residents have received at least one dose of vaccine, for 49.9% of the population. That is up 13 since October 14.

In the county, 1,285 of those 65 and over, the first age group that could receive the vaccine, were fully vaccinated, 83.2% of that population. Of that age group, 1,325, or 85.8% have had at least one dose.

Of those that have been able to receive the vaccine since early April, those 18 and over, 3,326 have been fully vaccinated, for 56.8% of that population. Of those, 3,508 have received one dose, for 60%.

Those 12 and over have been eligible since the month of May. Of that group 54.4% have been fully vaccinated. Of those eligible to receive a vaccine, 57.7% have received at least one dose.

Other counties in the region have vaccination rates of 47.5% in Winnebago, 45% in Hancock, 57% in Cerro Gordo, 48.4% in Floyd, 44.6% in Mitchell, 49.9% in Freeborn and 54% in Mower counties.

Across the region, 51.6% of the total population has been fully vaccinated.

Information and COVID-19 resources can be found on the state's COVID-19 website at coronavirus.iowa.gov.

Information on vaccination in Iowa can be found online at vaccinate.iowa.gov.

Local information can be found at Worth County Public Health's Facebook page, or by calling 641-324-1741.

Voluntary burn ban continues in Northwood

Those living in Northwood are once again asked to find alternatives to burning leaves, for the health of those impacted by the smoke. The City of Northwood offers several alternatives.

The City has put in place a voluntary burn ban, which means residents are requested, but not required, to refrain from burning leaves.

Smoke from burning leaves contains many elements that can cause health and breathing problems for some in the community.

Cost saving alternatives exist, including mulching and composting.

The City of Northwood also provides a number of other leaf disposal alternatives.

The City is once again collecting leaves and grass this fall.

Leaves must be placed on the hard surface of the road and will be picked up early in the week. Leaves will not be picked up in alleys. Piles should be raked into the street in rows and should be no more than four feet wide and three feet high.



Northwood residents may also haul their leaves to the city's old dumpsite. Leaves may be left loose or in biodegradable bags. Loose leaves must be transported under a tarp. Plastic bags and boxes may not be left at the dumpsite, for the Code of Iowa.

Though the burn ban in Northwood remains a voluntary one, the city's ordinances do include some restrictions. Burning is not permitted until after 4 p.m. Only yard waste materials should be burned. It is against city code to burn other items, including lumber, tires or any garbage. Burning is not allowed on city streets.

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Forecasts suggest winter may be average, or may be colder and drier

As the fall months wind to a close, many may be wondering what they can expect when it comes to winter weather. While there is little certainty, various forecasting sources suggest that the season is likely to be largely average in terms of temperature and precipitation.

"There is no clear signal," said Iowa State Climatologist Justin Glisan.

Glisan said that the typical best indicator is the conditions of the surface of the Pacific Ocean, in this case the La Nina version of the event, which refers to cooler water temperature.

According to Glisan a La Nina phase, like the one currently in place, pushes the jet stream northward, making it more likely that the northwest corner of the country will see colder and wetter conditions for the winter, while the southeast is more likely to be warmer and drier.

For Iowa, and particular North Iowa, the La Nina event puts predictions in square in the middle.

"We're less than 33% likely to see things differ significantly from the average winter," said Glisan.

This is the second winter in a row that a La Nina phase has been dominant, said Glisan. Last winter, under similar conditions, Iowa was slightly below average in temperatures, down just 1 degree overall, and slightly above average for precipitation, up 1/2 inch from normal.

Although, Glisan noted that the manner in which that precipitation fell was a bit more notable, as it was the 12th snowiest winter on record.

"Based on past La Nina events, precipitation is kind of all over the place," Glisan said of how winter's water falls with a La Nina in place.

"For the most part, temperatures won't deviate from normal overall, but there will be some cold snaps and some days that are warmer than average," Glisan added.

"We'll get a better idea of what this weak La Nina will mean for us in November or December, but until then it's tough to predict the impact."

National Weather Service forecasting maps suggest slightly higher chances of temperatures above normal as winter begins, with equal chances of above or below average temperatures as spring approaches.

Precipitation remains with equal chance that totals will be above or below normal throughout winter into spring.

Another weather forecasting source is the Old Farmers Almanac.

The Almanac's weather predictions are based on a secret formula derived by founder Robert B. Thomas in 1792. The formula was based on the magnetic activity on the surface of the sun, referred to as sunspots. That formula is combined with modern technology and scientific calculations to produce the Almanac's forecasts.

According to the Almanac, their predictions for the area that includes all of Iowa, referred to as the "Heartland," correctly forecast the change in temperature last winter, but not the shift in precipitation.

This year, the Almanac predicts a colder and drier winter for the Heartland area, with the coldest stretches from mid December to early January and late January to the middle of February. The times with the most snow are expected from late December to early January and in mid-February.



Cementing a lesson

These Northwood-Kensett first grade students got a lesson and first hand display last week, about how the large piece of construction equipment parked outside their classroom window work. They watched and learned as the cement foundation was placed for a neighbor's garage

Halloween Safety Tips

Keep away from open fires
MASON CITY GLASS SERVICE (641)423-3960

Always carry a flashlight.
A&I AUTO Inc

Don't cut across yards or driveways.
NSB BANK

Wear a watch you can read in the dark.
Welsh Chiropractic

Visit only houses that are lit.
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www.colonialchapels.com

Know your Phone Number for Emergencies
Fallgatter's Market

Young children of any age should be accompanied by an adult.
Shade Tree Liquors

Unfamiliar animals and pets should be avoided.
Worth County Abstract

Go slow, drivers. Be careful all evening if you're behind the wheel.
True Value START RIGHT. START HERE.
KELLY HARDWARE

Remember to walk, and not run, between houses.
KNUDTSON AUTOMOTIVE SERVICES 641-324-9988

Stay on sidewalks as much as possible.
Viafield

Carry a cell phone in case you need to call home.
R80 In Kensett "Where the sun always shines." In Northwood Central Ave.

Walk on sidewalks or driveways, not on lawns or flower beds.
NE Northwood Electric Inc.

Give out healthy alternatives to candy.
Schroeder & Sites Funeral Home

If there is no sidewalk, walk on the left side of the road, facing traffic.
Injection Technology Diesel Service

Make sure your shoes fit and are tied tightly.
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NICAO offers energy assistance program for 2021-2022

The North Iowa Community Action Organization Energy Assistance Program 2021-2022 is available now for seniors 60+ and or disabled persons and on November 1, 2021, for all other eligible households.

Requirements for service include:

- proof of income, all income must be from the same time period.
- include check stubs, award letters from social security, etc.
- FIP/child support/pension/dividends/all other income sources.
- social security number verification.
- names and dates of birth for all household members.
- most recent heat and electric bill.

Annual household income guidelines - increased income limits:

- 1 household member, $25,760
- 2 household members, $34,840
- 3 household members, $43,920
- 4 household members, $53,000
- 5 household members, $62,080
- 6 household members, $71,160

Printable applications are available on the website at www.nicao-online.org. Apply online at http://portal.liheapia.net/.

"Due to COVID-19, we are taking steps to make sure we can continue to serve households and maintain the health and safety of our staff and community. Because this is a continuously evolving issue, the following is effective until further notice. The in-person requirement has been waived. Applications are accepted by mail, email, online or by telephone."

More information is available for Worth County by calling the Floyd County Outreach Office at 641-228-2893.

This program is not designed to pay a household's total energy costs. The program will provide supplemental assistance based on several factors. Those factors include total household income, household size, dwelling type and type of heating fuel, among others. Deadline to apply is April 30,2022.



Lions supporting Scouts

Northwood Lions Club President Gregg Olson recently presented a check in the amount of $750 to local Scout Master Steve Peterson for Boy Scout programs and activities in the community of Northwood. The Boy Scout program is only one of the programs sponsored by the local Lions Club. Other important programs include Kids Sight, blood drives coordinated through the Red Cross, hearing aid program for all ages and an eye glass program. The Northwood Lions club also contributes to the Leader Dog training program for the blind. Thank you to the community of Northwood for supporting the local Lions Club fundraising efforts. Those interested in becoming a member of the Lions may contact Gregg Olson.



Bolan Trinity UMC seniors

Joe Nydegger, Shirley Meyer, Bev Lucas, Roger Erdmann, June Erdmann and Art White.



Art singing "Just A Closer Walk With Thee" that was accompanied by Kermit Huebner. After the service a "breakfast brunch" was served in the church basement.

Bolan

The Bolan Trinity UM Women met at the home of Pam Wirtjes on Wednesday evening. Devotions were given by Linda Nydegger. A couple of the items discussed were the upcoming "Special Recognition" on Sunday during the worship service of those in the Trinity Church Family who are in their 80s and 90s. It was decided to have a breakfast brunch following the service. There will also be a brunch on Sunday, November 7, following the All Saints Sunday worship service.

During the Sunday Worship Service at Bolan Trinity there was a "Special Recognition." of those in their 80s and 90s. They are Art White, Bev Lucas, Lois Krumm, June Erdmann, Roger Erdmann and Joe Nydegger. A short message was given regarding the many ways these people have contributed through the years as part of the church family. Each of them was given a cookie with their names on it by the youngest church family member in attendance, Cole Willert, home for the weekend from UNI. Mary Wendt provided a special poem, and in closing of this presentation, a cassette tape was played of

Northwood Anchor

Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Worship, 9 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/ Elk Creek Lutheran
Wednesday, Confirmation at Bethlehem, Hope Parish Council Meeting at Bethany, 6:30 p.m.; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - EC, 9:45 a.m., Elk Creek Service, 10:30 a.m.; Monday, MANNA Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Thursday, Church Family Meeting at Nydegger's, 6:30 p.m.; Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Wednesday, Swallow Coffee House Lake Mills, 10 a.m., Sunday, Worship Service, 10:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 11 a.m., Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, 7th & 8th Grade Confirmation, 5:45 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service, Affirmation of Baptism, 9 a.m., Sunday School, 10:10 a.m.; Tuesday, Bible Study, 9:30 a.m., Staff Meeting, 11 a.m., AA-Al-Anon, 7:30 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

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On Growing UP



What does it mean to "grow up" and become an adult? This is certainly not an easy question to answer, although we usually know it when adulthood is lacking and someone is acting childishly. There is a lot of growing up required of us nowadays and thus adulthood is being delayed by an extended period of adolescence. This leaves us with lots of twenty- and thirty-year-old individuals who are living at home and taking on very few if any of the responsibilities of adults. To act as an adult first and foremost means to be responsible for one's actions and one's life and to stop expecting other people to take care of you. It also entails taking responsibility for where one is in life and refusing to blame our parents, teachers, or others for our lack of success. At some point, we all have to grow up and realize that our life is OURS and no one else's, and however much others may have contributed to it, only we can shape our own lives. Whether this is always true is debatable; parents and teachers do have an impact on children and the adults they will become. But, it is best for each of us to take responsibility for our own lives and start acting and believing as if we are the masters of our own fates. Perhaps that is what it really means to be grown up: to strive to mold and fashion our own lives and to live by our own standards and ideals. And, to do it with the faith of one who takes complete responsibility for every aspect of his or her existence.

"When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put childish ways behind me." – 1 Corinthians 13: 11

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Saturday - Burritos Deluxe
Sunday
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Oct. 28 - Nov. 3
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Friday: Hearty Veg. Beef Soup, Breadstick, Lettuce, Mandarin Oranges, Cookie
Monday: Chili Mac Casserole, Green Beans, Cookie, Applesauce Jell-O
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Wednesday: Chicken, Squash, Broccoli, Apple Slices

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Salt

When I was growing up we, of course, had salt in the house….Morton's in a round blue box, iodized to prevent goiter and the same salt everyone else I knew used. Now there are so many salts available it's truly amazing. You can buy pink Himalayan salt, black Hawaiian salt, flavored salts, salts mixed with other ingredients (I have some mixed with fermented whole Cambodian peppercorns) and many, many spice mixes that are mainly salt. What in the world happened to our ordinary common flavor enhancer over the past decades? "Salt: Over 100 Helpful Household Hints" by Christine Halvorson (2009, Publications International, Lincolnwood, Illinois) has the promised hints plus a selection of recipes where salt shines through. We'll do the hints another day; today let's see where salt is important in cooking.

Jalapeno Coleslaw

6 cups coleslaw mix (or shred your own green cabbage)
2 medium tomatoes, seeded and chopped.
6 green onions, coarsely chopped, both white and green parts
2 fresh jalapeno peppers, finely chopped. Remove seeds and veins to cut down on the heat
1/4 cup cider vinegar
3 tablespoons honey
1 teaspoon kosher salt

Combine all the ingredients except the cabbage to form a dressing for the slaw. Fold this into the cabbage in a large mixing bowl so you can gently coat all the cabbage with the dressing. Cover and refrigerate at least 2 hours. Before serving, stir well to bring any dressing that has settled up from the bottom of the bowl. Sprinkle with a dash of paprika for color if desired.

Garlic Salad Dressing

3/4 cup extra-virgin olive oil
1/4 cup white wine vinegar
1 large clove fresh garlic, pressed or very finely minced
1 teaspoon kosher salt OR pink salt
1/2 teaspoon freshly ground black pepper

Mix all the ingredients in a tightly covered jar such as a canning jar. Refrigerate and shake well before pouring over a mixed lettuce salad. This dressing will keep in the refrigerator up to 2 weeks but since it only makes about a cup of dressing, a fresh batch isn't hard to put together each time you need it.

Old-Fashioned Chicken Salad Dressing

1/2 cup chicken stock, canned or homemade (low sodium if possible)
1/2 cup white vinegar
5 egg yolks, slightly beaten
2 tablespoons Dijon-style mustard
1 teaspoon coarse salt, such as kosher salt
1/4 teaspoon freshly ground black pepper
1/2 cup heavy cream
1/3 cup real butter, melted
A sprinkle of cayenne pepper

Combine all ingredients except the cream and butter. Cook over boiling water, in a double boiler, stirring constantly until the mixture thickens. Strain to eliminate any little lumps. Slowly add the cream and melted butter. Check for seasonings and adjust if necessary. Cool the dressing and use to dress a salad of cooked white meat chicken, celery, a bit of chopped onion, chopped hard-boiled eggs and pimiento.

It is great fun to check online for all the types, flavors and styles of salt you can purchase. I like to use kosher salt (available everywhere) when cooking because it has no iodine added and the grains or flakes are much larger than fine table salt. You don't get as much in the amount called for in a recipe (teaspoon, tablespoon etc.) You can always add more but can't remove any excess and too much salt will ruin anything except popcorn! Always try to adjust for seasoning before serving your masterpiece. And…. that's all she wrote!

Northwood Anchor Society

Meincke – Wahl marry August 14

Ryan Meincke of Myrtle and Abbie Wahl of Northwood were married on Saturday, August 14, 2021, in the back yard of Rusty and Jennifer Wahls' in Northwood. The reception was held at The Timbers in Northwood

Ryan Rasmusson was officiant of the ceremony.

Abbie is the daughter of Rusty and Jennifer Wahl of Northwood and the granddaughter of June and Gary Nerlien and Claire and the late Debby Wahl, all of Northwood, and the late Randy Hiatt of Emmetsburg.

Abby attended Northwood-Kensett High School, graduating in 2014. She then attended North Iowa Area Community College, and graduated in 2019. She is currently employed at the Lutheran Retirement Home in Northwood as a Licensed Practical Nurse.

Ryan is the son of Steve Meincke and Karrie and Jack Bridley of Myrtle and the grandson of Gary and Maryann Christensen and the late Carroll Butler, all of Northwood and the late Bernard and Melba Meincke of Myrtle.

Ryan attended Glenville-Emmons High School, graduating in 2012. He continued his education at North Iowa Area Community College in Mason City graduated in 2014. He is employed at Nelson's Livestock.



RYAN AND ABBIE MEINCKE

Maid of honor was Nicole Kroneman (sister of the bride); bridesmaids were Marlee Nelson, Raegen Reyerson, Lexee Anderson, Katelyn Thofson and Tiarra Walk.

Person attendant was Meredith Iverson. Flower girls were Blayke Nerlien, Ella Stevens.

Best man was Neil Meincke (brother of groom); and groomsmen were Anthony Rasmusson, Cody Wahl, Nick Anderson, Logan Butler and Reed Thostenson.

Ushers were Dan Kirsch and Tyler Thofson. Ring bearer was Blake Stevens.

Host and hostess were Erik and Emily Nelson and Lynn and Shana Butler.

The couple resides in Northwood.

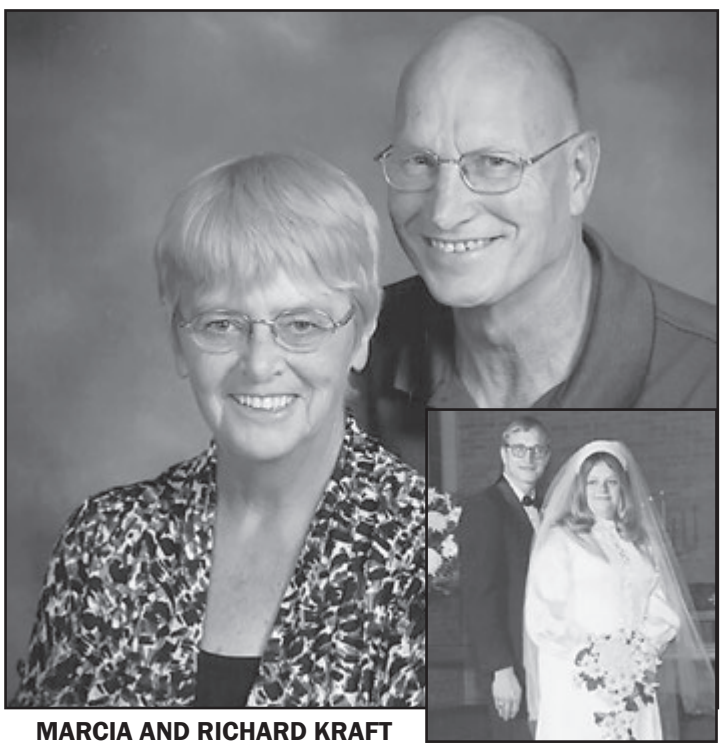
Krafts celebrate 50th anniversary

Richard and Marcia (Berge) Kraft will be celebrating their 50th anniversary on October 30, 2021. They were united in marriage at First Lutheran Church in Northwood.

Their children are Belinda (Punky) and Jeremy Nelson of Albert Lea, Minnesota, and Amber and Andy Julseth of Northwood.

Grandchildren are Katelyn (Tyler) Thofson, Kael and Kooper Julseth. Great-grandchildren are Carter and Calvin Thofson all of Northwood.

The couple will celebrate with a family gathering and a card shower. Cards may be sent to P.O. Box 82, Northwood, Iowa 50459.



MARCIA AND RICHARD KRAFT

Jorgensens welcome Lincoln Edward

Derek and Courtney Jorgensen of St. Ansgar are proud to announce the arrival of Lincoln Edward Jorgensen.

Lincoln was born on Friday, October 15, 2021, at Mercy One in Mason City at 4:47 a.m. He weighed eight pounds two ounces and was 21 inches long.

Lincoln joins sibling Lucas, seven.

Grandparents are the late Rob Eilertson of Northwood, Bess and Dave Patterson of Henderson, Colorado, Myrna Jorgensen of Saint Ansgar and Dwight Jorgensen of Grafton.

Great-grandparents are Alfred and Darlene Hemann of Stacyville, Janet Jorgensen of Saint Ansgar and Dwight Jorgensen Sr. of Casa Grande, Arizona.

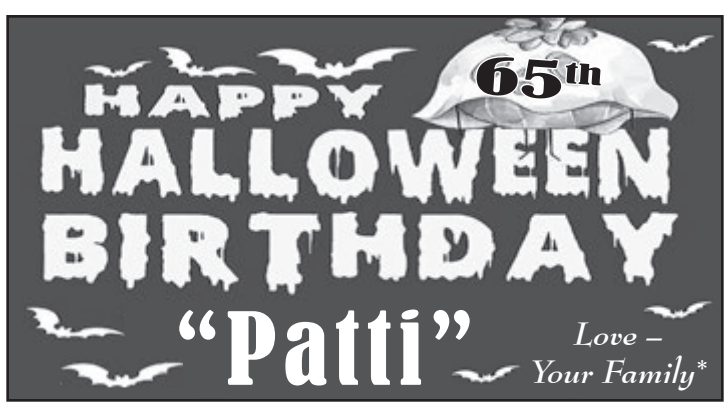


LINCOLN AND LUCAS JORGENSEN



Masonic Lodge Annual
Turkey Supper
Friday, Nov. 12
5 p.m. and 6:30 p.m. Sittings
99 8th St. N. – Northwood, IA
Tickets from Jerry Bakken
641-390-0784 or at the door*
Cost $15

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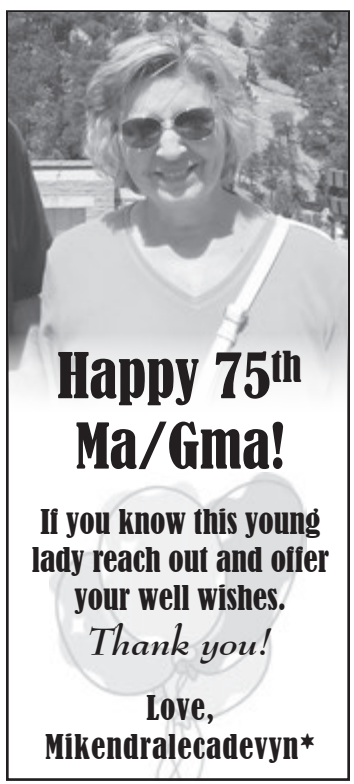


50th Anniversary Card Shower
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Northwood Anchor **Opinion**

Savvy Senior

How to Find Financial Assistance for Aging-in-Place Improvements

Dear Savvy Senior,

Do you know of any financial assistance programs that can help seniors with home improvement projects? I would like to help my grandparents make a few modifications to their house so they can continue living there safely, but money is tight.

Searching Grandson

Dear Searching,

Yes! There are a number of financial aid programs available that can help seniors with home modifications and improvement projects for aging-in-place, but what's available to your grandparents will depend on their financial situation and where they live. Here are some different options to explore.

Medicare Advantage benefits: While original Medicare does not typically pay for home improvements, if your grandparents are enrolled in a Medicare Advantage (Part C) plan, it may offer some aid for modifications based on need. Contact their Medicare Advantage provider to see if this is available.

Medicaid waivers: If your grandparents are low-income and eligible for Medicaid, most states have Medicaid Home and Community Based Services waivers that provide financial assistance to help seniors avoid nursing homes and remain living at home. Each state has different waivers, eligibility requirements and benefits. Contact your Medicaid office (see Medicaid.gov) for information.

Non-Medicaid government assistance: Many state governments and several agencies within the federal government have programs that help low to moderate income seniors, who aren't eligible for Medicaid with home modifications. For example, the Department of Housing and Urban Development offers HUD Home Improvement Loans by private lenders. Contact a HUD approved counseling agency (call 800-569-4287) to learn more.

And the U.S. Department of Agriculture has a Rural Development program that provides grants and loans to rural homeowners. Your local USDA service center (see offices.sc.egov.usda.gov) can give you more for information.

Many states also have financial assistance programs known as nursing home diversion programs. These programs, which may include grants or loans or a combination, helps pay for modifications that enable the elderly and disabled to remain living at home. Modifications covered typically include accessibility improvements like wheelchair ramps, handrails and grab bars.

To find out if there are programs in your grandparent's area, contact the city or county housing authority, the local Area Aging Agency (800-677-1116) or the state housing finance agency – see NCSHA.org/housing-help.

Veteran benefits: If your either of your grandparents is a veteran with a disability, the VA provides grants like the SAH, SHA and HISA grants that will pay for home modifications. See Benefits.va.gov/benefits/factsheets/homeloans/sahfactsheet.pdf for details and eligibility requirements.

Some other VA programs to inquire about are the "Veteran-Directed Care" program and "Aid and Attendance or Housebound Benefits." Both programs provide monthly financial benefits to eligible veterans that can help pay for home modifications. To learn more, visit VA.gov/geriatrics or call 800-827-1000.

Nonprofit organizations: Depending on where your grandparent's live, they may also be able to get assistance in the form of financial aid or volunteer labor to help with modifications. One of the most noteworthy is the organization Rebuilding Together (RebuildingTogether.org, 800-473-4229), which offers three programs: Safe at Home, Heroes at Home, and National Rebuilding Day.

Another option is community building projects, which provide seniors with volunteer labor to help them make home improvements. To search for projects in your grandparent's area, do web search containing the phrase "community building project" followed by their "city and state."

Reverse mortgage: Available to seniors 62 and older who own their own home and are currently living there, a reverse mortgage will let your grandparents convert part of the equity in their home into cash – which can be used for home improvements – that doesn't have to be paid back as long as they live there. But reverse mortgages are expensive loans, so this should be a last resort.

For more information on these and other financial assistance programs, go to PayingForSeniorCare.com and click on "Senior Care" followed by "Home Modifications."

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Kenison Publishing, Inc.

Publishers of The Northwood Anchor USPS 398-060

Established in 1882 City and County Official Paper

Kris Kenison . . . . . Publisher
Becky Haberman. . . . . .Office Manager
Dawn Batton . . . . . .Composing
JoAnn Lower . . . . . .Reporter
Mike Simmons. . . . . Sports Editor

Terms of Subscription:

1 year, Worth and Adjoining Counties. . . . $40.00
1 year, Outside Area $48.00 Single Copy...$1.00

Ph. 641-324-1051 anchor1@nwdanchor.com

The Northwood Anchor, USPS 398-600, published every Wednesday by Kenison Publishing, Inc., 801 Central Ave., P.O. Box 107, Northwood, IA 50459. Periodical postage paid at Northwood, IA. POSTMASTER: Send address changes to address above.



Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Old Mother Hubbard's squash

Echoes from the Loafers' Club Meeting

I watched people jogging by my house yesterday. It gave me the energy to finally do it.

To take up jogging?

No, to get up from the sofa and close the blinds.

Driving by Bruce's drive

I have a wonderful neighbor, named Bruce. Whenever I pass his drive, thoughts occur to me. I sat waiting as I was supposed to do. "It shouldn't be long. Take a seat," I was prompted.

People were entering. A man held the door open for two women. The two were busy visiting and didn't acknowledge his kindness. We're all guilty of that omission. "YOU'RE WELCOME," he said in caps.

They didn't acknowledge his loud comment. It was his world. It's good when someone responds to kindness, but don't cancel the courtesy with a harsh remark if they don't.

Hubbard spice

When every garbage can is pumpkin-spiced, I think of little things. If something bites me and there is nothing there, it's either because my wife is sticking pins in that voodoo doll image of me again or I've been bitten by a no-see-um (many insects share the nickname). These minuscule insects are minute pirate bugs and they bite out of their weight class. If no-see-ums were the size of mosquitoes, I'd be a goner.

And I think of big things like the zombie squash. Large, warty and blue-gray, the Hubbard squash is scarier than zombies. They are the size of the peanuts Paul Bunyan enjoyed and for years, were made into Yugo automobiles. The squash was brought to Marblehead, Massachusetts, in the hold of a ship from the West Indies, by Knott Martin. I've never known anyone with that first name, but I know many not Knotts. I knew a guy named Knothead once, but I don't believe it was his given name. The seeds fell into the grateful hands of James Gregory who introduced them to the American market in 1854. He wrote a book in 1867, titled, "Squashes: How to Grow Them." It was a page-turner. Gregory prospered and donated a library to the town of Marblehead and established the Gregory Fund, which provided a carriage to every local family who gave birth to twins. Why is it called Hubbard squash? Did Old Mother Hubbard go to the cupboard to get her poor dog a bone and discover the cupboard was crammed with squash? One story says Elizabeth Hubbard, Gregory's washerwoman or neighbor or both, was given the seeds by Martin and shared them with Gregory. Other accounts say Hubbard grew the squash from seeds or Knott's sister Sarah grew the squash. Sarah was hesitant about approaching Gregory with the seeds and asked Hubbard to do it. Hubbard claimed it was the best squash she'd ever tasted and Gregory named it after her. The Hubbard (we're friends, so I call it by its first name) has thick skin, the shelf life of a zombie (6 months if hardened off and stored properly), and can weigh 40 pounds. It has a nutty-sweet taste. We grew it and yields were higher than imagined. Its thick exterior was challenging. I body slammed it, hacked it with a meat cleaver, attacked it with a Renaissance fair battle-ax and nicked the squash with a chainsaw. Mother baked and roasted it, substituting it in any recipe calling for pumpkin, butternut squash or sweet potato. She made soup and bread from it. Just when I'd learned to dislike the never-ending vegetable and wished upon a star for a Hubbard squash failure, Mom baked a pie—Hubbard squash pie. It was delicious.

Nature notes

The starlings moved in like Cousin Eddie's family in the National Lampoon's Vacation film series. They were numerous, loud and argumentative creatures with prodigious appetites. Even the house sparrows scattered at the invasion. The house sparrow isn't a true sparrow. It's a weaver finch native to Eurasia and northern Africa that succeeded in urban and farming areas worldwide—including North America, where birds shipped from England were released in New York in 1851. The bird known then as the English sparrow was brought here to combat cankerworms and people built nest boxes for them. By 1900 the sparrows had spread to the Rocky Mountains. By 1910, they were established in California. They're found on every continent except Antarctica.

My father once shared a hospital room with a Sparrow. Not a house sparrow. It was a man named Sparrow. A Batt and a Sparrow were roommates. My father was uncomplaining, but Sparrow chirped a lot. Just as house sparrows do.

Meeting adjourned

Every day is a bonus and a reason to be kind.

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Fit to print...

Remembering David, a parent's struggle with his son's mental health

Editor's Note: The following was submitted by Dan Block, whose family has recently dealt with the tragic loss of their son David to suicide.

There are a number of online, phone and text options for adults, parents, young people and others who are worried about loved ones or are facing issues themselves:

Your Life Iowa, online at yourlifeiowa.org, call 855-581-8111, text 855-895-8398

National Suicide Prevention Lifeline, 1-800-273-8255

Crisis Text Line, text HOME to 741741

From Dan Block:

"Asperger syndrome". The doctor said. "I think him he has Asperger's". We had never heard that term before and he started to explain it's an autism spectrum condition. There's no scientific x-ray, CT scan, blood test, magical diagnosis, you just have to try a med and see what the result is.

David as a baby was in need of constant attention, he couldn't be set in a playpen or a crib. To go to sleep he needed to be rocked and gently laid down. Sitting "still" was a problem. All the classic ADHD signs. Our first Dr. (before the Asperger's diagnosis) tried to help us do some directed play activities that really got us nowhere The Dr. prescribed a med and we tried it on a weekend. He couldn't swallow a pill, so the caplet with its tiny beads was opened and then put into the valve of a sippy cup (I recalled a similar story from another dad who sprinkled his boys med on top of some yogurt). Well, that morning when we said it was time for church he went to the door, got his shoes on and got ready to go without another word. That had never happened before. So that was our introduction to Asperger's and meds.

Asperger's often takes on different things. One dad told me that his son became fixated on the interstate corridor. He knew (memorized) every exit and its mile marker location. He could call his son when he was driving along and say I'm at mile marker so and so… and I need gas. His son would instantly rattle off the miles to the next exit that had a gas station.

Germs, light, and health become recurring things in David's life. And early fixation on germs had him washing his hands until they were scrubbed almost raw. Light became a bigger issue. I don't remember the start for sure it might have been that I was going to use the welder one day and I cautioned him not to look at the arc, but one day he couldn't look even remotely into sunlight. The sun could only be at his back. So, if we were sitting in the car for instance, driving into the sun light, he would have to completely turn his head to face away. It even got to the point where he couldn't wear his glasses as the light might reflect off the inside of the lenses and into his eyes, and burn a hole in his retina. Logic is out the door when you deal with an emotion. Pointing out that nobody in the family, friends, and relatives even the whole town is blind from sunlight makes no difference.

Then one day it was gone. And he was taking a welding class in school. I stopped by to see the class in operation and said to David that I was glad light didn't bother him anymore. Boom, the light phobia was back.

When you are dealing with this type of situation, my mind would constantly try to find a way to never say anything that might be a trigger. Imagine analyzing everything you might say before you say it. Then doing the face palm when you forget or don't get it right and something becomes a trigger statement.

We continued to see a Doctor in Rochester and used a few different depression and anxiety medications over the years, but by high school he didn't want anything to do with them ever again. He was afraid that they might do something to his mind or body.

Then drug use came along. Like many parents, you ignore the signs.



DAVID BLOCK

Then the day the sheriff's deputy calls and reports that David had called 911 and was afraid that he'd over dosed. I honestly think he was trying to find his one way to self-medicate. In his counseling at Prairie Ridge, the last appointment he let us talk to the counselor and she told us that in a mind like David's… perhaps at a fragile state with his Asperger's, a single drug use can cause permanent effects.

The most recent long lasting phobia that he had concerned carbon monoxide. He was deathly afraid that carbon monoxide might damage his brain. Gone was the pleasure of making a fire, or roasting a smore. If we started the grill with his window open, he'd freak out, and have to leave the house for an hour or two to let any potential carbon monoxide dissipate. Didn't matter that I bought a carbon monoxide detector to "show him" that there wasn't any dangerous levels, even one molecule was something to be avoided. To drive his car, he would immediately put in in gear and move as soon as the engine turned. Open the windows then as he drove to clear out any molecules that might have got in. No air or fan on at a stop sign. And when he stopped, he shut the car off a few feet away and coasted to a stop. Then he would sit before he opened the door to again let any carbon monoxide molecules float away.

Block, see Page 10

Northwood Anchor **Early Files**

Northwood Anchor **Obituaries**

100 years ago

October 26, 1921

Irvin Brown, one of Worth County's enterprising young farmers, and Miss Thea Throne, of Northwood, were married in Albert Lea. They returned to Northwood and are making their home for the present in the Brown farm home west of Northwood. Both young folks are well and favorably known and the Anchor joins their many friends in congratulations and best wishes.

The price of corn may yet go down to 25 cents a bushel this season but nevertheless, it cannot stay long at this level and will in a short time come back to its normal price, which under present economic conditions is in neighborhood of 70 cents.

Superintendent Burrus Beard, Agricultural, H.J. Williams and Rev. A. Robertson, member of the board of education, went to Albert Lea on Saturday to absorb some information relative to educational work in connection with the agricultural course of the schools.

Byron Lodwick, the newly elected county agent, arrived and has now taken up the active duties as head of the Worth County Farm Bureau, being delayed somewhat in assuming the position by illness, which has kept him at his former home in Onawa, Iowa.

Court convened on Monday afternoon at 2 p.m. with Judge J.H. Clark presiding. Indications are that the business of the October term will be fairly heavy, running over into next week. The grand jury was impanelled yesterday morning with James McQuarrie as foreman, A.K. Trustem, baliff and H.D. Kepler, clerk.

H.A. Dwelle leaves for Mason City to become the head of investment brokers and bankers. This means that the Dwelle family will become residents of the Cement City soon, Mrs. Dwelle and Miss Helen intending to join the husband and father there in the near future.

75 years ago

October 24, 1946

Northwood High School clinched the 1946 North Iowa conference football championship by defeating Buffalo Center 24 - 12 in a hard fought, grueling battle on the local. This is the first time in six games that the Northwood goal line has been crossed this season.

Worth County has over a two million dollar crop of soybeans this year, which is pouring into the elevators in all towns of the county at an unprecedented rate and bringing unheard of prices. The price hit $3 per bushel for 11 percent moistures test beans, which was 70 cents over the support price.

That Northwood business places responded splendidly to the request for co-operation in decorating windows for high school homecoming event, was evidenced in the artistic ideas, historical interest and individuality displayed in the many window dressings. Winning displays selected by the committee were the Gamble Store, first pace; and the L.T. Dillon store, second place.

Soaring prices of butter in September were reflected in the cream checks being received this week by patrons of Northwood creamery. The local creamery paid 98 cent per pound for butterfat in September. During the past week there has been some drop in butter price with quotations 12 cent under the peak. Local stores quoted 87 cents this week.

Miss Floretta Burtness of Gordonsville, and Raymond Kittleson of Northwood, son of Mr. and Mrs. C.A. Kittleson pf Joice, were married on October 16, at the Rev. Mr. Loesch of Trinity Lutheran church, Algona, officiating.

50 years ago

October 28, 1971

Kenneth Logemann, rural Northwood and Willard Lathan, Alexander, were elected to represent the 11-county North Central District on the Iowa Soybean Promotion Board, according to results of the October 19 election.

The Northwood City library is taking shape as the brick-layers completed their work. Occupancy for the library is expected to be early next year.

Construction on the new bank is progressing rapidly with good building weather all fall. Plans are to complete the structure on the corner of Central Avenue and Ninth Street early next year.

Mr. and Mrs. Gordon Methus, Northwood, announce the approaching marriage of their daughter Barbara Methus of Marshfield, Wisconsin, to Dr. Michael Navratil, Stanley, Wisconsin, son of Mr. and Mrs. Arnold Navratil, Plymouth, Iowa. Miss Methus is a graduate of North Central High School, Manly, and Iowa Lutheran School of Nursing, Des Monies, and is a R.N. at St. Joseph hospital in Marshfield. Mr. Navratil is a graduate of North Central, Manly, the College of Veterinary Medicine at Iowa State University and is a Doctor of V.M., at Stanley, Wisconsin.

Tony Coker, 12 year-old son of Mr. and Mrs. David Delyea, Zumbro Falls, escaped serious injury when he was struck by a Rock Island truck one-half mile north of Kensett. The accident happened as the boy was riding his bicycle and apparently swerved into the path of the truck driven by a railroad employee. He was taken to the hospital and released follow a check-up.

Superintendent Francis D. Peterson of the Northwood-Kensett Community Schools was elected to a three-year term on the nine-member executive board for the Iowa Association of School Administration at their annual fall meeting held at the Savery Hotel in Des Moines, October 21.

25 years ago

October 23, 1996

Northwood corn producers Mike and Tom Stevens filled their wagons on the run while picking feed corn in a Grove Township field northeast of town. Worth County's corn harvest is about half-done, according to reliable estimates.

Young pumpkin producer Ashley Dierenfeld had a wealth of orange merchandise to offer during the Northwood Chamber of Commerce's second annual Pumpkin Patch Fest on Central Avenue. Her customers included Erin Nagle, Carolyn Reeder and Erin's mother Deb.

Worth County secondary road crew foreman Roger Gentz got a hand from county supervisor Roy Calgaard while removing the second of two evergreen trees from the south courthouse lawn. A fungus known as rhizosphaera needle cast killed the needles on both evergreens, necessitating their removal. The Northwood Swensrud Fund has agreed to fund the replacement of both trees with large specimens of similar species, Calgaard said.

Amy Dahl and Kevin Stambaugh were married on August 3, 1996, at Our Savior's Lutheran Church, Lyle, Minnesota with the Rev. Harold Luecke officiating. Parents of the couple are Dave and Kathie Dahl, Lyle, Minnesota and Bill and Faye Stambaugh, Northwood, Iowa.

The Northwood-Kensett varsity volleyball team dropped a pair of matches to close the regular season. The Vikings fell 15-9, 15-7, 15-4 to North Central in Manly and dropped a 15-7, 15-7, 15-1 decision to St. Ansgar in a Parents' Night match here.

Slippery Greene running back Nate Trees bounced off Northwood-Kensett defenders Adam Okerlund, Eric Schaub and Ryan Buehrer before N-K's Ryan Meyer, and Cory Low put the stop on him in first-half action here.

10 years ago

October 26, 2011

Students in Children's Garden preschool were recently paid a visit by members of the Northwood Volunteer Fire Company, who told them about what they do as firefighters. That included showing the students the clothing they wear to keep them safe in fires. The students also got a chance to try on the clothes, as oversized as they might be.

Students in Mrs. Hanson's kindergarten and Mrs. Myhre's first grade classes welcomed a special visitor, who drove them "batty." That visitor was Worth County Naturalist Dan Block. He was there as the students took part in their monthly theme reading day. For October that was "Batty over Books." Block visited with the students about the varieties of bats, and their bat-brained behavior. Block showed them some real live examples of bats that can be found in the barns, homes and trees of northern Iowa. He also explained different bat behaviors, depending on where they live. He even got some students involved in demonstrating some batty behavior. Block is pictured pretending to be a vampire bate, preparing to drink blood from the ear of a sleeping monkey, as portrayed by a kindergarten volunteer. Before leaving Block read them the batty book "Stella Luna."

The Lady Vikings' Mary Bjorklund and Kelsi Brockman go up for a block attempt against Ventura in the class 1A, regional first round. N-K fell to Ventura 3-0 (20-25, 22-25, and 23-25).

Kary Paulson



KARY PAULSON

Kary Scott Paulson, 75, of Northwood, passed away on October 15, 2021, in Jackson Hole, Wyoming.

A celebration of life for Kary was held at 10:30 a.m. on Saturday, October 23, 2021, at First Lutheran Church, 309 Ninth Street N., Northwood. He was laid to rest at Sunset Rest Cemetery in Northwood. Following the services, family and friends were invited to the Timbers, 500 Central Avenue, Northwood, Iowa to continue celebrating Kary's life.

Visitation to greet family and friends was held from 5 to 7:30 p.m. on Friday October 22, 2021, at First Lutheran Church in Northwood.

Masks were recommended for all in attendance.

A livestream of the services for Kary can be found here: https://www.facebook.com/HoganBremerMoore-ColonialChapel.

In lieu of customary remembrances, the family suggests memorials be directed to MercyOne Hospice of North Iowa in Kary's honor.

Kary brought joy into the lives of his parents, Kermit and Velma (Ferris) Paulson on October 10, 1946. He was a Northwood-Kensett Viking graduating with the class of 1965. After high school he attended NIACC and later transferred to Mankato State to pursue a degree in economics.

During high school he met his high school sweetheart, Carol Rozen. They were united in marriage on August 10, 1968. In 1970 he enlisted in the Iowa National Guard in Atlantic, Iowa, and trained in Fort Campbell, Kentucky. Upon completion he returned to Atlantic, where their family grew and they were blessed with three amazing children, Kirk, Sarah and Kris. Over the years they created countless beautiful memories with their family.

His career started by selling Filter Queen vacuums door to door and working at Green Giant in Le Sueur, Minnesota. Following in the footsteps of his father and grandfather, Kary moved on to begin his banking career. He started as a bank examiner with the Iowa Department of Banking. Then in 1973 he started with Northwood State Bank as a VP and cashier. In 1987 he was named president of Northwood State Bank. In 2000 he stepped down as president and became chairman of the board, which he continued until his passing.

His passion ran deep with a love for the beauty, culture and heritage of Teton Valley, Wyoming. As a young child he vacationed for many years at Moose Head Ranch with his mom and dad. He continued the tradition with his own family and vacationed yearly at the Triangle X Ranch for 16 years. He cherished the memories he was creating in Wyoming with his family. In 1994, Kary and Carol decided to build a cabin of their own, allowing him to spend more time in a place he loved.

Amongst the things he loved the most was his family. Kary found joy in planning trips for the entire family, and treasured his time with them. His children and their families surprised him by planning their own trip, arriving in Wyoming as he celebrated his 60th birthday. He was thrilled and enjoyed the time spent together so much he planned another gathering in Wyoming as he and Carol celebrated their 50th wedding anniversary.

He leaves behind to cherish his memory, his wife of 53 years, Carol Paulson; children, Kirk (Kelly) Paulson of Mason City, Sarah (Craig) Walter of Osage, and Kris (Brandi) Paulson of Mason City; six grandchildren, Tyler, Hudsen, Peyton, Josh, Jacob and Avery; a sister, Darlene Latimer, Dundee, Ill.; his brother-in-law, Jim (Maureen) Rozen of Robins, Iowa; as well as numerous extended family members and friends.

Kary was preceded in death by his parents, Kermit and Velma, and Carol's parents, Harry and Marie (Collins) Rozen.

Trooper Ted Benda



TROOPER TED BENDA

Trooper Ted L. Benda, 37, of rural Decorah, Iowa, succumbed to his injuries on Wednesday, October 20, 2021, at Gundersen Lutheran Medical Center in La Crosse, Wisconsin, from to an automobile accident while on duty with the Iowa State Patrol on Thursday, October 14.

Public funeral services will be held on Wednesday, October 27, at 11 a.m. at the Waukon High School with Fr. John Moser officiating. A private burial will be at Mt. Olivet Cemetery in Waukon. A public visitation was held from 4 - 8 p.m. on Tuesday at St. Patrick Catholic Church in Waukon. Martin-Grau Funeral Home in Waukon is handling arrangements. In lieu of flowers, plants, and gifts, memorials can be directed to the Ted Benda memorial fund set up at FreedomBank in Waukon.

Theodore Lawrence Benda was born on November 17, 1983, in Waukon, Iowa, the son of Lawrence and Marsha (Welper) Benda. He was baptized and confirmed at St. Patrick Catholic Church in Waukon, where he was a lifelong member. Ted attended St. Patrick's Elementary School and graduated from Waukon High School in 2002. As a child Ted was a Boy Scout and had a morning newspaper route. After graduating, Ted worked for a year at Carlson Construction of Decorah, before he attended Hawkeye Community College in Waterloo and received his degree in Criminal Justice. In December 2005, he joined the 31st Basic Academy, assigned to the Special Enforcement Operations Bureau with DCI in Marquette. In 2016, Ted transferred to the Iowa State Patrol District #8 in Mason City. During this time, Ted, his wife, Holly, and their family resided in Hanlontown. This small, tightknit town became a big part of their lives as they always felt very loved and supported. In June of 2017, Ted then transferred to Patrol District #10 in Oelwein; Ted and Holly were happy to be moving back to the Northeast Iowa area, residing in rural Decorah.

On December 26, 2009, Ted married Holly Lyn Callahan in a small family gathering; they later had a formal wedding ceremony at St. Patrick Catholic Church in Waukon on November 13, 2010. They started their family and lived in Waukon for nine years before Ted joined the Iowa State Patrol. He was a current member of the Knights of Columbus. After his family and work, Ted loved the outdoors. He enjoyed the simple things, like watching a gentle thunderstorm roll by or listening to the sound of crickets at night. He was an avid hunter and fisherman, always looking for an opportunity to go out, whether it was bow or shotgun season or looking for deer, turkey, pheasants and mushrooms. After his daughters grew older, Ted took them with him and taught them everything they would need to know. He was very proud his daughters took interest in hunting. He is not only a valuable part of the Department of Public Safety, but he was more importantly a loving husband, father, son and brother. Even after Ted's death, he continued his public service through being an organ and tissue donor and will continue to live on in the lives of his recipients.

Ted is survived by his wife Holly of rural Decorah, four daughters, Madilyn (11), Avery (8), Vivyan (3) and Sylvia (3 weeks old); his parents, Lawrence and Marsha Benda of Waukon; three brothers, Tim of Reedstown, Wis., Tom (Jennifer) of Postville, and Travis (Ashley) of Waukon; father and mother-in-law, Jim and Cindy Callahan of Lansing; sisters-in-law, Heather (Todd) Corwin and Hannah (Jason) Steiber, both of Lansing; and nieces and nephews: Liam, Rose, Jason and Clara Benda, Addison and Abigail Schnuelle, Lydia and Isabelle Corwin and Delainee, Clayton and Creed Steiber.

He was preceded in death by his sister, Tanya Schnuelle in 2019, his grandparents, and other loved ones.

Honorary casketbearers are District #10 Troopers, Marquette DCI Agents, Ted's beloved friends, and the class of 2002. Casketbearers are the Iowa State Patrol Honor Guard.

Online condolences may be left at www.martinfunerals.com.

Carol Patterson

Carol L. Patterson, 82, of Mason City, passed away on Thursday, October 21, 2021, at the Muse Norris Hospice Inpatient Unit in Mason City surrounded by her loving family.

A funeral service was held at 1 p.m. on Monday, October 25, at St. James Lutheran Church, 1148 Fourth St. S.E., Mason City with Rev. Sid Bohls officiating. Burial followed in the Kensett Cemetery.

Visitation with public viewing was held on Sunday afternoon, October 24, from 3 until 5 p.m. at Hogan Bremer Moore Colonial Chapel, 126 Third St. N.E., Mason City, and resumed one hour prior to Carol's service at the church on Monday.

Should friends desire, memorials may be left in Carol's honor to the Humane Society of North Iowa.



CAROL PATTERSON

The daughter of LeRoy and Evadna (Olsen) Pedersen, Carol was born on April 8, 1939. She grew up alongside her siblings, Sharon and Earl.

Carol was united in marriage to Harvey Patterson and together they were blessed with five children, Dan, Deb, Todd, Bridget and Scott. The family resided on an acreage outside of Northwood where Carol enjoyed tending to her vegetable gardens, raising bottle fed lambs and riding horses.

For several years Carol worked at Park Hospital in Mason City as a switchboard operator before obtaining her degree as a lab technician. She then began her career at AMPI, and eventually retired from ConAgra Foods after working many years in quality control.

Carol cherished time spent with her children, grandchildren and great-grandchildren and talked to her sister Sharon every day. Carol loved watching movies, walks in the park and enjoying Mexican cuisine at Plaza Mexican or Las Palmas as a family. And many Sundays were spent enjoying Sundaes with "Grandma Scott" at her home.

Carol always stayed busy; in earlier years she enjoyed taking a ceramics class and was able to make baby shoes for each grandchild as they were born, complete with their name and weight. She also enjoyed swimming and could often be found at the pool at the YMCA. She loved all animals, and many stray cats found their forever homes with Carol over the years.

She carried a strong devotion to The Lord and was a devoted member of St. James Lutheran Church for many years. Although strong willed at times, Carol will be remembered for her loving and caring nature for friends and family alike.

She is survived by her children, Dan (Peggy) Patterson, Deb (Mark) Stratmann and Todd (Dana) Patterson; son-in-law, Robert True; daughter-in-law, Tammy Patterson; grandchildren, Jamie (Skye), Robert (Lisa), Heather (Tony), Kristen (Brad), Danielle (Jake), Zachary (Bailey), Thomas (Shelby), Kaitlyn (Matt), Tony, Tori, Jessie and Nicole; many beloved great-grandchildren; mother in law, Geneva Patterson; sister, Sharon (Gary) Groff; and nieces and nephews, Carol Lee, Gary Groff, Jr., Brian Pedersen and Timothy Pedersen; her beloved friends, Val and Jane ; and family friend, Matt Nelson; as well as extended family and many friends.

Carol is preceded in death by her parents, LeRoy and Evadna Pedersen; son, Scott Patterson; daughter, Bridget True; grandsons, Dustin and Nathan Wagner; brother, Earl Pedersen; and sister-in-law, Dar Pedersen.

Block
Cont. from Page 8

Then the COVID thing hit! Masking is required. Now you are rebreathing your air, and that has carbon dioxide in it and that's almost as bad. Wearing a mask all day at work had him develop a hyperventilation "tic" where he would gasp with every breath. Mask or no mask. Every waking breath since last winter until the day he died. Last winter he told me the stress was so bad that he was again willing to try a medication. He went to the Doctor and tried a med, but it didn't work and he quit trying. Then again this early spring he was willing to try again. Several visits were still not producing any results as we went into the fall.

"I can't get rid of the anxiety" he would tell me. We could discuss and point out that he had nothing to be stressed about. He had a car, a bank account from working with thousands of dollars in it. He was working with his grandpa painting. He made his own healthy vegan food. He had a bed, safety and nothing tangible to worry about. He agreed that he had nothing to worry about but he still couldn't help not feeling anxious with every breath he took.

He told Laura that he thought his drug use had damaged his brain. Whether it did or not, as soon as he believed it did there is no going back from that.

His note he left said he was sorry but he couldn't live with the pain anymore.

I had a student in school ask me on September 10 what I thought about marijuana use. We talked about its legalization in several states, and how some people seem predisposed to addictions. Two days later David was gone. I think I have a better answer from him now.

MercyOne North Iowa Dermatology Care welcomes Katie Silberstein

MercyOne North Iowa Dermatology Care recently announced the addition of Katie Silberstein to their team.

Silberstein's clinical focus is on the diagnosis, management and treatment of skin.

Silberstein grew up in Solon, Iowa. She received her undergraduate and medical degrees from the University of Dubuque in Dubuque, Iowa.



KATIE SILBERSTEIN

"As a child, I loved science and medicine," Silberstein shared. "This love helped me pursue a career in the medical field. I enjoy the clinical aspect of practicing hands-on medicine and the personal aspect of connecting with patients and making a difference in their lives."

Silberstein is currently accepting new patients, who may call 641-428-2080 to schedule an appointment.

ELECTRIC POWER LINES AND GRAIN BINS DON'T MIX!

Please contact your local electric cooperative/utility if you plan to build a grain bin in the vicinity of an electric distribution line or electric transmission line.

Dairyland Power Cooperative owns and operates transmission lines in Northeastern Iowa, which provide electrical energy to local rural electric cooperatives and municipalities. Those transmission lines are operated at voltages that greatly exceed local distribution and service lines that may be located on your property. Dairyland will provide assistance in planning the placement of the grain bin near our transmission line to provide a safe environment for everyone working and living around grain bins.

The State of Iowa requires specific clearances for electric lines around grain bins, with different standards for those filled by portable and permanent augers, conveyors and elevators. The drawings show specific clearances required for each scenario.

Clearance Envelope for Grain Bins Filled by Permanently Installed Augers, Conveyors, or Elevators

Source: American National Standards Institute (ANSI) C2-2017 "National Electrical Safety Code," Rule F-234-4(a), page 138

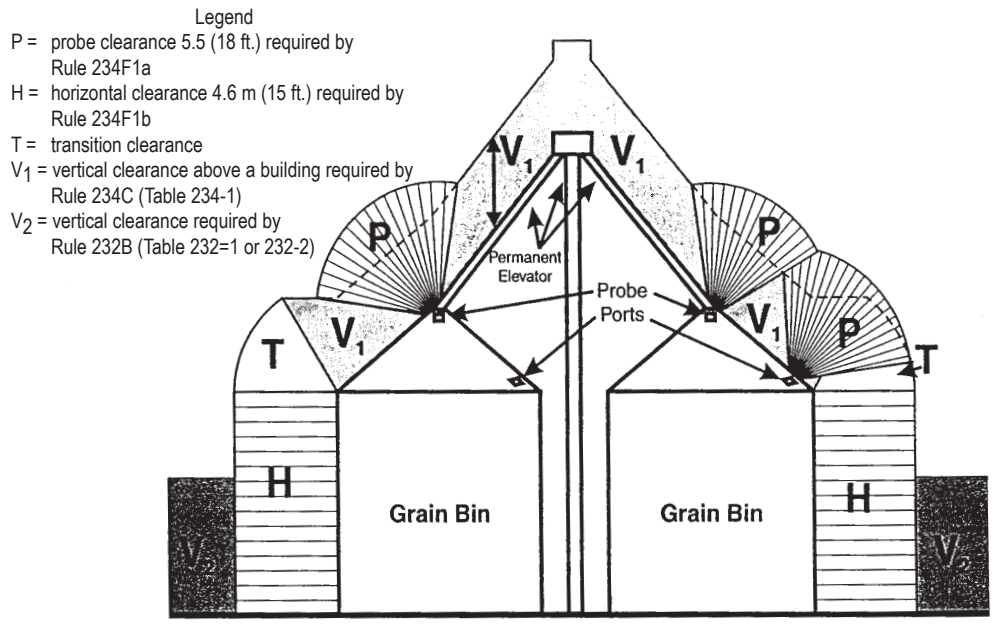


Figure 234-4(a) – Clearance envelope for grain bins filled by permanently installed augers, conveyors, or elevators

Clearance Envelope for Grain Bins Filled by Portable Augers, Conveyors, or Elevators

Source: American National Standards Institute (ANSI) C2-2017 "National Electrical Safety Code," Rule F-234-4(b), page 139

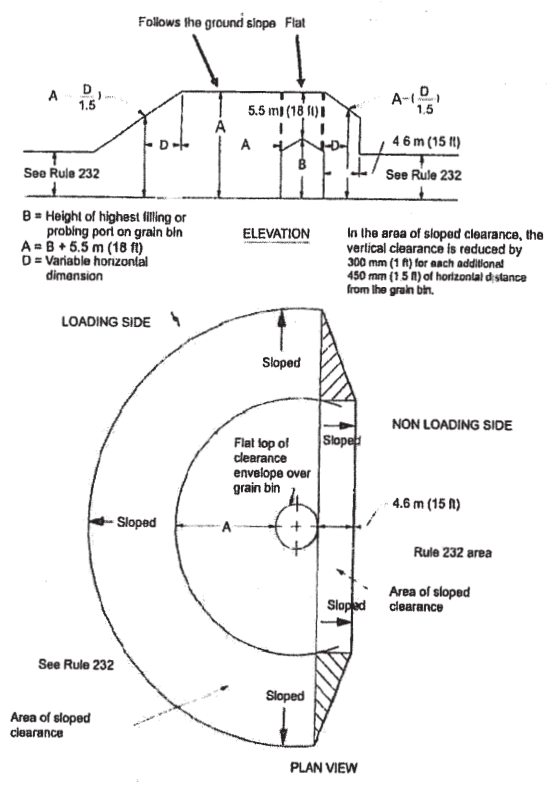


Figure 234-4(b) – Clearance envelope for grain bins filled by portable augers, conveyors, or elevators

According to the Iowa Electric Safety Code found in Iowa Administrative Code Chapter 199 - 25.2(3)b., your local electric utility may refuse to provide electric service to any grain bin built near an existing electric line which does not provide the clearances required by the American National Standards Institutes (ANSI)C2-2017 "National Electrical Safety Code," Rule 234F. This Paragraph "b" shall apply only to grain bins loaded by portable augers, conveyors or elevators built after September 9, 1992, or to grain bins loaded by permanently installed augers, conveyors or elevator systems installed after December 24, 1997. (As adopted by the Iowa Utilities Board)

Dairyland Power Cooperative is required by the Iowa Utilities Board to provide this annual notice to farmers, farm lenders, grain bin merchants, and city and county zoning officials. If you have any questions concerning clearance regulations, please call our Real Estate, Right of Way and Related Services Department, Monday through Friday, from 8 a.m. to 4 p.m., at 608-788-4000. You may also write to us at the following address: DAIRYLAND POWER COOPERATIVE, Attn: Real Estate Dept., 3200 East Avenue South, P.O. Box 817, La Crosse, WI 54602-0817.

DAIRYLAND POWER COOPERATIVE

A Touchstone Energy® Cooperative



Facing two of the Saints' top blockers N-K's Chloe Costello tries to push the ball over the defenders in last Monday's 3-0 (17-25, 6-25, 11-25) first round regional loss in Saint Ansgar. Costello ended the year with 60 kills and 27 blocks and she went 132-146 at the service line (90.4).



Senior hitter Marli Backhaus goes up against a single Saint Ansgar defender in last Thursday night's 3-0 regional loss. Backhaus led the team on the year with 94 kills and 35 blocks.



Lady Viking senior Carly Hengesteg returns a serve last Monday night in regional action. Hengesteg had three kills, two blocks, five digs and a perfect serving percentage against the Saints, going 4-4 on the night.

Lady Vikings tournament run comes to an end with 3-0 loss at SA

By Mike Simmons
Sports Editor

The Northwood-Kensett volleyball team started regional tournament play last Monday night in Saint Ansgar and before the tournament run could even get started, it came to an abrupt end with a 3-0 (17-25, 6-25, 11-25) loss to the Saints, who will take their 18-9 record to the next round of the regionals.

The Lady Vikings held a brief 2-0 lead in the first set before falling behind 14-7. From there N-K outscored the Saints 6-3 to pull to within four points at 17-13 before SA pulled away down the stretch, taking the first set 25-17.

Despite the loss, N-K's coaches were happy with the effort in that first set.

"We've gotten a lot better at coming out strong to begin a match," said Lady Vikings head coach Mackensie Sauerbrei. "We just need to get better at maintaining that throughout the match."

That problem reared its ugly head in the second set of the night when the Lady Vikings trailed 7-0 before scoring a point and fell and lost by the biggest margin yet, 25-6 to go down 2-0 in the match.

"When we came out strong in that first set, I thought we were going to be in it for the long haul tonight, but that just didn't work out, Sauerbrei said.

Facing an early elimination from tournament play the Lady Vikings once again fell behind 7-0 to start the third set, but unlike the second set loss, they battled back to give one last bit of effort in the final set of the year, eventually losing 25-11 in the third and final set.

Addy Bachtle led the team at the net with four kills while Emma Davidson dished out a team high nine assists. One thing the Lady Vikings can be proud of is that they didn't beat themselves, going 31-34 at the service line (91.2).

Seniors playing their final match for the Lady Vikings include Marli Backhaus, Addy Bachtle, Carly Hengesteg, Hayley Wallin and Emma Davidson.

This is one of my favorite senior classes to come through in my time at the Anchor. But, as much as I loved their work ethic and the way they played together as a team, one thing this group was lacking was a vocal leader out on the floor, one that would fire the team up when they needed it.

"We have to have that next season, anybody at this point no matter what position," Sauerbrei said. "Whoever would take that role, they would be welcome to it."

Team leaders for the year include Marli Backhaus with 94 kills, Emma Davidson with 274 assists, Backhaus with 27 blocks and Davidson with a 95.3 percent serve percentage, going 201-211 on the year.

SA 3, N-K 0

	1	2	3
NK	17	6	11
SA	25	25	25

Davidson earns Honorable Mention All-Conference honors

By Mike Simmons
Sports Editor

Suffering through a 4-19 season, not many people expected that the Lady Vikings would end up with many players on the Top of Iowa Conference East, All-Conference teams.

But one Northwood-Kensett player did make the prestigious team. Senior Emma Davidson earned Honorable Mention All-Conference honors.

Davidson for the year had 24 kills, 274 assists, 10 blocks and was tops on the team with a 95.3 serving percentage, going 201-211 on the year.

2021 Top of Iowa Conference East Division
Volleyball All-Conference teams

First Team		
Alivea Harms	Central Springs	12
Azaria McDonough	Central Springs	9
Abbie Hyde	Nashua-Plainfield	12
Mackenzie Foelske	Nashua-Plainfield	12
Addy Grimm	Osage	12
Meredith Street	Osage	12
Kaebre Sullivan	Osage	12
Brianna Minnis	Saint Ansgar	12
Kennedy Schweisow	Saint Ansgar	12
Second Team		
Macy Wyborny	Central Springs	12
Breanna Hackman	Nashua-Plainfield	12
Paige Ripley	Nashua-Plainfield	11
Kiya Johnson	North Butler	11
Claudia Aschenbrenner	Osage	11
Jaden Francis	Osage	11
Chloe Rooney	Rockford	12
Adrianna Kruse	Saint Ansgar	12
Jaci Woods	Saint Ansgar	12
Honorable Mention		
Carly Ryan	Central Springs	11
Jaylnn Pratt	Nashua-Plainfield	10
Madi Elwood	Newman Catholic	12
Haley Freesemann	North Butler	12
Emma Davidson	**Northwood-Kensett**	**12**
Samantha Brandau	Osage	11
Emma Muller	Rockford	12
Emma Hicken	Saint Ansgar	12
Emma Martinek	West Fork	11

Player of the Year – Meredith Street, Osage
Coach of the Year – Maggie Pruin, Central Springs

Find Out
What's Happening
From local events, sports and entertainment to the issues affecting the community and around us, we deliver the full picture!

Limited-Time Autumn Special!
Subscribe Now to Get One Year for
$35 Worth County & Adjoining
$43 Anywhere in U.S.
Wednesday Home Delivery or ask about getting Digital Access
Expires 11-30-2021



Locally Owned & Operated

The Northwood Anchor
641-324-1051 • anchor1@nwdanchor.com
801 Central Ave. • P.O. Box 107, Northwood, IA 50459
nwdanchor.com

Financial Education Workshop for educators and school personnel

"Small Change: Building Financial Security" is designed to equip educators to address financial literacy in their classrooms while also building their personal financial knowledge, skills and confidence.

Small Change is an online course designed for Iowa educators by Iowa State University Extension and Outreach. Course content is embedded in the financial literacy standards of the Iowa Core 21st Century Skills and Social Studies, and connects participants with curricula, resources and school-based programs for elementary, middle and high school levels. Educators can earn one Iowa License renewal credit.

The course requirements include:

• Participate in a live, online 2-hour in-person introductory workshop on November 9, 2021 from 5 to 7 p.m.

• Complete at least 4 of 12 gamified online lessons covering financial topics.

• Complete assignments to promote financial literacy and connect with curricular and informational resources.

The course is designed to explore lessons that are timely and relevant to participants' life stage. Topics include:

• Finance Fundamentals—getting organized, smart borrowing, estate planning

• Insurance—life, health, disability, long-term care, auto, home, liability coverage

• Investing—risk tolerance, investment choices, funding long-term goals

• Retirement—preparing for retirement, building a nest egg, Social Security, IPERS

The course fee is $25 to members and non-members of ISEA (the Iowa State Education Association). Those who do not need license renewal credit may register and audit the course for a $10 fee. Those interested may register online at cvent.me/rv0E2V or search for Small Change Online at https://isea.org/course. Space is limited.

More informationis available by contacting Phyllis Zalenski, zalenski@iastate.edu, 319-480-1106 or Rhonda Plimmer, rhonda.plimmer@isea.org or 515-471-8052.

Small Change is offered by Iowa State University Extension and Outreach with seed funding support from the FINRA Investor Education Foundation.

N-K School

The Northwood-Kensett Board of Directors met in a Regular Meeting on Thursday, October 14, 2021 in the Secondary Media Center at 7:00 P.M.

Members present: Larry Hovey; John Anderson, Roger Harris and Susan Kliment. Absent; Cindy Pangburn

(5-0) Approved the Agenda; October 14, 2021; September 9, 2021 regular meeting minutes; Financial Reports for September; October bills for payment

Reports:

Elementary Principal: 1) Middle School discussion led by Kimberly Odegaard and Samantha Butler 2) Fire Prevention Week 3) School Bus Safety Week 4) Parent-Teacher Conferences Nov 4th & 8th

Secondary Principal: 1) Establishing Girls High School wrestling program 2) Fall Concert Oct. 19, School Play; two different casts 3) Coach Potter, speaker on October 26th on the topic of depression

Superintendent: 1) Certified Enrollment 2) Budget History

School Board: 1) Next regular board meeting scheduled for Thursday November 11th, 2021 at 7:00 pm

Old Business:

Viking Activity Center – Sanitary Sewer has been installed, the down-spout drainage has been installed and the block wall to the wrestling room is up. The outer walls and roof are being put on now and it should be enclosed before winter.

Transportation Facility-We are ready to receive bids for this project.

(5-0) approve the 28E agreement with the city.

New Business:

(5-0) approve the National Honor Society's fundraisers

(5-0) approve the second reading of changes to policies, 102, 102.E4, 501.3, 501.4, 502.8, 502.8E1, 502.8, 502.8E1, 507.8, 603.1, 603.3, 604.6, 604.10, and 705.1R1 Rescind policy 500 and addition of new policy 705.1R2

Bus Purchase tabled for further discussion

(5-0) approve letting bids for the Transportation facility and the street

(5-0) approve the quote on weight equipment from 2nd Wind

(5-0) approve the first reading of policy changes to the wellness policy 507.9 and waive the 2nd Reading

(5-0) approve the District Advisory Committee membership for 2021-2022

(5-0) approve the FY21 CAR Reports

(5-0) approve Early Retirement Program for this year in the amount of $30,000; 14 years of service; limit of 4 qualified employees, basis of seniority if need be.

Personnel

(5-0) accept the resignation of Ron Hengesteg as assistant baseball coach

(5-0) adjourn the meeting at 8:42pm

Northwood-Kensett Community School District

Vendor Name, Vendor Description, Amount

Accurate L & DC, LLC
repair services 269.97
AGVANTAGE FS, INC
propane 912.41
AHLERS & COONEY, P.C.
legal services 818.50
AIRGAS USA, LLC
SUPPLIES 600.36
AKADEMOS, INC 1,609.41
ALBERT LEA SEED 243.00
Albert Lea Steel, Inc.
supplies 45.04
All Star Pest Control
pest control 75.00
ALLIANT ENERGY
ELECTRICITY 15,482.10
Amazon Capital Services
SUPPLIES 4,039.12
APPLE, INC., SUPPLIES 1,764.00
BECK, RICHARD 23.95
BLAZEK ELECTRIC 398.43
Cambium Assessment Inc
assessments 33.00
CARQUEST AUTO PARTS
SUPPLIES 87.30
CDW GOVERNMENT, INC.
supplies 152.01
CHRISTIANSON, GARY .. 100.00
CITY OF NORTHWOOD
water/sewer 1,902.51
Crozier, Michael
REIMBURSEMENT 313.15
DEMCO, INC, SUPPLIES... 75.91
EDUCATORS BENEFIT CONSULTANTS, LLC
Flex Plan 125.00
FALLGATTER'S MARKET
SUPPLIES 924.93
FLINN SCIENTIFIC
supplies 1,524.86
GOPHER, SUPPLIES 420.97
Hansen, Joleen 15.82
Hartman, Steve
reimb supplies 58.64
Heinen, Dana , repairs 225.00
Helgeson, Kelli 643.53
Henkel, Natalie 165.99
HOVEY'S LAWN AND GARDEN LLC, LAWN CARE 2,500.00
IOWA ASSOCIATION OF SCHOOL BOARDS 250.00
IOWA DEPARTMENT OF NATURAL RESOURCES 95.00
Iowa Water Management Company, boiler service 200.00
Kelly Hardware
SUPPLIES 393.44
Kendall Hunt Publishing Co
supplies 1,174.53
LAKESHORE LEARNING MATERIALS, SUPPLIES 31.32
LARSEN PLUMBING & HEATING, INC. 1,005.97
LEARNING A-Z
SUPPLIES 334.00
MANKATO CONTROL SYSTEMS
repairs 352.00
MARTIN BROTHERS 1,889.86
MASON CITY COMMUNITY SCHOOL 14,584.22
Mick Gage Plumbing & Heating, Inc., plumbing 925.00
MIDWEST COMPUTER PRODUCTS, INC., SUPPLIES 998.00
NCI North Central International
Repairs 1,757.16
NIACC Continuing Ed Dpt.. 60.00
NORTHWOOD ANCHOR
PUBLICATION 461.76
NORTHWOOD SANITATION
garbage 610.00
One Source Background Check Company
background checks 40.50
PERFECTION LEARNING
books 508.75
PLUMB SUPPLY COMPANY - MC, SUPPLIES 25.99
REALLY GOOD STUFF, LLC
SUPPLIES 335.91
Renwick, Amy 250.00
RIVERSIDE INSIGHTS 771.75
Scholastic Math, supplies .. 560.34
SCHOOL SPECIALTY
SUPPLIES 1,815.49
SCHUMACHER ELEVATOR COMPANY, inspection 575.00
Severson, Ryan 256.00
SIGNWAREHOUSE
supplies 327.16
SMI CO-SEEDORFF MASONRY INDUSTRIES CO
SUPPLIES 2,370.00
Staples Business Credit
supplies 106.90
STAPLES CREDIT PLAN. 100.89
Symmetry Energy Solutions LLC
natural gas 261.19
TEACHER'S DISCOVERY
SUPPLIES 22.98
Thorson, Megan
reimb supplies 57.55
TRADING POST, supplies .. 34.95
USPS.com, postage 58.00
VISA 7,753.17
Waldorf University
tuition 1,250.00
WINNEBAGO COOPERATIVE TELECOM ASSN
phone/internet service 956.76
WORTH COUNTY ENGINEER
diesel/gas 1,136.68
WORTH COUNTY PUBLIC HEALTH 925.00
Worth Lumber Company
supplies 504.00
Fund Number 81,677.13
OLSON INSURANCE
insurance 1,147.00
Fund Number 1,147.00
NORTH IOWA AREA COMM. COLLEGE 1,000.00
Riverland Community College
scholarship 500.00
Fund Number 1,500.00
Albert Lea Steel, Inc.
supplies 316.56
Algona Community School District
..... 15.00
Amazon Capital Services
SUPPLIES 108.95
Amundson, Eileen 70.60
ANDERSON'S, supplies 221.71
ANDERSON, STEVE
official 110.00
AWARD DECALS.COM 179.53
BRACKEY, JIM, official 110.00
Broadway Licensing 1,230.00
CARQUEST AUTO PARTS
SUPPLIES 9.62
CENTRAL SPRINGS CSD 160.00
DISTRICT 3 FCCLA 22.00
Dunkerton CSD 75.00
FALLGATTER'S MARKET
SUPPLIES 122.82
Family, Career & Community Leaders of America 317.00
GARNER-HAYFIELD-VENTURA CSD 240.00
Hudl 5,350.00
IOWA FCCLA 620.00
Iowa FFA Association 672.50
IOWA SPORTS SUPPLY CO. 104.84
J.W. PEPPER & SON, INC.
supplies 146.93
JOSTENS, INC., supplies3,020.55
Kelly Hardware
SUPPLIES 116.04
Leading Edge
Fundraising 3,523.50
Matchbox Children's Theatre
rental 75.00
MEINDERS, DAVE
official 140.00
Mojo Productions, DJ 800.00
Music in Motion, DJ 300.00
N-K Wrestling Boosters 895.72
NCIBA 30.00
Pangburn, Cindy
reimb supplies 46.09
Rieman Music, Inc
supplies 73.76
SIMONSON, ADRAIN
official 110.00
Sports World, supplies 213.00
ST. ANSGAR CSD 70.00
SUNTKEN, CHRIS
official 110.00
TRAINER, SANDY 38.00
Whye's Choice Fundraising
supplies 4,742.00
Fund Number 24,506.72
Atura Architecture
architecture services ... 10,326.74
Dean Snyder Construction Co
general contractor services 797,138.26
Mick Gage Plumbing & Heating, Inc., plumbing 2,649.93
Security & Communication Professionals
security services 686.75
Fund Number 810,801.68
TimeClock Plus
time clock system 23.63
Fund Number 23.63
ANDERSON ERICKSON DAIRY MILK 3,119.62
EMS DETERGENT SERVICES
SUPPLIES 197.24
FALLGATTER'S MARKET
SUPPLIES 6.95
GOODWIN TUCKER GROUP
repairs 562.13
MARTIN BROTHERS .. 15,785.42
Fund Number 19,671.36

People's Right To Know

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
PROBATE NO. ESPR009278
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS
IN THE MATTER OF THE ESTATE OF DAWN D. LUTZ, Deceased.

To All Persons Interested in the Estate of Dawn D. Lutz, Deceased, who died on or about the August 18, 2021:

You are hereby notified that on August 31, 2021, the Last Will and Testament of Dawn D. Lutz, dated September 15, 2020, was admitted to probate in the above named court and that Randall C. Lutz and Janelle R. Dannen have been appointed executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated September 1, 2021.

Randall C. Lutz
19272 - 320th Street
Mason City, IA 50401
Executor of the Estate

Janelle R. Dannen
1926 - 350th Street
Plymouth, IA 50464
Executor of the Estate

Kristen N. Ollenburg
ICIS#: AT0006007
Pappajohn, Shriver, Eide & Nielsen P.C.
103 E. State Street, Suite 800
P.O. Box 1588
Mason City, IA 50402-1588
Attorney for Executors

Date of second publication
22nd day of September, 2021.
42-2t

Supervisors

October 18, 2021
Forty-second Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Mark Smeby and Enos Loberg present.

Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Abstentions: none. Absent: None.

Motion by Loberg, second by Smeby, carried to approve the October 18, 2021 board agenda.

Motion by Loberg, second by Smeby, carried to approve the October 11, 2021 board minutes.

Motion by Smeby, second by Loberg, carried to approve drainage claims in the amount of $8,131.50 as per the following schedule:

Worth County, Misc DD, Admin Fees $3,174.00
Bolton & Menk, Inc., DD #11/ Main A, Prof Services $840.00
Bolton & Menk, Inc., DD #2 Main, Prof Services $1,625.00
Bolton & Menk, Inc., DD # 72, Prof Services $2,492.50
Grand Total $8,131.50

Motion by Smeby, second by Loberg, carried to approve removal of parcel 0606200005 from DD No. 2 Main Open Ditch, Lateral H Lower Open Ditch, Lateral H Upper Open Ditch and Lateral H Upper Tile and parcel 0606200008 from DD No. 2 Main Open Ditch and refund of assessment per the recommendation of Jacob Hagan, P.E., Project Engineer, Bolton & Menk Inc. This is subject to the recommendation of the drainage attorney regarding any legal processes to remove these parcels.

Motion by Smeby, second by Loberg, carried to approve claims in the amount of $50,135.52 as per the following schedule:

At&T Mobility, Service-Shf 428.94
Bice Electric Llc
Service-Gsr 2,927.00
Brian Lund, Mileage-Gsr 26.88
Carquest Auto Parts Inc
Supplies-Shf 25.57
Centurylink, Service-Gsr ... 127.64
Culligan Of Mason City
Service-Gsr 94.00
Dickinson, Mackaman, Tyler & Hagen, P.C., Service-Sup 1,430.00
Electronic Engineering
Service-Shf 3,978.95
Fallgatter's Market Inc
Supplies-Shf 391.09
Francis Lauer Youth Svcs Inc
Service-Juj 1,212.90
Heartland Power Coop
Service-Shf 126.15
Heiman Inc, Supplies-Con ... 65.80
Homeward Inc
Fy22 Appro-Org 5,000.00
Ia Dept Of Natural Resources
Service-San 75.00
Ip Pathways, Service-Dap . 758.00
Jessica Reyerson
Reimb-Phd 50.00
Joe's Collision & Performance Inc
Service-Shf 55.65
Lawson Products Inc
Supplies-Con 216.02
Mail Services Llc
Postage-Trs 293.38
Manly Junction Signal
Service-Sup 319.68
Marco Technologies Llc
Service-Dap & Asr 695.21
Niacog, Service-Tra 4,642.86
Northwood Anchor Inc
Service-Trs 1,498.53
Nsb Bank, Service-Trs 28.50
Nsb Bank, Supplies-Trs 82.22
Pitney Bowes
Supplies-Dap 135.98
Plunkett's Pest Control Inc
Service-Ema 31.20
Purchase Power
Service-Trs 587.10
Reindl Repair, Service-Phd . 23.09
Reinhart Food Service Llc
Supplies-Shf 396.80
Reliance Telephone Inc
Supplies-Shf 1,000.00
State Hygienic Laboratory
Service-San 48.00
Thomas Reid, Postage-Vaf ... 59.56
Thrifty White Pharmacy
Supplies-Shf 15.58
Visa, Service-Con 1,026.02
Visa, Service-Dap 1,347.06
Waste Management Of Iowa Inc
Service-Sdp 2,650.00
Windstream, Service-Eng 14.66
Winn-Worth Betco
Fy22 2nd Qtr-Org 12,059.50
Worth County Engineer
Fuel-Shf 6,119.48
Xerox Corporation
Service-Dap 71.52
Grand Total 50,135.52

Motion by Loberg, second by Smeby, carried to approve the sheriff's monthly report and the sheriff and auditor's quarterly reports.

Motion by Loberg, second by Smeby, carried to approve the appointment of Kris Gordon to the Homeward Inc. board.

Motion by Smeby, second by Loberg, carried to adjourn at 8:55 A.M. The next meeting of the Board of Supervisors will be Monday, October 25, 2021 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson

NOTICE OF PUBLIC HEARING - AMENDMENT OF CURRENT BUDGET
WORTH COUNTY
Fiscal Year July 1, 2021 - June 30, 2022

The WORTH COUNTY will conduct a public hearing for the purpose of amending the current budget for fiscal year ending June 30, 2022

Meeting Date/Time: 11/8/2021 09:00 AM | **Contact:** Jacki Backhaus | **Phone:** (641) 324-2316 ext: 3626

Meeting Location: Worth County Court House

There will be no increase in taxes. Any residents or taxpayers will be heard for or against the proposed amendment at the time and place specified above. A detailed statement of: additional receipts, cash balances on hand at the close of the preceding fiscal year, and proposed disbursements, both past and anticipated, will be available at the hearing.

REVENUES & OTHER FINANCING SOURCES		Total Budget as Certified or Last Amended	Current Amendment	Total Budget After Current Amendment
Taxes Levied on Property	1	5,068,274	0	5,068,274
Less: Uncollected Delinquent Taxes - Levy Year	2	32,503	0	32,503
Less: Credits to Taxpayers	3	367,574	0	367,574
Net Current Property Tax	4	4,668,197	0	4,668,197
Delinquent Property Tax Revenue	5	250	0	250
Penalties, Interest & Costs on Taxes	6	8,769	0	8,769
Other County Taxes/TIF Tax Revenues	7	4,612,886	0	4,612,886
Intergovernmental	8	4,270,117	0	4,270,117
Licenses & Permits	9	33,230	0	33,230
Charges for Service	10	285,955	0	285,955
Use of Money & Property	11	174,841	0	174,841
Miscellaneous	12	203,359	0	203,359
Subtotal Revenue	13	14,257,604	0	14,257,604
Other Financing Sources:				
General Long-Term Debt Proceeds	14	0	0	0
Operating Transfers In	15	1,334,130	0	1,334,130
Proceeds of Fixed Asset Sales	16	0	0	0
Total Revenues & Other Sources	17	15,591,734	0	15,591,734
EXPENDITURES & OTHER FINANCING USES				
Operating:				
Public Safety and Legal Services	18	2,659,138	0	2,659,138
Physical Health and Social Services	19	1,117,913	0	1,117,913
Mental Health, ID & DD	20	400,027	0	400,027
County Environment & Education	21	1,009,880	27,500	1,037,380
Roads & Transportation	22	4,175,104	5,000	4,180,104
Government Services to Residents	23	488,503	0	488,503
Administration	24	1,761,777	66,504	1,828,281
Nonprogram Current	25	0	0	0
Debt Service	26	2,273,114	1,920,750	4,193,864
Capital Projects	27	1,480,000	3,800,000	5,280,000
Subtotal Expenditures	28	15,365,456	5,819,754	21,185,210
Other Financing Uses:				
Operating Tranfers Out	29	1,334,130	0	1,334,130
Refunded Debt/Payments to Escrow	30	0	0	0
Total Expenditures & Other Uses	31	16,699,586	5,819,754	22,519,340
Excess of Revenues & Other Sources over (under) Expenditures & Other Uses	32	-1,107,852	-5,819,754	-6,927,606
Beginning Fund Balance - July 1, 2021	33	6,711,504	4,422,760	11,134,264
Increase (Decrease) in Reserves (GAAP Budgeting)	34	0	0	0
Fund Balance - Nonspendable	35	0	0	0
Fund Balance - Restricted	36	5,432,933	-1,396,994	4,035,939
Fund Balance - Committed	37	170,063	0	170,063
Fund Balance - Assigned	38	0	0	0
Fund Balance - Unassigned	39	656	0	656
Total Ending Fund Balance - June 30, 2022	40	5,603,652	-1,396,994	4,206,658

Explanation of Changes: Expense Amendments: Board of Supervisors/Legal & Court-Related Services - $15,000; Secondary Roads/Roads - $3,800,000; Safety Items - $5,000; Insurance/Tort Liability Insurance - $1,504.00; Workmens' Compensation - $50,000; Non-Departmental/Planning & Management Cons - $7,500; Gen Ob Bond Redempt-Windfarm - $1,900,000; Interest-Gen Ob Bond-Windfarm - $20,000; Fiscal Agent Fees-Windfarm TIF - $750; Planning & Zoning/Legal & Court Related Services - $10,000; Planning & Management Consultant - $10,000

10/22/2021 07:36 PM — Page 1 of 1

Legal

Northwood Anchor

Notice

THE IOWA DISTRICT COURT WORTH COUNTY
Case No. ESPR009287
NOTICE OF PROOF OF WILL
IN THE MATTER OF THE ESTATE OF Orland E. Bartz, Deceased.

To All Persons Interested in the Estate of Orland E. Bartz, Deceased, who died on or about August 16, 2021:

You are hereby notified that on October 12, 2021, the last will and testament of Orland E. Bartz, deceased, bearing date of June 25, 2015, was admitted to probate in the above-named court and there will be no present administration of the estate. Any action to set aside the will must be brought in the district court of the county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Dated October 13, 2021

Merlin E. Bartz
Proponent
2081 410th Street
Grafton, IA 50440

Attorney for estate:
John H. Greve,
ICIS #000001969
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
johng@rconnect.com

Date of second publication
27th day of October, 2021.
42-2t

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY
VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
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Home: 324-1147

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Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

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641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459









FCCLA on the road

Students in Northwood-Kensett's FCCLA (Family, Career and Community Leaders of America) group recently spend some time traveling to events throughout the state. On October 11, they traveled to Ankeny for the Iowa FCCLA Fall Leadership Rally, where they took part in a variety of sessions, workshops and exhibits. The group and advisor Megan Thorson that traveled to the summit are pictured to the left. On October 18, a group of FCCLA officers traveled to Cedar Falls to take part in the District meeting of the group, where they presented and took part in a variety of activities, as seen in the pictures at right.

Halloween Safety Tips

Eat dinner before going out to trick-or-treat

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Dewey Kruger Music

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Northwood Insurance

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KENISON CONSTRUCTION

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The Northwood Anchor

Props such as a sword or wand should only be flexible toys.

D&L EQUIPMENT

OFFICIAL NOTICE OF CITY & SCHOOL ELECTION
TUESDAY, NOVEMBER 2, 2021 – POLLS OPEN 7:00 A.M. TO 8:00 P.M.

NOTICE IS HERBY GIVEN TO THE ELIGIBLE VOTERS OF WORTH COUNTY, IOWA, THAT THE CITY & SCHOOL ELECTION WILL BE HELD ON TUESDAY, NOVEMBER 2, 2021.

The polls for said election will be open from 7:00 a.m. until 8:00 p.m. Voters must vote in their precinct and polling place of residence. Please read this notice carefully to determine your correct voting location. Voting locations have changed for some voters to provide consistency in voting locations regardless of election type. Notices were mailed to all voters impacted by the changes in voting locations. If you are unsure of your voting location for this election, please contact the Worth County Auditor & Commissioner of Elections at 641-324-2316 or by e-mail auditor@worthcounty.org . You may also verify the voting location for your home address at: https://sos.iowa.gov/elections/voterreg/pollingplace/search.aspx . Precinct maps are available at the elections link on the auditor's election website: https://elections.worthcountyiowa.gov

PRECINCT #1-1 - GRAFTON COMMUNITY CENTER, 202 – 6th Ave., Grafton, IA

Barton, Deer Creek (Sections 10-15 & 22-36) & Union Townships and the City of Grafton

PRECINCT #1-2 – MANLY CITY HALL, 106 S Broadway, Manly, IA

Lincoln Township and the City of Manly

PRECINCT #2-1 – ***NEW VOTING LOCATION* JOICE COMMUNITY CENTER, 06 Main St., Joice, IA**

Bristol & Silver Lake Townships and the City of Joice

PRECINCT #2-2 – KENSETT COMMUNITY CENTER, 300 Willow St., Kensett, IA

Brookfield & Kensett Townships and the City of Kensett

PRECINCT #2-3 – HANLONTOWN COMMUNITY CENTER, 214 Main St., Hanlontown, IA

Danville Township and the City of Hanlontown

PRECINCT #2-4 – FERTILE CITY HALL, 3494 Eagle Ave., Fertile, IA

Fertile Township and the City of Fertile

PRECINCT #3-1 – WORTH COUNTY FAIRGROUNDS COMMUNITY ROOM, 1206 3rd Ave N, Northwood, IA

Deer Creek (Sections 7-9 & 16-21), Grove, & Hartland Townships and the City of Northwood

VOTER ACCESSIBILITY

All polling places for this election are handicapped accessible. Each precinct has an FVT machine, which is a voter assist terminal for anyone who has a visual impairment or any difficulty in reading the ballot. Voters may also choose another person to assist them to vote, except their employer, employer's agent or an officer or agent of the voter's union. Any voter who is physically unable to enter a polling place has the right to vote in the voter's vehicle. For further information, please contact the County Auditor's office at 641-324-2316, Option 2 or email at auditor@worthcounty.org . All of these accessibility options are also generally available at the courthouse for absentee voting through Monday, November 1, 2021 at 5:00 p.m.

Voters are required to provide an approved form of identification at the polling place before they may receive and cast a ballot. Voters who are not registered or who have changed precincts may also be required to provide proof of residence. Any voter who cannot show ID may have their identity attested to by another registered voter in the precinct who has proper ID. For additional information about voter identification visit https://sos.iowa.gov/voterid or phone 641-324-2316.

ATTENTION SCHOOL DISTRICT VOTERS

School district voters must vote in their school district of residence, and, as a result of legislative changes, only in their county of residence, for all regularly scheduled elections.

This means that if you live in Worth County your voting location for regularly scheduled school elections is also in Worth County. Those Worth County voters who may have crossed county lines to vote in school elections in the past (i.e. St. Ansgar, Forest City and Lake Mills school district residents) must now vote in Worth County for regularly scheduled elections.

WORTH COUNTY AUDITOR'S OFFICE – EXTENDED OFFICE HOURS FOR ELECTION PURPOSES –

In addition to the normal business hours of 8:00 a.m. to 4:00 p.m., Monday through Friday, the Worth County Auditor's office will offer extended hours to the public as follows:

Monday, October 18 • Friday, October 29 • Monday, November 1 – 8:00 a.m. until 5:00 p.m.

PUBLIC TEST OF VOTER EQUIPMENT

The public test of Worth County's voter equipment to be used in the November 2, 2021 City & School Election will commence at 9:00 a.m. on October 29, 2021 in the Worth County Auditor's Office and will continue until complete. The public is invited to attend.

IMPORTANT NOTICE TO VOTERS

The Worth County Auditor and Commissioner of Elections does hereby certify that the listing below is representative of the ballots which the voters will cast their votes at the City/School Election. To view ALL sample ballots, please visit https://elections.worthcountyiowa.gov, click on Elections/Sample Ballots/2021 City-School Election. The following offices, public measures and candidates will appear on the ballots in the specific jurisdictions:

City Candidates

Candidates are listed in the order they appear on the ballot

City of Fertile

Mayor (Vote for no more than one)

Nick Bailey

Sophie Rivera

Council (Vote for no more than three)

Penny L. Miller

Holly Lovik-Hanna

City of Grafton

Mayor (Vote for no more than one)

Gregg Urbatsch

John Bork

Council (Vote for no more than five)

Michael Schaub

Tom Kruger

Jane Dalluge

Randy Hulshizer

City of Hanlontown

Mayor (Vote for no more than one)

Linda K. McMullin

Richard Charles Scholbrock

Council (Vote for no more than five)

Samuel J. Fellin

Janet Fellin

Linda Fulton

Shannon Warren

Crystal Brower

City of Joice

Council (Vote for no more than two)

Tamara Dykstra

City of Kensett

Mayor (Vote for no more than one)

Corey Pulju

Council (Vote for no more than two)

Chuck Pilkington

Ronald Parker

City of Manly

Mayor (To Fill Vacancy, Vote for no more than one)

Timothy O'Keefe

Anna M. Hawkins

Council (Vote for no more than three)

Rick Aguilera

Joshua A. Lunn

Amy Durgin

Brittany Poulin

Melanie Tilley

David J. Thoen

Troy Tabbert

Earnest McAninch

Pete Andera

City of Northwood

Mayor (Vote for no more than one)

Douglas Moehle

Council (Vote for no more than two)

Steve Peterson

Teresa George-Zenz

Public Measures

Public Measure WP, City of Joice

Shall the Following Public Measure by Adoped? Do you authorize the City of Joice, Iowa to amend the terms of the library board trustees from the current term of six (6) years to four (4) years?

School District Candidates

Candidates are listed in the order they appear on the ballot

Central Springs

School Board Director District #1, North A - At Large

(Vote for no more than one)

Jean Schilling

School Board Director District #1, North B - At Large

(To Fill Vacancy, Vote for no more than one)

Joseph Rowe

School Board Director District #2, South A - At Large

(Vote for no more than one)

Ashley Kohler

Jason Blickenderfer

Northwood-Kensett

School Board Director District At Large

(Vote for no more than two)

Bradley Christianson

Susan Kliment

Forest City

School Board Director District 1 - At Large

(Vote for no more than two)

Eric Kingland

Andrew Fedders

Beth Clouse

School Board Director District 2 - At Large

(Vote for no more than one)

Troy J. Thompson

School Board Director District 3 - At Large

(Vote for no more than one)

David Reese

Rick F. Wiley

Lake Mills (3 Directors Elected At Large)

School Board Director District 1 - At Large

(Vote for no more than one)

Stephanie Storby

School Board Director District At Large

(Vote for no more than one)

Carol Anne Bergland

Casey Singelstad

Donald Knudtson

School Board Director District 3 (To Fill Vacancy)

(Vote for no more than one)

Amanda Jensen

Vernon J. Martinson

Kari Osheim

St Ansgar

School Board Director District 3

(Vote for no more than one)

Tony Brown

School Board Director District 4

(Vote for no more than one)

School Board Director District 5

(Vote for no more than one)

Mary Lowana Hannam

School Board Director District 6

(Vote for no more than one)

Lindsey Falk

Merged Area School Candidates

NIACC

Director District 1

(Vote for no more than one)

David A. Steffens

Director District 5

(Vote for no more than one)

Doug Krabbe

Public Measure VX

Forest City School Revenue Purpose Statement

Proposition 2021-A

Summary: To adopt a Revenue Purpose Statement specifying the use of revenues the Forest City Community School District will receive from the State of Iowa Secure an Advanced Vision for Education Fund.

In the Forest City Community School District, the following Revenue Purpose Statement which specifies the use of revenues the Forest City Community School District will receive from the State of Iowa Secure an Advanced Vision for Education Fund shall be adopted.

To provide funds to acquire or install information technology infrastructure (including improving buildings or sites for the purpose of accessing broadband digital telecommunications) and school safety and security infrastructure.

To provide funds to build and furnish a new school building or buildings; to build and furnish addition(s) to school buildings in the District; to remodel, reconstruct, repair, expand, and improve the school buildings in the District; to purchase and improve grounds; for demolition work; to furnish and equip district facilities.

To provide funds for the purchase, lease or lease-purchase of buildings, equipment (including transportation and recreation equipment), or technology and to repair transportation equipment for transporting students as authorized by law, to implement energy conservation measures, sharing or rental of facilities including a joint infrastructure project for the purposes of offering classes under district-to-community college programs as authorized in Iowa Code Section 423F.3(3)(c), procuring or acquisition of libraries, or opening roads to schoolhouses or buildings.

To provide funds to purchase land as part of start-up costs for new student construction program or if the sale of the previous student construction was insufficient to purchase land, and to purchase construction materials and supplies for a student-constructed building or shed intended to be retained by and used by the District.

To provide funds to make payments to a municipality or other entity as required under Iowa Code Section 403.19(2).

To provide funds for demolition, cleanup, and other costs if such costs are necessitated by, and incurred within two years of, a disaster.

To provide funds to establish and maintain public recreation places and playgrounds; provide for supervision and instruction for recreational activities; or for community education purposes.

To provide funds for the payment of principal and interest or retirement of general obligation bonds issued for school infrastructure purposes, energy improvement loans, loan agreements authorized by Iowa Code Section 297.36, sales, service and use tax revenue bonds issued under Iowa Code Section 423E.5 or Iowa Code Section 423F.4.

To provide funds for property tax relief; and

To provide funds for other authorized expenditure and purposes as now or hereafter permitted by law and designated by the Forest City Community School District.

It being understood that if this proposition should fail to be approved by the voters, such failure shall not be construed to terminate or restrict authority previously granted by the voters to expend receipts from the Secure an Advanced Vision for Education Fund.

If approved, this Revenue Purpose Statement shall remain in effect until replaced or amended by the Forest City Community School District.

Certified by:
Jacki A. Backhaus
Worth County Auditor and
Commissioner of Elections

DOT and first responders work with industry to better underst livestock-related crashes

It's not unusual to travel down an Iowa interstate alongside a semi loaded with livestock or poultry. Easy access to world-class transportation and an abundance of corn and soybeans grown here make Iowa ideally suited for raising these animals. What we don't often see, but can be a real issue, is the aftermath when one of these livestock trucks crashes, tying up a busy highway for hours, delaying your trip and increasing the risk of secondary crashes in the area.

The more people you have at a crash scene, the higher the risk. These types of crashes often require the assistance of animal handlers and veterinarians who aren't used to being alongside a busy highway in a stressful situation. Other unusual tasks such as rounding up loose animals and constructing temporary holding pens may be needed and cause additional delays and complications at the crash site. If the first responders are not trained in how to deal with traffic crashes involving livestock, the risk to the people at the scene, the animals, and drivers near the incident increases.

To help educate responders, the Iowa Pork Producers Association developed a webinar series highlighting specific challenges when a livestock carrier is involved in a crash. Jamee Eggers from the Iowa Pork Producers Association explained why the training was initiated. "We recognized that crashes, especially roll-over crashes that involve livestock, can impact both public safety and animal welfare," she said. "We developed this series that includes topics like animal handling and scene management to help responders understand what they might encounter. First responders aren't typically trained animal handlers and animal handlers don't typically understand traffic incident management. The more we can educate first responders on what to expect and who to contact, the safer we'll all be in the event of an incident."

Transportation terminology

Part of the training includes updates on what types of trailers responders may encounter.

Because these incidents don't happen regularly, Eggers said there really are no trends or consistency in response. "It's particularly important in these types of crashes that responders have relationships with animal handlers and veterinarians so they can reach out quickly. Finding rescue trailers and other equipment is another topic we touch on in the series."

Bonnie Castillo who works with traffic incident management for the Iowa Department of Transportation said, "From a road user perspective, the cost of these incidents is very high because they often take several hours to clear. Much of that time is spent trying to find the resources to provide care for the animals involved. If we can get the word out to responders on who to contact, that will speed up clearance times, reducing the inconvenience and increasing safety to the other drivers on the road."

Castillo continued, "The responders are very well trained on dealing with human crash victims, but not necessarily livestock and especially animals that may be injured. Since these types of crashes tend to take hours to be removed, it's critical that responders know who to call to care for the livestock that are involved, but also maintain the safety and security of the crash scene."

Animal transport regulation citations

Webinar attendees are updated on regulations related to animal handling.

Bringing people to crash scenes who don't have experience in traffic incident management or chain-of-command can be a challenge in and of itself. "In one of the sessions we go over basic scene management and chain-of-command," said Eggers. "This helps responders explain these elements to animal handlers and others who are called to the scene who may have never been involved in an effort like this before."

Eggers says the response to the webinars has been very positive. "We used real-world examples that resonated with the attendees," she said. "These examples generated a lot of great questions and allowed us to provide resources that folks may not have been aware of. The series started conversations between people who don't typically interact, but the relationships are essential in an emergency situation."

This training is also being considered as part of the Statewide Traffic Incident Management conference being planned for 2022. Castillo said exercises with Iowa DOT district staff, the Iowa State Patrol, and others are also in the planning stages as funding is available. Eggers said, "Iowa pig farmers prioritize both animal welfares and human safety. We appreciate this partnership with DOT to help address both issues."



A haunting display

As Halloween approached, this home at the corner of Third Avenue and 12th Street South was one of many in Northwood that got in the Halloween spirit with a collection of ghosts, ghouls, spirits and all other manner of creepy creatures, lights and decorations.

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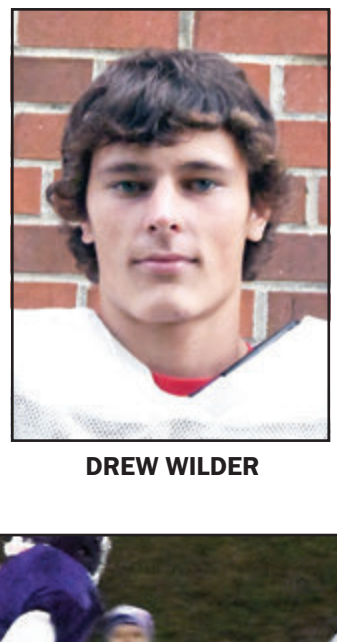
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Anchor Sports



HAYLEY WALLIN

Stat of the Week: *While the Lady Vikings' Hayley Wallin might not have posted earth shattering stats this season, a lot can be said for her leadership by example on and off the floor. Wallin wasn't a big hitter or a dominating force at the net, but what she was, was a solid jack of all trades, serving and playing the back line as well as anyone on the team. The talented senior went 7-8 from the line in her final match last Monday at Saint Ansgar and ended the season with an .88.5 serving percentage, going 123-139 on the year. She also had 45 digs and two kills.*



DREW WILDER

Stat of the Week: *I used to think of N-K's Drew Wilder as a golfer who also played football, but after this season's performance on the gridiron, I've changed my mind, this kid is a football player that just happens to play some golf. The Vikings' skinny QB ended the season with an incredible 127.0 QB rating, completing 28-51 pass attempts for 438 yards and seven TDs. But the tough guy didn't just throw the ball, he rushed for 794 yards on 164 carries, an average of 4.8 yards per carry. Wilder rushed for 11 TDs and also played a huge role on defense with 31 tackles, 22 of those solo.*



Carrying the ball just like every Vikings halfback is taught to do, N-K's Tyler Mills bursts through the line in last Friday night's 50-45 playoff loss at Kee. Mills led the team with 172 yards and three TDs, giving the talented senior 940 yards and 13 TDs for the season.



Running down the far sideline, N-K's Josiah Kliment busts off an 18-yard gain in first quarter action last Friday night in Lansing. Kliment rushed for 25 yards against Kee, giving him 457 yards for year with 10 TDs.

Vikings lose heartbreaker to Kee in opening round playoff game

By Mike Simmons
Sports Editor

Although the Northwood-Kensett football team has an overall winning record of 50-28 in its time spent playing 8-man football, the playoffs have not been kind to the Vikings since they started the 8-man game, going 2-5 in postseason play, including last Friday night's 50-45 loss at the hands of Kee.



N-K head coach Dave Capitani and his longtime assistant Daryl Love prowl the sidelines before last Friday night's playoff game at Kee. Cap just completed his 31st year at the helm of the Vikings. He now has a 210-117 overall record and is 50-28 since N-K started playing 8-man football.

After nearly recovering a fumble on the opening kickoff to Kee, the Vikings allowed the Keehawks to score the first TD of the game, a 37-yard strike from Damon Weber to Dalton Dibert for an early 8-0 Kee lead.

The Vikings waisted little time to respond, connecting on a pass play themselves, on the seventh play from scrimmage, facing a critical fourth and three from the Kee 10, N-K's Drew Wilder found Drake Tiedemann open in the end zone for the 10-yard TD, making the score 8-7 in the Keehawks' favor.

After forcing Kee to punt on its next two possessions, the Vikings capitalized on their defensive play with the offense scoring on a Josiah Kliment 22-yard run and a Tyler Mills 18-yard score, giving the Vikings a 21-8 advantage with 10:12 remaining in the second quarter.

But Kee turned the tide on its next two possessions, while keeping the Vikings out of the end zone. Scoring on plays of 9 and 19 yards, the Keehawks took a 22-21 lead with just 1:12 left on the clock before the halftime break.

Not wanting to lose the momentum to the home team at the half, the Vikings marched down the field to put themselves in position for a 30-yard Logan Mayberry field goal attempt.

Watching the ball sail through the middle of the uprights with just one second remaining on the clock, the Vikings took a 24-22 lead into the locker room at the halftime intermission.

And while the Vikings scored 21 second half points and had an opportunity to win it as time was running out, Kee outscored them 28-21 in the second half of play, just enough to seal the 50-45 win for the hometown Keehawks.

N-K's senior QB Drew Wilder played the position about as well as it could be played, connecting on 6-7 passes for 97 yards and one TD, giving him an incredible 202.1 QB rating for the night. Wilder ended his senior year with a QB rating of 127.0, throwing for 438 yards and seven TDs.

The running game, while not as high octane as usual, nonetheless produced 238 yards on the ground on 48 attempts for an average of 5.0 yards per carry. Leading the team on the defensive side of the ball were Kliment with five tackles, Lamonte Sims with 4.5 tackles, Wilder with four tackles and Dante Sims and Mills with 3.5 tackles each.

The Vikings, with the loss, end the year at 6-3 overall and a third place finish in district 2.

Hall of Fame head coach Dave Capitani, who it's rumored may hang it up after this season, has an overall record 210-117 in 31 yards at the helm of the Vikings. Cap is 50-28 in the 8-man game with a playoff record of 2-5.

Kee 50, N-K 45

N-K	14	10	7	14 – 45
Kee	8	14	12	16 – 50

Team Totals

	Vikings	Keehawks
First Downs	15	15
Rush-Yards-TD	48-238-5	28-121-2
Pass Yards	97	267
Comp.-Att.-TD-Int.	6-7-1-0	19-26-5-0
Total Yards	335	388
Penalty-Yards	3-35	11-71
Turnovers-Lost	1-0	1-0

N-K cross country teams compete at district meet

By Mike Simmons
Sports Editor

The 2021 cross country season came to end for the Northwood-Kensett XC team in last Thursday afternoon's district state qualifying meet held at Newman Catholic in Mason City.

For the boys, the Vikings' Thomas Block made a strong showing with his 25th place finish in a time of 19:05.86. Another Viking coming in under the 20-minute mark was another senior, Hayden Moore, who placed 34th with a time of 25:14.24. Rounding out the boys' team was Christopher Madsen, 47th with a time of 20:19.32, and Trent Tiedemann, 92nd with a time of 24:04.72.

N-K's girls team at the end of the year consisted of just two runners, Megan Ocel and Macy Thorsen. Ocel had the team's top finish, placing 35th with a time of 23:38.90 while Thorsen placed 53rd with a time of 25:14.24.

Boys team scores at District – Central Springs 73, Newman Catholic 85, Bishop-Garrigan 129, North Butler 133, Sumner-Fredericksburg 140, North Union 145, Lake Mills 193, North Iowa 210, Belmond-Klemme 210, Nashua-Plainfield 214, West Fork 228, GTRA 256

Girls team scores at District – Sumner-Fredericksburg 47, Newman Catholic 65, Nashua-Plainfield 69, West Fork 78, North Union 137, West Hancock 159, Bishop-Garrigan 189, North Butler 215, Riceville 219



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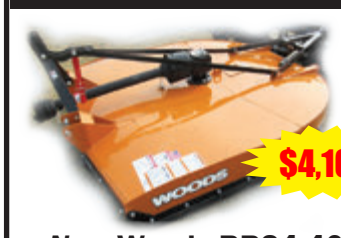
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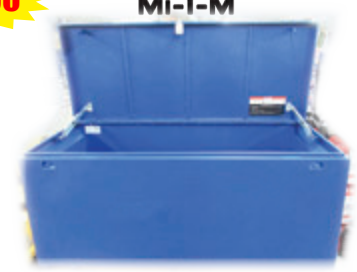
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