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12 Pages

Wednesday, January 5, 2022 - No. 1

Briefs

Lions and Sheriff Dept. to hold blood drive Jan. 13

The Worth County Sheriff's Department (WCSD) and the Northwood Lions Club have joined forces to bring LifeServe Blood Center to Northwood on Thursday. January 13, for the community's first blood drive of 2022.

The drive will be held at the VFW. located north on Highway 65 from 1:30 to 5:30 p.m.

"Collectively we are asking the area residents to participate for two reasons.

"One is to meet a growing need for blood. Just one example of use is St. Jude's Hospital, a hospital for children with cancer, uses approximately ten thousand pints per year for these unfortunate children. The pints of blood for our area provides blood for Mercyone in Mason City.

"The second reason is that LifeServe Blood Center has committed to making a monetary donation to an organization called C.O.P.S. (Concerns of Police Survivors). This group is committed to helping the families of law enforcement officers who have lost their lives while performing their duties. Hundreds of deceased officers families have been assisted by this organization. These funds are used for counseling and many other family related needs. The WCSD is in support of this organization's reach out to these families in need and encouraging everyone to support this effort which is a nationwide 'Blue Blood Drive.' National Law Enforcement Appreciation Day is January 9." Just as a simple reminder by the Northwood Lions, "Your donation of one pint of precious blood has the potential of saving three persons lives! Donation of Lions, see Page 2



First baby of 2021 welcomes new year

In 11 days, the first baby born in the Northwood-Kensett school district in 2021 will celebrate her first birthday. Pictured above is that first baby, Scottlyn Jane Kunz, who turns one on January 16. Scottlyn is the daughter of Danielle and Kris Kunz, and sister of Quinnleigh. Northwood area businesses shared gifts with the Kunz family and will do so again in 2022 for the family of the first baby born in the school district. The family should contact the Northwood Anchor at for experience. kris@nwdanchor.com or at 641-324-1051 when they think they have welcomed the first baby.

CDC updates isolation and quarantine period

Fall enrollment increases overall in Iowa, Worth schools

Northwood, IA 50459

County officials discuss approach to snow left on roads

snowfall of the season in the County's response was December, County officials in that instance. discussed the rules for private snow removal, and County's snow policy states whether those and other that no one should be depossnow policies should be iting snow from private updated.

The discussion came at the December 13 meeting of Supervisors, as county engineer Rich Brumm discussed the county's efforts following the snow.

Supervisor Mark Smeby said he had heard complaints about people pushtearing up the surface in

After the first lingering the process. He asked what

Brumm said that the drives on the roadway ditches or shoulders.

Brumm explained some the Worth County Board of of the hazards that creates, noting that some larger pieces of snow can harden and cause damage to other vehicles or even plows that hit them in the wrong conditions.

Brumm also said that ing snow into the road and some counties don't allow Snow, see Page 2

N-K ranks 37th for district teaching experience

Department of Education shares data on teachers in Iowa, and how they compare amongst districts in salary, experience, age and other factors.

The Northwood-Kensett school district is below average in certified enrollment and in average salaries. The district's teachers are above average in the state

Information on how N-K

Each year, the Iowa compares to other Iowa districts comes from Department of Education data for the 2020-2021 school year.

> According to the figures, in 2020-2021 N-K had a certified enrollment of 503.8, 225th in the state, out of 327 school districts in the DOE information.

> Teaching those students were a total of 45 teachers, 44 full time and one part N-K, see Page 2



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by National Weather Service						
Ob	server					
John Podgorniak						
Date	Hi	Lo	Prec			
Tues. Dec. 28	28	0				
Wed. Dec. 29	11	-4				
Thurs. Dec. 30	26	10				
Fri. Dec. 31	28	4				
Sat. Jan. 1	4	-10				
Sun. Jan. 2	7	-15				
Mon. Jan. 3	24	3				

From the CDC:

Given what we cur- asymptomatic or their rently know COVID-19 and the (without fever for 24 Omicron variant, CDC is hours), follow that by 5 shortening the recom- days of wearing a mask mended time for isolation when around others to for the public. People with

COVID-19 should isolate for 5 days and if they are about symptoms are resolving CDC, see Page 2

Education recently released headcount of students new 2021 fall enrollment statistics for Iowa's 327 school districts showing an increase of nearly 1,472 students from last year. Overall this increase represents a 0.30 percent rise in certified increase enrollment this fall at Ankeny, Pleasant Valley, 485,630compared to 484,159 last year.

used to determine funding Bondurant-Farrar, for schools and differs City and Cedar Falls.

The Iowa Department of slightly from the actual enrolled. Certified enrollment increased at 169 school districts representing 52 percent of all public school districts in the state. Waukee had the largest by followed Clear Creek Amana, Dallas Center-Grimes, Norwalk, Certified enrollment is Ames, Southeast Polk,

Conversely, Des Moines Public Schools had the large est decrease in certified enrollment from last year followed by Council Bluffs Dubuque, Cedar Rapids Mason City, Muscatine Nevada, Creston, South Tama and Davenport.

School's with Worth County students in attendance showed an increase of 10 in certified total enroll-Iowa ment, from 3,484 to 3,494 in Schools, see Page 2

Year in Review 2021 First baby welcomed, supervisors take office, educators vaccinated, Viking Activity Center bid approved

January

Kim Hengesteg was officially sworn in at the district's new business manager and board secretary.

The first baby born in the Northwood-Kensett school district arrived on January 16. Scottlyn Jane Kunz was born on January 16, the daughter of Kris and Danielle Kunz and sister of Quinnleigh.

After the District 2 Worth County supervisor position was vacated, the current office holder was appointed to continue until a special election could be held.

held to choose who would the state's COVID-19 safety fill the vacated Worth requirements, County supervisor seat representing District 3, formerly held by Ken Abrams.

Enos Loberg was chosen to take the office.

N-K wrestler Drake Tiedemann earned his 100th win at the Top of Iowa Conference Tournament.

The Timbers event center was officially opened in Northwood, after being converted from the former lumber yard building.

An online bomb threat led to the cancellation of classes at Central Springs on January 29.

February

Iowa Governor Kim A special election was Reynolds largely eliminated instead encouraging Iowans to take the measures needed to YIR, see Page 3



Troy Bachtle, custodian at First Lutheran Church in Northwood, spent the first weeks of 2021 touching up the church in preparation for the long-awaited return of in-person services in February.

In memory — See Pages 6-7

Snow Cont. from Page 1

snow to be dumped in the their budget. right of way, as the ditches are intended for the snow that those that drive on the from the roads only, and additional snow can lead to additional hazards.

However, officially speaking, the County policy for snow removal was developed in 1984 and was just that, a general policy for how the County will respond to snowfall. One line in the policy mentions that snow from private drives shall not be placed on the road or shoulders.

also outlines how the County would respond in various weather situations. During snow events, the County's first goal is to clear said that some other porat least one lane of traffic.

the policy does not guaran- es. tee that a road would be left also not guaranteed, but simplify that by placing the can be used as county engi- responsibility on the properneers find it available in ty owner, to avoid the com-

And the policy stresses county roads should do so at potentially hazardous roads. this could apply to snow.

policy in the form of a reso-staff will usually contact a lution, it is not enforceable, property owner first, and should the more informal then ask a deputy to have a discussions with residents conversation if that doesn't not end any issues with work. Between those two snow pushed onto roads.

The 37-year-old policy to adapt the resolution into said that usually addresses an ordinance, including the issues. adding any fines or other repercussions for those that planned to review the policy don't comply. Brumm also and look into making it an tions should be reviewed to to talk to other engineers Brumm also noted that update to current approach- about their approaches, but

in "dry" condition. The poli- Dan Fank added, that if the personal conversations that cy states that road sand, County would enforce snow have worked in the past, salt or other chemicals are removal, they would have to whenever possible.

plication of trying to identify a renter or someone hired to remove snow.

Brumm noted that it is their own discretion and are already illegal for people to responsible for when and leave an obstruction in the how they choose to drive on county right of way, and

Currently, in those With the snow removal instances, secondary road interactions with county The County would need officials, Brumm and Fank

The County officials ordinance. Brumm planned all agreed that they pre-Worth County sheriff ferred to handle it with the



Pushing snow to park

Following a recent snowfall, the City of Northwood spent some time clearing streets and downtown parking lanes, as pictured above.

Worth County 4-H fourth through sixth grade new member meeting

Worth County 4-H will host a new member meeting for all fourth to sixth graders on Sunday, January 16, at 4 p.m. at the Worth County Extension Office Community Room at the Fairgrounds in Northwood.

The meeting will be updating all members and potential 4-H members about all of the tremendous learn-

ing opportunities there are in the Worth County 4-H program. All existing 4-H members as well as those considering joining 4-H are welcome to attend.

There will be several exhibits on hand as well as videos of 4-H members in action along with senior high 4-H'ers demonstrating what the multitude of 4-H project possibilities there

are for 4-H members to get involved in by joining 4-H.

Those wanting more information may contact Worth County 4-H Youth Coordinator Kimberly Bode at the Worth County Extension Office in Northwood at 641-324-1531 or Dennis Johnson, Worth County Extension Education Specialist, at 641-390-0795.

N-K Cont. from Page 1

time.

When it comes to average total teaching experience, N-K teachers ranked 107th. N-K's full time teachers averaged 14.8 years of teaching experience. The state average was 13.5 years in education.

N-K ranked in the top half of the state when it came to how long its teachers have stayed in the district.

With an average of 12.8 years of district teaching experience, N-K ranked 37th. The state average was 10.3 years.

Another factor in a teacher's salary is whether or not they have an advanced degree. According to the Department of Education figures, in 2020-2021 there were four teachers with an advanced degree at N-K, salary in the 2020-2021 Rapids Community School making up 9.1% of district school year was \$56,286. District.

staff. That percentage was For the state as a whole the 289th in the state.

Statewide, the average percentage of teachers with advanced degrees in a district was 37.8%.

The average age of teach-That ranked 185th in the state. The average age of all full time teachers in the state was 40.7 years old.

Salaries at N-K, like other districts, are based on the years in teaching, other degrees and credentials and additional teaching and extracurricular duties.

N-K ranks 106th amongst Iowa school districts, in regards to the average regular salary of teachers, which ing responsibilities.

average regular teacher salarv was \$58,712.

When factoring in additional pay teachers receive as advisors, coaches and in other roles with extracurricers at N-K was 40.5 years. ular activities and other duties, N-K's full time teacher total salary averaged \$58,447, 100th in the state. The state average for total salary was \$60,604.

> The minimum total salary for the district in the last school year was \$36,851, 215th in the state. The max- ment increased 12 to 1,058. imum salary was \$87,157, 83rd in the state.

In the state of Iowa, the \$33,500, in 14 school dis- 503. refers to the money they are tricts. The highest salary paid for their direct teach- listed for Iowa's public school teachers was

Schools Cont. from Page 1

the current school year. The Central Springs dis-

trict increased 27 to 798. The Forest City School district's certified enroll-The Lake Mills district

decreased 4 to 574. The Northwood-Kensett

decreased 25 to 561.

tively. The number of local school district. Iowa English learners also also allows for home schoolincreased to 31,681, up from ing through competent pri-30,410 last year. About 74% of the increased enrollment in English learners is from students whose home language is Spanish.

Fewer students enrolled minimum total salary was district decreased one to in home school assistance programs this school year. A The St. Ansgar district total of 7,707 students were enrolled in fall 2021 com-Pre-K, ninth grade and pared to 8,735 in fall 2020. N-K's average regular \$164,712, in the Cedar kindergarten had the larg- In a home school assistance est increases at 2,019, 1,102 program, students receive and 916 students, respec- some services through their

vate instruction and independent private instruction. so not all families use the home school assistance program.

More details on certified enrollment and fall 2021 headcounts are available on the Education Statistics web page on the Iowa Department of Education's website.

The change is motivated by the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior the 2-3 days after.

quarantine period for any-19. For people who are 19. unvaccinated or are more their second mRNA dose (or more than 2 months after the J&J vaccine) and for 10 days after exposure. U.S. and reflects the cur- reduce the impact of

minimize the risk of infect- Individuals who have rent science on when and COVID-19 on our commuing people they encounter. received their booster shot for how long a person is nities. do not need to quarantine maximally science demonstrating that following an exposure, but These recommendations do Rochelle Walensky, "The should wear a mask for 10 not supersede state, local, days after the exposure. tribal, or territorial laws, ing quickly and has the around others for 5 addi- series of J&J over 2 months For all those exposed, best rules, and regulations, nor practice would also include do they apply to healthcare to onset of symptoms and a test for SARS-CoV-2 at workers for whom CDC has updated recommendations tinue to stay home until day 5 after exposure. If updated guidance. Additionally, CDC is symptoms occur, individu-

than six months out from behavior after a confirmed vaccine infection. Isolation for 5 restores vaccine effectivedays followed by wearing a ness against infection to boosted, wear a mask in well-fitting mask will mini- 75%. COVID-19 vaccina- public indoor settings in not yet boosted, CDC now mize the risk of spreading tion decreases the risk of areas of substantial and recommends quarantine for the virus to others. severe disease, hospitaliza- high community transmis-5 days followed by strict Quarantine refers to the tion, and death from sion, and take a test before mask use for an additional time following exposure to COVID-19. CDC strongly you gather." 5 days. Alternatively, if a the virus or close contact encourages COVID-19 vac-5-day quarantine is not fea- with someone known to cination for everyone 5 and sible, it is imperative that have COVID-19. Both older and boosters for for COVID-19: an exposed person wear a updates come as the everyone 16 and older. well-fitting mask at all Omicron variant continues Vaccination is the best way times when around others to spread throughout the to protect yourself and

infectious.

updating the recommended als should immediately and the United Kingdom about the spread of the quarantine until a negative demonstrate that vaccine virus and the protection to Someone with COVIDone in the general public test confirms symptoms are effectiveness against infecwho is exposed to COVID- not attributable to COVID- tion for two doses of an and booster doses. These mRNA vaccine is approxi-Isolation relates to mately 35%. A COVID-19 safely continue their daily hooster

Omicron variant is spreadpotential to impact all facets of our society. CDC's for isolation and quaran-Data from South Africa tine balance what we know provided by vaccination updates ensure people can dose lives. Prevention is our best option: get vaccinated, get

If You Test Positive others for 10 days.

(Isolate)

vaccination status. Stay home for 5 days.

From CDC Director, Dr. resolving after 5 days, you and are not boosted can leave your house.

> Continue to wear a mask tional days.

> If you have a fever, convour fever resolves.

19 (Quarantine)

If you:

Have been boosted OR.

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

Wear a mask around

Test on day 5, if possible. If you develop symptoms

Everyone, regardless of get a test and stay home. If you:

Completed the primary

If you have no symptoms series of Pfizer or Moderna or your symptoms are vaccine over 6 months ago OR.

> Completed the primary ago and are not boosted

OR.

Are unvaccinated

Stay home for 5 days. After that continue to wear If You Were Exposed a mask around others for 5 additional days.

> If you can't quarantine you must wear a mask for 10 days.

Test on day 5 if possible.

If you develop symptoms get a test and stay home.

Lions Cont. from Page 1

blood takes approximately one hour. We encourage all potential donors to schedule an appointment by going online at LifeServebloodcenter.org or calling local blood drive coordinator Bob Perry at 641-324-2252."

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YIR Cont. from Page 1

keep each other safe.

The N-K school board approved a \$5.7 million bid for the Vikings Activity Center construction.

Steve Yanney and wife Brianna were the winners of the annual Northwood Chamber of Commerce Valentine's Day contest.

A string of city hall robberies took place across North Iowa, including Kensett and Joice in Worth County, and nearly Northwood as well, were it not for a passing sheriff's deputy discouraging the thieves.

Drake Tiedemann earned his way to the State Wrestling Tournament, where he came away with a seventh place finish.

March

Sue Hill turned the time spent at home during the pandemic to a productive end, baking bread, which was shared with 150 people by the end of March.

The Northwood-Kensett chapter of the National Honor Society welcomed 24 new students in a ceremony held on March 7.

Iowa Governor Kim Reynolds and Lt. Governor Adam Gregg visited the Timbers event center. They

spoke with members of TUNE about the project of developing the facility.

Northwood-Kensett High School's Math Club held its annual celebration of Pi Day on March 14. The event included recognition of academic clubs and activities, as well as an auction of pies and pies being placed in the faces of teachers by lucky students.

Michelle Marie Runde lost her life when she drove off the viaduct on the north side of Northwood, traveled through a field and crashed into a nearby machine shed.

N-K students took part in the annual machine design contest, where they were challenged to create complicated contraptions.

POPS returned with POPS LIII, after the show was called off in 2020. While the audience and students wore masks, the show went on.

LRH updated visitor guidelines, allowing visits with scheduling in advance. Visits were still limited to rooms and screening, masks and other requirements remained in place.

a community with a meal, had been elected the previ-



N-K's celebration of Pi Day once again included placing pies in the faces of teachers.

signing up for the beard contest and a performance by the Bad Habits band. The main celebration was set for August.

Voters chose who would Carpenter kicked off its fill the open Supervisor discelebration of 150 years as trict 2 seat. Gary Hanson

ous November, but was unable to take office due to medical issues. The previous office holder, appointed to remain until after the results of the election, Mark Smeby was elected to retain the office.

N-K performers present-



Shortly after vaccinations were approved for essential workers like teachers, N-K offered a clinic to staff, working with Worth County Public Health. Superintendent Mike Crozier is pictured receiving his first dose.

ed the musical "Rock of Ages."

Two men were apprehended following the theft of catalytic converters from vehicles in the Manly area.

cheerleaders N-K Lindsey Moore and Jozalyn Munson earned recognition after being named to the all state cheering team.

have been fully vaccinated

and 56.6% have received at

Across the region, 55.4%

Also earning recognition were basketball players Caden Roberts, second team all conference; Kael Julseth, honorable mention all conference; Sydney Welch, Team First Award; Ruthie Conlin, Academic All-State Award; and Carly Hengesteg, Honorable Mention All Conference.

COVID numbers slow, with another death in Worth as year comes to an end

month of December, the cases. weekly rates of new COVID-19 cases in the county slowed. At the same time, another Worth resident was lost to the disease

of data, the number of 104 new cases of COVID-19 deaths to COVID-19 in in the county. Worth County increased to December 16.

have been 36 people lost to indoor settings. COVID-19 in the eight county region that includes includes Worth and the lation. Of that age group, one dose. Worth and adjacent coun- seven bordering counties. ties, bringing the new total to 436.

In the past two weeks, there have been 33 new cases in Worth, for a 14 day positivity rate of 5.3%.

Since the start of

10 between December 9 and in the high community transmission rate, accord-Since the start of the ing to the CDC. Masks are those 65 and over, the first month of December there still recommended in public age group that could receive been fully vaccinated. Of 47% in Mitchell, 54.5% in page, or by calling 641-324-

Over the course of the up 36%, or seven of the new 3,690 residents of Worth 1,383, or 89.5% have had at County have been fully vaccinated, for 50% of the total population. That is up 21 Worth County residents since December 23.

With the weekly releases December, there have been 3,944 Worth residents have received at least one dose of vaccine, for 53.4% of the Worth County remains population. That is up 7 since December 23.

least one dose.

Of those that have been avaccine able to receive the vaccine November. since early April, those 18 and over, 3,485 have been older in Worth County, 53% CDC numbers show that fully vaccinated, for 59.6% of that population. Of those, 3,704 have received one least one dose. dose, for 63.3%.

Those 12 and over have region have vaccination been eligible since the rates of 50.4% in Winnebago, In the county, 1,323 of month of May. Of that 47.6% in Hancock, 60.5% in group, 3,646, or 57.1% have Cerro Gordo, 51% in Floyd, the vaccine, were fully vac- those 12 and older, 3,885 or Freeborn and 59% in Mower 1741. For the region that cinated, 85.6% of that popu- 60.5% have received at least counties.

Those 5 years and older of the total population has have been eligible to receive been fully vaccinated. since early Information and COVID-

19 resources can be found Of those 5 years and on the state's COVID-19 website at coronavirus. iowa.gov.

Information on vaccination in Iowa can be found Other counties in the online at vaccinate.iowa. gov.

> Local information can be found at Worth County Public Health's Facebook

In the most recent week, there were 19 new cases of COVID-19 in Worth County, bringing the new total to 1,417. That made a seven day positivity rate of 4.7%, up from 4.4% on December 23.

week, the majority once again consisted of those in the youngest age group, between 0-17. They made

there have been a total of 35,727 cases of COVID-19 reported by state agencies. That is up 527 in the past week, from the total as of December 23. That includes 2,623 in Winnebago, 2,552 in Hancock, 9,661 in Cerro Gordo, 3,040 in Floyd and 2,144 in Mitchell counties Of the new cases in the in Iowa, and 6,349 in Freeborn and 7,941 in counties Mower in Minnesota.

According to the CDC,

TRADING POST	
Dependability Since 1950	
Gordonsville, Minnesota	
2019 Kia Sportage EX, 37k \$26,900	
2018 Toyota Tacoma SR5 4x4, 22k \$35,900	
2018 Nissan Roque S, 82k \$19,900	
2018 Kia Soul Pľus, 49k	
2017 Subaru Forestor, 110k	
2017 Ford Fusion Energi 71k	
20017 Kia Soul Plus, 36k \$15,900	
2017 Jeep Cherokee, 119k \$14,900	
2016 Chevy K2500 Ext Cab, 77k\$35,900 2015 Buick Encore Leather, 40k\$20,900	
2015 Buick Encore Learner, 40k	
2014 Jeep Patriot Latitude 4WD, 71k	
2014 Buick Encore Convenience FWD, 79k \$15,900	
2014 Kia Soul Plus, 106k \$9,500	
2013 Toyota Avalon Limited, 85k \$19,900	
2013 Jeep Grand Cherokee Laredo, 90k\$16,900	
2013 Buick LaCrosse, 84k	
2013 Chevy Equinox LS AWD, 114k	
2013 Kia Soul Plus 6-Speed. 71k \$9.995	
2013 Honda Fit, 121k	
2012 Dodge Wheel Chair Van, 35k \$19,900	
2012 Buick LaCrosse, 68k	
2012 Buick Regal GS 6 Speed, 95k	
2012 Seep Faillot Landude 4WD 5-Speed, 05k	
2011 Buick LaCrosse CXS, 76k	
2011 Nissan Juke SL AWD, 99k \$9,995	
2010 Subaru Forester 5-Speed, 94k\$11,900	
2008 Ford F250, 208k	
2008 Buick Lucerne CXL, 69k \$8,995 2008 Pontiac G6 Coupe, 112k \$6,995	
2006 Pontiac Vibe, 109k	
2005 Chevy Blazer, 170k \$4,995	
2005 GMC Envoy, 146k	
2001 Chrysler Town & Country Wheelchair, 58k \$9,995	
1999 Dodge Durango 4x4, 140k \$3,195	

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Nominations sought for 2022 **Governor's Award for Quality Care**

2022 Governor's Award for for nomination are assisted themselves for this recogni-Quality Care in Health Care Facilities. The Governor's Award recognizes Iowa health care facilities that offer unique or innovative activities to enhance the quality of care or quality of life for their residents.

all health care facilities licensed under Iowa Code award. Since the first department's online nomi-Chapter 135C, which include nursing facilities, residential care facilities, and intermediate care facilities, including those facili-

group homes, or hospithe award program.)

2021, In HealthCare of Stanton and Facilities Nominations are open to Lake Mills Care Center 515.242.5022. Nominations were selected to receive the will also be accepted via the awards were presented in nation form. 2001, a total of 60 awards individual facilities.

The Iowa Department of ties specializing in the care members may nominate an vided by the facility to its Inspections and Appeals of persons with mental ill- Iowa-licensed long-term residents, and any activi-(DIA) announced that it is ness or intellectual disabili- care facility for the award. ties undertaken by the seeking nominations for the ties. (Facilities not eligible Facilities may not nominate facility to enhance the qualliving programs, elder tion. To be considered for a 2022 Governor's Award, tal-based nursing facilities nominations must be postas these facilities are not marked by March 1, 2022. licensed under the Iowa Nomination forms may be Code chapter establishing downloaded from the DIA website or obtained by call-DIA Health Accura ing the Division at

> All nominations must have been presented to 52 list the reason the facility should be considered, such Residents and family as any unique services pro-

ity of care or quality of life for its residents. A facility's history of compliance and whether it accepts residents for whom costs are paid by the Medicaid program are also factors used in the determination of eligibility for a Governor's Award. Upon receipt by DIA, the nominations will be evaluated and a list of finalists prepared. Under Iowa law, no more than two facilities from each congressional district may be selected for a Governor's Award.





0. Jay and Patricia Thompson are with Cindy Schriever, MercyOne North Iowa Cancer Center director and Rod Schlader, president of MercyOne North Iowa Medical Center in front of the fireplace and artwork in the newly expanded cancer center in Mason City, Iowa.

Tomson family honors brother with gift that helps cancer patients

After two years of construction, a multi-million-dollar expansion of the MercyOne North Iowa Cancer Center is complete. Part of the expansion was made possible with a \$1 million gift from the Tomson Family Foundation to honor O. L. "Bud" Tomson, brother of O. Jay Tomson, who passed away from pharynx cancer in 1986 at the age of 62.

"We are so grateful to the Tomson Family Foundation for its gift and helping make this possible," said Cindy Schriever, cancer center director. "The center is absolutely beautiful but, more importantly, it is more comfortable for our patients and staff."

The cancer center expansion, which began in August 2019, will allow for additional services and space for providers to improve access for area cancer patients. Located on the first floor of the building, the infusion center, which is also used to treat non-cancer patients, has increased the number of treatment chairs from 14 to 24. The center's first floor also features an expanded radiation oncology area as well as a new lab, pharmacy and boutique. The boutique will offer products, like hair and skincare, that can help patients through their cancer treatments.

"It'll be convenient for patients to be able to get help right here. They won't have to make another stop," Schriever said. "We're excited about that."

has Medical oncology

moved to the second floor along with a physical therapy room and an education room that can be used by the center's dietitian for cooking classes geared toward its patients. The cancer center has also added social worker services, financial counseling, expanded dietitian services and a physical therapist.

O.L. Tomson, also known as "Bud," was a faithful Catholic and a veteran of World War II. Following the war, he had a successful career in management in Kansas City, Missouri; Henderson, Minnesota and Charles City, Iowa where he was the vice president and director of Citizens National Bank. He was devoted to his wife Lenore and his two children, Jill and Jay E. Lenore, now 98, resides in Prairie Village, Kansas. He loved being at his rustic cabin on Lake of the Woods in Ontario, Canada. He spent quality time there each summer and invited friends to join him for walleye fishing. Bud suffered from pharynx cancer for well over the final decade of his life prior to his death at age 62. The proceeds from the sale of his beloved lake cabin were all donated to MercyOne North Iowa Cancer Center.

"Bud was taken from us too soon," said his brother O. Jay. "Pat and I are pleased to represent the entire Tomson family in honoring his life with this gift to help north Iowans needing treatment for cancer."

Local restaurant Bean & Bistro participates with Iowa Café

cy on Aging is a local agenaddress the needs and con- meals.

Elderbridge Area Agen- the services that Elderbridge offers include con-

A local restaurant, Bean & Bistro, has partnered cy that provides services to gregate and home delivered with Elderbridge to provide meals for older adults, age 60+. These meals will be available during restaurant hours (Tuesday-Friday 7:30 a.m. - 1 p.m and Saturday 8 - 11 a.m.). To register as a participant for the program, contact Elderbridge directly at 1-800-243-0678.

Once registered, individuals will receive a card in the mail that will need to be presented when visiting

Washington, D.C. **4-H trip orientation** meeting held on Sunday, January 30

The Worth County Extension Service will be hosting a Worth County 4-H Washington, D.C. Trip Orientation Meeting on Sunday, January 30, at 7 p.m. at the Worth County Extension Office Community Room at the Fairgrounds in Northwood.

Participants will have the opportunity to go over trip schedules, observe a few Washington, D.C., trip video highlights and learn

about travel plans, including what to wear and pack for the March 12 to 19 Worth County 4-H Washington, D.C., trip.

Those wanting more information about the meeting are asked to call Dennis Johnson, Worth County Extension Education Specialist at the Worth County Extension Office in Northwood at 641-324-1531 or his cell phone at 641-390-0795.

Northwood Anchor

Fertile Lutheran Church

Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.; Monday, Couincil Meeting, 7 p.m. Bethlehem

Lutheran, Manly

Sunday, Worship at Bethlehem, 10:30 a.m., Grace Worship, 9 a.m.

Linda Johnson Prestholt, Pastor Bethany Lutheran Church/Elk Creek Lutheran

Wednesday, Confirmation at Grace; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Worship -Bethany, 9 a.m., Sunday School - EC, 9:45 a.m., Elk Creek Service, 10:30 a.m., Bethany Annual Meeting, 10:15 a.m.; Monday, MANNA Open, 10 a.m. -Noon

Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan

Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allaro Northwood United **Methodist Church** Wednesday, Swallow Coffee House Lake Mills, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.

Church

Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 11 a.m., Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood

Wednesday, 7th & 8th Confirmation, 4:30 p.m.; Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with N.O., 9 a.m., Council Meeting, 10 a.m., Sunday School, 10:10 a.m., JH Youth, 6:30 p.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., Bible Study, 6 p.m., AA-Al-Anon, 7 p.m.

Peace Lutheran

cerns of older adults. The agency is one of six area agencies on aging in the state of Iowa.

Elderbridge covers the North Central, Northwest and Central areas of Iowa, currently serving a 29-county region. Part of

Elderbridge has recently implemented a new program called the Iowa Café. The Iowa Café is a new, partnership between local Area Agencies on Aging and local food service establishments such as restaurants, food trucks, cafes, etc.

the restaurant.

Anyone that would like to donate to the program to help expand the services to more older adults, may check out www.elderbridge. org for ways to donate.

Rev. Rob Lanphere **One In Christ**

Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Church, Northwood

Sunday Worship Service with Holy Communion at 9 a.m.

Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly

Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Rev. Neil Manternach, Pastor Fr. Jake Dunne, Associate Pastor www.sacredheartmanly. org

Live and Let Live

The great American philosopher and psychologist William James once remarked that while people are pretty much the same the world over, we all want and need the same basic things, the small differences between us are important, and make all the difference. Indeed, we all have our own unique way of being in the world, or as James put it, "Different men find their minds more at home in very different fragments of the



world." For instance, I would much rather spend Sunday afternoon curled up with a book in a quiet corner of my home, while many others might prefer the noisy chaos of a football or basketball game amid a cheering crowd. The sooner we realize that both of these activities the quiet reading alone and the noisy throng of the sporting event, are acceptable diversions, the better off we all are. We all have our own individual sense of what moves us and we should do our best to let each person follow his or her own spirit. God did not make us all the same, but blessed each of us with our own unique way of being in the world. So, we should embrace our differences and the differences of those around us. As our French friends say, viva la difference! -Christopher Simon

Who are you to judge someone else's servant? To their own master, servants stand or fall. And they will stand, for the Lord is able to make them stand. - Romans 14:4

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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info@W	BUILDING SUPPLIES MATERIA Mon. 7 a.m 5 Clos OrthLumber.com Orth Lumber.com	S AND LS Tues. S - Fri. p.m. Sat. sed To ful who sh his	99 B 9th Street North • No 9 a.m 5 p.m. / Wed. 11 a.m 5 p. 641-324-04 call to confirm that your Veterans S An effort will be made to accommo fill President Lincoln's pron ball have borne the battle, an orphan" by serving and how women who are America ion Statement: U.S. Departmen	rthwood, lowa m. / Thurs. 7 a.m 1 p.m. 80 Service Officer is available. date your schedule. nise "To care for him ad for his widow, and oring the men and 's Veterans.	
Northwood Theatre					
SH	OP	SHOWING Jan. 6-8	COMING Watch for some	Show Times Thurs Sat. 7 p.m. Unless otherwise noted	
LOCA	ALL Y	"Encanto" a		40 Central Ave. • 324-0064 Adults \$5 Students (18 & Under) \$3 2 & Under Free	
Sue's Cornerpost	Signature's Supper Club	Tequila's	Congregate Meals	CARQUEST Auto Parts	
Check us out now on Facebook! Daily Specials each	Happy Holidays from all of us at	Open for Dine-In Daily Specials Monday - Closed Tuesday - Pollo Loco Wednesday - Shrimp Burrito Thursday \$1 Off Fajitas & 1/2 Off Margaritas Eriday - Enchilada	January 6-12 <u>641-324-1244</u> <u>Thursday</u> : Chili Mac Casserole, Corn, Peaches, Applesauce Jell-O <u>Friday</u> : Salmon Patties, Baked Potato, Creamed Peas, Apricots <u>Monday</u> : Taco Casserole, Corn Bread, Steamed	Scott Shop Towels 2 Rolls for	
day of the week! Open for dine-in! 641-324-2912	Call for reservations 324-1052	Saturday - Burritos Deluxe Sunday Kids Free with each Adult Meal	Carrots, Banana <u>Tuesday</u> : Cook's Choice <u>Wednesday</u> : Apple Pork Chops, Roasted Sweet Potatoes, Green Beans, Cranberry Pear Crisp	Hours Mon Fri. 6 a.m 5:30 p.m. Sat. 6 a.m 3 p.m.	



We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks. Bulwer Lytton Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Chester, Illinois, is the home of Popeye the Sailor Man! Elzie Segar, a Chester native, was the man who created the iconic character most of us remember from childhood. Along with his girlfriend, Olive Oyl, his buddy Wimpy (who was always looking for a hamburger) and the many other cartoon characters, Popeye is all over this small town with the big heart. "Un-Beat-Able Recipes" was compiled in 2016 by the Chester High School Music Department and published by Wehmeyer Printing Co., Inc. of Perryville, Missouri. The spiral-bound cookbook is typical of all community recipe collections, with submissions by real cooks who eat real food. Since many of us have indulged over the holidays, we'll look for lighter fare this week.

Broccoli and Cauliflower Salad

1 large bunch of broccoli

1 bunch green onions

- 1 large head of cauliflower
- 1 package (12 oz.) good quality thick bacon
- 2/3 cup vegetable oil
- 1 cup real mayonnaise
- 1/2 cup white sugar

Chop the green onions and the strips of bacon into 1/2-inch pieces. Fry them together in a large, heavy skillet until cooked but not crisp. Drain well. Cut the broccoli and cauliflower into bite-sized pieces and combine with the cooked bacon and onions. Make a dressing by adding the mayonnaise, sugar and oil to a small bowl and beating with an electric mixer to make a smooth sauce. Pour this over the veggie mix and toss well. Put into a serving bowl, cover with plastic and chill well before serving.

Overnight Salad

- 1 head iceberg lettuce, shredded
- 2 cups real mayonnaise
- 1/3 cup grated Parmesan cheese
- 1/3 cup white sugar
- 1 head cauliflower, chopped
- 1 pound good quality bacon, cooked, drained well and crumbled

18 oz. package shredded Cheddar cheese.

Spread the shredded lettuce and the chopped cauliflower in the bottom of a 9x13-inch baking pan. Spread the mayo on top. Sprinkle with the crumbled bacon, Cheddar and sprinkle with the sugar, in that order. Cover with plastic and refrigerate overnight. The next day, before serving, mix it all together and put into a bowl.

Oriental Slaw

1 package chicken flavored Ramen noodles

- 1 bag shredded coleslaw mix 2 oz. roasted/salted sunflower kernels 1/4 cup white vinegar 1/2 cup white sugar
- 2 oz. package sliced almonds
- 2 large green onions, sliced, both green and white parts
- 1/2 cup olive oil
- Remove the chicken flavor packet from the Ramen package and set aside. Crush the noodles and place in a large bowl with the coleslaw mix, almonds, sunflower kernels and green onions. Toss lightly to combine. In a separate bowl, mix together the vinegar, oil, sugar and flavor packet, making sure the powdered chicken flavor completely dissolves. Pour this dressing over the coleslaw mixture and stir well. Refrigerate for 30 minutes, stir and serve.

Interestingly enough, I didn't find even one spinach salad in this book. Since it originated in the home of Popeve, that seems a bit strange. Actually in the entire cookbook index there is only one recipe with spinach in its name: spinach lasaana roll-ups. Since that didn't sound like light eating, I passed it up! And....that's all she wrote.

I enjoyed visiting Chester. The town is steeped in Popeye memorabilia and large concrete statues of many of the cartoon characters are all over the village. You can even join the sailor's fan club. There is a Spinach Can Collectibles store but not a single can of spinach for sale inside. I didn't check the grocery stores. And....that's all she wrote.

Northwood Anchor Society



Pre-holiday assembly

Before their Christmas break, students at Northwood-Kensett Elementary had a special assembly, where they dressed in holiday clothes, passed out awards and played some games, including keeping some balloons in the air.

Worth County 4-H Club leader meeting held on January 19

Worth County 4-H will be holding a 4-H Club Lead-

Worth County 4-H State Recognition Workshops scheduled for January 8 and January 22

The Worth County Extension Service will host two State 4-H Recognition Workshops on Saturday, January 8, from 10 a.m to noon, and January 22 from 10 a.m. to noon at the Worth County Extension Community Room.

All 9th grade to 12th

opportunities.

Award winners will be on cil and what the applicahand to share information tion and interview process about how to apply for the is to be able to serve on awards and recognition the 2022-2023 Iowa State Education trips to National 4-H Con- 4-H Council Team. This Dennis Johnson at 641gress in Atlanta, Georgia will also include a hands 324-1531 or email him at and National 4-H Confer- on opportunity for getting djohn@iastate.edu.

state 4-H award winning about what duties and re- ings may email Worth sponsibilities there are of County Extension 4-H Past Worth County 4-H the Iowa State 4-H Coun-

Youth Coordinator Kimberly Bode at kabode@ iastate.edu or contact Worth County Extension Specialist,

er meeting on Wednesday, January 19, at the Extension community room at 6 p.m. for pizza and 6:30 p.m. for the meeting.

The program will be for all Worth County 4-H club leaders and 4-H Committee members. The meeting will be to update and inform 4-H volunteer leaders about what their duties and responsibilities are in

serving the hundreds of 4-H'ers in Worth County.

More information is available by contacting Dennis Johnson, Worth County Extension Education Specialist, or Kimberly Bode, Worth County Extension 4-H Youth Coordinator, at the Worth County Extension Office in Northwood at 641-324-1531.



grade 4-H members are invited to participate in learning about the many

ence in Washington, D.C. The 4-H members will also have a chance to learn formation about the meet-

Iowa State University Extension Worth County Office 641-324-1531 Calendar of Events for January 2022

January 6- VITA Tax Preparation Planning Meeting at Cerro Gordo County Extension Office, Mason City, 9:30 A.M. with Dennis Johnson, Worth County Extension Education Specialist

January 6-Worth County Extension Council Organizational Meeting at Worth County Extension Office, Northwood, 6:30 P.M. Meal and 7:30 P.M. Meeting with Donovan Olson, Region 3 Extension Education Director, Curt Schaub, Worth County Extension Council President and Dennis Johnson

January 7-Worth County Extension 4-H Program Planning Meeting at Worth County Extension Office, Northwood, 9:30 A.M. with Lacey Waller, Worth County Extension Office Manager, Kimberly Bode, Worth County 4-H Youth Coordinator, Gail Castillo, Regional Extension 4-H Field Specialist, Donovan Olson ISU Extension Region 4 Director and Dennis Johnson

January 8-Worth County 4-H State Recognition Workshop at Worth County Extension Office, Northwood (Also Offered Via Virtual Zoom), 10 A.M. to Noon with Kimberly Bode and Dennis Johnson,

January 9-Hartland Achievers 4-H Club Meeting at Worth County Extension Office Community Room, Northwood, 5 P.M. with Janet Wallin and Lori/Chad Pestorious, Hartland Achievers 4-H Club Leaders

January 9-Worth County Fairboard Meeting at Signature's Supper Club, 3 P.M. with Dennis Johnson, January 9-Golden Banner 4-H Club Meeting at Bethlehem Lutheran Church, Manly, I P.M. with Michelle Hill, 4-H Club Leader and Tammy Charlson, 4-H Club Leader

January 9-Green Shamrocks 4-H Club Meeting at Kensett Town Hall, I P.M. with Teresa Butler and Heather Rheingans, Green Shamrocks 4-H Club Leaders

January 13-ISU Extension Mentor Meeting at Virtual Zoom Session, 9 to 10:30 A.M. with Dennis Johnson January 14-ISU Extension Crop Advantage Day at NIACC Muse Norris Conference Center, Mason City,

9 A.M. with Angie Rieck-Hinz, ISU Regional Extension Crop Specialist, Sarah DeBorer, Cerro Gordo County Extension Director and Dennis Johnson

January 16-Worth County 4-H New Member Meeting at Worth County Extension Office, Northwood, 4 P.M. with Kimberly Bode and Dennis Johnson

January 16-Silver Lake Huskers 4-H Club Meeting at Truman Helgeson Civic Center, Lake Mills, 6 P.M. with Mary Buren, Silver Lake Huskers 4-H Club Leader

January 18-Worth County 4-H Clover Kids Meeting at Worth County Extension Office Community Room, Northwood, After School Program with Lacey Waller, Worth County Extension Office Manager and 4-H Clover Kid Coordinator

January 19-Regional Extension 4-H Staff Meeting at Cerro Gordo County Extension Office, Mason City, 9 A.M. with Dennis Johnson, Kimberly Bode and Gail Castillo, Regional Extension 4-H Youth Specialist

January 19-Worth County 4-H Volunteer Leader Training at Worth County Extension Office Community Room, Northwood, 6 P.M. Pizza and 6:30 P.M. Meeting with Gail Castillo, Kimberly Bode and Dennis Johnson,

January 22-Worth County 4-H Recognition Application Workshop at Worth County Extension Office, Northwood, 10 A.M. to Noon with Kimberly Bode and Dennis Johnson

January 23-Deer Creek Wahelo 4-H Club Meeting at TBD, TBD with Anneke Urbatsch and Gina Solberg, Deer Creek Wahelo 4-H Club Leaders

January 26-Worth County 4-H Hot Shots Club Meeting at Chad and Lori Pestorious Home, 4 P.M. with Dean Mueller, Worth County 4-H Hot Shots Club Leader and Lori and Chad Pestorious, Hot Shots 4-H Club

January 28-ISU Extension Ag Team Meeting at Hancock County Extension Office, Garner, 9:30 A.M. with Dennis Johnson

January 30-Worth County 4-H Washington D.C. Orientation Meeting at Worth County Extension Office Community Room, Fairgrounds, Northwood. 7 P.M. with Lacey Waller, Kimberly Bode, and Dennis Johnson, February 1-State 4-H Recognition Award Applications Due at State 4-H Office, 11:59 P.M.

Calendar Sponsored By:



88 8th St. North • Northwood, Iowa (641) 324-2141

Dave Osborne, Agent

applications completed. Those wanting more in-



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Niky Lewis, Agent 727 Main St. Osage, IA 50461 Bus: (641) 732-5477 nlewis@amfam.com





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January SPECIALS Any Single Topping Pizza \$9.99 12 pc. Chicken \$15.99 Sunday DINNER SPECIAL 2 pc. Broasted Chicken Dinner \$6.95 Good through January 31, 2021 Store open 7 days a week! Hours: 6 a.m. - 9 p.m. Cafe Open: Mon. - Fri. • 6 a.m. - 2 p.m. Sat. & Sun. • 7 a.m. - 2 p.m. 641-845-2033 "Where the sun always shines.

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In Memory 2021

HAROLD RAYMOND

May 2, 2020 – Harold L. Raymond passed

away on 2, May 2020,at Cooper Springs Assisted Living in Ida-

ho. May 6, 2020 -Myra L. Raymond,

78, of Idaho, formerly Minne apolis and Northwood, passed away peacefully on May 6 2020, the Cooper

MYRA RAYMOND Springs Assisted Living

December 11, 2020 -

ALLAN

KRAHENBUHL

Allan John Krahenbuhl, 73, passed away on Friday, December 11, 2020, Mayo at Health Hos pital in La

Crosse, Wis-

consin. December 19, 2020 -

Judith Janette Fenske, 80, died peacefully on Saturday, December 19, 2020, at her daugh ter's home in Em

mons, Minnesota, surrounded by her

JUDITH FENSKE

family. January 2, 2021 -Lor-

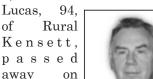
raine Mar-(Hariam mon) Ludwig passed away on January 2, 2021, at Palm Garden of Jacksonville Nursing Home.

Lucas,

of

away

LORRAINE January LUDWIG 3, 2021 -Harold Stanley

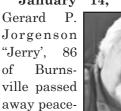


2021, at Timber Hills Senior Living in Inver Grove by our Lord Heights, Minnsota.

January 13, 2021 -Berniece G. Beers, 95, of Albert Lea, Minnesota, formerly of Emmons,

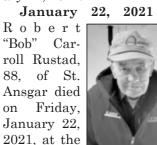
passed away BERNIECE BEERS on Wednes-

day, January 13, 2021, at Thorne Crest in Albert Lea. January 14, 2021 –

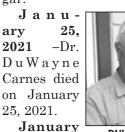


fully at his GERARD JORGENSON home sur-

rounded by his loving family on January 14, 2021.



ROBERT RUSTAD Good Samaritan Center in St. Ansgar.



DUWAYNE 28, 2021 -CARNES Mary Ellen

Ihnen (Harris) died on January 2021,Mitch-County Regional

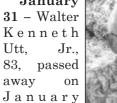
28,

at

ell

Health Cen-MARY IHNEN ter Hospice

with loved ones by her side. January



31, 2021, of pulmonary WALTER UTT JR fibrosis.



M e d i c a l russell hickman Center with

his family by his side.

February 12 – Richard Storey Holstad, 86, of Northwood, Iowa, passed away on Friday, February 12, 2021, at Lutheran Retirement Home in Northwood.

February 14 – Dennis Hauge, 71, died on February 14, 2021, in Ronan, Montana. He was born on March 15,1949 in Albert

Lea, Minnesota. Febru ary 16 – Ar thur Henry Kalvig, 92, North of wood passed

fully

of

away peace-**ARTHUR KALVIG** on

Tuesday, February 16,2021, at the IOOF home in Mason City.

Febru ary 17 Larry L. Wright, 78, Northw o o d passed away on

Wednesday, LARRY WRIGHT February

17, 2021, in Fort Myers, Florida after a courageous battle with COVID-19.

Febru ary 18 Robert "Bob" Ellsworth Reeder, Jr. passed away peacefully at

St. Mary's ROBERT REEDER Hospital in

Rochester, Minnesota on Thursday, February 18, 2021, from complications

passed

Disease.

his

Ray

on

March 15 - Susan M. Mega, 78 of Northwood, passed away on Monday, March 15, 2021, in Waterloo after a

tragic car accident. $M \ a \ r \ c \ h$

15 – Jack Van Horn, 80, died at home on JACK VAN HORN March 15,

2021, after battle with cancer. March 19 -Ray

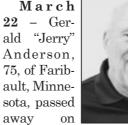
Larson passed away RAY LARSON peacefully

on Friday, March 19, 2021, at Lafayette Manor in Darlington, He was 81 Wisconsin.

years old. March **19** – James Cooper, 78, of Plymouth, Iowa, died March

19, 2021, at JAMES COOPER Pearl Valley Nursing

Home, Perry, Iowa.



GERALD ANDERSON Monday, March 22,

2021, at The Koda Living Community in Owatonna, Minnesota, following an ex-

tended illness. March 22 – Arlene Elizabeth Van Sabben,

98,

of

on

passed away peace-ARLENE fully at the VAN SABBEN Lutheran

Retirement Home in Northwood, on Saturday, March 27, 2021.

March 29 – Marla Ha-Ann 71, rang, Northwood, died

the Good Samaritan Center in St. Ansgar.

May 10 Robert "Rob" Wilder, 94, of Northwood passed peacefully **ROBERT 'BOB** away on WILDER Monday, May 10,2021, at Thorne Crest Senior Living Community in

Albert Lea, Minnesota. May 10 Shirley Sev-Jean erson, 83. died at Park View Manor, Rein beck, Iowa, on May 10, SHIRLEY SEVERSON

under the care of Cedar Valley Hospice.

May 14 -Paul Robert Foss, 83, of Northwood, passed away on May 14, 2021, at St. Johns Lutheran PAUL FOSS Community - Fountain

Lake. \mathbf{M} a y 14 – Cher Ami Mae (Gunderson) Barr, 78, of Northwood, died on Friday, May CHER AMI BARR 14, 2021,at MercyOne North Iowa

Medical Center in Mason City. Мау 15 – Janet Ledene (Eilertson) Bergo beloved mother grand mother

JANET BERGO and friend, died on May 15, 2021, at Mercy Hospital in Mason City, Iowa, at age 78.

Мау 15 - Bet-Jean Johnson 87, of Northwood, died on Saturday, May 15, 2021 **BETTY JEAN JOHNSON** at the Lutheran Retirement Home in Northwood. May 15 Thomas Edward Faber, 68, of Kensett, Iowa, passed away on Saturday, May THOMAS FABER 15, 2021, at MercyOne North Iowa in Mason City.

Friday, April 30, 2021, at away on Sunday, May 23, 2021, at the Lutheran Retirement Home in Northwood.

May 26 - Dale R. Mehus, 92, of Northwood passed away at home surrounded by his family on May 26, 2021.

May 27 – Jeanette Mae

Jacks, 8 5 passed a w a реасе fully on May 27

JEANETTE JACKS 2021, while surrounded by fam ily after a long fight with cancer.

June 5 – Margie Ileen

(Wolff) Davis, 98, of Glenville, Minnesota, passed away the Lutheran



MARGIE DAVIS Retire m e n t

Home in Northwood, on Saturday, June 5, 2021.

June 10 – Kalvig Schoolcraft, 82, of Hudson, died on Thursday, June 10, 2021, at Cedar Valley

died

June

2021,

tan

the Good

Samari-

ter in St.

Ansgar

Cen



DOROTHY SCHOOLCRAFT Hospice, of natural causes.

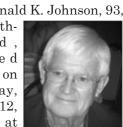




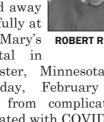
URBATSCH Iowa. June

12 – Donald K. Johnson, 93

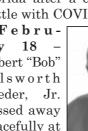
of Northwood passed away on Saturday, June 122021.



the IOOF DONALD JOHNSON Home in Mason City



Febru



associated with COVID-19.

ary 18 Margie Mae Gilbertson (Parsons)

Sunday, January 3, 2021, at MercyOne

North Iowa HAROLD LUCAS Medical Center.

January 6, 2021 - Ray-

RAYMOND

mond Leroy Borcherd ing, 97, of St. Ansgar, Iowa, passed away peacefully on Wednesday January 6, 2021, at the BORCHERDING

Good Samaritan Society.

St. Ansgar

January 6, 2021 -Glenn Lee Van Sabben, 18, North of wood, Iowa passed away at his

on **GLENN VAN SABBEN** home January 6, 2021.

January

6, 2021 -Gary Durner passed away peacefully on January 6, 2021, at Benedic tine Living Community,

Owatonna. He was 77.

January 10, 2021 -George William Hargis 100, passed away on Sunday

January 10,

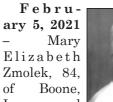


GEORGE HARGIS

GARY DURNER



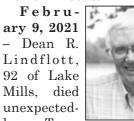
to be with ELAINE BERGAN her Lord and Savior, Jesus on Wednesday, February 3, 2021, at the Lutheran Retirement Home in Northwood, IA, due to the lingering effects of COVID-19.



Iowa passed away on

February MARY ZMOLEK 5, 2021, at

the Eastern Star Masonic Home in Boone.



ly on Tues-**DEAN LINDFLOTT** day, Febru-

ary 9, 2021, at his home at Rice Lake.



ARLEN GROE 2021, at the Good Samaritan Society in Albert Lea. He was 85 years old.

February 11, 2021 -Russell W. Hickman, 74, of Northwood passed away peacefully and was ushered

February her home in Apple Valley, Minnesota.

away

February 21 – It is with deep sorrow we inform everyone that Stephen Thomas Johnston, 74, of Jordan, Minnesota passed away (in his sleep) on February 21, 2021.

March **5** –David E. "Abe" Abrahams, 81, of Northwood passed away on Friday, March 2021, DAVID ABRAHAMS

Good Shepherd

5,

at

6

 ert

his

Health Center in Mason City.



2021, at 86 **RICHARD JOHNSON** years old.

March 14 – Rob-"Bob" LaForestCleveland, 86, entered heavenly home

DeForest, Wisconsin, after living many years with the effects of Parkinson's

18, 2021, at MARGIE GILBERTSON 29, 2021, in MARLAS HARANG Mason City, Iowa, from complications of

March

a stroke. April 1 – John D. Johnson, 96, of Albert Lea, formerly of Clark's Grove, passed away on April 1, 2021, at the Owatonna Hos-

pital. April 8 - Naven Judine Knutson, 89, of Clarksville, Tennessee,

formerly of NAVEN KNUTSON the Leland/

Lake Mills area in Iowa, died on Thursday, April 8, at the Vanderbilt Medical Care Center in Nashville, Tennessee.

April 14 – Mrs. Helen Singelstad DeLooper, of Winston Salem, North Carolina, passed away on April 14, 2021, three days

short of her 97th birthday. April 28 – Esta D'Ann Reyerson, 67, of Northwood

died on Wednesday, ESTA REYERSON April 28,

2021, at Mayo Clinic Hospital, Methodist Campus

in Rochester, Minne-April **30** – Larry

K. Patterson, 76, of Northwood, lost his

cancer

battle with LARRY PATTERSON on

Мау 18 – After a 16 year battle with cancer, Dorenne Kay (Mittag) Han-DORENNE sen passed HANSEN away in her home on May 18, 2021.

May 19 Chrystal Jeanne (Pike) Braun, 93, of rural Grafton, was

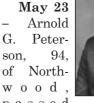
to

c a l l e d CHRYSTAL BRAUN eter-

ARNOLD

PETERSON

nal rest on Wednesday, May 19, 2021, at Manly Specialty Care.



passed

June 17 – Margaret Lee Moore, 78, passed away very peacefully on June 17, 2021, in her in-



d e p e n MARGARET dent living MOORE apartment

in the Charter House, after a brief illness with acute leukemia.

June 18 - Sharon Kay Aase, 78, of Northwood, Iowa, passed away on Friday, June 18, 2021, at Lake Mills Care Center in Lake Mills.

June 30 – Robert (Bob)

Dennis Grundel, 42 of St. Ansgar, I o w a passed a w a y suddenly on June 30, 2021,



after а **ROBERT GRUNDEL** tractor accident.

His family is shocked and deeply saddened by his loss.

July 2 – Mildred Carma (Seter) Jennings, 89, of Orchard died on July 2, 2021, at Osage Rehabilitation & Health Care Center.

July 6 – Elsa Mae Groe,

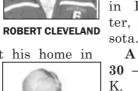




House in Ocala.







on March





14, 2021, at his home in



In Memory 2021

July 9 Gene A. "Geno" Nelson, 69, of rural Joice, passed away on Friday July 9 2021, at

J.

on

MercyOne North Iowa Medical Center in Mason City.

July 20 -Funeral Ser-

GENE NELSON

vices for Daniel Bettin held were Tues-July day, 20, 2021, at 10:30 a.m. at Trinity

DANIEL BETTIN Lutheran

Church of Albert Lea, Min-22 - Doronesota.

July 23 Forrest Dean Urbatsch died on Friday, July 23, 2021, at the Good Samaritan Center in St. Ans-

July **25** – Orlan FORREST UR-S. (Postie) BATSCH Brunsvold

formerly from Northwood passed away on July 25, 2021, at the age of 95.

July 26 – Sharlene Ida Stoddard

SHARLENE

STODDARD

was born on March 25, 1949, to Glenn M. and Eldora (Siebrecht) Stoddard of North-

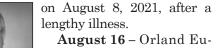
gar, Iowa.

wood, Iowa. died She

on Monday, July 26, 2021, at MercyOne Emergency Room, Mason City, Iowa. July 29 – Steven C. Ben-

son, 71, of rural Lake Mills, died unexpectedly on Thursday, July 29, 2021. July

31 - Donald Lau



gene Bartz bid goodbye in the winter of his life to his earthly home on

away

day,

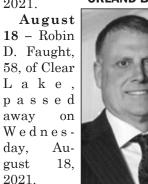
gust

2021.

22,

at

August 16, **ORLAND BARTZ** 2021.



August **ROBIN FAUGHT**

thy Christine (Kuhlmann) 15,

Greibrok 94, of rural Austin, Minneso. ta, passed away on Sunday, August 2021, Mayo DOROTHY GREIBROK Health

Systems in Austin, Minnesota.

September 4 – Judy La-Vonne (Pike) Gunderson, 79, of Keokuk, Iowa, (formerly of Mason City, Iowa) passed away on Saturday, September 4, 2021, at the Keokuk Area Hospital from pneumonia.

September 5 – Mark



5, 2021. MARK OAKLAND Septem-

ber 6 – JoAnn Ciavarelli White, 91, of Grafton, Iowa, passed away on August 6, 2021, at the Good Samaritan Nursing Home in St. Ansgar.

September 11 - Jane Florence

Hillman, 78, of Waconia and formerly of Albert Lea,

on

on August 8, 2021, after a away on Sunday, October 10, 2021, at MercyOne North Iowa Medical Center in Mason City.

October 13 - Charles Alexander McElroy, 97, died on Wednesday, October 13, 2021.

October 14 – Dorothy Pri-Ann

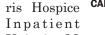
zler, 72, of Northwood, Iowa, passed away on October 14, 2021.October

15 – Kary Scott Paul-DOROTHY PRIZLER son, 75, of Northwood, passed on 2021,

2021, at Gundersen Lutheran Medical Center in La Crosse, Wisconsin, from to an automobile accident while on duty with the Iowa State Patrol on Thursday, October 14.

October 21 – Carol L.

Patterson, 82, of Ma-City, son passed away on Thursday, October 21, 2021, at the Muse Nor-



rounded by her loving family



battle.

cently

2021.

28,

at

November 7 – Betty M. Peterson, 90, passed away on Sunday, November 7, 2021, at the Lake Mills Care Center in Lake Mills, Iowa.

N o vember 10 – Carol (Greve) Overgaard, 77, most re

of

Longville, CAROL OVERGAARD Minnesota, passed away on Wednesday, November 10, 2021, at her home surrounded in her family's love.

November 24 – Edna Turvold died on Wednesday, November 24, 2021, at Faribault, Minnesota.

N o vember 26 – Jerry Allen Grundel, 68, of Northwood, died on Friday, November 26, JERRY GRUNDEL

Novem**ber 28** – Ila Anderson, 91, of Albert Lea, passed away on Sunday, November

> 2021, **ILA WAHLERS** Thor-

neCrest Senoir Living. December 8 – Char-

lene "Short" A. Heck, 52, of Northwood passed away on Wednesday, December 8, 2021, at MercyOne North Iowa Medical Center in Mason City, Iowa.

December 13 Frances Ann (Lechelt) Lawhorn, died peacefully on Monday,

December FRANCES LAWHORN 13, 2021.

December 16 – Phyllis O'Neill, 83, of Nashua. Iowa, died

PHYLLIS O'NEILL

Winter has arrived: AAA urges motorists to be prepared

From AAA:

Snow and cold weather can make driving conditions more difficult and the first few snowfalls of the year often catch motorists unprepared.

Most of Minnesota and much of Iowa now have at least a dusting, if not multiple inches, of snow. The snow, coupled with the high winds and cold weather that is coming through, can be a recipe for disaster on the roadways because together they create risky driving situations including low visibility, drifting and blowing snow and slick roads. AAA Minnesota-Iowa is advising motorists to allow extra time to get to a travel destination, monitor weather conditions, and follow advice from authorities. If it is not safe and you don't have to travel, don't drive.

Defensive Driving

When taking to the road during winter weather, remember to drive with caution to help maintain your safety as well as that of passengers, fellow motorists, and roadside workers. AAA recommends the following tips for winter driving:

Before starting out in snowy weather, take time to remove the snow from the entire car so it doesn't blow onto your windshield or the windshields of other drivers. Make sure your mirrors and lights are clean and clear.

Go slow in snow. Posted speeds are for ideal conditions.

Watch for icy surfaces on bridges and intersections, even when the rest of the road seems to be in good condition.

Look farther ahead in traffic. Actions by other drivers will alert you to problems and give you extra seconds to react.

When changing lanes,

avoid cutting in front of trucks, which need more time and distance than passenger vehicles to stop.

Don't use cruise control when roads are wet, snowy, or icy.

Remember that fourwheel drive helps you get going quicker, but it won't help you stop any faster.

In the event of a skid, ease off the accelerator and don't lock the brakes. Carefully steer in the direction you want the vehicle to go and straighten the wheel as soon as the car begins to go in the desired direction.

Proper Preparation

Preparing for frigid weather conditions will help keep vour vehicle on the road. advises AAA. Motorists can help keep their vehicles on the road by ensuring scheduled maintenance is completed. A routine inspection of battery, brakes, belts, hoses, oil, fluids, tires, and other vehicle systems can help prevent inconvenient and costly break downs.

AAA also recommends motorists keep emergency supplies in the vehicle, including a cell phone, boots, gloves, blanket, an alternate heat source, shovel, and first aid kit. If stranded, stay with the vehicle. If the engine starts, run it only long enough to keep warm. Make sure the exhaust pipe is free of snow. It's also advised to keep the fuel tank at least half-full to avoid fuel-line freeze-up and to provide extra fuel for running the engine if stranded.

If you encounter an emergency vehicle with flashing lights along the road, slow down well in advance and carefully move over one lane, if available. Slipper roads make for dangerous conditions for those helping other motorists on the roadside.

CAROL PATTERSON

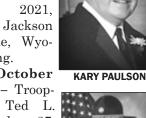
Unit in Mason City sur-

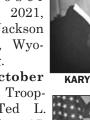


20 – Trooper Ted L. Benda, 37, of rural Dec-

on **TROOPER TED** BENDA

orah, Iowa succumbed to his injuries Wednesday, October 20,





Glenville, Minneso ta, passed away on Saturday, July 31.2021, at St. Mary's Hospital in Rochester, Minneso

86, of rural

ta, after a short illness.

August 3 – Con stance "Connie" Naomi Bruesewitz passed away on

Tuesday CONSTANCE August 3, BRUESEWITZ

August 5 – Koralee Helen Jas-69, pers, passed away on Thurs-

2021.

day, August 5, 2021, at her home in Shelbina, Missouri.

August 6 – JoAnn Ciavarelli White on at Good

passed away the 6th of August the Samaritan Nursing Home, St. Ansgar.

August 8-Irl Mad-

sen, 91, of Northwood passed

IRL MADSEN

died STEVEN BENSON

DONALD LAU

KORALEE JASPERS

JOANN CIAVARELLI

WHITE

Saturday September JANE HILLMAN 11, at the

Good Samaritan Society in Waconia.

September 11 – Bet-Louise ty (Abrahams) Tesch, 86, of Lincoln, Nebraska, went to be the with Lord on

Saturday, **BETTY TESCH** Septem -

ber 11, 2021, after a brave battle against Lymphoma. Her courageous spirit, dry wit and loving touch will be missed by all.

September 12 – David Al-

len Block passed away on Septem-12ber 2021, at his home in Northwood. Sep-

for William

(Bill) A. We-

ber, 85, of

Albert Lea,

formerly of

rural Myr-

DAVID BLOCK

tember 27 – Funeral services

WILLIAM WEBER tle, will be held at 11 a.m. on Monday, September 27, 2021, at Bayview Funeral Home, Albert Lea.

October **10** – Sandra Nitcher, 85, of Northwood

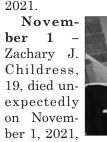
R.

passed SANDRA NITCHER

2021, at the Manly Care Center.

October **31** – Ferne Libbie (Myers) Vir chow, 93, of Glenville. Minneso ta, passed away on

FERNE VIRCHOW Sunday, October 31,



ber

ZACHARY CHILDRESS

Philip Peters, 91, of Albert Lea, passed on Wednesday,

November

Cottages in Albert Lea from natural

causes. 4

on the Lutheran Retirement Home after a courageous



2021, **GENEVA PATTERSON** Valley View

on

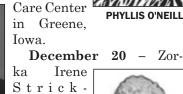
а

at

City

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cember



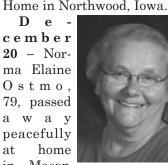
Thurs-

De

at

er, 89, of Northwood passed away on Monday

December **ZORKA STRICKER** 20, 2021, at the Lutheran Retirement



in Mason NORMA OSTMO on December 20.

Northwood Anchor

Obituaries

The Northwood Anchor apologizes for omitting any person whom would have passed away in 2021.

NIACC Pappajohn Center now accepting applications for Spring 2022 Venture School

The NIACC John Pappajohn Entrepreneurial Center is now accepting applications for the Spring 2022 cohort of the University of Iowa's Venture School program. The Spring 2022 program will be held as a hybrid in-person/ online on Thursday evenings. and will kick-off on February 3. U of I Venture School is a premier statewide program for entrepreneurs and is built from a streamlined curriculum developed by the National Science Foundation I-Corps at Stanford University and the University of California, Berkeley. Venture School emphasizes real-world entrepreneurship and innovation based on a leading-edge curriculum. You will encounter the chaos and uncertainty of creating new ventures while also being challenged to create your new business model, make pivots or preserve your original plans based on your discovery. Spring 2022 Venture

School classes will be held as a hybrid class with a combination of in-person and online weekly classes via Zoom from February 3 to March 10. An in-person orientation will be held Thursday, January 27th at the NIACC campus. Venture School will meet on the NIACC campus on March 24 for the Venture School Launch Day Competition. All other weekly classes will be held online via Zoom.

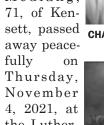
Each Venture School team will be assigned a local entrepreneur as their coach. Participating teams will be eligible to compete for cash awards both locally and at the state level during the Venture School Launch Day at EntreFEST 2022. Last vear's

Mason City graduates were awarded \$13,000 in prize money during the 2021 EntreFEST pitch competition. The cost for the program is \$299.

Contact Mary Spitz at mary.spitz@niacc.edu with questions or if you are a local entrepreneur interested in becoming a Venture School coach. To apply for the Fall 2021 cohort, visit http://www. venture-school.com and select the Mason City cohort in the drop-down menu. The deadline to apply is January 14, 2022.

The NIACC John Pappajohn Entrepreneurial Center is the expert in rural business innovation and success. In partnership with North Iowa's Small Business Development Center, together we provide tools, support, and resources to Iowa's entrepreneurs. We counsel both new and existing local businesses, from Main Street to industry leaders. Contact the NIACC Pappajohn and SBDC Center at 641-422-4342 or pappajohn@niacc.edu.



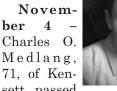


BETTY PETERSON

REV. PHILIP PETERS 3, 2021, at Prairie Senior

CHARLES MEDLANG









Savvy Senior

Deciphering Senior Housing Options Dear Savvy Senior,

Can you decipher the different types of housing options available to seniors, and recommend some good resources for locating them? I need to find a place for my elderly mother and could use some help. **Overwhelmed** Daughter

Dear Overwhelmed,

There's a wide array of housing options available to seniors, but what's appropriate for your mom will depend on her needs and financial situation. Here's a rundown of the different levels of senior housing and some resources to help you choose one.

Independent living: If your mom is in relatively good health and self-sufficient, "independent living communities" are a top option that can offer a sense of community. Typically available to people over age 55, this type of senior housing is usually apartments or town homes that are fully functional. In addition, many communities also offer amenities such as meals served in a common dining area, housekeeping, transportation and a variety of social activities.

To locate this type of housing, contact your Area Agency on Aging (call 800-677-1116 to get your local number), or use an online search tool like Caring.com. Most of these communities are private pay only and can vary greatly in cost ranging anywhere from \$1,500 to \$6,000 per month.

Assisted living: If your mom needs some help with daily living chores, she'll probably need an "assisted living facility." These facilities provide help with the activities of daily living - like bathing, dressing, eating, going to the bathroom - as needed, as well as meals, housekeeping, transportation, social activities and medication management. Many facilities also offer special "memory care units" for residents with dementia.

Costs for assisted living usually run between \$3,000 and \$6,000 per month depending on location and services needed. Most residents pay for assisted living from personal funds, while some have longterm care insurance policies. And many state Medicaid programs today also cover some assisted living costs for financially eligible residents.

Another similar, but less expensive option to look into is "board and care homes." These offer many of the same services as assisted living facilities but in a much smaller home setting.

Your Area Aging Agency is again a good resource for finding assisted living facilities and board care homes, as is Caring.com.

Nursing homes: If your mom needs ongoing medical and personal care or has very limited mobility, a nursing home, which provides 24-hour skilled nursing care is the next option. To find a good one, use Medicare's nursing home compare tool at Medicare. gov/care-compare. This tool will not only help you locate nursing homes in your area, it also provides a 5-star rating system on recent health inspections, staffing, quality of care, and overall rating.

But be aware that nursing home care is very expensive, costing anywhere between \$4,500 and \$13,000 per month for a semi-private room depending on where you live. Most residents pay from either personal funds, a long-term care insurance policy or through Medicaid after their savings are depleted. Continuing-care retirement communities (CCRC's): If your mom has the financial resources, a "CCRC" is another option that provides all levels of housing (independent living, assisted living and skilled nursing home care) in one convenient location. But these communities typically require a hefty entrance fee that can range from \$20,000 to \$500,000 or more, plus ongoing monthly service fees that vary from around \$2,000 to over \$4,000. To search for CCRC's visit Caring.com.



Echoes from the Loafers' **Club Meeting**

When I have toast, I butter both sides.

Why do you do that?

My lower lip likes butter just as much as my upper lip does.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. It was a bone-chilling day when the key to happiness was warm socks. It was a red-letter day. I needed to run both my car and me into the shop (oil changes in different shops) so we'd be ready to dance with the season. It snowed. The roads weren't intimidating, but with each flake of snow that fell, a driver forgot how to drive. A car has idiot lights. Humans are idiots (I stand at the forefront) with or without lights.

I was on stage at a storytelling festival far from home when an audience member asked how I'd become a storyteller. I told her the story of a neighbor's barn fire that occurred during my boyhood. The frightened cattle scattered. One male calf was found 30 miles away. I learned a little bull goes a long way.

A look back

As 2021 came to a screeching halt, I reflected upon the large number of friends and family who had shuffled off this mortal coil in those 12 months. John Vance Cheney wrote, "The soul would have no rainbow had the eyes no tears."

I've learned

There is a Mayflower curse and I have proof. Every single person who came over on the Mayflower has died.

Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Some things are my fault. I pendulous nest is tightly woven might have that made into a T-shirt.

A refrigerator shrinks more clothing than any washer or drver.

The weather is mostly out of the ordinary.

I miss being naive.

If you have a pet, you know why it's called fur-niture.

Bad joke department

If you could either eat bacon three times a day or be in perfect health, would you choose thickcut, maple, smoked, dry-rubbed, center-cut or uncured?

What's brown, hairy and wears sunglasses? A coconut on vacation.

What falls in the winter but never gets hurt? Snow.

My grandfather started walking 5 miles a day when he was 60 years old. He's 97 now and we have no idea where he is.

A report of events

I visit regularly with Brenda and Merlyn Johnson of Mankato. I had both of them as teachers, but it was Brenda who attempted to teach me to type in high school. The typing class had both manual and electric typewriters. I needed to do an elbow slam like a villainous pro wrestler to get the manual to leave the slightest imprint of a letter on paper, while merely breathing on the electric typewriter filled an entire page with gobbledygook. I appreciate those two fine teachers.

Nature notes

I spotted a Baltimore oriole nest hanging on. The female chooses the site. She weaves the nest, a hanging pouch firmly attached to a fork of a slender branch in the upper branches of a deciduous tree (especially cottonwoods, maples and elms). The

of plant fibers, strips of bark, grapevines, grass, yarn, string, plant down and hair.

I drove by muskrat mounds (lodges and push-ups). An old trapper told me to count lodges and multiply by five to get the muskrat population of a wetland.

While walking on a Christmas Bird Count, I saw black knot, a widespread fungal disease that attacks trees of the genus prunus, like plum and cherry trees. The hard, uneven, black galls appear to enwrap twigs and branches. Some trees tolerate black knot while others are stunted or killed.

Voles prefer a snow-covered winter. They prosper in the subnivean zone, the area between the surface of the ground and the bottom of the snowpack. Mice and shrews also retreat there for protection from cold temperatures, bitter winds and hungry predators. Food is available in that location. It takes about 6 inches of snow to provide the critters with a sturdy roof and roomy living quarters. A bit more snow and the subnivean zone remains near 32° regardless of the temperature above the snow.

Meeting adjourned

"Go placidly amid the noise and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story. Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter."-Desiderata by Max Ehrmann.

©Al Batt 2021

Need Help?

If you're not sure what your mom needs, consider hiring an aging life care expert (AgingLifeCare.org) who can assess your mom and find her appropriate housing for a fee – usually between \$300 and \$800. Or you can use a senior care advising service like A Place for Mom (APlaceForMom.com) for free. They get paid from the senior living facilities in their network.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior. org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Fit **t**0 print...

By Ron McMullen, a graduate of Northwood-Kensett High School and a former U.S. ambassador currently teaching Political Science at the University of Iowa

On January 7, people in the Ethiopian city of Axum will gather to celebrate Christmas, as will some 280 million other Orthodox Christians around the world. But wait, isn't Christmas December 25? Most Iowans would answer "yes," because the Thirteen Colonies skipped ahead 12 days in 1752 (when George Washington was just 20) as we ditched the older Julian calendar in favor of the more accurate Gregorian one. Orthodox churches, however, still use the old style calendar. Thus, if you have a friend who is an Orthodox Christian, surprise them with a cheery "Merry Christmas" on January 7.

When I was ambassador to Eritrea (next door to Ethiopia), our family celebrated both days, enjoying a double helping of Christmas cheer those years.

However, few Christians celebrating Christmas this year in Axum, Ethiopia, will find anything remotely merry about the holiday season. Axum, about the size of Ames, hosts the Ark of the Covenant and the stone tablets on which Moses inscribed the Ten Commandments, according to the Ethiopian Orthodox Tewahedo Church. Its 45 million members believe the Ark rests in a church in Axum, having been smuggled

Christmas, War and Peace

to Ethiopia ages ago by King Solomon and the Queen of Sheba's son. It has supposedly been safeguarded by Christians in Axum ever since (despite what you saw at the end of "Indiana Jones and the Raiders of the Lost Ark.")

Axumites, along with seven million other Ethiopians living in the northern state of Tigray, have been engulfed in a civil war since November 2020. Tigray is currently besieged by Ethiopian federal forces aided by troops from Eritrea – the UN reports 400,000 people have "crossed the threshold into famine" and 1.7 million have been displaced from their homes. Amnesty International claims Eritrea troops, who occupied Axum earlier in the war, "systematically killed hundreds of civilians in cold blood." The U.S. State Department has voiced grave concern about atrocities and "egregious human rights abuses" committed by both sides in this ongoing war in the Horn of Africa.

Why should we care? With Omicron surging, inflation spiking, supply chains clogged, politics polarized and socio-economic gaps persisting, don't we have enough to worry about? Isn't the Tigray War just another African conflict generating vague humanitarian concerns?

The lesson we should learn from the Tigray War is that ethnic federalism doesn't work. Ethiopia, like the U.S., is a federal system. Our states are based on geography, but Ethiopia's are

based largely on ethnic identity, with each major ethnic group having its own regional state. Under Ethiopia's constitution, states even have the right to secede. Politicians from Tigray dominated Ethiopia for 30 years until the election of Abiy Ahmed in 2018. Prime Minister Abiy is neither Orthodox nor Tigrayan (he's a Pentecostal Oromo) and, somewhat ironically from today's perspective, won the 2019 Nobel Peace Prize.

The Soviet Union and Yugoslavia were also federal systems based on ethnic group identity, at least according to their constitutions. When Soviet Union collapsed, it did so along ethno-national lines. Yugoslavia also collapsed along ethnic lines, leading to genocide, war, secession and ongoing animosity. Abiy may yet win the Tigray War, albeit at great cost. Ethiopia's recent agony, however, shows ethnic federalism's record is 0-3.

Expanding and protecting individual rights, as opposed to group rights nominally based on ethnicity, would have led to strikingly different outcomes in the evolution of the Soviet Union, Yugoslavia and Ethiopia. Is there anything in these three examples that Americans should ponder as we contemplate the state of our country in 2022? On January 7 (and beyond), let us wish peace on earth to all.

Northwood Anchor Obituaries

Northwood **Early Files** Anchor

100 years ago

January 4, 1922

Mr. and Mrs. Henry Gabriel were hosts to a party of eight college students in honor of their son. Irving, who is at home for the holiday vacation from Ames College. The guests were members of the 1920 basketball team and their coach Mr. Walston. Six o'clock dinner was served with a social evening of conversation and music being enjoyed by the boys.

Rev. M.D. Kneeland, Episcopal rector at Santa Paula, California, and son of Mrs. H.T. Toye of North-

> 75 years ago

January 2, 1947

Claire Shaw of Northwood, deputy sheriff of Worth County for the past year, is now the owner of a new Pontiac automobile, which he has received under the government plan of awarding cars to service men who are amputees as a result of their war wounds.

Impelled by reverential devotion to the memory of his parents, the late Dr. And Mrs. Charles A. Hurd, Northwood residents for many years, Ferris E. Hurd, prominent young Chicago attorney, last week gratuitously deeded for

by the French government the wind got under and "elin recognition of services rendered during the World on the wind attained a War. Both Rev. Kneeland and his brother Frank were active abroad and have received decorations and other recognition from the French government.

The lifeless body of J.R. Benish, storekeeping and postmaster of Bolan, was found on the Chicago Great Western Railroad track several hundred feet south of the station. One arm had been cut off and there were other terrible wounds and bruises about his person.

While coming to Northwood during the high wind David Davidson of Deer Creek Township lost the

additional municipal public recreational purposes nine acres of land adjoining Crescent park on the south.

The war is over - so far as the technical hostilities maintained by the U.S. government are concerned. President Truman on Tuesday evening announced that the government, at midnight of the following day, December 21, would yield many of its war powers, but made it clear that he was not declaring the national emergency at an end.

Mr. and Mrs. Clarence E. Linter and family, who left their farm home near Northwood three years ago for a temporary stay in southern California, seem to be becoming permanent residents of the latter state. Mr. Linter

wood, has been honored tip of his auto cover when evated it." From 8 o'clock terrible velocity and blew down some dead trees and limbs. Gilbert Gunderson and his family, returning home from their farm in Brookfield Township, had quite a scare when the wind caught their car south of town and turned it around in the road.

> Urdahl and Vold and Evans Johnson and Co., clothing store both attracted large crowds to their places at which time their annual clearance sales began. The stores were crowded the greater part of the day and many goods changed hands.

> has been engaged for some time in building and selling dwelling houses at Monterey Park, where they make their home, a profitable enterprise for contractors during and since the war. Friends and relatives in Northwood have learned that Mrs. Linter, the former Ruth Hall, is carrying a full time job of editorial work on the San Gabriel Valley Press-Times, a large newspaper.

At a pretty candlelight ceremony solemnized Sunday at 4 p.m. at the Northwood Methodist Church, Miss Ardis LaFern Neale, daughter of Mr. and Mrs. Herbert Neale of Northwood, became the bride of Dale V. Schultz, son of Mr. and Mrs. Gus Schultz of Kensett.

Norma Ostmo

Norma Elaine Ostmo, 79, passed away peacefully at home in Mason City on December 20. A visitation for Norma will be held at Major Erickson, 111 North Pennsylvania Ave, Mason City, Iowa, from 4 to 6 p.m. on December 23. Per her wishes, a private family funeral service was held.

Norma was born on February 27, 1942, to Roy and Helen (Smith) Butcher. She grew up on their family farm near Rockwell, Iowa, and graduated from Rockwell High School in 1960. After graduation, Norma attended Hamilton Business College in Mason City. Norma met the love of

her life and forever partner, James Ostmo, at the Clear Lake Roller Rink. They were married at First United Methodist Church in Mason City on August 3, 1963. At that time, Jim and Norma moved to the Ostmo family farm in rural Joice, where they started their family. They were blessed with three daughters, Sheryl, Kathy and Nancy.

Although Jim and Norma continued to farm and raise livestock, they moved to Lake Mills when the girls began school. Norma worked at the Lake Mills Community School lunchroom for many years while



also working alongside Jim

on the farm. They were very active members of Salem Lutheran Church in Lake Mills.

Jim and Norma continued to farm together until their retirement in 2003 when they moved to Mason City. Shortly after arriving, Jim began working part-time at the YMCA. As true partners in life, Norma could be found at the Y whenever Jim was working. She found a community of friends there that brought her much joy. They continued to visit the Y regularly until Norma's health deteriorated. As members of the Mason City community they were active members of Trinity Lutheran Church.

to Norma. She especially loved being a grandmother. She was an integral part of their lives until the day of her passing.

Those left to cherish her memory are her husband of 58 years, Jim; her daughters, Sheryl (Kerry) Kennedy of Clinton, Iowa, Kathy (Tullio) Hofstad of Tampa, Florida, and Nancy (Tom) Ball of Mason City: her grandsons, Christopher (Hannah) Kennedy of Sasebo, Japan, Douglas (Jessica) Kennedy of Waterloo, Matthew Ball of Springfield, Missouri, and Joshua Ball, of Cedar Falls.

She is also survived by her sister, Jane Lauen; sister-in-law, Ann Butcher; sisters and brothers-in-law Gisle and JoAnne Bartleson and Gene and Charlene Ostmo; as well as many nieces and nephews.

She was preceded in death by her parents; her brother, Glenn Butcher; infant brother, Kenneth Butcher; and her fatherand mother-in-law. Oscar and Irene Ostmo.

Arrangements were handled by Major Erickson Funeral Home, 111 North Pennsylvania Ave., Mason City, Iowa, 641-423-0924, www.majorericksonfuner alhome.com.

Family was everything

50 years ago

January 6, 1972

The Northwood-Kensett Vikings girls basketball team lost their second game of the season to the Britt girls, 45-42, in a game played here. The game was close throughout as the score was tied at halftime, 23-23, and at the end of the third quarter, 33-33.

The Northwood-Kensett wrestling squad gave Nora Springs fans fits on Tuesday night with six N-K grapplers taking decisions over their Floyd County opponents, but the Eagles won three of the last four matches to take

a 30-18 win at N-K's West Elementary Gymnasium. Mr. and Mrs. Hugh "Ron" Magner announce the engagement of their daughter Kathy Magner to Harlan Lee Helgeson, son of Mrs. Evelyn Helgeson and the late Hendlyn Helgeson. Miss

Magner attends North Iowa Area Community College and works at International Harvester in Mason City. Mr. Helgeson is a graduate of the college and is employed at Boyd Implement. Northwood.

Airman Terry D. Benckson, son of Mr. and to Goodfellow AFB, Texas, for training as a communications analysis specialist. Airman Bendickson is a 1971 graduate of Northwood-Kensett High School.

Mr. and Mrs. William Elliott returned home Monday from a 10-day holiday trip spent at the home of their son-in-law and daughter. Mr. and Mrs. Water Warland in Cincinnati, Ohio. Their son, Dr. Roger Elliott and his wife and three children of College Station, Texas, were also guests in the home. First Sgt. Ardean Elliott has been recently

lowa's deer harvest on similar track as 2020

harvesting around 75,000 ples with the regular DNR report, even if the deer is deer heading in to the final shipments to the lab, if donated through the Iowa weekend of Iowa's shotgun they'd like, or they can send Deer Exchange of through deer season, which is simi- it in themselves.' lar to the 2020 deer harvest at the same point.

another 9,000-10,000 deer hunter submission pathway during the late muzzleload- button at https://www.iow- harvest include texting. er season, so with one more adnr.gov/Hunting/Deer- Simply text the registration weekend for the second shotgun season, we should end up with a deer harvest around 100,000 again this year," said Tyler Harms, wildlife biologist with the Iowa Department of Natural Resources (DNR). "That's right where we've been over the last six years or so and where we want to be as far as our population goals are concerned." Hunters have volunteered around 4,300 deer tissue samples to be tested for chronic wasting disease, resulting in one deer confirmed positive for the disease, and six deer suspected positive that are awaiting additional testing. These deer are all from areas where chronic wasting disease has already been confirmed in the wild. The Iowa DNR is still looking for tissue samples from certain areas and is encouraging hunters willing to provide a sample to contact their local wildlife biologist and let them know where the deer was harvested. If the sample quota has been filled and the hunter would like to get the deer tested, they can do it by working with their wildlife biologist and submitting the sample through the new Hunter Submission pathway in partnership with the Iowa State University Veterinary Diagnostic Laboratory.

Iowa's hunters reported "We will include their sam- responsible for making the

The details and forms to submit a sample are avail- is harvested, no report is "We typically harvest able through the green necessary.

the Help Us Stop Hunger (HUSH) program. If no deer

Options to report your number on your deer tag to Antlerless tags are cur- 1-800-771-4692 and follow the prompts. Hunters are still able to report their harvest online, by phone, or using the Go Outdoors Iowa app. Reporting using the app is straight forward, fast and easy. Hunters have their confirmation right on their phone and also receive it as an email. Deer harvest numbers are an important component of Iowa's deer management plan. Hunters are encouraged to continue to keep safety as a focal point of the deer hunt through their hunting plan, and to practice the basics of gun safety whenever they are handling a gun – treat every gun as if it were loaded, keep the muzzle pointed in a safe direction and keep the safety on until ready to shoot. Late muzzleloader season and the late split of archery season continue through January 10.

25 years ago

January 1, 1997

Young Derek Michael Madden and his favorite teddy bear were ready and raring to go when it came time to ring in the New Year at midnight last night. Derek, the son of Blair and Darcy Madden - and Northwood's first baby of 1995 - will celebrate his first birthday on January 12.

Matt Brunsvold took a roller-coaster ride down the snow-covered steps leading from Central Avenue to Swensrud Park while his buddy Ian Podgorniak watched and waited his turn. The 12-year-

10 years ago

January 4, 2012

Before they left on their Christmas break, the students in Mrs. Kroneman's first grade class at Northwood-Kensett Elementary celebrated their teacher's 40th birthday with a pizza party at Soup's Pizzeria and Grill in Northwood.

Members of the North-2011-2012 wood-Kensett cheerleading squad are Taylor Christiansen, Madison Lloyd, Erika Willand, Hailey Buechele, Megan Storvick, Hannah Hunchis and Mary Bjorklund. They are coached by Cindy PangMrs. Harlan S. Bendickson of Kensett, has completed his U.S. Air Force basic training at the Air Training Command's Lackland AFB, Tex. He has been assigned

olds are sons, respectively, of Dave and Sara Brunsvold and John and Jane Podgorniak, all of Northwood.

Northwood taxi driver John Anderson, NIACOG transit director Kevin Kramer and NIACOG executive director Joe Myrhe looked over the city's new Ford Windstar taxi van at the public works garage. NIACOG funded 83% of the purchase price of the van, which features a low floor and a motorized ramp for handicap accessibility, and the city paid 17% of the cost. The van can seat six passengers plus the driver, or two wheelchair passengers and the driver, or one wheelchair plus the driver and two other passengers.

Winners and runners-up in the N-K Booster Club's annual Pass, Punt, and Kick

burn. Northwood-Kensett High School basketball girls took their annual trip to the Lutheran Retirement Home to sing Christmas songs to the residents. All who were enjoyed and sang there along.

The ice covering the Shell Rock River has met a few challenges in recent weeks. The most prominent of those has been the above average temperatures. Besides being bad for the ice itself, the warmth has also meant the snow and ice that had fallen earlier in the fall was largely reduced to liquid form, feeding the flowing river underneath the ice as well.

The First Lutheran Church hosted a junior high/senior high lock-in on

transferred to Army duty in Germany and he and his wife and daughter spent Christmas with her parents in Butzbach, Germany.

contest this autumn included winners Preston Davidson, Hendrikson, Kelvin Lee Nelson, Doug Millard, Jared Avelar and Toby Mills. Runners-up were Matt Ouverson, Trevor Madsen, Jeremy Butler, Joey Fierova, Matt Johnson and Jason Thorson.

The Lutheran Retirement Home recently honored a number of staff members for their continuous years of service. Those receiving pins for 20, 15, 10 and 5 years of service included Joann Acheson, Hope Hartwig, Lois Mortenson, Winona Hennigar and John Meyer, Sonja Schmidt, Pat Nelson, Marie Peterson and Diane Myli. Meyer presented the pins during the staffs annual Christmas party in the retirement home chapel.

Wednesday, Dec. 28. There were approximately 98 kids attendance, the most in ever. The fun started on Wednesday evening around 6:30 p.m. and ended at 8:30 Thursday morning. a.m. Some activities included games and a walk to the N-K elementary. Snacks were also provided throughout the evening.

Former Northwood resident Jake Moritz recently graduated from ISU with a Bachelor of Science degree in Ag Systems Technology. He began employment with Hagie Manufacturing in Clarion on December 19.working in research and development. Jake is the son of Sharon Moritz, Northwood, and John Moritz, Pulaski, lowa.

"We can help guide you through the process, and pull and submit the sample. We just need the hunter to complete the hunter submission form, which is available on our deer hunt- hunter whose name is on ing webpage," Harms said. the transportation tag is

Hunting

rently available in 25 counties, with a handful of counties likely to sell out soon. The listing of antlerless licenses available and in which county is online at https://www.iowadnr.gov/ Hunting/Deer-Hunting then click on the blue Current Hunting Quota Counts on the right side of the page.

"We hope our hunters will take advantage of these opportunities to harvest additional antlerless deer, especially in our priority areas where we have chronic wasting disease," Harms said. "Harvesting does in these areas helps to slow the spread of the disease by keeping the deer herd at the lower end of our population goal."

The antlerless tags also allow hunters to provide high quality lean protein to fellow Iowans through the Iowa Deer Exchange.

To sign up for the Iowa Deer Exchange to either donate deer or to receive deer, go to www.iowadnr. gov/deer then scroll down to Iowa's Deer Exchange Program link and fill out the required fields. The database creates a map and table with information deer donors and deer recipients can use to get connected. There is no cost to participate. It is illegal to sell wild fish and game in Iowa.

Hunters are reminded to report their harvest by midnight on the day after it is tagged or before taking it to a locker or taxidermist. The

Wish to celebrate the life of a passed loved one?

Let the Northwood Anchor help memorialise your loved ones anchor@northwoodanchor.net or 641-324-1051



Hand crafted avacados

Students in eighth grade family and consumer sciences classes recently put their sewing skills to test in the classroom. That included this pair, who each crafted a separate half of a plush avocado as a part of their hand sewing project.

NOW, THEREFORE BE IT ORDAINED BY THE CITY

COUNCIL OF THE CITY OF

Code of Ordinances of the City

of Kensett, Iowa, which cur-

Section 1. That 6-6-9 of the

KENSETT, IOWA:

Notice .

ORDINANCE NO. 2021-2 AN ORDINANCE AMEND-ING THE CODE OF ORDI-NANCE OF THE CITY OF KENSETT, IOWA, SECTION 6-6-9 WATER RATES, TO IM-PLEMENT ANNUAL RATE INCREASE.

Notice

IN THE IOWA DISTRICT **COURT FOR WORTH** COUNTY

PROBATE NO. ESPR009298 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF OWEN JOHN SOLOMONSON, Deceased.

To All Persons Interested in the Estate of Owen John Solomonson, Deceased, who died on or about the November 8, 2021:

You are hereby notified that on December 17, 2021, the Last Will and Testament of Owen John Solomonson, deceased, bearing date of May 6. 2011, was admitted to probate in the above named court and that Carmen Diane Crockett was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be

rently reads:

forever barred. Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated December 17, 2021.

6-6-9 WATER RATES. Water shall be furnished at the following monthly rates per building within the city limits: 1. The first 3,000 gallons or less \$51.45, 2. All gallons over 3,000 \$1.60 per 1,000 gallons be amended to read as follows: 6-6-9 WATER RATES. Wa-

ter shall be furnished at the following monthly rates per building within the city limits: 1. The first 3,000 gallons or less \$15.80, 2. All gallons over

3,000 \$1.70 per 1,000 gallons. Section 2. This Ordinance shall take effect upon publication.

PASSED, APPROVED, and ADOPTED by the City Council of Kensett, Iowa on the 13th day of December, 2021.

Corey Pulju, Mayor Attest: Lori J. McNally, CMC, City Clerk

Notice _

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY IN THE MATTER OF THE

Bolan

Even though we were all of a sudden having an "Iowa Winter," the Iowa Anniversary 175th celebration continued on. There was a pretty good crowd considering the weather. The food was enjoyed, the program was great and there are so many very nice silent auction items. There will be another chance to see the program and enjoy good soups, sandwiches and a chance to bid on items on Wednesday, January 26, 2022, starting at 4:30 p.m. There will be more reminders as time goes on regarding this event.

Notice _____

ORDINANCE NO. 2021-3 AN ORDINANCE NO. 2021-3 AN ORDINANCE AMENDING THE CODE OF ORDINANCE OF THE CITY OF KENSETT, IOWA, SEC-TION 6-6-11 SEWER RATES, TO IMPLEMENT ANNUAL RATE INCREASE

NOW, THEREFORE BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF KENSETT, IOWA:

Section 1. That 6-6-11 of the Code of Ordinances of the City of Kensett, Iowa, which

currently reads: 6-6-11 RATE OF SEWER RENT AND MANNER OF PAYMENT. The rate of sewer rent for the use of and for the service supplied by the municipal sanitary sewer utility based upon the amount and rate of water consumed shall be as follows: 1. The first 3,000 gallons or less \$20.45,

2. All gallons over 3,000 \$6.00 per 1,000 gallons be amended to read as follows:

6-6-11 RATE OF SEWER RENT AND MANNER OF PAYMENT. The rate of sewer rent for the use of and for the service supplied by the municipal sanitary sewer utility based upon the amount and rate of water consumed shall be as follows: 1. The first 3,000 gallons or less \$20.80,

2. All gallons over 3,000 \$6.00 per 1,000 gallons.

Section 2. This Ordinance shall take effect upon publication.

APPROVED PASSED, and ADOPTED by the City Council of Kensett, Iowa on the 13th day of December, 2021.

Corey Pulju, Mayor

City Clerk

Attest: Lori J. McNally, CMC,

Notice _ IN THE IOWA DISTRICT

COURT FOR WORTH COUNTY PROBATE NO. ESPR009296 NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

On Thursday afternoon, December 30, Mary Wendt hosted the Bolan Trinity UMW Christmas gathering at her home. There was a "wrap up the year" meeting, a gift exchange and a very fine lunch served. The next item of business is getting together in January 2022, to plan the UMW program for the year.

Following Trinity UM Church services on Sunday, there was a "surprise" breakfast brunch in the

Notice ____

ORDINANCE NO. 2021-4 ORDINANCE AN AMENDING THE CODE OF ORDINANCE OF THE CITY OF KENSETT, IOWA, SEC-TION 6-6-10 GARBAGE RA TES INCREASE.

NOW, THEREFORE BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF KENSETT, row A:

Section 1. That 6-6-10 of the Code of Ordinances of the City of Kensett, Iowa, which currently reads:

6-6-10 REFUSE COLLEC-TION RATES. The collection and disposal of solid waste as provided by this article is declared to be a benefit to the property served and there shall be levied and collected fees therefore in accordance with the following: 1. Fourteen dollars (\$14.00), per month for one 35 gallon cart, and includes (\$1.40) for recycling. 2. Seventeen dollars and fifty cents (\$17.50), per month for one 64 gallon cart, and in-cludes (\$1.40) for recycling be amended to read as follows:

6-6-10 REFUSE COLLEC-TION RATES. The collection and disposal of solid waste as provided by this article is declared to be a benefit to the property served and there shall be levied and collected fees therefore in accordance with the following: 1. Fifteen dollars (\$15.00), per month for one 35 gallon cart, and includes (\$1.40) for recycling. 2. Eighteen dollars and fifty cents (\$18.50), per month for one 64 gallon cart, and in-

cludes (\$1.40) for recycling Section 2. This Ordinance shall take effect upon publication.

PASSED, APPROVED, and ADOPTED by the City Council of Kensett, Iowa on the 13th day of December, 2021.

Corey Pulju, Mayor Attest: Lori J. McNally, CMC, City Clerk

authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred. Dated December 20, 2021.

church basement to honor Roger and June Erdmann on their 60th wedding anniversary, which was on Monday, December 27. Some special friends and relatives were able to join them.

Notice _

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY IN THE MATTER OF THE ESTATE OF DONALD L. LAU,

DECEASED Probate No. ESPR009299 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND

NOTICE TO CREDITORS

To All Persons Interest-ed in the Estate of Donald L. Lau, Deceased, who died on or about the 31st day of July, 2021:

You are hereby notified that on the 20th day of December, 2021, the Last Will and Testament of Donald L. Lau, deceased, bearing date of the 21st day of November, 2018, was admitted to probate in the above named court and that Cora C. Lau was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred. Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 29th day of December, 2021

> Cora C. Lau 84420 120th Street Glenville, Minnesota 56036 Executor of the Estate

Andrew C. Johnston ICIS Pin No. AT0012303 Laird Law Firm, P.L.C. 11 Fourth Street NE P.O. Box 1567 Mason City, IA 50402-1567 Attorney for Executor

Date of second publication the 12th day of January, 2022. 1-2t

Supervisors _

December 27, 2021 Fifty-second Day The Worth County Board of Supervisors met pursuant to ad-journment with A.J. Stone and Mark Smohy, program and Frace Mark Smeby, present and Enos

Loberg, present and Enos Loberg, present via Zoom. Stone led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Absten-tions: none. Absent: none. Motion by Smeby, second by

Loberg, carried to approve the December 27, 2021 board agenda. Motion by Smeby, second by

Loberg, carried to approve the December 20, 2021 board minutes.

Motion by Smeby, second by Loberg, carried to approve claims in the amount of \$95,798.14, as per the following schedule: Alliant Energy Austin Office Products ...13,452.9444.75 Supplies-Shf Centurylink, Service-911...135.89 Eilertson Repair Service-Con......1,723.07 Farmchem Corp Parts-Eng......3,964.96 Itsavvv Llc Supplies-Dap Kibble Equipment Llc Capital Outlay-Sdp......2,199.00 Service-Trs.....296.84 Marco Technologies Llc Service-Dap247.81

Carmen Diane Crockett 2309 Lyndale Avenue South #403 Minneapolis, MN 55405 Executor of the Estate

Douglas A. Krull ICIĂ#: 000008531 Krull Law Office 714 Central Avenue P.O. Box 200 Northwood, IA 50459 Attorney for Executor Date of second publication

5th day of January, 2021. 52-2t

Nassco Inc.
Supplies-Gsr
Nuss Truck & Equipment Inc
Parts-Eng 4 428 21
Parts-Eng4,428.21 Omnisite, Service-Wat144.00
Peopleservice Inc
Service-Wat & Wwt17,101.53
Reinhart Food Service Llc
Supplies-Shf
Richard Brumm
Roimh Eng 307.01
Reimb-Eng
Service-Eng
Trading Post
Supplies-Eng
Tyler Business Forms
Supplies-Aud
Verizon Wireless
Service-It/Gis
Visa, Service-Shf2,089.67
Windstream, Service-Eng14.66
Winn-Worth Betco
Fy22 3rd Qtr-Org 12,059.50
Worth County Extension
Edu Eng
Edu-Eng
Service-Dap
Service-Dap
Ziegler Inc, Parts-Eng11,819.03 Grand Total
Grand Iotal
Motion by Loberg, second by
Smeby, carried to approve the
sheriff's monthly report.
Chairperson, Aaron Stone re-
cessed the regular session at 9:00
A.M.
Motion by Smeby, second by
Loberg, carried to open the public
hearing of the first reading of Or-
dinance #08-01-11A – Ordinance
to Establish Election Precincts
at 9:00 A.M. There was no public
comment.
Motion by Smeby, second by
Loberg, carried to close the public
hearing at 9:04 A.M.
Chairperson, Aaron Stone re-
convened the regular session at
9:04 A.M.

The second reading of Ordiance #08-01-11A is set for Monday, Jan-uary 3rd at 9:00 A.M. Motion by Smeby, second by

Loberg, carried to adjourn at 9:04 A.M. The next meeting of the Board of Supervisors will be Monday, January 3, 2021 at 8:30 A.M. Jacki A. Backhaus, Auditor Aaron Stone, Chairperson

ESTATE OF DONALD L. LAU, DECEASED

Probate No. ESPR009299 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS To All Persons Interest-

ed in the Estate of Donald L. Lau, Deceased, who died on or about the 31st day of July, 2021:

You are hereby notified that on the 20th day of December, 2021, the Last Will and Testament of Donald L. Lau, deceased, bearing date of the 21st day of November, 2018, was admitted to probate in the above named court and that Cora C. Lau was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred. Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 29th day of December, 2021

Cora C. Lau 84420 120th Street Glenville, Minnesota 56036 Executor of the Estate

Andrew C. Johnston ICIS Pin No. AT0012303 Laird Law Firm, P.L.C. 11 Fourth Street NE P.O. Box 1567 Mason City, IA 50402-1567 Attorney for Executor

Date of second publication the 12th day of January, 2022. 1-2t

IN THE MATTER OF THE ESTATE OF CHARLENE A. HECK, Deceased.

To All Persons Interested in the Estate of Charlene A. Heck, Deceased, who died on or about the December 8, 2021:

You are hereby notified that on December 15, 2021, the undersigned was appointed administrator of the estate.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly

City of Northwood Salaries _____

City of Northwood 2021 Salaries NANCY AMUNDSON \$5,205.50 BRIAR ANDERSON . \$552.64 ADDYSON BACHTLE.....\$1,061.00 THOMAS BLOCK.....\$716.50 CYNTHIA BORCHERDING\$39,261.75 ANDREW BREITSPRÉCHER\$1,183.25 SHANA BRUNSVOLD \$1,500.00 GRADY BUENZOW.....\$66.67 HADLEY BUENZOW \$277.83 LOGAN BUTLER . \$50,074.40 RICHARD BUTLER \$55,760.51 KENNEDY CHRISTIANSON \$768.50 RUTH CONLIN \$1,261.25 CHLOE COSTELLO.. \$678.00 ISABELLA EFFLANDT\$457.00 TROY EINERTSON \$3,787.00 WADE FLATTUM \$51,936.13 ELLA FRITZ\$1,035.02 JACOB GENTZ\$1,500.00 TERESA GEORGE-ZENZ\$1,690.00 GEORGE GOEDERS..... \$56,984.67 LINDA GRIFFITH..\$6,058.15 SHELBY HAGEN ... \$1,500.00 MARISA HALBACH\$1,262.75 JAMES HANSON ... \$9,916.34 JASON HANSON ... \$2,638.00 MADALYNN HANSON.....\$1,144.50 NICHOLAS HANSON\$2,125.75

CARLY HENGESTEG......\$1,430.75 EMMA HENGESTEG \$766.00 ARLINGTON HILLMAN\$665.63 ELIZABETH JENKINS.....

Johnathan J. Heck 100 15th Street North Northwood, IA 50459 Administrator of the Estate of Charlene A. Heck

Douglas A. Krull ICIA#: 000008531 Krull Law Office 714 Central Avenue P.O. Box 200 Northwood, IA 50459 Attorney for Administrator Date of second publication

5th day of January, 2021. 52-2t

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Iowa DOE releases new school performance results

The Iowa Department of Education recently released new results and features in an online school accountability reporting system called the Iowa School Performance Profiles.

The Iowa School Performance Profiles website shows:

Updated scores and ratings for all public schools based on how they performed on a set of accountability measures in the 2020-21 school year.

Postsecondary readiness indicators for public high schools based on student participation and scores on while the performance to help determine next college entrance exams, participation in postsecondary or advanced coursework and percentage of students who are focused on career and technical education within one of six service areas defined in Iowa Code 256.11(5)h.

The ability to search and compare school building, school district and state-level performance data.

Additional data that are required by law but do not count toward accountability scores.

scores and rankings have been updated for all public schools, no new schools have been identified for additional support and improvement. The U.S. Department of Education waived this requirement for the 2020-21 school year due to the COVID-19 pandemic. Schools previously designated for additional support will continue with their current designations.

"This is an important tool for families, educators and other stakeholders to understand how their Of particular note is that schools are performing and

steps for moving forward," said Iowa Department of Education Director Ann Lebo. "The Iowa School Performance Profiles can assist communities in data-driven decision-making, but it doesn't tell the whole story about our schools. It's important to understand the challenges brought on by the pandemic, and to take that into account when looking at the 2021 performance scores."

The latest scores reflect results of the Iowa Statewide Assessment of Student Progress (ISASP), which all 327 public school districts administered last spring. A remote online testing option was made available in 2021 for students who were enrolled and unable to test at school. Since remote assessments were not proctored, the results are not included in the average school achieve- high performing, based on ment scores. About 3.4 percent of all tested students took the ISASP remotely.

Between 2019 (the last time that the ISASP was administered) and 2021, the number of schools in the Exceptional category decreased by six and the number of schools in the High Performing category decreased by 26.Conversely, the number of schools in the Needs Improvement and Priority categories (the lowest two categories), increased by seven and 21 schools, respectively. When comparing performance scores from 2019 to 2021, it is important to take into account the disruptions the COVID-19 pandemic had on schools during the 2019-20 and 2020-21 school years.

The two school districts based in Worth County ranged from acceptable to the performance results shared by the Department of Education.

The Central Springs Elementary in Nora Springs was in the acceptable category. Central Springs Elementary in Manly and Central Springs Middle School in Nora Springs were listed as commendable. Central Springs High School in Manly was listed as high performing.

Northwood-Kensett Junior-Senior High School in Northwood was listed as commendable. Northwood-Kensett Elementary was listed as high performing.

The Iowa School Performance Profiles. launched in 2018, meets state and federal requirements to publish report cards reflecting the performance of all public schools.

For more information, visit iaschoolperformance. gov.

Iowa Ombudsman releases FY2021 annual report

information requests to Iowa's good-government watchdog increased for the seventh straight year in fiscal year 2021, topping the 6,000 mark for the first time in the office's history.

The Iowa Office of Ombudsman received 502 more complaints in FY2021 than the year before, a 9 percent increase. In terms of raw numbers, the largest increases came from inmates of state prisons and county jails, but significant new numbers were also associated with unemployment claims and city governments. Calls to the Ombudsman have risen 52 percent since FY2014.

Statistical breakdowns and trends are featured in the Ombudsman's 2021 annual report, which was released Wednesday. The report also includes summaries of 29 select cases handled by the office's assistants and an interview of outgoing Ombudsman Kristie Hirschman, who retired in August 2021.

Acting Ombudsman Bert Dalmer said that many of

Citizen complaints and the complaints the office FY2021 report (and past receives trace back to mis- reports) can be found online communications or misun- at derstandings between citiand government zens employees.

"I am convinced that many complaints could be prevented if officials took an extra minute or two to explain themselves," Dalmer said. "Government must understand that part of its job is being transparent and having conversations with the people they work for. That's how you maintain trust and confidence."

The Ombudsman is a legislative office that considers complaints from citizens who believe that a state or local government agency has acted unfairly, unreasonably, inefficiently or contrary to law, rule or policy. The Ombudsman has the authority to investigate complaints, but more often tries to resolve disagreements informally and cooperatively. The office's 11 assistants are impartial and objective in their reviews of complaints.

The Ombudsman's

www.legis.iowa.gov/ Ombudsman.

MercyOne physicians concerned by flu and COVID-19, lower flu vaccinations

U.S. flu vaccinations are reminds everyone the flu significantly lower than a year ago. This is concerning to MercyOne physicians, who advise all eligible people age 6 months and older to receive a flu shot.

With COVID-19 cases and hospitalizations once again rising, controlling flu cases is expected to play a key role again in keeping health care resources available. The CDC currently reports increasing COVID-19 and flu activity in most of the country. MercyOne pediatric physician Dr. Kristin Avery is concerned Iowans are not Public Health (IDPH) data with the flu. While a flu

can result in serious complications, including death, at all ages.

"In 2020 we essentially had no influenza season because we were practicing COVID-19 mitigation measures, like masking, and had significant increases in influenza vaccinations," said Dr. Avery. "This year, most mitigation measures are not being practiced and large gatherings have resumed. So far, influenza vaccination rates are woefully inadequate to provide community protection."

Iowa Department of

Across Iowa and the remaining vigilant. She shows Iowa flu vaccination is down. Presently, 28.7% of Iowans ages 6 months and older are vaccinated compared to 38.5% receiving flu shots for the 2020-2021 flu season. Breaking that down even more, 24.7% of Cerro Gordo County residents are currently vaccinated compared to 44.3% for the 2020-2021 flu season.

With holiday gatherings ahead, MercyOne is confident in the safety of the flu vaccine approved by the Food and Drug Administration (FDA). Receiving a flu shot can help prevent getting sick

infection is still possible, the vaccine can help reduce symptoms and the need for hospitalization.

MercyOne primary care providers are good resources for vaccine questions. If you or your child have a scheduled appointment you can also ask to receive a flu shot. If you're already scheduled to receive another vaccination, including an initial COVID-19 shot or booster shot, you can receive a flu shot safely at the same time. Check with your provider for more information – book your appointment at MercyOne. org.



Lanterns and Lace Winn-Worth Betco spotlight

By Kaylee Schuermann Winn-Worth Betco marketing assistant

In 2019, Mary Wise and her husband transformed their family auctioning business in Manly into a venue called Lanterns and Lace.

Throughout their time in the auction business, people suggested that she open the building up for venue reservations. When she and her husband were ready to retire, they felt it was the perfect time to open Lanterns and Lace.

The venue, a vintage-style barn located off of Highway 65 in Manly, is frequently reserved for anniversaries, birthdays, graduations, class reunions and weddings.

"We can serve probably just about any party, and

happy with their event," said Wise.

The venue consists of a prep kitchen, restroom facilities and a reception make a point to stay on-site room with a gazebo and bar. Lanterns and Lace has a liquor license to operate the bar but leaves catering to those reserving the venue.

decorations available for anyone needing them. She noted the last several couples who reserved the space for a wedding strictly used her decorations to significantly cut down on costs.

"We want to provide a beautiful space that's more affordable in the area," said Wise. "We want couples to be happy that they chose our venue for their special day."

If so chosen, those reserv-

we strive to keep people ing Lanterns and Lace can also use the business' tables, chairs, tablecloths, sound system and more.

> Wise and her husband during events to help set up, as well as be there for any other assistance needed.

Wise is continuously Wise has a plethora of adding new elements to the venue to improve it. They are working on an outdoor ceremony location where they will add an arch and seating and hope to have it completed by spring.

> The couple is also working to make a dressing room for brides and may build one for the men as well.

More information on the venue can be found at lanternsandlaceiowa.com.











Mayo Clinic Health System reaches **COVID-19 therapy milestone**

high-quality health care the number of patients with viding easy availability of and providing innovative, COVID-19 needing care, this cutting edge treatment

evidence-based care solutions to the communities it serves is a priority for Mayo Clinic Health System, even in the midst of an enduring global pandemic encompassing two years. One innovative therapeutic advancement used to prevent severe disease and death due to COVID-19 is called monoclonal antibody therapy.

Mayo Clinic has one of the most robust monoclonal antibody programs in the country, and the program has strongly contributed to the state of Minnesota's public health and ability to confront the COVID-19 pandemic. This week marks a milestone, as Mayo Clinic Health System infused its 10,000th patient with monoclonal antibodies. To date, 20,000 infusions have been performed across all Mayo Clinic locations including Arizona and Florida.

"We are proud to be at the forefront of transforming care and providing monoclonal antibody treatments to our patients. Most of them reside in our more rural communities, some with populations as small as 3,500 residents," says Prathibha Varkey, M.B.B.S., president of Mayo Clinic Health System. "We know this lifesaving treatment has reduced the number of patients requiring hospitalization for severe disease and ultimately has helped improve patient outcomes. This is especially relevant, as Mayo Clinic hospitals have been operating at or near capacity for months. In recent weeks,

and that number is expected to remain elevated."

Monoclonal antibodies are drugs that consist of one (mono-) neutralizing antibody copied (cloned) in a lab that helps to decrease the amount of virus circulating in the body. Patients as young as 12 who meet criteria and are considered high-risk for developing severe disease are eligible to receive monoclonal antibody therapy. The therapy is administered by IV, which can be done on an outpatient basis.

Earlier this year, Mayo Clinic researchers concluded that, based on real-world data, monoclonal antibodies help patients avoid hospitalization when administered early on before the disease progresses. Additional Mayo Clinic research has shown up to 70% reduction in hospitalization.

Monoclonal antibody infusions have been given at Mayo Clinic in Rochester and these Mayo Clinic Health System locations:

- Albert Lea, Minnesota.
- Austin, Minnesota.
- · Barron, Wisconsin.
- Bloomer, Wisconsin.
- · Cannon Falls, Minnesota.
- · Eau Claire, Wisconsin.
- Fairmont, Minnesota.
- La Crosse, Wisconsin.
- Mankato, Minnesota.
- New Prague,
- Minnesota. • Red Wing, Minnesota.

"Throughout the pandemic, our staff have continued to put the needs of patients first," says Robert Albright, Jr., D.O., regional vice president of Mayo Clinic Health System in

in our rural communities is just one way we are delivering innovative care and added convenience to our neighbors, families and loved ones to keep them healthy and prevent hospitalization."

Mayo Clinic Health System serves 600,000 patients in its geographic service areas. Approximately 66% of Mayo Clinic Health System patients live in rural communities in Iowa, Minnesota and Wisconsin.

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