If your paper is checked its due in February 2022

The Northwood Anchor

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Briefs

4-H D.C. trip meeting Sunday

The Worth County Extension Service will host a Worth County 4-H Washington, D.C. Trip Orientation Meeting this Sunday, January 30, at 7 p.m. at the Worth County Extension Office Community Room at the Fairgrounds in Northwood.

Participants will have the opportunity to go over trip schedules, observe a few Washington, D.C., trip video highlights and learn about travel plans, including what to wear and pack for the March 12 to 19 Worth County 4-H Washington, D.C., trip.

Those wanting more information about the meeting are asked to call Dennis Johnson, Worth County Extension Education Specialist at the Worth County Extension Office in Northwood at 641-324-1531 or his cell phone at 641-390-0795.

Coaches vs. Cancer set for Friday

The home basketball games at Northwood-Kensett High School this Friday, January 28, will feature the annual Coaches vs. Cancer events for the American Cancer Society.

Local Relay For Life organizers will be at the games serving a sloppy joe meal, including beverage, chips and dessert.

Other Coaches vs. Cancer activities will also be held. That includes a raffle for a quilt donated for the event. Raffle tickets may be purchased ahead of the evening at the Northwood Anchor office, or until the end of the girls game on January 28. Those entered do not have to be present to win.

The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Jan. 18	26	13	
Wed. Jan. 19	37	-2	
Thurs. Jan. 20	3	-16	
Fri. Jan. 21	-3	-20	
Sat. Jan. 22	23	-18	.05
Sun. Jan. 23	10	-5	-5
Mon. Jan. 24	24	-6	13



LORI MCNALLY, SOON-TO-BE-RETIRED CITY CLERK OF KENSETT

Longtime City Clerk of Kensett clerk set to retire

By Kaylee Schuermann
Winn-Worth Betco marketing assistant

Lori McNally, Kensett city clerk, is retiring after 30 years in the position on Jan. 31.

McNally started her training on Oct. 24, 1991, and officially took over the position on Jan. 1 the following year.

McNally loves the City of Kensett and wanted to serve the community just as her predecessor did.

When her predecessor was ready to retire, McNally went for the position and to this day is still grateful for former mayor Herbert Thompson hiring her.

"I wanted to pick up where she left off," said McNally. "The city clerks, they say run the town, which isn't true, but it kind of is. I wanted to make sure that things kept running

McNally, see Page 2

Council approves conditional support for apartment project

At a special meeting held last week, the Northwood City Council returned to the discussion of their involvement in a grant to renovate apartments in the city's downtown.

At their previous regular meeting, the council had heard a request from property owner Jane Podgorniak, who planned to seek a grant to build and renovate the upper floor of a downtown property into three upscale apartments.

At that meeting, the council had questions about the City's liability and other aspects of the grant program.

At a special meeting held on January 10, the council continued the discussion.

Podgorniak first clarified the funding details of the project. She said that the estimated value of the project was roughly $440,000. That would be funded, if successful, with the $300,000 state grant, a $50,000 no interest loan

Council, see Page 2

Financial shortfalls may mean new approach to funding, pursuing road projects for County

A potential shortfall in future funding means that Worth County may have to look at prioritizing and seeking alternative ways to finance road and bridge projects, as was discussed at a recent meeting of the Worth County supervisors.

Worth County engineer Rich Brumm, in his report at the January 10 supervisors meeting, shared that several funding sources may be in short supply.

Brumm said that the County's Farm to Market funds, which are State dollars to maintain roads, are on the verge of being insufficient to proceed with planned road projects.

Brumm said that projects on Thrush Avenue and 390th Street are in the works, with Wheelerwood improvements also being considered. Funds are in place to proceed with

County, see Page 2

School board discusses online art, driver's ed, construction, COVID policy

At their recent meeting, the Northwood-Kensett school board learned about an online student art resource, a change in driver's education courses, construction updates, the resignation of a longtime coach and an update on the district's staff COVID vaccine/testing policy.

Art teacher Emily Abbas was at the meeting to talk about progress that the students have made so far this year and in the year after returning to the classroom. That included a look at a way to view the talents of N-K artists online.

Abbas shared examples of the approaches and recent focuses of art classes for students in kindergarten through eighth grade, as a well as a look at the more focused art classes available to high schoolers, which vary based on the methods, such as drawing, painting, scratching, animation and ceramics as examples.

Abbas also shared that the students' artwork is being featured on the website, Artsonia.com.

On the website, by searching for Northwood-Kensett, students' efforts are uploaded to show their talents. If allowed by parents, the artwork is available to view by the public.

The school board was also updated on how the district will offer driver's

School, see Page 2

Year in Review

Holiday celebrations, voters choose, damaging winds

October

After several weeks of discussion and negotiations, an agreement with the wind company considering a project in the county failed, leading the county supervisors to move on to a proposed ordinance.

Members of the Northwood Volunteer Fire Company paid a visit to Northwood-Kensett Elementary to talk about fire safety in the home. They also welcomed visitors from the kindergarten class to their downtown headquarters, including a ride in fire trucks.

Coach Mark Potter and wife Nanette came to Northwood-Kensett to speak on mental health, first to the public and then to students.

Worth County officials received a document that showed the results of a process to help plan future courthouse and other facility projects.

The Waking Miss Winifred group hosted a murder mystery dinner fundraiser, hosting "Murder at the Deadwood Saloon."

Northwood hosted the annual Halloween events, with a parade down Central Avenue prizes for costumed kids before trick or treating.

November

Official enrollment numbers, those used to determine State of Iowa funding, were down 0.8 at N-K schools. The number of students taking classes in the district was down 7.

Voters in Worth County decided who would fill open seats in city and school elections. Elected to Northwood city government were incumber mayor Doug Moehle and council member Teresa George-Zenz and newcomer Steve Peterson. Elected to the Northwood-Kensett school board were incumbent Susan Kliment and newcomer Bradley Christianson.

N-K High School welcomed David Hannemann as the Veterans Day speaker. He shared the history of Veterans Day and his own family's history of serving their country.

N-K presented the play "Clue." Over the course of two performances, the students offered two different versions of the mystery, with different outcomes on different days.

The WCDA announced

YIR, see Page 3



Northwood's Halloween events included the annual Northwood Chamber of Commerce Halloween parade down Central Avenue.

Eventful week for N-K wrestlers — See Sport Pages 5



Moving the piles

Several snow events in recent weeks have given the Northwood Public Works crew plenty of opportunities to put the City's equipment to the test. The clean up is pictured underway recently, as the snow that had been piled from the streets was relocated to the piles in and around Swensrud Park.

Council
Cont. from Page 1

from the Northwood Economic Development Corporation, a $25,000 grant from the City and the rest through personal financing options.

The State grant funds support housing developments in communities with populations of less than 30,000, in ranges of $100,000-300,000.

Members of the Council asked what would happen if a grant was approved at a lesser amount.

Podgorniak said that she and her husband John would look at developing just one or two apartments in that case and put in other infrastructure for potential future renovations.

It was explained that if a grant for less than the full amount was approved, the City, as the grant applicant, and the Podgorniaks would have to get any changes to the project approved. If a lower amount was contingent on the full project, then the City would likely refuse the funds, noting the project would not be feasible without full funding.

The council asked for some documentation from the Podgorniaks to support the grant request, such as proof of a line of credit that they could fund their portion of the project.

The council also discussed the City's financial incentive. The grant application would require a show of local financial support, totaling $75,000. The $50,000 loan would qualify. The City would need to provide $25,000 to reach the local commitment.

The council agreed that local housing is needed, but wanted some conditions placed on the City's funding.

The council approved a $25,000 grant for the project, provided that the State grant is approved at the full amount and all credit and other documentation is provided.

If the state approves a grant for less than $300,000, the council will revisit the amount given towards the project.

As to the City's liability, the council agreed to look at a development agreement to address those concerns once they know if the grant has been approved.

If there is no grant, the City would not be involved in the project and the question of liability would be moot.

School
Cont. from Page 1

education courses in the future.

Earlier this year the board learned that they no longer had a teacher certified to teach driver's education in the classroom, and several options were discussed. One of those was approved at the January 13 board meeting.

Drive Wise, based out of Clear Lake, is a company that provides the classroom portion via online instruction. They also provide a vehicle and driver to teach students on the road.

The cost is $375 per student.

Superintendent Mike Crozier updated the board on the progress on two facilities for the school district.

The Vikings Activity Center is temporarily enclosed, as brickwork and work on the second floor track continues.

Crozier said that the facility is currently on track to be open in June.

The other facility discussed was the former TS Express building, purchased by the district to be used as a new transportation facility and district administrative offices.

Crozier outlined some of the changes that are planned to make the office areas into new offices for himself, district business manager Kim Hengesteg and the new location for school board meetings.

Other portions of the facility will be the initial focus of the improvements planned, with doors and remodeling intended to move the district's buses to the new location as soon as possible.

The board also passed updates to district policy that would coincide with the vaccine and testing policies that were passed to comply with federal rules.

The board met previously to approve a policy that would require vaccinations amongst staff. Those that did not get vaccinated would be required to test weekly and wear masks.

The state agency that would handle the federal rules stated that the requirements would not be implemented or enforced in the state, and so the policy's provisions had not taken effect at N-K.

Earlier in the day, of the meeting before their meeting, the U.S. Supreme Court officially blocked the requirements, meaning that the policy was no longer required at the federal level either.

With that in mind, the board passed the policy updates, but then suspended them. Crozier said that they should have the language in the district's policy just in case federal action required them to enact something similar in the future.

In other action, the school board approved the resignation of Dave Capitani as head football coach.

County
Cont. from Page 1

the Thrush project in 2023, but 390th Street may have to wait, Brumm said, until more Farm to Market funds can be saved.

Brumm said that the County may start having to look at how road construction projects are undertaken.

Recent projects have included concreted overlays as the method of choice. Brumm said that brings results that last longer with less issues, but at a higher initial cost.

Brumm said that with the funding they are looking at, less expensive asphalt techniques may need to be considered. He said that they wouldn't last as long and could require more patching and other maintenance, but would be more affordable.

Brumm said that bridge funding is also down, in part because the County has worked to address some bridge issues.

Brumm explained that bridge funding is based in part on the amount of deficient bridges in the county. As they work to address bridge issues, they have less deficiencies and so less funds to access.

Brumm said that there may be some federal funds that could be applied for the bridges in the county. He also said that there are some that the County may not be able to afford without federal or state aid.

Brumm said that they can look at limiting some bridges to one lane to stave off weight limitations, but that may not be an option in the future.

The only potential alternative, is TIF (tax increment financing), which has been used for road construction in the past. Roads and bridges are amongst several large scale projects that have been discussed for TIF in recent months. Others include a new courthouse facility, as well as economic development projects in the county.

The courthouse facility was also discussed briefly as the meeting as the supervisors were asked about the process of working with architects to plan for the new courthouse options.

The supervisors planned to discuss the next steps with the County department heads at an upcoming meeting.

McNally
Cont. from Page 1

smoothly."

McNally noted the most memorable part of her job took place just a week after she began training: the ice storm of 1991.

According to McNally, one of her favorite aspects of the job is math because she enjoys budgeting, accounting and billing.

She also loves the opportunities she has to interact with the community, explaining she wouldn't get to know everyone otherwise.

McNally named one of the greatest challenges she faced during her time as city clerk as when she assisted with the sewer project, a task that lasted 5 years.

More notably, McNally recalled the challenge of aiding the City of Kensett in caring for some of the roughly 2,000 Northwood residents called to evacuate the town during the chemical fire of 2014.

Despite loving her job, McNally is looking forward to spending retirement at home with her husband of 42 years.

Some of McNally's hobbies she looks forward to doing more often include canning, candy-making and bowling.

"My retirement plans is instead of doing my hobbies after work, I get to do my hobbies all day," said McNally.

Carrie Hagen will serve as McNally's predecessor beginning Feb. 1, but McNally will remain on-call to assist Hagen for the first couple of months in the job.

Worth County parties cacus Feb. 7

Republican caucus set for Kensett

The Republican Party Caucus for all county precincts will be held beginning at 7 p.m. on Monday, February 7, at the Kensett Community Center, located at 300 Willow Street. Sign up begins at 6:30 p.m.

The purpose of the Caucus is to elect precinct members to the County Republican Party Central Committee, sign petitions for candidates seeking Republican Party candidacy for the Primaries, elect representatives to attend the County Convention, from which representatives will be elected to attend the District and State Republican Conventions.

In addition, the Caucus members will be asked to submit any Platform positions for consideration among their precinct members for the County Republican Party Platform.

All persons registered as a Republican and eligible to vote in November 2022 are invited and encouraged to attend. Voter registration will be available on-site. Youths not eligible to vote (by age) are also encouraged to attend as Junior Delegates to observe this political process and will be authorized to attend each subsequent convention.

Questions related to the Republican Party Caucus may be directed to Jeff Gorball at 641-529-0975.

Democratic caucus set for Northwood

The Worth County Democrats will meet at the Democratic headquarters, 812 Central Avenue, Northwood, on Saturday, February 7, for the Iowa Democratic Party Caucus.

The doors will open at 6 p.m. and the caucus will start at 7 p.m. Those who attend must be in line or signed in by 7 p.m. to participate.

The purpose of this year's caucus is to discuss and adopt proposed resolutions to be added to the county platform, elect delegates and alternates to the County Convention and to elect precinct committee persons to the County Central Committee.

Due to the changing conditions surrounding COVID-19 in Iowa, masks will be required. There will be a limited supply of masks to for use at caucuses, but attendees are asked to bring their own.

The precinct caucus is a great way to get involved in grassroots activities with the Iowa Democratic Party.

All Worth County Democrats are encouraged to attend. More information is available by calling Jane Podgorniak at 641-390-0003 or by email at jpodgorniak@gmail.com.

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Kris Kenison, Publisher
Ph. 641-324-1051
Fax 641-324-2432
email anchor1@nwdanchor.com

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YIR
Cont. from Page 1

its fall awards recipients, with $1,797,587.20 in grants to Worth and regional recipients. The largest grant went to the Kensett Fire Department for a tanker and pumper truck.

N-K cheerleaders took home a fifth place trophy at the State championships, winning in the stunt group category. Lindsey Moore was also recognized on the all-state team for the second year in a row.

A week of bidding on trees and holiday decorations crafted by local groups and businesses led up to a Christmas kids carnival with the return of the Holiday Hope events.

Farmers State Bank, with branches across Worth County, celebrated 100 years serving its communities.

N-K purchased the former TS Express building to be renovated for use as a new transportation facility and administrative offices.

Dan Hendrikson retired after 37 years serving the car part needs for local residents and automotive businesses.

N-K Elementary students received the gift of a new book. Thanks to donations from local groups and businesses, students were set to receive a new book every month of the current school year.





December

The Shop with a Cop event returned, with Worth County Sheriff's Office deputies, staff and reserves taking local children to shop for gifts and items for their families and themselves.

Northwood kicked off the holiday season once again with a lighted parade followed by events downtown and in Swensrud Park. That also gave a chance for many to view the new decorations in the park, which blink in tune to music.

N-K made official its plans to begin offering a middle school approach in the next school year, with grades 6-8 set to benefit from a new approach to education to meet their specific needs.

A storm bringing strong winds left varying degrees of damage through the county. Some dealt with fallen branches, others had damage to homes. A narrow swath of the county included more severe damage, with uprooted trees and buildings and more.

The annual Corn and Soybean Clinic was held, offering information and a chance for pesticide applicator recertification.

Jerry Olson, of rural Northwood, organized an effort to collect items to donate to people living in areas of Kentucky hit by tornadoes and severe weather. After collecting items from sites in and around Worth County, a full semi was driven to Kentucky in the days before Christmas.

MercyOne urging at-home testing to avoid busy care sites

To avoid long wait times and additional patients visiting busy sites, MercyOne is urging people with COVID-19 symptoms to seek alternative testing options.

- If anyone has been exposed and/or experiencing mild symptoms, start with an at-home test from your local pharmacy or a free test at Test Iowa locations.
- If anyone is experiencing symptoms that require treatment, contact your family doctor's office.
- Wear a mask, even if vaccinated. Continue frequent handwashing and avoid large gatherings.
- Make sure up to date on all vaccinations, including a booster if eligible. Flu shots can be received at the same time as a primary COVID shot or booster.
- If anyone has tested positive for COVID-19, follow guidelines of isolation for five days or until feeling better.

Minimizing the spread of illness is crucial. Follow safe health practices to relieve stress on everyone and the health care system.

Courthouse repairs highlight need for newer county facilities

As the Worth County courthouse re-opened after several days of repairs, the supervisors discussed the need to continue the process of planning for future facilities, as well as interim offices.

For several days in the first weeks of January, much of the courthouse was closed to the public, as boiler and plumbing issues led to some extensive repairs in the basement and first floor areas.

That only reaffirmed for the officials that the County needs to continue the process of building a new courthouse.

As supervisor AJ Stone noted, the County needs to keep working on the next steps in the process. He added that it would still be a couple of years at least before a new courthouse is built.

Stone noted that pretty much every part of the building is the same age and in the same shape as the equipment and infrastructure that needed repairs in the previous weeks.

Supervisor Mark Smeby said that the recent repairs only highlighted how vulnerable the County is to its aging facilities. He said that they should also be looking at alternate locations for County offices as new construction and other potential courthouse repairs develop.

Currently the County has the conference room/emergency operations center at the public health building, but that would only be usable on a short term basis and it wouldn't accommodate all the offices of the courthouse.

The County is continuing the process of design and planning with FEH Design, which guided the process with public involvement in the spring and summer of 2021.

Spike in COVID rates continues in Worth, claiming another life

After last week's spike in cases brought the highest weekly change in both numbers and rates, the most recent figures saw the rates up again, with another Worth resident lost to the virus.

In the previous week, the positivity rate, which reflects the percentage of those testing positive out of those taking a test, reached the highest peak since the onset of the pandemic, at 21%. The most recent weekly data released by the State showed another increase, up to 23.2%

Over the 14 day period of January 6 to January 20, the rate was 22.9%, meaning nearly one in every four people taking a test was found to have COVID-19.

Also notable is the fact that those numbers only reflect those that take tests that are reported to State agencies.

Also up in the past week is the number of Worth County residents that have been lost to COVID-19. The new total reached 11 since the outbreak of the virus.

For the eight county region that includes Worth County, there have been 464 deaths. That is up three since January 13.

In the week between January 13 and January 20, the total COVID cases reported in Worth County reached 1,690. That was up 117, the second largest spike, after the previous week's increase of 119.

In the past two weeks there have been 236 new cases of COVID-19 reported.

Worth County remains in the high community transmission rate, according to the CDC. Masks are still recommended in public indoor settings.

For the region that includes Worth and the seven bordering counties, there have been a total of 41,626 cases of COVID-19 reported by state agencies. That is up 2,960 in the past week, from the total as of January 13. That includes 2,881 in Winnebago, 2,780 in Hancock, 10,978 in Cerro Gordo, 3,453 in Floyd and 2,435 in Mitchell counties in Iowa, and 7,442 in Freeborn and 9,967 in Mower counties in Minnesota.

According to the CDC, 3,739 residents of Worth County have been fully vaccinated, for 50.7% of the total population. That is up 14 Worth County residents since January 13.

CDC numbers show that 4,004 Worth residents have received at least one dose of vaccine, for 54.2% of the population. That is up 23 since January 13.

In the county, 1,325 of those 65 and over were fully vaccinated, 85.8% of that population. Of that age group, 1,389, or 89.9% have had at least one dose.

Of those 18 and over, 3,520 have been fully vaccinated, for 60.2% of that population. Of those, 3,751 have received one dose, for 64.1%.

Of the 12 and over age group, 3,685, or 57.7% have been fully vaccinated. Of those 12 and older, 3,937 or 61.7% have received at least one dose.

Those 5 years and older have been eligible to receive a vaccine since early November.

Of those 5 years and older in Worth County, 53.7% have been fully vaccinated and 57.5% have received at least one dose.

Of those fully vaccinated in Worth County, 1,994, or 53.3% have received a booster dose.

Other counties in the region have vaccination rates that include 51.1 % in Winnebago, 48.4% in Hancock, 61.5% in Cerro Gordo, 51.7% in Floyd, 47.6% in Mitchell, 55.7% in Freeborn and 59.9% in Mower counties.

Across the region, 56.3% of the total population has been fully vaccinated.

Information and COVID-19 resources can be found on the state's COVID-19 website at coronavirus.iowa.gov.

Information on vaccination in Iowa can be found online at vaccinate.iowa.gov.

Local information can be found at Worth County Public Health's Facebook page, or by calling 641-324-1741.

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Northwood Anchor

Haugebak's granddaughters make Dean's List at Arizona State University

Emma DeBerry, sophomore at Arizona State University in Tempe, Arizona, and Ellie DeBerry, freshman at Arizona State University, both were honored to make the Dean's List for fall 2021.

They had GPAs of 4.0 and 3.8. Emma made the Dean's List for her freshman year also.

They are the daughters of Charles and Heather (Haugebak) DeBerry, Tucson, Arizona, and granddaughters of Rick and Sharon Haugebak, Tucson, Arizona.

Gaetzke named to BVU's Fall Dean's list

Buena Vista University congratulates more than 500 students who were named to the Fall 2021 Dean's List.

Students who were named to BVU's Dean's List included Kathleen Gaetzke of Kensett.

Iowa State University announces fall 2021 Dean's list

More than 9,700 Iowa State University students have been recognized for outstanding academic achievement by being named to the fall semester 2021 Dean's List.

That included:

• Krister Mark Beal, Mathematics; and Mallory Suzanne Wilhelm, Animal Science, both of Joice.

• Hannah Lanphere, Animal Science; Brooke Marie Mueller, Elementary Education; and Mya Nicole O'Connell, Chemical Engineering, all of Manly.

• Molly Grace Hunchis, Event Management; Matthew C. Parcher, Mechanical Engineering; and Julia Lynn Quisley, Agricultural Business, all of Northwood.

• Tianna Laura Charlson, Animal Science of Plymouth.

Local students named to Dean's List at Riverland

Riverland Community College has announced the students whose academic achievement placed them on the 2021 Fall dean's lists.

Riverland congratulates these individuals for their outstanding academic accomplishments, including Isaac Renteria and Ethan Thofson, both of Northwood.

Northwood

Local students receives degrees at University of Iowa

The University of Iowa awarded almost 1,800 undergraduate, graduate and professional students degrees at the close of the 2021 fall semester, including:

• Mackenzi Duvall of Northwood, College of Education; Bachelor of Arts; Major: Elementary Education.

• Donald Barr of Manly, College of Liberal Arts and Sciences; Bachelor of Science; Major: Sport and Recreation Management.

University of Iowa fall semester President's list honorees

More than 800 undergraduate students at the University of Iowa were named to the president's list for the 2021 fall semester, including:

• Peyton Pangburn of Northwood; College of Liberal Arts and Sciences; Major: International Relations.

• Stephanie Nettleton of Joice, College of Liberal Arts and Sciences; Major: Psychology.

University of Iowa announces fall semester Dean's List honorees

More than 6,900 undergraduate students at the University of Iowa were named to the dean's list for the 2021 fall semester, including:

• Peyton Pangburn of Northwood; College of Liberal Arts and Sciences; Major: International Relations

• Alexis Oppman of Manly; College of Liberal Arts and Sciences; Major: Biomedical Sciences.

• Braxton Pinske of Manly; College of Liberal Arts and Sciences; Major: Nursing Interest.

• Stephanie Nettleton of Joice; College of Liberal Arts and Sciences; Major: Psychology.

• Jacob Olson of Joice; Tippie College of Business; Major: Management.

Severson named to Presidents list at Iowa Central

Blake Severson of Northwood has made the Iowa Central President's list for the Spring semester 2021. Students on the President's list have a minimum of six credits and a 4.0 GPA.

N-K musicians take part in honor band

On Saturday, January 8, three Northwood-Kensett High School band students participated in the North Central Iowa Bandmasters Association (NCIBA) High School Honor Band at NIACC.

Sophomore Kenny Conlin and freshman Kamryn Backhaus played trombone in the Freshman/Sophomore Band. Both earned high chair placements on their respective parts, with Kenny Conlin earning first chair for the entire trombone section.

Their band was directed by Jane Triplett, a recently retired band director of over 30 years from Iowa City.

Senior Thomas Block played trombone (first part) in the Junior/Senior Band.

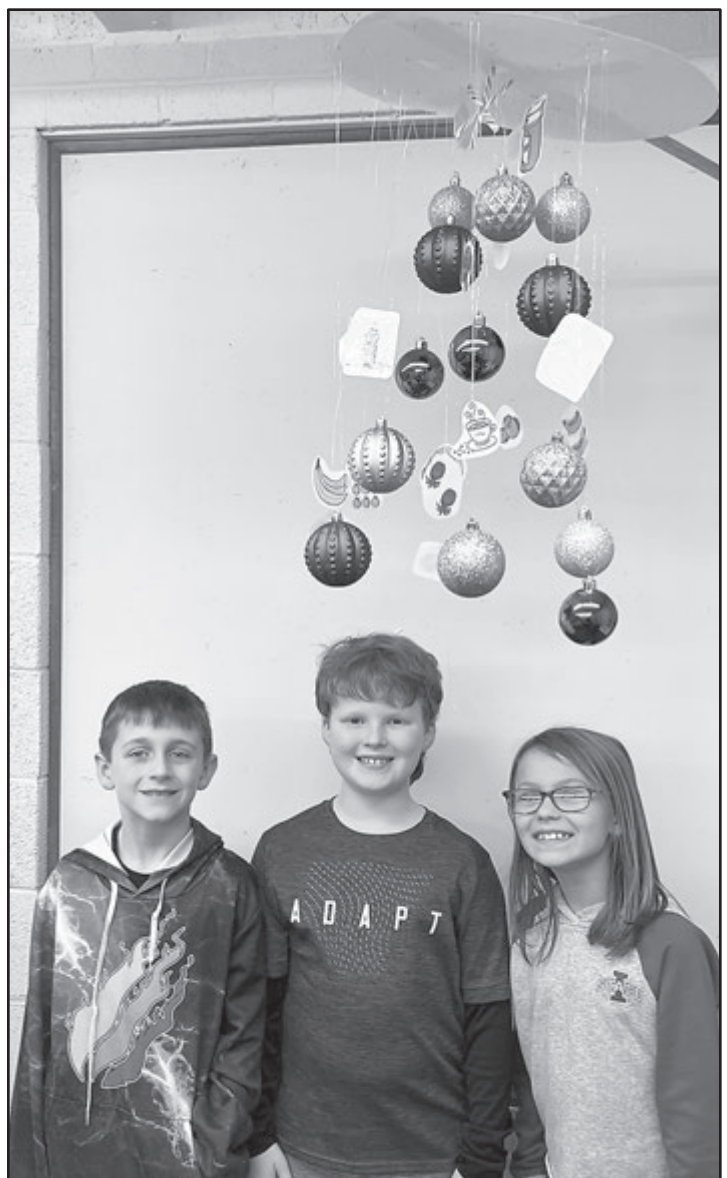
This ensemble was directed by nationally-renowned composer/conductor (and native Iowan), Aaron Perrine. Dr. Perrine was commissioned by NCIBA to write a new piece especially for this festival. The world premiere of the piece served as the finale for the festival concert.



Pictured are students who took part in the North Central Iowa Bandmasters Association High School Honor Band. The N-K instrumentalists include (from left) Kamryn Backhaus, Thomas Block and Kenny Conlin.



GRAHAM HOLSTAD AND BROOKS FIEROVA



JONAH TRENHAILE, MAX RUGLAND AND OLIVIA URBATSCH

Students take part in inverted art challenge

A group of Northwood-Kensett TAG students recently took part in an activity that challenged them to look at an artistic endeavor in an unusual way.

The event, hosted through the Central Rivers AEA, was a challenge to create a hanging sculpture. Using fishing line or string, the students suspended items with an attempt to form a "sculpture" out of the hanging shapes.

At N-K, two teams of students took part in the challenge. That included the team of Jonah Trenhaile, Max Rugland and Olivia Urbatsch; and Graham Holstad and Brooks Fierova.

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Vikings improve to 9-16, Ausborn, Buenzow, Halbach compete at state, Tiedemann and Mills win titles at Denny Christiansen Invitational

By Mike Simmons
Sports Editor

To say there was a lot going on in the wrestling community last week is a bit of an understatement, at Northwood-Kensett alone, the Vikings went 1-3 at the Central Springs quad, beating Rockford 60-18 while falling to the Panthers 48-24 and narrowly losing to Newman 39-36.

That was last Thursday, but last Friday was the opening of the girls wrestling state tournament, which at the time was not sanctioned by the state high school league, but with its huge success and following, it didn't take the league very long, the following day, to decide that this sport is here to stay, sanctioning girls wrestling starting in the 2022-23 season.

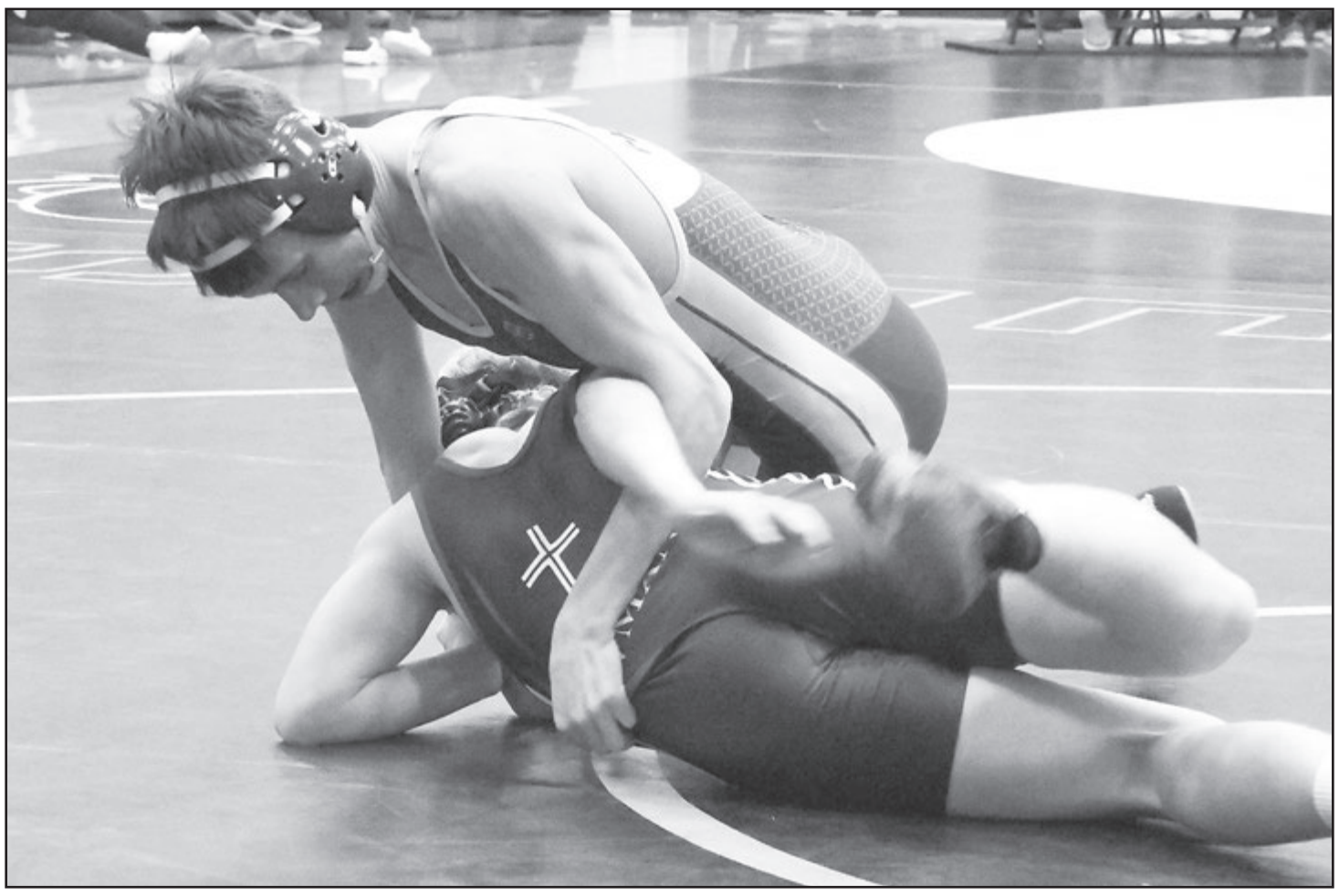
The Vikings had three girls compete at the first girls state tournament. They were Jessika Ausborn, the first N-K girls varsity wrestler to ever win more than 10 matches in a year, now 17-11, and Hadley Buenzow and Marisa Halbach.

At the 2022 IWCOA Girls State Ausborn went 1-2 with a win by fall over West Forks' Eastyn Peterson. Buenzow picked up one win with a 12-3 major decision over Koryn Osier of Charles City. All three lady wrestlers for N-K are rookies on the wrestling scene but have scored 104.5 team points for the Vikings this season and have won a combined 20 matches.

The Vikings' long week came to an end last Saturday when they made their annual trip to Anamosa for the Denny Christiansen Invitational.

N-K had eight wrestlers compete on Saturday. They include Aden Bice (3rd), Michael Davis (4th), Michael Janssen (6th), Trent Tiedemann (4th), Hayden Moore (6th) and their top place winners were Josiah Kliment, who placed 2nd and Drake Tiedemann and Tyler Mills, who won their respective titles at 170 and 182 pounds.

With the season nearing its end the Vikings are now 9-16 in duals this season and will have their last home meet this Tuesday before competing in the TIC meet on Saturday in Saint Ansgar.



N-K freshman Trent Tiedemann works the arm of Newman's Gage Petersen in last Thursday night's CS quad. Tiedemann won by fall and went 2-1 on the night, losing his only match to the Panthers' Clayton McDonough, who is 40-0 this season.

N-K Results at IWCOA Girls State

Jessika Ausborn (Northwood-Kensett) - DNP

Champ. Round 1 - Jessika Ausborn (Northwood-Kensett) received a bye

Champ. Round 2 - Sierra Hansmeier (Crestwood, Cresco) over Jessika Ausborn (Northwood-Kensett) (Fall 0:40)

Cons. Round 2 - Jessika Ausborn (Northwood-Kensett) over Eastyn Petersen (West Fork, Sheffield) (Fall 1:39)

Cons. Round 3 - jalayna shipley (North Mahaska) over Jessika Ausborn (Northwood-Kensett) (Fall 1:42)

Hadley Buenzow (Northwood-Kensett) - DNP

Champ. Round 1 - Kayte Yaw (Des Moines East) over Hadley Buenzow (Northwood-Kensett) (Fall 0:25)

Cons. Round 1 - Hadley Buenzow (Northwood-Kensett) over Koryn Osier (Charles City) (MD 12-3)

Cons. Round 2 - Monica Gupta (Gilbert) over Hadley Buenzow (Northwood-Kensett) (Fall 2:37)

Marisa Halbach (Northwood-Kensett) - DNP

Champ. Round 1 - Emma Lopez-Garcia (Newton) over Marisa Halbach (Northwood-Kensett) (For.)

Cons. Round 1 - Nina Peterson (Iowa City, City High) over Marisa Halbach (Northwood-Kensett) (For.)



N-K wrestlers Hadley Buenzow, Marisa Halbach and Jessika Ausborn competed at the IWCOA Girls State competition.



A chilly solar sight

While an interesting and sometimes serene sight to behold, the sun dog phenomenon pictured above is also a sign of often uncomfortably cold weather. Sun dogs, the edges seen circling the sun, are created by the refraction of light through ice crystals in the atmosphere, giving the appearance of a visible halo or partial halo.

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The Constituent Connection



Waylon Brown

State Senator
District 26

88th General Assembly:

Week two of the legislative session was a shortened week in observance of MLK Day, however there was no shortage of business conducted and meetings held. A couple of meetings of note this week were with the Sukup Leadership Team and also with many Iowa National Guard members as I attended their welcome back reception.

At the Guard reception I was able to meet and have a conversation with the Adjutant General of Iowa, Major General Benjamin J. Corell. Our state is fortunate to have a fantastic National Guard under excellent leadership.

As Senate Transportation Chair, I have had several meetings and conversations this week about the declining numbers of CDL operators. It is a national shortage, and Iowa is not immune to this problem. We see the impacts in all aspects of our daily lives, from disruptions in material supply chains, empty grocery and store shelves, and right down to schools not being able to have classes due to the lack of bus drivers.

There have been a lot of questions and conversations about the Entry-Level Driver Training being imposed by the federal DOT which goes into effect on February 7, 2022. This training may prove to compound the shortage issue, especially in certain sectors like public transit, but the intent is to ensure the safest drivers are getting behind the wheels of the big rigs. Safety should be the first priority of everyone using our state and local highway system.

By now, I am sure some of you are wondering, "So, Senator, what are you doing to fix this problem?"

Currently solutions are being pursued in both the private sector and in the public sector. In the legislature I am working on establishing a program which would have 17-18 year-old drivers "CDL Ready" when they turn 18 years old. (I will provide more details on this as we work through the process). For now, I would like to highlight two other programs, The Safe Driver Apprenticeship Pilot Program and the Military Waiver Program. Contact information is available if you have more questions or would like more information.

Safe Driver Apprenticeship Pilot Program

The Federal Motor Carrier Safety Administration's "Safe Driver Apprenticeship Pilot Program" was published in the Federal Register late last week. This program/rule is setting up a pilot program to allow persons ages 18, 19, and 20 years old to operate commercial motor vehicles in interstate commerce. The program as outlined in the Federal Register can be found by clicking here. The DOT is rebranding the program in accordance with the title above, Safe Driver Apprenticeship Pilot Program, and using the acronym SDAP. The FMCSA has relied on the Trump's Administration's pilot program proposal and comments to finalize the program that is outlined in this notice. This process enabled the program to move forward without another comment period. FMCSA will open the program for applications as soon as their Information Collection Request (ICR) package is cleared by the Office of Management and Budget. Once this happens there will also be information and guidelines on becoming a carrier sponsor for the program.

For more information on the Safe Driver Apprenticeship Pilot Program contact either Brenda Neville or Allison Meiners at the Iowa Motor Truck Association (IMTA) at 515-244-5193.

Military Waiver Program

The Iowa Department of Transportation is committed to ensuring future growth of CDL drivers within our state and has created the Military Waiver Program for CDL drivers.

If you have recent experience driving large trucks as part of military training and/or assigned duties, there may be an option to obtain an Iowa commercial driver's license (CDL) without taking any skills or knowledge tests which are normally required.

Below are eligibility requirements for military waivers:

• Currently be active duty in military service or have separated from service within the past year.

• Have legally operated the same type of commercial motor vehicle that you expect to operate as a civilian for at least two years immediately preceding honorable separation from military service (or for at least two years prior to applying for a CDL, if you are still in the military)

• *Within the past two years, have had no more than one civilian driver's license, not been subject to any driver's license sanction or disqualifying conviction listed in Iowa Code section 321.188(6).

• Be an Iowa resident.

• Hold a valid Iowa driver's license.

For the knowledge test waiver only, you must have one of the below military occupational specialties or classifications:

U.S. Marine Corps: 3531 - Motor Vehicle Operator

U.S. Navy: EO - Equipment Operator

U.S. Air Force: 2TI - Vehicle Operator 2, 2FO - Fueler, 3E2 - Pavement and Construction Equipment Operator

U.S. Army: 88M - Motor Transport Operator, 92F - Fueler, 14T - Patriot Launching Station Operator

Tax bill, mental health and child care focus in week two



Jane Bloomingdale

Iowa House
District 51

Week 2

Week two of session included several visitors and receptions, committee meetings and it was the final week to draft individual bills.

Legislators were treated to several variations of chili when The Iowa Firefighters Association held their chili cookoff in the rotunda this week, all six were delicious. I had an opportunity to discuss their priorities during the chili tasting. Other groups visiting the capitol this week included the American Legion along with a variety of veterans' groups, Easterseals Iowa, State of Iowa Youth Advisory Council, Civil Air Patrol, and the Iowa Accountants.

Governor Announced Details on Tax Bill

The Governor officially proposed her tax bill this week to the House. HSB 551 is a comprehensive bill containing much needed tax breaks including the elimination of tax on retirement income and lowering rates over the next 4 years to a flat tax of 4%. Members of the Ways and Means committee met with the Governor's staff to discuss the details of her proposal and we will continue to work through the details over the next few weeks.

Mental Health

In every one of our districts, we've heard from members of our community, law enforcement, and health care providers about the need for treatment locations to place difficult patients and for additional mental health providers. The Iowa Legislature has passed significant legislation and increased appropriations to expand access to mental health in Iowa over the last few years.

We will continues to work on practical solutions to increase access to mental health care in Iowa. Three bills were introduced this week, one to expand current capacity for Iowa's most difficult to place mental health patients and two bills to support increasing mental health professions. HSB 532 will fund 12 psychiatric residents and HSB 537 expands loan forgiveness opportunities to retain new mental health providers.

Child Care

The Governor's Child Care Task Force released its report of recommendations to improve access to child care in Iowa. This week, House Republicans brought forward three bills based on that report. These bills are largely aimed at providing flexibility to parents and providers and reducing unnecessary regulations to align Iowa's child care recommendations with the majority of other states. These changes are not requirements, but they give child care providers greater flexibility to provide care to additional children and collect more money for the service they provide if they choose to utilize these options.

Meet my Clerk

Jacob Ludwig will be serving as my clerk this session. He is a student from Iowa State University double majoring in economics and political science. On campus he is involved with the student government, and he serves on multiple city boards. He's looking forward to working in the Capitol and getting hands on experience with the legislative process.

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Bethlehem Lutheran, Manly
Sunday, Worship at Bethlehem, 10:30 a.m., Grace Worship, 9 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Confirmation at Grace; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - EC, 9:45 a.m., Elk Worship, 10:30 a.m.; Monday, MANNA Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Saturday, Church Cleaning Day, 10 a.m.; Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Wednesday, Swallow Coffee House Lake Mills, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 11 a.m., Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, Sr. Comm., 2 p.m., 7th & 8th Confirmation, 4:30 p.m.; Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with N.O., 9 a.m., Annual Meeting, Sunday School, 10:10 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., Bible Study, 6 p.m., AA-Al-Anon, 7 p.m.; Wednesday, January 26 - Inspire, 6-6:30 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
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The Age of Anxiety



We live in perilous times. Rogue states with chemical or atomic weapons, fanatical terrorist groups spreading fear and hatred across the globe, and technology that changes too quickly for anyone to keep up with it are all part of our modern world Our fears are stoked by the modern media's 24/7 news cycle and its insistence that something terrible is just around the corner. Even those who are not particularly tuned into the news are anxious; there is a certain anxiety that comes with our modern technology. The noise of the cell phone ringing is like an alarm going off and it's often just as startling. The ping of your computer telling you that you have a new message pushes the same anxiety button, and since our phones allow us to be constantly connected we are now living constantly with alarms, buzzers and a sense of time urgency. So, what can we do about all of this? A first step might be to choose more soothing ring tones or just to turn the computer and phone off for extended periods of time. We should also take time out of our busy schedules for solitude and quiet time, a time when we might commune with God or nature and our souls can be at rest. God does not want us to be anxious; be in His presence and trust in the Lord. – Christopher Simon

"The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."
– Philippians 4:5-6

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Tuesday: Crunchy Pollock, Potato Wedges, Coleslaw, Whole Wheat Roll
Wednesday: Cup of Minestrone Soup, Turkey Sandwich, Pears, Tapioca Pudding

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

I very rarely repeat a review of a book and I never feature the same recipes. "The little book Salt: Over 100 Helpful Household Hints" (2007 Publications International Ltd. Lincolnwood, Illinois) by Christine Halvorson is an exception. With only 64 pages, this spiral-bound book holds not only recipes but some ideas of how to use salt that shouldn't be passed by. The following have nothing to do with actual cooking but DO take have a place in the kitchen.

1. If a pie or similar sugary item boils over in the oven, sprinkle the spill with a generous amount of salt. Let it sit until the spilled area becomes crisp, then lift it off the oven bottom with a spatula. Wipe away any that is left.

2. If you have an automatic drip coffee pot with a glass carafe and there are coffee or mineral stains on the glass, this will help. Add 1 cup crushed ice, 1 tablespoon of water and 4 teaspoons of salt to the pot when it is at room temperature. Gently swirl the mixture around, rinse and then wash as usual. If there are stubborn stains remaining, scrub with a bit more salt on a new sponge and wash again.

3. If you have burned-on food in a casserole dish try this: fill it with boiling water and 3 tablespoons of table salt. Let it stand until the water cools and the crusty stuff should be soft enough to wipe away. Wash as usual.

4. It has long been known that baking soda is a good product to use when cleaning the fridge but adding salt makes it ever better. Sprinkle equal amounts of soda and salt on a damp sponge and wipe all the shelves and drawers. Then wipe again with clean water on another sponge.

5. You know all that grease in a roaster that can't be poured down the drain? Sprinkle it generously with salt to soak up the liquid, then wipe with a damp paper towel and toss it away.

6. Pour 1/4 cup EACH of salt, baking soda and powdered dishwasher detergent into your garbage disposal. Turn on the HOT water, then run the disposal for a few seconds to clean out any debris and odor.

7. Pour a solution of 1 cup salt and 2 cups very hot tap water down the kitchen drain to eliminate drain odors and break up grease deposits.

8. Help open a slow-draining sink with a mixture of equal parts salt, vinegar and baking soda. Pour this solution down the drain; let it sit for an hour, then pour boiling water down the drain to rinse it all away.

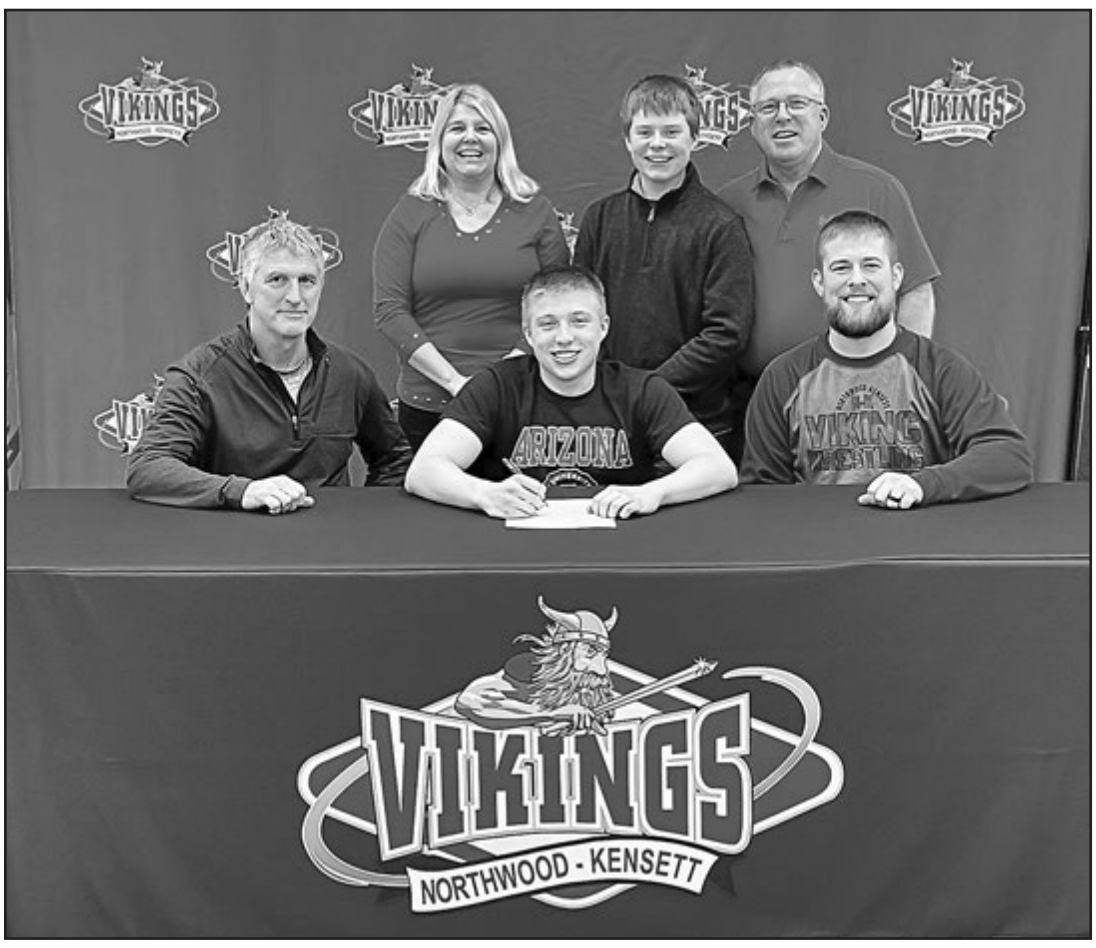
9. Do you put coffee into a thermos or other covered, insulated cup or glass? You'll have funky odors after a while. Sprinkle some salt into the container, leave overnight and smells should disappear. Repeat if necessary.

10. Clean a wood cutting board with soap and a little water. Follow this cleaning by wiping the board with a damp cloth dipped into salt until the salt is gone. This treatment will leave the board looking and feeling fresh. NOTE: Never cut raw meat, poultry or fish on a wood cutting board; they are too absorbent. Use a plastic board that can be put into the dishwasher or sprayed with bleach cleaner.

11. The tarnish on silverware or silver plate can be removed by gently rubbing the pieces with salt and a soft cloth. Hand wash with warm water and dish soap and polish dry.

This unusual book also has "salt snippets," interesting facts about salt and its history. This one answers a question many of us may have considered: why is it bad luck to spill salt? The story goes that this superstition dates back to at least the early days of Rome. In the painting "The Last Supper" by Leonardo da Vinci, Judas Iscariot, who betrayed Jesus to the authorities, is shown among the other disciples with a salt-cellar knocked over by his arm.

Salt is inexpensive (especially at the dollar stores), easy to find and you can use it without worrying about getting more when necessary. It's also really good on buttered popcorn! And….that's all she wrote.



N-K's Wyatt Willand signs with the University of Arizona

Wyatt will be a member of the UA adaptive track team for the 2022-23 school year. Pictured are Dave Capitani (N-K track coach), Wyatt and Jordan Reindl (AD). Also pictured with Wyatt are his mother Jill, brother Weston and father Wayde.

Surveillance finds 36 Iowa deer with chronic wasting disease

Samples from nearly 5,000 deer have been tested as part of the Iowa Department of Natural Resources (DNR) effort to monitor for chronic wasting disease, resulting in 36 confirmed positives from the 2021-2022 hunting season.

The samples were collected over the past 10 months from willing hunters and taxidermists, as well as from deer killed along Iowa's roads. Hunters have been a willing and important partner. They voluntarily provide the samples for testing, and execute the slow the spread plan should one of those deer turn out to be positive.

"Hunters are key to our monitoring effort and we are grateful for their assistance. We hit our quotas in almost every area of the state, which is good," said Tyler Harms, wildlife biologist coordinating the disease surveillance for the Iowa DNR.

The DNR uses a weighted surveillance strategy focusing on high priority samples – older bucks – to increase the likelihood of finding the disease if it is present in the area. In areas where CWD is detected, the DNR increases the number of samples collected in order to monitor the spread of the disease. As additional positives are detected, the DNR will engage hunters to help to manage the herd toward the lower end of the population goal.

Hunters can still participate in select deer management zones hunts through Jan. 23, while licenses are available.

Chronic wasting disease is a neurological disease belonging to the family of diseases known as transmissible spongiform encephalopathies (TSEs) or prion diseases. It attacks the brain of infected deer and elk causing the animals to lose weight, display abnormal behavior, lose body functions and die. It is always fatal to the infected animal.

Most of the 36 positives came from existing deer management zones except for three – a road-killed deer five miles south of Jefferson in Greene County, a deer taken in northwest Fremont County, and one from just outside the zone in Jackson County. The DNR will be scheduling meetings in these counties to discuss chronic wasting disease and how hunters can help to slow the spread. With the addition of Greene and Fremont, Iowa now has 12 counties where chronic wasting disease has been confirmed.

"We will be updating our surveillance plan to include these new positives and will consider increasing the overall number of samples collected in the state. Early detection is key," Harms said. "Increasing harvest to catch any other positives will help us to manage for it more effectively. In these areas, we want to manage the herd on the lower end of our population goal to help slow disease transmission while still maintaining a quality recreational opportunity for our hunters."

The Iowa DNR contacted all hunters with a positive deer and offered the opportunity to come collect the deer meat, hide and other animal parts or were provided other options for disposal.

This is the 20th year the Iowa DNR has tested deer across the state. The first deer tested positive in 2013. To date, 148 deer have tested positive for chronic wasting disease in Iowa. More information is available online at www.iowadnr.gov/Hunting/Deer-Hunting/Deer-Health/Chronic-Wasting-Disease.

Annual memorial bowling tournament set for Feb. 11-12

On Friday and Saturday, February 11-12, a bowling tournament will be held to raise money to support those battling cancer, in memory of two community members, and avid bowlers, affected by the disease.

The fifth annual Dave Waters and Alex Ritzert Memorial 9 Pin Tournament will be held at Strike Zone in Northwood on Friday and Saturday, February 11-12.

There will be several shifts held in the tournament, with one on Friday, February 11, at 7 p.m. and four on Saturday, February 12, at 11 a.m. and 1:30, 4:30 and 7 p.m.

The tournament will be held by standard 9 pin rules, with prizes for the top five teams.

The tournament will also include a silent auction and bake sale, held on Saturday.

Proceeds from the event will be split between the 2021 Relay For Life of Worth County and Another HERO, which helps offset medical and living expenses for those undergoing treatment for cancer.

Those interested in taking part in the tournament may contact Tracy McCoy at 507-319-8032, the Strike Zone at 641-324-2749 and for those that would like to donate to the bake sale, Donna at 641-390-1133.

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Contact the Anchor before Jan. 27 if you would like to be included in this annual newspaper section with over 90 local businesses.

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Northwood Anchor

Opinion

Savvy Senior

Tax breaks for caregiver of elderly parents

Dear Savvy Senior,

Are there any tax breaks that you know of for family caregivers? I help financially support my 82-year-old mother and would like to find out if I can write any of these expenses off on my taxes.

Supplemental Sam

Dear Sam,

There are actually several tax credits and deductions available to adult children who help look after their aging parents or other relatives. Here are some options along with the IRS requirements to help you determine if you're eligible to receive them.

Tax Credit for Other Dependents

If your mom lives with you and you're paying more than 50 percent of her living expenses (housing, food, utilities, health care, repairs, clothing, travel and other necessities), and her 2021 gross income was under $4,300, you can claim your mom as a dependent and get a nonrefundable tax credit of up to $500.

If you happen to split your mom's expenses with other siblings, only one of you can claim your mom as a dependent, and that person must pay at least 10 percent of her support costs. This is called a "multiple support agreement."

The IRS has an interactive tool that will help you determine if your mom qualifies as a dependent. Go to IRS.gov/help/ita, scroll down to "Credits," and click on "Does My Child/Dependent Qualify for the Child Tax Credit or the Credit for Other Dependents?"

Medical Deductions

If you claim you mom as a dependent and you help pay her medical, dental and/or long-term care expenses, and weren't reimbursed by insurance, you can deduct the expenses that are more than 7.5 percent of your adjusted gross income (AGI).

So, for example, if your adjusted gross income is $80,000, anything beyond the first $6,000 of your mom's medical bills – or 7.5 percent of your AGI – could be deductible on your return. So, if you paid $8,000 in medical bills for her, $2,000 of it could be deductible. You can also include your own medical expenses in calculating the total.

You should also know that your state might have a lower AGI threshold, which means you might get a break on your state income taxes even if you can't get one on your federal income taxes.

To see which medical expenses you can and can't deduct, see IRS Publication 502 at IRS.gov/pub/irs-pdf/p502.pdf.

Dependent Care Credit

If you're paying for in-home care or adult day care for your mom so you are free to work, you might qualify for the Dependent Care Tax Credit which can be worth as much as $4,000.

To be eligible your mom must have been physically or mentally incapable of self-care and must have lived with you for more than six months. To claim this tax credit, fill out IRS Form 2441 (IRS.gov/pub/irs-pdf/f2441.pdf) when you file your federal return.

Flexible Health Savings Accounts

If you have a health savings account (HSA) or your employer offers a flexible savings account (FSA), you can use them to pay for your mom's medical expenses if she qualifies as a dependent. But be aware that if you use an HSA or FSA to pay for your mom's medical costs, you can't take a tax deduction on those expenses too.

For more information, see IRS Publication 969, "Health Savings Accounts and Other Tax-Favored Health Plans" at IRS.gov/pub/irs-pdf/p969.pdf.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

Is your last name pronounced Ignaszewski?

Close enough.

Oh, are you related to Bob Closenough?

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. My expectations for temperatures in January are quite low, but we don't always get what we expect. Yesterday, when I was younger, smoking was cool. Famous actors smoked, the star center fielder of the Yankees smoked, teachers smoked and doctors smoked openly. Armed forces personnel were given cigarettes by tobacco companies who hoped they'd develop a nicotine habit. I was stumbling around Gray's Drug in Dinkytown when I detected a heavenly smell. I lived in a dorm, so I didn't experience many heavenly smells, but quickly found the source. It was a guy who looked like a teaching assistant. I'm not sure what a teaching assistant looks like, but he looked like one should look. I came up from behind and put my hand on his shoulder. It frightened him and I needed to assure him I meant no harm. I wanted to know what he was smoking in a calabash pipe slightly larger than him. He insisted it was legal and swore it was cherry blend tobacco. I went to the smoking section of the drugstore and found the tobacco. It was Middleton's Cherry Blend. It was meant for discriminating smokers like the one I was about to become. I bought the tobacco, pipe cleaners, a pipe tool (tamper, reamer, poker, scraper and fire extinguisher all in one) and a 99-cent Missouri Meerschaum, otherwise known as a corncob pipe. The drugstore gave me two matchbooks enclosing crummy matches. I rushed outside, stuffed the pipe with tobacco, lit up and tried smoking it. It burned off the tip of my tongue. It grew back. There are lizard people in my bloodline.

My father-in-law was a chronic pipe smoker. He mixed Sir Walter Raleigh with Mapleton tobacco in his pipes, some of which were made by Herter's with its headquarters in Waseca. My wife and I had given him several Herter's pipes as gifts, so he had to use them when around us. He enjoyed Herter's Grizzly Bear tobacco, too. George Herter thought his solitary pipe tobacco had achieved perfection. There was the rumor it was flavored with bruin dung, but that remains unproven.

I sat, not smoking a pipe, in my office and listened to my long-suffering wife's utterances from the kitchen as she watched a televised basketball game in which a granddaughter played. We each watched on a separate tablet. It's safer that way. Her vocalizations traveled from agony to joy as the granddaughter's team emerged victorious.

An above average kindness

Yesterday, when I was younger, I headed home after working in South Dakota. Snowstorms surprised us in those days. Now the forecasts are astoundingly accurate. It began to snow. I thought I could beat the storm. I wanted to get home. If I could just get home, everything would be fine. It kept snowing. It became an epic blizzard. I nearly made it to Worthington and spent a night with a farm family who believed what is written in Hebrews, "Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it." I'm no angel, but I made it home. The kindness of those good people echoes many years later.

Nature notes

Diane Norvell of Owatonna asked if it's unusual to see robins in Minnesota in January. The great poet Anonymous wrote, "The north wind doth blow, and we shall have snow, and what will the robin do then, poor thing? He'll sit in a barn, and keep himself warm, and hide his head under his wing, poor thing!" A small percentage of our robins spend the winter in Minnesota. And why not? It's a winter wonderland. Wintering robins are gregarious, finding security in flocks and sleeping in conifers to stay warm at night. They frequent areas with open water. Robins can survive cold weather if they find enough food to stoke their furnaces. They feed on fruits and berries of hackberry, crabapple, hawthorn, juniper, sumac, mountain ash and buckthorn. Robins that migrated south wander north into areas where the temperatures average about 37° and earthworms are emerging. Our wintering emotional support robins are nomadic and follow the food. You could feed these winter robins, who aren't harbingers of spring or typical feeder birds, crumbled suet, raisins, cranberries, mealworms or diced fruits.

Meeting adjourned

"We must find time to stop and thank the people who make a difference in our lives."—John F. Kennedy.

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Fit to print...

Vaccine mandates have faced resistance and saved lives

By Randy Olson
Iowa Capital Dispatch
www.iowacapitaldispatch.com

Health care professionals had high hopes that rapid vaccination of our entire U.S. population would slow COVID-19 transmission and stem the disproportionately high death count in the United States. We also hoped to avoid more concerning mutations that are inevitable when viruses multiply unchecked.

I lost my mother to COVID-19 in November of 2020, less than two months before the vaccine became available. Last spring, I checked in with my mother's youngest brother in Oregon. He had questions about the new vaccines which had kept him from getting vaccinated. I tried to reassure him about the history, safety, and effectiveness of each of the vaccines. I described my own positive experience getting a two-shot vaccination as part of the early rollout to health care workers. However, he preferred to do some more investigating before committing to vaccination.

Despite impressive data on the safety and efficacy of COVID-19 vaccinations, only 63% of the U.S. population is fully vaccinated and a smaller percentage has been boosted. A year after the vaccine rollout we find ourselves in the midst of the highest COVID-19 transmission rates and hospitalization numbers since the start of the pandemic. Vaccine hesitancy rates are still as high as 25% in certain regions of the country.

This past September, I got a 6 a.m. call from Oregon and was numb as my uncle informed me that he and my aunt had contracted COVID and had just transferred to hospital beds from the Emergency Department.

He apologized for his muffled voice as he talked to me through a breathing machine and reported his oxygen saturation was just 45% when he arrived in the ED. He joked and asked if I might be willing to come to Oregon for a house call. My aunt was able to return home on oxygen after a few days in the hospital, but four days after that phone call my uncle was gone.

I wept when my aunt called me with the news.

Vaccine hesitancy is not new. It has been around for as long as there have been vaccines. It is born out of the most basic and rational thought one can have about life and health: "Do the benefits outweigh the risks? Will this vaccine help me or my loved ones survive?"

However, we know that decisions we make about our health aren't purely rational. We smoke and drink too much. We eat too much and spend too much time idle, all the while knowing these decisions are at odds with good sense and our health.

We are easy prey to fear and emotional arguments that distract us from data, and smear the character or personality of vaccines as if they were persons to be debated or despised instead of a 225 year-old proven tool of survival.

The first vaccine was found through observation of a natural process. In the late 1700s in England where smallpox was the greatest cause of untimely death, Dr. Edward Jenner saw that milkmaids previously infected with cowpox were immune to smallpox.

Trading the discomfort of a mild illness and a few cowpox on an arm proved much safer than getting smallpox. Before that first vaccination existed, about a quarter of all children died before their first birthdays, many from infectious diseases that are now preventable. No country had a life expectancy of more than 40 years old. Since then, the average human lifespan has doubled, largely thanks to vaccines.

In 1796, as Jenner distributed his cowpox vaccination, the rational question of improved survival was answered, but distractions from this answer had just begun. Some argued political and religious calamities would ensue; others proclaimed that half-cow babies would be the inevitable result. Amid all the loud angry distractions and emotional outrage expressed against smallpox vaccination, the reality was that it saved lives and kept infected people from easily causing new outbreaks.

We continue to live in such a world where emotion and fear distract our rational inclination to survive. A world where organizations and individuals without any medical, legal, or financial responsibility for outcomes use fear and emotion to detract millions from using an effective survival tool. Contagious diseases like the coronavirus don't hesitate. They don't care about the arguments that keep us from getting useful vaccines. They just keep looking for easy targets: hosts that can't fight them — people who allow viruses to use their bodies to multiply and spread to the next person.

In 1812 the Swedish government (which also ruled Norway) mandated smallpox vaccination due to the overwhelming evidence of improved survival. Proof of vaccination was soon required for travel, passage on ships, and emigration to America. In 1832, my great-great-grandfather Ole S. Olson was vaccinated against smallpox at 6 months old thankfully preserving my lineage.

We can keep each other safe and survive this latest omicron variant, and the inevitable variants to follow if we take steps that we know work:

Social distancing and wearing masks in crowds decreases viral transmission by over 50%. Quarantine after exposure and isolation if you've gotten sick or test positive can break the cycle of rapid viral transmission.

Getting vaccinated with a booster can mean the difference between a mild illness versus a hospital stay or death. Over 8 billion COVID-19 vaccinations have been given worldwide with amazing safety and while not perfect they do help us survive.

Our hospitals are bursting with COVID-19 infections in people who have hesitated to get vaccinated.

Please don't let distractions keep you and your loved ones from using or getting protection we know works to improve survival for everyone.

Dr. Randy Olson is an emergency care physician at Grand Itasca Clinic & Hospital and volunteer physician at Project Care Free Clinic in Grand Rapids, Minn.

Northwood Anchor

Early Files

100 years ago

January 25, 1922

At the annual meeting of the Northwood fire company the year's work was reviewed and the following officers chosen for 1922: Henry Perry, chief; James McQuarrie, first assistant; A.C.S. Rue, second assistant; E.J. Johnson, secretary; and T.O. Groe, treasurer.

John Martin, who is attending business college in Mason City, came to Northwood on Friday for a visit with his parents, Mr. and Mrs. Ben F. Martin.

The house just east of the church at Gordonsville, owned by Fred Pierce, was burned. It is reported that most of the furniture, which is owned by Mrs. Zilde Snyder, who rented the house, was saved.

Axel Johansen, who for several years has been engaged in drainage and tile contracting with headquarters at Grafton, has gone for a visit at his old home in Denmark. Mr. Johansen has been quite successful in his work and his vacation and visit with the home folks in the old country is highly deserved.

J.W. Hight and J.F. Stanchfield of Mason City, officials of the Western Electric Telephone Company, were in Northwood inspecting. They found everything all right, of course, which is highly creditable to Manager Lund and head operator, Miss Inga Throne.

A number of the young lady friends of Miss Esther Webb, English teacher in the local high school, sprung a surprise on her when they gathered at the home of Mr. and Mrs. Harold J. Williams to assist in celebrating her birthday. The affair was greatly enjoyed by all present.

Everyone will have a chance to laugh if you never get another. Harold Lloyd will be seen at the Slosson theatre in his funny screen farce, "I Do," and you know you always laugh at Lloyd and his spectacles. He has a good one in "I Do" and seeing him is as good sometimes as a dose of medicine — and a great deal more enjoyable.

75 years ago

January 23, 1947

Ninety Iowa Centennial souvenir half dollars allotted to the Northwood State Bank for sale at $2.50 each proved insufficient to meet the demand, according to cashier E.O. Bottolfson. One lone coin was left of the allotment and it was in demand by several applicants.

Appointment of Miss Geneva F. McQuatters, former WAC lieutenant colonel, to be director of legislation for the National Federation of Business and Professional Women's clubs, Inc., was made public.

Low bids announced by the state highways commission for highway construction and paving included the Worth and Winnebago county projects for the highway between Fertile and Forest City.

S.W. Lee, new owner of the local McCormick-Deering agency, has arrived in Northwood with Mrs. Lee and their three children, and are now residing in their new home, the former Paul Martin residence on North 10th Street, which they bought.

North Iowa demonstrated its changeable weather propensities, with a drop of 43 degrees in temperature- from a mild 35 above zero to a wintry 8 below - in less than 24 hours.

Two victories on the home basketball court during the past week brought the undefeated Northwood school Vikings a record of 12 consecutive wins to date. Both games were North Iowa conference contests and gave the Vikings a stronger hold on the lead position in the race.

Funeral services for Martin A. Harmon, 79, were held at 2 p.m. at the Conner funeral home in Northwood. The Rev. O.H. Hove of the First Lutheran Church will be in charge of the rites. Burial will be in the Northwood Lutheran cemetery.

Mrs. Chris J. Nelson, 52, died at her home in Northwood following a lingering illness. She had undergone an operation several months ago in an attempt to obtain relief but the benefits proved only temporary.

50 years ago

January 27, 1972

Julie Jaspers, a senior member of the Northwood-Kensett varsity cheerleading squad, disproved, during a basketball game at Belmond, the idea that one can't do two things at once. The daughter of Mr. and Mrs. Lee Jaspers, rural Northwood, Miss Jaspers was leading a cheer in front of the N-K cheering section and watching a Viking free-throw attempt down court when a picture was taken. She is the third of four Jaspers sisters who have been N-K cheerleaders as sisters Sue and Barb, both N-K graduates, and Kim, a member of the fresh-soph squad, have all worn the blue and red of Northwood-Kensett Community High.

Members of Troop 82 received some help locating a "mine" by compass at the Klondike Derby. The boys are Kent Hall, Joe Myhre, Jim Brase, Terry Buckley, and an unidentified member.

James Vorland, son of Mr. and Mrs. Howard Vorland, has been named to the dean's list at Buena Vista College, Storm Lake, where he is a senior majoring in biology.

Worth County residents had to dig themselves out from under three inches of snow on Tuesday and those with the biggest jobs were the members of the Northwood Public Works Department and state and county road crews. Here a Northwood city employee is shown getting the snow removal project underway.

Mr. and Mrs. Dean Ausenhus, Kensett, have purchased Miller Greenhouse, according to a joint announcement last week by Mr. and Mrs. Phil Miller and the Ausenhuses. The Millers have owned the greenhouse for 15 years, when they moved to Northwood from Albert Lea. Mr. and Mrs. Ausenhus plan to move to Northwood to the residence now occupied by the Millers later this year.

25 years ago

January 22, 1997

Worth County secondary roads crew member Jerry Pixley had to make several passes at this Hartland Township snowdrift to get it whittled down to size. Pixley and the county's 17 other road workers worked through the weekend to clear the snow from rural blacktops and gravel roads. By the time they finished, they'd worked 21 days in a row.

It's not that Bridan Lauer doesn't like his chosen profession or his native Iowa. But the best employment opportunity of the new Northwood police officer came almost four years ago, during the 1993 Major League Baseball players' strike, when he spent 2- 1/2 weeks in spring training as a Kansas City Royals replacement player. Lauer joined the Northwood police department on January 8, when police chief Tom Lines tabbed him to replace Jeff Hughes.

Worth County Fair Society board member Jerry Hopperstad recently accepted a $500 check from Pioneer Hy-Bred representative Clair Hengesteg. The fair board will put the money toward the construction expenses on the new sheep barn.

The arctic cold front that engulfed North Iowa dumped three inches of snow around Northwood, and winds in the 40-mile-an-hour range whipped the white stuff into deep drifts like a six-foot-deep, 50-yard-long monster in Brookfield Township southwest of town.

CarQuest Auto Parts recently moved into new quarters on U.S. Highway 65 N. here. The business, 100 percent locally-owned and financed, now has 7,200 square feet of space, compared to the 2,500 square feet at its former location on Central Avenue. Universal Contractors of Northwood began construction last August 1996 and finished the project in early January. CarQuest owner Dan Hendrikson said the new building will expand its inventory of "hard parts" and has increased the show room size by 35 percent.

10 years ago

January 25, 2012

The cardinal's brilliant red color against the snowy backyards, is breathtaking. Area cardinals and gold finches don't migrate during the cold weather so many of these winter birds depend on the kindness of homeowners to provide seed throughout the winter for their comfort and survival.

After being invited to equestrian tryouts by Kansas State University in Manhattan, Kansas, Paige Pangburn, freshly graduated from Northwood-Kensett High School, jumped at the chance. However Pangburn arrived at KSU to discover not only had the tryouts been cancelled, but she was barred from any opportunity to try out again. This would discourage most new college students, launched into a strange place with no friends or people for support, but not Pangburn.

Northwood study and book club, Inter Se, holds fundraisers every year to contribute to local libraries to purchase books. Inter Se treasurer Heidi VanSteenburg presents a check to Northwood-Kensett library aide Deanna Katcher for the elementary library. A check for the same amount was sent to the N-K High School library. The money was raised through members selling 2012 Iowa Magazine calendars. In April the club will make and sell May baskets. Proceeds will benefits the Northwood Public Library.

Northwood-Kensett High School basketball team members visited the elementary school last week to pay a visit to students in Mrs. Hanson's kindergarten and Mrs. Myhre's first grade classes. The high schoolers were there as part of the monthly themed reading day of "Shoot for a Good Book." The high school athletes sat down and enjoyed a few good books with the younger students.

Northwood Anchor

Obituaries

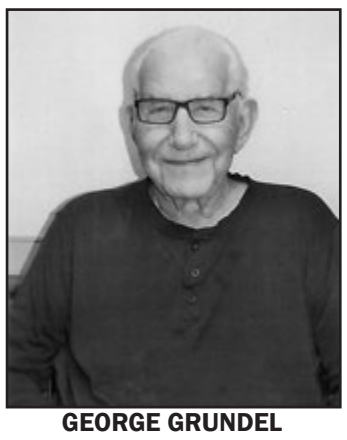
George Grundel

George William Grundel, 100, of Northwood, died on Monday, January 17, 2022, at the Lutheran Retirement Home in Northwood.

Funeral Services were held at 2 p.m. on Saturday, January 22, 2022, at United Methodist Church, St. Ansgar with Pastor Susan Thomas officiating. Burial was at the Woodbury Cemetery, Lyle, Minnesota. Visitation took place from 1 to 2 p.m. on Saturday at the church.

George, son of Ludwig (Louie) Grundel and Susanna (Flick) Grundel, was born on September 20, 1921, in rural Plymouth, Iowa. He was baptized on March 7, 1951, at the Methodist church in Plymouth. The youngest of four children, George did not have a formal education past the eighth grade. He did, however, speak fluent German and loved to throw out a few sentences in conversation once and a while to see if anyone knew what he was talking about. He helped out on his family's farm in rural Plymouth beginning at an early age, which contributed to the strong work ethic that he had throughout his life.

On January 30, 1943, George married the love of his life, Doris Chapin, at the home of her parents. They welcomed two sons, Dennis and Jerry, in the years that followed and farmed in the Nora Springs and Carpenter areas.



GEORGE GRUNDEL

A lifelong farmer, George also enjoyed playing the accordion. He was a member of The Kelly Band and loved to travel and perform with his fellow band members in his younger years. He often told the story about how, by age 15, he had saved up $300 and could walk across the street and buy a brand-new car or buy an accordion. He said that his father told him that it was his choice, but that a car was not going to make him any money!

George loved fishing, hunting, gardening, polka music, dancing, playing cards and spending time with friends and family. He was in the combine harvesting crops well into his 90s as his love of the land never wavered. He was devoted to his wife, his children/grandchildren/great-grandchildren, caring for his land and his community and was incredibly grateful for all of the good in his life.

George always had a smile on his face, a story (or two) to tell of fond memories and a positive attitude and outlook on life. He was proud that he always looked younger than his age and loved to brag about his grandchildren and great-grandchildren.

He is survived by his son, Dennis (Marjorie) Grundel; granddaughter, Deb (Tom) Blaeser; daughter-in-law, Susan Grundel; eight great-grandchildren, Madisyn, Brittney, Aiden, Ellie, Will, Zach, Logan and Mitchell; and many nieces and nephews.

He was preceded in death by his parents; wife, Doris; son, Jerry Grundel; grandson, Robert Grundel; twin great-grandsons, Ryan and Alex Baardseth; and three siblings, Theresa Frahm, Roland Grundel and his wife, Pearl, and Edna Hoffman and her husband, George.

A special appreciation to the Lutheran Retirement Home staff for the care, love and kindness that they provided George during his time with them.

Mary Montgomery

Mary E. Montgomery, 81, of Mason City and formerly of Northwood, passed away on Sunday, January 16, 2022, at the Muse Norris Hospice Inpatient Unit in Mason City.

A private memorial service will be held at Hogan Bremer Moore Colonial Chapel.

Mary's family greeted relatives and friends on Thursday, January 20, 2022, from 11:30 a.m. until 1:30 p.m. at Hogan Bremer Moore Colonial Chapel, 126 Third St. N.E., Mason City.

In lieu of flowers and custom remembrances, memorials may be given in Mary's honor to Stebens Children's Theater, Homestead Assisted Living or the Bolan United Methodist Church.

Mary Ellen was born on October 9, 1940, in Blooming Prairie, Minnesota, to Ben and Edith (Adams) Abrahams. The family soon moved to Northwood, where Mary attended school, graduating from Northwood High School in 1958.

Mary was united in marriage to Thomas Montgomery on March 30, 1960, at the Bolan United Methodist Church in Bolan and soon relocated to Coker, Alabama, where they had four children, Michael, Lori, Tina and Amy. Mary and her children returned to Northwood in 1969.



MARY MONTGOMERY

For a few years Mary operated an in home daycare before returning to college to obtain her LPN. She dedicated 15 years to the Lutheran Retirement home in Northwood before joining Dr. David Hansen's office in Northwood.

She returned to school in 1990 to obtain her RN degree from NIACC. She then worked as Director of Nursing and as the Administrator of Homestead Assisted Living in Mason City, where she worked until her retirement in 2010 at the age of 70.

In her free time Mary enjoyed sewing, reading and socializing with friends. She was an avid Iowa Hawkeye fan and loved football season. She was a talented seamstress and spent many years completing alterations at Formalities.

Those grateful in sharing in her life are her children, Michael (Lisa) Montgomery, Alabama, Lori Montgomery, Mason City, Tina (Pat) McCullough, Cedar Rapids, and Amy (Kirk) Montgomery, Osage; grandchildren, Elizabeth Rocha, Michael (Raven) Montgomery, Jake (Nessa) Felper, Nate (Emily) Felper, Gianna Kittleson and Bryleigh Kittleson; great-grandchildren, Marlo and Miles Rocha, Gray Felper, Kaizer Felper, and Grant Montgomery, who is due in March; brothers, Vernon Abrahams, Mason City, Duane (Karen) Abrahams, Northwood, and Allan (Kathie) Black, Nebraska; as well as her extended family members and many friends.

She is preceded in death by her parents; siblings, Margaret, Sharon, Barbara, and Roger Abrahams, Betty Tesch, Shirley Johnson and David Abrahams; and her nephew, Kevin Abrahams.

Ever wonder when your subscription is due?

Look at the top of your subscription label for the date.

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The Northwood Anchor

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Pleased with the pages

The effort to put books in the hands of Northwood-Kensett Elementary students has continued. Throughout the coming months of the school year, a different group or business has pledged to sponsor the purchase of books for every student in the school. In January, the Northwood-Kensett Community Education Foundation provided funds to purchase the books. Students in Mrs. Hebel's kindergarten class are pictured enjoying the new books.

Notice

IN THE IOWA
DISTRICT COURT
FOR WORTH COUNTY IN
THE MATTER OF THE
ESTATE OF
RUSSELL D. HULSHIZER,
Deceased
Case No. ESPR009301
NOTICE OF PROBATE OF
WILL, OF APPOINTMENT
OF EXECUTOR, AND
NOTICE TO CREDITORS

To All Persons Interested in the Estate of Russell D. Hulshizer, Deceased, who died on or about the October 5, 2021:

You are hereby notified that on December 30, 2021, the Last Will and Testament of Russell D. Hulshizer, Deceased, bearing date of June 19, 2019, was admitted to probate in the above named court and that Marlene K. Hulshizer was appointed Executor of the estate. Any action to set aside the will must be brought in the District Court of said county within the later to occur of four months from the date of the second publication of this Notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this January 17, 2021.

Marlene K. Hulshizer
Executor of Estate

David A. Grooters
ICIS# AT0003058
Pappajohn, Shiver, Eide & Nielsen P.C.
103 East State Street
Suite 800
Mason City, Iowa 50401
Attorney for Executor

Date of second publication the 2nd day of February, 2022.
4-2t

Bolan

On Friday Joe and Linda Nydegger drove to Cedar Falls to attend the Jack Jennett Open at the University of Northern Iowa. Cole Willert is part of the UNI Track Team and ran in the open 400. Also coming were Scott Willert and Kelsie, who also attends UNI; Lauren Olson, who attends Hawkeye Community College; and Sue Green of Cedar Falls.

The Bolan Trinity UM Women met at the home of Linda Nydegger on Monday afternoon. Plans were made for the year 2022. The first thing that the ladies did was start to clean up the church basement on Saturday morning to get ready for some renovations to take place in February.

Joe and Linda Nydegger joined Derek Koppen at the gyms in Manly on Sunday afternoon. His daughter, Joslyn, plays basketball on the seventh grade traveling team from the North Iowa Middle School in Buffalo Center.

REMEMBER: The "IOWA 175th Anniversary" Party will be held at the Bolan Schoolhouse and Cultural Center on Wednesday evening, January 26th, with soup and sandwiches, brownies and Blue Bunny Ice Cream starting to be served at 4:30 - 7 p.m., for a free will donation. The silent auction of many, plus, now some additional items will start at 4:30 until 9 p.m. Sam Crosser at the piano for the evening, and the program "IOWA early history - Glaciers to Settlement" starting at 7 p.m. This is a 72-minute documentary that will have an intermission with fresh popcorn and beverages. Due to weather conditions on December 28, this event was scheduled again. You won't want to miss it this time. If you need more info: contact lwillert@wctatel.net, www.bolaniowa.com or 641-903-9472.

Notice

TRUST NOTICE

IN THE MATTER OF THE TRUST:

The Revocable Trust Agreement of Richard S. Holstad Trust

To all persons regarding Richard S. Holstad, deceased, who died on or about February 12, 2021. You are hereby notified that Helen J. Holstad is the trustee of The Revocable Trust Agreement of Richard S. Holstad Trust dated October 2, 2013. Any action to contest the validity of the trust must be brought in the District Court of Worth County, Iowa, within the later to occur of four (4) months from the date of second publication of this notice or thirty (30) days from the date of mailing this notice to all heirs of the decedent and settlor and the spouse of the decedent and settlor whose identities are reasonably ascertainable. Any suit not filed within this period shall be forever barred.

Notice is further given that any person or entity possessing a claim against the trust must mail proof of the claim to the trustee at the address listed below via certified mail, return receipt requested, by the later to occur of four (4) months from the second publication of this notice or thirty (30) days from the date of mailing this notice if required or the claim shall be forever barred unless paid or otherwise satisfied.

Dated on January 21, 2022.

The Revocable Trust
Agreement of Richard S.
Holstad Trust
Helen J. Holstad, Trustee
800 10th Street N.,
Apartment 6,
Northwood, IA 50459

Matthew J. Kriegel,
#AT0004319
Attorney for Trustee
Firm Name: EELLS &
TRONVOLD LAW
OFFICES, PLC
Address: 1921 51st Street NE
Cedar Rapids IA 52402

Date of second publication:
2nd day of February, 2022.
4-2t

Supervisors

January 17, 2022
Third Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, Enos Loberg and A.J. Stone, present.

Smeby led the meeting in the Pledge of Allegiance.

Unless otherwise indicated, all of the following motions offered at this meeting were carried with the following vote: Ayes: Stone, Smeby and Loberg. Nays: none. Abstentions: none. Absent: none.

Motion by Stone, second by Loberg, carried to approve the Janaury 17, 2021 board agenda.

Motion by Stone, second by Loberg, carried to approve the January 10, 2021 board minutes.

Motion by Stone, second by Loberg, carried to approve drainage claims in the amount of $4,332.50, as per the following schedule:

Hickman, Rebecca S, DD 15, ROW Payment.....$3,160.00
Rognes Bros Excavating Inc DD 3/Lat 8 Open Ditch, Beaver Dam Removal.....$1,172.50
Grand Total.....$4,332.50

Motion by Loberg, second by Stone, carried to approve claims in the amount of $64,792.35, as per the following schedule:

A & I Auto Body Inc
Service-Eng 5,408.20
Access Systems Leasing
Service-Dap 98.50
All States Ag Parts
Parts-Eng..... 127.39
At&T Mobility
Service-Shf..... 1,429.48
Berge Oil Company
Fuel-Eng 10,374.82
Brian M Kuchay, Md
Ems Contract 100.00
Cemstone Concrete Materials, Llc
Sand-Eng 131.56
City Of Fertile, Rutf-Eng 1,428.31
City Of Grafton
Rutf-Eng 853.73
City Of Hanlontown
Rutf-Eng 369.08
City Of Joice, Rutf-Eng... 1,016.11
City Of Kensett, Rutf-Eng . 510.45
City Of Manly
Serv-Eng 50.00
City Of Northwood
Serv-Eng 538.55
Dick's Place Body & Tow
Service-Eng 675.00
Greve Law Office
Rent & Payroll-Aty 6,234.08
I35/105 Welcome Center Inc.
Fy22 2nd Qtr H/M Tax-Ndp .....
..... 5,464.82
Isacs, Edu-Sup..... 60.00
Judy Stevens, Reimb-Asr 43.00
Kenison Construction Inc
Service-Gsr 250.00
Lexisnexis, Service-Aty..... 177.00
Lutheran Services In Iowa, Inc
Service-Juj 699.75
Mark Smeby, Mileage-Sup 174.72
Nelson Family Trust
Rent-Shf..... 300.00
Nelson Septic Services Llc
Service-Sdp..... 300.00
Northwood Anchor Inc
Renewal-Aud 40.00
Northwood Sanitation Llc
Service-Gsr 191.50
Ram Systems
Service-Phd..... 720.00
Staples Credit Plan
Supplies 289.05
Verizon Wireless
Service-Ema 40.01
Wex Bank, Service-Tra ... 1,689.74
Winnebago Coop Telephone Assn
Service-Gsr 3,148.22
Winn-Worth Betco
Fy22 2nd Qtr H/M Tax-Ndp .....
..... 8,197.23
Worth Co Historical Society
Fy22 2nd Qtr H/M Tax-Ndp .....
..... 5,464.82
Worth County Fair
Fy22 2nd Qtr H/M Tax-Ndp .....
..... 8,197.23
Grand Total 64,792.35

Motion by Stone, second by Loberg, carried to approve the addendum to Agreement for Law Enforcement between Worth County and the City of Kensett.

Motion by Loberg, second by Stone, carried that the following appointments be made: County Board of Health (3-year) –Diane Myli; Commission of Veteran Affairs (3-year) – Philip Hackbart; Weed Commissioner (1-year) – Michael Bode; Conservation Board(5-year) – Terri Reese; County Eminent Domain Compensation Board(1-year) – Realtor: Myron Lupkes, Michael Romig, Julie Robb, Kris Gordon, Clara Hegeland, Chad Nelson, Erin Runde; Owner Operators of Agriculture Property: Keith Braun, David Hengesteg, Steve Davidson, Arlo Rugland, Earl Trenhaile, Erling Myli, Ron Davidson; Owners of City or Town Property: Dick Bruns, David Bang, Terry Steinmetz, Laura Sabby, Jane Podgorniak, Steve Wise, Roger Rustad; Persons Having Knowledge of Property Values: Paul Tenold, Tyson Robb, David Irons, Aaron Carman, Ben Tweeten, Tim Enderson,; Zoning Commission – Jeff Gorball, David Quisley; Zoning Board of Adjustment (5-year) – Steve Butler; Zoning Administrative Officer (5-year) Matt Duve; NW Iowa Care Connections Governing Board (1-year) - A.J. Stone, Enos Loberg; Winn Worth Betco Advisory Board (3-year) – Enos Loberg; Board of Directors – Second Judicial District Department of Correctional Services (1-year) – Enos Loberg, A.J. Stone; NIACOG(1-year) – A.J. Stone, Mark Smeby, Rick Scholbrock; Transportation Policy Board (1-year) – Mark Smeby, Melissa Michaelis; NIACOG Revolving Loan Fund Committee (1-year) – Andy Helgeson; Airport Zoning Ordinance-Board of Adjustment (3-year) – A.J. Stone.

Motion by Loberg, second by Stone, carried to adjourn at 9:43 A.M. The next meeting of the Board of Supervisors will be Monday, January 24, 2022 at 8:30 A.M.

Jacki A. Backhaus, Auditor
Aaron Stone, Chairperson



Worth County Treasurer's Semiannual Reconciliation

For 07/01/2021 - 12/31/2021

	Beginning Treasurer's Balance	Total Revenues	Beginning Balance + Total Revenues	Total Expenses	Change in Outstanding	Calculated Ending Treasurer's Balance	Actual Ending Treasurer's Balance	Difference	Outstanding Bank Items
0001 - GENERAL BASIC	623526.39	2807069.76	3430596.15	2667798.12	-12577.18	950220.85	950220.85	0	100460.44
0002 - GENERAL SUPPLEMENTAL	765543.86	784925.27	1550469.13	828504.67	288.2	722230.86	722230.86	0	291.2
0003 - GENERAL BASIC TRUST	14973.16	0	14973.16	0	0	14973.16	14973.16	0	0
0004 - ARP FUND	0	716836.5	716836.5	0	0	716836.5	716836.5	0	0
0010 - MH-DD SERVICES FUND	210598.42	90880.1	301478.52	174696.5	0	126782.02	126782.02	0	0
0011 - RURAL SERVICE BASIC	345750.22	1222026.89	1568777.11	1007451.52	-2777.01	558548.58	558548.58	0	10013.3
0014 - RURAL SERVICES TRUST	131069.25	76468.64	207537.89	10169.06	-11184.42	186184.41	186184.41	0	0
0020 - SECONDARY ROADS	2534058.48	4687051.25	7221109.73	5563745.62	-57929.36	1599434.75	1599434.75	0	67482.52
0021 - HWY 105 TRUST FUND	1744257.27	4309.27	1748566.54	1300000	0	448566.54	448566.54	0	0
0023 - ENHANCEMENT/PROTECTION(REAP)	22397.75	8786	31183.75	0	0	31183.75	31183.75	0	0
0024 - RECORDER'S RECORDS MGT. FUND	12966.55	843	13809.55	0	0	13809.55	13809.55	0	0
0026 - EMERGENCY MEDICAL SERVICES	1636.86	2605	4241.86	1302.9	-500	2438.96	2438.96	0	15.74
0027 - CNTY CONSERVATION RESERVE	39647.68	0	39647.68	0	0	39647.68	39647.68	0	0
0029 - COUNTY DISPOSAL CLOSURE FUND	6611	0	6611	0	0	6611	6611	0	0
0030 - BOARD/ROOM	79686.31	17174.7	96861.01	20000	0	76861.01	76861.01	0	0
0031 - PROBATION FEES	33880.95	0	33880.95	0	0	33880.95	33880.95	0	0
0036 - COMMISSARY FUND	6366.42	7000	13366.42	2555.4	0	10811.02	10811.02	0	0
0037 - DARE	3940.08	0	3940.08	0	0	3940.08	3940.08	0	0
0038 - WINDFARM TIF	4577345.1	1594293.42	6171638.52	1974957.03	-750	4195931.49	4195931.49	0	0
0039 - FORFEITURE FUND	5928.78	0	5928.78	0	0	5928.78	5928.78	0	0
0040 - CANINE FUND	5961.07	0	5961.07	0	0	5961.07	5961.07	0	0
0042 - NEW HEAVEN GRANT TIF	17729.98	2759.37	20489.35	0	0	20489.35	20489.35	0	0
0043 - RESERVE DEPUTY FUND	14084.48	0	14084.48	7137.34	3613	10560.14	10560.14	0	3613
0100 - DRAINAGE	485318.47	593149.17	1078467.64	249215.04	-320716.33	508536.27	323927.75	184608.52	1800
4000 - EMERGENCY MGNT AGENCY	135044.24	59034.26	194078.5	44331.77	188.8	149930.53	149930.53	0	1426.52
4010 - E911	827120.09	98929.25	926049.34	46854.54	2034.8	881229.6	881229.6	0	2034.8
4060 - FLEX BENEFITS	4847.47	5105.14	9752.61	2865.73	0	6886.88	6886.88	0	0
4100 - COUNTY ASSESSOR AGENCY	728323.04	199338.65	927661.69	316073.35	-204.94	611383.4	611383.4	0	4009.32
4140 - AG EXT EDUCATION	2402.11	123396.75	125798.86	123977.53	0	1821.33	1821.33	0	0
4180 - PROPERTY TAX AGENCY FUND	20.56	1018.91	1039.47	1024.46	0	15.01	15.01	0	0
4200 - SCHOOL DISTRICTS	87887.41	4773614.7	4861502.11	4794885.36	0	66616.75	66616.75	0	0
4300 - NIACC	7835.56	433091.57	440727.13	434598.34	0	6128.79	6128.79	0	0
4400 - CORPORATIONS	31781.31	1229702.19	1261483.5	1254180.25	0	7303.25	7303.25	0	0
4450 - CITY SPECIALS	17914.65	3120.83	21035.48	20761.14	0	274.34	274.34	0	0
4500 - PRIVATE OWNED TAX SALE CERTS	28408	39534.06	67942.06	49636.74	-532	17773.32	17773.32	0	0
4700 - TOWNSHIPS	1828.75	87448.21	89276.96	87427.45	0	1849.51	1849.51	0	0
5010 - MOTOR VEHICLE FUND	168018.5	953512.55	1121531.05	911036.25	-120.7	210374.1	210374.1	0	262.3
5020 - USE TAX	95438.25	560807.35	656245.6	564022.19	0	92223.41	92223.41	0	0
5040 - AGPAT FUND	17.1	45.6	62.7	57.95	0	4.75	4.75	0	0
5090 - TAX IN ADVANCE	19467.24	-8526.24	10941	0	0	10941	10941	0	0
5100 - UNAPPORTIONED TAX FUND	24	0	24	0	0	24	24	0	24
5300 - RECORDER'S ELEC FEE FUND	90	843	933	800	0	133	133	0	0
7000 - SHORT & OVER	459.02	0	459.02	0	0	459.02	459.02	0	0
8000 - WASTE WATER	167990.52	89955.53	457946.05	104460.65	-5998.43	347486.97	347486.97	0	2836.57
8001 - WATER	183959.05	74255.18	258214.23	53461.55	-5746	199006.68	199006.68	0	144
8500 - HEALTH INSURANCE FUND	146176.2	449244	595420.2	390428.17	623	205615.03	205615.03	0	59799
9999 - TREASURERS FUND	390	0	390	0	0	390	390	0	390
Report Totals:	14798321.6	21790649.89	36528971.43	29008416.62	-412515.57	13108239.24	12923630.72	184608.52	254602.71

I hereby certify the above report to be a true and accurate account of transactions during the period(s) specified. Jake Hanson-Worth County Treasurer

Northwood Anchor

Legal

Notice

IN THE IOWA
DISTRICT COURT
FOR WORTH COUNTY IN
THE MATTER OF THE
ESTATE OF
JERRY GRUNDEL,
Deceased
Probate No. ESPR009297
NOTICE OF PROBATE OF
WILL, OF APPOINTMENT
OF EXECUTOR, AND
NOTICE TO CREDITORS

To All Persons Interested in the Estate of Jerry A. Grundel, Deceased, who died on or about the 26th day of November, 2021:

You are hereby notified that on December 16, 2021, the Last Will and Testament of Jerry A. Grundel, Deceased, bearing date of the 5th day of August, 2009, was admitted to probate in the above named court and that Susan K. Grundel was appointed Executor of the estate. Any action to set aside the will must be brought in the District Court of said county within the later to occur of four months from the date of the second publication of this Notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 28th day of December, 2021.

Susan K. Grundel
401 Fifth Avenue North
Northwood, IA 50459
Executor

Habbo G. Fokkena
P.O. Box 250
Clarksville, IA 50619
Attorney for Executor

Date of second publication the 26th day of January, 2022.
3-2t

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY
VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

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Wed. 8 a.m. - 5 p.m.,Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - Noon
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

Iowa Farm Bureau $2,500 Renewable Scholarship applications due

High school students graduating in spring of 2022 are encouraged to apply for Iowa Farm Bureau Federation's (IFBF) $2,500 scholarship, awarded to 27 eligible Iowa high school seniors and renewable for four years, up to $10,000.

"Iowa leads the nation in agricultural production, and that is because of the innovation and strong work ethic of emerging young leaders," says IFBF President Brent Johnson. "Iowa Farm Bureau is proud to award nearly $500,000 in annual scholarships to these students whose agricultural knowledge will strengthen the industry and Iowa's rural communities."

Scholarship eligibility is reserved for current Iowa Farm Bureau members or their children in good standing with the organization. Those wishing to become members should visit www.iowafarmbureau.com. To be considered, the graduating high school student must have a minimum 2.5 grade point average, be involved in extra-curricular activities and accepted into an accredited higher education institution, including community colleges and technical schools.

To apply, students must submit a typed essay demonstrating their leadership, community involvement and how they would use the scholarship award to support Iowa Farm Bureau's mission of creating a vibrant future for agriculture, farm families and their communities.

Each of IFBF's 100 county Farm Bureaus will send one application from their county to be considered for the state award of which 27 students (three from each of Farm Bureau's nine districts) will be selected. To qualify for scholarship renewal, the recipient must continue to meet the scholarship requirements.

Many county Farm Bureaus also offer a locally-sponsored scholarship; availability and amounts vary. Both the state and county awards can be applied for using the same application, found at www.iowafarmbureau.com/Member-Benefits/Iowa-Farm-Bureau-Scholarships.

Applications must be sent via one email to the student's local county Farm Bureau office by February 10, 2022. Contact the IFBF Community Resources office at 515-225-5460 with questions.

Facts for Radon Awareness Week

This week is Radon Awareness Week, an effort of many national agencies to highlight the dangers of radon. Below are basic radon facts from the EPA:

Breathing radon in your home can cause lung cancer

Radon is a naturally occurring radioactive gas released in rock, soil and water that can build up to dangerous levels inside any home; this means new and old homes, well sealed and drafty homes, and homes with or without a basement. Radon gas is odorless and invisible and the only way to know if your home has a radon problem is to test for it.

Breathing radon can increase your risk of lung cancer. Radon is the number one cause of lung cancer among people who do not smoke. It is the second leading cause of lung cancer for people who do. EPA estimates that radon causes more than 20,000 deaths from lung cancer each year in the U.S. If you smoke and your home has a high radon level, your risk of lung cancer can increase even more.

Radon has been found in every state

Homes with high levels of radon have been found in every state. In fact, radon levels can vary greatly from home to home--even levels next door can be very different.

You should test for radon

Testing your house for radon is easy. If your house has a radon problem, it can be fixed. Fixing a radon problem reduces the risk of lung cancer for you and your family.

A simple test will tell you if your home has a high radon level. Most radon tests last between 2 and 7 days. It's as easy as opening a package, and putting the test kit in the right place. After sending the test kit back to the address in the package, the company will send your radon test results in about 2 weeks.

The U.S. Surgeon General recommends ALL homes be tested for radon gas.

Radon is a serious health risk. It can be reduced easily and cost-effectively. Take action today. Encourage your friends and family members to do the same!

Many local home improvement or hardware stores sell test kits. Test kits can be ordered online too. Sometimes you can get a test kit from your state radon office. You also can hire a qualified tester to do a radon test for you. Your state radon program may keep a list of these professionals.

Kansas State University, under a cooperative agreement with EPA, provides national radon program services, including selling radon test kits and answering toll-free radon hotlines. For more information about radon testing call 1-800-SOS-RADON (1-800-767-7236) or visit https://www.epa.gov/radon/find-radon-test-kit-or-measurement-and-mitigation-professional.

You can fix a radon problem

Help is available to fix a radon problem. You can call your state radon office to find qualified radon mitigators in your area. Also local companies with radon mitigators are in the phone book or online. The cost to reduce radon depends on how your home was built and how you use it. Most homes can be fixed for about the same cost as other common home repairs.

New homes can be built with radon-resistant features

Building new homes with simple and cost-effective radon-resistant features can reduce radon entry. Contact your builder or visit https://www.epa.gov/radon/radon-resistant-construction-basics-and- techniques for more information.

Every home should be tested before, or soon after, you move in. Even homes built with radon-resistant construction features should be tested. If high radon levels are found, it is easier and costs less to reduce radon levels in homes that are built radon-resistant.

How to Get Radon Test Kits

To get an easy-to-use radon test kit, you can:

• Buy a test kit online or at your local home improvement or hardware store. Many kits are priced under $25.00.

• Order a test kit at www.sosradon.org or by calling 1-800-SOS-RADON (1-800-767-7236).

• Request a test kit from your state radon program, which also has information on radon testing companies and laboratories in your area. Visit https://www.epa.gov/ radon/find-information-about-local- radon-zones-and-state-contact-information.

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First 50 Words $10 plus .10/ word over 50
(Minimum charge $10)
Classified Display; $6.40 per column inch
$1.50 Billing Charge
Phone 324-1051 or by
Deadline Noon on Fridays

CLASSIFIED ADVERTISING

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FOR RENT: One Bedroom Apartment upstairs for rent. Stove, refrigerator, microwave & water included. No smoking/ no pets. Application & references. $310 plus deposit. Call 641-390-1317. 45tfBN

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We offer
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***Must meet income guidelines**
Equal Opportunity Provider & Employer

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VOICE 1-800-735-2943
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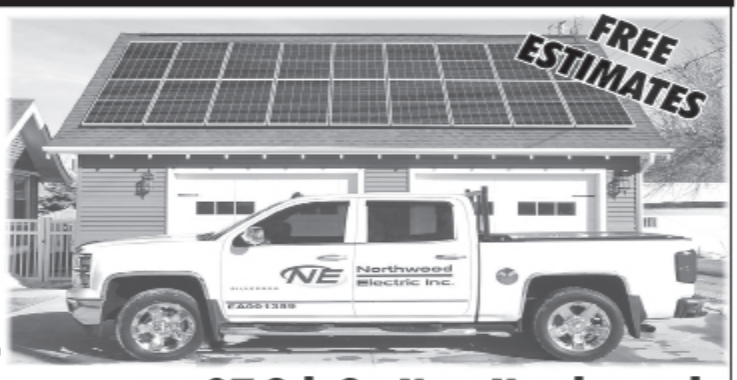
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Anchor Sports



COLBY ESKILDSEN

Stat of the Week: *Standing 6'4" but with perhaps the best ball-handling skills on the team, N-K's freshman sensation Colby Eskildsen has TIC East coaches scratching their heads on what to do with the huge talent. Eskildsen, in three games last week, scored 53 points and grabbed 14 rebounds as the Vikings won one and lost two. Eskildsen is tied for first on the team with 13.4 points per game and second with 5.4 rebounds as the season nears its end.*



JESSIKA AUSBORN

Stat of the Week: *Freshman wrestlers seem to take long enough getting used to varsity wrestling, but when you're a freshman girl, often facing boys, it can be an even more daunting task. But that has not stopped N-K's Jessika Ausborn, who just got done competing in the first ever all girls state tournament where she went 1-2, picking up her win by fall. Ausborn, who is now the girls' career wins leader at N-K with a 17-11 record, will also be forever known as the first N-K girl to win by fall at a state tournament.*

Vikings stay out of basement of TIC East with win over RRMR

By Mike Simmons
Sports Editor

The Northwood-Kensett boys basketball team managed to keep themselves out of the basement of the Top of Iowa Conference East with a win last week over Rudd-Rockford-Marble Rock, keeping them just two games better than last place Saint Ansgar.

The Vikings, who traveled to Sheffield last Tuesday night to face a team they've never beaten, the Warhawks are 27-0 all-time against N-K, played extremely well against the more experienced WF team despite the 14-point loss.

The first half and the first eight minutes of play have been a struggle for the young Vikings and that led to a 19-9 deficit after one quarter of play in Sheffield.

Failing to find its game in the second, N-K fell further behind after being outscored 20-11, leading to a 19-point deficit at the half, 39-20. But the second half was all N-K as it came out and outscored the home team 35-30 to cut the lead to just 14 points at the buzzer.

Freshman Colby Eskildsen led the team with 18 points on 6-11 shooting from the field while Carter Anderson and Kooper Julseth added 13 and 12 points respectively.

Hoping to pull off a TIC East win at home last Friday night, the Vikings instead found themselves on the wrong end of an 11-3 first quarter score, N-K's only basket coming on an Anderson trey with 4:45 left in the first.

But with Jason Hanson, Eskildsen and Julseth dominating the second quarter, the Vikings went from an 11-3 deficit to a slim 26-24 halftime advantage after two free throws gave them their first lead of the game with just :25 seconds left in the half.

With its shots now falling in the second half, the Vikings shot 32.7 percent for the game after the horrendous start, the game started going the home team's way, taking a 39-35 lead into the final eight minutes of play.

In the fourth, this team that is talented but still learning to win, finally closed out an opponent, outscoring the Warriors 16-7 in the fourth to secure the TIC East win, 55-42. Eskildsen scored a game high 24 points with Hanson and Julseth adding 12 and 10 points respectively.

Last Saturday the Vikings faced the always tough Bulldogs of Lake Mills who are coming off a state tournament appearance last season and are 11-0 in the TIC West.

N-K couldn't have started any poorer, trailing 13-0 before Anderson broke the drought with a basket at the 5:17 mark. The Vikings ended the first quarter facing a 22-6 deficit.

With the Bulldogs' size and ability to drain the trey like no others, they pulled away in the second quarter and took an insurmountable 42-16 lead into the halftime break.

The Vikings did recover in the second half but only after LM called off the dogs, scoring 20 second half points before falling by 34 points, 70-36.

Hanson led the team with 12 points and six boards in the non-conference loss.

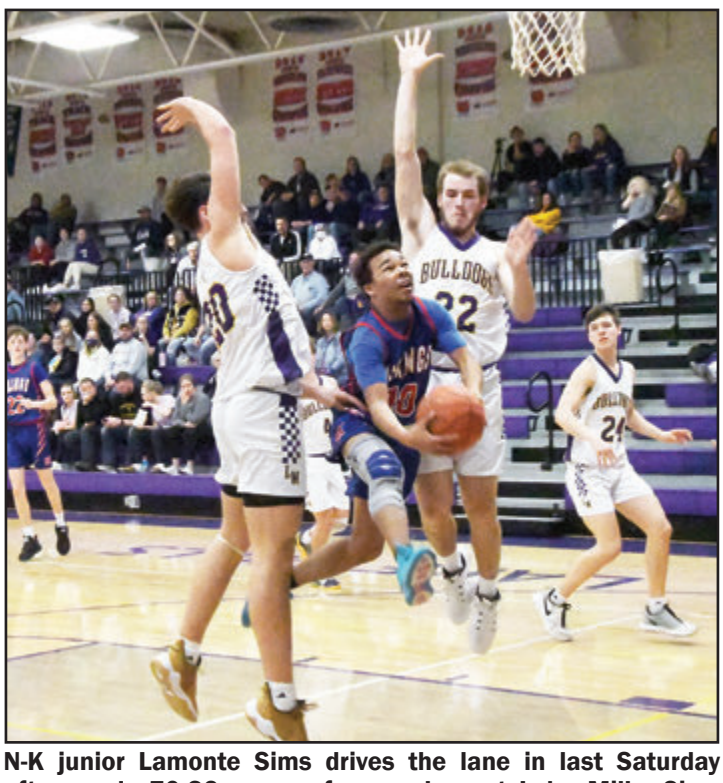
With the Vikings' 1-3 record last week they are now 4-9 overall and 3-7 in the TIC East, they had games this week on Monday versus Nashua-Plainfield, Thursday at RRMR and Friday versus Newman Catholic.

TIC East Standings

	TIC East	Overall
Newman Catholic	10-1	12-1
Osage	9-1	11-3
North Butler	7-4	10-5
Central Springs	6-5	8-7
West Fork	4-6	4-9
Nashua-Plainfield	4-7	7-7
Rockford	3-6	6-7
Northwood-Kensett	3-7	4-9
Saint Ansgar	1-10	1-14



Viking Carter Anderson splashes a 3-pointer in last Friday night's 55-42 TIC East win over RRMR. Anderson scored six points on the night and is now averaging 6.7 points per game, fourth best on the team.



N-K junior Lamonte Sims drives the lane in last Saturday afternoon's 70-36 non-conference loss at Lake Mills. Sims scored five points against the Bulldogs and is now averaging 4.2 points per game.

Lady Vikings win one of three, improve to 5-9 on the year

By Mike Simmons
Sports Editor

The Northwood-Kensett girls basketball team is slowly clawing its way out of the lower reaches of the Top of Iowa Conference East, improving to 4-6 in the conference after a big win over Rudd-Rockford-Marble Rock.

The Lady Vikings started last week on the road at West Fork, a team they haven't beaten since the 2017 season, a losing streak that is now at 10 games and counting after the Warhawks' 63-26 win last Tuesday night in Sheffield.

N-K had its best offensive output in the first eight minutes of play, scoring 12 points but unfortunately WF had its best quarter as well, pouring in a game high 27 points to take an early 15-point lead heading into the second quarter.

The home team continued to score at will in the second, taking an insurmountable 27-point lead into the locker room at the halftime break, 47-20. The Lady Vikings, who hit just 1-12 from 3-point range, couldn't shoot themselves back in the game in the second half of play and fell to the Warhawks 63-26.

Sophomore Chloe Costello led the team in multiple categories, including points scored (10), assists (2) and rebounds (6). N-K's usually reliable bench came up short against WF, hitting only 2-13 shots taken for a total of four bench points.

Needing a win in a desperate way the Lady Vikings won the luck of the draw with the last place team in the TIC East in town last Friday night, the Lady Warriors of RRMR, who came into the game at 1-12 overall and 0-9 in the conference.

Suffering though from the first quarter blues, the Lady Vikings fell behind by four points after the first eight minutes of play when they could manage just five first quarter points, trailing 9-5. N-K came out in the second quarter looking like a different team and poured in 22 second quarter points, securing a 27-15 advantage at the half.

That 12-point lead left the Lady Warriors with a bit of hope coming out after the halftime break, but that hope was soon dashed by N-K when they scored 19 points in the third, giving it a 46-19 lead heading into the final eight minutes of play, a lead that was just out of reach for the visitors as the Lady Vikings went on to win 55-26.

"We haven't played a good first quarter yet, if you look at the stats the first quarter is way down for us," said Lady Vikings head coach Daryl Love. "We've tried different warmups and still can't come up with what the problem is. Once things start going our way we relax and the game goes on we're a much better team, but we have to start playing four quarters of basketball, not just three."

N-K took an incredible 70 shots from the field, hitting only 17 for a 24.3 field goal percentage. But with all five starters scoring, including Costello (15), Madalynn Hanson (10), Emma Davidson (9), Carly Hengesteg (6) and Ella Leonard (6), they connected on enough shots for the win, its third consecutive over RRMR after snapping a seven-game losing streak.

The final game of the week was last Saturday at Lake Mills, where the Lady Vikings, despite the 10-point loss, did play four quarters of ball like the coach wanted.

After scoring 13 first quarter points against the Bulldogs, the Lady Vikings trailed by just seven at the half and then evened the score at 44-44 with just 5:28 remaining in the fourth quarter.

N-K's Morgan Wallin scored with 4:00 remaining to pull N-K to within three at 51-48 but LM was able to seal the win at the free-throw line, sinking four free throws in the final 1:06 of play to secure the non-conference win over the Lady Vikings, 60-50.

With the two losses last week the Lady Vikings are now 5-9 overall and 4-6 in the TIC East.

N-K had games this week on Monday versus Nashua-Plainfield, Thursday at RRMR and Friday versus Mason City Newman.

TIC East Standings

	TIC East	Overall
Osage	9-1	11-3
Saint Ansgar	9-2	11-4
West Fork	8-2	11-3
Central Springs	5-4	9-6
Nashua-Plainfield	6-5	9-6
Northwood-Kensett	4-6	5-9
Newman Catholic	3-7	3-11
North Butler	1-9	1-14
Rockford	0-9	1-12



N-K senior Carly Hengesteg goes up for a shot and draws a foul in last Friday night's 55-26 TIC East win over RRMR. Hengesteg scored six points on the night, four of them coming at the charity stripe where she was a perfect 4-4.



Lady Viking Chloe Costello drives the lane for two points in last Saturday's 60-50 loss at Lake Mills. Costello is second on the team in scoring this season with 6.6 points per game.

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