The Northwood Anchor

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Briefs

N-K blood drive set for Friday

Northwood-Kensett will host a blood drive this Friday, May 6.

The blood drive will be held at the N-K high school gymnasium, on May 6, from 8 a.m. to 1 p.m.

Appointments are required and may be scheduled online at donor.lifesevebloodcenter.org/donor/schedules/drive_schedule/177696. Appointments may also be scheduled by contacting Megan Thorson by email at mthorson@nkvikings.com.

N-K students host garage sale Saturday

The Northwood-Kensett National Honor Society and Student Council will host a rummage sale this Saturday, May 7. They are currently looking for donations, as well as inviting people to the sale.

Donations can be brought to NHS and council advisor Mrs. Clark at the high school, or given to NHS or Student Council members.

The garage sale will include a "sack sale," where anything too large will have a sticker with a price.

The sale will be held this Saturday, May 7, from 10 a.m. to 2 p.m. in the N-K High School gym.

The money raised will be donated to the Children's Cancer Connection in Des Moines and the New Beginnings House of Hope (Women and Children's Shelter) in Mason City.

Pigs take flight to fight cancer

People in Worth County and its communities may soon be visited by any number of flying pigs as they take flight as a fundraiser for the Relay For Life of Worth County.

In the coming weeks, the pigs will be traveling from yard to yard. As they arrive, people are encouraged to make a donation to the Relay and choose the pig's next destination.

Contact information for the pig's helper accompanies each pig.



Members of the Twenties Club happy to hold their first Senior Tea since April 2019, pictured above, include (from left) Deanna Luedtke, Deb Nagle, Becky Tews, Sue Loken, Linda Loken, Becky Hickman, Gerry Arnold, Jeanne Bruggeman, Sandy Olson, Sandy Hyde, Connie Hogen, Marcia Price and Delores Knudson.

Twenties Club welcomes return of Senior Tea

By JoAnn Lower

April 27 was a special day for the Twenties Club. With the exception of their Christmas gathering in December, the Annual Senior Tea is the first time the group has met since the pandemic.

A multigenerational group, the Twenties Club had its beginning in the 1920s and always tries to keep at least 20 members.

"I became involved because my mother-in-law Linda is a member," said Sue Loken. "Five women in my family have participated in the Annual Senior Tea. It's a long-standing tradition."

"The club invites all the Northwood-Kensett senior girls to the tea, along with

Twenties, see Page 2



Seniors Briar Anderson and Carly Hengesteg

Northwood child care center amongst Iowa grants

Early this year nearly $37 million in Child Care grants to projects that will create nearly 5,200 new child care slots across Iowa were announced. That included funds for a project in Northwood.

The money will fund 108 projects in 72 Iowa communities. It will be matched by another $9.7 million in private investment that has been generated through community-based partnerships to alleviate a local child care need.

Originally launched in November at $10 million, Iowa Governor Reynolds expanded the program to accommodate the overwhelming number of quality applications. Working together, Iowa Workforce Development and the Iowa Department of Human Services will allocate $26.9 million in DHS federal funds, $3 million appropriated by the Iowa legislature for the Child Care Challenge Fund and $6.7 million in federal ARPA funds to the top scoring applications.

"As always, Iowans exceeded our expectations

Child Care, see Page 2

Supervisors discuss overlaps as zoning hearing is set

The Worth County supervisors recently discussed the next steps in the process of expanding zoning countywide, including areas overlapping the City of Manly, and a first public hearing.

The expanded zoning process started after the supervisors were advised that a proposed countywide wind development ordinance should not be passed on its own. Instead, it was recommended that the ordinance be added as zoning rules in the county ordinance.

Currently, the county's zoning only applies in Brookfield, Danville and Hartland townships, which are those that include Interstate 35.

For the proposed wind ordinance to apply county wide, zoning would have to be expanded countywide as well.

Supervisors, see Page 2

County looks at relief funds for premium pay

At their last meeting in April, the Worth County supervisors considered using federal relief funds for premium pay for dedicated employees that have worked during the pandemic.

At the meeting, the supervisors returned to a discussion of using federal pandemic relief funds to provide premium pay to County employees.

Supervisor Enos Loberg said that since the previous discussion, doing so has officially been ackowledged as an option, and its one he believed the County should pursue.

County auditor Jacki Backhaus said that the external auditors that advise the County had recommended against it.

Loberg singled out public health employees and law enforcement as particularly deserving of a "pat on the back," for their dedication of remaining with the county and showing up for the County during the pandemic.

County, see Page 2

The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. April 26	48	26	
Wed. April 27	55	32	
Thurs. April 28	50	35	1.01
Fri. April 29	55	44	0.04
Sat. April 30	61	47	0.16
Sun. May 1	49	41	0.27
Mon. May 2	45	39	

Council considers downtown sidewalk project along with DOT

The Northwood city council recently considered whether or not to dedicate funds to replace and/or repair all downtown sidewalks, or to limit the project to what will be undertaken by the Iowa DOT.

Last year the City of Northwood undertook an inspection process that required city residents to repair damaged sidewalks by July of this year. A few weeks later, the City learned that the Iowa Department of Transportation would be replacing sidewalks along Highway 65 as a part of a planned highway project in 2023.

The City has since given those that live along the highway an extension as the DOT may replace sidewalks for them.

That also applies to downtown sidewalks that are along the highway, including Central Avenue from 10th Street to Eighth Street.

That does not include the Central Avenue sidewalks downtown to the west, which were discussed at the regular council meeting on April 25.

The meeting's agenda included a professional services agreement with the WHKS engineering firm to look at and provide plans to replace the sidewalks to the west of the downtown intersection.

WHKS is also working with the DOT on its planned sidewalk replacements downtown. The firm would design the City's portion to match and to potentially be included as a part of the DOT bid for the sidewalks.

Sidewalk, see Page 2



Teagan Hackenmiller and Mr. Monte DeArmoun

Hackenmiller knows his Constitution

Teagan Hackenmiller of Northwood-Kensett Jr./Sr. High School was a finalist in The Iowa State Bar Association's Young Lawyers Division "Know Your Constitution" Project.

Students in Mr. DeArmoun's High School classes participated in the event.

Hackeniller was one of the 76 finalists selected from more than 500 students across the State of Iowa who participated in the "Know Your

Constitution, see Page 2

Northwood - Kensett Prom 2002 — See Pages 6-7



Twenties Club president Becky Hickman is pictured above serving N-K seniors Hayley Wallin and Hailee Schmidt at last week's Senior Tea

Twenties
Cont. from Page 1

their moms or a significant woman in their life. We ask them to tell us a little something about themselves, their future plans and thought-provoking questions related to the community. It's a great opportunity to get to know the girls. What I love about the Senior Tea is that it includes all generations."

"The last couple of years we've recognized the girls with a card, Northwood Dollars and a packet of raspberry tea. We didn't want them to totally miss out on the Senior Tea because of COVID."

"At each month's meeting someone is assigned as hostess, while another member is asked to do a presentation," said Loken. "This year's program theme is 'Who's Behind That Mask?' The members will look at who wore masks, why they wore masks and finally put some fun back into wearing a mask."

April's presenter was Marcia Price. Her exciting presentation was the "Phantom of the Opera - Music of the Night."

Another of the 20s Club special events is their annual mystery trip when one or two members plan a trip within a couple-hour drive from Northwood. Members are told how to dress but have no idea where they're going.

Current members of the Twenties Club include Gerry Arnold, Jeanne Bruggeman, Sonya Dahle, Gloria Fallgatter, Debra Herweyer, Becky Hickman, Connie Hogen, Sandy Hyde, Delores Knudson, Linda Loken, Sue Loken, Kathleen Lommen, Deanna Luedtke, Sharyl Lunde, Deb Nagle, Sandy Olson, Marcia Price, Ellen Rineck and Becky Tews.

Sue Loken and her husband Rod farm outside Northwood. They have two grown children. Son Jake and his wife Tori live in rural Northwood. Daughter Casey and her husband Sam Carlson farm in Darwin, Minnesota. Grandson Caleb will be two in July.

Twenty-five years ago Sue developed and continues to coordinate the Learning Connection Program, an early childhood and parents support program. "I'm happy to say this rewarding project has helped a lot of families over the years."

Child Care
Cont. from Page 1

in terms of the number, quality and creativity of the applications we received," said Beth Townsend, Director of Iowa Workforce Development. "There are an incredible number of innovative projects that will positively improve the lives of the communities, families and children that they serve. Having quality child care significantly increases the number of Iowans who can work, and the investment today will pay huge dividends in our future."

Iowa leads the nation in the percentage of households where both parents work outside the home. However, 23 percent of Iowans (35 percent of those in rural areas) live in areas lacking an adequate supply of child care. The U.S. Chamber of Commerce Federation estimates that this child care shortage costs the state's economy nearly $1 billion annually in lost tax revenue, worker absence and employee turnover.

The list of approved grants includes one in Northwood. Childtime Clubhouse received a total of $440,495. The Clubhouse is expected to have 63 new child care slots.

Information included with the grant announcement, reads: "Childtime Clubhouse will open a new center with the goal being to provide a safe and welcoming environment to support and care for children of all ages. The most important outcome we will achieve by opening this facility is closing the large gap in access to childcare that Worth County is currently facing. We will also be able to support community members by generating new jobs. In all, this opportunity would benefit everyone in the community and provide a resource that so many around us desperately need."

County
Cont. from Page 1

Loberg also pointed to the premium pay that the City of Northwood had given its employees. He also noted that Northwood-Kensett staff had received money through a combination of State retention bonuses to all full time teachers and district funds to other staff.

Backhaus asked if they knew if other counties had used the pandemic relief for employee pay.

Loberg mentioned one county that had decided against it, citing a larger increase in wages. He noted Worth County was not in that position. He said that, while wages were up for the coming fiscal year in Worth, he said that only offset the previous year, when the supervisors had limited the pay increases for County staff.

Loberg said that all full time county employees should get a $1,000 payment. When asked to clarify, he said that should include all current employees, regardless of whether or not they had been with the County since the onset of the pandemic, which he noted as the approach taken by other local governments that have given premium pay.

Loberg said that it is an allowed use of the pandemic funds, with no cost to taxpayers, and so there had to be a way to do it that would not create issues with auditors or legal issues.

Supervisor AJ Stone agreed, but added that he wanted to make sure they could do it correctly without any legal or HR issues first.

Loberg noted that the next round of funds wouldn't be available until August. In the meantime, County officials will seek advice on how to approve the premium pay without any other challenges.

Supervisors
Cont. from Page 1

While it is not the first time that expanded zoning has been considered, previous considerations had not advanced.

This time, the call for countywide expansion initiated a process under which the Worth County planning and zoning commission reviewed the need and process of expanding zoning, including several meetings and two public hearings. The commission ultimately made the recommendation to the supervisors that zoning should expand.

At their April 25 meeting, the supervisors discussed the need to inform cities that have extended their zoning, which is allowed up to 2 miles outside of city borders, where no county zoning is in place. If expanded, the county's zoning ordinance in the areas outside of city limits would supercede any city's zoning reach.

The only place that would apply in Worth would be the City of Manly, which has extended its zoning two miles. Worth and Manly officials will have to meet and discuss whether the County's ordinance accomplishes the same goals as the City's extended zoning, or if the two should pursue an agreement that allows the City to extend its zoning reach again.

Beyond that discussion, the supervisors set a public hearing date to get reactions to the plans to expand zoning. It was set for their regular meeting on Monday, May 16.

Constitution
Cont. from Page 1

Constitution" Project.

Finalists were honored at a Virtual Awards Program over Zoom on February 15. Hackenmiller recently received a certificate and medal to recognize the achievement.

The "Know Your Constitution" Project is designed to enrich students' understanding and appreciation of the Constitution. The students participating in the project were required to familiarize themselves with Constitution related issues. A quiz was completed by each participating student. An essay question accompanied the quiz.

This year's essay topic involved Constitutional questions concerning qualifications for Social Security payments and the restriction that recipients must not leave the United States for more than 30 days. The question is modelled after a current case before the United State Supreme Court.

The Know Your Constitution program is sponsored by The Iowa State Bar Association, with additional funding from the Iowa State Bar Foundation and IOLTA..

Sidewalk
Cont. from Page 1

While the City would be included in the DOT designs, it would not be included in the DOT costs.

City administrator Amber Julseth shared that the estimated cost to the City for the sidewalks to the west could be as much as $250,000.

That price tag raised a concern for at least once council member. Gary Nerlien said he wasn't comfortable approving the engineering agreement until they had a better idea of how the City would pay for the sidewalk project, saying that it wasn't a priority for him.

Julseth said that the Council was at the point where they needed to decide whether or not to move forward with the downtown sidewalks, as the process of engineering, bidding, etc. and being included with the DOT work was approaching, with bids set for August.

Julseth laid out three options for the Council. The Council could go forward and pay for the project, noting that the property owners living along Highway 65 would not have to pay for their portions of the sidewalk. The City could also go forward with the project and assess the cost to the adjacent property owners. Or, the City could forego the sidewalk replacement and require those in the area to fix sidewalk issues found during last year's inspection.

Asked about potential state or federal money for the project, Julseth said she was not aware of any. However, council member Dave Tenold said that the City would likely need an engineer's report on the project before any of those funds could be sought.

Tenold said that the City should hire the engineers and if cost estimates proved too much, the City could decide not to proceed.

City superintendent Dirk VanRyswyk said he could talk to local contractors about their expected costs to do similar work so that the City would have an idea about potential expenses and alternatives. VanRyswyk also noted that if the City does add itself to the State's bid, then the City's crew could not take on any of the project, which has been a cost-saving measure in other projects.

For his part, council member Dan Reeder said that he would like to see the City piggyback on the State's sidewalk project.

Mayor Doug Moehle said that the Council would have to decide whether or not to hire the engineers by its next meeting, set for May 9.

A motion was made to table action on the agreement with WHKS. It passed with council members Reeder, Nerlien, Teresa George-Zenz and Steve Peterson in favor. Tenold voted against the motion.



Up in flames

While the weather hasn't exactly been conducive to controlled burning of prairie and field areas, this small section east of Northwood was nevertheless set ablaze in one of the rainless evenings last week.

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Math Club learns about the math of candles, socks and trash

The Northwood-Kensett Math Club went on a field trip on April 20, visiting area businesses and an area landfill to learn more about real-life applications of math.

On the trip were 19 students in grades 7-12.

Their first stop was Milkhouse Candles' soy candle making factory in New Hampton, where they can make up to 12,000 candles per day. At the end of the tour, students were each given a small candle.

The next stop was the Fox River Mills Socks factory in Osage, where they are currently making 34,000 pairs of socks per day. Besides the knowledge of the sock making process, the students were each given a knitted cap in their gift bag with other goodies.

After learning about candles and socks, the students learned about pie, pizza pie to be exact, with a visit to Paradise Pizza in St. Ansgar for lunch and dessert.

Milkhouse Candles' smaller factory in St. Ansgar was the next stop. At this factory, the students learned about where they make about 6,000 candles per day.

The final visit was to the North Iowa Landfill, south of Mason City, where all the garbage from the city of Northwood, including N-K, is taken. Area schools and other surrounding communities bring tons of garbage per year.

Students brought used graphing calculator batteries there for recycling, and learned about all the other toxic items that can be brought to the landfill and saw what products can be picked up for use, for free.

Math Club advisor Lori Willert said, "Despite being rainy in the afternoon, the whole day was very interesting, educational, and a good time was had by all!"









April brings an additional death as COVID-19 cases trend upward in Worth County

Over the course of the month of April, the number of new cases of COVID-19 in Worth County remained unchanged initially, before cases began to increase. At the same time, one additional Worth resident was lost to the virus.

The official state data showed that, to start with, new COVID numbers remained low, with no new cases between March 30 and April 6 and one new case by April 13. The next week saw three new cases. In the last weekly data of month, 10 new cases of COVID-19 had been reported by the Iowa Department of Public Health.

The number of new cases reported across the region, including Worth and eight bordering counties showed a similar trend with 61 new cases by April 6, 77 new cases by April 13, 64 new cases by April 20 and, with the most recent data on April 27, there had been 139 new cases of COVID-19. That brought the new total of COVID-19 in the region to 45,835 since the State began reporting that figure.

That includes 2,964 in Winnebago, 2,842 in Hancock, 11,123 in Cerro Gordo, 3,560 in Floyd and 2,497 in Mitchell counties in Iowa, and 9,144 in Freeborn and 11,937 in Mower counties in Minnesota.

While numbers have seen a recent trend upward, they still remain low. All but one of the eight counties have low community levels of COVID, including Worth, according to the CDC. The exception is Mower County, where the number of COVID-related hospital admissions was high enough to put it in the medium community level.

Those figures note the number of COVID-19 cases that are reported to public health agencies. It does not include home or work-based tests that aren't reported.

While the number of COVID cases has seen a recent increase, the number of deaths has remained consistently low over the course of the month of April. Unfortunately, the increase included one additional death in Worth County.

At the start of April, there had been 16 deaths to COVID in Worth. That increased to 17 with the data released on April 20.

Across the region, there had been 534 deaths on March 30. By April 27, there had been 538, an increase of 4.

According to the CDC, 3,840 residents of Worth County have been fully vaccinated, for 52% of the total population. That is up 13 Worth County residents since March 30.

CDC numbers show that 4,079 Worth residents have received at least one dose of vaccine, for 55.3% of the population. That is up 10 since March 30.

In the county, 1,344 of those 65 and over were fully vaccinated, 87% of that population. That was up 8 since March 30. Of that age group, 1,402, or 90.7% have had at least one dose. That was also up 4 since the end of March.

Of those 18 and over, 3,596 have been fully vaccinated, for 61.5% of that population. Of those, 3,813 have received one dose, for 65%.

Other age groups showed the same increases, indicated that no one younger than 18 had become fully vaccinated or recieved a first dose since March 30.

Of the 12 and over age group, 3,769, or 59.1% have been fully vaccinated. Of those 12 and older, 4,003 or 62.6% have received at least one dose.

Of those 5 years and older in Worth County, 55.1% have been fully vaccinated and 58.6% have received at least one dose.

While a second booster is recommended for those 50 years of older and who are immunocompromised, that information is not yet reflected in CDC data.

CDC numbers do share the number of people that have received their initial booster dose. In Worth County, 2,189 of those fully vaccinated have recieved at least one booster, for 57%. Out of the total population, 29.7% of county residents are fully vaccinated and also boosted.

Amongst those that are fully vaccinated, 82.8% of those 65 and over have received a booster, 60.2% of those 18 and older and 58.1% of those 12 years or older, the youngest age range that a booster dose has been approved for.

Other counties in the region have vaccination rates that include 52.4% in Winnebago, 49.8% in Hancock, 63.2% in Cerro Gordo, 53.1% in Floyd, 48.9% in Mitchell, 57.7% in Freeborn and 62.4% in Mower counties.

Across the region, 58.1% of the total population has been fully vaccinated.

Information and COVID-19 data can be found the Iowa Department of Public Health website, online at idph.iowa.gov.

Information is also shared at the CDC website, at covid.coc.gov/covid-data-tracker.

Local vaccine and other information can be found at Worth County Public Health's Facebook page, or by calling 641-324-1741.

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Intra-mural

The walls inside Northwood-Kensett High School have been made more colorful recently, with the additional of a mural painted on the walls. Pictured above are Kennedy Christianson and Madison Berry as they work on the project at the school.



The 2021-2022 State 4-H Council is pictured above, including Worth County 4-H'ers Cecelia Hill, Marli Backhaus, Teagan Johnson and Kendra Kinne.

State 4-H Council collects pop tabs to carry on legacy of former member

For the past five years, people across Iowa have been collecting the tabs off their pop cans in honor of former 4-H member Jacy McAlexander, who passed away after a courageous battle with cancer in 2018.

"Jacy was a 2017-18 State 4-H Council member with a big heart and was passionate about serving others through the Ronald McDonald House," said Haley Jones, 4-H State Council advisor and 4-H program specialist with Iowa State University Extension and Outreach.

Before his passing, Jacy had a goal to collect one ton of pop tabs for the Ronald McDonald House. To honor their fellow council member, the 2017-2018 State 4-H Council members organized a statewide pop tab drive in all of Iowa's 100 county extension districts on Jacy's behalf, calling it "Pop Tabs for Jacy."

Council members encouraged the ISU Extension and Outreach county offices to collect the tabs and bring them to the 2018 Iowa 4-H Youth Conference in Ames. Over 1,000 pounds of pop tabs were collected, enough to fill a large cargo van. A special recognition ceremony was held during the conference banquet, where the pop tabs and other memorials were presented to Jacy's family. He was the son of Earl and Kerri McAlexander of Rockwell City. Earl is the 4-H youth program specialist for Carroll, Greene and Crawford counties.

Each State Council group since then has chosen to continue Jacy's legacy with a statewide service effort encouraging Iowans to save their pop tabs for the Ronald McDonald House. The 2021-22 State Council has a goal to collect 1,000 pounds of pop tabs or 10 pounds from each Iowa county extension district by the 2022 Iowa 4-H Youth Conference, June 28-30 at Iowa State University in Ames.

Anyone wishing to donate pop tabs on Jacy's behalf can drop them off at their ISU Extension and Outreach county office or deliver them to any of the three Ronald McDonald House locations in Iowa. The Ronald McDonald Houses will take the tabs to a recycling center where they are exchanged for money. Every year more than $10,000 is raised through this program.

"We love to know that people remember Jacy, and we also love that new people are hearing his story and learning about the things he cared about," Earl McAlexander said. "We will forever be heartbroken from Jacy's loss, but projects like this help heal that. We are very happy that places such as the Ronald McDonald House are still being helped in his name."

"When we all donate pop tabs, this not only represents how much he [Jacy] meant to our organization but how we can use his name to help give back and help people in need," explained Noah Johnson, a 2021-22 State 4-H Council member from Taylor County. "As someone who had a family member spend time in the Ronald McDonald House, I appreciate the impact that this service project can have on those kids and families in need. By continuing Jacy's legacy of collecting pop tabs, we are just a small part of improving the lives of those who need it."

For more information about the Pop Tabs for Jacy drive, contact Haley Jones, at hjones@iastate.edu.



Stories and crafts for moms

The Northwood Public Library hosted its latest Story Time last week, with several youngsters coming to hear a good book and take part in crafts and other activities. The crafting was meant to provide special someones in their life with some artwork as Mother's Day approaches. That included handprint berries and caterpillars with their names on them, as pictured here.

Iowa State University Extension Worth County Office 641-324-1531

Calendar of Events for May 2022

May 9–Iowa State University Extension County Services Meeting at Virtual Zoom Connection, 1 P.M. with Dennis Johnson, Worth County Extension Education Specialist
May 10–Worth County 4-H Clover Kids at Worth County Extension Community Room, 3:45 P.M. with Lacey Waller, Worth County 4-H Clover Kids Coordinator
May 10–Fertile Garden Club Presentation at Fertile Community Center, 6:30 P.M. with Dennis Johnson, Worth County Extension Education Specialist
May 11–ISU Extension Horticulture Zoom Meeting at Virtual from ISU Campus, Ames, 8:30 A.M. with Dennis Johnson
May 11–Worth and Winnebago County Women Land and Legacy Committee Meeting at Lake Mills Teluwut, 11:30 A.M. with Dennis Johnson
May 12–4-H e-Staff Meeting at Worth County Extension Office, Northwood, 9 A.M. with Kimberly Bode, Worth County 4-H Youth Coordinator and Dennis Johnson
May 12–Worth County Fair Board Meeting at Worth County Fairgrounds Community Room, Northwood, 7 P.M. with Dennis Johnson
Mid-May–Worth County Extension 4-H 6th Grade Garden Planting Day at 4-H Vegetable Garden Worth County Fairgrounds, Northwood, TBD with Dennis Johnson
May 15–4-H Livestock ID's due to State 4-H Office, Iowa State Fair, Des Moines with Dennis Johnson
May 16–Worth County 4-H Fair Food Stand Planning Meeting at Worth County 4-H Food Stand, Fairgrounds, 6 P.M. with Dennis Johnson, Lacey Waller and Kimberly Bode
May 18–4-H Regional Extension Meeting at Cerro Gordo County Extension Office, 9 A.M. with Kimberly Bode
May 18–Region 4 Extension Education Director Meeting at Floyd County Extension Office, Charles City, 9:30 A.M. with Dennis Johnson
May 19–Worth County 4-H Clover Kids Meeting at Worth County Extension Community Room, Fairgrounds, 3:45 P.M. with Lacey Waller
May 23–North Central Iowa Extension Agriculture Team Meeting at Zoom Virtual Connect, 9 A.M. with Dennis Johnson
May 24–Worth County Beautification Meeting at Worth County Community Room at Fairgrounds, 9 A.M. with Dennis Johnson
May 25–ISU Extension Horticulture Meeting at Virtual Zoom Connection, 8:30 A.M. with Dennis Johnson
May 25–Worth County Extension Council Fiscal Management Committee Meeting at Worth County Extension Office Community Room, 6 P.M. with Donovan Olson, Regional Extension Education Director
May 31–Worth County Extension Council Meeting at Virtual Zoom and in person Meeting at Extension Office, 7 P.M. with Curt Schaub, Worth County Extension Council President, Donovan Olson and Dennis Johnson
June 1–4-Hers for 4-H Due at Worth County Extension Office, Northwood, 4 P.M. with Lacey Waller

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N-K SPRING SPORTS



2022 N-K boys golf team

The N-K boys golf team includes (kneeling in front row, from left), Brody Paulson, Camden Trenhaile, Breyden Hoeppner, (standing in back row) Jason Hanson, Mason Thofson, Andrew Wilder, Nicholas Hanson and Carter Anderson.



2022 N-K girls golf team

The N-K girls golf team includes (sitting in front row) Emma Davidson, (kneeling in middle row, from left) Peyton Wilder, Haddie Hanson, (standing in back row) Hayley Wallin and Ella Leonard.

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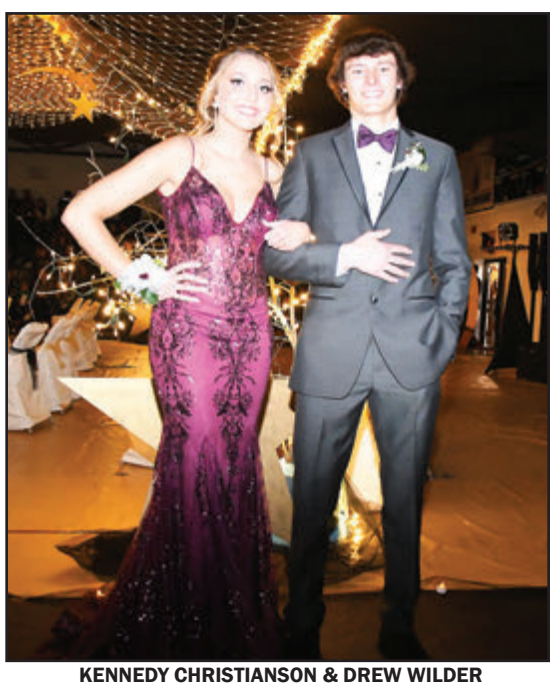

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N-K Senior project showcase set for Wednesday, May 11

English 12 students will display their senior projects in the Senior Project Showcase on Wednesday, May 11, 2022, at Northwood-Kensett High School from 6 to 7 p.m.

The Senior Project requires each student to research a topic of choice, write a research paper about the topic and complete and display a project related to the topic. The student's final project must take a minimum of 30 hours to complete.

This year's seniors are working on projects that include construction, needlework, automotive work and composing music--along with many others. Seniors will be available to discuss their projects and to answer questions during the Senior Project Showcase.

The public is invited to view the projects, which will be located in the student center (lunchroom) and back parking lot of the high school building.

Willand takes Drake crown, only second Viking to ever win a Drake Relay title

By Mike Simmons
Sports Editor

Northwood-Kensett's Wyatt Willand, a wheelchair event superstar who is set to be an Arizona Wildcat next year, imposed his will on the rest of the field last Friday afternoon at the annual Drake Relays in Des Moines.

Willand, the fastest racer in the wheelchair events in the state this season, proved his numbers while racing alone are just as good if not better when he has some competitors on the track with him.

The talented N-K senior clocked the fourth fastest time in Drake Relays history, completing the Blue Oval in the 400 in 56.91, his season best. With the Drake Relays title in his hands, Willand also became just the second Viking to ever win a Drake Relays championship, the other was UNI's and N-K alum, the talented discus thrower Tom Yezek, who also took home a state title for the Vikings in the discus.

As of today, Willand also holds the top times in all classes in the 100, 200, 400 and 800-meter wheelchair events heading into the state tournament in just a couple of weeks.

400-meter Wheelchair Results at Drake Relays – Wyatt Willand (Northwood-Kensett) 56.91, Jayden Stafford (Mid-Prairie Wellman) 1:11.07, Xander Rentschler (West Lyon) 1:21. 59, Alayna Darter (DUB Hempstead) 1:33.88, Koda Beland (Cedar Falls) 1:40.70.

Davidson, Wilder help secure third place finish for N-K girls golf team

By Mike Simmons
Sports Editor

Northwood-Kensett's Emma Davidson and Payton Wilder set the pace for the girls golf team last Tuesday at their home course, the Northwood Country Club, placing second and third, shooting a 49 and 51 respectively.

The team of Davidson, Wilder, Ella Leonard (63), Haddie Hanson (66) and Hayley Wallin (68) combined to score a 229, good for a third place finish as a team.

North Butler's Meg Thompson earned medalist honors with a 44, just eight strokes over par.

The boys, who also placed third on their home course with a team score of 225, had some solid scores as well, including Nick Hanson 52, Jason Hanson 56, Mason Thofson 57, Breyden Hoeppner 60, Carter Anderson 61 and Brody Paulson 65.

The boys and girls had a meet on Monday in Nora Springs and then will be back in action the following Monday as they compete in their respective TIC tournaments, the girls in Greene and the boys in Northwood.

Girls Team Scores at Northwood Country Club – North Butler 214, Newman Catholic 226, Northwood-Kensett 229, Saint Ansgar 236

Boys Team Scores at Northwood Country Club – North Butler 172, Newman Catholic 182, Northwood-Kensett 225, Saint Ansgar 237

Pestorious takes champ at home shoot

By Dean Mueller
Northwood-Kensett trap coach

On Monday, April 25, the Vikings trap team attended a shoot in Ventura sponsored by the Mohawk trap team. Bishop-Garigan won the event with a score of 189, second was Mason City with 182 and third was Osage with 181.

In the men's division there was a three way tie for champion at 45 and all three were from the Algona team (Becker, Bronk and Penton).

Woman's champion was Thayer (Osage) with 41, second was Young (Garner-Hayfield-Ventura) withy 35 and third was Kramer (Algona) with a 33.

Scores were low that evening due to the cold and the strong NW winds.

On Thursday, the Vikings hosted St Ansgar and Garner-Hayfield-Ventura at the Ikes.

GHV won the shoot with a score of 208, second was Northwood with a 188 and third was St Ansgar with 179.

The five top scorers for the Vikings were Haydan Pestorious, Will Tindall, Colin Houg, Malachi Peckham and Loghan Nelson.

Women's champion was Hailey Smith (GHV) with a score of 39, second was Whitney Huisman (St A) with 39 and third was Carina (St A) with 35.

Men's champion was Haydan Pestorious (N-K) with a score of 46, second was Grant (GHV) with 44 and third was Kaden (GHV) with 44. The ties were settled with sudden death shoot offs (due to impending weather) and each one was a one shot affair.

On Saturday the team attended the Osage Invitational at the Mitchell County Trap Range. Teams attending were St Ansgar, Riceville, Garner-Hayfeild-Ventura, Mason City, Lake Mills, Osage and Northwood-Kensett.

The winning team was Riceville with a score of 200 (won shoot off), second was Mason City with a 200, third was Osage with a 199 and fourth was GHV with a 197. The Vikings posted a team score of 188.

Women's champion was Alexa Thayer (O) with a score of 42, second was Whitney Huismann (St A) with a 40, third was Corina (St A) with a 38 and fourth was Hailey Smith (GHV) with a 36.

Men's champion was Grant Clark (GHV) with a score of 46, second was Brodie (LM) with a 45, third was Sean Grim (R) with a 44 and fourth was Haydan Pestorious (NK) with a 43 (23). Pestorious won a shoot off with Blake Schwien (MC), who also had a 43 (18).

The wind again was a huge factor in the shoot, producing some wild targets and low scores.

Next Saturday is the Viking open and will be held at the Cedar Valley Conservation Club in Austin. Please come out and support your team. Also pray for good weather, the kids need a break from the windy conditions.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School, 10:30 a.m.; Monday, Council Meeting, 7 p.m.

Bethlehem Lutheran, Manly
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Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - EC, 9:45 a.m., Elk Creek Worship, 10:30 a.m.; Monday, Manna Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Service Mother's Day, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Wednesday, Swallow Coffee House LM, 10 a.m.; Friday, Discipleship Journey, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 11 a.m., Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, Inspire, 6 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with N.O., 9 a.m., Council Meeting, 10 a.m., Sunday School, 10:10 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
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Faith Lutheran Church, London
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The Deeper Meaning of Sculpture



There will always be debate about how to interpret certain scriptures, for instance whether to interpret them literally or figuratively. Unfortunately, the Bible doesn't come with a built-in "User's Guide" to tell us how, but there is a long history of commentary on the Bible which can be helpful. Augustine tells us in Book V of his Confessions that he was relieved to learn from Bishop Ambrose that he need not take the entire Bible literally, since many passages of the Old Testament "had been death to me when I took them literally." Augustine heard Ambrose interpret passage after passage of the Old Testament figuratively, interpreting them spiritually rather than literally. The Bible is full of metaphors and allegories that are clearly not meant to be taken literally. Whether we take a particular passage literally or not, nothing prevents us from also interpreting it spiritually. Is there not a spiritual message in the story of Adam and Eve's disobedience to God and expulsion from the Garden of Eden? Isn't the deeper meaning here that our disobedience to God banishes us from His presence? We should read the Bible with openness to new interpretations, and thereby to new interpretations of ourselves. —Christopher Simon

"Is not my word like fire," declares the LORD, "and like a hammer that breaks a rock in pieces?" – Jeremiah 23:29

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Oatmeal…hot and hearty topped with brown sugar, raisins or walnuts or both! Whole grain and healthy. That's what so many people love, correct? Well, I'm here to tell you that oatmeal has morphed from a hot meal on a cold winter morning to a cold meal on a hot summer day! Kathy Hester, author of "OATrageous Oatmeals" (2014, Page Street Publishing Co, Salem, MA) includes an entire chapter of the book titled "Cooling Breakfast Oats for Spring and Summer". Refrigerator oats have been popular for quite a while but I've not seen such a large collection of recipes as this cookbook holds. The following are adapted from Ms. Hester's comprehensive book. NOTE: these recipes call for rolled oats, not instant or flavored or steelcut….just regular oatmeal. The recipes make 1 serving.

Candy Bar Overnight Refrigerator Oatmeal

1/3 cup rolled oats
1/4 teaspoon real vanilla extract
1 tablespoon chia seeds*
1/3 cup milk (not skim)**
2 teaspoons cocoa powder
1/4 teaspoon coconut extract
1 carton (6oz) vanilla yogurt
2 tablespoons shredded coconut

*chia seeds can be found in the health food section of larger grocery stores. They are very healthy, swell up in liquid and have good protein ** Feel free to use almond, oat or cashew milk instead of regular milk.

In a quart mason jar or a deep bowl, layer all the ingredients, stirring well. Put the lid on the jar or cover the bowl with plastic wrap. Refrigerate overnight. In the morning, stir again and enjoy. The oats are not heated but have been "cooked" during the process used to make them from the natural grain.

Cinnamon Roll Overnight Oats

2/3 cup milk, regular or nut but not skim
1/2 teaspoon ground cinnamon
1/3 cup rolled oats
1/8 teaspoon allspice
1 carton (6oz.) vanilla yogurt
1 tablespoon chopped walnuts

Layer all the ingredients except the nuts in a quart jar or bowl and follow the instructions in the recipe above, covering the container tightly. When ready to eat, stir again and top with the nuts. You may use pecans instead of walnuts.

Coconut Cream Overnight Refrigerator Oatmeal

1/3 cup rolled oats
1/3 cup milk, nut or regular (not skim)
1 carton (6oz.) vanilla yogurt
1/4 teaspoon coconut extract
1 tablespoon chia seeds
2 tablespoons shredded coconut
A bit of sugar or sweetener (optional)

Layer all ingredients in a Mason jar or deep bowl and follow the previous instructions. The next morning, stir and enjoy!

For those who don't like the tangy flavor of yogurt, the book also has recipes that omit that ingredient.

Strawberries and Cream Overnight Refrigerator Oats

2/3 cup milk, regular or nut
2 tablespoons strawberry jam
1/3 cup rolled oats
1/4 teaspoon real vanilla extract
1/4 cup chopped strawberries, fresh or frozen
Sweetener as desired in case the berries are a bit tart

Combine all the ingredients and place into a quart jar or deep bowl as above. Mix well and refrigerate overnight. The next morning, stir and enjoy!

These recipes are outside the round oatmeal box with ingredients such as chia seeds and almond or cashew milk. Try them once and see what you think about a cool breakfast when the temps are climbing even in the morning. No work, no fuss, no hot stove or even toaster! And…that's all she wrote.

Northwood Anchor Society

Kliment – Duvall announce upcoming wedding May 7, 2022

Caleb Kliment and Mackenzi Duvall, both of Northwood, are proud to announce their engagement and upcoming wedding.

Kenzi is the daughter of Tristan Hanson and Jake Hanson, both of Northwood, and granddaugher of Sandi and John Duvall of Grafton and Kathy and Jim Hanson of Northwood.

Caleb is the son of Susan and Darrin Kliment of Northwood and grandson of Sharon Helgeson of Northwood.

Kenzi graduated from Northwood-Kensett High School in 2018, attended University of Iowa, graduating in 2021 with a Bachelors in Elementary Education.

Caleb graduated from Northwood-Kensett High School in 2017, attended Kirkwood Community College, graduating in 2020 and works for Home Solutions of Iowa as a Sales Representative.

Caleb and Kenzi will be married on Saturday, May 7, 2022, in rural Northwood.



MACKENZI DUVALL AND CALEB KLIMENT

Northwood Public Library

By Morgan Johnson
Library Director

Many thanks to Dan and Laura Block and family for their donation to the library in memory of their son David, the library is now making specific purchases for Bridges, our online e-book collection. Use of our e-books has rapidly increased since COVID, and we average over 200 checkouts per month. Please contact the library if you have a book suggestion for us to consider.

Local Saint Ansgar author Gail Kittleson will visit the library on May 19 at 6 p.m. Please stop in for her program to hear about the books she's published since visiting us almost three years ago. Gail taught college expository writing and ESL before she began writing women's historical fiction. The library already has her Women of the Heartland series, so stop in and get started on the series today!

Friday morning story times are on a break until June. We will offer a summer themed evening story time on May 26 at 5:30 p.m. We will also have a story time offered at the Worth County Fair! Join us Friday, June 17, at 2 p.m. or Saturday, June 18, at 9:30 a.m. for some stories, bingo, and a craft.

Our Summer Reading program plans are in full swing! I am hoping to visit the schools to share our calendar of events before the kids get out for summer break. If you want to stay in the loop with all the action, please make sure to join our special Facebook group to get all of the updates. https://www.facebook.com/groups/278686796498248

If you noticed the advertisement in the newspaper for a new library director, then you figured out that I'll be leaving the library at summer's end. I am excited to be joining the faculty at Northwood-Kensett Schools to help educate our middle schoolers. I've loved my time here at the library, and I'll miss all of the many experiences and wonderful people who visit us here. Thanks for all of the wonderful support over the past five years! I specifically want to thank my library board, staff, other city of Northwood employees and of course the patrons! I will see you around town!

New at the library this month:

Adult Fiction: "The Investigator" by John Sandford, "A Family Affair" by Robyn Carr, "The Recovery Agent" by Janet Evanovich, "What Happened to the Bennets?" by Lisa Scottoline, "Sister Stardust" by Jane Green, "The Sacred Bridge" by Anne Hillerman, and "Fear thy Neighbor" by Fern Michaels.

Picture books: "Cat problems" by Jory John, "This could be you" by Cindy Williams Schrauben, "Flashlight night" by Elisabeth Hasselbeck, "How to say hello to a worm" by Kari Percival, "Nana loves you more" by Jimmy Fallon, and "Have you seen Gordon?" by Adam Jay Epstein and Ruth Chan.

Feel free to contact us with any questions or concerns you might have via e-mail morgan@northwood.lib.ia.us or phone 324-1340. We hope you will check us out soon!





Inspiring young artists

Local artist Carolyn Reeder paid a visit to Northwood-Kensett Elementary recently. While there, Reeder visited with second graders, teaching them about Claude Monet before helping them create their own works of art.

Coming Soon!!
"What's the Scoop"
Ice Cream

Food Special
Thursday, May 5
$5 Pollo Loco
Celebrate the Cinco De Mayo
Tequila's Mexican Bar & Grill
Downtown Northwood • 641-323-0000


Graduation Open House
honoring
Thomas Block
Saturday, May 14
4 - 7 p.m.
Northwood VFW*


Graduation Open House
honoring
Calli O'Neill
Saturday, May 7
2 - 5 p.m.
Northwood Country Club
1391 490th St., Northwood*

WILD ROSE GARDEN CENTER
Where Quality and Service Meet
NOW OPEN!
Mon. - Sat. • 9 a.m. - 6 p.m.
Closed May 26 and June 6
• Tropicals • Hanging Baskets
• House Plants • Succulents
• Prennials • Planters
5052 Nuthatch Ave. • Northwood, IA 50459
From Northwood – North on 65, 2 miles to 500th, right on 500th, 1 mile to Nuthatch, left 1/2 mile, Watch for signs!

Northwood Anchor **Opinion**

Savvy Senior

Specialized moving services that help seniors downsize and relocate

Dear Savvy Senior,

Can you recommend any businesses or services that specialize in helping seniors downsize and relocate? I need to find some help moving my mother from her four-bedroom home – where she's lived for nearly 50 years – to an apartment near me.

Overwhelmed Daughter

Dear Overwhelmed,

The process of downsizing and moving to a new home is a big job for anyone, but it can be especially overwhelming for seniors who are moving from a long-time residence filled with decade's worth of stuff and a lifetime of memories. Fortunately, there's a specialized service available today that can help make your mom's move a lot easier for her, and for you.

Senior Move Manager

To help your mom get packed up and moved into her new home, you should consider hiring a "senior move manager." These are trained organizers (they are not moving companies) who assist older people with the challenges of relocating and can minimize the stress of this major transition by doing most of the work for you.

A senior move manager can help your mom pare down her belongings, decide what to take and what to dispose of, recommend charities for donations and help sell her unwanted items. They can even create a customized floor plan of her new home so your mom can visualize where her belongings will fit.

Senior move managers can also get estimates from moving companies, oversee the movers, arrange the move date, supervise the packing and unpacking and help set up her new home, have the house cleaned and just about anything you need related to her move.

If you want to do some of the work yourself, you can pick and choose only the services you want. For example, you may only want a move manager's help with downsizing and selling excess furniture and unwanted belongings but plan on doing the actual packing and moving yourself.

The cost of working with a senior move manager will vary depending on where you live, the services you want and size of the move, but you can expect to pay somewhere between $60 and $125 per hour or more, not including the cost of movers.

How to Find One

To locate a senior move manager in your area, visit the National Association of Senior Move Managers website at NASMM.org or call 877-606-2766. The NASMM is a trade association with an accreditation program that requires its members to abide by a strict code of ethics that ensures integrity. They currently have around 1,000 members across the U.S.

You can also search at Caring Transitions (CaringTransitions.com), which is the largest senior relocation and transition services franchised company in the U.S. They currently have nearly 200 franchises throughout the country.

But, before you hire one, be sure you ask for references from previous clients and check them, and check with the Better Business Bureau too. Also find out how many moves they have actually managed and get a written list of services and fees. And make sure they're insured and bonded.

If you can't find a senior move manager in your area, another option is to hire a certified professional organizer who specializes in downsizing and relocating. To find one, check the National Association of Productivity and Organizing Professionals, which has a searchable database on its website at NAPO.net.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

My ear is plugged.

Which ear is it?

It's 2022.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I stopped at a rural cemetery to pay respects to my wonderful parents. A car went by playing music so loud, I don't doubt it cracked tombstones.

On a different day, I was just another hick in the mall. Music blasted. It was sad country. Not bad, but sad. Songs of death, drinking, deception, despondency and divorce. I'm not a great shopper, but that music made me even less of a shopper. Music impacts our sense of time and I constantly checked my watch. I've read a lot about how music alters our perception of a store. Better music equals more time spent in a store equals more sales. Classical music gives the perception of higher quality. Customers stayed a shorter time when the music was too loud. Music at lower volumes allowed customers to shop normally, calmed them and increased the time spent shopping and buying. It could have been worse. They could have been playing a recording of my yodeling class for beginners.

Not everyone likes the same music, of course. As the mechanic said to me, "That terrible sound you're hearing is coming from your sound system."

The Weather Fairy

My mother, like moms everywhere, said, "If you can't say something nice about someone, say nothing at all." That makes it hard to talk about the spring weather. The Weather Fairy had come and taken the weather wishes I'd left under my pillow and replaced it with nastiness.

I need to remember the weather is a volunteer. We're not paying it a salary. I remember being a small boy wanting to impress my father with my ambition and strength. A broken pipe had created a watering emergency for livestock and I helped Dad carry water. The bucket was heavy. Even heavier with water in it. It got even heavier the more steps I put in. My father said, "You thought you grabbed the bucket with the hole in the bottom, didn't you?" So much for being an insincere volunteer.

Proof of picture days past

We ate fish sticks in school. I thought that meant fish trees existed. Dave McKean of Alden knew better. He went to school in Freeborn. He copied the class photos from each yearbook and combined them into a single book highlighting 12 years of picture days. He gave each of his classmates one of the nifty gifts.

Frank and Ernest

For over 40 years, I was a contributing writer to the "Frank and Ernest" comic strip. Sadly, it has gone into reruns. It was my pleasure to work with two fine cartoonists on this wonderful and punderful strip. I'll miss it.

Nature notes

Leigh Pomeroy of Mankato asked how to discourage a robin from fighting with a window. A window cleaning company might have hired the robin to drum up business by soiling the glass. Hey, a bird has to put food on the table. OK, the robin doesn't have a table. All the more reason he needed a job. It's doing what birds of many species do. When a pair decides on a nest site, the surrounding area becomes their territory and they aggressively defend it by driving away other birds of their species. When a male robin spots another male, a chasing fight ensues. The dominant male gets a mate, the nesting location, the territory and the area's food. When a territorial bird sees its mirrored image in a window's reflective surface, it perceives that image as a rival and tries to drive the other bird away. A real robin would leave, but the stubborn reflection remains. Being persistent, the robin continues to attack. To get a robin to stop, block the image. Put a piece of cardboard or plastic cling on the outside of the window where the bird is attacking. Soaping the window works. This may cause Martha Stewart to shudder, but, in most cases, you'll need to cover it only until the shadow-boxing robin thinks its worthy adversary has departed. Putting something on the inside of the window generally enhances the mirrored image. Warning: a robin intent on finding a fight will move to another window and some are more determined than others. They fought with the mirror of my car and its baby moon hubcaps. I've heard of them battling with gazing balls. I have an angry chickadee providing a glass act here.

Meeting adjourned

While others fear—believe. While others despair—hope. While others hate—be kind.

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Fit to print...

Make it OK to talk about mental illness in May

The Make It OK campaign in Iowa, led by the Iowa Healthiest State Initiative, has released tools and resources to raise awareness of mental health and take steps to end the stigma during Mental Health Awareness Month in May.

Make It OK is a community campaign to reduce stigma by starting conversations and increasing understanding about mental illness. Mental Health Awareness Month, observed annually in May since 1949, is a globally-recognized mental health awareness event first started by Mental Health America.

"If Iowa workplaces aren't putting an emphasis on mental health within their organizations, May is a great time to start or re-commit to starting the conversation," said Jami Haberl, executive director of the Healthiest State Initiative. "Workplaces benefit from creating a culture that protects and supports the mental health of employees."

The 2022 Mental Health Awareness Month toolkit – designed for use by individuals and workplaces – invites Iowans to Make It OK in May with:

- Links to Make It OK and mental health resources
- Social media posts and graphics
- Outreach communication templates
- Make It OK posters
- Make It OK Stories: The Podcast

Year-round, Iowa employers are also invited to sign up as a Make It OK Registered Workplace and receive access to a comprehensive Make It OK: Employer Toolkit to support their efforts to de-stigmatize mental illness within their organizations. Globally, workplaces lose an estimated $1 trillion each year due to employees dealing with mental illness impacting their productivity

To learn more about Make It OK, access the 2022 Mental Health Awareness Month or sign up as a Make It OK Registered Workplace, visit MakeItOK.org/Iowa.

MAKE IT OK EVENTS IN MAY:

- May 6 – Make It OK Ambassador Training (Virtual) o 9:00 – 11:00 a.m.

o Cost is free, but pre-registration required.

o Register: IowaHealthiestState.com/Calendar • May 11 – Make It OK Presentation on Facebook

o Tune in at Noon: Facebook.com/HealthiestIowa

- May 14 – Make It OK Night with the Des Moines Menace

o Game begins at 7:00 p.m. at Valley Stadium in West Des Moines

o Purchase tickets here.

o Limited Edition Make It OK Jerseys are available here. Proceeds from jersey sales go

to the Iowa Healthiest State Initiative!

- May 20 – Make It OK Presentation (via Zoom) o 9:00 a.m. – 10:00 a.m.

o Cost is free, but pre-registration required.

o Register: IowaHealthiestState.com/Calendar • May 20 – Wear Green for Make It OK

o Show your support for Mental Health Awareness Month by wearing your favorite green shirt, pants or other apparel! Share a photo with #MakeItOK on social media to let your network know that you support Make It OK and ending the stigma.

- May 24 – Make It OK Presentation on Facebook

o Tune in at 5 p.m.: Facebook.com/HealthiestIowa.

Letter to the Editor: School Board Recognition Month

Dear Editor:

May is School Board Recognition Month in Iowa, and Northwood-Kensett joins public education communities throughout the state in thanking Iowa school boards for launching Iowa's next generation. Throughout the month, let's take time to recognize the contributions made by the five members of the Northwood-Kensett school board, who are responsible for providing high-quality public education to our students.

Northwood-Kensett board members are elected by their communities to manage local schools. They oversee an annual budget of $17 million, 580 students, 89 employees and 2 buildings.

These elected volunteers create school policy, approve curricula, develop innovative opportunities, and maintain school facilities. Board members must enhance their understanding of state and federal education law; the complexities of school finance, including budgets and taxes; and the importance of maintaining a positive district culture. They spend many hours in board training programs and personal study, while also advocating for public schools with their local legislators. It may not seem like rocket science, but it is!

We don't always recognize the dedication and hard work of these public servants elected to represent us and the interests of our children. Make plans to thank your school board members, let them know you appreciate what they do for the children of your community and ask how you can be of service to the Northwood-Kensett District.

Please join us by saying "thanks" to these innovators in public education during School Board Member Recognition Month this May.

The members serving on your Northwood-Kensett board are: Larry Hovey (President), John Anderson (Vice-President), Bradley Christianson, Susan Kliment, and Cindy Pangburn.

Sincerely,
Michael R. Crozier,
Superintendent
Northwood-Kensett
Community School District

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Northwood Anchor **Early Files** Northwood Anchor **Obituaries**

100 years ago

May 3, 1922

Mrs. Martha Lilly was the recipient of a genuine surprise party, the occasion being her 81st birthday. Her sisters, Mrs. Julis Cole and Mrs. Nellie Wilcox, came from Ames to attend the happy event, which was held at the home of Mr. and Mrs. W.L. Wagner, where the aged lady makes her home. A group of relatives and friends were guests for five o'clock dinner.

A recent issue of the Minneapolis Daily News contains a splendid picture of Vernon Thompson, son of Mr. and Mrs. G.J. Thompson of Northwood. On May 5 the University of Minnesota's Norwegian Literary Society will present the play "Has Kaptein" at the auditorium and among the principles of the cast is Mr. Thompson.

The second annual convention of the Worth County Bankers' Assn. held at Manly was a pleasant, profitable and altogether delightful meeting. Attendance of the bankers was practically 100 percent and invited guests brought the number in attendance to about 80.

Thieves entered the Heiny Bros. dental office in Northwood and stole about $200 worth of gold used for teeth fillings. Dr. Rice discovered later in the day that an effort had been made to affect entrance to his office but had not accomplished the attempt.

Joseph Oleson, ticket agent at the Northwestern station at Mason City, accompanied by his wife, was a recent visitor in the home of his parents, Marshal and Mrs. John A. Oleson. Joe has been rapidly advancing since locating in Mason City and has a responsible position with the railroad company.

75 years ago

May 1, 1947

Five first ratings were won by Northwood High School at the state music contest held at Spencer. Four of the winning numbers were solo events, Eileen Christianson, soprano vocal; John Hove, violin; Glenys Hanson, baritone-euphonium horn; and Evelyn Spilde, E-flat clarinet.

At the annual meeting of the Northwood Golf Club, held at the court house, the following officers were elected: Richard Johnson, president; Mrs. Clayton Christianson, vice president; Floyd Ensign, secretary-treasurer; and Monk Boyette, trustee.

William Heiny and Milford Nelson, both of Northwood, have purchased the R.G. Mellem service station on west Central Avenue and will today take possession of the property. Mr. Mellem, a lifelong resident of this vicinity, has operated the business continuously since 1919.

Erenest A. Prehm, superintendent of the Northwood schools for the past 17 years, will not return to the local school system next year. His resignation tendered to the school board has been accepted, as of the end of the present school year this month.

A festival celebrating the consolidation of the Northwood and Shell Rock Lutheran congregations into the First Lutheran Church, Rev. O.H. Hove, pastor, will be held next Sunday, May 3, at the high school auditorium in Northwood. The Rev. A.J. Tolo, pastor from 1937 to 1943, will preach at the morning service at 10:45 a.m., and the Rev. J.W. Ylvisaker pastor from 1926 to 1937, will speak o the afternoon program at 3:30 p.m.

Returning from a trip of over 6,000 miles by train, airplane and automobile, Mr. and Mrs. Leon S. Barnes were among some 450 newspaper people who visited many points in Texas during the fore part of April, and a smaller group who went to Mexico, where over a week was spent.

50 years ago

May 4, 1972

Thomas Powers was presented a Heroism Citation by VFW post commander Boyd Harmon during the annual Loyalty Day dinner. Powers is credited with "prompt action and disregard for personal safety in rescuing two-year-old Lisa Powers from her burning home on November 29, 1971. The citation was signed by Paul B. Brown, commander, Department of Iowa VFW and Warren K. Allbaugh, adjutant, Department of Iowa VFW.

LuAnne Erickson, daughter of Mr. and Mrs. LaVerne Erickson, Kensett, has been selected by the N-K high school band members to represent Northwood-Kensett at the annual Mason City Band festival this year. She has taken an active part in music, during school and has been a member of band, chorus, pep band and N-K Chorale for four years a member of girls chorus for three years, and a member of stage band for two years.

Mr. and Mrs. Erwin Gussner were honored on April 23 at an open house at the Glenville High School. Special guests were former and present school board members, visiting superintendents, former teachers and retired superintendent George Erickson of Emmons. Gussner is retiring as superintendent of the Glenville schools, and will be succeeded by William Bjorklund.

Morris Bakketun was honored by the Iowa Press Association for 50 years of service to the printing industry, at the annual convention in Des Moines last month. Lloyd Madson, Anchor editor, reads the inscription with Bakketun.

The N-K girls track team brought home the first athletic trophy in Northwood-Kensett Community School history after winning the Lake Mills Girls Invitational Track Meet. Team scoring for the contest was: Northwood-Kensett- 85.5; Lake Mills -81; Burt- 66; Buffalo Center - 62.5, and Thompson 33.

25 years ago

April 30, 1997

Northwood Public Works Department employees Blair Madden, Jim Lee and Ken Roppe were hard at work on the second day of the city's annual "Clean-up Week."

Northwood residents Anna Evans and Kim Ingersoll took a good look at some colorful garden possibilities in the Fallgatters Market greenhouse while Fallgatters produce manager John Weitzel looked on. The stock on hand features a wide variety of flower and vegetable sets, Weitzel said, including Northwood's very own red geraniums.

Adult volunteer Ron Gentz dealt a good hand of "Black Jack" at the Northwood-Kensett Post Prom party, much to the delight of Heather Knudtson, Erin Luther, Heather Jensen and Danneka Ferley. Also enjoying the wee-hours festivities at the Northwood Country Club were Jesse Krull, Erick Loberg and Nancy Rheinfels.

Mr. and Mrs. Paul Follmuth of Northwood and Mr. and Mrs. James Woodworth of Urbandale, Iowa, announce the engagement of Renae Rebecca Follmuth and Benjamin James Woodworth. Renae is a 1993 graduate of Glenville-Emmons High School and will graduate from Buena Vista University in May. Benjamin is a 1992 graduate of Urbandale High School and a 1996 graduate of Buena Vista University. He will be attending graduate school at the University of St. Thomas, St. Paul, Minnesota.

Last Tuesday was a day of "firsts" for the Northwood-Kensett High girls golf team. The Viking girls gave first year coach Chris Quisley the first victories of her coaching career, and it was a first-year player who led the way. The Vikings, playing North Central and Riceville at the Northwood Country Club, defeated the Falcons and the Wildcats 221-248-271 behind N-K freshman Becky Tenold's medalist round of 49.

10 years ago

May 2, 2012

The Northwood Volunteer Fire Company was called out to fight a fire in this barn, located just east of Interstate 35, north of Highway 105. Flames began inside and burned through the roof before the local firefighters were able to stop the blaze. With winds from the east, the smoke from the burning barn cremated a couple of hours of smoky conditions for those visiting the casino and nearby areas.

Gene Ferden, of Manly, was recently recognized for his many years of service to Worth County veterans. Ferden is pictured with Jerry Parmley, Worth County director of veterans affairs, who presented Ferden with a plaque in appreciation of his 30 years serving on the Worth County Veterans Affairs Board.

The Northwood-Kensett chapter of the National Honor Society holds fundraisers each year for the costs of its chapter affiliation and for supplies. With the excess funds raised this school year, the N-K NHS chapter decided to help a good community cause, Manna of Worth County. The students donated $350 to the local food shelves. Manna volunteer Tom Sculley and NHS members Evan Fritz, Britney Low and Erika Willand were pictured.

Cristin Johnson and Dane Hanson of Dewar, Iowa, are pleased to announce their engagement and upcoming wedding. The couple will be married on Saturday, June 2, 2012, at the Excellence Resort in Punta Cuna, Dominican Republican. Following the destination wedding, there will be a reception in Northwood, on June 30, 2012, for extended friends and family.

Jane McMullen

Jane Janell McMullen, a long-time resident of Northwood, Iowa, passed away on April 30, 2022, at age 91.

A funeral service will be at 11 a.m. on Saturday, May 7, 2022, at the Northwood United Methodist Church, 1000 First Ave. N., Northwood. Burial will be held in Sunset Rest Cemetery, Northwood.

Visitation will be held at 9:30 to 10:30 a.m. on Saturday, May 7, 2022, at Conner Colonial Chapel, 1008 First Ave. S., Northwood, prior to the funeral service at the church.



JANE MCMULLEN

Jane was born in Algona, Iowa, on February 18, 1931, the first child of Wayne and Doris Keith, who farmed outside of Burt. Jane attended Portland School, a one-room country schoolhouse, through eighth grade. As a girl she did farm chores, rode a pony and was active in 4-H, winning a blue ribbon at the State Fair. On snowy days Jane sometimes rode to school in a neighbor's horse-drawn sleigh, holding a baked potato (for lunch) to keep her hands warm. She attended Burt High School, where she met her future husband, Jack, and graduated in the Class of 1948.

At Iowa State Jane majored in Home Economics. She married Jack in 1952, wearing a wedding dress she made herself, and as an Air Force wife lived in Tucson, Arizona, and Salina, Kansas. Daughter Cheryl joined the family in 1954 and son Ron in 1955. In Havelock, Iowa, Jane taught Home Economics for a year and later subbed in West Bend. The family moved to Northwood in 1960, where Jane was active as a 4-H leader and judge, PEO member, a regular at the Methodist church and an avid reader. She was a good cook, great seamstress, hands-on mother and enjoyed gardening and canning.

Jane sewed dolls, quilts, seasonal decorations and clothes to order for family members and people in Northwood. She was a daycare provider to five teachers' kids once Cheryl and Ron left home. After Jack retired, most days they played a game of cribbage and two-handed pinochle before doing the lunch dishes – and kept a year-long tally of who won. They spent many winters in the Rio Grande valley of Texas and enjoyed the warm weather and active social life.

Once the three grandsons arrived, they could count on traditional meals, fun games and family stories at Grandma and Grandpa's. They sometimes got home-made pajamas for Christmas. Jane and Jack frequently visited Cheryl and Alek in Sioux City, and traveled to the Dominican Republic, South Africa and Fiji to visit Ron, Jane, Owen and Wyatt. As Jane never learned to swim, while on a bamboo raft outing in Fiji she had to be carried across a strong-flowing stream by two burly Fijian villagers.

Jane was at home for two years after Jack died in 2017, but a fall and broken hip landed her in the Lutheran Retirement Home in 2019. The family is grateful for the care and attention she received there. Although her short-term memory faded, she remained chipper, uncomplaining and pleasant while living in the moment. She died peacefully while birds sang at the feeder just outside her window.

She was preceded in death by her parents and brother, Edgar (Joyce) and is survived by sisters, Mary Yeoman and Peg Heald; children, Cheryl and Ron (Jane); grandsons, Owen (Chelsea), Wyatt (Sarah) and Alek (Rowan); great-grandson, Silas; and many nieces and nephews.

Carol Neal

Carol Ann Neal, 80, of Waukee, died on Friday, April 22, 2022, at Methodist Hospital in Des Moines.

She had several family members by her side. Services were held at 11 a.m. on Friday, April 29, 2022, at Westover Funeral Home.

Carol Koehler was born on June 4, 1941, in Northwood, Iowa. She was the oldest daughter of Anne and Allan Hanna. She went to school in Northwood and married Jon James Neal on September 11, 1960, in Des Moines.

Jon and Carol spent much of their married life in or around Granger, Iowa, raising their two children Mike and Susie there.

She had many jobs in her working life, but her most beloved were her jobs for Woodward-Granger Schools,



CAROL NEAL

working for Jon, and her most recent jobs at Earl May Garden Center and Hy-Vee. She enjoyed the people she worked with and the fun she had doing what she loved.

She was a fun-loving, outspoken, strong woman who enjoyed many things, including flowers and gardening, puzzles, trivia and other games, a cold glass of wine, shopping with Susie and the girls, her pets, traveling, cooking and watching her grandchildrens' many activities through the years.

Carol is survived by her daughter, Susie (Jim) Nicholson of Urbandale; daughter-in-law, Teresa Neal of Woodward; six grandchildren, Samantha, Piper and Paige Nicholson, Matt (Sabrina) Neal, Alison (Grant) Henry and Paul Neal; five great-grandchildren, Blake and Michael Neal and Evelyn, Margot and Griffin Henry; and one brother, Paul (Jeanette) Hanna of Ankeny.

She was preceded in death by her parents; her husband, Jon; her son, Michael; her sister, Pat; and her brother, John.

Garden flowers for her grandchildren to plant as a memorial or to the family for a bench memorial.

Carol Nappe

Carol (Dahle) Nappe passed away on Wednesday, April 27, 2022, with her family by her side.

A memorial service was held at 1:30 p.m. on Monday, May 2, 2022, at Bethany Lutheran Church in Kensett with Rev. Linda Johnson-Prestholt officiating. Visitation was on Sunday evening from 5 to 7 p.m. at Schroeder & Sites Funeral Home, Northwood. Burial took place at Kensett Cemetery.

Carol was born on January 27, 1940, at Kensett, Iowa, to Max and Edvina (Hanson) Dahle. She was baptized and confirmed at Bethany Lutheran Church in Kensett and graduated from Kensett High School in 1958.

In 1958 Carol married Don Nappe and they made their home in Kensett and raised two sons, Timothy and Steven. Carol was employed by Deluxe Products in Lake Mills for nine years and Libbey Owens Ford in Mason City for 16 years



CAROL NAPPE

before being disabled in an auto accident in 1987.

Carol is survived by her husband, Don; sons, Rev. Timothy (Beverly) Nappe and Steven Nappe; grandson, Matthew (Margaret) and their daughter, Eleanor Rose; twin granddaughters, Jenny (Gabe) Hoover and Rachel Nappe; brother, Jimmy (Sonya) Dahle; sister-in-law, Barbara Dahle; special neighbor, cousin and friend, Virginia Ingersoll; and many nephews, nieces and cousins.

Those who passed before Carol are her sister, Betty (Richard) Hedges; brothers, Luverne (Ruby) Helgeson, Donald (Evelyn) Helgeson, David Dahle, Gary (Marge) Dahle and John Dahle; many nieces, nephews and cousins; fives brothers-in-law and their wives and three sisters-in-law and their husbands, on the Nappe side of the family.

Carol loved her family, friends, church and home town and will missed by all.

Rebecca VanHorn

Rebecca Sue VanHorn, 57, of Northwood, passed away on Friday, April 29, 2022, at MercyOne North Iowa, Mason City.

A memorial service will be held at 4 p.m. on Saturday, May 14, 2022, at Schroeder & Sites Funeral Home, Northwood, with Rev. Randy Baldwin officiating.

Schroeder Funeral Homes, Northwood, 641-324-1121, www.schroeder-funeralhomes.com







Celebrating Earth Day by cleaning up at the fair

On April 22 many people took part in an activity meant to improve the Earth and the world around them. For the students in Northwood-Kensett's first grade classes, that meant a walk to the Worth County Fairgrounds. They carried with them bags as they divided into groups and cleaned up as they made their small piece of the planet better on Earth Day.

Green Thumb Garden Club meets February 28

Green Thumb Garden Club met on February 28, 2022 at the home of member Julie Robb. The main topic of business were plans for the District 3 meeting with our club hosting. President Mary Low was consulted by telephone to clarify some questions the members had. Myra Harris demonstrated and guided us in making backgrounds for petite entries for the Floral Show at the upcoming fair in June.

The March meeting of the Green Thumb Garden club was held at the Olson Room on the 28th. More plans were made for the District 3 meeting to be held at the Community Room at Worth County Extension office. Food was planned for the meeting, ways and means items discussed. Julie Robb gave an interesting program about Abstract Designs. She used tennis racket brackets for support and demonstrated how a floral design could be incorporated. It was an interesting and helpful presentation. Mavis Stevens was the hostess.

The April meeting of the Green Thumb Garden Club was held at the Olson Room with Angie Wilkins as hostess. Twelve members answered roll call. Myra Harris reported that improvements to the Floral Hall are progressing. Penny Robb talked about the corrections and improvements to the program book. Theresa Cooper gave the program about backdrops for exhibits at the fair. She had many examples and tips to share.

Bolan

The Fine Arts Council of Mitchell County sponsored a wonderful production entitled "Come Walk With Me Through the Passion and Resurrection of Christ" performed by local area singers and musicians the past two weekends. It was presented at Our Savior's Lutheran Church in Osage on Sunday, April 24, and at the Emmanuel Lutheran Church in Grafton on Saturday, April 30. The directors were Mark Borchardt and Mary Swenson, with Belinda Borchardt playing guitar and Pat Mackin as accompanist. Such beautiful music walking through the Passion Story of Holy Week. It was Awesome.

City Council

The Council of the City of Northwood met in regular session at City Hall on 4/25/22 at 6 pm with Mayor Moehle presiding and the following council members present: George-Zenz, Peterson, Nerlien, Reeder, Tenold.

Motion to approve the agenda. Unam.

Motion to approve the following under Consent Agenda: Council Meeting Minutes of April 11, 2022. Unam.

Motion to approve Resolution No. 2204-09 Transfer from TIF to New Business Development/ Commercial Revitalization Fund. Unam

Motion to table WHKS Professional Services Agreement for Central Avenue Sidewalk Improvements until next meeting. Aye: George-Zenz, Peterson, Nerlien, Reeder. Nay: Tenold. Motion passed.

Motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

Notice

-PUBLIC HEARING NOTICE-

Worth County invites the public to provide comment on adoption of the County-wide Zoning Ordinance and Map on May 16, 2022 at 9:30 A.M. during the Worth County Board of Supervisors meeting. The Ordinance and Map regulate land use in specified zoning districts within unincorporated Worth County. A vote on the adoption of the County-wide Ordinance and Map by the Board of Supervisors follows a recommendation of approval from the County's Planning and Zoning Commission. The Ordinance and Map vote on adoption will occur after consideration of public comments. The proposed County-wide Zoning Ordinance is the same as the preexisting Zoning Ordinance for Hartland, Brookfield, and Danville Townships.

Individuals may arrange to receive a digital copy or view a hard copy of the Ordinance and Zoning Map by contacting Matt Duve, Worth County Zoning Administrator at 602-206-4730. Individuals may also request the proposed zoning classification for specific parcels/addresses.

Legal

Notice

IN THE IOWA DISTRICT COURT IN AND FOR WORTH COUNTY
CASE NO. EQCV012816
ORIGINAL NOTICE
BY PUBLICATION

U.S. BANK NATIONAL ASSOCIATION,
Plaintiff,
v.
BENJAMIN A. BAILEY; SPOUSE OF BENJAMIN A. BAILEY, IF ANY;
and PARTIES IN POSSESSION,
Defendants.

TO THE ABOVE-NAMED DEFENDANT: BENJAMIN A. BAILEY; SPOUSE OF BENJAMIN A. BAILEY, IF ANY; AND PARTIES IN POSSESSION

You are hereby notified that there is now on file in the office of the Clerk of the District Court in and for Worth County, Iowa, a Foreclosure Petition (Equity) in the above-entitled action which prays for an in rem judgment in the amount of $57,246.54, plus interest as it accrues, the costs of this action, and that said sums be declared a first lien upon the following described premises located in Worth County, Iowa, to wit:

A tract of real estate lying and being situated in the Southeast Quarter (SE1/4) of the Southeast Quarter (SE1/4) of Section Three (3), in Township Ninety-Eight (98) North, of Range Nineteen (19), West of the 5th P.M., Worth County, Iowa, described as follows, to-wit: Commencing at a point Two (2) Rods North and Eight Hundred Thirty (830) feet West of the Southeast corner of said Section Three (3); running thence North 9 ½ Rods, thence East 110 feet; thence South 9 ½ Rods; thence West 110 feet to Place of Beginning.

That the Mortgage on the above-described real estate be foreclosed, that a Special Execution issue for the sale of as much of the mortgaged premises as is necessary to satisfy the judgment and for such other relief as the Court may deem just and equitable. The attorney for Plaintiff is Donald J. Pavelka, Jr., whose address is Suite 401, 421 West Broadway, Council Bluffs, Iowa 51503, Telephone: (712) 256-5566.

You are further notified that unless you file a Motion or Answer on or before Tuesday, June 7, 2022, in the Iowa District Court for Worth County at the courthouse located at 1000 Central Avenue, Northwood, Iowa 50459, judgment by default may be rendered against you for the relief demanded in the Petition.

This case has been filed in a county that utilizes electronic filing. You should refer to (i) Iowa Court Rules Chapter 16 for general rules and information on electronic filing; and (ii) Iowa Court Rules Chapter 16, division VI regarding protection of personal information in court filings.

If you require the assistance of auxiliary aids or services to participate in Court because of a disability immediately call your district ADA coordinator at 712-328-5883. (If you are hearing impaired call Relay Iowa TTY at 1-800-735-2942.)

IMPORTANT - YOU ARE ADVISED TO SEEK LEGAL ADVICE AT ONCE TO PROTECT YOUR INTERESTS

18-3t

Notice

NOTICE TO BIDDERS AND NOTICE OF PUBLIC HEARING
Solar Photovoltaic (PV) Array
City of Northwood
Northwood, IA

Time and Place for Filing Sealed Proposals. Sealed bids for solar improvements as stated below must be filed before 9:00 A.M. on May 23, 2022 in the office of the City Clerk, City of Northwood, 627 Central Avenue, Northwood, IA. Time and Place Sealed Proposals Will be Opened and Considered. Sealed proposals will be opened and bids tabulated at 9:00 A.M. on May 23, 2022, in the office of the City Clerk, City of Northwood, for consideration by the City of Northwood to consider bids at its meeting at 6:00 P.M. on May 23, 2022. Time for Commencement and Completion of Work. All work under the Contract must be substantially complete on or before April 1, 2023. Contract Documents. Plans, specifications and proposal forms for the work may be seen and may be secured at the office of the City Clerk. Public Hearing on Proposed Contract Documents and Estimated Costs for Improvement. A public hearing will be held by the City of Northwood on the proposed contract documents (plans, specifications and form of contract) and estimated cost for the improvement at its meeting at 6:00 P.M. on May 23, 2022, at 627 Central Avenue, Northwood, IA. Preference of Products and Labor. Preference shall be given to domestic construction materials by the contractor, subcontractors, material, men, and suppliers in performance of the contract and further, by virtue of statutory authority, preference will be given to products and provisions grown and coal produced within the State of Iowa, and to Iowa domestic labor, to the extent lawfully required under Iowa statutes. Sales Tax Exemption Certificates. The bidder shall not include sales tax in the bid. The City of Northwood will distribute tax exemption certificates and authorization letters to the Contractor and all subcontractors who are identified. PROJECT DESCRIPTION: Installation of ~140 kW (DC) = ~124 kW (AC) solar array. Bid to include all (AC) electrical components for a total project of 396 kW (AC) for future solar. Interconnection application will be for a 396 kW (AC) array. City Of Northwood understands the DC size may be impacted to stay within budget for additional AC work for the future projects. Owner's Rights Reserved The OWNER reserves the right to reject any or all bids, to waive any informality in a bid, to make awards in the interest of the OWNER.

This Notice is given by authority of the

City of Northwood
/S/ Amber Julseth
City Administrator/Clerk

Notice

THE IOWA DISTRICT COURT
FOR WORTH COUNTY IN THE MATTER OF THE ESTATE OF SHIRLEY MEYER,
Deceased
Probate No. ESPR009307
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Shirley Meyer, Deceased, who died on or about the January 29, 2022:

You are hereby notified that on February 24, 2022, the Last Will and Testament of Shirley Meyer, deceased, bearing date of the November 17, 2015, was admitted to probate in the above named court and that Dennis Meyer and Douglas Meyer have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this April 19, 2022.

Dennis Meyer
4422 Thrush Avenue
Northwood, Ia 50459
Executor of the Estate

Douglas Meyer
4525 Thrush Avenue
Northwood, IA 50459

John H. Greve
ICIS #000001969
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Attorney for Executor

Date of second publication the 5th day of May, 2022.

17-2t

Supervisors

April 25, 2022
Seventeenth Day

The Worth County Board of Supervisors met pursuant to adjournment with Enos Loberg and A.J. Stone, present, and Mark Smeby, present via Zoom. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Loberg/Second Stone to approve today's agenda and minutes from April 18, 2022 meeting. Motion carried.

Motion Stone/Second Loberg to approve drainage claims in the amount of $6,142.50, as per the following schedule. Motion carried.

Bolton & Menk, Inc. D D #11/Main A Prof Services $4,252.50
Bolton & Menk, Inc. D D #13/Open Main Prof Services $105.00
Bolton & Menk, Inc. D D #24/Main Tile System Prof Services $367.50
Bolton & Menk, Inc. D D #34/Main E Prof Services $735.00
Bolton & Menk, Inc. DD #37, Prof Services $210.00
Bolton & Menk, Inc. D D #52 Main Prof Services $472.50
Grand Total $6,142.50

Motion Stone/Second Loberg to approve a quote by B & W Control Specialists for tree and brush control in the following drainage district open ditches in 2022: DD #2 Upper Main - $5,500.00; DD #2 Upper Main/L-M - $750.00; DD #2 Main - $5,500.00; DD #5 - $4,500.00; DD #6 - $4,500.00; DD #6/L-9 - $3,500.00; DD #6/L-8A - $750.00; DD #4 - $4,500.00; DD #4/L-1 - $2,000.00(Martinson No Spray, Section 17); DD #4/L-H - $2,500.00 (No Previous Treatment); DD #1 - $7,500.00. Motion carried.

Motion Loberg/Second Stone to approve claims in the amount of $144,484.56, as per the following schedule. Motion carried.

Advanced Drainage Sys Inc Supplies-Eng 216.32
Agvantage Fs Inc Fuel-Eng 5,494.54
Alliant Energy Service-Con.....1,656.86
Aramark, Service-Eng 179.27
Berge Oil Company Fuel-Eng 32,527.47
Bob Barker Company Inc Supplies-Shf 455.40
C J Cooper & Associates Inc Service-Eng 105.00
Central Square Technologies, Llc Service-911 .....31,452.70
Centurylink Service-911 .....70.81
Cindy Mueller Reimb-Eng.....38.08
Com-Tec Land Mobile Radio Supplies-Dap 107.50
Crysteel Truck Equipment Inc Parts-Eng.....1,320.00
Fallgatter's Market Inc Supplies-Vaf 50.00
Ia Law Enforcement Academy Edu-Shf.....1,125.00
Isaca, Edu-Aud.....210.00
Jessica Reyerson Reimb-Phd.....50.00
Joe's Collision & Performance Inc Service-Shf.....637.91
John Deere Financial Supplies 95.73
Kiesler Police Supply Supplies-Shf 1,309.88
Knudtson Automotive Service Service-Shf.....1,340.44
Larsen Plumbing & Heating Inc Service-Shf.....101.10
Lawson Products Inc Supplies-Con 269.08
Liberty Tire Recycling Llc Service-Eng 1,169.24
Lisa Opilka Reimb-Shf..... 487.67
Marco Technologies Llc Service-Dap 1,274.06
Mercyone North Iowa Occupational Health, Service-Eng.....102.00
Monte D Hawkins Rent-Soc.....500.00
Nassco Inc. Supplies-Gsr.....199.08
Northwood Chiropractic, Pc Service-Shf.....65.00
Peopleservice Inc Service-Wat & Wwt.....17,063.00
Pinnacle Quality Insight Service-Phd.....154.50
Plunkett's Pest Control Inc Service-Gsr 108.16
Reinhart Food Service Llc Supplies-Shf 327.94
Safety Solutions Service-Eng 500.00
Scp, Service-Eng.....1,075.00
State Medical Examiners Office Service-Mex 2,910.73
Thrifty White Pharmacy Supplies-Shf 526.33
Trading Post Supplies-Con 238.98
Vanguard Appraisals Inc Service-Asr 27,378.00
Verizon Wireless Service-It/Gis.....384.62
Visa, Service-Shf 3,004.95
Windstream Service-Eng 14.18
Worth County Engineer Fuel-Shf 7,176.83
Worth County P H Petty Cash Reimb-Phd.....56.36
Ziegler Inc, Parts-Eng.....954.84
Grand Total 144,484.56

Motion Stone/Second Loberg to approve monthly report for the clerk of court and quarterly auditor report. Motion carried.

Motion Loberg/Second Stone to approve initiating the termination of the Winnebago Hancock Worth (WHW) Social Services 28E Agreement. Motion carried. It was requested that the auditor send the termination letter to the Board of Supervisors of both Winnebago and Hancock County.

Motion Loberg/Second Stone to approve the Resolution Allocating American Rescue Plan Act Funds. Roll Call: Stone-aye; Loberg-aye; Smeby-aye. Motion carried.

RESOLUTION NO. 2022.04.25.01

RESOLUTION ALLOCATING AMERICAN RESCUE PLAN ACT FUNDS

WHEREAS, in March 2021, the federal government established the American Rescue Plan Act of 2021 (ARPA) which included the Coronavirus State and Local Fiscal Recovery Funds (SLFRF) to provide state, local and Tribal governments with the resources needed to respond to the pandemic and its economic effects; and

WHEREAS, the U.S. Department of the Treasury issued an Interim Final Rule implementing the SLFRF program on May 10, 2021, which included replacing lost revenue to County governments, and

WHEREAS, on January 6, 2022, the Treasury issued final rules for the SLFRF program, including authorization for counties to allocate up to $10,000,000 of their total SLFRF allocation as lost revenue to spend on government services.

NOW, THEREFORE, BE IT RESOLVED, that the Worth County Board of Supervisors approves allocating its total SLFRF allocation in the expected amount of $1,433,673 as lost revenue to spend on government services.

HEREBY RESOLVED by the Worth County Board of Supervisors this 25th Day of April, 2022.

Mark Smeby, Chair
Enos Loberg, Vice Chair
Aaron Stone

Attest: Jacki A. Backhaus, Auditor

Motion Stone/Second Loberg to set public hearing to amend zoning ordinance for May 16, 2022. Motion carried.

Chairperson Smeby recessed the regular session at 9:33 A.M.

Motion Stone/Second Loberg to open Public Hearing-Proposed Repairs and/or Improvements Drainage District No. 72/Upper Goose Lake Drain/Lateral 1-B at 9:33 A.M. Motion carried. Report was given by Jacob Hagan, PE, Bolton & Menk, Inc. and Jim Hudson, Attorney. Public comment was heard.

Motion Stone/Second Loberg to close the public hearing at 11:00 A.M. Motion carried.

Chairperson Smeby reconvened the regular session.

Motion Loberg/Second Stone to recind the motion on September 20, 2021 to approve the County assumption of a private drain, the Upper Goose Lake Group Drain.

Motion Loberg/Second Stone to adjourn at 11:01 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
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Open Saturday 10 a.m. - 2 p.m.
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CARD OF THANKS: "Thank you" to everyone who remembered my 90th birthday with cards and best wishes. It's amazing how fast the years have gone.

Horace Hendrickson*

CARD OF THANKS: We would like to thank our family and friends for the cards, calls and visits on our 60th anniversary. We appreciate your friendship and hope for many more!

Ron & Marcia Hulshizer*

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WANTED

WANTED: Looking for a used exercise bike for sale. Anderson, 641-324-1102.
18-1t*

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The Kensett Public Library is taking applications for a Part-Time Library Director

This position requires someone who would work well with the public, have some computer skills, and willing to take classes to become a Certified Public Librarian.

Applications may be picked up at the Library.
You can also send applications to:
Kensett Public Library
214 5th St., Kensett, IA 50448
Application deadline is May 17, 2022
The City of Kensett is an equal opportunity service provider.

FOR SALE

2017 Komatsu PC88MR
mini excavator, rubber track, with 128 hours. Sealed bids will be excepted with a deadline date of May 13, 2022 at 3:00 P.M.

City of Manly, 106 S. Broadway St., Manly, IA, mailing address: PO Box 516, Manly, IA 50456

OPENING
at Worth County Public Health

Registered Nurse

- Starting wage at $28/hr.
- Full time position with benefits
- Monday - Friday, 8 a.m. to 4 p.m.
- Occasional weekend visit
- IPERS and Health Insurance

Applications available online at
www.worthcounty.org or at the
Public Health Office
95 9th St. N., Northwood, Iowa
641-324-1741
Application deadline is May 12, 2022 or until the position is filled

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SUNDAY, MAY 8, 2022

10 a.m. ~ Viewing Starts at 8 a.m.
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Approx. 624 lots Including MS 62 graded coins and currency. 260 silver dollars including 23 CC Morgans with 1885 cc, 1893-S, 2-1928 P, 3 Trade dollars, Prestige sets, Mint & Proof sets, 1877 and 1908-5 Indian Head Pennies, Mercury dimes, Buffalo nickels, Barber dimes, silver Roosevelt dimes, Liberty walking half dollars, Barber half dollars, Barber quarters, Silver Washington quarters, Franklin half dollars, 41921 Peace dollars, 9 Gold pieces, foreign coins, American Eagles. Currency includes silver certificates, Gold certificates, Blue seal silver certificates, National Bank notes, Federal Reserve notes, Red seal U.S. notes, plus much, much more!

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Please Note This is the 3rd of 7 Very Large Coin Auctions.
Other Tentative Dates are May 22, June 12, July 24 & August 7

Reeder Auction Services
Col. Dan Reeder 641-324-1692
Col. Dick Bauer 641-512-3349
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Mitchell County Acreage with Four-Bedroom Home
Online Auction
For Linda and the late Charles Levan
4481 Quail Avenue, Stacyville, Iowa
(from Stacyville: 3 1/2 miles east to Quail, then 1.7 miles south)
Auction Close: Wednesday, May 18th @ 6:30 pm
Open House/Inspection:
Sunday, May 1 @ 12:00 - 1:30 pm • Monday, May 9 @ 5:30 - 7:00 pm

Modern four-bedroom, split-level home with two metal storage buildings on 4.8 acres!
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COMMERCIAL PROPERTY FOR SALE
704 7TH ST N • NORTHWOOD, IA 50459-1053

For sale by sealed bids, top four bids will go to auction. Sealed bids are due at 1496 480th Street, Northwood, IA 50459 by 3:00 p.m. on May 31, 2022. The top four bids will come to the building site for an auction on June 1, 2022 at 3:00 p.m. The auction will begin at the highest sealed bid amount.

Legal Description: NORTHWOOD THOMPTO ADD. LOTS35-42, BLK. 2 & PT N 7TH ST W OF LOTS 35 TO 42
Utilities: Gas heat, city sewer, and water

Bay area 32'6" X 42'6" contains floor drain and commercial air compressor
Office area and restroom 12'6" X 10', Restroom portion is 4' X 4'6"
One enclosed bay and 12 open bays 156' X 36'
Propane tank not included, will be moved from property.

Once we have determined the highest offer, there will be a public hearing on June 21, 2022, regarding the sale of the property. After the public hearing, the board will vote on the offer in the New Business items at the June 21, 2022 regular meeting.

The board reserves the right to refuse any and all bids.

Contact Superintendent Michael Crozier at 641-324-9980 or Transportation Director Daryl Love at 641-324-1454 to set up a view.

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2018 Ford Explorer Limited, 90k	$30,900
2018 Toyota RAV4 Hybrid, 68k	$27,900
2018 Ford Edge SEL AWD, 92k	$22,900
2018 Nissan Rogue S, 82k	$18,900
2018 Dodge Grand Caravan SXT, 116k	$15,900
2017 Subaru Forester Premium, 110k	$18,900
2017 Ford Escape SE AWD, 67k	$19,900
2017 Buick Envision AWD, 101k	$19,900
2017 Dodge Grand Caravan GT, 109k	$17,900
2016 Ford Explorer XLT, 91k	$23,900
2016 Toyota Camry XSE, 47k	$20,900
2016 Dodge Grand Caravan, 91k	$16,900
2015 Buick Encore Leather FWD, 40k	$19,900
2015 Honda Fit LX, 89k	$13,900
2014 Chrysler T & C Touring-L, 91k	$16,900
2014 Jeep Patriot Latitude 4WD, 71k	$16,900
2014 Dodge Grand Caravan, 123k	$14,900
2014 Buick Encore Convenience FWD, 79k	$14,900
2014 Kia Soul Plus, 106k	$8,995
2013 Lexus RX350 AWD, 75k	$24,900
2013 Chevy 1500 Crew Cab LT, 140k	$19,900
2013 Honda Ridgeline RTL 4WD, 195k	$14,900
2013 Toyota Sienna LTD, 174k	$12,900
2012 Chrysler Town & Country, 94k	$11,900
2011 Honda CRV EX-L AWD, 114k	$11,900
2011 Dodge Grand Caravan, 137k	$7,995
2009 GMC Yukon 4x4, 199k	$7,995
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2005 Chevy Equinox LT, 170k	$3,995

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Anchor Sports



The Vikings' Justin Mills competes in the discus last Thursday night at the John Larson Coed Relays in Armstrong. Mills had a great day in the field events, taking home a second place medal in the discus with a throw of 106-11.50.



N-K's Thomas Block brings his team's baton over the finish line right behind first place finisher North Iowa in the sprint medley relay last Thursday at North Union. Block and his teammates placed second with a time of 1:46.27.

Kliment, Block and Rollene come up big for Vikings at North Union

By Mike Simmons
Sports Editor

Just looking at the results from last Thursday night's John Larson Coed Relays in Armstrong, it would be hard to tell that the kids were running in temps in the mid 40s with a strong, unrelenting wind that literally took the kids' breath away running down the back stretch.

But those conditions didn't damper the competitive attitude of the Vikings, who had three individuals go above and beyond the call of duty considering those conditions. Josiah Kliment, Thomas Block and Treycen Rollene all had spectacular days on the oval in Armstrong, securing two first place finishes, two second place finishes and three third place finishes combined.

Kliment, who after his first place medal run in the 110-meter hurdles, now holds the 13th fastest time in class 1A with a time of 15.66, also holds the 14th fastest time in class 1A in the 400 hurdles, a time the talented senior set at North Iowa and an event he also won in Armstrong last Thursday.

Block, who is a talented hurdler in his own right, placed second in the 400 hurdles just two seconds behind Kliment and took home a third place medal in the 400-dash.

Rollene, who handles most of the team's long-distance events, scored 12 team points combined in the 1,600 and 3,200-meter runs, securing a third place finish in both.

Other individuals making an impact at North Union were Hayden Moore in the 800 (5th), Kooper Julseth in the 1,600 (8th), Aden Bice in the 3,200 (8th), Julseth in the high jump (4th), Dante Sims in the shot (5th) and Justin Mills in the discus (2nd).

The Viking relay teams could manage just one first place finish at North Union but they did compile four top three finishes, including the 4x800 (3rd), the sprint medley (2nd), the distance medley (2nd) and taking home the first place medal with a time of 1:05.72. The 14th fastest time in the class 1A now belongs to the shuttle hurdle relay team of Moore, Block, Kliment and Drake Tiedemann.

The Vikings' track season is winding down with just two regular season meets left on the schedule. That included Monday at Garner-Hayfield/Ventura and Thursday at the Top of Iowa Conference meet in Osage.



After having no one to compete in the event for many years, N-K's Kooper Julseth picks up crucial points for his team in the high jump last Thursday at North Union. Julseth picked up a fourth place finish in the event with a height of 5-02.

Team Scores at John Larson Coed Relays – Bishop-Garrigan 110, Northwood-Kensett 95.33, Estherville Lincoln Central 90, Hartley-Melvin-Sanborn 65, West Bend Mallard 58.66, North Union 56, North Iowa 51, Garner-Hayfield/Ventura 50, GTRA 12

Moore and Hengesteg set the pace at South Hamilton, North Union meets

By Mike Simmons
Sports Editor

A duo of Lady Viking track athletes set the pace for the rest of the team in its two meets last week. Hurdlers Lindsey Moore and Carly Hengesteg combined for four first place finishes and three second place finishes at South Hamilton and North Union.

At Last Tuesday's George Abell Hawkette Relays at South Hamilton the Lady Vikings, led by Moore and Hengesteg, scored 103 points, more than enough for a very respectable third place finish.

Moore and Hengesteg took home the team's only individual first place medals, taking top honors in the 100 hurdles (Moore), 400 hurdles (Hengesteg) and the pair scored second place medals as well, Moore in the 400 hurdles and Hengesteg in the 400-meter dash.

Other notables at South Hamilton were Megan Ocel, who placed second in the 1,500-meter run, Morgan Wallin with a third place finish in the 100 hurdles and in the field events and Emma Logeman, who took home fourth and fifth place medals in the discus and shot.

And while the relays were solid throughout, it was the shuttle hurdle team of Moore, Chloe Costello, Wallin and Hengesteg that stole the show, taking top honors in the event with a time of 1:13.78. This same shuttle hurdle team posted the fifth best time in class 1A in the event at Nashua-Plainfield earlier in the season.

Other relays scoring crucial points for the Lady Vikings include the 4x100 (4th), the 4x400 (5th), the 4x800 (3rd), the sprint medley (4th) and the distance medley (2nd).

Wrapping up the week last Thursday at the John Larson Coed Relays in Armstrong the Lady Vikings once again had a strong showing, scoring 89 team points and placing third behind Bishop-Garrigan (92) and top dog North Union (135).

Moore, who has proven herself to be one of the best hurdlers in the state in class 1A, earned the team's only first place medals, taking the top spot in the 100 hurdles (16.18) and the 400 hurdles (1:12.57).

The Lady Vikings did have several second place finishes at NU, including Hengesteg in the 400 hurdles, Ocel in the 3,000-meter run and Macy Thorson in the long jump.

Other individuals scoring points for N-K include Jessika Ausborn in the 400 (7th), Mallory Rheingans in the 800 (5th), Ausborn in the 800 (6th), Costello in the 100 hurdles (6th), Logeman in the shot (5th), Maddie Berry in the discus (7th) and Tegan Johnson in the shot (6th) and discus (6th).

The relays really came through for the Lady Vikings at NU, including the 4x100 (2nd), the 4x200 (6th), the 4x800 (3rd), the sprint medley (1st), the distance medley (5th) and the shuttle hurdle (1st).

As the season wraps up despite the lack of meets this year, the Lady Vikings had just two regular season meets remaining, Monday at garner-Hayfield/Ventura and on Thursday they'll compete in the Top of Iowa Conference meet in Osage.

Team Scores at George Abell Hawkette Relays – South Hamilton 146, Roland-Story 136, Northwood-Kensett 103, Des Moines Christian 92, Clarion-Goldfield-Dows 72, Newman Catholic 19

Team Scores at John Larson Relays – North Union 135, Bishop-Garrigan 92, Northwood-Kensett 89, Hartley-Melvin-Sanborn 64, Garner-Hayfield/Ventura 60, North Iowa 59, West Bend-Mallard 51, GTRA 32



N-K's Mallory Rheingans leads the field on the first lap of the 4x800-meter relay last Thursday at North Union. Rheingans and her teammates placed third in the event while the talented sophomore also scored points with a fifth place finish in the 800-meter run.



Lady Viking Tegan Johnson throws the shot in last Thursday night's John Larson Coed Relays at North Union High School in Armstrong. Johnson picked up points for her team in both throwing events, earning a sixth place finish in both the shot and discus.

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