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The Northwood Anchor

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Briefs

Relay party set for June 4

The Relay For Life of Worth County will hold its annual celebration of cancer survivors and supporters with a party on Saturday, June 4,

The event honors those that have celebrated birthdays as they have survived cancer and those that have been there for them. It also supports those fighting cancer and remembers those that have been lost.

The event also raises funds to fight cancer and support those that are surviving or have survived the disease.

The party will include food, cupcakes, a live auction, a bake sale, carnival games, luminaries, lanterns and more.

Fair Book updates

The recently released Worth County Fair Book includes information on a variety of events and activities.

There is one correction and one addition to the Worth County Fair Book since it was published.

The schedule on page 6 of the book incorrectly states the entry days and times for floral and open class entries.

Entries for the flower show can be submitted on Tuesday, June 14, from 4-8 p.m. and on Wednesday, June 15, from 8-10 a.m.

Open Class entries can be submitted on Monday, June 13, from 4-8 p.m. and Tuesday, June 14, from 8-10 a.m.

One addition is a free meal, presented by Federal Foam Technologies, at 5 p.m. on Thursday, June 16, in the shelter house.

NVFC BBQ set for June 4

On Saturday, June 4, the Northwood Volunteer Fire Company will hold its drive up to-go barbecue.

The meal includes pulled pork, beans and a salad. It is available with a free will donation.

The barbecue will be served from 4:30-7:30 p.m., or until the food is gone.



The Week's WEATHER
by National Weather Service
Observer
John Podgorniak

Date	Hi	Lo	Prec.
Tues. May 17	62	50	0.01
Wed. May 18	79	52	0.05
Thurs. May 19	88	57	0.02
Fri. May 20	73	50	0.34
Sat. May 21	57	43	
Sun. May 22	59	37	
Mon. May 23	60	33	



Northwood-Kensett 2022 State Champion

Northwood-Kensett's Wyatt Willand poses with his four state championship medals that the talented athlete earned at last week's Iowa High School Track and Field Championships in Des Moines. Willand's prowess on the track also earned him the team wheelchair state championship.

Zoning discussion continues

At recent meetings, the Worth County supervisors have considered and acted on the possibility of expanding zoning countywide.

The latest consideration of countywide zoning was prompted as the supervisors had been looking at a wind development ordinance.

The supervisors were advised that a wind ordinance on its own could be viewed as discriminating against the industry. However, the terms of the ordinance are more common in zoning, and advice was given that expanding zoning and adding the wind regulations could be effective.

Following that, the Worth County planning and zoning commission held hearings and discussed expanded zoning, as well as proposing initial land designations, which they recommended to the supervisors.

Currently, three townships, Brookfield, Danville and Hartland, those that contain the interstate, are zoned. The remaining nine townships have no zoning restrictions or protections in place.

Most land in the county, if zoning expands, will be considered agricultural. Exceptions include

Zoning, see Page 2

Memorial Day observed around Worth County Monday

This Monday, people throughout the nation will honor those who gave their lives serving their country. Several area communities will hold their own Memorial Day services this Monday.

Government offices and most businesses will close on Monday to allow family and friends to gather to honor the memory of their loved ones.

• In Northwood, Memorial Day services begin at 11 a.m. at the Sunset Rest Cemetery.

Musicians from the Northwood-Kensett High School band, directed by instructor Jared Barnes, will provide patriotic music. The VFW Color Guard will provide military honors.

In case of rain, the observance will be held at the N-K High School.

• Memorial Day services conducted by the VFW Color Guard will be held at the State Line Cemetery north of Northwood at 9 a.m.

In case of inclement weather, the ceremony will be held at the Shell Rock Community Center in Gordonsville.

• Memorial Day ceremonies will be held in the Kensett Community Center beginning at 9 a.m.

Aaron Woltzen will give the Memorial Day address. N-K graduating seniors Emma Davidson and Hayden Moore will recite passages at the ceremony. The Northwood-Kensett Junior/Senior High School band will provide music throughout the ceremony. A Salute to the Dead will be provided by the local Honor Guard. Other speakers at the ceremony will include Herb Thompson, opening and closing the ceremony, as well as giving a tribute to deceased veterans.

Memorial Day, see Page 2

Worth County voters reminded of updated polling places

Worth County Auditor Jacki Backhaus reminds voters that some polling places have changed due to recent redistricting across the state. Iowans whose polling place has changed should be on the lookout for a postcard in the mail informing them of the new location.

Auditor Backhaus explains, "The east and west boundaries for Precinct 7 (Northwood) narrowed due to population changes. The new boundaries are I-35 on the west and Raven Avenue on the east. This change will affect some voters in Hartland and Deer Creek townships. On the west, affected voters will be going to Precinct 3 in Joice and on the east, affected voters will be going to Precinct 1 in Grafton. Please keep in mind that if this isn't convenient, voters can always absentee vote by mail or in the Auditor's Office. Please call the Auditor's Office at 641-324-2316 with any questions. We will do our best to make this transition go smoothly."

Worth County sent notices to impacted households with a registered voter. Under Iowa law, notices are

Voters, see Page 2

Primary absentee voting underway

On Tuesday, June 7, the primary election decides which candidates will represent their politic parties in the November general election. Absentee voting is currently underway.

Appearing on ballots for county office, running unopposed for their party's vote and with no opposition from the other party are Republican incumbent treasurer Jake Hanson, Republican incumbent recorder Teresa Olson, Republican incumbent attorney Jeffrey Greve and Democratic incumbent supervisor Aaron Stone for Supervisor District 1.

No one filed to appear on ballots in the primary or general election for Worth County supervisor District 3. Enos Loberg currently holds that office.

Filing for Iowa Governor were incumbent Kim Reynolds, unopposed to be the Republican nominee, and Deidre DeJear to be the Democratic nominee.

Filing for the office of Iowa Senate District 30, unopposed were incumbent Republican Waylon Brown and Democrat Whitney Mixdorf.

Appearing on ballots to be the Republican nominee

Primary, see Page 2



ISABELLA HOCH



THOMAS BLOCK

Royalty represent Northwood-Kensett at North Iowa Band Fest

This weekend, Northwood-Kensett marching musicians will take part in the 83rd North Iowa Band Festival in Mason City, with a theme of "Band Fest on Broadway." As N-K joins other area schools, two members of the band, Isabella Hoch and Thomas Block, will represent them for the last time.

Each school taking part in the parade sends students to represent them as band royalty. Hoch and Block, recent graduates, were selected as this year's N-K band king and queen.

Hoch is the daughter of Shayne and Melissa Hoch.

Hoch has played in the school's marching band, pep

Band, see Page 2

National Beef Month — See Pages 8-9

Memorial Day
Cont. from Page 1

Refreshments will be served afterwards by the Kensett Library Board.

• Memorial Day services in Manly will begin at the city park at 8:45 a.m. for those assembling to parade to the Manly Cemetery, for the Memorial Day services, which begin at 9 a.m.

Rev. Cory Allard will provide the invocation and benediction at the ceremony.

The Central Springs band, directed by Cole Younger, will perform "The Star Spangled Banner" and "America the Beautiful." Band trumpeters Cece Hill and Abby Pate will perform Taps.

The Memorial Address will be given by Tim Bacon, retired from the U.S. Air Force.

The Cub Scouts and 4-H will provide decoration of the graves. The American Legion Auxiliary will provide the decoration of the cannon. Crosses recognizing recently deceased veterans will also be in place.

Th American Legion Honor Guard will provide a salute to the dead.

In case of rain, the program will be held in the old gym.

The American Legion Auxiliary #110 will serve a pancake and sausage breakfast at the Legion Hall from 7-11 a.m. for a free will donation.

• Memorial Day services will be held at the Grafton Cemetery, beginning at 10 a.m.

Participating will be the American Legion Honor Guard and the St. Ansgar Middle School band. Post Commander Philip Hackbart will conduct the service. The opening scripture and prayer will be lead by the Rev. Dr. David E. Schafer, who will also read The Gettysburg Address. Special music will be provided by Will Bartz.

This year's speaker will be Brian Huinker. Brian is a 2005 graduate of St Ansgar High School. He enlisted in the Marine Corp in 2007, trained as a motor transportation specialist, and served in Iraq in 2009 for nine months. He was honorably discharged in 2011. Brian returned to college, graduating from Drake University with a double major in political science and law politics and society. Wanting to continue serving his country, in 2017, he began working with the CIA. In May 2022, Brian moved with his wife, Taylor, and two children, Wyatt and Lucy, back to the area, to be closer to family.

In case of rain, the services will be held at Emmanuel Lutheran Church.

• A Memorial Day Lunch will be served at Silver Lake Lutheran Church, 705 Silver Lake Road, from 9 a.m. to 1 p.m. The meal will include sloppy joes, potato salad, pies, coffee and lemonade.

• Sion Lutheran Church will host a Memorial Day dinner from 11 a.m. to 1 p.m., serving escalloped potatoes and ham, beans, salads, desserts, coffee and lemonade. The cost is $10 per adult or $5 per child.

• Elk Creek Lutheran Church will hold a dinner from 11 a.m. to 1 p.m. The menu includes scalloped potatoes and ham, baked beans, salads and bars for a free will donation.

Primary
Cont. from Page 1

for Iowa Representative representing District 60 will be incumbent Jane Bloomingdale, Northwood, and Deb Hild, Clear Lake. No one filed to be the Democratic nominee.

Filing for national office representing Worth County include, for the Senate, incumbent Charles Grassley and Jim Carlin for the Republican nomination and Abby Finkenauer, Michael Franken and Glenn Hurst for the Democratic nomination.

Incumbent Republican Ashley Hinson will appear unopposed to represent her party for U.S. Representative District 2. Lis Mathis will appear unopposed for the Democratic nomination.

Those that would like to vote absentee in the primary can currently file a request at their county auditor's office. Absentee voting is currently underway. Absentee voting in person is open until June 6. Absentee ballots by mail must arrive at auditors' offices by June 7.

The primary election will be held from 7 a.m. to 8 p.m. on Tuesday, June 7.

Zoning
Cont. from Page 1

those areas that are being used for commercial or industrial purposes.

For the supervisors, the first of potentially three hearings needed before approving countywide zoning was held on May 16.

During the hearing, two members of the public spoke in favor of countywide zoning.

Julie Kunz, a vocal opponent of wind development in the past, said that she had done research that showed that zoning and comprehensive development plans were in place in 85% of Iowa, with only areas like those in Worth County the exception.

Sue Loken, also an opponent of wind development at past meetings, and also a resident of one Worth County's zoned townships, shared that the biggest benefits are that zoning provides protections. The public is made aware when something is being built near them as a part of the zoning permit process. It gives the people a chance to voice their opinions, and there are variances or waivers.

Worth County assessor Cindy Thompson shared an observation that people often call her office to ask about zoning permits, and are surprised to learn that none are necessary in most of the county.

A second hearing for the zoning expansion was held this past Monday, May 23. No public comment was made. The supervisors opted to waive a third hearing and a vote was held on the zoning expansion.

Supervisors AJ Stone and Enos Loberg voted in favor of the expanded zoning. Supervisor Mark Smeby voted against.

Band
Cont. from Page 1

band and concert band. She has performed in Honor Bands and at Solo and Ensemble Festival, where she earned recognition as an outstading soloist. She has also shared her musical talents as a part of the N-K choir.

Outside of music, Hoch has served as a member of the National Honor Society

In college, Hoch plans to study and perform, as she majors in Communications with a minor in Music. She also plans to play in a concert band, pep band and hopefully a marching band.

Block is the son of Dan and Laura Block.

Block has played in N-K's marching band, concert band, jazz band and pep band. He has also performed at Solo and Ensemble Festival and the annual POPS concert.

Outside of music, Block has taken part in cross country (mvp), track (state qualifier), baseball, the N-K Math Club, Student Council, National Honor Society and Honor Roll.

Block plans to continue his musical endeavors as he plans to attend the University of Northern Iowa to study Finance & Accounting and play for the UNI Marching Band and Pep Band.

Hoch and Block and the rest of the N-K marching band will take part in the North Iowa Band Festival Parade this Saturday, as a part of the 83rd year of the "largest free marching band competition in the Midwest." The parade begins this Saturday, May 28, at 10 a.m.

Hoch and Block will join other school band royalty for the awards ceremony that will take place at 1 p.m. on the main stage in downtown Mason City. Marching band awards will also be announced at that time.

Voters
Cont. from Page 1

required to be sent to impacted voters between 20 days and seven days prior to the primary election and again prior to the general election.

"If your polling place changed due to redistricting, you'll be getting a card in the mail informing you of the new location," Secretary of State Paul Pate said. "We want all eligible Iowans to make their voices heard by voting this year, and it's important to have a plan if you're going to the polls on Election Day. Step one is registering to vote. Step two is making sure you know where your polling place is located."

Iowans can also look up their polling place online at sos.iowa.gov/elections/voterreg/pollingplace/search.aspx. To check your voter registration status, register to vote or update your information, visit VoterReady.Iowa.gov or elections.worthcountyiowa.govsfg and click on "Where do I Vote?"

Help stop aquatic hitchhikers this Memorial Day weekend

The Iowa Department of Natural Resources (DNR) reminds all boaters and anglers to "Clean, Drain, and Dry" their boats and equipment this Memorial Day weekend to protect Iowa lakes and rivers from aquatic hitchhikers.

Aquatic invasive species, everything from zebra mussels to Eurasian watermilfoil, move from one waterbody to another by hitchhiking on boats, in bait buckets and on other equipment used in the water. They often grow quickly and spread fast when brought to another lake or stream due to lack of natural controls.

"Checking your boat and equipment for unwanted hitchhikers will help slow the spread of aquatic invasive species and protect our local waterways for future generations," said Kim Bogenschutz, aquatic invasive species coordinator for the Iowa DNR.

Aquatic invasive species can create serious problems for Iowa waters by reducing native species and making lakes and rivers unusable for boaters, anglers and swimmers. Boaters and anglers can unintentionally spread aquatic hitchhikers if they do not take the proper precautions each time they leave a lake or river.

Clean, Drain, Dry is a simple three step process that boaters should follow every time they move from one body of water to another.

CLEAN any plants, animals, or mud from your boat and equipment before you leave a waterbody.

DRAIN water from all equipment (motor, live well, bilge, transom well, bait bucket) before you leave a waterbody.

DRY anything that comes into contact with water (boats, trailers, equipment, boots, clothing, dogs). Before you move to another waterbody either: Spray your boat and trailer with hot or high-pressure water; or Dry your boat and equipment for at least five days.

Never release plants, fish, or animals into a waterbody unless they came out of that waterbody and empty unwanted bait in the trash.

It is illegal to possess or transport prohibited aquatic invasive species. It is also illegal to transport any aquatic plants on water-related equipment in Iowa. Signs posted at public accesses remind boaters to stop aquatic hitchhikers and identify infested waters.

Boaters must also drain all water from boats and equipment before they leave a water access and keep drain plugs removed or opened during transport. It is also illegal to introduce any live fish, except for hooked bait, into public waters.

Find more information about aquatic invasive species and a list of infested waters in the current Iowa Fishing Regulations or at www.iowadnr.gov/ais.

People reminded to 'Buckle Up' during Click or Ticket campaign

From the Iowa Department of Public Safety:

According to the National Highway Traffic Safety Administration in 2020, there were 10,893 unbuckled passenger vehicle occupants killed in crashes in the United States. In that same year, 58% of crash victims killed at night (6 PM – 5:59 AM) were not wearing their seatbelts. According to the Iowa DOT, 94 people were killed in 2021 on Iowa's roadways who were not wearing their seatbelts.

Law enforcement agencies across Iowa are participating in the national Click It or Ticket campaign from May 23 – June 5, 2022. In an effort to combat fatality and injury crashes, officers will be exhibiting zero tolerance for drivers who are not buckled, speeding, or driving while distracted or impaired.

Not wearing a seatbelt is dangerous and puts everyone in the vehicle in jeopardy. Those not wearing a safety belt become a projectile and kill others who are buckled. In Iowa, the maximum penalty for a seat belt violation is $135.50 (Iowa code 321.445).

Good habits start with young drivers. SAFE (Seatbelts Are For Everyone) is a peer to peer program for teenagers encouraging seatbelt use. To get your school involved, contact Cathy Slade at cslade@dccca.org or 515-766-8307.

The Iowa Department of Public Safety, the Governor's Traffic Safety Bureau and the Crash Dummies (Vince and Larry) remind you to always Buckle Up, Every Trip, Every Time. Stay tuned for more on the Crash Dummies "Wrecked It" Reunion Tour.

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N-K students recognized for artistic accomplishments

Northwood-Kensett High School held its annual Fine Arts Awards and Spring Concert on Tuesday, May 10. The high school band and choir performed, and students were recognized for their accomplishments in Art, Speech, Drama, Choir and Band.

Emily Abbas presented awards for Art. Senior Thomas Block and Junior Ellie Ehrhardt received awards for Outstanding Artist as they both created high quality, original artwork throughout the school year. Senior Andrew Breitsprecher received Most Improved Artist as he put over 30 hours in on learning how to throw on the potter's wheel. All three students had work on display at Waldorf University for the Top of Iowa Conference Art Show. Breitsprecher earned 2nd place for his Dancing and You video tutorial and Breitsprecher, Block, as well as Josiah Kliment and Jon Meksi received Honorable Mention for their Jon Meksi Film stop motion animation.

Beth Butler presented awards for Speech. Students earn medals for their performances at district and state contests. They earn a blue for a Division I rating and a red for a Division II rating. In addition to medals earned from the Iowa High School Speech Association, students also earn points for each performance that count toward their cumulative total for speech and drama lettering. This year's awards earned include sophomore Madalynn Hanson, who earned one Division I medal and one Division II medal for her performances in Group Improv; sophomore Damon Reyerson, earned one Division I medal for his work with Short Film; junior Ellie Ehrhardt, earned one Division I medal for her performance in Prose; junior, Teagan Johnson, earned three Division I medals and one Division II medal for her performances in Group Improv and Poetry; senior Jason Hanson, earned one Division I medal for his work with Short Film; senior Aaron Davis, earned one Division I medal for his work with Short Film; senior Emma Davidson, earned three Division I medals and two Division II medals for her performances in Group Improv, Poetry, and Prose, and Davidson also earned her bronze and silver medals for Speech; and senior Andrew Breitsprecher, earned three Division I medals for his work with Short Film and Individual Improv. Andrew also earned All-State honors for his Individual Improv performance, and earned his letter for Speech this year. Annually, an award is given to the senior speech performer who has earned the most points in his or her career. The 2021-2022 Outstanding Speaker was awarded to Emma Davidson.

Nikkole Koenig presented awards for Drama and Choir.

In Drama, students earn a certificate, a letter or a medal for cumulative points earned in drama performances. This year's awards include certificates for Thomas Block, Laney Miles, Kenny Conlin, Ellie Ehrhardt, Nyx Mayberry, Madalynn Hanson, Alexandria Hanson-Brandsoy, Marli Backhaus, Hailee Schmitt, Jon Meksi, Mallory Rheingans, Topanga Hackenmiller, Morgan Wallin, Kamryn Backhaus, Christopher Madsen, Ariana Heiken and Josiah Bass; drama letters for Hayley Wallin and Damon Reyerson; a Bronze medal for Aaron Davis; Silver medals for Emma Davidson, Alexis Hakes and Isabella Hoch; and a Gold medal for Andrew Breitsprecher.

In choir, two seniors who previously earned a letter earned an additional service bar. Those awards went to Emma Davidson and Alexis Hakes.

Jared Barnes presented awards for Band. To letter in Band, students must earn 100 points over the course of a school year. Students earn points by participating in things such as honor bands, jazz band, solo and ensemble, and for anything else that is above and beyond the day-to-day class requirements.

The following students earned a Band letter for the 2021-2022 school year: Kamryn Backhaus, Chloe Costello, Madalynn Hanson, Emma Hengesteg, Christopher Madsen, Jon Meksi, Lindsey Moore, Damaris Peterson and Damon Reyerson.

The following students previously lettered in Band, and earned earned 100 points during the 2021-2022 school year to receive a letter pin: Thomas Block, Kenny Conlin, Emma Davidson, Ellie Ehrhardt, Alex Follmuth, Isabella Hoch, Eli Mix, Hayden Moore, Drake Tiedemann and Wyatt Willand.

The John Philip Sousa Band Award was also presented. Created with the approval of Helen Sousa Albert and Priscilla Sousa, daughters of the famous composer and bandmaster, this award was first introduced in 1955 to honor the top student in the high school band. This award is presented in recognition of outstanding achievements and interest in instrumental music, for singular merit in loyalty and cooperation, and for displaying those high qualities of conduct that school instrumental music requires. This year's recipient of the John Philip Sousa Award is Isabella Hoch.











Highway 65 Garage Sales June 10-11

The Highway 65 Garage Sales will take place on Friday and Saturday, June 10-11.

During the weekend event, those living in communities along Highway 65, from Glenville to Manly, are encouraged to hold garage sales. And those looking to shop are encouraged to travel the route.

Communities included in the garage sale weekend include Glenville and Gordonsville in Minnesota and Northwood, Kensett and Manly in Iowa.

The annual event includes garage sales along the route, along with other vendors, groups and events held in conjunction.

This year, that will include a food truck serving in every community along the route.

Those with questions or who are interested in signing up may do so at the Hwy 65 Garage Sales Facebook page. People may also contact Sheryl Northway at 641-390-0663.



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Worth students learn more about area livestock operations

Students in Worth County's elementary schools recently spent a few Fridays traveling to area farms to learn more about where their food comes from and how members of their community make that possible.

The field trips were organized with the help of Worth County Farm Bureau. The farm field trips began on April 29, as students in Northwood-Kensett's first grade classes took part in the first educational journey.

Their first stop of the day took them to the High Hope Farm, the dairy farm of the Morris and Jenelle Medlang family.

At the farm they viewed the barn and equipment where milk is produced and stored before being shipped for the end products. They also met a couple of calves.

The students then sampled some of those products with milk and cheese.

The afternoon took the group to farm of Chad and Brooke Anderson.

At that farm the students learned about the family's beef operation, including where the cattle live, what they eat and more.

The visit also included a look at the farm's pig and chickens, similarly sharing a look at how the animals are fed and housed.

The next farm visits took place on May 6, when Central Springs' kindergarten classes traveled to three farms.

One was the pig farm of Garret Cole. While there they met a piglet before stepping inside the office to learn more about how the buildings are operated, how the pigs are fed and some of the steps that the workers have to take to keep the pigs healthy.

Another of the farm visits was the beef farm of Jay McDonough. While there they learned about the recipe for cattle feed as they saw each ingredient and why it was chosen. The students also got a chance to see where the cattle live and to meet and feed a couple of calves.

The third stop for the CS students was the Hodson-Dirksen dairy farm in Plymouth.

They saw where calves are raised, where the cows live and the milking facilities and procedures used on the farm.

On Friday, May 13, N-K's kindergarteners started the day with their turn to visit the Medlang farm, where they saw the dairy operation in action for themselves.

That was followed with a visit to the farm of Nate and Melissa Moretz.

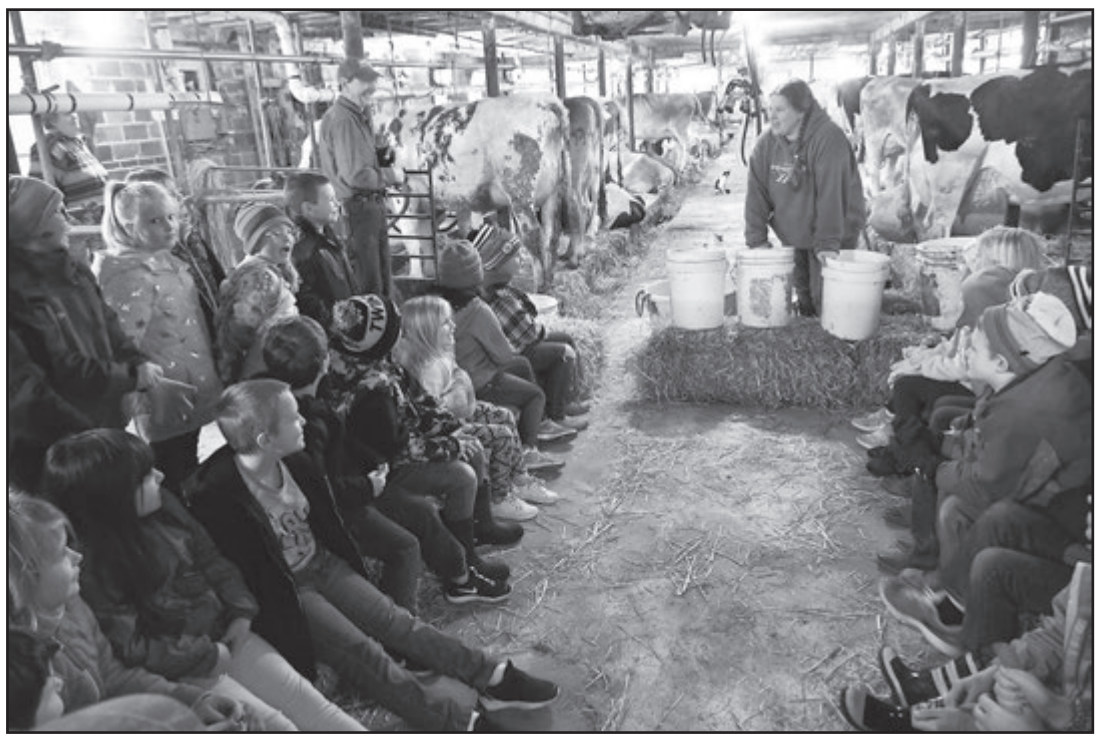
While there Nate gave a look at the family's beef operation, including where the cattle live, where calves stay after born and what they eat. They also met a blind calf.

The students also got a chance to learn about and meet some residents of the pig operation on the Moretz farm.

Melissa began by showing them the bins containing the pig feed, and how it makes its way into the building.

She taught them about how many pigs are raised and cared for on the farm, and how that works. The students then got to meet a few of the piglets.

After learning about the animals, the students took part in a game and a scavenger hunt.

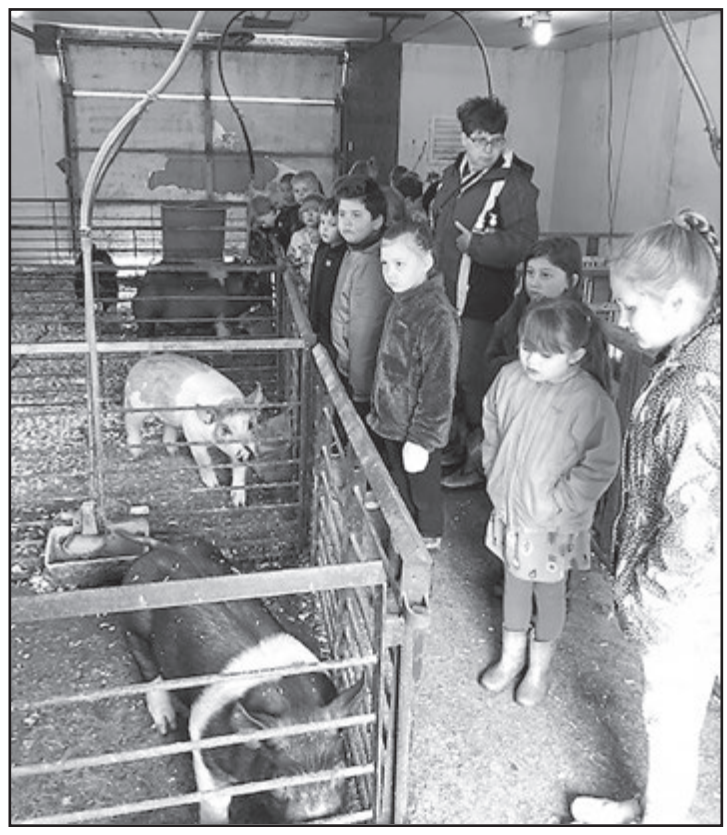














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Lutheran Retirement Home residents enjoyed National Nursing Home Week

By Cassie Davis
LRH Activities Director

National Nursing Home Week this year was from May 8-14. The residents at the Lutheran Retirement Home had many fun filled days.

Each day had a different theme, with activities that went along with that theme. Monday was patriotic day, where residents and staff were able to decorate patriotic cookies.

Tuesday was Decades Day, staff and residents were asked to dress up as their favorite decade, and enjoyed a 50s themed soda shop.

Wednesday's theme was Hat Day, the residents at LRH enjoyed a Kentucky Derby Horse Race, and all staff and residents had ice cream sundaes in the afternoon.

On Thursday our theme was Spirit Day, staff and residents wore there favorite sports apparel. Staff and residents had a great time at the Resident/Staff Olympics, where we played games such as celebrity bowling, LRH Jeopardy, Flickin Chickens and Staff Wheelchair Races. Heather Rysavy and Michelle Schultz's team was our winners.

Friday's theme was Vacay Day. We thought tropical and wore bright tropical shirts. For our final day of National Nursing Home week we enjoyed a cookout, with hamburgers and hot dogs. We also had some delicious shaved ice from Shaka Shaved ice in the afternoon.



















Northwood Anchor Church

Fertile Lutheran Church
Thursday, Mary Circle, 9:30 a.m.; Sunday, Worship Service, 9:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Adult Bible Study at Bethlehem, 8 a.m., Bethlehem Worship, 9 a.m., Joyful Noise Choir Practice at Grace, 9:15 a.m., Sunday School at Bethlehem, 10:15 a.m., Grace Worship, 10:30 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - EC, 9:45 a.m.; Monday, Memorial Day Dinner at Elk Creek, 11 a.m. - 1 p.m., Kensett Memorial Day Ceremony at CC, 9 a.m.
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Wednesday, Joint Choir/Praise Band Practice, 7 p.m.; Sunday, No Worship Service at Trinity, Joint Worship Service at Bethel, August's Baptism, 10:30 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Wednesday, Swallow Coffee House LM, 10 a.m.; Thursday, Pub Theology, 7 p.m.; Friday, Discipleship Journey, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 9:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 11 a.m., Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m., Pub Theology, 7 p.m.; Sunday, Service with N.O., 9 a.m., JH Youth, 6:30 p.m.; Tuesday, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.
Pastor Kent Otterman

What's Your Story?

I have sometimes lamented that the problem with life is not that we are not loved, but that we are not loved sufficiently. We all desire to be loved just a bit more than we currently are and perhaps appreciated a bit more for just how wonderful we think we are. But, in reality, we are loved perfectly by God. We shouldn't expect so much from our fellow man; family and friends do their best to love and be loved in return, but we are not the best lovers. The prize for best lover clearly goes to God, who made each of us perfect in our own way, and who loves us despite our failings. And what is more, he made the ultimate sacrifice, humbling Himself to appear in human form, being born in the humblest of circumstances, and subsequently suffering an ignominious death usually reserved for the worst of criminals, and doing all of this to give us a good example and to atone for our sins. So rejoice in this best of news: you are infinitely loved! - Christopher Simon

In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. – 1 John 4:9-10

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Back in the day we called it tin foil. Of course, it wasn't made of tin but since the shiny, flexible sheets seemed to resemble a tin can, the name stuck. Aluminum foil has been a kitchen staple for decades and is still an easy way to lessen clean up and keep moisture in oven baked or grilled dishes. There IS now some controversy about the use of foil in cooking so each person has to decide to use it or not. I have used foil for many years with no ill effects. "Cooking With Foil" (2004, Publications International, Ltd., Lincolnwood, Illinois) is one of many cookbooks compiled under the Favorite Brand Name group. The following recipes were adapted from the "Fuss-Free Grilling" chapter since we are in that season and any cooking outdoors means less clean up in the kitchen!

Cajun Pork Chops with Pineapple

4 boneless pork loin chops, cut 1/2-inch thick, about 4 oz. each
4 sheets of foil, 18 x 12-inches each, sprayed with cooking spray
2 teaspoons Cajun seasoning
1 can (15 oz.) pineapple tidbits (not chunks), well-drained
2 tablespoons frozen orange juice concentrate, thawed
1 tablespoon finely chopped jalapeno pepper (optional but tasty)
2 teaspoons Dijon-style mustard
Chopped fresh parsley, optional for garnish

Prepare the grill for medium heat, direct grilling. Rub the chops on both sides with Cajun seasoning. Place one chop in the center of each of the foil sheets. Top with 1/4 of the pineapple tidbits. Stir together the orange juice concentrate, mustard and minced pepper, if you are using it. Spoon some of this sauce over the pineapple. Double-fold the sides and ends of the foil to seal into packets, leaving some heard space for heat circulation. Place on a baking sheet for easy transport to the grill. Slide the packets onto the grill, cover the grill and cook over medium heat for 10-12 minutes or until the chops are no longer pink in the center. A meat thermometer should register about 165 degrees. Remove the meat from the foil and place on serving plates. Sprinkle with parsley if desired; it gives a bit of color.

Easy Pepper Steak and Rice

1 cup uncooked instant rice, such as Minute Rice®
4 sheets of foil, as described in the recipe above
1 pound boneless beef top sirloin steak, cut into thin strips
1/4 cup teriyaki sauce
1 tablespoons PLUS 1 teaspoon ketchup
1 large clove fresh garlic, minced
1/2 canned beef broth (NOTE: the cubes are too salty)
8 ice cubes….YES, ice cubes!
1 cup medium chopped yellow onion
1 large bell pepper, red or green, cut into short strips

Prepare the grill for high heat direct cooking. Place 1/4 cup of the rice in the middle of each sheet of foil. Combine the teriyaki sauce, ketchup and garlic in a medium bowl, mixing well. Add the beef strips and toss until the beef is coated with sauce. Divide the meat into four portions and arrange them on the foil to enclose the rice. Pour 2 tablespoons of broth over the rice. Top with 2 ice cubes. Make foil packets as described in the recipe above and place on a baking sheet. Take them to the grill and place directly on the grid. Cover the grill and cook for 12-14 minutes. Let the packets stand for 5 minutes then open the packets carefully and transfer the food onto serving plates. NOTE: if you don't want to grill this dish, cook in a preheated 450 degrees F oven instead.

Sweet & Sour Chicken

2 boneless, skinless chicken breast halves
2 sheets of foil as described in the recipe above
1/2 medium green bell pepper, cut into short, thin strips
1/2 medium red bell pepper, cut into short, thin strips
1/4 medium yellow onion, peeled and cut into thin wedges
1/2 cup DRAINED pineapple chunks
1/2 cup orange marmalade
1 tablespoon white vinegar
2 teaspoons cornstarch
2 teaspoons soy sauce
Hot cooked rice for serving

Prepare the grill for direct cooking on medium-high. Place one piece of chicken on each of the two sheets of foil. Season to taste with salt and pepper. Place half of the bell pepper strips and the onion wedges on each piece of chicken and top with half of the pineapple chunks. Combine the marmalade, vinegar, cornstarch and soy sauce in a small bowl. Stir until the cornstarch has dissolved. Pour half over each chicken and veggie pile. Double fold the sides and ends to make packets as described above. Place on a baking sheet to transport to the grill. Place the packets directly on the grill, cover and cook for 12-14 minutes or until the chicken registers done on a meat thermometer (about 175 degrees F.) Carefully open the end of each packet allowing the steam to escape and transfer the mixture to serving plates. Serve with the cooked rice.

When cooking with foil, be sure to have the "dull" side out so the heat is not reflected away from the food. Covering baking dishes with foil in the oven makes for easy clean-up and moist cooking. Lining the bottom of the water pans or drip pans of a grill or smokes makes clean up easier and, of course, if you wrap it around your head I've heard you can get messages from outer space! And…that's all she wrote.



Lt. Governor Adam Gregg, Emma Davidson and Gov. Kim Reynolds

Davidson recognized by Governor for academic excellence

Emma Davidson, a student at Northwood-Kensett, was recognized by Gov. Kim Reynolds and Lt. Governor Adam Gregg for outstanding academic achievement at the 20th Annual Governor's Scholar Recognition Ceremony on May 1st at Hy-Vee Hall in Des Moines.

The statewide program, sponsored by the Iowa Governor's Office, Iowa High School Athletic Association (IHSAA) and its title sponsor the Iowa Farm Bureau Federation (IFBF), honored 419 high school seniors from across Iowa.

Iowa Farm Bureau is proud to support the education of Iowa's youth in many ways, including the half-million dollars in annual scholarships awarded to students continuing their education," said IFBF President Brent Johnson. Our 20-year title sponsorship of the Annual Governor's Scholar Recognition Ceremony is just one way we celebrate the exceptional high school students from across the state. We are honored to support these Governor's Scholars who represent the next generation of Iowa leaders."

Each high school was invited to select a senior student with the highest academic ranking, based on grade point average for their first seven semesters. Students selected for the award also had the opportunity to recognize their favorite/most influential teacher and will receive a photo plaque of their meeting with Governor Reynolds and Lt. Governor Gregg.

"The principles learned through academic success, like those learned from participation in education-based activities, help develop outstanding leaders and citizens," said IHSAA Executive Director Tom Keating. "The partnership between the IHSAA and the Iowa Farm Bureau, along with the great cooperation of the Governor's Office, has made this prestigious event possible for many years."

Ninety-nine percent of those recognized also participate in extra-curricular school activities, with more than 70 percent participating in at least one interscholastic sport. More than 60 percent of the group plan to continue their education in Iowa.



Doug Moehle
Northwood Mayor

Let Us Talk

As I drive around town I can't help but notice that MANY yards, front and back are in need of attention. Every spring and fall we have Cleanup days. These days are intended to be an opportunity for residences of Northwood to clean up their properties both inside and out. Some of you obviously did not participate. I would like to remind you that the appearance of your property not only reflects on you but also on your neighbors and everyone else in Northwood.

Many of the city of Northwood Ordinances deal with nuisances and the abatement of them. I can't list them all but here is an overview:

50.03 OTHER CONDITIONS. The following chapters of this Code of Ordinances contain regulations prohibiting or restricting other conditions that are deemed to be nuisances:

1. Inoperable Vehicles and Junk (See Chapter 51)
2. Dangerous Buildings (See Chapter 145)
3. Property Maintenance Requirements (See Chapter 147)
4. Storage and Disposal of Solid Waste (See Chapter 105)
5. Trees (See Chapter 151)

50.04 NUISANCES PROHIBITED. The creation or maintenance of a nuisance is prohibited, and a nuisance, public or private, may be abated in the manner provided for in this chapter or State Law.

(Code of Iowa, Sec. 657.3)

This will continue to be a priority of mine to enforce as many as I can. So please pay attention to the condition of your property.

Northwood is a great place to live and work. Together we can all make it even better.

Doug Moehle
Mayor Northwood, IA

Poppy Day celebrated this weekend

The local members of the American Legion Auxiliary will take part in National Poppy Day in Kensett and Northwood on Friday and Saturday, May 27-28.

The American Legion Auxiliary connects the image of the poppy with the sacrifices made my veterans as a part of the Poppy Program, which began in 1921.

Paper poppies are distributed in exchange for donations that go to assist disabled and hospitalized veterans.

Auxiliary members will be in Northwood and Kensett this weekend offering poppies.

N-K artists take part in Top of Iowa Art Show

A group of 14 Northwood-Kensett High School students recently traveled to Waldorf University in Forest City to take part in the Top of Iowa Art Show.

Andrew Breitsprecher placed second in the Video Animation category with his Dancing and You video. Andrew Breitsprecher, Jon Meksi, Thomas Block, and Josiah Kliment received Honorable Mention for their stop motion animation. Mallory Rheingans received Honorable Mention for her ceramic relief portrait. Austin Orth received Honorable Mention for his handbuilt ceramic place setting. In the fibers and textiles category, Alexis Hakes received 3rd place with her cross-stitch pillow and Emma Logeman received Honorable Mention for her crochet blanket.

The students artwork can be viewed with other entries in the Top of Iowa Art Show, online at https://topofiowaconferenceart.weebly.com.

MEMORIAL DAY DINNER
Monday, May 30
11 a.m. - 1 p.m.
(Dine in or Carry Out)
Sion Lutheran Church
4525 Finch Ave., Lake Mills
7 miles East of Lake Mills
10 miles West of Northwood
Menu includes –
Homemade Scalloped Potatoes & Ham, Beans, Salads, Desserts, Coffee & Lemonade
$10 per adult
$5 per child (10 and under)

Shop the Annual Highway 65 Sale
Friday, June 10 & Saturday, June 11!
Communities include:
Glenville & Gordonsville, Minnesota
Northwood, Kensett & Manly, Iowa!
Along with food trucks, vendors, events & garage sales along the route!
Questions or to sign up go to Hwy 65 Garage Sales Facebook page or contact Sheryl Northway at 641-390-0663

Elk Creek Cemetery
Memorial Day Dinner
Monday, May 30
11 a.m. - 1 p.m.
at Elk Creek, 4108 Killdeer Ave., Kensett
Dinner Menu consists of –
Scalloped Potatoes & Ham, Baked Beans,
Various Salads & Bars
Take Out will be available
Free Will Offering will go to cemetery upkeep

Northwood Volunteer Fire Company
Drive Up To-Go Barbeque
Saturday, June 4
4:30 - 7:30 p.m. or until gone
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Northwood Country Club

Worth County Cattlemen celebrate Beef Month

By Melissa Moretz
Member of the Worth County Cattlemen

May is Beef Month and the Worth County Cattlemen are excited to celebrate and share what their organization has to offer. The county board is made up of nine members and Kevin Braun was recently elected to serve as the president for one year. Kevin and his family have a cow calf operation where they focus on raising quality show cattle and purebred breeding stock.

The Worth County Cattlemen put on several events during the year, including sponsoring halters for 4-H members showing beef, sponsoring the rate of gain contest and giving out cash prizes to winners.

The Cattlemen also custom grill for several events throughout the summer, including donating and cooking the meat for the Relay for Life event happening on June 4 and they will be providing a beef roast lunch on Sunday, June 19, at the shelter house on the Worth County Fairgrounds located in Northwood. Bring your dads out and treat them to a delicious lunch cooked by the cattlemen for Father's Day this year!

Outside of Worth County, the cattlemen serve as a voice advocating for cattle producers in the state of Iowa as well on the national level.

Be sure to "like" Worth County Cattlemen on Facebook to follow along for your chance to win prizes throughout the month of May and keep up to date with all of their events during the year.

As part of Beef Month, I would love to share with you my favorite meatloaf recipe. Happy Beef Month and remember the beef producers when you are grilling your next burger or steak this summer.



Classic Meatloaf
Ingredients:
1 ½ pounds Ground Beef
¾ Cup of Quick Oats
¾ Cup Finely Chopped Onion
½ Cup Ketchup
1 Egg, lightly beaten
1 Tablespoon, Worcestershire Sauce
2 Cloves Garlic, Minced
½ Teaspoon Salt
¼ Teaspoon Black Pepper

Cooking Instructions:

Heat oven to 350 degrees Fahrenheit. In a large bowl, combine all ingredients, mix lightly, but thoroughly. Shape meatloaf mixture into 10x6-inch loaf on rack of broiler pan. Bake 50-60 minutes or until meatloaf is medium doneness (160 degrees Fahrenheit). Let stand for 5 minutes before slicing. Cover and refrigerate leftovers promptly and use within 2 days.

It's hard to beat the nutrition in beef, and the beef community

• It's hard to beat the nutrients you get from a serving of real beef. Beef supplies 10 essential nutrients that support a healthy lifestyle, including protein, zinc, iron and B vitamins.

• Beef is an authentic source of high-quality protein without a long list of ingredients and no added sodium—it's just beef that you're getting for dinner.

• One serving of beef is 3 ounces, about the size of a deck of cards, and provides 25 grams of protein (roughly 50% of your daily value) in about 170 calories.

• Animal proteins such as lean beef are complete, high-quality proteins that contain all the essential amino acids your body needs.

• All beef choices have to meet the same safety standards. Vigilance on farms, rigorous safety inspections, and strict government guidelines ensure the highest level of safety for whichever type of beef you choose.

• You would have to eat 6 tablespoons of peanut butter (564 calories) to get the same amount of protein provided by one 3-oz serving of lean beef (150 calories).

• Lean beef has less than 10 grams of total fat per 3-oz serving. About half the fat in beef is monounsaturated fat, the same heart-healthy kind found in olive oil.

• Livestock turn feed-grade grains into high quality protein for our diets. Less than 5 percent of global grain production is used to feed livestock.

• One farmer or rancher today raises enough food to feed 155 people compared to just 19 in 1940. In fact, less than 1% of the U.S. population raises our food.

• The beef community directly or indirectly accounts for more than 1.4 million jobs and contributes more than $188 billion in output to the national economy.

• Cattle farmers and ranchers have invested more than $30 million since 1993 in safety research and outreach programs. The beef community as a whole invests at least $550 million in safety annually.

• 87% of farmers and ranchers who raise beef follow best management practices consistent with BQA because it's the right thing to do.

• Raising beef today requires less water, land, and energy and has a smaller environmental footprint thanks to continuous improvements by farmers and ranchers.

• Compared to 1960, there are half as many farmers and ranchers today feeding a U.S. population that has more than doubled.

• Approximately 85% of U.S. grazing lands are unsuitable for growing crops. Grazing cattle on this land more than doubles the area that can be used to raise food.

Hamburger trivia

May is Beef Month and also Hamburger Month. Here are some "Hamburger Trivia Questions" collected from various sources:

1. How did the Hamburger get its name?

a) From the Baltic provinces of Russia in the Middle Ages where rowdy, nomadic tribes of Tartary developed a fondness for raw beef, known today as steak Tartar.

b) From the German trading partners of the Tartars who lived in Hamburg; they developed a taste for raw beef fried with onions, called Hamburg Steak

c) From German immigrants who brought "Hamburg Steak" to the US in the 1700s and 1800s/

Answer: all of the above.

2. Which World's Fair did the "hamburger" create a new sensation?

Answer: Both the hamburger and ice cream cone "debuted" at the 1904 World's Fair in St. Louis. Both are still popular today because they meet consumer's need for tasty, portable food.

3. What was the world's first hamburger chain founded in 1921, in Wichita, Kansas?

Answer: The first hamburger "chain" was White Castle.

4. What is the nickname for the square, baby burgers sold at White Castle?

Answer: sliders

5. By the 1930's hamburgers had another nickname, coming from an insatiable hamburger addict from the Popeye comic strip. What were they called?

Answer: Wimpy burgers

6. What sandwich is Amercia's favorite, with 86% of the population ordering them in the last year?

Answer: Hamburger or cheeseburger.

7. In 1888, An English doctor prescribed three hamburger meals a day as a cure for various ailments. His name is remembered today as the name of a seasoned ground beef patty served with a gravy. The doctor's name is:

Answer: Salisbury (as in Salisbury steak)

8. When and where did the first McDonald's Restaurant open?

Answer: The first true McDonalds restaurant opened in 1955 in Des Plaines, Illinois, by founder Ray Kroc who had discovered a small quick-serve hamburger restaurant in California owned by Dick and Mac McDonald. The Des Plaines McDonalds is now a museum.

9. What lady made the phrase "Where's the Beef?" popular and for what restaurant chain?

Answer: Clara Peller for Wendy's

10. How many quarter-pound hamburgers come from the ground beef in one 1,000 pound steer (from just the normal beef ground into ground beef)?

Answer: almost 1,000 quarter-pound burgers

11.Which has less fat and more nutrients? 90% or 95% lean ground beef or groundturkey?

Answer: The ground beef!



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May Is Beef Month: Recognizing the importance of beef production in Iowa

The Iowa Cattlemen's Association thanks Gov. Kim Reynolds for proclaiming May as "Beef Month" in Iowa. Each year, roughly 20,000 beef cattle operations generate more than $7 billion of economic activity in the state.

During "Beef Month," the Iowa Cattlemen's Association invites producers and consumers across the state to join our efforts in sharing how Iowa cattlemen feed a growing population, while stewarding the land, water and natural resources. Gov. Reynolds signed the "May Beef Month" proclamation, which reads:

WHEREAS, Iowa is a major beef producing state with more than 3.85 million head of cattle and calves as of January 1, 2022; and

WHEREAS, the beef cattle industry generates more than $7.32 billion of economic activity in the state; and

WHEREAS, today's beef is a naturally nutrient-rich food providing protein, iron, zinc, and B-vitamins with more than 30 beef cuts that meet the government's definition for "lean"; and

WHEREAS, cattle producers are the original stewards of the land, working to improve productivity by conserving and making optimum use of natural resources; and

WHEREAS, Iowa is a leader in the export of value-added agriculture products, shipping high-quality Iowa beef to other countries around the world; and

WHEREAS, there is an ever-increasing need for better understanding of the benefits that the beef cattle industry provides to all Iowans:

NOW, THEREFORE, I, Kim Reynolds, Governor of the State of Iowa, do hereby proclaim the month of May 2022 as Beef Month in Iowa, and urge all citizens to appreciate the contributions the beef cattle industry continues to provide to our state.

About the Iowa Cattlemen's Association: The Iowa Cattlemen's Association represents nearly 8,000 beef-producing families and associated companies dedicated to the future of Iowa's beef industry. ICA's mission is "Grow Iowa's beef business through advocacy, leadership and education." www.iacattlemen.org.

Iowa and U.S. Beef industries, by the numbers

Iowa's Beef Cattle Industry Statistics

• Total Cattle Inventory in Iowa (as of January 1, 2022; +4.1%)..... 3,850,000

• State Rank All Cattle and Calves (January 1, 2022).....Seventh

• Cattle on Feed in Iowa (January 1, 2022; 0.0%) 1,170,000

• State Rank Cattle and Calves on Feed (January 1, 2022) .....Fourth

• Yearly Fed Cattle Marketings (2021; -2.3%) 1,682,000

• Number of Feedlots (2017 Census) 5,485

• Number of Cattle Operations (2017 Census) 25,367

• Number of Farms with Beef Cows (2017 Census) 19,171

• Number of Beef Cows (January 1, 2022; +7.6%) 925,000

• State Rank Number of Beef Cows (January 1, 2022).....Tenth

• Number of Farms with Dairy Cows (2017 Census) 1,592

• Number of Dairy Cows (January 1, 2022; +2.3%) 225,000

• State Rank Number of Dairy Cows (January 1, 2022).....Twelfth

• Cash Receipts from Cattle and Calves (2021) .....$4.096 Billion

• Iowa Jobs Directly Related to the Cattle Industry (2021).....17,507

• Iowa Jobs Indirectly Related to the Cattle Industry (2021).....9,370

• Iowa Jobs Induced by the Cattle Industry (2021) 5,498

In 2021, Iowa's cattle industry contributed in excess of $7.32 billion in business activity to Iowa's economy

U.S. Beef Industry Statistics

• January 1, 2022 Cattle inventory: 91,901,600 -2.0% (USDA NASS)

• 2021 estimated economic impact: $72.874 billion in farm gate cash receipts (USDA NASS)

• 2017 Number of cow herds: 768,542 (2017 Census)

• 30.125 million beef cows (January 1, 2022 -2.3%) (USDA NASS)

• 9.375 million dairy cows (January 1, 2022 -0.7%) (USDA NASS)

• 35.085 million head calf crop (2021 -1.2%) (USDA NASS)

• 89 percent of cow herds have less than 100 cows (2017 Census)

• 2021 beef and beef variety exports: 1.440 million metric tons (3.174 billion pounds); $10.576 billion (USMEF)

• Top export markets: Japan, South Korea, Hong Kong/China, Mexico, Canada

• Top 5 states for Cattle on Feed (January 1, 2022) (USDA NASS)

1. Texas – 2,930,000 hd; +1.4%

2. Nebraska – 2,820,000 hd; +4.4%

3. Kansas – 2,610,000 hd; -1.9%

4. Iowa – 1,170,000 hd; 0.0%

5. Colorado – 1,160,000 hd; +1.8%

• 54 percent of the total value of U.S. sales of cattle and calves comes from the top 5 states with cattle on feed inventory (2021) (USDA NASS)- 1. Nebraska 2. Texas 3. Kansas 4. Colorado 5. Iowa

• Feedyard cost of gain: $0.78/lb. from 2015-2019; $0.77/lb. in 2020, $1.00/lb. in 2021 (ISU Estimated Livestock Returns-Finishing Yearling Steers)

• Average producer age: 57.4 beef cattle ranching and farming; 54.5 cattle feedlots (2017 Census)

• 2021: 33.184 million head of cattle harvested under USDA inspection; 27.485 billion pounds of commercial, federally inspected beef production. Average dressed weight 830 pounds. (USDA NASS)

Beef Month fun facts

When animals graze in the pasture, they have to tear the grass by moving their heads. Cattle don't have any cutting teeth in the front of their upper jaw, so they can't just bite the grass off.

The rumen can hold 40 gallons – that is as big as a bathtub!

What sport uses a pigskin? Football. Many footballs are made out of cowhide, not pig skin!

Beef by-products allow us to use 99% of every beef animal.

Cattle use their tails as fly swatters.

Cattle came to America with Christopher Columbus.

Cattle spend 6 hours a day eating and 8 hours a day chewing cud.

A cow stands up and sits down about 14 times a day.

A cow drinks about 30 gallons of water per day.

Cattle can detect odors up to five miles away

Adult cattle have 32 teeth. Many people do, too.

Cow's milk has a pH of about 6.

Cattle can see color.

A cow's heart beats 60 – 70 times per minute.

A cow's average body temperature is 101.5° F

Hay ranks third, behind pasture and corn, as the most popular livestock feed.

There are 207 bones in a cow's body.

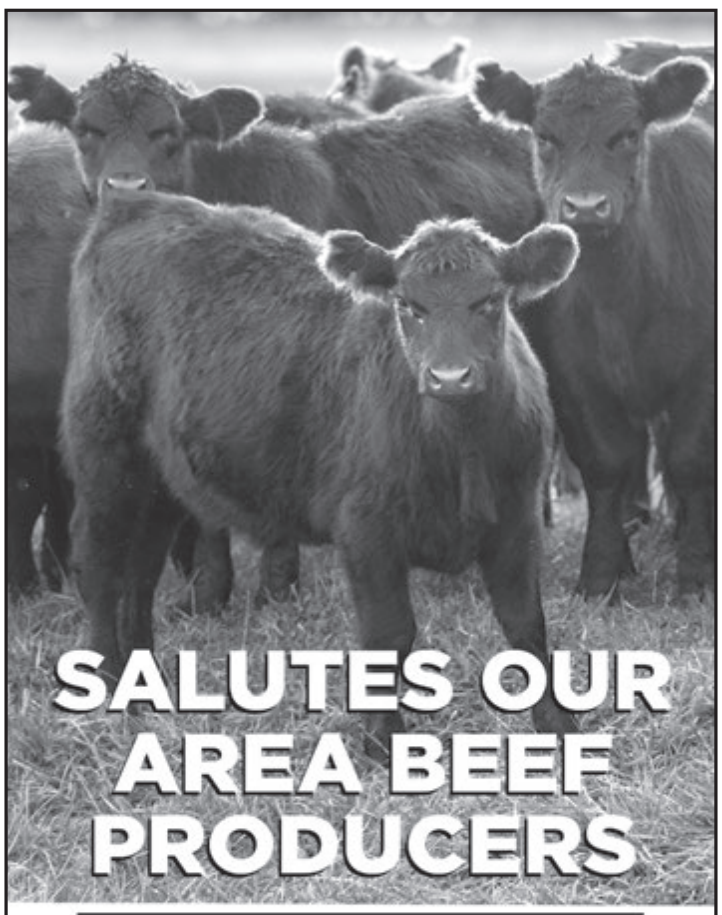
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The Iowa beef industry generates $5.1 billion annually and creates jobs for nearly 40,000 Iowans.



We Salute our Beef Producers

Worth County Farm Bureau
601 Central Avenue Northwood, IA
641-324-1472

May is Beef Month, and we are proud to salute all of our area Beef Producers!

Thank you for keeping Iowa's ag industry strong!



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Worth County CATTLEMEN

Invite You to the Worth County Fair!

Saturday, June 18
4-H Junior Beef Show
Donating Halters with
Worth Co. Vet Dr. Dierenfeld and
Worth County Cattlemen

Sunday, June 19 Noon
Beef Barbeque
Prepared and Served by Cattlemen
11:30 a.m. Shelter House

Directors
Kevin Braun, President
Nathan Moretz, Vice President
Dr. Mike Dierenfeld, Treasurer
Keith Braun, Secretary

Board
Chad Krull
Brian Wallin
Jayson Olson
Randy Oswald
Kyle Baker

Annual CATTLEMEN PICNIC
Tuesday, July 19
Worth County Fair Shelter House

Northwood Anchor **Opinion**

Savvy Senior

How to start a walking program and stay motivated

Dear Savvy Senior,

My doctor recently suggested I start a walking program to help get my weight and blood pressure under control, but I've never exercised much and am 66. Can you recommend some tips?

Hate to Exercise

Dear Hate,

You should follow your doctor's orders. Years of research have shown that walking may be the single best exercise you can do to improve your health as you age. It burns calories, which will help you lose weight, builds endurance, enhances muscle tone and it doesn't pound your joints.

It also helps improve or prevent many age-related health problems including high blood pressure, diabetes, heart disease, arthritis, osteoporosis, dementia and even depression.

But walking is not only good for what ails you. It's also one of the easiest and most convenient exercises you can do and is completely free. All you need is a good pair of walking shoes that fit well and a little desire. Here are some things you should know to help get you started and stay motivated.

Getting Started

Start out slow if you need to. For many people this means head out the door, walk for 10 minutes, and walk back. Do it every day for a week. If that seems easy, add five minutes to your walks the next week and keep adding five minutes until you are walking as long as you desire. It's also a smart idea to start and finish your walk with a few simple warm up and cool down stretches. Stretching will make you feel better and help prevent injury.

Most fitness professionals recommend walking about 30 minutes, five or more days a week. Or, for optimal health benefits aim for 10,000 steps per day, which is the equivalent of about five miles.

Your walking pace is also important. While strolling around the park or neighborhood at an easy pace is good for you, a brisker pace that has you breathing heavily, but you are still able to carry on a conversation, provides better health, fitness and weight loss benefits.

Staying Motivated

While starting a walking program takes initiative, sticking with it takes commitment. Here are some tips to help you stay motivated:

Find a walking buddy: Having a friend to walk with can provide motivation and support along with companionship.

Wear a fitness tracker or pedometer: These devices measure how far you've walked in steps and miles, providing motivation by spurring you to meet a particular goal and showing you if you've met it. Or, if you use a smartphone there are free pedometer apps you can download like MyPacer.com, Google.com/fit or Accupedo.com.

Join a walking club: To find one in your community, call your nearby medical center, mall, health club, senior center, running shoe stores or Area Agency on Aging to see if they sponsor or know of any clubs or groups. Or try MeetUp.com or the American Volkssport Association (AVA.org), to search for non-competitive walking clubs in your area, or start one.

Keep a journal: Use it to keep track of your walking minutes, steps, or mileage and total it up at the end of each week to see how you're progressing. There are also free apps like MapMyWalk.com and Walkmeter.com that use GPS to map your walk and measure your distance and time, which is fun and motivating.

Have a backup plan: If bad weather, allergies or other factors limit your outdoor walking have a backup plan like walking at your local mall, buying a home treadmill or joining a health club.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

The online thesaurus I've been using is terrible.

How bad is it?

It's terrible.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. The weather was moody. Leaves shivered in the wind. Then the sun cleared the clouds and the temperature shot up from 64° to 84° in a finger snap. May has been much warmer than April and maybe May 1 should be the official start of spring. April made me think we need a state soup. One state legislator suggested cream of lutefisk. It's no surprise that man isn't running for reelection.

I felt worn around the edges as I checked my rearview mirror and hoped no one was behind me. I'd left the big city, where I was continually followed by desperate-looking vehicles. There was no one behind me, so I slowed down, allowing me to reset my goals. I felt as if I'd won at checkers. When I was a boy, I played checkers with the older fellows at the Bath Store. They sometimes let me win and sometimes they didn't. Bath had a population nearing zero at the time and became a ghost town. How do you know a village is a ghost town? It either has a big rock that says so or a ghost informs you.

Bath, being a ghost town, has no airport. Airports Council International released 2021 rankings of the world's busiest airports and the top 7 were in the U.S., with Hartsfield-Jackson Atlanta International Airport topping the charts (75.7 million passengers in 2021, a 76% increase from 2020). The rest were Dallas/Fort Worth, Denver, Chicago O'Hare, Los Angeles, Charlotte and Orlando. I've spent part of my life in each of those airports. I don't fly—I have to take an airplane. Why do I have to pay to fly? The plane is going that way anyway.

Oliver and Charlotte sitting in a tree

The Social Security Administration releases annual data showing the popularity of first names. The Star Tribune found the most popular name for a boy in Minnesota was Oliver with 148.1 per 10,000. Henry was 147.7, Theodore 119.7 and Liam 110.9. How did the classic handle Allen do? There were 2.8 Allens per 10,000. Girl's names were led by Charlotte 129.6, Olivia 112, Evelyn 107.9 and Emma 106.6.

I've learned

Approximately 85% of Americans are terrible at math. I'm glad I'm one of the other 25%.

If the earth were flat, cats would have knocked everything off its edge by now. Cats believe in lending a helping paw and can turn a set of Lego bricks into dangerous weapons by spreading them about a floor and creating a minefield.

A grandparent is the publicity department for grandchildren.

The biggest lie is "I'll remember."

You've all heard of mansplaining. A friend's name is Dwayne. His wife accuses him of Dwaynesplaining. By looking at the names of baby boys, there will be a lot of Oliversplaining in the future.

Bad joke department

Take the letters in "new door" and rearrange them to spell one word. "One word."

What do you call an alligator wearing a vest? An investigator.

The actor David Hasselhoff calls himself "The Hoff" because it saves him the Hassel.

Could you spell wonton backward? Not now.

What are you taking for your kleptomania?

Nature notes

I saw a monarch butterfly the second week of May in my yard. It was a one-insect parade and a reason for celebration. The insistent whistle of a cardinal provided background music. May brought the musical trills of American toads all chiming in at once. House wrens and indigo buntings (blue canaries) sang as I walked past plantain, which native people called "white man's footstep."

Raccoon mating season is February to March and after a 63-day gestation period, a litter of 2-6 young are born in April-May in either hollow trees, woodchuck burrows, culverts, under buildings, etc.

Tiny spring azures are among the first butterflies seen in spring that hadn't hibernated. They have bright blue upper wings apparent as they fly in search of mates or food. They seldom perch with wings open and the undersides of their wings are gray with spots.

I watched trumpeter swans feed in a shallow wetland. They used strong webbed feet to dig into the pond bottom for roots, shoots and tubers. Their big feet churn like the swans were on a Peloton bike before their heads and necks plunged underwater to eat what they'd dislodged.

Meeting adjourned

Help people smile by being kind.

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Letters to the Editor- primary candidate supporters

Dear Editor,

Jane Bloomingdale is my choice in the June 7 election for Iowa House of Representatives. Rep. Bloomingdale has represented Mitchell and Worth County well these last six years and I have witnessed it first-hand. She is always seeking feedback from her constituents to ensure that she is voting for what she feels is best for her district. She holds regular forums that are open to the public, and is extremely responsive to calls and emails from constituents. When Jane Bloomingdale makes a promise, you can trust that she will do whatever she can to produce results. She is truly a legislator with integrity and a strong work ethic. I have rarely seen a legislator work harder to represent her district well - and for that reason, I support Jane Bloomingdale for re-election.

Lindsey Falk
President of L.R. Falk Construction
St. Ansgar

Dear Editor,

Representative Jane Bloomingdale has been a tireless advocate for North Central Iowa farmers and biofuel producers. Most recently she stood with Governor Reynolds to increase consumer choice at the fuel pump while helping Iowans save money as they face near record gas prices. With Jane's commitment to agriculture and push to grow Iowa's economy, Absolute Energy L.L.C. supports Representative Bloomingdale for her effective leadership to help Iowa flourish.

Rick Schwarck
Chairman President CEO
Absolute Energy L.L.C.

To the Editor

Jane Bloomingdale is the right choice for Iowa farmers in the upcoming primary election for Iowa House. In her six years in the Statehouse, Rep. Bloomingdale has helped pass legislation that is good for rural Iowa like expanding access to biofuels and tax breaks for beginning farmers, and she was the one who got the elimination of the inheritance tax over the finish line last session. Her record supporting Northern Iowa farmers is already proven. If you are a farmer yourself, or even if you just want a legislator who supports Iowa Agriculture, vote Jane Bloomingdale on June 7.

Chris Edgington
St. Ansgar

Dear Editor,

As Worth County Sheriff, I cast my vote in support of the candidates who understand the importance of having the backs of law enforcement. We knew when we decided to devote our careers to law enforcement that it wouldn't be an easy gig, but without strong support in the Iowa Statehouse, it can be even harder. In her time in the statehouse, Representative Bloomingdale has helped pass legislation to provide additional protections for police officers against rioters, increase financial support to ensure our equipment stays up to date and provide additional tools to law enforcement to help keep the community safe. Jane Bloomingdale understands the importance of supporting public safety with good policy and proper funding. We need to send her back to the Statehouse and vote Bloomingdale on June 7.

Dan Fank
Worth County Sheriff

Please Vote Jim Carlin,

For the primary on June 7, don't waste your vote on Senator Grassley. He doesn't represent the interests of Iowans. He received an "F" from Mark Levin's Conservative Review Liberty Score and votes like a Democrat.

Would you have voted to finish the southern border wall? I would have. Grassley voted no. Since then, two million illegal immigrants have entered our country. Most have been given court dates years into the future and released into the interior of the US. Two million is two-thirds of the population of Iowa!

Would you have voted for the $1.5 Trillion "infrastructure" spending bill at a time of unprecedented inflation? Not me, but Grassley did. He voted for this bill even though most of the money goes to special interest projects unrelated to the infrastructure.

The list goes on and on, but there is light. Iowa senator Jim Carlin is running to give voters a real choice. Jim Carlin has a long and strong record of supporting fiscal responsibility and individual freedoms. He has supported medical freedom, right to life and second amendment rights.

He is an advocate for veterans, for election integrity reform, and for the Iowa Student Opportunity Act.

Jim Carlin is a true patriot who supports the constitution, defends free speech, and opposes high tech censorship. I strongly encourage a vote against Grassley on June 7. Vote for someone who has the interests of Iowans at heart. Vote for Jim Carlin.

Marie Ruiter
Northwood

Northwood Anchor

Early Files

100 years ago

May 24, 1922

The Woman's Relief Corps will serve their Decoration Day supper in the parlors of the Methodist church on May 30 at 5:30 p.m. All the "boys" in blue will be the guests of honor. The families of the corps members are also invited. Campfire immediately after supper.

The city of Albert Lea was visited by the most disastrous fire in its history when nine business concerns in the heart of the city were wiped out, entailing a property loss that runs into the thousands of dollars.

O.A. Bosserman, Mrs. O.V. Eckert, Mrs. Nora King and Miss Jane Wiley drove to Joice to attend the graduating exercises of the eighth grade, returning after the program had been ended.

Major J.B. McMinn, soldier-evangelist, will be the speaker of the day in connection with the Memorial exercises to be held in the city park. Memorial services on Sunday, May 28, will be held in the Baptist church with the Rev. Thos. P. Shaffer, speaking.

The development of the Northwood Livestock Shipping Assn. has been decidedly definite and fast during the past 10 days. Nearly 75 have signed the membership agreements and it is expected by those who are doing the soliciting that there will be no less than 100 members by the close of the week.

Burglars entered the bank at McIntire, the little railroad junction in Mitchell County northeast of Osage, yesterday morning at 1 p.m. and got away with about $3,000 in cash and negotiable papers. At 4 p.m. in the morning Sheriff Gullickson was notified of the robbery and with his vigilance committee made a search of the roads in parts of Worth County but no trace of the criminal was found.

75 years ago

May 22, 1947

Henry Stott of Seattle, Washington, left Northwood 65 years ago as a young man of 18 years, and never returned to the scenes of his childhood until last week, at the age of 83 years. He arrived and during the past week has been reviving old memories and calling on members of the younger generation of families he knew when a resident here in the early 1880s. Mr. Stott is a son of Mr. and Mrs. Walter Stott, pioneer residents of this vicinity.

Formation of the Greater Northwood Recreational Association was accomplished at a meeting at the scout rooms and which was attended by representatives of all women's clubs, Chamber of Commerce and patriotic organizations. The organization is patterned after one of Nevada, Iowa. A year around program is planned, beginning immediately.

E.L. Jacobson of Albert Lea was engaged as field man for the Worth County Dairy Improvement association at a meeting of the board of directors held in the Farm Bureau office. The Dairy Improvement association is an organization recently formed to raise the standards of the dairy products in this area.

Dean Thompason, who is employed at the Northwood Lumber Co., will erect a residence on North Eighth Street on a lot that he bought from Mrs. Clara Fedge, adjoining the Fedge property on the south. Construction work was started on Monday with Selmer Nelson, local contractor, in charge.

Miss Eileen Christianson, member of the senior class, has been selected Northwood school band queen for the North Iowa Band Festival to be held in Mason City on June 17. She is a daughter of Mr. and Mrs. C.O. Christianson. Especially entered in music, Eileen has won honors in high school contests during her school career. Most recent was a division I rating at the state contest at Spencer, where she sang as a soprano soloist.

50 years ago

May 25, 1972

Workmen did short work of demolishing the old Holstad Garage building on Central Avenue, late last week. Since this photo was taken, the east walls had also been removed and the site cleared and leveled for parking for the Northwood State Bank. Bill Draheim, Northwood, did the preliminary work.

Eve Conner, daughter of Mrs. A.J. Conner, Northwood, was awarded a Doctor of Philosophy degree in pharmacology from the University of Minnesota. Miss Conner is teaching in the University of Southern California medical school, Los Angeles. She is a former Swensrud scholar and received her BA degree from Keuka College, Keuks, N.Y., and a master of science degree from the University of Minnesota.

Dick Clark, Marion, Democratic candidate for the United States Senate, visited Worth County on May 17 at the Bob Smith farm east of Manly. The 42 year-old candidate will walk the state this summer and fall campaigning for the office. He opposes veteran Senator Jack Miller in the November election.

The Northwood-Kensett Vikings, minus the series of three top performers, finished a distant fourth to Algona Garrigan in the B division of the Spencer Relays on Saturday. Missing N-K squad members included shot putter Jim Baier and pole vaulter Tom Vorland, both headed for the state meet, and relay man Ray Gaskill.

Mr. and Mrs. Joseph Tritz, Marshfield, Wis., announce the engagement of their daughter, Marilyn, to Lynn D. Eskildsen, son of Mr. and Mrs. Glen Eskildsen, Loyal, Wis. Miss Tritz is a graduate of Columbus High School, Marshfield, with the class of 1969 and is presently employed by the S.J. Miller Co., Inc., Marshfield. Her fiancé is a 1968 graduate of Greenwood High School and is employed by Wilderness Campers of Unity.

25 years ago

May 21, 1997

Northwood-Kensett seniors Kris Ritzert and Malte Behnke helped classmate Kris Kenison try on his cap and gown in preparation for commencement exercises in the high school auditorium this coming Sunday.

Jessica Rugland, daughter of Arlo and Julie Rugland, Northwood, was recently initiated into the Kappa Delta PI education honor society at UNI. She is shown above with her parents.

A confirmation service was held on May 4, 1997, at Deer Creek Lutheran Church, Carpenter. Confirming their faith were Zachary Adams, son of Mike and Carol; Eric Fossey, son of Neal and Cindy; and Jennifer Jaspers, daughter of Jim and Justine. Pastor Kathy Larson officiated at the service.

David and Joan Peterson of Northwood announce the engagement and approaching marriage of their daughter, Amanda, to Jim Williams III, son of Jim and Marlys Williams Jr. of Belmond. Amanda is a 1994 graduate of Northwood-Kensett and a 1996 graduate of Waldorf College. She attended UNI and is employed at the Lutheran Retirement Home in Northwood. Her fiancé is a 1993 graduate of Bemond-Klemme and a 1995 graduate of Waldorf College. He attended UNI and will graduate from Hawkeye Tech in July with a major in electronic science technology. The couple is planning on an August 9 wedding at First Lutheran Church in Northwood.

Donna Tyrrell, CMC/AAE, Northwood City Clerk since 1989, was recently elected president of the Iowa Muncipal Finance Officers Association for FY 97-98 at its semiannual meeting in Des Moines. She will present at the IMFOA and its 650 members at the International Institute of Municipal Clerks 51st Annual Conference in Buffalo, NY the week of May 18.

10 years ago

May 23, 2012

The Northwood-Kensett Junior Senior High School became a much more cultured place, at least in terms of the quantity of international cultures represented. That happened as seventh grade students took part in the annual Culture Day. Students were asked to pick a country and research its culture before presenting the results of their research to their fellow students, staff and faculty. They did so with costumes, foods, information, presentations and music.

These Northwood-Kensett first graders celebrated their monthly theme reading day of "Paddle Away with a Perfect Book" in May by enjoying a book in canoes placed in the front lawn of the elementary school.

Students in Northwood-Kensett kindergarten classes spent some time learning about how schools were held in the past. They did so by visiting the schoolhouse museum in downtown Northwood. Blanche Hogen shared her experiences as a teacher in a one room schoolhouse before the students enjoyed a picnic lunch on the lawn nearby.

Eighth grader Hattie Davidson explodes out of the blocks for the Lady Vikings at CBC meet in Nashua. Davidson and the gals from N-K placed second at the meet.

Senior Nik Werner begins the anchor leg of the 4x400 meter play at the state meet, the final lap for an athlete who has a state championship medal and was making his third appearance at the state meet in an N-K uniform.

Brian and Julie Tweeten, winners of the Grown Communities contest from Worth County, chose Worth County 4-H as the recipient of a $2,500 donation. The Tweetens are pictured with Monsanto Representative Mike Dicken and Worth County 4-H'ers and Worth County Extension staff.

N-K trap takes second in conference

By Dean Mueller
Northwood-Kensett Trap Coach

On Monday, May 16, the trap team attended the Cardinal Classic in Ventura hosted by Garner-Hayfield-Ventura. Schools attending were Mason City, Algona, St. Ansgar, Osage, Charles City and Northwood-Kensett.

The winner of the event was Algona with a score of 218, second was Charles City with a 213 (101) and third was Osage with a 213 (92).

Woman's champion was Alexa Thayer (O) with a score of 49, second was T. Ouade (CC) with 45 and third was K. Young with a 45. (Did not get the shoot off scores.)

Men's champion was Haydan Pestorious (NK) with a score of 49, second was J. Burma (A) with a 48 and third was C. Harms (A) with a 48.

On Thursday, May 19, the Vikings hosted Osage at the Worth County Ikes.

Osage won with a score of 200 to NK's 189.

Woman's champion was Alexa Thayer with a score of 34 and second was Haddie Hanson with a 33.

Men's champion was Haydan Pestorious with a score of 45, second was Alex (O) with a 44.

On Saturday the Vikings attended a 100 target event hosted by the Mason City Mohawks at the Ventura Gun Club. Schools attending were Belmond, St. Ansgar, Osage, Central Springs, Emmet Co. Clay Busters, Garner-Hayfield-Ventura, Lake Mills and Northwood-Kensett. The Emmet Co. Clay Busters won the shoot with a score of 449, second was Mason City with 435 and third was Osage with a 429.

The Vikings posted a team score of 417 that was good for fifth place.

The men's champion was from ECCB with a 96, second was also from ECCB with 92 (I forgot to write down the names) and third was Haydan Pestorious (NK) with a 91. Haydan had to win a sudden death shoot off with Colin Houg (NK) and an athlete from Mason City, who also had 91.

Women's champion was Alexa Thayer (O) with a 95. This event ended the league play for the season.

The results for the USA Clay Target League, Iowa conference 1A-1 are in. The five schools in this conference are Northwood-Kensett, Lake Mills, St. Ansgar, Osage and Collins Maxwell.

Osage is the conference winner with a score of 644.5, second is N-K with 576.5, third is Lake Mills with 383.5, fourth is St. Ansgar with 346.5 and fifth is Collins Maxwell with 209.

Woman's season average winners were Alexa Thayer (Osage) with 22.3, second Whitney Huisman (SA) with 21.1 and third was Carina Blake with 21.0.

Men's season high average winners were Haydan Pestorious (NK) with 23.5, second was Jack Sparrow (O) with 22.6 and third was Collin Houg (NK) with 22.5.

The Vikings will be attending the USA Clay Target League state championship on June 4. The shoot will be held at the Stockdale Gun Club in Ackley. The team has two duals scheduled for next week for practice. On Thursday the team will host Lake Mills at the Ikes in Kensett starting at 4 p.m. if you would like to see the team in action.

Supts. discuss possible shifts in TOI Conference

Superintendents from the Top of Iowa Conference met yesterday and announce that an offer was made to the Osage Community School District to move from the Top of Iowa East to the Top of Iowa West Conference beginning in the 2023-24 school year. It is requested that the Osage School District respond with a decision no later than July 1, 2022. In addition, if Osage accepts the offer to move from the Top of Iowa East to the West, an offer will be extended to the Riceville Community School District to join the Top of Iowa East Conference.

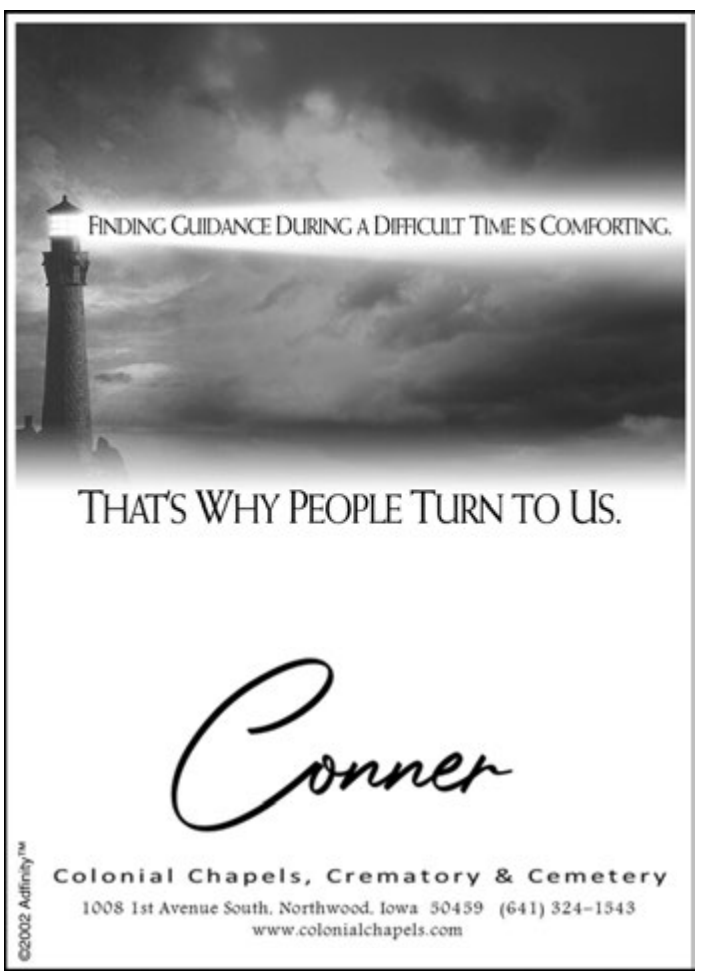
"As the superintendents discussed conference realignment implications, we feel that this proposal best meets the goals of Top of Iowa Conference, which include ensuring competitive opportunities for students as well as considerations relating to district travel," said Darwin Lehmann, superintendent of Forest City and Central Springs Schools and president of the Top of Iowa Conference. Lehmann concluded, "This is the only consideration being made by the Top of Iowa Conference at this time."

Bolan

On Thursday evening the Bolan Trinity UM Women met at the Bolan Schoolhouse and Cultural Center for their monthly meeting with Lori Willert as the hostess. One main item of discussion was the BE BOLD Grant application, and the projects they would like to take on. They will also continue on the church basement cleaning. Following this meeting the BTUM Church Family meeting was held. Trinity will join with worship services at Bethel on Sunday, May 29, as it will be the baptism day of Pastor Cory and Allan's son, August. Some of our Church Family will join in with the service. Also discussed was the upcoming Vacation Bible School, June 20-24, with a light supper being served on Friday night at 6 p.m. before the VBS Program.

On Friday evening the BSCC was the place where there was a gathering of family and friends celebrating the retirement of Lori Willert from N-K schools, and the University of Northern Iowa graduates Kelsie and Cole Willert. Reese Drenth was a weekend guest of the Willerts, and some bicycle friends through the years stayed overnight at the Joe Nydegger home.

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Notice

THE IOWA
DISTRICT COURT
FOR WORTH COUNTY IN
THE MATTER OF THE
ESTATE OF
KORRINE S. OLSON,
Deceased
Probate No. ESPR009321
NOTICE OF
PROBATE OF WILL

To All Persons Interested in the Estate of Korrine S. Olson, Deceased, who died on or about the May 7, 2022:

You are hereby notified that on May 18, 2022, the Last Will and Testament of Korrine S. Olson, deceased, bearing date of the March 26, 1994, was admitted to probate in the above named court and that Rebecca Avelar was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated May 18, 2022.

Rebecca Avelar
103 9th Street N.
Northwood, IA 50459
Executor of Estate

John H. Greve
ICIS #AtT0003086
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Attorney for Executor

Date of second publication the 1st day of June, 2022.

21-2t

Notice

THE IOWA
DISTRICT COURT
FOR WORTH COUNTY IN
THE MATTER OF THE
ESTATE OF
HARRIET J. WINDEN,
Deceased
Probate No. ESPR009322
NOTICE OF
PROBATE OF WILL

To All Persons Interested in the Estate of Harriet J. Winden, Deceased, who died on or about the April 25, 2022:

You are hereby notified that on May 17, 2022, the Last Will and Testament of Harriet J. Winden, deceased, bearing date of the April 21, 2022, was admitted to probate in the above named court and that Lowell Ouverson was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated May 18, 2022.

Lowell Ouverson
3691 920th Street
Clear Lake, IA 50428
Executor of Estate

John H. Greve
ICIS #000001969
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Attorney for Executor

Date of second publication the 1st day of June, 2022.

21-2t

Notice

NOTICE OF PUBLIC HEARING BEFORE THE BOARD OF ADJUSTMENT

A petition for a variance and/or special exception to the zoning regulations as applied to the property described as 804 Clover Court., Northwood, IA.

The petition asks property listed above for approval of a variance to the R-2 General Residential District of the zoning ordinance 165.16 (4)B.

The Administrative Officer was required, under the provisions of the Zoning Ordinance, to deny a Zoning Compliance Certificate because the request for placement in proximity to the property line and side yard requirements.

However, the Board of Adjustment under certain conditions and safeguards may have the authority to grant the request.

A public hearing will be held by the Board of Adjustment on Friday June 3, 2022 at 12 pm, at City Hall, Northwood, at which time you may appear, if you so desire, either in person or by agent or attorney in opposition to or support of the proposed variance from/or special exception to the zoning regulations. The hearing of this appeal is not limited to those receiving copies of this notice, and if you know of any neighbor or affected property owner who, for any reason, has not received a copy, please inform him/her of this public hearing.

Respectfully,
/s/Amber Julseth
City Administrator/Clerk
Secretary, Board of Adjustment

Supervisors

May 16, 2022
Twentieth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, Enos Loberg and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Loberg/Second Stone to approve today's agenda and minutes from May 9, 2022 meeting. Motion carried.

Chairperson Smeby recessed the regular session at 8:31 A.M.

Motion Stone/Second Loberg to open Public Hearing to Declare Emergency Medical Services to be an Essential Service in Worth County at 8:31 A.M. Motion carried. There was no public comment.

Motion Stone/Second Loberg to close the public hearing at 8:33 A.M. Motion carried.

Chairperson Smeby reconvened the regular session.

The Board reviewed the Second Reading of Resolution #2022.05.16.01 A Resolution to Declare Emergency Medical Services to be an Essential Service in Worth County, Iowa as Authorized by Iowa Code Section 422D.1.

RESOLUTION NO.
2022.05.16.01

A RESOLUTION TO DECLARE EMERGENCY MEDICAL SERVICES (EMS) TO BE AN ESSENTIAL SERVICE IN WORTH COUNTY, IOWA AS AUTHORIZED BY IOWA CODE SECTION 422D.1

WHEREAS, the Worth County Board of Supervisors has the authority under Iowa Code 331.301(1) to "…exercise any power and perform any function it deems appropriate to protect and preserve the rights, privileges, and property of the county or of its residents, and to preserve and improve the peace, safety, health, welfare, comfort, and convenience of its residents"; and

WHEREAS, Worth County supports EMS to its residents and seeks to provide Emergency Medical Services to all its citizens and visitors; and

WHEREAS, ensuring efficient and effective EMS coverage is essential for maintaining the health and welfare of its residents; and

WHEREAS, the Worth County Board of Supervisors recognizes the importance of maintaining and advancing the level of care, capability, and coverage of Emergency Medical Services (EMS) in Worth County; and

WHEREAS, on June 9, 2021, Iowa Senate File 615 was signed into law by Governor Reynolds, amending Iowa Code Section 422D.1, giving Iowa Counties the ability to declare EMS an essential service for their respective county, thereby making it possible for counties to propose additional funding sources for EMS to the county's voters at an election.

WHEREAS, Worth County Board of Supervisors, on February 28, 2022, directed that notice of the first meeting to consider this resolution be made and any other actions be taken as necessary to proceed with the process under Iowa Code Section 422D.1 to declare EMS to be an essential county service.

NOW, THEREFORE, BE IT RESOLVED by the Worth County Board of Supervisors, that: Emergency Medical Services (EMS) is hereby declared an essential service in and for Worth County, Iowa, and the Worth County Board of Supervisors will exercise the necessary power and functions appropriate to preserve the health, safety, and welfare of Worth County residents and provide for an effective and efficient Worth County Emergency Medical Services (EMS) System that allows for quality care for the persons living, working or traveling in Worth County, Iowa. Exercising said necessary power and function includes, but is not limited to, the establishment of a Worth County emergency medical services advisory council and the proposition of a local option income surtax and/or ad valorem property tax to fund EMS to be voted upon by Worth County voters.

NOW, BE IT FURTHER RESOLVED, that adoption of this resolution will allow 1) For an election to be offered for voter approval of an ad valorem property tax not to exceed seventy-five cents per one thousand dollars of assessed value for EMS and 2) The creation of a county emergency medical services system advisory council to assist in researching / assessing the service needs of the county and guide implementation of the same under Iowa Code Section 422D.1.

NOW, BE IT FURTHER RESOLVED, if a proposition to fund EMS through either a local option surtax or ad valorem property tax, or some combination thereof, fails to receive a favorable vote by at least sixty percent of those voting on the question, this resolution shall be deemed null and void.

1st Reading Date: May 9
2nd Reading Date: May 16
3rd Reading and Approval Date:

Upon Roll Call, the vote thereon was as follows:

AYES:
NAYS: N/A
ABSTAIN: N/A

HEREBY RESOLVED by the Board of Supervisors for Worth County, Iowa, on this 16th day of May 2022.

Mark Smeby
Chair, Board of Supervisors
Attest: Jacki A. Backhaus,
County Auditor

A date and time for a Third public hearing to consider a Resolution to Declare Emergency Medical Services to be an Essential Service in Worth County, Iowa was set on May 23 at 8:30 A.M.

Motion Loberg/Second Stone to approve a bid for DD #72 to clean out ½ mile of open ditch in Fertile Township, Section 28 Northeast Quarter starting at Dogwood Ave going West 2,600 ft. for $2.50/running ft. (dug & leveled). There is no pipe work on the bid. The total estimate is $6,500 as submitted by Jerald Rognes, Rognes Bros. Exc. Inc. Motion carried.

Motion Stone/Second Loberg to approve claims in the amount of $98,605.03, as per the following schedule. Motion carried.

Agri Sales & Bldg Supply Inc
Parts-Eng..... 85.00
Agvantage Fs Inc
Fuel-Eng..... 180.74
Aramark, Service-Gsr..... 283.08
Austin Office Products
Supplies-Shf..... 44.97
Berge Oil Company
Fuel-Eng..... 20,518.86
Bmc Aggregates Llc
Rock-Eng..... 14,389.88
Centurylink, Service-Eng.... 65.35
City Of Fertile, Service-Eng 78.97
City Of Manly, Service-Eng. 52.00
Culligan Of Mason City
Service-Gsr..... 98.30
Dickinson, Mackaman, Tyler & Hagen, P.C., Service-Sup... 552.00
Dick's Place Body & Tow
Service-Shf..... 550.00
Enos Loberg, Mileage-Sup. 252.72
Falkstone Llc, Rock-Eng25,895.00
Fallgatter's Market Inc
Supplies-Shf..... 197.64
Fleetpride, Parts-Eng..... 5,757.46
Grafton Welding
Service-Con..... 137.00
Heartland Business Systems, Llc
Service-Dap..... 14,315.09
Ip Pathways, Service-Dap3,008.02
Itsavvy Llc, Supplies-Dap3,700.00
J & J Machining Welding & Fabricating, Service-Eng..... 80.32
Jay Heims, Reimb-Asr..... 9.00
Jessica Reyerson
Reimb-Phd..... 50.00
Kelly Hardware
Supplies-Con..... 357.91
Lawson Products Inc
Supplies-Eng..... 736.14
Lexipol, Llc, Service-Shf. 2,092.00
Marco Technologies Llc
Service-Dap & Asr
504.15
Nassco Inc., Supplies-Gsr.. 226.97
Shred Right, Service-Phd.... 51.84
Singelstad's Hardware
Supplies-Eng..... 21.48
State Hygienic Laboratory
Service-San..... 288.00
Teresa Olson, Reimb-Rec... 234.00
The Rustic Thread
Supplies-Phd..... 234.00
Thrifty White Pharmacy
Supplies-Shf..... 525.44
Waste Management Of Iowa Inc
Service-Sdp..... 2,650.00
Windstream, Service-Eng.... 14.39
Worth Lumber Co
Supplies-Con..... 367.31
Grand Total..... 98,605.03

Motion Stone/Second Loberg to approve the clerk of court's monthly report. Motion carried.

Motion Stone/Second Loberg to approve Salary Change for Chad Wurtzel at $61,235.20/year as submitted by the sheriff. Motion carried.

Motion Stone/Second Loberg to approve fireworks permits submitted by 4G's Pyrotechnics for weddings at Country View Acres, 628 430th ST, Joice on June 24 & July 23. Motion carried.

Chairperson Smeby recessed the regular session at 8:52 A.M.

Motion Stone/Second Loberg to open the First Public Hearing to consider An Ordinance Amending the Worth County Zoning Ordinance at 9:30 A.M. Motion carried. Public comment was heard.

Motion Loberg/Second Stone to close the public hearing at 9:37 A.M. Motion carried.

Chairperson Smeby reconvened the regular session.

A date and time for a Second public hearing to consider An Ordinance Amending the Worth County Zoning Ordinance on May 23 at 9:00 A.M.

Motion Stone/Second Loberg to adjourn at 9:37 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

Notice

IN THE IOWA DISTRICT COURT IN AND FOR WORTH COUNTY
CASE NO. 02981
ESPR009313
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS
IN THE MATTER OF THE ESTATE OF DAVID B. SWITZER, Deceased.

To All Persons Interested in the Estate of David B. Switzer, Deceased, who died on or about January 17, 2022:

You are hereby notified that on April 26, 2022, the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the date of the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on May 12, 2022.

/s/ Pamela Gust
Pamela Gust,
Administrator of Estate
15 South 12th Street
St. Charles, IL 60174

Richard P. Schwarm,
ICIS PIN No: AT0007119
Attorney for
the Administrator
Address:
110 West Main Street,
Lake Mills, Iowa 50450

Date of second publication the 25th day of May, 2022.

20-2t

Legal

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
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641-324-1340

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Fri. 8 a.m. - Noon
641-324-1364
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802 9th Ave. North
Northwood, Iowa 50459

OFFICIAL NOTICE OF PRIMARY ELECTION
TUESDAY, JUNE 7, 2022 – POLLS OPEN 7:00 A.M. TO 8:00 P.M.

NOTICE IS HEREBY GIVEN TO THE QUALIFIED ELECTORS OF WORTH COUNTY, STATE OF IOWA, THAT THE PRIMARY ELECTION WILL BE HELD ON TUESDAY, JUNE 7, 2022

The polls for said election will be open from 7:00 A.M. until 8:00 P.M. Voters must vote in their precinct of residence. Please read this notice carefully to determine your correct voting location. One voting location has changed. If you are unsure of your voting location for this election, please contact the Auditor's office at 641-324-2316 or by email at auditor@worthcounty.org . You may also verify the voting location for your address at: https://sos.iowa.gov/elections/voterreg/pollingplace/search.aspx. Precinct Maps are available on our Elections Website at the following link: https://elections.worthcountyiowa.gov/files/maps/voter_precincts_65158.pdf

The precinct polling places and addresses for the Primary Election are as follows:

PRECINCT #1– Grafton
Community Center-
202 6th Avenue
Deer Creek, Barton, Union, part of Grove Townships and City of Grafton

PRECINCT #2 – Manly City Hall-106 South Broadway Street
Lincoln Township and the City of Manly

PRECINCT #3 – *PLEASE NOTE PERMANENT POLLING LOCATION CHANGE*
Joice Community Center-
106 Main Street
Bristol, Silver Lake, part of Hartland Townships and the City of Joice

PRECINCT #4 – Kensett
Community Center-
300 Willow Street
Brookfield and Kensett Townships and the City of Kensett

PRECINCT #5 – Hanlontown
Community Center-
214 Main Street
Danville Township and the City of Hanlontown

PRECINCT #6 – Fertile City Hall-3494 Eagle Avenue
Fertile Township and the City of Fertile

PRECINCT #7 –Worth County Fairgrounds Community Room-1206 3rd Avenue N
Part of both Grove and Hartland Townships and the City of Northwood

Pre-registered voters are required to provide an approved form of identification at the polling place before receiving and casting a regular ballot. Voters who are not pre-registered such, as voters registering to vote on Election Day and voters changing precincts must also provide proof of residence. A voter who is unable to provide an approved form of identification (or prove residence if required) may have voter's identity/residence attested to by another registered voter in the precinct, prove identity and residence using Election Day Registration documents, or cast a provisional ballot and provide proof of identity/residence at the County Auditor's office by June 13, 2022 at 12:00 Noon. Election Day Registrant attesters must provide an approved form of identification. For additional information about providing proof of identity and/or residence visit: https://sos.iowa.gov/voter id or phone 641-324-2316.

VOTER ACCESSIBILITY
The voting site is fully accessible to persons with physical disabilities. Each precinct has an FVT machine, which is a voter assist terminal for anyone who has a visual impairment or any difficulty in reading the ballot.

Voters may also choose another person to assist them to vote, except their employer, employer's agent or an officer or agent of the voter's union. Curb-side voting is available at the site for voters unable to leave their vehicle. For further information, please contact the County Auditor's office at 641-324-2316 or email at auditor@worthcounty.org

The Voter Pre-Registration deadline is Monday, May 23, at 5:00 p.m. That is also the last day to request an absentee ballot by mail. Voters may cast an absentee ballot, in person, at the Auditor's Office until 4:00 p.m. on Monday, June 6.

Worth County Auditor's Office hours:

Regular Office hours: 8:00 A.M. – 4:00 P.M. Monday - Friday

Additional hours: Open until 5:00 P.M., Monday, May 23 and Friday, June 3

Saturday hours: June 4 – 7:00 A.M. – 3:00 P.M.

PUBLIC TEST OF VOTER EQUIPMENT

A public test of the voting equipment to be used in this election will begin on Friday, June 3 at 9:00 a.m. in the County Auditor's Office. The public is welcome to attend this demonstration.

IMPORTANT NOTICE TO VOTERS

I, Jacki A. Backhaus, hereby certifies that the listing below is representative of the ballots which the voters will cast their votes at the 2022 Primary Election. To view ALL sample ballots, please visit https://elections.worthcountyiowa.gov, click on Elections/Sample Ballots/2022 Primary Election. The following offices and candidates will appear on the ballots in the specific jurisdictions:

DEMOCRATIC
UNITED STATE SENATOR
Vote for no more than one
Abby Finkenauer
Michael Franken
Glenn Hurst

UNITED STATES REPRESENTATIVE-DISTRICT 2
Vote for no more than one
Liz Mathis

GOVERNOR
Vote for no more than one
Deidre DeJear

SECRETARY OF STATE
Vote for no more than one
Joel Miller
Eric Van Lanker

AUDITOR OF STATE
Vote for no more than one
Rob Sand

TREASURER OF STATE
Vote for no more than one
Michael L. Fitzgerald

SECRETARY OF AGRICULTURE
Vote for no more than one
John Norwood

ATTORNEY GENERAL
Vote for no more than one
Tom Miller

STATE SENATOR – DISTRICT 30
Vote for no more than one
Whitney Mixdorf

STATE REPRESENTATIVE – DISTRICT 60
Vote for no more than one
No Candidate

BOARD OF SUPERVISORS-DISTRICT 1
Vote for no more than one
Aaron Stone

BOARD OF SUPERVISORS-DISTRICT 3
Vote for no more than one
No Candidate

COUNTY TREASURER
Vote for no more than one
No Candidate

COUNTY RECORDER
Vote for no more than one
No Candidate

COUNTY ATTORNEY
Vote for no more than one
No Candidate

REPUBLICAN
UNITED STATE SENATOR
Vote for no more than one
Jim Carlin
Chuck Grassley

UNITED STATES REPRESENTATIVE-DISTRICT 2
Vote for no more than one
Ashley Hinson

GOVERNOR
Vote for no more than one
Kim Reynolds

SECRETARY OF STATE
Vote for no more than one
Paul D. Pate

AUDITOR OF STATE
Vote for no more than one
Todd Halbur
Mary Ann Hanusa

TREASURER OF STATE
Vote for no more than one
Roby Smith

SECRETARY OF AGRICULTURE
Vote for no more than one
Mike Naig

ATTORNEY GENERAL
Vote for no more than one
Brenna Bird

STATE SENATOR – DISTRICT 30
Vote for no more than one
Waylon Brown

STATE REPRESENTATIVE – DISTRICT 60
Vote for no more than one
Jane Bloomingdale
Deb Hild

BOARD OF SUPERVISORS-DISTRICT 1
Vote for no more than one
No Candidate

BOARD OF SUPERVISORS-DISTRICT 3
Vote for no more than one
No Candidate

COUNTY TREASURER
Vote for no more than one
Jake Hanson

COUNTY RECORDER
Vote for no more than one
Teresa Olson

COUNTY ATTORNEY
Vote for no more than one
Jeffrey H. Greve

Glenville-Emmons-Class of 2022

Commencement Service

Friday, May 27, 2022 - 7 p.m.

Glenville-Emmons Gymnasium

Class Flower:
Navy Blue & White Rose

Class Colors:
Navy Blue & White

Motto: "Life moves pretty fast. If you don't look around once in a while, you could miss it." – Ferris Bueller



Couper Allen



Myah Anderson



Ethan Attig



Samantha Chapek



Gracie Dahlum



Jackson Ellingson



Brandon Espe



Kylie Folie



Logan Hajek



Rachel Hanssen



Isaac Hornberger



Johnathan Knutson



Jacob Lau



Emma Lorenzen



Cai Nelson



Hailey Pater



Morrighan Wadding



Caleb Waters

The Following Businesses Wish to Congratulate the Glenville-Emmons "Class of 2022"



ULLAND BROTHERS
"Always providing quality service to the construction industry"
2400 Myers Road
Albert Lea MN
(507) 373-1960
Glenville Scale
(507) 448-2047

For God and Country
Glenville American Legion
331 W. Main
Glenville, MN

GLENVILLE SHORT STOP
Hwy. 65 South
507-448-3547
24 hr. Pay at the Pump
Marcia & Craig Rayman

Produce State Bank
300 West Main, Glenville, MN
507-448-3981
MEMBER FDIC



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Monday-Friday 10 a.m. - 4 p.m.
Saturday 10 a.m. - 3 p.m.

Hats off to Glenville -Emmons
Class of 2022
The Northwood Anchor

OLSON INSURANCE
Jayson Olson
jayson@tohins.com
GRINNELL MUTUAL
olsoninsuranceia.com
Glenville Office
120 E. Main St. Suite 1
Glenville, MN 56036
(507) 406-1203
Northwood Office
704 Central Ave., P.O. Box 287
Northwood, IA 50459
(641) 324-2452
Fax (641) 324-1229

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CONGRATULATIONS AT STATE



The Shuttle Hurdle Relay team included (front row, from left) Carly Hengesteg, Chloe Costello, Morgan Wallin and Lindsey Moore, and (back row) alternates Macy Thorson and Addy Bachtle.



The Shuttle Hurdle Relay included (front row, from left) Hayden Moore, Thomas Block, Josiah Kliment and Drake Tiedemann and (back row) alternates Colby Eskildsen and Jason Hanson.



Individual competitors at state were (from left) Carly Hengesteg – 400m Hurdles; Lindsay Moore – 100m Hurdles and 400m Hurdles; and Megan Ocel – 3000m.



The 4x8m Relay team included (front row, from left) Hayden Moore, Treycen Rollene, Kooper Julseth and LaMonte Sims, and (back row) alternates Thomas Block and Dalton Logeman.



Emma Davidson earned her way to the State Girls Golf Tournament.



Boys individual competitors included (from left) Thomas Block – 400m Dash and 400m Hurdles; Josiah Kliment – 400m Hurdles and 110m Hurdles; and Wyatt Willand – 100m WC, 200m WC, 400m WC and 800m WC.

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Anchor Sports



The Vikings' Lamonte Sims keeps pace with other runners last Thursday morning at the state track meet in Des Moines. The team of Sims, Hayden Moore, Kooper Julseth and Treycen Rollen placed 15th in the event with a time of 8:43.28.



Viking senior Josiah Kliment comes to the finish line in the 110-meter hurdles last Friday morning at the state track meet. Kliment ran a 15.71 in the prelims and placed 15th overall.



N-K senior Drake Tiedemann runs his leg of the shuttle hurdle last Thursday morning in Des Moines. The team of Tiedemann, Hayden Moore, Thomas Block and Josiah Kliment just missed making the finals, placing 11th with a time of 1:04.32.



N-K's Megan Ocel runs in the 3,000-meter run at last week's state track meet. Ocel ran her personal best at the Blue Oval, placing 23rd in class 1A.



N-K sophomore Lindsey Moore runs in the 100-meter hurdles last Friday morning at Drake's Blue Oval. Moore ran her personal best of 15.94 in the prelims and missed out on the finals by just five tenths of a second.

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From the family of
Joe Scherff, wife-Dixie, daughter-Angela &
Tracy Taylor*

CARD OF THANKS: On the occasion of my retirement from the Northwood-Kensett Community Schools, I would like to say thank you to all who have helped to make my time here as a teacher so rewarding. This includes the students, families, community members, administration, and coworkers with whom I have had the pleasure of working. Thank you for the retirement reception, the cards, and the kind words and best wishes. I am taking many special memories of N-K with me as I look forward to new opportunities and adventures.

Deb Faugstad*

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Willand dominates the Blue Oval, brings home four state titles, girls shuttle hurdle team claims third place medals

By Mike Simmons
Sports Editor

The Northwood-Kensett boys and girls track teams had a very successful trip to Des Moines for last week's Iowa Girls and Boys State Track and Field Championships at Drake University's famous Blue Oval.

The party got underway at 9 a.m. on the opening day with the 1A girls shuttle hurdle relay. The Lady Vikings were represented in this race by Carly Hengesteg, Chloe Costello, Morgan Wallin and Lindsey Moore.

This talented group of young ladies qualified for the state meet and were seeded 10th coming into the race, but in the prelims, they dug deep and made the cut for the finals, placing seventh in the prelims with a time of 1:10.34.

The Lady Vikings' long-distance specialist was up next. Megan Ocel, who won the district title at home, ran her personal best at Drake, finishing 23rd in the state with a time of 12:26.41, her personal best.

The boys 4x800-meter relay team of Hayden Moore, Lamonte Sims, Kooper Julseth and Treycen Rollene was up next; running in section two, lane seven, the men from N-K placed 15th in the finals with a time of 8:43.28, close to five seconds off their qualifying pace.

The final event of opening day at the state meet was the boys shuttle hurdle. N-K's team consisted of Moore, Drake Tiedemann, Thomas Block and Josiah Kliment. Coming into the state meet seeded 15th in class 1A not many people gave this talented group much chance of making it to the finals, but they surprised everyone but themselves with a gutsy performance that put them in 11th place in the prelims, missing out on the finals by less than a second.

Day one was in the 90s, day two dawned cold and windy but that didn't stop the kids from N-K, who continued to crush their own personal records at Drake's Blue Oval.

Kliment conquered the 110-meter hurdles at the district meet and came into Des Moines seeded 13th. In the prelims the talented senior ran the course in 15.71, good for a 15th-place finish.

The 100-meter girls hurdles were next up on day two and it saw the Lady Vikings' Moore competing, having come in seeded 10th. In the prelims the talented hurdler placed ninth, running her personal best of 15.94, good enough for a ninth place finish, just five tenths of a second away from medaling.

The boys and girls 400-meter hurdles were next on the schedule and these races would showcase N-K's Kliment, Block, Lindsey Moore and Hengesteg.

In the boys race, Kliment ran his personal best and finished in tenth place with a time of 56.36, while Block ran the race in 56.95, good for a 13th place finish.

The girls race featured the Lady Vikings' Moore and Hengesteg, who came in 11th with a time of 1:09.56 while Moore ran her personal best of 1:09.91, good for 13th place.

The second day of competition wrapped up for N-K with the 800-meter wheelchair race featuring the top seeded Wyatt Willand. Willand picked up his first state title of the week in the 800 with a time of 1:56.63.

Saturday, finals day, dawned cold and cloudy but once again N-K athletes prevailed over the conditions.

First up for the day was the girls shuttle hurdle team, who had placed seventh in the prelims, but in the finals they did even better than that, running the race in 1:08.57, shaving seconds off their time once again. This time it was good enough for a third place finish in class 1A.

The rest of finals day quickly became the Wyatt Willand show with the talented wheelchair athlete taking home three more state titles in the 100, 200 and 400. Willand posted a personal best in the 100 with a time of 17.12 and then did it again in the 200 with a personal best 30.27. In the final event of the day for N-K, Willand became a four-time state champion at the 2022 state meet with a first-place finish in the 400 with a time of 59.65.

The boys and girls track teams from N-K had one of their most successful state meets in recent memory, breaking as many as eight personal records and claiming five medals.



The most decorated team for the Lady Vikings this season, the girls shuttle hurdle team of Carly Hengesteg, Chloe Costello, Morgan Wallin and Lindsey Moore, took home a third place medal at this year's state track meet in Des Moines.



N-K's Morgan Wallin runs the third leg of the shuttle hurdle last Thursday morning at Drake's Blue Oval. The Lady Vikings team of Wallin, Chloe Costello, Carly Hengesteg and Lindsey Moore brought home third place medals with a time of 1:08.57.



The lady Vikings' Chloe Costello clears the hurdle in the shuttle hurdle relay last Thursday morning in Des Moines. The team of Costello, Carly Hengesteg, Morgan Wallin and Lindsey Moore increased their time in every race at Drake's Blue Oval, eventually ending the weekend with a third place medal.



Northwood-Kensett's Emma Davidson shows off her Ticket Punched card at last week's state qualifying meet. Davidson shot an 83 that tied the talented senior golfer for third place, sending her to this week's state championships in Marshalltown. In coach Steve Hartman's 22 years as head coach the school had not sent an individual to the state golf tournament until Davidson accomplished the feat this season. This year's state meet will be held May 26 and 27 at Marshalltown's American Legion Golf Course.

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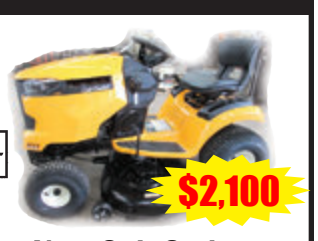
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