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The Northwood Anchor

10 Pages | Wednesday, July 6, 2022 - No. 27 | Northwood, IA 50459

Flying pig a sign of artistic offerings to come



Many have taken notice in recent weeks of the addition of a new piece of downtown artwork depicting a ready-to-fly pig, painted on the second story brick wall of the historic Emery building, located between Tequila's and Bean and Bistro.

The pig adorns one of the two artistic two artistic endeavors being pursued by Merle and Steve Hanson.

Steve Hanson is a Northwood native, and a 1990 Northwood-Kensett graduate. He went on to pursue his education and then a career in the nutritional and business fields.

Hanson has always been a passionate supporter of the arts and artists and now that's something he wants to bring to the Northwood area, while also embracing his family's agricultural routes.

Hanson, working along with his father, Merle, is working on two projects that will bring artistic opportunities to the community.

One, Art Farm Iowa, will turn the Hanson family farmstead into a collection of art pieces, galleries and artistic instruction opportunities.

Flying pig, see Page 2

Northwood woman charged in food, housing assistance fraud

A woman that had made false claims of cancer treatments to receive donations and other support has now been arrested on charges related to defrauding housing and food assistance programs.

Jennifer Hope Mikesell of Northwood was brought to court after a 2019 investigation into false claims of a cancer diagnosis and treatments, used to take off work, and receive money and gifts from members of the community and from outside charitable organizations.

Mikesell pleaded guilty to ongoing criminal conduct and was sentenced to five years of supervised probation in January 2021.

Recently, Mikesell has once again been charged with fraud-related claims.

According to court documents, the Worth County Sheriff's Office was contacted in November 2021 by an investigator with the Economic Fraud Control Bureau, asking for information about Mikesell.

According to the investigator, in documents used to seek food and housing assistance, Mikesell had claimed that she was not living with her husband.

Fraud, see Page 2

Turkey Days set for July 15-17



The community of Grafton will hold its annual summer celebration, Turkey Day, the weekend of July 15-17.

The annual event will kick off with a beer garden at 7 p.m., beer pong tournament at 7:30 p.m. and music from TMW Tunes starting at 8 p.m. on Friday, July 15.

Saturday morning, July 16, brings the sand volleyball tournament, with the first 24 teams registering getting a spot. The co-ed tournament starts at 8 a.m. Those interested may email skrhbree@wctatel.net to see if spots are open.

The morning will also open with a 5K Fun Run/Walk starting at 8 a.m.

The Grafton Heritage Deport will be open all day for tours.

From 10 a.m. to 5 p.m. a craft and vendor show will be held in the parking lot of the Grafton Community Center. Those interested in a vendor space may contact Renae Trettin at randmcraftycrafts@gmail.com.

The Turkey Day parade, with a theme of "Life on the Farm," will start at 11 a.m. Those that would like to enter the parade, for a chance to win prizes, should line up at the elevator by 10 a.m.

Food service, with the namesake meal of smoked or grilled turkey sandwiches, baked beans, potato salad, chips, bar and drink, will start after the parade.

Kids games and inflatables will be available from 1-3 p.m.

At 3 p.m., there will be jigsaw puzzle races in the gym.

A pedal pull starts at 5 p.m.

Turkey Days, see Page 2

'Bring in the Backup' Triathlon set for July 23

On Saturday, July 23, Northwood will play host to the return of the First Responders "Bring in the Backup" Triathlon, held in honor of and support of those that are there for their community in times of emergency.

The First Responders "Bring in the Backup" refers to the support shown for branches of the military, firefighters, nurses, EMS personnel, dispatchers, corrections, law enforcement and first responders, who will lead the race, followed by all the other participants as "back up."

The event includes a three stage race involving swimming for 150 meters, riding a bike for 10.4 miles and then running a 5K.

The triathlon begins at the Northwood swimming pool at 9 a.m. on Saturday, July 23, followed by a bike ride outside of town and back before the run portion.

Those taking part can do so as individuals or as part of a 2-3 person relay. There are also options to take part in the aquabike (swim and bike ride) or a duathlon (a one mile run before the bike ride and 5K).

Registration for the event is currently underway. The registration fee includes entry, a T-shirt and a race medal as you are registered before July 8. Some food and drink will also be available to participants.

Proceeds will benefit non-profits, Worth County Sheriff's Office and the Northwood Volunteer Fire Company.

Those interested may find more information by searching for Northwood Iowa Triathlon online.



Northwood namesakes

The Fourth of July one again included the crowning of Northwood's young namesakes, along with recognition of noteworthy citzens. Pictured are (from left) Junior Mr. and Miss Northwood Weston Willand and Sophia Butler; Lil' Mr. and Miss Northwood Henry Horning and Harper Ziebell. See more pictures from this year's Fourth of July events in next week's Northwood Anchor.



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. June 28	84	59	
Wed. June 29	89	55	
Thurs. June 30	82	71	
Fri. July 1	79	60	
Sat. July 2	81	59	
Sun. July 3	85	56	
Mon. July 4	87	67	0.02

Worth wind ordinance adopted

After a little over 14 months, Worth County has officially put in place its measures to regulate future wind developments in the county.

The process began in April 2021, when interest in a new wind development in the northwest corner of the county and issues with the previous development contributed to a vote by two of the three supervisors to place a moratorium on new wind turbines in the county. The moratorium was to last until some kind of regulation or agreement could be put in place, or it would expire on July 1 of this year. Supervisors AJ Stone and Enos Loberg voted in favor and Mark Smeby voted against.

After the moratorium was put in place, two processes began.

Invenergy, the company looking to build new turbines, began working with supervisors in the hopes that an agreement could be reached that would allow their project to be built.

The process stalled in the fall of 2021, and the agreement was dropped until earlier this year. In May it seemed that an agreement had been reached. However, a lack of public awareness that the agreement was being pursued again led Stone and Loberg to vote against approving an agree-

Ordinance, see Page 2

Regular season ends for Vikings — See Sports Page 10





Turbine claimed by fire

Dotted amongst the landscape west of Kensett are a number of wind turbines. Recently, one of those turbines began to stand out for unfortunately reasons. The turbine pictured appears to have caught fire, burning through the nacelle portion before spreading and causing a portion of one of the blades to fall to land near the base. There is no apparent damage to the surrounding area.

Ordinance
Cont. from Page 1

ment without more public discussion. The agreement has not been discussed at a public meeting since.

Meanwhile, shortly after the moratorium was put in place, Worth County's planning and zoning commission began working on a wind development ordinance that would provide for a range of rules and regulations for any future wind development in the county.

The commission consulted with a number of groups and held public hearings before returning to the supervisors for their suggested modifications.

A final form of the ordinance was recommended to the supervisors in November.

Then, in January, the supervisors received advice that passing the wind ordinance as a stand alone measure could be seen to target the wind industry and create legal issues. However, the rules in the ordinance would fit with similar zoning regulations.

At the time, only three townships were subject to zoning. To make the wind ordinance apply countywide, zoning would have to expand to apply to all 12 townships.

The zoning commission undertook that process and after several meetings and two public hearings, they recommended countywide zoning. The supervisors approved and made it official on May 23, with a 2-1 vote, with Smeby opposed.

With the county's zoning ordinance expanded to all townships, the wind ordinance could be added and the regulations could be made effective countywide.

The agenda for the June 27 supervisors meeting included a vote to extend the wind moratorium, as well as a first reading of the wind ordinance to be added to the the county's zoning rules.

The first reading was held and one member of the public spoke in support of the ordinance, celebrating the relief of those that had pushed for wind regulation for more than a year.

After the public hearing was held, supervisor AJ Stone said that county officials had gone over the wind turbine ordinance extensively for more than a year and that more discussion was not necessary. He motioned for a vote to waive additional readings, which passed on a 2-1 vote. The supervisors then approved the ordinance on the same 2-1 vote, with Smeby opposed.

With regulation in place and four days left, no action was taken on the moratorium, which expired on Friday.

Information on the wind ordinance can be found at the county's website, online at www.worthcountyiowa.gov.

Flying Pig
Cont. from Page 1

According to Steve, the goal is to provide a place where art will flourish right alongside a working farm. The goal is promoting the arts and ag at the same time.

The buildings and layout of Art Farm Iowa are currently in the works, as older farm buildings are updated or replaced.

The Hansons and the non-profit they have formed to operate the art on the farm effort are also working with ISU Extension on the layout of the property.

A few miles away from the farm is the future location of Emery Wine and Gallery, and the newest artistic addition to Northwood's downtown.

Renovations to the Emery building are also in the works. The plan is to open a business that would compliment the current businesses and be a new draw for visitors to Northwood.

The downtown gallery will serve a variety of wines, including those native to the area and the state. And while enjoying those wines, people will be able to take in the work of the diverse artists that will be invited to display their creations.

The work of one of those artists, Jules Muck, whose art is signed "Muck Rock," can be seen on the building's second story exterior.

Steve met Muck at an art show in Arizona and after a short conversation had convinced her to be one of the first artists to take part in the Art Farm Iowa and Emery building displays.

Muck is an artist whose beginnings can be traced back to graffiti overseas and across the country. She has worked with many famous artists over the years and has since created murals for museums, communities, films and more.

The latest commissioned pieces can be found scattered around the Art Farm Iowa location as well, including a corn cob fuel tank, tulips on the side of the house, monarchs and more.

The pig in Northwood was chosen with a nod to the agriculture community. Referenced with the wings on the pig's back is the monarch pathway that travels through the area. The mural was also modeled in part after Muck's pet pig Gus.

Other works of Muck, as well as Doug Miles, the artist whose works kicked off Art Farm Iowa's decorative displays, can be seen by driving past the Hanson farmstead at 4953 Olive Avenue.

Look for more information on Art Farm Iowa and its first artists in upcoming issues of the Northwood Anchor and Manly Signal.

Fraud
Cont. from Page 1

According to the deputy's report, Mikesell had told her probation officer that her husband was living with her at the same time she had told the investigator she was not.

The report also lists two occasions when the deputy had observed her husband unlocking and entering the apartment, though Mikesell claimed he was getting his stuff at that time.

The Sheriff's office had also responded to a 911 call where both were present at their home earlier in June.

The investigator had found that Mikesell had received $10,067 in housing and food assistance from the Iowa Department of Human Services.

Mikesell was charged with ongoing criminal conduct-unlawful activity, a class B felony; and first degree theft and first degree fraudulent practice, both Class C felonies. Class B felonies can carry sentences of up to 25 years in prison. Class C felonies carry sentences of up to 10 years in prison and a fine from $1,000 to $10,000.

Turkey Days
Cont. from Page 1

At 7:30 p.m. a competition to hold aloft containers of beer will be held with the Stein Hold Contest.

The Street Dance with EF5 starts at 8 p.m.

Events on Sunday, July 17, start with the Day after Turkey Day Bike Ride at 10 a.m.

Those looking for a brunch beverage competition can sign up for a Blood Mary contest at noon, with the event starting at 1 p.m.

A bean bag tournament starts at 1:30 p.m. on July 17.

A trivia contest will be held at 3 p.m.

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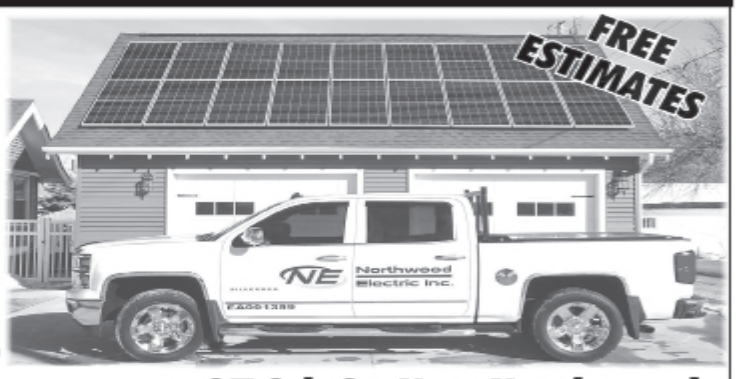
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Field Day at Honey & Ewe Farm – local and sustainable

Healthy Harvest of North Iowa recently announced a Field Day to learn about and celebrate local and sustainable farming practices. The event will be held at Honey & Ewe Farm, 19050 Thrush Ave., Mason City, on Saturday, July 23, 4 – 6 p.m., with a walking tour at 4:30 p.m. Rain date will be on Sunday, July 24, 4 – 6 p.m.

Honey & Ewe Farm produces honey, bees and bee products, as well as a variety of livestock – cattle, chickens, sheep and a diverse selection of vegetables.

Randy and Becky Elsbernd are committed to making their farm as self-sustaining as possible, using solar power, geo-thermal heating, rain collection and other conservation techniques. This is their sixth year of growing produce in a high tunnel. Randy notes, "We have to irrigate, but there is very little weeding involved, and of course, we can plant earlier in the spring."

"KGLO will have just had their tractor ride," said Randy, "so I will have my John Deere tractors on display."

The field day will be an "open house" event, and offers an opportunity to see how the Elsbernds have employed these sustainable methods, as well as a demonstration of honey extraction. All are welcome to enjoy an afternoon of education and refreshments at Honey & Ewe Farm.

The Field Day hosts can be reached at randlejd2210@gmail.com with questions about the event.

The North Iowa Local Food Connections program is coordinated by Healthy Harvest of North Iowa to build relationships between local food and farm businesses. This series of field days provides an opportunity to learn about the unique businesses across our region raising and providing great food. The network creates a space for businesses and friends to collaborate, learn and create connections that build businesses and productive communities.

North Iowa Food Connections program is a partnership of Healthy Harvest of North Iowa (www.healthyharvistni.com), local food and farm business. Support is provided by a USDA Beginning Farmer and Rancher Development Program (BFRDP), in partnership with Practical Farmers of Iowa.



Taking a lift

Ever since the City of Northwood's inspection process took place last year, sidewalks throughout the town have been in states of disrepair and more recently, repair. That included the sidewalk outside of the Northwood-Kensett Elementary School. While the sidewalk is pictured being removed, much of the sidewalk had been replaced by press time earlier this week.

COVID case rates back up, while vaccinations level off in June

The month of June continued the trend that showed that, at least in Worth County, levels of COVID remain low. At the same time, the main preventative measure in vaccination, has largely leveled off.

Between the end of May, with data released by the State of Iowa on May 25, and data released on June 29, there were 30 new cases of COVID-19 reported amongst Worth County residents. That brought the total of cases reported in Worth County to 1,818.

Weekly changes in cases fluctuated between 1 and 10 over that time period.

The region that includes Worth and its seven bordering counties saw a shift upwards in new cases, when compared to the previous month. Over the course of May, there were 710 new cases in the region, compared to an increase of 1,029 between May 25 and June 29.

That brought the new total of COVID-19 in the region to 47,574 since the State began reporting that figure.

That includes 3,073 in Winnebago, 2,959 in Hancock, 11,475 in Cerro Gordo, 3,726 in Floyd and 2,573 in Mitchell counties in Iowa, and 9,476 in Freeborn and 12,474 in Mower counties in Minnesota.

At the end of May, the Iowa counties in the region had low community levels of COVID and the Minnesota counties had medium levels, according to the CDC.

Those levels reflect a combination of the new cases in a county, combined with data on COVID hospitalization.

As of June 29, the community levels remained at the medium level in the Minnesota counties. Meanwhile Hancock County had a high community level, Winnebago, Cerro Gorgo and Worth had medium levels and Floyd and Mitchell counties were at the low level.

At the medium level, the CDC recommends people wear a mask on public transportation and at other times for additional protection. Those at high risk for severe illness are also encouraged to consider wearing a mask indoors in public.

The information above is based on figures that note the number of COVID-19 cases that are reported to public health agencies. It does not include home or work-based tests that aren't reported.

While the number of COVID cases was up over the course of June, the number of those lost to COVID has remained low. Over the course of June, four additional people died due to COVID-19.

There have been no new COVID-related deaths amongst Worth County residents since April 20, with 17 lost since the start of the pandemic.

Between May 25 and June 29, three Freeborn County and one Cerro Gordo County residents died from the virus.

While local COVID numbers have remained low, so too have the number of Worth residents seeking the vaccine that is designed to limit severe impacts.

According to the CDC, 3,856 residents of Worth County have been fully vaccinated, for 52.2% of the total population. That is up 6 Worth County residents since May 25. That number has remained unchanged since June 8.

CDC numbers show that 4,098 Worth residents have received at least one dose of vaccine, for 55.5% of the population. That is up 6 since May 25. That number has remained unchanged since June 15

In the county, 1,350 of those 65 and over were fully vaccinated, 87.4% of that population. That was up one since May 25. Of that age group, 1,408, or 91.1% have had at least one dose. That was up 3 since the end of May.

Of those 18 and over, 3,611 have been fully vaccinated, for 61.7% of that population. That total was up 6, suggesting that 5 additional people 18-64 became fully vaccinated.

Of those 18 and over, 3,830 have received one dose, for 65.5%. That was up 5, meaning 2 in the 18-64 range received their first dose.

Of the 12 and over age group, 3,778, or 59.3% have been fully vaccinated. No new people ages 12-17 became fully vaccinated in May.

Of those 12 and older, 4,021 or 63% have received at least one dose. No one in the 12-17 age range received their first dose in the month.

Of those 5 years and older in Worth County, 55.4% have been fully vaccinated. Of those 5 and over, 58.8% have received at least one dose.

While vaccines are now available for those between the ages of 6 months and 5 years old, that information is not reflected on CDC data.

A second booster is recommended for those 50 years of older and who are immunocompromised. That information is also not yet reflected in CDC data.

CDC numbers do share the number of people that have received their initial booster dose. In Worth County, 2,229 of those fully vaccinated have received at least one booster, for 57.8%. That was up 19 in June. Out of the total population, 30.2% of county residents are fully vaccinated and also boosted.

Across the region, 58.54% of the total population has been fully vaccinated.

Information and COVID-19 data can be found the Iowa Department of Public Health website, online at idph.iowa.gov.

Information is also shared at the CDC website, at covid.coc.gov/covid-data-tracker.

Local vaccine and other information can be found at Worth County Public Health's Facebook page, or by calling 641-324-1741.

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Bolan VBS

"ZOOMERANG Returning to the Value of Life" was held in Bolan June 20 - 24, from 9 a.m. – noon, with a free will hot dog supper and program on Friday evening. Pastors and members of the Methodist churches of Bolan, Manly, Northwood and Shell Rock Valley, along with Lutherans from Manly, Kensett and Hanlontown hosted.

There were 47 registered participants and 42 volunteers that came to town, made new friends and learned new things. Opening and closing with songs, skits and educational videos about Australia were held in the wood quonset and children rotated to different stations around town when the Barton No. 2 school bell rang.

Each day a Bible verse would be learned to remind us that: God created man in his own image; I am wonderfully made; Do unto others as you would have done to you; Jesus is the resurrection and the life; We are his workmanship. Any time the verse was said, all would respond with, "I AM WONDERFULLY MADE!"

A total of $400 in mission offering was collected throughout the week in a picnic basket to be split between a local and international food organization. Friday night at the program, Mary Wendt presented Fred Girouard of Worth County Community of Promise with a check for $200, the other half will go to Children's Hunger Fund, which reaches children from around the world.

Kendal Kruger and Nolan Enderson praying at closing time





Games in the park



Julie Tweeten setting up a craft





Pastor Rob Lanphere in schoolhouse lower-level with VBS crews



Pastor Linda Johnson-Prestholt, Anna Hawkins, Davey, Emma Davidson and Taylor Rodemeyer



Mary Wendt presented Fred Girouard of Worth County Community of Promise with a check for $200.

Northwood Anchor Church

Fertile Lutheran Church
Wednesday, Blood Pressure Clinic, 9:30 - 10:30 a.m.; Sunday, Worship Service, 9:30 a.m.; Monday, Council Meeting, 7 p.m.

Bethlehem Lutheran, Manly
Sunday, Adult Bible Study at Bethlehem, 8 a.m., Bethlehem Worship, 9 a.m., Joyful Noise Choir Practice at Grace, 9:15 a.m., Sunday School at Bethlehem, 10:15 a.m., Grace Worship, 10:30 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Elk Creek, 9 a.m.; Monday, MANNA Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Service, 9:10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m., Potluck at Olson's Northwood, 5 p.m.; Tuesday, Swallow Coffee House, 10 a.m., Bible Study NWD, 5:30 p.m., SPRC Meeting NWD, 6:30 p.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 11 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; No Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

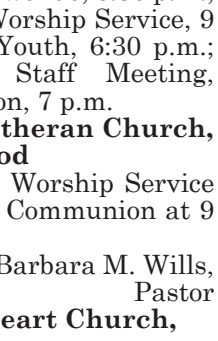
First Lutheran Church, Northwood
Wednesday, Sr. Comm., 2 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Worship Service, 9 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.
Pastor Kent Otterman

Five Types of Prayer



There is no limit to the kinds of prayer which are possible, since prayer is any genuine attempt to communicate with God, but there are five types of prayer which seem to be virtually universal. The first type of prayer is the prayer of thanks. Many of the faithful start and end each day by thanking God, and there is always something to be thankful for, including our very existence. The second type of prayer is the prayer of confession or contrition, where we confess our sins to God. This is often framed in terms of what we have done wrong or what we have failed to do, and should include improper or unkind thoughts, and true remorse. A third type of prayer is the prayer of petition, the prayer which asks for God's help. These prayers are sometimes thought unnecessary, since God presumably knows better than we do what we need, but it certainly feels right to ask God for help. A fourth prayer is the prayer of praise, where we extol or exalt God, typically for his goodness, power, or wisdom. The last type of prayer, which is often overlooked because it is more akin to meditation than to prayer, is when we simply feel ourselves in the presence of God who cares for and about us. The sense that there is a Supreme Being who is not indifferent to our suffering should become a way of being in the world, and something which we should strive for constantly. —Christopher Simon

"I trust in the steadfast love of God for ever and ever."
– Psalm 52: 8

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

TERRY AND JOANNE STEINMETZ

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

When I first moved from upstate New York to Iowa, I lived in Grinnell. Wonderful college town with many nice shops, restaurants and friendly people. The Welcome Wagon did just that…welcomed us as well as other newcomers to the city. Sometime in the 80s they put together Welcome Wagon Favorites as a fundraiser. As are these books, it's filled with real recipes from real people….not an escargot in the bunch! My mother and I both submitted recipes along with many other new and old residents. Enjoy!

Dip In A Loaf

1 package (8oz) cream cheese, softened (Philly® if possible)
2 envelopes dry ranch dressing mix
2 teaspoons onion powder (not salt)
1 carton (8oz) plain regular yogurt, not fat free or low fat
1 carton (16oz) real sour cream, not low fat or fat free
1 package (10oz) frozen chopped spinach, thawed and squeezed dry
1 large loaf unsliced bread, Italian or French, either round or long

Blend the cream cheese, dressing mix, onion powder, yogurt and sour cream until well combined and smooth. Pull the thawed spinach into shreds and add to the creamy mixture, combining well. Cut the top off the bread loaf and hollow out the insides leaving about 1-inch walls. Fill the bread bowl with the dip. Cut the bread you removed into chunks and use it as well as veggies as dippers. When the dip is gone, tear up the bread bowl and eat it too!

Crescent Roll Beef Bake

1 1/4 pounds lean ground beef
2 medium yellow onions, thinly sliced
1 can (8oz) sliced mushrooms
1 cup real sour cream
2 large eggs, lightly beaten
1 1/2 teaspoons salt
1/2 teaspoon black pepper
1 can refrigerated crescent rolls
Paprika for garnish

Preheat the oven to 350 degrees F. Brown the ground beef in a heavy skillet. Separate the onion slices into rings and add them to the beef. Sauté until the onions are tender. Drain away any excess grease. Stir in the mushrooms, salt and pepper. Separate the crescent rolls into 8 triangles. Place these in an ungreased 8 or 9-inch square baking dish, pressing over the bottom and sides to form a crust. Spoon the meat mixture into the crust. Combine the sour cream and eggs, mixing well. Pour this over the meat. Sprinkle with paprika for color and bake for about 35 minutes. You want the eggs set. Let cool for 2-3 minutes then cut into squares to serve.

Pie Crust Peanut Crispies

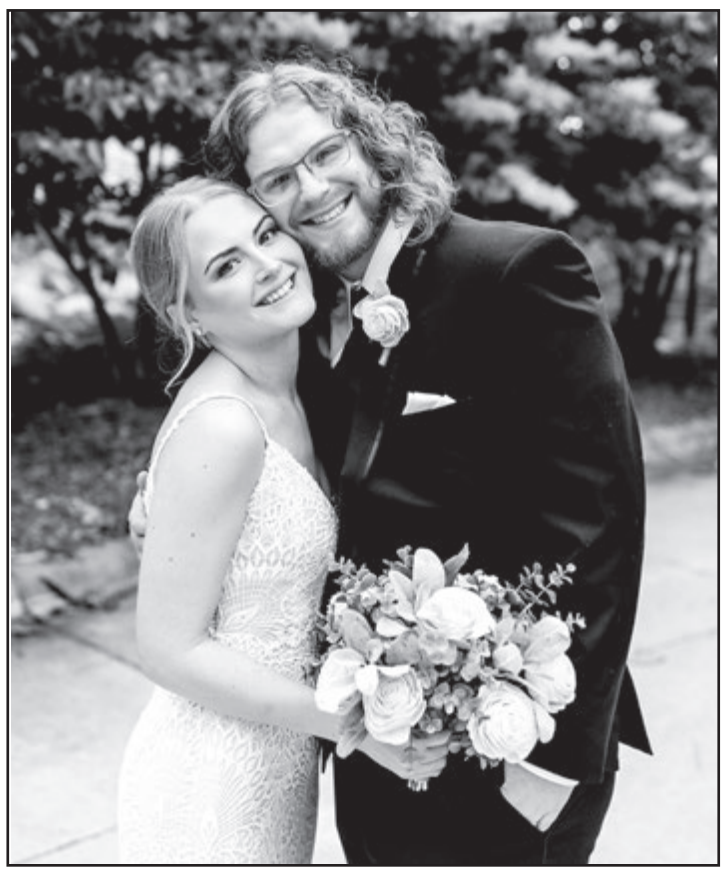
1 package (9.25 oz. approx.) pie crust mix
1 cup firmly packed brown sugar
1/2 cup crunchy peanut butter
3 tablespoons water

Preheat the oven to 375 degrees F. Combine all the ingredients in a large mixing bowl. It will take a bit of stirring to get this all mixed well. Shape into 1-inch balls using about a heaping teaspoon of the dough. Place on a parchment covered baking sheet and flatten with a fork that has been dipped in sugar. Bake for 8-10 minutes or until lightly browned. Cool slightly before removing from the baking sheet. Makes about 4 dozen cookies.

A welcome wagon-type group is a blessing to those who move into a community not knowing many people. Even the friendliest small towns have long-standing friendship groups that are sometimes difficult for newbies to join. I have always been a joiner and found that church, hobby groups and local coffee shops are great places to meet people. The next time you see an unfamiliar face in town, a smile and greeting might go a long way toward making his or her day. And…that's all she wrote.

Northwood Anchor **Society**

Henrys wed June 11, 2022



MR. AND MRS. AUSTIN HENRY

Ashlyn Schaefer and Austin Henry were married on Saturday, June 11, 2022, in Waverly, Iowa, at the Waverly Area Veterans Post followd by a reception. Officiating the marriage was Joshua Anderson, Manson, Iowa.

Ashlyn is the daughter of Eric and Michele Schaefer of Northwood, granddaughter of Helen Schmidt and the late Richard Schmidt of Osage and the late Colette and Robert Schaefer of McIntire, Iowa.

Austin is the son of Chuck and Mary Jo Henry of Cedar Rapids, Iowa, grandson of Chuck and Sandy Henry, Ethel and John Matzen, both of Ease Moline, Illinois, and the late Joanne and Paul Anderson of Fort Dodge, Iowa.

Ashlyn graduated from Northwood-Kensett High School in 2016, attended UNI, graduated with a bachelor's degree in family services and gerontology in in 2021 and is the manager at Transcend Mind-Body Wellness in Cedar Falls.

Austin graduated from Cedar Rapids Prairie High School in 2011 and is an Operations Manager at FedEx Ground in Waterloo, Iowa.

Maid of honor was Jenna Schaefer, sister of the bride, Manly. Bridesmaids were Brittany Dobberstein, sister of the bride, Pemberton, Minnesota; Kim Kelso, sister-in-law of the groom and friend of the bride, Cedar Rapids, Iowa; Paige Smith, friend of the bride, Waterloo, Iowa; Paije Sletten, friend of the bride, Northwood; and Jenna Schmidt, friend of the bride, Cleveland, Ohio.

Flower girl was Emma Dobberstein, niece of the bride, Pemberton, Minnesota.

Ashlyn's honor attendants were Kailey Esklidsen, friend of the bride, Charles City, Iowa; Misty Pepper, friend of the bride, Northwood, and Sidney Taylor, friend of the bride, Mount Pleasant, Iowa.

Best man was Alex Potts, friend of the groom, Des Moines, Iowa. Groomsmen were Elizjah Henry, brother of the groom, Waterloo, Iowa; Tyler Presler, brother of the groom, Cedar Rapids, Iowa; Bradley Smith, friend of the groom, Waterloo, Iowa; Thomas Frieden, friend of the groom, Waterloo, Iowa; and Thomas Philipp, friend of the groom, Cedar Rapids, Iowa.

Ushers were Dylan Coyle, friend of the bride, Manly, Iowa, and Zachary Tomesch, friend of the groom, La Crescent, Minnesota.

The couple spent a week at Planet Hollywood Resort in Cancun, Mexico, the week after the wedding for their honeymoon.

The couple will be residing in Cedar Falls, Iowa.

With stroke, time is survival

Stroke occurs when the brain isn't getting enough blood flow and brain cells are deprived of oxygen. Without oxygen, brain cells lose function. If not corrected quickly, lack of oxygen to the brain cells may cause cell death and permanent disability. Decreased blood flow can occur from brain bleeding or blockage of the arteries supplying blood to the brain.

"Stroke hits someone about every 40 seconds in the U.S., and suddenly, life is changed," says David McAlpine, M.D., an emergency medicine physician at Mayo Clinic Health System in Albert Lea and Austin, Minnesota. "That's why it's important to know the common warning signs of a stroke. Once you see the signs, it's time to dial 911."

Stroke symptoms come on suddenly, and an acronym makes it easy to recognize and act on these symptoms.

It's called FAST:

• Face – Ask the person to smile. Does one side of the face droop?

• Arms – Ask the person to lift both arms. Does one arm drift downward, or is one arm unable to raise up?

• Speech – Ask the person to repeat a simple or common phrase. Is the person's speech slurred or strange-sounding?

• Time – If you notice any of these signs, call 911 because fewer treatment options are available after 41/2 hours.

"Treatment options are available only if you get to the emergency department quickly," adds Dr. McAlpine. "Treatment will depend on time of symptom onset, whether you take blood thinners, and whether your stroke is from brain bleeding or having narrowed or blocked arteries. For narrowed or blocked arteries, patients may receive clot-busting medications or a procedure to remove the blood clot. If the stroke is the result of bleeding in your brain, there are neurosurgical procedures that may be done to help improve your recovery."

Many factors increase the risk of stroke, including:

• Diabetes.
• Smoking.
• Physical inactivity.
• High blood pressure.
• High cholesterol.
• Being overweight or obese.

A personal or family history of stroke or heart attack.

• Being over age 55.
• Certain irregular heart rhythms.

Strokes can trigger the onset of depression in more than half of people who experience one. In addition to changing family dynamics, strokes also can cause less obvious changes.

"If you or someone you know has had a stroke, make sure to get physical and emotional care. Speak to a health care professional if you have questions or concerns, not just about the obvious changes after a stroke," says Dr. McAlpine.

Men avoid doctors and endure symptoms

When it comes to men's health, many tend to suffer through their symptoms and pain. In a recent study, 65% of male participants said they avoid going to the doctor as long as possible. Men – it's time to lead by example.

"The risk of avoiding preventive care can be dangerous. There are some illnesses and diseases that if you come in too late or when you finally are experiencing symptoms the treatment becomes very difficult," Dr. David Heine, with MercyOne Albert Lea Family Medicine & Specialty Care said. "For example, early colon cancer has little symptoms, so if you wait until you have noticeable bleeding then you're more likely to require intensive treatment like surgery or chemotherapy."

Here are a few common risks to men's health to watch out for:

• Excessive drinking
• Skipping preventive care
• Diabetes
• Mental health
• Sun safety and skin care
• Avoiding conversations about erectile dysfunction

Among survey participants, 20% said they are not completely honest with their doctor. One area some men specifically tend to ignore and not discuss is erectile dysfunction (ED). But ED can be your body's way of alerting you that something else is wrong.

Many men say they'd be more likely to see a health care provider if it was more convenient. With telehealth appointments available and online scheduling, MercyOne encourages men to prioritize their health and well-being. And if individuals don't have a primary care provider, MercyOne makes it easy to find one can trust with a short quiz on our website.

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Northwood Anchor **Opinion**

Savvy Senior

Electric trikes provide older riders fun, fitness and safety

Dear Savvy Senior,

What can you tell me about electric trikes for semi-seniors? I used to cycle a lot in my younger years but have some balance problems and don't trust myself on a two-wheeler anymore. I've read that electric powered trikes are a good option for older riders but could use some help choosing one.

Unsteady Eddie

Dear Eddie,

Electric powered adult tricycles – also known as e-trikes – are a great cycling option for older adults with balance or stamina issues because they're safe and super fun to ride, and easy on an aging body. Here's what you should know, along with some tips to help you shop for one.

Safer Cycling

If you're interested in cycling, but worry about falling or injuring yourself, e-trikes are a great choice because of the three-wheeled stability they provide. With a trike you can ride as slow as you want without ever losing your balance, which is very reassuring for most older riders.

E-trikes also come with a small electric powered motor to enhance the riding experience, so when you saddle up and apply the throttle the motor will give you a boost when pedaling, or it will do all the work for you. This makes it much easier to whiz up hills and ride into headwinds without gassing yourself or taxing your knee joints.

In addition, most adult e-trikes are also made with a low "step through" design making mounting and dismounting easier; they typically come with big tires that ensure a smooth ride; have ergonomic handlebars that are easy to reach and grip; and offer oversize seats (some even have backrests) for comfort and support.

There are many different types of adult e-trikes to choose from with prices ranging anywhere from around $2,000 up to $7,000. To shop for one, contact some bike shops in your area to see what they offer, or you may need to order one online.

When shopping for an e-trike, pay special attention to the motor, which determines how fast it will go, and the battery, which determines how far it will go between charges.

Most e-trikes can reach speeds of anywhere between 15 and 28 miles per hour, and typically go somewhere between 20 and 55 miles on a single charge, depending on how much pedaling you do. Battery charge times will vary too, ranging anywhere from 3 to 8 hours.

How to Choose

To help you figure out the right kind of e-trike for you, ask yourself how and where you plan to ride it. If you're primarily interested in a leisurely ride around the neighborhood for pleasure, fitness or running errands, an upright cruiser e-trike that has a rear cargo basket would be a nice choice.

Some popular options in this category include: Addmotor's M-340 Electric Fat Trike and M-360 Semi-Recumbent Trike (both $3,000, addmotor.com); Emojo Caddy Pro ($2,900, emojobike.com); Sixthreezero EVRYjourney 250W Tricycle ($2,200, sixthreezero.com); EWheels EW-29 ($2,000, ewheels-dealers.com); and Buzz Cerana T ($1,700, buzzbicycles.com).

Or, if you're looking to take longer road rides a recumbent e-trike may be a better option. These are aerodynamic, low-to-the-ground stretched-out frame trikes that allow you to recline with your legs positioned in front of you. Catrike (catrike.com) and TerraTrikes (terratrike.com) are two of the biggest U.S. companies that make recumbent tadpole-style trikes (the two wheels are in front) and they both offer electric assist options at prices ranging from $5,000 to $,7000.

There are also folding e-trikes, which are practical if you have limited home storage space or would like to take your trike with you when traveling. Some good options here include the Liberty Trike ($1,600, libertytrike.com) and Eunorau New-Trike ($2,500, eunorau-ebike.com).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

Good morning.

Oh, my goodness!

What?

I was going to say the same thing.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. Back when we owned a cow park, a herd of cows grazed in it. I wish I had a few of those grass munchers to mow my lawn. I pushed a lawn mower named Sisyphus around. It hadn't wanted to start. "Too hot," it whined.

I don't watch horror movies. Why would I? I have bloodthirsty stable flies in my yard. My ankles are prime rib to the ankle biters. Their bites remind me it must be the season of the itch.

Heywood Banks sang, "I'm looking at the world through fly's eyes. Looking at the world through fly's eyes. Looking at the world through fly's eyes and you can just buzz off."

I told the flies to buzz off. It didn't help. There are 160,000 species of flies. Flies see as we do in slow motion. A movie becomes a series of slides to them. Mr. Miyagi, in "The Karate Kid," told us "Man who catch fly with chopstick, accomplish anything." I'm not taking up chopsticks and throwing my fly swatter away.

The reunion had class

It was a celebratory reunion. We were relieved the school hadn't announced a recall of any graduates. It was implausibly implausible that we talked about the potholes of adulthood when we should have been hoping to get a driver's license. We were mystified by the ease of achieving a state of pleasant exhaustion.

A classmate remembered the speech teacher dropping a large marble into a metal pail every time a speaker said a filler word like "uh" or "um." And the cross country coach telling runners to start by running as fast as they could and then increase their speed as they went.

A graduate said a football coach called him Red Shoes because of the bloody shoes he'd been left with after an opposing player had run over him repeatedly. Another said one of her grandchildren told her she was pretty spry for a grandma.

One retired from teaching after hearing the occasional student grumble, "You're not my mother." She wanted to avoid hearing, "You're not my grandmother."

Another, after one of her students had called her an uncomplimentary name, responded with, "Shhh! I'm trying to keep that a secret."

A former young man said his grandchild found it easy to tell his grandpa was old because of his dreaded turkey neck.

Our teachers said things like, "If I saw you getting beat up, I'd walk over and break up the fight, but I'd walk very slowly."

School offered less praise in those days, fearing it might lead to excessive pride, but it was an easier pace of a bygone era, which might have existed only in our collective memories.

I wanted to hold a jar of SKIPPY peanut butter in my class photo. Product placement is important. A classmate asked if I ever dreamed that one day, people would pay me to talk. My father had paid me not to talk. His prayer was, "Lord, please keep one hand on Allen's shoulder and the other over his mouth."

A temporary hiccup

After my hiccups had eluded effective treatment for three weeks and caused wearisome insomnia, I became intrigued with Charles Osborne of Anthon, Iowa, who had hiccups for 68 years. He was hanging a hog for butchering when the involuntary diaphragm spasms began at a rate of 20-40 per minute. Osborne became a livestock auctioneer. His hiccups stopped suddenly and he died a year later at 97.

In local news

Rabbit breeder is charged with bunny laundering.

The inventor of the rearview mirror was not as close to his family as it appeared.

The Eat Around It Cafe is now open for virtual dining.

Nature notes

The world swayed as I did a Breeding Bird Survey for the U.S. Geological Survey in Freeborn, Mower and Steele Counties, and the wind moved the grasses.

Do ticks fall from trees? It's a myth. Other myths are: Bug zappers are effective against mosquitoes, deer whistles rid the roads of deer, electronic devices repel mice and hedge apples (Osage orange fruit) or horse chestnuts discourage spiders. Ticks do climb while trying to find food (blood), but only to the height of the animal. They search close to the ground (grass) for mice and other rodents, and in bushes or tall grasses for larger mammals such as humans and deer.

Meeting adjourned

Keep on the sunny side.

©Al Batt 2022

Fit to print...

Letter to the Editor- Celebrating a dedicated first responder

Dear Editor

What does it take to be a Volunteer medical person or fireman on the Northwood Volunteer Fire & Rescue Company?

It requires dedication and commitment! These individuals need to be willing to make many sacrifices and they must have the support of their family. Each call usual takes them away from work or their family for a minimum of an hour.

It becomes difficult to maintain that dedication and commitment when it's 2 a.m. and you're trying to get some sleep because you need to get up shortly to go to work. It's also a challenge when it's extremely cold or hot out and you must go fight that fire, not knowing how many hours it will take, and will you even make it to work. Will your employer be understanding of your tardiness or absence?

What about their families? They have plans, ready to leave to go to a family event and the pager goes off. Do they go on the call and miss a family event AGAIN? Quite often they do just that and go to the call.

Remember, these people are VOLUNTEERS! There is no compensation for what they do for the residents of Northwood. They donate their time, their wages if they are allowed to leave work without pay, their PTO at work if required, so they can serve their community.





In addition to responding to 911 calls, they spend time training, time assisting with the events at the Worth County Fair, the 4th of July Fireworks, Sports events & the Fire Safety event at the school, and any other activity that they are asked to assist with.

Please be sure to show them your appreciation and THANK them when you see them out and about. A Thank You means a lot to these individuals.

Today, we would like to recognize one of these very special individuals. Bruce "Brandon" Oldfather became a member of NVFC in November 2020 and has shown his dedication and commitment to the NVFC month after month by responding to as many calls as he possibly can. He has enrolled in the Advanced EMT class for this fall, so he is better skilled to aid those in need. SPC Oldfather is a US Army Veteran and believes it is his mission to serve others when and where he can.

In June 2022, Brandon responded to 100% of the calls (40+) for the month. As far back as anyone associated with the NVFC can remember, this has never been done by anyone. WAY TO GO BRANDON and THANK YOU!

Cindy Oldfarther

Northwood Anchor Early Files

100 years ago

July 5, 1922

Anna Steese Richardson, an Iowa woman who has developed into a writer of national fame, says the modern flapper girls are all right. She says: "During the war they were told to entertain the soldiers; they were sent out into the streets to sell Liberty Bonds; the social barriers were broken down The advancement of patriotism and the girls gained their freedom. Formerly the girls were scolded for wearing corsets and now they are called immodest for going without them."

Misses Norma Slosson, Rose King, Florence Sanders, Eldora Vold, Lola Thompson, and Dorothy and Ruth Sanford comprised a camping party that enjoyed an outing at the Slosson Grove, south of town.

Reginald and Merlin Kjerland, came up from Ames to spend the Fourth with their parents, Mr. and Mrs. O.N. Kjerland southeast of town. Merlin has been employed at Ames for some time and will enter college in the fall. Reginald has been a student there for two years, taking mechanic engineering. He will teach at Gilbert during the coming school year and have charge of a band there.

Lawrence T. Julson, of Northwood and Miss Luella Bigley of Gordonsville, were united in marriage at the Methodist parsonage in Osage by the Rev. W.T. Smith.

Mrs. M.D. Atwood, one of Northwood's oldest and best loved ladies, was stricken by heart failure while alone in the kitchen of her home and it is believed that death was instantaneous. Mr. and Mrs. George Bolton, daughter and son-in-law of Mrs. Bolton also occupy the home. Funeral services are being held at the Baptist church conducted by the Rev. Thomas P. Shaffer, pastor of the Methodist church.

75 years ago

July 3, 1947

Mrs. Vola Heisley has completed a deal whereby she becomes owner of a gas station business at Manly and her new house on north 14th Street goes to David Brunner of Grafton. Mr. Brunner expects to sell the house at auction on July 5, at 7 p.m. The house is a new 5-room bungalow. Mrs. Heisley will move to Manly to take charge of her new business.

Fire following an explosion at 10:40 a.m. destroyed the comparatively new elevator at Joice with a loss estimated at $40,000. Spontaneous combustion is believed to have been the cause of the explosion. Witnesses say the roof was blown upward by the blast to twice the height of the elevator. The fire departments from Lake Mills and Forest City were called to give what protection they could to surrounding property as there was no chance of quenching the fire that followed the explosion.

At the last regular meeting of the Northwood Chamber of Commerce, Harold Elwell, John Mehaffey and N.V. Huber were appointed to a committee to cooperate with E.H. Drink, local vocational agriculture instructor in the promotion of a local corn growing contest.

A new fire truck, purchased by the Northwood Volunteer Fire Co., arrived and has been on the street several times for trial this week. Modern and up to date in every particular way it is a valuable addition to the Northwood fire fighting equipment.

Four Northwood business places were broken into during the night, according to reports made to Sheriff Carl M. Sheimo. At the Coast-to-Coast store, Ted Gran reported between $50 and $60 taken from a cash register. Entrance was through the window at the rear of the building. The Hans Madson's Sons' machine shop was entered and also the Mobley blacksmith shop, with small losses reported at both places. The Burton Davis filling station office was entered by taking a glass out of the front door.

50 years ago

July 6, 1972

Manager of the Joice Elevator Allan Jorth stands at the spot where one of two bins are being installed. The new dryer will be erected between the new bins and the present building.

Worth County Fair secretary Herb Backhaus, and Gary Hengesteg, manager of Northwood Motor Company, inspect the new Chevrolet Nova to be given at the Worth County Fair on the closing night, August 2. Fair dates are July 30 through August 2.

After 43 years with the postal department, Gaylord Kulmann retired on June 23. He had been a rural mail carrier since August 1949, replacing Herb Satterlee, who retired at that time. Kentner Kottingham, retired on June 30 after 23 years in the service. He was a carrier in Northwood.

The move to the new Northwood State Bank building will be made within the next two weeks, according to Glenn O. Emmons, executive vice president. Many supplies and business machines have already been transferred and a few finishing details remain before the final move is made, Emmons said.

The Northwood-Kensett Vikings halted a nine game losing streak, beating Forest City 6-5 following losses earlier in the week to Newman, Belmond and Britt. The Vikings, who have handed the Indians their only two losses of the season, knocked Forest City out of sole possession of the NIC lead into a second place tie with Britt, both owning 6-2 records behind 7-2 Belmond.

Mr. and Mrs. Joseph Heinzen of Highmore, S.D., announce the engagement of their daughter, Lois, to Kenneth Brunsvold, son of Mr. and Mrs. Selmer Brunsvold of Kensett. Miss Heinzen is presently teaching in Bloomington, Minnesota, and Mr. Brunsvold is employed as an urban planner for the city of Minneapolis. An August 12 wedding is being planned.

25 years ago

July 2, 1997

City worker Blair Madden hosed down the Swensrud Park gazebo with a power washer as part of the Northwood public works crew's intensive preparation for Northwood's annual 4th of July festivities.

Marty Hopperstad, infant son of Jay and Robin Hopperstad of Northwood, won the junior division of the 1997 Worth County baby contest. Hopperstad was also judged to have the sweetest smile among the 6-12 month olds.

Nicole Backhaus, daughter of Norman and Marlene Backhaus of Manly, and member of the Danville Dandy Thrifters 4-H Club, was chosen to represent Worth County at the Iowa State Fair Clothing Selection event to be held in Des Moines in August. Nicole is a spring graduate of North Central High School, was active in sports and was their 1997 North Iowa Band Festival queen candidate. She is a long time 4-H club member of the Worth County Teen Council.

Nathaniel Julseth won a purple ribbon with his pen of three at the Worth County Fair junior sheep show.

Ames Estes exhibited the champion pen of three, champion and reserve champion gilt and the reserve champion derby pig at the Worth County Fair junior swine show.

Jake Urbatsch exhibited the champion feeder lamb, the champion pen of three, the champion lamb carcass and won the champion intermediate showmanship award at the Worth county Fair junior sheep show.

Fourteen-year-old Mike Liddle shows off the 1 pound, 3 ounce bluegill he caught in the north pit at Kuennen's Quarry. Mike, the son of Ken Liddle of Northwood, caught the 11 inch long, 6 inch deep, 2 inch thick sunfish on a night crawler.

10 years ago

July 4, 2012

Worth County Conservation Director Dean Mueller helps transfer swans to their new home at the Worth County Lake.

Worth County Democrats gathered in the garden patio at North Star Express on June 22, to meet candidates and the officials from the Iowa Democratic Party. During the meeting U.S. Representative Bruce Braley showed up to express his feelings about the work he has done in the U.S. House. Other visitors were Sue Dvorsky, Iowa Democratic Chairman, Iowa Representative Bob Dvorsky and candidates Eric Hungerford, for Iowa House Representatives for District 51 and Mary Jo Wilhelm, candidate for Senator.

Wartburg College awarded diplomas to 366 students during Spring commencement on May 27. The May graduates included Katie Braun, daughter of Keith and Sue Braun of Northwood, who received a B.A. in business administration with concentrations in marketing and management.

The summer baseball and softball season is coming to an end, although hopefully not as soon as in the past. The baseball team now stands at 3-17 overall and will wrap up the regular season at North Butler, followed with a first round tournament game in Northwood versus CAL. The Lady Vikings closed out the regular season with three straight losses and finished with a 9-15 overall record. The gals started tournament play with a game against West Fork in Northwood.

In memory of the late Allan Bratrud, the Northwood Anchor presented a book, "Unbroken, a World War II Story of Survival, Resilience and Redemption," by Lauren Hillenbrand, to the Kensett Library. The book was accepted by librarian Barb Luckason and presented by Lloyd Madson of the Northwood Anchor.

Northwood Anchor Obituaries

Gloria Floy

Gloria Joan Floy, 83, of Phoenix, Arizona, died on Wednesday, June 28, 2022, at Honor Health Shea Medical Center in Scottsdale, Arizona.

Gloria was born on March 8, 1939, at home near Garner, Iowa, the oldest daughter of Harvey and Leona (Johnson) Folkerts. She graduated from Carpenter High School in 1956.

She was united in marriage to Wayne E. Love and to this marriage were born six children.

On April 17, 1982, she was united in marriage to Hanford Floy at the Little Brown Church in Nashua. They made their home in Thornton, Iowa. After his passing in 1997, Gloria moved to Phoenix, Arizona. She was a stay-at-home mother for many years before working jobs at Sperry-Univac, Clear Lake, Kum & Go, Clear Lake, and



GLORIA FLOY

Phoenix Children's Hospital, Phoenix, Arizona, until her retirement.

Gloria enjoyed going out to eat to try different restaurants, watching NASCAR races, NFL football and NBA basketball. She also enjoyed watching her grandchildren Gianna and Jalen perform in their many theater performances.

Gloria is survived by her children, Daryl (Wanda) Love, of Northwood, Iowa, Danny (Connie) Love, of Mesa, Ariz., Dennis Love of Meservey, Iowa, Diane Love of Phoenix, Ariz., Dixie Love, of Phoenix, Ariz., and Debra Love of Phoenix, Ariz.; sisters, Phyllis Abrahams of Northwood, Iowa, Janice Sheffler and husband, Roger of Fort Madison, Iowa, and LeAnn Berven of Temple, Texas; as well as several grandchildren, great-grandchildren, nieces and nephews.

She was preceded in death by her parents; husband, Hanford; brothers-in-law, David Abrahams and Larry Berven; nephew Kevin Abrahams; and granddaughter, Brandy Percy.

A small private family ceremony will be held at a later date. In lieu of flowers or memorials to the family, please honor Gloria with a gift in her name to Phoenix Children's Hospital or to a charity of your choice.

IDALS lifts order cancelling live bird exhibitions due to bird flu

Shortly before the Worth County Fair, and its poultry show and visiting birds of paradise, the Iowa Department of Agriculture and Land Stewardship announced that the March 23 order cancelling all live bird exhibitions at fairs and other gatherings of birds due to highly pathogenic avian influenza (HPAI) had been lifted. It had been 30 days since the USDA has confirmed a new infection of HPAI in domestic poultry in the state of Iowa.

"[The] announcement is a welcome sign of continued progress in our state's efforts to effectively manage the outbreak of avian influenza and protect Iowa's poultry flocks," said Mike Naig, Iowa Secretary of Agriculture. "While efforts will continue to prevent additional virus spread, we are pleased to resume poultry sales and exhibitions; a step made possible by our ability to respond quickly from the start."

All poultry exhibitions and sales must be registered with the Iowa Department of Agriculture and Land Stewardship at least 30 days before the event. The application for registered poultry exhibitions and sales is available online.

About the Outbreak

HPAI, a highly contagious, viral disease affecting bird populations, has been confirmed at 19 poultry sites across the state, including 15 commercial sites and four backyard sites. HPAI can travel in wild birds without those birds appearing sick, but is often fatal to domestic bird populations, including chickens and turkeys.

Bird owners, whether commercial or backyard, should remain vigilant in their biosecurity practices preventing contact between their birds and wild birds and reporting sick birds or unusual deaths to state/federal officials. Biosecurity resources and best practices are available at iowaagriculture.gov/biosecurity. If producers suspect signs of HPAI in their flocks, they should contact their veterinarian immediately. Possible cases must also be reported to the Iowa Department of Agriculture and Land Stewardship at (515) 281-5305.

For updates on this developing situation, please visit https://iowaagriculture.gov/animal-industry-bureau/avian-influenza.

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Notice

WORTH COUNTY
ORDINANCE 2022.06.27

AN ORDINANCE REGULATING THE CONSTRUCTION AND OPERATION OF COMMERCIAL WIND ENERGY CONVERSION SYSTEMS IN WORTH COUNTY, IOWA.

THIS IS AN ORDINANCE THAT SETS FORTH THE PERMIT PROCESS FOR COMMERCIAL WIND ENERGY PROJECTS AND PROVIDES THAT THE APPROVAL OF THE WORTH COUNTY BOARD OF SUPERVISORS IS REQUIRED FOR A PERMIT TO BE ISSUED.

THIS ORDINANCE PROVIDES FOR A PERMITTING PROCESS WITHIN THE UNINCORPORATED AREAS OF WORTH COUNTY, IOWA. THE ORDINANCE CONTAINS DEFINITIONS OF TERMS, SIDING AND DESIGN PATTERNS INCLUDING SETBACKS, AIRPORT SETBACKS, AND OTHER STANDARDS AS WELL AS WAIVERS.

IT PROVIDES FOR A NOTICE OF INTENT TO CONSTRUCT A WIND ENERGY PROJECT. FOR A PERMIT APPLICATION AND REVIEW PROCESS INCLUDING APPLICATION, PUBLIC NOTICE, COUNTY REVIEW, PUBLIC HEARING, AND FINAL PLAN SUBMISSION. THERE IS A SECTION ON THE REVIEW AND APPROVAL PROCESS WHICH PROVIDES STANDARDS FOR APPROVAL, A FINAL DECISION, AND MODIFICATIONS AFTER APPROVAL. SECTION FIVE PROVIDES FOR THE AVOIDANCE AND MITIGATION TO PUBLIC INFRASTRUCTURE INCLUDING GPS TRACKING, ROADS, DRAINAGE SYSTEMS, POST COMPLETION SURVEY, AND DAMAGES. SECTION SIX PROVIDES FOR OPERATIONAL MAINTENANCE AND ISSUE RESOLUTION WHICH ALSO INCLUDES NOISE COMPLAINT RESOLUTION AS WELL OPERATIONAL UPGRADES TO INSTALLED C-WECS. SECTION SEVEN PROVIDES FOR DISCONTINUANCE/DECOMMISSIONING. SECTION EIGHT PROVIDES FOR ANCILLARY AGREEMENTS PROCEDURES. SECTION NINE PROVIDES FOR TRANSFERABILITY OF A CWECS PERMIT. SECTION TEN PROVIDES FOR THE MISCELLANEOUS INCLUDING CONDEMNATION WAIVER, COUNTY RECOVERY OF LEGAL FEE, SEVERABILITY CLAUSE, REPEALER AND DATE OF EFFECT WHICH IS OF JUNE 27, 2022 BY PASSAGE OF TWO OF THE THREE WORTH COUNTY BOARD OF SUPERVISORS AND PASSAGE OF A WAIVER OF THE SECOND AND THIRD READINGS ALSO BY TWO OF THREE WORTH COUNTY BOARD OF SUPERVISORS.

THE FULL TEXT OF THE ORDINANCE IS AVAILABLE ON THE WORTH COUNTY WEBSITE AND IS FURTHER AVAILABLE FOR REVIEW AND OR COPY AT THE WORTH COUNTY AUDITOR'S OFFICE, 1000 CENTRAL AVENUE, NORTHWOOD, IA 50459.

JACKI A. BACKHAUS,
WORTH COUNTY AUDITOR
1000 CENTRAL AVE,
NORTHWOOD, IA

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY

PROBATE NO. ESPR009326
NOTICE OF ADMINISTRATION OF ESTATE, OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

IN THE ESTATE OF BONNIE STANTON, DECEASED.

To All Persons Interested in the Estate of Bonnie Stanton, deceased, who died on or about the 13th day of February, 2022.

You are hereby notified that on the 27th day of June 2022, Shannon Gomez was appointed Administrator of the Estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 30th day of June, 2022.

Shannon Gomez
188 Family Ranch Drive
Brooksville, FL 33801
Administrator of the Estate

Jeremy J. Gray
Newman Thompson & Gray, PC
36131 Highway 69
Forest City, IA 50436
Attorney for Administrator

Date of second publication 13th day of July, 2022.

27-2t

Supervisors

June 27, 2022
Twenty-sixth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, Enos Loberg and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Loberg/Second Stone to approve today's agenda and minutes from June 20, 2022 meeting. Motion carried.

Motion Stone/Second Loberg to approve request for closure of Airport Blacktop for F.A.S.T. (Ford A Speed Technology) event on September 10, 2022 as requested by Arlen Throne, organizer. Motion carried.

Motion Stone/Second Loberg to approve claims in the amount of $68,402.72, as per the following schedule. Motion carried.

A.H. Hermel Vending & Foodservice, Supplies-Shf 35.62
Advanced Drainage Sys Inc Supplies-Eng 366.37
Albert Lea Seed House Inc Supplies-Con 652.00
Alliant Energy Service-Gsr 5,338.39
Amazon Capital Services Supplies 63.96
Austin Office Products Supplies-Shf 23.35
Brian Lund, Reserve-Shf 1.00
Care Connections Of Northern Iowa, Service-Mha 17,364.20
Central Ia Tourism Region Dues-Ndp 400.00
Centurylink, Service-911 ..... 70.81
Culligan Of Mason City Service-Trs 31.45
D & L Equipment Supplies-Con 174.56
Dci-Sor, Edu-Shf 150.00
District Ii Treasurer Edu-Trs 30.00
Floyd & Leonard Auto Elec Inc Supplies-Con 28.49
Hogan Bremer Moore Col Chapels Service-Soc 1,745.00
Jacki Backhaus Reimb-Aud 694.39
Jeff Greve, Reimb-Aty 214.85
Jesse Luther, Mileage-Shf 119.94
Joel Rohne Mileage-It/Gis 202.41
John Deere Financial Supplies 1,636.36
Justin Bruns, Reserve-Shf 201.00
Knudtson Automotive Service Service-Shf 111.41
Kris Hearn, Reserve-Shf 401.00
Lake Mills Pump Service Service-Wat 386.00
Marco Technologies Llc Service-Dap 85.12
Mediacom, Service-Gsr 274.90
Michael Logeman Reserve-Shf 201.00
Midwest Duct Works Service-Gsr 10,345.00
Neapolitan Labs Llc Service-Dap 7,500.00
Northwood Sanitation Llc Service-Eng 150.00
Peterson Contractors Inc Service-Eng 4,187.88
Pitney Bowes Global Service-Dap 402.99
Plunkett's Pest Control Inc Service-Gsr 91.94
Reinhart Food Service Llc Supplies-Shf 300.32
Scott Butler, Reserve-Shf 1.00
Scp, Service-Eng 610.00
Staples Credit Plan Supplies 33.96
Tapco, Supplies-Eng 948.49
Teresa Olson, Reimb-Rec 382.75
U S Postal Service Postage-Aud 166.00
Val Paulson Reimb-Aud 110.11
Verizon Wireless Service-It/Gis 198.32
Visa, Service-Phd 2,745.61
Worth County Engineer Fuel-Shf 9,223.77
Wyatt Quam Reserve-Shf 1.00
Grand Total 68,402.72

Motion Stone/Second Loberg to approve payroll eligibility verification for John Coyle at $24.48/hour as submitted by secondary roads. Motion carried.

Motion Stone/Second Loberg to approve the Class C Liquor License for Lanterns and Lace. Motion carried.

Motion Loberg/Second Stone to approve the Iowa Retail Permit Application for Cigarette/Tobacco/Nicotine/Vapor for Diamond Jo Casino and The Jo Stop. Motion carried.

Motion Stone/Second Loberg to approve Resolution 2022.06.27. Roll call: Stone – Aye, Loberg – Aye, Smeby – Aye. Motion carried.

RESOLUTION #2022.06.27
FISCAL YEAR 2022/2023
BUDGET APPROPRIATIONS

WHEREAS, IT IS DESIRED TO MAKE APPROPRIATIONS FOR EACH OF THE DIFFERENT OFFICERS AND DEPARTMENTS FOR THE FISCAL YEAR BEGINNING July 2022, IN ACCORDANCE WITH SECTION 331.434, Subsection 6, Code of Iowa,

NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of Worth County, Iowa, as follows:

SECTION 1. The amounts itemized by fund and by department or office are hereby appropriated from the resources of each fund as follows:

Board of Supervisors $187,454
Auditor $346,244
Treasurer $316,745
Attorney $203,267
Sheriff $2,021,587
Sheriff-NWD $374,049
Recorder $226,490
Nurse $694,392
Homemaker Aide Service $220,628
Capital Projects $50,000
Chemical Dependency .. $3,500
Engineer $5,815,742
Veterans Affairs $53,256
Conservation $620,849
Domestic/Apiary $300
Environmental Health $69,800
Medical Examiner $36,000
Disaster Service Emergency $81,547
Court Administration .. $1,800
Emergency Medical Services $8,057
Criminal Services $3,200
Library $133,000
Juvenile Justice $25,000
Fairgrounds $32,000
Data Processing $575,400
Insurance $372,000
IT/GIS $141,112
General Services $187,242
Non-Departmental $2,345,873
Organizations $182,604
Planning & Zoning $32,722
Recycle Center $129,982
Social Services $38,600
Township Official $1,020
General Drainage $7,525
Transit $251,911
Grand Total $15,790,898

SECTION 2. Subject to the provisions of other county procedures and regulations, and applicable state law, the appropriations authorized under Section 1 shall constitute authorization for the department or officer listed to make expenditures or obligations from the itemized department effective July 1, 2022.

SECTION 3. In accordance with Section 331.437, Code of Iowa, no department or officer shall expend or contract to expend any money or incur any liability or enter into any contract which by its terms involves the expenditure of money for any purpose in excess of the amounts appropriated pursuant to this resolution.

SECTION 4. If at any time during the 2022-2023 budget year the auditor shall ascertain that the available resources of a department for that year will be less than said department's total appropriations, she shall immediately so inform the board and recommend appropriate corrective actions.

SECTION 5. The Auditor shall establish separate accounts for the appropriations authorized in Section 1, each of which account shall indicate the amount of the appropriation, the amounts charged thereto, and the unencumbered balance. The Auditor shall report the status of such accounts to the applicable departments and officers quarterly during the 2022-2023 budget year.

SECTION 6. All appropriations authorized pursuant to this resolution lapse at the close of business June 30, 2023.

The above and foregoing resolution was adopted by the Board of Supervisors in Worth County, Iowa, on June 27, 2022 by the following vote:

AYES: Smeby, Loberg, Stone, NAYES: None
ABSENT:
Mark Smeby, Chairperson
Enos Loberg, Vice-Chairperson
Aaron Stone, Supervisor
ATTEST: Jacki A. Backhaus, County Auditor

Motion Stone/Second Loberg to approve Resolution 2022.06.27.01. Roll call: Stone – Aye, Loberg – Aye, Smeby – Aye. Motion carried.

2022.06.27.01
RESOLUTION FOR
FY2022/2023 INTERFUND
OPERATING TRANSFERS

WHEREAS, it is desired to authorize the Auditor to periodically transfer sums from the general basic fund and the rural basic fund to the secondary road fund , from the general basic fund to the emergency medical services fund during the 2022-2023 budget year, and

WHEREAS, said transfers must be made in accordance with Section 331.432, Code of Iowa,

NOW THEREFORE BE IT RESOLVED by the Board of Supervisors of Worth County Iowa, as follows:

The total maximum from the general basic fund to the secondary road fund for the fiscal year beginning July 1, 2022 shall not exceed the sum of $89,097; the total maximum from the rural basic fund to the secondary road fund for the fiscal year beginning July 1, 2022 shall not exceed the sum of $1,281,592; and the total maximum from the general basic fund to the emergency medical services fund for the fiscal year beginning July 1, 2022 shall not exceed the sum of $2,605.

Ayes: Smeby, Loberg, Stone
Nays: None
Mark Smeby, Chairperson
Attest: Jacki A. Backhaus, Auditor

Motion Loberg/Second Stone to approve approve and authorize the Chairperson to sign the Fiscal 2022/2023 Salary Resolution #2022.06.27.02 placed on file with the County Auditor. Roll call: Stone – Aye, Loberg – Aye, Smeby – Aye. Motion carried.

Motion Stone/Second Loberg to approve the Iowa Secretary of State HAVA Cybersecurity Grant Agreement. Motion carried.

Motion Stone/Second Loberg to approve the Contract Service Provider – Operations and Maintenance Agreement for the I-35/Hwy 105 Interchange Commercial District/Water and Wastewater Systems between Worth County and PeopleService, Inc. Motion carried.

Motion Stone/Second Loberg to approve Contract #2022.33 by and between Worth County and Central Iowa Tourism Region. Motion carried.

Chairperson Smeby recessed the regular session at 9:03 A.M.

Motion Stone/Second Loberg to open the Public Hearing regarding Ordinance Regulating the Construction and Operation of Wind Energy Conversion Systems at 9:03 A.M. Roll call: Loberg – Aye, Stone – Aye, Smeby – Aye. Motion carried.

Public comment was heard by Sue Loken.

Motion Loberg/Second Stone to close the Public Hearing regarding Ordinance Regulating the Construction and Operation of Wind Energy Conversion Systems at 9:05 A.M. Roll call: Loberg – Aye, Stone – Aye, Smeby – Aye. Motion carried.

Chairperson Smeby reconvened the regular session at 9:05 A.M.

Motion Stone/Second Loberg to waive the 2nd and 3rd readings of the Ordinance Regulating the Construction and Operation of Wind Energy Conversion Systems. Roll call: Loberg – Aye, Stone – Aye, Smeby – Nay. Motion carried.

Motion Stone/Second Loberg to adopt the Ordinance Regulating the Construction and Operation of Wind Energy Conversion Systems. Roll call: Loberg – Aye, Stone – Aye, Smeby – Nay. Motion carried.

Motion Stone/Second Loberg to adjourn at 9:07 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

City Council

The Council of the City of Northwood met in regular session at City Hall on 6/27/22 at 6 pm with Mayor Moehle presiding and the following council members present:

George-Zenz, Peterson, Nerlien, Reeder, Tenold.

Motion to approve the agenda. Unam.

Motion to approve the following under Consent Agenda: Council Meeting Minutes of June 13, 2022. Unam.

Following the Public Hearing there was a motion to approve Resolution No. 2206-114 Approve & Award Contract for Street Improvement Project to Heartland Asphalt, Inc. for $412,049.05. Unam.

Heard from citizens concerning cemetery plaques in the Sunset Rest Cemetery. The consensus of the Council was to keep the cemetery rules as is.

Motion to approve the Iowa Economic Development Authority Grant Agreement & the Development Agreement with John & Jane Podgorniak for residential apartments at 812-818 Central Avenue subject to approved project financing. Unam.

Motion to approve Resolution No. 2206-15 Providing for Notice of Hearing on Proposed Amendment to the Revitalization Plan for the Northwood Urban Revitalization Area. A public hearing will be held Monday July 25, 2022 at 6 pm. Unam.

Motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

PROFESSIONAL CARD
Business Announcements

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WORTH COUNTY
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Michael E. Dierenfeld, D.V.M.
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Home: 324-1147

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Northwood, IA 50459
641-324-1221

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Office 641-324-1023 Home 324-1391

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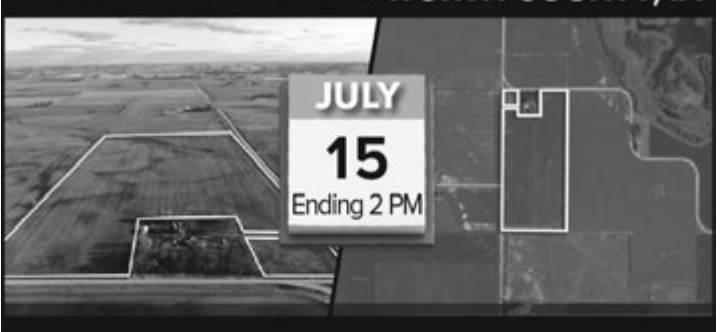
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- 70.99 +/- Tillable acres
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KALEB LEHMANN
MN, IA LANDPROZ AGENT
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kaleblehmann@landproz.com

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Broker Amy Willett – MO / Broker Tim Young – OH / Broker Andrew Fansler – IN

VIRTUAL ONLINE
Mitchell County, Iowa
LAND AUCTION
Thursday, July 28, 2022 at 10:00 AM



The Stromley farm is located in Section 16, Otranto Township, Mitchell County, Iowa. 7 miles northwest of St. Ansgar, Iowa or 30 miles northeast of Mason City, Iowa.

Make plans now for this upcoming Northern Iowa land auction. This diversified farm offers productive tillable farmland as well as awesome hunting and recreational acreage. To top it off this farm includes over a half-mile of Cedar River frontage featuring attractive watersport opportunities and several nice home or cabin building sites. We look forward to your participation in this upcoming Mitchell County, Iowa land auction.

Leora M. Stromley Farm
JAN ENERSON - SELLER

Attorney: Patrick J. Rourick | Patrick J. Rourick Law Firm
222 W 4th St, St Ansgar, IA 50472 | (641) 713-2440

Auction Managers:
Jim Huff (319) 931-9292 & John Probasco (641) 856-7355

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2018 Nissan Rogue S, 82k	$17,900
2018 Dodge Grand Caravan SXT, 116k	$15,900
2016 Ford Explorer XLT, 91k	$19,900
2016 Dodge Grand Caravan, 91k	$16,900
2014 Honda Pilot LE, 105k	$16,900
2014 Jeep Patriot Latitude 4WD, 71k	$13,900
2014 Dodge Grand Caravan, 123k	$11,900
2014 Ram Cargo Caravan, 129k	$9,995
2013 Chevy 1500 Crew Cab LT, 140k	$18,900
2013 Buick Encore AWD, 100k	$14,900
2013 Honda Ridgeline RTL 4WD, 195k	$13,900
2013 Toyota Sienna LTD, 174k	$10,900
2013 Ford Edge AWD, 184k	$7,995
2012 Nissan Rogue SL, 87k	$11,900
2012 Chevy Impala LTZ, 94k	$10,900
2011 Honda Pilot EXL, 112k	$15,900
2010 Honda CRV EXL, 152k	$10,900
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2006 Honda CRV, 165k	$7,995

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NFPA encourages swimmers and boaters to know the risks of electric shock drowning

With summer here and the July 4th holiday weekend just around the corner, the National Fire Protection Association® (NFPA®) is reminding people about potential electrical hazards that exist in swimming pools and hot tubs, onboard boats, on docks and piers, and in waters surrounding boats, marinas, and launch ramps.

While most people are unaware of electrical dangers posed in water environments such as electric shock drowning (ESD), each year people are injured or killed from these hazards. ESD can occur when improperly installed or maintained electrical systems within marinas or boat electrical systems result in electrical current in the water, which can then pass through a person's body, causing a level of paralysis that can ultimately cause serious injury or drowning.

"Continued education about the presence of electrical hazards in water can help reduce the risk of electric shock drowning from happening in pools and waterways," said Lorraine Carli, NFPA's vice president of Outreach & Advocacy. "Have a qualified electrician inspect your boat, swimming pool equipment, hot tub, and spa before engaging in any water activities, and make sure they are regularly maintained to ensure all life-saving measures and protection systems are functioning properly."



Following are tips for swimmers, and pool and boat owners:

Swimmers

Never swim near a marina, dock, or boatyard.

While in a pool or hot tub look out for underwater lights that are not working properly, flicker, or work intermittently.

If you feel a tingling sensation while in a pool, immediately stop swimming in the direction you are heading. Try and swim in a direction where you had not felt the tingling. Exit the water as quickly as possible; avoid using metal ladders or rails. Touching metal may increase the risk of shock.

Pool owners

If you are putting in a new pool or hot tub, be sure the wiring is performed by an electrician experienced in the special safety requirements for these types of installations and that the completed work is inspected by the authority having jurisdiction (AHJ).

Have a qualified electrician periodically inspect and — where necessary — replace or upgrade the electrical devices or equipment that keep your pool or hot tub electrically safe. Have the electrician show you how to turn off all power in case of an emergency.

If there are overhead electrical lines, make sure they have proper clearance over the pool and other structures, such as a diving board. If you have any doubts, contact a qualified electrician or your local utility company to make sure power lines are a safe distance away.

Boat owners

Avoid entering the water when launching or loading a boat. These areas can contain stray electrical currents in the water, possibly leading to electric shock drowning or injury from shock, including death.

Each year, have the boat's electrical system inspected by a qualified marine electrician to be sure it meets the required codes of your area, including those set by the American Boat & Yacht Council. Make the necessary repairs, if recommended. Follow the same steps after any major storm that affects the boat.

Check with the marina owner to let you know if the marina's electrical system has recently been inspected to meet the required codes of your area, including the National Electrical Code® (NEC®).

Have ground fault circuit protection (GFCI and GFPE) installed on circuits supplying the boat; use only portable GFCIs or shore power cords (including "Y" adapters) that bear the proper listing mark for marine applications when using electricity near water. Test GFCIs monthly.

NEVER modify the electrical system on a boat or shore power to make something work. The code-required safety mechanisms in place are intended to alert people if something is wrong with the boat and with shore power. Find a licensed, qualified professional to help determine the cause of the problem.

NFPA has resources for swimmers, boat and pool owners, including videos, tip sheets, and checklists, that can be downloaded and shared. Please visit www.nfpa.org/watersafety.

Secretary Pate decreases filing fees for Iowa businesses

Iowa Secretary of State Paul Pate announces the cost of fees for businesses filing with his office will be reduced, beginning July 1. Uniform Commercial Code filings will be cut in half and Biennial Report fees for most entities will be reduced by $15.

A Technology Modernization Fund was established in 2017 to help the Secretary of State upgrade systems to enhance services the state provides to businesses. The fund included an adjustment in some filing fees for users. Now that the five-year fee adjustment has ended, the fees that are under the control of the Secretary of State will be significantly reduced.

"The fund allowed us to provide Iowa's business community with the service it deserves," Secretary Pate said. "We were able to launch the Fast Track Filing system in 2018. It greatly enhanced the speed and efficiency of the filing process. I promised Iowans that following the five-year period with adjusted fees, they would sunset and return to the levels they were at in 2017. On July 1, that is exactly what will happen."

For many Iowans who conduct business with the Iowa Secretary of State, Fast Track Filing was a godsend. Clients of law firms were elated with the speedy processing time. Firms located outside the Des Moines area no longer had to use a delivery service and the added risk of missing an important deadline. It was all at their fingertips. The online system allowed entrepreneurs to launch their businesses faster, enabled business owners to focus on their goals sooner, and saved them time and valuable resources.

Iowa has set a record for most new business filings in state history every year since Secretary Pate returned to office in 2015, with the exception of Fiscal Year 2020, when the COVID pandemic began. Despite the increased volume, including more than 33,000 new business entities in Fiscal Year 2021, the processing time is quicker than ever.

During Fiscal Year 2021, approximately 181,000 filings were completed using the Fast Track Filing system, accounting for 89% of all business filings completed with my office.

"I promised, when I ran for Secretary of State in 2014, to make conducting business with state government easier. I delivered. I promised to enhance our technology and return business filing fees to previous levels at the end of five years. At the end of this fiscal year, I will deliver. I promise to keep finding innovative ways to serve you. Promises made, promises kept," Secretary Pate said.

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Vikings go winless on the year but look to be spoilers in the playoffs

By Mike Simmons
Sports Editor

Northwood-Kensett's first year baseball head coach Brian Fausnaugh said earlier in the season that despite the young team he had at his disposal, all he wanted was to be a team at the end of the year that no one wanted to play come tournament time. I would say, mission accomplished.

The Vikings ended the regular season last week with a disappointing 0-20 record and finished the Top of Iowa Conference East schedule with an 0-16 mark, posting their worst record since 2010-11 when the team finished with just one win at 1-15.

But on a team that lost seven seniors from last year's squad and this season boasts just three seniors, one eighth grader and three freshmen, the wins were there for the taking at times, if not for just a little more experience.

Of the team's 20 losses, five of those losses were by five runs or less, and four of those games were decided by just one run. With more experience, those games go in the win column and this team would be looking at a five- or six-win season instead of 0-20.

The Vikings dropped four more games last week to wrap up the regular season, falling to Central Springs twice, Lake Mills and their first-round tournament opponent, Saint Ansgar in the regular season finale last Wednesday.

N-K played a doubleheader against Central Springs last Monday evening and lost both games by a combined score of 24-4.

In the first game of the night, N-K junior Nolan Senne drove in the team's two runs in the top of the fourth with a two-run blast over the outfield fence, the first dinger of his career.

The Vikings managed three hits against CS pitching, including Even Lorenzen (1-2), Senne (1-2) and Bowen Behne (1-2). Senne also took the loss on the mound, working five innings with six earned runs allowed.

In game two of Monday's twin bill the Vikings had just one hit, a Brayden Reyerson single, but the team took advantage of five Panther errors to put two runs on the board in the 12-2 TIC East loss to their Worth County rival. Of the 12 runs CS scored, the Vikings gave up just five earned runs.

Last Tuesday the Vikings hosted non-conference rival Lake Mills and narrowly lost by just two runs, 7-5. Leading 4-0 in the top of the fifth the Vikings allowed five LM runs and then evened the score in the bottom half of the inning at 5-5 with just two innings left to play.

The Bulldogs pushed two more runs across the plate in the top of the seventh that proved to be the winning runs in the 7-5 loss for N-K. The Vikings took advantage of 10 walks by the Bulldog pitchers and collected five hits, including Hayden Moore (1-4), Lorenzen (1-4), Grady Buenzow (1-2) and Behne (2-3).

Senior Jace Gentz took the loss on the bump, going six complete innings with eight Ks and just one walk allowed. Gentz ends the regular season at 0-5 with 58 Ks, a 1.75 WHIP and a 3.74 ERA.

The Vikings faced Saint Ansgar last Wednesday night in the regular season finale and if not for the Saints' four run sixth, this 10-3 loss might have been much different.

The Saints are 24-3 against N-K since the 2009 season with the Vikings winning three in a row from 2018 to 2019.

The Vikings faced SA in last Friday night's class 1A substate 3 first round game in Saint Ansgar. Look for full playoff coverage in next week's Northwood Anchor.

TIC East Final Baseball Standings

TIC East		Overall
Newman Catholic	16-0	27-3
Osage	13-3	18-4
Saint Ansgar	12-4	18-10
Rockford	9-8	10-12
Nashua-Plainfield	8-8	10-13
Central Springs	7-9	10-13
North Butler	6-10	7-12
West Fork	2-14	2-17
Northwood-Kensett	0-16	0-20



N-K senior Hayden Moore lays down a bunt in last Monday's first game of a doubleheader against Central Springs. Moore batted just .196 on the year but led the team with 17 walks and was second on the team with a .397 on base percentage. The talented senior also led the team with 11 runs scored this season.



N-K junior Nolan Senne made his first start of the season last Monday evening in Northwood. Senne ended the regular season at 0-1 with the 12-2 loss to Central Springs and has a 2.63 WHIP heading into post season play.

Young but improving Lady Vikings end regular season at 0-20

By Mike Simmons
Sports Editor

The Northwood-Kensett softball team wrapped up its regular season schedule last Monday evening in Northwood with a doubleheader against class 2A's No. 1 ranked Panthers of Central Springs, resulting in two losses, 16-0 and 18-0, dropping the Lady Vikings to 0-20 on the year and 0-16 in the Top of Iowa Conference East.

N-K failed to get a hit in the first three inning game of the night, a 16-0 loss, but it did do some other things nicely, like committing only two errors against a powerhouse like CS, ending the first game with a very respectable .833 fielding percentage.

In the second game, the Panthers pushed 12 runs across the plate in the first inning and added another six in the second, cruising easily to the three-inning conference win. Sophomore Kelsi Liddle went 1-1 for the Lady Vikings and collected the only hit off the Panthers pitching staff on the night.

Liddle led the team during the regular season with a .280 batting average and a .400 on base percentage. While in the field, looking for other stats to build on for next season, Jasmine Renteria led the team with a .927 fielding percentage, committing only three errors in 41 chances.

In the circle for the Lady Vikings, Kennedy Christianson went 0-14 in 31.1 innings pitched, while Addy Tasker went 0-1 and Macy Thorson posted an 0-2 record.

The 0-20 record for this year's team is the worst since 2009-10 when a team that wasn't quite as young went 2-13 on the year.

The Lady Vikings played in the region 4 regional last Friday in Ackley, where they faced AGWSR, who with a win on the final day of the regular season, improved its record to 3-24.

Look for complete playoff coverage in next week's Northwood Anchor.

TIC East Standings

TIC East		Overall
Central Springs	15-0	27-1
West Fork	12-3	17-3
Osage	10-5	20-5
Newman Catholic	9-6	21-9
Saint Ansgar	9-7	19-8
North Butler	7-8	10-13
Nashua-Plainfield	4-12	4-22
Rockford	3-12	6-15
Northwood-Kensett	0-16	0-20



Lady Vikings first year head coach Brett Schmidt talks game strategy with pitcher Kennedy Christianson and catcher Kelsi Liddle in last Monday's loss to Central Springs.



N-K left fielder Jessika Ausborn makes a play on a flyball in last Monday night's doubleheader with TIC East foe Central Springs. Ausborn, just a freshman, posted a .562 fielding percentage this season for the 0-20 Lady Vikings.

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