The Northwood Anchor

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Briefs

Triathlon set for Saturday

This Saturday, July 23, will see a number of swimmers, bikers and runners traveling through Northwood as they take part in the second "Bring in the Backup" Triathlon will return to the area on Saturday, July 23.

The event is held to support, or "back up" the community's First Responders, with funds raised going to support several non-profit causes, as well as the Worth County Sheriff's Office and the Northwood Volunteer Fire Company.

The event includes a three stage race involving swimming for 150 meters, riding a bike for 10.4 miles and then running a 5K.

The triathlon begins at the Northwood swimming pool at 9 a.m. on July 23, followed by a bike ride outside of town and back before the run portion.

Those taking part can do so as individuals or as part of a 2-3 person relay. There are also options to take part in the aquabike (swim and bike ride) or a duathlon (a one mile run before the bike ride and 5K).

Registration for the event is currently underway.

Those interested may find more information by searching for Northwood Iowa Triathlon online.



MELISSA MORETZ

Moretz named an Iowa Young Farmer Leader

Melissa Moretz was recently selected for a unique recognition for her leadership in ag education and advocacy in her community and beyond.

Worth County's Melissa Moretz, along with Tanner Brass of Franklin County and Clark Dolch of Adair County have been selected as recipients of the 2022 Iowa Farm Bureau Federation's (IFBF) Young Farmer Leadership Award.

This award, created in honor of former IFBF President Bob Joslin, recognizes outstanding farming members under the age of 35 who contribute to their communities and demonstrate leadership within their county Farm Bureau. While Brass, Dolch and Moretz all hold off-farm jobs, they still find time for family, farming and giving back. As part of the award, honorees each receive a $2,000 grant to give to a local nonprofit of their choice.

Through her involvement with her county Farm Bureau, Mason City Chamber Ag Committee, Ag Learning Center Committee and as vice president of the North Central Iowa Ag in the Classroom, Melissa

Moretz, see Page 2

County continues look at new security system

Worth County is currently considering options for a new system for door and surveillance equipment.

Discussion continued at a recent meeting of the board of supervisors.

The County is looking at a new system for electronic locks and video surveillance at the courthouse, treasurer office, jail and public health offices.

The locks would be opened with fobs. The fobs can be programmed to allow access to particular offices or remove access if lost.

New cameras would be added and older models would be replaced. The system would also allow remote viewing of the video surveillance.

The system would address existing security deficiencies and also help the County meet new standards for election equipment security.

The majority of the equipment could be transferred to a new courthouse if the County follows up on its previous plans to update County facilities.

Three bids for the project were received. The County plans to pursue a system that would cost $260,000. That includes 10 years of support.

Pandemic relief funds may be used to pay for the project, if the county committee reviewing the use of those funds approves.

Council looks at young cart violators, fireworks, can storage

Issues with underage golf cart drivers in the city may soon temporarily cost their families the ability to use the carts.

At the July 11 meeting of the Northwood city council, Worth County Sheriff Dan Fank shared his thoughts on issues and complaints of drivers too young to be allowed to operate the vehicles.

Fank said that technically, those driving carts have to have a valid license to drive a cart on city streets. However, he said that he didn't want to ticket or charge those young cart operators, as it could impact their ability to get a license later.

Instead, Fank suggested that it should be treated as a matter of parental responsibility. He suggested that, depending on the situation, the family's golf cart permit could be revoked for a year.

The Council agreed with Fank's suggestion. A committee of City officials is currently reviewing city code updates and planned to add the golf cart change to the list.

If updated as suggested, young drivers and their families would be warned before a golf cart permit is revoked.

Also discussed at the meeting were complaints heard about ongoing fireworks use in the city.

The City allows the use of fireworks on July 3 and July 4 only, from 6-11 p.m.

While that hasn't stopped some abusers, Fank said that overall, issues with fireworks have decreased since the city's rules were put in place.

Fank also said that the use of fireworks under set rules is better than the alternative of having people trying to sneak around to use them if they weren't allowed.

Council, see Page 2

N-K sets allergy policy, prepares for delayed VAC opening, looks at shared girls wrestling

At their June 21 meeting, the Northwood-Kensett Board of Education discussed a new nut allergy policy, plans for a delayed opening of the Viking Acitivity Center and heard details of the shared girls wrestling program.

When the new school year starts, N-K staff will be trained and operating under a policy designed to keep students with severe nut allergies safe. The district will also be asking families to keep the safety of the student in mind when food and treats come from home.

At the June 21 meeting, the board approved what was referred to as a nut allergy awareness policy, which stops short of a full on ban of nut products in the school.

The policy is designed to accommodate and protect an incoming student with an allergy severe enough that even the smallest traces of nuts, oils and related products could present serious health repercussions. It will be in effect primarily at the elementary building.

The N-K nutritional staff will work to avoid cooking with any nut based products. Elementary principal Brian Costello explained that the school will also be informing parents and encouraging them to avoid sending foods with nut products in their children's lunches.

In classrooms with students with allergies, no

N-K, see Page 2



The Week's WEATHER

by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. July 12	81	61	
Wed. July 13	79	63	
Thurs. July 14	84	61	
Fri. July 15	81	68	
Sat. July 16	79	63	
Sun. July 17	84	63	trac.
Mon. July 18	90	69	

Worth County launches new website

Worth County recently implemented a new website, designed to be easier to navigate and with better access to features and information.

"The old site worked well but this new site really helps cut down on the clutter and mouse clicks for people that are visiting our site. It will be much easier to find information than on the old site," said county IT director Joel Rohne.

The new website is provided through an Iowa based company, the same that has hosted the County's elections website.

The site allows individual departments to add and update their own content.

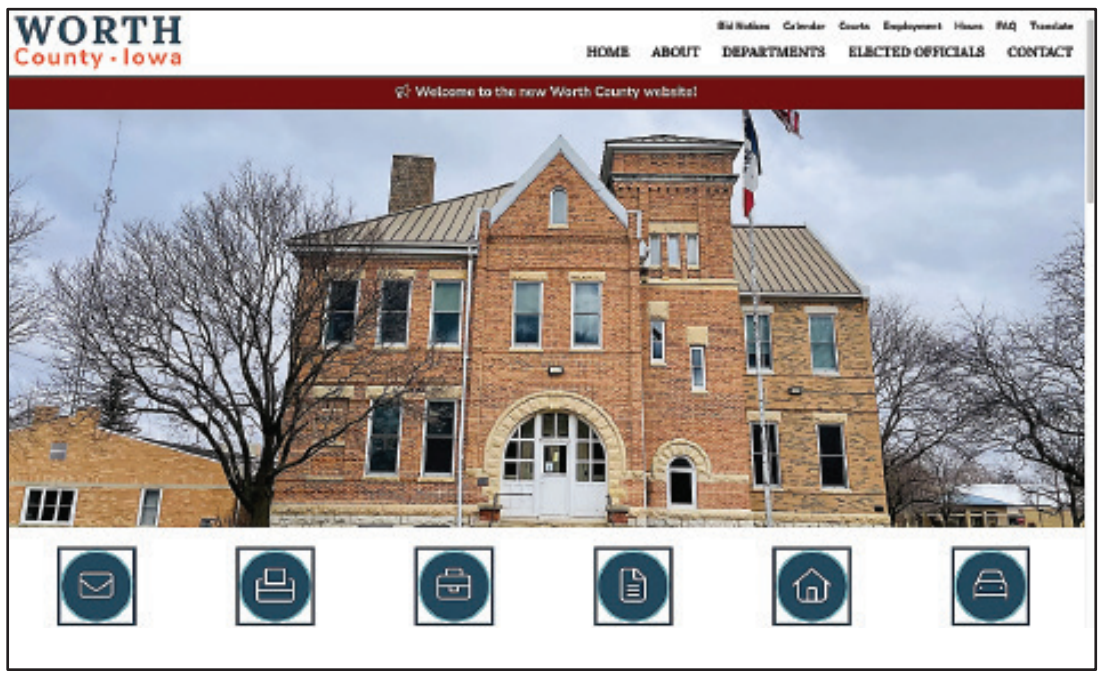
At the top of the page, either viewed as two rows of clickable links on computers and tablets, or by tapping on the bluish square in the right corner on mobile devices, are links to the more commonly used website resources, including bid notices, court information, employment listings, county office hours and answers to frequently asked questions.

Below that is the main navigation, with "About" providing access to a variety of information on the county boards and the communities and schools in the county.

The "Departments" menu connects to all the offices that are appointed in the County. The other departments can be found under the "Elected Officials" link, for all the offices of those elected to serve the county.

The "Contact" link provides access to each department's sites and emails for highlighted personnel in

Website, see Page 2



Vikings in action — See Sports Pages 9-10

Moretz
Cont. from Page 1

Moretz's commitment for agricultural education and advocacy is evident.

"With instant access to information, it is our responsibility as a farmer to share our story so consumers can gain confidence in what we are doing on the farm and why we do it," she said.

Moretz raises corn, soybeans, alfalfa, hogs and cattle on her family farm. She also works full time as a lending relationship officer.

Moretz chose the Central Springs AgEd Boosters to gift her grant money in their endeavor to create a new ag education program to cultivate the next agricultural leaders and innovators and Central Springs.

Seeds of Hope Foundation hits home for cattle farmer Clark Dolch who gave his grant money to this organization that supports young farm families facing long-term, life-threatening illnesses. His brother had leukemia in 2010 and has been in remission thanks to treatments. "I saw firsthand the struggles of keeping up with farm work while supporting someone during that fight," says Dolch.

Working as an ag loan officer, Dolch understands the financial hurdles young farmers face and aims to connect them with funding resources and programs to get more young people farming and living in rural communities. He has held several positions on the Adair County Farm Bureau board, holds a seat on many local community boards and previously served on the IFBF Young Farmer Advisory Committee. He is also known as "Farmer Clark" to the elementary school students who have had Dolch visit their classroom to teach about animal health.

To further the understanding of today's crop production and promote farm safety, Tanner Brass awarded his grant to his county fair's ag learning center. "I want to be sure that the general public and future generations are accurately informed of the importance of agriculture and those working in it daily," he says. Brass, a corn and soybean farmer, hopes to get a tractor cab simulator and showcase ag's innovation—a passion of his as a precision farming manager for Case IH and on his own farm.

He shares his family farm story through Farm Bureau activities, connecting with others at the county fair and posting photos and videos of his farm on social media. He was also featured in Case IH's "Built By Farmers" commercial that aired during the 2021 Super Bowl. Brass has long served on his county fair board, is active in his church and recently assisted with a campaign to raise money to remodel the local convention center.

Brass, Dolch and Moretz will be recognized at the 2022 IFBF annual meeting in December and will also receive an expense paid trip to either the 2023 American Farm Bureau annual convention or Young Farmer and Rancher Conference, an expense paid trip to the Iowa Farm Bureau Young Farmer Conference, a Choice Hotels certificate valued at $500 and a $1,500 award from GROWMARK.

Free farmland leasing meeting set for August 4 in Northwood



DENNIS JOHNSON



KELVIN LEIBOLD

Iowa State University Extension and Outreach in Worth County is hosting a free farmland leasing meeting on August 4 at 9:30 a.m. to address questions that landowners, tenants, or other interested individuals have about farmland leasing. Those wanting to participate virtually may join a teleconference call-in at no cost. They would simply make a phone call at 9:25 a.m. to 641-591-6903 and enter a participant code #971245 to join an Audio Conference where they would be able to listen to the Farmland Leasing program that is being presented by Farm Management Specialist, Kelvin Leibold. May call from home or cell phone to connect and listen to the talk.

The meeting will be held at the Worth County Extension Office Community Room located at 1206 Third Avenue North in Northwood at the Fairgrounds. Similar meetings are being held across Iowa. Other locations can be found by contacting the Worth County Extension Office or the ISU Extension and Outreach website at www.extension.iastate.edu/agdm/info/.

Attendees will gain an understanding of current cash rental rate surveys and factors driving next year's rents such as market trends. They will also learn about factors affecting land values and the results of farmland value surveys. A 100-page workbook can be purchased that includes land leasing information such as surveys, sample written lease agreement and termination forms, and many other publications.

"Due to changes in commodity markets and government programs farmland owners and tenants have challenging decisions to make, and this meeting provides information to stay up to date on farmland leasing issues," said Kelvin Leibold, ISU Extension and Outreach Farm and Ag Business Management Specialist. Leibold and Dennis Johnson, Worth County Extension Education Specialist will be hosting and presenting at the meeting.

More information is available by calling Dennis Johnson, Extension Education Specialist at the Worth County Extension and Outreach office at 641-324-1531 or emailing him at djohn@iastate.edu.

Worth and Winnebago County Women Land and Legacy meeting held on August 4

The Worth and Winnebago County Women Land and Legacy group will host a Farm Leasing and Farmland Value meeting on Thursday, August 4 at 6 p.m. at Ole's in Lake Mills.

The program will get underway at 5:15 p.m. with a meal and the featured speaker will be Kelvin Leibold, Iowa State University Extension Farm Management Specialist.

To pre-register for the meeting participants are asked to call Lacey Waller, Worth County Extension Office Manager or Dennis Johnson, Worth County Extension Education Specialist at 641-324-1531 in Northwood.

All North Iowa and Southern Minnesota Women in Agriculture are welcome to attend the free program and enjoy a free meal at 5:15 p.m.

N-K
Cont. from Page 1

homemade foods will be allowed, only commercially prepared and packaged items with ingredient labels.

No food or candy items will be allowed as a part of crafts or other school projects.

Any kind of re-used food containers will not be allowed in classrooms. That means no empty peanut butter jars or peanut containers for storage or projects.

The school nurse will be working with staff on what they need to know and what to do to keep students with allergies safe and how to respond when a severe reaction occurs.

The board heard information on the status of the Viking Activity Center and discussed potential staff discounts and rental policies.

Superintendent Mike Crozier informed the board that a few lingering changes and aspects of construction have pushed back the opening of the activity center until mid to late July.

While much of the weight and cardio equipment is in place, and in use by students, some additional padding was needed, and the gym floor was not expected to be installed until late June. Additional parking and road work was also incomplete at the time of the June 21 meeting.

While it was not yet open, board member Cindy Pangburn asked Crozier if any consideration had been given to offering a district employee discount.

Crozier said that while the district is operating the facility, funds were raised and the center made possible by community support. He also added that the center hadn't opened yet and they weren't sure how well used or supported it would be by the community. That and the potential maintenance costs left Crozier hesitant to look at the potential of reduced membership fees for N-K staff.

Board member Bradley Christianson suggested that some kind of savings may help convince some that were on the fence to join and put the facility to use. He also added that it could be a draw when the district is attempting to bring in new teachers to the district.

Crozier said he would look at the potential financial impact and continue the discussion at the next board meeting.

Also discussed was the availability and potential fee structure for the use of the VAC for youth sports practices, games and tournaments.

The VAC will have two full courts available, but not necessarily open to rent at all times.

The district has claimed one of the courts from 3:30-5:30 p.m. during the school year when N-K teams need them to practice.

The board also agreed with the suggestion that one court should always be open to paying VAC members.

When open, the courts would be available to youth sports with no fee for practices. There would be standard rental fees in place when tournaments are held.

Progress has continued and the upcoming wrestling season will include a shared girls wrestling team.

N-K will act as the host school. The team will also include student athletes from the Central Springs, Saint Ansgar, Lake Mills and Forest City school districts.

The current plan is for the girls to practice and train at their home schools and with home coaching staff most of the time, coming together at N-K for a team practice once a week.

Any expenses to transport to meets or shared practices will be split between the districts.

The team name will be the TIC North Central Trailblazers. Their colors will be black and orange.

It is currently expected that 20-30 girls will wrestle as Trailblazers.

Final details are expected to be in place in time for the board to officially approve N-K's involvement in the team at their board meeting in July.

In other business, the district sold the old bus barn to neighboring landowner Ivan Fredericks, of A&I Auto.

The school board also learned that the company providing a bus was asking the district to pay an additional $5,000-10,000 above the approved bid.

Superintendent Mike Crozier said the district was awaiting delivery of the bus and has since received notification that the bus supplier would be asking for the additional money before delivering the vehicle. That is despite the completed bid process earlier this year.

Members of the board said that was not acceptable and asked Crozier to consult with with the company and an attorney to see what their options were.

Council
Cont. from Page 1

The can donation areas under the downtown water tower were also discussed.

Several council members complained that the area was "a mess" and looked "horrible."

Council member Gary Nerlien noted that the City enforces city rules about trash in their yards and compared the can collection area to a similar situation, saying something has to be done.

Council members talked about options like building wooden or plastic containers or relocating the donation area. They planned to discuss options with the Northwood Volunteer Fire Company, as the donations are near their station and they also use one of the donation containers to pay for the annual fireworks display.

The other group who accepts donated cans there will also be contacted.

Website
Cont. from Page 1

each department.

Lower on the page are quick links for frequently requested information and frequently used website resources. That includes setting up notifications, the election website, job openings, minutes and agendas, a link to pay property taxes and access to renewing vehicle tags.

That is followed by information on upcoming events, news and announcements and a way to subscribe to the website, to stay informed when new information is added.

And for those that may want to more quickly find what they're looking for, without looking throughout the website and its sections, Rohne said that the site is very search friendly so that people can use a search bar like they would on websites like Google and they should be able to find what they're looking for with a few keywords.

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Citizens recognized for service to community

The annual Independence Day events once again included the recognition of two members of the community who dedicate their time to the good of their neighbors.

Teresa Stehn was recognized as Citizen of the Year by the Northwood Chamber of Commerce. Sue Sandera was chosen as the TUNE citizen of the year.

Following is more on the valuable citizens and their service.

By JoAnn Lower

"I love to volunteer," says Teresa Stehn. "I volunteer because I believe in it. Northwood is a small town, and I want our community to be a good place for everyone."

Stehn, Northwood's 2022 Citizen of the Year, wears many hats. She is the TUNE board secretary. She's a member of the Timbers Committee and fundraises for Relay For Life. She delivers Meals on Wheels and helps at the movie theater. She's on the 4th of July Committee and the Lighted Parade Committee in December. She is the person who moves the pigs around and organizes the Putt-Putt Party at the Worth County Fair. She has introduced a class called "I Met a Farmer Today" at the Kiddie Barn Learning Center that features a presentation by a different farmer every day.

Teresa also organizes a program called "Farm Bureau Ag in the Classroom," where she goes into the classroom to help educate kids about agriculture. "We make it fun for them, and they absorb it all."

"Agricultural education is needed tremendously in this day and age. There are so many kids and adults who are removed from the farm and don't know where their food comes from. We need to keep that in front of them so they understand."

Stehn teaches about animals, crops and conservation, as well as equipment safety, grain and electrical safety. Every fall she invites our firemen, rescue squad and the Mercy One helicopter to talk with the third graders from Northwood and Central Springs. "We send a little bit of education home with them every time we introduce this awesome program."

She teaches embryology in the classroom and conducts farm tours for kindergarteners and third graders. "They love it, and I get lots of questions. The third graders journal every day and either write a poem, make up a song or draw a picture. They get really involved and look forward to the grade when they can be a part of this."

Teresa is employed at Worth County Farm Bureau, her husband Rodney at Federal Foam in Northwood. The couple has three daughters: Danielle married to Andy Carter, Rachel married to Tim Davis and late daughter Cassidy, their "angel child." They are also blessed with three beautiful grandchildren: Clay, Harper and Beau.



Teresa Stehn '2022 Citizen of the Year'


Sue Sandera – '2022 TUNE's Volunteer of the Year'

"I love planting flowers," says Sue Sandera. "It's a humbling experience that brings me joy – joy that makes others happy."

Sue received TUNE's 2022 Volunteer of the Year Award for her dedication to maintaining and beautifying the courtyard at Maple Court for more than a decade.

"I have a special affinity for the Lutheran Retirement Home (LRH) and for Maple Court," she said. "My parents lived there for a while; my mom lived at the LRH for 4 1/2 years. After my husband Sandy died, I also lived for a time at Maple Court. The LRH is a wonderful facility. I've made good friends there, both residents and staff."

"When my parents were there, Dad loved to sit in the courtyard. When I lived there, I loved it and wanted to make it more beautiful." With a happy smile she added, "My passion is playing in the dirt."

Sue would like to thank TUNE and the people of Northwood as well as people who have shared bulbs and flowers with her. "I feel like Northwood and St. Ansgar are my home communities."

As we pause for a moment to take in the beauty of Maple Court's beautiful gardens we're reminded of Ralph Waldo Emerson's words, "The earth smiles in flowers."

Fireworks Taskforce helps close Fourth with a bang

Each year, the Fourth of July festivities are presented thanks to a dedicated crew of volunteers, including current and former fire fighters and members of the community.

This year's pyrotechnics showcase was the third year for the group, known as the Northwood Fireworks Taskforce.

For the 2022 fireworks, the crew spent an estimated 256 volunteer hours, starting on July 1 and continuing through July 5.

The taskforce's efforts once again paid off with one of the most entertaining displays yet.

It was all thanks to the crew consisting of Northwood Volunteer Fire Company members Brett Backhaus, Justin Peterson, Kenny Quam and Jacob Rodney, along with Stefan Grahn and JC Dawald, and new to the crew this year, Brandon Kilbourn and Dan Block.


Members of the Northwood Fireworks Taskforce pictured at the scene of the show's launch point are (from left) newcomers Brandon Kilbourn and Dan Block, along with fireworks veterans Stefan Grahn and NVFC members Kenny Quam, Justin Peterson and Jacob Rodney. Not pictured are other members of the fireworks crew JC Dawald and Brett Backhaus.

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Worth County Abstract

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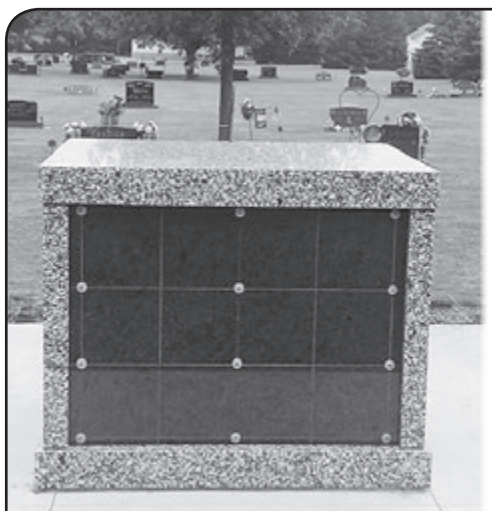
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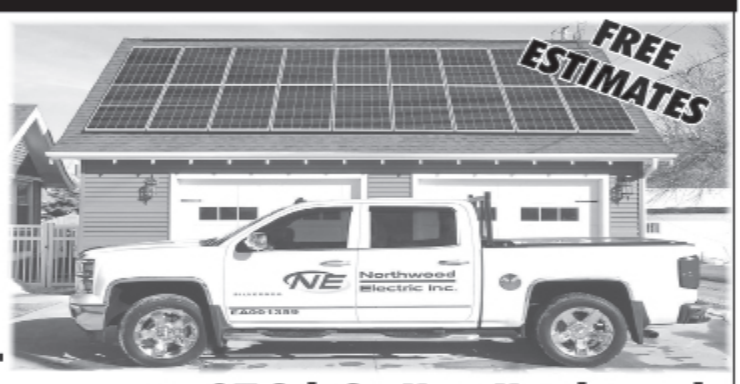
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Worth County 4-H Hall of Fame induction at Iowa State Fair on Aug. 21



PETER JULSETH

The Worth County 4-H will be inducting Peter Julseth into the Iowa State Fair 4-H Hall of Fame in Des Moines on Sunday, August 21, in the afternoon at 3 p.m.

Each year the Iowa State 4-H program recognizes 4-H volunteers from all of the counties in Iowa. Julseth has served as a long time leader of the Worth County 4-H Brookfield Boosters 4-H Club and Worth County 4-H Committee. Julseth has also served as the Worth County Extension Council Treasurer for several years and been an excellent volunteer serving the Worth County 4-H program.

More information is available by contacting Dennis Johnson, Worth County Extension Education Specialist at 641-324-1531 or at djohn@iastate.edu.



They're a shoe in

The Fourth of July weekend activities once again included a tournament to see who is the best shoe-slinger. Pictured above are the winners of the horse shoe tournament held in Swensrud Park, Greg Thompson (left) and Mike Brunsvold (right).

Riverland announces Dean's List for Spring semester

Riverland Community College has announced the students whose academic achievement placed them on the 2022 Spring dean's lists. Riverland congratulates Isaac Renteria and Ethan Thofson of Northwood for their outstanding academic accomplishments.

To be eligible for the dean's list students must have completed 12 credits per semester with letter grades and have earned a grade-point average of 3.25 to 3.99 on a 4.00 scale.

Conlin named to Dean's list at Drake

Ruth Conlin of Northwood has been named to the Deans' List at Drake University.

To be eligible for the Deans' List, students must have earned a GPA of 3.5 or higher during the Spring 2022 semester at Drake.

Efflandt named to Wartburg College Winter/May Term Dean's List

Isabella Efflandt of Northwood was named to the Wartburg College Winter/May Term Dean's List.

The college recognized 454 students for Winter/May Term honors.

The list honors students who earned a cumulative grade-point average of 3.5 or above in at least five course credits during the terms. Four of the five course credits have to be graded with a traditional letter grade.

Wartburg students take four courses during Winter Term, which runs from January through April, and one course during the one-month May Term.

ANNUAL MEETING

Stateline Cemetery Association

Monday, Aug. 1

Gregg & Sandy Olson Home*
107 5th Ave. N.
Northwood

Potluck Dinner
6 p.m.

Meeting to Follow Dinner

Anyone with interest in the cemetery is welcome to attend.

*This is a change from last year when it was at the Olson Room at the Public Library

The Northwood Volunteer Fire Company

Wishes to thank the businesses who donated prizes to make our raffle once again possible. We would also like to thank everyone who purchased tickets to keep it a success.

Winner	Donated by - Prize
ADA Enterprises	Mortenson Construction - Dewalt Tool
Carry Vanveldhuisen	Mortenson Construction - Dewalt Tool
Tom Stensrud	Northwood Country Club - 2x 9 hole green fees
Cassey Fossy	Northwood Country Club - 2x 9 hole green fees
Kayle Hauge	Northwood Country Club - 2x 9 hole green fees
Jerry Hopperstad	Northwood Country Club - 2x 9 hole green fees
Gene Vanveldhuisen	Northwood Country Club - 2x 9 hole green fees
Gene Foss	Olson Insurance/Worth Mutual Insurance - Fire extingusher
Randy Sime	Signatures Supper Club - $100 cert
Andi Huse	Signatures Supper Club - $100 cert
Andy Julseth	Signatures Supper Club - $50 cert
Brian Kenison	Signatures Supper Club - $50 cert
Kim Mulder	Signatures Supper Club - $50 cert
Josh Wallin	Signatures Supper Club - $50 cert
Sam Petznick	Signatures Supper Club - $50 cert
Larry Foley	Signatures Supper Club - $50 cert
Albert Ralph	Trustile - $50 Northwood Dollars
Maren Kisner	Trustile - $50 Northwood Dollars
Connor Harris	Trustile - $50 Northwood Dollars
Annette Overdahl	Trustile - $50 Northwood Dollars
Tanna Moretz	Trustile - $50 Northwood Dollars
Jesse Polkinghorn	Northwood Theatre - 4 Movie Passes
Andi Huse	Northwood Theatre - 4 Movie Passes
Jason Bachtle	Krotzer Property Management - $50 Northwood Dollars
Brian Kenison	Krotzer Property Management - $50 Northwood Dollars
Mike Reed	Falkstone/L.R. Falk Construction Company - Cooler & Shirt
Emily Eilertson	Farmers State Bank - $50 Northwood Dollars
Brian Fossy	Farmers State Bank - $50 Northwood Dollars
Chris Quam	ViaField - $100 Northwood Dollars
Kathy Hanson	ViaField - $100 Northwood Dollars
Madelyn Hanson	ViaField - $100 Northwood Dollars
Kayle Hauge	ViaField - $50 Northwood Dollars
Ellert	ViaField - $50 Northwood Dollars
Tanna Moretz	ViaField - $50 Northwood Dollars
Ryan Madsen	ViaField - $50 Northwood Dollars
Doreen Goodmanson	Ehrhardt Express - $25 Northwood Dollars
Donna Lockey	Ehrhardt Express - $25 Northwood Dollars
Chuck Hengesteg	Ehrhardt Express - $25 Northwood Dollars
ADA Enterprises	Ehrhardt Express - $25 Northwood Dollars
Jake Urbatsch	Fat Jill's Bakery - $25 Northwood Dollars
Bryan Fossy	Fat Jill's Bakery - $25 Northwood Dollars
Brandon Acevedo	Fat Jill's Bakery - $25 Northwood Dollars
Bill Schultz	Fat Jill's Bakery - $25 Northwood Dollars
Cassey Fossy	D&L Equip - Oregon Cordless Blower
Tanna Moretz	D&L Equip - Versatile Toy Tractor
Alyssa Jaspers	R-80 Northwood - $25 R80 Gift Cert
Amy Hunt	R-80 Northwood - $25 R80 Gift Cert
Sharon Shaub	R-80 Northwood - $50 R80 Gift Cert
Rob Patterson	R-80 Kensett - $25 R80 Gift Cert
Brian Schutz	R-80 Kensett - $25 R80 Gift Cert
Kirby Knudtson	R-80 Kensett - $50 R80 Gift Cert
Ken Stambaugh	Brett Backhaus/Wyffels Hybrids - $25 R80 Gift Cert
Brandon Acevedo	Brett Backhaus/Wyffels Hybrids - $25 R80 Gift Cert
Kirby Knudtson	Brett Backhaus/Wyffels Hybrids - Fat Jill Dozen Cupcakes
Susy Manmen	Beland Tree Service - $25 Northwood Dollars
Dan Tenold	Beland Tree Service - $25 Northwood Dollars
Cory Marsh	Northwood Anchor - 1 year subscription
Lucas Jorgenson	Northwood Anchor - 1 year subscription
Jen Willand	Northwood Anchor - 1 year subscription
Chris Ballentine	Northwood Anchor - 1 year subscription
Veda Waller	Kelly Hardware - $50 to True Value
Todd Leonard	Schroeder & Sites - $50 Northwood Dollars
Ashley Thompson	Schroeder & Sites - $50 Northwood Dollars
Jodi Porter	Schroeder & Sites - $50 Northwood Dollars
Kathy Hanson	Schroeder & Sites - $50 Northwood Dollars

Winner	Donated by - Prize
Cassey Fossy	Kenison Construction - $100 Northwood Dollars
Larry Foley	Kenison Construction - $50 Northwood Dollars
Doug Krull	Kenison Construction - $50 Northwood Dollars
Debbie Polkinghorn	Kenison Construction - $50 Northwood Dollars
John Duvall	Kenison Construction - $50 Northwood Dollars
Todd Leonard	Kenison Construction - $25 Northwood Dollars
Jeff Moretz	Kenison Construction - $25 Northwood Dollars
Dave Irons	Kenison Construction - $25 Northwood Dollars
Doug Jaspers	Kenison Construction - $25 Northwood Dollars
Judy Adams	Top Of Iowa - $100 Northwood Dollars
Gerald Bakken	Top Of Iowa - $100 Northwood Dollars
Theresa Zenz	Country Inn & Suites - 1 Night Stay
Sharon Shaub	Cold Snap Glenville MN - Gun Case & 2 Hook Removers
John Harper	Cold Snap Glenville MN - Gun Case & 2 Hook Removers
Dave Irons	Eilertson Repair - $25 Northwood Dollars
Jacob Katcher	Eilertson Repair - $25 Northwood Dollars
Jane Odegaard	Eilertson Repair - $25 Northwood Dollars
John Patterson	Eilertson Repair - $25 Northwood Dollars
Mike Rindl	Bachtle Lawn Care - $25 Northwood Dollars
Bernie VanV	Bachtle Lawn Care - $25 Northwood Dollars
Lonnie Low	Bachtle Lawn Care - $25 Northwood Dollars
Casy Dahlby	Bachtle Lawn Care - $25 Northwood Dollars
Kim Mulder	Xquisite - Hair product
Troy Bachtle	NSB - $50 Northwood Dollars
Renate Tenold	NSB - $50 Northwood Dollars
Tyler Bachtle	Judy House Of Beauty - $25 Northwood Dollars
Gene Vanveldhuisen	Welsh Chiropractic - $25 Northwood Dollars
Cory Marsh	Welsh Chiropractic - $25 Northwood Dollars
Jim Meland	Welsh Chiropractic - $25 Northwood Dollars
Adam Howland	Welsh Chiropractic - $25 Northwood Dollars
Kevin Springer	Trading Post - Bit Set, Hat, T-Shirt
Casey Dahlby	Federal Foam - $100 Northwood Dollars
Dennis Schipul	Federal Foam - $100 Northwood Dollars
Lonnie Low	Federal Foam - $100 Northwood Dollars
CK Christianson	Krull Law - $25 Northwood Dollars
Marilyn Nagle	Krull Law - $25 Northwood Dollars
Jonah Brandt	Ryan Hulshizer/Farm Bureau - $50 Northwood Dollars
Steve Brunsvold	Ryan Hulshizer/Farm Bureau - $50 Northwood Dollars
Mark Eilertson	Ryan Hulshizer/Farm Bureau - $25 Northwood Dollars
Isiah Hagen	Ryan Hulshizer/Farm Bureau - $25 Northwood Dollars
Daryl Berg	Ryan Hulshizer/Farm Bureau - $25 Northwood Dollars
Chad Mills	Ryan Hulshizer/Farm Bureau - $25 Northwood Dollars
Richard Patterson	Agri-Sales - $50 Northwood Dollars
Ryan Meincke	Agri-Sales - $50 Northwood Dollars
Dean Cowell	Worth Lumber - $50 Northwood Dollars
Larry Foley	Worth Lumber - $50 Northwood Dollars
Dustin Doty	Worth Lumber - $50 Northwood Dollars
Patty Irons	Kris Gordon/Realty One Black Diamond Group - $25 Northwood Dollars
Laurie Harris	Kris Gordon/Realty One Black Diamond Group - $25 Northwood Dollars
Sam Petznick	Kris Gordon/Realty One Black Diamond Group - $25 Northwood Dollars
Kory Olson	Kris Gordon/Realty One Black Diamond Group - $25 Northwood Dollars
Kris Gordon	Bean & Bistro - $25 Gift Cert
Sue Cowell	Fringe and Lace by Brittany - $25 Northwood Dollars
Bruce Bergo	ADA - Memorial Bench
Ann Stevens	A&I - Oil Change
Cassey Fossy	A&I - Oil Change
Jamie Luckason	Injection Technology Diesel Service - $25 Northwood Dollars
AJ Stone	Injection Technology Diesel Service - $25 Northwood Dollars
Sam Petznick	Corner Post - box beef patties
Marv Willand	Dewey Kruger Music Center - $25 Northwood Dollars
Robert Hall	Dewey Kruger Music Center - $25 Northwood Dollars

Winner	Donated by - Prize
Andy Grunhovd	Knutson Automotive - Oil Change/T-Shirt/Sweatshirt
Buzz Goodell	Knutson Automotive - Oil Change/T-Shirt/Sweatshirt
Brandon Acevedo	Carquest - Car Wash Supplies
Mary Christianson	Northwood Sanitation, LLC - $50 Northwood Dollars
Sheila Brown	Northwood Sanitation, LLC - $25 Northwood Dollars
Wendy Schulte	Nor - $25 Northwood Dollars
Deangelo Ferguson	Kibble - Basket O Goodies
Silas Waller	Jennifer Wahl/Northwood Chiropractic - $25 Massage Gift Card
Josh Wallin	Jennifer Wahl/Northwood Chiropractic - $25 Massage Gift Card
Doug Wallin	Jennifer Wahl/Northwood Chiropractic - $25 Massage Gift Card
Peter	Jennifer Wahl/Northwood Chiropractic - $25 Massage Gift Card
Randy Sime	Butler Construction - $50 Northwood Dollars
Alyssa Jaspers	Butler Construction - $50 Northwood Dollars
Jake Trainer	Butler Construction - $50 Northwood Dollars
Noah Ferley	Butler Construction - $50 Northwood Dollars
Bernie VanVeldhuizen	Butler Construction - $50 Northwood Dollars
Tanna Moretz	Strike Zone - $25 Cert
Cory Marsh	Strike Zone - $25 Cert
Mary Christianson	Strike Zone - 4 free games
Kim Mulder	Strike Zone - 4 free games
ADA Enterprises	Strike Zone - 4 free games
Greyson Klingner	Strike Zone - 4 free games
Laurie Harris	Strike Zone - 4 free games
Brad Brunsvold	Strike Zone - 4 free games
Ronda Wentworth	Springer Construction - $25 Northwood Dollars
Harrison Severson	Springer Construction - $25 Northwood Dollars
Fran Pixley	Springer Construction - $25 Northwood Dollars
Randy Sime	Springer Construction - $25 Northwood Dollars
Daniel Stevens	AJB Ent - $25 Northwood Dollars
Sam Petznick	AJB Ent - $25 Northwood Dollars
Brian Kenison	AJB Ent - $25 Northwood Dollars
Doug Meyer	AJB Ent - $25 Northwood Dollars
Amanda Olson	Shade Tree - $50 Gift Card
Aaron Carman	Shade Tree - $50 Gift Card
Kathy Hanson	Shade Tree - $25 Gift Card
Eric Nelson	Shade Tree - $25 Gift Card
Melissa Strand	Shade Tree - $25 Gift Card
Don Flatness	Shade Tree - $25 Gift Card
Pat Jaspers	Conner Colonial Chapel - $50 Northwood Dollars
Kerry Ihnen	Conner Colonial Chapel - $50 Northwood Dollars
Russ Meyer	Royal Motel - $20 Northwood Dollars
Doug Jaspers	Cotter & Co/Jolene Cotter - hair product
Mark willand	Northwood Dental - Tool Kit/Mugs
Emily Eilertson	Larsen Plumbing & Heating - $50 Northwood Dollars
Samantha Butler	Larsen Plumbing & Heating - $50 Northwood Dollars
Bradley Christianson	Larsen Plumbing & Heating - $50 Northwood Dollars
John Julseth	Tequilas - $25 Gift Certificate
Kathy Arnold	Tequilas - $25 Gift Certificate
Deangelo Ferguson	Tequilas - $25 Gift Certificate
Bradley Christianson	Worth Brewing Co - $10 Gift Cert
Theresa Zenz	Worth Brewing Co - $10 Gift Cert
Laurie Harris	Worth Brewing Co - $10 Gift Cert
Brian Waller	Worth Brewing Co - $10 Gift Cert
Randy Sime	Worth Brewing Co - $10 Gift Cert
Jeff Beland	Worth Brewing Co - $10 Gift Cert
Chris Quam	Worth Brewing Co - $10 Gift Cert
Tanya Wunderlich	Worth Brewing Co - $10 Gift Cert
Cody Tolzmann	Worth Brewing Co - $10 Gift Cert
Richard Patterson	Worth Brewing Co - $10 Gift Cert
Leah Ryerson	NVFC - Pork Loin
Todd Leonard	NVFC - Pork Loin
Shana Butler	NVFC - Pork Loin
Jen Willand	Northwood Electric - $25 Northwood Dollars
Michael Gordon	Northwood Electric - $25 Northwood Dollars

Prizes may be claimed at the Northwood Anchor Office during business hours starting on Wednesday, July 20

Children benefit from outdoor activity

Summer has arrived and that signals the time for more outdoor adventures as a family. Taking your children outdoors provides opportunities for exercise and learning and time to play and imagine, according to Barbara Dunn Swanson, a human sciences specialist with Iowa State University Extension and Outreach.

The American Academy of Pediatrics recommends 60 minutes of unstructured free play each day as an essential part of children's physical and mental health and social development.

"Play protects children's emotional development as well," said Dunn Swanson, who specializes in family wellbeing. "When children lack free time to play, when they're always kept busy or being hurried to stay on schedule, they can become stressed and anxious. The stress and anxiety may even contribute to depression for some children."

Engaging in more outdoor play increases children's physical activity and reduces aggressiveness. Outdoor activities for the family could include biking, hiking, fishing or swimming. Going to a park and riding the swings or climbing the outdoor structures are other ways to build strength and healthy bones, Dunn Swanson said.

Although school is out for the summer, outdoor play can include learning. In particular, nature play can increase critical thinking skills.

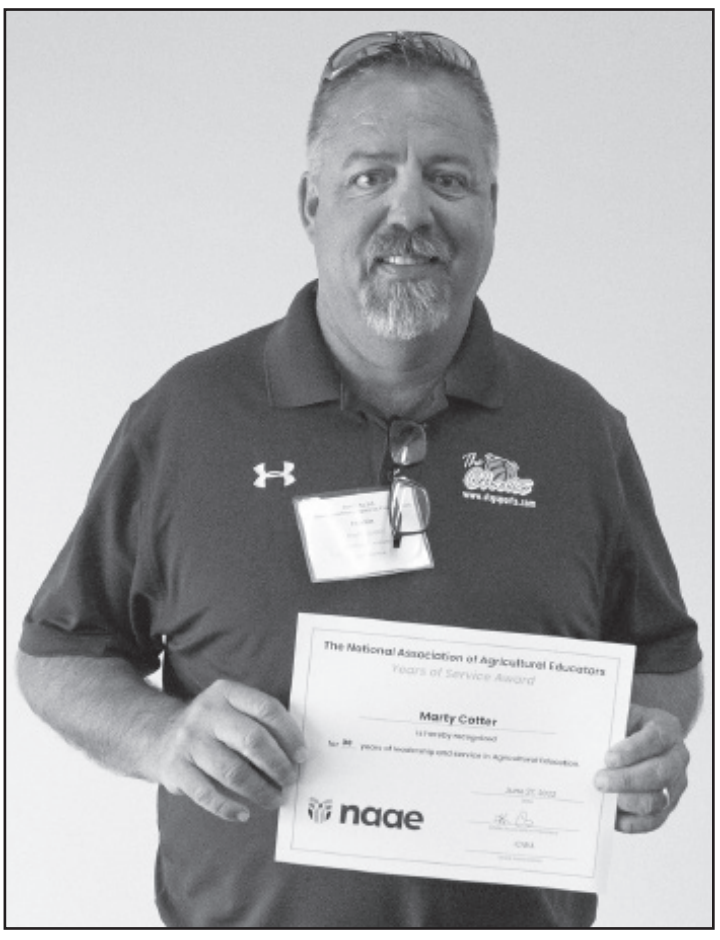
"Discovering nature can help increase children's attention spans, improve their test scores and ultimately advance their learning," Dunn Swanson said.

"Spending time outdoors helps us appreciate our natural resources. We become aware of the responsibility to take care of the environment," Dunn Swanson said. "We can teach our children to respect living things and we can set an example for responsible wildlife viewing and nature collecting. As we see litter, we can do our part and pick it up and leave the places we visit better than we found them."

Dunn Swanson offered a few more hints for enjoying the outdoors. Practice safety and carry a first aid kit, a water bottle and insect repellent. Use sunscreen and wear a hat and sunglasses to protect your face and eyes from sun damage, along with appropriate clothing for hikes in rain or shine.

For more research and resources about reconnecting children with nature, visit the Children & Nature Network. Learn more about the benefits of play from the American Academy of Pediatrics.

For educational programs and resources on parenting, visit the Human Sciences Extension and Outreach website or contact your ISU Extension and Outreach county office.



Cotter honored

Northwood-Kensett Agricultural Education Teacher and FFA Advisor Marty Cotter recently attended the Annual Iowa Agriculture Educators Professional Development Conference in Ankeny. Cotter attended conference sessions and a Career Fair. While in attendance Cotter was recognized for his 30 years of service as an Agriculture Education Instructor in the state of Iowa by the Iowa Ag Teachers Association.

Liddle, Gentz and Moore receive all-conference honors

By Mike Simmons
Sports Editor

Despite finishing the summer season with a combined 0-42 record, the Northwood-Kensett baseball and softball teams were still able to secure some spots on the coveted all-conference teams at season's end, including for the Lady Vikings, Kelsi Liddle, and for the Vikings, seniors Jace Gentz and Hayden Moore.

Liddle was a sophomore catcher for the Lady Vikings and earned Honorable Mention All-Conference honors. The talented sophomore had a .259 average, a .375 on base percentage, a .259 slugging percentage and seven hits. Defensively she had a .720 fielding percentage with 14 errors in 50 chances.

Moore played in the outfield for this year's Vikings and completed his senior year with an average of .193. He also had a .387 on base percentage, a .228 slugging percentage 11 hits. Moore was selected Honorable Mention All-Conference.

If there is a statistical category, Gentz led it for this year's Vikings. The Second Team All-Conference selection had a .268 average, a .411 on base percentage, a .393 slugging percentage, 15 hits and 11 RBIs.

2022 Top of Iowa Conference East Division
Baseball All-Conference Team's

First Team

Chase Berding, Central Springs ..... Sr.
Bo Harrington, Nashua-Plainfield ..... Jr.
Max Hillegas, Nashua-Plainfield ..... Sr.
Elijah Brinkly, Newman Catholic ..... Sr.
Max Burt, Newman Catholic ..... Jr.
Tim Castle, Newman Catholic ..... Sr.
Nash Holmgaard, Newman Catholic ..... Sr.
Doug Taylor, Newman Catholic. ..... Jr.
Kolben Miller, North Butler ..... Sr.
Mas Gast, Osage ..... So.
Nolan Heard, Osage ..... So.
Tyler Oberfoell, Osage ..... Sr.
Kolton Lyman, RRMR ..... Sr.
Tate Mayer, Saint Ansgar ..... Jr.
Jayce Schwiesow, Saint Ansgar ..... Fr.
Carsen Sparrow, Saint Ansgar ..... So.

Second Team

Cole Christiansen, Central Springs ..... Sr.
Drew Kelley, Central Springs ..... Sr.
Brock Mathers, Central Springs ..... Sr.
Tucker Frazen, Nashua-Plainfield ..... So.
Dawson Glaser., Nashua-Plainfield ..... Fr.
Matthew Henrich, Newman Catholic ..... Sr.
Jack Maznio, Newman Catholic ..... Sr.
Logan Ott, North Butler ..... Sr.
Henry Pettenger, North Butler ..... Sr.
Jace Gentz, Northwood-Kensett ..... Sr.
Landon Arends, Osage ..... Jr.
Heath Voight, Osage ..... Fr.
Drew Hansen, RRMR ..... Sr.
Terran Romer, RRMR ..... Sr.
Hunter Hillman, Saint Ansgar ..... So.
Nolan Shreckengost, West Fork ..... Fr.

Honorable Mantion

Zak Molstad, Central Springs ..... Sr.
Mckade Munn, Nashua-Plainfield ..... Sr.
Bennett Suntken, Newman Catholic ..... Sr.
Owen Almelien, North Butler ..... Jr.
Hayden Moore, Northwood-Kensett ..... Sr.
Luke Scharper, Osage ..... Sr.
Brooks Hoffman, RRMR ..... Sr.
Max Beland, Saint Ansgar ..... So.
Nate Hubka, West Fork ..... Sr.

Player of the Year – Doug Taylor, Newman Catholic
Coach of the Year – Alex Bohl, Newman Catholic

2022 Top of Iowa Conference East Division
Softball All-Conference Team's

First Team

Kaylea Fessler, Central Springs ..... Sr.
Ashlyn Hoeft, Central Springs ..... Sr.
Madisyn Kelley, Central Springs ..... Sr.
Cooper Klaahsen, Central Springs ..... Jr.
Lainie Bouillon, Nashua-Plainfield ..... Jr.
Emily Opstvedt, Newman Catholic ..... Jr.
Emma Weiner, Newman Catholic ..... Sr.
Kiya Johnson, North Butler ..... Jr.
Leah Grimm, Osage ..... Jr.
Ashley Halbach, Osage ..... Sr.
Chloe Rooney, Rockford ..... Sr.
Mallory Juhl, Saint Ansgar ..... Jr.
Kennedy Schwiesow, Saint Ansgar ..... Jr.
Maddie Hubka, West Fork ..... Sr.
Kalli Trewin, West Fork ..... Sr.
Libby Trewin, West Fork ..... Fr.

Second Team

Lizzy Hamand, Central Springs ..... Jr.
Azaria McDonough, Central Springs ..... Fr.
Abby Pate, Central Springs ..... Jr.
Aurora Stapleton, Central Springs ..... Jr.
Makenzie Foelske, Nashua-Plainfield ..... Jr.
Ellyse Ball, Newman Catholic ..... Jr.
Madi Elwood, Newman Catholic ..... Jr.
Anna Endelman, North Butler ..... Sr.
Haley Freesmann, North Butler ..... Sr.
Taylor Klobassa, Osage ..... So.
Sydney Muller, Osage ..... Jr.
McKinnley Hoffman, RRMR ..... Jr.
Abby Hemann, Saint Ansgar ..... Sr.
Josie Juhl, Saint Ansgar ..... Fr.
Madisyn Bonner, West Fork ..... Sr.
JoAnna Wallace, West Fork ..... Fr.

Honorable Mention

Carly Ryan, Central Springs ..... Jr.
Brynn Wright, Nashua-Plainfield ..... Sr.
Leah Martinez, Newman Catholic ..... Sr.
Carly Adelmund, North Butler ..... Sr.
Kelsi Liddle, Northwood-Kensett ..... So.
Mari Fox, Osage ..... Jr.
Maddie Muller, RRMR ..... Sr.
Emma Hicken, Saint Ansgar ..... Sr.
Breckyn Dickman, West Fork ..... So.

Co-Players of the Year – Kaylea Fessler, Central Springs and Madisyn Kelley, Central Springs
Coach of the Year – Brian (BJ) Fessler, Central Springs



Under deconstruction

The nearby buildings and the parking area around the former Viking restaurant have been in a continuing deconstruction phase recently. Pictured above is what was left of the carwash and adjacent building towards the end of its recent demolishing.

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988- suicide and emotional distress number announced

The Iowa Department of Health and Human Services (HHS) has announced the launch of 988, The National Suicide Prevention Line (NSPL) three-digit number to call for individuals in suicidal crisis or emotional distress. Iowans who contact 988 will be directly connected to trained crisis counselors who provide crisis de-escalation and connect individuals to the services and supports they need, when they need it.

An easy to remember three-digit number will not only make it easier to connect to support in a crisis, it will also:

Reduce the burden on law enforcement and emergency medical resources so they can better respond to other public safety needs.

Provide access to mobile response through warm handoffs, reducing confusion on how to access the service and enhance mobile response efforts statewide.

Increase the number of contacts answered by Iowans knowledgeable about local behavioral health services, providing a personalized experience during a time of crisis and allowing for in-state quality assurance.

"The national launch of 988 coincides with the significant work we've been doing here in Iowa since I took office to enhance and improve our historically fragmented crisis response system. Iowa families - all families - should have quick and easy access to necessary mental and behavioral health care resources when they need them, and 988 will serve as a centralized resource for Iowans to utilize during their times of need." said Governor Kim Reynolds.

Iowa has two NSPL Centers, CommUnity and Foundation 2. Foundation 2 is staffing to answer the majority of 988 calls, and CommUnity is staffing to answer the majority of 988 chats and texts. Both Centers will be equipped to answer calls, chats, and texts. Iowa's Lifeline Centers will provide follow-up to individuals contacting 988 who are at risk of suicide and consent to follow-up. Crisis counselors will provide seamless coordination with other community-based crisis services, including warm handoffs to mobile response teams throughout the state.

HHS also operates Your Life Iowa, which provides free, 24/7 support available for anyone dealing with mental health concerns, thoughts of suicide, substance use, problem alcohol use, or problem gambling. In State Fiscal Year 2022, Your Life Iowa responded to 41,111 contacts that were received via phone text and chat. These numbers represent 185% increase since 2020.

"The pandemic exposed and magnified the strain families are facing today. Connecting Iowans to quick and reliable support for emotional distress through 988 marks a sea change in how we approach crisis response", said Iowa HHS Director Kelly Garcia. "The need for these resources is increasing, we see it in our data and in our existing services. Your Life Iowa had a record number of contacts in May of this year. Our teams are ready to answer more calls, texts, and chats, and to be a lifeline when Iowans use 988."

The 988 system is designed to complement the 911 system, and coordination between the two is vital in the development of a coordinated and comprehensive crisis response system. Crisis Counselors receive culturally sensitive trainings in crisis response. 988 is an important step in building equitable access to crisis services across Iowa and building a "no wrong door" approach to a coordinated and comprehensive mental health crisis system, aligning with SAMHSA's Best Practices Toolkit.

The Federal Communications Commission (FCC) designated 988 as the new three-digit number for the National Suicide Prevention Lifeline on July 16, 2020. The U.S. Senate passed the National Suicide Hotline Designation Act (S. 2661), establishing 988, in May 2020, and the U.S. House of Representatives passed the legislation in September 2020. The National Suicide Hotline Designation Act of 2020 was signed into law on October 17, 2020.

Letter to Editor

Iowa Bible Reading Marathon



The Bible was read in its entirety for the seventh year on the Worth County Courthouse lawn. Originally, in 2016, Governor Terry Branstad made a proclamation that encouraged all Iowans to join in this historical Iowa 99 County Bible Reading Marathon to take place the week before the Fourth of July, in front of all 99 courthouses and furthermore, encourage individuals and families in Iowa to read through the Bible on a daily basis each year until the Lord comes. Governor Kim Renolds has continued this proclamation.

As a result of this marathon, we pray that God's Word will be revered, God will be honored and glorified, the body of Christ will be unified, nd the Holy Scriptures will again start to be read in every home so we may know the Word and become doers of the Word and not merely hearers as it stats in James 1:22.

This wouldn't be possible without our governor, our supervisors, and readers, Kris at the Northwood Anchor, all who prayed for the public reading of the Word and state leader, Deanne Bentley, who organized it.

We serve an awesome God! We are extremely humbled and excited to even have this opportunity to be celebrating Independence Day in such an amazing way!

A World Wide Bible Reading Marathon has also been organized. Worth County has been participating in this for five years. Each of the 99 counties in Iowa are assigned a portion of scripture to be read at 7:14 a.m. on July 14 connecting with 2 Chronicles 7:14, "If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and forgive their sins and heal their land." This year we read Numbers 4-15. The extra Bible was read in Iowa in about two hours that morning.

This has spread and 24 states and 27 nations read also, completing the reading of the Bible in about 24 hours in 26 major time zones. You may learn more about this on Facebook. We hope you will catch the fire of our excitement and join us in reading the Bible on these special occasions!

Go has promised in Isaiah 55:11, "My Word . . . will not return to me empty without accomplishing what I desire . . ."

Be in His Word
and in prayer.
God's Blessings,
Sharyl Ferley

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m.; Monday, Ruth Circle, 7 p.m.

Bethlehem Lutheran, Manly
Sunday, Adult Bible Study at Bethlehem, 8 a.m., Bethlehem Worship, 9 a.m., Joyful Noise Choir Practice at Grace, 9:15 a.m., Sunday School at Bethlehem, 10:15 a.m., Grace Worship, 10:30 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Elk Creek, 9 a.m.; Monday, MANNA Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Thursday, UMW Meeting at Linda Nydegger's, Devotions: Pam Wirtjes, 5 p.m.; Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Northwood United Methodist Church
Wednesday, Bible Study, 6:30 p.m.; Thursday, Northwood Council Meeting, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Swallow Coffee House, 10 a.m., Bible Study NWD, 6:30 p.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366, Wednesdays 6 p.m., KC (Kids & Christ) Night; 11 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; No Sunday School, 10:15 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m., Lunder, 14982 735th Ave., Albert Lea; All services require masks and social distancing.

First Lutheran Church, Northwood
Wednesday, Sr. Comm., 2 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Worship Service, 9 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.
Pastor Kent Otterman

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Friday - Enchilada
Saturday - Burritos Deluxe
Sunday
Kids Free with each Adult Meal
641-323-0000

Congregate Meals
July 21-27
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Thursday: Brown Sugar Glazed Pork, Mashed Potatoes w/Gravy, Steamed Carrots, Banana, Peanut Butter Cookie
Friday: Shepherd's Pie, Whole Wheat Roll, Broccoli Raisin Salad, Mandarin Oranges
Monday: Chicken Chow Mein on Rice or Noodles, Mixed Vegetables, Tropical Fruit, Blonde Brownie
Tuesday: Apple Pork Chops, Roasted Sweet Potatoes, Green Beans, Peaches
Wednesday: Hot Beef w/ Gravy, Mashed Potatoes, Cooked Carrots, Strawberries, Angel Food Cake

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Keep on Learning



There is something inherently pleasant in learning new things. Even if we aren't likely to ever use that piece of trivia, it's still interesting. Indeed, our brains seem to be designed to learn new things. With a hundred billion brain cells, and about fifteen thousand connections (or synapses) per brain cell, we have, on average, about 1.5 quadrillion connections in our brain. In infants, there is a rapid increase in synapses until roughly the age of four, when children actually have more connections than adults. This is no doubt why children are such fast learners. The bad news is that the unused connections in our brains get pruned away after age 20, reaching the adult numbers around the age of 16. The good news is that even well into our eighties and nineties we can continue to learn and make new connections. We're not going to learn a second language as fast as a 3-year old, but we can still learn. Michelangelo is said to have remarked when he was 87 that he was still learning. There's no reason to ever stop learning, and a hundred billion reasons to keep learning, to keep those neurons firing.

By wisdom a house is built, and by understanding it is established; by knowledge the rooms are filled with all precious and pleasant riches.
– R.S.V. Proverbs 24:3-4

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

One of the major fast food chains is currently using the slogan "We've Got The Meat!" So does the Lobel's Meat Market of New York City. This family owned and operated high-end butcher shop has been in business since 1918 and currently ships prime-grade meat all over the country. I picked up their cookbook Meat by The Lobels (1971, Alpha Books, NYC) on a trip to the City in '73. In addition to delicious recipes, this cookbook has chapters on buying and caring for meat, how to carve it, serve it and interesting facts about the meat you spend your money (and lots of it!) to enjoy. The following stew recipes are adapted from the chapter on beef. They are all stews because that dish uses less expensive meat, is easy to prepare and has endless variations. Also because I like stew!

Old-Fashioned Beef Stew

2 pounds beef chuck
1 large onion, thinly sliced
2 tablespoons all-purpose flour
4 large carrots
3 tablespoons olive oil
3/4 cup Burgundy wine
2 celery stalks
1/4 cup water
1 package (10 oz.) frozen peas
Salt and pepper to taste
Scrub the carrots and rough chop them. Wash the celery and chop it.
Mix these veggies with the sliced onion and combine gently.

Cut the beef into 2 1/2-inch cubes and dry the meat on paper towels. Place the flour along with salt and pepper into a paper or plastic bag. Add the meat cubes, a few at a time, and shake until coated. Set aside until all are floured. Heat the oil in a Dutch oven or large, heavy, deep saucepan. Brown the meat on all sides, again in batches. Each batch should take about 10 minutes. Remove the meat to paper towels to drain away any grease. Pour out the oil and dab up any remaining oils but leave in any browned bits from the meat. Place a layer of 1/3 of the beef cubes in the bottom of the pan. Then add a layer of the mixed vegetables. Repeat these layers using 1/3 of the ingredients in each. Pour the wine and water over the top. Cover the pot, heat on medium to bring it to a simmer. Lower the heat and allow the stew to simmer for about 2 hours or until the beef is tender. Add more wine if the juices have evaporated. Add the frozen peas and continue cooking for 5-10 minutes or until they are done. Serve with boiled potatoes, mixed green salad and more Burgundy wine. NOTE: if you do not want to use wine in this recipe, replace with a good quality beef broth (NOT made with those little brown cubes of salt!).

Beef Stew with Beer

3 pounds top round steak
1 large bay leaf
1/4 cup bacon drippings
1/8 teaspoon dried thyme
3 cups sliced yellow onions
3 whole black peppercorns
2 tablespoons flour
1 loaf of crusty Italian bread
2 1/4 cups light beer
Dijon-style mustard
2 1/4 cups dark beer
2 dry allspice berries

Cut the steak into 2-inch cubes. In a heavy pot that is oven-safe (such as a Dutch oven) place the bacon drippings. Heat until sizzling then add the meat and brown on all sides. You will need to do this in batches so it doesn't steam from being crowded. When all the meat cubes are browned, remove to a bowl and add the sliced onions into the pan. Stir and cook them until they are browned but don't let them burn. Sprinkle them with the flour and gradually add the beer, stirring well as you do this step. Reduce the heat and boil slowly, uncovered for 25 minutes. In a two-layer piece of cheesecloth, tie up the allspice, bay leaf, thyme and peppercorns. Add this to the pot along with the beef then cover the pot. Simmer for 1 hour. Uncover the pot and continue to cook for another 30 minutes. Remove the cheesecloth bundle and discard. Meanwhile, preheat the oven to 375 degrees F. Slice the bread into 1-inch thick slices, 6-8 of them. Toast them in the oven on an ungreased cookie sheet until golden brown. Spread 2 teaspoons of the mustard on each slice of toasted bread. Place these on top of the stew, mustard side up. Place the pot, uncovered, into the oven for about 20 minutes or until the slices of bread are browned. Serve right from the pot in the middle of the table where people can scoop out the slices of bread and the stew underneath. Serve with noodles, a crisp green salad and a cold beverage. More beer is good!

Very Simple Stew

1 pound top round steak
Paprika, hot or sweet or smoked
3 medium yellow onions
Kosher salt
All-purpose flour
1 cup beef broth from a can or carton

Cut the steak into bite-sized pieces. Slice the onions about 1/4-inch thick. Place the onions in the bottom of a heavy saucepan or casserole dish. Dust the meat pieces with flour and season with the paprika and salt to taste. Put the meat on top of the onions and pour the broth over everything. Cover the pan and place over very low heat. Cook for 3 1/2 hours but peek once in a while to see if more broth is needed. Serve with thin noodles and a green salad. SANDY'S NOTE: I would also add some sliced fresh garlic with the onions.

Iowa has wonderful beef; we don't need to import it from NYC. But, importing some of their interesting recipes is another matter. A heavy Dutch oven or cast iron stew pot is a good investment for this type of cooking. And…that's all she wrote.

Northwood Anchor Society

Hanson – Gentz announce engagement and upcoming wedding

Todd Hanson and Bethany Gentz of rural Lake Mills are proud to announce their engagement and upcoming wedding, on Saturday, July 23, 2022.

Bethany is the daughter of David and Cheryl Gentz of rural Northwood.

She is a 2017 Northwood-Kensett High School graduate and a 2019 graduated of NIACC for Agriculture Marketing and Finance and is employed at Farmers Coop Association in Forest City, Iowa.

Todd is the son of Mike and Beth Hanson of rural Lake Mills, Iowa.

He is a 2015 Lake Mills Community School graduate and a 2017 graduate of NIACC for Agriculture Operations and Sales and is employed at Storby Seed in Lake Mills.

The couple will be married at Winnebago Lutheran Church with a reception to follow at Storby Seeds in Lake Mills.



Todd Hanson and Bethany Gentz

Did you know?

By Ann Hendrickson



"I Scream; you Scream; We all Scream for Ice Cream." July just seems the right time to embrace that motto as July is ice cream month. Yes, the majority of us might agree, ice cream is a delicious treat anytime! In years past, an ice cream cone could be bought for a nickel with a little extra pushed down to the bottom of the cone. Looking back to 1992 (30 years ago) American's per capita consumption was 23.4 quarts. In 1950 it was 16.7 quarts and in 1901 just 1.31 quarts. Using modern technology, it was found Americans now eat roughly 22 pounds of ice cream and similar frozen desserts every year. More than 90% of Americans consume ice cream as their favorite dessert with chocolate and vanilla the top favorites.

Taking our memories back a few years, ice cream was homemade; partially because there were only so many nickels to go around and also because farmers milked cows so cream was readily available.

Now we'll go back to other centuries. In Europe, probably Italy or England, sometime during the 15th or 16th centuries early versions of ice cream appeared. Catherine de Medici married Henry II in 1533 and introduced ices and sherbets to France. Ice Cream was brought to the Colonial America in the 18th century and was a luxury for only the rich and well-to-do. George Washington and Thomas Jefferson both enjoyed ice cream, but it was Dolley Madison who popularized ice cream after it was served at her husband's inauguration. In those days making this dessert was an arduous job and took great physical effort. The year 1846 brought a welcome change when Nancy Johnson invented the hand-cranked freezer. Eventually the treat was sold out of ice cream saloons or parlors. Bentwood or bent-iron style of chairs and tables were seen in the shops as they were light weight, durable, and inexpensive.

Hand-crafted pewter molds were used for special events in hotels, restaurants, and private parties even though expensive and required skill. In 1878 William Clewell invented a device called an ice cream disher or dipper commonly known as a scoop. Dippers made in the 1920's are in demand by collectors now as some are rare, one sold for $5,000.

Another ice cream collectible is the flatware designed by Tiffany for frozen desserts. Today we may refer to them as a spatula used for molded sliced instead of scoops.

The home-made ice cream making is a story in itself. Cream came from the farm's cows, ice chunks from the creek, and vanilla and eggs (from the farm) were also added. All ice-cream ingredients were poured into a can with a dasher and lid. This can was put in a wooden bucket (with a hole on one side) surrounded by crushed ice. The young ones in the family anticipated their job of turning the handle. Young boys wanted to show their strength at turning the handle but then the mixture inside began to harden the turning became difficult. The father spared them their "broken arms" (as they claimed would happen) and took over turning the handle until done. A delightful taste of homemade ice–cream is just the best. Other versions of home-made ice cream were used when the needed ingredients were not available. Snow and foam from the milk with added sugar and vanilla were eaten instead but one would have to pretend it was ice cream. Kids living in town had the joy of hearing bells from the ice cream cart. Just a penny would buy the sweet treat. Even if one is full from a big meal there is always room for ice cream!

Come in out of the heat and see one of our newest acquisitions, a bear skin coat! Remember the Main Museum is open every Sunday from 2-4 p.m. and as always it is free admission.

Borcherding named Interim Vice President of Academic Affairs and Dean for the School of Science and Mathematics

Dr. Matthew Borcherding was named Interim Vice President of Academic Affairs and Dean for the School of Science and Mathematics in July 2022. In this role, Borcherding leads all five academic schools within the college, with a focus on growth and development of the academic offerings across the college.



Dr. Matthew Borcherding

Borcherding has served as a dean since December 2016 and was a biology faculty member on the Fergus Falls campus from 2011 to 2016. He has also served as an adjunct professor of higher education at a regional university and served on several dissertation committees in that capacity.

Borcherding was awarded the President's Award of Achievement in 2021. He was a recipient of the Minnesota State Board of Trustees Excellence in Teaching award in 2017 and the NISOD Excellence in Teaching award, the President's Distinguished Achievement award and Outstanding Faculty of the Year, all in 2016.

Borcherding has written and presented both regionally and nationally on the topic of central nervous system depressants on academic and social involvement in undergraduate students.

Borcherding holds a Bachelor's Degree in Microbiology and a Master's Degree in Biology Education from Minnesota State University, Mankato, and a doctoral degree in Higher Education Administration from St. Cloud State University.

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Happy 88th Birthday Jan!



Janet Wilder will be 88 on July 21, 2022

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honoring

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At their home
107 7th St. N.
Northwood, Iowa

*Casual dress**



Northwood Anchor **Opinion**

Savvy Senior

Should you take daily aspirin for your heart?

Dear Savvy Senior,

I've been taking daily aspirin for almost 20 years now because I have a family history of heart disease. But I recently read that using aspirin is not recommended anymore. What can you tell me about this change in philosophy?

Confused Aspirin User

Dear Confused,

There's no doubt that taking low-dose daily aspirin is beneficial to most people who've had a heart attack or stroke. But if you don't have heart disease, should you take it as a preventative measure? The answer for most people is probably not, according to new guidelines from the U.S. Preventive Services Task Force (USPSTF), a widely respected independent panel that develops recommendations on preventive health care. Here's what you should know.

New Guidelines

For years, aspirin has been a go-to pill Americans use to help ward off cardiovascular disease because of its blood thinning capability. But like most medicines, it can cause serious side effects. Aspirin irritates the stomach lining and can cause bleeding in the stomach, intestines and brain which can be life-threatening. And the risk of bleeding increases with age.

About one-third of Americans age 40 and older, and more than 45 percent of people over age 70 – who don't have cardiovascular disease – already take a daily aspirin to help prevent cardiovascular disease because it's been recommended for decades by many different health experts.

But in the past few years, new research has emerged showing that for many people without diagnosed heart disease, the risk of bleeding may outweigh the benefits of taking a daily aspirin. This research, along with the advent of other effective therapies in preventing heart attacks and strokes that don't cause bleeding – better blood pressure drugs and statins for lowering cholesterol – has narrowed the role aspirin plays.

Here's a breakdown of the updated USPSTF guidelines of who should, and shouldn't, take a daily aspirin, and for those who should, how to take it safely.

Who Should Take It?

There are two categories of people who can still benefit from using aspirin. People with established cardiovascular disease, especially those who have already had a heart attack or stroke. There's strong evidence that taking a daily low-dose aspirin significantly reduces the risk of a second cardiovascular event. And adults ages 40 to 59 with a 10 percent or higher risk for a cardiovascular disease over the next decade. They may see a small benefit to daily aspirin, but it should be an individual decision and discussed with your doctor.

Who Should Skip It?

People who are 60 and older – without established cardiovascular disease – who do not currently take a daily aspirin to prevent heart disease should not start now. This is particularly true for people with a history of bleeding, say from ulcers or aneurysms, or those taking medications such as blood thinners, steroids or anti-inflammatories such as ibuprofen or naproxen. If they already take a daily aspirin now, they should ask a doctor about how to proceed, because there may be a serious risk to suddenly stopping.

How to Use it Safely

The best approach is to talk to your doctor about the potential risks and benefits of aspirin specifically for you. Because the risk of bleeding raises with dosage, if aspirin is recommended, take the lowest possible amount, which for most people is an 81 mg baby aspirin. And if you experience any stomach pain, talk to your doctor.

You should also know that in 2016 the USPSTF suggested that daily aspirin use could also help lower the risk of colorectal cancer along with cardiovascular disease. But the group now says there's not enough evidence to support that claim.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I saw a great baseball game on TV last night.

Which one?

The one in my man cave.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. It was so hot, my neighbor sat in his garage and stared fondly at his snow shovel. I walked in an herb garden and wondered where the thyme went. I'd listened to someone at lunch complain vehemently because his sandwich hadn't any mustard. "Enjoy every sandwich," singer-songwriter Warren Zevon advised while discussing his terminal cancer diagnosis.

A man left his cat with his brother. He called to ask about the cat. His brother hesitated before saying, "I'm sorry, but your cat died."

The caller was upset and yelled, "You could have broken the news to me a little gentler. You could have said my cat was on the roof and wouldn't come down. Then you could have said that he fell off and you took him to the vet to patch him up. Then, you could have said he'd passed away."

The brother thought about it and apologized.

"So, how's Mom?" asked the man.

"She's on the roof and won't come down," said his brother.

I heard from a teacher/friend who had cancer. We shared many things—a love of birds and an appreciation of humor. He was thoughtful and composed in revealing he was down to his last "couple days, a week." I wasn't composed. I shed tears. His sense of humor remained intact, but he was on the roof. He hoped to leave the planet better than he'd found it. He did.

Ask Al

"What is the purpose of raccoons?" They let us know when the sweet corn is ripe.

"I saw a tern being shadowed by another tern. Whatever one did, the other did likewise. What were they doing?" One was a tern and the other was an intern gaining valuable experience.

"Why do vultures fly in circles?" They're rerouting.

Wilt the Stilt and the Splendid Splinter

I read a wonderful piece in Sports Illustrated (August 2022) titled "Bovine Decline" by Steve Rushin. I grew up on a dairy farm where milk was on the menu for every meal and snack. Rushin wrote about 7-foot-1 Wilt Chamberlain drinking a half-gallon of milk after he scored 100 points in an NBA game. Ted "The Splendid Splinter" Williams drank two quarts of milk after Red Sox games. 1941 was the peak annual milk consumption at 744 glasses per capita.

Nature notes

What should you do if you find an injured animal? Call the Wildlife Rehabilitation Center of Minnesota at 651-486-9453. If you find an injured raptor, contact the University of Minnesota Raptor Center at 612-624-4745.

Bird, Incubation period, Nestling period

American robin, 12-14 days, 9-16 days

House finch, 13-14 days, 11-19 days

Mourning dove, 14 days, 11-15 days

Northern cardinal, 11-13 days, 7-13 days

Barn swallow, 12-17 days, 15-24 days

If you have a robin battling a window, it's because it sees its reflection in the glass and thinks it's seeing a rival male and tries to drive the offender out of the territory. Covering the window glass on the outside with a trash bag, cardboard, soap or plastic cling could stop the behavior. Avoid using fake snakes and owl statues. They're a waste of money. If the bird is attacking your car mirrors, either move the car or cover the mirrors with bags.

Poison ivy is a salad bar for some animals, but not for humans. Every part of the poison ivy plant is poisonous to us. Humans and possibly a few other primates are the only animals that react to poison ivy. Your dog and cat don't get it (you could get it from their fur), nor do birds, deer, squirrels, snakes, bears and insects. I've watched deer feed on the plant. Some people are immune to urushiol, the compound poison ivy produces that causes an itchy rash. Other people think they are immune. Studies have shown that as the level of carbon dioxide in the atmosphere increases, it boosts the growth of poison ivy plants. Bigger, stronger poison ivy plants produce more urushiol. As the Coasters sang in "Poison Ivy," "Measles make you bumpy. And mumps'll make you lumpy. And chicken pox'll make you jump and twitch. A common cold'll fool ya. And whooping cough'll cool ya. But poison ivy, Lord'll make you itch!"

Meeting adjourned

I visited with a man wearing a T-shirt encouraging us to be humble and kind in memory of a young man killed in a car accident on his way to the Stoughton (Wisconsin) Fair.

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Fit to print...

Back from party, pools, parks

By Kris Kenison

As I write this, I am back to the office, in a manner of speaking, but back to that in a minute.

On or about July 7, several branches of the family tree uprooted themselves and made their way to southernish California for a semi-annual celebration of three special birthdays, with one milestone this year.

On Sunday, July 10, three birthdays were celebrated Grandma Mari, niece Bryn, who turned 3, and Grandma Net (Janette Bickford) turned 90.

It was a big event, so all 6 of Grandma's kids were there, along with 12 grandkids, 7 great-grandkids and various spouses too of course.

It was a day of birthday donuts, presents, pool fun, special videos honoring the 90th birthday girl, card games and more. But most importantly, it was a day of celebrating the family that our Grandma created. That was followed by a special meal "out on the town."

The next day, the birthday celebration continued for Bryn, at Disneyland. She met princesses, she rode all kinds of rides from all kinds of Disney movies, and loved them for the first time (she was a big fan of flying with Dumbo. We, as her co-riders, learned that she may not yet be ready for the Haunted Mansion.

While some of that was going on, part of the family returned to a long time ago in a galaxy far far away, and visited the Star Wars section of the Disneyland park.

Despite a delay due to technical difficulties, we rode the newest ride, joined the resistance, were captured and jailed on a star destroyer before making a thrilling escape.

We returned to operate the Millennium Falcon and my nephew Zander was more eager to play a part this time, no hand-holding required. Keeghan took over the co-pilot seat. Mom and Lindsey helped out too. The mission was a success!

Then it was back to the world as we know it, and it turned out to be a Small World after all.

Did I mention that I'm kind of a Disneyland geek? How do I know? I can sing along with most of the ride songs and love every moment of it. That especially includes the Small World theme.

Repeat after me if you know it, "It's a small world after all..." If you know the rest, I'm sorry for getting it stuck in your head.

More rides, meals, snacks, lines and fun awaited as the day continued.

Later in the day, it was another Star Wars ride, lightsaber making, fireworks viewing and the long walk to the car. Legs sore, feet hurting but a good day at Disney.

Of course it wasn't all parties and theme parks. There was fun and family in pools, in living rooms, in restaurants, in lakes and on the road.

When I think of Northwood and North Iowa, I think of home and community. The place I grew up and the place I want to stay. When I think of California, I think of family, fun and the place I most love to visit. The phrase "home away from home" may be a cliche, but it applies in this case.

To those reading this at the homes I visited recently, thanks for making it feel like home, thanks for the fun and thanks for the times with family.

To those reading this anywhere else, I hope you have a spot like that, even if you don't need to travel so far to find it.

As always, most important are the memories of joy, excitement and family shared everywhere we went.

Or, as Walt Disney said, "The important thing is the family."

Northwood Anchor

Early Files

100 years ago

July 19, 1922

It is rather unusual to have two hardware businesses sold on the same day in a town the size of Northwood, but such was the case when deals were consummated that put both the Tenold Hardware and the Williston Hardware in the hands of new owners. Henry T. Gabriel, who for some years has been employed by Eckert-Bosserman & Co., is the new owner of the old established Tenold Hardware and the Williston Hardware has been sold to E.A. Jacobson of New Hampton, who takes possession in August.

The month of June just passed was the driest on recorder, according to the general weather summary just issued by Weather Service Director C.D. Reed, surpassing the record of June 1911, formerly the driest June recorded.

The fourth scoring of the year at the Northwood creamery was made by A.W. Rudnick of the Dairy Extension Dept. of the State Agricultural College and the results were most gratifying. The cream delivered by 37 patrons scored 92 or better, which is considered a very good showing over the three previous scorings this year. Werne Lay and Ole Turvold tied for first place, each having a record of 96 for their cream. At the three other scorings made this year Herman Lau carried away first honor each time with a 96 mark.

Mr. and Mrs. Ole Nystuen of Hartland Township have been married 25 years and to properly oversee the occasion a number of relatives and friends gathered at their home to join with them in the silver wedding anniversary celebration. Seven from Kenyon, Minnesota, and vicinity helped make up the happy crowd.

75 years ago

July 17, 1947

A.J. Loveland, state director for the Agricultural Adjustment Administration, will be the main speaker at the annual Farmers Union picnic in Crescent Park Northwood.

The oat variety field day was well attended the evening of July 7 at the Donald Gullickson farm southwest of Northwood. Many farmers learned from Ed Days, Extension Agronomist from Iowa State College, the purpose of crossing and the new strains of oats that are continually being developed.

Poliomyelitis (infantile paralysis) cases in Iowa are under those for the first six months of 1946, state health department records showed. Months of greater incidence of the disease are still to come, however, so it is early to predict with assurance what the end of 1947 will show, the health department said.

Northwood schools will operate three school buses to serve rural patrons the coming year, according to Russel Baker, new school superintendent here. A new Chevrolet 42-passenger bus was bought to add to the two Ford buses, which have been in use the past two years.

About 300 members of the First Lutheran congregation of this city gathered at the church for a farewell courtesy to the Rev. and Mrs. O.H. Hove and family. With A.E. Urdahl as master of ceremonies, a short program of talks and music was given in the church auditorium.

About 50 relatives and friends gathered at the Hilmen Gaarder home near Kensett to honor Rev. and Mrs. E.A. Henderson of Elk Horn, Wisconsin, on their silver wedding anniversary. Following a two-course lunch, an informal program was given. Rev. O.H. Hove gave a short talk appropriate to the occasion, and Rev. And Mrs. Henderson responded, thanking the guests for their gifts and good wishes.

50 years ago

July 20, 1972

A new addition is being constructed at the front of the Shell Rock Lutheran Church, East Central Avenue, Northwood. The project is expected to be completed late this summer or early fall.

Richard Roe, Worth County Suffolk sheep breeder, and executive chairman of the National Lamb Show recently held in Albert Lea, presents the first place trophy in the ladies lead division to Brenda Freeman, Starbuck, Minnesota. In this class yearling ewes of all breeds are shown against each other in halter by women. Brenda was the reigning Minnesota lab princess and is currently the International Suffolk Queen. She was sponsored and the ewe furnished by Richard L. Roe and Sons Suffolks.

Damage in excess of $10,000 was reported in Glenville as a result of a storm that hit the community early July 12. More than 60 trees were uprooted and blown down, and some damage was suffered at the Speltz Elevator. No fatalities or injuries were reported, however.

Over 100 women registered at the annual women's invitational golf and bridge tournament at the Northwood Country Club. Winners were Beverly Haugo, Lake Mills first; Jean Stone, Mason City, second in the championship fight; Darlene Kaasa, Manly, first in the first flight and Jean Ganske, Greene, first in the championship flight with 77 strokes. The Northwood-Kensett Vikings collected 11 hits off North Central pitching last Thursday to beat the Falcons 15-3 on the N-K diamond. N-K coach Robert Wilder threw three pitchers, Paul Hogen, Dreng Gunderson and Jim Hanson, at the Manly team and they limited the Falcons to just three hits in the four and a half inning game.

Pamela Butler, daughter of Mr. and Mrs. Donald Miller, Mason City, became the bride of Harry Shannon, son of Mr. and Mrs. W.J. Shannon, also of Mason City, at the Holy Family Catholic Church in Mason City on July 15.

25 years ago

July 16, 1997

Ardis and Allen Hanson prepare for the RAGBRAI adventure by bicycling over 60 miles on their tandem bike.

Local 4-H'ers met with the Vice Provost for Extension at Iowa State University recently during orientation for their leadership roles on the State 4-H council. The 1997-1998 State 4-H Council members from North Central Iowa are Anne Schmalenberger from Vincent in Webster County, Jennifer Hill from Thompson in Winnebago County, Vice Provost Stanley R.Johnson, Christopher Hill from Thompson in Winnebago County and Jack Johnson from Northwood in Worth County.

When Dexter the German shepherd heard it was "pet day" at the Lutheran Retirement Home he decided to put in an appearance and get his share. Elry Wulff, his wife Lois and nurse's aide Karen Lippstock were happy to help the silver shepherd exceed his daily quota of good strokes.

Three Northwood youngsters, Courtney Athey, Cory Hagen and Dusty Fricke, raised a grand total of $806 in a St. Jude Children's Hospital bikeathon. Hagen earned pledges totaling $648 while Fricke earned $112.50 and Athey earned $46. Their respective parents are Gary and Debra Athey, Bob and Annette Hagen, and Jason and Kelly Blake, all of Northwood.

Mavis Stevens shows off a watercolor painting of an old commercial grain elevator that's included in her 40-painting exhibit at the Albert Lea Art Center. Other subjects in Stevens' exhibit included still lifes, old farm buildings and flowers.

The Northwood-Kensett varsity girls softball team suffered a one-run loss to North Iowa High of Buffalo Center. The Vikings trailed 7-2 entering their last at-bat, but ripped Bison pitching for four runs to cut the final margin to 7-6. The N-K girls finished the night, including a 3-4, 2 RBI effort by Jess Madson, a pair of singles by Jolene Schutz, an RBI double by April Stayner an RBI single by Jackie Dodd and a single by Laurie Steinmetz.

10 years ago

July 18, 2012

Michelle Collins, rural Carpenter, is an English Shepherd dog owner and is instrumental in organizing the National Show at the Worth County Fairgrounds.

Viafield announces that Brian Waller has accepted a new position as the Location Team Leader at Northwood. Brian has over 18 years of working in feed, agronomy and grain at the local cooperative. "I look forward to continuing to work with our customers and area community members in my new role," says Waller. "We will continue to adapt to our customers' ever changing needs to serve them well into the future."

Emmanuel Lutheran Church, Grafton, confirmed students on Sunday, May 6. Instructor Bill Borchardt confirmed Cierra Dalluge, Mitchell Cole, Brianna Bork, Jacob Hyde, Caylee Bartz and Pastor Barbara Wills.

Losing loved ones is very difficult for family, relatives, friends and the community. Losing young people in a terrible accident like the one that took the lives of Cassidy Stehn and Hana Riedinger and severely injured Destiny Bruce is almost impossible to comprehend. Last Friday Jane, from the Northwood Anchor, teamed up with Rose Fredericks and some parents to give Cassidy and Hana's friends a chance to remember the good times they had with the girls and to share the good times they plan to continue with Destiny.

Northwood Anchor **Obituaries**

Dennis Grundel

Dennis William Grundel, 75, of Stacyville, Iowa, passed away on July 9, 2022, at the Mitchell County Regional Health Center in Osage, Iowa, of a massive stroke.

Dennis, the oldest son of George and Doris (Chapin) Grundel, was born at home on November 30, 1946. He began his elementary education in Rock Falls, Iowa, and then continued on in Otranto, Iowa, when his family moved to the home farm north of Carpenter, Iowa, in 1954. He attended high school in St. Ansgar and graduated with the Class of 1965. He continued on to take his first two years of college at Riverland Community College in Austin, Minnesota. He then transferred to Iowa State University and graduated in March 1970 with a Bachelor's of Science Degree in Forestry.



DENNIS GRUNDEL

After college Dennis enlisted in the Iowa Army National Guard based out of Jefferson, Iowa, and served his Basic Training in Kentucky and Georgia. He was honorably discharged.

Dennis met the love of his life, Marjorie Rachut, in 1966. They were engaged in 1967, and were married at St. John's Lutheran Church, Rock Township, on August 17, 1968. They celebrated their 50th anniversary in 2018 and would have been married 54 years this year. To this union was born a daughter, Deborah, and a son, Robert.

He began his working career with the Worth County Soil Conservation Service, transferring to the Decater County Soil Conservation in Leon, Iowa, as District Conservationist. He then was transferred to the Lucas County Soil Conservation in Chariton, Iowa, where he was part of the group that was instrumental in establishing and executing the Rathbun Lake project.

In 1977, Dennis and Marge moved back to northern Iowa to start farming with his brother and dad. He continued farming until his retirement in 2012 when he and Marge moved to their present home in Northwood. Suffering from dementia, he became a resident of the Stacyville Community Nursing Home in September of 2020.

Dennis loved to hunt and fish and in his younger years spent hours hunting with his good friend, Dennis Koch, who was at his bedside when he died on Saturday. There are four species of wild turkeys and Dennis and son, Robert took three hunting trips together successfully bagging three of the four.

He is survived by his wife, Marjorie; daughter, Deborah (Tom) Blaeser; eight grandchildren, Madisyn, Brittney, Aiden, Ellie, William, Zachary, Logan and Mitchell; two brothers-in-law, Ronald (Donna) and Dennis (Joyce) Rachut; sister-in-law, Susan (Jerry) Grundel; nephews, Michael Rachut, Steven (Beth) Rachut and Kevin Rachut; niece, Rachel (Kevin) Werges; and great-nieces and nephew, Abby, Caleb and Ellery Rachut.

He is preceded in death by his parents, George and Doris Grundel; his father and mother-in-law, Wilmer and Elsie Rachut; his son, Robert; brother, Jerry; and twin grandsons, Alex and Ryan Baardseth.

The family appreciates the Stacyville Community Nursing Home for the excellent care Dennis received while he was a resident there.

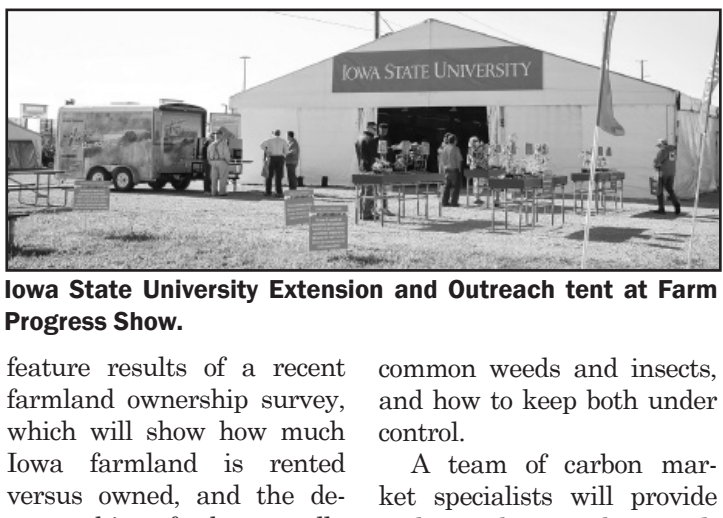
Dennis loved his family and the many friends he met along his life's journey. His mind is clear now and he is at peace. We will miss him.

A funeral service was held at 10:30 a.m. on Thursday, July 14, 2022, at St. John's Lutheran Church, Rock Township, rural Osage with Rev. Joel Nye officiating. Visitation was on July 13 at Schroeder & Sites Funeral Home, Northwood, from 5 – 7 p.m.

Iowa State specialists eager to welcome back Farm Progress Show

For the first time in four years, the Farm Progress Show will once again be held in Iowa this year, and specialists with Iowa State University Extension and Outreach are excited about the return.

The 2020 show was slated for Iowa, but was cancelled due to the COVID pandemic. Iowa State's exhibit will span nearly 6,000 square feet, showcasing the latest in agricultural research and technology.



Iowa State University Extension and Outreach tent at Farm Progress Show.

Iowa State University tent at Farm Progress Show."The show is a place to show off what Iowa State is doing in research and extension and the great people who we have in our college," said Kendall Lamkey, chair of the Department of Agronomy at Iowa State, and co-chair of the university's planning committee.

Lamkey will be at the show all three days, Aug. 30-Sept. 1, helping answer questions about agronomy, the growing season and anything else on farmers' minds. Iowa State will have staff and displays pertaining to nine key content areas: water quality, weeds, plant health, digital ag, farmland ownership trends, weather and climate, monarchs, carbon and the College of Agriculture and Life Sciences.

Lamkey said the planning committee at Iowa State tries to select topics that will be on people's minds, and with so much changing in agriculture the past few years, there will be a lot to talk about.

Commodity prices and farm inputs are all up significantly, along with farmland values and cash rents. Farmers are also facing ongoing challenges from supply chain issues, and weather and climate events.

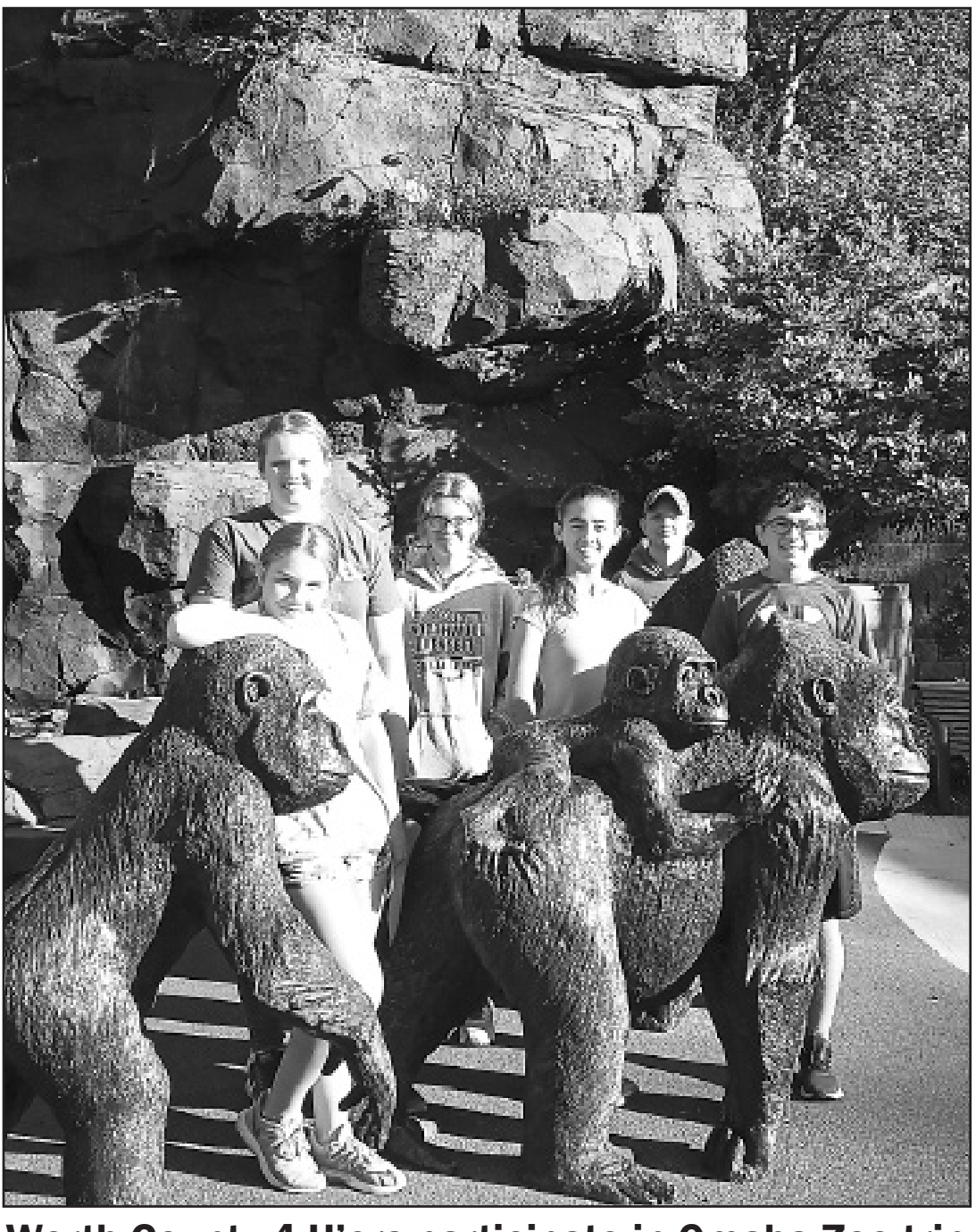
One of the newly updated exhibits will be the Iowa Farm and Rural Life Poll. Conducted annually by sociologists with Iowa State, the poll measures rural perspectives about farming and issues of importance to farmers. This display will also feature results of a recent farmland ownership survey, which will show how much Iowa farmland is rented versus owned, and the demographics of who actually owns Iowa farmland.

Visitors to Farm Progress Show interact with specialists from ISU Extension and Outreach.Also new this year, Iowans will get to learn more about the Iowa Environmental Mesonet – a weather and climate tool that helps farmers track soil temperature in their county, as well as precipitation and soil moisture.

Traditional displays like the weed, plant health and monarch exhibits, will give visitors the chance to test their skills at identifying common weeds and insects, and how to keep both under control.

A team of carbon market specialists will provide updates about carbon credit markets, contracts and farming practices that can help mitigate and sequester carbon. The team will also provide copies of recent extension publications related to carbon markets, what is known so far and what is still being explored.

Show director Matt Jungmann said holding the show in Iowa is a bit like a homecoming for himself and several of his staff, who graduated from Iowa State. Jungmann earned a bachelor of science degree at Iowa State in 1997.



Worth County 4-H'ers participate in Omaha Zoo trip

Worth County 4-H members participated in a "4-H Sleeping Bag Safari Trip" to the Henry Doorly Omaha Zoo and Aquarium recently. The 4-Her's experienced a private tour of the zoo and spent the night snoozing under the sea next to the Suzanne and Walter Scott Aquarium. They closed out their trip to the zoo by watching a movie on a Giant Screen Theatre. Worth County 4-H members participating included (from left) Lexis McHenry, Addison Runde, Jessika Ausborn, Ariah Bode, T.J. Ausborn and Kale Bode.

Tips for creating a pollinator-friendly garden

The beauty and diversity of pollinators can be enjoyed within the home garden or landscape, if some basic steps are taken to assure their habitat.

In a recent publication called "Gardening for Butterflies and Pollinators," horticulture specialists with Iowa State University Extension and Outreach explain the life and role of common pollinators, and actions Iowans can take to increase their numbers.

Pollinators are animals that help plants reproduce (produce fruits and seeds) by carrying pollen from one flower to another. Specifically, pollinators carry pollen from the male flower parts to the female flower parts, enticed by the nutrients they derive from the nectar and pollen.

"Growing plants for insects is an amazing way to enjoy nature in your own back yard," said Laura Jesse Iles, director and extension plant pathologist with the Plant and Insect Diagnostic Clinic at Iowa State. "I love just sitting and watching the parade of bees, flies, butterflies and more visiting my flowering plants."

Common insect pollinators in Iowa include honey bees, bumble bees, solitary bees, beetles, butterflies, flies, ants and wasps. Bats, birds and other animals that visit plants can also be pollinators.

The publication lists common nectar-providing plants for the Iowa garden, including trees and shrubs. A list of caterpillar host plants is also provided.

"When we think about plants to support pollinators we often think about annuals and perennials, but they are just some of the many plants, including trees and shrubs, that can be grown in a pollinator friendly space," said Aaron Steil, consumer horticulture specialist with ISU Extension and Outreach.

The authors also explain the importance of plant location (full-sun is better), moisture, shelter and protection. For the best pollinator garden, avoid pesticides and be cautious with herbicides.

Once a site is selected, growers should remove existing plant debris or vegetation, such as sod and weeds. Follow good gardening practices, including plant spacing, planting depth, irrigation (especially when plants are young and getting started), and use mulch for weed control and moisture conservation.

It may take several years for butterfly and pollinator habitat to establish and flower, but the results can add another layer of beauty to your property, while helping plants and crops that depend on pollination.

Authors were Laura Jesse Iles, director and extension entomologist with the Plant and Insect Diagnostic Clinic at Iowa State; Nathan Brockman, director of entomology, Reiman Gardens; Donald Lewis, professor and extension entomologist at Iowa State; and Aaron Steil, consumer horticulture specialist with ISU Extension and Outreach.

Wheelin With Worth car cruise/show set for August 7

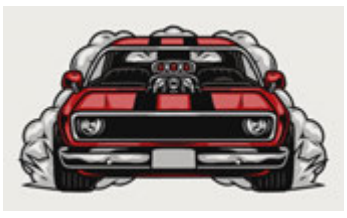
The Relay For Life of Worth County will host its annual Wheelin With Worth Car Cruise/Show on Sunday, August 7.

Registration for car cruise will be held from 10:30 a.m. to noon at the Strike Zone in Northwood.

The cruise starts there at noon, on a path that will lead to the Worth County Fairgrounds.

The cruising cars will be joined by others for a car show from 3-4:30 p.m. at the Worth County Fairgrounds. Registration is open from noon to 3 p.m. at the north gate for those not taking part in the cruise.

WHEELIN' WITH WORTH



At 4:30 p.m., trophies will be awarded with trophies selected by cancer survivors, a people's choice, first through third and a special award for the best decorated donation bucket.

Besides the car activities, a sloppy joe meal will be served and a bake sale will open at 3 p.m.

A silent auction will be held from 3-4:15 p.m. Winners will be announced after the car awards.

The public is invited to see the cars, enjoy the meal and take part in the auction, as well as the other fun of the event.

Input requested on Iowa electric vehicle infrastructure plan

Consistent with Governor Reynolds' initiative to evaluate the State of Iowa's electric vehicle infrastructure, which began in 2018 and resulted in a statewide EV report, the Iowa DOT is requesting public input to help shape the Iowa Electric Vehicle Infrastructure Plan, currently in development. An online survey, featuring questions about transportation and electric vehicles, is now open and can be accessed at www.iowadot.gov/IowaEVPlan.

The state of Iowa has been a leader in embracing new opportunities in clean energy technology to benefit its residents, economy and the environment. Renewable energy production continues to grow while more citizens, businesses and visitors desire to power their vehicles sustainably. As technology continues to evolve, more challenges and opportunities will present themselves, and the state will continue to respond to the ever-changing environment as a leader in renewable energy production.

As such, the State of Iowa will use its portion of the Infrastructure Investment and Jobs Act funds to support the continued development of electric vehicle charging infrastructure. Iowa is joining many other states in developing plans to create a national EV charging network along major transportation corridors.

Iowa expects to receive around $51.4 million in federal funds from this program over five years. To be eligible to receive funds, the state needs to submit a Statewide Electric Vehicle Infrastructure Plan by August 1, 2022.

Survey input provided by June 24, 2022, will be used by Iowa DOT and its partners to inform plan development. The survey will take approximately 10 minutes to complete. To learn more about the plan, electric vehicles and charging stations in Iowa, visit the project website at www.iowadot.gov/IowaEVPlan.

Northwood Anchor

People's Right To Know

Legal

Supervisors

July 11, 2022
Twenty-eighth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby and Enos Loberg, present. A.J. Stone, absent. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Loberg/Second Smeby to approve today's agenda and minutes from July 5, 2022 meeting. Motion carried.

Motion Loberg/Second Smeby to approve drainage claims in the amount of $2,317.50, as per the following schedule. Motion carried.

Bolton & Menk, Inc., DD 14, Prof Services.....$1,060.00
Bolton & Menk, Inc., DD 32, Prof Services.....$447.50
Bolton & Menk, Inc., DD 72, Prof Services.....$810.00
Grand Total.....$2,317.50

Motion Loberg/Second Smeby to approve the quarterly recorder's report. Motion carried.

Motion Loberg/Second Smeby to approve a fireworks request for Steven/Hopperstad Wedding at Country View Acres on September 10, 2022. Motion carried.

Motion Loberg/Second Smeby to approve Purchase Agreement between Henry M. Adkin & Son, Inc. and Worth County for Unisyn Voting Solutions OpenElect voting system, services and licensing. Motion carried.

Motion Loberg/Second Smeby to adjourn at 8:57 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

City Council

The Council of the City of Northwood met in regular session at City Hall on July 11, 2022 at 6:00 pm with Mayor Moehle presiding and the following council members present:

George-Zenz, Peterson, Nerlien, Tenold, Reeder.

Motion to approve the agenda. Unam.

Motion to approve the following under Consent Agenda: Council Meeting Minutes of June 27, 2022; Treasurer Report; Liquor License Renewal- Our Buddies Memorial Post VFW #6779; Claims as follows:

Payable to: For: Amount
NSB, Deposit Slips.....$58.15
NSB, Monthly ACH Fee $20.00
IA Dept of Revenue Sales Tax $1,746.00
IA Dept of Revenue Water Excise Tax $1,273.00
Professional Solutions Credit Card Annual Fee ..$90.00
Verizon Wireless Cell Phone, Router $128.11
Wellmark BCBS Insurance.....$11,399.84
Worth Co. Recorder Services-cc $14.00
Principal, Insurance.....$475.77
Visa, Pool supplies, Locater, registrations $2,301.94
Payroll, Wages.....$20,936.86
Payroll, Pool Wages $9,770.42
Alliant Energy Services.....$20,959.82
USPS, Mailing-cc $297.20
Payroll, Wages.....$25,424.17
Payroll, Wages-Pool $7,968.17
Payroll ½ Coaches Wages.....$3,000.00
Agri-Sales, Supplies-pw...$145.00
Aquafix, Supplies $400.12
Beland Tree Service Services.....$700.00
Brown Supply Co Supplies-pw $119.44
Bryan Rock Products Diamond Rock-rec $391.05
CarQuest, Supplies-pw $51.59
Carrico, Parts-pool $373.33
Chamber of Commerce City Celebration.....$5,000.00
D & L Equipment Repairs-pw.....$487.71
David Patrick Services-cc,lib $60.00
Debra Demaray, Plot-cem$135.00
Eilertson Repair Services-pw.....$1,023.70
Fallgatters Supplies-Pool.....$144.90
Farmers New Ag Supplies-pw $180.38
Freeborn County Coop Dust Control.....$2,454.10
Hannah Severson Refund-pool $40.00
Hawkins, Supplies-pw ..$6,628.03
Huber Supply, Supplies-pw$38.97
IA DNR Annual Water Supply $228.22
Iowa League of Cities Membership.....$1,519.00
Iowa Lot Striping Services.....$989.00
Iowa One Call Services.....$47.80
Iowa Parks & Rec CPO Class.....$340.00
John Deere Financial Parts, Freight-pw.....$151.37
John Greve, Services.....$500.00
Joyce Reininger Refund-pool $80.00
Kaitlyn Bachtle Refund-pool $40.00
Kelly Hardware Supplies-pool $1,425.88
Knutson Oil Fuel-pw,tr.....$4,048.75
Logan Butler Expenses-pool.....$73.06
Marco Tech. Supplies-cc.....$705.44
Nelson Septic Services Services-park.....$425.00
NIACOG fy23 Memberships Dues $1,802.64
Northern Lights Dist. Supplies-pool $3,170.45
Northwood Anchor Newspaper.....$40.00
Northwood Anchor Publications.....$288.79
Northwood Chiro DATA $30.00
Northwood Electric Repairs.....$145.50
Northwood Sanitation Services.....$7,696.00
Nwd Sanitation Bags-cc.....$330.00
Northwood Senior Center Monthly Donation $800.00
ODP Business Solutions Supplies-pw $77.99
ODP Business Solutions Supplies-cc.....$52.04
Olson Insurance Bond Renewal.....$193.50
Olson Insurance Aviation Ins. $1,784.00
Proline Dist. Supplies $9.64
Quality Flow Systems Parts-pw $737.17
Radarsign, Signs $7,643.00
Resilite Sports Products Mats-rec.....$27,577.00
Roto-Rooter of Mason City Services-lib $200.00
Three Oaks Greenhouse Planters-cem.....$240.00
Trading Post, Repairs-pw ..$51.77
Viafield, Supplies-pw $662.27
WCTA, Phone/Internet $858.96
Worth Co. Sheriff 28E Police Services ...$31,170.75
Worth Lumber Supplies-rec.....$426.79
Library:
Alliant Energy, Utilities ..$329.07
Visa, Supplies, postage $384.36
Baker & Taylor, Books..$1,068.29
Center Point Large Print Materials $75.31
Fallgatters, Supplies.....$89.76
Iowa Barns, Materials $29.95
Kelly Hardware, Supplies..$15.76
Marco, Supplies.....$256.26
NI Libraries Collaborating Supplies $925.35
ServPro, Services $856.00

Summary of June 2022 receipts by fund type: General - $70,193.37; Special Revenue-$64,549.46; Debt Service - $5,168.87; Capital Projects-$7,432.44; Enterprise-$89,629.94; Trust & Agency - $2.86.

Summary of June 2022 disbursements by fund type: General - $262,088.36; Special Revenue-$18,631.17; Debt Service-$197,670.00; Capital Projects-$0; Enterprise- $367,560.27; Trust & Agency -$210.00.

Roll was called and the following voted Aye: George-Zenz, Peterson, Nerlien, Reeder, Tenold.

Motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
900 Central Ave., Northwood, IA
Office 641-324-1023 Home 324-1391

Alcoholics Anonymous Alanon
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Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

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Farmland leasing and management workshops planned across Iowa

Iowa State University Extension and Outreach will host multiple farmland leasing workshops during July and August. The annual meetings will address questions that landowners, tenants and others may have.

Core components of the 2022 program include discussion on land values and cash rent trends, legal updates that impact farm leases and land ownership, communication between rental parties, implementing conservation practices in leases, and cybersecurity tips for farm business operations.

Useful information to improve Iowa farmland leases

Current market conditions have resulted in increased interest in farmland leasing and how lease rates are negotiated, according to Melissa O' Rourke, a farm and agribusiness management specialist with ISU Extension and Outreach.

"Due to the volatility of commodity and land markets, we've seen increased inquiries regarding both fixed and flexible cash lease methodologies," said O'Rourke. "There are dozens of methods for putting together flexible cash lease arrangements, and we will work through several examples."

Iowa State research indicates that on average, most farmers in Iowa are seeing a significant increase in what they pay for 2022 land rents. This is according to the 2022 Cash Rental Rates for Iowa Survey of farmers, landowners and ag professionals.

O'Rourke, who is also a licensed attorney, has seen that farmland owners and producer-tenants need to have more conversations about the cost of inputs to produce the crop from planting to harvest (including storage), as well as reasonable expectations on profit margins.

"ISU Extension has good resources to assist people to gain an understanding of how crop input costs can be considered in setting cash lease rates, and I'll show how those can be used," she said.

The two-to-three-hour workshop is designed to assist landowners, tenants and other agri-business professionals with current issues related to farmland ownership, management and leasing arrangements. Comments from past participants note the value of the materials provided and depth of information covered in the short program.



A 100-page workbook is provided to workshop participants, with resources regarding land leasing agreements such as surveys, example lease agreements and termination form, along with many other publications.

Attend a local leasing meeting

The meetings are facilitated by ISU Extension and Outreach farm management specialists. A listing of ISU Extension and Outreach county offices hosting meetings, registration fees, and details on virtual options are available online through the Ag Decision Maker website.

To register, contact the ISU Extension and Outreach county office hosting the event. Pre-registration is encouraged, as an additional $5 fee may be added if registering less than two calendar days before the meeting.

The Ag Decision Maker leasing section also provides useful materials for improving lease agreements, information on various types of leases, lease forms and newly updated Decision Tools.

Field Day at Limestone Brewers

The North Iowa Local Food Connection Program announces a Field Day and Brewery Tour at Limestone Brewers in Osage on Saturday, July 30. The event will take place from 2 – 4 p.m. at 518 Main St, Osage. Owners Tony Wynohrad and Josh Olson are eager to demonstrate the brewing process, and their love of local community.

Limestone Taproom Manager Lisamarie Odeen explains, "The reason we're called Limestone Brewers instead of Limestone Brewery is because it's all about the people! It's about bringing people together, providing space for the benefit of the community, and supporting our neighbors."

Besides the tap room where core and seasonal beers are served, Limestone also offers hand-made pizza, a large group event area, which includes axe-throwing lanes, and often provides live entertainment such as music, trivia, and comedy shows.

In their commitment to local produce, Limestone purchases most of the meat used on the pizza locally from S&S Locker, right next door, and some of the hops they purchase are grown near Cedar Falls. They offer the spent grain (what's left after brewing) to local farmers for livestock feed. Odeen notes that they would like to have more farmers take advantage of this, so that no grain goes to waste.

Limestone Brewers are proud of that "full-circle" process – buying hops locally, using spent grain to feed livestock, and then local meat being used on their pizzas.

The Field Day will consist of a start-to-finish tour about beer brewing, introductions to creative and artistic beer, and a chance to taste some of the product.

More information is available by contacting Lisamarie Odeen at 641-832-3100 or lisamarie@limestonebrewers.com.

The North Iowa Local Food Connections program is coordinated by Healthy Harvest of North Iowa to build relationships between local food and farm businesses. This series of field days provides an opportunity to learn about the unique businesses across our region raising and providing great food. The network creates a space for businesses and friends to collaborate, learn, and create connections that build businesses and productive communities.

North Iowa Food Connections program is a partnership of Healthy Harvest of North Iowa (www.healthyharvistni.com), local food and farm business. Support provided by a USDA Beginning Farmer and Rancher Development Program (BFRDP), in partnership with Practical Farmers of Iowa.

CLASSIFIED ADVERTISING

THANKS

CARD OF THANKS: The family of Marjorie Barber would like to thank Pastor Lanphere, the staff at WCPH, LRH, Northwood Clinic and Conner Colonial Chapel for their compassion and kindness throughout moms care. Also, thank you to the many friends who joined us in our celebration of moms life.*

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LARGE COIN AND PAPER CURRENCY
AUCTION
80 YEAR COLLECTION
SUNDAY, JULY 24, 2022
10 A.M. ~ VIEWING STARTS at 8 A.M.
KENSETT COMMUNITY CENTER
300 WILLOW STREET, KENSETT, IOWA
453 lots including MS graded coins & currency: 115 silver dollars including 12 cc Morgans, 2-1889 cc Morgans, 1890 cc, 1893 o, 1895 o, 1895 S Morgans, 4 1921 Peace, Barber & Walker half dollars, 4 complete blue books of Walker halfs, complete blue book of Franklin halfs, Barber quarters, silver coins from Canada-France-Mexico-Great Britain, Capped Bust dimes, Seated dimes, Large cents, 3-uncirculated Morgans, 3-cent Trimes, Shield nickels including 1-1881, V nickels including 3-1886 & 1-1885, Capped Bust half dimes, Seated half dimes, Capped Bust dimes, Capped Bust quarters, Seated quarters, Washington quarters including 1-1932 D & 1-1932 S, Capped Bust halfs, Walker halfs including 1921 – 1921 D-1921 S – 1938 D, Seated halfs, $5 US gold piece, 1975 Panama Gold 100 Balbous coin, 1865 Mexican Gold token, 1798 Draped Bust Heraldic Eagle (13 arrows) dollar, 1795 Flowing Hair (2 leaves) dollar, 1893 Columbian Expo Isabella quarter, lots of foreign coins, foreign currency, Wheat pennies, Silver Certificates, Gold Certificates, Federal Reserve notes, National Bank notes, US Large notes, US Fractional currency plus much more!
Like us on Facebook: Reeder Auction Service
Please Note This is the 7th of 10 Very Large Coin Auctions.
OTHER TENTATIVE DATES ARE
August 7, August 28 & September 25.
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Not Responsible for Accidents

TIMED ONLINE | NO-RESERVE
FARM RETIREMENT AUCTION
BIDDING CLOSES: WEDNESDAY, AUGUST 3, 2022
STARTING AT 10:00 A.M.
PHYSICAL ADDRESS: 1774 130TH STREET, RUDD, IOWA 50471
INSPECTION: FRIDAY, JULY 29TH FROM 10:00 AM - 3:00 PM
HIGHLIGHTS: 1981 Allis Chalmers 7060 2wd tractor, 6,054 hours, SN 9062; 1976 Allis Chalmers 7060 2wd tractor, 3,862 hours, 2nd owner, SN 3421; 1974 Allis Chalmers 200 2wd tractor, 3,053 hours, 2nd owner, SN 8140; 1993 Belarus 420AN MFWD tractor, showing 712 hours, 2nd owner, SN 495365; Westendorf TA26 loader w/ AC 7000 series mounts; 1983 Massey Ferguson 850 2wd combine, 2nd owner, SN 23313; 1983 Massey Ferguson 850 2wd combine, SN 23328; 1981 Massey Ferguson 850 2wd combine, 2nd owner, SN 23162; Massey Ferguson 1859 20' grain platform, SN 70726; Massey Ferguson 1859 15' grain platform, SN 70485; Massey Ferguson 1163 6 row 30" corn head, SN 113190; Massey Ferguson 1163 6 row 30" corn head, SN 113208; Massey Ferguson 1163 6 row 30" corn head, SN 2334000065; Shopbuilt 20' head cart; White 5100 6 row 30" planter, SN 603160; Massey Ferguson 820 21.5' disc, SN 905563; Hiniker 3300 31' field cultivator; White 588 5 bottom plow, SN 16820; White 445 9 shank 12' chisel plow; Brady 13 shank 16' 3-pt. chisel plow; John Deere 400 15' 3-pt. rotary hoe; Hardi TR800 800 gal. pull type sprayer, SN 981869; (2) J & M 500-5D gravity wagon; (4) J & M 350-20 gravity wagons; Westfield MK130-71 13" x 71' swing away auger; Westfield W80-31 8" x 31' truck auger; M-C 180SB 15' rotary scythe; 28' implement trailer; 7' 3-pt.blade; Also selling farm support items
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VIRTUAL ONLINE
Mitchell County, Iowa LAND AUCTION
Thursday, July 28, 2022 at 10:00 AM
100 ACRES± • SELLING IN 1 TRACT
The Stromley farm is located in Section 16, Otranto Township, Mitchell County, Iowa. 7 miles northwest of St. Ansgar, Iowa or 30 miles northeast of Mason City, Iowa.
Make plans now for this upcoming Northern Iowa land auction. This diversified farm offers productive tillable farmland as well as awesome hunting and recreational acreage. To top it off this farm includes over a half-mile of Cedar River frontage featuring attractive watersport opportunities and several nice home or cabin building sites. We look forward to your participation in this upcoming Mitchell County, Iowa land auction.
Leora M. Stromley Farm
JAN ENERSON – SELLER
Attorney: Patrick J. Rourick | Patrick J. Rourick Law Firm
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Worth County 4-H State Conference 2022

Worth County 4-H was very well represented again at this year's State 4-H Conference at Iowa State University. The 4-H'ers participated in community service projects and educational workshops. They also listened to motivational speakers and attended the State 4-H Banquet and dances. Members pictured above include (in front, from left) Sophia Butler, Merrin Hanson, Lauren Petznick, Sydney Schilling, Weston Willand, Jadyn Beland, Madison Edwards, Kelsi Liddle, Jessika Ausborn, chaperone Kristy Ausborn, (second row) chaperone Rhonda Kaufman, Logan Kaufman, Ellie Ehrhardt, Addyson Runde, Taylor Foss, Evelyn Berding, Kamryn Backhaus, Payten Kruger, TJ Ausborn, (back row) chaperone Peter Julseth, Holden Willrett, chaperone Denton Julseth and Josh Stevens.

Pestorious competes in 4-H Shooting Sports National Championship

Iowa delegates competed in a variety of disciplines at the 2022 4-H Shooting Sports National Championships in Grand Island, Nebraska, June 26 - July 1. About 700 4-H youth from 39 states across the country competed in compound archery, recurve archery, air rifle, air pistol, .22 rifle, .22 pistol, shotgun, muzzleloading and hunting skills.

The 4-H project area of Safety and Education in Shooting Sports assists young people and their leaders in gaining knowledge and developing life skills through shooting sports. 4-H members in this project area learn the safe and responsible use of equipment, decision making, self-discipline, concentration and sportsmanship.

The following young people represented Iowa at this national event:

Air rifle team: Lauren Keller, Wyatt Silhanek, Braden Vik, Collin Vik.

Archery compound team: Slade Graham, Jordon Kloth, Ransom Mascher.

Archery recurve - individuals: Mikayla Kloth, Hope Miller.

Muzzleloader team: William Dunbar, Zane Fisher, Maxwell Owen.

Rifle smallbore team: Jacob Geis, Jared Geis, Elijah Madsen.

Shotgun team: Curtis Campbell, Cael Honnold, **Haydan Pestorious**, Grant Van Nice.

Wildlife participant: Megan Swarzendruber.



Iowa 4-H Shooting Sports Delegates pictured include (front row, from left) Megan Swartzendruber (wildlife, individual); Hope Miller (recurve archery, individual); Mikayla Kloth (recurve archery, individual); Jordan Kloth (compound archery team); Lauren Keller (air rifle team); Wyatt Silhanek (air rifle team); Slade Graham (compound archery team); Zane Fisher (muzzleloader team); Maxwell Owen (muzzleloader team); Braden Vik (air rifle team); (back row) Jacob Geis (smallbore rifle team); Allison Brundy (Iowa 4-H state shooting sports coordinator); Shawn Swartzendruber (wildlife coach); Curtis Campbell (shotgun team); Ransom Mascher (compound archery team); Jared Geis (smallbore rifle team); Cael Honnold (shotgun team); Hayden Pestorious (shotgun team); Grant Van Nice (shotgun team); William Dunbar (muzzleloader team); Troy Harris (recurve archery coach); Ryan Keller (muzzleloader coach); Les Bacon (smallbore rifle coach); Roy Silhanek (air rifle coach); Dale Pike (shotgun coach); and Mike Kloth (compound archery coach)

Smallbore rifle coach Les Bacon shared how much of an improvement he saw in the kids. "After the 4-H Shooting Sports National Championships is over, it is almost a completely different group of kids, the growth in skills and confidence is that huge. Everyone who comes here once wants to come back again. Shooting Sports is not about winning. It is about teaching kids the focus and determination to overcome challenges to reach their goals. Shooting sports is about 90% mental and 10% physical," Bacon said.

Iowa 4-H Shooting Sports Delegates.Mikayla Kloth from Ames won first place overall in the recurve archery competition.

"I decided last summer I wanted to come to Nationals for recurve archery. Shooting sports has taught me that if you have a goal, you have to overcome challenges and focus on how to get where you want to be," Kloth said.

Official event scores and event photos can be found at the 4-H Shooting Sports National Championship website.

More information on the Iowa 4-H Youth Development Program or the Safety and Education in Shooting Sports project area and events, is available by contacting local Iowa State University Extension and Outreach county offices or online at www.extension.iastate.edu/4h.







The fun will be shared at the state fair

Earlier this year, the annual 4-H showcase of young people's talents was held, with Worth County's 4-H clubs invited to "Share N the Fun." The event features groups of 4-H'ers performing skits, dances and other talents for an audience of their fellow 4-H'ers, friends and family members. The groups pictured above were also chosen to advance and perform again at the Iowa State Fair this August.



Paving a lot

Work continues on the improvements in and around the Timbers event center. The foundation is in place for a changing suite for wedding receptions. More recently the parking lot outside the Timbers was paved, as seen here.



Educational presentations going to State Fair

Earlier this year, these 4-H'ers shared their educational presentations. Their efforts earned them the opportunity to make the educational presentations at the Iowa State Fair this August. Pictured are (from left) Marli Backhaus, Rhema Meier, Logan Kauffman, Ben Meier, Kamryn Backhaus and Adylyn Petersen.

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$33,300 with 1.99% for 84 Months $31,600

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$6,500

New Farm King BR10
10 wheel bat rake, hyd lift, mechanical angle adjustment 18ft to 22ft working width



Cash Discount Price $28,500
$30,000 with 1.99% for 84 Months

New Kioti CK2610SEHC
26HP, Cab AC/Heat, Radio, MFWD, 3 Range Hydro, 2 sets rear hyd remotes, 540 pto, 3pt, KL4030 loader with 66" quick attach bucket

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