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The Northwood Anchor

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Briefs

N-KHS blood drive set for Nov. 4

A community blood drive will be held at the Northwood-Kensett High School on Friday, November 4.

The blood drive will be held in the high school gymnasium from 8 a.m. to 1 p.m.

Those that donate at the blood drive will be eligible to receive free socks and donuts.

Those that would like to schedule a donation may call 800-287-4903, text LIFESERVE to 999-777 or online at lifeserveblood-center.org.

Halloween mystery dinner party Saturday

A Halloween mystery dinner party event is being planned as a fundraising benefit for Waking Miss Winifred, the group restoring Northwood's historic Hotel Winifred.

The dinner party will be held on Saturday, October 29, at 6 p.m., at the Bee Hive Ballroom above Worth Brewing Company.

Costumes are encouraged.

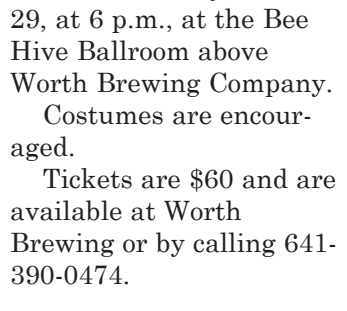
Tickets are $60 and are available at Worth Brewing or by calling 641-390-0474.

Absentee voting underway

The 2022 General Election will be held on Tuesday, November 8. The polls will be open from 7 a.m. to 8 p.m.

Voters may currently request an absentee ballot at the auditor's office and vote in person. Also, for those who have already submitted an absentee ballot request, those ballots were mailed on October 19. Voters may request and vote ballots at the auditor's office until 4

Voting, See Page 2



The Week's WEATHER
by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Oct. 18	40	19	
Wed. Oct. 19	45	16	
Thurs. Oct. 20	64	35	
Fri. Oct. 21	72	38	
Sat. Oct. 22	80	32	
Sun. Oct. 23	76	57	
Mon. Oct. 24	67	55	



Pump-cube
The creative endeavors of Northwood-Kensett's cube arrangers continued for Halloween. Pictured here are (from left) Mia Fierova, Ivy Toresdahl, Cayleigh Pepper and Konlin Perry. The students used 675 Rubik's Cubes to create the image of a Jack O'lantern, measuring almost 5 feet on each side.

From screen to N-K gym, Valles shares story of coach's impact



Last week, Northwood-Kensett students were visited by a speaker who shared his version of a true inspirational story that became the movie "McFarland USA."

Thomas Valles was a member of the first California state cross country team in 1987, and he showed how his coach helped him find the focus and drive to persevere despite the challenges that faced him.

Valles was at N-K as he visited five area schools courtesy of Care Connections of North Iowa, the regional mental health agency, and Palo Alto County Public Health.

Valles spoke about the challenges he faced growing up in an abusive home and dealing with undiagnosed dyslexia, before the positive influence of coach Jim White.

With both parents dropping out of school, they learned the importance of an education and were diligent about their students attending. However, Valles' learning issues meant that focusing and learning on his own translated into just getting by and accepting bad grades, he said.

But he excelled in what he called his favorite class, PE. His prowess in the class' mile running competitions drew the attention of Coach White, who convinced him to join track and eventually cross country after the seventh grade.

To stay eligible, Coach White convinced him to focus and get the help needed to bring his grades up.

Valle grew up living in a home where his parents fought regularly, sometimes ending in physical altercations. Eventually that ended up with his father being arrested before leaving the family for good.

Without the stricter discipline of his father, and

Speaker, See Page 2

Official enrollment and students at N-K schools up in 2022

Official enrollment numbers showed increases in both the official enrollment, as well as in the number of students attending classes at Northwood-Kensett schools this year.

The total official enrollment in this school year was 511 students, up 8, or 1.59% from last year's official enrollment of 503 students.

The certified enrollment number is used by the State of Iowa to determine the amount of spending authority each Iowa school district has access to during a school year.

While the school district receives funds for each student it educates, the amount of money it can spend is dictated by the official enrollment number, which reflects the number of students living in the district.

The official enrollment figures are composed of two student populations, those living in the district and attending district schools and those that live in the district that are educated elsewhere.

The number of resident students that attend classes in the district accounted for an increase of 11, up 2.38%, from 463 to 474 in the current school year.

The other portion of the official enrollment count is the amount of students that live in the district, but who are educated in other school districts, and for which the N-K district forwards funding. That includes students who open enroll out of the district into other Iowa districts and students who attend alternative schools in Iowa.

Students living in the district, but attending classes at other schools totaled 37 this year, down 3, or 7.5% from the 2021 total of 40.

When it comes to the incoming student population, those who open enroll into the district, the total showed an increase of 5, or 17.24% over the previous year. The number of students open enrolled into N-K schools this year increased from 29 in 2021 to 34 this year.

Iowa students actually educated at N-K schools includes the combination of those students living in and educated in the district and

Enrollment, See Page 2

Halloween parade set for Monday

Northwood will celebrate Halloween this Monday, October 31, as the Northwood Area Chamber of Commerce sponsors the annual Halloween parade and costume contest for children up to 10 years old.

The parade begins at the City Hall parking lot at 5 p.m. on Halloween, Monday, October 31. The costumed kids, and their accompanying adults, costumed or otherwise, will parade to the basketball courts in Central Park.

At the park, a contest will be held, with prizes going to the top three winners in three age groups, children three and under, 4-6 and 7-10.

All kids under the age of 10 taking part will receive a bag of candy, while supplies last.

Following the parade, from 5-8 p.m., children will be trick or treating throughout Northwood.

Those handing out candy are asked to turn on their porch lights to signal that they are welcoming trick or treaters.

Candidates vie for District 1 supervisor seat

With absentee voting underway and Election Day set for November 8, most local offices appearing on ballots will be unchallenged. The exception is for the office of Worth County supervisor, representing District 1.

Other county offices appearing on ballots will be, for Treasurer- incumbent Republican Jake Hanson, Northwood; Recorder- incumbent Republican Teresa Olson, Northwood; Attorney- incumbent Republican Jeffrey H. Greve, Northwood; and for Supervisor, District 3- Incumbent Republican Enos Loberg, Northwood.

Below is information and answers to questions submitted to the candidates for Supervisor, District 1.

Appearing on ballots are incumbent Democrat Aaron Stone and Republican Dan Gordon.

Dan Gordon

Dan Gordon and his wife of 28 years live in rural Grafton. They have three adult children, Codie, Connor and Carlie.

Gordon is a self-employed farmer. He has been farming since 1980 and is a fourth generation farmer.

Gordon graduated from St. Ansgar High School in 1983.

Gordon has been a member of the Grafton Fire Department since 1998. He is also a member of the lzaak Walton Club, where he serves as a board member.

Gordon has also served on the courthouse committee and ambulance committee.

Anchor: Why are you running for supervisor?

Gordon: I feel it's time for a different perspective on the board. There are issues that I think need to be addressed and are either being put on the back burner or being overlooked.



AJ STONE



DAN GORDON

Anchor: What issue or issues do you see as the most important ones for Worth County?

Gordon: Infrastructure: we nee to look at more ways to improve industry. Roads are a huge issue that I feel

Candidates, See Page 2

Happy Halloween!

School boards approve terms for shared girls wrestling team

This coming wrestling season will see several area athletes hit the mat as members of the North Central Trailblazers, the new team that will take part in the inaugural season of high school girls wrestling in Iowa. Details of the team and the season were approved at recent area school board meetings.

The North Iowa Trailblazers will consist of athletes from five area schools, including Northwood-Kensett, St. Ansgar, Central Springs, Forest City and Lake Mills.

N-K will be considered the host school for the team.

Team practices will be set for the Viking Activity Center wrestling room in Northwood though each district's athletes will also practice with their school's boys wrestling team and coaches as well.

Each district is responsible for transporting athletes to practices and tournaments.

N-K will be responsible transporting from their district to matches, with other schools arranging transportation to N-K, though N-K may pick up or drop off at other districts when convenient.

As host school, N-K will employee the coaches for the team. At their meeting on October 13, the N-K school board approved the hiring of Terry Lowe as the head coach and Alissa Dean as the assistant coach.

The salaries of the coaches will be split between the five districts, as will the initial starting costs for the team. It was estimated that those startup costs would include the coaching salaries, supplies, dues, uniforms, travel and entry fees, totaling an estimated $15,748.93, or $3,156.99 per district, according to information shared.

All gate receipts and fundraising money will go towards the cost of officials. Other districts' students may use their activity passes to attend the girls wrestling matches.

Each student will be subject to their home district's eligibility and good conduct policies.

By default, matches will be held at N-K, unless the five districts' athletic directors set other locations.

Enrollment
Cont. from Page 1

those enrolled into the district. That total has increased, from 492 in 2021 to 508 in 2022, an increase of 16 students, or 3.25%.

The official enrollment figures only include students living in Iowa, not those attending N-K schools who live in Minnesota.

While the Glenville-Emmons school district has ended an agreement that allowed students in its district to attend classes at N-K, those Minnesota students that were previously attending N-K classes, or who had siblings that were already attending N-K before GE ended the arrangement, will be able to finish their education in Iowa.

The number of Minnesota students attending school at N-K this year is 12, up one from 2021.

Excluding those students open enrolled out, and including those students open enrolled in, as well as students from Minnesota, the total number of K-12 students being educated in the N-K school district this year was up 17, or 3.38%, to 520, from 503 in 2021.

Also adding to this year's total of students for whom the district will receive funding, are those that are enrolled in the district's four-year-old preschool classes.

The district receives 0.5 credits for each qualifying preschool student. This year the school district will receive funds for 20.5 students, accounting for 41 preschoolers. This number is up from last year's total of 18 credits for 36 preschool students.

The number on official enrollment figures does not reflect the actual total of children in N-K preschools. The district only receives credit based on the age of the student and how many times they have attended preschool.

The district will also receive credit when it comes time to determining funding through a program to encourage the sharing of resources amongst schools. The district will receive a total of 21 credits, the maximum allowed by the program, for those agreements.

Including the resident students, those open enrolled into the district, the credit for its preschool and the addition for its sharing agreements, the district will receive Iowa state aid for 549.5 students, up from 531 students in 2021.

The district will also receive funds from the State of Minnesota for the students attending N-K from across the border.

Voting
Cont. from Page 1

p.m. on Monday, November 7.

More information, including sample ballots, can be found at the Auditor's Election Website at elections.worthcountyiowa.gov/ or by contacting the Auditor's office at 641-324-2316.

Federal offices on the Worth County ballots include U.S. Senator for Iowa and District 2 Representative.

State offices appearing on the ballot in Worth County include governor and lieutenant governor, Secretary of State, Auditor of State, Treasurer of State, Secretary of Agriculture, Attorney General, senator for District 30 and representative for District 60.

Also appearing on ballots are a variety of local offices, including those with seats in the courthouse and those representing the county's townships, commissions and councils.

At the county level, appearing on ballots will be, for Treasurer- incumbent Republican Jake Hanson, Northwood; Recorder- incumbent Republican Teresa Olson, Northwood; Attorney- incumbent Republican Jeffrey H. Greve, Northwood; Supervisor, District 1- Republican Dan Gordon, Grafton; and Supervisor, District 3- Incumbent Republican Enos Loberg, Northwood.

The ballots will also include those running for township trustee and clerk positions.

Also on ballots is the question of whether or not voters support taxes to support the EMS needs of Worth County.

A State-level question asks whether an amendment to the Iowa Constitution should be added, regarding the recognition of the right to keep and bear arms, and an increased scrutiny on potential restrictions.

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Speaker
Cont. from Page 1

with his mother left to care for five children, Valle said that he was free to make some poor decisions, until he had his own bout with drinking, and he realized that he let his Coach down, not acknowledging the impacts on his mother until later in his life.

Valles said that without a father, Coach White fulfilled the role in many ways and kept him focused on running and off the negative impacts on his life.

Valles' story was one of those translated into the film, and at first, he wasn't happy with the idea.

Valles said for many years, he would hear from teammates that shared their stories at public events, but he said that he didn't want to relive those personal details with audiences.

That changed when his friend, who took over the role that Coach White had before retirement, convinced him that his story could inspire and help kids like him.

Despite his initial reservations with his life being depicted in film, the experience of seeing the movie brought him some special experiences like meeting the stars of the movie and those attending the premier.

Since that first showing, Valles has seen the movie 21 times, with screenings for teams, speaking events and in the community of McFarland.



Valles mentioned where his teammates went after the events depicted in the movie, noting that most went into education or, like him, law enforcement. He said they all went into careers that would let them try to have a positive impact like their coach had on their lives.

As for Coach White, it was the first of 9 state champions for the McFarland team, Valles said.

For Valles, he ran at the community college level and then at a bigger school while he studied law enforcement. He has served in the Coast Guard, in the prison system and more recently as a coach, all while calling McFarland home.

Valles emphasized to the students the importance of setting goals and not letting bad decisions get in the way. He also told them that they have their own versions of Coach White at their school, to recognize them and realize they are there to help.

Valles also took questions after speaking, where he talked about continuing running, despite the cold weather challenges of visits to places like North Iowa.

He talked about the improvements to McFarland that have come with the attention of the movie, and of his interactions with visiting tourists and sightseers.

Valles also said that he still keeps in touch with Coach White and his wife, visiting with them regularly and taking care of them whenever they need his help.

Candidates
Cont. from Page 1

we have overlooked for too many years. That includes rural bridges and culverts.

Anchor: How would you address those issues?

Gordon: Make a list of those in dire need and make a 5-year/10-year plan to update as many as possible using Federal, State and TIF funding.

Anchor: Why should Worth County voters choose you to represent them?

Gordon: I will be open minded on any issues and weigh out the pros and cons, but I am a commonsense type of person and feel we need to spend within our needs, keeping in mind that we are a small, populated county and mainly rural.

AJ Stone

AJ Stone lives in Manly with his wife Gretchen and their 8-year-old daughter Alaina.

Stone is self-employed. His business supplies small communities with water and wastewater operations and also does small excavation (water and sewer lines, septic systems).

Stone is a 1997 graduate of North Central High School in Manly.

Stone is completing his first 4-year term as county supervisor. Stone has spent 12 years on the board of directors at the Pioneer Town and Country Club in Manly He is also coming up on his 12th year with the Manly Volunteer Fire Department.

Anchor: Why are you running for supervisor?

Stone: I am running for re-election because there are some projects started that I would like to see completed: the renewable fuels facility looking to build at the Manly Terminal, sheriff's office, jail and courthouse up grades. I'm also hoping that the voters will support the ambulance service, so we can provide ALS services and quicker transport times for our residents.

Anchor: What issue or issues do you see as the most important ones for Worth County?

Stone: The ambulance service is a very important issue in the county. With the lack of volunteers and the long response and transport times, the county is in definite need of a transport service. Worth County is the only county without a transport service and a hospital and to me our residents' health and safety is something that's very important.

Anchor: How would you address those issues?

Stone: If the voters approve the taxation, then we can see which proposals will benefit the entire county. I want to see an ambulance provide the best level of care to the people that really need it. I will do whatever it takes to help provide that service.

Anchor: Why should Worth County voters choose you to represent them?

Stone: I hope the residents of District 1 see that I always try to do what is right for the greater good of the county. This job can be very difficult and I hope the voters will continue to support me like they have for the last four years.

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Northwood asks residents to avoid burning leaves

As leaves continue falling the City of Northwood offers several options while asking residents to avoid burning leaves, which may create health issues for others.

For many years, the City has instituted a voluntary burn ban, with residents requested, but not required, to refrain from burning leaves.

Smoke from burning leaves contains many elements that can cause health problems that can make life difficult, or even cause serious, potentially fatal, health complications for some in the community.

Cost saving alternatives exist, including mulching and composting. The City of Northwood also provides a number of other leaf disposal alternatives.

The City is once again collecting leaves and grass this fall.

Leaves must be placed on the hard surface of the road and will be picked up early in the week. Leaves will not be picked up in alleys. Piles should be raked into the street in rows and should be no more than four feet wide and three feet high.

Northwood residents may also haul their leaves to the city's old dumpsite. Leaves may be left loose or in biodegradable bags. Loose leaves must be transported under a tarp. Plastic bags and boxes may not be left at the dumpsite, for the Code of Iowa.

Though the burn ban in Northwood remains a voluntary one, the city's ordinances do include some restrictions. Burning is not permitted until after 4 p.m. Only yard waste materials should be burned. It is against city code to burn other items, including lumber, tires or any garbage. Burning is not allowed on city streets.

If you smell gas, move fast to a safe location

From Alliant Energy:

With cooler weather arriving, Alliant Energy encourages customers to be aware of carbon monoxide and natural gas safety practices, especially as they turn on their furnaces and begin to use more natural gas.

"Our customers' safety is our number one priority," said Richard Sublett, director of operational compliance and work order management for Alliant Energy. "As customers turn on furnaces for the first time this season and begin to use natural gas appliances more frequently, it's important they understand how to stay safe."

Natural gas is commonly used to heat homes, warm water and cook food. Although gas leaks are rare, it's important consumers know what to look for and how to react. One telltale sign of a natural gas leak is the smell of rotten eggs. A hiss or whistle near gas appliances can also be a sign.

Carbon monoxide can be released when a furnace or gas appliance malfunctions. Like natural gas detectors, carbon monoxide detectors can help identify this threat. Carbon monoxide is a deadly, odorless gas that causes dizziness, shortness of breath, headaches, confusion, nausea and fainting.

If you come across signs of a gas leak or experience these symptoms, leave the premises immediately. From a safe location, call 911.

"We urge customers to install natural gas and carbon monoxide detectors for greater security," Sublett said. "Customers should also replace batteries regularly and get into a routine of practicing their emergency plans and ensuring all detectors work properly."

Here are some additional tips to prevent natural gas and carbon monoxide incidents outside your home:

Always call 811 to have a professional mark buried lines in your yard if you intend to dig. If natural gas blows from any pipe in or outside your home, or you need medical attention for carbon monoxide poisoning, call 911.

Keep natural gas meters and appliance exhaust vents clear of snow, ice and debris. A blocked vent can cause carbon monoxide accumulation or equipment malfunction.

For more information about gas safety, please visit www.alliantenergy.com/gas.

New signs guide traffic on emergency detours



Many traveling through Northwood's downtown may have noticed some new signs appearing in the city, particularly downtown.

The signs, reading "Incident Bypass," pointing to Interstate 35, are a way to indicate the path travelers should take when a portion of the interstate isn't open.

The signs were installed on preplanned detour routes, to be put to use when the interstate between Northwood and Albert Lea is closed due to a crash or some other incident leads to the closing of the interstate for that particular stretch.

Having the detour routes designated in advance is intended to allow law enforcement and emergency responders to focus on the emergency scene and not directing traffic around the location.

Using the designated routes is also meant to reduce additional accidents that may occur if detours weren't pre-determined and to prevent traffic back ups that might occur with unexpected detour routes.

The signs are not intended for use during construction or weather closures.

Spooktacular set for Saturday

The Halloween Spooktacular is set for this Saturday in Manly, starting at 4:30 p.m.

The returning trunk or treat will be held, with people invited to decorate the trunks of their vehicle for Halloween and bring them to Elmore Street, where costumed visitors can stop by to check out the trunks and trick or treat.

The Spooktacular events will also include a "Spooky Fun Run," a costume contest, games, food, including walking tacos, and more.

The events are being presented by the Edward Tosel Post 110 American Legion and Manly Development Group.

The Northwood Anchor

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Peterson Excavating & Drainage
Power 96 Radio
Quality Quilts
R80 - Kensett
R80 - Northwood
Rich Selvig
Royal Motel
Rustic Thread
Schroeder & Sites Funeral Home
Senator Amanda Ragan
ServPro of Mason City
Shade Tree Liquors
Signatures Supper Club
Springer Construction
State Farm Insurance
Steve & Kathy Arnold
Strike Zone
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Worth County Farm Bureau
Worth County Historical Society
Worth County Veterinary Service
Worth Lumber Company
Xquisite - Tyler Nitcher

Monarch conservation effort report highlights Iowans' hard work

From the Iowa DNR:

Iowa has been steadily adding new habitat for monarch butterflies over the past couple of years. The Iowa Monarch Conservation Consortium recently released its Monarch Conservation Effort Report, which offers a snapshot of monarch habitat establishment through 2020 in all 99 counties across the state.



"This report demonstrates the significant impact so far from the combined efforts of the consortium's broad membership and partners to engage Iowans about monarch butterflies and their importance to Iowa. Its release also underscores the need for continued education, habitat creation and conservation efforts by all stakeholders," said Daniel J. Robison, holder of the endowed dean's chair in the College of Agriculture and Life Sciences at Iowa State University.

The report summarizes the program goals, methodology and habitat acres established through 2020. The data show that over the past six years, more than 430,000 acres of monarch butterfly habitat has been established in the state. The habitat acres already established are over halfway to the consortium strategy's low-end goal of 790,000 by 2038.

"Monarch butterflies need habitats to live and feed during their fall migration from Canada to Mexico," said Kayla Lyon, director of the Iowa Department of Natural Resources. "The Iowa Department of Natural Resources is proud of its partnerships with private landowners, conservation organizations, and state and local governments that contribute to monarch habitat management's preservation efforts on larger scales in Iowa."

The report shows how different land use sectors are doing in reaching habitat goals. Agriculture and Public Land have made the most progress and Road Rights of Way is on track to meet the 2038 goal. Habitat establishment is self-reported by individuals and organizations through the U.S. Fish and Wildlife Service managed Monarch Conservation Database (MCD), USDA's Conservation Reserve Program and Natural Resources Conservation Service Programs, and HabiTally.

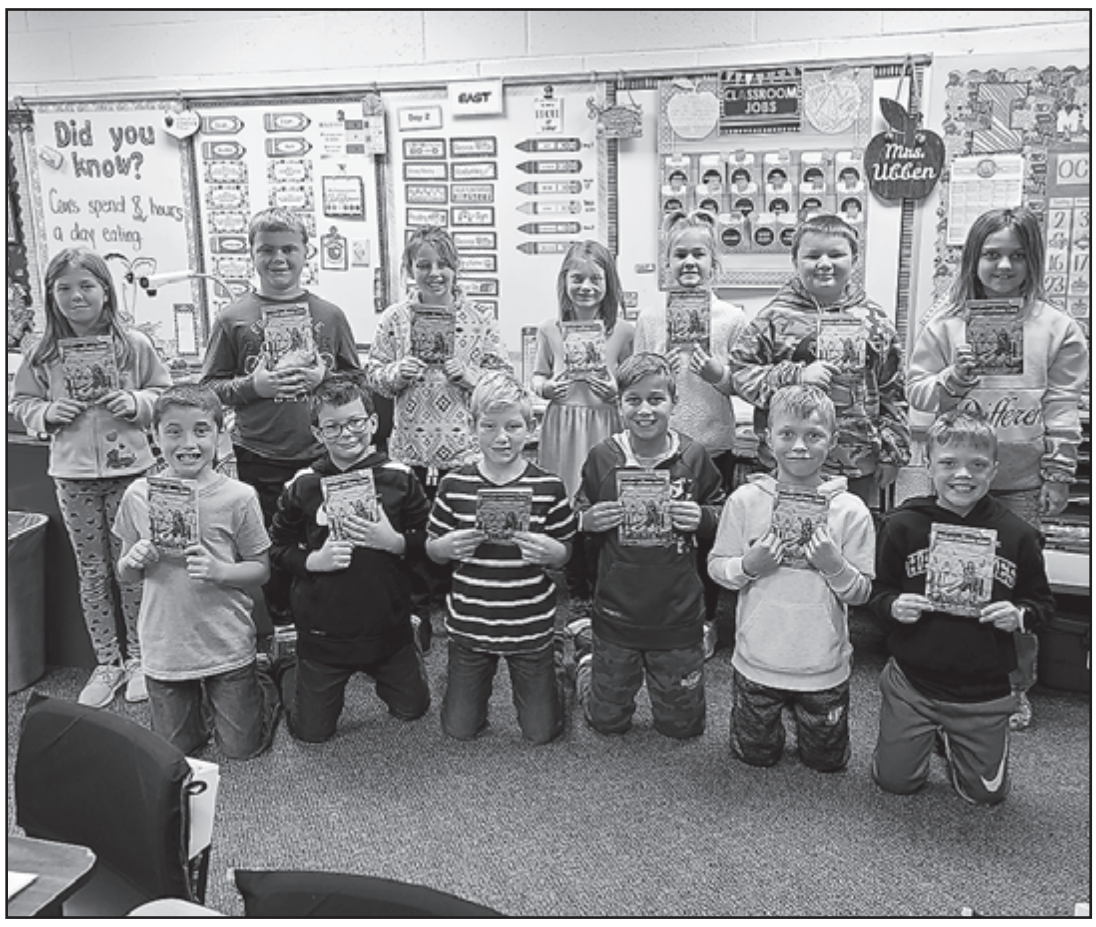
"Iowans are continuing to take steps to protect our natural resources and improve our water quality while ensuring that habitat is available for pollinators and wildlife in their communities," said Iowa Secretary of Agriculture Mike Naig. "The Iowa Monarch Conservation Consortium's proactive work is yielding results. As we continue to scale up and accelerate our water quality and conservation efforts, we are proud to work with public and private partners to implement conservation practices on agricultural land and within urban communities across the state."

The consortium also premiered a new tool for community use along with the report. The Monarch Conservation Effort Dashboards are platforms that allow anyone to interact with data at the state and county level. The interactive Iowa heat map allows users to click on a county and see a pie graph of the county's cumulative monarch habitat acres broken down by sector.

To read the report or interact with the dashboards, visit https://monarch.ent.iastate.edu/monarch-conservation-effort.

The Iowa Monarch Conservation Consortium comprises members and partners from 50 organizations, including agricultural and conservation associations, agribusiness and utility companies, universities and state and federal agencies.

To learn more about the Iowa Monarch Conservation Consortium, visit iowamonarchs.info and follow @IowaMonarchs on Facebook, Twitter, and YouTube.





A good read for a fall day

Students at Northwood-Kensett Elementary received their latest free books, made possible by donations from local individuals, families and businesses. For the month of October, they were treated to a good fall read, courtesy of the Conger family, the Kirkegaard Family and the 20's Club.

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U.S. DOE awards nearly $1 B to provide students with safer and healthier learning environments

The U.S. Department of Education announced awards totaling nearly $1 billion through the Bipartisan Safer Communities Act (BSCA). The Stronger Connections grants will help schools provide all students with safe and supportive learning opportunities and environments that are critical for their success.

Through the BSCA, and under the leadership of President Biden, Congress provided $1 billion in Title IV, Part A formula funding to state educational agencies (SEAs) to develop state grant programs to provide students with safer and healthier learning environments. Earlier today, Secretary Cardona informed chief state school officers of their allocations under the BSCA Stronger Connections grant program. SEAs must award these funds competitively to high-need local educational agencies (LEAs), as determined by the state, to fund activities allowable under section 4108 of the Elementary and Secondary Education Act (ESEA).

"We have years of evidence that demonstrate the value of building safe and supportive schools. These efforts improve academic achievement, promote emotional well-being, reduce disciplinary actions, and increase positive behaviors," said U.S. Secretary of Education Miguel Cardona. "Safe and supportive schools help our children and youth overcome trauma and provide a strong foundation of emotional and physical safety. These grants will provide real benefits to real students in real schools."

Safe and supportive schools are proven by decades of rigorous research to be most effective in supporting academic success as well as meeting the social, emotional, physical, and mental health needs of students. These funds can also be used to support school and community partnerships that pursue multifaceted solutions to more effectively prevent and respond to acts of bullying, violence, and hate that impact members of our school communities at both individual and systemic levels.

As part of the Department's announcement, Secretary Cardona sent chief state school officers a Dear Colleague Letter outlining three principles that SEAs are strongly encouraged to consider when designing a competitive grant competition and providing LEAs with direction for how they use these funds: (1) ; create positive, inclusive, and supportive school environments; and increase access to place-based interventions and services (2) Engaging students, families, educators, staff, and community organizations in the selection and implementation of strategies and interventions to create safe, inclusive, and supportive learning environments (3) Designing and implementing policies and practices that are responsive to underserved students, protect student rights, and demonstrate respect for student dignity and potential. These policies are consistent with the Administration's previous position on these issues.

Funds can be used to provide all students with safe and supportive learning opportunities and environments that are critical for their success. For example, funds could support the kind of work underway in Saint Paul Public Schools in Minnesota where they are spending almost $13 million in American Rescue Plan (ARP) funds to support the mental health and wellness of students and staff. This approach includes: hiring 32 additional counselors, social workers, and psychologists; partnering with community organizations to offer mental health support for students; training staff on how to handle trauma; and creating calming spaces for staff and students.

Allocations for the Midwest region included

Kansas, $6,450,520; Illinois, $40,627,885; Indiana, $14,216,829; Iowa, $5,988,079; Michigan, $27,899,224; Minnesota, $10,481,264; Missouri, $15,082,238; Nebraska, $4,833,025; North Dakota, $4,833,025; Ohio, $35,078,494; South Dakota, $4,833,025; Wisconsin, $12,509,470.









Chess-tival

Northwood-Kensett students traveled to the Central Rivers AEA in Cedar Falls on October 11, where they put their chess prowess to the test as part of the group of 75 students from schools served by the AEA. Pictured below are the Chess-tival participants, including (from left) Nyx Mayberry, Olivia Willsher, Alec Duccommon, Feyre Grunhovd, Kenny Conlin and Aden Bice.



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June 2021: Town Meeting in Manly

February 2020: Tour and Q&A with employees at ADA Enterprises in Northwood

January 2019: Town Meeting in Manly

May 2018: Q&A with students at Central Springs High School

August 2017: Tour and Q&A with employees at TruStile Doors in Northwood



AND HE'S NOT DONE YET.

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Blue House Pottery

Winn-Worth Betco spotlight

By Kaylee Schuermann, Winn-Worth Betco Marketing Assistant

If you walk into the garage of Jim and Judith Miller of Hanlontown, you will not find a car, lawn mower or anything typically stored in a garage; you will instead see a pottery studio, home of Blue House Pottery, a business the couple has been running for 45 years.

Judith and Jim began the business to help get their children through college, and because they love the work, they decided to keep going. The couple does pottery around 50-60 hours a week, seven days a week, creating various items, including functional dishes (microwave, oven and dishwasher safe), urns and keepsakes.

However, the couple's main focus lies in their one-of-a-kind pottery sculptures, oftentimes featuring gnomes and vases. They will sometimes add nickel or gold to the sculptures, making the colors pop while creating an alluring appearance.

While both Jim and Judith fire and glaze the pottery, they each have their own specialty. Jim throws the clay (forming the basic clay shape on the pottery wheel), and Judith sculpts it.

"We each have our own area, but every piece, we both do," said Jim.

Jim learned pottery from the University of South Dakota and Drake University. He taught art for a total of 37 years, including for the Central Springs and Clear Lake school districts.

Originally a flatwork artist, Judith learned how to sculpt clay from Jim and likes "working with clay because you can do so much more than you can with painting."

"Judith has an excellent eye for sculpture," Jim said. "She has a thought in her mind as she starts a piece, and it may even change because of the character of the piece itself."

The couple does eight art shows throughout the summer between Iowa, Oklahoma, Nebraska, Wisconsin, Tennessee and Illinois.

Blue House Pottery is open by appointment; call 641.529.0247 or email potterybluehouse@gmail.com.

"I would say because you don't have to force us to go to work and we love what we do, it isn't a job; it's more of a passion," said Judith.

15th Crop for the Cure set for November 11-13

Nearly 100 scrapbook enthusiasts will craft their way to finding a cure for cancer at the 15th Annual "Crop for the Cure."

This year's event is slated for November 11-13 at the Carpenter Community Center. Over the last 14 years this memorable weekend has raised more than $115,000 for the Lyle Area Cancer organization, a non-profit that raises money for cancer research.

Options to attend include one day, two days or all three days – that totals over 30 hours of scrapbooking time.

Meals and a Welcome Gift are included. Wifi will be available for digital scrapbooking, organizing photos and digital creating. There will also be silent and live auctions, a garage sale and a change to get organized and enjoy being surrounded with memories, friends and fun.

The Crop for the Cure event can be found on Facebook at www.facebook.com/CropfortheCureLAC.

Donations are being accepted for the silent and live auction. Those that would like to donate may contact co-coordinators Jodi Attig, at 507-383-9884 or getscrapped71@gmail.com, or Jill Patterson, at 507-438-2424 or jillcrops@gmail.com.

Bolan

On Thursday evening Joe and Linda Nydegger and Lori Willert drove to Mt. Vernon to attended the 2022 Marching Mustangs Indoor Finale. Their 18 seniors were recognized. This band has won so many marching band awards this season, plus their drum line has also. Ben Nydegger is a senior and is part of the drum line and Clare, a sophomore, is one of the three drum majors.

On Saturday at the Joe Nydegger home there was a gathering of the Irvin and Elsie (Steenhard) Koppen family. Dale Koppen and wife, Sandy, came from Arnolds Park. Their four boys and wives came from Tiffin, Ankeny, Buffalo Center and Lakota. Their grandchildren that were able to come came from Des Moines, Buffalo Center and Lakota. Linda (Koppen) Nydegger and, hubby Joe, had family come from Ellendale, Minnesota, and Bolan. Representing Loren were Renee and their three children from Mt. Vernon. Their grandchildren came from Des Moines, Waverly and Denison, Iowa, and Ellendale, Minnesota. Joining Kelsie was her friend Reese and joining later in the afternoon was Cole's friend Lauren. The Steenhard cousins of Dale and Linda able to attend came from Mingo and Ledyard, Iowa. There were also two of their grandchildren. It had been many years since this family group was able to get together. They enjoyed an afternoon of "food grazing" and carving or painting pumpkins, plus going on a hay ride. Those able to stay later enjoyed the "Hocus Pocus" movie at the Bolan Schoolhouse and Cultural Center.

Watch the papers for more details regarding an upcoming event at Bolan Trinity. There will be a drive though swiss steak dinner on Sunday, November 13. Mark your calendars.

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Oct. 27-Nov. 2

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Friday: Baked Chicken Parmesan w/Spaghetti, Zucchini & Summer Squash, Pears

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Tuesday: NA

Wednesday: NA

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Northwood Anchor

Church

Fertile Lutheran Church

Wednesday, Bible Study, 10:30 a.m.; Thursday, Mary Circle, 9:30 a.m.; Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly

Sunday, Adult Bible Study at Bethlehem, 8 a.m., Bethlehem Worship, 9 a.m., Joyful Noise Choir Practice at Grace, 9:15 a.m., Sunday School at Bethlehem, 10:15 a.m., Grace Worship, 10:30 a.m.

Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran

Wednesday, Confirmation - Grace, 5:30 p.m.; Thursday, Quilting - EC, MANNA Open, 4:30 - 6:30 p.m.; Friday, Quilting - EC; Sunday, Reformation Sunday (Wear Red), Worship - Elk Creek, 9 a.m., Sunday School - Elk Creek, Worship Bethany, 10:30 a.m.; Monday, MANNA Open, 10 a.m. - Noon

Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan

Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allard

Bethel United Methodist Church

Wednesday, Diner, 8:30 a.m., Wonderful Wednesday, K-3rd, 3 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4-8th, 5:30 p.m., Meal & Confirmation, 6:15 p.m., HS Youth Group, 6:45 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, 7 p.m.; Sunday, Bethel Worship, 8 a.m., Sunday School, 9:15 a.m., Joint Worship at Trinity, 10:30 a.m., Frog & Toad, 2:30-4 p.m.

Northwood United Methodist Church

Thursday, Pub Theology, 7 p.m.; Friday, Discipleship Journey, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Swallow Coffee House, 10 a.m.

Rev. Rob Lanphere

One In Christ Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 9:30 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood

Wednesday, Confirmation, 5 p.m., Choir Practice, 5:30 p.m., Inspire, 7 p.m., SH Youth, 7:50 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m., Pub Theology, 7 p.m.; Sunday, Worship Service with N.O., Affirmation of Baptism 9 a.m., Sunday School, 10:10 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., AA-Al-Anon, Noon

Peace Lutheran Church, Northwood

Sunday Worship Service with Holy Communion at 9 a.m.

Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly

Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Rev. Neil Manternach, Pastor

Fr. Jake Dunne, Associate Pastor

www.sacredheartmanly.org

Faith Lutheran Church, London

Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

Who is your neighbor?



In an era where modern modes of travel allow us to travel halfway around the world in a single day, and computers and phones connect us instantly with those on the other side of the planet, our "neighborhood" has expanded considerably. We are living in an era where all of earth's inhabitants are truly our neighbors, that is, people with whom we can interact in a way which can harm or help them. Just as we can easily send money or aid to faraway places, we can just as easily harm them, sometimes unknowingly. Americans who buy drugs smuggled into our country are often supporting violent drug cartels and therefore funding violence. Likewise, the things that we say and do online may hurt or harm people around the world. Cyber bullying has become a problem in many places because people use social networking to ridicule and ostracize others. These days, we may have more direct contact with someone living halfway around the world than we do with the person living next door. Consider how our actions might be helping or harming our neighbors around the world, and next door. We should love our neighbors as ourselves. When asked who our neighbors are, Jesus responded with the parable of the Good Samaritan, the story of a man who risks helping a stranger who had fallen prey to robbers, when a priest and a Levite had passed him by.

Which of these three, do you think, proved neighbor to the man who fell among the robbers? He said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise." – R.S.V. Luke 10:36-37

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Gwen McKee and Barbara Moseley edited a large series of cookbooks with the focus on an individual state. They called them the "Best of the Best" series because the recipes were taken from community and church cookbooks, the kind where each person submits instructions for his or her best tasting dish. Later in their venture the began combining books and featuring different regions of America. "Best of the Best from the Midwest Cookbook" (2009, Quail Ridge Press, Brandon, MS) highlights recipes from Iowa, Illinois, Indiana and Ohio. Since fall is well upon us, our appetites beg for comfort food. The following are taken from the chapter titled "Pasta, Rice, Etc."

Rookwood Pottery Pasta Alla Roma (taken from Dining in Historic Ohio; recipe from Rookwood Pottery in Cincinnati)

4 oz. spinach noodles, cooked
1 1/2 oz. mushrooms, diced
3/4 teaspoon minced garlic
2 oz. diced sliced ripe tomato
Real butter for sautéing
2 oz. tiny fresh cauliflower florets
4 oz. tomato sauce
2 oz. tiny fresh broccoli florets
1 oz. heavy cream
Parmesan cheese for topping

NOTE: this recipe is for ONE serving! Of course you can double or triple it if you are serving more than yourself.

In a large heavy skillet, sauté the cooked noodles, mushrooms, tomato, cauliflower, broccoli, ham and garlic in about 2 tablespoons of butter. Blend in the tomato sauce and cream. Place in a small oven-proof casserole dish and top with Parmesan cheese. Heat the oven broiler or a countertop broiler and run the dish under the heat to brown.

Chicken Lasagna (taken from Hopewell's Hoosier Harvest II, Indiana)

1 can cream of mushroom soup
1/2 teaspoon garlic powder
1 can, cream of chicken soup
2 1/2 cup cooked diced chicken
1 cup grated Parmesan cheese
8 oz. lasagna noodles
1 cup real sour cream, not low fat
2 cups shredded Cheddar
1 small yellow onion, chopped
Salt and pepper to taste

NOTE: use regular-sized cans of soup, not the large family-sized.

Cook the lasagna noodles as directed on the package but only about 3/4 done. Drain well. Preheat the oven to 350 degrees F. Mix together the remaining ingredients except the shredded Cheddar. Combine well. In a 9x13-inch baking dish, spread 1/4 of the chicken/soup mixture. Follow with 1/3 of the noodles, 1/4 of the chicken mixture and 1/3 of the Cheddar. Repeat these layers using the rest of the ingredients and ending with the last of the cheese on top. You'll have three layers total. Bake for 40-45 minutes; let stand another 10 minutes before cutting.

Greek-Style Shrimp with Pasta (from American Celebrates Columbus, Ohio)

1 teaspoon finely chopped garlic
1 1/2 pounds medium shrimp
5 tablespoons olive oil, divided
1/8 teaspoon red pepper flakes
2 cups peeled and cubed tomatoes
8 oz. crumbled Feta cheese
3/4 cup finely chopped fresh basil
6 oz. rigatoni
1 teaspoon dried, crumbled oregano
Salt and pepper to taste
1/2 cup dry white wine

Sauté the garlic in 2 tablespoons of the oil in a heavy skillet. Add the tomatoes and cook 1 minute. Add the wine, basil and oregano plus salt and pepper to taste. Cook over medium heat 10 minutes. Peel and devein the shrimp and rinse well. Season with salt and pepper. Heat the remaining 3 tablespoons of oil in another heavy skillet and add the shrimp. Sauté a few minutes until they turn pink. Sprinkle with the red pepper flakes. Preheat the oven to 400 degrees F. Spoon the shrimp into a small, greased baking dish. Sprinkle with the Feta cheese and spoon the tomato sauce over the top. Bake for 10 minutes or until bubbly. While it is baking, cook the rigatoni as directed on the package. Drain well. Spoon shrimp over the hot cooked rigatoni. NOTE: if you purchase frozen shrimp, already peeled and deveined, thaw them in the refrigerator overnight and rinse/drain well before cooking them.

This cookbook is comprised of recipes from several hundred community cookbooks; a list of them is in the back of the book. Stick-to-your-ribs cooking is what the Midwest is famous for and what sustained the early families while they settled the land. Many of those recipes have been tweaked for modern kitchens (not sure the Midwestern pioneers had shrimp!) but the flavors live on. And… that's all she wrote.

Northwood Anchor Society





A few apples one day

Worth County Farm Bureau once again brought agricultural learning to the N-K Elementary recently. Through the Ag in the Classroom program, students in the kindergarten classes were presented with some hands on learning with apples. They made necklaces displaying the life of an apple, worked on worksheets and, of course, got a taste for the subject of their lesson as well.

THANK YOU

Thank you to the Northwood Fire Dept., Mason City Rescue, TruStile Doors and to everyone for the meals, calls and cards following my accident.

It was greatly appreciated.

Jason Rollene*

A Senior Moment

By Sandy Olson

It's getting colder so what better way to stay warm than a visit to the Northwood Senior Center. A warm welcome, the warm fragrance of good cooking and fun activities to get your warm blood pumping….well sort of! The November calendar continues to provide the activities most of our area seniors have found interesting and at times that are convenient to most.

We have moved our movie afternoon to Wednesdays so please mark your calendar for Movie Matinee on November 2 and 16. We have a good selection of fun videos and popcorn! Start time will be 12:30 p.m.

On Monday, November 7, the Bookworms Book Club will meet at the public library to discuss Courting Mr. Lincoln. This was our recent read and if historical fiction is your jam, you will enjoy it. Join us at 2 p.m. to hear the discussion and to pick up November's book. If you love to read, you'll love being a Bookworm!

Shanna Butler from Worth County Public Health will present a topic of interest about senior health and how we can stay as fit and healthy as possible. Come to hear what advice she has to give us on Tuesday, November 8, at 12:15 p.m.

Lois Meyer will entertain at lunch on Thursday, November 19. Music sooths the soul and helps digestion. Good food and good tunes… what more could we ask? Music starts at 11:45 a.m.

Fun Bingo! This has remained one of the most popular Senior Center activities and will happen on Monday, November 14 and 28. Free to play; prizes to win; interesting people to play with. Time is 12:30 p.m.

Fresh Conversations is always interesting because it helps seniors become aware of food that are good for us… and vice versa. Amy from the ISU Extension will be at the Center at 11:15 a.m. She brings samples!

If you are interested in genealogy and how to get started tracing your roots, please stop by the Senior Center on Thursday, November 17, to hear more about this fascinating subject. Do you know who your ancestors were and how you ended up where you live now? Time is 12:30 p.m.

We will wind up the month with November Trivia with Lorri. She'll test your knowledge of all things associated with this month so you see if you know as much as she does! Time is 12 p.m.

Remember: games and cards on every Tuesday. Self-directed fun; bring your own games, snacks, friends (or card sharks) and use the big space at the Senior Center to entertain your club. No cleaning, no setting up tables, just relax and play. Let the kitchen crew know you are planning to stay after lunch to use the room. Reserve lunch (if you want the meal too) by calling 324-1244 the day before. Suggested cost of lunch is $5… no tip, no tax!

Please support your Senior Center. Other communities have lost theirs due to a variety of reasons but Northwood doesn't want that to happen here. Every day we are all a bit older whether we're a senior yet or not. Everyone over age 60 is invited to age with friends!

Wedding Reception
honoring
Samantha Zipse & Taylor Reisner
Saturday, Oct. 29
4 p.m. Wedding • Reception to Follow
Grafton Community Center
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*All friends & family welcome**



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Friday, Nov. 11
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Opinion

Savvy Senior

How to find an old 401(k)

Dear Savvy Senior,

How do I go about looking for an old former company 401(k) plan that I think I contributed money to many years ago, but forgot about until recently?

Retired in Rochester

Dear Retired,

If you think you may have lost track of an old 401(k) retirement account, you aren't alone. As Americans move from job to job, many leave scraps of their company sponsored 401(k) plans behind, believing they'll deal with it later, but never do.

In fact, according to a recent study, Americans have left behind around $1.35 trillion in retirement accounts that are connected to previous employers. To help you look for an old 401(k), here are some suggestions along with some free resources that can help you search.

Call Your Former Employer

The first way to look for an old 401(k) account is to contact your former employer's human resources department. Ask them to check their plan records to see if you ever participated in their 401(k) plan, and if so, how much it's worth. You'll need to provide them your Social Security number and the dates you worked for them.

If you need help tracking down your former employer because it may have moved, changed owners or merged with another firm, help is available from the Labor Department (AskEBSA.dol.gov, 866-444-3272) and the Pension Rights Center and Pension Action Center (PensionRights.org/find-help).

If there was more than $5,000 in your 401(k) account when you left, there's a good chance that your money is still in your workplace account.

Your former employer should be able to either get you the forms necessary to roll over your retirement money to a different 401(k) or to an IRA, or to give you contact information for any outside financial institution overseeing the plan on your employer's behalf. By following the appropriate instructions, you'll be able to move your retirement money where you want.

But if your old 401(k) account was under $5,000, your former employer has the option of transferring the money to a default individual retirement account without your consent. Your cash may go into an interest-bearing, federally insured bank account or to your state's unclaimed property fund.

If this is the case, and your old employer cannot tell you where your 401(k) funds were sent, you'll need to track it down yourself.

Searching Tools

While there's no federally run national database where you can look for all the retirement accounts that are associated with your name, a good place to start your search is with the Department of Labor's abandoned plan database at AskEBSA.dol.gov/AbandonedPlanSearch. And FreeErisa (FreeErisa.BenefitsPro.com), which maintains a rundown of employee benefit plan paperwork.

There's also the National Registry of Unclaimed Retirement Benefits at UnclaimedRetirementBenefits.com. This site works like a "missed connections" service whereby companies register with the site to help facilitate a reunion between ex-employees and their retirement money. But not every company is registered with this site.

To see if your 401(k) money was turned over to the state's unclaimed property fund, use the National Association of Unclaimed Property Administrators website (Unclaimed.org) to search. Or you can do a multi-state search in 39 states at MissingMoney.com.

Or, if you think you were covered under a traditional pension plan that was disbanded, call the U.S. Pension Guaranty Corp. at 800-326-5678, or use the trusteed plan search tool at PBGC.gov/search-trusteed-plans.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I don't do anything without my lawyer present.

You're a lawyer.

Then where's my lawyer present?

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I vacuumed up my clipped toenails. My nails grow like weeds. I use a whip, a chair, a file and a nail clipper to restrain them. I've been saving them in sandwich bags so I'll be able to give them to trick-or-treaters. They're better than circus peanuts. My mother gave me circus peanuts every year. I didn't like them. My brother did. I passed them along to him with a "Mom wanted you to have these."

I've never done much trick-or-treating. What little I did was while dressed as a doofus with a mask, gone well past its best- used-by-date, held in place by a rubber band, which invariably broke and snapped my ear with incredible accuracy. It never missed.

This will be a memorable year for trick-or-treaters. They'll be getting used toenails this year. Unless my wife learns of my plan.

The almanacs predict

The 2023 Old Farmer's Almanac published in New Hampshire says winter will be colder than normal, with the coldest periods in late November, early December, early to mid-January, and mid- to late February. The snowiest periods will be late November, early to mid-January and February. This includes the southernmost row of counties in Minnesota, all of Iowa and southwestern Wisconsin. The rest of Minnesota will have below normal temperatures, with the coldest in late November, early December, early and late January, and mid-February. The snowiest periods will be in late November, early and late December, and early and late March. This includes the remaining portions of Minnesota and most of Wisconsin.

The 2023 Farmers' Almanac, published in Maine, says Minnesota and Iowa will be a hibernation zone, glacial and snow-filled. There will be much snow and January will be unreasonably cold. Record-breaking cold temps in places. Wisconsin will be stupid cold and snowy. It sounds like a normal winter. January has never been reasonable.

Ask Al

"Did you know alligators can grow up to 15 feet?' Wow! I've never seen them with more than four feet.

"How can I tell if a blue jay is a male or a female?" Put some peanuts in a feeder. If she eats them, it's a female. If he eats them, it's a male.

"Did you invest in that toilet paper company you were thinking about?" Yes, but the stock just touched a new bottom.

"What's more useful than the invention of the phone?" The invention of the second phone.

Nature notes

Robins migrate when the ground freezes or is snow-covered and cold weather eliminates their foods: earthworms, caterpillars and other insects. Robins change their diet to fruit and berries in winter, but there isn't always enough in the north to feed them all. Robins fly up to 30-36 mph during migration. High-pressure systems with northwesterly winds are best for the fall migration, but there is no hurry. Robins become nomadic. Not a true harbinger of spring as we see robins here in the winter. Their migration is complicated with a great deal of individual variation. Males are more likely to remain in the north than females. Come spring, the male's principal job is to find and defend a territory. He could benefit from being the first on the scene. The female's primary job is to lay eggs, which requires good nutrition and energy, so she goes where there are good supplies of winter food.

By the end of October, monarch butterflies have left the state in a migration. They fly around 100 miles a day to cover the 2,000+ miles to Mexico's forests, where the monarchs begin arriving around the first of November, which begins the Day of the Dead celebrations in that country. Many butterflies don't arrive until mid-November.

I heard yip-howls of coyotes—short howls that rise and fall in pitch, punctuated with staccato yips, yaps and barks. The song dog pups born in the spring disperse and find new territories from September through November. The communication was a type of bonding within a family group and also served as a territorial display. The yip-howling appeared to come from different locations, but I wasn't surrounded by coyotes. It's an auditory illusion known as the "beau geste effect," wherein a few coyotes sound like many. It's named after the novel "Beau Geste," in which French troops propped up their dead to make attackers believe they were a larger force than they were.

Meeting adjourned

A friend, Kathy Vokoun, died recently. At her funeral, her family asked that we do a random act of kindness in Kathy's memory. That's a splendid idea.

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Fit to print...

A cat with a sixth sense may guide people as they pass

A Halloween story
by JoAnn Lower



A soft paw reaches to touch Eleanor's hand. "Hello, Mercy," Eleanor whispers with a soft smile. "Making your rounds early this morning?"

Satisfied that Eleanor is doing well, Mercy purrs, jumps down from the bed and saunters to the next room.

Mercy has lived at Hospice House for a long while. Meeting the furry feline in the hallway sometimes creates startled looks from visitors: "A cat at Hospice House?" followed by "What a great idea."

No one questions where the beautiful calico came from or if she's officially a therapy cat. She is not.

Harry the janitor at Hospice House loves to tell the story. "Mercy was just a few weeks old when one cold November day my friend Susan heard a cry coming from underneath her restaurant. She grabbed a flashlight only to see a small kitten, starving, shivering in the cold. Within a couple of weeks, Susan's tender voice managed to coax the little one to eat a sliver of chicken from her hand."

"That's when I come into the picture," Harry says proudly. "As soon as I walked into the restaurant that day, I could feel Susan had something on her mind. I had barely sat down when she walked over to the booth with my favorite lunch, a steaming bowl of chili – and a question."

Peering deeply into the eyes of her old friend, Susan searched for the right words to ask for his help. "A few days ago I rescued a kitten from under this building. You know how I love cats. I wanted to keep her so I took her home, but my other two cats made a terrible fuss. This is a huge favor, Harry, but do you have room in your heart for a pretty little calico?"

"Lots of room in my heart but not in my house," he sighs. "My landlord won't allow me to have a cat. I'm so sorry."

Friday that week, just as the restaurant's "Open" sign flips to "Closed," Harry comes through the door. "I've been thinking," he said. "I can't take the kitten, but I know the perfect place for her. Hospice House. People don't know it yet, but they need her. They will love her."

"By the way," he added, "I've named her Mercy. You see, I believe all the love and kindness you gave her at the beginning of her life she will give to the hospice patients at the end of theirs."

A couple months later the half-grown cat is visiting each room, getting to know each patient. She goes about her usual cat business until one day she somehow senses the end is coming for a patient down the hall.

Rising from her sunny spot on the window ledge, she goes to the gentleman in need, crawls up to comfort him and holds a little vigil in his honor.

After witnessing this several times, the hospice staff eventually realizes that the people Mercy is staying with are usually the next ones to go.

How this happens is, of course, a mystery. But what we know to be true is that Mercy honors people at the end of their lives. She provides them whatever comfort she can simply by being there.

It was a Tuesday morning at dawn that found Mercy and Eleanor cuddled up together. The 90-year-old, with a soft smile on her face, had peacefully passed away.

Northwood Anchor

Early Files

100 years ago

October 25, 1922

At a meeting at Grafton it was decided to have a local post of the American Legion there, charter to be issued at the beginning of 1923. Sixteen memberships were issued and the following officers were elected: William Borak, commander; Roy F. Christians, adjutant; Glen H. Bringoff, treasurer; and John G. Walk, chaplain. The name of the post will be the Tabbert-Hollatry post, these two having given their lives while in service.

Mr. and Mrs. J.S. Veenker, the former delegates from the 4th district, and S.E. Espeseth, returned home from the national Legion convention at New Orleans, they having left the McNider special train at Manly. Hinckley Bolton, who also went from Northwood, left the train at Chicago and journeyed to Peoria to resume his work.

The Senior-Freshman Literary Society of Kensett High School gave their program, which consisted of Kensett Fly Paper, read by Barbara Weik, and edited by Salma Anderson, Myrtle Glassel and Lila Larson; sung by the society duet by Katherine Auestad and Adeline Larson; reading, The Village Sewing Circle by Margaret Yoho and a piano solo by Lila Larson.

Contractor Cox, who has the construction work on the Jefferson and Imperial highways, has greatly augmented his facilities, a shipment of 50 heads of livestock and a big dirt elevating machine arriving at Manly. Mr. Cox has had a varied run of hard back since he started the work late in July. For a time many of his horses and mules were off the work in another county from sickness. It is now bellied that the construction will be speeded up greatly. The Jefferson Highway from the north part of Kensett to the south line of the county below Manly is practically all finished with the exception of the very heavy fill.

75 years ago

October 23, 1947

Mrs. Mary McQuatters, a resident of Worth County for more than 63 years, died in Gordonsville, where she had been living in recent months. She had reached the age of 82 years on September 21 and had been failing health for five years.

When about to shoot a rooster for the dinner table, Clayton Land, farmer northwest of Northwood, accidentally shot himself in the foot.

Roy Kension of near Bolan reports a soybean plant that has a production record far in excess of any before reported this fall to The Anchor. It was four feet across, had 736 pods with between 1,400 and 1,500 beans in them, and a dozen or more pods without beans.

A shipment of tulip bulbs sent by a family residing in Holland was received by Mrs. Clara Anderson of Deer Creek Township in appreciation of the bundles of clothing Mrs. Anderson had sent to the family at various times.

Norrance Reyerson, son of Mr. and Mrs. Adolph Reyerson, arrived home from Bethesda, Md., where he had spent six months in a Navy hospital following a critical head injury and leg fracture suffered in an accident while engaged in cutting down trees at the U.S. Marine corps base at Quantico, Va., where he was stationed.

George Walk was rebased from Mercy Hospital in Mason City, where he had been a patient for two weeks following injuries received when he was thrown from his tractor about a mile east of the Gus Lang farm north of Grafton, where the Walks live.

Burns suffered when gasoline became ignited at her farm home south of Manly and the flames enveloped, caused the death of Mrs. Louis Reindl, 41.

Worth County is one of 64 Iowa counties in which an open season on pheasants will be permitted this fall, it was revealed by the State Conservation Commission. The season will be for 10 days from Nov. ember 11 to 20, inclusive with hunting limited to four hours, from noon to 4 p.m.

50 years ago

October 26, 1972

The new Northwood Public Library building, completed last spring, will be dedicated at an open house on October 29, from 2 to 5 p.m. The public is invited to view the facilities of the new building, and refreshments will be served by members of the New Century Club, the organization that originally initiated a library for Northwood.

Mr. and Mrs. Charles Mitchell received word that their son, Jerry, has been promoted to sergeant. Sgt. Mitchell, who is stationed at Air Base Torrejan near Madrid, Spain, as a fire protection specialist, is a 1970 graduate of Northwood-Kensett High School.

A 41 yard third quarter touchdown drive of an 11 yard runback of a blocked Northwood-Kensett punt in the fourth quarter gave the Belmond Broncos a 12-6 comeback win over the Vikings here. The Broncos and Vikings, both with 1-6 overall records going into the last game of the season, are now tied for sixth place in the North Iowa Conference standings with 1-5 league records.

A car belonging to Vernon Nystuen, Northwood, was damaged to the extent of $150 when a set of duals left a sugar beet truck on the corner of Central and North Eighth, bounced off the Dena Thompson building and struck the right side of the auto. Millard McNutt pursued the driver, Kenneth L. Retler, Des Moines, almost to the state line as Retler was not aware of the accident. Northwood police investigated and no charges were filed.

Alice Sawin, daughter of Mr. and Mr. Willis Sawin, Northwood, is one of seven college students receiving college credits for 10 weeks of service at the Cherokee Mental Health Institute. A senior at Iowa State University, Alice is assigned to the Department of Social Services and is working with the Children's Unit. She is majoring in Family Environment.

25 years ago

October 22, 1997

It's $10,000 down and $10,000 to go for the Northwood-Kensett High School Viking Marching Band. The band's recent "World's Finest Chocolates" fundraiser netted $4,500 and put the N-K musicians halfway to the $20,000 goal they set themselves a year ago in their quest to purchase new parade uniforms. They hope to raise the remainder by mid- December and are planning two more fundraisers to reach their goal. The upcoming efforts include an "adopt-a-uniform" campaign and a sale of pizzas and other edibles.

Steffes Construction Co. workers stayed busy here for more than a week laying asphalt in four downtown Northwood alleys. The crew from New Hampton, shown here paving behind the Masonic Temple and Northwood Electric, wrapped up the project.

Fieldstone Cabinetry employee Jason Bachtle stands by with a cleaning rod as Northwood volunteer fireman Joe Heck scans the interior of a sawdust bin with a flashlight to check for smoke, flame and embers during a call last week to the factory in Viking Industrial Park.

Lutheran Retirement Home administrator John Meyer and Northwood "Our Buddies" VFW Post 6779 Auxiliary members Doris Hudson, Iola Bakken and Verna Weitzel watched LRH resident Leroy Hanson attach a new U.S. flag to the lanyard of the retirement home's flagpole preparatory to raising it for the first time. The auxiliary donated the flag.

Little Angie Gaskill and her third grade classmates at Northwood-Kensett East Elementary were all smiles last Friday morning when Iola Bakken and other members of the Northwood VFW "Our Buddies" Post 6779 Auxiliary showed up to place reflective tape on their bags and coats during the annual "Lite-a-Tyke" safety campaign. Angie is the daughter of Northwood resident Sue Gaskill.

10 years ago

October 24, 2012

The latest addition to the Northwood-Kensett Athletic Complex was installed. The bases were first used to drill and put in place support rods, which created some dust in the process. Pictured is one of the granite markers listing the names of donors, as it was cleaned after installation.

Students at Northwood-Kensett Elementary School spent some time practicing how to evacuate school buses in case of an emergency, whether that be on the way to or from school, or on a field trip. The students exited the bus from the rear door, with two of their classmates providing support.

Students in Mrs. Myhre's first grade classroom were "owl" about reading, thanks to this month's theme reading day of "Hoot for a Good Book." For the students, the day's activities included cutting out and decorating owls of their own, in addition to reading books starring or featuring the unique birds. Seen with their examples were Chloe Costello, Haddie Hanson and Emily Hannemann.

Senior Brady Cotter was another Viking to play his final game in the blue and white. Cotter caught one pass, a 17 yard diving catch for a TD. He had six receptions on the year for 81 yards, an average of 13.5 per reception and led all receivers with three TDs.

Merlin Bartz, Iowa State Senator for the 6th District, recently received a 2012 campaign donation in the amount of $500 from the Iowa Grocery Industry Association Grocers Political Action Committee. Doug Fallgatter, owner of Fallgatter's Market in Northwood and Fallgatter's general manager, Kevin Petznick, were chosen to pass on the contribution to Bartz' campaign. Bartz, a Republican, is challenged by Democrat Mary Jo Wilhelm, a Senator from Crresco, in the 2012 general election.

Northwood Anchor

Obituaries

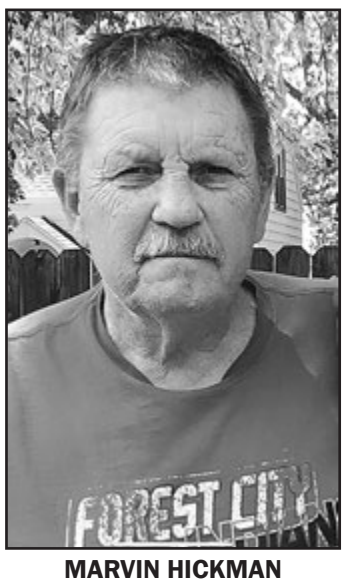
Marvin Hickman

Marvin Hickman, 68, of Forest City passed away on Tuesday, October 11, 2022, at his home.

A celebration of life was held at 10:30 a.m. on Monday, October 17, 2022, at Conner Colonial Chapel, 1008 First Ave. South, Northwood, with Rev. Linda Johnson Prestholt officiating. He was laid to rest beside Nancy at London Deer Creek Cemetery, rural Northwood.

Visitation and public viewing was held from 1 to 3 p.m. on Sunday, October 16, 2022, at the funeral home.

Marvin Albert Hickman was born January 3, 1954, in Mason City, the son of Ferguson and Ruvella B. (Brunsvold) Hickman. He grew up in Northwood, attending Northwood High School. At a young age Marvin was lucky enough to find the love of his life, Nancy M. Liljedahl. The two were married on September 11, 1971, at the Little Brown Church in Nashua and blessed with two children, Adam and Sara. The family made their home in Nebraska for almost 20 years while Marvin worked for the railroad.They later returned to Iowa, making their forever home in Forest City, where Marvin worked at Waldorf in maintenance. He was



MARVIN HICKMAN

known to be able to fix just about anything and always had an interesting solution to everyday problems. Recently, Marvin had worked diligently to earn his electrical license and worked beside his grandson at Gullickson Kruger.

From a young age Marvin lived to hunt and fish. In their younger years, Nancy and Marvin enjoyed fishing all over North Iowa and trips to the gravel pits with the kids. This love of fishing was enjoyed countless times over the years with his brothers, friends and grandkids; if the fishing was good, Marvin would be there. Through the years the couple always had four legged companions, whether cats or dogs, he loved them dearly, especially his "Shorty."

Marvin was overjoyed during his recent trip to Missouri to visit one of his closest cousins, Bud, with his brother. Not long after returning home from their time together, Marvin passed peacefully away. He joined Nancy for her first birthday in Heaven and we know they are watching over us from above.

Left to cherish his memory are his children, Adam Hickman of Forest City and Sara Krull of Rochester, Minn.; beloved grandchildren, Halle, Eli, Logan, Haley, Taylor, Dilan and Aden; brothers, Robert "Buck" (Becky) Hickman and Harold "Pep" (Sally) Hickman; mother-in-law, Carolyn Thompson; Nancy's siblings, Ron (Lori) Liljedahl, Sandra Madden, Sharyl (Steve) Anderson, Susan Odden, Jackie (John) Berg, Nicole (Israel) Ochoa and Ricky Perschbacher; four legged best friend, Stella "Shorty;" and beloved cousin, Bud (Debbie) Hickman; as well as numerous nieces, nephews and extended family members.

Greeting him in Heaven was his wife, Nancy; mother, Ruvella Barnd; father, Ferguson Hickman; siblings, Carol Dee Reyerson and Russell (Judy) Hickman; and father-in-law, Stanley Thompson.

Virtual program scheduled for adult children supporting their aging, caregiving parents

When Mom is taking care of Dad or another loved one, who takes care of Mom? Iowa State University Extension and Outreach offers "Caregiving Relationships: Conversations on Aging" to help adult children gain the skills they need to support their aging, caregiving parents.



The virtual workshop will be held via Zoom on Monday, Nov. 7 from 6:30 to 8:30 p.m. There is no cost to participate, but registration is required. To register or find more information, visit https://go.iastate.edu/RVDOQQ.

November is National Family Caregivers Month – a time to recognize and honor those who care for an adult with a chronic condition, as well as those who care for a child, teen or adult child with special health or behavioral needs, said Malisa Rader, a human sciences specialist in family wellbeing with ISU Extension and Outreach.

Family caregivers are unpaid family members, friends or neighbors who assist those who need help. More than 1 in 5 Americans — 53 million people — are providing unpaid care for someone with health or functional needs, according to Caregiving in the U.S. 2020, a research survey conducted every five years by the National Alliance for Caregiving and AARP.

"My mom took care of my dad in his last years. He suffered from dementia and tended to wander. As a family caregiver, my mom made challenging decisions and her daily routine changed dramatically," noted an adult daughter who participated in "Caregiving Relationships: Conversations on Aging."

Research shows that spousal caregivers are more likely to provide care with help from adult children than to accept help from community supports or nonfamily members. "You are a son or daughter to your parents regardless of age, but your role description can change when your parent is in the role of a caregiver," explained Rader.

"Your parent is in a new role when helping a spouse with things they cannot do because of a medical condition's disabling effects. You can learn how to better support your parent during this time," Rader said.

"Caregiving Relationships: Conversations on Aging" helps adult children learn to recognize how caregiving affects relationships.

"The program helps them discover their role in making decisions about their parents' later life," said Rader. "It also helps adult children build talking and listening skills and gain ideas on how to start difficult conversations."

More information is available by contacting Malisa Rader at mrader@iastate.edu or 515-708-0622.

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Sports Anchor

Lady Vikings bow out of regional tournament with 3-0 loss to Saint Ansgar

By Mike Simmons
Sports Editor

Hoping to turn this season's fortunes into a regional tournament win, the Lady Vikings of Northwood-Kensett traveled to Saint Ansgar last Monday night to take on the Saints, eventually falling in the first-round regional playoff 3-0, 18-25, 14-25 and 16-25.

For most of the season the Lady Vikings would start a match slow and eventually become competitive as the match wore on, but that's a deadly strategy come tournament time when it's a loser goes home format.

N-K finally shook that story line in last week's match, where it came out swinging starting with the opening serve before finally succumbing to the Saints in the first set, 25-18.

The Lady Vikings, in the second set, fell to the Saints 25-14.

N-K faired a little better in the third and final set of the season when it scored 16 points on the way to a third set loss, 25-16, ending the year with a regional first round loss at Saint Ansgar.

The Lady Vikings, who finished the regular season with an 0-8 Top of Iowa Conference East record, regressed a bit and fell to 7-1 in the TIC East.

The Lady Vikings finish the 2022 season with a 3-18 record, although they did show flashes of greatness at times this season, registering wins over Nashua-Plainfield (3-2), Clarksville (2-0) and West Hancock (2-0).

The positive for the Lady Vikings looking forward to next year is that they lose just two seniors, Kennedy Christiansen and Madison Berry, both big losses but survivable with the return of Haddie Hanson, Lindsey Moore, Madalynn Hanson, Mallory Rheingans, Morgan Wallin, Chloe Costello, Ella Leonard, Emma Hengesteg, Marisa Halbach and Damaris Peterson.

SA 3, N-K 0

Ocel just misses state XC berth with 18th place finish at state qualifier

By Mike Simmons
Sports Editor

Northwood-Kensett's Megan Ocel just missed out on the state meet field with her 18th place finish at last Thursday's state meet qualifying meet held at Manly's Pioneer Town and Country Club.

Ocel had many top 10 finishes this season but with the state meet on the line was not able to make the post season field for this Friday's state meet held in Fort Dodge. N-K's other female runner, Macy Thorson will be back in the hunt next season along with Ocel (22:10.54) after placing 49th in Manly with a time of 24:00.05.

For the boys, N-K had just three in the starting field, including Aiden Bice, who placed 67th with a time of 21:16.19, Zach Heiken, who placed 69th with a time of 21:25.11 and Christopher Madsen, who finished 85th with a time of 23:02.38.

The class 1A boys and girls will compete in the state meet in Fort Dodge this Friday with the girls race starting at 10:30 a.m. and the boys scheduled to get underway at 11:15 a.m.

Girls Team Scores at State Qualifier – St. Edmonds 49, North Iowa 80, Newman Catholic 88, Manson Northwest Webster 93, Central Springs 114, Nashua-Plainfield 160, Clarksville 185, Belmond-Klemme 192, Saint Ansgar 210, Lake Mills 223, West Hancock 223

Boys Team Scores at State Qualifier – St. Edmonds 56, Lake Mills 69, Newman Catholic 70, Manson Northwest Webster 121, Belmond-Klemme 144, Central Springs 152, Nashua-Plainfield 197, North Iowa 203, North Union 222, Bishop-Garrigan 223, West Fork 272

2022 Top of Iowa Conference East Division Volleyball All-Conference Teams

First Team

Kaci Crum	Central Springs	10
Azaria McDonough	Central Springs	10
Paige Ripley	Nashua-Plainfield	12
Claudia Aschenbrenner	Osage	12
Jaden Francis	Osage	12
Jenna Scharper	Osage	10
Aspen Falk	Saint Ansgar	11
Madison Hillman	Saint Ansgar	12
Addison Tabbert	Saint Ansgar	12

Second Team

Abby Pate	Central Springs	12
Carly Ryan	Central Springs	12
Bailey Fisher	Nashua-Plainfield	12
Emily Opstevdt	North Butler	12
Jordan Osterbuhr	Osage	12
Samantha Brandua	Osage	12
Jacey Johnston	Osage	9
McKinnley Hoffman	Rockford	12
Kinsey Anderson	Saint Ansgar	11

Honorable Mention

Paige Prazak	Central Springs	10
Paige Franzen	Nashua-Plainfield	10
Tressa Sehl	Newman Catholic	11
Olivia Dralle	North Butler	10
Madalynn Hanson	**Northwood-Kensett**	**11**
Sydney Muller	Osage	12
Camden Kuhlemeier	Rockford	12
Natalie Bork	Saint Ansgar	11
Emma Martinek	West Fork	12

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JOB OPENING

The City of Northwood is currently accepting applications for a
Part-Time Student Transit Bus Driver & Substitute Transit Drivers
Valid Class C driver's license with a passenger endorsement required.
Applications can be picked up at
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WORTH COUNTY
LAND AUCTION
for Larry and Donna Heagel
Tuesday, Nov. 15th @ 10:30 am
LIVE & ONLINE BIDDING!
107 +/- Acres of farmland w/ Wind turbine and CRP income & CSR of 76.7
Located in section 3, Danville Township, Worth County, IA
Live Auction Located at:
Kensett Community Center
300 Willow Street,
Kensett, IA 50448
Farm Address: 1051 400th St
Kensett, IA 50448
YEARLY WIND TURBINE INCOME OF $6550
For questions and more info, contact:
Auctioneer: Frank Fox 641-420-3243
Closing Attorney: Greve Law Office
FOX AUCTION COMPANY
www.foxauctioncompany.com

SIMULCAST AUCTION
240± Acres • Worth County, Iowa
Farmers National Company
L-2200572
Live Event: Thursday, November 10, 2022 at 10:00 AM
The Timbers
500 Central Avenue • Northwood, Iowa
ONLINE SIMULCAST BIDDING: Bidding starts Tuesday, November 8, 2022 at 9:00 AM
Bidding ends Thursday, November 10, 2022 at close of live event
To Register and Bid on this Auction, go to: www.FNCBid.com
-- Combination of tillable farm and pasture with two story home --
-- Unique quiet setting --
-- Excellent hunting --
For more information on property details, please contact:
Myron Lupkes, Agent • Joice, Iowa
Phone: (641) 425-3700
MLupkes@FarmersNational.com • www.FarmersNational.com/MyronLupkes
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Supervisors

October 17, 2022
Forty-second Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, Enos Loberg and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Stone/Second Loberg to approve today's agenda and minutes from October 10, 2022 meeting. Motion carried.

Motion Stone/Second Loberg to approve the professional services agreement between Worth County and WHKS & Co. for structure replacements of Kensett 26 on 415th ST and Lincoln 42 on Mallard Ave. Motion carried.

Motion Stone/Second Loberg to approve drainage claims in the amount of $5,105.00 as per the following schedule. Motion carried.

Bolton & Menk, Inc., DD 14, Prof Services..... $2,435.00
Bolton & Menk, Inc., DD 48, Prof Services..... $2,670.00
Grand Total..... $5,105.00

Motion Stone/Second Loberg to accept the Engineer's Report for DD #2. Motion carried.

Motion Stone/Second Loberg to approve claims in the amount of $59,048.11 as per the following schedule. Motion carried.

A.H. Hermel Vending & Foodservice, Supplies-Shf..... 16.88
Active 911, Inc.
Service-Dap..... 1,775.25
Agvantage Fs Inc
Fuel-Eng..... 10,629.54
Amazon Capital Services
Supplies-Aty..... 42.45
Aramark, Service-Eng..... 99.83
Austin Office Products
Supplies-Shf..... 31.98
Bmc Aggregates Llc
Rock-Eng..... 449.65
Brightree Home Health & Hospice Llc, Service-Phd..... 3,080.91
City Of Fertile
Service-Eng..... 74.81
Crittenton Center
Service-Juj..... 93.30
Culligan Of Mason City
Service-Gsr..... 58.30
Des Moines Stamp Mfg Co
Supplies-Shf..... 120.35
Diamond Jo Casino Event Center
Service-Shf..... 198.00
Falkstone Llc, Rock-Eng..... 222.06
Fallgatter's Market Inc
Supplies-Con..... 16.40
Five Star Cooperative
Fuel-Eng..... 43.45
Frank Stearns
Service-Mex..... 250.00
Galls, Llc, Supplies-Shf..... 216.19
Hartland Lubricants & Chemicals
Supplies-Eng..... 1,052.50
Heartland Power Coop
Service-Wwt..... 3,179.20
Huber Supply Co Inc
Supplies-Eng..... 229.26
Ia Dept Of Agriculture
Edu-Eng..... 15.00
Ia Dept Of Natural Resources
Service-San..... 125.00
Icap, Service-Sup..... 916.50
Isac, Service-Sup..... 600.00
Isaca, Edu-Aud..... 150.00
Iscta, Edu-Trs..... 70.00
J & J Machining Welding & Fabricating, Supplies-Eng..... 1,147.94
Jessica Reyerson
Reimb-Phd..... 50.00
Joe's Collision & Performance Inc
Service-Shf..... 107.70
Knudtson Automotive Service
Service-Shf..... 520.14
Lea Mobile Glass Inc
Parts-Eng..... 320.00
Mccloskey Appliance
Supplies-Phd..... 798.00
Mercyone North Iowa Occupational Health
Service-Eng..... 162.00
Nassco Inc.
Supplies-Gsr..... 260.62
Nsb Bank, Service-Dap..... 243.15
Plunkett's Pest Control Inc
Service-Shf..... 113.95
Printing Services Inc
Supplies-Eng..... 131.00
Radar Road Tec
Service-Shf..... 420.00
Reinhart Food Service Llc
Supplies-Shf..... 333.99
Sanofi Pasteur Inc
Supplies-Phd..... 3,792.52
The Rustic Thread
Service-Shf..... 60.00
Thomas Reid
Reimb-Vaf..... 120.00
Trading Post
Supplies-Eng..... 456.98
Ulland Brothers Inc
Supplies-Eng..... 1,621.62
Viafield, Supplies-Gsr..... 418.36
Visa, Service-Con..... 872.13
Waste Management Of Iowa Inc
Service-Sdp..... 3,550.00
Windstream, Service-Eng..... 14.65
Worth Co Emergency Mgmt
2nd Qtr Pymt-Dis/Ema18,886.75
Youth Shelter Care Of N Ia Inc
Service-Juj..... 889.80
Grand Total..... 59,048.11

Motion Loberg/Second Stone to approve quarterly recorder's report. Motion carried.

Motion Loberg/Second Stone to approve the salary change for Lisa Boeckholt at $21.24/hour as submitted by the sheriff. Motion carried.

Motion Loberg/Second Stone to approve a temporary change for Class C Liquor license for Diamond Jo Casino and a Class C Native Wine Permit for Lazy Acre Vineyard, LLC. Motion carried.

Chairperson Smeby recessed the regular session at 8:56 A.M.

Motion Loberg/Second Stone to open public hearing on proposed amendment to the Worth County Consolidated Urban Renwal Area at 9:30 A.M. Motion carried. There was no public comment.

Motion Stone/Second Loberg to close public hearing regarding the proposed amendment to the Worth County Consolidated Urban Renwal Area at 9:41 A.M. Motion carried.

Chairperson Smeby reconvened the regular session at 9:41 A.M.

Motion Stone/Second Loberg to table the resolution to approve the Urban Renwal Plan Amendment for Worth County Consolidated Urban Renwal Area for two weeks. Roll Call: Stone – Aye, Loberg – Aye, Smeby – Aye. Motion Carried.

Motion Loberg/Second Stone to adjourn at 9:42 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

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Legal

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY
IN THE MATTER OF THE ESTATE OF REBECCA S. VANHORN, Deceased
No. ESPR009337
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Rebecca S. VanHorn, Deceased, who died on or about April 29, 2022:

You are hereby notified that on the October 14, 2022, the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on October 17, 2022.
Jaclyn Garcia
12355 Oak Park Blvd NE
#311
Blaine, MN 55434
Administrator
of the Estate

John H. Greve
ICIS #000001969
Greve Law Office
736 Central Ave.
P.O. Box 167
Northwood, IA 50459
Attorney for the Administrator

Date of second publication November 9, 2022.

43-2t

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
91 9th St. S., Northwood, IA
Office 641-324-9844 Fax 641-324-9844

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD PUBLIC LIBRARY
Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

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Lake Mills, IA 50450
641-592-1100

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Fri. 8 a.m. - Noon
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

Halloween Safety Tips

Keep away from open fires

MASON CITY GLASS SERVICE (641)423-3960

Always carry a flashlight.

A&I AUTO Inc

Wear a watch you can read in the dark.

Welsh Chiropractic

Visit only houses that are lit.

Conner
Colonial Chapels, Crematory & Cemetery
1008 1st Avenue South, Northwood, Iowa 50459 (641) 324-1343
www.colonialchapels.com

Know your Phone Number for Emergencies

Fallgatter's Market

Young children of any age should be accompanied by an adult.

Shade Tree Liquors

Unfamiliar animals and pets should be avoided.

Worth County Abstract

Go slow, drivers. Be careful all evening if you're behind the wheel.

Kris Gordon
Realtor®
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Office: 641-592-2665
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krisgordonrealtor@gmail.com
www.rogblackdiamond.com
111 N. Mill St. • Lake Mills, IA 50450

Walk on sidewalks or driveways, not on lawns or flower beds.

NE Northwood Electric Inc.

Don't cut across yards or driveways.

NSB BANK

Props such as a sword or wand should only be flexible toys.

D&L EQUIPMENT

Carry a cell phone in case you need to call home.

R80
In Kensett
"Where the sun always shines."
In Northwood
Central Ave.

Carry a Glow Stick or Flashlight to help you see and to be seen by drivers.

StateFarm®
Dave Osborne, Agent

Eat dinner before going out to trick-or-treat

GRINNELL MUTUAL
OLSON INSURANCE
641-324-2452 704 Central Ave. Northwood, IA 50459
641-454-2292 103 N. Todd St. Manly, IA 50456
507-406-1203 120 E. Main St., Suite 1 Glenville, MN 56036

If there is no sidewalk, walk on the left side of the road, facing traffic.

Injection Technology Diesel Service

Buy costumes that are made of flame-retardant material.

WCTA
800-592-6105 • wcta@wctatel.net

Use face paint rather than a Mask.

FEDERALFOAM TECHNOLOGIES, INC.

Give out healthy alternatives to candy.

Schroeder & Sites Funeral Home

Plan your route and share it with your family

TequiLa's Mexican Bar & Grill

Costumes should not drag on the ground or be too dark to see.

21 Century 21 Preferred
513 Central Ave. Northwood
641-324-2733
641-390-0007
JULIE HAGEN ROBB
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Follow all traffic laws and signals.

Worth Lumber Co

Know how and where to contact your parents.

KENISON CONSTRUCTION

Trick-or-treat only in familiar neighborhoods close to home.

Dewey Kruger Music

Stay on sidewalks as much as possible.

Viafield™

Only eat candy after your parents have checked it.

FALKSTONE LLC

Be considerate of other people's property.

Northwood Insurance

Never enter a stranger's home.

The Northwood Anchor