The Northwood Anchor

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Holiday display dedicated in memory of Gangstad Saturday, November 19

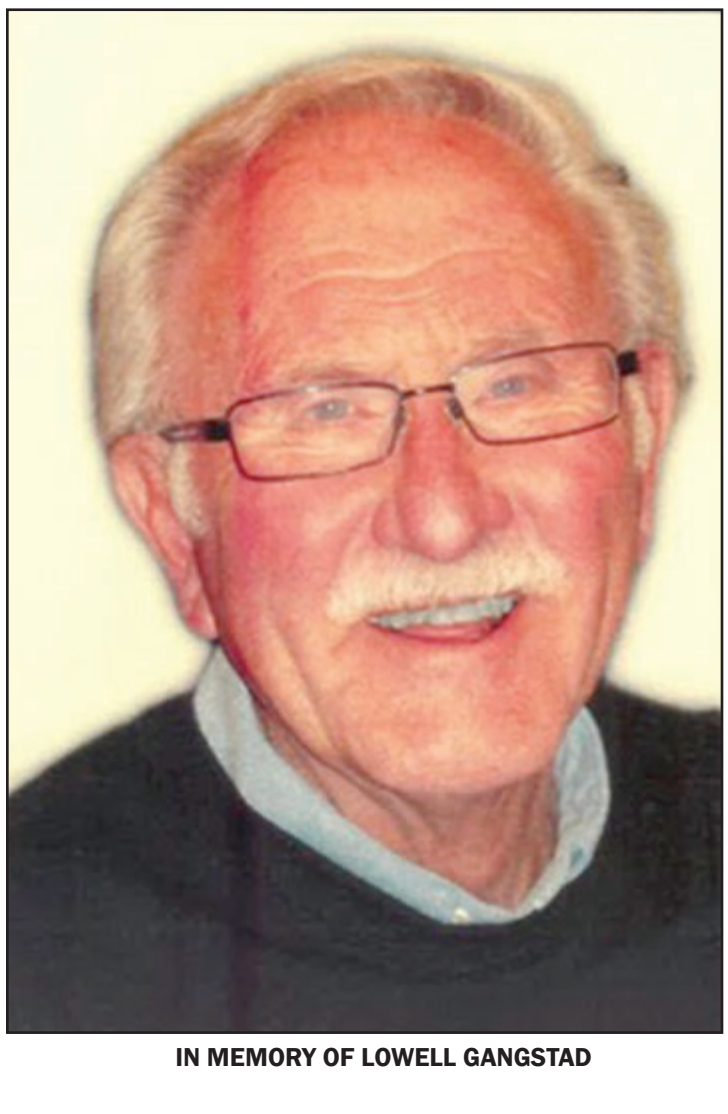
This Saturday, November 19, a special dedication will be held to honor a man that brought decades of music and service to his community.

From the Northwood Lions Club:

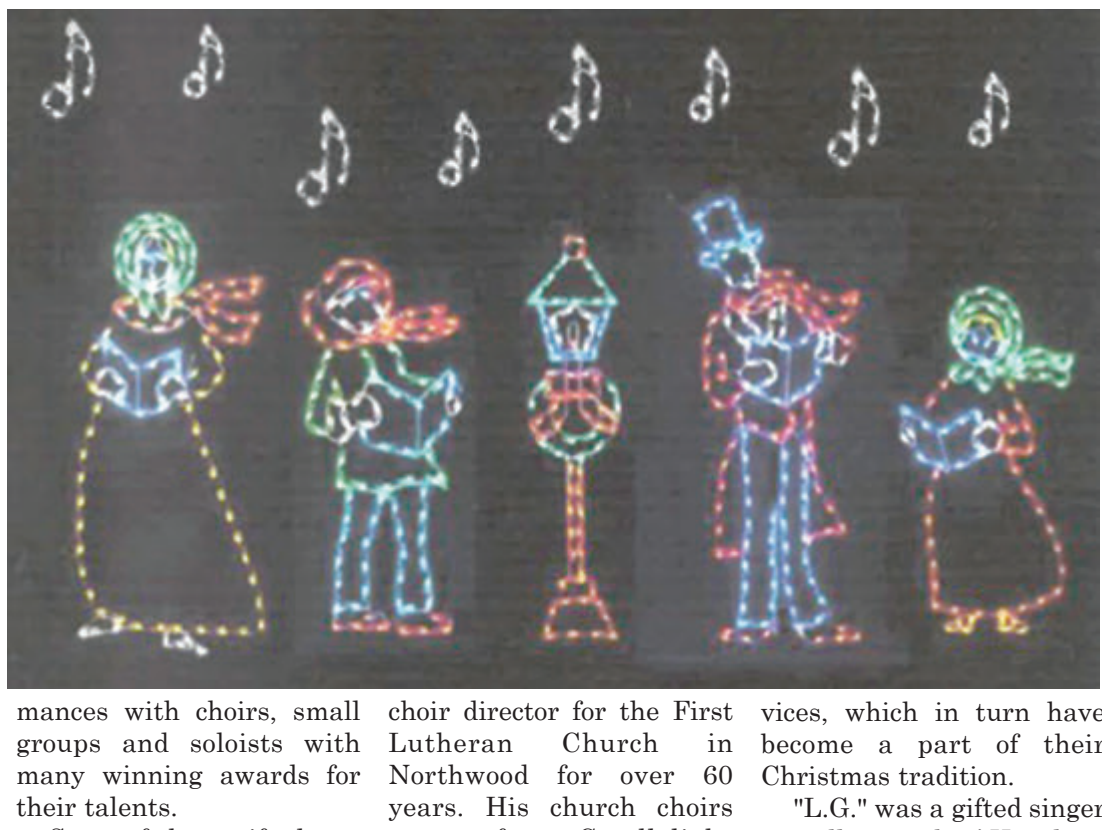
"River City" (Mason City) had its music man named Meredith Willson, as did Northwood with "LT" Dillon, who won over school children with a national marching band winning performance several decades ago.

The Norwood Lions Club feels that in the realm of vocal music, long time resident Lowell Gangstad has the credentials to be called our "vocal music man."

Lowell came to Northwood, having served in the military, graduated from Luther College and later earning his Masters from Northern Colorado U. For 39 years he was the vocal music instructor for N-K and was instrumental in providing vocal performances with choirs, small groups and soloists with many winning awards for their talents.



IN MEMORY OF LOWELL GANGSTAD



Some of these gifted artists even performed professionally. He began the POPS concerts, which continue today even after his retirement and his death in 2018.

Gangstad was also the choir director for the First Lutheran Church in Northwood for over 60 years. His church choirs sang for Candlelight Services, which he initiated for the Christmas season, and continue even today. The live concerts have been held for close to 50 years. People from around the area frequented these services, which in turn have become a part of their Christmas tradition.

"L.G." was a gifted singer as well as teacher! He, along with his wife and accompanist Leila, performed in many venues, from Lowell's crazy routines to the seriousness of scores of solos as a part of meaningful funer-

Gangstad, See Page 2

Briefs

Holiday Hope set for Nov. 23

The Holiday Hope event will be held next week. Local families, groups and businesses have been invited to create and donate trees, pots, wreaths and other items to be auctioned off. Funds raised go towards people facing challenges this holiday season.

The items will be on display on Wednesday, November 23, from 5-9 p.m. at the Timbers. The items will be auctioned on the Holiday Hope Facebook page that night.

Thanksgiving week hours

The Northwood Anchor will be closing on Wednesday, November 23, at 4 p.m. and will be closed on Thursday and Friday, November 24-25.



The Week's WEATHER
by National Weather Service Observer John Podgorniak

Date	Hi	Lo	Prec.
Tues. Nov. 8	55	33	
Wed. Nov. 9	67	52	
Thurs. Nov. 10	68	25	
Fri. Nov. 11	27	18	
Sat. Nov. 12	28	21	
Sun. Nov. 13	26	20	
Mon. Nov. 14	37	24	

School board discusses dress code, VAC hours

The November meeting of the Northwood-Kensett school board included a discussion of potential changes to the school's dress code and a change to the hours of operation for the Vikings Activity Center.

Secondary principal Keith Fritz introduced the discussion of the school's dress code. Fritz said that each spring he meets with the student council to discuss things like student handbook policy.

Fritz mentioned that the district's dress code becomes outdated as fashion trends change. That brought a discussion to the school board of changes to what students should be allowed to wear.

Several changes were presented in a report that Fritz shared with the board before the meeting.

That included eliminating specific language about styles of shirts and more generally stating that students aren't allowed to show bare skin in the abdomen area and

School, See Page 2

One uncounted ballot leads to precint recount

According to the Worth County Auditor's office, in an official release, an issue with a machine used in the Northwood voting precinct led one ballot to go uncounted in the unofficial results reported on election day on November 8. A recount of the precinct's results was to be done before the election results are made official with the canvass process yesterday.

The Northwood precinct did not include any contested county offices and would likely not impact any of the other races and measures on ballots.

From the Worth County Auditor's office:

The Worth County Auditor's Office is committed to making sure that every eligible voter has the opportunity to vote and

Recount, See Page 2

Voters re-elect Worth officials, without enough support to pass EMS measure

Voters in Worth County cast ballots on November 8 for a number of national, state and county elected offices and to decide their support for taxes that would fund EMS needs in Worth County.

According to unofficial results, 3,273 out of 5,621 registered county voters cast ballots for the November 8 general election. That made for a voter turnout of 58.2%.

At the county level, incumbents for all but one office were unopposed, and were re-elected, including County Treasurer Jake Hanson, who received 2,951 votes. There were 18 write-in votes for treasurer.

County Recorder Teresa Olson received 2,795 votes. There were 63 write-in votes.

County Attorney Jeff Greve received 2,628 votes. There were 73 write-in votes.

Supervisor for District 3 Enos Loberg received 892 votes. There were 18 write-in votes.

Candidates appearing on ballots for the office of Supervisor from District 1 were incumbent Democrat AJ Stone and Republican Dan Gordon.

Stone was re-elected to office, receiving 526 votes, or 50.58%. Gordon received 513 votes, or 49.33%. There was a difference of just 13 votes, or 1.25% between the candidates. There was 1 write-in vote.

Also appearing on ballots

Re-elect, See Page 2

Officials urge caution, safety with roads closed during fire training Saturday

This Saturday, a number of area fire departments and emergency agencies will get a chance to put their skills and equipment to a unique test as they conduct a controlled training burn on two large unused buildings at the Viafield property in the northeast corner of Northwood.

The Northwood Volunteer Fire Company is organizing a training burn that will involve a number of area departments, giving all a chance to train in large scale fires and situations where they can combine their efforts.

The buildings to be taken down will include what are known as Elevator 2 and

Training, See Page 2



Tis the season

Northwood public works crew members Logan Butler, Wade Flattum and driver George Goeders started decorated downtown Northwood for the holiday season last week. The crew filled the flower boxes on the light pull on Central Avenue with new Christmas greenery that will light up the town at night.



LEILA AND THE LATE LOWELL GANGSTAD

Gangstad
Cont. from Page 1

als and memorial services (who can ever forget his hat routine or "Seasons Come and Seasons Go"?)

It is with pride that the Northwood Lions Club, with great financial support from the Jaspers/Worth County Foundation, are having a dedication to Lowell and Leila Gangstad. In their honor a display of Victorian dressed singers as a part of the Northwood Christmas lighting display in Swensrud Park near the foot bridge.

The dedication will be held on Saturday, November 19, at 5 p.m.

Lowell was a very active member of the Lions Club and a clearly community driven citizen for nearly three decades.

Pastor Becky Sogge from First Lutheran Church and the First Lutheran Choir will also be present. Lions President Norlyn Stowell will make opening remarks. This tribute and dedication is open to all citizens in the surrounding area.

Come and see the new silhouette Christmas lighting display.

Northwood kicks off Christmas Dec. 3

Northwood will kick off the holiday season with Christmas in Northwood on Saturday, December 3.

Chapter ES PEO will offer its Cookies to Go event from 9-11 a.m. at City Hall.

The day's activities include a free movie, showing "Noelle" at 3:15 p.m. at the Northwood Theatre.

The Northwood Community Center will offer hot dogs and hot chocolate at 5 p.m. A grand opening for the indoor playground will also be held.

A Candy Cane Hunt will be held in Central Park at 5:30 p.m.

The annual lighted parade starts at 6 p.m., shining down Central Avenue.

The After Glow activities will take place following the parade. That includes a chance to visit with Santa, hot beverages from Waking Miss Winifred, a bonfire, carolers and lighted displays.

Recount
Cont. from Page 1

ensure their vote will be counted.

Due to the diligence of election workers and the staff of Worth County in following election laws, procedures and best practices, an issue was discovered and is being addressed accordingly.

As a result of a ballot from the FVT (ADA Compliant) Machine not being counted, the Northwood Precinct ballot count was off by one.

In order to ensure every vote has been counted properly, the Worth County Auditor and Commissioner of Elections as well as at the recommendation of the Secretary of State's Office, is requesting to conduct an administrative recount of all races in the one affected precinct.

Updated results will be available for the canvass at the Board of Supervisors Meeting on November 15.

School
Cont. from Page 1

that tank and sleeveless tops must be close-fitting in the armpit area.

Also removed was a statement that prevented wearing chains, headgear and sunglasses and the appearance of underwear.

Fritz commented that current styles don't create concerns with those items anymore.

Two primary changes to the school's dress code were up for discussion at the school board meeting.

The first change would allow students to wear clothing that bared their midriffs or abdomens.

Two members of the N-K student council were at the meeting to discuss changes.

Megan Ocel spoke about why more leeway should be allowed. She said that giving students more freedom would allow them to express a more unique fashion style, to feel confident in themselves and to not feel judged for dressing as they would like. She also gave examples of similar styles worn in professional situations.

Ocel added that 70 students had signed a petition in favor of the change. She also added that at least one other North Iowa school, Clear Lake, allowed midriff-bearing attire.

Fritz said that the clothing is not allowed in most schools. He added that the dress code needs to adhere to community norms.

School board member Susan Kliment asked how it would be determined whether or not a student was showing too much.

Fritz said that, by school policy, the building principal makes the decision based on a judgment call.

Several board members said that they didn't want to add policing midriff exposure to Fritz's duties.

Student council member Dalton Logeman asked how they would set a limit and noted that no matter what changes are made, students are currently breaking the dress code and will keep doing so.

Ocel added that students are currently wearing midriff exposing attire. Changing the school policy would allow them to do that without feeling like they are doing something wrong or trying to get away with something.

Another change proposed created less concern and was part of the changes presented before the meeting. Students would be allowed to wear hats during the school day, which they currently are not. The hats would be allowed, as long as they don't include inappropriate logos, messages or content.

The school board noted that wearing hats in public and professional places has become more accepted and was less likely to create concerns.

It was also mentioned that teachers can also set their own classroom rules, asking students to remove hats if they wanted in different situations.

The discussion of dress code came as a part of Fritz's monthly report on his building's activities. Changes to the policy would not happen until the school board officially approves a change to the student handbook, which was not on the agenda on November 10.

Also discussed at the meeting were potential changes to the hours of operation of the Vikings Activity Center.

Proposed changes included opening the center earlier on weekends and closing earlier Sunday through Thursday.

Crozier said that people aren't using the center past 9 p.m. currently and so it wasn't necessary to remain open until 10 p.m. any longer.

In regards to weekend hours, Crozier suggested a slight change on Saturdays, and opening in the morning on Sundays, when the center currently doesn't open until noon.

When asked about the potential to be open later without staff on hand, Crozier said that he was concerned for the safety of the facilities and equipment if left unsupervised at night, as well as the potential risk to people using the facility if they injure themselves and no one is in the building.

However, earlier morning hours were not the same concern and it was suggested that on weekends, the center could open as early as the rest of the week, with staff arriving later than when the facility opens.

The proposed changes would have the VAC open at 5:30 a.m. throughout the week, closing at 9 p.m. each day.

Re-elect
Cont. from Page 1

was the question of whether voters supported an income surtax and property tax to support EMS needs in Worth County. While not mentioned in the ballot question, the discussion has focused on basing an ambulance in the County.

To pass, the measure needed approval from 60% of voters. With 1,635 votes in favor, but only 52.57%, the measure failed. A total of 1,475 people were opposed, for 47.43%.

County officials have said that if the measure did not pass, that would be the end of the discussion for a county-based ambulance service, at least for now.

Township offices also appeared on ballots. Elected to represent their townships were Barton Township trustees Joe Nydegger and Dennis Meyer and clerk Pam Meyer; Bristol trustees Daniel Martinson and Eliot Evans and clerk Bruce Burdick; Brookfield trustees Brenda Tenold-Moretz and Randy Hengesteg and clerk Theresa Cooper; Danville trustees Justin Faber and Joe Thompson and clerk Kevin Knudson; Deer Creek trustees Martin Cotter and Ron Davidson and clerk Jeff Moretz; Fertile trustees Andrew Hansen and Randy Oswald; Grove trustees Sharyl Nestor and Daniel Hendrikson and clerk Annika Schreiber; Kensett trustees Roger Harris and Ken Parcher and clerk Kristine Gordon; Lincoln trustees Dennis Kruger and Dennis Dahl; Silver Lake trustees Rob Nelson and Larry Maher and clerk Allan Wogen; and Union trustees Paul Hackbart and Justin John Kruger and clerk William Borchardt.

Township offices to be chosen by write-in votes include Fertile Township clerk, Hartland trustees and clerk and Lincoln clerk. The top two vote recipients will be eligible for trustee offices, if they accept the positions. The top vote-getter will be eligible for the clerk offices, if they accept.

Elected to the county Soil and Water Conservation District were James Iverson and Russell Olson.

Elected to the County Agricultural Extension Council were Christopher Chodur, Sarah Hagen, Brenda Reicherts, Curtis Schaub and Dennis Schipull.

Jennifer Patterson was also elected to fill a vacancy.

National offices on ballots included the office of U.S. Senator representing Iowa. Appearing on ballots were incumbent Republican Charles Grassley and Democrat Michael Franken.

Grassley was the choice of 2,031 Worth County voters, for 63.09%. Franken received 1,183, for 36.75%

Statewide, voters chose Grassley with 56.03%, compared to Franken with 43.82%.

For U.S. Representative for District 2, Worth voters chose Republican incumbent Ashley Hinson, with 2,031 votes, for 63%. Democrat Liz Mathis received 1,189 votes, for 36.88%.

Across the district, Hinson received 54.08% to Mathis with 45.83%.

State offices up for election included Governor and Lt. Governor. Incumbent Republicans Kim Reynolds and Adam Gregg received 2,123 votes and 65.26% in Worth County. Democrats Deidre DeJear and Eric Van Lancker received 1,039 votes, for 31.94% Rick Stewart and Marco Battaglia of the Libertarian Party received 88 votes, for 2.71%

Statewide, Reynolds received 58.06%, DeJear 39.51% and Stewart 2.37%.

In State Representative District 60, Jane Bloomingdale, of Northwood, ran unopposed and was re-elected. Bloomingdale received 2,745, or 97.48% in Worth County. There were 71 write-in votes. Districtwide, Bloomingdale received 98.09% of the vote.

For State Senate District 30, incumbent Republican Waylon Brown received 2,203 votes in Worth, for 67.93%. Democrat Whitney Mixdorf received 1,038 votes, for 32.01%. Districtwide Brown received 60.23% and Mixdorf received 39.72%.

For Secretary of State, Worth County voters chose incumbent Republican Paul Pate, with 65.81%. Statewide, voters chose Pate with 60.07%.

Worth voters chose Republican newcomer Todd Halbur for Auditor of State, with 62.14%, to incumbent Democrat Rob Sand, with 37.86%

Statewide, Iowa voters chose Sand with 50.07% of the vote to Halbur with 49.86%.

For Treasurer of State, newcomer Republican Roby Smith was elected with 57.18% in Worth County and 51.27% statewide. Incumbent Democrat Michael L. Fitzgerald received 42.82% in Worth and 48.67% in Iowa.

Incumbent Republican Secretary of Agriculture Mike Naig received 67.91% in Worth and 61.14% in Iowa to be re-elected. Democrat John Norwood received 31.97% in Worth County and 38.79% in Iowa.

For Attorney General, Worth voters chose Republican newcomer Brenna Bird with 59.11% to incumbent Democrat Tom Miller, with 40.89%. Iowans chose Bird with 50.83% over Miller with 49.10%.

An amendment to Iowa's constitution was also on the ballot. The question was in regards to protecting the second amendment rights of Iowans. In Worth County, 77.64% voted in favor. In Iowa, 65.18% voted in favor.

Training
Cont. from Page 1

the Old Feed Mill.

For those living and traveling in Northwood, this means that several city streets will be closed for the safety of those nearby.

Closed to general traffic will be 14th Street North from Central Avenue to Third Avenue North and 15th Street North to Second Avenue North. Second Avenue North will also be closed at the railroad tracks.

Fire hoses will cross Second Avenue. It is a danger and a citable offense to driver over fire hoses.

While it will be a historic sight, no one will be allowed on the Viafield property during the event. Those that would like to observe are asked to do so from a safe distance, such as the Worth County fairgrounds.

While area fire departments will be active on the scene, they will be prepared to respond to all other fire and EMS calls that may come in during the training fire.

Northwood residents are also advised that once burned, the buildings will continue to smolder for several days. The local fire department will be prepared to respond should wind or weather conditions stir up issues at the site.

This weekend's training fire will also depend on weather and other conditions, and may be canceled up to the hour it scheduled to begin.

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Manly hosts Hometown Holiday, Saturday, November 26



Manly will once again host a Hometown Holiday on Saturday, November 26, organized by the Manly Development group. The day will include a number of holiday events and activities, held at several locations throughout the day.

Starting at 4 p.m. in Central Park, a gazebo lighting will be held. Horse drawn carriage rides will also be available.

In the old bank building, people will be invited to decorate some cookies and ornaments.

At City Hall, the festival of trees begins at 4 p.m. Organizers are looking for those that would be interested in decorating a tree for the festival. Those that would like to join the festival of trees may contact the Manly Develop group on Facebook.

Also in City Hall that evening will be a free community meal.

Santa will also be on hand for pictures.

At 6 p.m., bingo will be played.

A pie auction will be held at 7 p.m.

A giving tree will also be set up in city hall for those that want to give a gift to local families in need. There will be ideas for gifts, clothes and other necessities. People can bring items based on the giving tree to the Canine Depot or Rusty Nickel before December 16.

More information can be found on the Manly Development Facebook page.



How low will it go

Before the recent wintry weather and late fall precipitation, the Shell Rock River water levels had dropped to the point where this area south of the vehicle bridge showed points where a hop, skip and/or jump could potentially have been all that was needed to cross.

New guide explains how to measure soil organic carbon

Soil organic carbon defined and explained in latest extension resource

Soil organic carbon plays a wide range of crucial roles in agriculture and in the evolving world of carbon credits and carbon markets.

Soil organic carbon impacts crop productivity, soil health, the movement of water and the removal of contaminants. To help landowners and others better understand soil organic carbon, Iowa State University Extension and Outreach recently published a new resource called "Measuring Soil Organic Carbon: A Crucial Iowa Resource."

This four-page guide defines soil organic carbon, explains how it is measured and the roles it plays in agriculture and the environment.

"Farmers have long been interested in the value of the organic matter in their soils, and this publication specifically looks at the amount of organic carbon in the soil and how it is measured," said Jim Jordahl, project analyst with the Biorenewables Research Lab at Iowa State University.

"Third-party carbon programs are actively buying carbon credits from farmers who implement improved soil management practices, and in turn they sell those credits to companies interested in reducing greenhouse gas emissions," according to Jordahl.

Roughly half of soil organic matter is organic carbon. Soil carbon is sampled by taking soil probe samples similar to those farmers already take to measure soil fertility, but to measure carbon for carbon credit programs, the probe is usually inserted a full foot, or about six inches deeper than for soil fertility tests. A bulk density test is also taken, to determine the amount (tonnage) of carbon found within a specific area and depth.

The samples are tested at laboratories equipped for carbon testing, and participating farmers are awarded credits based on farming practices that lead to additional carbon being sequestered.

The publication contains photos and graphics that show how testing is done and at what depth.

From year-to-year, the changes in soil carbon are often small and very difficult to measure, said Jordahl, but over time, they accumulate and can become substantial. In general, the more soil organic matter that a soil has, the darker its color. But soil organic carbon cannot be determined visually.

The publication is part of a broader project that resulted from Iowa Gov. Kim Reynolds' Carbon Sequestration Task Force. Other recent publications include the Carbon Sequestration Task Force Summary Brief, and An Introduction to Biochar and its Potential Uses. The full report, Carbon Science for Carbon Markets: Emerging Opportunities in Iowa, is available online.

More information is available by contacting Jordahl she can be reached at 515-294-4459, jjordahl@ia state.edu.



MercyOne OBGYN expands care team, welcomes husband, wife physicians

MercyOne North Iowa is excited to welcome Taylar Swartz Summers, DO. Her husband and fellow physician, Garth Summers, DO, who has been with MercyOne for just over a year, is especially glad to have her join the MercyOne North Iowa Obstetrics & Gynecology care team.

"It's a wonderful perk to have each other in the same field," said Dr. Summers. We can bounce complex cases off one another and as physicians in the same clinic, we can provide each other with unique perspectives."

MercyOne North Iowa Obstetrics and Gynecology provides general gynecologic and obstetric services for women of all ages and at all stages of life. Care options range from routine yearly examinations and screenings to highly specialized procedures, such as minimally invasive surgeries and cancer treatment to prenatal, pregnancy care, labor / delivery, and postpartum services.

"We knew we wanted to come back to Iowa because I grew up here and we wanted to be closer to family," said Dr. Swartz Summers. "Our inherent trust in one another easily flows into the care we provide to our patients. We will continue to challenge one another to be the best physicians we can be."

The couple first met in medical school at Des Moines University and started dating while they completed their residencies at the University of Nebraska Medical Center.

Schedule an appointment with Dr. Summers, Dr. Swartz Summers or any of our OB / GYN care team by visiting MercyOne North Iowa Obstetrics & Gynecology.



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N-K advises families on lice facts

As parents have been advised that lice is a concern once again, the Northwood-Kensett district is offering information to help families.

In this month's Viking Dispatch, and in a note sent to parents, N-K school nurse Kaitlyn Bruns shared information on the presence of lice at the school.

In the message, Bruns said that several cases of lice had been found at the school.

With that in mind, Bruns encouraged parents to be aware and check their child's hair for nits and live lice frequently.

"Head lice is not something that will harm your child, but it is a pest that can be difficult to be get rid of," Bruns said.

The following information was shared in the message to families:

Lice live in human hair. They draw blood from the skin.

Lice lay eggs, called nits, about 1/2 an inch from the scalp. The nits are most often found on the back of the head, in the neck area and around the ears. Nits are small, white or yellow and are tear-drop shaped. They resemble dandruff, but are stuck to the hair shaft.

Some children will complain of itchiness, but many have no symptoms.

Head lice spread almost completely through human hair to hair contact. Anyone can get lice, but children are more likely as they interact in classroom environments and on the playground.

Bruns emphasized that having head lice is not a sign of being dirty. They are not dangerous and do not spread disease.

A number of prevention steps were shared.

That included frequently checking for lice and nits.

People with long hair can put it into a braid or ponytail.

Children should be encouraged not to share hats, scarves, headbands, brushes and combs.

Those that find lice have a number of things to consider.

Lice can be treated with specific medicines targeting the lice and their eggs.

Hats, scarves, pillow cases, bedding, other clothing and towels should be washed in hot water and dried in the hot air cycle, as lice do not handle heat.

Those things that can't be washed or dried in heat can be sealed in a plastic bag for two weeks, after which lice would not survive.

Vacuuming furniture and floors can remove any hair that may have living nits attached.

Students with lice do not have to be kept at home, though it is recommended that treatments should begin before students go back to school.

Families of N-K students may contact Bruns at kbruns@nkvikings.com.

More information is also available online at www.cdc.gov/parasites/head/treatment.html.







Learning to lead

Members of the Northwood-Kensett FCCLA (Family, Career and Community Leaders of America) chapter traveled to Des Moines on November 2 to take part in the Fall Leadership Rally. They joined other FCCLA students from across the state to take part in workshops, exhibits from colleges and other groups, community service and more. There were also chances to take part in design contests. Macy Thorson (pictured at left) took part in the T-shirt design contest and won second place in her level.

NIACC presents 'Million Dollar Quartet Christmas on November 17

"The Million Dollar Quartet Christmas" will be performed at the North Iowa Community Auditorium on the NIACC campus at 7 p.m. this Thursday, November 17. This presentation is part of the 2022-2023 Performing Arts and Leadership Series.

The holiday musical "Million Dollar Quartet Christmas" is set to play at NIACC as part of a 26-city national tour. Members of the original Million Dollar Quartet team, Tony-nominated book writer Colin Escott and original orchestrator Chuck Mead reunite with director Scott Weinstein for this new musical holiday celebration. Tickets are currently on sale and can be purchased at the Business Office in the Pierce Administration Building on the NIACC campus, by calling 641-422-4188 or online at www.niacc.edu/boxoffice.

In "Million Dollar Quartet Christmas, rock 'n' roll newcomers and soon to be legends Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley come together again to celebrate the holidays. Inspired by the true story of their December 1956 homecoming at Sun Records, this heartwarming rock 'n' roll musical rings with the sounds of the season and the chart toppers that made Million Dollar Quartet famous. The gang is up to their usual antics as we journey through stories of Christmas past, present, and future in a joyful evening filled with nostalgic holiday hits including "Run Rudolph Run," "Jingle Bell Rock," "I'll Be Home For Christmas" and more.

The cast of "Million Dollar Quartet Christmas" will include Alex Swindle as Elvis, Bill Scott Sheets as Johnny Cash, Brandon Fillette as Jerry Lee Lewis, Kurt Jenkins as Carl Perkins, Kathleen Macari as Dyanne, Matthew Mucha as Sam Phillips, Nathan Yates Douglass as Brother Jay, and Sean Preece as Fluke, along with understudies Dan Middleditch, Hunter Semrau, and Brynn Smith-Jenkins.

The design team for "Million Dollar Quartet Christmas" includes scenic design by dots, lighting design by Ryan J. O'Gara, sound design by Diego Garzón, costume design by Izumi Inaba, and prop design by Douglas Clarke. The production is general managed by Evan Bernardin Productions and booked by Broadway & Beyond Theatricals / BBT.

"Million Dollar Quartet Christmas" received its world premiere in 2021 at The Phoenix Theatre Company, ahead of a National Tour that same year.

More information about "Million Dollar Quartet Christmas" is available by visiting www.mdqchristmas.com or watching a video at www.niacc.edu/palvideos.

For tickets to the show, call the NIACC Box Office at 1-888-466-4222, extension 4188. Tickets may also be purchased online at www.niacc.edu/boxoffice.

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Preparing for a meeting with your child's teachers about his/her individualized education plan (IEP)

By Amy Starr
Regional Administrator with Central Rivers AEA

You walk into a room full of educators to talk about your child's Individualized Education Plan (IEP). Do you feel nervous, scared or unprepared? Please don't! No one knows your child better than you. I encourage you to walk in that room with confidence and tell your child's story – you've got this! As you prepare, here are some things to keep in mind before, during and after your child's IEP meeting.

Take some time prior to the meeting to think about where your child currently is. What progress have they made? What are your concerns? Depending on your child's age, asking them these questions, in a way they can understand, can prove to be very enlightening and helpful in the planning. Time goes by fast and planning backwards can be one of the most successful tools in preparing students for life after school. Where do you see your child in one year, five years or 10 years? If you have information you would like your child's school to consider in developing the IEP, share it with them ahead of time or bring a copy to the meeting. When you schedule this meeting, make sure it is a time that you can be fully present, with few distractions. Write down questions ahead of time that you may want to ask. You may also want to consider bringing along a family member or friend – sometimes having someone else there to listen is great support.

During

You are a valued and critical team member in drafting your child's IEP. You will be asked to help shape a picture of your child's strengths, interests and preferences in regards to learning. You may consider things such as: What do you see at home? Does your child prefer to work with others or independently? What kind of books do they like to read or have read to them? During the meeting, the IEP team will suggest goals, services and avenues of support to best assist your child in learning. If something doesn't make sense to you or you disagree with something that has been said, speak up and ask questions. Educators, like many professions, have a language all their own. If someone uses an acronym or term that you are unfamiliar with, ask them to explain that further. Finally, ask the team how you can assist your child at home. When everyone is working together, for the same cause, amazing things happen.

One of my favorite sayings is, "clear is kind." When everyone is clear about who is doing what, when they are doing it and how success looks, they



AMY STARR

are better able to support successful outcomes. Following the meeting, you will be provided with what is known as a Prior Written Notice. This notice will inform you what the school is proposing, why they are proposing it, other options that were considered and when this action will take place. The kindest thing you can do is make sure your understanding is crystal clear. If you have questions or concerns, don't hesitate to reach out to the school and ask for clarification. If you ever need further support, our Central Rivers Area Education Agency (AEA) staff is always willing and able to support IEP teams, schools, parents and children. As a parent with a child with a disability, you have rights afforded to you on your child's behalf. The school team will have provided you a copy of your procedural safeguards. If you have any questions, you can ask any member of the IEP team or an AEA representative. Additionally, each AEA has a Family Educator Partnership (FEP) team whose members can provide additional supports and resources to parents.

Sharing your child's story through your contribution to the IEP team can make a big impact on their education today and in the future. In summary, come prepared, participate as a team member and be clear about the outcome of the meeting. Educators need and want your contribution!

Amy Starr is a Regional Administrator with Central Rivers Area Education Agency (AEA), based out of Marshalltown. She can be reached at astarr@centralriversaea.org. Central Rivers AEA provides special education and school improvement services to 53 public and nearly 20 non-public school districts across 18 counties of Iowa. Learn more at www.centralriversaea.org.

Bolan

Sunday was the Drive In – Take Out Swiss Steak Dinner at the Bolan Trinity UM Church. It was a little "cold" for the greeter at the south end of town and also for the money taker.

In the Church basement there was an assembly line of helpers filling the take-out containers and also the small sacks, and out the door they went. There was good support for this fundraiser. Thank you for all of those that came. Hope you were satisfied.

If you have any feedback, please let Linda Nydegger know. We're open for new ideas or ways to improve.



Manhole work

Earlier this year, areas of Seventh and Ninth streets north in Northwood were resurfaced. Recently, a crew returned to the roads to remove a portion of the road to secure the areas around the city's sewer access points. The work removed any potential obstructions that were in place following the road construction.

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Northwood Anchor Legal

Supervisors

November 14, 2022 Special Meeting

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby and Enos Loberg present. A.J. Stone, absent. All members voting "AYE" unless noted.

Meeting called to order by Smeby.

Motion Stone/Second Loberg to approve today's agenda. Motion carried.

Motion Stone/Second Loberg to approve the administrative recount request of the 2022 General Election from the auditor for the Northwood Precinct. Motion carried.

Motion Loberg/Second Stone to adjourn at 8:05 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

Supervisors

November 7, 2022 Forty-fifth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, Enos Loberg and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Stone/Second Loberg to approve today's agenda and minutes from October 31, 2022 meeting. Motion carried.

Motion Loberg/Second Stone to approve claims in the amount of $94,015.04 as per the following schedule. Motion carried.

A & I Auto Body Inc
Service-Eng 8,509.28
A.H. Hermel Vending & Foodservice, Supplies-Shf 48.64
Access Systems Leasing
Service-Dap 98.50
Amazon Capital Services
Supplies-Aud 132.90
Aramark, Service-Eng 202.83
At&T Mobility
Service-Shf 1,841.84
Bcn Telecom, Service-Gsr .. 103.38
Bell's Fire Stop Inc
Service-Shf 157.50
Black Hills Energy Inc
Service-Eng 107.74
Bmc Aggregates Llc
Rock-Eng 108.00
Buscher Bros Corp
Service-Gsr 1,588.76
City Of Fertile, Rutf-Eng 1,662.59
City Of Grafton, Rutf-Eng . 990.70
City Of Hanlontown
Rutf-Eng 431.81
City Of Joice, Rutf-Eng ... 1,190.31
City Of Kensett, Rutf-Eng . 550.60
City Of Manly, Service-Eng. 66.04
City Of Northwood
Service-Gsr 586.88
Com-Tec Land Mobile Radio
Service-Shf 359.30
Dick's Place Body & Tow
Service-Shf 100.00
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Service-Shf 646.19
Falkstone Llc, Rock-Eng . 1,962.22
Greve Law Office
Rent & Payroll-Aty 6,452.92
Guardian Rfid
Service-Shf 1,219.50
Heartland Business Systems, Llc
Supplies-Phd 5,660.10
Henry M. Adkins & Son Inc.
Service-Aud 9,557.86
Hogan Bremer Moore Col Chapels
Service-Mex 553.00
Huber Supply Co Inc
Supplies-Eng 236.90
Idda, Edu-Drng 195.00
Imwca
Wk Comp Prem-Ins 20,641.00
Isac, Edu-Rec 200.00
Kelly Hardware
Supplies-Gsr 30.53
Kevin Springer Construction
Service-Gsr 15,170.00
Lexisnexis, Service-Aty 183.00
Malwarebytes Inc.
Service-Dap 2,212.47
Mason City Fire And Rescue
Service-Mex 1,000.00
Midwest Wheel Companies Inc
Parts-Eng 880.07
Nelson Septic Services Llc
Service-Con 625.00
North Iowa Media Group
Service-It/Gis 442.00
Northwood Anchor Inc
Service-Vaf 252.00
Northwood Sanitation Llc
Service-Gsr 211.50
Pinnacle Quality Insight
Service-Phd 309.00
Plunkett's Pest Control Inc
Service-Shf 59.87
Ram Systems, Service-Phd 720.00
Teresa Olson, Reimb-Rec 46.45
Trading Post
Supplies-Eng 290.97
Verizon Wireless
Service-Ema 40.01
Winnebago Coop Telephone Assn
Service-Gsr 3,411.93
Worth Lumber Co
Supplies-Gsr 81.30
Youth Shelter Care Of N Ia Inc
Service-Juj 711.84
Ziegler Inc, Supplies-Eng 1,174.81
Grand Total 94,015.04

Motion Loberg/Second Smeby to approve the monthly sheriff's report. Motion carried.

Chairperson Smeby rescessed the regular session at 8:42 A.M.

Chairperson Smeby reconvened the regular session at 9:03 A.M.

Motion Loberg/Second Stone to adjourn at 9:26 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

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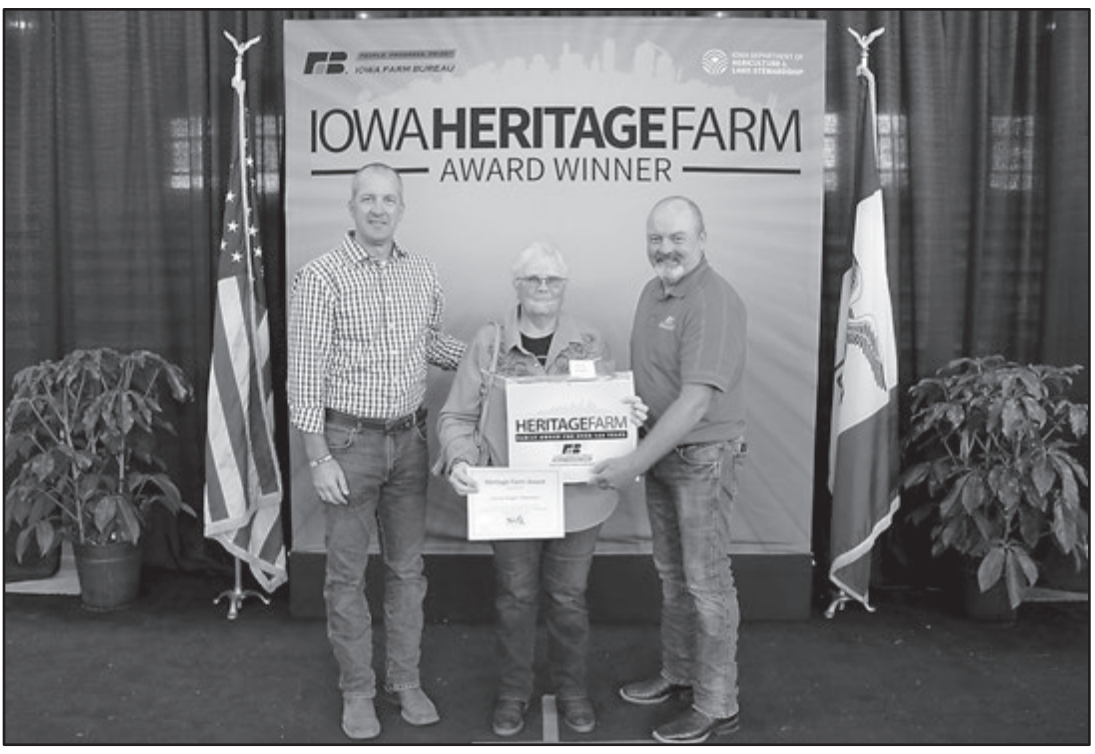
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Haugen Family recognized with Heritage Farm award

At this year's Iowa State Fair, a number of farms throughout the state were recognized for their family history. That included several in Worth County.

The Iowa Department of Agriculture and Land Stewardship recognizes farms that have been in the same family for 100 and 150 years with Century and Heritage Farm Awards.

A ceremony recognizing the farms that were added this year was held on August 18. Iowa Secretary of Agriculture Mike Naig, Iowa Farm Bureau Federation President Brent Johnson and Vice President Joe Heinrich honored 351 Iowa farm families with Century or Heritage Farm designations at the Iowa State Fair.

The Century Farm program began in 1976 as part of the Nation's Bicentennial Celebration. This year, 232 Century Farms and 119 Heritage Farms were recognized.

To date, 20,773 Century Farms and 1,685 Heritage Farms have been recognized across the state of Iowa.

Amongst those recognized this year is the Heritage Farm of the Haugen family.

By JoAnn Lower

"I knew growing up that coming back here was my destiny," said Donna Haugen who is back on the farm purchased by her great, great grandfather Gunbjorn Rierson in 1870.

The 280-acre farm was eventually passed on to Donna's great grandfather Ole Reyerson, then to her grandparents Roy and May Reyerson.

"When my parents, Maurice and Dorothy Reyerson, took over the farm they added more land, for a total of about 300 acres. They started out with milk cows and had beef later on."

An Air Force wife, Donna lived several places with her now late husband Neil but always knew she'd be coming back here to the house where she grew up, the house where her grandparents and parents had lived.

In 2013 after her father had passed away and her mother had moved into a nursing home, Donna got the house and 50 acres – part farmland, part woods. The rest of the farm was divided between her three sisters.

"I have two dogs, a rottweiler and a miniature pincher, as well as a beautiful pasture for my horses," she smiled. "My driveway turns into a lane, thick with evergreen trees on both sides that almost make a tunnel. My grandpa planted them. One evergreen is so tall it can be seen from the highway two miles away."

Donna's son Jacob, a firearms technician, lives in Waseca. "Of my four grandchildren, I believe that one grandson is interested in taking over the farm."



Annual Drive Through Live Nativity held on December 2 and 3 in Albert Lea

The 27th annual Drive through Live Nativity will be held on Friday, December 2, and Saturday, December 3, from 7 - 9 p.m. at the New Life Christian Church, 1705 SE Marshall St., Albert Lea.

"Come and experience Bethlehem, the night that Jesus was born. This is our Christmas gift to everyone. Bring family and friends and enjoy live animals, the angels and shepherds, Mary and Joseph at the inn and more."

More information is available by calling 507-383-0814 or 507-373-1533.

Northwood Anchor Church

Fertile Lutheran Church
Wednesday, Bible Study, 10:30 a.m.; Thursday, Mary Circle, 9:30 a.m.; Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Adult Bible Study at Bethlehem, 8 a.m., Bethlehem Worship, 9 a.m., Joyful Noise Choir Practice at Grace, 9:15 a.m., Sunday School at Bethlehem, 10:15 a.m., Grace Worship, 10:30 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Conf., TBD; Thursday, Elk Creek WELCA Meeting, 9:30 a.m., MANNA Open, 4:30 - 6:30 p.m.; Sunday, Worship - Bethany, 9 a.m., Sunday School - Elk Creek, 9:45 a.m., Worship Elk Creek, 10:30 a.m.; Monday, MANNA Open, 10 a.m. - Noon
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Wednesday, Trinity UMW meet at Sue Cowell's, Devotions: Everyone, 5 p.m.; Sunday, Worship Service, 9:10 a.m., Coffee Fellowship, Decorate for Advent - Lunch Following, 10 a.m.
Pastor Cory Allard

Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., Wonderful Wednesday, K-3rd, 3 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4-8th, 5:30 p.m., Meal & Confirmation, 6:15 p.m., HS Youth Group, 6:45 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, 7 p.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:10 a.m., Sunday School, 9:15 a.m., Bethel Worship, 10:30 a.m., Drive Through Swiss Steak Meal at Trinity, 10:30 a.m.

Northwood United Methodist Church
Wednesday, Confirmation, 4 p.m.; Thursday, Pub Theology, 7 p.m.; Friday, Discipleship Journey, 10 a.m.; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m., Chili Cook Off, 5 p.m.; Tuesday, Swallow Coffee House, 10 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 9:30 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 11 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood
Wednesday, Confirmation, 5:15 p.m., Choir Practice, 5:30 p.m., Inspire, 7 p.m., SH Youth, 7:50 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Gr., 9 a.m., Taekwondo, 6:30 p.m., Pub Theology, 7 p.m.; Sunday, Worship Service with N.O., 9 a.m., Sunday School Sings & Bremwood Speaker, Council Meeting, 10:10 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
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Read something that will change your life



How many have marked some significant change in their life to the reading of a book? A book allows us to glimpse the heart and soul of another human being, while letting their ideas into our hearts and souls. That type of intimacy is only rarely achieved in our non-reading lives, and is perhaps a clue to why bookworms are so obsessed with books. Where else can you so directly peer into another's soul? What makes good fiction so interesting is that it explores different modes of being human. Hemingway claimed that "All good books are alike in that they are truer than if they had really happened and after you are finished reading one you will feel that all that happened to you." We can internalize books to such a degree that they become part of us. This can be a good or a bad thing, there are good and bad things in books, and while a glimpse into evil doesn't necessarily make one evil, it could be dangerous to spend too much time perusing books on evil or sordid subjects. We should read a variety of books. There is an old proverb which says beware the man of one book, meaning to beware of anyone who is single-mindedly devoted to a single book. It is a testament to the open-mindedness of the men who chose which books to include in the Bible that they chose a wide variety of books, reflecting a wide variety of views and religious experiences. So, read something that might change your life today, pick up a good book. —Christopher Simon

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."
– 2 Timothy 3:16-17

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Ladies' Home Journal was a great favorite of women everywhere who enjoyed cooking, decorating, parenting and many other "female" passions. The first issue was published in February 1883 as a monthly magazine, it morphed into a quarterly with an "update" in 2014 and totally ceased publication in 2016. Women's roles have changed so dramatically over the decades that other publications rose to prominence leaving the Journal less popular. Along with the traditional magazine, yearbooks of recipes were published, hardcover and with beautiful food photos. Ladies' Home Journal Recipes 1999 (Meredith Publishing Group, Des Moines) is a large coffee-table style book with "300-plus fabulous recipes for every day and entertaining." The following are adapted recipes for brownies… those long-loved pieces of chocolate bliss. In fact, the chapter of the book containing these goodies is titled "The Year in Chocolate."

Killer Brownies: the traditional kind

8 oz. unsweetened baking chocolate
1 cup all-purpose flour
1/2 cup PLUS 3 tablespoons real butter
1/4 teaspoon salt
2 cups sugar
1 1/2 cup chopped walnuts
4 large eggs, beaten
12 oz. semisweet chips
1 1/2 cups chopped toasted walnuts
1 teaspoon real vanilla

NOTE: to toast nuts, place in a dry, heavy skillet over low heat. Keep stirring them to avoid burning until they are fragrant and toasty brown. Cool on a plate before use.

Preheat the oven to 350 degrees F. Line a 9x13-inch baking pan with enough parchment to hang over the ends and butter the parchment lightly. Combine the baking chocolate with the butter in a microwave safe bowl. Cover the top partially with plastic and microwave for 3 minutes on HIGH, stirring half way through to make it smooth. Whisk in the sugar, then the eggs and vanilla. Stir in the flour and salt. Fold in the chocolate chips and walnuts. Pour into the prepared pan and bake for 28-30 minutes. You want the center just set, not dry. Place on a wire rack to cool completely. To cut the bars, lift them out by holding the parchment paper and peel it off the bottom of the brownies. Makes 24 servings, 2" square.

Caramel-Cheese Brownies

Brownies:
1 cup real butter
4 large eggs
1 cup unsweetened cocoa powder
1 1/4 cups all-purpose flour
1 1/2 cup sugar
1 teaspoon real vanilla
1/2 cup firmly packed brown sugar
1/4 teaspoons salt

Filling:
1 package (8 oz.) cream cheese, soft
20 caramels, unwrapped
1 large egg, lightly beaten
1 tablespoon water

Make the filling by whisking the cream cheese and egg in a medium bowl; set aside. Combine the caramels with the water in a small microwave-safe bowl. Cover partially with plastic wrap so it will vent. Microwave on MEDIUM (50% power) for 1 minute. Stir and microwave an additional 1 minute. Stir the mixture to make sure the caramels are melted and set aside. Preheat the oven to 350 degrees F. Line a 9x13-inch baking with parchment paper, pressing it into the corners of the pan and letting the paper drape over the end of the pan. Lightly butter the parchment. Make the brownies by placing the butter in a large microwave-safe bowl. Over partially with plastic wrap and microwave it on MEDIUM (50% power) for 60-90 seconds or until melted. Whisk in the cocoa until smooth; let stand for 5 minutes to cool slightly. Whist both sugars into the cocoa mixture until combined. Add the eggs, one at a time, whisking after each addition, until well-blended. Stir in the flour, vanilla and salt. Spread 1 3/4 cups of this brownie batter into the prepared pan. Slowly stir the melted caramels into the cream cheese mixture, just until marbleized (swirly the caramel in gently). Slowly pour this over the brownie layer in the pan, spreading out evenly to cover. Spread the remaining brownie batter over the cream cheese layer, again smoothing out evenly. There may be a few dark spots that it won't cover; that's okay. Bake for 40 minutes or until a toothpick inserted into the center has a few crumbs sticking to it. Cool completely on a wire rack. To cut the brownies, lift them out of the pan using the parchment "handles". Cut into 12 squares, 3x3". Cut each of these in half diagonally to make 24 pieces.

Fun Brownie Waffles

These are short-cut brownies in fun shapes

Mix up a package of brownie mix as directed for "cake-like" brownies. Cook the batter in a non-stick deep waffle iron; if you have a heart-shaped waffle iron or something other than the usual round shape, it's fun to use it this way. Butter the waffle iron between each brownie but only slightly; you don't want them greasy. These waffles will not be crisp; don't overcook them as they have a lot of sugar and will burn easily. Serve the hot waffles with real whipped cream or rich vanilla ice cream, chopped nuts and a cherry. If you have a mini waffle iron you can make little ice cream sandwiches.

I definitely remember reading those Ladies' Home Journal magazines cover to cover when I was first married and had small children. The beautiful homes and fancy dinner tables were far out of my reach both financially and because I have no decorating talent. Cookbooks such as this one prove recipes never go out of style even if home décor and clothing do. And….that's all she wrote.

Northwood Anchor Society



N-K NCICDA honor choir

These Northwood-Kensett choir students took part in the NCICDA (North Central Iowa Choral Directors Association) Honor Choir Festival, held at NIACC on November 7. During the event, students practice and take part with others from the area, led by visiting directors. Those taking part from N-K included (in front) Lexis McHenry, True Hackenmiller, Sophia Butler, Camryn Rheingans, Eryn Fierova, (middle) Kia Stricker, Ariah Bode, Quinn Schroeder, Hallie Hanson, Emersyn Wahl, Kale Bode, Caleb LaPoint, (back) Maci Smith, Austin Orth, Feyre Grunhovd, Mallory Rheingans, Alexandria Hanson-Bransoy, (not pictured) Landen Nelson and Olivia Willsher.

Youth engage in statewide 4-H Career Pathways Academy

Youth in grades 8-12 from across Iowa have been participating in the year-long 4-H Career Pathways Academy program. They are exploring opportunities for higher education and careers in education, healthcare, agriculture, STEAM (science, technology, engineering, arts and math), skilled trades and entrepreneurship.

The Iowa 4-H Career Pathways Academy kicked off in June at the Iowa 4-H Youth Conference on the Iowa State University campus. Since then 40 youth participants from across Iowa have been engaging each month in the college and career exploration program.

"The intent of this program is to engage youth in research-based educational opportunities that get them excited about pathways after high school," said Cayla Taylor, 4-H senior program manager who leads the Career Pathways Academy for Iowa State University Extension and Outreach. "Whether through pathways to higher education-al pursuits or pathways to the workforce, 4-H plays a key role in preparing young people with skills, experiences and opportunities to explore a variety of career fields."

Youth engage each month in a Find Your Spark educational workshop where they immerse themselves in hands-on learning experiences in a career field. The workshops also entail learning from local professionals working in the specific career field as well as connecting to local community colleges or universities with relevant college majors.

In September the youth explored healthcare at Mercy College of Health Sciences, Des Moines, and Buena Vista Regional Medical Center, Storm Lake. In October they explored agriculture at Iowa Central Community College, Fort Dodge.

In November the youth will examine STEAM opportunities at Iowa State University College of Design in Ames and at Northwestern College, Orange City. During December they'll explore skilled trades at Southwestern Community College, Creston, and Indian Hills Community College, Ottumwa.

The Find Your Spark monthly sessions are led by trained 4-H AmeriCorps members who serve as local mentors for the youth participants. The members are also responsible for engaging youth between sessions in their own personal career exploration in addition to connecting youth to other related opportunities and programs through 4-H. Next spring, youth participants will identify their own career fields of interest and engage in externship opportunities in or near their local communities, as well as attend workshops to learn and develop important life and employability skills.

More information on Iowa 4-H or the 4-H Career Pathways Academy, is available by visiting www.extension.iastate.edu/4h/ or contacting the ISU Extension and Outreach county office.

Crop clinic set for Dec. 9

The Worth and Cerro Gordo County Extension Services will host their annual Corn and Soybean Clinic on Friday, December 9, starting at 9:30 a.m., held at the Bethel United Methodist Church in Manly.

The clinic will include information from ISU Extension experts.

The Worth and Cerro Gordo County Extension Service's annual Crop Clinic/ Pesticide Recertification meeting will be held on Friday, December 9th at the Bethel United Methodist Church in Manly at 9:30 A.M.

Speaking at the clinic will be Dr. Allison Robertson, Iowa State University Extension State Specialist, who will discuss crop diseases. Dr. Prashant Jha, Iowa State University Extension State Weed Specialist, will focus on how to manage herbicide-resistant weeds.

The clinic will also include a chance for farmers to renew their Private Pesticide Applicators License.

The private pesticide portion of the Corn and Soybean Clinic will be led by ISU Regional Extension Crop Specialist, Angie Rieck-Hinz.

Pesticide applicators with questions may call Dennis Johnson, Worth County Extension Education Specialist, and Lacey Waller, Office Manager at the Worth County Extension Office, at 641-324-1531 for more information.

North Iowa Concert Band presents free fall concert

The North Iowa Concert Band, under the direction of Dr. Justin Smiley-Oyen, will present a Fall Concert on Tuesday, November 22, at 7:30 p.m. in the North Iowa Community Auditorium on the North Iowa Area Community College campus.

There is no charge to attend, free will donations will be accepted at the door.







Northwood Anchor

Opinion

Savvy Senior

Daily money managers can help seniors with financial chores

Dear Savvy Senior,

Can you recommend any services that can help my elderly mother with her financial chores? My dad always used to handle the bill paying and paperwork, but he passed away last year, and mom struggles to keep on top of things. And I don't live close enough to help her on a regular basis.

Concerned Daughter

Dear Concerned,

It sounds like your mom could use a good daily money manager (or DMM). These are financial savvy professionals that can help older adults who have difficulty managing their own day to day personal financial affairs.

The types of services they provide typically includes paying bills, maintaining financial records, balancing checkbooks and negotiating with creditors. DMMs can also prepare checks for clients to sign, help older people organize bank and financial records, prepare and deliver bank deposits, gather and organize documents for tax returns, help decipher medical bills, and review bank statements in order to detect potential financial abuse or fraud.

Where to Find DMMs

Depending on where your mom lives, DMM services may be available through private non-profit elder assistance organizations or government agencies. These agencies often use volunteers to provide basic DMM tasks, such as bill paying at no cost. To find out if this is available in your mom's area contact her Area Aging Agency. Visit ElderCare.acl.gov or call 800-677-1116 for contact information.

In addition to the non-profit DMMs, an increasing number of individuals and private for-profit companies have started offering DMM services for a fee. Cost for these services varies by region but it often ranges between $25 and $100 per hour. Most clients need approximately four hours of services per month, but this too varies according to the complexity of the person's financial situation.

The best place to look for a professional DMM in your mom's area is through the American Association of Daily Money Managers (AADMM.com), which offers an online directory that lets you search by ZIP code. All the pros listed there have signed the group's code of ethics. Some have passed a certification exam to earn the designation of Certified Daily Money Manager.

Before hiring a daily money manager, however, get references from two or more of their clients and check them. Also, find out what they charge and what type of insurance coverage they have. Keep in mind that neither federal nor state governments regulate the DMM industry, so there is little oversight of these services. So before turning over your mom's bills, make certain it's someone you can trust.

One other highly rated bill-paying service you should know about that's specifically designed for older adults and caregivers is SilverBills (SilverBills.com). Available nationwide, this is a secure concierge bill management service that will manage your mom's bills and pay them on her behalf, on-time and correctly, for a flat fee of $50 per month.

If you opt for this service, your mom will be paired with an account manager who will communicate and work with her over the phone, or through email, text or mail (her preference) – no computer is required. SilverBills also reviews all bills for errors and fraud and provides monthly statements showing the date, amount and manner of each payment.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I've got 20 goldfish living in my bathtub.

What do you do when you want to take a bath?

I blindfold them.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I was three days early in completing a task. Daylight saving time always throws me off. My neighbor Crandall is teaching his turkeys how to play the banjo. He hopes the turkeys will pluck themselves. Crandall and I used to share a water supply. We got a long well. He believes in paying it backward. He told the young woman at the drive-up window that the car behind him was going to pay for his food.

Grin and bear it

So there I was on a November day in Alaska. I was watching a brown bear catch salmon in Chilkoot Lake. I watched from a safe distance as I showed the bear to a couple from New England. The woman was interested but uneasy. Her husband tried to assure her, "That bear is more afraid of you than you are of it."

She responded quickly, "If the bear said that, it's lying."

Make do or do without

"Use it up, wear it out, make it do or do without." The War Advertising Council coined that slogan during World War II at the time of victory gardens, saving kitchen grease and donating scrap metal for munitions. Its purpose was to promote the need to conserve scarce resources and to help keep prices down by not generating excess demand. Use it up, wear it out, make it do or do without.

The good folks who lived on my family's farm before us, resided in a granary while a house was being built. In a time when T-shirts were all white, a boy in my school turned his inside out and wore it with the dirty side in. A beloved aunt of mine, after becoming the lone resident of her house, used both the top and the bottom of a plate before washing it.

I pulled into my assigned parking space for a regular job I do in a city. My parking spot had been replaced by a large excavator and a temporary fence. Someone had taken my parking place and left a big hole. I parked on the street. It wasn't much of a sacrifice, but I did without.

Ask Al

"How can I tell if it's a horn or an antler?" If you hear the sound coming from a car, it's a horn.

"How could I find more free time?" Anytime you see an email, text or social media post promising to shock or scare you, don't read it. It won't be true.

"What is the recommended safe distance to maintain from a grizzly bear?" 17 miles.

"What streaming service did you have when you were a kid?" It was called imagination.

I've learned

I like B more than the L or the T in a BLT.

Inacupuncture is ineffective.

If all the insects are smashed onto the back window of my car instead of the windshield, I'm driving too slowly.

Good hide-and-seek players are hard to find.

My wife said I can be an idiot sometimes, so I've penciled in an hour on Thursdays for that.

Things to be thankful for at Thanksgiving

Stretchy pants.

That you haven't saved every twist tie.

Those who forgive without conditions.

Nature notes

Squirrels were squirreling away the fallen acorns. Oaks can be 900-year-old trees–300 years of growth, 300 years of stasis and 300 years of decline. Most species of oaks begin producing acorns at about 20 years of age, with peak mast production occurring at around 50 to 80 years. Every two to five years, oak trees have a mast year when they produce many more acorns than they produce in other years. An oak tree is in the genus Quercus. "Quer" means "fine" and "cuez" means "tree" in Celtic. An oak's root zone extends beyond the drip line of the tree. The drip line is the outermost edge of a tree's foliage. Oak trees support 897 caterpillar species in the US. A single pair of breeding chickadees needs 6,000 to 9,000 caterpillars to rear one clutch of young birds, according to Doug Tallamy, a professor of entomology and wildlife ecology at the University of Delaware. A black-capped chickadee weighs as much as four or five pennies.

Meeting adjourned

"Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude." -Ralph Waldo Emerson.

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Fit to print...

Oh what a day, week and month

By Kris Kenison

While we're just over a week away from the next big holiday, there are plenty of other days to celebrate in between.

For instance, today, November 16, is GIS Day, National Button Day, Have a Party with your Bear Day, Indiana Day and National Fast Food Day.

We're in the middle of Human-Animal Relationship Awareness Week and National Peanut Putter Lovers Month.

If you are like me, you no doubt wonder where all these celebrations come from, and sometimes how to celebrate them.

National Button Day was established by the National Button Society, which itself was founded in 1938. The day is a celebration of buttons that are saved and repurposed when they can't be used to keep clothes closed any longer. Whether that be collections or crafts, it's what National Button Day is all about.

GIS Day was first celebrated in 1999, by the founder of a company that pioneered the technology. GIS (geographic information system) technology is used to apply information to maps and its applications are endless. To celebrate, take a look at Worth County's GIS system found on the County website. Or find a favorite place to visit and use mapping software on you phone to get there.

National Have a Party with Your Bear Day doesn't have a definitive origin, or even recognized form of celebration. Most suggest finding a special teddy bear or two and putting on a party. Maybe serve some honey, some salmon and some berries. You can take some human camping food and hang it up high, so no one at the teddy bear party can get it.

Also, keep in mind that no source could be found that suggests a party with any kind of real bear. Plan your celebration accordingly, bears are not the ideal party animal.

Today is also Indiana Day. If you live in Iowa, you can celebrate the fact that many people in the world and even some in your own country don't know the difference and often confuse the two states.

This is the month for me, as a Peanut Butter Lover during Peanut Butter Lover Month. The origins of the month-long celebration are as uncertain as the origins of the tasty treat.

Many often credit George Washington Carver with the creation of the bread spread, the topping, the ingredient. Carver was an enthusiastic advocate of peanuts as a crop, and its applications, around 1916. However, as early as 1840, a New Yorker named Rose Davis started making a form of peanut butter after her son saw women in Cuba grinding peanuts and spreading them on bread. And there is evidence that Aztecs may have created a form of peanut butter as far back as the 15th Century.

Peanut butter was first mass produced in 1898 when the Kellogg company streamlined the process, making it a popular snack for members of elite society and a protein source in wealthy hospitals.

I'll celebrate several times this month. I'll have it by the spoonful, the toastful, the milkeshakeful, the peanut butter cupful, the M&Mful and every other ful that presents itself.

Human-Animal Relationship Awareness Week began in November 2016, started by the Institute of Animals and Society. While the group encourages pet owners to do something special for their friendly fauna, I'll probably stick with my typical encounters. Tess and Woodstock, the office cats, will be shown attention when they make themselves known by walking in front of my computer screen. They'll also draw my attention when I don't strongly want to do what I should be doing.

Unlike those other holidays that my cynical side notes as commercially motivated, like Valentine's Day, I prefer the sentimental celebration of National Fast Food Day. Another day with no specific origin, it no doubt comes from the heart and is not commercially motivated. Right? I'll celebrate with a home made salad.

(The previous paragraph is my belated celebration of National Sarcasm Month in October and my pre-belated honoring of National Sarcasm Day on December 11.)

And if I don't get my fill of carbs and calories, and don't get full in general this month with peanut butter and a day dedicated to fast food, November is also Fun with Fondue Month. I've never had fondue, but it does sound fun. And as probably no one has ever said, you can't spell fondue without F-U-N.

It should be noted that the days and months mentioned here are ones to take the least seriously. There are several celebrations in November that deserve far more respect than was afforded in this space this week. Of course, if you take peanut butter lovers, parties with bears, buttons, fast food and even Indiana, I apologize.

Northwood Anchor

Early Files

100 years ago

November 15, 1922

Chas. Voorhias, 70, was killed by an enraged bull in the pasture of the Jim Platcek farm, two miles west of Grafton. When he did not return from the field the Platcek family instituted a search and found the lifeless body in the field, badly mangled.

More than 1,500 persons were marooned for hours in two miles east of North Liberty. They were members of automobile parties retiring to east and north Iowa cities from the Iowa-Minnesota football game at Iowa City. Hundreds of women and children walked to an interurban depot at North Liberty. Others spent the night in nearby houses.

Glennys Tenold and Arthur Bergo returned from Grinnell, where they had gone to attend a convention of representatives of Iowa high school papers. They representing the N.H.S. News.

The Northwood W.C.T.U. held a special meeting at the home of Mrs. Bowers, at which time Rev. Ylvisaker of the Lutheran church, gave a talk, which was greatly appreciated by those present. Twenty persons were in attendance, including two honorary members and some visitors.

Hon Gilbert N. Haugen and son Lauritz, who have been spending the congressional vacation at home in Northwood, will leave the latter part of this week for Washington to be ready for the special session of congress, which convenes on November 20.

Eddie Julson, manager of the Standard Oil Company filling station in this city, "put one over" on his friends when he went to New Hampton on November 1 and was married to Miss Leona Zickuhr, of that city. The young couple have returned to Northwood after a wedding trip and have gone to housekeeping in the residence directly east of the home of Hans Madson.

75 years ago

November 13, 1947

Discovery of the lifeless body of Dr. Leo A. Kirchgatter, 50, of Grafton, who had been missing since November 1, was made on Tuesday afternoon about 12:30 p.m. by Donald Dalluge, 17, of Grafton, who came upon the body as he was hunting pheasants in a corn field a half mile west and one and one-half miles south of Grafton.

Robert Bowen, athletic coach, has accepted an offer to become the community recreation director for next summer, it was announced. The Greater Northwood Recreational Association, organized last May, moved on a step closer to its goal when the local school board approved of Mr. Bowen's new assignment.

Teman N. Gordon, 75, widely known retired farmer and life-long resident of Worth County, died on Friday night at 10 p.m. at the farm home of his son, Ernest Gordon, southeast of Kensett, after an illness of short duration. His unexpected passing came as a shock to the entire community.

Last Friday's blizzard, which has swept across northern Iowa by a wind that reached a velocity of 60 miles per hour at the Mason City Airport at times, gave this part of Iowa its first foretaste of winter.

In compliance with the law passed by the Iowa legislature providing for election of members of the county board of education, Worth County has been divided into four school election districts from which four members of the board will be chosen at the annual school election to be held on the second Monday in March 1948.

A conference of the mayors of the seven incorporated towns of Worth County, the members of the county board of education and the board of supervisors will be held on November 17, at 8 p.m. at the courthouse to select a board of review for Worth County as required by the new county assessor law.

50 years ago

November 16, 1972

John Pixley at the Northwood Cooperative Elevator probes for a sample of corn brought in by Ray Gentz, rural Northwood. Drying winds allowed Worth County farmers to get at the job of harvest, which has been delayed because of wet weather. A snow storm predicted here and resulted in 13 inches of snow in parts of Nebraska, went south of Mason City. Corn is averaging about 25 percent moisture according to Larry Wright, manager.

The Northwood-Kensett community school board accepted the resignation of Robert Perry as N-K football coach at its monthly meeting. Perry, who has coached varsity football since 1963, had a 1-7 season this fall. It was noted, however, that Perry has had the only winning season in the past 14 years, in 1970. Other statistics also show eight winning football seasons for Northwood teams in 32 years, with a winning stretch of 1956-57-58 the most notable in recent years. Perry, who holds a master degree from Wayne State University, will continue to teach social studies courses, including American government, psychology and contemporary history and coach golf.

Clarence F. Johnson, Northwood, has been hired by the town council as the new sexton at Sunset Rest Cemetery.

Last winter, Northwood-Kensett's girls basketball team played a full schedule of "practice" games in order to give the Viking girls, who had never played organized basketball before, a season's experience. This year N-K girls are playing for real and just to convince any Viking fans who might doubt the fact, coach Francis Boggess asked Northwood-Kensett athletic director Jack McMullen to schedule some very "for real" teams to go along with the meagre NIC fare.

25 years ago

November 12, 1997

Rural Northwood resident Jeff Moretz got in a lot of cross county travel. First he drove from his Deer Creek Township home northeast of Northwood to his uncle Art Moretz' Brookfield Township fair southwest of town. Then he drove Art's tractor and six-bottoms plow back and forth over 20 acres of 10-year Conservation Reserve Program land south of Elk Creek to get it ready for the next round of fieldwork when spring 1998 rolls around.

Over 100 people attended the Green Thumb Biennial Flower Show at the Masonic Temple in Northwood. Mary Julson and Patti Trenhaile canvassed the many different flower and plant arrangements made by members of the club. The proceeds from the show will go to the Northwood Swimming Pool Fund Drive. Over $200 was raised.

Donna Schutz has received her degree in the career of cosmetology at La James College in Mason City. Donna received extensive training in hair sculptures, hair artistry, aesthetics, fashion, nail design, salon management and marketing. Donna is the daughter of Bonnie Schutz of Northwood and Dennis Schutz of Northwood.

Northwood-Kensett fullback Eric Loberg's helmet was a blue streak as he blasted through the Greene line on a 11-yard touchdown burst behind blocks thrown by teammates Jon Hickman, Dan Heiken, Jake Stotts, Danny Varner and Richie Davis. Loberg's second touchdown of the night gave the Vikings a 13-7 lead with 7:11 to play in the first half.

Like most Iowa high schoolers, the student-athletes of the Northwood-Kensett volleyball team spent a lot of time on "the three R's." But this autumn, the N-K spikers concentrated on "the three C's- camp, confidence, and competitiveness — to produce their best season in years. While some area volleyball teams might look down their noses at the Vikings' 3-15-3 match record, that mark is a definite improvement over last year's 0-21 finish.

10 years ago

November 14, 2012

Thanksgiving and Christmas are fast approaching. How will we get our baking done? No worries. Bernice "Sis" Estes, famous for her delicious donuts, decorated sugar cookies and pies, is now taking orders. And, if you're a peanut brittle lover, Sis makes the "world's best!" Her nephew has already ordered 10 batches! After her high school graduation, she worked at Plowman's Cafe, the grocery store, at Rhonda's, then at Sue's. Sis's baking expertise is enlisted by individuals as well as for large community events.

As the students and staff at Northwood-Kensett Junior/Senior High School took part in their Veterans Day program, three students were honored for their patriotic prose. Pictured were Patriot's Pen essay contest winner Calli Christiansen, Voice of Democracy winner Taryn Van Ryswyk, Patriot's Pen winner Emily Follmuth and Paul Ferley, from the Northwood Our Buddies Memorial VFW Post 6779, which sponsors the essay contest locally each year.

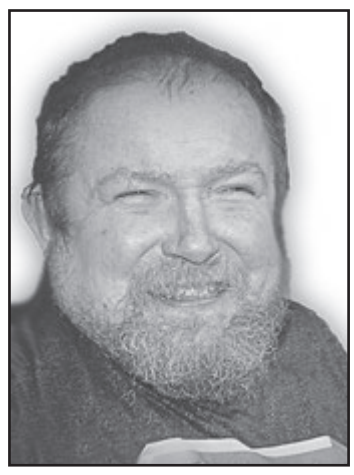
N-K's force in the paint, Savannah Lira, goes up for two points against Ventura in regional tournament action last season. Lira will be a huge part of N-K's success this year, as Lira goes, so goes the fortunes of the Lady Vikings.

For Northwood-Kensett fans, football and volleyball season marks the beginning of another year in sports supporting their hometown team decked out in the blue and white. As usual, the fall sports season was another successful one for the Vikings as the football team went 4-5 on the year, missing the 8-man playoffs by just two games while the volleyball team ventured deeper into the playoffs than any other team in school history. The volleyball team's season came to an end in the region semifinals with a 3-0 loss to fourth ranked Janesville. The Lady Vikings finished the year with a school record of 16 wins.

Northwood Anchor

Obituaries

Eugene 'Gene' Bauman



EUGENE BAUMAN

Eugene "Gene" Bauman, 63, of Clear Lake and formerly of Hanlontown passed away on Wednesday, November 9, 2022, at MercyOne North Iowa Hospice.

Services were held at 1:30 p.m. on Sunday, November 13, 2022, at Grace Lutheran Church, 302 E. Fourth St., Hanlontown, Iowa, with Rev. Linda Johnson Prestholt officiating. Inurnment took place at Brush Point Cemetery, rural Hanlontown.

Following the burial a time of fellowship and memories was held at the church.

Eugene "Gene" Albert Baumann was born on March 28, 1959, in Forest City, the son of Ernest C. Sr. and Freida (Beckfield) Baumann. He was baptized at Grace Lutheran Church and grew up in the Hanlontown area. The family later moved to Manly, and Eugene attended school in Northwood. In 1976 Eugene moved to Sheldon, Iowa, to live at Village Northwest and in 2014 made his home in Clear Lake at Oakwood Care Center. He worked hard at the career centers and always had a smile on his face. Eugene's outgoing personality always shined.

From a young age, Eugene was always on the go, and never seemed to let his abilities or his wheelchair slow him down. He had mastered the art of "scooting" in order to play with the kids outside. Throughout life he loved working on latch hook creations and embroidering, and shared his pieces with friends and family. Eugene never missed out on love. From his home with mom, dad and his siblings, to the Village Northwest and most recently at Oakwood, everywhere he went, he was loved. He cared for those around him and lovingly took on the role of Hall Monitor at Oakwood where he greeted and welcomed everyone passing through. His open, loving personality will be missed by all who knew him.

Those left to cherish his memory are his mother, Freida Baumann; his brothers, Ernest "Jr." (Marlys) Baumann Jr. of Northwood and Steve (Nancy) Baumann of Manly; and many beloved nieces, nephews, and great-nieces and nephews, as well as aunts and uncles.

Preceding him in death are dad, Ernest Baumann Sr.; a brother, David Baumann; maternal and paternal grandparents; and many aunts and uncles.

Registration open for Women in Ag Leadership Conference

Women in farming, agri-business, nonprofits, students and others invited

"Together We Lead" is the theme of the sixth annual Women in Ag Leadership Conference organized by Iowa State University Extension and Outreach. Nearly 30 speakers will enlighten, inspire and energize conference attendees Nov. 29-30, at the Gateway Hotel and Conference Center in Ames.

The cost to attend is $90 for adults and $45 for students. A limited number of attendance scholarships are available by emailing schultz@iastate.edu.

Tuesday's events run from 1-8 p.m. Attendees can choose from five campus tours including the horse farms, poultry farms and feed mill, agricultural and biosystems engineering, student innovation center, and a steam tunnel and history tour.

The first general session offers an interactive presentation on leading with grace and growth by past National FFA officer, Laila Hajji Down. A choice of four two-hour intensive workshops and a networking dinner completes the day's program.

The workshops cover farmland management, discovering your leadership strengths, gaining and sharing wisdom through mentoring, and straight talk about farm financial statements.

"I am so grateful for and in awe of our amazing speakers and inspiring role models who agreed to be part of this conference," said Madeline Schultz, program manager for women in ag with ISU Extension and Outreach. "They are passionate about supporting women in the agriculture industry and understand that we lead best when 'Together We Lead.'"

Wednesday's events begin at 8:30 a.m. and continue through 4 p.m. The morning general session keynote speaker is Amy Cronin, president of Cronin Family farms, where she raises hogs in Ontario, Canada, and Iowa and Missouri. Through her leadership and commitment to her six children and husband, she has grown the business while serving on the local Catholic school board and chairing the Ontario Farm Products Marketing Commission.

A welcome address will be given by John Lawrence, ISU vice president for extension and outreach. The highlight of the conference is the announcement and recognition of four Women Impacting Agriculture honorees who share their stories.

There is something for everyone in the four morning concurrent sessions. Topics cover leadership lessons rooted in farming for generations, managing your cyber ecosystem, the new rules of remote work, and a workshop from Amy Cronin. The four afternoon concurrent sessions offer topics on agricultural carbon credit markets, strategic planning, igniting your leadership style and unconventional health tips.

The final general session includes a panel of current board members sharing insights on leadership for the common good of communities and organizations, including Michelle Book and Susan Tronchetti.

Author, entrepreneur and ag executive Cleophus Franklin Jr. will present the capstone address on how to partner with purpose and go from laying bricks to building castles.

Farm Credit Services of America is a major sponsor of the conference. Register online at https://go.iastate.edu/HYEN9K

More information is available by visiting the conference website or contacting Madeline Schultz at schultz@iastate.edu or 515-294-0588.

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VETERANS DAY AT NORTHWOOD-KENSETT







Northwood-Kensett schools welcomed veterans and the community for the annual Veterans Day celebration at the school. The morning included performances from N-K band and choir musicians. Two students were recognized for their patriotic prose. MacKensy Tomlinson (left) and Maya Johnson (right) are pictured with Jerry Bakken, who presented the essayists with medals and a prize on behalf of the Our Buddies VFW Post 6779 in Northwood. The speaker for the program was Lieutenant Colonel Arv Olson. Olson talked about service and spoke to examples amongst the student body of the families who also serve by supporting their family while away on duty. N-K teacher Mike Reindl, himself a veteran, led the program and also presented Olson with a special recognition.











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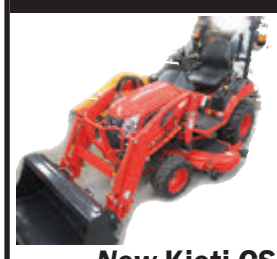
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