NATIONAL 4-H WEEK

October 2-8, 2022

"Worth County 4-H clubs are amongst the largest participation per capita in the State of Iowa"

– Dennis Johnson, ISU Extension Education Specialist

The Northwood Anchor
Manly Junction Signal
October 5, 2022

It's never too late to JOIN 4-H!

Learn what 4-H is about and how YOU can join!



For more information contact
Dennis Johnson • 641-390-0795 • djohn@iastate.edu
Lacey Waller • ljwaller@iastate.edu
Kimberly Bode • kabode@iastate.edu or
call the Worth County Extension Office 641-324-1531

I Pledge
my HEAD to clearer thinking,
my HEART to greater loyalty,
my HANDS to larger service, and
my HEALTH to better living, for
my CLUB, my COMMUNITY,
my COUNTRY, and my WORLD.

National 4-H Week: October 2-8

Millions of youth, parents, volunteers, Extension and Outreach Staff and Extension Council members join together across the nation to celebrate National 4-H Week. This year's theme is "OPPORTUNITY4ALL"which youth can engage in through numerous positive 4-H youth development opportunities. "OPPORTUNITY4ALL" is a campaign that was created by the National 4-H Council to ramp up support for Cooperative Extension's 4-H program, which identifies solutions to eliminate the opportunity gap that affects 55 million kids across America. 4-H strives to help youth reach their full potential in partnership with adults so that every child has the opportunity to succeed and make a difference in the world.

Worth County 4-H celebrated National 4-H Week this year by engaging 4-H youth in regional radio interviews, allowing 4-H youth to talk with students at schools (encouraging them to join), interviewing youth for the 22-23 Worth County Youth Council, kicking off the Clover Kids program, and offered a 4-H Fire-up on September 11, 2022, which allows youth to join a 4-H Club and understand what 4-H is all about. In addition, is the special insert in the Northwood Anchor/ Manly Signal newspapers highlighting Worth County 4-H.

4-H youth in Worth County have opportunities to take part in a whole host of endeavors, such as.... improving communication and leadership skills, serving others in a variety of ways, completing projects of all sorts and kinds, keeping records of their 4-H projects, trips to the Iowa Capitol, trips to Washington, D.C., applying for state awards through an interview and application process, State Fair Share in the Fun skits, and the list is endless!

It's never too late to discover how to join 4-H and the opportunities available. 4-H Club membership is open to 4th grade – 12th grade. Clover Kids is open to ages kindergarten - 3rd.

Call the Worth County Extension and Outlook Office at 641-324-1531, Lacey Waller- Office Manager, Dennis Johnson-Worth Co. Education Specialist or Kimberly Bode-Worth Co. Youth Coordinator with questions.



The Golden Banner 4-H Club performed on stage at the Iowa State Fair 4-H Share N' The Fun on Saturday, August 20.



This past April the Worth County 4-H organized a sheep, goat and swine workshop that was hosted by the Chad Nelson family. Ashley (Veterinarian) and Mason Kolbet, Area Livestock Specialist led the program with information about feeding, healthcare, selection and exhibiting of the 4-H sheep, goats and swine project. Pictured are those 4-H members and parents who participated in the meeting.



Worth County Clover kids playing musical chairs.

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Congratulations to the four youth, Macy Thorson, Kamryn Backhaus, Logan Kauffman and Kale Bode, who were selected to lay a wreath at the Tomb of the Unknown Soldier on Thursday, March 17, at 3:15 p.m. just following the 3 p.m. Changing of the Guard.





Worth County Clover Kids during the pet show at the Worth County Fairgrounds

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Worth County 4-H celebrates National 4-H week with fun facts

National 4-H week will be celebrated this week October 2 – 8.

Here are a few facts about 4-H in honor of the week:

• 4-H is the nation's largest youth organization. It has six million participants. There are 4-H Clubs in more than 80 countries. All 50 states have 4-H organizations and all 99 of Iowa Counties have 4-H. One-Quarter of Iowa's young people are in 4-H. Worth County 4-H has one third of its youth enrolled in 4-H and has one of the highest percentage of youth club enrollment in Iowa

• 4-H follows the philosophy of learning by doing. Youth develop life skills through hands on projects that range from citizenship to expressive arts, communication to food and nutrition and leadership to science and technology.

• 4-H uses a four – leaf clover for its emblem. Each leaf carries an H; the H's stand for Head, Heart, Hands and Health. The 4-H emblem originated in Clarion, Iowa.

• 4-H is for youth in grades 4th-12th. Youth can belong to a traditional 4-H Club or Special Interest Youth Group. They can make new friends, visit new places, go on trips, attend workshops and conferences, host meetings, and serve their communities.

• 4-H Members do not have to live on a farm or have livestock to be in 4-H. There are 34 different project areas to explore in 4-H. Many city kids are 4-Hers. There are 11 4-H Clubs in Worth County that represent all seven towns.

More information about 4-H in Worth County is available by contacting Kimberly Bode, Worth County 4-H Youth Leader at kabode@iastate.edu, Lacey Waller, Worth County Extension 4-H Clover Kid Coordinator at ljwaller@iastate.edu or Dennis Johnson, Worth County Extension Education Specialist at djohn@iastate.edu by calling the Worth County Extension Office at 641-324-1531.



Working exhibitors from the Iowa State Fair are Haydan Pestorious, Kenly Solberg, Jessa Schafbuch, Ariah Bode and Kale BodeKenly Solberg, Jessa Schafbuch, Ariah Bode and Kale Bode.



More than 500 students have planted vegetables in the 4-H Garden at the Worth County Fairgrounds in the past 14 years. This has proven to be a very good gardening learning opportunity with excellent cooperation from their classroom teachers Lisa Hagen and Anette Orvedahl.



Photography workshop with Bryce Pratt and Jodie Bachtle

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my HEART
to greater loyalty.
my HANDS
to larger service, and
my HANDS
to larger service, and
my HEALTH
to better living, and
my HEALTH
to better living, for
my club, my community,
my country,
and my world.

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Worth County 4-H visited the State Capitol this past February and were greeted by State Representative, Jane Bloomingdale. The 4-H members had the opportunity to observe the House and Senate in session as well as attend citizenship and leadership workshops hosted by Iowa State University Extension Education Specialists including Worth County State 4-H Council Member Marli Backhaus, who led one of the sessions. Pictured are (in front, from left) Jim Hanson, Worth County Conservation Director, Dennis Johnson, Worth County Extension Education Specialist, State Representative, Jane Bloomingdale, Curt Schaub, Worth County Extension Council President, Mike Bode, Worth County Weed Commissioner, Kimberly Bode, Worth County Extension 4-H Youth Leader, (in back) Khloe Kruger, Madison Edwards, Ariah Bode, Silas Girouard, Evelyn Berding, Kelsi Liddle, Iver Girouard, Lexis McHenry, Kendal Kruger, (seated) Weston Willand, Kale Bode, Logan Kauffman, Sophia Butler, Adylyn Petersen, Merrin Hanson, Marli Backhaus and Cecelia Hill.



Trip to the Omaha Zoo

2022 4-H Recognition

2022 National 4-H Congress Atlanta, Georgia Trip
Jack Willrett

State 4-H Project Awards
Emma Davidson- Leadership
Teagan Johnson - Leadership

2022 State 4-H Council
Teagan Johnson
Sydney Schilling
Holden Willrett

National 4-H Conference Washington, D.C.
Teagan Johnson
Sydney Schilling
Holden Willrett

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4-H Club Leaders Directory

Beef Team

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Lynn Tenold (project)...oakbar1258@wctatel.net....390-1110

Brookfield Boosters

Peter Julseth (project)..abracepost@yahoo.com 590-3871

Clover Kids

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Deer Creek Wohelos

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Golden Banner

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Val Foss .....fossfarms5@gmail.com.....507-325-9988

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Anyone interested in learning more about the Worth County 4-H program or enrolling as a member is encouraged to call the **Worth County Extension Office at 324-1531** or email Lacey Waller at ljwaller@iastate.edu.

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The 4-H Outdoor Adventure Day was held on July 12 at Worth County Lake. Activities included kayaking, fishing, knot making, dog training, cooking over a camp fire, crafting, service projects and using an air rifle. For the service projects the 4-H'ers cleaned up an over grown area, sanded and stained the bench/arbor and planted new flowers in the flower box.







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Family Movie Night & Family Hockey Game



Worth County Clover kids working on a Lego challenge.





Clover kid Ethan Binnebose's exhibit project.

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Valentines For Veterans was held on Monday, February 7. There was a total of 27 Clover Kids/4-H'ers that attended the workshop. They made 35 Valentines for Veterans, which were distributed to local VFW and KCMR radio to give to VA nurses that will hand them out at the VA hospital. They had a guest speaker, as veteran Mike Reindl came and talked to the 4H'ers about who veterans are. Mike has retired from the Air Force and Air National Guard with a combined service of 27 years. He also shared stories about his experiences. Mike brought in some very special items that he has received as a veteran.



Students planted vegetables in the 4-H Garden at the Worth County Fairgrounds.

WHAT IS 4-H?
4-H is America's largest youth development organization—empowering nearly six million young people with the skills to lead for a lifetime.

4-H "It's kind of a big deal here"

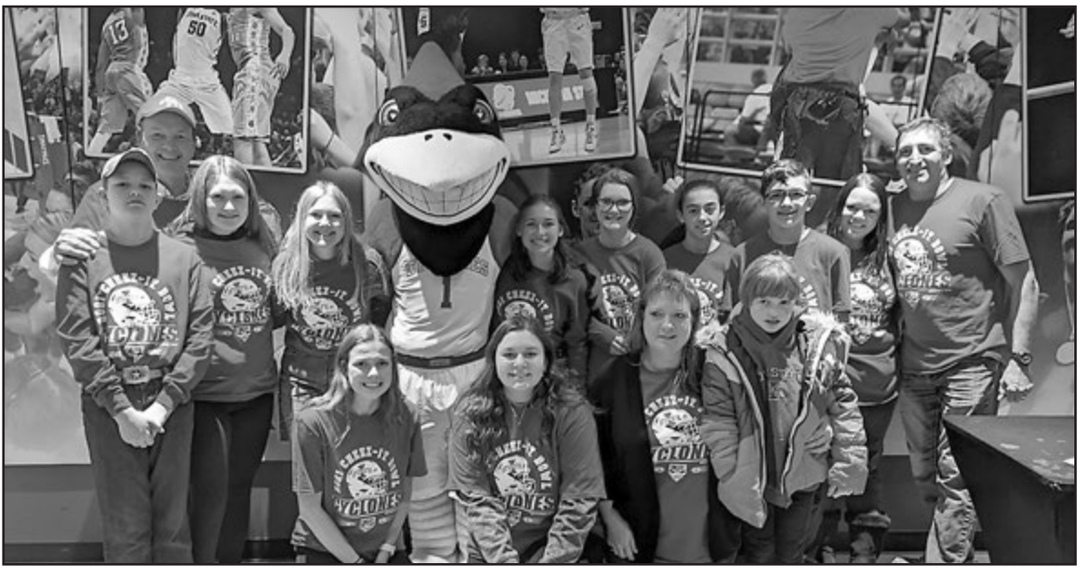
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The Iowa State University Mascot "CY" joined the Worth County 4-H Intermediate Record Book award winners for a photo this past February. The 4-H'ers attended an ISU women's basketball game and campus tour as an award for completing their 4-H record book up through junior high. 4-H'ers participating (in front, from left) Morgan Wallin, Camryn Backhaus, Janet Wallin, Breanna Wallin, (back row) TJ Ausborn, Dennis Johnson, Worth County Extension Education Specialist, Kenley Meyer, Sydney Schilling, "CY," Kelsi Liddle, Jessika Ausborn, Ariah Bode, Kale Bode, Kimberly Bode, Worth County Extension 4-H Youth Coordinator and Mike Bode.



Educational Presenters: Ben Meier, Rhema Meier, Adylyn Petersen and State Council Member and Worth Co 4-H'er Holden Willrett. Not pictured are Kamryn Backhaus and Logan Kauffman.







Junior Fun Night is held at the CRC in Osage and Worth County juniors eat pizza, swim and play games with Mitchell County Junior 4-H'ers.

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We Salute The 2022 4-H Leader Volunteers

During National 4-H Week we want to take the opportunity to Thank You for all your time and effort as a leader for Worth County 4-H! Your volunteerism is truly appreciated!

We would also like to take this opportunity to thank our Worth County 4-H Committee and all of the other volunteers and supporters that make our program successful!

Thank you!



Worth County 4-H Banquet participants 2021



Worth County 4-H made their biennial journey to Washington, D.C., over spring break and while there they had the opportunity to meet on the U.S. Capitol steps with Senators Joni Ernst and Charles Grassley, who are pictured on the far left along with 4-H trip coordinator, Dennis Johnson, Worth County Extension Education Specialist (third from left). Worth County 4-H has had 1,000 4-H members and parents participate in the Worth County 4-H Washington, D.C., trip since it was first organized 30 years ago.