The Northwood Anchor

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Members of the NVFC ambulance crew are pictured with the department's new ambulance at the Worth County Fair. Ambulance crew members pictured include (from left) Chief Blake Severson, first assistant chief Brett Backhaus, lieutenant EMT Kory Jaspers, EMT Brandon Severson, EMT Alli Wurtzel, EMT Jessica Newell, RN/paramedic Melissa Schoon, EMT Jake Springer and AEMT Brandon Oldfather. Other members of the ambulance crew include second assistant chief Justin Peterson, EMS captain and paramedic Ryan Schoon, EMS driver Cody Strand, paramedic Jake Loken, EMT Kelli Wallin, EMT Brandon Magritz, EMS responder Jessica Magritz, EMT Misty Hakes, EMT Nick Anderson, EMT Chad Wurtzel and EMT Brandon Kilbourn.

NVFC ambulance service begins

Last week the Northwood Volunteer Fire Company (NVFC) officially began offering ambulance service to its coverage area.

In February of this year, the NVFC members voted to work towards providing ambulance service to the communities the department serves.

Since then, the NVFC has been working to have more members trained for ambulance care, to secure additional equipment, to reach agreements for ambulance service and to make sure they would be ready by July 1.

They accomplished that goal last week.

After receiving official documentation of its ambulance capabilities, the NVFC officially became an operational ambulance service on June 30.

Just a few weeks before that the NVFC added a new ambulance to its fleet of emergency vehicles. The vehicle was paid for completely by community donations.

The NVFC is the designated ambulance provider for the cities of Northwood and Kensett and the townships of Barton, Brookfield, Deer Creek, Grove, Hartland and Kensett.

The NVFC EMS crew includes 10 licensed providers and 10 support responders/drivers. Of those, seven are currently training to be EMTs, adding to those certified for ambulance response.

When called out a minimum of two responders will be on the ambulance, with more when training, or depending on the type of call.

According to the NVFC, they may also have responders not on call for ambulance duties that may also travel to the scene using other department vehicles, to assist the ambulance crew.

The NVFC will respond with ambulance crew with a minimum of EMT capabilities to all calls. Paramedics with more advanced medical capabilities will also be available when they are able.

With the addition of its newest ambulance, the department will be operating with two licensed ambulances, stocked with the same equipment.

Ambulance responders will operate on scheduled shifts, with the goal of reducing response times.

There are back up agreements in place with neighboring agencies should the NVFC need assistance.

The NVFC is also send-

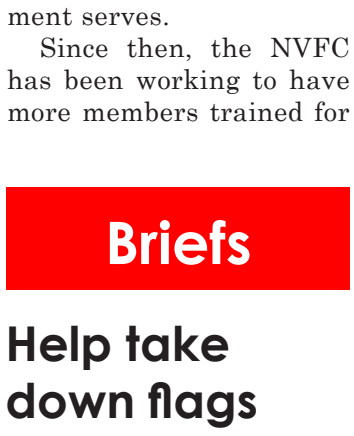
NVFC, See Page 2

Briefs

Help take down flags Friday

Volunteers with the Northwood VFW chapter will be taking down the flags at the Worth County courthouse that were in place for the Fourth of July holiday. And they're looking for help to do it.

Those that can help should be at the courthouse this Friday, July 7, at 9 a.m.



The Week's WEATHER
From National Weather Service data

Date	Hi	Lo	Prec.
Tues. June 27	77	56	
Wed. June 28	82	58	0.15
Thurs. July 29	83	58	
Fri. June 30	87	64	T
Sat. July 1	83	64	
Sun. July 2	81	60	
Mon. July 3	91	66	

Council discusses fireworks, sidewalks, pool and bakery building

While the Fourth of July will have come and gone as of the mailing date of the Anchor, prior to the holiday the Northwood city council heard a request that they review fireworks rules in the community. The council also discussed ongoing pool issues, the condition of the streets and sidewalks that were part of the Iowa DOT's project and the Old Bakery Building.

Northwood resident Amy Hansen was at the meeting sharing her concerns about the City's fireworks ordinance.

In Northwood, fireworks are allowed from 6-11 p.m. on July 3-4. Specific consumer-type fireworks are the only ones allowed in the city.

Hansen talked about the previous Independence Day when a neighbor set off fireworks for a long period of day. Hansen said she was concerned about the safety of her home from the falling fireworks debris.

Hansen also shared concerns for her pets, and having to be home to comfort them.

Hansen presented a document that showed area communities' fireworks laws, and how they compare to Northwood's.

In Worth County, four cities, Fertile, Grafton, Hanlontown and Joice, require people to apply for permits if they want to use fireworks. Kensett and Manly, like Northwood, have set dates and times for fireworks.

State law, which applies outside of city limits, allow fireworks between 9 a.m. - 10 p.m. June 1-July 8, only on private property. Permits are available for other dates.

When burn bans are in effect, no fireworks are allowed.

Council, See Page 2

Lions host blood drive July 13

A blood drive will be held on Thursday, July 13, from 1 until 5:30 p.m. in the community room at the Worth County fairgrounds in Northwood. The blood drive is being hosted by the Northwood Lions Club.

There will be a sign indicating its location on Highway 65 and 3rd Avenue North, as well as signage at the entrance of the building. The Northwood Lions Club and Red Cross are asking for more participation by area citizens because of the growing need for blood.

Potential donors may give whole blood donations after 56 days or what is referred to as "double red" after 112 days, according to national standards set by the FDA. All blood drives have been scheduled accord-

Lions, See Page 2

MCFD ambulance charges set as funding discussions continue

A letter from the Mason City Fire Department made official the charges for ambulance calls for the provider.

Over the course of several months, the ambulance landscape in the county has changed.

Prior to the election in November 2022, the Mason City Fire Department, Forest City Ambulance Service and Lake Mills Ambulance Service were the designated providers in the county. None of these used local government dollars.

The November election included a failed question that would have allowed for taxes to be collected to pay for EMS services.

After the ballot measure failed, financial requests came from the MCFD and FCAS.

The Northwood Volunteer Fire Company has also established its own ambulance service, which went into effect last week. The NVFC is operating at no cost to local governments.

The NVFC's service reduced the area that the MCFD will respond in, and altered its original request for funding.

An email was sent out to county officials recently, officially outlining what the MCFD will charge for its services.

In the email MCFD chief Erik Bullinger said that their ambulance crew appreciates and supports their neighboring emergency services,

MCFD, See Page 2

Flippin Flamingo cancer awareness golf tournament held on July 22

The seventh annual Flippin Flamingo Cancer Awareness Golf Tournament will be held on Saturday, July 22, with a 9 a.m. shotgun start.

Those interested may register a team by visiting the Northwood Country Club or calling the club at 641-324-1662. The entry fee is $150 per 3-person team, which includes a sack lunch. If a team pre-pays registration by a check, they will also receive free mulligans. Organizers have



have received donations for raffle prizes and hole prizes.

Those coming to golf are encouraged to dress up and try to win the prize for best team costume.

The group is still accepting donations for hole sponsorships or raffle prizes. People can donate or purchase raffle tickets from any committee member or by commenting on the Facebook page.

Last year, proceeds were donated to 11 area families undergoing cancer treatments. Over the seven years, this tournament has raised $31,800 benefitting 41 local cancer warriors and the local Relay for Life.

Council
Cont. from Page 1

Outside of Worth County fireworks rules ranged from the state law, to set times, to by permit or outright banned.

The State of Minnesota bans public use of fireworks.

Based on her concerns for property and pets, and those of several neighbors and others in the community, Hansen asked the council to consider revisiting its fireworks ordinance.

Also discussed was the possibility that people may be coming to visit Northwood to use fireworks if their home community doesn't allow it.

Council member Dan Reeder said that he appreciated Hansen's concerns, but that he hadn't heard any others calls with concerns. He did mention that after the city's rules were changed, things have improved.

Iowa's fireworks laws changed in 2017, nullifying any existing city laws. Before that time, the city of Northwood had banned fireworks use.

After several weeks of fireworks use and complaints came in, the council at that time adopted the current fireworks time frame.

While mayor Doug Moehle shared that he had spent time removing fireworks debris from his own roof, he explained that the process of udpating a city ordinance couldn't be done before July 4.

The mayor and council members agreed that they would have to see how this year's fireworks use went and revisit the ordinance after.

The Northwood Swimming Pool has now been open again for a few weeks, but problems with leaks and equipment are not over for the aging pool.

As discussed at the meeting, the pool is 24 years old and that many years of water and chemicals has created issues. Adding to the concern is a lack of designs and maps that makes repairs more complicated.

City superintendent Dirk Van Ryswyk said that the large leak that closed the pool at the start of the season has been repaired and the pool is in use. However, the pool is still leaking water, just not at a level that requires a shut down. He said he hoped the pool could remain open through the rest of the season.

Van Ryswyk said that after the end of the swimming season, the public works crew will see if they can find the issues with the pool. If not, the City may have to hire someone to more closely examine the pool.

The council also discussed remaining issues with the replaced highway and adjacent sidewalks.

According to Van Ryswyk, the DOT and its contractors would be coming back to look at cracks and other issues with the roadway and sidewalks.

Council member Dan Reeder asked about the dirty sidewalks, referring to the white powder on the surface. He asked if the City could do anything to clean them.

Van Ryswyk said that is a curing aid that was used. He said that until any issues with sidewalks are addressed or repaired, they couldn't clean the sidewalks.

Grass seeding on the north side of the highway will also wait until the fall, due to the DNR's planting rules.

The council also discussed the building known as the Old Bakery Building.

The building has had issues with its roof, which has collapsed, along with the second floor. The back of the building is also not completely covered. The City has labeled it as not safe to enter.

With changes in ownership creating challenges in enforcing nuisance ordinances, the City most recently discussed hiring someone to get the back of the building completely covered, and charging that expense to the building owner, if possible.

Moehle said that they had attempted to find a contractor to give an estimate of the cost, but had not found anyone willing to do so.

Asked to continue the process, city administrator Amber Julseth said they would continue looking for someone willing to consider the project.

July happenings at the Kensett Public Library

By Lisa Lestrud

Kensett Public Library will be participating with KCMR Radio Station 97.9 FM Boxes to Boots for soldiers of the 1133rd Iowa National Guard.

We will collect items for the month of July to ship to Poland. Please drop off items to the Kensett Public Library starting on Monday July 3, 2023. Items must be dropped off during open hours only. We will collect items until Thursday, July 20, 2023.

The plan is to provide each soldier with their own box of items including puzzle books, playing cards, magazines and individual snacks such as beef jerky, Pringles, candy, gum granola bars, tuna-to-go meal kits, ramen noodle cups, nuts, and water additives like Mio drops or Gatorade powder.

Also included will be travel size personal care items. These items need to be placed in their own separate plastic bag to avoid contamination of the food items. Please mark whether the personal care items are for men or women. Individuals don't need to box items, this will be completed by the radio station.

We will have Teresa Stehn, education coordinator from Worth County Farm Bureau coming on Thursday, July 13, at 1:30 p.m. She will read a book and have some fun activities to do and a yummy treat. Please join us.

NVFC
Cont. from Page 1

ing out the call to anyone interested in helping meeting its EMS needs. Those interested should contact the NVFC for more information.

MCFD
Cont. from Page 1

which would include the other ambulance providers in Worth County.

Bullinger informed the County that as of July 1, the MCFD would begin assessing a fee for services in neighboring counties.

The MCFD will charge $500 for any call for service outside of Cerro Gordo County limits. The fee will be charged whether or not they transport a patient.

The MCFD will not charge if a call is canceled before they leave Mason City city limits.

The MCFD will bill the County for its services.

The supervisors have given consensus that they will use pandemic relief funds to pay ambulance service costs initially, allowing township and city leaders time to determine how they will pay for ambulance coverage in the future.

The area of the county that will rely on MCFD for service includes a portion of Danville, and all of Lincoln and Union townships and the cities of Manly and Grafton.

Representatives of those groups have held initial meetings and plan to continue. They have discussed establishing an Emergency Medical Services district, which would allow them additional taxing authority to pay for the ambulance costs.

Silver Lake, Bristol, Fertile and the remainder of Danville townships and the cities of Fertile, Hanlontown and Joice will rely on some combination of Forest City and Lake Mills ambulance services. Representatives of that area are set to meet in a workshop to discuss their EMS needs.

The remainder of the county, including the cities of Kensett and Northwood and the townships of Barton, Brookfield, Deer Creek, Grove, Hartland and Kensett have signed agreements with the Northwood Volunteer Fire Company.

The NVFC has not asked for government funding. However, the supervisors have discussed the possibility of dividing pandemic relief funds amongst all the ambulance providers.

Heartland Regional Food Business Center combines resources from five states

Food systems partners from five states are working together on a newly funded grant project from the United States Department of Agriculture that will create a resource hub for regional food systems practitioners in Iowa, Nebraska, Missouri, Kansas and Oklahoma.

Known as the Heartland Regional Food Business Center, the web-based information center will help connect local food entrepreneurs, food purchasers and anyone with a connection to regional and local food systems.

The $25 million project is one of 12 funded across the country and includes funding for innovative projects designed to invest in food processing and distribution capacity, build resilience in the middle supply chain, and strengthen local and regional food systems.

"We have an amazing food system in this country, but I think covid and the pandemic really highlighted some of the challenges we face in our food system," said Christa Hartsook, small farms program coordinator with Iowa State University Extension and Outreach. "The partners involved with this project represent a broad array of experts who can help food entrepreneurs scale their business and get local food to where it is really needed."

The business centers selected were announced in early May, and again on May 23, when Jennifer Lester Moffitt, under secretary for marketing and regulatory programs at USDA, visited the University of Nebraska for a roundtable discussion.

"USDA recognizes that local and regional food systems are essential to the overall food supply chain and the new Regional Food Business Centers are the cornerstone of our efforts to support them," said Moffitt. "The resources and diverse knowledge offered through the centers will make the opportunities available through dozens of USDA programs more accessible to small and mid-sized producers and food and farm businesses."

The project is still in its infancy, but Hartsook said the partners are actively reviewing the resources available in each state and how to best move forward with the creation of the business centers. Later this summer, she plans to hire an additional small farms team member at Iowa State, who will help implement the goals of the Heartland Regional Food Business Center.

Although the center will not have a physical location, the online portal will be available to anyone who wants to find information, resources and connections that help further their involvement within their region. Farmers will be able to connect with local schools about meal programs, while farmers markets can connect with community leaders and rural residents can connect with locally owned grocery stores.

By strengthening connections between rural and urban areas, the Regional Food Business Centers will seek to drive economic opportunities across the region, creating a more diversified and resilient food system.

Collectively, the organizations selected to lead each center reflect a cross-section of the varied institutions, organizations, and associations that are necessary to achieve strong food systems with broad reach. These organizations are engaging with grassroots food and farm organizations and employing a range of creative strategies to build food system resiliency.

"We're very excited about these regional food business centers, and we're really excited about the partners on the ground," said Moffitt. "I believe very strongly in locally led solutions, that we do more when people who are trusted in the region, who know the region, who already have partnerships in the region, are empowered and have the funding to be able to come together to overcome complex challenges and find creative solutions."

For more information on the 12 regional food business centers, visit the USDA's Agriculture Marketing Service website.

Lions
Cont. from Page 1

ingly in the city of Northwood.

Blood may be given by persons 18 years of age or older, or with parental permission for those under 18. Certain physical conditions and prescription drugs may restrict other donors.

According to Lions blood drive coordinator Bob Perry, the last drive had fewer donors than Northwood has seen in years and the need continues to grow as a pint of blood can save as many as three persons and a pint is needed every two seconds.

Those that would like to donate blood may schedule an appointment several ways. Donors may go online to RedCrossblood.org/rapidpass, or simply call 1-800-733-2767, or call this local phone number: 1-641-324-2252.

"One of the greatest gifts we can give to a person is our blood," said Perry."

Please be that person who wants to make a difference in some ones life!"

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Winifred group receives award

Last week, the Waking Miss Winifred group accepted an award that recognized its efforts to preserve and restore the Hotel Winifred.

The award follows the recent visit of the Jefferson Highway Association, which held a conference in Mason City on June 7. The event included a tour of historic highway destinations, one of those being the Hotel Winifred.

During the JHA visit, the Waking Miss Winifred group welcomed the visitors, sharing their plans for their future and the progress they've made.

The JHA recognized the efforts of serveral groups and individuals following their conference.

The Waking Miss Winifred Group was presented with its award on June 29. They opened the hotel to the public and offered a hot dog meal before accepting the award in front of the sign recognizing the hotel's significance to the Jefferson Highway.

The 2023 Carol Ahlgren Memorial Preservation Award was presented to Waking Miss Winifred for its leadership in restoration of the historic Winifred Hotel.

"For approximately eight years, the nonprofit has been working to obtain and restore the historic Winifred Hotel along the Jefferson Highway route in Northwood, Iowa. It plans to restore the facility back to a boutique hotel for Jefferson Highway travelers and other tourists to the North Iowa community.

"The passion and teamwork shown by this organization to preserve this special hotel property in their community fits perfectly with the award criteria. We look forward to the day when we can visit again and stay overnight in this special property along the Jefferson Highway route," said the Jefferson Highway Association.



Conference attendees received a special showing of the building during a bus tour along the Jefferson Highway route through North Iowa and southern Minnesota.

Other area awards announced following the conference included the 2023 Outstanding City Award (for communities over 10,000 in population), which was presented to Mason City for promoting and preserving the history and heritage of the Jefferson Highway.

Visit Mason City, the official destination marketing organization for Mason City, Iowa, will continue to work with the Jefferson Highway Association to promote the Iowa Heritage Byway as a tourist attraction.

The 2023 Ambassador Award was presented to Visit Mason City Executive Director Lindsey James for her consistent and strong advocacy of the Jefferson Highway.

The 2023 Writer of the Year Award was presented to Mary Loden for the Jefferson Highway Mason City Blog Series.

Ahead of the 2023 annual conference in Mason City, Loden composed a series of articles to build awareness of the byway. The blog posts were published to the Visit Mason City website and detailed the Jefferson Highway from its earliest beginnings up to its efforts today.

The 2023 annual conference in Mason City, Iowa, was the largest in history with guests in attendance from every state and province along the Jefferson Highway and over 15 states in total.

Fawning season is here, deer are on the move

From the Iowa DNR:

The calls have been coming in to field offices and conservation officers for the past few weeks and will only increase as the first few weeks of June marks the peak of the deer fawning season.

Callers report finding an "abandoned" fawn in an unusual place, like a flowerbed or small patch of cover. Rest assured this is normal deer behavior.

"The doe searches out an isolated location where she feels safe and on occasion those places are not what we may think of as ideal. She chose that location because it made sense to her," said Jim Coffey, forest wildlife research biologist with the Iowa DNR. "The worst thing someone can do is to 'rescue' the fawn. Mom is likely nearby and watching you. Leave it be or if you did handle the fawn, return it to where you found it and walk away."

The Iowa Department of Natural Resources (DNR) will not be rehabbing or co-mingling fawns with other deer to avoid the potential of spreading chronic wasting disease – or other disease - to new areas.

The spindly legged newborn fawn is designed with a few survival tools built in –its spots are cryptic camouflage that emulates the sunlight spots on the leaf litter on the forest floor and its lack of movement the first two weeks helps to reduce scent patterns. This combination is its best chance at survival until it is able to follow the doe.

After the fawns are born, the doe will return to fairly normal behavior – sleeping, feeding – but returning to nurse and care for the fawn.

The fawning season also coincides with an increase in deer vehicle collisions.

"There is a lot of movement this time of year that is part of the social structure of deer. The doe is on the move looking for the safe isolated place to have the fawns. In addition last year's fawns – teenagers now – are starting to venture out to find new space. These yearlings have to make their own decisions for the first time, encounter other adult deer and build new social structures," Coffey said. "This movement behavior can occur during all times of the day. Once it settles out, the active time will return to dawn and dusk."

Drivers are reminded to drive defensively, avoid distractions, and slow down and not to veer for deer. If they hit a deer, drivers can get a salvage tag by calling either the local conservation officer or local law enforcement. There is no fee for a salvage tag it does require that the entire deer is taken.

Bonnerup offers Grief Care Group meetings

Bonnerup Funeral and Cremation Services will be offering free of charge a six-week Grief Care Group that will meet on Tuesday evenings from 5:30 - 7 p.m. starting July 11, through August 15. Meetings will be at Bonnerup Funeral Service 2210 E. Main Street, Albert Lea.

"We would like to invite those who have experienced the death of a loved one the opportunity to participate and meet others that are experiencing grief. Group participation offers the opportunity to share with others, process one's grief experience, share coping strategies, receive grief education, and with the help of others assist in healing.

This group will be facilitated by After Care Coordinators Judy Popp-Anderson and Lori Tuchtenhagen.

To register or for more information contact Bonnerup Funeral Service at #507-373-2461.

Group size is limited to 14 participants, call to register by July 5, 2023.

Iowa State University Extension Worth County Office 641-324-1531

Calendar of Events for July 2023

July 7–Worth County Extension Staff Meeting at Worth County Extension Office, Northwood, 1 P.M. with Dennis Johnson, Worth County Extension Education Specialist, Lacey Waller, Worth County Extension Program and Clover Kids Coordinator, Sarah Merrifield, Region 4 ISU Extension Regional Director, Nichol Leidal, ISU Extension Regional Nutrition Specialist and Cece Hill, Worth County Extension Summer 4-H Program Assistant

July 9–Green Shamrocks 4-H Club Meeting at Kensett Town Hall, 1 P.M. with Theresa Butler and Heather Rheingans, Green Shamrocks 4-H Club Leaders

July 10–Franklin County Fair Horticulture Judging Day at Franklin County Fairgrounds, Hampton, 7:30 A.M.- 4 P.M. with Dennis Johnson

July 11–KGLO Radio Crop Production Radio Interview at KGLO Radio Park, Mason City Via Phone, 9 A.M. with Dennis Johnson

July 12–ISU Extension Horticulture Zoom Meeting at Virtual from ISU Campus, Ames, 8:30 A.M. with Dennis Johnson

July 13–Worth County Extension 4-H Outdoor Adventure Camp at Worth County Lake, Kensett, 8 A.M. to 4 P.M. with Dennis Johnson, Lacey Waller and Cece Hill

July 13–4-H e-Staff Meeting at Worth County Extension Office, Northwood, 9 A.M. with Dennis Johnson

July 13–Worth County Fair Board Meeting at Worth County Fairgrounds Community Room, Northwood, 7 P.M. with Dennis Johnson

July 18–Worth County 4-H Clover Kids Fossil Day Camp at Fossils at Rockford, TBD with Lacey Waller

July 20–Iowa State University Extension Master Conservation Outdoor Educational Program at Worth County Fairgrounds, Northwood, 6 to 9 P.M. with Dennis Johnson

July 21–North Iowa Fair 4-H Livestock Judging Contest at Cerro Gordo County North Iowa Fairgrounds, Mason City, 12:30 P.M. with Dennis Johnson

July 24–Worth County 4-H Swimming Party at Northwood Municipal Swimming Pool, TBD with Lacey Waller and Cece Hill

July 26–Iowa State University Extension Horticulture Zoom Meeting at Zoom Virtual Connect, 8:30 A.M. with Dennis Johnson

July 27–Worth County Extension Council Meeting at Worth County Extension Office Community Room (Fairgrounds), Northwood, 7 P.M. with Curt Schaub, Worth County Extension Council President, Sarah Merrifield, ISU Extension Regional Extension Education Director, Dennis Johnson, Worth County Extension Education Specialist, Lacey Waller, Worth County Extension Program and Clover Kids Coordinator and Nichol Leidal, Worth County ISU Extension Nutrition Specialist

July 29–Worth County Healthy Harvest "Farm to Fork" Meeting at "Art Farm" at Merle and Steve Hanson Farm, Northwood, TBD with Dennis Johnson

July 31–Freeborn County Fair Horticulture Evaluation at Freeborn County Fairgrounds, Albert Lea, 9:30 A.M. with Dennis Johnson

Aug.10-20–Iowa State Fair at Iowa State Fairgrounds, Des Moines

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Northwood Anchor

Northwood

Riverland Announces Dean's List For 2023 Spring Semester

Riverland Community College announces the students whose academic achievement placed them on the 2023 Spring president's and dean's lists. Riverland congratulates these individuals for their outstanding academic accomplishments.

To be eligible for the dean's list students must have completed 12 credits per semester with letter grades and have earned a grade-point average of 3.25 to 3.99 on a 4.00 scale.

Local students include Isaac Renteria, Dean's List, and Andrew Wilder, Dean's List, of Northwood.

Central student-athletes receive academic awards from conference

The spring sports American Rivers Conference all-academic team was announced in June and 57 Central College student-athletes were honored for their academic and athletic excellence.

Lindsey Davidson of Northwood is on the Women's track and field team and earned a 3.97 GPA majoring in elementary education.

ICCC announces Dean's and President's Lists

Iowa Central Community college announced that students from the area has made the President's or Dean's list for the spring 2023 semester. Students on the President's List have a 4.0 GPA with a minimum 6 credit hours and on the Dean's List, a 3.5-3.99 GPA, and minimum 6 credit hours.

Local students on the President's List include Ellacyn Coleman of Nora Springs; Hailey Hepperly of Northwood; and Griffin Studier of Albert Lea.

Locals on the Dean's List are Abigail Price of Northwood; and Noah Probst of Albert Lea.



Patriotic pathways

The Worth County courthouse pathways were surrounded by American flags to welcome the Fourth of July and holiday visitors. The flags were placed by local VFW volunteers and those that were there to assist them. The volunteers would welcome helkp taking the flags down this Friday, July 7, at 9 a.m.

Vigilance is key to preventing tick bites

Ticks, and the pathogens they carry, can pose a serious risk to human health. As the weather warms and Iowans spend more time outside, the risk of tick diseases can be lowered by avoiding ticks, checking for tick hitchhikers upon returning indoors, and removing any attached ticks promptly and effectively.

More than a dozen species of ticks can be found in Iowa, according to Laura Iles, director and extension plant pathologist with the North Central Integrated Pest Management Center. However, the three most common species are the blacklegged or deer tick, the American dog or wood tick and the lone star tick. All three species can transmit bacteria that cause disease, but only the blacklegged tick transmits Lyme disease, making it a species of particular concern.

While blacklegged ticks are most common in eastern and northeastern Iowa, they have been found across all 99 counties. They can be distinguished from other tick species by their black or dark brown legs, mouthparts and backs.

According to Iles, the tick life cycle contains four main stages. Between each life stage, ticks must attach to a host and feed. Immature ticks, often called "seed ticks," are particularly small and can be difficult to spot. Immature blacklegged ticks are typically most active in June, while adult ticks are most active in May and October.

Avoiding tick-infested areas, especially when ticks are most active, is key in preventing the transmission of tick disease.

"Ticks like moisture and tall grass," said Iles. "Wood edges, or wooded areas with lots of undergrowth, are some of the common places that people come into contact with ticks. Ticks will crawl up vegetation, then sit at the top of the vegetation and wave their legs, which is called 'questing.'"

When working in tick infested areas, wearing a long-sleeved shirt, shoes and long pants tucked into a pair of socks can prevent ticks from coming into contact with skin and attaching. Insect repellents can also be sprayed on the clothing to further prevent contact with ticks.

"Wearing long pants tucked into your socks can also be helpful because it means that ticks have to crawl a long way to get to where they can attach, so you are much more likely to spot them," she said.

Another important strategy in preventing the transmission of tick vectored, illness-causing pathogens, is performing routine tick checks. If a tick is discovered while still crawling, there is no risk for disease, as ticks need to be attached to the skin to transmit pathogens.

"Pathogens such as Lyme disease cannot be transmitted unless the tick is feeding, so ticks have to be attached for 24 to 36 hours in order to transmit the disease," said Iles. "After you've been in an area that may have ticks, remove clothing and place it directly into the wash to kill any ticks, then check yourself, as well as children and pets."

If a tick is discovered feeding on the skin, it should be removed as quickly as possible.

"Firmly grab the tick with a pair of tweezers as low on the body as possible, then pull directly out," instructed Iles. "There is no way to get the tick to back out, and placing substances like Vaseline or alcohol on the tick can actually make things worse, since they might cause the tick to regurgitate the contents of its stomach back into the host."

While ticks and the illnesses that they transmit are certainly a cause for concern, being aware of prevention strategies can prevent the spread of disease. For tick images, disease symptoms and more details, check out the recently updated Tick and Tick-Borne Diseases Pest Alert, which is free on the Iowa State University Extension and Outreach Store.

NFPA offers tips for electric and drowning safety on the water

With summer upon us the National Fire Protection Association® (NFPA®) is reminding people about potential electrical hazards that exist in swimming pools and hot tubs, onboard boats, on docks and piers, and in waters surrounding boats, marinas, and launch ramps.

While most people are unaware of electrical dangers posed in water environments such as electric shock drowning (ESD), each year people are injured or killed from these hazards. ESD can occur when improperly installed or maintained electrical systems within marinas or boat electrical systems result in electrical current in the water, which can then pass through a person's body, causing a level of paralysis that can ultimately cause serious injury or drowning.

"Because ESD is not well known, NFPA continues to raise awareness about the presence of electrical hazards in water to help prevent deaths and injuries from happening in pools and waterways," said Lorraine Carli, NFPA vice president of Outreach & Advocacy. "Never swim near a marina, dock, or boatyard, and have a qualified electrician inspect your boat, swimming pool equipment, hot tub, and spa before engaging in any water activities to ensure all life-saving measures and protection systems are functioning properly."

Following are tips for swimmers, and boat and pool owners:

Swimmers

Never swim near a marina, dock, or boatyard.

While in a pool or hot tub look out for underwater lights that are not working properly, flicker, or work intermittently.

If you feel a tingling sensation while in a pool, immediately stop swimming in the direction you are heading. Try and swim in a direction where you had not felt the tingling. Exit the water as quickly as possible; avoid using metal ladders or rails. Touching metal may increase the risk of shock.

Boat owners

Avoid entering the water when launching or loading a boat. These areas can contain stray electrical currents in the water, possibly leading to electric shock drowning or injury from shock, including death.

Each year, have the boat's electrical system inspected by a qualified marine electrician to be sure it meets the required codes of your area, including those set by the American Boat & Yacht Council. Make the necessary repairs, if recommended. Follow the same steps after any major storm that affects the boat.

Check with the marina owner about the marina's electrical system and whether it has recently been inspected to meet the required codes of your area, including the National Electrical Code® (NEC®).

Have ground fault circuit protection (GFCI and GFPE) installed on circuits supplying the boat; use only portable GFCIs or shore power cords (including "Y" adapters) that bear the proper listing mark for marine applications when using electricity near water. Test GFCIs monthly.

NEVER modify the electrical system on a boat or shore power to make something work. The code-required safety mechanisms in place are intended to alert people if something is wrong with the boat and with shore power. Find a licensed, qualified professional to help determine the cause of the problem.

Pool owners

If you are putting in a new pool or hot tub, be sure the wiring is performed by an electrician experienced in the special safety requirements for these types of installations and that the completed work is inspected by the authority having jurisdiction (AHJ).

Have a qualified electrician periodically inspect and — where necessary — replace or upgrade the electrical devices or equipment that keep your pool or hot tub electrically safe. Have the electrician show you how to turn off all power in case of an emergency.

If there are overhead electrical lines, make sure they have proper clearance over the pool and other structures, such as a diving board. If you have any doubts, contact a qualified electrician or your local utility company to make sure power lines are a safe distance away.

NFPA has resources for swimmers, boat and pool owners, including videos, tip sheets, and checklists, that can be downloaded and shared. Please visit www.nfpa.org/watersafety.

8 benefits of advertising in local newspaper

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6. Targeted demographic 7. Trustworthy medium ~8. Design options

Call The Northwood Anchor 641-324-1051

Notice

NOTICE OF HEARING AND LETTING TO BIDDERS

Project No. : LFM-C098(A39)—7X-98 AND LFM-C098(S56)—7X-98

NOTICE OF PUBLIC HEARING ON PROPOSED PLANS, SPECIFICATIONS, FORM OF CONTRACT AND ESTIMATE OF COSTS FOR "COLD-IN-PLACE RECYCLING WITH A 3" HMA OVERLAY ON A39 FROM HIGHWAY 65 TO THE CITY OF GRAFTON AND ON THRUSH AVENUE FROM HIGHWAY 105 TO 510TH STREET" IN WORTH COUNTY, IOWA AND FOR THE TAKING OF BIDS THEREFOR

On Monday at 8:45 AM, local time, at the Worth County Courthouse, in the Board Room, July 17th, 2023, the Worth County Board of Supervisors shall hold a public hearing on the proposed plans, specifications, form of contract and estimated costs of said improvements. At said hearing any interested person may appear and file objections to the proposed plans, specifications, contract or estimated cost of said improvements.

Sealed bids will be accepted by the County Auditor of WORTH County at their office in Northwood, Iowa, until 12:00 PM, on Friday, July 14, 2023 for the various items of construction work listed below.

The bids will be opened by the Worth County Board of Supervisors and publically read on June 17, 2023 following said public hearing. The bids will be acted upon by the Board at the next succeeding special or regular meeting of the Board or at such later time and place as may then be fixed.

A Certified check, made payable to the County, or a Cashier's check, made payable to either the County or to the contractor, drawn upon a solvent bank or a bid bond, shall be filed with each proposal in an amount as set forth in the proposal form. Cashier's check, made payable to the contractor, shall contain an unqualified endorsement to the County signed by the contractor or his authorized agent. Failure to execute a contract and file an acceptable bond and Certificate of Insurance within 30 days of the date of the approval for awarding of the contract, as herein provided, will be just and sufficient cause for the denial of the award and the forfeiture of the proposal guaranty.

Plans, specifications and proposal forms for the work may be seen and may be secured at the County Engineer's Office at 1000 Central Ave Northwood.

All proposals must be filed on the forms furnished by the County, sealed and plainly marked. Proposals containing any reservations not provided for in the forms furnished may be rejected, and the County Board reserves the right to waive technicalities and to reject any or all bids.

Attention of bidders is directed to the Special Provisions covering the qualifications of bidders and subletting or assigning of the contract.

As a condition precedent to being furnished a proposal form, a prospective bidder must be on the current Iowa Department of Transportation or local county list of qualified bidders; except that this requirement will not apply when bids are received solely for materials, supplies, or equipment.

WORTH County shall issue sales tax exemption certificates through the Iowa Department of Revenue and Finance to the successful bidder and subcontractors to enable them to purchase qualifying materials for the project free of sales tax.

Failure to submit a fully completed Bidder Status Form with the bid may result in the bid being deemed nonresponsive and rejected.

The County, in accordance with Title VI of the Civil Rights Act of 1964, 78 Stat. 252, 42 U.S.C. 2000d to 2000d-4 and Title 49, Code of Federal Regulations, Department of Transportation, Subtitle A, Office of the Secretary, Part 21, Nondiscrimination in Federally-assisted programs of the Department of Transportation issued pursuant to such Act, hereby notifies all bidders that it will affirmatively insure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award.

Description of the Proposed Work: LFM-C098(A39)—7X-98

Item No., Item Code, Item, Unit, Total

1. 2121-7425020, GRANULAR SHOULDERS, TYPE B, TON 8095.86
2. 2212-0475095, CLEANING AND PREPARATION OF BASE, MILE..... 7.09
3. 2214-5145150, PAVEMENT SCARIFICATION, SY 1741.7
4. 2303-1032500, HOT MIX ASPHALT STANDARD TRAFFIC, INTERMEDIATE COURSE, 1/2 IN. MIX, TON.. ..... 8660.68
5. 2303-1033380, HOT MIX ASPHALT STANDARD TRAFFIC, SURFACE COURSE, 3/8 IN. MIX, NO SPECIAL FRICTION REQUIREMENT, TON 7934.68
6. 2303-1258283, ASPHALT BINDER, PG 58-28S, STANDARD TRAFFIC, TON. 995.72
7. 2303-6911000, HOT MIX ASPHALT PAVEMENT SAMPLES, LS 1
8. 2303-9091010, RUMBLE STRIP PANEL (HMA SURFACE), EACH 2
9. 2318-1001100, COLD IN-PLACE RECYCLED ASPHALT PAVEMENT, SY 88899.7
10. 2318-1001224, ASPHALT STABILIZING AGENT (STANDARD ASPHALT EMULSION), GAL.... ..... 106799.7
11. 2526-8285000, CONSTRUCTION SURVEY, LS.. 1
12. 2527-9263109, PAINTED PAVEMENT MARKING, WATERBORNE OR SOLVENT-BASED, STA... 1385.94
13. 2527-9263137, PAINTED SYMBOLS AND LEGENDS, WATERBORNE OR SOLVENT-BASED, EACH... 4
14. 2528-8445110, TRAFFIC CONTROL, LS..... 1
15. 2528-8445113, FLAGGERS, EACH 20
16. 2528-8445115, PILOT CARS, EACH..... 10
17. 2533-4980005, MOBILIZATION, LS..... 1

Description of the Proposed Work: LFM-C098(S56)—7X-98

Item No., Item Code, Item, Unit, Total

1. 2121-7425020, GRANULAR SHOULDERS, TYPE B, TON 4011.8
2. 2212-0475095, CLEANING AND PREPARATION OF BASE, MILE..... 4.1
3. 2214-5145150, PAVEMENT SCARIFICATION, SY 1375
4. 2303-1032500, HOT MIX ASPHALT STANDARD TRAFFIC, INTERMEDIATE COURSE, 1/2 IN. MIX, TON.. ..... 4802.53
5. 2303-1033380, HOT MIX ASPHALT STANDARD TRAFFIC, SURFACE COURSE, 3/8 IN. MIX, NO SPECIAL FRICTION REQUIREMENT, TON 4406.53
6. 2303-1258283, ASPHALT BINDER, PG 58-28S, STANDARD TRAFFIC, TON. 528.78
7. 2303-6911000, HOT MIX ASPHALT PAVEMENT SAMPLES, LS 1
8. 2303-9091010, RUMBLE STRIP PANEL (HMA SURFACE), EACH 4
9. 2318-1001100, COLD IN-PLACE RECYCLED ASPHALT PAVEMENT, SY 51658.4
10. 2318-1001224, ASPHALT STABILIZING AGENT (STANDARD ASPHALT EMULSION), GAL.... ..... 61990.1
11. 2526-8285000, CONSTRUCTION SURVEY, LS.. 1
12. 2527-9263109, PAINTED PAVEMENT MARKING, WATERBORNE OR SOLVENT-BASED, STA..... 966.4
13. 2527-9263137, PAINTED SYMBOLS AND LEGENDS, WATERBORNE OR SOLVENT-BASED, EACH... 2
14. 2528-8445110, TRAFFIC CONTROL, LS..... 1
15. 2528-8445113, FLAGGERS, EACH 20
16. 2528-8445115, PILOT CARS, EACH..... 10
17. 2533-4980005, MOBILIZATION, LS..... 1

Total Proposal Guaranty is $200,000.00; 0 Working Days; Completion Date: October 31, 2023; $1,000.00/Day Liquidated Damages.

STANDARD SPECIFICATIONS OF THE IDOT, SERIES 2015, AND CURRENT SUPPLEMENTAL SPECIFICATIONS SHALL APPLY.

Approved by the WORTH County Board of Supervisors at their regular session on June 19, 2023.

By: Jacki Backhaus
Worth County Auditor

Notice

THE IOWA DISTRICT COURT FOR Worth COUNTY
CASE NO. ESPR009367

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF Joyce May Calgaard, Deceased

To All Persons Interested in the Estate of Joyce May Calgaard, Deceased, who died on or about April 6, 2023:

You are hereby notified that on May 31, 2023, the Last Will and Testament of Joyce May Calgaard, deceased, bearing date of January 10, 2002 , was admitted to probate in the above named court and that Gary L Calgaard and Renee A Swisher have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated June 28, 2023.

Gary L Calgaard,
Executor of Estate
481 Northshore Dr., Unit 301
Clear Lake, IA 50428

Renee A Swisher,
Executor of Estate
1621 E. Harrison Street
Chandler, AZ 85225

Brian R. McPhail,
ICIS#: AT0005344
Attorney for Executors
McPhail Law Firm PLC
P.O. Box 360
Osage, IA 50461-0360

Date of second publication the 12th day of July, 2023.

27-2t

Supervisors

June 26, 2023
Twenty-sixth Day

The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Mark Smeby and Enos Loberg present. All members voting "AYE" unless noted.

Loberg led the Pledge of Allegiance and then called the meeting to order.

Motion Stone/Second Smeby to approve today's agenda and minutes from the June 19, 2023 meeting. Motion carried.

Motion Stone/Second Smeby to approve the professional services agreement between Worth County & WHKS regarding Thrush Avenue HMA Project Inspection. Motion carried.

Motion Smeby/Second Stone to approve drainage claims in the amount of $1,303.20 as per the following schedule. Motion carried.

Popp Farm Drainage, DD 19 Main, Repairs.....$749.00
Popp Farm Drainage, DD 19/L-7B, Repairs.....$276.45
Popp Farm Drainage, DD 22/L-14C, Repairs.....$277.75
Grand Total.....$1,303.20

Motion Smeby/Second Stone to approve claims in the amount of $62,754.61 as per the following schedule. Motion carried.

Advanced Drainage Sys Inc Supplies-Eng 471.29
Albert Lea Seed House Inc Supplies-Eng 770.00
Alliant Energy Service-Sdp..... 6,235.30
Aramark, Service-Eng 119.23
Bice Electric Llc Service-Gsr 605.00
Certified Laboratories Fuel-Eng 871.85
Cintas Corporation Supplies-Eng 448.35
Colton Kisner, Reimb-Eng... 67.98
Eilertson Repair Service-Shf..... 63.90
Falkstone Llc Rock-Eng 10,527.90
Five Star Cooperative Fuel-Eng 84.87
Galls, Llc, Supplies-Shf 91.25
Heartland Business Systems, Llc Supplies-Dap 2,325.67
Ia Law Enforcement Academy Edu-Shf..... 375.00
Institute Of Ia Cert Assessors Edu-Asr..... 10.00
Ip Pathways, Service-Dap1,662.50
Jeff Greve, Reimb-Aty..... 1,598.71
John Deere Financial Supplies 4,915.40
Kruger Electric Llc Service-Sdp..... 85.00
Law Enforcement Systems Inc Supplies-Shf 49.00
Lawson Products Inc Supplies-Eng 614.70
Marco Technologies Llc Service-Dap 236.47
Mediacom, Service-Gsr 294.90
Overhead Door Co Of Mason City Service-Eng 265.00
Peopleservice Inc Service-Wat & Wwt..... 18,330.00
Plunkett's Pest Control Inc Service-Con..... 98.38
Popp Farm Drainage Service-Eng 1,766.25
Staples Credit Plan Supplies 172.47
Teresa Olson, Reimb-Rec... 828.46
Trading Post Supplies-Eng 2,701.79
Verizon Wireless Service-It/Gis..... 328.92
Visa, Service-Shf..... 4,110.76
Young Construction Service-Ema 1,020.72
Ziegler Inc, Service-Eng..... 607.59
Grand Total 62,754.61

Motion Smeby/Second Stone to approve the Five Day Class C Retail Alcohol Licenses for the Stock Tank LLC starting July 1 & July 15. Motion carried.

Motion Smeby/Second Stone to approve the fireworks permit for Josh and Kim Pokorney for fireworks at the Stanley and Sherry Backhaus Farm, 794 355TH Street, Hanlontown on August 12, 2023. Motion carried.

Motion Stone/Second Smeby to acknowledge and place on file the manure management plan update for Steve Wyborny/Grafton Site #69466. Motion carried.

Motion Smeby/Second Stone to approve the Agreement of Services between Worth County and Pathology Associates of Mason City. Motion carried.

Motion Smeby/Second Stone to approve Resolution 2023-26 Repayment of Interfund Loan. Roll call: Smeby – Aye; Stone – Aye, Loberg – Aye. Motion carried. (Full text of resolution available in auditor's office).

Motion Smeby/Second Stone to appoint Brett Heimbuch to the Eminent Domain Compensation Commission. Motion carried.

Motion Stone/Second Smeby to adjourn at 9:00 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

City Council

The Council of the City of Northwood met in regular session at City Hall on 6/26/23 at 6 pm with Mayor Moehle presiding and the following council members present:

George-Zenz, Peterson, Reeder, Tenold. Absent: Nerlien

Motion to approve the agenda. Unam.

Motion to approve the following: Council Meeting Minutes of June 12, 2023; Set Public Hearing and Award Asphalt Overlay Street Improvement Project for July 10, 2023 at 6 pm. Unam.

The council heard citizen concerns regarding fireworks and safety in residential neighborhoods. No action taken.

Motion to approve Resolution No. 2306-12 Approve Transfer from Rental Inspection Fund to General Fund. Unam.

Motion to purchase two snowplows from D & L Equipment for $19,500.00. Unam.

Motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

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FOR RENT: One bedroom apt. for rent in Northwood. Upstairs/downtown, off street parking, electric, heat, stove & refrigerator. Call 641-390-1317. 24-tf

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Jarod Gasteiger
Carpenter, Iowa
641-390-1469 cell

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Miscellaneous
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WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
91 9th St. S., Northwood, IA
Office 641-324-9844 Fax 641-324-9844

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

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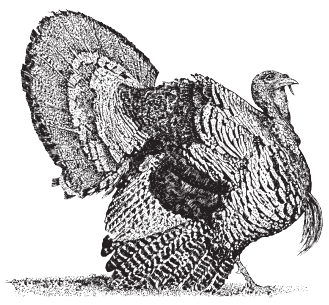
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DAVID PENFOLD, DDS
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Wed. 8 a.m. - 5 p.m.,Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - Noon
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459



Marathon readers

The Worth County courthouse lawn played host to the annual tradition of reading the Bible over the course of several days leading up to the Fourth of July. People were invited to find a spot at the courthouse and read a portion of the Bible, with the goal of having the book read in its entirety in that time.

DNR asks for help counting turkeys



The Iowa Department of Natural Resources (DNR) is looking for help with its annual wild turkey production survey. During the months of July and August wild turkey sightings are recorded to estimate this year's nesting rates and nest success.

Participation is easy – just note the date and county in which the turkey was seen, if it was an adult female or adult male – males have beards on their breast – and if and how many poults (baby turkeys) were present. The survey is available online at https://www.iowadnr.gov/Hunting/Turkey-Hunting/Wild-Turkey-Survey.

Annual population surveys conducted by the DNR are an important component of managing the wild turkey. Turkey populations can fluctuate annually across all regions of the state. All participation is appreciated.

Care Connections mental health and disability services region awards grants

Care Connections of Northern Iowa (CCNIA) is the Mental Health and Disability Services Region comprised of Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth counties. The Region sets funding priorities for mental health and disability services for children and adults, as required by Iowa Law. The mission of CCNIA is to support improved access to behavioral healthcare through local resources for people with mental illness and intellectual disabilities.

On behalf of the Care Connections Regional Governing Board, CEO Melissa Loehr recently announced that through the latest Impact Grant Opportunity CCNIA has granted $983,000 over 6 counties in northern Iowa. Grantees were able to apply for up to $300,000 per proposal (up to 3 proposals). The six focus areas for submitted proposals are: Immediate Access to Care for Mental Health Needs, Improve Access to Children's Mental Health Services, Evidence-Based Practice Implementation or Expansion of Behavioral Health/Intellectual Disability Services, Accessibility, and Facility Improvement for Service Providers, Services for Individuals with Mental Health Needs Experiencing Homelessness and Workforce Shortage Strategies.

Care Connections received 27 proposals from 24 different community providers. The total dollars requested for this grant round was $2,534,235.

Amongst that total was $70,000 in grant funding for Worth County Transport.

Care Connections was pleased with the innovative requests we received from our community providers. To have local providers identify their needs and to be able to collaborate to strategically put investments into the mental health and disability system benefits those who receive services, family members, community members, and the staff that work in the field. We couldn't be more thankful for the work they do each day to support the citizens in our communities."

New resource for Iowans to learn about emerging drugs

The Iowa Office of Drug Control Policy (ODCP) unveiled a new website to educate Iowans about emerging substances for which there may be little or no regulation, such as Xylazine and Kratom. The new online resource also highlights the dangers of evolving illicit substances like fentanyl, counterfeit pills, and highly potent marijuana products.

The Iowa Emerging Drugs in Iowa website provides educational information about newer or changing substances marketed for consumption in Iowa. This may include substances, products, delivery systems, or related developments for which current regulatory action or scientific consensus does not exist, or is not clear or readily available. This site also provides resources for those in need of help.

"The Emerging Drugs website identifies new, evolving and lesser-known products and product delivery systems to help Iowa parents, caregivers and others prevent youth substance use," said ODCP Director Dale Woolery. "New substances and drug-combinations appear with increasing speed and frequency, and we sometimes have more health and safety questions than answers. The new website shares available factual information to put these products on the Iowa radar, while we learn more about them."

A recent example of an emerging drug in Iowa is Xylazine. A prescription animal tranquilizer approved for veterinary use only, Xylazine is now being added by some drug traffickers as an adulterant in illicit opioid products that can cause addiction or death. Information about Xylazine can be found on the new Emerging Drugs website, with links to related materials such as an alert from the Iowa Poison Control Center.

Anyone with poison questions or emergencies can contact the Iowa Poison Control Center at 800-222-1222 or http://www.iowapoison.org. Iowans can get help for drug using behaviors or mental health at the Iowa Department of Health and Human Service's YourLifeIowa.org or by calling the suicide and crisis lifeline at 988.

To report suspected illegal drug activity, call local law enforcement or the Iowa Division of Narcotics Enforcement at 800-532-0052 or dneinfo@dps.state.ia.us.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Thursday, Bible Study at Bethlehem, 9:30 a.m.; Sunday, Grace Worship, 9 a.m., Bethlehem Worship, 10:30 a.m.; Tuesday, Pins & Needles, 1:30 p.m., Bethlehem Council, 6:30 p.m.

Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open, 4:30-6:30 p.m.; Sunday, Joint Worship - Elk Creek, 9 a.m.; Monday, MANNA Open 10 a.m. - Noon; Tuesday, EC Council, 6:30 p.m.

Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Monday-Friday, June 19-23, 9 a.m. - Noon, VBS; Friday, Free Will Donation Light Supper, 6 p.m., VBS Program, 6:45 p.m.; Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allard

Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., Sunday, Bethel Worship Service, 8 a.m. & 10:30 a.m., Trinity Worship, 9:10 a.m.

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Swallow Coffee House, 10 a.m.

Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 8 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 9:30 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood
Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with N.O., 9 a.m., JH Youth, 6:30 p.m.; Monday, Property Meeting, 7 p.m.; Tuesday, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children's Sunday School following service. No Sunday School for June, July & August.

Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

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The 7th annual Roll Call event, ROLL CALL VII, will be held at Noon on Saturday, November 4, at "The Timbers" in Northwood. This event is sponsored by Worth County Veterans Affairs, and is free to all Worth County Veterans, and a guest. There will be a catered meal, live band, a guest speaker, fellowship with your veteran neighbors, and a chance to win one of twenty flags. Don't miss a good time.

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Tuesday: Tuna Melt Sandwich, Potato Salad, Peas, Chocolate Pudding
Wednesday: Swedish Meatballs, Mashed Potato w/Gravy, Cucumber/Tomato Salad, Frozen Fruit Cup

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SMILE



In the universal language of facial expressions, a smile almost invariably expresses goodwill. A smile tells strangers that we are friendly and confirms to friends and family that they are in our good graces or that we are there to help. It costs nothing and yet confers benefits far beyond the small effort required to turn a frown into a smile. Smiles are contagious, spreading happiness like a beneficial virus. There is even evidence that smiles make their wearers happier, perhaps by supplying the brain with feedback from the face. How it works doesn't matter; what does matter is that smiling makes us feel happy and makes those around us feel happy too. Call to mind all that you have to be happy about and let yourself smile accordingly. Even better, smile at someone and spread the good feeling. And, if you don't have much to smile about at the moment, take heart and know that your problems are temporary and that God loves you.

The light of the eyes rejoices the heart, and good news refreshes the bones. R.S.V. Proverbs 15:30

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Reader's Digest was a staple in everyone's home back in the day. Their magazines and their condensed books graced many bookshelves in everyday homes. This beloved publisher also created cookbooks and I found one of their more unusual offerings in a second-hand shop. "Extraordinary Meals from Ordinary Ingredients" (2007, Reader's Digest Association, Inc.) is a very large (384 pages) soft-cover collection of "919 Fabulously Fast and Frugal Recipes." The format is such that it includes one "secret ingredient" that makes simple recipes shine for (as they promise) "Food They Will Always Remember." The following are adapted from this very interesting book.

Indian-Style Spiced Pot Roast

SANDY'S NOTE: the secret ingredient in this dish is chutney, an Indian relish. You can find it in the condiment section of most large grocery stores in both hot and mild versions.

1/3 cup all-purpose flour
1 1/2 cup beef broth
1 teaspoon salt
1/2 cup chutney
1/4 teaspoon black pepper
1/2 cup raisins
2 tablespoons vegetable oil
1/2 cup chopped onion
1 1/2 teaspoons curry powder
1/2 teaspoon garlic powder
1/2 teaspoon ground ginger
1 boneless beef rump roast or chuck roast, about 3 pounds

Preheat the oven to 325 degrees F. Combine the flour, salt and pepper in a small bowl and rub over the entire roast, pressing it into the surface. Heat the oil over medium-high heat, in a heavy Dutch oven (one with a cover) and brown the roast on all sides. This should take 5-7 minutes. Combine the remaining ingredients and pour this mixture over the roast. Cover the Dutch oven and bake until the meat is tender, about 3 hours. If desired, thicken the juices to make gravy to serve over mashed potatoes.

Lasagna Without The Noodles

SANDY'S NOTE: The secret ingredient here is a loaf of French bread which takes the place of traditional lasagna noodles. Get the small diameter French loaf, not Italian bread which will be too large for the baking dish.

1 pound lean ground beef
1 1/2 cups milk
One teaspoon EACH: dried basil, dried parsley, dried oregano, crushed dried rosemary (or 4 teaspoons Italian seasoning) and garlic powder
1/3 cup chopped onion
3/4 teaspoon salt
1/3 cup chopped celery
1/2 teaspoon black pepper
2 cloves fresh garlic, minced
2 teaspoons olive oil
4 large tomatoes, cut into 1/2" slices
1/3 cup grated Parmesan
3 tablespoons unsalted real butter
8 oz. shredded mozzarella
14 slices French bread, 1/2-inch thick
3 tablespoons flour

Preheat the oven to 350 degrees. In a large heavy skillet, brown the beef with the onion, celery and garlic, over medium-high heat. Drain off any grease and set aside. Take 10 slices of the French bread and line the bottom of an ungreased 9x13-inch baking dish. Top with half of the meat and half of the tomato slices. Combine all those spices as well as the salt and pepper in a small cup. Sprinkle half of this seasoning over the tomato slices. Drizzle with 1 teaspoon of the oil. Crumble the remaining bread slices over the top. Repeat with another layer of meat, tomatoes, seasonings and oil. In a small saucepan, over medium heat, melt the butter. Stir in the flour until smooth. Gradually stir in the milk and bring it to a boil stirring constantly to avoid scorching the bottom. Stir in the Parmesan and pour over the casserole. Top with the mozzarella. Bake, uncovered, until bubbly and the cheese is golden brown, 40-45 minutes. It's like a pizza casserole.

Mocha Cupcakes

SANDY'S NOTE: The secret ingredient in this recipe is mayonnaise. NOT salad dressing or M'whip or anything else…real mayonnaise!

1 cup boiling water
1 cup sugar
1 cup real mayonnaise
1/2 cup cocoa powder
1 teaspoon real vanilla extract
2 teaspoons baking soda
2 cups all-purpose flour
1 teaspoon instant coffee, dry

Preheat the oven to 350 degrees F. Combine the water, mayonnaise and vanilla in a large bowl. In a medium bowl combine the flour, sugar, cocoa and baking soda. Add this to the mayo mixture and beat until well combined. Fill 18 paper-lined muffin cups 2/3 full of this batter. Bake until a wooden toothpick inserted into the center of a cake comes out clean, 20-25 minutes. Cool in the tins for 10 minutes, then remove to wire racks. Frost with your favorite frosting such as chocolate with a touch of instant coffee added. Makes 18 cupcakes.

There are so many hints about using "secret" ingredients such as a can of cola in pork stew for richness, applesauce for moist and flavorful meatballs and semi-sweet chocolate chips for added flavor to a vegetarian chili. It has been said that what you don't know can't hurt you. Not true, but in this case what you don't know is in your food can give you some great unexpected flavor. And….that's all she wrote.

Northwood Anchor Society



Northwood Lions Club President Norlyn Stowell presents $500 check to Jadyn Beland.

Beland named Northwood Lions Club scholarship recipient

The 2023 Northwood Lions Club scholarship winner is Jadyn Beland, daughter of Jeff and Stephanie Beland. Her 11-year-old sister Aspen will be going into the fifth grade.

Salutatorian and recipient of the Swensrud and Julseth Scholarships, Jadyn participated in 4-H, FFA, Math Club, Student Council and Speech. Her Senior Showcase project was a quilt, complete with photos of every phase of her life; in the center her senior picture taken with her favorite cow Lucille.

Besides her already busy life, Beland has two part-time jobs – working as a vet assistant at a veterinary clinic in Stacyville and milking cows for Linda Medlang. "I want to be a vet someday, so this gives me a little bit of experience," she smiled.

This extraordinary young lady will be attending Iowa State University this fall where she will major in animal science that will take her into pre-veterinary classes. "I've always had animals; keeping them healthy is the aspect of veterinary medicine I like."

A member of the Green Shamrocks 4-H Club, Jadyn took a quilt as well as a beautification project to the Worth County Fair this year.

A Senior Moment

By Sandy Olson

July is here! July is hot! The Senior Center is cool and ready for everyone over the age of 60 to stop in, enjoy lunch and activities, and socialize with your fellow Northwoodians who are keeping out of the sun. You don't have to live IN Northwood to participate in activities at the Senior Center, you only need to be interested in joining fun activities, like tasty food, have a bit of a competitive side and enjoy playing games and are willing to try something different occasionally.

July Activities at the Northwood Senior Center will be similar to the past few months. We have made them fewer but fun.

The Bookworms Club is going strong and will meet at the Public Library on Monday, July 10 at 2 p.m. Please join us if you love to read and like to discuss the books you read with others who have also read them.

Fun Bingo will take place at the Center on July 10 and July 24 at 12:30 p.m. Prizes, fun, friendly competition!

Lois Meyer continues to provide music and fun during lunch concerts. She'll be entertaining us on Thursday, July 13 and Thursday, July 27. Lois loves what she does and so do we!

Our senior nutrition specialist, Amy, from ISU Extension, will be at the center with Fresh Conversations on Tuesday, July 18 at 12:15 p.m. She'll have a newsletter for you to take home as well as a sample of something tasty.

Shana Butler from Worth County Public Health keeps us in good shape with her discussions on senior health issues. She will visit the center on Thursday, July 20 at 12:15 p.m.; don't miss this as it's so important!

The center is available for cards and games every Tuesday from 10 a.m. - 2 p.m. Feel free to use this space to host your groups of friends, just let the staff know you are going to be there. Lunch can be ordered any day, Monday - Friday, by calling the Senior Center at 324-1244 on the day before you plan to eat...or even on that day before 8 a.m. Suggested price is $5 but you pay what you can afford. The meals are made on site, not brought in from elsewhere, and that's a huge plus for our center. Food is hot and fresh! Give it a try if you haven't enjoyed lunch there before or recently.

Some area Senior Centers have closed for various reasons but one of them is usually that fewer and fewer people take advantage of the facilities. We don't want our center to follow that same path but it will only continue if area men and women participate in programs and meals plus bring their friends. It's sometimes comfortable to sit home by yourself but it isn't healthy, physically or emotionally. Humans are "herd animals" and are meant to be with others part of the day as well as having quiet time too. It's the balance of both that keeps us in good shape.

Thanks for being a reader!

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Thank You



Worth County Conservation would like to thank the WCDA for the all-terrain heavy duty mower, and Northern Prairie. Pheasants Forever for the aluminum tilt trailer.

We are enhancing our hunting and fishing areas, and we are happy to be expanding our nature walking trails throughout the many Conservation areas. None of this would have been possible without the WCDA and Northern Prairie PF.

Northwood Anchor

Opinion

Savvy Senior

How to handle Social Security benefits when a loved one dies

Dear Savvy Senior,

How are Social Security benefits handled when someone dies? After a long illness, my 68-year-old father has only weeks left to live. I am helping my mom figure out her financial situation going forward, including what to do about my dad's Social Security after he passes away but could use some help.

Only Son

Dear Only,

I'm very sorry about the impending loss of your father. To help you and your mom understand what Social Security provides and what needs to be done when a family member dies, here are some key points you should know.

Your first order of business will be to make sure the Social Security Administration is notified when your father dies, so his monthly benefits will be stopped. In most cases, the funeral home providing his burial or cremation services will do it. You'll need to provide your dad's Social Security number to the funeral director so they can make the report. But, if they don't offer that service or you're not using a funeral home, you'll need to do it yourself by calling Social Security at 800-772-1213.

When Benefits Stop

There are a couple of things to be aware of regarding your dad's Social Security benefits. For starters, you need to know that a person is due no Social Security benefits in the month of their death.

With Social Security, each payment received represents the previous month's benefits. So, if your dad were to pass away in August, the check for that month – which would be paid in September – would need to be returned if received. If the payment is made by direct deposit, you would need to contact the bank or other financial institution and ask them to return any benefits sent after your dad's death.

Survivor Benefits

When your father passes away, your mother may be eligible for survivor benefits on his record if she's at least age 60 (50 if disabled). Here's how that works depending on her situation.

If your mom is currently receiving Social Security benefits based on your father's work record, her spousal benefit will automatically convert to survivors benefits when the government gets notice of your dad's death. She cannot receive both spousal and survivor benefits at the same time.

Widows are due between 71 percent (at age 60) and 100 percent (at full retirement age) of what the husband was getting before he died.

If, however, your mom is eligible for retirement benefits (but hasn't applied yet), she can apply for retirement or survivors benefits when her husband passes away and switch to the other (higher) benefit later. Or, if your mom is already receiving her retirement benefits on her own work record, she could switch to survivors benefits if it offers a higher payment. She cannot, however, receive both benefits.

To apply for survivors' benefits, your mom will need to call Social Security at 800-772-1213 and schedule an appointment. She can't do it online.

You should also know that survivor benefits are available to former spouses and dependents who meet SSA qualifications – see SSA.gov/benefits/survivors.

Also note that if your mom collects a survivor benefit while working, and she's under full retirement age, her benefits may be reduced depending on her earnings. See SSA.gov/pubs/EN-05-10069.pdf for details.

Death Benefit

In addition to survivor benefits, Social Security will also pay a one-time payment of $255 to your mom (the surviving spouse) if she was living with your dad at the time of his death. If they were living apart, she may still receive this one-time payment if she's collecting spousal benefits on his work record. In the absence of a surviving spouse, the lump-sum payment can go to a son or daughter who is eligible for benefits on the deceased's work record.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I dropped my watch into the Le Sueur River and a year and a half later, it was still running.

Your watch was still running?

No, the river.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Deep thoughts occur as I drive past his drive. Summer is the season when I sit outside on wobbly chairs and try not to let the flies settle on a day with the heat of Costco proportions and a day I'll dream about in January. The 4th of July reminds me that the infinite summer is finite. I've walked in enough parades to know the secret is to walk behind shady politicians on a sunny day.

A common refrain has been a wish for rain. People aren't getting their money's worth out of rain gauges. Ecosystem architects become stressed about stressed lawns. Harvey Benson of Harmony said he'd had a month of no rain and was watering flowers when he decided to water his rain gauge. The next day, his yard received an inch and a half of rain. In my mischievous years, I'd poured a little extra into a neighbor's rain gauge in the hopes he'd think he lived in the state's rainforest. I would have apologized, but I was a chicken.

I spied with my little eye the place I was looking for—Elmo's Eyecare and Car Wash. A meteorite had missed both Earth and me, but my wife had stepped on my head. If you're married long enough, everything is bound to happen. Here's a tip for you: don't let your spouse step on your head. It doesn't do your glasses much good. I was waiting for my spectacles to be straightened when another customer showed me his eyeglasses. His puppy (a blue heeler-lab cross) had chewed the usefulness out of them. It made me think of my wife's Uncle Harvey Crumb, who had put his hearing aids down and his dog ate them. Homeowners insurance doesn't cover your dog eating hearing aids or trying to eat eyeglasses, and it doesn't cover your wife stepping on your head.

I've learned

The word "weird" sounds weird.

The hairs in my nose and ears aren't watching where they're growing.

An everything bagel doesn't include everything.

A consultant is someone you pay to flip a coin for you.

Never build a ship in a bottle while driving.

Bad joke department

A man was cleaning out his late grandfather's house when he came across a repair ticket from a local lawnmower repair shop dated14 years ago. He pocketed the ticket and drove to the repair shop, figuring it was worth a try. He handed the ticket to the man behind the counter who disappeared into a dark corner at the back of the shop. A few minutes later, the man returned and said, "It'll be ready on Thursday."

Nature notes

The Cherokee called the turkey vulture the "peace eagle," because it wasn't predatory.

Summer offers more blooming flowers in prairies, fields and ditches, and outside the woods where flowers bloomed in the spring.

A reader asks what she could do to prevent deer from eating her hostas. You can tell a deer has been dining because it eats the plant by tearing the leaves from stems, leaving hostas that resemble celery stalks. My radio partner, Karen Wright of Mankato, told me she has found two products that are effective in repelling deer—Milorganite and Deer Defeat. Milorganite fertilizer is one of the oldest branded fertilizers on the market and is derived from heat-dried microbes that have digested the organic material in wastewater from the Milwaukee Metropolitan Sewerage District. Deer Defeat doesn't need to be reapplied after rain. It's made from all-natural ingredients that require repeated spraying every 30 days.

Before the legislature decided on the common loon as Minnesota's state bird in 1961, several other birds were suggested, including the eastern goldfinch (1947), the mourning dove (1951), the pileated woodpecker (1951 and 1953), the scarlet tanager (1951) and the wood duck (1951). Erratic swimmers are the loon's favorite since it makes them easy to catch. Loons eat a lot of yellow perch, bluegill, pumpkinseed and crayfish. The Iowa Ornithologists' Union (IOU) held its 10th annual convention in Des Moines and recommended the goldfinch as the state bird. Representative J. Wilbur Dole, an IOU member, introduced a resolution adopted and passed by the House and Senate on March 22, 1932. Iowa was the first of three states (New Jersey and Washington) to name the goldfinch its state bird.

Meeting adjourned

"What wisdom can you find that is greater than kindness?"—Jean Jacques Rousseau.

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Fit to print...

The Canadian Option? No thanks

By Ron McMullen

How could anyone be against the Fourth of July? I was shocked and appalled when, as a student at Drake University, my favorite professor said the Declaration of Independence and the American Revolution had been a huge mistake. No commie-loving peacenik (as the phrase went during the Vietnam War era), Dr. Francis Wilhoit was friends with Henry Kissinger at Harvard and seemed to be a patriotic American. He argued that it would have been much better had the 13 colonies remained British and opted for a gradual, peaceful move toward independence like Canada. As the British Empire outlawed the slave trade in 1807 and abolished slavery itself in 1838, the "Canadian option" would have ended slavery in America decades sooner and would have precluded the mass slaughter of the Civil War, Dr. Wilhoit concluded.

I had never considered that. The history of freedom and slavery is sometimes entwined in contradictory ways. As a U.S. diplomat serving in South Africa during the administration of Nelson Mandela, I often heard about the Great Trek of the 1830s, when Dutch-speaking settlers migrated to the interior of southern Africa to escape British oppression. They also wanted to keep their slaves, who the British were about to free. Generations of enslavement, two Boer Wars, and decades of a racist Apartheid regime were the result.

The former Republic of Texas holds a similar lesson. As a kid, I had a coonskin cap just like Davy Crocket (Fess Parker) wore as he went down swinging in the Disney version of the 1836 Battle of the Alamo. What I didn't know then was that some Texans fighting for freedom from Mexico were also fighting to keep their slaves, as Mexico had previously banned slavery. After seceding from Mexico, most Texans wanted their (slaveholding) republic to join the United States, but that wasn't allowed for nine years. Iowa joined the Union less than a year after Texas did, thus maintaining the balance of free and slaveholding states so important in pre-Civil War America.

Dr. Wilhoit's sanguine counterfactual opposition to the Declaration of Independence is perilous, however. Absent the American Revolution, perhaps powerful colonial slaveowners and their British commercial partners would have stymied British abolitionists and kept slavery legal in the British Empire for generations longer. The same problem arises with those who argue that if the United States hadn't entered World War One, the war would have ground to a draw, thus enabling the world to escape World War Two, the Holocaust, and perhaps the Cold War. We just don't know – perhaps things would have turned out even worse.

When I was the U.S. ambassador to Eritrea (a ruthless dictatorship sometimes called the "North Korea of Africa") we once featured Sam Adams beer at a diplomatic Fourth of July reception. I asked the assembled guests, including some Eritrean government officials, to raise their bottles in a toast. Sam Adams, I explained, was an American patriot who ardently believed it was not only the right of citizens to oppose tyranny, it was their obligation. At the end of the reception, the Eritrean officials left scowling, the other Eritrean guests left beaming. American values still resonate. While the United States is by no means perfect, just as no person is perfect, we need to continue to aspire to that "more perfect union," as the Constitution puts it. So on the Fourth of July, enjoy the fireworks, fly the flag, and share a Sam Adams beer with your British and Canadian friends.

Ron McMullen, a graduate of Drake University and a former U.S. diplomat, teaches political science at the University of Iowa.

Northwood Anchor

Early Files

100 years ago

July 6, 1923

Comrade M.S. Perkins was 77 years of age last Friday and his children who reside in this vicinity, aided by their mother, fixed up a surprise party. The planning of the surprise was largely owing to the activities of a daughter from North Dakota, who was here for the event. The pleasure of the day was further enhanced when at 4 p.m. the members of the G.A.R. and Women's Relief Corps went to the Perkins home and joined in the general celebration.

Although Annie Dolan, the 15-year-old Joice girl who was taken away from her home by two men, has not been found, it is thought the chase is narrowing and they may be located in Milwaukee. The girl's father spent much of last week searching for the girl. Ted Olson of Northwood drove with Mr. Dolan and Deputy Sheriff Trustem, visiting in various places in Wisconsin where they found many clues.

Mrs. A.J. Mammen, who for several years resided on a farm southeast of Northwood, but who moved to Kensett this last spring, lost her furniture and other household valuables when her house burned to the ground.

Northwood's annual education and pleasure festival begins this afternoon when the opening exercises and important announcements usher in the 1923 Chatauqua. Singers from the "Robin Hood" opera company entertain this evening, and give a musical prelude before W.E. Daly delivers his famous agricultural lecture, "The Farmer's Opportunity."

County Engineer Lyford reports that highway work in Worth County is progressing rapidly and that the favorable weather conditions have aided materially in pushing the contracts along. The work at Fertile will be completed in about two weeks, if nothing unforeseen comes up and the operations on the Imperial Highway, both east and west of Northwood, are moving along like clockwork.

75 years ago

July 1, 1948

Aubry M. Dockum, 79, died at his home on highway 65 in the northern edge of this city following an extended illness.

Darroll Julson, son of Mr. and Mrs. Edward Julson, has taken over the Mobilgas service station on South 10th Street, which has been operated the past year by Burton Davis. He will handle a line of tires as well as gasoline, oils, etc., according to an announcement made this week.

Five 4-H club boys from Worth County attended the annual state short course, held at Iowa State College, Ames.

A uniform plan of appraisal of all land and property in Worth County, exclusive of personal property, is hoped for as the result of research work now underway by the Appraisal Engineering Co. of La Crosse, Wisconsin. Five representatives of the company arrived in the county to start the work.

With 2.27 inches of rain recorded the past week, Northwood and vicinity was one of the wetter areas of the state.

Stockholders attending a special meeting of the Farmers Elevator Co. of Northwood were almost unanimous in approving the building of a new elevator as soon as possible.

Seven members of the local Boy Scout troop are at Camp Roosevelt on the shores of Clear Lake, near Ventura. In the group were Dwayne Patterson, Jim Elwell, Robert and David Johnson, Donald Peterson, Duane Anderson and Phillip Bottolfson. Rev. Arthur Peters was with the boys the first part of the week. Harold Hagen is scoutmaster of the Northwood troop.

Nuel Culbertson, who sold his produce business at Carpenter to Harold Braun last spring, is again in business at Carpenter. Today, July 1, he took over the Golberg Hardware, which had been operated by Mr. and Mrs. C.M. Golberg for 33 years.

50 years ago

July 5, 1973

Knee high by the 4th? It sure is, according to Gus Hagen, son of Mr. and Mrs. Donald Hagen, rural Northwood. Iowa's bumper crop of corn has once again reached the point of being "laid by," and has grown substantially in the past few days.

H & K Farm and Home is Northwood's newest business, and opened earlier this week. It is owned by Roger Klitzke and Robert Hoag, who were previously employed by Big Bear in Austin, Minnesota. The store is located at the corner of Highway 65 and Highway 105.

The annual Girl Scout Day Camp attracted 45 Brownie and Junior Scouts. Mrs. Phil Norland was site director of the camp held in Swensrud Park, with other adult leaders and planners including Mrs. Gary George, Mrs. John Last, Mrs. Maynard Midtgaard, Mrs.James Loftass, Mrs. Robert Thorsfeldt and Mrs. John Stumo. Six Cadettes served as aides to the three camp sites. Activities included preparing the noon meal over the campfire and a lesson in woodcarving.

Postmaster George D. Lindflott has announced that due to a new star route schedule only one dispatch of mail will be available in Northwood. The 10 a.m. dispatch has been canceled but the evening pickup will continue as before.

Handicapped children gathered at the center in Kensett three days a week from June 4 - 29. The group toured Tom's Museum, saw the show "Black Beauty," tie-dyed shirts, did arts and craft work, and held a final-day picnic in Swensrud Park last week. Those who assisted were Linda Myhre, Nancy Monson, Joan Lawhorn and Clarice Groven.

Mr. and Mrs. Bill Wolff announce the engagement and approaching marriage of their daughter Connie to Kenneth Estes, son of Mr. and Mrs. Wayne Estes, all of Northwood. Both are seniors at Iowa State University in Ames. A September 1 wedding is being planned.

25 years ago

July 8, 1998

Four-year-old McKensie Nicholson and 18-year-old Samantha Palmer were all smiles following their coronations as Little Miss Northwood and Miss Northwood during the community's 1998 Fourth of July festivities. Their proud parents are Bill and Terry Nicholson and Alan and Peggy Palmer, all of Northwood. Escorts for the event were Hayden Olson, Garrett Waller, Cliff Julseth and Ben Hengesteg.

Worth County farmers, businesses — and some proud parents, grandparents and friends — paid a total of $21,230 at the Worth County Fair junior livestock ribbon sale. Tom Low took top dollar - $375- for the purple ribbon he won in the fair's junior beef show. The young exhibitor's father, Arlen Low and his partner Bill Nicholson, paid that amount on behalf of their construction firm, Universal Contractors. Heather Perkins took runner-up honors with the $350 Northwood Equipment paid for her grand champion market beef, reserve champion breeding heifer and champion prospect steer ribbons.

Three members of this young quartet held baseball caps out to parade-watchers in an attempt to reverse the traditional Fourth of July candy flow. Appealing for candy from their perch on a Glenville firetruck were Tyler Tews, Jake Weisert and Brittany Tews. Kayla Eilertson apparently had other things on her mind. Brittany and Tyler are the children of Wynnette and Henry Tews of Albert Lea. Jake and Kayla's respective parents are Mike and Wendy Weisert and Rob and Bess Eilertson, all of Northwood.

Debra Black Arrett was recently recognized by Working Woman magazine as one of the top 500 women business owners. She found Northwood Dairy Sales Ltd. in 1984. Today, she remains sole owner of the company.

10 years ago

July 3, 2013

The Blank Park Zoo paid a visit to three Worth County libraries, in Manly, Northwood and Joice. Zoo educator Sam Dunn brought four animals to the libraries, each having a connection to extinct animals. The four animal visitors include a large toad, Prinny the hedgehog, Notch the alligator and Nala the python. The young library visitors enjoyed learning about where the animals live and eat, and how to tell the difference between similar animals.

The Worth County Fair once again closed with the annual ribbon sale. The 2013 Worth County Fair 4-H Livestock Ribbon Sale raised money for local 4-H youth and the 4-H program. A total of $57,925 was paid for 146 ribbons. The average price paid per ribbon was $369.75. "Top dollar" this year went to Timen Moretz, of the Brookfield Boosters, who received $800 for his Grand Champion Market Beef award from Worth Mutual Insurance, Northwood.

TUNE was busy getting ready for the Fourth of July activities by working out the details on the new entrance signs to Northwood. John and Candee Hunchis helped out with the mulching and Delmer Claussen selected the bushes for the signs and helped with the planting of all the them. The north entrance sign will be completed once the blocking is done.

With a number of visitors expected to arrive in Northwood this week, work has been underway on several existing and new parks in the city. That includes Central Park, where a new shelter, including public bathrooms, has been under construction for several weeks. Workers with Kevin Springer Construction are pictured putting the finishing touches on the shelter last week. This shelter has since been finished and makes a welcome addition to Northwood's downtown.



NIACC Pathways to Success honored 56 student leaders

North Iowa Area Community College (NIACC) recognized 56 student leaders at the 33rd annual Pathways to Success event held April 28, in the North Iowa Community Auditorium.

Honorees were nominated by NIACC faculty and staff for their academic achievement, positive attitude, character, teamwork and ability to inspire others. The event also featured a keynote address by 2023 Outstanding Alumnus and Mason City native James T. "Jim" Johnson, class of 1962. In addition to Johnson, longtime NIACC employee Mary Steiger Wendt, class of 1976, was awarded the 2023 Distinguished Alumna award.

Johnson shared his own life experience with the student leaders, including his pathway to success. He noted he had learned over the years to not take himself too seriously. Johnson felt his opportunity for this event was to share some of the simple ideas that have made his life such a marvel. Johnson stated, "If I can convince just one of you to take this advice, it will be worth it." Johnson noted, the first successful step each of the student leaders have taken was to enroll in this institution. He stated, "The opportunity for success at NIACC is due to smaller class sizes, access to instructors, the ease to ask questions, and affordability." Johnson recalled his first day at Mason City Junior College, (NIACC's predecessor). He shared how curious he was and how his instructor, Mr. Romig helped nurture his curiosity right away. Johnson shared the importance of staying curious, paying attention to details, and respecting people. Johnson left the audience with a last bit of advice, he said, "Talk to people, ask about their experiences, stick your head into classrooms that you might not otherwise, and explore areas different than the field you are interested in." He continued, "You have an unlimited career in front of you, it doesn't make a difference what path you've chosen, if you practice the art of walking around, find someone you respect and ask them to mentor you, and if you use your Midwestern work ethic, you will have an advantage."

Also honored was Mary Steiger Wendt '76, a native of Bolan. Wendt received the 2023 NIACC Distinguished Alumna award for providing exemplary service to NIACC and to the community with her time and talent. Wendt resides in Mason City, but is still actively involved in the work of the town of Bolan. Wendt recently retired after 46 years at the college, 45 of which she spent coordinating the NIACC graduation ceremonies.

Students honored at the event included Jessica Jordal of Manly.

Help stop the spread of invasive species in your community

Governor Kim Reynolds recently proclaimed June as Invasive Species Awareness Month in Iowa.

Invasive species, like emerald ash borer, Asian longhorned beetle, spongy moth and oriental bittersweet threaten Iowa's ecosystem by competing with and destroying native trees and disrupting the natural complex habitat system.

Iowa woodlands, wildlands and waterways draw hundreds of thousands of tourists and recreational users each year. Much of the spread of Invasive species comes from people simply enjoying nature. Uninvited guests can hitch a ride on outdoor gear, shoes and clothes, traveling hundreds of miles in a single day.

Take these easy steps to stop the spread of invasive species in your community.

Verify that the plants you buy for your yard or garden are not invasive. Many non-native plants can become invasive. Find quick ID photos and common management techniques to control 19 invasive trees, shrubs and plants on the DNR webpage at iowadnr.gov/Conservation/Forestry/Forest-Health/Invasive-Plants

Look for spongy moth egg masses on all outdoor equipment when traveling from a spongy moth quarantined area.

Clean your boots before and after you hike in a new area to avoid spreading seeds. This is a common way garlic mustard and other plants are spread.

Do not buy or sell firewood from outside your county. Firewood can contain emerald ash borer, Sirex woodwasp, Asian longhorned beetle, oak wilt and many more pests. Plenty of firewood is available locally near state and county parks. Make sure to burn all of the firewood at the campsite and not leave it or transport to a new area.

Work with your private lands district forester for plans to make your forests more resilient to invasive species. Find contact information and forest landowner assistance resources online at iowadnr.gov/Conservation/Forestry/Forestry-Landowner-Assistance.

Learn more about forest invasive species on the DNR website at www.iowadnr.gov/invasives.

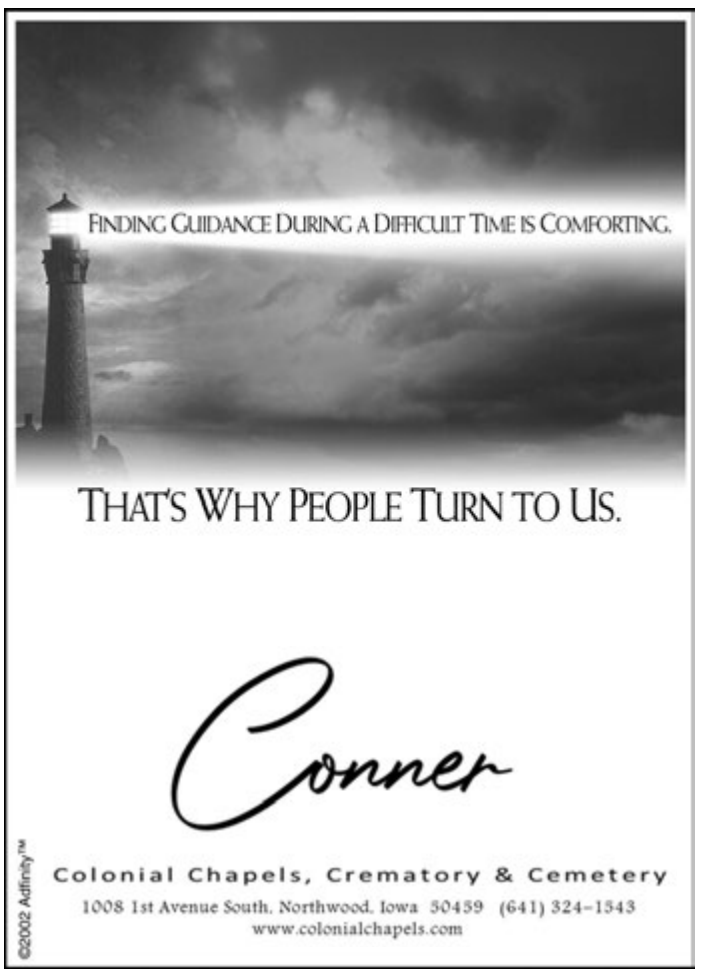
Northwood Anchor

Obituaries

Michael Selvidge

Michael Wayne Selvidge was born on April 11, 1968, and passed away on June 4, 2023.

There will be a funeral service on Saturday, July 15, 2023, at 10:30 a.m. at First Lutheran Church, Northwood.





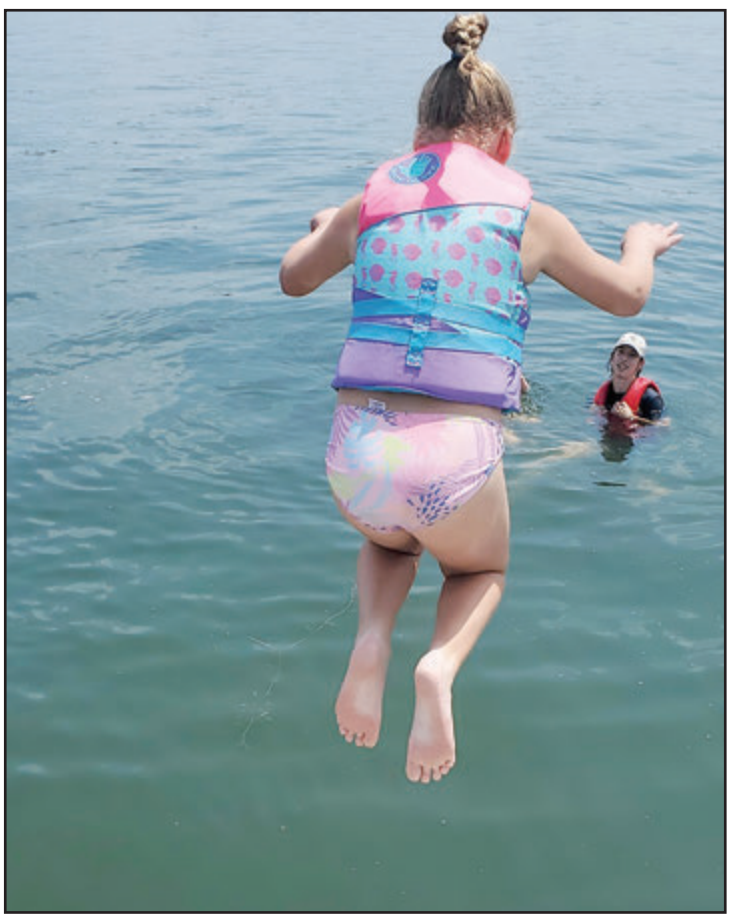




Young naturalists

Worth County Conservation hosted its Young Naturalist Camp recently, offering a week of activities made to provide those taking part with fun ways to learn more about the world around them and get a taste of what it's like to be a naturalist. The week had them learning to cook over a fire, throw spears, visit the lake, explore river ecosystems and build survival shelters, amongst other experiences.









Help protect Iowa's forests - leave firewood at home

Thousands of Iowans will be camping and building campfires throughout the summer. The Iowa Department of Natural Resources (DNR) encourages campers to buy firewood from where they will burn it instead of bringing it from home.

"Moving unseasoned firewood around the state can threaten the health of our forests by spreading insects like emerald ash borer that live in firewood," explains Tivon Feeley, DNR forest health forester.

The emerald ash borer (EAB) is a small, metallic-green, invasive wood-boring beetle native to east Asia that attacks and kills ash trees. It attacks trees of any size, age, or stage of health.

The spread of EAB into uninfected areas has been primarily through people moving firewood from county to county or state to state. "These pests don't move far on their own, but they can travel hundreds of miles in a single day in contaminated firewood," said Feeley.

Plenty of firewood is available locally to favorite state or county parks. Ask a park ranger or campground host where to get firewood locally. Make sure to burn all firewood at the campsite and not leave it or transport to a new area.

The Iowa Department of Agriculture and Land Stewardship requires all firewood sold or acquired in Iowa to have the county and state of harvest location on the label of packages and the delivery ticket for bulk firewood.

Learn more about emerald ash borer and why not to move firewood on the DNR website at www.iowadnr.gov/eab.

Amazing Summer Sales

Cub Cadet $5,399

New Cub Cadet Ultima ZT2 60
60" Fab Deck, 24HP Kawasaki, Tuff Torq TZ 350, 7MPH

$29,500

2017 Deere 318E
808hrs, Cab AC/Heat, Hand/Foot Controls, Nice Machine, 78" Bucket

$15,699

New Altoz XC 610Z
61" Fab Deck, 35HP Kawasaki, Zt-5400 Trans, High/Low 19MPH, Electric deck lift, front suspension

Cub Cadet $2,399

New Cub Cadet XT1
42" Deck, 18hp Kohler

$40,000

2011 Gehl V270
1 Owner 463 hrs, Nice Clean Machine, hyd Bucket Coupler, Ride Control, Cab Heat, Aux Hyds, 12x16.5 Tires

$9,399

New Altoz XE 610 SS
61" Fab Deck, 24HP Kawasaki, ZT-3200 Hydro Gear, 9MPH

D&L EQUIPMENT
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WORTH COUNTY
REAL ESTATE PROPERTY FOR SALE
BY ESTATE

THE FOLLOWING REAL ESTATE WITH PROPERTY THEREON IN WORTH COUNTY, IOWA, OWNED BY THE CLAUDE H. OLSON ESTATE, IS OFFERED FOR SALE, SAID REAL ESTATE IS DESCRIBED AS FOLLOWS:

LOTS ONE (1) AND TWO (2), IN BLOCK TWO (2), OF THE ORIGINAL TOWN OF MELTONVILLE, WORTH COUNTY, IOWA.

LOCALLY KNOWN AS: 4728 MELTONVILLE ROAD, ST. ANSGAR, IA 50472.

Situated thereon is a 1,152 square foot mobile home on a 0.37 acre lot, containing 2 bedrooms and 1 bathroom. Exact legal descriptions to be determined by survey, if necessary.

TERMS AND CONDITIONS ARE AS FOLLOWS:

1. Sealed bids to Seller, The Claude Olson Estate, and must arrive at the Douglas A. Krull Law Office, 714 Central Ave./P.O. Box 200, Northwood, Iowa 50459 by 4:00 p.m. on the 21st day of July, 2023. Bids must specify the price for the tract listed above. Qualified bidders will be allowed the opportunity to bid further, if they so desire at a private, closed auction to be held at the Krull Law Office commencing at 10:00 a.m. on the 22nd day of July, 2023, the time and date for opening bids.
2. To qualify, earnest money (down payment) payable to the Douglas A. Krull Attorney Trust Account and equal to ten percent (10%) of the bid price must accompany each bid.
3. The successful bidder will be required to pay 10% down of the accepted bid by check made payable to Douglas A. Krull Attorney Trust Account and enter a standard Iowa State Bar Assoc. Real Estate Contract providing for said down payment and the balance of the purchase price to be paid on the date of closing.
4. Any offers accepted will be subject to review and approval by the Iowa District Court.
5. Possession shall be given at completion of closing. This closing is anticipated within forty (40) days of the contract.
6. The entire remaining balance of the purchase price will be due at closing, at which time conveyance will be made by Court Officer Deed. An abstract of the title showing merchantable title under Iowa Land Title Examination Standards will be delivered to the Buyer before closing.
7. Real estate taxes will be prorated to the date of closing.
8. Seller reserves the right to reject any and all bids.

For further information or to inspect the premises prior to the date of sale, contact Douglas A. Krull, Attorney at Law, 714 Central Avenue, P.O. Box 200, Northwood, Iowa 50459-0200, or phone at (641) 324-1981.