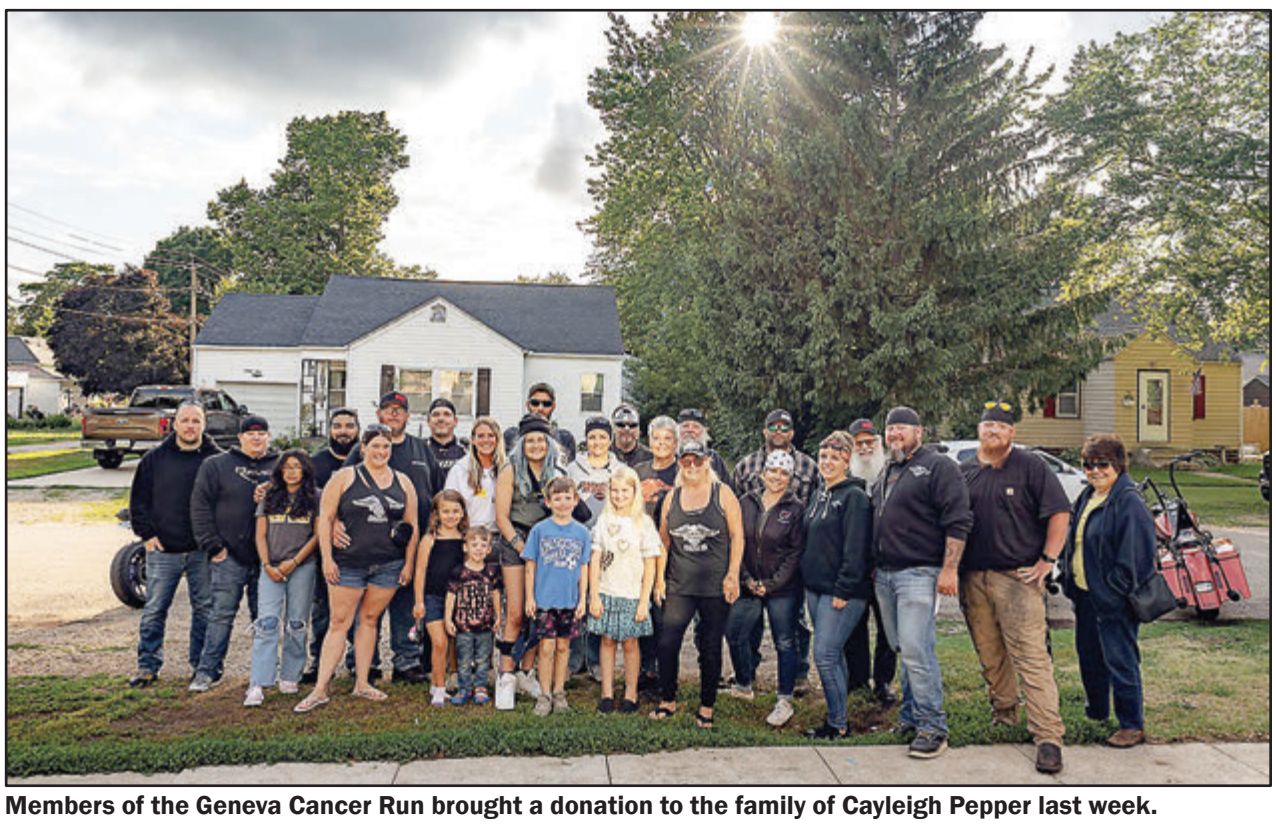
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The Northwood Anchor

10 Pages | Wednesday, July 19, 2023 - No. 29 | Northwood, IA 50459



Members of the Geneva Cancer Run brought a donation to the family of Cayleigh Pepper last week.



Bikers on the run benefit locals during battles with cancer

A group of friends on motorcycles and other vehicles paid a visit to Northwood last week to help the family of Cayleigh Pepper, who is in the midst of an ongoing battle with cancer.

Earlier this year, Pepper, 13, was diagnosed with osteosarcoma, a bone cancer that has spread to her lungs as well. She is undergoing treatment and surgeries as she and her family fight the disease.

The process of doing so is a costly one and her community, and now beyond, have stepped up to help her family with the expenses involved, including the treatments, the surgeries, the hospital stays, the physical therapy and all the expenses of traveling and being there for her family.

The latest group to help Cayleigh's family was the Geneva Cancer Run.

The group was formed in 2007 when a bunch of friends in Geneva, Minnesota, rode and partied in honor of a friend who had cancer, and ultimate lost his battle.

The riding in honor of people that have battled cancer became a regular event, where those taking part ride in honor of someone that has had cancer while raising funds to support those battling the disease.

They are in their 12th year and completed their last ride in

Bikers, See Page 2



WCDA gift cards available Aug. 1

The WCDA will once again be handing out gift cards to students in Worth County that are in grades K-12, starting on Tuesday, August 1.

The gift card program will begin on Tuesday, August 1, through Friday, August 25, available from 8:30 a.m. to 4 p.m. Monday through Friday at the WCDA office in Northwood.

WCDA, See Page 2

Triathlon set for Saturday, July 29

On Saturday, July 29, people will swim, bike and run through Northwood as they take part in the third "Bring in the Backup" Triathlon.

The event is held to support, or "back up" the community's first responders, with funds raised going to support several non-profit causes, as well as the Worth County Sheriff's Office and the Northwood Volunteer Fire Company.

Triathlon, See Page 2

Council approves street bids, discusses trees and sidewalks

The Northwood city council approved a bid for street work with potential expansion, heard a request for trees along the highway, discussed sidewalk projects and inspections and received a fireworks update.

The council approved a bid for the resurfacing of portions of Ninth and 10th streets in the city, with the potential expansion of the distance covered.

The City had budgeted $350,000 for the resurfacing, with plans to take on 34 blocks using those funds. However, estimates showed higher than expected prices and the City scaled the project back to 28 blocks.

The low bid, approved by the Council, was $307,000. With that in mind, City officials will approach the contractor to see if more of the streets can be included.

City superintendent Dirk Van Ryswyk also updated the council on the public works crews efforts to expand the streets in advance of the resurfacing. Van Ryswyk said that over the years lawns and materials have encroached on the street area. The city has cut back lawns towards the original width in the areas that may be a part of the street project, along with some additional areas.

Mike Bode, who lives along Highway 65 in Northwood, has put in place trees after old ones were removed.

However an ordinance passed by the council earlier this year prohibits the planting of trees in the right of way between the sidewalk and the street.

Bode asked the Council to consider allowing those that live along the highway the opportunity to replace trees that were removed as a part of the Iowa DOT's highway resurfacing project.

As Bode's request was made during the portion of the meeting for public comments, trees were not on the agenda and no action could be taken.

The council planned to revisit his request at their July 24 meeting. See a letter to the editor and ad in this week's Anchor for more.

Council, See Page 2



The Week's WEATHER
From National Weather Service data

Date	Hi	Lo	Prec.
Tues. July 11	89	60	0.38
Wed. July 12	76	58	1.00
Thurs. July 13	77	58	
Fri. July 14	84	60	1.16
Sat. July 15	78	57	0.04
Sun. July 16	81	57	
Mon. July 17	79	54	

Western Worth meets to discuss ambulance options

Last week representatives of the western portion of Worth County met to discuss their options for funding ambulance coverage for their area.

Ambulance coverage, and how to cover its costs, has been in question since last November, when a ballot measure to tax for a countywide ambulance failed.

Following the election result, two requests came from ambulance departments to cover the county.

That included the Mason City Fire Department, at one time covering roughly the eastern 9 townships, and the Forest City Ambulance Service, covering 3 1/2 townships on the western side.

Before last November's election there had been no funding asked of local governments for ambulance coverage in the county.

Since then, the Northwood Volunteer Fire Company has established its own ambulance service, with no plans to ask for tax dollars. The NVFC has reached agreements with Barton, Brookfield, Deer Creek, Grove, Hartland and Kensett townships and the cities of Kensett of Northwood to provide ambulance or emergency medical services (EMS) services.

Representatives of a portion of Danville Township, Lincoln and Union townships and the cities of Grafton and Manly have begun meeting to discuss how to pay $500 per call, whether or not a person is transported, as requested by the MCFD.

On July 12, representatives of Bristol, Danville, Fertile and Silver Lake townships and the cities of Fertile, Hanlontown and Joice were invited to a workshop to learn more about their options and the steps they may take to pay for the services of the FCAS in their area.

Worth County supervisor

Western, See Page 2



Oh deer
These young deer were spotted at the Sunset Rest Cemetery. The deer were skittish, but curious and came near the photographer before running for the nearby trees.

Grafton Turkey Day — See Page 10



Scorched truck

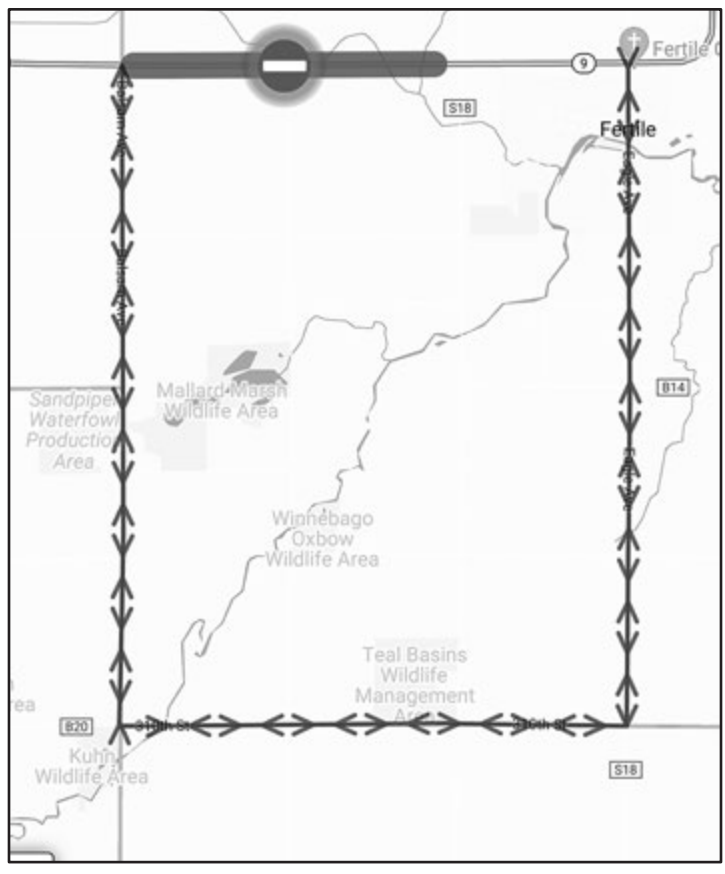
Last Friday morning a truck caught fire on Insterstate 35 north of the Kensett exit. The truck was carrying electronics. It was determined that electronics with lithium ion batteries caused the fire. The Northwood Volunteer Fire Company was on the scence with one engine, two tankers and an ambulance. While on the scene, the NVFC was called to respond to a two vehicle accident elsewhere on the interstate.

Hwy 9 under construction through November

A road detour is in place on Highway 9, west of Interstate 35, until November.

According to the Iowa Department of Transportation, Highway 9 is under construction between Balsam Avenue and Dogwood Avenue, through November 22.

A detour is in place. Traffic is being routed south on Eagle Avenue through Fertile, then onto 310th Street, then onto Balsam Avenue before reconnecting with Highway 9.



Bikers
Cont. from Page 1

June. The event is held the second Saturday of June each year. This year's event had 102 bikes and cars take part in the ride and live auction events.

They have raised over $320,000, given to help others as they battle cancer.

The latest to receive support from the Geneva Cancer Run was Pepper. On July 12, a group of roughly 12 riders traveled to Pepper's home in Northwood. They met her family and added their group to those that have showed Pepper that she is not alone in her fight.

The group donated $1,000 to the family for their ongoing expenses.

Christina Stromley, Pepper's mother, shared the family's gratitude, saying, "She knew some of what was going on, but had no idea that a bunch of amazing bikers would be showing up loud and proud!… You guys are phenomenal! People who don't even know her are standing up to fight right alongside her!"

It was the second time this year that the group had provided support for someone in the community that was fighting cancer.

In late April, Bryce Pratt, Northwood, was diagnosed with cancer. That was followed by testing and surgery and he was unable to work for several weeks.

The Geneva Cancer Run stepped in with a donation of $500 to help Pratt in the meantime.

"People are nominated by word of mouth," said Dee Randall, with the Geneva Cancer Run group. "Then we show up and do our magic."

Council
Cont. from Page 1

The council also discussed sidewalks at the July 10 meeting.

The City is renewing its efforts to have sidewalks in the city repaired and brought to within city code.

The effort began in 2021 to require people to make repairs, or to notify the City of their plans to do so.

Van Ryswyk recently began an inspection of remaining sidewalk issues. He found 81 ongoing issues.

The City will contact a local contractor who has some of those properties on his schedule. Others will be sent a letter notifying them. Those that don't take care of sidewalk issues will be notified that the City plans to fix issues and assess the costs to property owners.

The City also discussed potential fixes to downtown sidewalks.

As a part of the Iowa DOT highway resurfacing project, sidewalks in the downtown, along Highway 65, were replaced.

That has left the City with the remainder of the downtown, on Central Avenue west of the highway, without sidewalks improvements.

It was mentioned that it wouldn't seem fair if those downtown property owners were asked to update sidewalks when others weren't.

Van Ryswyk provided estimates if the City were to undertake sidewalk replacements.

From City Hall to the Farm Bureau building, which would be the City's responsibility, replacing sidewalks is estimated to cost $32,625.

The rest of the south sidewalks would cost an additional $16,875.

On the north side of the street, from the theatre to the west corner, would be $19,875. Continuing west on the next block would be $25,000.

Also considered was whether to replace the entire sidewalk or just remove the brick portion. Named bricks would be relocated to Central Park with the others that were removed as a part of the IDOT project.

The council suggested looking at the project in segments, starting with the City Hall area, as that would fix the City's own sidewalk, which has some sidewalks in need of repair to come in compliance with City code.

In other business, the Council discussed the fireworks aftermath in the city.

At their previous meeting, just before the Fourth of July, a resident concerned with property safety and impacts on pets, asked the Council to consider changing fireworks rules. The Council said that they couldn't act until after the Fourth and would see if any issues arose.

At the July 10 meeting, Worth County Sheriff Dan Fank reported that there had been one complaint related to fireworks, with an injury reported due to falling debris.

WCDA
Cont. from Page 1

The office is located at 91 Eighth Street North in downtown Northwood.

Each student will receive a $75 gift card.

Only parents may pick up gift cards for their children.

Parents that received gift cards in 2022 must bring receipts from last year's purchases to receive a gift card in 2023.

Parents of students that are new to Worth County will need to bring a Worth County driver's license and school registration paperwork to receive a gift card.

No appointment is necessary to receive a gift card.

Triathlon
Cont. from Page 1

The event includes a three stage race involving swimming for 150 meters, riding a bike for 10.4 miles and then running a 5K.

The triathlon begins at the Northwood swimming pool at 9 a.m. on July 29, followed by a bike ride outside of town and back before the run portion.

Those taking part can do so as individuals or as part of a 2-3 person relay. There are also options to take part in the aquabike (swim and bike ride) or a duathlon (a one mile run before the bike ride and 5K).

Registration for the event is currently underway.

Those interested may find more information by searching for Northwood Iowa Triathlon online.

Drivers are asked to be aware if traveling the route of the event on July 29.

Western
Cont. from Page 1

Enos Loberg opened the meeting letting the group know about the situation where it stands and making it clear that the County wouldn't be able to take on the costs, that it would be up to the townships and cities.

The cost being asked by the FCAS is $40,000 to provide rapid paramedic response to the area. That would cover a portion of salaries, vehicles and other expenses. The service would have paramedics launched to medical emergencies in advance of ambulances. The paramedics would then help stabilize and prepare patients so that they are ready to be transported to hospitals.

Loberg said that the townships involved could increase their local tax levies enough to raise the funds to cover the FCAS request.

Townships in Iowa can implement tax levies of up to 60 3/4 cents per $1,000 of valuation to pay for fire and EMS services. Current levy rates in the four townships involved are 21 cents in Fertile, 22 cents in Bristol, 50 cents in Danville and 51 cents in Silver Lake.

While maxing out their levies would cover the FCAS request, it was brought up that would not leave the townships any leeway to increase funds to local fire departments, should they have unexpected expenses or needs.

Loberg was asked what the timeline was to find the funding.

Loberg said that the supervisors have acknowledged that it was too late for the townships and cities to have the funds. The soonest they could have increased levies in place would be the start of the next fiscal year, in 2024.

The supervisors have discussed, but have not yet approved, using pandemic relief funds for ambulance coverage as the county's towns and townships find funding. The discussion has included giving each group in the county a portion of funds, to be used for ambulance coverage. That includes those covered by the FCAS and MCFD, as well as the NVFC.

Supervisor Mark Smeby said that there may be enough to provide for one year of ambulance costs, depending on call volume.

Loberg said that the County is not required to provide ambulance funding, but that the supervisors don't want to leave people without coverage.

While the township levies would cover the FCAS request, the majority of their calls would be going into the towns in the area. However it was noted that the cities are at their limits for taxation. It was also noted that the towns already provide tax dollars for utilities, insurance and other costs for the fire departments in their communities.

It was noted that taxing based on property did shift the cost to farmers and those with more property to be taxed. While it was agreed that it would be more fair to spread the costs by 911 address, that is not an option allowed by the State of Iowa, and would have to be changed by the legislature.

It was also noted that if each township was asked to provide funding based on call volume in their area, those that include the interstate would have a higher share of the costs, covering emergencies on that roadway.

At the end of the meeting, representatives of the FCAS planned to meet with township trustees and city representatives to reach separate agreements with each.

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New laws take effect in Iowa

By Robin Opsahl
Iowa Capital Dispatch
www.iowacapitaldispatch.com

Teenagers can work longer hours, consumers can buy raw milk and farmers are able to kill nuisance animals on their land without state permission as a part of series of laws that recently went into effect

July 1 was the date for most new laws to take effect, including Gov. Kim Reynolds' agency reorganization plan, limits on the Iowa auditor's access to information and new requirements for food assistance. Some measures passed earlier in the session, like a ban on gender-affirming care for minors, gender-based restrictions on school bathrooms and Iowa's Education Savings Account program, have already taken effect.

Here are some of the new laws that took effect on July 1:

Government changes

Government reorganization: The governor's massive government reorganization took effect on July 1, but the governor said agencies would begin the process of consolidation from Iowa's current system of 37 executive-level cabinet agencies to 16 when the law was signed in April, with plans to have those changes in place by enactment.

How many agencies would be able to rollout their new structures by the deadline remains unannounced, but Reynolds said the consolidation processes will follow the example of Iowa's Department of Health and Human Services' merger in 2022, that combined Iowa's public health and human services departments.

State auditor: Iowa auditor of state Rob Sand, the only Democrat to hold statewide elected office in Iowa, will be restricted from obtaining personal information when performing an audit under Senate File 478. The law gives exceptions in investigations of embezzlement, theft, fraud or other significant financial irregularities, but Sand and Democrats say the language removing the auditor's ability to issue subpoenas to government offices and agencies for not turning over requested information, instead settling those disputes through a board of arbitration, will put billions in federal funding at risk.

Caucuses: While Democrats are not sure of the impacts of House File 716, the measure is intended to require Iowa political parties to meet in person at precinct caucuses to select their delegates as a part of the presidential nominating process. Republican lawmakers passed the measure following the Iowa Democratic Party's plan to move to a mail-in caucus system.

Property taxes: Some components of the property tax reform law signed in early May went into effect immediately, while others took effect July 1 this year and in 2024. The new law will provide an estimated $100 million in tax relief to Iowa property owners by setting new maximum property tax levy rates for cities and counties, requiring new transparency measures and allowing seniors and veterans to take new property tax exemptions.

Chinese investments: Entities will no longer be able to invest public funds in companies owned or controlled by the Chinese government under Senate File 418.

Work and Iowa's economy

Child labor: A divisive law allowing Iowa minors to work in previously restricted fields through training programs went into effect. Senate File 542 will allow minors ages 14 to 17 to work more hours per day, and allow 16- and 17-year-olds to serve and sell alcohol at restaurants until kitchens close. The measure also adds new requirements on employers with minor workers serving alcohol, including sexual harassment prevention training and having two adult employees physically present for businesses where minors serve alcohol.

Asset tests: Senate File 494's enactment means Iowans receiving SNAP benefits will go through asset and identity tests to remain eligible for public assistance. To remain eligible, Iowans must not exceed certain income limits as well as a $15,000 cap for assets, with exemptions for the value of a home, car, and $10,000 of a second household car. The Legislative Services Agency estimated in March that 8,000 Medicaid recipients and 2,800 SNAP recipients may be removed due to the law.

Education

Parental rights: Some aspects of Senate File 496, a "parental rights" law, had already gone into effect, but others took effect for implementation in the upcoming school year. The measure requires school libraries to remove books with written or visual depictions of sex acts, with an exemption for religious texts, in addition to prohibiting teachers from providing instruction and materials involving "gender identity" and "sexual orientation" to K-6 students.

The law also requires schools seek written parental permission if a child asks to use a name or pronoun differing from what they were assigned at birth, and says school staff cannot knowingly provide "false or misleading" information on a child's gender identity to their parents.

Teachers and administrators in violation of these rules would be subject to a Board of Educational Examiners disciplinary hearing for their second and subsequent offenses under the law.

School requirements: A top-line education measure, Senate File 391, will make changes on teaching and curriculum requirements for schools struggling with staff shortages. Heading into the 2023-24 school year, the state is removing curriculum requirements on foreign language and "financial literacy" classes, in addition to allowing teachers to instruct multiple sequential subjects simultaneously in a classroom, providing more access for community college instructors to teach high school classes and for public librarians to work as school librarians.

Additionally, a measure changing the make-up of Iowa Board of Educational Examiners – the body overseeing teacher accreditation – took effect, requiring more parents to be on the board.

Teacher empowerment: In upcoming school years, schools must allow for suspensions, changes in classroom or potentially expulsion as policy options for dealing with students repeatedly causing problems in the classroom. House File 604 also requires schools inform teachers about their rights when coming into physical contact with a violent student, and allows teachers to make a complaint to the Ombudsman's Office on classroom violence.

Law and justice

Fentanyl: House File 595, Reynolds' proposal to tackle the fentanyl crisis, will raise penalties for manufacture, distribution and possession of drugs containing fentanyl, as well as raise sentences further for cases resulting in injury or death due to drug use. The measure also gives first responders and organizations like substance abuse rehab centers expanded access to naloxone, a drug used to prevent overdose deaths.

Subpoena limits: House File 644 is a law aimed at stopping "fishing expeditions" via subpoena — a harassment tactic where criminal defendants obtain large quantities of potential victims or witness' personal information in an effort to discourage them from testifying or reporting crimes. Going forward, defendants must present a compelling need for the evidence in documents obtained by subpoena, and the law sets new limits on access to documents containing others' private information.

Agriculture

Nuisance animals: Farmers will be allowed to kill animals including raccoons, coyotes and skunks through Senate File 358 without state permission. Those seeking to kill nuisance animals in city limits and non-farm properties, and for cases involving endangered species, would still be required to get authorization.

Raw milk: Iowans will be able to buy and sell unpasteurized milk beginning Saturday. Senate File 315 does require raw milk producers maintain bacteria and antibiotic records, but Democrats and medical experts said there are still risks of infections when consuming raw milk.

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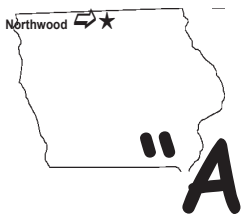
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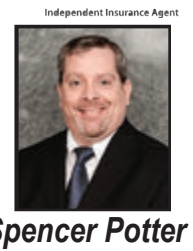
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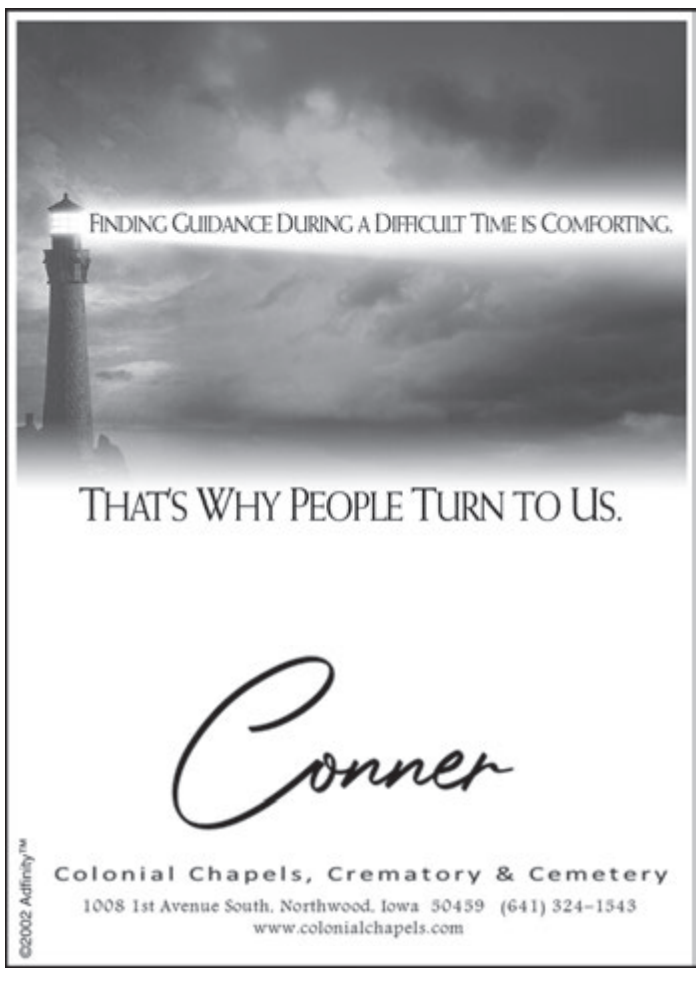
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Worth County State 4-H Conference 2023

Worth County 4-H led the state of Iowa again and had the highest number of 4-H'ers with 50 Worth County 4-H delegates participating in this year's State 4-H Conference on the Iowa State University Campus in Ames. The youth participated in educational workshops, listened to motivational speakers, conducted community service projects and attended the State 4-H Conference banquet and dances. The 4-H members at the conference included (front row, from left) Linca Scarlett, Iver Girouard, Weston Willand, Jadyn Beland, Kale Bode, Kinley Stambaugh, Jessika Ausborn, Laney Miles, Ariah Bode, Madison Edwards, Pat Rothove - chaperone, Kelsi Liddle, Bronson Ducommun, (second row) Emersyn Wahl, Zach Heiken, Sophia Butler, Camryn Rheingans, Kenedie Berry, Taylor Foss, Merrin Hanson, Mackensy Tomlinson, Kamryn Backhaus, Adessa Newhoff, Ruby Haugebak - chaperone, Lindsey Moore, Josie Haugebak, Evelyn Berding, Claire Rye, Lexis McHenry, (back row) Chris Chodur - chaperone, Peter Julseth - chaperone, Denton julseth - chaperone, Jack Willrett, Adler Rowe, Caysen Chodur, Loghan Nelson, Benaiah Meier, Darrin Kliment - bus driver, Landen Nelson, Dennis Johnson - Worth County Extension Education Specialist, Paige Prazak, Payten Kruger, Adylyn Petersen, Ava Woltzen, Addyson Runde, Lorene Meier, (not pictured) Teagan Johnson, Sydney Schilling, Holden Willrett, Jean Schilling - chaperone and Heidi Willrett - chaperone.

Fall Master Gardener training applications open starting July 17

The application window opened on July 17 for the fall 2023 Master Gardener training cohort, which will be offered in 55 counties or extension regions.

Counties offering fall training include Adams, Benton, Boone, Bremer, Buena Vista, Butler, Calhoun, Cerro Gordo, Cherokee, Clayton, Dallas, Davis, Des Moines, Dubuque, Fayette, Floyd, Franklin, Guthrie, Hamilton, Humboldt, Ida, Iowa, Jasper, Johnson, Keokuk, Lee, Linn, Lucas, Lyon, Madison, Mahaska, Marion, Marshall, Mills, Mitchell, Monona, Monroe, Muscatine, O'Brien, Osceola, Polk, Pottawattamie, Poweshiek, Ringgold, Scott, Sioux, Story, Tama, Taylor, Union, Wapello, Webster, Winneshiek, Woodbury and Worth.

Iowans wishing to complete Master Gardener training choose a county to complete training through, participate in online learning modules and attend at least four in-person training sessions organized by the county office. After completing the 10-week training, trainees put their knowledge to work with a 40-hour internship in their training county.

Applicants have from July 17 to August 18 to apply for the fall session. Training for the fall session begins on September 5. Learn more about the program online or through a county extension office.

"Many people have misconceptions about what the Master Gardener program truly is," said Alicia Herzog, Master Gardener statewide coordinator with ISU Extension and Outreach. "The Master Gardener training program is about more than just learning how to grow your best garden, although you will learn that as well. Trainees use knowledge gained in training to grow food for those in need, partner with area organizations to design green spaces and present programs in their local communities."

Master Gardeners are volunteers who use research-based information to educate people and coordinate projects that promote healthy communities.

Local extension staff can help anyone with questions about joining Master Gardener training this year, including details of when and where in-person meetings will take place in their county or extension region.

Iowa State has offered Master Gardener training for over 40 years, engaging more than 15,000 people in learning about gardening best practices.

For more information, Herzog can be reached at 515-294-3627, or aherzog@iastate.edu.

MercyOne announces Chief Operations Officer at North Iowa

MercyOne has announced Chad Boore as chief operations officer (COO) for MercyOne North Iowa Medical Center.

In his role as COO, Chad will be responsible for leading and achieving operating goals and performance plans and ensuring strategic implementation. He will work in a dyad leadership model with Paul Manternach, MD, chief medical officer for MercyOne North Iowa.

Chad has more than 20 years of experience in health care and comes to MercyOne from OSF Healthcare in Peoria, Illinois. He holds a bachelor's degree from Truman State University and an MBA from the University of New Orleans.



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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

I'm having a lot of fun poking around in the Pillsbury Classic Cookbooks series from back in the day. "Easy Weeknight Meals" (1997, The Pillsbury Co., Minneapolis) is one of their large series of cookbookets. This one fills the bill for summer evenings when no one wants to spend time putting together an evening meal. One of the chapters has a very clever time-saving way to cook one dish and turn it into a second meal for the next day or two. The recipes are marked "Make First" and then "Make Second" to guide the reader along with the plan. The following recipes are adapted from this section.

Herb Broiled Chicken Breasts
(make first)

4 boneless, skinless chicken breasts, about 4 oz. each
1 tablespoon real butter, melted
1 tablespoon fresh lemon juice (or a good brand of bottled juice)
1/2 teaspoon Italian seasoning
1/8 teaspoon EACH of garlic powder and cayenne pepper

In a small bowl combine all the ingredients except the chicken to make an herb butter. Spray a broiler-safe pan with cooking spray OR light your grill for direct cooking (medium heat). Brush the chicken with half of the herb butter and either broil or grill for 10-12 minutes, turning once. Cook until the juices run clear and internal temperature is at 165 degrees F. Enjoy with a salad, potato and vegetable; makes two servings. Place two of the chicken breasts into a tight-fitting covered container and refrigerate for the second meal. NOTE: the refrigerated portion of this meal can be kept up to 3 days in case you don't want to serve chicken two nights in a row.

Italian Chicken with Angel Hair Pasta
(make second)

4 oz. uncooked linguine pasta
1 small yellow onion, cut into thin wedges
1 small green bell pepper, cut into thin strips
1 tablespoon cornstarch
1 tablespoon cold water
1 teaspoon olive oil
1 can (14.5 oz.) stewed tomatoes with Italian seasoning NOTE: if you cannot find this product, use a can of plain stewed tomatos and add 1 teaspoon dried Italian seasoning.
The 2 reserved herb broiled chicken breasts from the previous recipe

Cook the pasta to your desired doneness. Drain and cover to keep warm. Cut the tomatoes into small chunks. Cut the chicken into very thin strips. In a large heavy skillet, non-stick if possible, heat the oil over medium-high heat. Sauté the onion and bell pepper, cooking and stirring 4-5 minutes or until "crisp-tender". Reduce the heat to medium-low. In a medium mixing bowl, combine the cold water and cornstarch to make smooth slurry. Add the tomatoes; blend well. Stir the tomato mixture into the vegetables in the skillet. Add the chicken and simmer 4-5 minutes or until the sauce is bubbly and slightly thickened. Serve the chicken over the cooked pasta. If desired, garnish with some chopped fresh parsley. Serves 2

Garlic Roasted Pork Chops with Veggies
(make first)

1 teaspoon fines herbs (find this blend in the spice section)
1/2 teaspoon kosher salt
1/4 teaspoon black pepper
6 boneless pork chops, about 4 oz. each
10 small red potatoes, scrubbed but not peeled, cut into quarters
12 oz. package of baby carrots
2 medium yellow onions, peeled and each cut into 8 wedges
2 large cloves fresh garlic, minced
1 tablespoon olive oil

Preheat the oven to 450 degrees F. Spray a large rimmed baking sheet and set aside. Combine the spices, mixing well. Sprinkle half of this mixture over both sides of the pork chops. In a large bowl, combine the veggies, sprinkle with the olive oil and the remaining spice mixture. Spread these in the center of the baking sheet. Bake for 10 minutes. Place the chops around the veggies and continue baking for another 30 minutes or until the chops are no longer pink and the veggies are tender. Stir the veggies once during this baking. Place 2 chops and 2 cups of the veggies in a container to save for the next meal; seal and refrigerate. Enjoy the remaining chops and veggies along with a salad and dessert. Makes 4 servings.

Pork and Roasted Vegetable Burritos
(make second)

1 small can whole kernel corn, drained
1/4 cup bottled chili sauce
1/4 teaspoon ground cumin
4 flour tortillas, 9 or 10-inch size
1/4 cup real sour cream
The reserved pork chops and veggies from the previous meal

Thinly slice the chops and coarsely chop the roasted vegetables. Combine all the ingredients except the tortillas in a large heavy non-stick skillet and mix well. Cook over medium heat until it is all heated through, about 8-10 minutes, stirring frequently. Spoon 1/4 of the mixture into each of the tortillas and top with 1 tablespoon of the sour cream. Roll up, folding in one end. Makes 4 burritos. NOTE: you can warm the tortillas in the microwave for a few seconds before filling them.

Okay….cook once, eat twice with little effort the second meal. What's not to love with this plan? And…that's all she wrote.

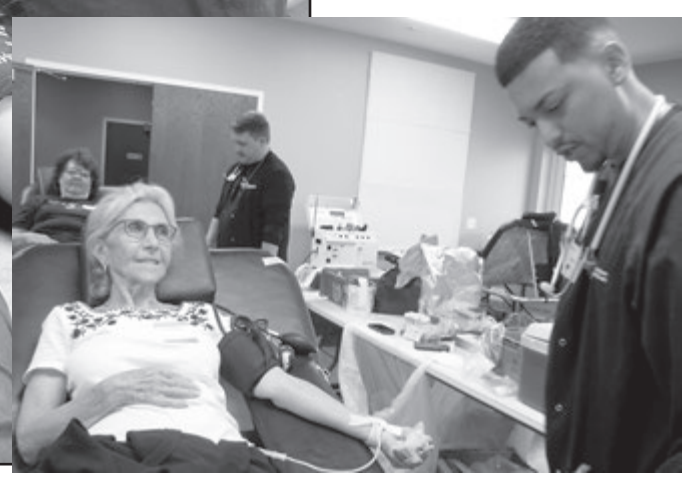
Northwood Anchor **Society**





Life-saving donations

The Red Cross Blood Drive hosted by the Northwood Lions Club on July 13 was a success. "With 25 units of blood donated, several donors from out of state, this was one of the best drives we've had," said Lions Club Director Bob Perry.



Northern Country Cooperative and Viafield announce intent to pursue a merger

The boards of directors of Northern Country Cooperative, Stacyville, and Viafield, Charles City, have announced their intent to seek unification through a member vote.

The future merger would combine the two supply cooperatives to further strengthen the service and resources for their farmer-owners.

In the notification letter to members, it was shared that both boards entered a unification study to determine the best path forward for each cooperative. In consideration of previously shared business operations, strong financials and shared culture and visions, it was determined that a merger would allow for optimal future growth and opportunities.

The combined cooperative will serve over 4,700 farmer members across counties in southern Minnesota and northern Iowa.

"This merger will be very beneficial for our members, employees and the many communities we represent," shared Northern Country's Board President Dave Huper. "We are confident the combination of our respective cooperatives' strengths will bring the best in farm supply and services."

The future unified cooperative would join the two companies wholly together under a new name with no significant changes to operations or employees. Rather, it is intended that the combined entity will be better positioned with the size and scale to best serve the needs of tomorrow's farm businesses.

"Each of our boards and management teams have reached this decision in the best interest of our current membership as well as future generations of co-op farmer members," stated Steve Fullerton, Viafield's Board President.

"We expect a merger to maintain the high-quality service and products our farmer customers have come to expect, while allowing for increased advantages in the marketplace, improved efficiencies, innovative offerings and a best in class workforce."

Member voting ballots and informational packets will be mailed at a later date yet to be announced with a final vote count expected in early fall.

More information and continued updates can be found by visiting www.nccviafieldunification.com.

Northern Country Cooperative is a full-service agriculture cooperative serving farmers since 1908. The primary business offerings include grain marketing, grain storage and drying, sales and services of seed, fertilizer and chemicals, feed manufacturing, andlumber sales. Today, NCC services over 2,200 farmer members across 13 locations and 130 employees in northern Iowa and southern Minnesota.

Viafield is a member-owned ag cooperative in northern Iowa and southern Minnesota with over a century of rich tradition and over 2,500 current farmer members. Viafield employs over 140 individuals who are specialized on products, services and trends within agronomy, energy, feed and grain. As a team-oriented organization, they understand the importance of growth in the business, member operations and communities they serve for future opportunities.

Veterans grill outdoor breakfast at the North Iowa Fair

The public is invited to an Outdoor Breakfast at the fair.

Veterans will be cooking breakfast hot off the grills for the public at the North Iowa Fair in Mason City this Sunday July 23, from 7-11:30 a.m.

Enter the fair's main gate and drive straight ahead north to the large open tent. Park in the general parking lot close by. Admission to the fair is free and parking is free on Sunday. Handicap parking is also available nearby.

The breakfast hot off the grill is hosted by the local Vietnam Veterans of America - Chapter 790, raising funds for local low income vets for supplies.

The meal is available for a good will donation. Hats and flags also available to purchase.

Anyone with questions may call 641-909-4579.

The Northwood Anchor
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THANK YOU!
For your endless support, encouragement & love shared with us following Rich's hemorrhagic stroke.
Beyond Blessed ~ Richard & Wendy Davis



Some City Council members may be on the fence when it comes to allowing residents to replant Trees Along Hwy 65.

Let them know at their meeting on
Monday, July 24, at 6 p.m.





They were a shoe-in

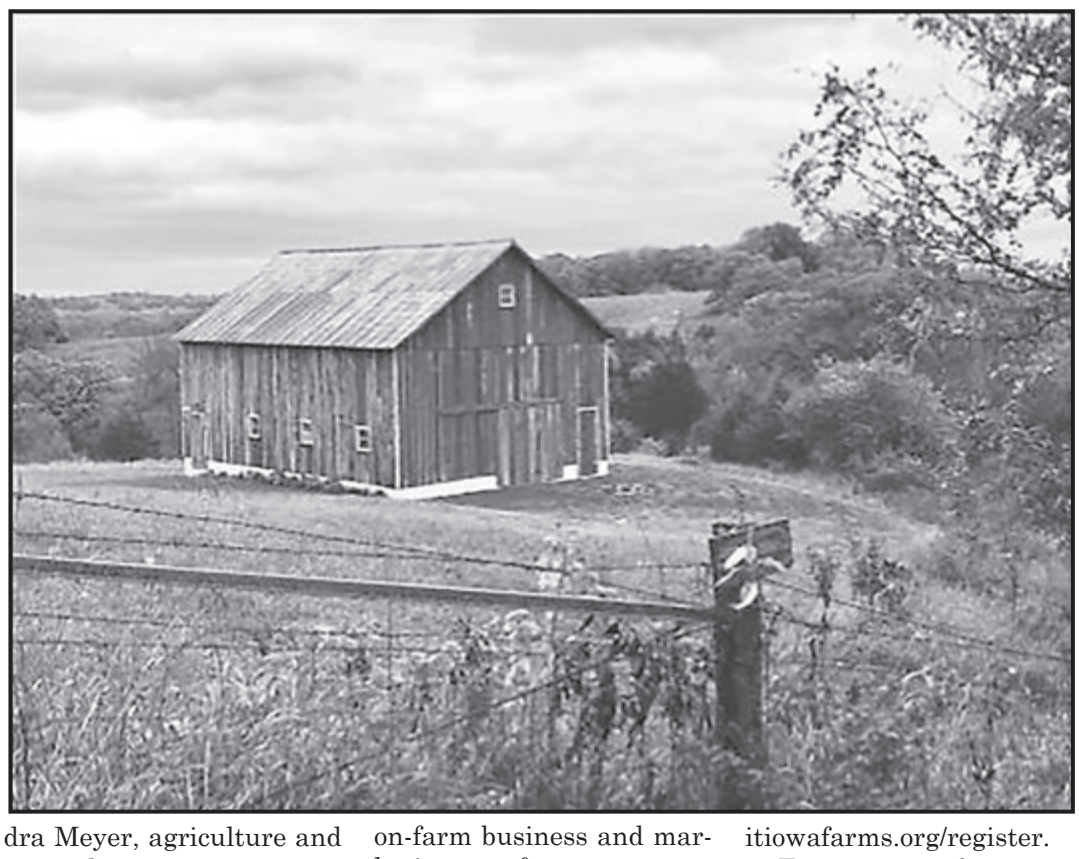
The Fourth of July festivities in Northwood once again included a variety of competitions. That featured the annual horse-shoe tournament, held in Swensrud Park. After a spirited competition the winners were named. Pictured above are the victorious shoe tossers, Greg Thompson (left) and Craig Toft.



On the edge

A few streets in Northwood have been made wider in recent weeks. The Northwood Public Works crew has been clearing off the edges of streets, starting where resurfacing projects are planned, and continuing beyond. According to city superintendent Dirk Van Ryswyk, the work is being done to remove areas where lawns have extend or eroded onto the street width.

Agritourism bus tour planned for August 28 in Central Iowa



Building on the success of last year's inaugural agritourism bus tour, the Visit Iowa Farms Program with Iowa State University Extension and Outreach will host a second "Exploring Iowa Agritourism Ventures" tour on Monday, August 28.

Five agritourism locations in central Iowa will be featured, including a flower farm, produce farms, livestock farm, and farms that host on-farm events.

The tour bus will depart from Ames at 8:30 a.m. and return to Ames at 4:30 p.m. The tour is free and includes lunch, although registration is required.

The stops and presenters are:

- Willow Flower Farm, Amanda Septer (Prole).
- Kaysen Family Farm, Tara Kaysen (St. Charles).
- Lone Oaks Farm, Luann Gilman (Winterset).
- Speckled Hens Farm, Kris Miler (Winterset).
- Rinehart's Family Farm, Gary Rinehart (Boone).

"We are excited to host a second Exploring Iowa Agritourism Ventures Bus Tour featuring these five agritourism destinations in central Iowa," said Kendra Meyer, agriculture and natural resources extension specialist with ISU Extension and Outreach. "Whether you currently have a farm or you are just interested in learning more about agritourism, this tour will provide a great outlook at the opportunities in agritourism and the benefits of diversifying your operation."

Topics will include financial sustainability through on-farm business and marketing, on-farm conservation practices, community engagement and risk management best practices.

Attendees will have the chance to interact with small farm specialists from ISU Extension and Outreach, during the bus ride between stops.

Seating is limited to one bus, so participants should register as soon as possible by visiting https://www.visitiowafarms.org/register.

For more information, contact Christa Hartsook, small farms program coordinator with ISU Extension and Outreach, at 515-294-4430 or hartc@iastate.edu

The bus tour is based on work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, through a grant received through the North Central Region SARE program.

Northwood Anchor Church

Fertile Lutheran Church

Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly

Wednesday, Riverside Bible Camp at Grace, 9 a.m. - 2 p.m., BLC Altar Guild, 1 p.m., Grace Circle, 2 p.m.; Thursday, Riverside Bible Camp at Grace, 9 a.m. - 2 p.m.; Saturday, Campbell/Nettleton Wedding at Adel; Sunday, Grace Worship, 9 a.m., Bethlehem Worship, 10:30 a.m.; Monday, WIC at Bethlehem, 9 a.m. - Noon, Martha Circle Picnic, 6 p.m.

Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/ Elk Creek Lutheran

Thursday, Bethany WELCA Meeting, 9:30 a.m., Guest Day, MANNA Open, 4:30-6:30 p.m.; Sunday, Joint Worship - Elk Creek, 9 a.m.; Monday, MANNA Open 10 a.m. - Noon

Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan

Thursday, UMW meet at Linda Nydegger's, 4 p.m.; Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allard

Bethel United Methodist Church

Wednesday, Diner, 8:30 a.m., Sunday, Bethel Worship Service, 8 a.m. & 10:30 a.m., Trinity Worship, 9:10 a.m.

Northwood United Methodist Church

Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Swallow Coffee House, 10 a.m.

Rev. Rob Lanphere

One In Christ Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 8 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 8 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 9:30 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood

Wednesday, Chapel at Maple Court, 2 p.m., SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with N.O., 9 a.m., JH Youth, 6:30 p.m.; Tuesday, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood

Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children's Sunday School following service. No Sunday School for June, July & August.

Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly

Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Rev. Neil Manternach, Pastor
Fr. Jake Dunne, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London

Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

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Please call to confirm that your Veterans Service Officer is available. An effort will be made to accommodate your schedule.

The 7th annual Roll Call event, ROLL CALL VII, will be held at Noon on Saturday, November 4, at "The Timbers" in Northwood. This event is sponsored by Worth County Veterans Affairs, and is free to all Worth County Veterans, and a guest. There will be a catered meal, live band, a guest speaker, fellowship with your veteran neighbors, and a chance to win one of twenty flags. Don't miss a good time.

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Tuesday: Turkey Sandwich, Potato Soup, Green Beans, Pears
Wednesday: Chicken Tetrazini, Asparagus, Baked Apples

Northwood Anchor

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The Fruit of the Spirit



If we live in the Spirit and strive to be godly and good, we should manifest the fruit of the spirit, as opposed to the works of the flesh. It is noteworthy that Paul speaks of the works of the flesh in the plural but refers to the fruit of the Spirit in the singular, suggesting that these attributes are united in the person who lives a godly life. The fruit of the Spirit is "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." (Galatians 5.22-23) And, the person who walks in the spirit will manifest these qualities as if they were the natural outgrowth of their soul. These are qualities which all good people should manifest and for which we should strive, but with which we may struggle mightily. Being patient and kind, and exercising self-control is easy enough when we are dealing with others who are themselves patient, kind, and self-controlled, but these can be incredibly difficult when dealing with those who are impatient, unkind, or lacking in self-control. We should open our hearts to the love of God and let His Spirit infuse us with the seeds of His divine love. And then, work hard to till and tend the soil of our life so that we might bear the fruit of the Spirit, spreading God's love throughout the world.

And let us not grow weary while doing good, for in due season we shall reap, if we do not lose heart.
– New K.J.V. Galatians 6:9

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Northwood Anchor

Early Files

100 years ago

July 18, 1923

The latest forward move of the farmers co-operative organizations in Northwood is the purchase by the Northwood Co-Operative Livestock Shipping Assn. of the stock yards formerly owned by the Thomson Elevator Co. The newly acquired yards will facilitate both the grain and livestock business.

Iowa retains its place as the second ranking state in automobile registrations, according to the head of the automobile department, who announced today in making public registrations figures for the first six months of the year total July 1 was 524,038.

Word has recently been received here that Nels Vinje, one of Northwood's well known bachelors, has overstepped his bounds and entered the realms of matrimony. Mr. Vinje and Miss Bertha Redalin were married at Lanesboro, Minnesota, on June 27. Mr. Vinje, who had lived in Northwood all his life until the past few years, has bought a farm near Fountain, Minnesota.

Northwood is to have a golf club. There is little doubt now of the realization of the hope local fans have had for some time. The first meeting of enthusiasts was held, when about one half of the persons who signed for membership were present. The following temporary officer were elected: Robb, Roy Cerney, president; A.L. Schmidt, secretary and A.L. Tenold, treasurer.

S.O. Thompson, who sold his garage building some months ago, has moved from the location he has had for a number of years to the former Northwood Auto Co. garage directly across the street. He will continue the Chevrolet car sales and service and carry a line of car parts. Jack Gabby, who has opened a repair shop in the rear of the garage will handle the repair work.

75 years ago

July 15, 1948

Cutting of oats has started in a number of fields in Worth County. Grain has ripened rapidly during the past 10 days. Quality is considered good, but it is not anticipated the yield will be more than average.

Plans for the erection of a new city hall and fire station for Northwood are advancing rapidly since the overwhelming vote of 263 for the proposition and only 23 against, at the special election.

Mrs. Louisa Nelson, 75, of this city, widow of the late Edwin P. Nelson, died in a Mason City nursing home where she had been cared for following a succession of five strokes in less than three months.

Complaints of careless driving on the streets of Northwood have been so frequent that the council passed an ordinance providing a fine of not to exceed $25 or a jail sentence of not exceed five days for each offense of which a driver is found guilty.

Settlement of the Clifford A. Lundberg and Albert L. Yaroshek damage cases against the Rock Island Railway Co. was authorized by court order issued here by judge M.H. Kepler. Payment of $2,300 in the Lundberg case and $1,700 in the Yaroshek case is the basis of the settlement.

Third grade teacher here next year will be Miss Margaret Ann Thompson of Leland, Iowa. She is a graduate of Waldorf College, Forest City, and also took work at St. Olaf and Luther colleges.

Effective on July 16, Claire Shaw, who has been deputy sheriff of Worth County for about two years, will assume the duties of rural mail carrier on R.D. 1, from the Northwood post office.

Clayton O. Christianson of this city suffered two fractured ribs, and injury to one leg, a scalp wound and other bruises when his car ran into the back of the car of Otto Knaack, farmer north of Northwood, which was on the pavement without lights on Highway 65 at the south edge of Glenville.

50 years ago

July 19, 1973

Emmet Taylor, 25, a native of Bainbridge, N.Y., has been bored as varsity football coach and physical education teacher at Northwood-Kensett school, according to superintendent Francis Peterson. Taylor attuned junior college at Morrisville, N.Y. and William Penn College, Oskaloosa, Iowa.

Mr. and Mrs. Harold L. Weiland, Britt, announce the engagement and approaching marriage of their daughter, Esta, of Northwood to Truman Duane Hengesteg, son of Mr. and Mrs. Eldor Hengesteg, rural Northwood. Miss Weiland is a graduate of the Mason City School of Cosmetology and is a beautician in Kensett. Her fiancé, a veteran of Vietnam, is now farming with his father.

Town councilman Einer Lunde reviewed Northwood projects at the regular Lions Club meeting. Included in the discussion was the proposed town hall, which will be started within a week. A decision on the upper deck for about $4,000 will be made within a month, Lunde said. He also covered the proposed water system and said bids could be let by the middle of next month.

Three Northwood-Kensett High School girls softball players have been named to the North Iowa all-conference team for 1973. Julie Berge, N-K pitcher, and infielders Terry Arendts and Wendy Hogen were named to the honor list. Stephanie Ihnen and LuAnn Knudtson, received honorable mention status. Ray Ihnen coaches the N-K team.

Mr. and Mrs. Harlan Knudtson, Northwood, announce the engagement and approaching marriage of their daughter, Sherry, to Mr. Neil Christ, son of Mr. and Mrs. Arvid Christ of Scarville. An August 18 wedding is planned at Sion Lutheran Church, rural Lake Mills.

25 years ago

July 22, 1998

Brandon Nagle of Northwood wiles away another summer afternoon fishing on the Shell Rock in Swensrud Park. Although bullheads and northerns are caught, Brandon said he likes fishing for carp because there are so many and put up a pretty good fight.

Thanks to abundant rain and the heat wave of late June and early July, Worth County's 1998 corn crop stands head and shoulders above its recent predecessors. In fact, conditions have been so favorable that some fields reached the traditional "knee high by the Fourth of July" benchmark a month early, according to Worth County Extension agent Dennis Johnson.

Smoldering sawdust in a truck owned by Steve Aase brought the Northwood Fire Department to Fieldstone. Aase said he thinks a piece of red hot metal was blown into the truck while it was being loaded and started the sawdust smoldering.

Lisa Haugrud and Jade Petznick announce their engagement. Parents of the couple are Marian Haugrud of Pelican Rapids, Minnesota, and the late Milo Haugrud and Jerry and Marlys Petznick of Northwood. Lisa is a math teacher at Pelican Rapids High School and Jade is a funeral director at Larson Funeral Home in Pelican Rapids. An August 13 wedding is planned at Grove Lake Lutheran Church of rural Pelican Rapids.

The Northwood-Kensett Vikings rallied in the late innings to defeat Ventura 13-6 in a Class 1A District softball tournament opener in Lake Mills. The Vikings fell behind 4-2 in the first inning and trailed 6-2 heading into the fifth, But N-K closed the gap to 6-5 on three walks, an error and Dana Okerlund's RBI single in the top of the fifth, and Ventura pitchers Megan Shoning and Nicki Heimer walked in a pair of runs to put the Vikings up 7-6 early in the sixth.

10 years ago

July 17, 2013

With the recent warm temperatures and dry conditions, area swim pools have seen some booming business, as evidenced by the many young swimmers seen enjoying playing in the aquatic play equipment at the Northwood swimming pool. With temperatures expected in the 90s and humidity throughout this week, the pool will no doubt continue to be a popular destination.

Last year at this time drought conditions and nearby quarry work had severely depleted the water levels at Kuennen's Quarry, making it largely unusable for those looking for some summertime recreation. Efforts by the Falkstone company to prevent the loss of water in the park, and this year's unusual amount of rain have replenished the water and Kuennen's Quarry is once again a popular summer swimming spot.

More than 7,000 Family, Career and Community Leaders of America (FCCLA) members, advisors, alumni and guests from across the country gathered in Nashville for the FCCLA 2013 National Leadership Conference July 7-11. Kaitlyn Varner, Hannah Gentz and Danielle Metcalf, students at Northwood-Kensett Community School, were among the members and took part in the activities at the conference.

Summer renovations at Northwood-Kensett schools are well underway this year and on schedule to be completed in time for classes to begin on August 19. Amongst the renovations is the Talented and Gifted classroom at N-K High School. When compete the new TAG room will be the neighbor to the new information technology office at the secondary building.

Sophomore Brandon Severson led N-K with a 3-3 performance against Nashua-Plainfield. Severson is fourth on the team with a .265 batting average with nine hits in 34 at bats. Severson also has a .419 on base percentage and an .818 fielding percentage.

Anchor Sports

2023 TIC East All-Conference Softball Teams

First Team

Lainie Bouillon	Central Springs	Sr.
Sharli Fessler	Central Springs	So.
Cooper Klaahsen	Central Springs	Sr.
Abby Pate	Central Springs	Sr.
Macy Kellar	Newman Catholic	Sr.
Liz Kruckenburg	Newman Catholic	Jr.
Emily Opstvedt	Newman Catholic	Sr.
Kenzie Groen	North Butler	Sr.
Kiya Johnson	North Butler	Sr.
Aubrey Chapman	Osage	So.
Leah Grimm	Osage	Sr.
McKinnley Hoffman	Rockford	Sr.
Aspen Falk	Saint Ansgar	Jr.
Mallory Juhl	Saint Ansgar	Sr.
Libby Trewin	West Fork	So.
JoAnna Wallace	West Fork	So.

Second Team

Lizzy Hamand	Central Springs	Sr.
Carly Ryan	Central Springs	Sr.
Ellyan Ryan	Central Springs	Jr.
Aurora Stapleton	Central Springs	Sr.
Jalynn Pratt	Nashua-Plainfield	Jr.
Emma Holm	North Butler	Sr.
Mari Fox	Osage	Sr.
Taylor Klobassa	Osage	Jr.
Sydney Muller	Osage	Sr.
Kinsey Anderson	Saint Ansgar	Jr.
Josie Juhl	Saint Ansgar	So.
Preslee Dickman	West Fork	So.
Keelee Sheriff	West Fork	Sr.

Honorable Mention

Azaria McDonough	Central Springs	So.
Paige Franzen	Nashua-Plainfield	So.
Leah Brown	Newman Catholic	So.
Brooklyn Wix	North Butler	Sr.
Jasmine Renteria	**Northwood-Kensett**	**Sr.**
Erica Gast	Osage	Fr.
Ashlynn Grady	Rockford	Jr.
Lia Halfman	Saint Ansgar	Jr.
Breckyn Dickman	West Fork	Jr.

Player of the Year – Kiya Johnson, North Butler
Coach of the Year – Tom Dunn, Newman Catholic

2023 TIC East All-Conference Baseball Teams

First Team

Tucker Franzen	Nashua-Plainfield	Jr.
Dawson Glaser	Nashua-Plainfield	So.
Bo Harrington	Nashua-Plainfield	Sr.
Eli Kalainoff	Nashua-Plainfield	Fr.
Max Burt	Newman Catholic	Sr.
Cal McGuire	Newman Catholic	So.
Gage Peterson	Newman Catholic	So.
Doug Taylor	Newman Catholic	Sr.
Carter Miller	North Butler	Jr,
Maddox Cockrum	Osage	So.
Nolan Heard	Osage	Jr.
Max Beland	Saint Ansgar	Jr.
Tate Mayer	Saint Ansgar	Sr.
Jayce Schwiesow	Saint Ansgar	So.
Drew Powers	Saint Ansgar	Jr.
Nolan Shreckengost	West Fork	So.

Second Team

Austin Shimek	Central Springs	Jr.
Wyatt Bouillon	Nashua-Plainfield	Jr.
Kendrick Huck	Nashua-Plainfield	Sr.
Andrew Fitzsimmons	Newman Catholic	Jr.
Vinny Joslin	Newman Catholic	Jr.
Kellen Kantaris	Newman Catholic	Jr.
Toby Kesten	Newman Catholic	Jr.
Owen Almelien	North Butler	Sr.
Evan Lorenzen	**Northwood-Kensett**	**So.**
Nolan Senne	**Northwood-Kensett**	**Sr.**
Drew Tusler	Osage	Sr.
Ryker Hoffman	Rockford	So.
Ryan Hackbart	Saint Ansgar	Sr.
Conner Mullenbach	Saint Ansgar	Fr.
Trevor Despenas	West Fork	So.
Edison Maske	West Fork	Jr.

Honorable Mention

Carson Grady	Central Springs	Jr.
Landon Pratt	Nashua-Plainfield	Sr.
Trev Hickey	Newman Catholic	Sr.
Brody Wangsness	North Butler	Fr.
Bowan Behne	**Northwood-Kensett**	**Fr.**
Cade Machin	Osage	Sr.
Matthew Pearson	Rockford	Jr.
Carsen Sparrow	Saint Ansgar	Jr.
Casyn Guerrero	West Fork	Sr.

Player of the Year – Max Burt, Newman Catholic
Coach of the Year – Levi Miller, Nashua-Plainfield

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Northwood Marathon Bridge Club meets

The Northwood Marathon Bridge Club held its annual end-of-the-year competition party on June 30, at the Northwood Country Club. A catered dinner was served to 14 members and two guests.

The partnership who placed first in competition was Bev Haugo and Della Arneson, second place was Ellyn and Duaine Harmon and third place was Joanne and Terry Steinmetz.

The membership voted to donate $88 to the Northwood Ambulance Service and $88 to the Lake Mills Ambulance Service.

Following the business meeting, bridge was played. Romelle Enderson placed first, Myra Harris was second and Renee Venz and Madelyn Midtgaard tied for low.

Anyone interested in joining, please contact Bev Haugo, 641-590-7320 or Della Arneson, 641-590-1644.

Wartburg College students receive diplomas

Wartburg College awarded diplomas to 267 students during Spring Commencement on Sunday, May 28.

• Hannah Bruns, of Hanlontown, graduated Cum Laude with a Bachelor of Arts in religion.

• Allegra Knudson, of Manly, graduated with a Bachelor of Arts in biochemistry and Spanish.

Ryg is a March 2023 graduate of Upper Iowa

Upper Iowa University announces Zachary Ryg of Plymouth, Iowa, graduated with a Bachelor of Science degree in Agricultural Business in March.

Bolan

While Pastor Cory was on vacation the worship services at Bolan Trinity UM Church had the message given by Deb Gage on July 2 and Jack Willrett on July 9.

On Saturday, Linda Nydegger, representing Bolan Trinity UMW, was able to attend the Wings of Refuge Birthday celebrating their 10 years of restoration in Jesus' name. The party for Wings of Refuge was held at the Taylored Expressions in Ankeny, Iowa. This organization takes in survivors of sex trafficking giving them a needed safe place to recover and start a new life. An item of interest: In 2021, Iowa received nine trafficking reports per 100k people. If only 1% of survivors are identified, then an estimated 8,600 people in Iowa are victims of human trafficking each year. 45% of the survivors that come to Wings of Refuge are from Iowa. The women who come to Wings of Refuge are referred through a local and national network of agencies and advocates such as hospitals, social services, law enforcement, and the National Trafficking Hotline. There was live music, food trucks and a program at noon which included survivor graduate testimonies, followed by worship. A variety of products were available for purchase which were made by some of the women. Afterwards Linda was able to visit Gretchen Northrup at her home in Huxley. She was one of the "Motorhome Mamas" that were on the Iowa 150 Bike Ride Across America in 1995.

Northwood Anchor

Opinion

Savvy Senior

Tips and tools for coping with vision loss

Dear Savvy Senior,

Are there any services that you recommend that can help families resolve elder parent caregiving conflicts? My 86-year-old father was recently diagnosed with early-stage Alzheimer's disease, and to make matters worse, my sister and brother and I have been perpetually arguing about how to handle his future caregiving and financial needs.

Conflicted Siblings

Dear Worried,

It's not unusual when adult children disagree with each other regarding the care of an elder parent. If you and your siblings are willing, a good possible solution is to hire an "eldercare mediator" who can help you work through your disagreements peacefully. Here's how it works.

Elder Mediation

While mediators have been used for years to help divorcing couples sort out legal and financial disagreements and avoid court battles, eldercare mediation is a relatively new and specialized service designed to help families resolve disputes that are related to aging parents or other elderly relatives.

Family disagreements over an ill or elderly parent's caregiving needs, medical care, living arrangements, driving issues, legal and financial decisions are just some of the many issues that an elder care mediator can help with. But don't confuse this with family or group therapy. Mediation is only about decision-making, not feelings and emotions.

The job of an elder mediator is to step in as a neutral third party to help ease family tensions, listen to everyone's concerns, hash out disagreements and misunderstandings, and help your family make decisions that are acceptable to everyone.

Good mediators can also assist your family in identifying experts such as estate-planners, geriatric care managers, or health care or financial professionals who can supply important information for family decision making.

Your family also needs to know that the mediation process is completely confidential and can take anywhere from a few hours to several meetings depending on the complexity of your issues. And if some family members live far away, a conference or video call can be used to bring everyone together.

If you're interested in hiring a private eldercare mediator, you can expect to pay anywhere from $100 to more than $500 per hour depending on where you live and who you choose. Or, if available in your area, you may be able to get help through a community-based nonprofit program that offers free or low-cost services by volunteer mediators.

Finding a Mediator

To locate an elder mediator in your area, start by asking for referrals from health professionals or hospital social workers or search online at The Academy of Professional Family Mediators website (apfmnet.org) or Mediate.com. Both sites have searchable directories.

Or, to search for free/low-cost community-based mediation programs in your state, see the National Association for Community Mediation website (nafcm.org). Unfortunately, not all states offer them.

There is currently no universally accepted credential or professional standard for eldercare mediators, so make sure the person you choose has extensive experience with elder issues that are similar to what your family is dealing with. Also, be sure you ask for references and check them. Most elder mediators are attorneys, social workers, counselors or other professionals who are trained in mediation and conflict resolution.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

I WROTE THIS WHILE NOT RUBBING A POTATO ON MY EYEGLASSES

Echoes from the Loafers' Club Meeting

I had a Great Uncle August. My mother talked often about his funeral.

When was his funeral?

I'm not sure what year it was, but it was the end of August.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. A country song says, "Rain makes corn, corn makes whiskey…rain is a good thing." I don't care about the whiskey, but I'm a big fan of corn. I'd like rain enough to knock us off the drought map. Pema Chodron wrote, "You are the sky. Everything else—it's just the weather." That's a lot of responsibility. I check the water level of the creek (pronounced "crick"), which was my boyhood Disneyland. It was the Le Sueur River running through the farm. It doesn't seem that long ago when I'd yell "Save some for the fish!" to a friend drinking at a water fountain. Our nature walks were taken behind the school near the monkey bars and the puker. We looked at a squirrel, a couple of house sparrows and a dandelion as we listened to a John Deere Model B tractor pop. It was wonderful.

I've learned

Self-driving cars are never distracted or busy texting.

The stars in the sky are willing to let others shine.

A kind reader suggested rubbing eyeglasses with a cut potato to prevent fogging. That may have helped Grandpa years ago with the windshield of his old car, but I'm going to pass on using it on my eyeglasses.

Cats and dogs make capable assistants to an alarm clock.

Imitation is the second-highest form of flowers.

If you are flying, be sure to take a plane.

Three ways to pick a good watermelon are: 1. A yellow spot on the rind. 2. A brown belly button where the stem had been. 3. A hollow sound (as if it's a barrel of water) when tapped.

You can't be sure the toaster isn't listening.

Every receipt looks as if it contains an error.

Nature notes

I'm hosting a float on the Pelican Breeze on Albert Lea Lake on July 30, August 27 and September 10. Please call 507-383-7273 to book a seat.

I watched robins in the yard. Two males battled at the edge of their territories. One appeared to be slightly larger than the other and won every skirmish. I reckon the burly bird gets the worm.

There were blinking bugs—shining stars descended to Earth to keep us company. Fireflies or lightning bugs are quiet fireworks that prefer warm, humid environments, which means muggy June and July days are perfect for them. Look up and down around tall grasses or bushes and areas near water. A lawn could host fireflies, an identity mark of summer that evokes wonder in those who see them.

An eastern cottontail rabbit female is capable of having seven litters a year, but it's likely to have only three, possibly four in Minnesota. Each year, about 80% of Minnesota's cottontail population dies from weather, predators and disease.

Crown vetch was planted along roadsides for erosion control and spread into prairies, forest edges and riverbanks. Its stems trail over other plants and can grow 2-6 feet long. Crown vetch has tubular white to pink to lavender flowers that bloom from May through August. Crown vetch can cover other plants and spread vegetatively over acres of land, outcompeting other plants, which reduces species diversity and habitat. As a perennial legume, crown vetch can change nitrogen levels in soils, which could make it difficult for native plants to compete. Birdsfoot trefoil was introduced to the U. S. for livestock forage and erosion control. Its yellow flowers are evident on roadsides. Foxtail barley, sometimes called squirrel-tail grass, is a common grass on roadsides. Its flowering spikes are attractive, silky and waving in the breeze.

Meeting adjourned

"The very least you can do in your life is to figure out what you hope for. And the most you can do is live inside that hope. Not admire it from a distance but live right in it, under its roof. What I want is so simple I almost can't say it: elementary kindness. Enough to eat, enough to go around. The possibility that kids might one day grow up to be neither the destroyers nor the destroyed. That's about it. Right now I'm living in that hope, running down its hallway and touching the walls on both sides." Barbara Kingsolver.

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Letters to the Editor

Deer Editor,

In April the Northwood City Council proposed an ordinance prohibiting the planting of trees in all right of ways that the City manages (typically the area between the sidewalk and the road).

At the last city council meeting, during the public comment, I proposed making an exception to the ordinance to allow the replanting of trees by residents along Highway 65. The topic will be discussed and likely brought to a vote at the next City Council meeting on Monday, July 24, at 6 p.m.

Keeping an inviting green corridor on one of our main routes through town is something I feel strongly about. When the trees were coming down the people I talked to were saying that losing the trees was just a shame. I responded that we'll be able to replant, and it will be back to good before we know it.

The City already puts a lot of effort into flower pots, flower gardens and other vegetation along main routes through town, and these trees would be an even more cost effective way to help achieve this goal.

This is where we all need your help!

It's up to us to convince the City that this initiative is what residents, business owners and even visitors want.

Your stance could be anywhere from agreeing that we need to replant, to feeling as strongly as I do. One thing is for certain, if we don't take action, we will not get results.

You can help this cause by:

Discussing this with other Northwood residents, especially city council members and local business owners. Also those they associate with to help drum-up support.

Joining me at the city council meeting on Monday, July 24, at 6 p.m. for the ultimate show of support.

Feel free to contact me with any questions or comments. Thank you.

Mike Bode
Northwood

Dear Editor

A community taskforce in Glenville is pushing to build a new school. According to their information, "Building a new school would provide: Economic growth and vitality, Improved property values, Attracts new families and businesses, Source of pride and identity for our communities."

How is a new school building going to do that – other than be a source of pride and identity for the task force, school board and administration that have proposed this project?

A new school isn't going to fulfill a "build it and they will come" dream. Lyle's enrollment has gone down 20% since they built a new school. The population of Freeborn County has gone down since 2010, which is an indication that people are not moving into the area. What's going to attract people to Glenville if they do move into Freeborn County? Albert Lea and Alden both have schools with more to offer.

A building doesn't educate children – staff within the building does. With teacher shortages nationwide, what's going to bring teachers to fill openings at G-E when the surrounding districts are ranked higher in teacher salaries? If students have to take online classes to make up for teacher shortages and classes not offered, where's the need for new classrooms?

Why is it necessary to build a building for 400 students when there are currently 213 students attending G-E? Of the 319 students who reside in the district, there are 155 open-enrolled OUT.

This group is asking all homeowners and landowners in the district to foot the bill for a $37,420,000 school building with projected interest of $30.5 million – for 25 years - to educate, in part, students who open-enroll into the district but whose families do NOT pay taxes in the district. If the school closes before 25 years have passed, homeowners and landowners will continue to pay taxes for an empty building.

Given the median age of 50 for the population in Glenville, these resident homeowners will be paying for this building until they are 75 years old and living on fixed incomes.

Regarding the Ag2School tax credit, ALL homeowners will be taxed on their home, garage and one acre. This will NOT be offset by the Ag-2School tax credit. Their taxes WILL nearly double from what they are in 2023 if this referendum passes - in an economy that is already suffering from inflated prices everywhere.

This is a BOND referendum, which if approved by voters can only be used in "bricks and mortar" projects that aren't covered by the District's General Fund. It doesn't cover OPERATING expenses. G-E is currently at the cap for their operating referendum. Where will funds come from once these aren't sufficient to cover operating costs?

Education is important. However, consider the financial impact this bond referendum is going to have on the homeowners, landowners and the elderly population in the district when there are quality schools nearby that can easily absorb the small student population of G-E.

Lynne Langfald
Emmons, Minnesota

N-K School

The Northwood-Kensett Board of Directors met in a Regular Meeting on Thursday July 13, 2023 in the Administrative Office at 7:00 P.M.

Members present: Larry Hovey, Bradley Christianson, John Anderson, Cindy Pangburn, Susan Kliment

(5-0) Approved the Agenda for July 13, 2023; June 13, 2023 Regular Meeting Minutes; Financial Reports for June; July bills for payment

Reports:

Superintendent: 1) WCDA Special Grant Funds 2) Summer Project Update 3) Tree Removal and Treatment of Ash Trees

School Board: 1) Next regular board meeting scheduled for Thursday, August 10, 2023 at 7:00 pm

New Business:

(5-0) approve Ahlers and Cooney Law Firm as the District Legal Counsel for the 2023-2024 school year

(5-0) approve Kim Hengesteg as Board Secretary and Treasurer for the district for the 2023-2024 school year-Kim was administered the oath of office by President Larry S. Hovey

(5-0) approve district depositories: NSB Bank in the amount of $12,000,000, North Iowa Advisors in the amount of $200,000 and ISJIT in the amount of $1,000,000

(5-0) approve the continuation of sharing agreements: Superintendent, Transportation Director, Curriculum Director and Social Worker

(5-0) approve the second reading of policies 901, 902.04, 903.01, 903.02, and 904.01

(5-0) approve the first reading of policies 200.4, 210.5, 401.5R1, 401.10 (renumbered to 705.02), 407.2, 501.2, 604.6, 701.2 (renumbered to 701.6) and 708

(5-0) approve the first reading of policies 104, 104.R1, 402.02, 408.01, 505.04, 507.02, 507.02E1, 507.02E2, 601.01, 603.05, 605.01R1, 605.02, 605.03, 605.03R1, 605.05, 605.07R1, 607.02, 607.02R1, 804.05 and new policies 402.05, 503.07. 503.07E1, 503.07E2, 507.02E3, 507.02E4, 605.03E5, 804.05E1

(5-0) approve the district's 2023 IASB Legislative Resolutions: #5 School Safety; #7 Mental Health; #18 Unfunded Mandates; # 19 Local Accountability and Decision-Making

(5-0) approve the End Loader from Van-Wall John Deere in the amount of $123,600.

Personnel

(5-0) approve the resignation of Clara Helgeland MS/HS Secretary effective September 30, 2023 with regrets

(5-0) approve the hire of Peyton Shoger as VAC Front Desk worker at a reate of $10.00/hour

(5-0) accept the resignation of Paige DeArmoun-Moretz as Elementary Associate

(5-0) adjourn the meeting at 7:40 pm

Northwood-Kensett Community School District
Vendor Name, Vendor Description, Amount

AGiRepair, Inc, parts.....7,980.00
AGVANTAGE FS, INC
propane.....452.03
AIRGAS USA, LLC
SUPPLIES.....258.62
All Star Pest Control
pest control.....75.00
ALLIANT ENERGY
ELECTRICITY.....18,356.77
Amazon Capital Services
SUPPLIES.....509.80
APPLE, INC.
SUPPLIES.....10,389.35
BATTON, SHANE
Lawn Care.....2,937.50
BLACKHAWK SPRINKLERS, INC., service.....345.00
BLAZEK ELECTRIC
service.....545.47
CAM Community School District
open enrollment.....3,746.01
CARQUEST AUTO PARTS
SUPPLIES.....175.10
Center for the Collaborative Classroom, curriculum....9,105.00
Central Rivers Area Education Agency, service.....1,150.00
CENTRAL SPRINGS CSD
open enrollment.....53,479.39
CITY OF NORTHWOOD
water/sewer.....265.94
CLEAR LAKE COMMUNITY SCHOOLS
open enrollment.....3,788.04
Delta Dental of Iowa
benefits.....1,678.48
DEPARTMENT OF EDUCATION
fee.....750.00
EDUCATORS BENEFIT CONSULTANTS, LLC
Flex Plan.....125.00
FEDERAL FIRE EQUIPMENT CO, INSPECTION.....2,061.00
Fidelity Security Life
benefits.....381.24
Flower Forager, supplies...105.00
FOREST CITY COMMUNITY SCHOOLS
open enrollment.....13,253.41
HOGLUND BUS COMPANY
REPAIRS.....102.19
HOUGHTON MIFFLIN HARCOURT PUBLISHING
curriculum.....69,514.73
Imagine Learning
software.....784.00
Iowa Association of Ag Educatros registration.....100.00
IOWA ASSOCIATION OF SCHOOL BOARDS
registration.....3,065.00
IOWA PUPIL TRANSPORTATION ASSOCIATION
dues.....180.00
IOWA TESTING PROGRAMS
service.....1,427.75
Iowa Water Management Company, boiler service.....215.00
JOSTENS, INC., supplies....25.20
Kelly Hardware
SUPPLIES.....1,471.45
Krampitz, Marty
supplies.....204.54
LAKE MILLS CSD
open enrollment.....30,546.71
LARSEN PLUMBING & HEATING, INC., service.....1,551.20
MANKATO CONTROL SYSTEMS, repairs.....1,672.75
MARTIN BROTHERS
supplies.....671.12
Mason City High School
open enrollment.....15,389.87
MATH LEARNING CENTER, THE, supplies.....48.00
McCloskey Appliance
appliances.....211.41
N-K ACTIVITY FUND
supplies.....5,708.23
NORTHWOOD ANCHOR
PUBLICATION.....148.05
NORTHWOOD CHIROPRACTIC PC, physical.....100.00
NORTHWOOD SANITATION
garbage.....630.00
One Source Background Check Company
background checks.....173.00
Reliance Standard Life Insurance Company, benefits.....1,154.92
SCHILLING SUPPLY COMPANY, supplies.....1,075.63
SCHOOL ADMINISTRATORS OF IOWA
registration.....1,275.00
ST. ANSGAR CSD
open enrollment.....16,629.48
TEACHING STRATEGIES, LLC
ASSESSMENTS.....1,038.60
TIMBERLINE BILLING SERVICE LLC
MEDICAID BILLING.....20.26
Trane US Inc, repairs.....2,973.62
Truck Center Companies
service.....37.20
VISA, supplies.....2,786.22
Wellmark, benefits.....80,966.67
WINNEBAGO COOPERATIVE TELECOM ASSN
phone/internet service.....671.05
WORTH COUNTY ENGINEER
diesel/gas.....3,248.75
Fund Number 10.....377,730.75
IOWA LOCAL GOVERNMENT RISK POOL
natural gas.....82,046.74
OLSON INSURANCE
insurance.....236,530.54
Fund Number 22.....318,577.28
Acumen Advisors Inc
premium.....1,574.36
Fund Number 71.....1,574.36
Central College
scholarship.....500.00
IOWA STATE UNIVERSITY
scholarship.....1,000.00
Luther College
scholarship.....1,000.00
NORTH IOWA AREA COMM. COLLEGE
scholarship.....3,500.00
UNIVERSITY OF NORTHERN IOWA, scholarship.....500.00
WARTBURG COLLEGE
scholarship.....1,000.00
Fund Number 81.....7,500.00
BMI, licensing.....270.84
Central Rivers Area Education Agency, supplies.....20.00
Clothing Care Center
dry cleaning.....171.60
D&D Sales, Inc
supplies.....1,300.00
Farmers New Ag, LLC
supplies.....1,117.20
Flagpole Solutions
supplies.....668.00
Graffix Inc - Wall of Fame
supplies.....620.00
Graphic Edge, LLC, The
supplies.....407.36
IOWA HIGH SCHOOL MUSIC ASSOC, fee.....25.00
John Deere Financial
service.....172.64
JOSTENS, INC., supplies....45.45
N-K GENERAL FUND
officials.....322.95
NASSP, fee.....385.00
NORTH IOWA AREA COMM. COLLEGE, class.....254.00
Olson, Frank, official.....120.00
Pangburn, Cindy
reimb supplies.....313.63
rSchool Today (DWC)
subscription.....300.00
Tiedemann, Tiffany
reimbursement.....249.98
TROPHIES PLUS, INC.
supplies.....426.72
VISA, service/supplies....4,283.42
WEST HANCOCK HIGH SCHOOL,, fee.....75.00
Fund Number 21.....11,548.79
JOHNSON FITNESS & WELLNESS, equipment.....7,695.00
Fund Number 33.....7,695.00
eBOARD Solutions, Inc
Software.....1,600.00
ELECTRONIC SPECIALTIES, INC, Service.....3,922.23
FLR Sanders, Service.....8,343.68
Frontline Education
Software.....14,425.56
Marco, copier lease.....1,440.52
NORTHWOOD ELECTRIC
ELECTRICAL SERVICES.....2,130.54
rSchool Today (DWC)
subscription.....900.00
TimeClock Plus
time clock system.....4,481.04
Fund Number 36.....37,243.57
Delta Dental of Iowa
Benefits.....39.18
FEDERAL FIRE EQUIPMENT CO, INSPECTION.....329.50
Fidelity Security Life
Benefits.....22.96
GOODWIN TUCKER GROUP
repairs.....580.00
IOWA STATE UNIVERSITY
Registration.....150.00
MARTIN BROTHERS
Supplies.....274.23
Reliance Standard Life Insurance Company, Benefits.....22.56
Wellmark, Benefits.....2,848.41
Fund Number 61.....4,266.84

Notice

ORDINANCE NO. 184

AN ORDINANCE AMENDING THE CODE OF ORDINANCES OF THE CITY OF NORTHWOOD, IOWA, BY AMENDING PROVISIONS PERTAINING TO FLOODPLAIN

The foregoing is a summary of Ordinance No. 184. Said ordinance may be inspected in its entirety in the City Clerk's Office, City of Northwood, 627 Central Avenue, Northwood, IA, between the hours of 8 am-4 pm Monday-Friday. Ordinance No. 184 was passed and approved by the Northwood City Council on July 10, 2023 and will become effective on July 19, 2023 date of publication as provided by law.

Amber Julseth
City Administrator/Clerk

City of Kensett

The Kensett City Council met in regular session 07/10/2023 at 7:00 P.M. at City Hall with Mayor Corey Pulju presiding. Council Members present were Woltzen, Heiken and Parker.

Absent: Bratrud & Douglas
Visitors: R. Bauer

Pulju called meeting to order.

Motion to approve updated agenda by Woltzen, 2nd by Heiken, carried unanimously.

Motion to approve minutes by Parker, 2nd by Woltzen, carried unanimously.

Maintenance discussed on issues with the Community Center A/C Units have been fixed, Central Tank came and cleaned and painted the Water Tower, Cahoy came to test Well #1 and pulled the pump/motor for analysis, and 2 samples of the Water tower readings were sent to the DNR.

Old Business: Generator Transfer Switch will be put on sometime this month.

New Business: R80 Beer license renewal, motion to approve by Parker, 2nd by Woltzen, Douglas joined in via phone, all ayes, carried unanimously with Heiken Abstaining.

Resolution #660- Transfer of Funds, motion to approve by Heiken, 2nd by Woltzen, all ayes, carried unanimously.

Resolution #661- Transfer of Funds, motion to approve by Parker, 2nd by Woltzen, all ayes, carried unanimously.

Treasurer's Report: June 2023 Revenues by Fund: General 8,936.71, Utilities 5,565.41, Special 6,316.94 Total Revenues: $20,819.06. Stands approved as read.

Motion to approve bills by Heiken, 2nd by Woltzen, carried unanimously.

Payable: Alliant Energy 2,464.80, WCTA 274.51, B. Luckason 521.13 (net), L. Luskey-Lestrud 632.71 (net) R. Bauer 1500.35 (net), K. Thompson 1330.37 (net), Federal & SS 997.09 (payroll), IPERS 781.51 (payroll), Tractor Loan Payment #53/60 321.98 (casino $-general), Visa 80.18 (supplies), R Bauer 210 (flags), AgSource 56.50 (service-sewer-testing), C. Pulju 230.87 (payroll-net), KFD 400.00 (fire protection), Kibble Equipment 24.62 (freight), Kensett Water Works 104.00 (sewer fees), Waste Management 1495.20 (garbage & recycling), The Anchor 135.94 (publications), Nelson Septic 125.00 (Portapot), League of Cities 375.00 (dues), Menards 306.72 (supplies), Viafield 210.64 (supplies), Hawkins 263.20 (supplies), Bice Electric 223.25 (repairs), Thofson Plumbing & Heating 765.28 (repairs), Blacktop Service Co 68,245.50 (road repairs), Plunketts 752.79 (pest control), Federal Fire Equip 227 (inspection), Landfill of NI 101 (trash), IA Assoc of Municipal Utilities 636.00 (dues), DNR 28.00 (annual fee), Tom Dakin 626.29 (sexton dues), Ron Parker 140.00 (mowing), Culligan 10.70 (water), Midwest Tape 99.17 (supplies), Baker & Taylor 257.98 (supplies), Arlys Bergdale 84.00 (cleaning), The Library Store 175.23 (supplies)

Disbursements by Fund: General 77,958.82, Special 1,240.39, Utilities 646.75, Payroll 5,763.16 (gross)

Total Disbursements: $85,609.12

Motion to adjourn by Parker 2nd by Heiken, carried unanimously.

Krystal Thompson, City Clerk
Corey Pulju, Mayor

City Council

The Council of the City of Northwood met in regular session at City Hall on 7/10/23 at 6 pm with Mayor Moehle presiding and the following council members present:

George-Zenz, Peterson, Nerlien, Reeder, Tenold.

Motion to approve the agenda. Unam.

Motion to approve the following under Consent Agenda: Meeting Minutes of June 26, 2023; Treasurer Report; Mayor Appointments- New Business Development/Commercial Revitalization- David Tenold, Teresa George-Zenz, David Penfold; Library Board-DeAnn Read, Sharyl Lunde; Liquor License Renewal – Our Buddies Memorial Post No 6779, Veterans of Foreign Wars of United States; Claims as follows:

Payable to: For: Amount
NSB, Monthly ACH.....$20.00
Iowa Dept of Revenue
Water Excise Tax.....$1,299.24
Iowa Dept of Revenue
Sales Tax.....$1,455.42
Wellmark BCBS
Insurance.....$290.88
Verizon, Cell Phones-tr,fd$106.66
Wellmark BCBS
Insurance.....$10,176.24
Wellmark BCBS
Insurance.....$655.20
Visa, Supplies
conference-cc,rec.....$652.00
Payroll, Wages.....$20,431.73
Payroll, Wages-pool.....$4,255.69
Payroll, Wages.....$26,669.65
Payroll, Wages-pool.....$7,544.93
Payroll, Wages-rec.....$4,800.00
Principal, Insurance.....$478.89
D & L Equipment
Snowplows.....$19,500.00
USPS, Utility Mailing-cc.$325.92
Alliant Energy
Services.....$15,901.17
Karl Ford, Truck.....$42,640.00
Badger Meter
Beacon Hosting-pw.....$47.50
C Emery Nelson. Inc.
Blower-pw.....$13,377.00
Carol Vandell
Refund-pool.....$80.00
CarQuest, Supplies-pw.....$80.87
Chamber of Commerce
City Celebration.....$5,000.00
Deborah Nagle
Refund deposit.....$25.00
Decker Sporting Goods
Supplies-rec.....$747.00
Dick's Place
Towing Services-pw.....$300.00
Double K Diesel
Repairs.....$540.00
Farmers New Ag
Supplies-pw.....$21.92
H & M Underground
Locating Services-pool $1,300.00
Hawkins, Supplies-pool $1,279.03
Heartland Asphalt
Cold Mix.....$1,192.72
Huber Supply Co.
Cylinder Supplies.....$49.50
IA DNR
Annual Water Supply Fee.....$227.98
Iowa League of Cities
Membership Dues.....$1,591.00
Iowa Lot Striping, LLC
Repaint Streets.....$2,560.00
Iowa One Call
Services-pw.....$31.70
John Deere Financial
Freight, Testing-pw.....$139.93
John Greve
Legal Services.....$500.00
Kelly Hardware,
Supplies.....$1,581.51
Kevin Springer
Repairs-pool.....$4,907.00
Knudtson Automotive
Repairs-pw.....$45.53
Kndtson Oil Co
Fuel-pw,tr.....$4,012.35
Krista Johnson
Refund-pool.....$80.00
Larsen Plumbing & Heating
Pool Repairs.....$1,179.76
Logan Butler
Certification, Testing-pw.....$289.54
MacKenzie Dorsey
Refund-cc.....$75.00
Marco, Services-cc.....$564.68
Micro Labs, Inc.
Testing.....$893.75
Nelson Septic Service
Services-park.....$400.00
Northern Lights Dist.
Supplies-pool.....$2,324.25
Northwood Anchor
Publications.....$179.86
Northwood Sanitation
Garbage Services.....$7,696.00
Northwood Senior Center
Monthly Donation.....$800.00
Northwood Waterworks
Water Dep. Transfer.....$150.00
Olson Insurance
Aviation Policy.....$1,846.00
Pepsi Cola, Supplies-pool.$690.54
Professional Solutions
Credit Card fee-cc.....$89.99
Proline Dist, Supplies-pw..$14.29
Quality Flow
Services-pw.....$1,600.00
Quality Pump & Control
Services-pw.....$2,809.56
River City Fence
Repairs-pool.....$200.00
Sarah Gehring
Refund-pool.....$80.00
Taylor Construction
Building Repairs-pd....$3,400.00
Thofson Plumbing & Heating
Building Repairs-pd....$2,181.23
Trading Post
Supplies-pw.....$14.99
Umpires, Services-rec.....$945.00
Val Abrams, Refund-pool.....$8.00
Viafield, Supplies-pw.....$244.40
Vince Nieman
Building Repairs-pd....$3,475.00
WCTA, Phone/Internet....$738.53
Wade Flattum
Certification expense-pw.....$124.54
Winnebago Co. Public Health
Inspection-pool.....$418.00
Worth Co. Sheriff's Office
28E Law Enforcement.....$32,105.83
Worth Lumber Co.
Supplies-pw.....$4.16
Worth Lumber Co.
Supplies-pd.....$1,280.81
Ziegler, Services-pw.....$1,460.92
Library:
Alliant Energy, Utilities..$277.19
Visa, Supplies, program...$679.79
Baker & Taylor
Materials.....$662.39
Center Point, Materials.....$26.62
Larson Plumbing
Library.....$133.20

Summary of June 2023 receipts by fund type: General - $69,849.69; Special Revenue-$59,259.47; Debt Service - $228,320.37; Capital Projects-$2,606.71; Enterprise-$92,878.10; Trust & Agency - $385.61.

Summary of June 2023 disbursements by fund type: General - $289,225.81; Special Revenue-$26,518.49; Debt Service-$423,980.00; Capital Projects-$0; Enterprise- $307,201.34; Trust & Agency- $209.97.

Roll was called and the following voted Aye: George-Zenz, Peterson, Nerlien, Reeder, Tenold.

The council heard from a citizen asking for trees to be allowed to be planted in the city berm along 8th St. N. The topic will be placed on the next agenda.

Following the public hearing, there was a motion to approve Resolution No. 2307-13 Award Asphalt Overlay Street Improvement Project to Ulland Brothers, Inc. for $307,616.80. Unam.

Following the public hearing, there was a motion to Accept Plea Agreement & Issue Civil Penalty Tobacco 2nd Violation to Northwood Tobacco for $1,500.00. Unam.

Following the public hearing, there was a motion to Accept Plea Agreement & Issue Civil Penalty Tobacco 1st Violation to Fallgatter's Market Place for $300.00. Aye: George-Zenz, Peterson, Reeder, Tenold. Nay: Nerlien. Motion passed.

There was a to introduce and approve the first reading of Ordinance No. 184 Amending Provisions Pertaining to Floodplain. Unam

There was a motion to waive the second and third readings of Ordinance No. 184 Amending Provisions Pertaining to Floodplain. Unam.

There was a motion to adopt Ordinance No. 184 Amending Provisions Pertaining to Floodplain. Unam.

There was a motion to approve Steve Hanson Development Agreement -Community Catalyst and Building Remediation Grant. Unam.

There was a motion to adjourn. Unam.

Doug Moehle, Mayor
Amber Julseth,
City Administrator/Clerk

Supervisors

July 10, 2023
Twenty-seventh Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby and Enos Loberg present. A.J. Stone absent. All members voting "AYE" unless noted.

Loberg led the Pledge of Allegiance and then called the meeting to order.

Motion Smeby/Second Loberg to approve today's agenda and minutes from the June 26, 2023 meeting. Motion carried.

Motion Smeby/Second Loberg to approve drainage claims in the amount of $63,141.90 as per the following schedule. Motion carried.

A1 Excavating & Drainage Inc, DD 6/Lat 9, Repairs.....$52,000.00

Popp Farm Drainage, DD 19/Lat 1, Repairs.....$506.90

Rognes Bros Excavating Inc, DD 38/Lat 2, Repairs.....$850.00

Edgar Drainage & Excavating, DD 45, Repairs....$870.00

Rognes Bros Excavating Inc, DD 46 Main, Repairs.....$3,880.00

Rognes Bros Excavating Inc, DD 46/L16, Repairs.....$5,035.00

Grand Total.....$63,141.90

Motion Smeby/Second Loberg to approve claims in the amount of $1,209,618.30 as per the following schedule. Motion carried.

Alliant Energy
Service-Gsr.....2,641.75
Aramark, Service-Eng.324.98
At&T Mobility
Service-Shf.....1,590.99
Austin Office Products
Supplies-Shf.....21.41
Bcn Telecom
Service-Gsr.....103.95
Black Hills Energy Inc
Service-Eng.....81.49
Bmc Aggregates Llc
Rock-Eng.....196,644.38
Brian Lund, Reserve-Shf.1.00
Brian M Kuchay, Md
Ems Contract.....100.00
Brian Wallin
Safety-Eng.....150.00
C J Cooper & Associates Inc
Service-Eng.....45.00
Callie Flattum
Mileage-Trs.....30.13
Central Ia Tourism Region
Dues-Ndp.....400.00
City Of Fertile
Rutf-Eng.....2,228.38
City Of Grafton
Rutf-Eng.....1,327.85
City Of Hanlontown
Rutf-Eng.....578.76
City Of Joice
Rutf-Eng.....1,565.76
City Of Kensett
Rutf-Eng.....769.73
City Of Manly
Service-Eng.....61.21
City Of Northwood
Service-Gsr.....516.73
Colton Kisner
Reimb-Eng.....219.86
Electric Pump Inc
Service-Wwt.....2,500.00
Eliot Inc.
Supplies-Eng.....1,125.00
Falkstone Llc
Rock-Eng.....301,993.39
Forest City Veterinary Clinic, Llc, Service-Shf.....115.00
Freeborn County Coop Oil
Fuel-Eng.....24,655.38
Galls, Llc, Supplies-Shf289.49
Greve Law Office
Rent & Payroll-Aty.6,865.50
Grp & Associates Inc
Service-Phd.....36.00
Hovey's Lawn & Garden
Service-Con.....2,275.00
Huber Supply Co Inc
Supplies-Eng.....283.00
Ia County Atty's Assoc
Edu-Aty.....370.00
Ia Dept Of Natural Resources
Fees-Wat.....473.62
Ia Law Enforcement Academy
Edu-Shf.....1,625.00
Ia Prison Industries
Supplies-Shf.....492.14
Icap, Service-Ins....178,105.00
Idda, Dues-Drng.....6,375.00
Imwca
Wk Comp Prem-Ins17,935.00
Ipac, Fy24 Fee-Aud...3,719.60
Isac, Dues-Org.....6,550.00
Iwwa, Dues-San.....75.00
J&L Autobody And Customs Llc, Service-Shf.....278.85
Jacki Backhaus
Reimb-Aud.....650.44
John Coyle
Safety-Eng.....149.15
Justin Bruns
Reserve-Shf.....1.00
Kelly Hardware
Supplies-Tra.....13.99
Knudtson Automotive Service
Service-Shf.....2,490.22
Kristopher Herns
Reserve-Shf.....1.00
L R Falk Const Co
Rock-Eng.....38,424.14
Lawson Products Inc
Supplies-Eng.....359.16
Lexisnexis
Service-Aty.....183.00
Mail Services Llc
Supplies-Trs.....386.48
Marco Technologies Llc
Service-Dap.....88.88
Marsh Painting
Service-Shf.....276.39
Medline Industries Inc.
Supplies-Phd.....514.42
Midwest Pipe Supply Inc
Supplies-Eng.....4,050.00
Murphy Tractor & Equipment
Equip-Eng.....267,151.00
Nassco Inc.
Supplies-Gsr.....457.44
Nelson Family Trust
Rent-Shf.....300.00
Niacog, Service-Tra.....644.67
Northwood Anchor Inc
Renewal-Phd.....72.00
Northwood Dental Associates
Service-Shf.....116.00
Northwood Sanitation Llc
Service-Gsr.....211.50
Peopleservice Inc
Service-San.....2,574.00
Performance Food Service
Supplies-Shf.....914.93
Pinnacle Quality Insight
Service-Phd.....174.50
Plunkett's Pest Control Inc
Service-Shf.....57.87
Powerplan
Service-Eng.....999.16
Safety Solutions
Service-Eng.....500.00
Sarah Douty
Mileage-Phd.....206.39
Schneider Geospatial, Llc
Service-Dap.....10,908.00
Seat Treasurer
Edu-Aud.....250.00
Stephanie Hengesteg
Mileage-Trs.....30.13
The Sidwell Company
Service-Dap.....3,456.79
Trading Post
Supplies-Eng.....748.84
Tyler Technologies Inc
Service-Dap.....44,888.29
Vanguard Appraisals Inc
Service-Asr.....13,100.00
Wex Bank
Service-Tra.....2,701.16
Whks & Co
Service-Eng.....12,970.00
Winnebago Coop Telephone Assn, Service-Gsr.....3,539.05
Worth Co Emergency Mgmt
1st Qtr Pymt-Dis/Ema.....20,919.75
Worth County Engineer
Fuel-Shf.....8,352.12
Worth Lumber Co
Supplies-911.....149.17
Wyatt Quam
Reserve-Shf.....1.00
Visa, Service-Eng.....95.94
.....1,209,618.30

Motion Smeby/Second Loberg to approve the sheriff's monthly and quarterly reports. Motion carried.

Motion Smeby/Second Loberg to approve payroll eligibility verification for Kimberly Bode as amended from June 19, 2023 to $45,760/year and salary change for John Coyle to 26.98/hour as submitted by the engineer. Motion carried.

Motion Smeby/Second Loberg to approve the Five Day Class C Retail Alcohol Licenses for the Stock Tank LLC starting July 22 & August 5 and the Class C Retail Alcohol License for Mary Wise d/b/a Lanterns and Lace. Motion carried.

Motion Smeby/Second Loberg to approve $14.87 as the court house hourly rate effective 07/01/2023. Motion carried.

Motion Smeby/Second Loberg to approve the FY24 ICAP Insurance renewal. Motion carried.

Motion Smeby/Second Loberg to approve Contract #2024.33 between Worth County and Central Iowa Tourism Region. Motion carried.

Chairperson Loberg recessed the regular session.

Motion Smeby/Second Loberg to open Bid Letting Hearing – Kensett 26 & Lincoln 42 Structure Replacements at 8:45 A.M. Motion carried. Rich Brumm, engineer gave an update on the bids received. There was no public comment.

Motion Smeby/Second Loberg to close the Bid Letting Hearing at 8:47 A.M. Motion carried.

Chairperson Loberg reconvened the regular session.

Motion Smeby/Second Loberg to approve Resolution 2023-27 Approval of the Construction of Precast Culvert Replacements of Kensett 26 and Lincoln 42. Roll call: Smeby – Aye; Loberg – Aye. Motion carried. (Full text of resolution available in auditor's office).

Motion Smeby/Second Loberg to adjourn at 9:05 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
91 9th St. S., Northwood, IA
Office 641-324-9844 Fax 641-324-9844

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

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Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.
641-324-1340

Northwood Dental
DAVID PENFOLD, DDS
Mon. 8 a.m. - 5 p.m., Tues. 7 a.m. - 4 p.m.
Wed. 8 a.m. - 5 p.m., Thurs. 7 a.m. - 1 p.m.
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61" Fab Deck, 35HP Kawasaki, Zt-5400 Trans, High/Low 19MPH, Electric deck lift, front suspension



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42" Deck, 18hp Kohler



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$9,399

New Altoz XE 610 SS
61" Fab Deck, 24HP Kawasaki, ZT-3200 Hydro Gear, 9MPH

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