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The Northwood Anchor

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A bird's eye view

This national mascot, a still rare sight in North Iowa, was spotted by an intrepid photographer on a drive home recently. Jordan Smalley stopped to take this picture of an attentive bird of prey recently. The picture was taken by Smalley as she drover underneath the eagle's perching spot on power lines east of Northwood.

N-K sets stricter limits on cell use in school

The start of the new school year at Northwood-Kensett saw a change in school policy that limits the use of cell phones during the school day.

As discussed by middle/high school principal Keith Fritz in the September issue of the Viking Dispatch, found on the school's website at nkvikings.com, the school has decided to increase limits on student cell phone use during the school day, citing the distractions and impacts on learning, but predominantly because of the negative impacts on their mental wellbeing.

According to Fritz, cell phone use has a negative impact on face-to-face interactions. Since the development of the front-facing cameras on cell phones, Fritz said that the time average young people spends with each other in-person has dropped from two hours per day to 45 minutes per day.

But, the more negative impacts of cell phones come with the use of social media among teens and pre-teens.

Fritz's information shared in the dispatch said that 50% of girls report being "addicted" to TikTok, an app that shows short video clips. The TikTok and Instagram (photo and video sharing) use interrupts the sleep of 25% of girls. According to the informa-

N-K, See Page 2

Enrollment up 22 with start of school year

With the new school year underway, Northwood-Kensett found itself with more students in classrooms after the first weeks.

Based on the unofficial count taken recently there were 533 students in N-K classrooms, compared to 511 at the start of the school year in 2022. That was an increase of 22 students, or 4.31%.

At the start of the school year there were 250 students at the N-K Elementary, which includes grades K-5. That was up six from 244 in early September 2022.

At the elementary, class sizes changed by a few students up or down as they moved up in grade level. Last year's kindergarten class was down one as they became first graders, this year's second grade class was up two, the third grade remained the same, the fourth grade was up one and the fifth grade was down two. The increase in the elementary student population came as a small-

Enrollment, See Page 2

Briefs

Lions blood drive set for tomorrow

The Northwood Lions Club will be holding their last blood drive of 2023, tomorrow, Thursday, September 14, between the hours of 1:30 and 5:30 pm.

The drive will be held at the Worth County Fairgrounds in the Community Room.

The need for blood continues to grow with all of the nation's natural disasters. All that are able are encouraged to participate.

Although we all have busy schedules, remember that the greatest gift you can give to fellow citizens in need, is a pint of blood.

It takes approximately one hour to save as many as three people.

Nearly 100% of the blood products needed by local and surrounding rural hospitals comes from LifeServe blood donors.

Supervisors workshop discussion includes ambulance funding possibilities

At their recent workshop, the Worth County supervisors discussed pandemic relief funds and potential ways to financially support ambulance service in the county.

In a work session held on September 6, the Worth County supervisors took a look at remaining pandemic relief funding and discussed potential uses.

Worth County, like other local governments throughout the country, was given access to funds that could be used for a variety of purposes as a part of the American Rescue Plan (ARP).

The County has roughly $345,000 in funds that haven't been committed to other uses or projects.

Uses for the funds have to be determined by the end of 2024, and the money must be used by the end of 2026.

Additional sources of funds totaling $100,000 are also available through another federal funding source, the Local Assistance and Tribal Consistency (LATC) fund.

A few potential uses for the funds were discussed at the workshop. That included culvert repairs and replacement, courthouse repairs and ambulance funding support.

The latter of those has been a focus of discussion since the county ambulance vote failed in November 2022 and the existing providers at the time came to the County with funding requests.

Since then, the requests have been updated and a new local service has begun

Supervisors, See Page 2

STEM opportunities available at N-K for new school year



A number of experiments, designs and engineering activities are available this year at N-K, thanks to a couple of STEM (science, technology, engineering and math) resources.

Earlier this year Talented and Gifted teacher Jordan Smalley took part in training with the new student resources.

One of those is a "TeacherGeek STEM cart." The cart is a rolling set of shelves, filled with compartments that contain more than 40 STEM projects and experiments. Each features an activity that gives a hands on lesson in the elements of STEM. On the sides of the cart hang STEM tools that can be used in the cart's projects.

The projects challenge students in engineering, building, experimenting and redesigning as they understand the STEM principles involved.

One of the STEM designs that has

STEM, See Page 2



The Week's WEATHER

From National Weather Service Data

Date	Hi	Lo	Prec.
Tues. Sept. 5	96	68	
Wed. Sept. 6	96	62	
Thurs. Sept. 7	66	53	
Fri. Sept. 8	83	49	
Sat. Sept. 9	79	52	
Sun. Sept. 10	82	52	
Mon. Sept. 11	69	55	0.02

Seemuth retires after 31 years of service on public health board

For more than three decades, Dr. Stephanie Seemuth has been a source of medical expertise for Worth County's public health board, as well as a leader and representative for the state during national events and crises.

Seemuth's service on the board began in January 1992. She served for more than 31 years, until her retirement was officially approved earlier this month.

Seemuth came to Worth County in 1977 when she chose Northwood from the several towns that were offering help with medical school costs to become their town doctor. She repaid the investment, and then some, over the years as a part of the community.

When Seemuth started, women serving as doctors was still relatively rare.

"When I started in an accelerated training program, there were 175 students taking part. There were eight women. Fortunately there wasn't any harassment or any trouble. Everyone was mature and focused on learning."

And that learning has been a big part of why Seemuth has remained in the medical field all her life.

"The knowledge has always been the best part of

Seemuth, See Page 9



Retiring Worth County Public Health board membrer Stephanie Seemuth is pictured as longtime board member Denny Bart presents her with a plaque recognizing her service to community health.

City/school candidate filing ends next week

The deadline for candidates to file for city and school board seats in the upcoming election is next Thursday, September 21.

City positions up for election in Worth County include the mayor and two city council positions in Fertile, Hanlontown and Manly; the mayor and all council positions in Grafton; the mayor and three council positions in Joice; and three council positions in Kensett and Northwood.

School board positions

Candidate, See Page 2

Lading Vikings score first win of the season — See Sports Page 14

N-K
Cont. from Page 1

tion from Common Sense Media 50% of girls using SnapChat (another short video service) and Instagram report being contacted by a stranger who makes them feel uncomfortable.

With those negative impacts, as well as distractions and other negative impacts of cell phone use in school, N-K placed new rules in place for cell phone use during the school day.

At the Middle School, grades 6-8, students can only use their cell phones when they are at lunch.

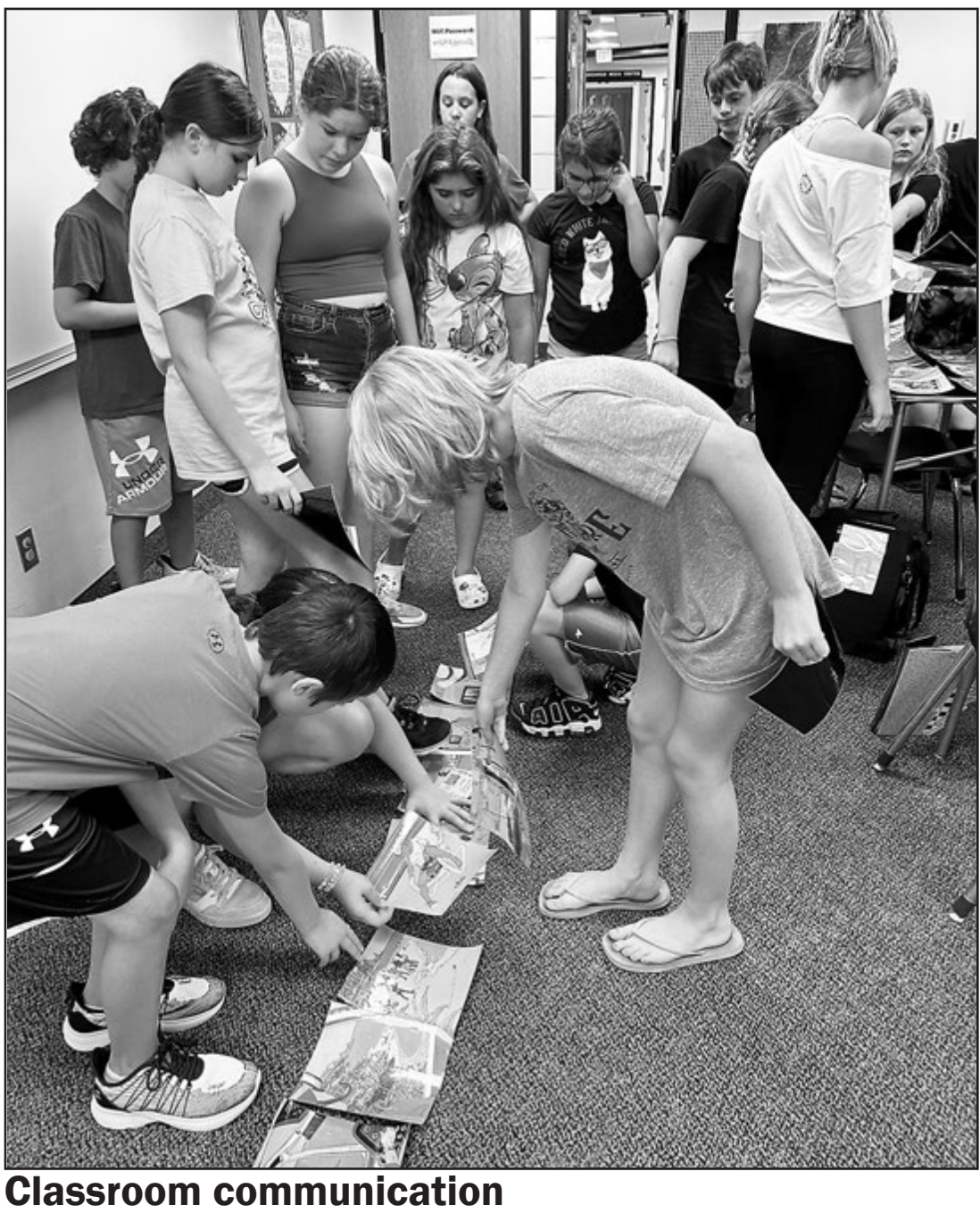
At the High School, grades 9-12, students can't using their cell phones during class time.

In the information shared in the Viking Dispatch, Fritz also shared recommendations for the use of cell phones and social media.

First was a recommendation that all devices should be out of the bedroom at a fixed time every night. Fritz noted that includes video game consoles, smart watches and any device that could allow them to access the internet.

Fritz also recommended that young people should not be allowed to use social media until they are in high school. Fritz said that the potential negative impacts of the "nastiness" found on the internet and the potential bullying on social media are greater the younger students begin using social media.

The third recommendation from Fritz was to establish a budget for time using screens, such as cell phones and tablets. This sets healthy habits and boundaries and limits on when devices can and should be used.



Classroom communication

Students in the sixth grade guidance class at Northwood-Kensett recently practiced their communication skills. Pictured above is an activity where they had to arrange pictures while remaining silent and calm.

Enrollment
Cont. from Page 1

er fifth grade class moved on to the secondary campus.

At the middle/high school, the number of students was up 16, with several grades adding students and a smaller senior class graduating at the end of the previous school year. The middle/high school student population increased from 267 at the start of the school year in 2022 to 283 to start this school year.

Five grades added students to start the school year. That included this year's sixth graders with three more students; eighth grade, up five; ninth grade, up 3; 10th grade, up 6; and this year's senior class, up 3. This year's seventh grade class remained the same and he junior class was down three students.

As far as the district's preschool is concerned, in its 11th year, the number of students enrolled is also up 22, to 89, from the previous school year.

The number of four year olds in the district's preschool, those that could make up next year's kindergarten class, is down 4, to 45, from the number of four year olds in the district's preschool at this time last year.

Meanwhile, the number of three year old preschoolers, those that could be kindergarten students in two years, is up 18, to 44.

As always, early counts are good indicators of the size of the student body taking classes at N-K, but may not accurately reflect the increase or decrease seen when it comes time to make enrollment figures official.

Certified enrollment numbers will be taken in October. Those official figures include students enrolled at N-K, as well as those enrolled in and out of the district, which are not reflected in the numbers above. Some preschool students are also included in the certified enrollment numbers, those that are 4 years old, though the district receives a partial credit for each preschool student.

The Iowa Department of Education uses the official count to determine the amount of money the school district can spend in the coming school year.

Last year's certified enrollment was 511 students, which includes all the students living in the district, including some that are enrolled in other schools.

At the same time, according to the official enrollment numbers taken last October, there were 520 students actually in classes at N-K by October, which includes all students coming into the district for their education.

Following is a grade-by-grade breakdown of opening school year enrollment numbers for the past two years:

Grade	23-24	22-23
PK 3	44	26
PK 4	45	49
	89	67
K	41	42
1	41	45
2	47	41
3	41	36
4	37	45
5	43	35
	250	244
6	38	40
7	40	33
8	38	32
9	35	40
10	46	44
11	41	42
12	45	36
Sec.	283	267
Total PK-12		511

STEM
Cont. from Page 1

taken place this year was the creation of a "Wiggle Bot." Students used engineering and science to create a machine that wiggles, and combined with markers, showed the results with an artistic flair.

Another STEM project available this year is the Discover Drones project. A grant provided for Mrs. Smalley's training in this project as well.

The project provides kits, resources and technology for students in grades 7-12 to be able to design, assemble and operate the small flying devices.

Students learn about safety regulations and procedures for UAVs (unmanned aerial vehicles), as well as the engineering design and science involved in drones and flying them.

The drone project will begin later this year, starting with learning about the drones and ending with flying lessons and experience.

Candidate
Cont. from Page 1

up for election include one at large seat and those representing District 1, North B and District 2, South B in the Central Springs school district. Three seats on the Northwood-Kensett school board will be up for election.

Those that would like to appear on ballots for any of those open positions can now file forms, which should be filed with city clerks or school board secretaries. Candidate nomination papers must be filed by next Thursday, September 21, at 5 p.m.

The voter pre-registration deadline is Monday, October 23. The County Auditor must receive all registration forms no later than 5 p.m. unless postmarked on or before Monday, October 23.

Voters may request an absentee ballot at the Auditor's Office at any time. If the ballots are not at the office at the time of request, they will be mailed to the voter as soon as they are available.

Absentee voting begins on Wednesday, October 18.

The deadline to request an absentee ballot to be mailed is 5 p.m. on Monday, October 23.

Voters may request and vote ballots at the Auditor's Office until 4 p.m. on Monday, November 6.

Polls will be open on election day, Tuesday, November 7, from 7 a.m. to 8 p.m.

More information, including sample ballots, links to candidate information and more can be found at the Auditor's Election Website at elections.worthcountyiowa.gov or by contacting the Auditor's Office at 641-324-2316.

Supervisors
Cont. from Page 1

operations.

The most recent requests include $500 per call, whether transported or not, from the Mason City Fire Department; $400 per call from the Forest City Ambulance Service for its rapid paramedic response; and no request for funding from the Northwood Volunteer Fire Company, which began operating at the end of June this year.

As discussion of the MCFD and FCAS requests has continued, the supervisors have looked at the possibility of dedicating pandemic relief dollars until townships and cities could find ways to pay for ongoing ambulance coverage.

For the supervisors, however, the question of how to the do that had remained. Several options were discussed at the work session.

Supervisor chair Enos Loberg noted that technically, the County is not required to fund ambulance service, that being a responsibility of the cities and townships in the county, and their councils and trustees.

However, Loberg said that it didn't feel right to leave them hanging after the County had been the decision making body before financial requests became a part of the conversation.

Loberg offered two potential approaches for how to spread available pandemic relief funds countywide.

One would be to provide a set amount based on population. Based on that calculation, the NVFC would receive 49% of the ARPA funds the supervisors alot for ambulance funding. The MCFD would receive 30% and Winnebago County ambulances would receive 21%.

However, Loberg noted that basing amounts on population does not account for the ambulance response at the casino and surrounding area, which makes up a portion of the NVFC annual calls.

Based on the previous two years of emergency calls, 59% in the county went to the area that is now being covered by the NVFC, with 15% of that amount going to the casino. The area that is being covered by the MCFD had 25% of the ambulance calls. Winnebago County services answered 16% of the county's ambulance calls in the area that would remain theirs.

Loberg suggested that it would be more fair to base the County's funding support on the number of calls, with a set amount of support per call from the County.

Loberg suggested two possibilities. Based on the previous years' call volume, $500 per call would mean $307,000 from the pandemic relief funds. At $400 per call, the cost would be $245,600.

Providing either amount would allow the townships and cities facing ambulance payments to find ways to cover those costs.

For the eastern portion of Danville and Lincoln and Union townships and the cities of Manly and Grafton, $500 would cover requests from the MCFD. That would help, but the area would still face challenges with township and city levies at or near max levels for EMS needs. The possibility of forming an EMS district could bring in an additional $1 per $1,000 of property taxing authority, but that may not cover the ambulance costs.

At $400, the townships of Silver Lake, Bristol, Fertile and the western portion of Danville and the cities of Fertile, Hanlontown and Joice would have the request from the FCAS covered as they look at increasing township levies and available city funds.

While no funds have been requested by the NVFC, they have only been in operation for less than three months. Additional county funds could provide for any unforeseen costs or expenses or alleviate some donation pressure as the new ambulance service continues.

At the work session, Loberg also suggested that the County should look at options for dedicating a portion of casino funding towards EMS services in the County. He noted the challenge faced by townships that are relying on the Mason City Fire Department ambulance, where some township levies are already at the maximum.

There was discussion that the Iowa legislature had looked at devoting sports betting funding towards that purpose, but that it had failed. The hope would be that the county could put casino funds towards EMS until the Legislature helped direct betting dollars towards ambulance care.

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Clover Kids offers fun, learning and a preview of 4-H opportunities

Through the Clover Kids program, younger children in Worth County are provided a number of opportunities that educate, entertain and connect them with their community.

Clover Kids is offered through Worth County Extension, with many activities that are similar in approach to what is offered through the 4-H program.

The Clover Kids is for students in kindergarten through the third grade, and uses curriculum developed by ISU Extension and Outreach.

The Clover Kids are invited to take part in workshops, educational activities, day camps and other events.

During the school year there are monthly opportunities to take part in Clover Kids programs, with meetings held in three different locations in Worth County this year.

There is a monthly afterschool program held for Northwood-Kensett young people. There is a limit of 15 for the N-K program. Registration for the monthly program opens on the first of each month and is available first come, first serve.

Other programs and meetings are also held in Kensett and Grafton on one Saturday in most months throughout the school year, with a few exceptions for holidays and busy times of the year at the Extension office.

In the past year Clover Kids has included taking part in a contest to create artwork of Smokey the Bear as they learned about fire safety.

Pat Rothove helped the Clover Kids make and ride stick horses, as well as learning to lasso and other equestrian activities.

The K-1st grade Clover Kids made Valentine's gift bags in February and delivered them in person, sharing the gifts and smiles with Lutheran Retirement Home residents.

Another activity in the past had them meet Northwood-Kensett teacher Mike Reindl, who talked to them about his service in the military and being a veteran, as they made greetings for those who have served for Veterans Day.

One day camp over the summer took them to the Rockford Fossil and Prairie Center, where Extension partnered with Floyd County Conservation for tours of the park.

The Clover Kids were also active at this year's Worth County Fair. They were invited to show younger animals at the livestock shows and took part in the pet show.

They also held a day of Clover Kids activities, visiting the Kiddie Barn for a session of Meet the Farmer, having lunch and learning about what is available at the fair.

The 4-H Exhibit building also included a section for Clover Kids. Of the 85 young people that had taken part over the previous school year, all but 4 entered a project at the fair.

Besides entertaining and educating the youngsters, one of the goals of the Clover Kids program is to help show them the kind of fun and opportunities that await them if they sign up for 4-H as fourth graders.

Clover Kids, like 4-H, isn't possible without the support of volunteers. And the local Extension is always looking for more people that have some time to support the program and have an impact on the lives of the children that take part.

There is training available and the young people and organizers make it clear how much volunteers are appreciated.

Clover Kids coordinator Lacey Waller also said they've always benefitted from community support. That includes those that provide time and resources.

It also includes those like Dennis and Ramona Schipull, who recommended the Clover Kids for a grant from Thrivent Financial's community support program. That funding has made it possible for the Extension office to offer Clover Kids activities at no cost to the kids.

Like the Clover Kids, those that volunteers also learn about the rewards of supporting the young people in their lives and often continue as volunteers for 4-H clubs, events and activities.

Those interested in volunteering are invited to contact Waller at the Worth County Extension office at 641-324-1531 or by email at ljwaller@iastate.edu.

Waller is also available to answer any questions about Clover Kids for parents that would like to have their young people take part.

Those interested must register online before they can take part in Clover Kids events. That takes place through the 4-H Online website at v2.4honline.com/@/user/sign-in.

There are no costs or fees to take part in Clover Kids, and it is free to sign up.

Once enrolled online, families will be contacted with instructions on how to register for future programs.













4-H Fire-Up 2023

Sunday, September 17 • 5-6 p.m.

at the Worth County Fairgrounds Shelter House

Free Snacks & 4-H Exhibits

For more information contact
Dennis Johnson • 641-390-0795 • djohn@iastate.edu
Lacey Waller • ljwaller@iastate.edu or
call the Worth County Extension Office 641-324-1531

Learn what 4-H is about and how YOU can join!



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my HANDS to larger service, and
my HEALTH to better living, for
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Northwood Anchor

Northwood

Hogen hosts guests on Sept. 10

Sunday guests in the Lois Hogen home were Mr. and Mrs. Gene Ostmo, Mason City, Iowa, and Kevin and Steven Ostmo, Tulsa, Oklahoma.

Horning named to SNHU President's List

Daniel Horning of Northwood has been named to Southern New Hampshire University's (SNHU) Summer 2023 President's List. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Worth County Historical Society meets September 19

The Worth County Historical Society Annual Meeting will be held this Tuesday, September 19, at the Worth County Fairgrounds Community Room with the meal starting at 6 p.m.

The guest speaker will be Dave Holstad showing a power point presentation on Worth County Historical Sites designed by the Sesquicentennial committee and Historical Society in 1996.

Reservations can be made by calling 641-324-1180 or email wchsiowa@gmail.com.

Worth County 4-H record books due on Friday, September 29

Worth County 4-H members are asked to submit their 4-H Record Books into the Worth County Extension Office at 1206 Third Avenue North in Northwood at the Worth County Fairgrounds by Friday, September 29, at 4 p.m.

Those wanting assistance in getting their book completed or wanting more information about 4-H record books may call the Worth County Extension Office at 641-324-1531 in Northwood.

Top honors awarded at Iowa State Fair Yorkshire Show

Animals are divided according to farrowing date based on the other animals tion at the 2023 Iowa State Fair.

Results for the Gilts, Class 2 included second place Chris- Caysen- Ayden W. Chodur of Northwood.

Iowa farms sweep spotted swine show at Iowa State Fair

At the Spotted Swine show judged at the 2023 Iowa State Fair animals are divided according to farrowing date based on the other animals entered in the competition.

Results for Gilts, Class 3 are ninth place Chris- Caysen- Ayden W. Chodur, of Northwood.



Worth County 4-H'ers perform in Share N' The Fun at Iowa State Fair

Worth County 4-H members representing the Deer Creek Wahelos 4-H Club, Golden Banner 4-H Club and the Worth County 4-H Council performed on stage during the Iowa State Fair 4-H Share N' The Fun performances. The 4-H Club leaders include Gina Solberg, Anneke Urbatsch, Michelle Hill, Jean Schilling and Justin Kruger.



Team members include (from left) Layla Scarlett, Owen Binnebose, Lloyd Heggestad, Adylyn Petersen and coach Dennis Johnson, Worth County Extension Education Specialist.

Worth County 4-H Livestock Judging Team successful at the Iowa State Fair

The Worth County 4-H Livestock Judging Team competed at the Iowa State Fair on Saturday, August 26, on the ISU College campus in Ames and finished as Reserve Champions overall out of 32 teams in the beef division.

Adylyn Petersen finished in fifth place overall out of 97 4-H individual contestants as well as being named Reserve Champion Judge in the livestock questions category and placing third overall in the 4-H swine judging division.

Lloyd Heggestad was also named the Reserve Champion Judge overall out of 97 contestants in the 4-H beef judging division.

Kensett Public Library

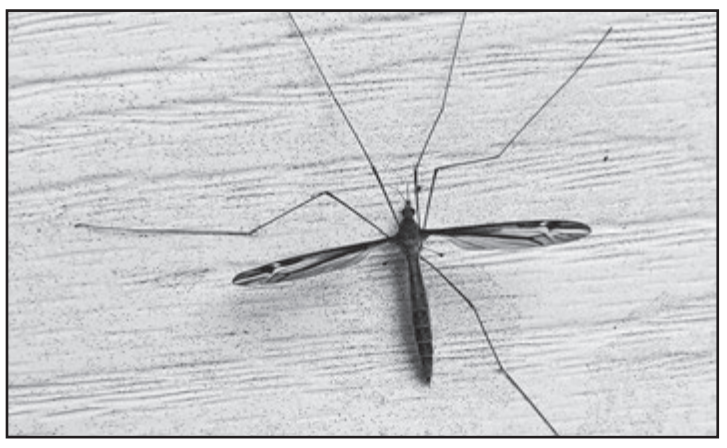
By Lisa Luskey-Lestrud
Library Director

Greetings from the Kensett Public Library. We have some fun things coming up in September. We will be having a "fall," themed story time on Saturday, September 16, from 10 to 11:30 a.m. We will read a couple stories and make a craft and enjoy a yummy snack.

On Thursday, September 28, we will have an open house to celebrate, "National Good Neighbor Day," from 4 to 6 p.m. Come and enjoy a fun get together. We will have activities for adults and children, a meet and greet, snacks and prizes.

We will have another story time on Saturday, September 30, from 10 to 11:30 a.m. We will read a couple stories, do a craft and enjoy a snack.

We also appreciate the Vada Myli family for the generous donation towards some children's books. Come check them out, we have a variety of different ones.



Not a big mosquito

Worth County Conservation shares photos and interesting information about nature with Wildlife Wednesday on its Facebook page. "This week, our Wildlife Wednesday is a Crane fly! Many people accidentally mistake them for mosquitos, but Crane flies are harmless, and will not bite you."

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Iowa State University Extension Worth County Office 641-324-1531

Calendar of Events for September 2023

September 13–Iowa State University Extension Fall Ag Team Meeting at Hardin County Extension Office, Iowa Falls, 9:30 A.M. with Dennis Johnson, Worth County Extension Education Specialist

September 13–Worth County Extension 4-H County Council Interviews at Worth County Extension Office Community Room, 6 to 8 P.M. (10 Minute Interview) with Dennis Johnson, and Lacey Waller, Worth County Extension Office Manager

September 14 & 15–Worth County 4-H School Visits at Northwood-Kensett Schools and Central Springs 4th Graders, TBD with Dennis Johnson

September 14–Iowa State 4-H Monthly Educational Webinar at Via Virtual Adobe Connect, 9 A.M. with Dennis Johnson

September 14–Worth County Fair Board Meeting at Worth County Extension Office Community Room, Fairgrounds, 7 P.M. with Dennis Johnson

September 17–Golden Banner 4-H Club Meeting at Cerro Gordo County Extension Office, 1:30 P.M. with Michelle Hill, Jean Schilling and Justin Kruger, Golden Banner 4-H Club Leaders and Dennis Johnson

September 17–Worth County 4-H Fire Up at Worth County Fairgrounds, 5 to 6 P.M. with Lacey Waller and Dennis Johnson

September 19–North Iowa Community College Agriculture Committee Meeting at NIACC Campus, Mason City, 6 P.M. with Dennis Johnson

September 20–Horticulture State Extension Meeting at Virtual Zoom Conference, 8:30 A.M. with Dennis Johnson

September 20–Worth County 4-H Record Book Workshop at Worth County Extension Office Community Room, Fairgrounds, 5:30 to 7 P.M. with Dennis Johnson

September 29–Worth County 4-H Record Books Due at Worth County Extension Office, Northwood, 4 P.M. with Dennis Johnson and Lacey Waller

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NORTHWOOD VOLUNTEER FIRE COMPANY

Northwood has the only fire department in Iowa that is totally funded by donations. Rural residents of the Northwood Fire District and the residents of the City of Northwood are not taxed for Fire and Rescue. In 2023 NVFC created an ambulance service, which covers 6 townships and 2 communities.

Rural and City Drive Begins Soon



Blake Severson
Chief/EMS Director
EMT/Instructor
Serving 8 years



Brett Backhaus
First Assistant Chief
EMR
Serving 8 years



Justin Peterson
Second Assistant Chief
Serving 6 years



Jake Springer
Captain
Serving 4 years



Kory Jaspers
Lieutenant
EMT
Serving 3 years



Ryan Schoon
Paramedic/EMS Captain/
Instructor
Serving 6 years



Brandon Oldfather
Secretary
EMT/EMS Lieutenant
Serving 3 years



Cody Strand
Treasurer
Serving 3 years



Kenny Quam
Firefighter
Serving 58 years



Kevin Lockey
Firefighter
Serving 21 years



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Serving 9 years



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Paramedic
Serving 7 years



Sawyer Schulz
Firefighter
EMT
Serving 7 years



Kelli Wallin
Firefighter
EMT
Serving 6 years



Brandon Magritz
Firefighter
Serving 4 years



Jessica Magritz
Firefighter
EMS Responder
Serving 2 years



Brandon Severson
Firefighter
EMT
Serving 2 years



Misty Hakes
Firefighter
EMT
Serving 2 years



Nick Anderson
Firefighter
Serving 2 years



Chad Wurtzel
Firefighter
EMT
Serving 2 years



Alli Wurtzel
Firefighter
EMS Responder
Serving 2 years



Brandon Kilbourn
Firefighter
Serving 2 years



Melissa Schoon
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Jessica Newell
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EMT
Serving 1 year



Anthony Rasmusson
Firefighter
Serving 1 year

Remember these faces because they will knock at your door for donations.

This message brought to you by the:

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NORTHWOOD VOLUNTEER FIRE COMPANY



Class of 1973

The graduating class of 1973 held their 50th reunion on Founders Day weekend in Northwood. An informal gathering was held on Friday, September 8, at Worth Brewing. They toured the N-K High School and Viking Activity Center on Saturday courtesy of principal Keith Fritz. On Saturday evening, they held a gathering on Saturday evening at the VFW. The picture above was taken by Dorsey. The Class of 1973 at the VFW on Saturday includes (sitting in front row, from left) Janine Julseth Jontz, Joan Lawhorn Peterson, Van Butler, Paula Harris, Jane Gilbertson Berg, Sandra Liljedahl Madden, Cindy Klein Schubert, Laurie Kolwinska Olsen, Joan Julseth Dierenfeld, (second row) Gary Brevig, Stephanie Ihnen Perkins, Beverly Pixley, Clara Niemela Helgeland, Kathy Heiken Anderson, Barbara Stacy Thofson, Debra Lau Bublitz, Vicki Reyerson Mayes, Joanna Medlang Schmidt, Nancy Bloomingdale Mathahs, (third row) David Gentz, Bill Alexander, Barbara Imlau Boggs, David Reutzel, Oscar Kelly, Wade Bendickson, Ray Gaskill, Eldon Krull, John Janssen, Jim Hanson, Larry Foley and Brian Kenison.

Seasonal meal planning class held at NIACC in Mason City

Healthy Harvest of North Iowa will be teaching two classes at NIACC this fall within their Lifelong Learning department. These classes can be taken individually, based on personal interest, or as a pair.

The September class focuses on Seasonal Meal Planning. Individuals will learn how to incorporate local ingredients into meal planning, using practical substitutions and easy to use resources.

"These classes are very practical, and participants will receive short lectures accompanied with hands on exercises and handouts to complement each lesson," said Andrea Evelsizer, Program Director with Healthy Harvest, "the classes are designed to be informative and interactive."

"If you are looking to learn something new or trying to increase variety in your diet, our classes with an emphasis on local foods might just be the right fit for you," said Amelia Attwood RD, LD, Special Project Manager with Healthy Harvest, "the classes provide general nutrition recommendations and applications."

Other upcoming classes include:

- October – Recipe Writing, with a local twist

(Dates/times for each class can be found at: https://www.healthyharvestni.com/events/)

The Seasonal Meal Planning class will take place on Tuesday, September 26 from 1-3 p.m. at NIACC's Mason City campus. Sign up today, search the catalog at niacc.augusoft.net for Course #15277.

Bethel's Annual Fall Chicken & Noodle Supper

Wednesday, September 20
4:30-7 p.m.
Bethel United Methodist Church
Hwy. 9, Manly

Menu: Bethel's Famous Chicken & Noodles, Mashed Potatoes, Corn, Fruit, Coleslaw, Pie & Drink

Costs of the meal:
Adults—$9
K - 12 years old—$6
Preschool—Free
Take Out Available

Letter to the Editor

Dear Editor,

The Northwood Senior Center Board recently announced a "rebranding" of the organization for popular use.

The official name, for legal and business purposes, remains Northwood Senior Center. But our working name or nickname is "Reconnect 720." People ask how this came about. In our world today, many people do not want to be considered "old" or "senior citizens." For better or worse, we are a youth-focused culture and there are sometimes negative thoughts about aging and being "over the hill." While those of us what have climbed that hill and enjoyed the journey, our good times will not come to an end due to any special age number. The Reconnect 720 Board wants to create a friendly, safe and comfortable place for anyone over 60 to eat, socialize, enjoy activities or just have coffee and conversation. The name was suggested by one of our board members because the need to reconnect as we get older becomes very important.

As I said earlier in another Anchor column, our everyday world begins to shrink as we get older. When we retire we lose touch with co-workers and work contacts. Our social circle starts to get smaller as people move away, age out of activities they used to enjoy or pass away. If we were in a relationship and our spouse or partner is no longer in our lives, the circle gets a bit tighter. The need to reconnect with others, friends old and new, becomes one aspect of a healthy physically and emotional lifestyle.

Reconnect 720 (located at 720 Central Ave.) can be the place to make connections happen, bring some new interest into being or rekindle an old interest in an activity. So, the name tells what we hope to accomplish for area people over 60.

We hope this new and upbeat name will encourage people to visit the center and see what's happening.

Sandy Olson

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Grace Worship, 9 a.m., Bethlehem Worship, 10:30 a.m.

Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/ Elk Creek Lutheran
Thursday, EC WELCA Gen. Meeting, 10 a.m., MANNA Open 4:30-6:30 p.m.; Sunday, Elk Creek, 9 a.m., EC Sunday School, 9:45 a.m.,Bethany, 10:30 a.m., EC Congregational Meeting following Worship; Tuesday, Bethany Council, 9:30 a.m., MANNA Open 10 a.m. - Noon.

Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Thursday, Church Famiy Meeting at Nydeggers, 2 p.m.; Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allard

Bethel United Methodist Church
Wednesday, UWF Cooking Chicken, 8 a.m., Wonderful Wednesday, K-3rd Grade, 2 p.m., Missions & Drama Time, 3:30 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4-8th & Confirmation, 5:30 p.m., Meal, 6:15 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, 7 p.m.; Thursday, Bolan Trinity Church Family Meeting, 2 p.m., Bethel AdCo Meeting, 7 p.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:10 a.m., Bethel Worship, 10:30 a.m., Bethel BOT Meeting,

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Monday, SPRC, 6 p.m.; Tuesday, Swallow Coffee House, 10 a.m.

Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 9:30 a.m., Sunday School, 10:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 8 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 9:30 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood
Wednesday, Confirmation Meeting, Student/Parent, 6 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m., Pub Theology, 7 p.m.; Sunday, Service with H.C., 9 a.m., DCV, 10:30 a.m., LRH, 3 p.m., JH Youth, 6:30 p.m.; Tuesday, Morning Manna Truck, Council Meeting, 6 p.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children's Sunday School following service. No Sunday School for June, July & August.

Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Rev. Neil Manternach, Pastor
Fr. Ben Valentine, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

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Please call to confirm that your Veterans Service Officer is available.
An effort will be made to accommodate your schedule.

The 7th annual Roll Call event, ROLL CALL VII, will be held at Noon on Saturday, November 4, at "The Timbers" in Northwood. This event is sponsored by Worth County Veterans Affairs, and is free to all Worth County Veterans, and a guest. There will be a catered meal, live band, a guest speaker, fellowship with your veteran neighbors, and a chance to win one of twenty flags. Don't miss a good time.

The Mezuzah



The Mezuzah, Hebrew for door post, is a small case attached to the doorposts of homes by some observant Jews, and containing a scroll upon which certain sacred verses are inscribed. Those who follow the tradition of the Mezuzah believe that the command in Deuteronomy 6: 4-9 is to be taken literally: "Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the door frames of your houses and on your gates." Such outward signs of faith are important and can actually be the vehicle by which God's commandments are impressed upon our hearts. The Mezuzah, like the phylactery, is meant to be a reminder to live a Godly life, and not a show of religious superiority. Jesus warned against the hypocrisy of following religious edicts for show while not actually living a Godly life. To put it in modern parlance, we shouldn't just talk the talk; we've got to also walk the walk. — Christopher Simon

"Then Jesus said to the crowds and to his disciples: 'The teachers of the law and the Pharisees sit in Moses' seat. So you must be careful to do everything they tell you. But do not do what they do, for they do not practice what they preach.'"

– Matthew 23: 1-3

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Rated PG-13

COMING
July 22-25
"Teenage Mutant Ninja Turtles"
Rated PG-13
Matinee at 1:55 p.m. Wednesday, Sept. 27

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Thursday
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Friday - Enchilada
Saturday - Burritos Deluxe
Sunday
Kids Free with each Adult Meal
641-323-0000

Congregate Meals
September 14 - 20
641-324-1244
Thursday: Taco Salad w/ Lettuce & Chips, Refried Beans, Mexican Rice, Strawberries
Friday: Crispy Baked Chicken, Sweet Potato Fries, Baked Beans, Vanilla Pudding
Monday: Sweet & Sour Meatballs, Rice or Noodles, Broccoli, Peaches, Molasses Cookie
Tuesday: Turkey Sandwich, Potato Soup, Green Beans, Pears
Wednesday: Chicken & Mushrooms, Roasted Red Potatoes, Asparagus, Baked Apples

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

I know it doesn't feel like fall….yet. We all know cooler weather is coming so it's good to have an arsenal of recipes for the cozy comfort foods that warm us from the inside out. Betty Crocker to the rescue! "Soup, Stew & Chili" (2004, General Mills, Minneapolis) is a good place to start building your collection of go-to dishes for fall and beyond. Since I'm a true lover of Southwestern cuisine, here are three chili recipes adapted from this book.

Spicy Pork Chili

1 tablespoon vegetable oil
2 medium yellow onions
2 teaspoons finely chopped fresh garlic
1 teaspoon kosher salt
1 tablespoon ground cumin
1/4 teaspoon black pepper
2 pounds boneless pork roast OR thick boneless chops
1 chipotle chili from a can of chipotles in adobo sauce
1 teaspoon of the adobo sauce
3 cans (14.5 oz. each) diced tomatoes with green chiles, undrained

Cut the onions in half, then cut each half into 1/4-inch slices and separate the slices. Cut the pork into 1-inch pieces. Heat the oil in a heavy 5-6 quart Dutch oven over medium heat. Cook the onion slices and the garlic for 4-5 minutes, watching that the garlic does not burn.. Stir occasionally until the onions are softened. Stir in the spices and the pork cubes. Cook for 6-8 minutes, stirring frequently until the pork is lightly browned. Stir in the chipotle, the adobo sauce and the tomatoes. Heat to boiling and then reduce the heat to medium-low. Cover the pot and cook 35-40 minutes, stirring occasionally, until the pork is no longer pink in the center. Serve with warm tortillas, a dollop of sour cream to cut the heat a bit and a green salad.

Slow Cooker Texas Chili

(NOTE: Real Texas chili is never made with ground beef)
2 tablespoons vegetable oil
4 large yellow onions cut into eighths
4 1/2 pounds lean boneless beef round roast, cut into 1-inch pieces
1 1/2 tablespoons finely chopped fresh garlic
2 1/2 teaspoons kosher salt
1/2 teaspoon black pepper
2-4 dried ancho chiles, seeded and coarsely cut into pieces
2 tablespoons ground cumin
3 cups beef broth, low-sodium if possible
2 large bell peppers, yellow, green or red, cut into 2 1/2-inch strips
Shredded Cheddar cheese, if desired, to top the chili when serving

Heat oil in a 4-quart heavy Dutch oven over medium-high heat. Cook the onions for 5-6 minutes or until softened, stirring frequently. Stir in the beef pieces, garlic, salt and pepper. Cook, stirring occasionally, until the beef is lightly browned. Drain away any excess oil and place the meat mixture into a 6-quart slow cooker. Stir in the chiles, cumin and broth. Cover and cook on LOW for 8-9 hours. Stir in the bell pepper strips, increasing the heat to HIGH. Cover and cook for an additional 12 minutes or until the peppers are hot. Serve sprinkled with the shredded Cheddar.

White Chili with Green Chiles

1 tablespoon vegetable oil
1 cup coarsely chopped yellow onion
2 teaspoons finely chopped fresh garlic
1 teaspoon kosher salt
1/8 teaspoon cayenne pepper
1 tablespoon ground cumin
2 pounds boneless, skinless chicken thighs
2 cans (15 oz. each) great northern beans, rinsed and drained
2 cans (4.5 oz. each) chopped green chiles, mild or hot, undrained
2 cups chicken broth.

Trim the chicken thighs of any fat and cut into 1/2-inch pieces. Heat the oil in a 4 1/2 quart Dutch oven over medium-high heat. Cook the onions and garlic 4-5 minutes, stirring frequently, until the onions are softened. Stir in the seasonings and the chicken pieces. Cook until the chicken is lightly browned. Stir in the remaining ingredients and heat to boiling. Reduce the heat to medium-low, cover the pan and cook for 20-25 minutes, stirring occasionally, until the chicken is fully cooked with no pink. Serve with tortillas, sour cream and cheese if desired.

SANDY'S NOTE: you can use chicken breast if desired but the meat will be less juicy.

Chili is the dish we enjoy. Chile is the fruit of the garden that makes chili so tasty. Chipotles are smoked, dried jalapeno peppers. Cumin is an essential in all chili recipes. A good Dutch oven makes these recipes work. And…that's all she wrote.

Northwood Anchor Society

Krugers celebrate 50 years

The 50th Wedding Anniversary of Dennis and Kathy Kruger is on September 14, 2023.

They have three children and seven grandchildren. Their children and spouses are Erin and Paul Feddersen, Jenn and Ryan Weisgram and Justin and Katie Kruger. Their seven grandchildren are Quinlan and Jillian, Bennett and Calleigh and Khloe, Kendal and Jaxton.

A celebration was held earlier this summer with their entire family and friends. They also renewed their vows at Bethlehem Lutheran Church with Pastor Linda Prestholt. Greetings may be sent for a card shower to 3642 Spruce Avenue, Manly, IA 50456.



DENNIS AND KATHY KRUGER



Infante's home has curb appeal

The Green Thumb Garden Club has once again been highlighting homes in Northwood that have "Curb Appeal". Lindee Infante, at 103 Fourth Street North, was selected for the wide variety of flowers and other beautiful plants that can be found all around her home. Infate (right) is pictured with with Green Thumb member Nancy Amundson, who chose her home for the Curb Appeal recognition.

Worth County 4-H record book workshop held on September 20

The Worth County Extension Service will be holding a 4-H Record Book Workshop on Wednesday, September 20 from 5:30 to 7 p.m. at the Worth County Extension Office Community Room at the Fairgrounds in Northwood.

4-H members may come and go anytime between 5:30 and 7 p.m. to get assistance for getting their 4-H Record Book completed by the due date of Friday, September 29 at 4 p.m. into the Worth County Extension Office.

Those wanting further information are asked to please call the Worth County Extension Office manager, Lacey Waller or Dennis Johnson, Worth County Extension Education Specialist at the Worth County Extension Office at 641-324-1531.

WC Extension invites 4-H members to Teen 4-H Council

The Worth County Extension is inviting all 9th to 12th grade senior high 4-H members to join the Worth County 4-H Teen Council.

This group of high school 4-H'ers help plan, organize and conduct the Annual 4-H Awards Banquet, chaperone the 4-H Junior Fun Night, serve as County Fair Junior Superintendents, make school visits and lead 4-H Fire-up and Worth County 4-H New Member Night.

The Extension Office welcomes and encourages everyone to join the County 4-H Council. Please mark calendars for Wednesday, September 13 and plan to be with there for an interview at the Extension Office anytime between 6 to 8 p.m. (10 minute interview) with the Worth County 4-H Committee.

WC 4-H Fire-Up set for September 17 at the Fairgrounds

The Worth County Extension is inviting all 9th to 12th grade senior high 4-H members to join the Worth County 4-H Teen Council.

This group of high school 4-Her's help plan, organize and conduct the Annual 4-H Awards Banquet, chaperone the 4-H Junior Fun Night, serve as County Fair Junior Superintendents, make school visits and lead our 4-H Fire-up and Worth County 4-H New Member Night.

The Extension Office welcomes and encourages everyone to join the County 4-H Council. Please mark calendars for Wednesday, September 13 and plan to be with there for an interview at the Extension Office anytime between 6 to 8 p.m. (10 minute interview) with the Worth County 4-H Committee.

London-Deer Creek Cemetery Association

67th Annual Pancakes & Pie

Sunday, Sept. 17
Serving 11:30 a.m. - 1:30 p.m.

Deer Creek Valley Lutheran Church
Rural Glenville, MN
MN State Line Road/IA 510th St.



Free Will Donation

Serving "All you can eat" Pancakes, Ham Links, Pie & Beverage

All monies used for the upkeep of our Cemetery in Deer Creek Township. Come out and support us!
SILENT AUCTION and BAKE SALE

50th Anniversary Card Shower



Dennis & Kathy Kruger on September 14

Help them celebrate by sending greetings to:
3642 Spruce Ave., Manly IA 50456

CEMETERY NOTICE

All plants & flowers must be removed from
Sunset Rest Cemetery
by Friday,
September 15, 2023.

Northwood-Kensett Post Prom

SOFTENER SALT FUNDRAISER

40# Bag Solar Salt (Blue) ..... $7 per bag
40# Bag Pellets (Yellow) ..... $7.75 per bag
40# Bag Rustbuster (Green)..... $8.75 per bag
Bottled Water 24 Pack $5
A pallet contains 63 bags of salt

Order deadline is Friday, Sept. 22
Make checks payable to: Northwood-Kensett Post Prom
Payment due at time of order
Delivery date is Saturday, Oct. 14
WE WILL DELIVER!

For questions or to order contact
Kris Woltzen 641-430-4287

Let's Celebrate CLARA & her Retirement!

Clara Helgeland has 32 years of service to Northwood-Kensett School District (1991-2023)



Tuesday, Sept. 26
Staff 3:30 - 4 p.m.
Community 4-5 p.m.
Viking Activity Center Community Room

Northwood Anchor

Opinion

Savvy Senior

Best stair lifts of 2023

Dear Savvy Senior,

Because of chronic arthritis, I have a very difficult time going up and down stairs anymore and am interested in purchasing a stair lift for my two-story house. Can you recommend some good companies?

Arthritic Andy

Dear Andy,

Yes, of course! A good home stair lift is a great mobility solution for anyone who is unable, or has a difficult time climbing stairs. To help you choose a quality stair lift that meets your needs and budget, here are a few shopping tips along with some top-rated companies.

What to Know

There are two basic types of stair lifts that are sold today: straight and curved. The type you need will depend upon the design of your staircase.

A straight stair lift is one that travels in a straight line up a flight of stairs uninterrupted by landings, bends or curves, and costs anywhere between $2,000 and $5,000 installed. Curved lifts, however, are much more elaborate and will go around corners, bends and changes in direction. Curved lifts are also much more expensive, typically running between $8,500 and $15,000 or more depending on the complexity of the installation.

Most stair lifts available today also have seats, armrests and footplates that fold up out of the way, and swivel seats that make getting into and out of the chair easier. They also come with standard safety features like seatbelts, braking systems and footrest sensors, push-button or rocker-switch controls located on the armrest for easy operation, and "call send" controls which allow you to call or send the unit to the other end of the stairs. Make sure the lift you choose has all these features.

If you are a large person, you may need to get a heavy-duty lift with a wider seat and bigger lifting capacity – all companies offer them. Or, if you're tall, find out about raising the seat height during installation.

Depending on the company, you may also have the option of choosing between an electric (AC) and a battery powered (DC) stair lift. Electric stair lifts are simpler and cheaper than battery powered units, but if your home loses power so does your lift. While battery powered lifts work even if there's a power failure.

Best Stair Lifts

To help you choose a great stair lift the National Council on Aging, which is a national nonprofit organization that advocates for older Americans, put together a review team to research the different companies. Their list of best stair lifts of 2023 includes:

- Editor's Pick: Bruno (bruno.com)
- Most Affordable: AmeriGlide (ameriglide.com)
- Best Customer Reviews: Acorn (acornstairlifts.com)
- Most Supportive Design: Harmar (harmar.com)
- Most Adaptable to the Home: Access BDD (accessbdd.com)
- Best for Arthritis: Stannah (stannah-stairlifts.com)

See NCOA.org/adviser/stair-lifts/best-stair-lifts to read their detailed reviews.

Financial Help

Unfortunately, health insurance including original Medicare does not cover home stair lifts, but some Medicare Advantage plans may help pay. Or, if you have long-term care insurance it too may cover a portion of the costs.

If you qualify for Medicaid, many states offer waivers that may help pay for a lift, and the VA has several grant and benefit programs that may offer assistance too if you're a veteran.

To save some money, you may want to consider purchasing a used or refurbished model. Or, if you need a stair lift for only a short period of time, consider renting one. Most companies offer these options, and many offer financings too.

To get started, contact some of the previously listed stair lift companies who will put you in touch with a dealer in your area. All dealers provide free in-home assessments and estimates and can help you choose an appropriate lift.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

I'm in a rut. Sometimes I wonder what I'm doing here.

Oh, yeah?

Do you ever wonder that?

Sure, I wonder what you're doing here, every day.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I'd gotten a buttery spread with a meal. I grew up on a dairy farm. My father wanted real butter with every meal and ours came from the Clarks Grove Creamery. In 1899, Steele County declared itself the butter capital of the world, with 24 creameries at one time. A French chemist created margarine while seeking a prize offered by Emperor Napoleon III. He developed a process that turned beef tallow and milk into a spread tasting like butter; it was called oleomargarine, known as oleo or margarine. American oleo manufacturing began a few years later. In 1885, Minnesota prohibited the production and sale of oleo. Governor Lucius Hubbard announced that sales of "oleomargarine and its kindred abominations" had been halted. A federal law enacted in 1886 recognized margarine as a legal product subject to taxes and regulation. In 1891, Minnesota dairy organizations convinced the legislature to pass a "pink law" allowing oleo to be manufactured and sold in Minnesota, but it had to be colored pink. In 1898, the U.S. Supreme Court declared pink laws unconstitutional. Dairy producers argued that margarine was an unappealing white and its producers shouldn't be allowed to artificially color their product a butter-like yellow. Dairy producers scored a victory in 1902 when the federal government enacted a law imposing higher taxes on yellow margarine than on white margarine. In 1913, Minnesota's legislature approved a revision that stated all oleo manufactured and sold in the state had to be 55% white. Oleo producers packaged white margarine with packets of artificial food coloring for consumers to knead in by hand. Oleo mixed with a small percentage of dairy butter—called butterine—became popular. Price worked in margarine's favor. It's a misdemeanor to pass off margarine as real butter in Iowa.

A purple cow and the weather rock

"Purple Cow" is a poem written by Gelett Burgess in 1895. He wrote: "I never saw a purple cow; I never hope to see one; But I can tell you, anyhow, I'd rather see than be one."

Put a weather rock in your yard. It's a dependable forecaster. If the rock is wet, it's raining. If the rock is flying, the wind is blowing. If the rock casts a shadow, the sun is shining. If the rock is difficult to see, it's foggy. If the rock is white, it's snowing.

Ask Al

"How can I tell if it's an extended car warranty scam?" If your phone rings, it is.

"Why did castles have a moat around them?" So they wouldn't have so much lawn to mow.

"Why do some mothers dress baby boys in blue and baby girls in pink?" Because babies can't dress themselves.

"Why did April 1 become so famous?" It's the only day between March 31 and April 2.

"When can three elephants stand under one umbrella and not get wet?" When it's not raining.

Nature notes

I have to look at a chickadee. It's my favorite bird. If you see a bird, stare at it. It's an easy way to achieve an enhanced existence. I don't have a least favorite bird (all of them are lovely), but another that brings me great joy to see or hear is the wood thrush. It flies 200 to 300 miles during a nightly migration, yet it's referred to as a chunky songbird. Its haunting, flute-like "Frito-Lay" song demands I stop and listen.

The sky was electric. A river of birds stretched across it. A cloud of feathers flew over—a flock of pelicans beautifying the air. It was a glorious sight and an amazing sound. On a windless morning, I could hear the wings of the pelicans. American white pelicans look big enough in the air to have been reported as UFOs. Closer to the ground, I saw messy blue jays in a molt. None of them preferred a chocolate molt. Their heads were featherless, making them the young and the crestless.

In this country, a vulture is sometimes called a buzzard. In much of the rest of the world, a vulture is a vulture and a buzzard is a hawk. The interstate highway system is thought to have increased roadkill, which allowed the turkey vulture to extend its range northward.

Meeting adjourned

"Be kinder to yourself. And then let your kindness flood the world."—Pema Chodron.

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Fit to print...

Suicide Prevention Month: 988 and other services and support

From Care Connections of Northern Iowa:

September is a month to remember those we have lost to suicide and support the loved ones and communities that are grieving their loss. September is also a time to raise awareness that suicide can be prevented, and to make efforts to help those in crisis.

Local help is available through 988. 988 is 24-hour Crisis Line and Mobile Response. 988 is free, confidential counseling for whatever issues you are facing. You can also call (855) 581-8111 or Text (855) 895-8398 or live chat at YourLifeIowa.org. No matter how you reach out, you will receive care from a live professional counselor. This service is free and confidential.

Many times, people suffering from a mental health/brain health problem are resistant to reach out for help. Supporting a family member suffering from mental health issues is one of the hardest things to do. The crisis hotline is available to family members seeking information about how to help their loved one. The crisis line is available to people of all ages.

When you call 988, you will be connected to a counselor who will listen, without judgment, and provide immediate crisis counseling, information and support.

There may be circumstances, however, when a person needs more support than can be provided over the phone. In those cases, you can request mobile crisis. In Mobile Crisis, two counselors come to you, whether at home, at school or in the community, and the counselors will stay with you until the crisis is resolved. The counselors arrive within 60 minutes, wear plain clothes and use an unmarked car to protect your confidentiality. The counselors will assist you, in the moment, to resolve the crisis that you are experiencing.

In more intensive psychiatric situations, you can request community-based crisis stabilization. Community-based crisis stabilization is up to 5 days intensive psychiatric intervention in your home or another safe place. This can include daily telehealth psychiatry, mental/brain health therapy, peer support and referrals to longer term support as needed. All services are free, confidential and available at your request.

Person-centered, high quality, free and confidential brain health treatment is available to all Worth County citizens with one phone call. One phone call can help you get your life back on track.

Following is more information on the services provided through the Care Connections of Northern Iowa:

Crisis Hotline
855-581-8111

Free live counseling for whatever issues you are facing. No judgment, just care.

- Suicidal Thoughts
- Mental health symptoms
- Parenting stress
- Social media stress
- Drugs
- Alcohol

A support person, professional, or loved one can call if person is unable on their own.

Follow-up phone call and case management is provided as needed.

Mobile Crisis Response
855-581-8111

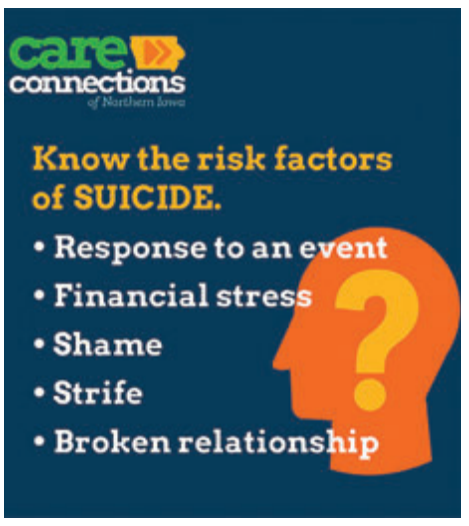
Two counselors come to the home, or the location of the crisis within 60 minutes. Stay with you until crisis is resolved.

Can be requested by anyone, anywhere in the community.

Can be requested by Law Enforcement, Paramedics, School staff, Medical Clinic, or other authority.

Following crisis, up to 30 days of case management is provided.





Community-Based
Crisis Stabilization
855-581-8111

If crisis cannot be resolved without more intensive help, then Crisis Stabilization is activated.

Up to 5 days intensive psychiatric intervention in the home or safe location including:

- Medication management (telehealth psychiatry)
- Therapy
- Case management
- Peer support
- Referral to longer term supports as needed.

Art Farm Iowa kicks off first exhibit

On Friday, September 1, the barn-shaped gallery at Art Farm Iowa officially opened to present its first exhibition, a combination of wood carvings and acrylic paintings that paid tribute to Iowa's landscape and art and to characters from a galaxy far far away.

Art Farm Iowa is the effort of Steve Hanson and his father Merle. They sought to bring a world of art to a working farm setting in what has become Art Farm Iowa.

Over the course of just over a year the Hanson farm, located at 4953 Olive Avenue, has welcomed a growing collection of artists from Iowa and visiting from across the country, with several coming from Steve's home for the past several years, Phoenix, Arizona.

Most of the buildings on the farm have become the canvas for murals and other paintings. Several other three dimensional art pieces have been created in place or brought to the farm.

Also new to the farm is a large red barn/shed, the main gallery/event space, built in the past several months, which played host to the recent art exhibit, with a theme of "Iowa Fresh."

The show predominantly featured the works of two artists, painter Lucretia Torva, from Arizona, and chainsaw sculptor Anthony Martin, an Iowa native.

Torva is an artist/painter that paints in oils and acrylics as well as murals.

Torva was born in Peoria, Illinois, and grew up in Scotland and France because her dad worked for Caterpillar Tractor Co. Torva was able to see and experience some of the greatest art and architecture in the history of Western Art.

Torva is a realist painter, fascinated with surfaces, textures and reflections.

At the Art Fresh show Torva brought a few pieces of existing art, which displayed a talent for shining metals, reflective surfaces and classic cars.

Torva also shared several new paintings that showed her appreciation for the Iowa scenes created by artist Grant Wood, as well as her fandom for Star Wars.

Torva selected several Wood pieces as inspiration, replacing central characters with the likes of Chewbacca, Darth Vader, Yoda, Han Solo and Obi-wan Kenobi from the Star Wars films, as well as one piece featuring Captain Kirk from Star Trek, referencing the character's backstory as a native of Riverside, Iowa.

Anthony Martin, retired Army, was inspired to begin chainsaw carving after being hospitalized for over three years due to injuries sustained in combat.

Martin needed something that provided purpose and meaning so he began to learn everything about the art of carving and founded Logs4Heroes, an organization where Martin and his carvings support veterans, first responders, law enforcement, fire/rescue and their family members.

Martin returned to Art Farm Iowa for the Iowa Fresh exhibition, after having earlier placed wood-carving cattle that welcome visitors near the driveway.

Martin was taking part in the Art Farm Iowa opening display after a busy summer participating in a variety of events to support veterans causes.

At the local show, Martin presented several carvings, included a few he had done just for the show, coinciding with Torva's Star Wars inspiration.

While he said he wasn't as familiar with the movies, he was able to find a few characters to carve, adorning them in overalls or carrying farm tools instead of weapons to meet the blend of other worldly/Iowa countryside.

For Steve Hanson, the turnout and appreciation of the artwork on display meant that the first exhibit was a success, showing that there is plenty of support for the artistic endeavor in his original hometown.

Work continues at Art Farm Iowa, with plans for sculpture, pottery and classroom facilities and plenty of other events planned in the future.

The Hansons are also progressing on plans to bring more art to downtown Northwood, with their art gallery and wine bar in the historic Emery Building, with plans to open by next year.



Steve Merle Hanson are pictured by "Farm Shine" by Lucretia Torva



Lucretia Torva is pictured with "the Whey."



Anthony Martin is pictured with his carving,

Seemuth
Cont. from Page 1

the medical profession. It's where the most research is done.

"When I started it was all done by doctors. Cardiac treatments and technology was just beginning and it was all developed by doctors in the field. And the same was true of orthopedics. I'm just amazed at all the ways that have been developed to fix bones. Or in gynecology, and the focus on dignity and on things like prenatal care."

While the knowledge base has been the best part of the field, there are some downsides, which remain today.

"The biggest issues are the availability of medical care in rural areas, and the cost is just too high."

Seemuth worries that changes being made at the State level will only make the problem worse, with a focus on educating patients that may take some of the focus away from rural health access.

Seemuth began her medical practice in the same building where she ended her term on the local board.

Seemuth's offices were originally built to accommodate the needs of the community's new doctor.

She served as the town doctor in that location for 10 years before stepping away, during which time she served on State rural health and Title 19/Medicaid committees.

Seemuth was called back to Northwood to work in the then Mercy now MercyOne clinic, which relocated to a new building. That allowed her former officers to be repurposed as the home of Worth County Public Health, which it remains today.

Seemuth said that as a new doctor and one of few female doctors in the State, Mercy was a great health care provider to work for, and supported her service on the public health board.

The board of health includes residents of the community, with at least one person representing the medical field. That was Seemuth for the past three decades. Local MercyOne practitioner Nicole Sheffield now fills that role on the board.

Seemuth also played a part in the county supervisors having a seat at the table. Seemuth said that while the public health board operates independently of the supervisors, they are in charge of funding and the County's health initiatives depend on the supervisors' support. She said the supervisors should be involved in the discussion.

With that in mind, Seemuth talked with former county supervisor Bec Pangburn, who was convinced and represented the supervisors as a public health board member.

Seemuth said that working with county supervisors has been rewarding and said that has continued with the current supervisor/health board member Mark Smeby.

Seemuth extended that sentiment to other board members, and administrators too. "We've always had good discussions. We haven't always agreed sitting around this table, but we've respected each other. And I can't say enough about our administrators. We've only had three in the time I've been here, so that shows they've all been dedicated to the job, no matter what we've faced."

One of the biggest issues that Seemuth has tackled as a representative of the Worth County Board of Public Health was local regulation of hog confinements.

Based on concerns for emissions, worker health and water quality, Seemuth and the health board spent months developing the "Rural Health and Family Farm Protection Ordinance," which included rules designed to protect the health of those working on and living near animal confinement operations.

Ultimately the ordinance was struck down by the Iowa Supreme Court, which ruled it void as it conflicted with state law.

Seemuth's investment and research into the issue did put her in the limelight and her expertise took her to Washington, D.C., to speak to the EPA.

Seemuth was there to share her insights on the morning of Tuesday, September 11, 2001.

"We were just sitting down when a woman came in, telling everyone that we were under attack," Seemuth said of that morning. "The EPA was in a building at the top of a hill, with the Pentagon visible below. We saw a plane stuck right in the middle of it and then everyone was evacuating. On the way out of the building we saw the plane explode. I wanted to get down there and help, but I was told that wouldn't be possible."

Seemuth was on the scene of another disaster less than a year into her first term on the health board.

When Hurricane Andrew struck Florida and Louisiana in August 1992 there was a struggle to get medical personnel to the scene. Iowa Governor Terry Branstad called on Seemuth to lead a team to provide assistance.

"They had medical students down there taking charge in places. So we took a team that included six nurses and another doctor and we went down to help," Seemuth said.

And of course, COVID-19 was also a challenge for the local community medical expert.

"People would call me all the time, about masks and schools and then vaccines.

"COVID was hard on the medical profession. We didn't have any tools at first and then we had masks and quarantines. But that got politicized and made it worse. I never understood how people could feel so put upon to do things to protect themselves and others."

As she reflected on her time and on the work of Worth County Public Health, Seemuth noted the dedication of the nurses and the staff to help keep their community healthy through all its programs.

By example, Seemuth referenced the home health care aides who travel to people's homes and help them live on their own as long as possible, but also help when it's time to consider a facility like the Lutheran Retirement Home, another vital community resource,

"I've always appreciated the work of public health. Everyone here has always been kind, caring and professional. And I've always appreciated the dedication of the board that supports them."

As she retires from that board, Seemuth said she doesn't have any big plans. She may take some small trips. But her time will be focused on her new puppy and their travels together.

It Pays to Shop Locally!!!

EVERYONE BENEFITS!

Good reasons why it pays to shop locally.

Think about all the school fundraising and benefit events during the year. Local businesses throughout our area contribute many thousands of dollars in money, services and merchandise to help make them successful.

When you spend money with local shops and businesses, you help those businesses grow and prosper. Successful businesses stay around for a long time and help share the tax load for government services.

When you shop locally, you help yourself and all of us! Keep your dollars close to home — shop locally for goods and services.

Remember It's Good Business To Do Business in Northwood

ABSTRACT
Worth County Abstract

AGRI SUPPLIES
Agri-Sales Building & Supplies

AUTOMOTIVE
Dick's Place Auto Body
InjecTech Diesel Service

BANKS and FINANCE
NSB Bank, FDIC
Farmers State Bank
Northwood FDIC

ELECTRIC SERVICE
Northwood Electric

FUNERAL HOMES
Conner Colonial Chapels
Schroeder & Sites

INSURANCE
Northwood Insurance

MEDICAL
MercyOne Northwood

MUSIC STORE
Dewey Kruger Music

NURSING HOME
Lutheran Retirement Home

PUBLICATIONS
Northwood Anchor

PRINTING
Northwood Anchor



Northwood - "A Friendly Town"

Northwood Founders Day 2023

























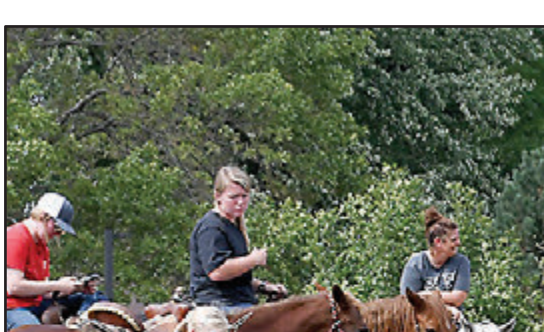
















Northwood Anchor

Early Files

100 years ago

September 5, 1923

A well preserved skeleton of an elk or a black-tailed deer was dug out of a peat bed along the bank of a drainage ditch near the Henry Engelhorn farm, west of town, by the crew of bridge erectors working for Contractor Chas. W. Pedersen on the Imperial Highway. The skeleton was found about four feet underground. The peat bed in which it was found is quite extensive and is part of a marsh that formerly existed at that place.

Vacation days are over and school started with the day given up entirely to enrollment and "getting the wheels in motion." Total enrollment in the local high schools was 464, somewhat less than last year. Three new teachers are on the staff, including Miss Stella Tenold, a former teacher, and Miss Nova Buntin and Miss Bernice Musser, both of Cedar Falls. Burrus E. Beard is superintendent, and Ester A. Webb is principal.

A heavy rain fell in this vicinity, the total fall running up well towards three inches and wetting up well parched ground quite thoroughly. So dry was the ground that the continued rainfall did not seem to have any appreciable effect on the state of water in the streams nearby and the Shell Rock River at Northwood shows no signs of merging from its dried up condition.

Fire broke out in the blacksmith shop and garage of Estegren & Schultz at Gordonsville and before the flames could be subdued their place and a store building belonging to Walter C. Johnson, of Northwood, were all destroyed. Tools and machinery in the garage were all lost, although three cars were rolled out to safety.

All Worth and especially the Farm Bureau women have reason to be proud of the showing made at the Iowa State Fair with the county exhibit. They not only had the highest score for counties without home demonstration agents, but ranked high with those who did and who had exhibited before.

75 years ago

September 9, 1948

Opening sale of the Northwood Auction Co. is set for September 15, at the new sale barn just south of Crescent Park. A number of head of cattle and hogs already are listed for the sale, according to W.D. Allred, auctioneer.

Thomas Baken, 28, son of Thero Baken of South Bend, Indiana, formerly of Kensett, was killed in an automobile accident near Rice Lake, Wisconsin. Word of the fatal crash between the car driven by Baken and another motorist was received here by the young man's uncle, L.A. Baken.

Reuben F. Bolender, veteran clothing merchant and dean of Northwood business men, died in Mercy Hospital at Mason City. News of his sudden death came as a shock to his business associates and many others in the community.

Township counselors have been named in Worth County to assist in the Blue Cross enrollment scheduled by the Worth County Health Improvement Association. The enrollment is now open and will continue until October 13, 1948, according to Mrs. Harvey Glassel, president of the association.

Draft registrations in Worth County totaled 292 up to 6 p.m., according to Miss Eleanor Rustad, clerk of the draft board.

The Worth County Farm Bureau board is on record as recommending to the membership that the annual dues be raised from $10 to $15, according to President Vernon V. Lyford.

Mrs. H.C. Johnson suffered painful burns on her back Tuesday forenoon when her clothing caught fire from the burning jet of the kitchen gas range.

Architect Ben Henry, Mason City, met with the Northwood town council last Friday evening and presented revised plans for the proposed town hall and fire station, which it is hoped will reduce the cost sufficiently to permit construction of the building.

50 years ago

September 13, 1973

Timothy Prindle began employment with the Worth County Department of Social Services in Northwood on September 10. He is a recent graduate of the University of Northern Iowa, having received his B.A. in Social Work. Prindle filled the vacancy created by the resignation of Miss Barbara Eichman, who transferred to the Scott County Department of Social Services effective on September 1.

Vickie Brodersen, daughter of Mr. and Mrs. Brodersen, rural Manly, was crowned Worth County Pork Queen at the Pork Appreciation Day held in Hanlontown on September 1. She is a junior at North Central school. Connie Enderson, reigning Pork Queen and also of rural Manly, presented the new queen with the crown and ribbon banner.

Oren F. Igou, Northwood, was named "Watershed Man of the Year," at the awards banquet in Des Moines of the Iowa Association of Soil Conservation District Commissioners. The award has been presented annually since 1963 and honors individuals who have "exhibited outstanding leadership in the watershed program in Iowa."

Pam Johnson, 9-year-old niece of Mr. and Mrs. Glenn Johnson, who is also their foster daughter, won a silver dollar for a summer reading project for children in grades 3, 4, 5 and 6 at the Northwood Public Library.

James W. Kuhlman, Worth County Extension director, was initiated into Epsilon Sigma Phi, honorary fraternity, on September 5 at the annual luncheon meeting held at ISU. Epsilon Sigma Phi is a national honor fraternity for outstanding extension workers, and Kuhlman was one of 16 so honored.

Stephanie Block, daughter of Dr. And Mrs. Kenneth Block, and Keith Harmon, son of Mr. and Mrs. Hadley Harmon, Northwood, were married on September 8, at 10:30 a.m. at First Lutheran Church. The Rev. Roger Buhr officiated.

25 years ago

September 16, 1998

Worth County deputy sheriff Chris Myer's right boot, the materials used to staunch the flow of blood from his shoulder and leg injuries, the inverted white cups marking spent shell casings and the open doors of Myer's squad car and the suspect's stolen blue Dodge minivan offered mute evidence of the shooting in Kensett last Wednesday afternoon.

Incumbent Kate Midtgaard and challenger Mike Dierenfeld last Tuesday won a tight three-candidate race for two seats on the Northwood-Kensett school board. Dierenfeld capped his first ever run for public office by chalking up 221 votes. That total topped the vote column and gave the Northwood veterinarian a three-year term on the N-K board.

The City of Northwood will spend thousands of dollars less on insurance this year than it did last year. Insurance agent Jerry Olson, president of Tenold Olson Hagen, Inc., told the city council last Tuesday that the city's insurer has reduced the premiums on six policies in the city's insurance package by a combined $6,757.

Travis Tollagson was just one of several Woden-Crystal Lake Titonka defenders Northwood-Kensett fullback Danny Varner eluded on this 86-yard punt return to pay dirt early in the second quarter here last Friday night. The scoring jaunt accounted for more than one-third of the 239 all-purpose yards Varner rang up in N-K's 47-6 Class A District 4 victory over the Tigers.

Northwood-Kensett sophomore Joel Taylor set a new personal record over five kilometers last Tuesday at Belmond. Taylor covered the Bronco Invitational course in 23:03 to cut 48 seconds off his previous best in finishing 50th out 79 runners in the junior varsity competition.

Nick Kunz catches a little "air" at the Central Ave. basketball courts last week on his free style bicycle. Nick is the son of David and Sandra Kunz, of Northwood.

10 years ago

September 11, 2013

These Northwood-Kensett second graders, Mallory Rheingans and Haddie Hanson, share the two visitors they introduced to Mr. Urbatsch's classroom. Both girls brought in live praying mantises found by uncles. The unusual bugs have been a fascinating arrival, with few in the school, let alone the classroom, ever having encountered two live examples. Hanson's mantis was captured after it latched onto someone at a race in Newton. Hanson's mantis was found on a garage wall. Mr. Urbatsch's class has enjoyed learning about their visitors as a part of their unit on insects.

Northwood Chiropractic welcomed area residents to the office in Northwood with an open house. The new business offered specials and demonstrations of services available, along with information. There were face painting, inflatables, train rides and more for the kids. Worth County Sheriff deputy Dan Fank also brought Buck, the department's canine officer, for a demonstration of how the team of Fank and Buck locate illegal drugs.

Tight end Logan Nielson has made the most out of both of his pass receptions this season, finding pay dirt on both to lead the Vikings this season with two touchdowns through the air. Nielson leads the team with 42 receiving yards and two receptions, an average of 21 yards and a score per catch.

N-K's Erika Hiedeman and Mackenzie Costello go up for a block in tournament action in Manly. The Vikings finished third in the tournament that included Central Springs, Clarksville, Newman, North Fayette and RRMR.

The Albert Lea Elevator Team, Andy Belshan, Tom Belshan, Clark Cipra and Brian Cipra, were the winners of the Glenville-Emmons Athletic Boosters Golf Outing held at the Northwood Country Club on July 20.

Northwood Anchor

Obituaries

Donna Tuttle

Funeral services for Donna C. Tuttle will be at 11 a.m. on Monday, September 18, 2023, at Bonnerup Funeral & Cremation Services in Albert Lea. Visitation will take place one hour prior to the service. Burial will be at Sunset Rest Cemetery in Northwood, Iowa. Donna's death occurred on Wednesday, September 6, 2023, at Alive Hospice in Nashville, Tennessee. She was 86 years of age.



DONNA TUTTLE

Donna was born on April 4, 1937, in Mason City, Iowa. She graduated as valedictorian of her class at Northwood High School in 1955, and went on to earn a Bachelor of Science degree from Iowa State University at Ames in 1958. She taught for three years, and then was a stay-at-home mom when children were born. In 1970, she started and directed the first Homemaker-Home Health Aide Service in Worth County; then later worked for the Iowa Department of Public Health as a field consultant to home health agencies in northwest Iowa. She served as an aftercare grief facilitator for the Hogan-Bremer Colonial Chapel funeral homes in north central Iowa. The final years of her working career were as a nursing home social worker at Wells, Minnesota.

The loves of Donna's life were her Lord and Savior, Jesus Christ; her family, which grew to embrace two children and six grandchildren; and opportunities to teach or help others accomplish their goals and become all they were created to be. She was naturally gifted to teach and to counsel, and presented many seminars locally in Iowa and Minnesota as well as on mission outreaches to Denmark, Poland and Latvia.

Donna married Richard Tuttle in Northwood on December 20, 1958. They were blessed to celebrate 64 anniversaries together. Together they touched many lives with prayer ministry of deliverance and inner healing. Donna also enjoyed bicycling the Minnesota bike trails with her husband, reading, knitting and needlework and making lefse, fudge or rhubarb jam with the grandchildren. Other favorites were their travels in the U.S. and to Alaska, Hawaii, Canada, Mexico, France, Italy and Switzerland.

Donna is survived by her husband, Richard; her children, Randall (Sheila) Tuttle of Dallas, Texas, and Rochelle (John) Reding of Old Hickory, Tenn.; grandchildren, Pierce and Paige Tuttle and Ian, Sean, Anna and Megan Reding; spiritual daughter, Yolanda Martinez of McKinleyville, Calif.; and sister, Janet (Roger) Dahlby.

She was preceded in death by her parents, Donald and Cleo (Juhl) Gullickson; and a sister, Anne Cooper.

Janet Quam

Janet Lynn Quam, 39, of Des Moines and formerly of Olaf, Iowa, passed away peacefully on Wednesday, August 30, 2023, at her home in Des Moines.

A service to honor her life was held at 11 a.m. on Wednesday, September 6, 2023, at Conner Colonial Chapel, 1008 First Ave. South, Northwood, with Rev. Randy Baldwin of One in Christ Lutheran Parish officiating. Inurnment was in Silver Lake Lutheran Cemetery, rural Northwood.

Visitation was held from 9 a.m. until the service at the funeral home.

Janet Lynn Quam was born on December 14, 1983, in Albert Lea, Minnesota in the middle of a snow storm. She was the daughter and second child of Orval and Kathryn (Traeger) Quam. Growing up in Glenville, Minnesota, and later Olaf, Iowa, Janet attended The Iowa Braille and Sight Saving School in Vinton, Iowa, where she excelled as a student. She received multiple awards during her time there, setting the stage for her career as a proofreader, where she dedicated herself to editing and correcting numerous braille books over the years.



JANET QUAM

Though Janet faced various challenges in life, her upbeat spirit helped carry her through. She found joy in the company of her family and friends, relishing dinner outings and trips to Michigan. Her two beloved cats were her cherished companions, receiving all the love and pampering they deserved.

Janet's resilience and loving spirit will forever remain in our hearts.

Surviving are her dad, Orval (Janet I.) Quam of Glenville, Minn.; brother, Bruce of Mason City; as well as numerous aunts, uncles, cousins and friends.

Preceding her in death are her mom, Kathryn in 2012; maternal and paternal grandparents; and great-grandparents.

Janet's memory will continue to shine brightly in our lives, a testament to her strength, love and the lasting impact she made on all who had the privilege of knowing her.

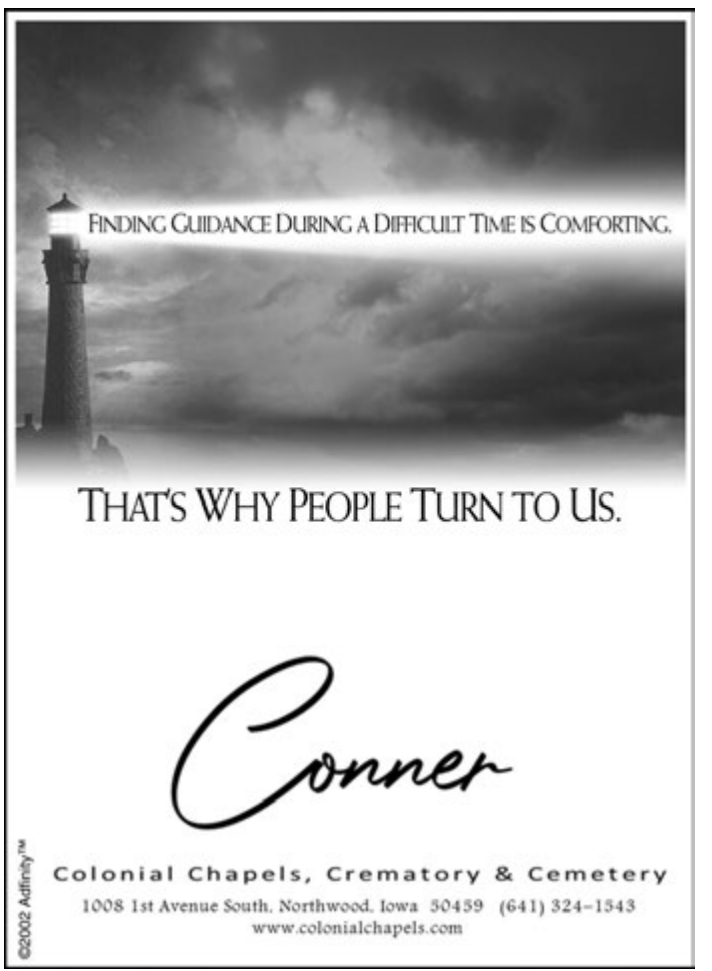
Sharyl 'Knutson' Nestor

Sharyl J. (Knutson) Nestor, 80, of Northwood passed away peacefully surrounded by family on Saturday, September 2, 2023, at Mayo Clinic in Rochester, Minnesota.

We will celebrate her life in the near future.

Arrangements are pending. Conner Colonial Chapel. 1008 First Ave. South, Northwood, IA 50459. ColonialChapels.com. 641-324-1543.

Wish to celebrate the life of a passed loved one?
The Northwood Anchor
help memorialise your loved ones
anchor1@nwdanchor.com or
641-324-1051



Pheasant survey results highest in eight years

The 2023 August pheasant population survey had the highest statewide counts since 2015, with the biggest increases coming from southwest, northwest and northeast regions. The statewide average was nearly 23 birds per route; a 15 percent increase over 2022.

"The bird counts were better than we thought in northwest and northeastern Iowa. The population in northeast is the highest that region has seen in 24 years," said Todd Bogenschutz, upland wildlife research biologist with the Iowa Department of Natural Resources.

Based on roadside counts, if hunters turn out like they have over the past few years, Bogenschutz said we can expect to see a harvest somewhere around 400,000 roosters.

"We haven't had too many years since 2012 that areas were considered excellent, but there are some swaths of counties listed as excellent in northwest and north central Iowa – and over half of the state is considered fair to excellent," he said.

Weather is a big factor influencing Iowa pheasant population and this uptick followed a normal winter and dry spring.

The annual survey also counts bobwhite quail, gray partridge and cottontail rabbits.

"The partridge population is up significantly with excellent counts coming from north central and northwest regions, and decent counts in parts of the east central region," Bogenschutz said.

Surprisingly, he said the quail population didn't follow that upward trend with counts similar to last year across southern Iowa's quail belt.

"Quail hunting was pretty good last year and should be good this year as well in the southwest and south-central regions," he said.

Statewide, cottontail rabbit populations are good, with the better numbers coming from south central, west central and east central regions.

The full report is available at www.iowadnr.gov/pheasantsurvey. The annual August roadside survey has been collecting data on Iowa's upland game populations since 1962. The statewide survey is conducted by Iowa DNR staff between Aug. 1-15, who drive 218, 30-mile routes on gravel roads at dawn on mornings with heavy dew. Hen pheasants will move their broods to the edge of the gravel road to dry off before they begin feeding, which makes them easier to count.

Youth pheasant season is Oct. 21-22.

Pheasant season is Oct. 28-Jan. 10, 2024.

Quail season is Oct. 28-Jan. 31, 2024.

Rabbit season is Sept. 2-Feb. 28, 2024.

Partridge season is Oct. 14-Jan. 31, 2024.





Happy birthday to them

Students at Northwood-Kensett Elementary have their birthdays celebrated throughout year with special lunches for students whose birthdays happened recently. The first birthday lunch of the new school year was held recently. The celebration was interupted by some pesky bees, but that only meant that the meal relocated inside the elementary building to finish their meal and their ice cream.

State Treasurer encourages Worth County to celebrate college savings month

State Treasurer Roby Smith is celebrating College Savings Month by sharing the benefits of saving for education costs.

"For College Savings Month, I'm reminding parents, grandparents, other relatives and friends that anyone can open a College Savings Iowa 529 Plan account to save for a student in their life. Chances are, you already know someone using the Plan to save for those future expenses!" Smith said. "Currently, Worth County has more than $1.7 million invested in College Savings Iowa accounts. It is incredible to see how dedicated Iowans are to education!"

"But I want to spread the word about the benefits of saving with the Plan to even more Worth County residents by hosting a $5,290 College Savings Iowa giveaway. Whether you are already saving with the Plan, or have yet to begin, visit Iowa529Contest.com to register a child in your life," Smith added.

College Savings Iowa is a tax-advantaged investment plan designed to help families save for education expenses. Funds in an account can be used at any eligible education institution including K-12, two- and four-year colleges, apprenticeship programs and trade schools.

Not yet saving with College Savings Iowa and want to learn more about 529 accounts? In collaboration with the National Association of State Treasurers Foundation and Enrich, a learning module was created to explain the benefits of 529 plans and the role they play in helping an individual fund future education expenses. Access it at nast.enrich.org/courses/understanding-the-basics-of-a-529-plan.

"If you are new to College Savings Iowa and want to open an account for a future scholar in your life, College Savings month is the perfect opportunity to do so. Already a saver? Celebrate by making an extra contribution to your account," concluded Smith. "Education can be expensive. Every dollar saved matters!"

Connect with College Savings Iowa on Facebook and Twitter to stay up to date on current events and Plan updates. To learn more about College Savings Iowa, visit CollegeSavingsIowa.com or call (888) 672-9116. For additional details about the Plan, read the Program Description.

View Online: http://readme.readmedia.com/State-Treasurer-Roby-Smith-Encourages-Worth-County-Residents-to-Celebrate-College-Savings-Month/19665243.

Bolan

Joe and Linda Nydegger and Lori Willert attended the Waseca Bluejay's soccer game held in Waseca, Minnesota against the Fairmont, Minnesota team on Tuesday evening. Evelyn Nydegger, daughter of Larry and Michele, is a Senior Forward on the team. They won the meet 8-1 and Evelyn scored two of those goals.

Members of the Bolan Trinity UM Church Family went to the Good Samaritan Home in St. Ansgar on Sunday afternoon to sing some older church hymns for the residents, especially Art White and Elaine Huebner. Gene Rosenberg also joined in the singing. They all enjoyed coffee time afterwards.

Notice

THE IOWA DISTRICT COURT FOR Worth COUNTY

CASE NO. ESPR009373

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF John William Daub, Sr., Deceased

To All Persons Interested in the Estate of John William Daub, Sr., Deceased, who died on or about July 30, 2023:

You are hereby notified that on August 31, 2023, the Last Will and Testament of John William Daub, Sr., deceased, bearing date of February 11, 2018, was admitted to probate in the above-named court and that Julia A. Knecht and John W. Daub, Jr. have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated September 1, 2023.

Julia A. Knecht, Executor
1469 Victory Avenue
Charles City, IA 50616

John W. Daub, Jr., Executor
514 8th Street
Traer, IA 50675

Judith O'Donohoe,
ICIS#: AT0005849
Attorney for Executors
ELWOOD, O'DONOHOE,
BRAUN & WHITE, LLP
116 North Main Street
PO Box 307
Charles City, IA 50616

Date of second publication the 13th day of September, 2023.

Supervisors

September 6, 2023
Special Meeting

The Worth County Board of Supervisors met pursuant to adjournment with Enos Loberg, Mark Smeby and A.J. Stone, present. Also present were: Kris Kenison, Media and Jacki Backhaus, Worth County Auditor

Meeting called to order by Loberg at 3:06 P.M.

Motion Smeby/Second Stone to approve the agenda. Motion carried.

The purpose of this meeting was to discuss the following topics: American Rescue Plan funds, EMS, General Assistance, Jail Exercise Area and Building Permits.

Motion Smeby/Second Stone to adjourn the meeting at 4:13 P.M. Motion carried.

Various tabluations, reports, correspondence and other documents that were presented at today's meeting are placed with the signed minutes.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
JUVENILE DIVISION
NOTICE

TO: Aniyah Tuesno, Mother of P.T.

YOU ARE HEREBY NOTIFIED THAT THERE is an ongoing Termination of Parental Rights in the Juvenile Court for Worth County, Iowa, case no. JVJV000988.

You are further notified that hearing on the Petition has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on the 9th day of October, 2023, at 11:00 a.m.

You are further notified that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.

If you believe you are the mother of the child, please contact the Worth County Attorney's Office.

Jeffrey H. Greve
Worth County Attorney
Telephone: 641-324-1291
Email: attorney@worthcounty.org
37-3t

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
JUVENILE DIVISION
NOTICE

TO: Anthony Lamar Wise, Father of L.W.

YOU ARE HEREBY NOTIFIED THAT THERE is an ongoing Child in Need of Assistance case in the Juvenile Court for Worth County, Iowa, case no. JVJV000975.

You are further notified that dispositional review hearing and hearing on amended petition has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on the 9th day of October, 2023, at 10:30 a.m.

You are further notified that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.

If you believe you are the father of this child, please contact the Worth County Attorney's Office.

Jeffrey H. Greve
Worth County Attorney
Telephone: 641-324-1291
Email: attorney@worthcounty.org
37-3t

Supervisors

September 5, 2023
Thirty-fourth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, A.J. Stone and Enos Loberg present. All members voting "AYE" unless noted.

Loberg led the Pledge of Allegiance and then called the meeting to order.

Motion Smeby/Second Stone to approve today's agenda and minutes from the August 28, 2023 meeting. Motion carried.

Motion Stone/Second Smeby to approve Resolution 2023-30. Roll call: Smeby – Aye; Stone – Aye; Loberg – Aye. Motion carried. (Full text of resolution available in auditor's office).

Motion Smeby/Second Stone to approve claims in the amount of $242,980.38 as per the following schedule. Motion carried.

Alliant Energy Service-Gsr 7,096.99
Aramark, Service-Eng 451.70
At&T Mobility, Service-Shf 925.32
Austin Office Products Supplies-Shf 35.04
Black Hills Energy Inc Service-Eng 79.58
Bmc Aggregates Llc Rock-Eng 7,847.72
Bomgaars Supply, Inc Supplies-Con 254.95
Brian M Kuchay, Md Ems Contract 100.00
C J Cooper & Associates Inc Service-Eng 80.00
Canadian Pacific Railroad Co Rent-Con..... 50.00
City Of Manly, Service-Eng. 61.21
City Of Northwood Service-Gsr 485.82
Crisis Intervention Service Fy24 Appro-Org..... 750.00
Dci-Sor, Edu-Shf 75.00
Elderbridge Agency On Aging Fy24 Appro-Org..... 3,149.00
Falkstone Llc, Rock-Eng.... 210.06
Fertile Public Library/City Of Fertile, Fy24 Appro-Lib .. 9,500.00
Five Star Cooperative Fuel-Eng 82.81
Forest City Ford, Inc Supplies-Shf 84.65
Freeborn County Coop Oil Fuel-Eng 20,050.04
Grafton Public Library/City Of Grafton, Fy24 Appro-Lib 9,500.00
Grp & Associates Inc Service-Phd..... 36.00
Healthy Harvest Of No Ia Fy24 Appro-Org..... 980.50
Heartland Business Systems, Llc Service-Dap 10.00
I35/105 Welcome Center Inc. Fy24 Appro-Org..... 5,625.00
Ia Division Of Labor Service-Gsr 175.00
Imwca Wk Comp Prem-Ins..... 17,935.00
Isac, Edu-It/Gis 240.00
Isaca, Edu-Sup 30.00
Iscta, Dues-Trs 250.00
Jacki Backhaus Reimb-Aud..... 600.68
Jacob Hanson, Reimb-Trs.. 336.53
Joe's Collision & Performance Inc Service-Shf..... 256.86
Joice Public Library/City Of Joice Fy24 Appro-Lib 9,500.00
Kensett Public Library/City Of Kensett, Fy24 Appro-Lib 9,500.00
Kinney Memorial Library/City Of Hanlontown Fy24 Appro-Lib 9,500.00
Knudtson Automotive Service Service-Eng 7,214.07
Mail Services Llc Supplies-Trs 345.86
Manly Congregate Meals Budget Fy24 Appro-Org..... 787.50
Manly Public Library/City Of Manly, Fy24 Appro-Lib... 9,500.00
Manly Senior Citizens Inc Fy24 Appro-Org..... 863.00
Marco Technologies Llc Service-Dap 92.82
Mark Smeby, Reimb-San... 520.00
Mediacom, Service-Gsr 294.90
Mercyone North Iowa Medical Equipment Supplies-Phd 233.26
Mercyone North Iowa Occupational Health Service-Con..... 48.00
Nacvso, Dues-Vaf 50.00
Nassco Inc., Service-Gsr 283.95
Niacog, Service-Tra 2,829.12
Northwood Anchor Inc Service-Trs..... 430.30
Northwood Meals On Wheels Fy24 Appro-Org..... 787.50
Northwood Public Library/City Of Northwood Fy24 Appro-Lib 9,500.00
Northwood Senior Center Inc Fy24 Appro-Org..... 863.00
Olson Insurance Inc Renewal-Ins..... 144.00
Peopleservice Inc Service-San..... 2,677.00
Performance Food Service Supplies-Shf 389.47
Plunkett's Pest Control Inc Service-Gsr 164.06
Rsvp, Fy24 Appro-Org 1,687.50
Sarah Douty Mileage-Phd 124.05
Sci Communications, Inc. Service-Dap 2,101.40
Scp, Service-Eng..... 1,657.45
Soil & Water Conservation Dist Fy24 Appro-Org..... 750.00
Teresa Olson Reimb-Rec..... 651.53
The Timbers, Roll Call-Vaf 150.00
Trading Post, Supplies-Con319.99
Van Diest Supply Company Supplies-Eng 8,198.80
Vanguard Appraisals Inc Service-Asr 600.00
Verizon Wireless Service-It.Gis..... 142.95
Von Bokern Associates Inc. Service-Shf & Eng..... 4,500.00
Wellmark Blue Cross Blue Shield Of Iowa, Flex Fees-Ndp 750.00
Worth County Extension Fy24 Appro-Org..... 15,000.00
Worth County Fair Fy24 Appro-Org..... 14,000.00
Worth County Treasurer Taxes-Eng..... 26,005.00
Ziegler Inc, Service-Eng 12,478.44
Grand Total 242,980.38

Motion Smeby/Second Stone to approve the monthly sheriff's report. Motion carried.

Motion Stone/Second Smeby to adjourn at 8:54 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Legal

Northwood Anchor

PROFESSIONAL CARD
Business Announcements

VETERINARIAN
WORTH COUNTY VETERINARY SERVICE
Michael E. Dierenfeld, D.V.M.
Clinic: 324-1084
Home: 324-1147

PHYSICIANS
MERCYONE
803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE AGENCY
John Midtgaard, Agent
91 9th St. S., Northwood, IA
Office 641-324-9844 Fax 641-324-9844

Alcoholics Anonymous Alanon
Regular meeting each Tuesday, 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

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Wed. 8 a.m. - 5 p.m.,Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - Noon
641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459

N-K cross country competes at Belmond-Klemme

By Mike Simmons
Sports Editor

After some weather-related cancelations to start the season the cross country teams across the state are in full swing, including Northwood-Kensett's, who competed at Belmond-Klemme last Tuesday afternoon.

Placing 41st for the girls was Merrin Hanson with a time of 26:44.36. The boys had two runners compete, Zach Heiken, who placed 72nd with a time of 22:40.72, and Ronan Penfold, who placed 132nd with a time of 33:49.05.

The XC team was set to be in action twice this coming, including on Tuesday at Osage and Thursday at Clear Lake.

Girls Team Scores at B-K – Forest City 41, Garner-Hayfield/Ventura 57, Central Springs 91, North Iowa 93, Hampton-Dumont 99, West Hancock 140, Lake Mills 182

Boys Team Scores at B-K – Lake Mills 43, Forest City 45, Garner-Hayfield/Ventura 70, North Butler 126, Eagle Grove 170, Roland Story 180, West Fork 188, Central Springs 192, West Hancock 239, Hampton-Dumont 260, Belmond-Klemme 294



Future home locations

Pictured is the new housing development under development on the south side of Northwood. Dirt has been moved in recent weeks as utilties and other preparations are underway. The development will be called the Southwind Estates, and will incllude 16 residential lots, with streets that are designed to allow for future expansion. Lots are planned to range from 8,915 to 34,552 square feet.

WCTA annual meeting set for September 21

The Annual Meeting of the Winnebago Cooperative Telecom Association (WCTA) will be held on Thursday, September 21, at 6:30 p.m. at the Lake Mills High School Auditorium. For more information, visit www.wctatel.net/annual-meeting.

Financial and operating reports will be presented to members covering the last 12 months of activities, construction and operation. The election of Directors will take place at the meeting.

Board members whose terms expire are Shanan Redinger of Hanlontown, Iowa; and Curt Helland of Emmons, Minnesota.

The nominating committee has selected the following slate of candidates to be voted upon at the annual meeting: Michael Nissen of Hanlontown, Iowa; and Colin Wittmer of Conger, Minnesota, alongside Shanan Redinger of Hanlontown, Iowa; and Curt Helland of Emmons, Minnesota.

WCTA Directors are Mark R. Johnson, President; Dale Meinders, Vice President; Mike Stensrud, Secretary/Treasurer; Curt Helland; Larry Foley; Shanan Redinger; and Steve Thorland.

WCTA members will receive ballots and notices prior to the September 21 annual meeting. Members can vote by mail.

Members who return their voting ballots in the yellow return envelope by noon on September 21 will be entered to win a prize drawing of a 50-inch Smart TV.

WCTA is a member-owned cooperative providing a full range of quality, reliable telecommunication services and products to communities in north central Iowa and south central Minnesota.

Field Day at Otter Creek Orchard Farms - family fun on the farm

Healthy Harvest of North Iowa will host an agri-tourism field day at Otter Creek Orchard Farms on Friday, September 22, from 5 – 6:30 p.m. Otter Creek Orchard is located at 4975 Ember Ave, St. Ansgar.

Dallas and Kara Jo Hendrikson started their dream to create a place for families to enjoy the fall harvest season and fresh produce when they purchased an apple orchard from Chuck and Julia Crail in 2020. Both Dallas and Kara Jo had worked on the orchard prior to the sale, so were familiar with the farm.

"We both could sense the potential of the place for a family fun destination," said Dallas. "They had a great product in the apples, which was already drawing a lot of people. We thought we could add a few things to make it even more of an attraction."

Since the Hendriksons took ownership of the you-pick orchard, they have added a corn maze, pumpkin patch, sunflower patch, watermelon, strawberries, tomatoes, cucumbers and peppers, as well as numerous activities and games for families to enjoy on crisp fall weekends. One of the newest revisions is a building that includes a kitchen, concession stand, store and restrooms.

Dallas notes that this is the fourth fall they've been open. "People come from over an hour away," he said. "And they come back again and again. It's a lot of work, but it's worth it to see the joy on people's faces!"

Opening day this year is on Saturday, September 16.

This Field Day will begin at 5 p.m. Dallas and Kara Jo will take visitors on a tour of the orchard, sunflowers, pumpkins and anything else folks would like to see. Field day guests will also enjoy some apple-based snacks and a chance to ask questions about agri-tourism.

The orchard will be available for u-pick, and Otter Creek products will be for sale in the store.

Dallas has bigger dreams for their business. "We'd love to expand to having a two-weekend festival each month of the summer months, and becoming a roadside produce market. We're really invested in providing a great ag experience for families."

Questions about the Field Day may be directed to Mary at connection@healthyharvestni.com.

The North Iowa Local Food Connections program is coordinated by Healthy Harvest of North Iowa to build relationships between local food and farm businesses. This series of field days provides an opportunity to learn about the unique businesses across our region raising and providing great food. The network creates a space for businesses and friends to collaborate, learn, and create connections that build businesses and productive communities.

North Iowa Food Connections program is a partnership of Healthy Harvest of North Iowa (www.healthyharvistni.com), local food and farm business. Support provided by a USDA Beginning Farmer and Rancher Development Program (BFRDP), in partnership with Practical Farmers of Iowa.

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Help Wanted-Government
POLICE OFFICER: Indianola Police Department is taking applications for the positions of Police/Patrol Officer. Obtain applications by visiting https://indianolaiowa.applicantpro.com/jobs , choose Police Officer. Deadline 9/15/2023 EOE

Help Wanted-Government
POLICE OFFICER TEST NOTICE
Test Dates: October 6 & 7, 2023
Application deadline is September 22, 2023 at 4:00pm
Lakes Area Law Enforcement Employment Co-op
Is establishing an eligibility list for current and future law enforcement openings In the beautiful Iowa Great Lakes Area!
Successful applicants are eligible for employment by all agencies: Arnolds Park, Emmetsburg, Estherville, Lake Park, Milford, Okoboji, Spencer, Spirit Lake Police Departments; Palo Alto, Osceola & Dickinson County Sheriff's Offices.
At the time of application, candidates must meet State Requirements for Law Enforcement Employment. Currently certified ILEA applicants are allowed lateral transfer. Applicants without certification are required to pass P.O.S.T. & physical agility exams.
For application details contact Dickinson County Sheriff's Office, 712-336-2793 or visit www.dickinsoncountysheriff.com EOE

Miscellaneous
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• Diagnostics • Alignment
South Building - 616 Central Ave.
Cory Marsh
NORTHWOOD, IOWA 50459

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· Commercial
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· Generators
Jarod Gasteiger
Carpenter, Iowa
641-390-1469 cell



LARGE COIN AUCTION
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8 A.M. Viewing with
Auction to follow at 10 A.M.
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300 WILLOW STREET, KENSETT, IOWA
Approximately 600 lots including 174 Morgan Dollars, 114 Peace, 84 Silver Eisenhower Dollars and Modern Dollars; 390 US proof sets; 176 Canadian proof and UNC proof like sets; 40+ lots of Silver 1 ounce rounds; foreign currency; 33 lot of Walking Liberty Half Dollars; 20 lots of Franklin Half Dollars; over 30+ lots of Canadian Silver coins; a Circa 1965 29 Tray Berg Selector display case; 2 - 1976 Canadian Olympic 28 coin sets; plus much, much more!
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200 12th Street S. • Northwood, Iowa
Saturday, Sept. 16 from 9 a.m. to 3 p.m.
Sunday, Sept. 17 from noon to 4 p.m.
Everything must go! Luxury furnishings, artwork and decor from Ethan Allen, Restoration Hardware, Frontgate, Brick Furniture and more. Vintage midcentury rattan and bamboo, glassware. Outdoor accessories and tools. This is not your grandma's estate sale. This is your chance to purchase quality rooms of furniture at a fraction of the retail price! Most is less than five years old (except vintage items).
Cash, debit and credit cards, Apple Pay accepted.
*No checks please. Cash and carry. No delivery.**



The Vikings defense gangs up on a Titan ball carrier in the 44-12 district loss in Ruthven. Getting in on the tackle were Justin Mills, Loghan Nelson, Colby Eskildsen, Jose Obregon and Aden Bice.



N-K QB Kooper Julseth looks to dump the ball of to Aden Bice two weeks ago at GTRA. Julseth leads the team with 451 yards passing and five TDs through the air, and on the ground with 227 of the team's 262 yards rushing and all three of the team's TDs.

Despite an 0-3 start the Vikings passing game is starting to make noise

By Mike Simmons
Sports Editor

Long time fans of Northwood-Kensett football are probably having a hard time adjusting to the Vikings' new emphasis on the passing game. In the past N-K would run the ball 50 or so times a game and pass it, well almost never, resulting in numerous wins, district titles, playoff berths and a coach in the Iowa High School Football Hall of Fame.

But this new version, untested and without a win so far this season is starting to make some noise as it gets better with each passing week, including last Friday night's loss to Harris-Lake Park.

The Vikings faced their first district test two weeks ago when they traveled to Ruthven to take on GTRA, eventually falling to the Titans 44-12 after being held scoreless in the first 24 minutes of play.

GTRA, who held the Vikings to just 182 yards of total offense, pitched a shutout in the first half of play, heading to the locker room at the halftime break with a 26-0 advantage.

The Vikings did get on the board in the second half of play on an Alex Tiedemann receiving TD and a 76-yard interception return for a TD by freshman Landen Nelson.

Offensively the Vikings were led by Kooper Julseth, who rushed for 70 yards and passed for another 78 with one TD and two picks for a respectable QB rating of 103.1 for the night.

Julseth was a force on the defensive side of the ball in Ruthven, recording a team high 7.5 tackles. Colby Eskildsen added seven tackles and Justin Mills had 6.5 and a team high six solo tackles in the 44-12 district loss. The Titans are now 7-0 against N-K in 8-man football, outscoring the Vikings 296-83 in the seven games played, or 42.3 points to 11.9 points per game.

Now catching up with sports after the holiday weekend, the Vikings hosted Harris-Lake Park last Friday night in Northwood and while the game was decided by just one score, it was nonetheless another loss for N-K.

The Vikings got the scoring started in the first quarter when Julseth hit Eskildsen on the run for a 26-yard TD reception, Eskildsen's second of the young season and a 7-0 N-K lead.

Julseth got his legs in the game later in the first quarter when he ran 22 yards for a 14-7 advantage before the Titans evened it once again with a two-yard run to tie the score at the end of the first quarter of play.

The two teams continued to trade scores throughout the rest of the game until the Vikings found themselves trailing 34-21 after a Titan fumble recovery and score. Evan Lorenzen scored late on a 22-yard pass from Julseth to narrow the gap to just one score at 34-27 but time ran out on a Vikings comeback and the night ended with the 34-27 loss, the Vikings third in three games this season.

Julseth threw the ball for 149 yards and three TDs, throwing one each to Eskildsen, Lorenzen and Tiedemann. On the defensive side of the ball the Vikings were led by Mills, who had 8.5 tackles, six solo and a team high three for a loss.

The Vikings are now 0-3 overall and 0-2 in district 2 and will travel to Algona this Friday to face Bishop-Garrigan.



Heading to the middle of the field for the coin toss in Ruthven two weeks ago were this season's captains, Kooper Julseth, Evan Lorenzen and Loghan Nelson.

8-man Football District 2 Standings

District	Overall	
Bishop-Garrigan	2-0	2-1
GTRA	2-0	3-0
Harris-Lake Park	2-0	2-1
North Iowa	0-1	0-3
Northwood-Kensett	0-2	0-3
Rockford	0-2	0-3
West Bend-Mallard	0-1	1-2



Lady Viking Chloe Costello taps the ball over the outstretched hands of a defender last Saturday in Manly. Costello leads the team on the year with 44 kills.



N-K senior Morgan Wallin defends the net against Newman at last Saturday's CS tournament in Manly. Wallin is second on the team with eight blocks this season.



N-K hitter Lindsey Moore goes up against two defenders and scores the point in the Lady Vikings' 2-0 win over Newman. Moore is second on the team this season with 39 kills.

Lady Vikings beat West Fork for first TIC East win of the season

By Mike Simmons
Sports Editor

The Lady Vikings improved to 1-3 in the Top of Iowa Conference East with a 3-0 (25-13, 27-25, 25-16) win over West Fork before the holiday weekend. That same week Northwood-Kensett lost a 3-0 (21-25, 15-25, 22-25) decision at Nashua-Plainfield.

N-K started the week at Nashua and hung right with the home team throughout the first set, finally falling 25-21 before suffering a setback in the second set, a 25-15 loss. The Huskies made it a straight set sweep with a close 25-22 win over N-K in the third and final set.

Lindsey Moore (7 kills), Emma Hengesteg (4) and Demaris Peterson (4) led the team with a combined 15 kills while Chloe Costello went 10-10 with one ace at the service line.

The Lady Vikings were in desperate need of a TIC East win when 0-6 West Fork came to town a few weeks ago, giving N-K an opportunity for its first win inside the conference.

The Lady Vikings wasted little time in the first set showing off their dominance, winning easily 25-13. And while the Warhawks proved they weren't total pushovers in the second set, N-K won nonetheless, 27-25.

Costello was a dominant force at the net against the Warhawks with a match high 13 kills while Morgan Wallin (16-16) and Madalynn Hanson (10-10) were perfect at the service line. As a team the Lady Vikings were 67-74 at the line for a very respectable 90.5 service percentage.

Catching up after the holiday weekend the Lady Vikings had a busy schedule last week with a match in Rockford and five matches on Saturday at the competitive Central Springs Invitational.

The Lady Warriors are 15-3 against N-K since the 2017 season and that trend continued last Tuesday night in Rockford when N-K fell on the road 24-26, 23-25 and 21-25.

As is usually the case in volleyball, this match was won at the net with Rudd-Rockford-Marble Rock recording 26 less kill attempts but scoring 13 more kills than the Lady Vikings.

Costello once again led the team at the net with eight kills while Moore had a team high three blocks.

On Saturday the Lady Vikings traveled 12 miles down the road to compete at the CS tournament, hosting teams from RRMR, Clarksville, Lake Mills and Newman Catholic.

The Lady Vikings started the day with a 2-0 (21-18, 21-17) win over Mason City Newman but then had to face the onslaught of some of the best teams the TIC has to offer, losing to CS 2-0 (12-21, 15-21), Lake Mills 2-0 (10-21, 8-21) and RRMR 2-0 (3-21, 17-21).

After going 2-5 the past couple of weeks the Lady Vikings are now 3-9 overall and 1-3 in the TIC East.

With a busy schedule the past few weeks the Lady Vikings slowed it down a bit and played just one match this week, Tuesday night when they hosted Newman.



