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2023 N-K Homecoming Court

The annual Homecoming festivities will once again include the crowning of the Homecoming royalty. Pictured are the members of the homecoming court, including (from left) Madalynn Hanson, Damon Reyerson, Ella Leonard, Kenny Conlin, Haddie Hanson, Jackson Foss, Trinity Roush, Justin Mills, Chloe Costello, Christopher Madsen and Lindsey Moore. Ben Yezek (pictured to the right) was unavailable for the group photo but was also selected for this year's Homecoming Court and will join the rest of the court for the coronation ceremony Thursday.

Northwood-Kensett celebrates school spirit with Homecoming Week fun

This week the Northwood-Kensett community is celebrating Viking spirit with a full week of Homecoming events and activities.

The annual events include a week of dress up days. Monday was Adam Sandler Day. Tuesday was night time vs. night out day. Class Color Day today (Wednesday) had each grade and the staff dressed in corresponding colors. Thursday is Ken and Barbie Day. Friday is Spirit Day.

The Elementary School also had their own Dress Up Days for Homecoming, with Team Day on Monday, PJ Day on Tuesday, Favorite Color Day on

N-K, See Page 2

Candidates file for city/school offices

Last week was the deadline for those that wanted to appear on ballots for city and school elected offices this November.

The November 7 election will have voters choose who will represent them on councils and as mayors in some cities, as well as on school district boards of education.

The mayor and two city council positions will be up for election in Fertile. Filing as candidates for the council were Andy Carlson and Tim Severson. Also on ballots will be a vacancy, chosen by write-in, with no one filing for the office. Filing to run for mayor was Nick Bailey.

Candidates for two positions on the Hanlontown council include Larry J. Bergan Jr., Crystal Brower, Gregory W. Endelman and Shannon Warren. Running for Hanlontown's mayor are Linda K. McMullin and Richard Scholbrock.

Candidates for the two Manly city council seats include Richard Dean Baird, Dee Dunbar, Scott Heagel and Dan Kainz. Running for the mayor of Manly is Timothy O'Keefe.

The mayor and all five council positions will be elected in Grafton. Running for mayor will be John Bork. Running for the Grafton city council are Jane Dalluge, Randy Hulshizer, Tom Kruger and Michael Schaub. With four candidates on ballots, the fifth will be chosen by write-in vote.

The mayor and three council seats are also open in Joice. No candidates filed to be Joice's mayor, meaning the write-in winner will have the option of taking the job. Running for the Joice council are Paul Anderson, Jimmy Bergo, Rebecca Martinson, David R. Moe, Judy A. Sell and Tyler Swenson. Terry Anonson will also appear on ballots running for a vacancy on the Joice council

Three council seats will be chosen in Kensett. Candidates include LaRue

Candidates, See Page 2

Briefs

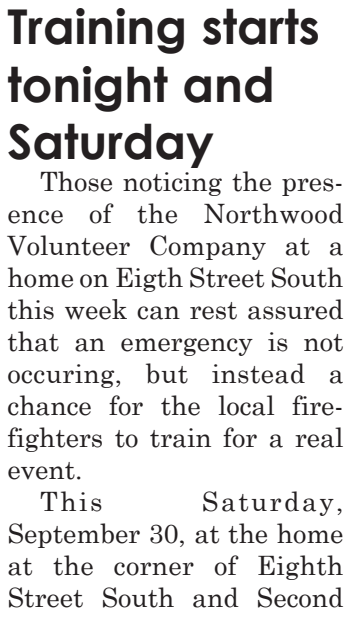
House fire Training starts tonight and Saturday

Those noticing the presence of the Northwood Volunteer Company at a home on Eigth Street South this week can rest assured that an emergency is not occuring, but instead a chance for the local firefighters to train for a real event.

This Saturday, September 30, at the home at the corner of Eighth Street South and Second Avenue South, the NVFC will be conducting a live fire training and controlled burning down of the structure.

During that fire the following roads will be closed so the NVFC is able to lay supply lines to fire hydrants and position

Training, See Page 2



The Week's WEATHER

From National Weather Service information

Date	Hi	Lo	Prec.
Tues. Sept. 19	79	45	
Wed. Sept. 20	83	55	
Thurs. Sept. 21	82	55	0.02
Fri. Sept. 22	80	55	
Sat. Sept. 23	71	62	0.32
Sun. Sept. 24	74	61	0.60
Mon. Sept. 25	78	58	T



Clara Helgeland is pictured with MacKensy Tomlinson as they dressed up for Adam Sandler Day during this week's Homecoming events.

Helgeland bids farewell to N-K after 32 years as the 'glue that keeps it all together'

This week, after 32 years, Clara Helgeland will say good bye to her time as the welcoming face and voice of Northwood-Kensett's Middle/High School building.

While Helgeland has been working at N-K for 32 years, she began as a student. Earlier this month she celebrated her 50th class reunion with the rest of the class of 1973.

Helgeland returned to N-K when she was hired as the secretary for the superintendent and K-2 building in 1991. Her duties at the time also included helping the food service department as the purchasing coordinator and also as a "lunch lady."

After Jan Wright retired, Helgeland was reassigned to the junior/senior high school as secretary and at some point became the building's administrative assistant.

The role brings many duties. As Helgeland said, "A sample of the hats: office manager, collect/account of monies, activity account, state reports throughout

Helgeland, See Page 2

County Supervisors continue ambulance funding discussion

The Worth County supervisors continued their discussion of potential ambulance funding at their recent regular meeting.

As the supervisors continue their consideration of providing financial support to buy time for other plans in the county, they discussed some of the details of the process.

Two agencies have asked for per-call funding to cover their ambulance response in the county.

The Forest City Ambulance Service has asked for $400, which covers ambulance calls, as well as its service that sends paramedics to the scene until ambulances can arrive.

That service covers the townships of Silver Lake, Bristol, Fertile and a portion of Danville, along with the towns of Joice, Fertile and Hanlontown.

The Mason City Fire Department has asked for

County, See Page 3

Workshop offers business continuity resources

Last Wednesday, a workshop was offered to local businesses through the Safeguard Iowa Partnership. The goal was to help them consider how their organizations might be impacted by hazards, disasters and emergencies. They then were given tools to help them be more prepared.

Leading the workshop was Jay Knox, executive director of the Safeguard Iowa Partnership.

Safeguard Iowa Partnership is a coalition of business and government leaders, with a goal of strengthening the ability for businesses, communities and governments to work together to prepare for and respond when disaster strikes.

On September 20, a workshop was held, inviting area businesses to consider

Workshop, See Page 2



Combine fire fought

Last week, this combine caught fire in the field. Fortunately no one was injured, but the dry conditions that were still persisting last week created the possibility that fire could spread. The Northwodo Volunteer Fire two hours that evening suppressing the fire and removing smoldering beans. The NVFC responded with 12 firefighters, one engine, two tankers, a brush truck, a technical rescue and an ambulance.

Vikings win over Bison — See Sports Page 12

Workshop
Cont. from Page 1

the process of preparing a business continuity plan. Those plans detail potential hazards that may impact a business and the preparations in place.

Taking part in the workshop were Kris Gordon, realtor with Realty One and a member of the Worth County Fair Board; Brad Sabin, whose duties at Iowa Northern Railroad include the director of Hazardous Materials; Northwood Anchor/Manly Signal publisher, Kris Kenison; and Melissa Michaelis, director of Winn-Worth Betco. Also on hand was one of the workshop's organizers, Worth County Emergency Management director Mark Tomlinson.

The workshop began with some statistics that highlight the importance of having a plan in place, including 1 of 3 businesses being impacted by a disaster, 40% failing to reopen when they do, along with another 25% closing within a year; and that 75-80% of businesses don't have a disaster plan.

The first step in the process involved analysis potential hazards and determining whether or not they could have a significant impact on a business.

That included looking at the type of hazard; how likely it is to occur; and what kind of human, property and business impacts that may result.

Besides looking at list of potential hazards, also discussed were sources of information to help understand the local potential for impact. That includes state and local emergency agencies, existing hazard planning, law enforcement, fire departments and historical information that insurance companies may have available.

Those taking part in the workshop used a spreadsheet to list hazards and then score their likelihood, potential impact and how prepared they are should that hazard take place.

With an understanding of hazards in place, the group looked at a document that asked them to assess how prepared and how vulnerable different aspects of their operations would be to hazards and disasters.

With a sense for how to examine disasters and what parts of their business may be impacted most, the group examined their end goal, a business continuity plan.

Those taking part were provided with a document that outlines the risks that could have significant impact; plans to prevent and mitigate those impacts; how the business would operate in an emergency; how those involved in the business would communicate with each other, with customers and with those in the community that use their services; how the business would recover after an event; and how the continuity plan would be assessed and maintained.

While the discussion focused on the plan document, it was noted that it was more important that businesses have a program in place to consider how to prepare for and survive those disasters that could have a potential impact on a business.

A number of resources and tools were shared for those considering their own plans or preparedness options.

That includes the Safeguard Iowa Partnership, online at www.safeguardiowa.org.

A hazard analysis tool was shared, online at www.calhospitalprepare.org/hazard-vulnerability-analysis.

Ready.gov is a website provided by the U.S. Department of Homeland Security. The website provides information on disasters, hazards and emergencies, along with resources and recommendations for planning and preparing and to help recover afterwards.

Local emergency management and law enforcement agencies were also suggested as resources for disaster planning and recovery.

N-K
Cont. from Page 1

Wednesday, Beach Day on Thursday and Spirit Day on Friday.

The crowning of the 2023 Homecoming king and queen will take place at 7 p.m. tomorrow, Thursday, September 28. That will be followed by the Power Puff Football Game at 7:30 p.m.

Friday's activities will once again include the Homecoming Pep Assembly to end the school day for students.

Friday afternoon will also include the Homecoming parade, traveling from the high school to Central Avenue downtown. The parade begins on Friday, September 29, at 3 p.m. New this year, the school is inviting community businesses and groups to join them in the parade. More information is available by contacting N-K student council member Weston Willand at 26wwilland@nkstudents.com.

The Post Prom Committee will host a tailgate supper of smoked meat sandwiches, beans, chips, water and a "sweet treat" for $10. They will start at 5:30 p.m. and offer food until it's gone.

The Homecoming football game will see the Vikings take on the Rudd-Rockford-Marble Rock Warriors at 7 p.m.

On Saturday, September 30, the Homecoming Dance will be held from 7-10 p.m., with high school students and their guests invited.

Training
Cont. from Page 1

apparatus. Roads impacted include 8th Street South from 1st Ave South to 2nd Ave South; 1st Ave South from 8th Street South to 10th Street South; and 2nd Ave South from 8th Street South to 10th Street South (this includes the8th Street South park entrance).

There will also be training conducted on this house tonight, Wednesday, September 27, starting at 6 p.m., which will result in road closures of 8th St South from 1st to 2nd Ave S, and 2nd Ave South from 8th St South to 10th St S.

The NVFC asks that no one drive or walk around any fire apparatus or barricades in that area for both their own safety and the safety of fire personnel.

The date and times of the event may change depending on weather and other factors.

Candidates
Cont. from Page 1

Douglas, Linda Kauffman and Kristine Woltzen.

Three council seats will also be on ballots in the city of Northwood, with Michael Bode, Gary A. Nerlien, Daniel L. Reeder, Annika Schreiber, David Tenold and Matt Thompson appearing on ballots.

The Central Springs school board will have three positions up for election. Appearing on ballots for the one at large seat will be Sean Arthur and Nancy Lund. Candidates for the District 1, North B board seat include Amber Nuehring, Joseph Rowe and Joe Ryan. Running to represent District 2, South B are Joshua Berman and David Luett.

Three seats on the Northwood-Kensett school board will be up for election. Running for the N-K board are John R. Anderson, Shana Brunsvold, Jamie Nelson and Cynthia Pangburn.

The voter pre-registration deadline for the upcoming city/school election is Monday, October 23. The County Auditor must receive all registration forms no later than 5 p.m. unless post-marked on or before Monday, October 23.

Voters may request an absentee ballot at the Auditor's Office at any time. If the ballots are not at the office at the time of request, they will be mailed to the voter as soon as they are available.

Absentee voting begins on Wednesday, October 18.

The deadline to request an absentee ballot to be mailed is 5 p.m. on Monday, October 23.

Voters may request and vote ballots at the Auditor's Office until 4 p.m. on Monday, November 6.

Polls will be open on election day, Tuesday, November 7, from 7 a.m. to 8 p.m.

More information, including sample ballots, links to candidate information and more can be found at the Auditor's Election Website at elections.worthcountyiowa.gov or by contacting the Auditor's Office at 641-324-2316.

Helgeland
Cont. from Page 1

the year, first responder 'nurse' and the grand finale graduation. I don't want to bore everyone with all the duties/tasks it takes to keep the office running."

As one would expect, the biggest change over the years has come with new technology.

Helgeland said that evolves every year and for the most part has helped streamlined her job and complete tasks more efficiently.

That's also true for the students, and all that entails. As Helgeland said, "the good, the bad and the ugly."

Besides the technology used, the buildings she works in have seen some of the biggest changes while she has worked at N-K.

"Man, there has been numerous changes during my 32 years. The west elementary building is no more. The secondary building has transformed with the removal of the open air atriums to classrooms, the front of the building was enclosed and converted into offices, there was the classroom addition on the north of the building, the exterior shop building was removed and there was the addition of the vocation classrooms/shops, the remodeling of many areas such as the kitchen, concessions, library, FACS or what was called the home ec room when I was here. The latest addition of the activity center gives the school compound quite an impressive look."

Besides the numerous changes to the campus itself, Helgeland also noted the security changes in more recent years, with buildings locked throughout the school day. And the new Viking logo was another big change that can be seen districtwide.

Helgeland said with a smile that what she will miss most are the snow days. The least? "State data reports. No really, they weren't that bad. I looked at them as a big puzzle. Collect all the data, get the data entered correctly and have it all become error free and the last piece, the final state approval."

Besides the snow days, Helgeland said that her favorite memories and highlights of her time at N-K include, "In no particular order, the really cool pictures drawn for me by students serving detention; accompanying the music students on the trip to New York City; my former classmates' children and now their grandchildren being in the building; the same as former students now being part of the staff; and the first time I heard my name yelled out in the hallway and it wasn't being directed at me. There was finally another Clara in the house!!"



CLARA HELGELAND

One of those students that have now become staff is Beth Butler, who shared her memories of Clara, both as an N-K student and now as a teacher.

"I remember my first encounter with Clara was when I was in elementary school and I would get my lunch ticket from her. She was kind and helpful, and she hasn't changed a bit. Throughout my years of education at N-K, Clara always greeted me with a smile and she was willing to help any student who walked through the door. It was a fun transition to come back to Northwood and work as her colleague. During my first year at N-K as a teacher, Clara found my senior picture in her desk drawer, which just shows how she values her time and relationship with students.

"It did not take me long to realize Clara is someone you want on your side because she pretty much is the glue that holds the secondary building together. She answers questions and solves problems for students and staff. Lord, help us when the copy machine jams or needs toner and she isn't here! Congratulations on your retirement, Clara! May you continue to light up the world with your smile!"

Monte Dearmoun, social studies teacher, who has been working at N-K nearly as long as Helgeland, and whose children have also been students, said, "My first memory of Clara is having her show Cheryl and I around town in the Spring of 1996 when we were looking for a place to live for when I would start teaching here in the Fall of 1996. She shared some history of Northwood when we were driving around town."

Emily Abbas, a more recent addition to the district had this to say about Helgeland, "Clara was always good at keeping me in order... It wasn't uncommon for me to see a reminder email from Clara in my inbox about all kinds of things that I had forgotten about. Clara was great at keeping us all in order so that the school was a smooth running operation. Thanks Clara for all of your hard work and attention to detail!"

It's those interactions with students and staff that have been most special for Helgeland.

"It has just been a blessing to have found an occupation that I have truly enjoyed doing all these years. I was never going to 'work' when I headed out in the morning, I was going to 'school.'

"I've enjoyed watching all my kids (what I referred to the students as) grow up each year with the final act of walking across the graduation stage. What a feeling of accomplishment each year!! A week ago, Amy Hansen came into the office and said, 'Clara you're blowing up our Facebook.' Unaware that she had posted my retirement notice, I was very overwhelmed by all the 'comments' and 'likes.' I'm humbled with all this attention and well wishes. All I can say is 'thank you everyone."

And that message of gratitude is no doubt one shared for Clara, whether that be by the staff that worked alongside her, any of "her kids" or the members of the community that have called or visited the office to be welcomed by Clara.

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County
Cont. from Page 1

$500 for each time it is dispatched to the county, whether or not a transport takes place.

That would cover the remainder of Danville, Lincoln and Union townships and the towns of Manly and Grafton.

The Northwood Volunteer Fire Company has agreements with the remainder of the county, Grove, Deer Cree, Barton, Kensett, Hartland and Brookfield townships, and the towns of Northwood and Kensett. The NVFC has said that it will not ask for money from any of the areas they cover.

For those townships and cities that will be asked to pay for a service, plans and funding sources have not yet been officially chosen.

In the western area of the county, based on the lower number of calls in the areas, there could likely be enough money raised by increasing levies in towns and townships.

To the south, Lincoln Township is already at the maximum levy rate and there wouldn't be enough available to cover the MCFD request.

Local leaders in that area have been meeting to look at options, including potentially forming an EMS district, which could ask for up to $1 per $1,000 of property taxes. Agricultural property would not be included.

That additional tax, however, may not cover the MCFD request.

The supervisors have discussed providing pandemic relief funds to townships and towns to cover ambulance costs for a time, allowing them some space to figure out how to pay for the services.

At a workshop earlier this month, supervisor Enos Loberg had discussed how the County could provide funds to those areas.

Before that can happen, the County will need to reach agreements with those areas. That may include each township and town specifically, or as discussed at the September 19 board meeting, potentially to each area of the county as a district.

Loberg proposed that, based on ambulance calls from the previous year, roughly $307,000 of pandemic recovery funds could be made available countywide, if $500 were paid to each agency per call.

That would cover the cost of the MCFD charges. In the other areas, that would provide extra funds, which Loberg suggested could be used to save for other costs or potential future increases.

In the NVFC coverage area, it could also cover the costs of having agencies like MCFD as a backup. Loberg said that he was told that each MCFD response in the NVFC would be charged at the same $500 rate as the County.

Mention of the NVFC led to a question of whether or not the agency would accept the pandemic dollars.

Supervisor AJ Stone noted that the NVFC has prided itself as a donation-based agency, never asking for tax dollars.

Loberg noted that the pandemic funds aren't coming from local taxes, and are more like the type of federal grants or programs that may have provided aid to fire agencies.

In any case, Loberg said that the County shouldn't just pay what each agency was asking for, but provide an equal amount for each ambulance call.

County dispatch software will be used to determine the area from which an ambulance call is made. The County could then pay a per call amount based on each ambulance service's coverage area. That would take place until the set amount of relief money was spent.

The supervisors planned to get some legal input on what kind of agreements would need to be in place before deciding whether or how to proceed.



Working on the 'walk

The project to replace City Hall adjacent sidewalks began last week. Springer Construction was hired to handle the removal and pouring of the new sidewalks. The project comes as the City has asked reisidents of the city to fix cracked, uneven, damaged and dangerous sidewalks. Amongst the sidewalk needing work was that of the City of Northwood.

Divas 3 to take stage in Clear Lake

The Clear Lake Area Concert Association (CLACA) kicks off its 2023-2024 season this Saturday, September 30, with Divas 3, featuring three female singers with powerhouse voices singing the biggest hits of the greatest divas in music history. The show will be at E.B. Stillman Auditorium, 1601 Third Ave. N. in Clear Lake, at 7 p.m.

Divas 3's vibrant show spans four decades covering the 1960s through the 1990s. Partial set list includes "60s Girl Group Medley," "Wind Beneath My Wings," "Total Eclipse of the Heart," "I Will Always Love You," "My Heart Will Go On," "Disco Medley," "Adele Medley," "I Wanna Dance with Somebody" and more.

To attend this show, people are encouraged to become a member for the entire CLACA 2023-2024 season; memberships are $50 for an adult, $100 for a family (single household), and students are free. Membership includes admission to the Divas 3 show, plus three additional shows in Clear Lake, as well as the opportunity to attend over 15 additional shows in the nearby reciprocal communities of Algona, Forest City, Osage and Albert Lea, Minnesota. Memberships will be available at the door and can also be purchased at the Clear Lake Area Chamber of Commerce, 205 Main Ave. OR Grabinski Law Office, 1102 Eighth Ave. Ct. S., both in Clear Lake. Single-event tickets will also be available at the door for $25.

Additional shows in the 2023-2024 CLACA season include Nonsemble, a big band covering jazz and pops standards on November 11, award-winning Australian country music duo Camille and Stuie of the French Family Band on February 21, and Feels Like Home with Tina Scariano, celebrating 1970s queens of rock on April 20.

For questions or to reserve a membership, see clearlakeconcerts.org or call 641-529-1964.



HHS to issue Summer 2023 P-EBT Food Benefits to Eligible Iowa Children

The Iowa Department of Health and Human Services (HHS) and the Iowa Department of Education have received approval from the United States Department of Agriculture, Food and Nutrition Service to issue Summer 2023 Pandemic Electronic Benefits Transfer (P-EBT) for eligible school-age Iowa children for the 2022-2023 school year.

This program provides $120 per eligible child, issued on new P-EBT cards to be received by October 4. HHS estimates approximately 240,000 Iowa children are eligible for this benefit, totaling $28 million in food assistance.

Generally, school-age children who were in grades K-12 during the 2022-2023 school year and received free and reduced-price meals at school through the National School Lunch Program as of May 31, 2023 are eligible to receive this benefit.

"Access to a consistent, nutritious diet not only ensures a child's basic needs are being met, these benefits are an investment in their health and future success, which are key focus areas for HHS," said HHS Director Kelly Garcia. "These additional funds will support thousands of Iowa families in putting nutritious food on their table."

Summer 2023 P-EBT cards can be used to purchase eligible food items anywhere SNAP EBT cards are accepted. Eligible food items include dairy, eggs, meat, cereal, rice, pasta, bread, fresh, frozen, canned or dried vegetables and fruit, any ingredients you use for cooking, baby formula, diabetic foods, garden seeds, plants for growing food at home, and ice. Food that is already prepared or hot food, pet food, and non-food items are not eligible for purchase with P-EBT cards. For more information, please visit https://www.fns.usda.gov/snap/eligible-food-items.

Families should visit the comprehensive P-EBT FAQ at https://hhs.iowa.gov/food-assistance/related-programs/P-EBT for more information about the Summer 2023 School Age P-EBT program.

If your family struggles with food insecurity check your eligibility for the Supplemental Nutrition Assistance Program at https://hhs.iowa.gov/how-to-apply; or call 211 or the food bank in your community.

Iowa's P-EBT program is a shared initiative between HHS and the Iowa Department of Education.

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Conlin performs on European tour as an Iowa Ambassador of Music

This past summer, one Northwood-Kensett student musician joined several others from the state of Iowa to represent their communities, state and country on a sightseeing and musical performance trip to Europe.

Kenny Conlin, a senior at N-K this year, took part in the Iowa Ambassadors of Music trip to Europe in July.

Conlin first learned about the trip after a solo/ensemble contest two years ago, when he was handed information inviting him on a "trip of a lifetime."

Conlin said he was interested, but that he needed the recommendation of a band director to take part.

Fortunately for Conlin, his teacher at N-K, Jared Barnes, recognizes the talent he brings to a performance.

"Kenny has been a very motivated musician for as long as I can remember. In eighth grade he was selected for the All-Iowa Eighth Grade Honor Band, but unfortunately, COVID prevented that honor band from occurring. He has been selected for numerous other regional and college honor bands before and since then, often playing 1st Trombone, and earning first chair."

So there wasn't any hesitation on Barnes' part in suggesting that Conlin represent the best of Iowa's student musicians.

The expenses of the trip, and the preparations involved in performing are left to the students and their families.

Conlin and the other students received a packet of music to practice and prepare.

Then in May, auditions were held to help the band directors determine part and chair placements.

They were given their placement assignments and had until the first days of July to practice and learn the 11 songs they would play as a band, nine on their own, and two shared with the choir that would join them on the trip.

Conlin arrived at Grinnell College on July 2 to begin a three day workshop, getting to know the other students that would be on the trip, and practicing the songs they would share with their European audiences.

The concerts included a variety of music chosen to share the music of America. It included songs like "The Battle Hymn of the Republic," "Stars and Stripes Forever," "America the Beautiful," "Louis Armstrong Revival Selection" and other songs representing America's musical culture and history.

To give them a taste of performing in front of an audience together, the students put on a farewell concert at Grinnell on July 4.

The next day they drove to Chicago and they departed for Europe on July 6, set to spend three days in each of their five destinations.

Their first stop took them to London.

The trip there included scenic tours of sites like Buckingham Palace, the Tower Bridge and others.

They also took in a musical performance, seeing "The Phantom of the Opera" at His Majesty's Theatre, playing there since 1986.

Conlin and the IAMB performed their concert in the Victoria Embankment Garden in the city of Westminister.

Unfortunately the performance was rained out after just a couple of songs.

They left London on the Eurostar train and arrived in Paris, France, on July 10.

While there they took in the Louvre, the Eiffel Tower, Notre Dame and other Parisian destinations.

Their performance in Paris was another set in a park, namely Le Jardin d'Acclimation.

Conlin said that the Paris performance was unfortunately set in a bustling park and as such the audience wasn't as keyed into their music.

Their next destination proved to be just the opposite and Conlin said that Switzerland was a highlight for the group.

Their Swiss destination was the ski resort community of Crans-Montana, along with the towns of Zermatt and Montreux.

Conlin said that the smaller Swiss communities were much more welcoming and inviting and clearly appreciated the Iowans' concert more than the crowds of London and Paris.

Their concert in Crans-Montana was in the Orangerie, a concert venue built just for visiting musicians like those in the Ambassadors of Music program.

"We just felt like the whole town was there to see us and welcome us. You could tell they really enjoyed our concert and having us visit their towns. It was great."

When not delighting the audience in Switzerland, the students traveled through the communities in small groups, taking in the sites and visiting shops and restaurants nearby.

It was also here that Conlin had one of his more memorable experiences.

"I had fondue for the first time. It was really good."

They also got a chance to see the Swiss mountainsides by train as they traveled through the country.

Their next stop took them to Germany, where they visited Rothenburg ob der Tauber.

The town is preserved to resemble a medieval town. It is one of three remaining towns in Germany that is still surrounded by a standing wall.

Another smaller community meant that free time was once again spent with a group of friends that Conlin meant as they began their journey together.

The performance had them in the Rothenburg Town Square. The smaller community meant that Conlin once again enjoyed the appreciative audience that came out to see them.

While the medieval town and European castles nearby were an interesting look at that portion of history for the students, their itinerary also took them to the Dachau Concentration Camp for a more sobering look at Germany's past.

Next up on the trip was Salzburg, Austria.

The visit included a tour of sites from "The Sound of Music," amongst the other shops, monuments and destinations of Salzburg.

Another town square concert brought in a dedicated crowd there for the chance to appreciate the Iowans' talents.

"All the small towns were the best. There were just too many people in the bigger cities and they weren't there for a concert. But when we played at the end of the trip, the smaller towns cared and were more happy to see us. That made it more special."

The smaller towns also showed their appreciation by hosting group meals and sharing some of their own local music.

After Salzburg, they visited Vienna, Austria, before making their way to Munich, Germany, to fly to Chicago and then to their homes in Iowa.

Conlin said that, as advertised, it was the trip of a lifetime.

While he enjoyed the destinations, the new group of close friends he made on the trip were his favorite part of the experience.

"I didn't think I'd make friends for a lifetime, but it's true. We've spent time together since and we'll do that more in the future."

The trip was the first time Conlin had been out of the country and he said he was eager to travel beyond the U.S. borders again.

"It was the most fun I'll ever have playing music," Conlin said of the experience.









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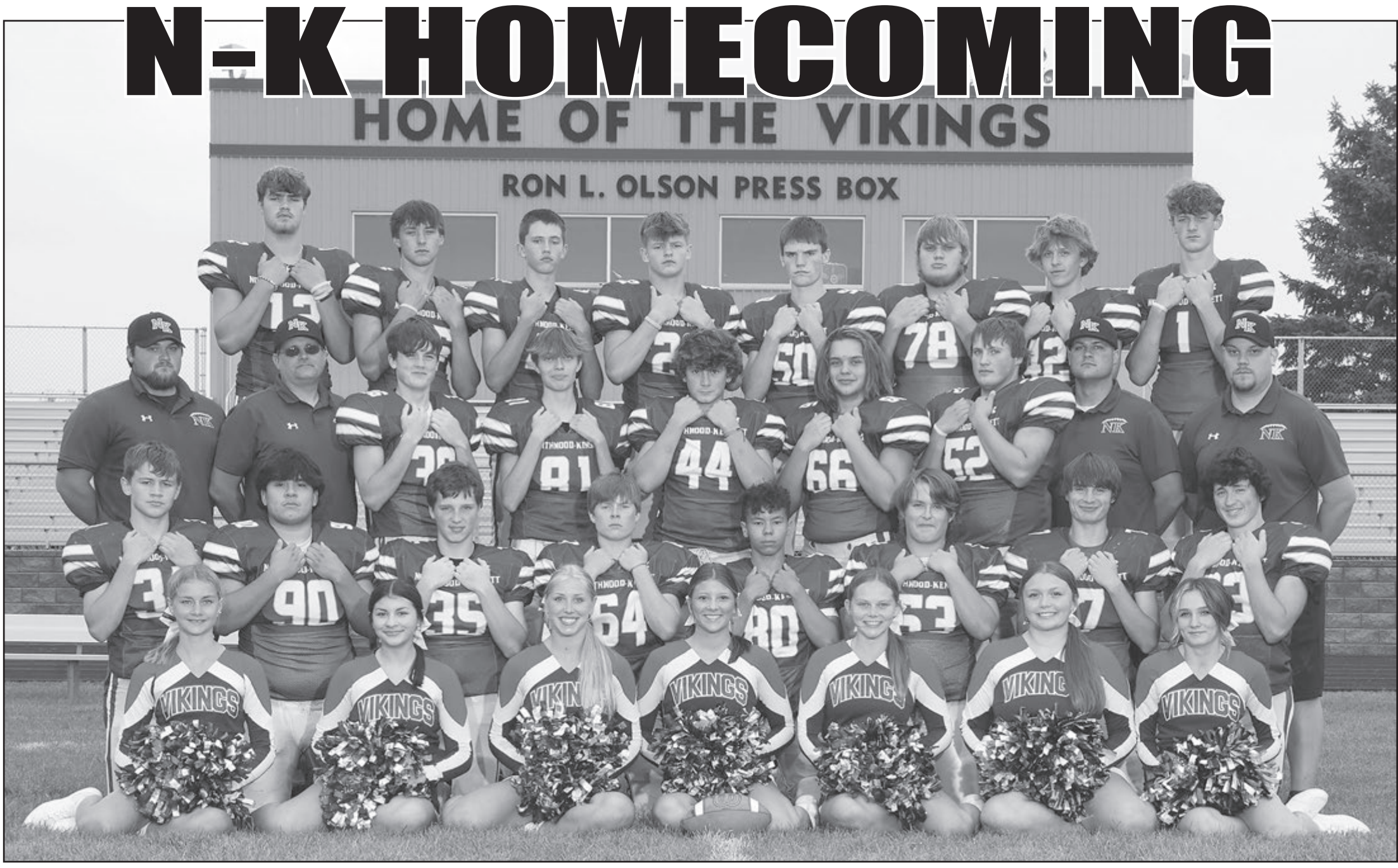
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N-K HOMECOMING



N-K Varsity Football Team and Cheerleaders

Members of the Northwood-Kensett football team and cheerleaders include (in front, from left) Ashlynn Skellenger, Sophia Butler, Lindsey Moore, Haddie Hanson, Madalynn Hanson, MacKensy Tomlinson, Topanga Hackenmiller, (second row) Alex Tiedemann, Jose Obregon, Quinton Butler, Weston Willand, Linca Scarlett III, Caleb LaPoint, Aden Bice, Kolton Robinson, (third row) assistant coach Tristan Rothove, assistant coach Ryan Parker, Landen Nelson, Hayzin Jacobson, Brady Christianson, Ayden Clark, Justin Mills, assistant coach Leo Frost, head coach Trevor Hunt, (back row) Colby Eskildsen, Carter Anderson, Carson Tufte, Evan Lorenzon, Loghan Nelson, Noah Woltzen, Caysen Chodur and Kooper Julseth.



N-K Varsity Volleyball Team

Members of the Northwood-Kensett volleyball team include (in front, from left) Topanga Hackenmiller, Hailey Krambeer, Ashlynn Rollene, (second row) Lindsey Moore, Emma Hengesteg, Haddie Hanson, Addison Tasker, Mallory Rheingans, Kamryn Backhaus, (back row) head coach Ashley Haxton, Ella Leonard, Damaris Peterson, Madalynn Hanson, Morgan Wallin, Chloe Costello and assistant coach Samantha Hunt.

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Interesting insects

Students in Mr. Urbatsch's second grade classroom at Northwood-Kensett Elementary have spent time learning about insects as the school year has begun. Pictured at left is a praying mantis that has been calling the classroom hoom, and enjoying a healthy diet of crickets. The students also learned more about monarch butterflies thanks to a visit from Worth County naturalist Heaven Walker.

Fall lawn care considerations to recover from Summer drought and ensure Spring green-up

Fall is a key time for lawns across Iowa, especially following a particularly dry, hot summer. As Adam Thoms, assistant professor in horticulture and extension turfgrass specialist with Iowa State University, explains, mindful turfgrass management in the fall helps grass to recover from summer stresses and sets lawns up to thrive in the spring.

With much of the state still suffering from moderate to severe drought, providing additional irrigation can keep lawns green and prevent grass from entering dormancy. But as Thoms explains, it is key that homeowners decide whether to irrigate and then stick with that decision to prevent additional stress on the lawn.

"The worst thing you can do is pull your lawn in and out of dormancy," explained Thoms. "If you water your lawn for a few weeks, get a higher-than-expected water bill, and then decide to stop watering, that'll use up all of the grass's food reserves."

Additionally, any seed planted over the next few weeks will require routine watering given continuing hot, dry conditions. "Keep the seed wet, and water multiple times a day," added Thoms.

Despite the drought concerns, fall is the perfect time to establish or overseed the lawn. Late summer seeding allows cool season grasses to germinate quickly, and warm fall days and cool nights promote rapid turf growth. Plus, few weed species germinate in the fall, which removes competitive pressure on the lawn.

According to Thoms, September is also ideal for aerating the lawn, a practice that helps relieve soil compaction, improve water and nutrient movement in the soil and prevent thatch accumulation. More information on aeration and establishing and overseeding lawns is available from Iowa State University Extension and Outreach's Horticulture and Home Pest News Research Page.

While fertilizing in the fall is important for helping lawns recover from summer stress, promoting root growth and encouraging early spring green up, Thoms recommends holding off on



applying fertilizer for a few more weeks.

"Unless you're irrigating regularly, that fertilizer will just sit lay on the surface until it rains," he said. "However, providing food once it starts to rain again is very important to strengthening the lawn, and the best defense against weeds is a healthy lawn."

Fall is also an ideal time to control perennial broadleaf weeds, as weeds preparing to enter winter dormancy will transport herbicide from their foliage to their roots, resulting in weed destruction. Thoms recommends waiting until after the first frost to apply herbicides, as this can significantly reduce drift while still ensuring effective weed control.

For newly seeded or overseeded lawns, however, herbicides should not be applied until new seedlings are thoroughly established. "Once you apply seed, you shouldn't spray again until after you've mowed twice," added Thoms.

Thoms recommends continuing to mow the lawn until grass stops growing in the fall, which is usually around late October or early November in Iowa. Mulching fall leaves into the lawn can also add a boost of nutrients and organic matter into the soil ahead of the winter months.

Finally, hosing down the mower, changing the oil and cleaning out the air filter ahead of winter will ensure optimal spring performance. Thoms recommends waiting until after the first mow of the spring season to sharpen mower blades because sticks and other debris in the lawn can dull freshly sharpened blades.

For more resources regarding fall lawn care, visit https://www.extension.iastate.edu/news/yard-and-garden-fall-lawn-care or contact Thoms at athoms@iastate.edu.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

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Sunday, Grace Worship, 9 a.m., Bethlehem Worship, 10:30 a.m.
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Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., Wonderful Wednesday, K-3rd Grade, 2 p.m., Missions & Drama Time, 3:30 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4-8th & Confirmation, 5:30 p.m., Meal, 6:15 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, 7 p.m.; Thursday, Pastor at Circuit Meeting, 10 a.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:10 a.m., Bethel Worship, 10:30 a.m.

Northwood United Methodist Church
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Peace Lutheran Church, Northwood
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The 7th annual Roll Call event, ROLL CALL VII, will be held at Noon on Saturday, November 4, at "The Timbers" in Northwood. This event is sponsored by Worth County Veterans Affairs, and is free to all Worth County Veterans, and a guest. There will be a catered meal, live band, a guest speaker, fellowship with your veteran neighbors, and a chance to win one of twenty flags. Don't miss a good time.

The Gift of Dreams



Where do dreams come from, and why do we dream? The ancients thought that dreams were messages from God, often in symbolic form, much like Joseph's interpretation of Pharaoh's dream about the seven thin and the seven fat cows in Genesis. Some modern psychologists believe they are the unconscious mind irrupting into dream consciousness, and offering a brief glimpse of our hidden selves, though usually in symbolic form. Practically, there isn't much difference between the views of the ancients and those of modern-day psychologists when it comes to dreams. Maybe our dreams really are messages or reminders from God, in need of interpretation. Maybe they are a "gift" from the spiritual realm which needs to be analyzed or interpreted in order to be opened. We should not throw away these gifts without at least trying to "open" them. Dreams can offer valuable insights into our fears and desires, which we might not otherwise realize. An just maybe God is trying to tell us something through our dreams.

And he dreamed that there was a ladder set up on the earth, and the top of it reached to heaven; and behold, the angels of God were ascending and descending on it!
– R.S.V. Genesis 28:12

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Does anyone still have a bread machine? I know where mine is but I haven't used it in quite a while. So, if you still have one, dust it off since it really is the best thing since….well, sliced bread! If you don't have one (or have given it away or donated it somewhere) head for the nearest thrift shop and find another one. I saw a very nice one at the Share Shoppe this past week. I truly don't know many people who dislike fresh warm bread slathered with real butter. Even the low-carb folks crave bread and give in once in a while. But, if you don't look forward to mixing, kneading, rising, punching down the dough, rising again, shaping the loaf etc. etc. and baking…. the bread machine will do all that for you at the push of a button! "Better Homes and Gardens Bread Machine Bounty" (1992, Meredith Corp, Des Moines) came my way from the Public Library collection of books pulled from the stacks. With this book at your fingertips, you will put that bread machine to work again and fill the house with the fragrance of baking bread in no time.

The important thing with all these recipes is to put the ingredients into the machine in the exact order indicated by the maker of your machine. If you no longer have the instruction booklet, try starting with the liquid ingredients first, then the dry ingredients, ending with the yeast. Don't use "quick rising" yeast; use active dry yeast. For best results all ingredients such as butter or eggs should be at room temperature. Start your adventure with a loaf of plain white bread then branch off from there. These recipes make a 1 pound loaf; 16 slices.

White Bread

3/4 cup milk (not skim; 2% or whole is fine)
1 1/2 teaspoons shortening (you can use stick margarine or Crisco®
2 cups bread flour (you'll get better results than with all-purpose flour)
2 teaspoons sugar
1/2 teaspoon salt
1 teaspoon active dry yeast OR bread machine yeast if you can find it

Add the ingredients according to manufacturer's direction. Use the button for regular white bread, not sweet bread etc. Push the button and you're set to go!

Egg Bread

2/3 cup milk (not skim; 2% or whole milk is fine)
1 large egg, room temperature. Beat the egg slightly.
1 tablespoon margarine or butter, room temperature
2 cups bread flour
4 teaspoons sugar
1/2 teaspoon salt
1 teaspoon active dry yeast OR bread machine yeast.

Add the ingredients according to the machine's manufacturer's directions. Consider the beaten egg as a liquid ingredient. Use the regular bread button to operate the machine.

Peanut Butter Snack Bread

3/4 cup milk (not skim; 2% or whole is fine)
1/4 cup creamy peanut butter
1 large egg, room temperature, slightly beaten
2 cups bread flour
4 teaspoons sugar
1/2 teaspoon salt
1 teaspoon active dry yeast OR bread machine yeast
1/2 cup chopped peanuts

Add the ingredients, except the chopped peanuts, according to the machine manufacturer's directions. Start the machine using the regular bread setting. After the ingredients are thoroughly mixed, there should be a beep or ding indicating it's time to add ingredients that you want to stay whole, such as nuts, chocolate chips or raisins etc. This is when you pour in the chopped peanuts. Let the machine continue on to finish kneading and baking the loaf. Yummy with jelly on it!

People went absolutely bonkers about bread machines when they hit the market back in the 90s. I've had two of them over time but, to be honest, try not to eat as much bread as I used to. However… when I found this book I was inspired to bring my machine out again and give it a go. And….that's all she wrote.

Northwood Anchor Society









Banking on a tasting treat

As NSB Bank is celebrating 90 years, it brought the party to the Lutheran Retirement Home recently. After offering celebratory root beer floats at the bank in Northwood the week before, bank employees brought the tasty treat to the dining room at the Lutheran Retirement to share in the event.

Generations of Severson make a home on Century Farm

By JoAnn Lower

On 450th Street just outside Northwood sits a beautiful Century Farm owned by the third generation of Seversons, Gene and Janet. The original 160 acres were purchased by Gene's grandparents Martin and Randina ("Dina") Severson in 1908, one year after they were married.

The house on that farmstead was built in 1912 by Martin and Dina, the house that has been "home" to many.

"My grandparents raised two children, my parents four children, and Janet and I raised four daughters and a son all in this house," said Gene proudly.

Gene and Janet's daughter Connie and husband Bill Fett live in rural Nora Springs. Daughter Monica and husband Travis Hickey live in Mason City, their two sons are Trev and Zach. Daughter Kathryn and Ron LeBrun live in Mason City. Daughter Tracy and her husband Andy Kumpf live in rural Clear Lake; their children are Natalee and Logan. Gene and Janet's son Harley Severson lives in Clear Lake.

"I've always admired my grandparents for what they did and what they stood for," Gene said. "I grew up on this farm, raised my family here and, still to this day, live in the house they built."

In 1867 Gene Severson's great-grandparents, (Martin's parents) Eric and Hanna, had immigrated from Norway and acquired from the government the land on which the century farm sits. On it they raised their family of six. Their bodies are buried one mile west of Northwood in South Shell Rock Cemetery.

In 1958 Martin and Dina passed the farm to Gene's parents, Maurice and Gladys Severson. After their retirement, the farm was passed on to Gene and Janet in 1981. The couple began with a farrow-to-finish hog operation, followed by crop farming (corn and soybeans).

"After our daughters were grown and had left home, we acquired Harley as a foster child. Later we adopted him and raised him in this house."

Continuing to live in the farmhouse built in 1912, Janet and Gene have made a few improvements along the way. They retired at the end of 2021; their youngest daughter Tracy and husband Andy Kumpf are renting the farm from them.

Gene tells about his grandpa's love for the farm and of one way he found to express that love: "When Grandpa Martin moved off the farm and into Northwood, he'd drive out here and park his car in the shade of our old maple tree.

"'It's so hot in Northwood,'" Grandpa would say, "'That I came out here to sit in my car under the shade of this old tree and listen to my favorite team play baseball.'"



Recipe writing class to be held at NIACC on October 10

Healthy Harvest of North Iowa will be teaching two classes at NIACC this Fall within their Lifelong Learning department. These classes can be taken individually, based on your personal interest, or as a pair.

The October class focuses on Recipe Writing. You will learn how to document your favorite meal or snack and value-added products such as soap or perfume. Utilizing recipe writing is a practical solution to record recipes that you can treasure forever.

"These classes are very practical, and participants will receive short lectures accompanied with hands on exercises and handouts to complement each lesson," says Andrea Evelsizer, Program Director with Healthy Harvest, "the classes are designed to be informative and interactive."

"If you are looking to learn something new or refine your skill set, our classes with an emphasis on local foods might just be the right fit for you," says Amelia Attwood RD, LD, Special Project Manager with Healthy Harvest, "the classes provide general nutrition recommendations and applications."

Dates/times for each class can be found at: www.healthyharvestni.com/events/

The Recipe Writing class will take place on Tuesday, October 10, from 1-3 p.m. at NIACC's Mason City campus. Sign up today, search the catalog at: niacc.augusoft.net for Course #15284.

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1-3 p.m.
Northwood Senior Center
Cake n' Ice Cream

Northwood Anchor **Opinion**

Savvy Senior

Three vaccines seniors should consider getting

Dear Savvy Senior,

Which vaccines are recommended for Medicare seniors this flu season?

Just Turned 65

Dear Just Turned,

There are actually three different types of vaccines seniors should consider getting this fall to protect against a repeat of last winter's "tripledemic" of respiratory illnesses, which included flu, RSV and coronavirus. Here's a rundown of the different vaccines the Centers for Disease Control and Prevention (CDC) is recommending and how they are covered by Medicare.

Senior-Specific Flu Shots

For people age 65 and older, there are three flu vaccines (you only need one) that the CDC recommends over traditional flu shots.

These FDA-approved vaccines provide extra protection beyond what a standard flu shot does, which is important for older adults who have weaker immune defenses and have a greater risk of developing dangerous flu complications compared with younger, healthy adults. The three senior-specific options include the:

- Fluzone High-Dose Quadrivalent vaccine, which contains four times the amount of antigen as a regular flu shot does, creating a stronger immune response for better protection.
- Fluad Quadrivalent vaccine, which contains an added ingredient called adjuvant MF59 that also helps create a stronger immune response.
- FluBlok Quadrivalent vaccine, is a recombinant protein (egg-free) flu vaccine that contains three times the amount of antigen as compared with a regular flu shot.

There isn't enough evidence yet to indicate whether one of these three vaccines provides superior protection over the other two for seniors.

As for side effects, you should know that the Fluzone High-Dose and Fluad vaccines can cause more of the mild side effects that can occur with a standard-dose flu shot, like pain or tenderness where you got the shot, muscle aches, headache or fatigue. While the side effects of Flublok tend to be a little less frequent.

All flu vaccines are covered 100% by Medicare Part B as long as your doctor, health clinic or pharmacy agrees not to charge you more than Medicare pays.

New RSV Vaccines

Anyone age 60 and older, especially if you have any heart or lung conditions, diabetes, kidney or liver disorders that make you vulnerable to the respiratory syncytial virus (RSV) should consider getting one of the new FDA approved RSV vaccines (either Arexvy or Abrysvo).

These vaccines, recommended by the CDC, will help protect older and immunocompromised adults from respiratory illness, which is responsible for 6,000 to 10,000 deaths and at least 60,000 hospitalizations each year in seniors 65 and older.

The new RSV vaccines are covered by Medicare (Part D) prescription drug plans.

Updated COVID Booster

If you haven't had a COVID-19 booster shot lately, you should consider getting one this fall. Even though the Covid public health emergency has ended and the number of cases has gone way down, it has been surging in recent months causing an increase in hospitalizations, especially among the elderly.

The updated COVID vaccine targets the XBB omicron subvariants that are some of the most dominate coronavirus variants circulating in the U.S. It will also provide protection against the EG.5 variant (Eris), which is closely related to the XBB.

COVID booster shots are covered 100% by Medicare Part B.

When and Where

Most health officials agree that it's safe to receive the flu and COVID booster at the same time. But because the RSV vaccines are new this year, many doctors are recommending a two-week window between an RSV shot and the flu and/or the COVID shots.

You can find all three vaccines at most pharmacies, medical clinics and health departments, or you can do a search at Vaccines.gov.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

Do you ever wonder why we can't hear dog whistles?

Yeah, why is that?

It's because dogs can't whistle.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I was there to have a trained medical professional paint over the ruins. The clinic has a scent. It's the smell of the angels who work there. I had dent repairs made by a surgeon so dexterous he could stop a gas pump at exactly $20.00 if he wanted to. Every scar is a monument. Women know that an important part of a man's rehab after surgery is to whine about it. Nobody gets through life unscathed, so keep moving. My wife drove me home. In my muddled state, I sang a Monty Python's song for my wife's enjoyment while stopped at a red light. "I like traffic lights. I like traffic lights. I like traffic lights. But only when they're green." As we drove away, I wanted to add, "Oh do you know the muffin man, the muffin man, the muffin man? Oh do you know the muffin man, who lives on Drury Lane?" But I didn't.

My wife brought in a few bulbs of garlic. The cat found them and carried one away. The cat lives in a world filled with toys, food, staff, windows, poop gravel and napping areas. The garlic was deemed a toy. She bit into and it was a toy no more. She became offended. Curiosity didn't kill the cat. Vampires haven't bothered her. That reminded me of a woman and her emotional support animal seated in front of me on a flight. The cat meowed so much during the flight that I needed emotional support.

A traveling galoot

The City of Hondo, Texas, is known for its iconic sign reading, "This is God's Country Please don't drive through it like hell." Drivers ignored the sign. The US states with the highest number of bingo halls are Texas, New York and Florida. I called bingo twice a week for a few years until I called "under the O, 7." I'm taking a break. It was in Texas where I first heard the joke about the rancher who said his ranch was so big, it took him all day to drive his pickup across it. To which a Midwestern farmer replied, "Yeah, I used to have a truck like that."

South Dakota has kuchen as the official state dessert, milk the official drink, frybread the official bread and chislic (salty meat on a stick) the official state nosh.

I've learned

My car can mysteriously change its location in a parking ramp if I leave it alone for more than an hour.

Never spend much time in the company of an evil ventriloquist.

Tarzan never once texted while he was swinging on a vine.

As I walked at night, I heard loud sounds coming from cars whose drivers wanted to share their music with the world. Secondhand smoke isn't good for us. Neither is deafening secondhand music.

There is a secret place known only to my wife where everything I'm looking for resides.

I'm surprised I don't get pop-up ads with my toast in the morning.

Nature notes

While working in North Dakota, I was reminded that The Peace Garden State is the No. 1 honey-producing state in the nation. In its lifetime, a worker honey bee produces 1/12th of a teaspoon of honey. To make one pound of honey, workers fly 55,000 miles and tap two million flowers. In a single collecting trip, a worker visits between 50 and 100 flowers, carrying over half her weight in pollen and nectar. A beekeeper told me of the tradition of telling the bees—informing them of deaths in the family, births, marriages and long absences.

You've been there, walking down a hallway when you meet someone headed in the opposite direction. A nasty collision is in the offing if you don't do something. You move right. The other party moves left, presenting another opportunity for a head-on collision. That's what you'll see hummingbirds doing now. It's a territorial dance done to defend a dependable food source.

Minnesota's Big Tree Registry has 53 native tree species listed. You'll find the application here: www.dnr.state.mn.us/trees_shrubs/bigtree/nominate.html. The Iowa Big Tree Nomination Form is at www.iowadnr.gov/Portals/idnr/uploads/forestry/urban/Iowa%20Big%20Tree%20Nomination%20Form.pdf?ver=2017-09-29-113906-913.

Meeting adjourned

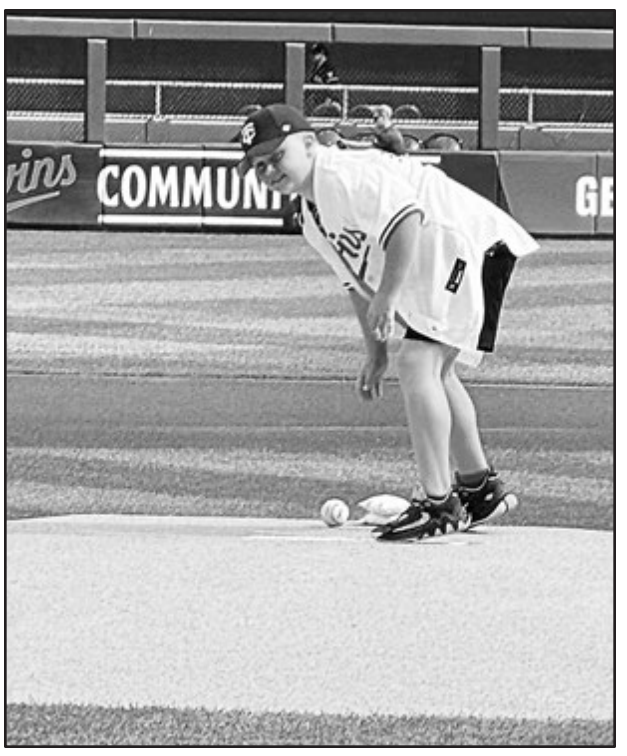
"Kindness and politeness are not overrated at all. They're underused."–Tommy Lee Jones.

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Fit to print...

Fun at the old ball game





Two Grafton area young people had a truly special time at this past weekend's Twins games. They were invited to take part in on the field action during Saturday and Sunday's games. On Saturday, Keeghan Severson was the Target Ball Kid that placed the game's ball and rosin bags on the pitcher's mound. His brother Zander stood with TC Bear and shouted "Play ball!" to begin the game. A day later they were joined by their cousin Aiden Gores for the Kids Mascot Race. Babe the Big Blue Ox (Aiden) won the race, but it was still fun for Bullseye (Keeghan) and Louie Loon (Zander). The Seversons are the sons of Lindsey and Mike Severson, Grafton, and grandsons of Connie and Brian Kenison, Kensett.





Northwood Anchor

Early Files

100 years ago

September 19, 1923

Radio fans tuned in Friday night and enjoyed the report right from the bat of the Dempsey- Firpo world championship fight at the Polo grounds in New York, in which Jack Dempsey still holds the championship in a 15-round fight. Jack won in the second round.

Headed by the Joice band, the business men and several other boosters of the town left Saturday on a booster trip to advertise the Joice Community Club celebration to be held here on Tuesday, Septenber 18. Lake Mills, Leland, Forest City, Fertile, Hanlontown, Manly, Kensett and Northwood were the towns visited.

Gasoline was selling at 14.5 cents a gallon at all filling stations in Des Moines last week, the result, officials of the Standard Oil Company said, of reductions in price "to choice customers by independent concerns." The former price was 16.5.

Wilbur and Harold Bolender leave today for Iowa City to continue their studies in the State University. This is the third year for both of them at the University. Wilbur is studying dentistry and Harold is taking up medicine.

The Jefferson Transportation Company, in order to handle their increasing traffic over this great highway between the Twin Cities and Mason City, have added two new buses. They are called "The Robin" and "The Partridge." This company will now make five rounds trips to the Twin Cities each day.

The kindergarten department of the Northwood schools opened on Monday, September 17, with 25 little tots present. Like all big colleges the kindergarten began a couple of weeks later than the regular school However it was not for the same reason. Their teacher, Miss Gladys Jenson, did not return from a summer's trip in Europe until September 10. The cause of the delay home was the many storms encountered and the damage done to the ship.

75 years ago

September 23, 1948

Carroll O. Switzer, Democratic candidate for governor, will carry his campaign into northern Iowa next Saturday when he will make three speeches in Worth County.

Wednesday, September 29, has been designated as the day for formal opening of the new $90,000 co-op structure since January 1, the elevator replaces the plant lost in a $40,000 fire on July 1, 1947.

Whitney Randall, Northwood contractor, was the low bidder for the erection of the city hall and fire station in Northwood. Bids were opened at the special meeting of the town council on Monday evening. Mr. Randall's bid was approximately $21,000. With heating and plumbing added, the total cost will be about $24,000, it is said.

Mrs. Harvey Hanson, 31, a resident of the Tenold vicinity, died last Friday night in a Mason City hospital following an illness of about 10 days.

Following a summer-like temperature of 92 degrees, recorded Sunday afternoon by the official thermometer in Northwood, the mercury started downward when Sunday evening's rainfall started and on Wednesday morning reached the week's low of 52 degrees.

At a meeting held in Northwood on Monday night the matter of engaging a county nurse for Worth County was discussed and received much support from those present. Mr. Ennis and Miss Moran, field representatives of the Iowa Dept. of Health, with headquarters at Decorah, outlined the plan for support of the project in part from state funds.

"Corn is ready for frost any time now," seems to be the opinion of most of the farmers in this vicinity. Allowing for spots that are badly hit by dry, hot weather in August, which will to some extent affect the average yield, a county average of 50 to 55 bushels of very good corn per acre is indicated, according to conversation officials and farmers.

50 years ago

September 27, 1973

The new warehouse at Northwood Co-op Elevator is progressing satisfactorily, although there is some delay in obtaining the conveyor, according to manager Larry Wright. The building, which is about 100 feet high and will hold about 200,000 bushels of grain, will be covered with corrugated metal. A completion date is indefinite pending arrival of the conveyors.

About two and one half inches of rain was reported in the Northwood area in the past few days with 1.44 on Monday and slightly over an inch Wednesday. A story in the September 28, 1972, issue of the Anchor reported that four inches of rain had fallen within a few days, which was the beginning of a very wet fall.

George Kulik, railroad station agent at Grafton, has been appointed to the Worth County Conservation Board. He replaces Leonard Cobeen, who resigned. Kulik was appointed to a term expiring on January 1, 1977. The action was taken at a recent meeting of the county board of supervisors.

E2 Darwin Branstad, son of Mr. and Mrs. Iner Branstad, Jr., arrived home for a 15 day leave. Branstad, who is a '73 graduate of the Mason City High School, took his basic at Fort Leonard Wood, Missouri, and then on to Fort Gordon, Georgia, for Military Police Training. At the end of his leave he will be stationed at Fort Carson, Colorado.

Mrs. Ron Brunsvold, president of Inter Se Study Club, pins a corsage on Mrs. Leon Barnes when the club opened its year with a dinner at the home of Mrs. R.L. Olson. Watching are Mrs. A.J. Heiny and Mrs. L.D. Beckett. The three women are charter members of the club, which is observing its 50th year. Gifts were also given the charter members.

New officers of the Worth County Farm Bureau are Harold Hanson, secretary; Jim Trainer, vice president; Richard Hanna, president; and Marle Haugebak, treasurer.

25 years ago

September 30, 1998

The Northwood council voted 4-0 to reject a Minnesota contractor's $1.35 million bid to build a new swimming pool here. The unanimous vote by councilors Rhonda Athey, Jane Bloomingdale, Doug Helgeland and Dan Hendrikson put the pool's fate in limbo for the immediate future. But the council hopes to meet with pool architect Ron Ankey to revise various plans and specifications to produce lower bids at a future bid-letting.

Farmers State Bank loan officer Dennis Reyerson showed Northwood-Kensett Elementary students the dangers of playing in, on or near a gravity-flow grain wagon during the Worth County Extension Service's "Farm Safety Youth Camp" at the Worth County fairgrounds here.

The State Farm Good Neigh Bear teachers Kristi Parks' kids from Children's Garden in Northwood how to obey stop lights and learn about pedestrian safety. Other programs Good Neigh Bear teaches kids are the importance of children's identification cards, why it is important to wear seat belts and safe biking through his bicycle rodeo. Good Neigh Bear has been helping kids in Northwood for approximately five years.

The Northwood-Kensett Vikings improved their record to 4-0 Friday with a 61-8 Class A District 4 victory over Northeast Hamilton. Two touchdowns by senior tailback Jack Johnson, three by senior fullback Danny Varner, two by junior tailback Mike Waters and one by junior end Andy Helgeson gave the Vikings a 45-8 lead early in the fourth quarter as coach Dave Capitani substituted liberally from the second quarter on.

The Northwood-Kensett High varsity volleyball team downed Belmond-Klemme 15-8, 15-7, 15-3 here last Monday to claim its first North Iowa Conference win of the season. "IT felt great to get that first conference win," said Viking coach Brenda Steinman. "The girls really deserved it. They came out and played real well right from the start.

10 years ago

September 25, 2013

The 2013 Northwood-Kensett Homecoming court includes king candidates Logan Nielsen, Gabe Kramer, Zach Costello, Brandon Brockman and Mitchell Athey; and queen candidates Rosita Cansino, Katelyn Jaspers, Chandler Capitani, Jayde Hapgood and Kelsey Katcher.

The singing trio Take 3 performs at the Worth County Historical Society's annual meeting on September 17, held at Bethlehem Lutheran Church in Manly. Take 3 consists of sisters Paula Hanson and Teresa Nicholson and Teresa's daughter, Devyn Nicholson. Take 3 is a women's trio that has performed at veterans and military events, fairs and other meetings and celebrations throughout North Iowa.

Kory Olson of Olson Insurance Inc. in Northwood, was appointed to the Southern Minnesota Agents Advisory Council for Grinnell Mutual Reinsurance Company. As an advisory member, Olson attends annual advisory meetings, sharing feedback regarding Grinnel Mutual products, services, business technology, underwriting, customer service, claims handling and marketing.

The Vikings' Dawson Van-Ryswyk successfully defends a Riceville pass attempt last Monday afternoon. N-K's JV beat the Wildcats 20-8.

Lisa Irons with Shiloh, her Champion Foundation Simmental Heifer, and Mary Irons with Boo, her Champion Shorthorn Plus Heifer, exhibited on Sunday, September 8, 2013, at the Clay County Fair District 4-H Show in Spencer, Iowa. At the Iowa State Fair the girls exhibited Willow and Aspen, Lisa's Reserve Champion Cow/ Calf pair from the Maine-Anjou Breed Show held on August 10, 2013.

Senior Katelyn Jaspers led the defensive attack for the Lady Vikings last week with 36 digs against Saint Ansgar and added another 28 against North Butler. Jaspers now has a team high 97 digs on the year.



Helpful movers

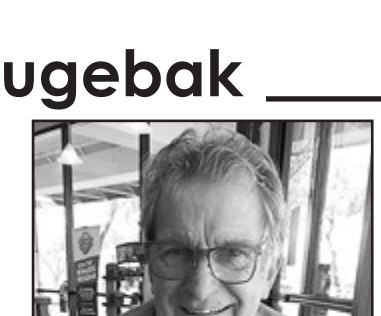
The Worth County Historical Society had some help putting in place one of the newest additions to its main museum. Pictured above is the museum's newly donated pump organ, along with the helpful high school volunteers that helped carry it into the building.

Northwood Anchor

Obituaries

Richard Haugebak

Richard Anthony Haugebak went to his forever home on September 17, 2023. He died at Peppi's House (Hospice) in Tucson, Arizona. A celebration of Rick's life will be held at a later date.



RICHARD HAUGEBAK

Richard Anthony Haugebak was born on April 2, 1949, at Park Hospital in Mason City, Iowa, son of Marle Haugebak and Beryl (Anderson) Haugebak-Heltne. He was baptized on May 8, 1949, at First Lutheran Church in Northwood, Iowa, by Pastor Alf W. Jorgenson. Rick was confirmed on April 7, 1963, at Bethel Lutheran Church in Phoenix, Arizona by Pastor L. Olav Tolo.

Rick attended Northwood Elementary Schools, then moved to Glendale, Arizona, in 1959. There he attended Glendale Elementary and William C. Jack School in the eighth grade, then Glendale High School. In 1966 they moved back to Iowa where he graduated from Northwood-Kensett High School in 1967.

He was united in marriage to Sharon Buehrer on May 27, 1983, in Northwood, Iowa. Between them they had five children, Nichelle Cherise Haugebak, Heather Joy (Haugebak) DeBerry, Kristopher Haugebak, Timothy Haugebak and Susanne Haugebak.

He worked for his brother Mark in construction, then in 2003 he started his own company, RH Construction, that he operated until 2020 when health issues made it necessary to retire.

Rick enjoyed time spent with his family, trips with Sharon, hunting, camping and working around his home. Sharon was so proud of all the improvements he did on their home. Papa, as he was known to the grandchildren, was always happy to spend time with his grandchildren. They would ask him a simple question and he could spend 20 minutes talking to them about whatever they wanted to know or maybe didn't want to know. He was also known for his corny jokes! In 2016 they purchased an RV and enjoyed little trips in that.

Rick was a member of Oro Valley Church of the Nazarene. He had a great faith in his Savior, which got him through some tough times, including two open heart surgeries, Congestive Heart Failure and dementia. They were involved with the nursery at church, enjoying their "babies" that they got to play with on Sunday mornings. The little ones loved him and even remembered him after they "graduated" and moved to another classroom. Unfortunately, due to COVID and other health issues, they had to give that up in 2020.

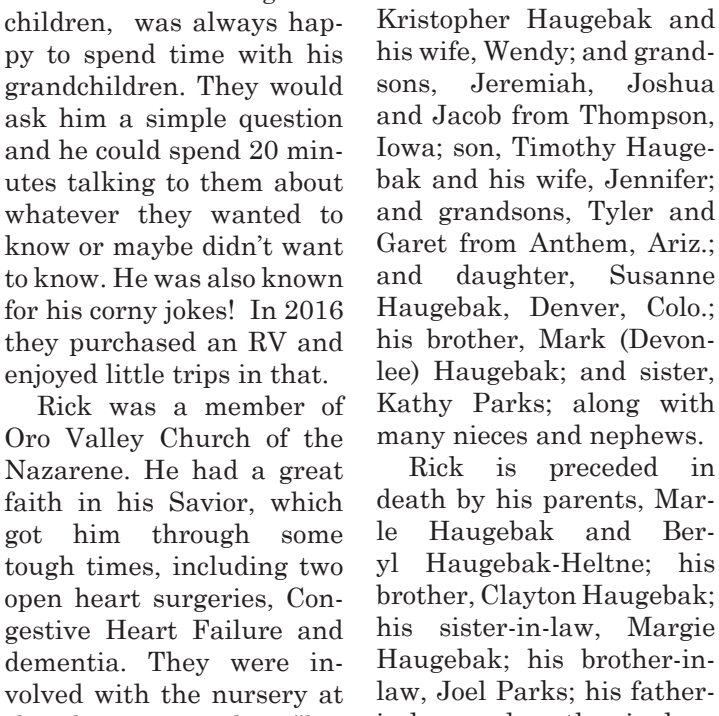
Rick is survived by his wife, Sharon Haugebak; daughters, Nichelle (Nicki) Haugebak, Heather Joy DeBerry and her husband Charles; his granddaughters, Emma and Ellie DeBerry; and his "adopted" grandchildren, Jacob Woosley and Keira Painter all from Tucson, Ariz.; son, Kristopher Haugebak and his wife, Wendy; and grandsons, Jeremiah, Joshua and Jacob from Thompson, Iowa; son, Timothy Haugebak and his wife, Jennifer; and grandsons, Tyler and Garet from Anthem, Ariz.; and daughter, Susanne Haugebak, Denver, Colo.; his brother, Mark (Devonlee) Haugebak; and sister, Kathy Parks; along with many nieces and nephews.

Rick is preceded in death by his parents, Marle Haugebak and Beryl Haugebak-Heltne; his brother, Clayton Haugebak; his sister-in-law, Margie Haugebak; his brother-in-law, Joel Parks; his father-in-law and mother-in law, Eldon and Ellen Buehrer; and sister-in-law, Dawn (Buehrer) Steenhard.*

Chester Millard Jr.

Chester J. Millard Jr. passed away peacefully at his home in rural Northwood, surrounded by family on Thursday, September 21, 2023.

Arrangements are pending with Conner Colonial Chapel. 1008 First Ave. South, Northwood. 641-324-1543. ColonialChapels.com







Council Members from the North Central Area include (front row, from left) Harley Charlson, Sydney Schilling (Worth County), Sasha Hess, Gensley Ball, (middle) Hadley Shatek, Claire Sampson, Benaiah (Ben) Meier (Worth County), (back) Aiden Anderson, Grant Farnham, Nolen Steiner and (not pictured) Haley Heinselman.

Worth youth begin term on State 4-H Council

Forty Iowa youth are beginning their new terms as State 4-H Council members. The State 4-H Council induction was held during the closing ceremonies of the 2023 Iowa 4-H Youth Conference on June 29.

"These young leaders will serve as ambassadors for the 4-H Youth Development program throughout the state and in their local counties," said Madeleine Bretey-Smith, Iowa State University Extension and Outreach 4-H leadership and civic engagement specialist.

To be considered for the State 4-H Council, each member submitted a written application and then participated in interviews with a panel of 4-H mentors. This selective process focuses on how candidates communicate their leadership and communication skills and their potential to contribute as a part of a large group.

"The members gain experience in a wide variety of valuable life skills, including communication, leadership and professionalism," said Bretey-Smith. "Through State 4-H Council, youth have the opportunity to participate in training, serve in committee leadership roles, and work as ambassadors for the Iowa 4-H Youth Development program at county and statewide events."

As a part of the council, members are responsible for organizing and implementing the annual Iowa 4-H Youth Conference, which brings over 400 high school students to Iowa State University's campus for three days in June. Council members also serve at the Iowa State Fair and other Iowa 4-H events and visit counties to share with 4-H'ers how to get involved with state and national 4-H opportunities. The council members also coordinate, promote and oversee the 4-H'ers for 4-H fundraising campaign.

"The State 4-H Council strengthens the 4-H Youth Development program by advocating with young people around the state about some of the exciting programs, experiences and information relevant to today's teens," Bretey-Smith said. "The 4-H program provides young people with leadership roles at the state and county level to engage them as full participants, allowing them to partner with staff and volunteers in planning and implementing their projects and programs."

"Youth leadership opportunities, like being on state council, are impactful to help you grow as a person and help those around you grow with you. I've been able to build lifelong skills that I will carry throughout my high school career and life beyond it," explained Sydney Schilling, who represents Worth County and will serve her second term on the state council. "This year, I hope to make a fun and inviting environment for Iowa 4-H. I want our program to be as appealing as possible to those youth on the fence about 4-H and retain those members to help them grow in life."

"Getting to represent such a great program and have fun with other 4-H youth who are just as passionate as me is an amazing thing," Schilling added. "I look forward to building up my friendships with the rest of the council and building up our program for years to come."

"I am excited to leave a positive impact on Iowa 4-H and inspire younger youth to get more involved at the state level in 4-H," said Brody Kuhse, who represents Bremer County and will serve his second term on the state council. "My favorite part of state council is the ability to meet new people, especially the idea of making a difference with them. We build personal relationships that last and allow us to work very well together. I am looking forward to our next state council retreat, where we will continue to work toward our goals for this term."

"The opportunity for youth to step up and demonstrate leadership ability and learning is very important, especially with teens," Kuhse explained. "Taking initiative allows youth to realize their potential and grow. Leadership is an important life skill for all youth to experience."

"I am so excited to work with this group of young leaders! I look forward to seeing how this group grows and evolves together as they set their goals and achieve them throughout the year," said Bretey-Smith. "As a former Iowa 4-H council member myself, I am honored to continue supporting youth-adult partnerships and lifting youth voices in our organization. I am enthusiastic to support these young people as they strive for their goals and gain an increased understanding of the positive impact they can have in their communities and beyond."

Council members attend multiple retreats throughout the year that focus on developing leadership, civic engagement, communication and personal life skills while providing opportunities to work as a team and make friends.

The State 4-H Council members represent all parts of Iowa. They work to give back to their communities and help 4-H Youth Development best serve the youth of Iowa.

Iowa State 4-H Council members from Worth County include Benaiah (Ben) Meier and Sydney Schilling.

Others reepresenting the North Central region of the state include Haley Heinselman, Claire Sampson and Hadley Shatek, Cerro Gordo County; Gensley Ball, Clay County; Nolen Steiner, Hardin County; Aiden Anderson, Grant Farnham and Sasha Hess, Webster County; and Harley Charlson, Wright County.

For those interested in applying for the State 4-H Council, the State 4-H Recognition Day application will open on January 1, 2024, and close at 11:59 p.m. on February 1. For more information on the State 4-H Council, visit https://www.extension.iastate.edu/4h/statecouncil or email Madeleine Bretey-Smith at mbretey@iastate.edu.

Northwood Anchor People's Right To Know

Supervisors

September 19, 2023
Thirty-seventh Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, A.J. Stone and Enos Loberg present. All members voting "AYE" unless noted.

Loberg led the Pledge of Allegiance and then called the meeting to order.

Motion Smeby/Second Stone to approve today's agenda and minutes from the September 11, 2023 meeting. Motion carried.

Motion Stone/Second Smeby to approve drainage claims in the amount of $43,973.75 as per the following schedule. Motion carried.

Bolton & Menk Inc, DD 2 Main, Prof Services $10,178.50
Worth County Engineer, DD 6/Lat 9, Spraying $802.82
Bolton & Menk Inc., DD 14, ... Prof Services $14,250.00
Bolton & Menk Inc., DD 21 West, Prof Services $2,338.50
Bolton & Menk Inc., DD 34 Main, Prof Services $2,783.00
Bolton & Menk Inc., DD 48, Prof Services $10,561.00
Popp Farm Drainage, DD 62, Repairs $2,336.75
Bolton & Menk Inc., DD 72, Prof Services $194.50
Popp Farm Drainage, DD 22 Main, Repairs $528.68
Grand Total $43,973.75

Motion Smeby/Second Stone to approve claims in the amount of $187,628.10 as per the following schedule. Motion carried.

911 Custom, Supplies-Shf 1,134.00
A.H. Hermel Vending & Foodservice, Supplies-Shf 458.55
Access Systems Leasing Service-Dap 98.50
Advanced Drainage Sys Inc Supplies-Eng 778.04
Agvantage Fs Inc Fuel-Eng 178.20
Airgas Usa, Llc Supplies-Eng 360.11
Albert Lea Steel Inc Supplies-Con 492.52
Aramark, Service-Eng 319.54
At&T Mobility Serivce-Shf 816.28
Austin Office Products Supplies-Shf 50.78
Barbara Smith Election-Aud 245.02
Bcn Telecom Service-Gsr 119.25
Bmc Aggregates Llc Rock-Eng 5,686.40
Brightree Home Health & Hospice Llc, Service-Phd 3,080.91
Carquest Auto Parts Inc Supplies-Eng 2,077.21
Central Tank Coatings, Inc Service-Cap 51,500.00
Centurylink, Service-Gsr ... 160.52
Cerro Gordo Co Auditor Service-Juj 2,173.98
Christine Dorenkamp Election-Aud 40.70
City Of Fertile, Rutf-Eng 3,303.28
City Of Grafton Rutf-Eng 1,923.06
City Of Hanlontown Rutf-Eng 838.20
City Of Joice, Rutf-Eng ... 2,228.60
City Of Kensett Rutf-Eng 1,102.02
Culligan Of Mason City Service-Gsr 176.85
Dave Syverson Inc Parts-Eng 1,847.50
Enos Loberg Mileage-Sup 419.20
Falkstone Llc, Rock-Eng 396.69
Five Star Cooperative Fuel-Eng 80.25
Frank Stearns Service-Mex 450.00
Freeborn County Coop Oil Fuel-Eng 8,546.32
Galls, Llc, Supplies-Shf 331.91
Graham Tire, Tires-Shf 639.12
Greve Law Office Rent & Payroll-Aty 6,888.50
Heartland Asphalt Inc Supplies-Eng 4,911.28
Heartland Power Coop Service-Wwt 3,336.61
Huber Supply Co Inc Supplies-Eng 291.60
I35/105 Welcome Center Inc. Fy24 1st Qtr H/M Tax... 5,866.31
Ia State Assn Of Assessors Edu-Asr 650.00
Iceoo, Edu-Eng 275.00
Jessica Reyerson Reimb-Phd 50.00
Joe's Collision & Performance Inc Service-Shf 83.55
Jolene Hickle, Reimb-Rec .. 186.94
Kathryn Brodersen Election-Aud 298.14
Katrina Neve Reimb-Shf 30.00
Kelly Hardware Supplies-Con 797.75
Kruger Electric Llc Service-Sdp 87.85
Larsen Plumbing & Heating Inc Service-Eng 112.50
Lawson Products Inc Supplies-Eng 524.42
Lea Mobile Glass Inc Service=Eng 145.14
Lexisnexis, Service-Aty 183.00
Marco Technologies Llc Service-Dap & Asr 504.15
Melinda Holden Election-Aud 247.38
Mercyone North Iowa Occupational Health Service-Eng 150.00
Metal Culverts Inc Supplies-Eng 5,250.00
Midwest Wheel Companies Inc Parts-Eng 495.73
Myron Corp, Supplies-Vaf . 269.09
Nassco Inc., Supplies-Gsr .. 489.24
Nelson Family Trust Rent-Shf 300.00
Northwood Anchor Inc Service-Trs 91.00
Northwood Sanitation Llc Service-Gsr 211.50
Nuss Truck & Equipment Inc Parts-Eng 720.64
Otis Elevator Company Service-Gsr 100.00
Performance Food Service Supples-Shf 601.88
Plunkett's Pest Control Inc Service-Gsr 222.48
R80 Llc, Fuel-Gsr 16.52
Rockmount Resrch & Alloys Inc Supplies-Eng 910.30
Safety Solutions Safety-Eng 594.98
Sandra Holden Election-Aud 214.50
Sanofi Pasteur Inc Supplies-Phd 1,596.47
Shanan Redinger Election-Aud 298.30
Silver Lake Cemetery Fy24 Care Of Graves-Vaf 516.00
Sorenson's Appliance & Tv Service0shf 388.00
State Hygienic Laboratory Service-San 609.50
Teresa Olson, Reimb-Rec ... 189.20
Thrifty White Pharmacy Supplies-Shf 147.16
Trading Post Service-Eng 96.57
Verizon Wireless Service-Ema 40.01
Viafield, Supplies-Con 115.84
Visa, Service-Ema 5,512.09
Waste Management Of Iowa Inc Service-Sdp 2,250.00
Wex Bank, Service-Tra ... 3,600.51
Winnebago Coop Telephone Assn Service-Gsr 3,792.86
Winn-Worth Betco Fy24 1st Qtr H/M Tax-Ndp 8,799.46
Worth Co Historical Society Fy24 1st Qtr H/M Tax... 5,866.31
Worth County Engineer Fuel-Shf 8,096.87
Worth County Fair Fy24 1st Qtr H/M Tax... 8,799.46
Worth County Treasurer Taxes-Wwt 239.00
Worth Lumber Co Supplies-Eng 822.00
Zach Hayden, Safety-Eng .. 150.00
Ziegler Inc, Parts-Eng 7,341.00
Grand Total 187,628.10

Motion Stone/Second Smeby to approve salary changes for Lisa Boeckholt to $22.54/hour and Marilyn Stayner to $26.93/hour as submitted by the sheriff. Motion carried.

Motion Smeby/Second Stone to approve Resolution 2023-31 Set Public Hearing Date for Proposed Rezoning – Kristoffer & Addie Rugland. Roll call: Smeby – Aye; Stone – Aye; Loberg – Aye. Motion carried. (Full text of resolution available in auditor's office).

Chairperson Loberg recessed the regular session at 9:00 A.M.

Motion Smeby/Second Stone to open the September 12, 2023 Special Election Canvass at 9:00 A.M. Motion carried.

The Board of Supervisors met as the Board of Canvassers and proceeded to canvass the votes of the Special Election for Central Springs Community School District held on September 12, 2023. Results of the canvass are posted on the Worth County Elections website at: https://elections.worthcountyiowa.gov/ and have been placed on file and available for review in the office of the County Auditor.

Motion Smeby/Second Stone to close the September 12, 2023 Special Election Canvass at 9:03 A.M. Motion carried.

Chairperson Loberg reconvened the regular session at 9:03 A.M.

Motion Stone/Second Smeby to adjourn at 9:20 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Notice

THE IOWA DISTRICT COURT FOR Worth COUNTY
CASE NO. ESPR009376
IN THE MATTER OF THE ESTATE OF RICHARD L. SHIPLER, Deceased

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OR EXECUTOR AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Richard L. Shipler, Deceased, who died on or about September 4, 2023:

You are hereby notified that on September 18, 2023, the Last Will and Testament of Richard L. Shipler, deceased, bearing date of June 21, 2016, was admitted to probate in the above named court and that Thomas M. Shipler was appointed Executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on September 18, 2023.

Thomas M. Shipler,
Executor of the Estate
3908 Violet Ln
PO Box 213
Grafton, IA 50440-0213

John P. Lander,
ICIS#: AT0004583
Attorney for
the Administrator
Brown, Kinsey, Funkhouser & Lander, P.L.C.
214 North Adams
P.O. Box 679
Mason City, IA 50402-0679

Date of second publication the 4th day of October, 2023.

39-2t

Legal

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
JUVENILE DIVISION
NOTICE

TO: Aniyah Tuesno, Mother of P.T.

YOU ARE HEREBY NOTIFIED THAT THERE is an ongoing Termination of Parental Rights in the Juvenile Court for Worth County, Iowa, case no. JVJV000988.

You are further notified that hearing on the Petition has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on the 9th day of October, 2023, at 11:00 a.m.

You are further notified that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.

If you believe you are the mother of the child, please contact the Worth County Attorney's Office.

Jeffrey H. Greve
Worth County Attorney
Telephone: 641-324-1291
Email: attorney@worthcounty.org
37-3t

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY
JUVENILE DIVISION
NOTICE

TO: Anthony Lamar Wise, Father of L.W.

YOU ARE HEREBY NOTIFIED THAT THERE is an ongoing Child in Need of Assistance case in the Juvenile Court for Worth County, Iowa, case no. JVJV000975.

You are further notified that dispositional review hearing and hearing on amended petition has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on the 9th day of October, 2023, at 10:30 a.m.

You are further notified that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.

If you believe you are the father of this child, please contact the Worth County Attorney's Office.

Jeffrey H. Greve
Worth County Attorney
Telephone: 641-324-1291
Email: attorney@worthcounty.org
37-3t

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641-324-1221

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Stehn bowls 300 again again

It was a special night at the Strike Zone bowling alley recently when lifelong bowler Rod Stehn set a new record and fulfilled a prediction that honored the memory of a friend and bowling mentor.

Stehn has been bowling at the Northwood bowling alley, first the Nordic Lanes and now the Strike Zone, for the majority of his life.

"I started when I was about 6-7. I'd come up with my family when they were bowling in leagues and then I joined when I could, as a freshman in high school." Stehn has been bowling in men's leagues ever since, with his first success winning a trophy 40 years ago, in the 1983-84 league season. Stehn bowled in the first 600 in a youth league in Northwood and also has held the highest three game series of 801.

He has also bowled two perfect games in the past. The first 300 came in November 2001 and was followed a little less than 10 years later in October 2011.

"I din't really know if I would get another one. I kept telling people that I decided I would take a few years off."

Stehn's break from seeing 300 on the scoreboard ended on the evening of September 14.

For Stehn, it was just another night of league bowling, with a slow start of 168 in his first game.

"I kind of moved and tried something different and brought my score up to a 242 in the second game."

While Stehn said that the third game didn't seem any different until near the end, there was at least one sign that something unusual may be on the way.

"I scored with two Brooklyns in that third game." In bowling, a Brooklyn refers to when a bowler gets a strike after hitting the opposite side of the headpin than they would normally. "After that first one, someone said I was going to get another 300."

For Stehn, it wasn't until the 8th or 9th frame that he started to think it could happen.

According to Strike Zone owner Matt Grunzke, that's when everybody else kind of started to notice too. "By the time he was stepping up for the 10th frame, every other bowler in there stopped what they were doing and watched. It got really quiet."

That lasted until Stehn hit his 12th strike in a row and everyone at the alley cheered and clapped and congratulated Stehn for his achievement.

After the last of the pins fell, he celebrated with his teammates on the Northwood Chiropractic team, Jim Hanson, Wade Willand and Nathan Buehrer, along with all the bowlers and others at the alley that had witnessed his accomplishment.

One person that was there to celebrate a little after the fact was his wife, Teresa, who had missed one of Stehn's perfect games for the first time.

"She was there when I bowled my other 300s, but she was at a garden club meeting the other night and didn't show up until after I had bowled," Stehn said. "So I guess she can't claim to be my lucky charm after that."

Stehn's achievement sets him apart as the only person to bowl three perfect 300 games in Northwood's bowling alley.

It's a rare achievement that no one would expect to take place, with one exception. According to Stehn, Dave Waters saw it coming.

Waters, who passed away in April 2017, was the owner of the bowling alley, called the Nordic Lanes at the time, when Stehn scored his previous 300s.

Waters even shared 300 milestones in the same week as Stehn. In 2001, Waters scored his third lifetime perfect game just a few days before Stehn rolled his first.

"Dave was there and really happy and encouraging for my other two 300s," Stehn said. "After that second 300 he told me that he was sure I would be the first person to score three perfect games in Northwood. I feel like he was there with me when that came true."

While Waters was there in spirit for Stehn, he also bowled with another special connection to Waters.

"After he passed away, I got one of his bowling balls from Linda (Waters' wife). I was using it when I bowled the third 300 last week."

Stehn said that he wasn't sure if his third would be his last 300, or if he would wait another 10 or so years. "You never know how you're going to do. You just throw it and see what happens."

With the latest 300, a new date will be added to the sign on the wall that displays the names of those that have earned their way into the Nordic Lanes and Strike Zone's 300 Club. Others in the club include Dan Otis, 1986; Dave Waters, 1999 and 2001; Marv Everhart, 1999 and 2005; Kevin Petznick, 2000 and 2002; Bruce Jensen, 2003; Jason Holstad, 2007; Jeff Butler, 2008; Kurt Quam, 2009; Butch Perkins, 2009; Matt Arends, 2011; Nathan Buehrer, 2015; Zac Eckart, 2021; Grunzke, 2022; and Jeremia Bostrom, 2023.



ROD STEHN



Pictured are the rings Stehn received after bowling his previous 300s, along with the ball that formerly belonged to Dave Waters.



Lady Viking XC runners Macy Thorson, Merrin Hanson and Lexi Hanson-Brandsoy compete in Manly last Thursday afternoon. All three female runners placed in the top 50 at the CS meet.



N-K's Zach Heiken runs alone in last Thursday's XC meet in Manly. Heiken ran a PR last Thursday with a time of 20:48.19, good for 65th place in the field of 134.

Thorson, Hanson, Heiken and Penfold run PRs at Manly XC meet

By Mike Simmons
Sports Editor

Although the numbers just aren't available to score any team points, the Northwood-Kensett cross country teams have been improving it seems from one meet to another, with four of the five kids recording their best times of the season so far at last Thursday afternoon's meet at Manly's Pioneer Town and Country Club.

Setting personal records last Thursday in Manly were Macy Thorson (23:37.64), Merrin Hanson (24:56.59), Zach Heiken (20:48.19) and Ronan Penfold (31:50.98).

The XC teams had just one meet this week, Monday afternoon at Garner-Hayfield/Ventura.

Girls Team Scores at CS – Forest City 49, South Winneshiek 61, Newman Catholic 110, Central Springs 118, Hampton-Dumont 123, North Iowa 132, West Fork 156, Nashua-Plainfield 174, Lake Mills 236, West Hancock 244

Boys Team Scores at CS – Lake Mills 30, Forest City 52, North Butler 101, Newman Catholic 136, West Fork 146, Nashua-Plainfield 158, Central Springs 179, South Winneshiek 203, Hampton-Dumont 221, West Hancock 247

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Viking QB Kooper Julseth fights for extra yardage by applying a nice stiff arm to a North Iowa defender in last Friday night's 42-7 district win over the Bison. Koop led the team with 129 yards rushing and four TDs while connecting with Colby Eskildsen for another in the passing game. Photo provided by Jesus Renteria.



Vikings D-Lineman Justin Mills pulls down a North Iowa ball carrier for a loss in last Friday night's 42-7 district 2 win in Northwood. Mills led the team on the defensive side of the ball with 9.5 tackles and a team high two sacks on the night. The talented senior leads the team on the year with 41 tackles, including a team high four sacks and 11 tackles for a loss. Photo provided by Jesus Renteria.

Julseth runs for four TDs, throws for another to lead N-K over Bison

By Mike Simmons
Sports Editor

It still might be too soon to totally scrap the Vikings new emphasis on the passing game, but its demise might come sooner than later after the Northwood-Kensett football teams dominating 42-7-win last Friday night over North Iowa.

The Vikings for the most part abandoned the new look offense after looking an 0-4 start to the season in the face and deciding it's time to get back to the basics, and frankly, do what wins games, run the ball.

Using starting QB Kooper Julseth's legs as a weapon against the Bison, the talented signal caller got the scoring started early in the first quarter with a 41-yard run and a 7-0 advantage.

On its next scoring drive, the Vikings went up 13-0 when Koop hit Colby Eskildsen for a six-yard score and then widened the advantage with a Julseth two-yard run, all before the first quarter ended with the Vikings comfortably in front, 20-0.

From here on out it was all Julseth as he ran for TDs of 14 yards and 53 yards to close out the scoring. All told, the talented QB ran for a team high 129 yards on 19 carries and one score and threw for another 43 yards and one TD.

The Vikings have now won two in a row over their district 2 rival and eight of the last 11, leading the Bison with an overall record of 9-4 since the 2014 season. N-K's defense was flying all over the field to make tackles and record its first win of the season.

Leading the way on the defensive side of the ball were Justin Mills with 9.5 tackles, seven solo and two sacks; Julseth with 7.5 tackles, four solo and 0.5 sacks; Aden Bice with seven tackles, three solo and one sack; and Evan Lorenzen with seven tackles, including five solo.

With the win over the Bison, the Vikings' first of the season, the team is now 1-4 overall and 1-3 in the 8-man district 2 standings.

N-K will host Rudd-Rockford-Marble Rock for this Friday's Homecoming game.

Northwood-Kensett 42, North Iowa 7

NI	0	7	0	0 – 7
NK	19	8	15	0 – 42

8-Man District 2 Standings

	District	Overall
Bishop-Garrigan	4-0	4-1
Harris-Lake Park	3-1	3-2
West Bend-Mallard	2-1	3-2
GTRA	2-2	3-2
Northwood-Kensett	1-3	1-4
North Iowa	0-2	1-4
Rockford	0-3	0-5

Lady Vikings still looking for first TIC East win after 3-0 loss to CS

By Mike Simmons
Sports Editor

Despite their four regular season wins this year, the Lady Vikings, after last Tuesday's 3-0 (7-25, 9-25, 17-25) loss to rival Central Springs, are still in search of that so far elusive first win in the Top of Iowa Conference East.

Northwood-Kensett started the match with confidence, but that enthusiasm slowly faded away as the first set came to a close, a dominating win by the Panthers and a crushing 25-7 loss for the Lady Vikings.

The second set wasn't better to N-K, who were unable to break 10 points for the second straight set, falling in 25-9 in the second set of the night.

The Lady Vikings, who haven't won a set over CS since the 2015 season, battled with all they had in the third and final set, but CS just had too many weapons and on this night. The Lady Vikings fell 7-25, 9-25 and 17-25.

The Panthers dominated at the net with 31 kills to the Lady Vikings' four, including one kill each by Lindsey Moore, Emma Hengesteg, Morgan Wallin and Damaris Peterson.

And while the Lady Vikings got crushed in nearly every statistical category by CS, the team did fair a lot better at the service line with five of six players having perfect nights at the line, including Moore (4-4), Hengesteg (4-4), Wallin (3-3), Madalynn Hanson (5-5) and Chloe Costello (5-5).

With the 3-0 loss to CS, the Lady Vikings are now 4-11 overall and still winless in the TIC East at 0-3.



Lady Viking senior Lindsey Moore bumps the ball to teammates in last Tuesday night's 3-0 loss to Central Springs. Moore on the season has recorded 53 kills, 62 digs and she's 66-86 at the service line with seven aces for the Lady Vikings.



N-K hitter Demaris Peterson goes up against CS defenders for the point in last Tuesday's 3-0 (7-25, 9-25, 17-25) loss to the Panthers in Northwood. At 15 matches into the season Peterson has 31 kills and a team high 22 blocks to go along with a very respectable service percentage of 88.0%, going 22-25 at the line.

N-K hosted Saint Ansgar on Tuesday night for the team's only match of the week.

Central Springs 3, Northwood-Kensett 0

TIC East Standings

TIC East		Overall	
Saint Ansgar	5-1	17-6	
Newman Catholic	4-2	8-7	
Central Springs	3-2	14-5	
Rockford	3-3	9-10	
North Butler	1-4	8-14	
Nashua-Plainfield	1-5	3-13	
Northwood-Kensett	0-3	4-11	
West Fork	0-4	2-15	
Osage		6-0	13-12



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