The Northwood Anchor

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Briefs

KFD open house Sunday

The Kensett Fire Department will host an open house this Sunday, October 15.

The KFD will celebrate National Fire Prevention Week with a meal and a look at their facilities and equipment.

From 11 a.m. to 1 p.m. at the fire station in Kensett, members of the department will serve hamburgers, hot dogs and brats, available with a free will donation. To go containers will be available.

'A Speakeasy Murder' set for Oct. 28

The Waking Miss Winifred group will hold their annual murder mystery fundraiser on Saturday, October 28, with "A Speakeasy Murder."

The event will include a meal, drinks and the chance to play along as a murder is solved.

The event will be held on Saturday, October 28, at 7 p.m. in the Beehive Ballroom above Worth Brewing Company.

More information can be found on the Waking Miss Winifred Facebook page.

Fall Festival set for Oct. 28

Child Time Daycare Center will host a Fall Festival event the Saturday before Halloween.

The Fall Festival will include a chili and cornbread cookoff, trunk or treating, a craft corner, carnival games and more.

The event is free and open to the public.

Local vendors are also welcome to participate. Those interested may contact Child Time Daycare Center for more information.

The First Annual Fall Festival will be held on Saturday, October 28, from 3-6 p.m.

Organizers hope that the event will become an annual event.



The Week's WEATHER
from
National Weather Service
information

Date	Hi	Lo	Prec.
Tues. Oct. 3	92	58	
Wed. Oct. 4	92	58	0.22
Thurs. Oct. 5	77	47	
Fri. Oct. 6	69	47	0.01
Sat. Oct. 7	58	37	0.06
Sun. Oct. 8	58	39	
Mon. Oct. 9	56	31	



Monumental additions

The veterans monument at the Worth County Courthouse was updated last week, with new names added. Art Murphy of Rochester is pictured above as he adds the latest names. Names are added every fall. Names are inscribed in the monument when veterans or their families complete the application process. Anyone interested can contact the Worth County Veterans Affairs office at 641-324-0480 for more information and applications.

City/school absentee voting begins Oct. 18

While the election of city and school officials is set for Tuesday, November 7, absentee voting begins next Wednesday, October 18.

Voters may request an absentee ballot at the Auditor's Office at any time. If the ballots are not at the office at the time of request, they will be mailed to the voter as soon as they are available.

Absentee voting begins on Wednesday, October 18.

The deadline to request an absentee ballot to be mailed is 5 p.m. on Monday, October 23.

Voters may request and vote ballots at the Auditor's Office until 4 p.m. on Monday, November 6.

Polls will be open on election day, Tuesday,

City/School, see Page 2

Fall clean up begins tomorrow

The annual fall clean up begins in Northwood tomorrow, Thursday, October 12, continuing through Saturday, October 14.

Dumpsters will be provided for Northwood residents at the Northwood city yard, located on the east side of Northwood along Highway 105.

Clean up days are intended for discardable items that would not be picked up through normal garbage collection, meaning regular day-to-day garbage will not be accepted.

Other items that will not be accepted include computers and accessories, construction debris, tires, batteries, paint, hazardous and flammable items and fluorescent light bulbs and tubes.

Clean up, see Page 2

October proclaimed Domestic Violence Awareness Month in Worth County

The Worth County board of supervisors approved the following proclamation recently:

WHEREAS, home should be a place of warmth, unconditional love, tranquility and security. For most of us, home and family can indeed be counted among our greatest blessings. Tragically, for many community members, these blessings are tarnished by violence and fear, and

WHEREAS, domestic violence is more than an occasional family dispute. It is a serious crime that affects people of all races, ethnicities, ages, mental or physical abilities, socioeconomic status, religious backgrounds and genders; and

Domestic, see Page 2

Jaspers Family Foundation Fund of Worth County's Grant deadline approaching

The deadline to submit grant applications to the Jaspers Family Foundation Fund of Worth County's 2023 grant cycle is 5 p.m. this Sunday, October 15. Technical support will be available to applicants until 5 p.m. this Friday, October 13. The online grant application can be found on the Foundation's website at www.cfneia.org/jaspersfamilyfoundationfund.

Grants are awarded to projects within the program areas of arts and culture, community betterment, education and youth development, environment and animal welfare and health and human services. Grant recipients will be announced in December.

Grants are available to 501(c)(3) nonprofit organizations and government entities. Tax-exempt organizations classified as other

Jaspers, see Page 2

Supervisors approve funds for substance abuse programs

Several initiatives of the Worth County Substance Abuse Coalition received the support of the Worth County supervisors on October 2.

The Worth County Substance Abuse Coalition is a group made up of local law enforcement, health, school and business representatives, along with those from area health and addiction services.

The group has been working for nearly two years to organize resources, efforts and programs to educate and inform people in the area on the dangers of using and abusing various substances.

At the October 2 supervisors meeting, members of the group presented a plan for programs in the county, hoping to gain access to funds provided as a result of lawsuits against companies that promoted the use of opioid medications.

The WCSAC proposal

Supervisors, see Page 2

Kessler joins LRH as new administrator

In his new job at the Lutheran Retirement Home in Northwood, Scott Kessler continues a lifetime of working in communities to provide specialized care.

Kessler is LRH's new administrator. Before coming to LRH, Kessler had served for the past 10 years as the administrator at facilities in Minnesota, South Dakota and elsewhere in Iowa.

Kessler said that he can trace his desire to work with those with special care needs back to the time he spent with his grandfather as a kid, seeing how nursing home staff treated and cared for his family.



SCOTT KESSLER

After graduating from high school, he worked at a muscular dystrophy camp and then a camp for young people and adults with developmental disabilities. He also worked in a specialized child care facility.

Kessler joined the U.S. Navy in 1990, serving as an operational specialist, working with radar technology, until 1993.

After his service, he took advantage of his veteran benefits, with vocational rehabilitation programs and earning a business degree.

He got his first job in long term care in 1997 and he has worked in the field ever since.

For much of that time Kessler worked as an activity director.

Then an interim administrator suggested that he

Kessler, see Page 2

Boos, Booze and Bingo set for Oct. 21

The Relay For Life of Worth County will present some Halloween fun with Boos, Booze and Bingo on Saturday, October 21, from 11 a.m. to 2 p.m. at the Strike Zone in Northwood.

The event will include ongoing games of bingo, with a mix of cash and donated prizes.

In addition to the Bingo, the boos will come with a contest held for those coming in unique costumes at the event.

A silent auction will also be held. The Relay organizers are looking for donations for items to be

Boos, see Page 2

Parade, costume contest set for Halloween

Northwood will celebrate Halloween on Tuesday, October 31, as the Northwood Area Chamber of Commerce once again sponsors the annual Halloween parade and costume contest for children up to 10 years old.

The parade begins at the City Hall parking lot at 5 p.m. on Halloween, Tuesday, October 31. The costumed kids, and their accompanying adults, cos-

Parade, see Page 2

Domestic
Cont. from Page 1

WHEREAS, the crime of domestic violence violates an individual's privacy, dignity, security, and humanity due to the systematic use of physical, emotional, sexual, psychological and economic control or abuse; and

WHEREAS, 365 adults & children have been killed in the state of lowa as a result of domestic violence since 1995, and 24 survivors sought victim services in Northwood and Worth County this past year; and

WHEREAS, children who grow up in violent homes are abused and neglected at a higher rate than the national average and more than 4 million children in the United States are at risk for witnessing domestic violence each year; and

WHEREAS, domestic violence costs the nation over $5 billion annually in medical expenses, law enforcement and court costs, shelters and foster care, sick leave, absenteeism and reduced worker productivity; and

WHEREAS, only a coordinated community effort will bring an end to this epidemic of crime and violence and we, as a community, must address the problem of domestic violence in our homes and neighborhoods every day of the year, and

WHEREAS, a coalition of organizations has emerged to directly confront this crisis. Law enforcement officials, victim service programs, health care providers, the faith community and other concerned citizens are helping in the effort to end domestic violence. We must recognize the compassion and dedication of these volunteers and professionals applaud their efforts and increase public understanding of this importance social problem.

NOW THEREFORE, We the Board of Supervisors, do hereby proclaim the month of October 2023 as DOMESTIC VIOLENCE AWARENESS MONTH and urge all citizens of Worth to observe this month by becoming aware of the tragedy of domestic violence, supporting those who are working toward its end and participating in community efforts.



Kessler
Cont. from Page 1

take part in administrator courses.

While working full time and making time for visitation with his children, he took online college courses and earned a degree in health care management.

With the extra education and training in hand, Kessler began his time working as facility administrators, which brought him to LRH in the past few weeks.

"I have a heart and a passion for work in long term care," Kessler said. "And this is a great place to share that. The staff here is great. There are great families and this is a great community."

Kessler said that he has spent his first weeks visiting with the staff and residents, meeting with families and working with the LRH auxiliary, churches and board members. He said he's excited to continue building those relationships.

That also includes getting LRH more involved in community events. A few LRH staff and residents took part in the recent Homecoming parade. They also plan to have a spot in the lighted displays in Swensrud Park this holiday season. And look for them in this year's Christmas lighted parade.

Besides his time at LRH, Kessler is looking for a home in the community, some place for himself and to give his kids, Sadie, a high school senior, and Kolton, a freshman, their own spaces.

Kessler is also looking to find an active American Legion group to join.

In the meantime, Kessler looks forward to supporting the good work being done for the residents of LRH and its memory care, assisted living and independent living facilities.

"I want to help provide the best care and services for the residents and tenants of the LRH facilities. I am looking forward to continuing the good work of the staff at LRH. And I look forward to meeting more of the community. People are welcome to stop in and say Hi when they visit us here. My door is usually open."

Jaspers
Cont. from Page 1

than 501(c)(3) are also eligible, if and only if, the project is deemed charitable.

Applicants may contact Dotti Thompson at 319-243-1358 or dthompson@cfneia.org to discuss the project's eligibility prior to submitting a proposal.

Grant selections are made in an effort to create a better quality of life for people in Worth County. A local committee reviews the applications from organizations serving communities in Worth County.

The establishment of the Jaspers Family Foundation Fund of Worth County with the Community Foundation of Northeast Iowa (CFNEIA) was made possible by the Jaspers Family. Maynard and Marjory Jaspers were long-time successful business owners in Worth County. They had three sons with no heirs. At his death, Donald Jaspers donated the proceeds from the combined estates of the Jaspers Family to provide charitable support for Worth County.

More information about the Jaspers Family Foundation Fund of Worth County can be found at www.cfneia.org/jaspersfamilyfoundationfund.

Supervisor
Cont. from Page 1

shared several statistics to demonstrate the need for community efforts.

According to the WCSAC document, nearly 1 in 4 high school juniors engage in underage drinking; nearly 1 in 5 juniors use e-cigarettes or vape; 5% of juniors report mis-using prescription drugs; overdose deaths amongst youth increased 356% between 2018-2021; amongst other facts and stats.

Based on that information, and sobering stories shared amongst those in the coalition who work with youth and adults that have substance abuse issues, an initial proposal was established, to work on several goals.

That included public awareness of the opioid epidemic and the dangers in the community; enhancing the prevention efforts amongst youth with proven programs delivered in Worth County schools; and fostering environments to reduce high-risk choices for youth and families.

Based on that, the WCSAC asked the County for $5,360 to re-establish regular student and positive asset spotlights in the local newspapers; to provide funds for Prairie Ridge diversion and prevention programs; to share in the cost of awareness advertising with Cerro Gordo County's version of the coalition; and to acquire materials for when the coalition has a presence at public events.

Mark Smeby's role as Worth County supervisor includes sitting on boards and committees responsible for youth recovering and detention needs. He said that whatever can be done to start them away from that path at a young age is valuable.

Smeby added that supporting the coalition would be a good investment, saying the County can only save money spending it on prevention programs, as opposed to the more expensive efforts to treat those with addiction issues.

The supervisors' said that they have had roughly $40,000 in opioid settlement funds and haven't been presented with any ways to use that money.

With that in mind, the supervisors approved $6,000 for the coalition's proposal. They also invited the group to return of they could find any other programs or ways to help address substance abuse issues in the community.

Parade
Cont. from Page 1

tumed or otherwise, will parade to the basketball courts in Central Park.

At the park, a costume contest will be held, with prizes going to the top three winners in three age groups, children three and under, 4-6 and 7-10.

All kids under the age of 10 taking part will receive a bag of candy, while supplies last.

Following the parade, from 5-8 p.m., children will be trick or treating throughout Northwood.

Those handing out candy are asked to turn on their porch lights to signal that they are welcoming trick or treaters.

Boos
Cont. from Page 1

entered in the auction. Those that would like to contribute may contact Kris Woltzen at Olson Insurance in Northwood.

It wouldn't be a Halloween event without sweet treats, which can be found at the bake sale.

An all you can eat pasta bar will be offered, with a variety of Halloween treats for dessert.

Clean up
Cont. from Page 1

The City is asking that the public not remove any items from the dumpsters during clean up week.

The dumpsters at the Northwood City Yard will be open on Thursday, October 12, from 7 a.m. to 3:30 p.m.; Friday, October 13, from 7 a.m. to 6 p.m.; and on Saturday, October 14, from 8 a.m. to noon.

More information is available in the ad in this week's Northwood Anchor or by contacting Northwood City Hall at 324-1075.

A number of the items not accepted during clean up week may be disposed of at the Worth County Recycle Center.

All Worth County residents may dispose of used tires without rims, old appliances, waste oil and scrap metal.

There are fees associated with disposing of tires and appliances. Waste oil, scrap metal and computer towers are accepted at no charge.

More information on the Worth County Recycle Center, including hours of operation and fees, is available at the Worth County website, www.worthcounty.org, under the departments link at the top of the page, or by calling the Recycle Center at 641-845-2200.

City/School
Cont. from Page 1

November 7, from 7 a.m. to 8 p.m.

Appearing on ballots in the city of Fertile are Andy Carlson and Tim Severson, along with a write-in vote for a vacancy, for the city council. Nick Bailey will be on balltos for mayor.

In Hanlontown, Larry J. Bergan Jr., Crystal Brower, Gregory W. Endelman and Shannon Warren will be on ballots for council. Linda K. McMullin and Richard Scholbrock will run for mayor.

Candidates for two Manly council seats include Richard Dean Baird, Dee Dunbar, Scott Heagel and Dan Kainz. Running for the mayor of Manly is Timothy O'Keefe.

On ballots for mayor in Grafton will be John Bork. Running for Grafton council are Jane Dalluge, Randy Hulshizer, Tom Kruger and Michael Schaub.

Joice voters will choose their new mayor by write-in with no candidates on ballots. Running for the Joice council are Paul Anderson, Jimmy Bergo, Rebecca Martinson, David R. Moe, Judy A. Sell and Tyler Swenson. Terry Anonson will also appear on ballots running for a vacancy on the Joice council.

Candidates for three Kensett council seats are LaRue Douglas, Linda Kauffman and Kristine Woltzen.

In Northwood, council candidates include Michael Bode, Gary A. Nerlien, Daniel L. Reeder, Annika Schreiber, David Tenold and Matt Thompson.

In the Central Springs school district, on ballots for an at large school board seat will be Sean Arthur and Nancy Lund. Candidates for the District 1, North B board seat include Amber Nuehring, Joseph Rowe and Joe Ryan. Running to represent District 2, South B are Joshua Berman and David Luett.

Voters in the Northwood-Kensett school district will choose three school board members from candidates John R. Anderson, Shana Brunsvold, Jamie Nelson and Cynthia Pangburn.

The voter pre-registration deadline for the upcoming city/school election is Monday, October 23. The County Auditor must receive all registration forms no later than 5 p.m. unless post-marked on or before Monday, October 23.

More information, including sample ballots, links to candidate information and more will be found at the Auditor's Election Website at elections.worthcountyiowa.gov or by contacting the Auditor's Office at 641-324-2316.

October SPECIALS
All Sausage Pizza for $14.99 in Kensett
16 pc. Chicken + 2 Orders of Wedges for $29.96 in Northwood
Good through October 31, 2023
We carry Premium 91 Octane Gas
Genuine Broaster Chicken available at Kensett & Northwood Locations
Store open 7 days a week! until 9 p.m.
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Thirty-three years later, the light comes home

By JoAnn Lower and Teresa George-Zenz

Helping clean out their childhood home and getting it ready to sell were Teresa George Zenz, her husband, her mom, her sister and brother-in-law. While sorting through things their dad had collected during his years as a firefighter, they wondered which things they should keep or which should go to the fire company.

Statues of firefighters and a fire truck and various other keepsakes: That was an easy decision for all; one with which Northwood Volunteer Fire Company Chief Blake Severson quickly agreed. "We'll make space above the kitchen cabinets to show them off, along with other items given to us over the years," he said.

As they began taking statues off the shelves, they were all quite surprised. The "statues" were unopened bourbon decanters!

With the June meeting just around the corner, Gloria and Teresa had not only planned to attend the meeting and present the Chief with several things, they would also present him with the "statues." Taken by surprise, Severson graciously accepted the "statues."

"Mom and I had one more thing, something that I wanted to keep. But, after giving away all the other things, I realized this also needed to go back home. It was the light from the outside of the Fire Station that I remembered growing up with in the 70s.

"That got me thinking. There had to be a story of the building and history of the evolution of the fire station from the past to where we are today with the newly established ambulance service."

Teresa went to the July meeting and presented them with the light. The NVFC posted on their Facebook page: "This piece of NVFC history is now in our crew quarters above our thin red line flag. It will shine 24/7, 365 days a year to help us honor those who have lost their lives in the line of duty, and remember those who came before us."

Teresa became obsessed with finding out the history of the building and the rescue squad. Here's the story:

"As I started my journey to the past, I went to the fire station and took a picture of the plaque to find the members that were there when the building was dedicated. I couldn't talk to all of the firefighters/rescue guys that are still around town today, but the ones I talked to were Ron Gentz, J.C. Dawald, Bob Hall, Dave Tenold, Kenny Quam and Mike Lee. They helped me get to years and places that I was unaware



of. I couldn't have gotten this much information without them.

"I asked the (Worth County) Historical Society if they had a picture of the original fire station, assuming it would be the one prior to the 1990 building, but I was wrong. They found a picture of one that had horse-drawn wagons and dirt streets, and that grew my interest even more. Starting to look further, I went to old issues of the Northwood Anchor from 1979, 80, 81, 82, 88, 89 and 90 to find as many articles as I could about the building and rescue squad."

The following is a brief history of the Buildings:

On the front page of an April 1988 article is a picture of the 1897 and 1948 fire houses, along with a little bit of history. In 1883 the town's trustees spent $375 to build an "engine house" complete with bell. They spent $1,800 for a hook and ladder truck, engine, hose cart and hose. When they needed water, they apparently used a nearby trough or puddle, since the people of Northwood hadn't approved a bond to install a city water system and wouldn't until the late 1890s.

The 1897 building was then constructed; no costs were found for that building, but a portion of that building became the town's first municipal electrical source which at some point had been converted to the city's jail. In 1948 a grand jury condemned the 51-year-old building due to danger of collapsing.

In 1948 a new building was built on the same spot and a vote of 262-23 referendum authorized a $20,000 bond as the city's share of the cost and the fire company donated $5,000 for the building to house the city hall, city jail and two-stall fire station. It was also constructed to provide the town's first modern lighting and power supply. In 1974 the city deeded the building to the fire company as the city offices were moved to their present location in 1975. After city hall moved out, the fire station was converted to a four stall unit. They had an open house in October 1975. That is when you can first see the "lights" that we returned to the fire company. There were three of them, two on the east side where the overhead doors were and one on the north side where the walk-in door was.

In March 1988 the fire company launched a drive to raise funds of $165,000 for a new station. They had run out of room for new equipment and the building was starting to deteriorate. Fire Chief Roger Wagner said they had been fussing around with the building for five years. They wanted to make it what they wanted, and that's how long it took. The city offered property suggestions, but it was determined that the current location would be the best fit. It would be of pre-formed construction material and be erected in a matter of days after that present building was demolished.

A town meeting was held to "fire them up" and get suggestions from citizens to get ideas on how to raise the money. After the town meeting, the officers met and appointed a steering committee from firemen and interested area residents.

After nearly two years of raising money and six months of construction work, the Northwood Volunteer Fire Company was finally in their new home. The firefighters completed the move to their new station in January 1990.

Newly elected Fire Chief Gary George was quoted as saying, "The building was 25% larger than the original concept. The reason was that different Northwood firemen toured stations all over the area and looked at different sizes and different layouts of buildings. The one comment they heard from all of them was "Make sure you make it big enough."

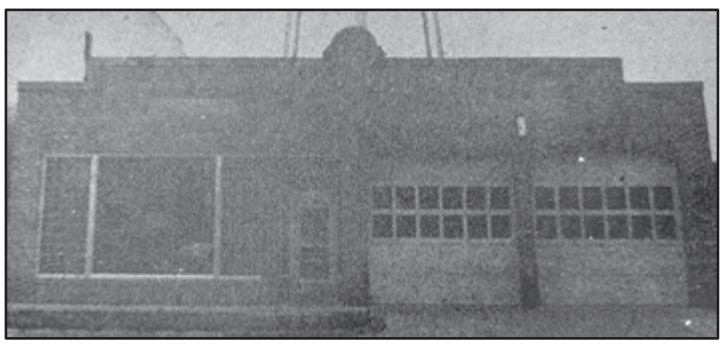
He also estimated that he and the other firemen logged thousands of miles in their search for the perfect building, with the idea of taking the best ideas out of every fire station they could. The original $165,000 was for a smaller building, estimating this one would come in around $215,000-$225,000. The firemen continued with their building fund drive. The new building cost $230,000.

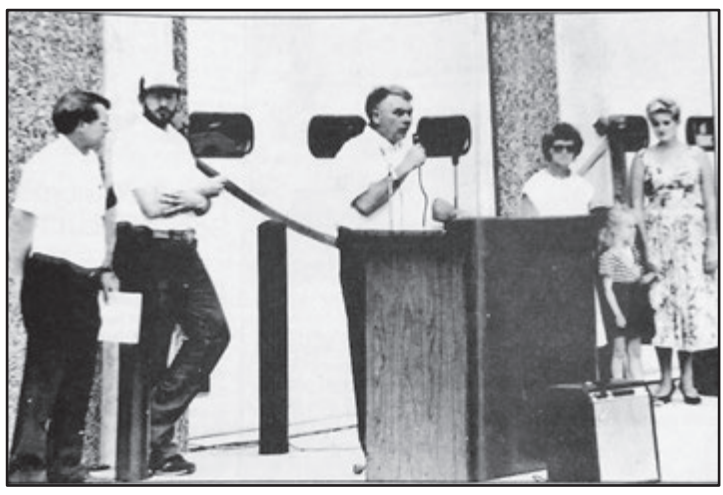
With professional carpenters and electricians on the company's membership rolls as well as a number of general handymen, the firemen had done much of the construction work themselves to hold down costs.

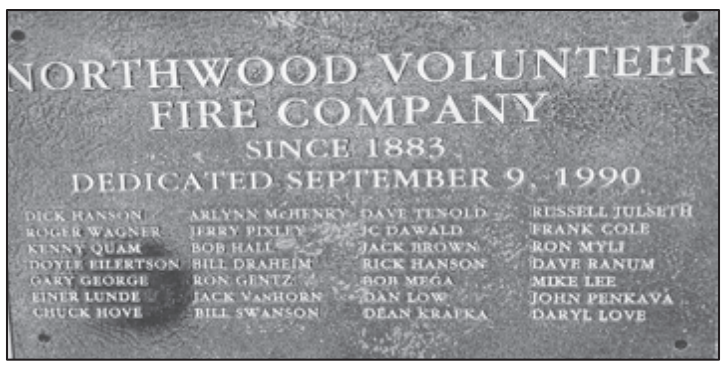
On Sunday, September 9, 1990, the Northwood Volunteer Fire Company held a ribbon cutting ceremony to dedicate the new building. Gary George said at the dedication, "The open house is our way of saying Thank You to the people who gave us the money to build the station. We're super proud of it. It's a magnificent facility."

At the ceremony were Fire Chief Gary George, 1st Assistant Chief Charlie Hove, 2nd Assistant Chief Roger Wagner, Treasurer J.C. Dawald, Secretary Russ Julseth, Dick Hanson, Kenny Quam, Doyle Eilertson, Einer Lunde, Arlynn McHenry, Jerry Pixley, Bob Hall, Bill Draheim, Jack Van Horn, Bill Swanson, Dave Tenold, Jack Brown, Rick Hanson, Bob Mega, Dan Low, Dean Krafka, Frank Cole, Ron Myli, Dave Ranum, Mike Lee, John Penkava and Daryl Love. The Lions Club served barbecue chicken to more than 700 visitors who came to look at the new facility.

That is a look at the history of Northwood's fire stations. See next week's Anchor for a history of the service that became the NVFC ambulance.



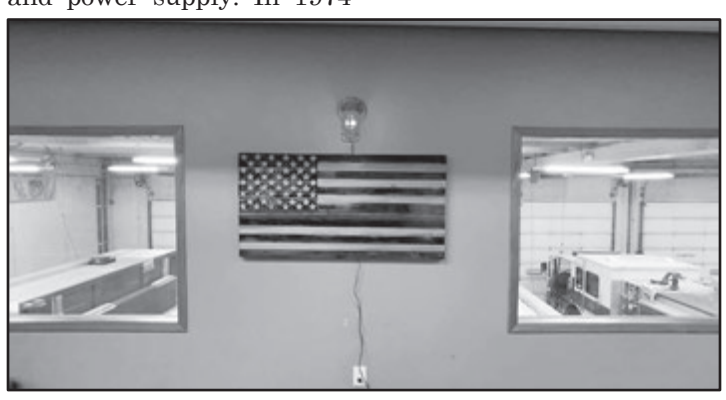












Northwood City Clean Up Days

October 12-14



The City of Northwood will provide Dumpsters for Northwood Residents Discardable Items at the Northwood City Yard

Located on Highway 105 East

Open Thursday, October 12 from 7 a.m. - 3:30 p.m.

Open Friday, October 13 from 7 a.m. - 6 p.m.

Saturday, October 14 from 8 a.m. - 12 p.m.

The City does NOT authorize the public to remove discarded items from the dumpsters.



RULES: Regular day-to-day garbage will not be accepted.
Following items will not be accepted: Computers & Accessories; Construction Debris; Tires; Batteries; Paint; Hazardous & Flammable Items; Fluorescent tubes/bulbs.

Appliances will NOT be accepted at this time.

Boos, Booze & Bingo

Saturday, October 21
11 a.m. - 2 p.m.
Strike Zone, Northwood

– Bake Sale – Costume Contest –
– All You Can Eat Pasta Bar –
– BINGO with Cash & Donated Prizes –
– Silent Auction –
(Contact Kris Woltzen at Olson Insurance to donate auction items)

Funds raised support the Relay For Life of Worth County

Iowans urged to turn to trusted sources for election information

Iowa Secretary of State Paul Pate and his Auditor Advisory Group are once again working together to serve as trusted sources for information leading into the 2023 City-School Election. Together, the election officials are preparing to dispel election misinformation and disinformation ahead of the election this November and are urging Iowans to turn to trusted sources for election information.

There has been an alarming increase in the spread of false claims regarding elections across the country despite there being no evidence of intrusions into Iowa's election systems. Secretary Pate and the county auditors also stand united in their support of the bipartisan teams of poll workers that will work at voting sites this November.

Iowa is ranked third in the nation for election administration, and Secretary Pate and the Auditor Advisory Group are sending a message that Iowans can be assured elections in the state are some of the safest and securest in the country.

There are multiple steps taken to ensure election integrity:

Iowans vote on paper ballots.

Public testing of voting equipment occurs before each election.

Post-election audits are conducted in all 99 counties.

Collaboration around cybersecurity protections with agencies like the Iowa Office of the Chief Information Officer and the U.S. Department of Homeland Security.

Voter ID instituted at the polls and on absentee ballot requests.

"In addition to the many steps election officials take each year to ensure safe and secure elections in our state, we have 10,000 Iowans who step up each election to be poll workers," said Secretary Pate and the auditors in a joint statement. "Poll workers are trusted faces in your community, they are your friends and neighbors. Iowans from both sides of the aisle play a key role in protecting the integrity of our vote, and we have the highest respect for their service."

Secretary Pate's office has also developed an Election Security in Iowa webpage to counter misinformation and disinformation. It includes a Myth vs. Fact section, a detailed breakdown of the many security measures Iowa has put in place to protect elections, and a five-minute video that details how ballots and election equipment are maintained.



Going for a climb

Students in Northwood-Kesnett PE classes spent time last week going for a climb. SFC Derick Price with the Iowa Army National Guard brought the climbing wall to offer a different PE activity. The climbing wall is one of the activities that the local recruitment office offeres local schools. Besides offering a unique gym event, it also offeres a chance for the National Guard members to meet students and give them a familiar face should they ever have an interest in the Guard.

NVFC reminds residents that 'Cooking safety starts with you...'

With Fire Prevention Week underway, NVFC reminds residents that 'Cooking safety starts with YOU. Pay attention to fire prevention.'

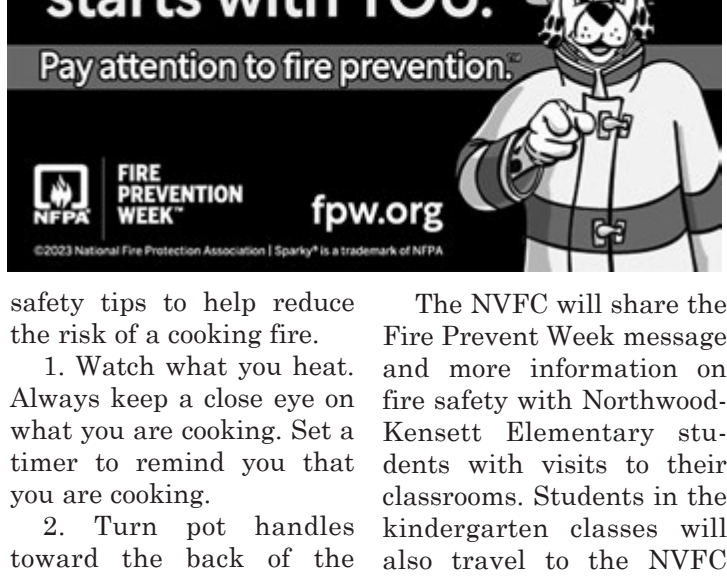
The Northwood Volunteer Fire Company is teaming up with the National Fire Protection Association® (NFPA®) — the official sponsor of Fire Prevention WeekTM (FPW) for more than 100 years — to promote this year's FPW campaign, "Cooking safety starts with YOU. Pay attention to fire preventionTM." The campaign works to educate everyone about simple but important actions they can take when cooking to keep themselves and those around them safe.

According to NFPA, cooking is the leading cause of home fires and home fire injuries in the United States. Unattended cooking is the leading cause of cooking fires and deaths.

"Year after year, cooking remains the leading cause of home fires by far, accounting for half (49 percent) of all U.S. home fires," said Lorraine Carli, vice president of outreach and advocacy at NFPA. "These numbers tell us that there is still much work to do when it comes to better educating the public about ways to stay safe when cooking."

The NVFC encourages all residents to embrace the 2023 Fire Prevention Week theme, "Cooking safety starts with YOU," said chief Blake Severson. "A cooking fire can grow quickly. I have seen many homes damaged and people injured by fires that could easily have been prevented."

NVFC offers these key safety tips to help reduce the risk of a cooking fire.



1. Watch what you heat. Always keep a close eye on what you are cooking. Set a timer to remind you that you are cooking.

2. Turn pot handles toward the back of the stove. Always keep a lid nearby when cooking. If a small grease fire starts, slide the lid over the pan and turn off the burner.

3. Have a "kid- and pet-free zone" of at least 3 feet (1 meter) around the stove or grill and anywhere else hot food or drink is prepared or carried.

The NVFC will share the Fire Prevent Week message and more information on fire safety with Northwood-Kensett Elementary students with visits to their classrooms. Students in the kindergarten classes will also travel to the NVFC headquarters to learn about the firefighting equipment and vehicles.

For more general information about Fire Prevention Week and cooking safety, visit www.fpw.org. For fire safety fun for kids, visit sparky.org.

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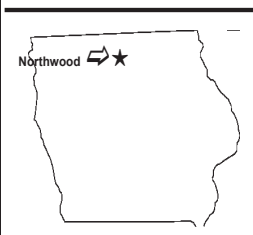
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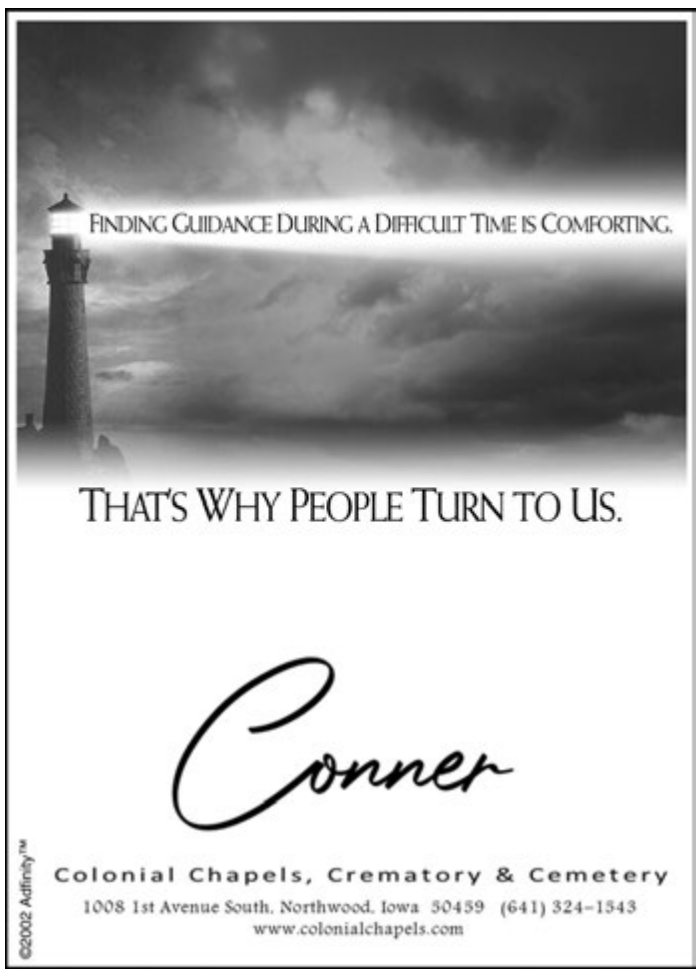
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N-K FALL SPORTS



N-K Junior High Football Team

Members of the Northwood-Kensett Junior High football team include (in front, from left) Teagan Trenhaile, Owen Binnebose, Javion Rudolph, Tucker Duvall, Aidan Ouverson, Ray Thompson, Kris Quam, Bryck Abrams, (second row) Keagan Lau, Brekken Haberman, Austin Peterson, Brady Tufte, Conner Dowd-Mincks, Jaxon Reyerson, Henry Hanson, (back row) Aiden Peterson, Gabe Aleman, Weston Heims, Mason Northway, Konlin Perry and Aydan Schutz.



N-K Cross Country Team

Members of the Northwood-Kensett cross country team include (from left) Zachary Heiken, Macy Thorson, Alexandria Hanson-Brandsoy, Merrin Hanson and Ronan Penfold.



N-K JV Volleyball team

Members of the Northwood-Kensett JV volleyball team include (in front, from left) Hailey Krambeer, Ashlynn Rollene, (second row) Annalisa Coyle, Kamryn Backhaus, Addison Tasker, Topanga Hackenmiller, Sophie Rye, (back row) coach Ashley Haxton, Kenedie Berry and coach Samantha Hunt.



N-K JJV Volleyball team

Members of the Northwood-Kensett JJV volleyball team include (from left) coach Ashley Haxton, Emersyn Wahl, Logan Manning, Camryn Rheingans, Lexi McHenry, Sophia Butler, Ashlyn Skellenger, Olivia Gentz and coach Samantha Hunt.



N-K 7th grade Volleyball team

Members of the Northwood-Kensett 7th grade volleyball team include (in front, from left) Amaya Rugland, Kenly Solberg, Ivy Urbatsch, Hixton Krambeer, (second row) Avarie Skellenger, Chloe Woods, Harley Logeman, Lilly Strand, Rylee Schoon, (back row) Casey Gentz, Madeline Christianson and Maggie Rye.



N-K 8th grade Volleyball Team

Members of the Northwood-Kensett 8th grade volleyball team include (in front, from left) Olivia Hodson, Alaina Van Reese, Summer Schnulle, (second row) Quinn Schroeder, Layla Scarlett, True Hackenmiller, Maya Johnson, Dayanna Jackson, Rileigh Metcalf, (back row) Bailey Thorson, Ivy Toresdahl, Mia Fierova, Bria Kluver and Hallie Hanson..

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The Northwood Anchor

NIACC presents I Am, He Said - A Celebration of Neil Diamond with Matt Vee & The Killer Vees

Henkel Construction Company proudly presents I Am, He Said – A Celebration of Neil Diamond with Matt Vee & The Killer Vees at the North Iowa Community Auditorium on the NIACC campus at 7 p.m. on Saturday, October 14, 2023. This presentation is part of the 2023-2024 Performing Arts and Leadership Series.

"We are saying what HE said," laughs Matt Vee referring to the one and only Neil Diamond. Matt along with cousins Jeff and Tommy Vee, local music scene veterans and sons of the legendary Bobby Vee, join forces with their family and friends as The Killer Vees to celebrate the music from a timeless catalog. With songs like "Cracklin' Rosie," "America," and "Sweet Caroline," Neil Diamond sold over 100 million records worldwide with music that became the soundtrack to one generation after another with hits spanning five decades. As a Tin Pan Alley song writer in the mid-60s, he penned songs recorded by everyone from Elvis Presley to Deep Purple and, of course, the Monkee's classic, "I'm A Believer."

"This is not a tribute show," says Tommy Vee. "This is a celebration of an amazing musical icon, one we all love and respect. We have been fans since we were in grade school and first learning our respective instruments and played many of these tunes over the years in various bands. We have recruited an incredible group of singers and players and have gone back to the original records," he explains, "it is all about the vocals and Matt nails it. It's a Rockin' show!"

Joining the Killer Vees will be Matt's wife Julie Velline on vocals and Tommy Vee's son Bennett Vee on lead guitar along with veteran Minnesota musicians Mark Levandowski, Dennis Kennedy and Dr. Frank Plachecki, as well as a very special surprise featuring local talent for the finale.

Members of the Killer Vees have recorded or performed with: Bobby Vee, Sir Paul McCartney, Sir Tim Rice, Ronnie Wood, Mick Taylor, The Brian Setzer Orchestra, Little Richard, Jerry Lee Lewis, Chuck Berry, Frankie Avalon, Fabian, The Shirelles, The Chiffons, Chris Montez, Brian Hyland, Johnny Tillotson, Matthew & Gunnar Nelson, Peter Noone, Bill Medley, The Johnny Holm Band and MANY others.

To learn more about Matt Vee & the Killer Vees Celebrate the Music of Neil Diamond I am… He said, visit their website at mattvee.com.



For tickets to the show, call the NIACC Box Office at 641-422-4188. Tickets may also be purchased online at niacc.edu/boxoffice.

The Broadway sponsor for the 2023-2024 Performing Arts and Leadership Series is in memory of Patricia Johnston by Dr. Tom Johnston.

Review your retirement finances: It's National Retirement Security Month

October offers more than cooler weather, changing leaves and Halloween. It's also National Retirement Security Month. Retirement planning is always an important topic, and according to a recent survey by the Iowa Insurance Division, approximately 49% of Iowans feel they are neither adequately planning nor financially prepared for their retirement.

The results from this survey reflect recent data from the Federal Reserve. In its report on the "Economic Well-Being of U.S. Households in 2022," the Federal Reserve highlights a mixed bag of results when it comes to retirement security in the United States, said Ryan Stuart, a human sciences specialist with Iowa State University Extension and Outreach.

The report describes higher levels of financial well-being for retirees overall; however, this isn't always the case for everyone, said Stuart, who is also an accredited financial counselor specializing in retirement education and employee benefits.

"There are disparities when it comes to age, race, ethnicity and income – in addition to the impact from significant life events. The report states that 30% of individuals retired due to a health problem, 17% retired due to a caregiving situation, and 10% were forced to retire or could not find work. This is consistent with some of the issues I typically hear from the public," said Stuart.

"On a positive note, the news from these reports isn't all bad, and fall is a great time to review your retirement finances," Stuart said.

Many employers hold open enrollment for benefits around this time, and a variety of government agencies release tax inflation and cost-of-living adjustments for the upcoming calendar year. Plenty of free retirement education tools and resources are available at the federal and state levels to help you with your retirement planning decisions, Stuart noted, including the following:

The Federal Reserve

Social Security Administration

Financial Industry Regulatory Authority

Consumer Financial Protection Bureau

Iowa Public Employees' Retirement System

Iowa State University Extension and Outreach



Class of 1983 celebrates 40th reunion

Pictured above is the class of 1983, who held their 40th year reunion this summer. They are pictured at Signatures Supper Club after their reunion meal. The class of 1983 at the reunion included (front row, from left) Ben Stading, David Kragenbrink, Tim Powers, Kurt Quam, Jon Butler, Jeff Orvedal, Daryl Oakland, Chad Dawald, Arnel Citurs, Todd Patterson, Gus Hagen, (back row) Daryl Sawin, Teresa George-Zenz, Kim Thorsfeldt Katuta, Gloria Wright Truitt, Julie Bakken Cooney, Naomi Norland Myers, Diane Hogbin Hammond, JoEllen Millard Uhl, Patty Lehman Irons, Tanna Moretz, Joan Chodur McCormick and Holly Gordon Lewis.

Northwood Anchor Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Sunday, Grace Worship, 9 a.m., Bethlehem Worship, 10:30 a.m.
Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, MANNA Open 4:30-6:30 p.m.; Sunday, Bethany, 9 a.m., EC Sunday School, 9:45 a.m., Elk Creek, 10:30 a.m.; Monday, Bethany Council, 9:30 a.m., MANNA Open 10 a.m. - Noon.
Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.
Pastor Cory Allard

Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., Wonderful Wednesday, K-3rd Grade, 2 p.m., Missions & Drama Time, 3:30 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4-8th & Confirmation, 5:30 p.m., Meal, 6:15 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, Adult Choir, 7 p.m.; Thursday, Pastor at dCOM, 9 a.m. - 5 p.m., Noon Pastor at Sessions Committee Meeting, Girl Scouts; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:10 a.m., Sunday School, 9:15 a.m., Memorial Meeting - B, 10 a.m., Bethel Worship, 10:30 a.m.,; Monday, Pastor at dCOM; Tuesday, Pastor at dCOM.

Northwood United Methodist Church
Thursday, Pub Theology, 7 p.m.; Friday, NWD Discipleship Journey; Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Swallow Coffee House LM, 10 a.m.
Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 9:30 a.m., Sunday School, 10:30 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 8 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills; 9:30 a.m. Immanuel, 105 E. 3rd St., Scarville, 641-568-3666.

First Lutheran Church, Northwood
Wednesday, Confirmation, 4:30 p.m., Inspire, 6:15 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m., Pub Theology, 7 p.m.; Sunday, Service with H.C., 9 a.m., Sunday School, 10:10 a.m., DCV, 10:30 a.m., LRH, 3 p.m., JH Youth, 6:30 p.m.; Tuesday, Staff Manna Truck, Council Meeting, 6 p.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children's Sunday School following service.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Rev. Neil Manternach, Pastor
Fr. Ben Valentine, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
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Please call to confirm that your Veterans Service Officer is available.
An effort will be made to accommodate your schedule.
The 7th annual Roll Call event, ROLL CALL VII, will be held at Noon on Saturday, November 4, at "The Timbers" in Northwood. This event is sponsored by Worth County Veterans Affairs, and is free to all Worth County Veterans, and a guest. There will be a catered meal, live band, a guest speaker, fellowship with your veteran neighbors, and a chance to win one of twenty flags. Don't miss a good time.

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Tuesday: Baked Honey Chicken, Sweet Potato Fries, Green Beans, Whole Wheat Roll, Banana
Wednesday: Open Faced Hot Beef, Mashed Potatoes w/Gravy, Classic Mixed Vegetables, Mandarin Oranges

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Who being past feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness. – Ephesians 4:19 (KJV)

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton, Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

I have mentioned many times how much I like to poke around in thrift stores. They are amazing places where people donate items that really support the phrase that "one man's junk is another man's treasure". Well, in this case it's usually women who downsize and take their no-longer-needed items to the bargain stores. I recently made a wonderful haul and it included an old cookbook (1957) compiled by Pi Beta Phi which is a philanthropic association. The book was created by the P Betta Phi Settlement School Committee in Gatlinburg, Tennessee. The school was established in 1912 for health education, school studies and the promotion of the native crafts of the area. What a peek into the kitchen of this interesting group of cooks is between the cover of the Pi Beta Phi Cook Book.

Orange Fruit Cake
(Mary Van Leer Peck)

2 cups all-purpose flour
2/3 cup buttermilk
1/2 cup real butter, softened
1 teaspoon grated orange rind
1 cup sugar
1 teaspoon baking soda
2 large eggs
1/4 teaspoon salt
1/2 cup chopped pecans
1 cup chopped dates

NOTE: dust the chopped dates with some flour to keep them from sticking together.

Preheat the oven to 350 degrees F. DO NOT USE AN ELECTRIC MIXER. Sift together the flour and salt. Cream the butter and sugar together by hand. Add the eggs, one at a time, beating well between additions. Dissolve the baking soda in the buttermilk. Add this to the butter mixture, alternately with the dry ingredients. Beat until the batter is smooth. Stir in the orange rind, nuts and dates. Pour into a greased 9x13-inch baking pan and bake for 40 minutes. While the cake is baking, mix an additional cup of sugar with a cup of orange juice and another teaspoon of grated orange rind. When the cake tests done, remove it from the oven and pour this second mixture over the top, spreading it evenly. SANDY'S NOTE: I cannot believe that using an electric mixer, on low speed, would make a difference here. Mixing it that much by hand would turn some people off even making this cake!

Pork Chops and Rice
(Mary Jones Wilson)

4 bone-in center cut pork chops
1 can chicken noodle soup
1/2 cup raw long-grain white rice
Vegetable oil

Preheat the oven to 350 degrees F. Sauté the chops in a little vegetable oil until golden brown on both sides. Remove the chops and pour the soup plus a can of water into the skillet. Heat and blend this mixture. Place the chops in a baking dish at least 2" deep. Shake the rice evenly over them and pour the soup mixture over the top. Cover with foil and bake for 1 hour or until the chops are tender and the rice is completely cooked.

Swedish Meat Balls
(Jane Nelson Heston)

1 pound lean ground beef
2 medium yellow onions
2-3 tablespoons real butter
1 large egg, beaten
1 large can whole tomatoes, crushed
Salt and black pepper
2 slices white bread
Whole milk

Put the bread slices into a dish and pour on enough milk to cover them. Soak them for about an hour. Dice the onions. To the ground beef, add the beaten egg and the bread. Form small round balls; roll them in some all-purpose flour. Brown them in the butter in a large, heavy skillet. Add the onions and tomatoes with juice to the skillet, cover and simmer 2-3 hours. SANDY'S NOTE: This is an unusual recipe but worth trying. It's a type of "Swedish meatball" I have never seen before as there is more commonly a cream sauce rather than a tomato-onion sauce. I'll make them; they DO sound good!

In most of the older cookbooks, the recipes are pretty similar to what we enjoy today. Mainly that's because many of those cookbook were put together in the Midwest. This one is vastly different with very interesting and unique dishes that tempt one to push the culinary envelope a bit. And…that's all she wrote.

Ag Secretary encourages propane planning for winter

With propane prices lower than last year and supply above the five-year average, Iowa Secretary of Agriculture Mike Naig is encouraging propane consumers to make preparations ahead of the arrival of colder temperatures and winter conditions.

"Though it has felt more like summer lately, we know colder weather is coming and it's a good time to top off the tank if you rely on propane to heat your home or livestock barn," said Secretary Naig. "With lower propane prices than last year, higher supply levels, and persistent drought accelerating the dry down of grain in the field, conditions are right for propane consumers to proactively prepare for winter."

Data released by the United States Energy Information Administration (EIA) on October 4, for the week ending September 30, shows that nationwide propane stocks were at 101.4 million barrels (mb) or 134.6 days of supply. Midwest (PADD 2) propane supplies stood at 26.8 mb, a volume that is higher than a year ago when supplies stood at 24.5 mb.

As of October 4, the state average propane price in Iowa stood at $1.53 per gallon, down from $1.89 a year ago. Beginning October 2 and continuing through March of 2024, the Iowa Department of Agriculture and Land Stewardship will compile a weekly state average propane price in coordination with EIA. These findings can be found as part of the Department's weekly fuel reports.

Iowa Propane Stakeholders Group

In the fall of 2019, Iowa experienced propane supply challenges because grain drying demands caused by the late planting season coincided with an early cold snap that increased livestock and home heating needs. Since then, Secretary Naig and the Iowa Department of Agriculture and Land Stewardship have regularly convened a group of propane stakeholders, including the Governor's office, members of the Iowa Legislature, Iowa Propane Gas Association, propane suppliers, and several agricultural groups, to anticipate and act on any propane supply chain issues. If farmers or agribusinesses experience propane shortages, they should notify Paul Ovrom of the Iowa Department of Agriculture and Land Stewardship at 515-242-6239 or paul.ovrom@iowaagriculture.gov, or Michelle Wicker of the Iowa Propane Gas Association at 515-564-1260 or mwicker@iapropane.org.

Northwood Anchor Society



Getting fired up

Earlier this fall, Worth County 4-H hosted its annual 4-H Fire Up event. Current 4-H members shared their experiences and the benefits of being a 4-H'er. Young people and their families learned more and had the chance to join 4-H in Worth County. More information is available by contacting the Worth County Extension office at 641-324-1531.



4-H Record Book Workshop well attended

Several 4-H members and parents participated in a 4-H record book workshop held by the Worth County Extension Office recently. 4-H'ers were working diligently to get there books completed by the late September due date. Record keeping is an excellent life skill learning opportunity for 4-H members. The 4-H'ers completing their 4-H record books will be recognized and rewarded for their efforts at the annual 4-H Banquet on November 12.



Worth County 4-H'ers participate in Animal Science Round Up at ISU

More than 20 4-H'ers participated in this year's 4-H Animal Science Round Up on the Iowa State University Campus in Ames. Participants began their three days of learning with introductions about food science production, food processing and food safety. 4-H members had an opportunity to visit the Iowa State University Animal Research Farms, tour the ISU Veterinary College and conduct experiments in the campus laboratories.

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Northwood Anchor **Opinion**

Savvy Senior

Protecting your pets after you're gone

Dear Savvy Senior,

What is the best way to ensure my pets are taken care of after I'm gone? I have two dogs and a cat that are my four-legged family, and I want to make sure they'll be well taken care of after I die.

Solo Senior

Dear Solo,

It's a great question. Every year, approximately 500,000 cats and dogs enter shelters when their pet parents experience an emergency or pass away. Without a proper plan in place for the future care of your pets, they are at risk of ending up in a shelter where they could be euthanized.

To avoid this terrifying scenario and ensure your furry family is cared for both physically and financially after you're gone, you should consider including them in your estate plan. Talk to your attorney about how to insert them in your will or trust in accordance with your state's laws. Here's what you'll need to do.

Wills

If you already have a will or are planning to make one, you could simply add in a trusted caretaker clause for your pets, along with an alternative if your first choice falls through. You should also set aside money in your will for your pet's care with an explanation of how the funds should be spent.

To determine how much to leave, multiply your pet's annual food, care and medical costs by their life expectancies. You may want to add a separate document, called a letter of instruction, describing your pet's routine, food and medication.

But be aware that even with this provision in your will the caretaker is not legally obligated to follow your instructions, spend the money as you intended or send the pet to another caretaker that you've named. Once the money is distributed to the caretaker, it's an honor system.

Trusts

Another option is to create a pet trust, which provides more legal protections. Depending on your state's laws (see aspca.org/pet-care/pet-planning/pet-trust-laws), you could set up either a revocable pet trust, which can be changed or canceled during your lifetime, or an irrevocable pet trust that can't be reversed. A pet trust can be completely separate or part of an existing trust that encompasses your other assets.

Along with appointing a trustee to manage your trust's finances, you name your pet's caretaker (who could also serve as the trustee), and any alternative caretakers, as well as an optional trust protector for added oversight of the trustee given that the beneficiary (your pets) can't defend their own rights. Unlike a will, the caretaker has a fiduciary duty to follow your letter of instruction if you include one.

The cost for a living trust ranges anywhere between $1,000 to $3,000, while a will typically costs between $200 and $1,000. There are also cheaper do-it-yourself resources for making a simple will or trust, like Nolo's Quicken WillMaker & Trust (Nolo.com, $99) and Trust & Will (TrustandWill.com, $159). Or, if that's more than you're willing to pay, you can make your will for free at FreeWill.com or DoYourOwnWill.com.

Other Arrangements

If you don't have anyone who would be willing to take care of your pets after you're gone, you should make arrangements to leave them to an animal retirement home, a rescue, humane society, pet care program or other animal welfare group. Many of these organizations find new homes for pets or offer lifetime care but may require a fee or donation. Talk to your veterinarian about the options available in your area.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Echoes from the Loafers' Club Meeting

A drought is a terrible thing.

It said it's going to rain on TV.

Great! Now we'll have a drought and a wet TV.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. It was a great way to start the day. I was awake. I poured milk on my breakfast cereal (called breakfast food during my adolescent years), but it didn't make a sound. It wasn't broken, it was oatmeal. Later in the day, my wife and I attended a church soup and pie, which was a glorious gastronomic event. We sat next to a couple of good eaters. One had once suffered whiplash while eating spaghetti. The pie portion required a tough decision—should cherry or pecan pie provide the floor for my whipped cream?

The weather in October can be Oddtober weather. Biting insects stay in touch—multi-colored Asian lady beetles and minute pirate bugs (often called no-see-ums). Interestingly, both insects are predators of soybean aphids. One lady beetle found my keyboard. I released it outside. It was a first-time offender. On a warm, sunny day, I ran a gauntlet of biting insects. The next day, the cool weather calmed them.

We played a game of slowpitch softball on a day forever ago. The game allowed 10 players on defense. In this game, we had four outfielders—Reid, Donnie, Marty and Chuck. A line drive hit by the opposing team's batter found its way to the outfield. One outfielder was my brother-in-law. I won't identify him by name in order to protect the guilty. The batter got a triple. The triple is called the most exciting play in baseball. This triple in softball wasn't that exciting. My brother-in-law got a nice jump on the ball and would have held the runner to less than a triple if my in-law hadn't had to go back and retrieve the hat that had blown off his head. Hat first, softball second. We won the game, but if the player of the game received a coveted Twinkie, my brother-in-law wouldn't have collected that golden sponge cake of excellence.

I've learned

My wife's extra-sensitive toothpaste doesn't like it when she uses another brand of toothpaste.

Bad rainbows are sent to prism to give them time to reflect. If they've had a colorful past, they are given light sentences.

Crocs don't make alligator shoes.

When you clean a vacuum cleaner, you become a vacuum cleaner.

Lightning never strikes twice in the same place, but nobody knows where that place is.

It's a fine country. You can go wherever you want without even having to use your turn signals.

Nature notes

White-throated sparrows, whistlers extraordinaire, have joined the flickers in gleaning the ground for foodstuffs. The omnivorous bird is a short-distance migrant that winters in the southeast, northeast and lower midwest and as far west as Arizona and the Pacific Coast. The major breeding range of this species in Minnesota is in the northeastern and north-central parts.

The majority of songbirds migrate at night. These include warblers, sparrows, orioles, flycatchers, thrushes and cuckoos. Most are denizens of woods and other sheltered habitats and aren't agile fliers. They use those dense habitats to avoid bird predators. Migration at night has its advantages. Birds don't have to worry about falcon or hawk attacks. The air is usually less turbulent than during the day and it's cooler at night. A migrating bird produces excess heat that needs to be released. Most of the heat is lost from their featherless legs. The colder the air temperature, the quicker that heat can be lost. Some species of birds migrate during the day. These include hummingbirds, pelicans, hawks, falcons, swifts and swallows. These birds are strong fliers. The larger birds take advantage of thermals that develop during the day. Swifts and swallows feed on the wing during the day as they migrate. Common nighthawks migrate both day and night, but the largest flights occur within two hours of sunset, with the highest numbers at dusk. They will detour to chase flying insects, swooping erratically on deep wing beats. It resembles the flight of a bat and the nighthawks can produce a booming sound from their wings as they pull up from a dive. This is the reason nighthawks are sometimes called "bullbats."

Thanks for stopping by

"It's not our job to play judge and jury, to determine who is worthy of our kindness and who is not. We just need to be kind, unconditionally and without ulterior motive, even—or rather, especially—when we'd prefer not to be."—Josh Radnor.

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Fit to print...

A century later, Jack Trice's story lives on

By Jeff Morrison
Iowa Writers' Collaborative

October 8 was the centennial of the death of Jack Trice, Iowa State's first Black athlete. Trice was an Ohio native who came to Iowa State College to learn animal husbandry. He also joined the track and football teams.

What came next has received significant attention in recent decades, including a documentary at cyclones.tv, the books "Football's Fallen Hero: The Jack Trice Story" and "The Idealist," and a piece in the fall 2010 issue of "The Annals of Iowa." They go into much greater detail about Trice's story.

For the second game of the 1923 football season, at Minnesota, Trice was not allowed to eat with the team at the Curtis Hotel. The Midwest was no stranger to discrimination. At the time, multiple chapters of the Ku Klux Klan were active in Minneapolis.

'Everyone is expecting me to do big things'

Trice, forced to be away from his teammates, was left alone with his thoughts on the night of Oct. 5, 1923. He took a piece of hotel stationery and wrote a short letter to himself. "The honor of my race, family and self are at stake. Everyone is expecting me to do big things. I will!"

In "The Idealist," author Jonathan Gelber re-created the next day's game as much as could be done a century later. Trice first was injured at his collarbone but continued to play. In the second half, as he executed a block, he ended up on his back in the middle of the scrum and was trampled by multiple Minnesota players. Research into trying to determine if the action was racially motivated has not reached a consensus.

Minnesota won, 20-17, and Trice joined the team on a bumpy train ride home.

News of Trice's injury reached Ames during the game, but the severity was far underestimated. The Ames Daily Tribune and Times, in its recap Oct. 8, said Trice "was forced out of the game in the third period with internal injuries, and it will probably be four weeks before he will be in condition to scrimmage again." The same afternoon that that sentence reached readers, Trice died of peritonitis.

Trice was one of five college football players and 19 overall to die from game-related injuries in 1923, according to a compilation by the Chicago Tribune summarized Dec. 5 in the Tribune and Times.

The years after

Trice was mourned by the community after his death, and was honored with a plaque at State Gym, but his story languished. His name did not appear in the Ames newspaper for nearly 50 years.

A lot in those intervening decades got glossed over — starting with the following week.

The next game on Iowa State's 1923 schedule was at Missouri. The day Trice died, Missouri mailed Iowa State a letter saying it would not allow Trice to play in Columbia the following Saturday. The letter is difficult to read today because of its explicit tone and offensive language singling out Trice because of his race. It should be difficult to read. It should also be remembered.

A little over a decade earlier, Missouri had stopped the University of Iowa from having a Black athlete play in Columbia. After that, Iowa and Missouri would not play each other for a century, and then only in a bowl game. But then, Iowa and Missouri were not in the same conference.

Iowa State had another Black football player in 1926-27, Holloway Smith. He also was barred from playing at Missouri. It was just something the Cyclones dealt with. "Because of the color discrimination effected by Missouri, Holloway Smith, tackle, will not play in Friday's game, Coach Noel Workman said last night," the Tribune and Times reported Nov. 8, 1927. Iowa State lost, 13-6. The paper noted later that Smith's absence had been felt on the offensive line.

In 1928, the Missouri Valley Intercollegiate Athletic Association fractured, with Iowa State and five other public colleges becoming known as the Big Six. (Conference realignment: The more things change, the more they stay the same?)

Because Missouri and Oklahoma were part of the conference, for the next 20 years a "gentlemen's agreement" prevented Black athletes from playing at those teams' home stadiums, and they were not recruited. In 1946 the rule was codified — right before the color barrier began to break down. Three years later, Kansas State's Harold Robinson became the first Black scholarship athlete in the Big Seven, and he played in a game in Columbia on Thanksgiving Day 1950. In 1952, sophomore Al Stevenson played for Iowa State. By 1960, the first year Oklahoma State was a full member of the Big Eight, the conference was fully integrated.

A legacy

A chance rediscovery of the plaque at State Gym in 1957 by ISU student Tom Emmerson influenced events later when he was faculty adviser for the Iowa State Daily. The Daily wrote about Trice in October 1973, bringing his story and his letter to new generations. The May 1974 reappearance of Trice's name in the Tribune was at the beginning of a campaign to name the football stadium under construction after him. After a decades-long process/fight, in 1997, Cyclone Stadium-Jack Trice Field was renamed Jack Trice Stadium.

Today, there is a relief sculpture of Trice on the exterior of the stadium that bears his name. A statue of him reading his letter that had been at the stadium was moved to Central Campus at the end of 2019. Last year, an art installation at the stadium was established, a silhouette of a football player "Breaking Barriers."

Iowa State will remember Trice on Saturday in the football game against TCU, and then hold a ceremony on Sunday, as part of a yearlong university plan to celebrate his life.

It took many decades after Trice's death for Black athletes to play on the football fields of the Great Plains as equals. Now that his example is known nationwide, let it never be forgotten.

This column is republished from Between Two Rivers through the Iowa Writers' Collaborative.

Northwood Anchor

Early Files

100 years ago

October 3, 1923

Miss Jeanette Sabin, 1923 Northwood High graduate, and daughter of Mayor and Mrs. E.M. Sabin of Northwood, won distinction at Northwestern University in Chicago. She was pronounced as one of the most mentally alert of the 10,000 students enrolled.

Rev. T. Sigmond arrived at home from his all summer trip abroad. Mr. Sigmond left Kensett in June and traveled through England, Germany and the Scandinavian countries, a great deal of the time being spent in Norway, where he visited his parents and other relatives. Rev. Sigmond had a most profitable vacation but is glad to be back in the good old U.S.

Earl Kinney, an 11-year-old boy living near Plymouth, won second place in the senior Holstein heifer calf class at the Waterloo and Dairy Cattle Congress, against 64 competitors from all parts of the state.

Northwood's golf tournament began on the grounds northwest of town and it is believed a hot contest will develop before the final ending on October 12. The tournament will comprise three matches, the preliminary, semi final and final. Officials are E.N. Klove, Dr. M.B. Peterson, E.M. Sabin, L.G. Haugen. W.R. Johnson, F.W. Johnson and C.R. Christiansen.

With a patched and crippled lineup, the Northwood High School football team played Clear Lake to a 6 - 6 tie at Clear Lake. The locals were forced to play, minus two regular tackles, Lucken and Helgeland and for half the game without Captain Russell Perry.

Word has been received from the Northwood men who left a few weeks ago for California via the automobile trail that they have all arrived and are at work. Those in the two parties who went at the same time were A.R. Thomson, Louis H. Beach, Ed Marquardt, W.E. Ward and H.I. Squire. All men are located at Oxnard, near Los Angeles. Employment appears to have been easy to find.

75 years ago

October 7, 1948

Several hundred people are expected to be at the Rock Island station in Manly when Governor Earl Warren, Republican candidate for vice president, will make a rear platform address.

After holding the Lake Mills High Bulldogs on even terms during the first half of last Friday night's North Iowa conference football game, with a 7 to 6 score favoriting the visitors at the half the Northwood High Vikings found themselves outclassed during the second half and the final count was 27 - 6.

The body of Pfc. Lloyd V. Hagen of Northwood, who was killed in action in Europe during World War II has arrived in this country, one of 124 Iowans returned on the U.S. Army transport Carroll Victory, which recently docked in New York.

Mr. and Mrs. Myron Hanson of Deer Creek Township are the parents of twin boys, born on October 1, at the Park Hospital in Mason City. They have been named Lowell Myron and Lyle Orrien. The Hansons also have two daughters.

The corn loan rate in Worth County will be $1.37 per bushel, according to the official advices received by the local board. The rate will be in effect from harvest time until June 30, 1949. The Worth County rate is one cent per bushel below the state average, as various sections are on a slightly varying basis.

"The Art of Cheer-leading," a book written on that form of school activity by Bruce Turvold, son of Mr. and Mrs. G.C. Turvold, Northwood, has been published by the Northwestern Press of Minneapolis.

Funeral services for Pvt. Robert E. Reyerson, son of C.B. Reyerson of Hartland township, a war casualty during the fighting in Italy, will be held at the Klein Funeral Home in this city, and at the Silver Lake Lutheran Church near the Reyerson farm home. Burial will be in the church cemetery.

50 years ago

October 11, 1973

Patrolman Orin J. Liljedahl of the Northwood police department, along with 37 other law enforcement officers, representing 27 cities, seven counties and three state law enforcement agencies from across Iowa, will graduate from the 28th Basic Training School, held at the Iowa Law Enforcement Academy at Camp Dodge, according to John F. Callaghan, director of the academy.

The tentative date for opening Viking Manor Inc., is on October 28, according to Oren Ogou, chairman. Progress is satisfactory he added, but some landscaping work may have to be delayed until spring, as the season is getting too late.

Elementary students at Northwood-Kensett schools were treated to demonstrations and rides on fire trucks in commemoration of Fire Prevention Week. Members of the Northwood Fire Company were on hand to supervise.

Worth County Clerk of District Court Clifford Reyerson gave the following report of financial activities for Magistrate Craig E. Ensign and traffic violations department for the third quarter of 1973. The magistrate handled 487 cases and collected $7,221.75 in traffic fines. He also collected $141 in non-traffic fines; $2,469.50 in traffic costs and $40 in non-traffic costs.

The Vikings lost their second game of the season at homecoming as the Buffalo Center Bison downed Northwood-Kensett 8 - 0. Both teams are now 2 - 2 in the North Iowa Conference and the Vikings are 3 - 2 in all games. Bruce Venticher ran three yards for the lone touchdown to cap a 60 yard drive in the second quarter and Cory Doden passed to Mike Kettwick for the two point conversion.

Bruce Crom, son of Mr. and Mrs. Dwight Crom, Northwood, has enlisted in the United States Navy and is stationed at the Oval Training Base, Great Lakes, Illinois. He is a 1973 graduate of Northwood-Kensett High School.

25 years ago

October 14, 1998

Northwood-Kensett High homecoming queen candidates had to put a little pressure on their male counterparts to keep them in line. The N-K homecoming court includes king candidates Dan Varner, Micah Peterson, Nigel Millard, Jack Johnson, Caleb Ingersoll and Joey Harmon. Queen candidates are Heather Perkins, Janet Butler, Jennie Johnson, Dana Okerlund, Heather Jensen and Sarah Hanson.

The Northwood-Kensett kindergarten and the Northwood Volunteer Fire Company joined forces for a tour of the fire station here during National Fire Prevention Week. Besides the tour, the kindergarteners got some special fire prevention tips, and each received a bright red "fire chief" hat.

Kevin and Amy Stambuagh, Northwood, are parents of their first child, a daughter, Miranda Marlys, born on October 2. She weighed 8 lbs. 15 oz. and was 21 inches long.

Navy Petty Officer 2nd Class Larry A. Harris, son of Bob A. Harris, Northwood, recently participated in the commissioning of the amphibious assault ship USS Bonhomme Richard. Harris is one of more than 1,000 sailors who attend the commissioning in Pensacola, Florida. The ship was placed in commission by Secretary of the Navy John Dalton.

Northwood-Kensett tailback Jack Johnson used a spin move at the line of scrimmage to take advantage of blocks by teammates Nick Lupkes, Dan Varner and Mike Wright.

Northwood-Kensett senior Jennie Johnson has been named to the 1998 All-North Iowa Conference volleyball team. "Jennie's just a good all-around volleyball player," said Viking coach Brenda Steinman. "She hits the ball well and she passes well and she serves well. I was really disappointed she didn't make first team, because I thought she deserved it."

10 years ago

October 9, 2013

Fall officially began on September 22 and just a few days later all the signs of the season were in full swing. The leaves on many area trees have begun to change and fall to the ground. The leaves seen above were in the midst of their timely tint transition earlier this week.

The Worth County County Development Authority will once again provide funds for people in need of assistance through food banks in North Iowa and southern Minnesota. The WCDA board recently voted to award $80,000 to 11 food banks. The WCDA has made similar contributions in the past several years. This year's amount is an increase of $14,000.

Worth County Extension is celebrating its 100th anniversary in 2013, and this month we are featuring Mary Clagett, office manager since 2009. Hers is the first smiling face we see as we step into the extension office - the person who "keeps the train on the track." Mary not only works at Worth County Extension with the 4-H program, she herself was a 4-H'er.

N-K's Kayla Branstad is making the most of her senior year on the volleyball court. The talented hitter recorded 17 kills in two matches last week and now has 71 kills on the year, second on the team. Branstad also has 19 blocks, 35 digs, five assists and is 96-111 at the service line, for a very respectable .865 serving percentage. Halfback Mitchell Athey refuses to go down as he drags a few Dunkerton defenders with him on his way to a huge gain in Monday night's 52-14 district win. Athey gained 106 yards on just nine carries.

N-K's Dawson VanRyswyk drags some Riceville Wildcats for a few extra yards in last Monday afternoon's 22-14 win. The JV football team is now 4-1-1 on the year.

Northwood Anchor

Obituaries

Kay Mortenson



KAY MORTENSON

Few will be missed by so many as Kay. She was known for her kindness, generosity, intellect, humor, style and good cooking. She was one Classy Dame.

Kay was born in Mason City, Iowa, on February 18, 1933, and died in Northwood, Iowa, on May 6, 2023.

She preceded in death by her parents, Ruth and Clarence ("Mort") Mortenson; sister, Hjordis; and stepbrother, Bob Reeder.

She is survived by her sister, Melissa; stepmother, Phyllis; stepsister, Patty (Richard); stepbrothers, Dan (Carolyn) Reeder, Dennis (Janet) Reeder; and many other loving friends and relatives.

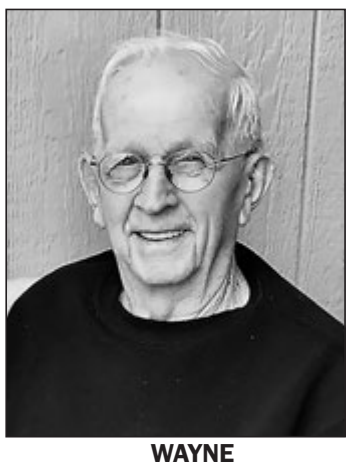
Kay grew up in Northwood, graduating from high school in 1950 when she began her travel adventures by moving to Los Angeles, where she worked as secretary for the Royal Liverpool Insurance Company before returning to the Midwest. She then worked as secretary at General Mills while studying English and Theater at the University of Minnesota until returning to Northwood in 1965 to care for her terminally ill mother and look after her father and her sister. She chose to stay in Northwood and worked as office manager and assistant to Dr. B.H. Osten until his retirement and then worked at the local Mayo Clinic office until her retirement.

Her interests were eclectic and far reaching: the classical world, opera, art, literature, food and wine. She enjoyed numerous intellectual, cultural and culinary adventures in the U.S. and abroad. The time she spent in Egypt, Greece, and Italy studying the origins of classical mythology heightened her fascination with the ancient world and helped to forge lasting friendships. She delighted in riding a camel named Mickey Mouse, drinking martinis at Harry's bar in Venice, lunching at the Oxford and Cambridge Club, listening to the "charming and naughty" Colin Dexter discuss his Inspector Morse novels during a summer program at Oxford University, attending the opera in New York, and cooking for friends at home. She counted many scholars as friends and was both enlightened and entertained by them whether at meetings of the American Philological Association and Archaeological Institute of America or in their homes. As an avid mystery buff, she attended two Bouchercons, the international convention for writers and readers of mystery literature. Her friends' writings, whether scholarly or literary, gave her great pleasure.

The ancient Egyptians believed the heart was the source of wisdom, the center of emotion and memory and the key to the afterlife. It recorded all the good and bad deeds of a person's life and revealed a person's true character. During the Judgement of Osiris, the heart of the deceased is weighed against the feather of the goddess Maat who personifies truth, justice, and cosmic order. The weightlessness of the heart shows the person is not burdened by sin or evil and can join Osiris in the afterlife. Kay's heart was truly light as a feather.

A celebration in Kay's honor will be held at the Olson Room, next to the Northwood Public Library, 906 First Ave. S., Northwood, IA 501459 on Saturday, October 21, from 11:30 a.m. to 2 p.m. In lieu of flowers, remembrances may be sent to the charity of one's choice.

Wayne Christofferson



WAYNE CHRISTOFFERSON

Wayne Irwin Christofferson, 94, of Northwood, Iowa, was called home to be with his Lord and Savior, Jesus Christ, on Friday, September 8, 2023. A memorial service was held at the Schroeder Funeral Home in Northwood, Iowa on Monday, September 11, 2023, at 1 p.m. Military graveside service in Lawrence, KBA, will be scheduled at a later date.

Wayne was born on July 12, 1929, in Milford, Iowa, the son of Hartman and Alice Moritz Christofferson. He was 1 of 6 children and grew up in Milford, Iowa, where he graduated from high school. He married Dorothea Arends on August 3, 1951, in Charleston, SC, while he was serving in the United States Navy. Afterwards, they returned to Iowa and eventually settled in St. Ansgar, where Wayne owned and operated the St. Ansgar Enterprise for more than 30 years.

Wayne was a devoted husband and father. He enjoyed attending school and athletic events for all of his children and many of his grandchildren. He was an avid golfer and spent many hours golfing at Acorn Park in St. Ansgar. He also drove the school bus for more than 30 years and was loved by many generations of kids.

In October of 2003, he and Dorothea retired to Lawrence, Kansas. After losing the love of his life in 2019, he moved to Meadowlark Estates in Lawrence and later to the Lutheran Retirement Home in Northwood, Iowa.

Survivors include children, Debra Kubicek, Randal (Jean) Christofferson, Joel (Darlene) Christofferson, Lana (Claude) Williamson and Amy (Shawn) Cuttell; son-in-law, Jeff Cuttell; grandchildren, Jenny (Phil) Wheeler, Lonny (Susan) Fiala, Taylor (Lindsay) Kubicek, Ben (Nicole) Christofferson, Tom (Missy) Christofferson, Joe (Ellen) Christofferson, Adam Christofferson, Haley (Mason) Cooper, April Williamson, Emily (Derek) Berry, Jordan (Jojo) Cuttell and Ashton Cuttell; 30 great-grandchildren; and three great-great-grandchildren; as well as many nieces and nephews.

Wayne was preceded in death by his wife, Dorothea; his parents; 5 siblings, Cleone, Sylvan, Phyllis, Janice and Ruth Ann; son-in-law, Kent Kubicek; and great-grandson, William Fiala.

Bonita Norlander



BONITA NORLANDER

Bonita Turvold Norlander passed away at the age of 83 on October 1, 2023, in hospice in Edina, Minnesota, with her husband by her side. She had suffered a stroke in May 2021, and struggled recently with liver and kidney problems.

She was born on May 31, 1940, at home in Northwood, Iowa, to Edna Walswick Turvold and Odean Turvold, the second of four daughters. Bonnie graduated from Northwood High School in 1958, and attended Waldorf College in Forest City, Iowa.

She met her future husband, Wally while working at the University of Minnesota in Minneapolis, and they married in August of 1963. They lived for a time in Alexandria, Virginia, while he was assigned to Fort Belvoir, and Bonnie worked for the Air Force at the Pentagon. She returned in 1964 to the U of M, and eventually took a position as Secretary to the Principal at Creek Valley Elementary in Edina, which she held until her retirement in 2002.

Bonnie was a tireless worker with a natural instinct for interior design and homemaking. She always knew "what went with what."

She was a sports fan - Vikings, Twins and pro golf. She and Wally traveled to three Vikings Super Bowls, two Masters tournaments and saw two Twins World Series championships. Over the years, they had season tickets to Gopher football and basketball games and to the Vikings.

She enjoyed traveling, both with Wally and with her family---among their destinations were Norway, Germany, New York, California, and Las Vegas and they enjoyed four cruises.

She is preceded in death by her parents; infant brother, Gary; and elder sister, Della Newlin.

She is survived by her husband, Wally; her sister, Nelda Turvold of Northwood; her sister, Lorrie Turvold DeYoung of Forest Lake, Minn.; and her Goddaughter, Demi DeYoung of Beverly Hills, Calif.

To honor Bonnie's wishes, there will be no services or ceremonies. Interment of ashes will be at South Shell Rock cemetery in Northwood.







Taking a flintknap

Students in Northwood-Kensett's fifth grade have been learning about Native Americans in their social studies classes. Part of the study recently included learning about the practice of flintknapping with Worth County naturalist Heaven Walker. Flintknapping is the process of shaping rocks and stones to create tools and weapons.

Future Farmers of America members attend District Conference

Each year North Central district and Iowa FFA officers plan and facilitate Greenhand Fire Up Conferences for FFA members in the NC district. NIACC welcomed FFA chapters from all over the district on October 5, 2023.

Northwood-Kensett FFA members Olivia Gentz, Lauren Heiken, Caysen Chodur, Landen Nelson, Mason Metcalf and Bronson Ducommun attended the event with Chapter Advisor Marty Cotter.

While at NIACC on Thursday, district and state officers lead four interactive workshops for first year high school FFA members, also known as Greenhands, for the annual Greenhand Fire Up Conference. The workshops facilitated were leadership focused with an emphasis on the experiences that occur in the lives of beginning high school students.

Iowa FFA President, Holly Schmitt, stated, "Greenhand Fire Up provides a chance for first-year high school members to get a sneak peek of the opportunities that FFA holds, and is a conference for members to meet and interact with state and district officers."

The officers prepared and facilitated workshops of: authenticity, balancing priorities, communication, and FFA opportunities – in order to provide the first-year FFA members with skills they would use both within and outside of FFA. The goal was to engage FFA members in learning about the tools that would allow them to be successful in anything they are part of through high school and beyond.

Greenhand Fire Up is made possible with support from the Iowa FFA Foundation.

Notice

THE IOWA DISTRICT COURT FOR Worth COUNTY
CASE NO. ESPR009377
IN THE MATTER OF THE ESTATE OF CHESTER J. MILLARD, JR., Deceased
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF CO-EXECUTORS AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Chester J. Millard, Jr., Deceased, who died on or about September 21, 2023:

You are hereby notified that on September 28, 2023, the Last Will and Testament of Chester J. Millard, Jr., deceased, bearing date of August 28, 2012, was admitted to probate in the above named court and that Mark J. Millard and Daniel K. Millard have been appointed Co-Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on September 27, 2023.

Mark J. Millard
716 Carroll Avenue
Ames, IA 50010-0008
Co-Executor of Estate

Daniel K. Millard
172 340th Street, Apt. A
Fertile, IA 50434-7010
Co-Executor of Estate

Douglas A. Krull
ICIS#: 000008531
Krull Law Office
714 Central Avenue
P.O. Box 200
Northwood, IA 50459
Attorney for Executors

Date of second publication the 11th day of October, 2023.

40-2t

Supervisors

October 2, 2023
Thirty-ninth Day

The Worth County Board of Supervisors met pursuant to adjournment with Mark Smeby, A.J. Stone and Enos Loberg present. All members voting "AYE" unless noted.

Loberg led the Pledge of Allegiance and then called the meeting to order.

Motion Smeby/Second Stone to approve today's agenda and minutes from the September 25, 2023 meeting. Motion carried.

Motion Stone/Second Smeby to approve claims in the amount of $39,440.00 as per the following schedule. Motion carried.

Budget Auto, Vehicle-Eng.....$39,440.00

Motion Stone/Second Smeby to approve $6,000.00 grant to the Worth County Asset Team using Opioid Settlement funds to increase public awareness of the opioid epidemic and dangers within our community, enhance prevention efforts at the youth level through evidence-based school programs and foster environments that reduce high-risk choices for our youth and their families. This project will be billed through public health. Motion carried.

Motion Smeby/Second Stone to approve payroll eligibility verification for Theresa Mammosser at 17.78/hour as submitted by the sheriff. Motion carried.

Chairperson Loberg recessed the regular session at 8:56 A.M.

Motion Smeby/Second Stone to open Public Hearing for Proposed Rezoning – Kristoffer & Addie Rugland at 9:00 A.M. Motion carried. Present for the hearing were Kris & Addie Rugland and Renee Bergo. Public comment from Renee Bergo was heard.

Motion Smeby/Second Stone to close the Public Hearing for proposed rezoning. Motion carried.

Chairperson Loberg reconvened the regular session at 9:05 A.M.

Motion Stone/Second Smeby to approve Resolution 2023-33 Map Amendment to Worth County Zoning Ordinance. Roll call: Smeby – Aye; Stone – Aye; Loberg - Aye. Motion carried. (Full text of resolution available in auditor's office).

Motion Smeby/Second Stone to approve proclamation for October Domestic Violence Awareness Month as read by Renee Harris, Domestic Abuse Advocate, Crisis Intervention Service. Motion carried.

Motion Stone/Second Smeby to adjourn at 9:15 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Notice

IN THE IOWA DISTRICT COURT OF WORTH COUNTY

Lakeview Loan Servicing, LLC
Plaintiff,
vs.
Jessica M. Brandenburg; Unknown Spouse, if any, of Jessica M. Brandenburg; Parties in Possession, et al.
Defendants.

EQUITY NO: EQCV012892
ORIGINAL NOTICE FOR PUBLICATION

You are notified that a petition has been filed in the office of this court naming you as a defendant in this action. The petition was filed on August 29, 2023, and prays for foreclosure of Plaintiffs Mortgage in favor of the Plaintiff on the property described in this notice and judgment for the unpaid principal amount of $187,837.50, with 3.375% per annum interest thereon from March 1, 2023, together with late charges, advances and the costs of the action including (but not limited to) title costs and reasonable attorney's fees, as well as a request that said sums be declared a lien upon the following described premises from January 10, 2022, located in Worth county, Iowa:

Lot 1 and the South half of Lot 2, Torgy's First Subdivision to the City of Northwood, Worth County, Iowa, commonly known as 1306 4th St S, Northwood, IA 50459 (the "Property")

The petition further prays that the Mortgage on the above described real estate be foreclosed, that a special execution issue for the sale of as much of the mortgaged premises as is necessary to satisfy the judgment and for other relief as the Court deems just and equitable. For further details, please review the petition on file in the clerk's office. The Plaintiffs attorney is Andrea Dyar, of SouthLaw, P.C.; whose address is 4601 Westown Pkwy, Suite 250, West Des Moines, IA 50266.

NOTICE

The plaintiff has elected foreclosure without redemption. This means that the sale of the mortgaged property will occur promptly after entry of judgment unless you file a written demand with the court to delay the sale. If you file a written demand, the sale will be delayed until twelve months (or six months if the petition includes a waiver of deficiency judgment) from the entry of judgment if the mortgaged property is your residence and is a one-family or two-family dwelling or until two months from entry of judgment if the mortgaged property is not your residence or is your residence but not a one-family or two-family dwelling. You will have no right of redemption after the sale. The purchaser at the sale will be entitled to immediate possession of the mortgaged property. You may purchase at the sale.

You must serve a motion or answer on or before 21st day of November, 2023, and within a reasonable time thereafter, you must file your motion or answer with the Clerk of Court for Worth County, at the county courthouse in Northwood, Iowa. If you fail to respond, judgment by default may be rendered against you for the relief demanded in the petition.

If you require the assistance of auxiliary aids or services to participate in a court action because of a disability, immediately call your District ADA Coordinator at 641-494-3611. If you are hearing impaired, call Relay Iowa TTY at 1-800-735-2942.

This case has been filed in a county that utilizes electronic filing. You may find more information and general rules governing electronic filing in Iowa Court Rules Chapter 16. You may find information concerning protection of personal information in court filings in Iowa Court Rules Chapter 16, Division VI.

By: CLERK OF THE ABOVE COURT
Worth County Courthouse
1000 Central Ave,
Northwood, IA 50459

IMPORTANT:

YOU ARE ADVISED TO SEEK LEGAL ADVICE AT ONCE TO PROTECT YOUR INTERESTS.

41-3t

UNITED STATES POSTAL SERVICE® Statement of Ownership, Management, and Circulation (All Periodicals Publications Except Requester Publications)

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Kenison Publishing	PO Box 107, 801 Central Ave., Northwood, Iowa 50459
Kris Kenison	Same

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The Northwood Anchor	09/27/23

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17. Publication of Statement of Ownership
☒ If the publication is a general publication, publication of this statement is required. Will be printed in the 10/11/2023 issue of this publication. ☐ Publication not required.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner: Kris Kenison, Publisher — Date: 9/28/23

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

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Resources to better understand and enact farm succession planning

A common misconception in farm estate and succession planning is that an estate plan is only used after an individual passes away. In truth, a comprehensive estate plan should also provide for possible long-term care needs, dictate health care directives and designate a trusted individual to oversee desired funeral arrangements.

In order to help the farming community better understand estate planning, Iowa State University Extension and Outreach recently published a 100-page guide called "Estate and Succession Planning for the Farm."

This educational resource covers property ownership, wills and trusts, estate and gift tax, income tax planning, business entity planning and more.

The workbook is designed to educate and answer questions that may arise during the planning process. It is intended to complement – not replace – advice from legal and tax experts. It includes 12 chapters, as well as a glossary of terms and blank pages for personalized input and planning.

"This workbook serves as a valuable guide during any phase of the planning process," said Ann Johanns, program specialist with ISU Extension and Outreach. "It guides the reader through complex topics by providing illustrative examples throughout and sharing common aspects of estate planning to consider."

The workbook will be highlighted during an Oct. 11 webinar for women farmland owners, in a session called "End-of-Life Taxes and Expenses," featuring Kitt Tovar Jensen, staff attorney with the Center for Agricultural Law and Taxation and moderated by Johanns, from noon to 12:45 p.m.

A second webinar, called "Slowing Water Down," will be held Dec. 13 from noon to 12:45 p.m. with Catherine DeLong, water quality program manager with ISU Extension and Outreach.

The bi-monthly series is part of a multi-year project led by the extension farm management team's women in ag program to better understand and meet the educational needs of women farmland owners.

Participants can select specific sessions or register for the full series. A separate invitation email will be sent for each webinar you register for with the link to join the live session. (Reminder emails will also be sent shortly before each live session.) All sessions will be recorded with a link shared via follow-up emails after each live event, and archived on the Ag Decision Maker website.

The series is offered through collaborations with Iowa State's Center for Agriculture Law and Taxation, Water Quality Initiative, and the Department of Economics, the project is bringing comprehensive land management information to audiences of women farmland owners.

Women Managing Farmland programs and resources are financially supported by a USDA National Institute of Food and Agriculture - Critical Agriculture Research and Education grant (2021-68008-34180) and a Farm Credit Services of America gift. For information on Women Managing Farmland courses, visit the Women in Ag website.



Harvest underway

While weather has been largely too dry for the year, that means that crops are ready for harvest early. According to the Iowa Department of Agriculture and Land Stewardships recent Crop Progress Report, corn was more than a week ahead of the past year and nearly two weeks ahead of the five year average. Soybeans, meanwhile were nearly on par with the previous year and five year average.

N-K's Thorson place 11th at XC meet in Lake Mills

By Mike Simmons
Sports Editor

The Northwood-Kensett cross country team ran last Monday afternoon at the Lake Mills Golf Country Club in Lake Mills with the Lady Vikings' Macy Thorson finishing in 11th place with a time of 23:45.63.

Rounding out the girls team, Lexi Hanson-Brandsoy placed 29th, finishing with a time of 26:05.79.

The boys team on this night was down to just two runners as well with Zach Heiken (21:40.90) and Ronan Penfold (34:09.40) placing 35th and 65th respectively in Lake Mills.

With the XC season nearing its end, N-K ran in a meet on Monday in Forest City and will compete this Thursday in the Top of Iowa Conference Championship at NIACC.

Girls XC Team Scores at Lake Mills – Forest City 27, Hampton-Dumont 66, North Union 66, Lake Mills 101, West Hancock 101, DNP – Northwood-Kensett, North Butler, Clear Lake Classical, Lake Mills, RRMR

Boys XC Team Scores at Lake Mills – Lake Mills 22, Forest City 48, North Butler 69, Hampton-Dumont 131, West Hancock 138, North Union 149, DNP – Lake Mills, Hampton-Dumont, Northwood-Kensett, Forest City, Clear Lake Classical, West Hancock, RRMR

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Worth County FSA Office Is Hiring

The Worth County Farm Service Agency (FSA) Office located in Northwood, IA is accepting application to fill a permanent Program Technician position.

The individual selected will be responsible for carrying out general office activities and technical functions supporting FSA programs administered at the field level. Successful applicants must be reliable, have a professional attitude, and enjoy working with the public. Applicants should possess excellent communication skills, as well as strong clerical and computer skills. A general knowledge of agricultural practices will be beneficial.

FSA's diverse culture and benefits allow for a healthy balance between your career and home life. FSA offers a friendly and professional working environment with flexible hours/work schedules, and other family-friendly benefits such as paid vacation and sick leave, paid holidays, retirement and supplemental savings plan, a wide array of health, dental, vision, and life insurance plans, flexible spending accounts, and long-term care insurance.

If you are interest or know of someone who might be interested, please share this information with them. Here is the direct link to the position with information on how to apply. Announcement FSACO-12150746-24-IA-KR on www.usajobs.gov.

Applications must be completed through USAJOBs beginning October 13 and no later than close of business October 27, 2023.

Questions regarding this position can be directed to the county office at 641-324-1134.

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N-K hitter Morgan Wallin scores a point against the Green Devils last Tuesday night in Osage, a 3-1 (18-25, 25-18, 14-25, 12-25) TIC East loss. Wallin on the year has 24 kills, 80 assists and 18 digs, and the talented senior is 107-121 at the service line for a very respectable 88.4 percent service percentage.



Lady Viking senior Chloe Costello goes up for a block last Tuesday night in Osage. Costello and the Lady Vikings fell to the Green Devils 3-1. Costello on the year now has a team high 69 kills, 72 digs and is 112-128 at the service line with 11 aces.

Lady Vikings push Osage to fourth set in 3-1 TIC East loss

By Mike Simmons
Sports Editor

The Northwood-Kensett volleyball team traveled to Osage last Tuesday to face the Green Devils in the Lady Vikings last Top of Iowa Conference East match of the season.

In years past, if we're honest, N-K would make its trip to Osage to get pummeled in three sets by the class 3A superpower, but someone forgot to inform the Lady Vikings that they were just supposed to roll over to the Green Devils, who struggled to put away the improved N-K squad, taking four sets before Osage prevailed 3-1 (18-25, 25-18, 14-25, 12-25).

The Lady Vikings found themselves trailing in the first set last Tuesday, falling behind 10-3 before making a furious comeback, coming to within three points at 21-18 before the Green Devils slammed the door shut in the 25-18 win.

In years past, the comeback and the seven-point loss would have been seen as some kind of moral victory for the Lady Vikings, but this team, with its talent and pride, are built just a little different. Moral victories aren't what they're seeking.

So in the second set the Lady Vikings, coming off the confidence building 25-18 loss in the first set, secured the first lead of the match when they led 5-2 early in the second set.

The Green Devils did manage to even the score at 10-10 but this set was all N-K as it scored nine straight points to lead 19-10 before a shocked Osage team called a timeout to regroup.

And while the Green Devils did make a little comeback, this win was not going to be denied the Lady Vikings as they closed out the second set, the first for N-K over Osage, 25-18 with not once trailing.

It must have been emotionally draining for the Lady Vikings to win their first set ever against Osage as they went on to lose the next two sets, 25-14 and 25-12, falling to the Green Devils 3-1 in TIC East action.

With the loss the Lady Vikings will finish the season winless in the TIC East at 0-8 but the team has managed to win four matches so far, giving them a 4-13 overall record with just one week left in the regular season.

N-K, after facing North Iowa on Tuesday, will do a little tournament prep on Thursday when it plays in a West Hancock triangular in Britt. N-K will face the Lady Warriors of Rudd-Rockford-Marble Rock on Monday night in Rockford, in a class 1A, region 2 regional first round match.

The Lady Vikings have lost six in a row to RRMR and trail the Lady Warriors 26-16 since the 2008 season.

TIC East Volleyball
Final Standings

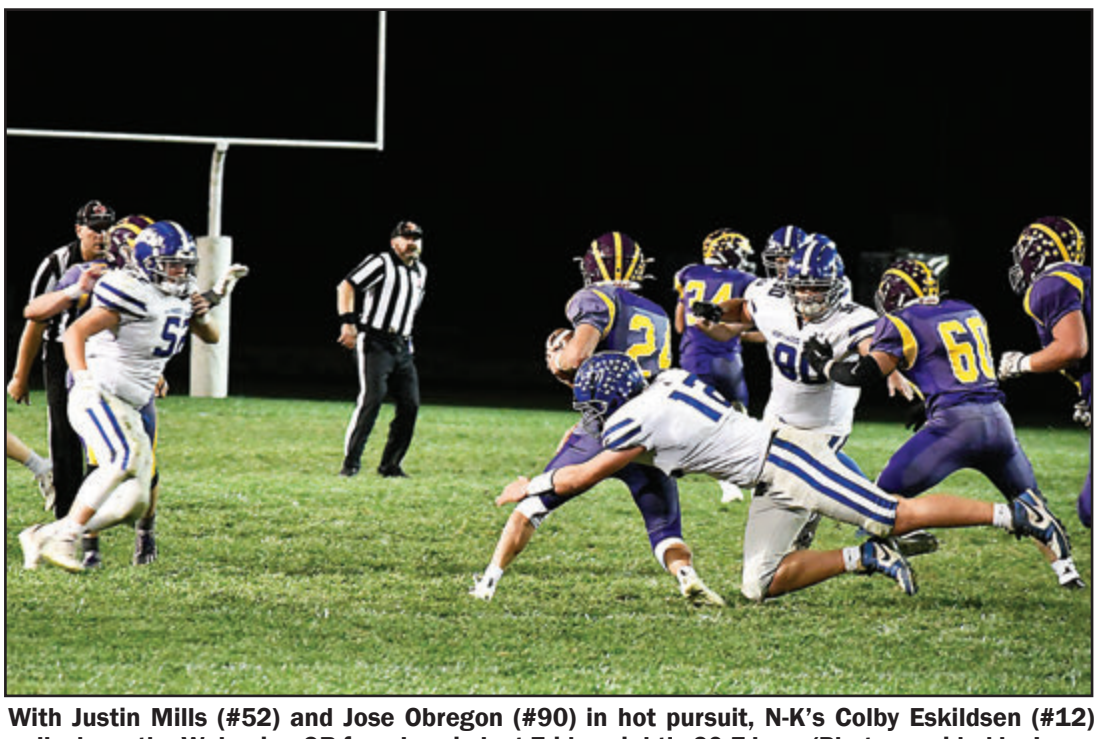
TIC East	TIC East	Overall
Osage	8-0	16-14
Saint Ansgar	7-1	19-6
Central Springs	5-2	22-9
Newman Catholic	4-4	8-9
Nashua-Plainfield	3-5	5-14
North Butler	3-5	10-14
Rockford	3-5	9-13
West Fork	1-7	2-19
Northwood-Kensett	0-5	4-13



Playing a big role for the Lady Vikings this season at the net, N-K senior Demaris Peterson gets more air than the Osage defenders in last Tuesday's 3-1 (18-25, 25-18, 14-25, 12-25) loss in Osage. Peterson on the year has 32 kills and a team high 23 blocks for the 4-13 Lady Vikings.



The Vikings' Evan Lorenzen (#22) and Jose Obregon (#90) team up to pull down a Wolverine ball carrier last Friday night in the 60-7 district 2 loss to West Bend-Mallard. Lorenzen and Obregon on the night combined for five tackles against WB-M. (Photo provided by Jesus Renteria for the Northwood Anchor).



With Justin Mills (#52) and Jose Obregon (#90) in hot pursuit, N-K's Colby Eskildsen (#12) pulls down the Wolverine QB for a loss in last Friday night's 60-7 loss. (Photo provided by Jesus Renteria for the Northwood Anchor)

After 7-0 start, N-K surrenders 60 unanswered points to WB-M in 60-7 loss

By Mike Simmons
Sports Editor

The Northwood-Kensett football team faced off against West Bend-Mallard last Friday night on the road, losing its district 2 matchup 60-7 to a Wolverines team that has had the Vikings' number the past two seasons now, winning the last two by a combined score 117-13.

The Vikings looked to end that streak early in the first quarter last Friday night in West Bend when Evan Lorenzen hit Kolton Robinson for a 30-yard TD and a 7-0 lead, but unfortunately for N-K, by the time the horn sounded at the end of the first 12 minutes of play, the Wolverines were in front 24-7.

The scoring onslaught continued for the Wolverines in the second quarter who used their ground game to devastate the Vikings defensive front, putting 30 more points on the board before the halftime break with the Vikings now trailing 54-7.

With a running clock for much of the game, the Wolverines alone scored in the entirety of the second half, finally defeating N-K in a district 2 game, 60-7. WB-M used its potent ground game to beat the Vikings rushing 29 times for 401 yards, or 13.8 yards every time it ran the ball.

For the Vikings, Lorenzen led the team with 55 yards on 10 carries while Koop, Colby Eskildsen and Lorenzen combined at the QB position, going 10-26 for 101 yards, one TD and three interceptions.

On the defensive side of the ball the Vikings were led by Justin Mills and Lorenzen with 5.5 and four tackles respectively.

With the district 2 loss to the Wolverines, N-K is now 2-5 overall and finished up the district schedule at 2-4 on the year. The Vikings will play the final game of the regular season when they host Dunkerton this Friday for a non-district, season finale.

West Bend-Mallard 60
Northwood-Kensett 7

N-K	7	0	0	0 – 7
WBM	24	30	6	0 – 60

Team Totals

Vikings	Wolverines
Total Plays	58 37
Total Yards	178 389
Passing Yards	101 0
Rushing Yards	77 389
First Downs	8 13
Third Down Eff.	2-12 (17%) 2-4 (50%)
Fourth Down Eff.	1-5 (20%) 0-2 (0%)
Turnovers	4 1
Fumbles Lost	1 1
Interceptions Thrown	3 0
Penalties	4 4
Penalty Yards	27 25

8-Man District 2 Standings

District		Overall	
Bishop-Garrigan	6-0	6-1	
Harris-Lake Park	5-1	5-2	
West Bend-Mallard	3-1	5-2	
GTRA	2-3	3-4	
Northwood-Kensett	2-4	2-5	
North Iowa	0-3	1-6	
Rockford	0-4	0-7	

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