

Briefs

Boos, Booze and Bingo set for Saturday

The Relay For Life of Worth County will present some Halloween fun with Boos, Booze and Bingo this Saturday, October 18, from 11 a.m. to 3 p.m. at the Nordic Lanes in Northwood.

The event will include ongoing games of bingo, with a mix of cash and donated prizes.

In addition to the Bingo, the boos will come with a contest held for those coming in unique costumes at the event.

A silent auction will also be held. The Relay organizers are looking for donations for items to be entered in the auction.

It wouldn't be a Halloween event without sweet treats, which can be found at the bake sale.

A meal of walking tacos will be available for lunch, with a variety of Halloween treats for dessert.

Winifred hosts murder mystery party October 25

Waking Miss Winifred will hold a murder mystery party on Saturday, October 25, in the Beehive Ballroom above Worth Brewing.

The event, "Wanted in the Wild, Wild West," will include cocktails, appetizers, dinner, dessert and the show.

The interactive show will feature a murder mystery set in the Wild West.

Those taking part are encouraged to come in costume, including cowboy boots and hats.

Tickets are \$60 per person or \$300 for a table of six.

Those interested may call 641-390-0474, go online to tinyurl.com/2w6s6rav or mail a check to Hotel Winifred, PO Box 222, Northwood, IA 50459.

Funds raised will go towards Hotel Winifred improvements.



The Week's WEATHER

From National Weather Service Information

Date	Hi	Lo	Prec.
Mon. Oct. 6	61	47	T
Tues. Oct. 7	68	38	
Wed. Oct. 8	67	32	
Thurs. Oct. 9	70	40	
Fri. Oct. 10	71	40	
Sat. Oct. 11	69	37	
Sun. Oct. 12	76	53	T



Fire Safety Week visitors at N-K

Members of the Northwood Volunteer Fire & EMS visited Northwood-Kensett elementary last week during National Fire Safety Week. They started the week visiting the preschool classroom, where the young students saw what the firefighters might look like if they see them in an emergency. They taught them about "stop, drop and roll," and they let the preschoolers try on their gear, including Buckley Haberman (right) pictured with Second Assistant Chief Jake Springer. On Friday, the local department volunteers showed first graders their gear and equipment, before teaching them to crawl under smoke (left). In the second grade classroom, they showed how they would care for injuries and help keep people safe when taking them into an ambulance with the assistance of a student volunteer. Then they traveled to the fire department downtown with the kindergarteners for a tour of their headquarters and a look at the vehicles, gear and equipment there. See more pictures on page 12.



Candidates vie for city office

This Tuesday, November 4, voters will decide who will represent them on their city government, as mayor or on their city council. Absentee voting is currently underway for the election, either by mail or in person at county auditor's offices.

In Northwood, the mayor and two city council seats will be up for election.

The candidates appearing on ballots will include three candidates running to serve another term.

Doug Moehle is running

to continue as Northwood's mayor. Teresa George-Zenz and Steve Peterson are running for re-election to the city council.

Below is information on each candidate and answers to questions submitted to them by the Northwood Anchor.

Douglas F. Moehle

Douglas Moehle lives in Northwood with his wife. Diane L. Moehle.

Moehle served in the U.S. Navy for four years

and with the Federal Aviation Administration for 32 years. Moehle worked at Fallgatter's Market for four years. He has served as the treasurer of Northwood Meals on Wheels for 10 years.

Moehle has served as the mayor of Northwood for eight years.

Anchor: Why are you running to be the mayor of Northwood and why should Northwood voters choose you to represent them?

Moehle: I would like to City Office, see Page 2

Candidates look to join, remain on N-K board

This Tuesday, November 4, voters will decide who will represent them on their local school board. Absentee voting is currently underway for the election, either by mail or in person at county auditor's offices.

At Northwood-Kensett, two positions on the board of education will be up for election this year, with one board member running for

re-election and one newcomer running to serve.

Bradley Christianson is running to be re-elected to the board. Naomi Gudmonson is running for a first term on the board.

Below is information on each candidate and answers to questions submitted to them by the Northwood Anchor.

Bradley Christianson

Bradley Christianson lives in Northwood with his wife, Jennie Christianson. They have two children, Kennedy and Brady Christianson.

Christianson is Chief Financial Officer at Absolute Energy, LLC.

Christianson graduated from N-K in 1997, NIACC

Supervisor discuss solar processes, hazardous pipeline road ordinance

At their first regular meeting in October, the Worth County supervisors discussed a solar permit and agreement, as well as a hazardous material pipeline ordinance.

A solar wind project in the northwest corner of the county was on the agenda with a permit to bore under county right of way and an agreement to maintain road and drainage in the area of development. Also discussed was an ordinance to provide regulations for hazardous pipe-

lines being built in County road right of way.

Worthwhile Solar Farm West applied for a permit to place electrical conduits under the road infrastructure.

Typically, permits from public utilities are approved by the county engineer, without supervisors input.

Because the Worthwhile solar project is a private utility, county engineer Rich Brumm brought the permit request to the Supervisors, see Page 2

Absentee voting underway for November election

On Tuesday, November 4, voters will choose who will represent them in city government and on school boards. Also on ballots in three areas will be public measures regarding school funding and a hotel tax.

In the city of Fertile, the terms of mayor and three city council members will be up for election. On ballots for mayor

will be Nick Bailey and council will be Rick Anderson, Audrey Benson, Holly Lovik-Hanna, Matthew Dean Haugen and Michael Lester.

In the city of Grafton, the terms of mayor and all members of the city council will be up for election. On ballots for mayor Absentee, see Page 3

Northwood native exhibits art at home town gallery October 24



MARLYN ASHLAND

On Friday, October 24, Gallery 818 in downtown Northwood will host an exhibit featuring the art of Marlyn Ashland.

Ashland's life in art came after recovering from a debilitating injury and related illness following a high school football game.

Ashland was the senior



tackle for the Northwood-Kensett High School football team in 1962, when he suffered a blow to the left side of the head.

Two weeks later, a staph infection had advanced in his jaw. For 10 days he was unconscious in a hospital, before spending the next six months in a fight for his life at the Mayo Clinic in

Rochester.

The resulting brain damage left him with effects to his body similar to people that have had a stroke. That included the loss of speech, and impaired or very limited use of his right arm and leg.

The injuries added to being blind in one eye since Native, see Page 2





DOUGLAS MOEHLE



TERESA GEORGE-ZENZ



STEVE PETERSON

City Office
Cont. from Page 1

continue with several projects that are in progress.

- a. Solar for utilities
- b. Street overlay
- c. Rehab of the old Bakery building

I would like to promote several new projects.

- a. More housing
- b. Murals for downtown

I enjoy helping Northwood grow in this very difficult economic time.

Teresa George-Zenz

Teresa George-Zenz lives in Northwood with her husband, Jeff Zenz.

George-Zenz worked at the company of her dad and grandpa, Carroll George Inc. (now Federal Foam) from January 1987 to September 1999. George-Zenz operated the Shade Tree Bar from 1999 to 2017. She opened Shade Tree Liquors in 2000 and still operates the store today.

George-Zenz has been on the city council for three terms. George-Zenz has been the President of the Northwood Chamber of Commerce for approximately 23 years, and has been on several other boards and committees.

Anchor: Why are you running for city council and why should Northwood voters choose you to represent them?

George-Zenz: Plain and simple - I love Northwood. I grew up here, I have lived here for 59 of my 61 years. I graduated from N-K in 1983. I've been working in

Northwood since high school. I have only lived away from Northwood when I went to business school for one year 1983/1984, otherwise my entire life has always been in Northwood.

I feel that Northwood voters should vote for me to represent them because I only know Northwood. I have no agenda. Everything I do is for the good of Northwood. I try to do as much as I can for the residents to the best of my ability and knowledge.

Steve Peterson

Steve Peterson lives in Northwood with wife Alyssa, and son Dagen, who is a senior at Northwood-Kensett High School.

Peterson has over 30 years of serving in law enforcement as an Agent with the Iowa Division of Criminal Investigation. Peterson has worked in the DCI Major Crime Unit as a polygraph examiner and DCI Gaming Bureau to assist in casino criminal investigations and corporate backgrounds on companies seeking approval to conduct business in gaming in the State of Iowa. Peterson also served in the U.S. Army for eight years. In 1991, he served in Operation Desert Storm War in Iraq/Saudi Arabia.

Peterson created the Northwood First Responder Triathlon to help raise money for non-profits, Worth County SO, Northwood Volunteer Fire

Company and Fallen First Responders. This past summer they completed the fifth year of the triathlon. Also, Peterson was on the original board to help create the Viking Activity Center and fundraising committee, N-K Booster Club, as Youth Basketball Coach, as a Troop 33 Northwood Boy Scouts Scoutmaster and on the Northwood City Council.

Anchor: Why are you running for Northwood city council, and why should Northwood voters choose you to represent them?

Peterson: I would like to continue to serve residents of Northwood through the City Council position. I graduated from N-K in 1988 and then lived in different parts of the state. I eventually realized I enjoyed living in a smaller town with a smaller school district. I believe Northwood is very fortunate to have a lot of great small businesses and restaurants for a town of our size. Some issues I have heard discussed routinely in Northwood over the years continue to be housing availability, taxes, public safety and economic growth. I hope to work with the mayor and members of the city council to seek solutions and make improvements to any issues facing Northwood. I am hopeful the residents of Northwood will entrust me to represent them with a city council position.

N-K
Cont. from Page 1

Christianson: I am running for the N-K school board to help provide a quality learning environment and a variety of opportunities for our students, while offering a rewarding career to N-K staff. My previous school board experience, common sense approach and willingness to engage with the public will all assist in achieving these objectives.

Naomi Gudmonson

Naomi Gudmonson lives in rural Northwood with her husband Andy and three children, Aydan, 16, Austin, 12, and Avery, 10; and two stepsons, Karson, 16 and Kasey, 11.

Gudmonson is the Director of Accounting Services and Purchasing Services at Mitchell County Regional Health Center in Osage. Gudmonson has been with the Mitchell County Regional Health for almost 10 years.

Gudmonson is a graduate of Northwood-Kensett High School and North Iowa Area Community College with an Associate's Degree in Accounting.

Gudmonson serves on the Board of Directors of the Mitchell County Memorial Foundation, where she is the treasurer. Gudmonson is also on the Board of Directors of the Northwood-Kensett FFA Alumni and Supporter's Group, where she serves as the treasurer.

Anchor: Why are you running for the Northwood-



NAOMI GUDMONSON



NAOMI GUDMONSON

Kensett school board, and why should Northwood-Kensett voters choose you to represent them?

Gudmonson: I am running for the school board because I care about our students, teachers and our community. Serving on the board would give me the opportunity to support teachers and staff as well as help shape policies and decisions that impact our school and the quality education that our students receive and deserve. I am easy to talk to and very approachable and I believe that listening to students, parents and staff are all equally important. Staff retention is something I see as an important issue. I would like to be involved in finding ways to increase retention and research why this has become an increasing issue. I want to give back to the community and ensure our school continues to succeed

and focuses on student and staff success. I am also interested in the budgeting process and how different areas within the school are allocated funds to be spent. Whether that be in the sports programs, FFA program, FCCLA, band, chorus, Spanish, etc. In my job, I am responsible for a very large budget that includes several departments where I know the spending allowances and expectations of every department. I would be interested in drilling down on how that process applies to our school system.

I encourage open communication and believe in common-sense decision making. I want to be sure our school remains a place where every child and staff member, as well as families feel supported, challenged and safe. I appreciate your support and would appreciate your vote on November 4.

Native
Cont. from Page 1

birth.

The illness left him with lasting health impacts, but also a new perspective on life.

Following high school, Ashland worked at the Handicap Village in Clear Lake before he pursued an education in what had started as a lifelong hobby.

Ashland is a Master of Fine Arts graduate from Drake University in 1992 and has also earned certificates and taken part in ongoing meetings, institutes and events to learn more about the techniques of

leading artists.

Ashland's work, primarily in acrylic painting and ink drawings, has been found in shows across the state, and has had pieces on display at the National Pork Board, the Iowa Soybean Commission, the Iowa State Fair and many other museums, arts centers and more.

Ashland's art has ranged from abstract, symbolism and often features elements of Iowa and farm scenery.

Ashland said that his limited sight and impacted mobility leave him looking at the world with a unique

perspective.

Ashland has lived in Clear Lake for most of his life, but will return to his hometown for the upcoming exhibit.

Ashland has donated a number of artworks to raise funds for Art Farm Iowa. That includes paintings, drawings, landscapes, sketchbooks, greeting cards and more.

"Prodigal Son: The Art of Marlyn Ashland," at Gallery 818 in downtown Northwood, will be open on Friday, October 24, from 5-7 p.m.

Supervisors
Cont. from Page 1

supervisors.

The company's plans are in development with construction expected to begin in the spring.

The supervisors approved the permit request.

Also discussed was an agreement with Worthwhile Solar for the use and maintenance of county and drainage district infrastructure, including notifications, road maintenance and repairs.

There were a few concerns. That included Brumm, who clarified that while the County would remove snow from roads accessing the project, those roads would not be a priority before any other regular routes.

Supervisor Enos Loberg objected to the 50 year term

of the agreement. He said he didn't want to commit future County officials to abiding by the agreement.

Supervisor AJ Stone said the agreement should be for the life of the project, no longer.

Loberg also said the County should have an attorney review the agreement, in addition to any changes requested by Brumm.

Also discussed was an ordinance that would set rules for pipelines transporting hazardous materials.

A county road crossing ordinance was passed in neighboring Mitchell County, which provides for setbacks, depths and other factors that pipeline devel-

opers would be required to consider when installing the pipelines along county roads, bridges and other road infrastructure.

Supervisor Mark Smeby noted that other counties' ordinances have been questioned in court. However, he said that the country road crossing ordinance was not one that would stop a project, but would just add one step to the process.

Stone said it would provide a measure to protect county infrastructure, and it's one that should have been in place years ago.

Brumm said that private utilities are a relatively new situation, and this would be a step in the County getting their ducks in the row for the future.

Smeby said that it would be a good thing to have in place, even if it is challenged.

Stone added that it could be amended.

Brumm said that there are setbacks in the ordinance, but there is also a waiver process.

The County would also consider how well used a crossing is, whether it's a drive into a field or area that is used rarely, or a driveway used every day. The County is looking for some say in where and how pipelines would be built when that may have an impact on those traveling on county roads.

Brumm noted that the ordinance would only apply to areas that are between

private property lines, "fenceline to fenceline."

The supervisors approved proceeding, with the Mitchell County ordinance updated to apply to Worth County, and to have an attorney review it.

Before the ordinance could pass, the supervisors will have to have a public hearing and approve up to three readings.

The supervisors also approved a process to remove moisture from surfaces and walls in County buildings.

The supervisors approved a bid of \$72,000 to cover the courthouse, treasurer office and public health building.

The courthouse is in the County's Urban Renewal

Plan, which would allow TIF (tax increment financing) funds to pay a portion, \$39,000 to cover the courthouse building.

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October SPECIALS

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Absentee
Cont. from Page 1

will be John W. Bork, and for council will be Randy Hulshizer, Tom Kruger and Michael Schaub.

In Hanlontown, the seats of the mayor and three council members will be up for election. On ballots will be Peter Brattrud for mayor and Crystal Brower, Linda Fulton, Johnathon Jones, Mike Kennedy, Linda McMullin, Dan Moretz and Shannon Warren for city council.

In Joice, two council terms will be up for election. Appearing on ballots will be Terry Anonson and Brady Heagel.

In Kensett, the terms of mayor and two council members will be up for election. On ballots for mayor will be Richard Olson and for council, Mike Diamond, Karen Erickson, Eli Gile, Larry Larson and Ryder Lestrud. Brandee Cooper and Mike Williams will also appear on ballots to fill a council vacancy.

In Lake Mills, the terms of mayor and two city council seats will be up for election. On ballots for mayor will be Bruce Helgeson, and for council will be Kristin W. Peters and Rob Hughes. Mark Peterson is running to fill a council vacancy.

In Manly, the terms of three council members will be up for election. Appearing on ballots will be Rick Aguilera, Pete Andera, Joe Ryan and Troy Tabbert.

In Northwood, the terms of mayor and two council members will be up for election. Doug Moehle will appear on ballots for mayor and Steve Peterson and Teresa George-Zenz will appear on ballots for council seats.

Northwood voters will also be asked whether or not to approve a hotel/motel tax in the city.

In the Central Springs school district, Jean Schilling will appear on ballots to represent District 1, North A, and Ashley Kohler will run to represent District 2, South A.

In the Lake Mills school district, the District 1 director and one at-large board seat will be up for election. Cole Christianson, Aaron Mannes and Jake Thompson will be on ballots for the at-large director position. Jolene Helgeson will be on ballots for the District 1 school board seat.

Lake Mills district voters will also be asked to decide if the district's physical plant and equipment levy (PPEL) should continue.

Two seats on the Northwood-Kensett school board will be up for election. Bradley Christianson and Naomi Gudmonson will appear on ballots for the board positions.

N-K voters will also be asked to decide if the district's PPEL should be extended.

In the Forest City school district, two District 1 seats, one District 2 seat and one District 3 seat will be up for election. Appearing on ballots will be Cody Hennigar and Andrew Fedders for District 1, David Reese for District 2 and Beth Clouse for District 3.

In the St. Ansgar school district, the board seats of districts 3, 4, 5 and 6 will be up for election. Anthony Brown, District 3, Matt Foster, District 4, Mary Lowana Hannam, District 5, and Lindsey Falk, District 6, will appear on ballots.

Auditor's offices are accepting requests for absentee ballots, which are currently available.

Those that would like to pre-register to vote in the election can do so until Monday, October 20.

October 20 is also the last day to request an absentee ballot by mail.

Absentee ballots can be voted in-person until November 3.

Polls will be open on election day, Tuesday, November 4, from 7 a.m. to 8 p.m.

'Fright Nights' brings haunting art experience at Art Farm Iowa

Art Farm Iowa invites the community to two nights of eerie creativity and Halloween-inspired fun with "Fright Night," an immersive evening led by artist Chris Mendoza this Saturday, October 18, and on Friday, October 24, from 7:30 to 9 p.m.

Mendoza—known for his bold murals and dynamic visual storytelling—will debut a fluorescent mural and Halloween-themed installation that blends

street art energy with rural imagination. The event will transform the grounds of Art Farm Iowa into a haunted art experience.

Guests of all ages are encouraged to explore art zones, spooky soundscapes and seasonal treats. Pumpkins will also be available for free for guests to take home and carve before Halloween.

"Chris Mendoza's work has an edge and atmosphere that's perfect for the season," said Steve Hanson, founder of Art Farm Iowa. "Fright Night brings together art, music and community—just with a Halloween twist."

The event continues Art Farm Iowa's mission to connect art and rural life through memorable cultural experiences. The Fright



CHRIS MENDOZA

Nights will take place at Art Farm Iowa, 4953 Olive Avenue, Northwood, this Saturday, October 18, and on Friday, October 24, from 7:30–9:00 p.m. each night. Admission is free, with donations welcome.

Costumes are encouraged. All ages are welcome. More information is available online at www.artfarmiowa.com/events.



Iowa announces upcoming changes to SNAP benefits to promote healthy food choices

The Iowa Department of Health and Human Services (HHS) is announcing upcoming changes to the Supplemental Nutrition Assistance Program (SNAP) that will impact what items are eligible for purchase with SNAP benefits. These changes will take effect on January 1, 2026, and are designed to promote healthier eating habits among Iowans receiving SNAP benefits.

"As obesity and chronic illness continue to rise, Iowa is taking bold steps upstream — focusing on prevention and early intervention," said Iowa HHS Director Kelly Garcia. "By limiting SNAP-eligible purchases to healthier foods, this is a

practical step toward encouraging better eating habits and supporting long-term health. This change is about more than just policy — it's about building a stronger, healthier Iowa for generations to come."

Under the new guidelines, eligible SNAP purchases are determined by the state's non-taxable food items list, as well as some prepared foods, seeds for food-producing plants, and food-produc-

ing plants.

As part of the updated rules, certain items will no longer be eligible for purchase with SNAP benefits. These include taxable food items such as:

Soda and sugary beverages containing less than 50% fruit or vegetable juice

Candy and items coated in candy

Some in-store prepared foods

Iowa HHS is working proactively with retailers

across the state on outreach and communications materials for point-of-sale locations and direct outreach to SNAP recipients.

For more information about the upcoming changes and the SNAP program, visit: hhs.iowa.gov/snap. To see what is considered taxable versus non-taxable, visit revenue.iowa.gov/taxes/tax-guidance/sales-use-ex-cise-tax/iowa-sales-tax-food.

N-K Early Out After School Program

Thank you

October 8, 2025

To Owen Burrack, Naturalist for providing an educational water program for students; Christina Stromley and Taryn Jackson for leading friendship rock painting; Morgan Jellinger, WCPH, for leading games; Teresa Stehn, Worth County Farm Bureau for a fun interactive snack; Adam Lichman, Lexee Anderson, fifth grade students Peyton and Brody, Linda Ouverson, Brenda Meland for herding students; Pastor for leading songs and closing; and to Sarah Bruce, Laura Block, Char Carrison, Kris Kenison, Lisa Mayberry, Sharyl Ferley, Ona VanHeiden and Shana Butler for filling in every spot in between to get students to and from where they needed to be whether across town or across the park. *You are all amazing.*



Participating students this year are . . .

kindergarteners Colson Anderson, Brooks Nelson, Mackenzie Skellenger, Ivyann Modica, Mable Horning, Beau Davis, JoJo Campbell, Stella Dagestad, Letty Oleson, Kennedy Schulz, Sasha Skellenger, Yosef Skellenger, Huntley Iverson; 1st grade students Piper Lichman, Kinsley Modica, Raven Nickolson, Hunter Ralston, Aniella Ropogle, Bryn Smalley, Alex Skellenger, Abigail Smith, Jack Wheeler, Delilah Reign Yost; 2nd grade students Bauer Akemann, Harley Baldwin, Liam Beresford, Cathryn Davis, Cale Espinosa, Dawson Hauge, Henry Horning, Cass Lande, Paisley Olson, Cambry Schulz; 3rd grade students Cohen Bode, Adrianna Boser, Zander Duvall, Cole Eilertson, Avae Kramer, May Lande, Mia Martinez-Kilbourn, Roslynn Mincks, Athena Modica, Evie Ralston, Collins Schulz, Kenny Skellenger, Davina Thompson, Adalynn White, Lucas White; 4th grade Jo Beresford, Siahna Bewley, Brentley Garza, Niko Horning, Jayn Iverson, Emmett Minks, Peyton Ring, Lucas Smith, Isaac Lockey; and 5th grade Mary Horning, Peyton Lichman, and Brody Raston.

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annual Fourth Festival

Northwood Anchor

Northwood

From the AD desk

By Trevor Hunt and Monte DeArmoun
Northwood-Kensett Athletic Directors

Where did the time go? The fall regular season of sports is starting to wrap up. At the high school level, upcoming volleyball matches include a triangular at West Hancock with North Butler on Thursday, October 16th, and the start of post-season play on Monday, October 20, at Lake Mills. The varsity football team has their last regular season game on Friday, October 17, at North Union. The JV football team is scheduled to go back to North Union on Monday, October 20. Cross country has their Top of Iowa Conference meet on Thursday, October 16, at NIACC and the State Qualifier on Thursday, October 23.

Not to be outdone, our junior high volleyball team has their final match of the season on Thursday, October 16, at home against Rockford. The football team travels to Don Bosco on Monday, October 20 for their final contest. Our one cross country runner participates in the Conference meet on Thursday, October 16th at NIACC.

We have already started working on the 2026 fall sports schedules. With Forest City, Garner-Hayfield-Ventura and Eagle Grove leaving the Top of Iowa Conference for the North Central Conference, some changes for the conference are coming up in the 2026-2027 school year. The 2026 high school volleyball schedule will include divisional matchups against Lake Mills, West Hancock, Belmond-Klemme, Bishop Garrigan, North Iowa and North Union. The varsity will compete in a new



tournament at West Central (Maynard) as well as the Central Springs tournament. The JV will compete in a tournament in Lake Mills and St Ansgar. Non-conference or non-divisional matches will be held against North Butler, Central Springs, Garner-Hayfield-Ventura, Riceville, Rockford and Valley Lutheran. The Top of Iowa Conference will also be starting a conference tournament the final week of the regular season.

The varsity football schedule will be the same as was scheduled for this year. Hopefully Dunkerton and Rockford can field varsity teams so we don't have to try to find replacements like we did this year. North Union will be a new opponent for junior high football next year. Cross country schedules are still in the planning phases.

Thank you to all the volunteers that have helped with our volleyball and football home events this fall. We appreciate all of you!



Viking quarterback Alex Tiedemann (34) delivers the play to his offense during Friday night's home game against Bishop Garrigan. Photos by Mallory Rheingans.



The Viking football team listens to the coach during Friday night's action against no. 1 Bishop Garrigan.

News from N-K

N-K Ecology visits Decorah's hatchery and streams

By Stacy Martin
Northwood-Kensett science teacher
Northwood-Kensett

ecology students completed their streams unit with a visit to Decorah, Iowa, to study streams and learn

about the fish hatchery.

The day began at the Decorah Fish Hatchery, where a tour revealed how

the hatchery is operated, including how a nearby spring provides a water source for the hatchery, the processes the water goes through to make it safe for the trout they raise and how they stock streams.

Throughout the unit, students have been learning about how macroinvertebrates can indicate water quality, so they spent the afternoon collecting data on what organisms were found in different trout streams. Water samples were also collected to test water quality metrics such as turbidity, pH, nitrates and nitrites, dissolved oxygen and phosphorus.

Students were able to gain hands-on experience and further their understanding of why conservation practices are essential to maintain clean water.

Northwood-Kensett ecology would like to thank the Decorah Fish Hatchery for the tour of their facility as well as Owen Burrack with Worth County Conservation for assisting with the trip.



Students netting in a trout stream in Decorah, Iowa.

N-K Cross Country at Lake Mills

By Troy Einertson
N-K Cross Country Coach

The Northwood-Kensett cross country team turned heads last Monday at the Lake Mills Invitational held at the Rice Lake Golf Course, turning in their most impressive performances of the season. With six personal records shattered, two medals earned and an individual title claimed, it was a meet to remember.

From the start to the final finish line kick, the team brought energy and focus to a challenging course that tested every athlete's endurance and mental toughness. Saxon Penfold, Ayden Clark, JJ Thomas, Maddie Christianson, Landen Nelson and Merrin Hanson all walked away with new personal bests, showing how hard work through the season is paying off.

Leading the charge was Ivy Urbatsch, who captured

the win with an impressive time of 19:41, Ivy outpacing a tough field to take first place. She led from start to finish and ran by herself the entire race! Ivy has continued to work hard in practice, and she is building confidence at every race.

"Last night was a beautiful night for a race and the course was really nice," Ivy said. "I ran by myself for the whole race and I almost reached a PR. I hope to improve and see where the next few weeks of the season take me!"

The standout performance didn't end there as Merrin Hanson joined Ivy with a 10th place finish in a huge PR of 22:56. This was Merrin's first medal running cross country and I cannot think of anyone that is more deserving than her. I couldn't see her finish, but knowing Merrin, she was smiling ear to ear coming across that finish line! For the boys, Landen Nelson also picked up a medal with

a 10th place finish in a PR of 18:29. What Landen is doing on the cross country course this year is simply amazing. It takes a while for kids to develop their running skills and Landen has done it in a little less than seven weeks! Just amazing!

Landen added, "I think the race went great not only for me but my teammates as well. Rice Lake is a great course, and it was a great night to compete. My teammates and I have been working very hard, and it is really starting to show throughout the end of the season."

I also talked with Merrin after the race about what she was thinking about as she was running up front. She said, "I couldn't give myself the option to lose the girls in front of me, so I had no choice but to stick with them."

As for all the PRs the kids ran it is just a testament to all the hard work they have

put in this year. JJ, Maddie and Ayden have never ran distance races before and to run the times they are running is just amazing. JJ ran 24:14, Maddie went 26:11 and Ayden crossed the finish line with a time of 32:50. Saxon as well has dropped his time dramatically from the first race. His 15:12 was a PR by over a minute!

Even though Zach and Dagen didn't run PRs in the race, they both turned in outstanding times. Zach ran 19:15 for a 14th place finish and Dagen went 20:40, which was just off his PR he set at Garner last week!

This was the first time in my coaching XC career that we have had three place winners at a race and so many personal records! Our sport is growing here at Northwood-Kensett and it is my hope that all of the success we have been able to have this year will help build our program!

Vikings fall to no. 1 Golden Bears

By Julie Salisbury

The Northwood-Kensett Vikings football team hosted the undefeated no. 1 ranked Bishop Garrigan Golden Bears on Friday, October 10, in a district game and were defeated

61-13 after trailing 48-0 at the end of the first half.

Alex Tiedemann was 5-18 passing the ball. He threw for 51 yards and one touchdown and had one interception. Kolton Robinson was 1-1 passing, and threw for four yards.

Bowan Behne had three receptions for 44 yards and one touchdown. Brady Tufte had one six-yard reception, Tiedemann had a four-yard reception and Jaxon Reyerson had a one-yard reception. Behne also had one kick return for 10 yards and Robinson had two kick returns for 24 yards.

Robinson led the team on the ground with 13 carries for 39 yards and one touchdown. Tiedemann had eight carries for 21 yards and B. Tufte had 11 carries for 19 yards. Behne had one carry for 29 yards and Henry Hanson had one carry for no yards.

Alec Ducommun led the defense with five solo tackles and Tiedemann had

four solo tackles. Hanson, Hayzin Jacobson, Robinson, Aydan Schutz and Carson Tufte each had one solo tackle and Tegan Trenhaile had a tackle assist. B. Tufte had a fumble recovery.

Behne punted the ball four times for 82 yards and kicked off three times for

137 yards. Quinton Butler was 1-1 on point after attempts.

The Vikings (4-3) will travel to North Union (3-3) on Friday, October 17, for their final regular season game, which they must win to have an outside chance of making the playoffs.



The Vikings offensive line down and ready during Friday night's district game against top ranked Bishop Garrigan.

Notice

NOTICE OF CITY-SCHOOL ELECTION

Notice is hereby given to the eligible electors in the County of Worth, State of Iowa, that the City-School Election will be held on Tuesday, November 4, 2025, for the purpose of electing candidates for city, community school district, community college, and area school offices.

The polls will be open from 7:00 a.m. to 8:00 p.m.

All ballots include races for a community school district. Ballots for Lake Mills Com-

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
City of Manly Mayor (Two-year term) (Vote for no more than one) Michael Lester Matthew Dean Haugen	City of Joice Mayor (Two-year term) (Vote for no more than one) Richard Olson	
City of Northwood Mayor (Two-year term) (Vote for no more than one) Michael Schaub Randy Hulshizer Tom Kruger	City of Silver Lake Mayor (Two-year term) (Vote for no more than one) Terry Anonson Brady Heagel	

munity School District and St. Ansgar Community School District include races for an area school district (NIACC). Ballots for voters residing in incorporated cities also have city races. Ballots for Northwood-Kensett Community School District, Lake Mills Community School District and City of Northwood include public measures. Ballots in all precincts are one-sided. Sample Ballots are available at the Worth County Auditor's Office or online at <https://elections.worthcountyia.gov/>

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
City of Manly Mayor (Two-year term) (Vote for no more than one) Michael Lester Matthew Dean Haugen	City of Joice Mayor (Two-year term) (Vote for no more than one) Richard Olson	
City of Northwood Mayor (Two-year term) (Vote for no more than one) Michael Schaub Randy Hulshizer Tom Kruger	City of Silver Lake Mayor (Two-year term) (Vote for no more than one) Terry Anonson Brady Heagel	

worthcountyia.gov/ under Upcoming Elections. The following offices, public measures, and candidates will appear on the ballots in the specified jurisdictions.

CITY CANDIDATES BY JURISDICTION AND OFFICE

Terms are for four years, unless otherwise listed. Terms for races to fill a vacancy are for the residue of the term.

Candidates are listed in the order in which they appear on the ballot.

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
City of Manly Mayor (Two-year term) (Vote for no more than one) Michael Lester Matthew Dean Haugen	City of Joice Mayor (Two-year term) (Vote for no more than one) Richard Olson	
City of Northwood Mayor (Two-year term) (Vote for no more than one) Michael Schaub Randy Hulshizer Tom Kruger	City of Silver Lake Mayor (Two-year term) (Vote for no more than one) Terry Anonson Brady Heagel	

PUBLIC MEASURES BY DESIGNATION AND JURISDICTION

Public Measure WP

Shall the City of Northwood, in Worth County, Iowa, be authorized to impose a hotel and motel tax, pursuant to Chapter 423A of the Code of Iowa, at the rate of 7%, beginning January 1, 2026?

Public measure WQ

Shall the Board of Directors of the Northwood-Kensett Community School District, in the County of Worth, State of Iowa, for the purpose of purchasing and improving grounds; constructing schoolhouses or buildings and opening roads to schoolhouses or buildings; purchasing of buildings; purchase, lease or lease-purchase of technology and equipment; paying debts contracted for the erection or construction of schoolhouses or buildings, not including interest on bonds; procuring or acquisition of libraries; repairing, remodeling, reconstructing, improving, or expanding the schoolhouses or buildings and additions to existing schoolhouses; expenditures for energy conservation; renting facilities under Iowa Code Chapter 28E; purchasing transportation equipment for transporting students; lease purchase option agreements for school buildings or equipment; purchasing equipment authorized by law; or for any purpose or purposes now or hereafter authorized by law, be authorized to

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
City of Manly Mayor (Two-year term) (Vote for no more than one) Michael Lester Matthew Dean Haugen	City of Joice Mayor (Two-year term) (Vote for no more than one) Richard Olson	
City of Northwood Mayor (Two-year term) (Vote for no more than one) Michael Schaub Randy Hulshizer Tom Kruger	City of Silver Lake Mayor (Two-year term) (Vote for no more than one) Terry Anonson Brady Heagel	

ized for a period of ten (10) years to levy and impose a voter-approved physical plant and equipment tax of not exceeding Sixty-Seven Cents (\$0.67) per One Thousand Dollars (\$1,000) of assessed valuation of the taxable property within the school district, and be authorized annually, in combination, as determined by the board, to levy a physical plant and equipment property tax upon all the taxable property within the school district commencing with the levy of property taxes for collection in the fiscal year ending June 30, 2028, and to impose a physical plant and equipment income surtax upon the state individual income tax of each individual income taxpayer resident in the school district on December 31 for each calendar year commencing with calendar year 2027, or each year thereafter?

PUBLIC MEASURE VX

Shall the Board of Directors of the Lake Mills Community School District, in the Counties of Winnebago and Worth, State of Iowa, for the purpose of purchasing and improving grounds; constructing schoolhouses or buildings and opening roads to schoolhouses or buildings; purchasing of buildings; purchase, lease or lease-purchase of technology and equipment; paying debts contracted for the erection or construction of schoolhouses or buildings, not including interest on bonds; procuring or acquisition of li-

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
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braries; repairing, remodeling, reconstructing, improving, or expanding the schoolhouses or buildings and additions to existing schoolhouses; expenditures for energy conservation; renting facilities under Iowa Code Chapter 28E; purchasing transportation equipment for transporting students; lease purchase option agreements for school buildings or equipment; purchasing equipment authorized by law; or for any purpose or purposes now or hereafter authorized by law, be authorized for a period of ten (10) years, to levy annually, a voter-approved physical plant and equipment property tax not to exceed One Dollar Thirty-Four Cents (\$1.34) per One Thousand Dollars (\$1,000) of the assessed valuation of the taxable property within the school district commencing with the levy for collection in the fiscal year ending June 30, 2030, or each year thereafter?

POLLING PLACES:

Please read this notice carefully to determine your correct voting location. If you are unsure of your polling place for this election, please contact the Worth County Auditor & Commissioner of Elections at (641) 324-2316 or by email at auditor@worthcountyia.gov you may also verify the voting location for your home address at: <https://sos.iowa.gov/elections/voterreg/pollingplace/search.aspx>.

City of Fertile Mayor (Two-year term) (Vote for no more than one) Nick Bailey	City of Grafton Mayor (Two-year term) (Vote for no more than one) John W. Bork	City of Hanlontown Mayor (Two-year term)
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City of Northwood Mayor (Two-year term) (Vote for no more than one) Michael Schaub Randy Hulshizer Tom Kruger	City of Silver Lake Mayor (Two-year term) (Vote for no more than one) Terry Anonson Brady Heagel	

SCHOOL DISTRICT CANDIDATES BY JURISDICTION AND OFFICE

Terms are for four years, unless otherwise listed. Candidates are listed in the order in which they appear on the ballot.

Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.
Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.
Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.

MERGED AREA SCHOOL CANDIDATES BY JURISDICTION AND OFFICE

Terms are for four years, unless otherwise listed. Candidates are listed in the order in which they appear on the ballot.

Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.
Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.
Central Springs Community School District Director District #1, North A (Vote for no more than one) Jean Schilling	Central Springs Community School District Director District #2, South A (Vote for no more than one) Ashley Kohler	Central Springs Community School District Director District 1 (Vote for no more than one) David A. Steffens Jr.

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An apple tree in a necklace
Northwood-Kensett kindergarten classes recently welcomed Teresa Stehn with Worth County Farm Bureau's Ag in the Classroom program, for a lesson on apples. Stehn read each class a book about a child whose family lives on and operates an apple orchard. Stehn and their teachers then helped them fill small bags with apple seeds, beads and fun shapes representing the steps of going from a seed to an apple, from the soil, to the tree, to the flowers, to the pollinating butterflies and bees to the red and green apples. With some yarn, the bags were made into necklaces for the students to take home. Stehn also left them with apples to enjoy in the classroom.



NIACC presents 'Serial Killers with Dr. Scott Bonn on Oct. 19

“Serial Killers with Dr. Scott Bonn” will be presented at the North Iowa Community Auditorium on the NIACC campus at 4 p.m. on Sunday, October 19. This presentation is part of the 2025-2026 NIACC Performing Arts & Leadership Series.

Spend a chilling evening with renowned criminologist and serial killer expert Dr. Scott Bonn as he takes you inside the minds of the world’s most savage and prolific murderers.

In this thrilling 90-minute show, Dr. Bonn reveals the insatiable, psychological hungers that drive the likes of Ted Bundy and Jeffrey Dahmer to kill repeatedly with impunity and no remorse. He explains why the majority of serial killers are either psychopaths or sociopaths, how the two differ, and he reveals that ev-

ery serial killer is compelled to murder by a unique fantasy need. He also explains how/why serial killers are able to successfully avoid apprehension, blend into a crowd and become invisible.

Dr. Bonn is a best-selling author, professor, public speaker and he has interacted with such notorious serial killers as Dennis Rader (“Bind, Torture Kill”) and David Berkowitz (“Son of Sam”). He shares shocking tales from his actual experiences with these killers. Dr. Bonn also developed a profile of the unknown “Long Island Serial Killer” in 2011 that matches the alleged perpetrator, Rex Heuermann, perfectly. He shares the secrets of how he was able to predict the psychological and behavioral makeup of the Long Island Serial Killer with such incredible precision years

before his capture.

Bonn has comprehensively studied, extensively corresponded with, personally interviewed, and accurately profiled some of the world’s most notorious predators. Rather than employing a pop psychology or checklist approach to describe serial killers, Dr. Bonn relies on his direct interactions to explain that serial killers are psychologically complex, diverse and evolve from forces of both nature (biology) and nurture (environment). Simply put, Dr. Bonn takes his audience inside the minds of some of the world’s most terrifying killers from his own unique experiences rather than from a textbook. Dr. Bonn has also communicated with infamous mass murderer Colin Ferguson and notorious one-time killers Jodi Arias

and Pamela Smart.

In addition, Dr. Bonn explains our curious fascination with serial killers and true crime. Finally, you can ask anything you ever wanted to know about serial killers in a dynamic, live Q&A session with Dr. Bonn. Don’t miss out on this exciting event.

*Due to the nature of the topic and material, this show might not be appropriate for children. We recommend adults only.

To learn more about this performance, visit their website at www.docbonn.com.

For tickets to the show, call the NIACC Box Office at 641-422-4188. Tickets may also be purchased online at www.niacc.edu/box-office. Ticket prices: Level 1: \$33, Level 2: \$23 and Level 3: \$23.



Northwood Church

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.
Bethlehem Lutheran, Manly
Wednesday, Grace Circle, 2 p.m., WAGS, 5:30 p.m., Confirmation at Elk Creek, 5:30 p.m., WELCA Board Bethlehem, 6 p.m.; Thursday, Bible Study at Bethlehem, 9:30 a.m.; Friday, “The Fifth Quarter” party after football game at Bethlehem; Sunday, Grace Worship, 9 a.m., Bethlehem Adult Bible Study, Sunday School at Bethlehem, 9 a.m., Bethlehem Worship, 10:30 a.m., WAGS at Grace School, Meal, 5:30 pm., Lesson, 6 p.m., Confirmation at Bethlehem; Linda Johnson Prestholt, Pastor

Bethany Lutheran Church/Elk Creek Lutheran
Thursday, EC Share Shoppe, 1-4 p.m., Manna, 4:30 - 6:30 p.m.; Sunday, Bethany Service, 9 am., Elk Creek Service, 10:30 a.m.; Monday, Manna Open, 9 a.m. - Noon, Bethany Council, 9:30 a.m. Linda Johnson Prestholt, Pastor

Trinity United Methodist, Bolan
Sunday, Worship Services, 9:15 a.m., Coffee Fellowship, 10 a.m. Pastor Cory Allard

Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., WOW Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., Meal, 5:15, Worship, 5:50 p.m., Activities, 6:05 p.m., Confirmation, 6:30 p.m., JuBELLee Ringers, 6:15 p.m., Adult Choir, 7 p.m., HS Youth Group; Thursday, Church Council, 7 p.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship 9:15 a.m., Sunday School, 9:15 a.m., Bethel Worship, 10:30 a.m.

Northwood United Methodist Church
Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.; Tuesday, Pastor Fellowship Grothe’s Diner, 10 a.m. Rev. Rob Lanphere

One In Christ Lutheran Parish
Sunday, Worship Services 10:30 a.m. available online at “One in Christ Lutheran Parish” Facebook Page and YouTube under “One in Christ Lutheran Parish.” Sunday Worship Services, 9 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 9 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills.

First Lutheran Church, Northwood
Wednesday, Maple Court, 2 p.m., Confirmation, 4 p.m., Inspire, 6:15 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Service with H.C., 9 a.m., Sunday School, 10:10 a.m., DCV with H.C., 10:30 a.m., JH Youth, 6:30 p.m.; Tuesday, Manna Truck, Church Council Meeting, 6 p.m., 1 p.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children’s Sunday School following service.
Rev. Barbara M. Wills, Pastor

Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.
Fr. Dave O’Connor, Pastor
Fr. Ben Valentine, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.
Pastor Kent Otterman

First Shell Rock Lutheran Church, Northwood
Sunday, Worship Service, 10:45 a.m.
Pastor Theodore Gullixson

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Beauty in Imperfection

One succinct way to characterize the fall season is “imperfect,” and this is actually a great thing. Whereas some may characterize the winter by the even sheets of snow that fall to the ground, or summer by the perfectly bright and clear weather days, fall is quite different. In the fall, you might see foggy or cloudy days and the imperfections of the leaves that fall from the trees. Sometimes they are piled up with many other leaves of differing shapes and sizes, all having marks that tell their story, whether it be a freshly fallen leaf or one that has been on the ground for some time. Despite these imperfections of the season, so many people appreciate these sights of fall. From the brisk, sometimes cloudy days to the piles of freshly fallen and old leaves, feelings of comfort and gratitude are often brought by the season. In this same way, we can find comfort in and gratitude for our abilities, and ultimately, imperfections, through this comparison. We sometimes feel that we are called to be perfect, but cannot forget that our imperfections are a part of all of us, and that beauty and goodness can still come from them, just as in the fall season. —James Stone

But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.
– 2 Corinthians 12:9 (NIV)



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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton,
Edward Robert

by Sandy Olson



To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Several years ago I purchased some copper pans that were supposed to be the most wonderful cookware ever. They were fine and I still use some of them. I also came across a cookbook published with recipes made using the various sizes of this copper cookware. Copper Magic! One-Pot Meals (2018, St. Martin's Press, NYC) was authored by Ella Sanders. It has many good recipes that can be prepared using any type of quality cookware so I have adapted the instructions. Cooking everything in one pot is always tempting; fewer dishes to wash and less rattling of pots and pans on the stovetop.

Southern Crustless Ham and Cheese Quiche (southern because it uses grits...yum!)
1/2 pound cooked ham, diced
1/4 teaspoon black pepper
1 2/3 cups water
2/3 cup uncooked quick grits
1 cup heavy cream
1 1/4 cups shredded Swiss, divided
2 garlic cloves, finely minced
8 large eggs
2 tablespoons real butter
1/2 cup milk
1 tablespoon olive oil
Fresh basil for garnish, optional

Preheat the oven to 350 degrees F. In a heavy oven-proof pan or Dutch oven, sauté the ham in the oil, over medium-high heat for 5 minutes. Remove the ham and set aside. Add the water, cream, garlic, butter and pepper to the pan. Bring this mixture slowly to a boil and stir in the uncooked grits. Reduce the heat, cover and simmer gently for 5-7 minutes. Stir occasionally to avoid sticking. Stir in ½ cup of the Swiss cheese until melted, then remove the pan from the heat. Let it stand for 10 minutes to thicken. In a small bowl, beat 2 of the eggs and stir into the grits mixture. Level this mixture in the pan using a spatula and bake, uncovered, for 20 minutes. Remove from the oven and increase the oven temperature to 400 degrees F. While waiting for the oven temp to rise, spread the sautéed ham over the baked grits. In another bowl, whisk together the milk and the remaining 6 eggs. Pour this on top of the ham layer and top with the remaining ¾ cup of cheese in an even layer. With the oven temperature increased, bake the dish for 35 minutes. Let it stand for 10 minutes before cutting to serve, garnished with fresh basil if desired.

Mall-Style Asian Chicken

(like at mall food court stands)

1 tablespoon olive oil
1 1/2 cup pineapple tidbits, halved
1 pound boneless, skinless chicken
1/2 cup Thai sweet chili sauce
1 red bell pepper, chopped
2 green onions, thinly sliced

Cut the chicken (you can use breasts or thighs) into 1-inch chunks. In a large, heavy skillet, heat the oil over medium-high heat. Add the chicken, bell pepper and pineapple tidbits. Stir fry for about 5 minutes until the bell pepper and pineapple have softened and the chicken is cooked through. Stir in the chili sauce, mixing until well combined. Heat for another 1-2 minutes. Add more chili sauce if you want it moister. Garnish with the sliced green onions and serve over hot cooked white rice.

Mac 'N Cheeseburger

1 pound elbow macaroni
1 large clove garlic, minced
Kosher salt to taste
1 cup crushed tomatoes
1 pound lean ground beef
1 cup whole milk
Freshly ground black pepper
2 cups shredded Cheddar, divided

In a heavy deep saucepot, cook the macaroni in salted water, according to package until al dente, drain and set aside. In the same pan, over medium heat, add the ground beef (with a teaspoon of olive oil if the meat is really lean). Cook, breaking it up into small pieces, until browned. Season with salt and pepper to taste. Add the garlic and cook for another minute. Drain off any excess grease. Add the tomatoes and milk. Bring this mixture to a boil before reducing the heat and simmering for 5 minutes. With the heat on a low setting, stir in the pasta and 1 cup of the cheese a little at a time. Stir until well combined before adding more of the cheese. When it is all combined, top with the remaining cup of cheese, cover the pot and simmer until the cheese is melted and bubbling, about 1-2 minutes. Garnish some dried parsley if desired, for color, before serving.

Good quality cookware is a wise investment. I have had several less expensive (think Walmart or T'get) pieces for oven and stovetop cooking over the years. They warp if heated too much or rust a bit in spots. They are hard to keep shiny and they just have to be replaced eventually. My better cooking equipment has seen me through thick and thin, still works well and can last longer than I will! And...that's all she wrote.

Northwood Anchor

Society



LRH at Worth Brewing

Residents of the Lutheran Retirement Home took a trip to Worth Brewing Company recently, where they spent an afternoon for an Oktoberfest beer tasting.

Green Thumb Garden Club meets September 22

The Green Thumb Garden Club met on Monday, September 22, at the Olson Room. Theresa Cooper, president, called the meeting to order and opened the meeting with the Pledge of

Allegiance and the Conservation Pledge. Penny Robb, Secretary read the August meeting minutes. Peter Julseth moved to accept the minutes as read, Julie Robb seconded and all approved. Julie Robb, Treasurer, gave the treasurer's report.

Committee reports: Sunshine committee; Louise Philipp chair, is working on the wording for special landmarks. After discussion Myra Harris made a motion to remove 'amount to be spent for the occasion/circumstances not to exceed \$25'. Penny seconded, all approved. Flower Show committee; Mary Reyer-son-Low chair, distributed the 2026 flower show theme and committee proposal. Mary asked for thoughts on installing AC units to remove humidity which causes water to pool on the floor of the Floral Hall causing a hazard. Multiple options were discussed. Final decision would need to be made by the Fair Board. Mary made a motion that the hospitality committee not buy gifts for the judges;

goody bags, lunch and mileage per the mileage schedule would continue to be provided. Louise seconded, all approved.

The Christmas Party potluck has been scheduled for December 1, 5:30 p.m. at Mary's home.

The national NGC meeting for 2026 will be on May 4-6 in St. Louis, Missouri. The 2026 NGCI meeting will be in Jefferson, Iowa on June 15 and 16.

Peter moved the meeting be adjourned, Nancy Amundson seconded all approved.

Karen Davidson provided a program on the connection of flowers, fairies and gardens with many pictures and information about Cicely Mary Barker.

The next meeting is on October 27, at 5:30 p.m. with Julie as hostess, meditation by Nancy and program by Kathleen Lommen. If you would like to visit the October meeting please let Julie know you will join us for the evening, 641-390-0007.

Penny Robb

Parkinson's information and support virtual classes begin in November

Growing older is the greatest risk factor for acquiring Parkinson's disease and many people live with symptoms for several years before being diagnosed. Frequently the spouse or other relatives first notice slight problems with a loved one's movements, said Carol Ehlers, a health and human sciences educator with Iowa State University Extension and Outreach.

"Often people in early stages of Parkinson's disease assume their symptoms are part of normal aging or are due to other health conditions they may have, such as arthritis. Early symptoms may not be very apparent and may even come and go,"

Ehlers said.

Participants engage in activity in A Journey through Parkinson's Disease session. To help Iowans learn about Parkinson's disease, its effects and possible treatments, ISU Extension and Outreach offers "A Journey through Parkinson's Disease." This three-part educational series will be offered virtually beginning Nov. 3 at 1 p.m. The series is offered at no cost to participants and online registration is required by Oct. 31.

"During this series you will learn about the signs of Parkinson's disease and how to seek medical care, as well as the cause of the disease and how specific treatments

work. You will also learn about alternative therapies and in-home activities that can delay the progression of the disease, which is very important for continuing to live a full and happy life," said Ehlers.

The educational series consists of three one-hour sessions held once a week. Health and human sciences educators with ISU Extension and Outreach teach the classes, which include interactive lessons and discussions.

In-person sessions of "A Journey through Parkinson's Disease" are scheduled through ISU Extension and Outreach county offices. A list of upcoming, in-person ses-

sions is available on the Health and Human Sciences Extension and Outreach website.

"If you're struggling with Parkinson's disease or know someone who is, it's helpful to know where to find support on the journey," Ehlers said.

This program is supported by Iowa State University Extension and Outreach, with funding provided by the State of Iowa, Iowa State University and through appropriations from the U.S. Department of Agriculture's National Institute of Food and Agriculture under the Smith-Lever Act.

Thanks for being a reader!

Readers make good citizens. Readers help enrich cultural and civic life. Subscribe to the newspaper, encourage more reading!

Kensett Lions Club
Annual Chili & Soup Supper



Tuesday, October 21
Serving from 5 - 7:30 p.m.

Bethany Lutheran Church, Kensett
Adults \$12 • 12 & under \$5

Proceeds used to support Kensett activities and other local projects.



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Northwood
Anchor

Opinion

Savvy Senior

Can you get a lump sum Social Security payment?

By Jim Miller

Dear Savvy Senior,

I've read that the Social Security Administration offers a lump-sum payment to new retirees who need some extra cash. I haven't yet filed for my retirement benefits and would like to find out if this is true. What can you tell me?

Born In 1958

Dear 1958,

There is indeed a little-known Social Security claiming strategy that's been around for many years that can provide retirees a lump-sum benefit, but you need to be past your full retirement age to be eligible, and there are financial drawbacks you need to be aware of too.

First, let's review the basics. Remember that while workers can begin drawing their Social Security retirement benefits anytime between ages 62 and 70, full retirement age is 66 and 8 months for those born in 1958, but it rises in two-month increments every birth year to age 67 for those born in 1960 and later.

At full retirement age, you are entitled to 100 percent of your benefits. But if you claim earlier, your benefits will be reduced by 5 to 6.66 percent every year you start before your full retirement age. While if you delay taking your benefits beyond your full retirement age, you'll get 8 percent more each year until age 70.

Lump Sum Option

If you are past full retirement age, and have not yet filed for your benefits, the Social Security Administration offers a retroactive lump-sum payment that's worth six months of benefits.

Here's how it works. Let's say for example that you were planning to delay taking your Social Security benefits past your full retirement age of 66 and 8 months, but you changed your mind at 67 and two months. You could then claim a lump-sum payment equal to those six months of benefits. So, for instance, if your full retirement age benefit was \$2,500 per month, you would be entitled to a \$15,000 lump sum payment.

If you decided at age 67 that you wanted to file retroactively, you'd get only four months' worth of benefits in your lump sum, because SSA rules prohibit you from claiming benefits that pre-date your full retirement age.

Drawbacks

The downside to this strategy is that once you accept a lump-sum payment, you'll lose the delayed retirement credits you've accrued, and your future monthly retirement benefit will be reduced to reflect the amount you already received. It will also affect your future survivor benefit to your spouse or other eligible family members after you die.

You may also need to consider Uncle Sam. Depending on your income, Social Security benefits may be taxable, and a lump-sum payment could boost the amount of benefits that are taxed.

The federal government taxes up to 50 percent of Social Security benefits at ordinary income tax rates if your combined income — defined as adjusted gross income plus nontaxable interest income plus half of your Social Security benefits — exceeds \$25,000, and up to 85 percent of benefits are taxable if combined income exceeds \$34,000. For married couples, the comparable income thresholds for taxing benefits are \$32,000 and \$44,000.

To help you calculate this, see IRS Publication 915 "Social Security and Equivalent Railroad Retirement Benefits" at [IRS.gov/pub/irs-pdf/p915.pdf](https://www.irs.gov/pub/irs-pdf/p915.pdf), or call 800-829-3676 and ask them to mail you a copy.

In addition, if the lump-sum payment of retroactive Social Security benefits boosts your yearly income over \$106,000 (or \$212,000 for married couples filing jointly), it will increase your future Medicare premiums too. See [Medicare.gov/Pubs/pdf/11579-medicare-costs.pdf](https://www.medicare.gov/Pubs/pdf/11579-medicare-costs.pdf) for details.

Send your questions or comments to questions@savvysenior.org, or to Savvy Senior, P.O. Box 5443, Norman, OK 73070.

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Echoes from the Loafers' Club Meeting

Do you exercise?
I go to the gym almost every day.
Really?
Yes, I almost went to the gym today.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. A disheveled man shuffled by—a poor old sod with lots of creaky parts. I thought he was one scruffy dude until I realized I was looking at a hospital mirror. Inside every hospitalized person is a healthy person wondering what happened. I felt slow afoot, but grateful that medical research had been funded. Before my surgery, the anesthesiologist asked if I'd like to be knocked out with gas or hit over the head with a boat paddle. It was an ether/oar situation. Later, I learned that whether they ripped the adhesive bandages off quickly or slowly depended on my insurance. If Wile E. Coyote made it through his troubles, why couldn't I make it through mine?

I made a corncob pipe with the aid of a buddy. It was a dandy, the best I'd ever owned, but I was only 12. For my youthful adventure, I crafted the home-made pipe from a corncob, hardened by drying, for a bowl, and a hollow piece of elderberry cane as a pipe stem. We didn't have any tobacco and had considered swiping a cigarette from his father's pack, but we worried he had counted them. Curly dock stands 3 feet tall in the ditches, and its rust-brown seed stalks look like tobacco. Behind the barn, we fired up the pipe filled with curly dock seeds by use of a Zippo lighter borrowed from my friend's father. It lit the first time every time.

I am the genie of the lamp and I'll

Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

Unfortunately. We each took an unhealthy puff. No fields in the township had ever been as green as we turned. There was a reason Prince Albert didn't take curly dock seeds into the can with him.

I've learned

A John Deere X9-1100 combine could harvest 7,000 bushels of corn per hour.

No matter what the problem was, my father thought a potato could make it better. It was good for what ailed you. He was a you tuber before there was YouTube.

Yellow jackets, no-see-ums and multicolored Asian lady beetles make eating outside no picnic.

Bad jokes department

A Texas sheriff pulled a cowboy over for speeding. The sheriff gave a long lecture about slowing down and swatted at the flies buzzing around his head as he tried to write the ticket. The cowboy said, "Having trouble with those circle flies, huh?"

The sheriff frowned and said, "Circle flies? Never heard of them."

The cowboy grinned. "They're as common as dirt on the ranches around here. They're called circle flies because they're found circling a horse's rear end."

The sheriff paused and asked, "Wait a minute, are you calling me a horse's rear end?"

The cowboy said, "Oh no, sir! I'd never disrespect a sheriff that way."

The sheriff nodded and said, "Glad to hear it," as he went back to completing the citation.

The cowboy added, "I'd never call you that, but it's impossible to fool them circle flies."

Fit to print...

While no newspaper is immune to the occasional typo or innocent error, fortunately none found in these pages has been as costly or consequential as the typos described in the following article, originally found on the History Facts website, online at [historyfacts.com](https://www.historyfacts.com).

Seven of History's Costliest Typos

For as long as the written word has been set down on the printed page, typos have existed. One notorious typographical error was found within the so-called Wicked Bible, a 1631 edition of the King James Bible in which pious readers were advised, "Thou shalt commit adultery." Further examples abound, from Shakespeare's typo-ridden folios to first editions of Harry Potter and the Philosopher's Stone in which "one wand" is erroneously included twice in Harry's school supply list. In the latter case, lucky owners of these highly collectible first editions, of which only 500 were printed, found themselves in possession of a book — typo included — that fetched \$90,000 in an auction. But typos don't always add value — in fact, they can end up being very expensive. From a stray comma that ended up costing millions to a tiny typo that crashed a spacecraft, here are seven small mistakes that carried enormous price tags.

A Not-So-Fruitful Comma

A U.S. tariff act originally drafted in 1870 allowed "fruit plants, tropical and semi-tropical for the purpose of propagation or cultivation" to be exempt from import tariffs. As written here, "fruit plants" referred specifically to the plants that fruits grow on, and not the fruits they produce. Then, in 1872, an updated tariff act was released, with an unfortunate comma that changed everything. The errant comma somehow snuck in between "fruit" and "plants," and suddenly tropical and semi-tropical fruits — most of which were expensive — could be imported without any charge. This reportedly cost nearly \$2 million in lost tariff revenue, the equivalent of \$53 million in today's money.

NASA's Erroneous Equation

In 1962, NASA launched the unmanned Mariner 1 spacecraft from Cape Canaveral, Florida, on a mission to fly by the planet Venus. Shortly after liftoff, however, the rocket veered off course and was almost immediately destroyed. The culprit? A tiny typo. The omission of an overbar for the symbol "R" for radius (a simple "R" instead of "R̄") in an equation caused a program to not respond as planned, forcing NASA to explode the wayward (and highly expensive) rocket for safety reasons. Mariner 1 had cost NASA about \$80 million to build (more than \$850 million in today's money), and its journey lasted mere seconds.

When "Exotic" Became "Erotic"

When Gloria Quinan, owner of Banner Travel Agency in California, placed an advertisement in the 1988 Yellow Pages to promote her "exotic" travel business, she began receiving some strange calls. She soon found out that Pacific Bell, the company behind Yellow Pages, had made a somewhat risqué typo: Instead of "exotic," they had written "erotic." Quinan said that answering calls from so many people seeking an erotic travel experience negatively affected her business and her mental health, and she sued Pacific Bell for \$10 million. The case was settled quietly out of court but likely ended up being a costly typo for Pacific Bell.

Mizuho Securities' Expensive Error

The Tokyo Stock Exchange was caught up in a moment of madness in 2005 when a data-entry error caused a trader for Mizuho Securities to accidentally sell 610,000 shares at 1 yen apiece, when he should have been selling just 1 share at 610,000 yen. The Tokyo Stock Exchange refused to reverse the error, costing the company a whopping 27 billion yen — about \$225 million.

A Costly Phone Drop

In 2019, a typo erroneously overvalued a single home in Wasatch County, Utah, creating revenue shortfalls in five of the county's taxing

grant you three wishes.

I want a world without lawyers.

Granted. You're done.

Wait a minute. I still have two more wishes.

So sue me.

Nature notes

The silver maple is a fast-growing tree. The upper surface of its leaf is bright green, and the lower surface is silvery white. The pale underside gives the tree a "silvery" appearance in a breeze.

An adult male ruby-throated hummingbird has a metallic ruby-red throat (gorget) and a forked tail with feathers pointed and all dark (no white tips). An adult female has a white throat with an occasional faint tan streaking and a fan-shaped tail with rounded feathers and white tips on the outer three feathers on each side. An immature male looks identical to an adult female, including the white tips to a fan-shaped tail, except he has a noticeably streaked throat. A juvenile female looks similar to an adult female.

Wireworms are the larvae of several species of click beetles. Click beetles flip into the air with an audible click to right themselves when overturned. Wireworm larvae feed on beans, beets, cabbage, carrots, corn, grasses, lettuce, onion, ornamentals, peas, potatoes and radishes. Wireworms are thin, shiny, jointed, yellow to reddish-brown, 1/4 to 1 1/2 inch long, worm-like larvae resembling mealworms. Adult click beetles don't cause plant damage.

Meeting adjourned

"Life's most persistent and urgent question is, 'What are you doing for others?'" - Martin Luther King Jr. Be kind.

©Al Batt 2025

Seven of history's costliest typos

entities. The home was recorded in the tax rolls with a market rate value of \$987 million and a taxable value that was \$543 million more than what it should have been — which was just \$302,000. The numerical typo, which was reportedly caused by an employee dropping his phone on a keyboard, ultimately resulted in a countywide overvaluation of more than \$6 million. Innocent taxpayers were soon warned to expect increased tax rates for upwards of three years to pay off the unfortunate error.

A Very Expensive "Son"

Back in 2009, Companies House, a government agency that acts as the registrar for all companies in the U.K., made a grave error. The agency r stated that Taylor & Sons — a Welsh engineering firm that had existed for 124 years — had gone into liquidation. But Companies House had gotten the wrong company. It should have been looking at Taylor & Son, rather than the plural "Sons." It corrected the error three days later, but the damage had already been done, irrevocably tarnishing the reputation of Taylor & Sons, which collapsed and was eventually dissolved in 2014. Taylor & Sons sued, alleging damages of £8.8 million (over \$14 million USD), and a court battle followed. While a judge initially ruled in favor of the slandered engineering firm, the two parties later settled for an undisclosed amount — all because of an errant "s."

A Plane and Simple Typo

A 5,554-mile flight for just \$39 sounds like quite a bargain — and for some lucky travelers, it was exactly that. But for Italy's Alitalia, it was a huge mistake. Due to a typo, the airline listed a business-class ticket from Toronto to Cyprus in 2006 for \$39 instead of \$3,900. Within hours, around 2,000 people had purchased the too-good-to-be-true ticket. The airline, fearing a massive PR backlash should it cancel the tickets, decided instead to honor them — at a loss of \$7.2 million.

Northwood Anchor

100 years ago

October 15, 1925

T.T. Ramsey and son Theodore, of near Joice, were in Northwood Tuesday, the latter being called for grand jury duty. The elder Mr. Ramsey does not get to Northwood very often but enjoys the visits when he is able to make them. He is one of the early settlers of Worth County, coming here in 1865 from Wisconsin.

Kensett- The city dads got busy and put down the new traffic signs. Observation of the signs will be strictly enforced so watch your steps

75 years ago

October 19, 1950

Art Wahlers of near Myrtle was taken to Naeve Hospital Friday night following an accident when the car he was driving left the road and tipped over as he and Mrs. Wahlers were on the way to Northwood.

Winners of the safe driving contest conducted by Charles Peters, driving instructor, are Clarion Anderson, Orlin Horgen, Janice Reiter, Marjorie Sola and Roger Elliott. Their alternates are Robert Johnson and Richard Hagen.

Seven Northwood students have been named candidates for the all-state band,

50 years ago

October 16, 1975

The Northwood-Kensett school board voted to microfilm students records. Cost to microfilm the records up to date will be about \$2,500, and about \$25 annually for each graduating class. The board also approved the contract of Ron Christianson as bus driver and the resignation of Otto Schmitt, whom he replaced.

First place winner of the decorated bicycle contest for pupils in the elementary school in the 1975 N-K homecoming parade was Renae

25 years ago

October 18, 2000

NSB Bank chief executive officer Kary Paulson last week named Thomas W. Quinlan as the bank's new president. "Becoming president of a quality community banking organization with its headquarters in North Iowa has been a career goal of mine," Quinlan said. "I am pleased to accept this position with NSB Bank, and look forward to continuing to serve customers in North Iowa."

Marlene Schroeder wants to do a little "outdoor redecorating." So she donated 20 free Colorado blue spruce trees to the City of Northwood last Tuesday night, and told the city

10 years ago

October 14, 2015

At the Northwood Volunteer Fire Company open house held this past Saturday, members of the NVFC shared the designs for a new rescue truck that they hope to add to their emergency vehicle fleet.

There is a lot of activity in the alley behind the new Worth Brewing Company building on the south side of Central Avenue in Northwood. Mick Gage Plumbing employees are wrestling with a large water heater that was placed in the basement a few weeks ago. The

and don't get mixed up with Marshal Cady.

Glenn Pixley, who lives near Plymouth, is staying with the Dixon brothers while he does his plowing on the John Slosson farm, now occupied by Frank Diedrich. Glenn will move here in March and Mr. Diedrich will move on his own farm just north of town.

Mr. and Mrs. D.L. Klove of Gordonsville are planning to retire from the mercantile business and will sell their entire stock and fixtures at a sale.

Grafton- The letup on threshing has given the neighbors time to dig their potatoes. The crop has varied considerably in quality and quantity. - Pete Paulson now

and are to try out at Charles City. They are Wallace Blakestad, baritone; Betty Reyerson and Janice Reiter, clarinets; Philip Bottolfson, French horn; Judy Bolender, flute; Marcile Kuhlman, cornet; and Meda Nelson, cello.

Approximately 100 Boy Scouts from Worth and Winnebago counties attended the camporee at Rice Lake State Park, taking part in scouting games and contests. Horton Bolin, Hanlontown, field executive, was in charge.

The board of directors of the Northwood Chamber of Commerce Tuesday voted to sponsor the newly formed Northwood men's chorus. The chorus, directed by L.T. Dillon, has been organized on a temporary basis the past two weeks and has made several public appearances.

Logemann. Other winners were Gary Kuhlmann, second; Amy Wilder, third; and Rebecca Kelly, fourth.

Mr. and Mrs. Claude Hinds will observe their 40th wedding anniversary with an open house in the Masonic Temple dinning room on October 26. The event will be hosted by their children, Mr. and Mrs. Neil Cooper and Mr. and Mrs. Harry Rogers.

A good neighbor working bee was held at the farm of the Kenny Koch family since Kenny has been hospitalized. Coming with combines, tractors, wagons, pickups and trucks were Bob Koch, Curtis Davis, Laurell Davis, Dick Cherney, David Wolff, Leonard Tews, Bill Weber,

council she has 71 more for sale. The council voted 4-0 to accept the living donation, then named councilors Doug Helgeland and Kevin Petznick and Northwood residents JC Dawald and Tom Scully to a committee that will decide where to put the city's new greenery.

Northwood-Kensett sixth-graders Travis Abben, Doug Duryee, Josh Kuhlmann, Danielle Taylor, Tanner Locker and Leah Reyerson proved to be fairly-skilled mission specialists when it came to lunchtime air-and-water-powered rockets last Wednesday afternoon as part of a project in N-K Elementary teacher Craig Lease's science class. Lease used the event, which involved the measurement of volume, energy and altitude, to teach the N-K

brewery is scheduled to open early in 2016.

Worth County's new Veteran Affairs director, is Tom Reid.

WCTA general manger Mark Thoma presents 2016 WCTA to Contest winner Kassie Hill Steen with a \$100 check and a copy of the 2016 calendar featuring her winning cover photo.

A group of Northwood-Kensett students spent October 1 learning about industrial technology and jobs. The students started the day at North Iowa Area Community College, where they took part in seminars discussing manufacturing careers and educational resources for those jobs. They then traveled to Northwood, where

takes the folks out for joy rides in a brand new Chevrolet car purchased a week ago.

The annual convention of the Worth County camps of the Royal Neighbors of America was held in Northwood. A six o'clock dinner was served by the Northwood Ladies to about 80 visiting delegates. The entertainment program was as follows: piano solo, Mrs. J.O. Woodward; reading, Luella Butler; vocal solo Genevieve Thompson; vocal duet, Misses Tosdal and Christianson; and saxophone solo, J.O. Woodward. Degree work was given to Mrs. Ethel Ryan, Mrs. Aaron Mowers, Mrs. James Mowers, Mrs. J.C. Kimm, Mrs. Horace Hilborn and Mrs. D. Clagett.

Mrs. Olavus T. Olson, 82, a life-long resident the vicinity and for over 40 years a resident of Northwood, died Tuesday night at the home of her daughter, Mrs. L.T. Flatness, after a lingering illness. Born on a farm in Bristol township in 1868, she was the daughter of pioneer settlers, Mr. and Mrs. Ingebret Kaasa.

Work has been started on two more new residences in Northwood. The foundation has been laid for the new home of Mr. and Mrs. D.W. Backstrom on Tenth Street North, while excavation has been completed and some other work done on a new residence, which Mr. and Mrs. Donald A. Wright will build on Tenth Street South on a lot purchased from C. A. Walrer.

John King, Henry Tews, Gregg Koch, Edwin Will, Allen Rohne, Donald Koch, Howard Gallentine, Clifford Lau, Chick Cooper, Sheldon Davis, Leonard Trost and Donald Lau.

Dan Millard takes a hand-off from quarterback David Midtgaard for a short gain in the Lake Mills game here October 7. Blocking are Denny Jaspers and Mike Fricke. The Vikings lost 12-0.

Thirty-three runners take off at the sound of the gun at the annual Viking cross country invitational. The Vikings came in first in the meet and enter the state meet in Des Moines. Coach Craig Lease was "proud of the team's efforts."

sixth graders and seven basic steps of planning an experiment.

Omer and Delores Johnson Northwood will observe their 50th wedding anniversary on Saturday, October 21. Omer has farmed all his life and Delores is a homemaker. They have lived on the family farm southwest of Northwood their entire married life.

Northwood-Kensett running back Tom Carmody (44) plows for extra yardage while running mate Tim Ouverson (22) dives over a Woden-Crystal Lake/Titonka defender who glanced off Carmody a split-second before this photo was snapped. Carmody and Ouverson each scored a touchdown in the Vikings' 35-0 Class A District 3 victory over the Tigers here Friday night.

they toured local plants. One of the locations the students toured was ADA Enterprises and president and CEO Tom Stenstrud led them through.

Nost seeing much playing time at the beginning of the season, this talented sophomore has gradually slid into the rotation as the year nears an end. Sarah Pederson is part of a very talented junior and sophomore class that will carry on the winning tradition at N-K for years to come.

N-K's Mason Olson hauls in a pass last Friday night in Northwood. Olson took this catch 59 yards to the house and now has eight receptions for 179 yards and two touch downs in the Vikings' first seven games.

Northwood Anchor

Pauline Odegaard

Pauline G. Odegaard Field, 102, of Austin and formerly of Northwood and Plymouth, passed away peacefully on Tuesday, October 7, 2025, at the Cedars of Austin.

Funeral services will be held at 11 a.m. on Friday, October 17, 2025, at Conner Colonial Chapel, 1008 First Avenue South, Northwood. She will be laid to rest at Silver Lake Lutheran Church Cemetery, rural Northwood.

Visitation will be held one hour prior to the services.

Pauline Georgia Claus was born March 10, 1923, at the family farm near Plymouth, to Herbert W. and Minnie C. (Carls) Claus. She attended Plymouth Consolidated School through eighth grade, and went on to graduate from Plymouth High School in 1941. She continued her education at Waldorf College in Forest City, Iowa, majoring in business and music. She worked at Emons National Bank, Jacob E. Decker Co. and Manly State Bank, where she was a cashier. In 1944 she married William L. Odegaard and they were blessed with a daughter, Bonnie K., and two sons, Paul W. and Roger M. Odegaard. They farmed many years near Plymouth, Osage and Kensett, finally purchasing their own farm near Northwood. They always had a big garden and enjoyed working in it, producing most of their own



PAULINE ODEGAARD

food. After his retirement, the couple moved to Northwood and Pauline worked at the courthouse for the engineers.

After William passed away, years later she married Irving Field, a friend from high school. They spent their winters in Texas and summers on the farm near Nora Springs. They did a lot of traveling and saw 49 states! They took several cruises and visited relatives in Fairbanks, Alaska. Their first love was their Lord and Saviour, Jesus Christ. When traveling they always looked for a church to attend on Sundays. They were faithful members of Trinity Lutheran Church in Osage. Irving passed away in September of 2015 and Pauline moved to Austin, Minnesota, to be closer to her daughter and son-in-law. She was a state officer of the National Assembly of Bank Women, a member of the church

NIACC presents 'Dog Man: The Musical' on October 22

The NIACC Performing Arts & Leadership Series will present "Dog Man: The Musical" at the North Iowa Community Auditorium on the NIACC campus at 6:30 p.m. on Wednesday, October 22. This presentation is part of the 2025-2026 NIACC Performing Arts & Leadership Series.

Based on the worldwide bestselling hit series by Dav Pilkey, "Dog Man: The Musical" is a hilarious and heartwarming production following the chronicles of Dog Man, who with the head of a dog and the body of a policeman, loves to fight crime and chew on the furniture. But while trying his best to be a good boy, can he save the city from Flippy the cyborg fish and his army of Beastly Buildings? Can he catch Petey, the world's most evil cat, who has cloned himself to exact revenge on the doggy do-gooder? And will George and Harold finish their show before lunchtime? Find out in this epic musical adventure featuring the hilarity and heart of beloved characters from Dav Pilkey, the creator of Captain Underpants. Recommended for ages 6-10.

"Dog Man: The Musical" surpasses my highest expectations. It is the 'Perfect Mash-up' of memorable music, humor, and love." - Dog Man creator Dav Pilkey

Based on the bestselling Dog Man book series by Dav Pilkey, "Dog Man: The Musical" has a book and lyrics by Kevin Del Aguila (Two-time Emmy Award-winning writer of the PBS show "Peg + Cat") and music by Brad Alexander (Drama Desk Nominated See Rock City & Other Destinations), with original direction and choreography by Jen Wineman (NY: Less Than 50%), scenic design by Timothy R. Mackabee

(Broadway's "The Elephant Man"; "Guards at the Taj" Lucille Lortel Award), costume design by Heidi Leigh Hanson (Regional: "The Addams Family Musical", "How I Learned to Drive"), lighting design by David Lander (Broadway's "The Lightning Thief: The Percy Jackson Musical"; "Benghal Tiger at the Bagdad Zoo", Drama Desk Award) and sound design by Emma Wilk (NY: "The Waiting Game," Regional: "The Heiress").

"TheaterWorksUSA has led the Theater for Young and Family Audiences movement in New York City and across North America for over half a century. At TWUSA, we believe that access to art—and theater, in particular—is vital for our youth."

Since 1961, the not-for-profit has captured the imaginations of 100 million new and veteran theatergoers with an award-winning repertoire of over 140 original plays and musicals. Acclaimed alumni include Kristen Anderson-Lopez and Robert Lopez

circle and played the organ and piano at Waldorf College. She accompanied her first husband, William, who was a great singer, and also played for Rock Creek Men's Quartette.

Those left to cherish her memory are her daughter, Bonnie (Lowell) Schlotzhauer of Austin, Minnesota; sons, Paul (Carol Odegaard of Lake Mills and Roger (Janie) Odegaard of Northwood; grandchildren, Bryan (Kimberly) Odegaard, Lisa (Barry) Wangsness, Adam Odegaard, Molly Odegaard, Sara (Gary) Grena, Rachel (Timothy) Knutson, Erin Schnoor and Joanne Schlotzhauer; great-grandchildren, Andrew, William, Joseph, Grace, Paul, Samuel, Isabelle, Nicholas, Erich, Jacob, Carter, Erika, Ella and Adeline; four great-great-grandchildren; and Irving's family, Allan (Kay) Field, Ann (Al) Schallack and Ronda (Scott) Smith; as well as numerous nieces, nephews and extended family.

She was preceded in death by her husband of 51 years, William Odegaard; parents, Herbert and Minnie Claus; brothers, Russell William, Carl Jacob and Herbert Ernest "Ernie" Claus; cherished grandfather, Jacob Claus; an infant son who died soon after birth; her second husband of 14 years, Irving Field; and an infant grandson, Jesse Odegaard.

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Vikings fall to Green Devils

By Julie Salisbury

The Northwood-Kensett Vikings traveled to Osage on Tuesday, October 7, for a Top of Iowa Conference game and lost in straight sets, 25-10, 25-7 and 25-5.

Sophie Rye led the team with four kills, three digs and 2-2 serving. Mia Fierova had three kills and two digs and was 5-5 serving. Camryn Rheingans had five assists and seven digs and was 5-5 serving. True Hackenmiller had one kill and three digs and was 5-5 serving. Hallie Hanson had one assist and two digs and was 2-2 serving. Ashlyn Skellenger

er had three assists, three digs and one block and was 3-4 serving with one ace serve. Kenedie Berry had one kill and one dig. Kenley Solberg had seven digs and was 1-1 serving.

The Vikings as a team had nine kills, nine assists, one block and 28 digs and were 23-24 serving with one ace serve.

The Vikings are 0-7 in the TIC and 2-16 overall.

The Vikings have one week of regular season play and will start post-season play on Monday, October 20, when they travel to Lake Mills to take on the Bulldogs.



Viking Camryn Rheingans sets her ball during conference action in Osage on Tuesday evening. Photos courtesy of Kathie Blake.



Viking True Hackenmiller serves the ball during conference action in Osage, she was 5-5 on the night. Photos courtesy of Kathie Blake.



Out standing in the field

This group of sandhill cranes was spotted in a field west of Northwood recently. The cranes are at the start of their migration south, with their stop in Iowa preceding a journey to southern states or Mexico.

Northwood
Anchor

Legal

People's Right To Know

Supervisors

**October 6, 2022
Fortieth Day**
The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Enos Loberg and Mark Smeby, present. All members voting "AYE" unless noted.

Meeting called to order by Smeby, followed by the Pledge of Allegiance.

Motion Stone/Second Loberg to approve today's agenda and September 29, 2025 minutes. Motion carried.

Motion Loberg/Second Stone to approve engaging attorney Eric Updegraff, Hopkins & Huebner, P.C. to review the proposed Road and Drainage Easement and Maintenance Agreement with Worthwhile Solar Farm West LLC. Motion carried.

Motion Stone/Second Loberg to approve the utility permit for Worthwhile Solar Farm West LLC. Motion carried.

Motion Stone/Second Loberg to proceed with the County Road Crossing Ordinance process. Motion carried.

Motion Stone/Second Loberg to approve Supplemental Agreement No. 1 for the Secondary Roads Maintenance Facility and Office Building Project to amend their Professional Services Agreement of December 2, 2024 with Veestra & Kimm Inc. Motion carried.

Motion Loberg/Second Stone to approve drainage claims in the amount of \$35,870.50 per the following schedule. Motion carried.

Agrivia PLLC, DD#40, Prof Services.....\$200.00
Agrivia PPLC, DD#74, Prof Services.....\$300.00
Agrivia PPLC, DD#1, Prof Services.....\$1,700.00
Bolton & Menk Inc., DD#6,

Prof Services.....\$5,162.50
Bolton & Menk Inc., DD#14, Prof Services.....\$26,805.00
Bolton & Menk Inc., DD#, Prof Services.....\$1,703.00
Grand Total.....\$35,870.50
Motion Loberg/Second Stone to appoint Mike Stevens and Nathaniel Julseth as Classification Commissioners for DD #1, DD #40 and DD #74. Motion carried.

Motion Loberg/Second Stone to approve the sheriff's monthly and quarterly reports. Motion carried.

Motion Loberg/Second Stone to approve tax abatement for property taxes on the following parcels 05-12-400-003, 05-13-200-001 and 10-07-200-002. Motion carried.

Motion Stone/Second Loberg to approve tax suspension on parcels 12-03-477-020 and 12-03-478-013. Motion carried.

Motion Stone/Second Loberg to approve engagement letter between Dorsey Whitney LLP and Worth County in regard to the 2025 General Obligation Urban Renewal Bonds. Motion carried.

Motion Loberg/Second Smeby approve Resolution 2025-39 Resolution authorizing the use of a preliminary official statement in connection with the sale of General Obligation Urban Renewal Bonds, Series 2025A and repurposing the Series 2023A Bond proceeds. Roll call vote: AYES: Stone, Loberg, Smeby; NAYS: None. Motion carried. (Full text of resolution available in the auditor's office).

Motion Stone/Second Loberg to approve the quote of \$72,000 from Renodry USA. Motion carried.

Motion Loberg/Second Stone to adjourn at 9:37 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY

CASE NO. ESPR 009481
NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, AND NOTICE TO CREDITORS
IN THE MATTER OF THE ESTATE OF DANNY DAVID BRUNSVOLD Deceased

To All Persons Interested in the Estate of Danny David Brunsvold, Deceased, who died on or about September 9, 2025:

You are hereby notified that on October 1, 2025, the Last Will and Testament of Danny David Brunsvold, deceased, bearing date of July 17, 2013, was admitted to probate in the above-named court and that Deanna Brunsvold and Julie Brunsvold have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above-named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated October 1, 2025.

Deanna Brunsvold,
Co-Executor of Estate
4136 Mockingbird Lane
Kensett, IA 50448

Julie Brunsvold,

Northwood-Kensett School

The Northwood-Kensett Board of Directors met in a Regular Meeting on Thursday, October 9, 2025 at the Secondary Media Center at 6:00 p.m.

Members present: Bradley Christianson, Cindy Byrne, Susan Kliment, Jamie Nelson and Shana Brunsvold

Absent: None

Also present: Superintendent Tony Hiatt; Board Secretary Kim Hengesteg; Elementary Principal Brian Costello; Secondary Principal Keith Fritz and Kris Kenison Northwood Anchor

(5-0) approve the Agenda for Thursday, October 9, 2025

Recognition of Visitors/Public Comments: Walt Jordan and Kenny Qvalls from dGEN Energy Partners Inc, Mark Kroemer; Atura Architecture, Aaron Jeffrey; Sherwin-Williams and Steve Butler; Director of Building & Maintenance

Presentation by Walt Jordan from dGEN on assessment of roofing as well as options for the Elementary School, including solar panels. Walt provided information on the assessment components and processes and highlighted some financial advantages and strong return on investment by using solar energy.

Reports:
Elementary Principal: 1) Northwood Volunteer Fire Department will be here on Friday, October 10 to provide safety advice 2) National School Bus Safety Week is October 20-24th, we will be running bus evacuation drills 3) Morgan Jellinger from Wo Co Public Health will visit with 7th and 8th grade students focusing on promoting a healthy lifestyle, preventing use of tobacco, nicotine, alcohol and other drugs.

Secondary Principal: 1) FC-CLA selling Boba Tea in the morning before school 2) School Performance Profile information

Superintendent: 1) KLH Website Clean Up, improvement of communication and being compliant regarding legislative changes applicable to our website and app 2) Ramsey Nature Center will be used by students and staff again with a focus on field trips 3) NK Elementary Roof – concession by board on proceeding with roof assessment for future capital planning and budgeting.

School Board: Next regular school board meeting on Thursday, November 13, 2025 at 6:00 pm

Consent Agenda
(5-0) approve the Consent Action Items which include the following:

- Minutes from the September 11, 2025 Regular Meeting and Board Workshop
- October Bills for payment
- September 2025 Financial Report

- Approve Bryn Pangburn – Regular Route Bus Driver
- Approve Samantha Schultz – Elementary Associate @ \$15.75
- Approve Cade Hengesteg – JH Boys Basketball
- Approve Shelby Perry – Jr/Sr High Associate @ \$15.75
- Approve Camden Thompson – Full Time Custodian Jr/Sr High School @ \$16.25
- Volunteer Coaches: Kyle Waller; wrestling
- Old Business: None
- New Business:

(5-0) approve second reading of Board Policy 503.09
(5-0) approve first reading of Policies 208, 208-R(1), 401.01, 502.07, 507.02, 507.05, 607.02, 708, 710.01, 802.02, and 804.05
The district's administration is authorized to submit a request to the SBRC for a modified supplemental amount of \$20,651.50 due

bate in the above-named court and that Deanna Brunsvold and Julie Brunsvold have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above-named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated October 1, 2025.

Deanna Brunsvold,
Co-Executor of Estate
4136 Mockingbird Lane
Kensett, IA 50448

Julie Brunsvold,

to excess costs of providing the EL program in the prior year. Ayes: 5, Nays: None The motion passed by a vote of 5-0

Roll Call Vote: Christianson-yes, Nelson-yes, Byrne-yes, Brunsvold-yes, and Kliment-yes

(5-0) approve Certified Annual Report (CAR), Special Ed Supplement Report (SES) and Annual Transportation Report.

(5-0) adjourn the meeting at 7:41 p.m.

Northwood-Kensett Community School District
10/10/2025 11:30 AM
Vendor Name, Vendor Description, Amount

95 Percent Group LLC supplies..... 2,329.80
AGVANTAGE FS, INC propane..... 1,314.42
AHLERS & COONEY, P.C. legal services..... 420.00
AIRGAS USA, LLC SUPPLIES..... 158.41
Amazon Capital Services SUPPLIES..... 1,726.71
APPLE, INC., SUPPLIES . 149.00
Avihen LLC, fee..... 125.00
CARQUEST AUTO PARTS SUPPLIES..... 189.49
CB Innovations, LLC service..... 2,908.88
CDW GOVERNMENT, INC. supplies..... 1,288.00
CITY OF NORTHWOOD water/sewer..... 1,263.04
Dave Syverson Truck Center service..... 1,941.29
Davidson, Preston Reimb. Professional Dev1,804.00
DECKER EQUIPMENT SUPPLIES..... 373.33
EILERTSON REPAIR Auto Repair Shop..... 276.00
Fidelity Security Life Group Vision..... 342.43
FLINN SCIENTIFIC supplies..... 175.58
Hiatt, Tony, Reimb. Travel 464.80
HOVEY'S LAWN AND GARDEN LLC, LAWN CARE 2,937.50
IOWA ASSOCIATION OF SCHOOL BOARDS Fee..... 650.00
IOWA DEPARTMENT OF HUMAN SERVICES Medicaid..... 81.76
IOWA DEPARTMENT OF NATURAL RESOURCES water usage..... 115.00
Iowa High School Athletic Directors Association membership..... 150.00
Iowa Water Management Company, boiler service 235.50
JJ's Hardware supplies..... 1,377.21
JOSTENS, INC. supplies..... 39.15
Kendall Hunt Publishing Co supplies..... 90.00
LARSEN PLUMBING & HEATING, INC., service..... 1,090.85
LEA MOBILE GLASS, INC. glass service..... 110.00
LEARNING A-Z SUPPLIES..... 270.00
Maroo, Mackensie Reimb supplies..... 50.48
MARTIN BROTHERS supplies..... 1,561.36
Medical Enterprises, Inc. supplies/fees..... 52.90
MENARDS, SUPPLIES..... 299.93
Mid-American Research Chemical Corp, cleaning supplies..... 388.57
MIDWEST BUS PARTS, INC parts..... 98.08
N-K ACTIVITY FUND Reimb. Chemical Spray..... 68.73
NASSCO INC, supplies..... 803.75
NIACC PERFORMING ARTS tickets..... 95.00
NORTHWOOD ANCHOR PUBLICATION..... 333.38
NORTHWOOD ELCTRIC ELECTRICAL SERVICES 1,114.49
NORTHWOOD SANITATION garbage..... 950.00
Odegaard, Kimberly Reimb Supplies..... 253.00
One Source Background Check

Company background checks..... 160.50
Otter Creek Orchard Field Trip..... 320.00
Renteria, Jesus interpreter..... 50.00
Roto-Rooter of Mason City drain service..... 500.00
School Bus Sales school bus..... 384.34
SCHOOL SPECIALTY LLC SUPPLIES..... 41.53
Staples Business Credit supplies..... 501.62
TEACHING STRATEGIES, LLC ASSESSMENTS..... 905.04
TRADING POST supplies..... 459.99
WINNEBAGO COOPERATIVE TELECOM ASSN phone/internet service 852.05
WORTH COUNTY ENGINEER diesel/gas..... 2,226.01
Worth Lumber Company supplies..... 812.76
Bice Electric LLC service..... 305.00
Fund Number 10..... 37,984.76
Abbas, Jackson Reimb. Supplies 19.99
AIRGAS USA, LLC SUPPLIES..... 95.00
Amazon Capital Services SUPPLIES..... 433.09
ANDERSON'S, supplies 243.89
BOHL, TERRY, official..... 150.00
BSN Sports, supplies..... 321.74
DECKER SPORTING GOODS supplies..... 518.60
Family, Career & Community Leaders of America fee..... 618.00
Flower Forager supplies..... 294.00
Heiken, Sarah Reimb. Supplies 66.25
IOWA BASKETBALL COACHES ASSN, fee..... 150.00
IOWA CHEERLEADING COACHES, fee..... 0.00
IOWA FCCLA, fee..... 740.00
LAKE MILLS CSD, fee..... 100.00
LMD Services LLC equipment..... 411.00
MENARDS, SUPPLIES..... 0.00
Miller, Christian Reimb. Supplies 38.50
Pangburn, Cindy reimb supplies..... 874.77
Patterson, Lisa Reimb. Supplies 102.41
Rieman Music, Inc supplies..... 810.00
Second Generation Creations livestock judging..... 155.00
Security & Communication Professionals security services..... 400.00
SMITH, TROY official..... 150.00
SUDOL, COLLIN official..... 150.00
TREES, ERIC, official..... 150.00
TROPHIES PLUS, INC. supplies..... 418.74
VISA, supplies..... 472.75
Fund Number 21..... 7,883.73
Checking Account ID 4 Fund number 36 Appel Fund BOLAND RECREATION Park Amenities..... 2,135.00
Kruger Electric LLC service..... 2,098.38
Lewis Charles Cycles snow plow..... 1,937.70
TimeClock Plus time clock system..... 224.70
Worth Solutions service..... 4,000.00
Fund Number 36..... 10,395.78
ANDERSON ERICKSON DAIRY MILK..... 3,272.26
EMS DETERGENT SERVICES SUPPLIES..... 671.90
Fidelity Security Life Group Vision..... 11.24
GOODWIN TUCKER GROUP repairs..... 1,726.02
MARTIN BROTHERS Food/Supplies..... 25,672.92
PAN-O-GOLD BAKING CO BREAD..... 1,169.39
Wheeler, Jayne Reimb Uniform..... 69.00
Fund Number 61..... 32,592.73

Co-Executor of Estate
4136 Mockingbird Lane
Kensett, IA 50448

Douglas A. Krull,
ICIS#: AT0004489
Attorney for Executors
Krull Law Office
714 Central Avenue
Northwood, IA 50459-0200

Date of second publication
the 15th day of October, 2025.

41-2t

Notice

**PUBLIC NOTICE
Worth County
REQUEST FOR QUOTE
(RFQ)**

Invitation to Submit Quote for snow removal for the 2025-2026 & 2026-2027 Snow Seasons at Worth County.

Contractor Shall: Provide quotes for snow removal no later than October 24 at 4:00 PM to the Auditor's Office for the Courthouse, Treasurer's Office, Public Health Building, Sheriff's Satellite Office and the Worth County Wastewater Plant. Snow removal will consist of parking areas including sidewalks and entrances of each building. For more details, go to www.worthcountyiowa.gov/bid-notices/ or contact the North County Auditor at 641-324-2316.

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If the publication is a general publication, publication of this statement is required. Will be printed in the 10/15/2025 issue of this publication. Publication not required.			
18. Signature and Title of Editor, Publisher, Business Manager, or Owner			
Kris Kenison	Owner	09/24/2025 17:21:47 PM	
I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).			

Lake Mills stays perfect in conference, eyes Forest City clash

By Matt Pfaltzgraff
The Lake Mills volleyball team secured the Top of Iowa West conference title this past week, sweeping the Forest City Indians 3-0, 25-8, 25-14, 25-21. The conference crown is back in Lake Mills for the first time since 2022, which is also the last time the conference was swept outright in each conference match.

From the get-go, the Bulldogs were in control, taking all of the momen-

tum with them. The first set saw Lake Mills jump out to a large lead, never looking back, and simply preparing for set two.

Makenzie Budach led the team with 14 kills, while Betsy Byars added 8 kills and Regan Eastvold finished with 26 assists. Six Bulldogs came away with kills largely due to the dominant defense, transitioning into solid offense.

Defensively, Reagan Ham anchored the back

row with 16 digs, followed by Makenzie Budach with 10 digs and Cora Sauer with 7. Budach and Afton Dean, each had 2 blocks, while Kaydence Barden and Tori Sterrenberg chipped in with one each.

The Bulldogs' serving game also made a huge difference. Makenzie Budach recorded three aces, Kaydence Barden and Reagan Ham each added two aces, and Betsy Byars and Hailey Jensen contributed one apiece. The team served at nearly 96% success overall, putting constant pressure on the Forest City offense.

Head coach Brook Christianson said, "We knew Forest City would bring their best game. We had to keep our composure and play our game... and we did just that!"

Looking ahead, Lake Mills had a quad on Tuesday at home starting at 6 p.m. before traveling to Algona for their last matches in a Saturday tournament starting at 9 a.m.



Senior Jasmine Schwartz records a dig, setting up the Lake Mills offense. Photo - Julie Helgeson

Early voting now available ahead of November 4 election

On Tuesday, November 4, residents of the Lake Mills Community School District will vote on renewing the district's voted Physical Plant & Equipment Levy (PPEL). This funding source supports critical building and equipment needs for the vast majority of Iowa's public school districts.

In-person absentee voting will be available from October 15 to November 3 at the county auditors offices in Winnebago County and Worth County.

The Winnebago County Auditor's Office is located at 126 S. Clark Street in Forest City, and is open 8 a.m. to 4:30 p.m. on weekdays. The Worth County Auditor's Office is at 1000 Central Avenue in Northwood, and its hours are 8 a.m. to 4 p.m. during the week. A valid ID is required to cast a ballot.

Additionally, residents may request a mail-in absentee ballot until October 20. The ballot must be completed and received by election day to be counted. More information on

this option is available at <https://sos.iowa.gov/voters/absentee-voting>.

Lake Mills CSD is one of the more than 86% of Iowa school districts that currently have a voted PPEL in place. In Fiscal Year 2025, it generated approximately \$510,000 in revenue. This money has been and would continue to be used for priorities such as heating, ventilation, and air conditioning systems; equipment purchases; building maintenance; roof repairs; student technology; and buses and transportation.

"Our community has always shown strong support for maintaining high-quality schools," said Superintendent Chris Rogne. "Our voted PPEL is one way we can continue that partnership by investing in the tools and facilities our students and staff rely on every day. By renewing this levy, we can protect the investments we have already made and plan effectively for the future of our schools."

A renewed PPEL will not increase property tax rates

or create a new tax. The voted PPEL would remain in place through 2039 at the existing rate of \$1.34 per \$1,000 of taxable property value.

The levy represents a maximum authorization, which means the Board of Education has the ability to set a lower rate in future years depending on budget needs.

The voted PPEL renewal will appear on the November 4 general election ballot, and polls will be open from 7 a.m. to 8 p.m. on that day. A simple majority is needed for the measure to be approved.



Lake Mills events

With Halloween just a few weeks away, events are planned for the community of Lake Mills.

Salem Lutheran Church will hold its annual Trunk or Treat event on Sunday, October 26, from 4-5:30 p.m. in the church parking lot.

Volunteers are needed to host trunks for the event. Those interested may contact Marci Prescott at Salem Lutheran Church at salemchurchanlakemills@gmail.com

The Lake Mills Care Center Mills Harbour Assisted Living will welcome costumed visitors with a lighted courtyard walk for trick or treating.

The courtyard walk will be held on Halloween, October 31, from 5-6 p.m.

Trick or treating in Lake Mills will be held on Halloween, Friday, October 31, from 5-7 p.m.

Record-breaking performances highlight Bulldogs' home meet before a rare perfect score

By Matt Pfaltzgraff
Lake Mills Cross Country hosted their own meet last Monday, and the Bulldogs delivered outstanding performances across the board. Many athletes set personal bests, helping lead to top finishes for both teams. The girls team finished second, just 10 points shy of the leaders, while the boys team claimed first place, fending off strong competition from solid teams.

For the girls, Kara Renneker and Kaylie Sylvara led the way, finishing third and fifth with personal best times of 21:21.7 and 22:02.3. Renneker's performance now places her at the top of Lake Mills girls cross country history, breaking the school 5K record previously held by Morgan Fritz since 2015. Tori Holtan also set a personal record, crossing the finish line 14th in 24:12. Katie Machin finished 23rd at

25:50.7, while Gaby Santiago and Jaselyn Islas placed 25th and 28th, both setting new personal bests. Kylie Schulz finished closely behind in 29th with a time of 28:10.9, and Laylah Ingledue ran her personal best of 28:38.2. It was a strong showing for the girls as they continue building momentum with postseason approaching.

The boys were equally impressive, taking first place as a team with a score of 39.

Every member of the boys team set a personal record, highlighting the depth and talent on the roster. Knute Rogne finished first in 16:05.8 and broke the program record for the 5K, surpassing teammate Hayden Thompson's previous mark from last year's state meet. Lane Rygh and Royce Peterson secured big placements with seventh and eighth place finishes in 17:31.9 and 17:32.8, holding off other teams vying for

Lake Mills' top spot. Caleb Skogen and Brayden Eden finished 11th and 12th in 18:39.7 and 18:46.7. Kaden Lee was 15th in a time of 19:16.1, and Micah Skogen crossed 24th in 19:36.6. Aiden Reese and Case Casperson rounded out the team in 27th and 40th place.

Breaking records and setting new standards is the name of the game for the Lake Mills cross country teams. Both the boys and girls are hitting their stride at just the right time, with postseason only weeks away.

Lake Mills boys run to rare perfect score; Renneker leads girls to fourth-place finish

The Lake Mills cross country teams traveled to New Hampton for a Thursday meet this past week, and it was a historical one for the boys. Entering the meet as the early favorite was no

secret, but what they were able to accomplish turned out to be an extremely rare feat.

The Bulldogs were once again led by seniors Knute Rogne and Hayden Thompson, finishing first and second in their typical fashion, both clocking in at 16:07.9. The next three runners behind them? Also Lake Mills Bulldogs. Stephen Brandenburg (17:11.9), Lane Rygh (17:14.4) and Royce Peterson (17:18.0) ran together in their own pack, finishing third, fourth and fifth, more than 15 seconds ahead of any other runners. Just to show how dominant the Bulldog squad was, Brayden Eden (18:22.2) and Caleb Skogen (18:32.3) finished 10th and 11th overall.

This could be the first time in Lake Mills history that a team has scored a perfect 15 points. Unofficially, this may be the first time a perfect score has occurred in IHSAA

(Iowa High School Athletic Association) competition since October 2024, when the Gilbert boys team accomplished the same milestone.

On the girls side, the Bulldogs placed fourth overall, led by junior Kara Renneker, who crossed the line in 21:33.7 to finish 11th. Kaylie Sylvara followed in 22nd with a time of 22:36.2, while Tori Holtan took 27th in 24:03.1. Katie Machin finished 35th with 25:29.4 and Gaby Santiago was 37th at 26:02.7. Rounding out the lineup, Kylie Schulz and Laylah Ingledue placed 42nd and 43rd, running 29:41.5 and 29:51.1.

Both teams were back in action this week with meets on Monday and Thursday. Monday's race was held at Forest City, while Thursday is the Top of Iowa Conference Meet at NIACC, set to start at 4:30 p.m.

Lake Mills Bulldogs fall to Newman Catholic on senior night

By Matt Pfaltzgraff
Lake Mills hosted Newman Catholic on Friday, October 10, for senior night. While the Bulldogs came up short on the scoreboard, the team showed plenty of effort and heart, especially from the seniors playing their final home game.

Newman Catholic jumped out to an early lead, and despite Lake Mills scoring in the first and third quarters, the Knights

pulled away for a 49-12 win.

Offensively, Nash Delger led the team in total yards with 32 rushing yards and 37 receiving yards. Zach Stene carried the ball for a touchdown and 36 yards, while Josiah Kjeldahl contributed 25 rushing yards on 11 carries.

Defensively, Lake Mills was led by Josiah Kjeldahl with 16 total tackles, Landyn Christian recorded an interception, and Austin

Mannes added a sack. Isaiah Torres continued to impress in his new offensive role. Coach Kurtz praised the seniors' performance, "It is good to see the seniors play well on their last home game."

Special teams saw big plays from Nash Delger and Zach Stene on kickoff returns, including a 90-yard return for a touchdown by Stene.

Lake Mills will travel to West Fork on Friday for a 7 p.m. kickoff.



Mason Helgeson
Photos by Chet Yost Photography



Nash Delger

TO OUR ELECTRIC CUSTOMERS: Need Help with Your Heating Bill?

The Low-Income Home Energy Assistance Program (LIHEAP) is designed to assist low-income families meet the cost of home heating. Applications are accepted on a first come/first served basis at your local community action agency from Nov. 1, 2025 through April 30, 2026 Monday through Friday, or as posted at the local office.

ELIGIBILITY

A household may qualify for assistance if the household's income falls within the income range listed. This program is not designed to pay a household's total energy costs, but to provide assistance in the payment of residential heating costs for eligible households.

At the time you apply, providing you have brought all necessary documentation with you (proof of income for the last 13 weeks and a copy of your heating and electric bills), you will be told whether you are eligible and if so, for what amount you might qualify. This initial determination is subject to review and totally dependent on the availability of federal funds. In most cases, benefits will be in the form of a credit applied to your heating bill by your utility company. Households who reside in subsidized housing that are individually metered and responsible for paying their primary heating costs are eligible. Subsidized households that are master metered are usually not eligible to receive assistance benefits.

Residents of any licensed medical facility (hospital, skilled nursing facility or intermediate care facility) publicly operated community residence or emergency shelter is ineligible unless they are paying a vendor directly for their primary heating source.

PROOF OF INCOME

Attach documents that offer proof of total household gross income from all sources. Complete proof of income to process your application must be provided.

INCOME MAXIMUMS

Household Size	Annual Income
1	\$31,300
2	\$42,300
3	\$43,300
4	\$64,300
5	\$75,300
6	\$86,300

Printable applications available at www.nicao-online.org.

FIXED INCOME

This income may include: Social Security Benefits, Supplemental Security Income, Aid to Families with Dependent Children or Family Investment Program, Veterans' Assistance, Unemployment Insurance, pensions. Please bring a copy of your most recent check.

WAGE EARNERS

Attach copies of your check stubs for the three months preceding the date of application, or a copy of your federal income tax return.

SELF-EMPLOYMENT/FARMERS

A copy of your most recent federal income tax return. If you receive interest or dividend income, alimony or child support, it will also need to be verified.

TANF (FIP) AND SSI RECIPIENTS

Please bring in a copy of your Medicaid card.

FOR MORE INFORMATION CONTACT
641-585-5863

2025-2026 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM

CITY OF LAKE MILLS
DEPARTMENT OF PUBLIC WORKS

FIRE SAFETY WEEK AT NORTHWOOD-KENSETT



Amazing Fall Sales

 \$66,000 with 1.99% for 84 months or Cash Discount Price \$60,000 New Kiotti RX7340PCR 73hp Diesel, Cab AC/Heat, MFWD, Power Shuttle with Creeper Range, R14 Tires, KL7340 loader with skid steer quick attach 82" bucket BOE, Cat 2 3pt, 540 pto	 \$82,000 New Wacker Neuson WL52 74hp Deutz, Cab AC/Heat, High Flow hyds 30 GPM, 2 speed hydro 18.5 mph, Ride Control, Hyd skid steer quick attach, Manual throttle, Manual speed control	 \$64,000 New Wacker Neuson EZ50 44hp Perkins, Cab AC/Heat, Long Dipper, Hyd coupler, Hyd Angle Dozer Blade, 13,000 lbs machine, max digging depth 12ft
 \$4,199 New Gravely ZTX 42 21.5hp Kawasaki, 42" Fab Deck, Hydro Gear EZT-2200 7MPH	 \$17,850 New Grasshopper 727K 27hp EFI Kohler, 61" Power fold Deck, Parker T6 Hydro 10MPH	 \$3,299 New Cub Cadet Ultima ZT1 46 21.5HP Kawasaki, 46" Fab Deck, Hydro Gear EZT-2200, 7MPH

D&L EQUIPMENT

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