

Briefs

Post Prom hosts
Tailgate BBQ

N-K Post Prom will host a homecoming Tailgate BBQ fundraiser on Friday, September 4, from 5:30 p.m. until gone at the N-K High School football field. The meal will include pulled pork sandwiches, baked beans, macaroni salad and water for \$10. All proceeds will benefit the 2027 post prom.



KENNEDY CHRISTIANSON
NORTHWOOD-KENSETT
FOURTH GRADE TEACHER



ANNA HEMANN
NORTHWOOD-KENSETT MIDDLE SCHOOL
SPECIAL EDUCATION TEACHER



BROOKLYN HENEMAN
NORTHWOOD-KENSETT
ART TEACHER

New teachers welcome students at
Northwood-Kensett for new school year

Absentee
ballot
requests
now
available

During this November's general election, voters will choose who will represent them in a variety of federal, state and county offices. Those that would like to vote via absentee ballot can currently file requests to do so.

Absentee ballots will be ready on October 14. That is also the first day that ballots may voted in the auditor's office.

The deadline to pre-register to vote in the election is October 19 at 5 p.m. Mailed registration forms must be postmarked on or before October 19.

Those that have voted recently are most likely registered already. People who have moved or changed names should update their registration.

October 19 is also the last day to request an absentee ballot by mail.

The deadline to request and vote an absentee ballot in person at the auditor's office is Monday, November 2.

The general election will be held on Tuesday, November 3, with polls open from 7 a.m. to 8 p.m.

More information on Worth County elections, including forms and nomination petitions, can be found at the Worth County Auditor's office or online at elections.worthcountyowa.gov.

As the school year began on Wednesday, several new teachers welcomed students to their Northwood-Kensett classrooms.

At the elementary school, N-K alum Kennedy Christianson is the new fourth grade teacher. Brooklyn Heneman is N-K's new art teacher. Anna Hemann will be teaching middle school special education.

Kennedy Christianson joins Northwood-Kensett as the district's new fourth grade teacher, returning to the school after graduating in 2023.

After N-K, Christianson went on to NIACC, receiving her AA degree, before graduating from the University of Northern Iowa with a Bachelors in Elementary Education.

Before joining the N-K faculty, Christianson stu-

dent taught in the Waterloo Community School District. This is her first year teaching her own classroom.

"I've always wanted to be a teacher for as long as I can remember! I love working with kids, helping them learn new things, and being someone they can look up to.

"I chose fourth grade because I love how students at this age are becoming more independent, curious,

and confident while still being excited to learn and have fun!"

Christianson was inspired to be a teacher by her mother, Jenny Christianson, a preschool associate at N-K, and her aunt, Ann Adams, who teaches in Des Moines.

"Both my mom and aunt inspired me through the work they do and showed me the impact educators can have on their students."

Christianson said that her favorite thing about teaching is the relationships with her students, and "knowing that I can have a positive, lasting impact on their lives."

"I love getting to know each student, celebrating their successes and being someone they know they can count on."

"One of my favorite memories was going back to visit Teachers, see Page 2

N-K Athletic Hall
of Fame induction
ceremonies Sept. 4

The Northwood-Kensett Athletic Hall of Fame Committee will hold a ceremony to induct the 2026 Hall of Fame Class, to be held next Friday, September 4, during the Vikings' home opener and homecoming activities.

This year's inductees include Coach Dave Capitani, Lee Nelson (Class of 2004), Eric Parker (Class of 2005) and Hattie Davidson (Class of 2016).

A private banquet for the inductees and their families will be held in the

N-K Middle/High School cafeteria. Former KGLO sports radio personality Tim Fleming will serve as emcee for the evening and will later introduce the inductees during halftime of the football game.

Beginning at 6 p.m., the public is invited to greet the inductees during an open reception in the cafeteria, which will run until 6:45 p.m.

The Vikings' home opener and homecoming game will kick off at 7 p.m., with the official Hall of Fame induction ceremony, see Page 2

Supervisors discuss construction
projects, building repairs

At their regular meeting on August 17, the Worth County supervisors discussed plans for new construction projects for recreation and a new administrative office building, as well as building repairs.

The County continues in its plans to build a new administrative office facility on the courthouse prop-

erty.

As the courthouse continues to face maintenance issues and with increasingly limited space, the County is proceeding with a new building that would relocate offices from inside the courthouse and would also include spaces for the Worth County attorney and treasurer's offices.

The new office building

would also come as the secondary roads/engineers offices are relocated to the under-construction building in the northeast corner of Northwood.

At the August 17 meeting, County officials heard from a representative of the engineering firm that is working on the planning and design of the new Supervisors, see Page 2

WCSO issues scam, fraud warnings

The Worth County Sheriff's Office is warning of several scams that have been attempted, in some cases successfully, recently.

One involves people pretending to represent the FBI. The caller claims they

are under investigation. The fake agent will even text a photo of an FBI badge. The agent may ask for copies of licenses, Social Security Cards or bank information.

The FBI will not call or

email someone to demand money or any form of payment, threaten an arrest or request personal or sensitive information. They will also not ask anyone to communicate via an encrypted

WCSO, see Page 2

Viking Pride celebrated next week, Aug. 31 - Sept 5

Northwood-Kensett schools and the community will celebrate their Viking Pride next week, August 31 through September 5, with

Homecoming events.

Students at both the elementary and secondary buildings will celebrate by dressing in themed attire

throughout the week.

At the elementary, theme days will include Pajama Party on Monday, Wacky Tacky on Tuesday, Favorite

Color on Wednesday, Dress Your Best on Thursday and N-K Spirit on Friday.

At the Middle/High School, Monday is Night In

vs. Night Out; Tuesday is Senior Citizen Day; Wednesday is Class Color Day; Thursday is Beach Homecoming, see Page 2

Northwood-Kensett
National Honor Society
inducts 16 in 2026

Recently, just before the start of the school year, 16 students at Northwood-Kensett High School were inducted and granted membership in the National Honor Society, in a ceremony held on August 20.

A faculty council selects members for meeting high standards of scholarship, leadership, service and character.

The inductees joined the current members in the

National Honor Society Pledge:

"I pledge to maintain my high scholastic standing

"To hold as fundamental and worthy

"An untarnished character

"To endeavor intelligently and courageously

"To be a leader

"And to give of myself freely in service to others

"In so doing, I shall prove Honor Society, see Page 2



National Honor Society

Pictured are the 2026-2027 members of the National Honor Society at Northwood-Kensett, including (front row, from left) Maya Johnson, Kaylee Franck, Ariaah Bode, Ivy Urbatsch, Kenly Solberg, Kinley Stambaugh, Rylee Schoon, Kale Bode, Tucker Duvall, (back row) Atticus Ludington, Ashlyn Skellenger, Mia Fierova, Hallie Hanson, Avarie Skellenger, Bronson Ducommun, Carson Tufte, Ivy Toresdahl, Maci Smith and Olivia Wilsher.



The Week's
WEATHER

From
National Weather Service
information

Date	Hi	Lo	Prec.
Mon. August 17	80	59	
Tues. August 18	83	59	
Wed. August 19	85	60	
Thurs. August 20	79	56	
Fri. August 21	82	56	
Sat. August 22	84	61	
Sun. August 23	80	53	

Teachers
Cont. from Page 1

my old student teaching class and seeing how excited my students were to see me. It meant so much to see that the relationships we built were meaningful to them.” Christianson was happy for the chance to return to the school that she called home as a student.

“I decided to teach at N-K because it is the community where I grew up and the place I call home. I have such a strong connection to this community, and it feels incredibly special to be able to give back by teaching here.

“I love being part of a small school district where you get to know your students, families and fellow staff members and build such meaningful connections.”

Returning to N-K has reinforced her affection for the school.

“Everyone has been so welcoming, supportive and willing to help me as I begin my first year of teaching. I love how close-knit the school and community feel, and it is clear how much everyone cares about the students and their success. I already feel so lucky to be a part of the N-K community.”

As she was preparing for the school year, Christianson said, “I’m looking forward to creating a classroom where all students feel welcomed, supported and excited to learn. I’m also looking forward to bringing new ideas and activities into the classroom and watching my students grow both academically and personally. Most of all, I’m excited to make lasting memories with my first class!”

Anna Hemann joins the school as a middle school special education teacher.

Hemann is a 2009 graduate of Rudd-Rockford-Marble Rock. She attended NIACC for two years before transferring to Iowa State University, graduating in 2014 with a Bachelor of Science in Elementary Education and Instructional Strategist I Endorsement. She also has a minor in instructional technology. She earned her Masters of Teaching degree in Special Education in 2021.

Before N-K, Hemann worked at Newman Catholic, RRMR and the Central Rivers AEA. She also taught in Texas and Illinois.

When it came to her inspiration to pursue a career in education, she found that close to home.

“My mom was a teacher and her job seemed very rewarding to me. I liked the way that students looked up to her and always came back to see her long after they graduated.”

Hemann said she chose to be a special education teacher to help ensure that all of her students have

access to educational opportunities.

“I really enjoy getting to know my students and their families and working together with them to ensure that growth in learning is happening.”

As for what drew her to N-K, “I chose to work at N-K for their passion to ensure that all students succeed.”

As she prepared to welcome students to her classroom, Hemann said her fellow staff have made the new school a welcoming environment.

“The colleagues that I have met so far have been very welcoming and are invested in student success. Everyone has a positive attitude and is willing to help.”

For the new school year, Hemann said, “I am looking forward to working with middle school students this year. I have typically been in elementary settings, so I am excited for a new experience.”

Brooklyn Heneman is N-K’s new art teacher, with drawing, ceramics, painting and yearbook classes in the first semester.

Heneman is a graduate of Hartley-Melvin-Sanborn High School and the University of South Dakota.

N-K is her first teaching job.

Heneman’s job as N-K’s new art teacher follows a love of the arts that she wasn’t sure would a part of her teaching career.

“In high school, I was the kid that took as many art classes as I could. My teacher was always so accommodating to me and my sports schedules. I often went to art when there was no art class.”

After high school, as she attended college, she worked at an elementary school as a teachers assistant.

“Unfortunately, during that time, I never got to experience an art class with them, since they had no art teacher.”

As she continued her college career, she was registered as a business major, but that didn’t feel right for her.

“My dad suggested that I be an art teacher because I loved art and enjoyed my time at the elementary. So I decided that there was no harm in trying. I loved

learning in my art classes. All art students had to take every art class... My emphasis ended up being sculpture.”

“Eventually it was time for me to student teach. I had two of the best mentor teachers in my placement. They really helped me grow and set me up for success. I felt so exhausted after each day, but I have also never felt so rewarded. I knew that this was what I wanted to do and I was in it for the long haul!”

Besides her father’s influence on her education career, her high school and college art teachers were also a big inspiration.

“My high school art teacher was very encouraging of me wanting to explore and try different things. My college art professor was a big reason. He is such an influential person in my life. He was super supportive of all of my ideas and he always pushes for his students to become better, to build upon their ideas and expand. He pushed for experimentation but also meaning. He knew his students. A lot of these big picture ideas I will take into my own classroom, and hopefully provide a positive impact for my students.”

Heneman said that, based on her time as a student teacher, her favorite thing about being a teacher is seeing the students open up and feel comfortable being themselves, seeing them be creative and seeing their pride in their completed projects.

Heneman is glad to be back in a small school district.

“The school size is about the same as where I graduated from. I knew everyone’s names that was in the same building as me. I knew I wanted to be at a smaller district for that reason.”

“Community was also a big thing for me. I was hoping for an involved community, especially one that is involved in the arts, and that’s what is here!”

Heneman said that N-K has been very welcoming.

“I have already met lots of great people and have been provided many different support systems.”

As for the year ahead, Heneman said, “I’m looking forward to meeting my students and creating lots of different projects together!”

Honor Society
Cont. from Page 1

myself worthy

“Of a place in the National Honor Society”

Students inducted at the ceremony were Bronson Ducommun, Tucker Duvall, Mia Fierova, Kaylee Franck, Hallie Hanson, Maya Johnson, Atticus Ludington, Rylee Schoon, Avarie Skellenger, Maci Smith, Kenly Solberg, Kinley Stambaugh, Ivy

Toresdahl, Carson Tufte, Ivy Urbatsch and Olivia Wilsher.

Existing National Honor Society members at N-K include Aria Bode, Kale Bode and Ashlyn Skellenger.

The N-K National Honor Society advisor is Kate Hall.

The Northwood-Kensett High School Chapter has

Supervisors
Cont. from Page 1

administrative building.

The firm has consulted with county officials on the designs of the buildings and the offices and spaces it will include.

At the August 17 meeting, a few remaining design elements were discussed.

After finalizing those touches, the supervisors were presented with an updated estimate for the construction cost of the project.

The administrative building is projected to cost \$4.48 million in construction. That does not include the fees for design and engineering of the project.

A proposed schedule was also presented. That would include bidding and approval of a construction contract in September and construction to begin in October. Completion would be scheduled for March 2028.

However, county auditor Jacki Backhaus said that the schedule will have to be pushed back while the County works to secure funding for the project.

The County plans to use TIF (tax increment financing) towards the project. This is money borrowed against future property tax income, primarily on wind turbines in Worth County’s case. Before the County can begin that process, the

Homecoming
Cont. from Page 1

Day; and Friday is Spirit Day. Friday is the day for all students, staff and members of the community to show their Viking pride.

Coronation will be held on Thursday, August 3, at 7 p.m. in the high school gym.

The powder puff game will follow the coronation ceremony.

Varsity athletes will visit the elementary school Friday morning, stopping by the classrooms and taking part in an elementary pep rally.

On the morning of Homecoming Friday, N-K varsity cheerleaders and senior student athletes will visit the elementary school for classroom visits, recess time and a pep rally.

Friday afternoon, the middle and high school students will take part in class competitions and a pep assembly.

been active since November 1960.

The group’s purpose is to “create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in the students of secondary schools.”

National Honor Society is a prime organization created to recognize high

details of the project will need to be added to the county’s URP (Urban Renewal Plan), which details where the property where TIF revenue is collected from and where it will be used.

The construction schedule will be updated as the financing process is in place.

Another project discussed at the meeting would build an RV park at the Highway 105/Interstate 35 interchange. The facility would be built on one of the County-owned developed properties south of Highway 105 and the casino.

The park would include concrete drives, roads, campsites and pads for amenities. According to bid notices published in the Northwood Anchor and Manly Junction Signal, the park will include 16 campsites with water, electrical and sewer connections. There will also be a shower house and a shelter.

There were three close bids for the project. The supervisors approved the bid for \$1,083,340.64, from Wicks Construction of Decorah.

In addition to the construction approved at the August 17 meeting, the RV park will also include space for a playground, picnic tables and seating.

Worth County conserva-

tion director Jim Hanson said that the Conservation department plans to purchase the playground and tables locally.

The County has some funds in place for the project. The RV Park is also planned to be added to the documents that would make it eligible for TIF funds.

The supervisors were also updated on the condition of the Worth County Public Health building.

After WCPH staff had found leaks in the ceiling of their offices, the County had planned to hire someone to repair and replace roofing on the building.

However, supervisor Enos Loberg shared an update. After a local contractor had looked at the ceiling and roof, it was discovered that more extensive water damage has taken place, with broken rafters and damaged and rotten plywood.

With the project involving more than just roof repairs, the County will look at hiring someone to both repair the roof, as well as whatever damage has taken place to the structure underneath.

Fame
Cont. from Page 1

mony taking place at halftime. Inductees will be honored in front of the home grandstand and presented with their Hall of Fame plaques.

Following the game, friends, family, alumni and community members are invited to continue the celebration at Worth Brewing Company.

WCOS
Cont. from Page 1

application.

Another scam has a caller claiming to represent a bank, calling about a supposed fraud alert. The scammer will then demand a money transfer.

Another scam has the caller ask for online or video game gift cards. Then that turns into a claim of alleged wire fraud, and requests for money by phone or by text.

The WCOS advises that no legitimate business, bank or company will ask for payments by gift card.

They will also not express urgency, demand a wire transfer, call someone names or threaten someone with arrest.

Legitimate law enforcement will show up in person and not contact someone over the phone about an arrest.

When people receive a suspicious call they should hang up, and call someone they trust or call the sheriff’s office to help verify.

A call with urgency for money is how those attempting scams make people panicked, scared and more likely to give information or fall victim to a scam.

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Land owners asked to help track monarch migration this fall

Iowa landowners are being asked to help document the remarkable monarch migration as thousands of butterflies make their journey south to Mexico this fall. Researchers with the Iowa Monarch Conservation Consortium (IMCC) ask for assistance to identify areas where monarchs rest in clusters, like trees and sheltered areas, when they funnel through Iowa during their trip.

“We are seeking reports from landowners if they have monarchs roosting on their property or from community members if they observe roosting monarchs on public lands,” said Katherine Kral-O’Brien, with the IMCC. “Identifying these roosting locations provides critical data on migration pathways and helps scientists and conservationists protect and restore key habitats.”

How to identify a monarch roost

Dozens to hundreds of monarchs clustered on tree branches

Most often found in sheltered areas, near the edge of woodlands, windbreaks or river corridors

Roosting typically occurs in the evening and early morning

“If you observe a monarch roost, please contact the IMCC at monarchs@iastate.edu and provide a general location of the roost (e.g., the address or name of the public area),” Kral-O’Brien said. The type of tree, number of monarchs, dates and photos are also helpful.

All reported data will remain anonymous. Roost sites can also be reported to Journey North to assist



Blue Morpho butterfly with a Bluetooth tag (between its wings), as will be used for a monarch migration research project in September. To participate in tracking tagged individuals, download the Project Monarch app in Google Play or the Apple Store. Photo by MyKayla Hagaman, taken at Reiman Gardens.

monarch researchers and conservationists around the country.

Why it matters

Monarch populations have declined significantly in recent decades due to multiple factors including habitat loss and extreme weather. Iowa plays a crucial role in their migration corridor. By documenting roosting sites, landowners are directly contributing to the science that guides conservation strategies at home and across the continent.

Additional ways to get involved

Even if you don’t encounter a roost, you can still help track the monarch migration through Bluetooth technology. New Bluetooth Morpho tags allow research-

ers to pinpoint a tagged monarch’s location through Bluetooth. The lightweight tags run on solar energy, allowing scientists to track the butterfly’s movement throughout its lifetime. By downloading the Project Monarch app in the Google Play or Apple Store, turning on your Bluetooth and searching for tagged monarchs in your area, you can help track tagged individuals during the fall migration.

This will especially be important in September when the IMCC will be releasing Bluetooth-tagged monarchs as part of a migration research project. To learn more about this research, sign up for the IMCC Newsletter or follow @iowamonarchs on Facebook, X, Instagram and YouTube.



Monarchs roosting on conifer branch. Photo courtesy of Iowa Monarch Conservation Consortium.



A welcoming reception

As the new school year began for N-K staff, the Northwood Chamber of Commerce held its annual breakfast for school staff. A meal was served by employees of Farmers State Bank. While they enjoyed the meal, their names were drawn for prizes donated by member businesses.

NRCS in Iowa accepting applications for conservation programs

The U.S. Department of Agriculture (USDA) continues to put Farmers First through a historic investment in conservation on agricultural lands through USDA’s Natural Resources Conservation Service (NRCS) as a result of the conservation funding provided by the Working Families Tax Cuts Act.

“The need for more conservation practices to protect Iowa’s soil and water resources remains high,” said NRCS Acting State Conservationist Jaia Fischer in Iowa. “We encourage Iowa farmers to visit their local NRCS office to discuss ways to achieve their long-term conservation goals to help keep their operations productive, profitable and sustainable for future generations.”

While NRCS accepts applications year-round, interested agricultural producers in Iowa should apply by Sept. 25 to be considered for fiscal year 2027 funding. Programs include:

Agricultural Conservation Easement Program (ACEP): The Agricultural Land Easement component of ACEP enables producers to protect

their agricultural land from development by enrolling it in a permanent Agricultural Land Easement. The Wetland Reserve Easement component of ACEP helps landowners protect, restore and enhance wetlands which have been previously degraded due to agricultural uses.

Conservation Stewardship Program (CSP): CSP helps producers build on existing conservation efforts while strengthening their operation.

Environmental Quality Incentives Program (EQIP): EQIP provides producers with the technical and financial resources they need to address resources concerns on their land including improved water and air quality, increased soil health, reduced soil erosion, improved natural vitality and more.

Regional Conservation Partnership Program (RCPP Classic): Projects are implemented using NRCS contracts and easements with producers, landowners and communities, in collaboration with project partners.

NRCS is also providing additional financial assistance nationwide through the Re-

generative Pilot Program (RPP), which enables producers to implement whole-farm regenerative practices through a single application for EQIP and CSP. RPP is part of USDA’s commitment to putting Farmers First and advancing the Make America Healthy Again (MAHA) agenda by building a healthier, more resilient food system.

For more than 90 years, NRCS has helped farmers, ranchers and forestland owners make investments in their operations and local communities to improve the quality of our air, water, soil, and wildlife habitat. NRCS uses the latest science and technology to help keep working lands working, boost agricultural economies, and increase the competitiveness of American agriculture. NRCS provides one-on-one technical advice and financial assistance and works with producers to help them reach their goals through voluntary, incentive-based conservation programs. For more information, visit [nrcs.usda.gov](https://www.nrcs.usda.gov).

It Pays to Shop Locally!!!

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Good reasons why it pays to shop locally.

Think about all the school fundraising and benefit events during the year. Local businesses throughout our area contribute many thousands of dollars in money, services and merchandise to help make them successful.

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Freeborn Livestock Judging



Owen Binnebose



Natalie Shoars



Layla Scarlett



Addy Peterson

Worth County 4-H judges at Freeborn fair

Worth County 4-H'ers recently traveled to the Freeborn County Fair to take part in the Livestock Judging Contest. They judged several classes of four different species. That included answering questions and giving reasons based on their detailed notes. Four youth brought home successes from the event. That included Natalie Shoars, who brought home 2nd high individual Junior swine and High Individual Junior Reasons; Owen Binnebose- third high individual senior swine; Layla Scarlett- 5th high individual senior swine and 3rd high individual senior reasons and Addy Peterson-high individual Senior Reasons.

We all scream for ice cream

Bethlehem Lutheran Church members of all ages come together to churn up some delicious homemade ice cream. Volunteers make the ice cream, pack it and freeze it. The ice cream is made using a turn maker that makes four gallons at a time. Small electric makers and a large electric maker. Volunteers make over 30 gallons.

This creamy goodness will be served up on Sunday, August 30, in Manly from 12 – 2 p.m. This is a different time than in past years.

A maid-rite or hot dog meal complete with potato salad and baked beans will be served along with pie, brownies and, of course, homemade ice cream.

This is a free-will offering and take-outs are available.



Northwood Anchor

Church

Fertile Lutheran Church

Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly

Wednesday, Pastor on Vacation, Assemble Newsletter, 9 a.m., BLC WELCA Board, 6 p.m.; Thursday, Pastor on Vacation; Sunday, Joint Parish Outside Worship at Bethlehem, 10:30 a.m., Ice Cream Social at Bethlehem, 12-2 p.m.

Bethany Lutheran Church/Elk Creek Lutheran

Thursday, Manna, 4:30 - 6:30 p.m.; Sunday, Joint Parish Worship Bethlehem with Ice Cream Social, 10:30 a.m.; Monday, Manna, 10 a.m. - Noon

Trinity United Methodist, Bolan

Sunday, Worship Services, 9:15 a.m., Coffee Fellowship, 10 a.m.

Pastor Cory Allard

Bethel United Methodist Church

Wednesday, Diner, 8:30 a.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:15 a.m., Bethel Worship, 10:30 a.m.

Northwood United Methodist Church

Sunday, Worship Service, 10:45 a.m., Fellowship, 11:45 a.m.

Rev. Rob Lanphere

One In Christ Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Ser-

vices, 10:30 a.m., Silver Lake,

705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 9 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills.

First Lutheran Church, Northwood

Wednesday, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Cub Scouts, 6:30 p.m.; Sunday, Worship Services FLC, 9 a.m., DCV, 10:30 a.m., JH Youth, 6:30 p.m.; Tuesday, AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood

Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study following service.

Sacred Heart Church, Manly

Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Fr. Dave O'Connor, Pastor

Fr. Ben Valentine, Associate Pastor

www.sacredheartmanly.org

Faith Lutheran Church, London

Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

First Shell Rock Lutheran Church, Northwood

Sunday, Worship Service, 10:45 a.m.

Pastor Theodore Gullixson

Sion Lutheran Church, Lake Mills

Sunday, Worship Service, 9 a.m. Sunday School and fellowship following

Pastor Mark Decker



Turek tour visits Worth County

On August 13, Josh Turek visited Worth Brewing Company in Northwood on his campaign tour. Turek shared his story of growing up in Iowa, playing wheelchair basketball and how he was motivated to begin his political career, based on issues facing Iowans with disabilities. He served in the Iowa House before deciding to run for U.S. Senate in this November's general election. After discussing his background and why he is seeking the Senate seat, Turek spoke with those that were gathered at the campaign stop.



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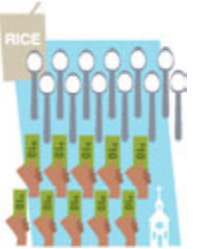
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Rallying Help

There is an old Chinese proverb which says, in effect, that one person cannot easily feed twelve hungry people, but twelve people can easily feed one hungry person. By each of the twelve giving one spoonful of rice to the hungry person, he or she will be well-fed. Sometimes a person needs help and a single person can come to their aid, but sometimes we need to "raise a barn" and thus require the help of a larger group. Rallying the help of a larger group can be difficult because it may require us to ask many individuals for help, but on the other hand, it doesn't require us to ask a whole lot of any single person. Ten people may be ready and willing to each give \$10.00 apiece in order to help someone pay their electric bill whereas one person may be hard-pressed to come up with the \$100.00 needed. Most cultures have sayings to express these communal efforts, such as the African proverb "It takes a village to raise a child." Remember, no man is an island, and though we might be reluctant to ask for help, we all need it from time to time.



"In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'"
— R.S.V. Acts 20:35

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

TERRY AND JOANNE STEINMETZ NORTHWOOD ANCHOR 324-1051 Northwood, IA	DEWEY KRUGER MUSIC 324-1300 Northwood, IA
--	---

Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.

Bulwer-Lytton,
Edward Robert

by Sandy Olson



To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Does anyone remember Mrs. Filbert's margarine? There really was a Mrs. Martha Filbert who ran a large company after becoming a widow in 1917. She was the driving force behind many of their products: shortening, all-vegetable margarine, a whipped margarine, corn-oil margarine and a diet imitation margarine...whew! The products are hard to find nowadays but some warehouse stores or online vendors still carry them. Although Mrs. Filbert died many decades ago, a cookbook titled Mrs. Filbert's His & Hers Cookbook (1977, Dorison House Publishers, Inc, NYC) gives us the opportunity to see what this accomplished woman may have cooked. Authors Dorothy Crandall and Jeanne Ambuter have compiled a collection for us to enjoy. I've adapted these recipes when necessary for 2026.

Stuffed Pork Chops

4 thick (1 1/2") boneless pork chops
1 can (8 oz) whole kernel corn
1 tablespoon margarine
1 package brown gravy mix
1/2 cup chopped onion
1/2 cup chopped celery
1 package (7oz) cornbread stuffing mix
Preheat the oven to 350 degrees. Drain the corn but reserve the juice. In a large heavy skillet, melt the margarine. Brown one side of the chops over moderate heat. Turn them over and add the chopped onions and celery to the skillet. Sauté until the vegetables are soft. Take the reserved corn juice and add enough water to make 1 cup of liquid. Place this in a bowl with 1/2 of the package of stuffing mix and 2 tablespoons of poultry seasoning. NOTE: if the stuffing mix comes already seasoned, skip the additional poultry seasoning. Mix to moisten the stuffing mix. Add the celery, onions and corn and combine well. Cut a pocket into each chop, about 3/4 of the way through and stuff each pocket with the stuffing mixture. Arrange in a greased baking dish and place any left-over stuffing around the chops. Prepare the gravy mix according to package directions and pour over the chops and stuffing. Cover the dish with foil and bake for 1 1/2 hours, until the chops are tender. Makes 4 servings. SANDY'S NOTE: If you would like a lot of gravy for mashed potatoes to accompany the chops, add the dry gravy mix to a can of golden mushroom soup and 1/2 can of milk. Pour this over the chops and bake as directed.

Party Ham Ring (or Ham Loaf)

2 large eggs, lightly beaten

1/3 cup packed brown sugar
3 cups soft bread crumbs
1 teaspoon dry mustard
5 cups cooked ground ham
1/4 teaspoon ground cloves
1 can (6 oz.) frozen orange juice, thawed
Few drops hot pepper sauce
Preheat the oven to 350 degrees F. In a large mixing bowl, combine all the ingredients. Mix well but gently with clean hands or gloves. Grease a 10-cup mold and spoon the mixture into it, gently patting it down. If making a ham loaf instead, pat the mixture into a sprayed 9x12-inch baking pan, smoothing it evenly. Bake for 1 hour; both styles should be brown and crusty. Internal temperature of either should be at least 165 degrees F. Unmold the ring mold onto a serving platter OR cut the loaf into squares to serve. Serves 8 with mashed potatoes and a vegetable side dish.

Peanut Butter Bars

1 cup crunchy peanut butter
1/2 teaspoon salt
1 stick of margarine
1/4 cup confectioners' sugar
1 teaspoon real vanilla extract
2 teaspoons water
2 cups brown sugar
1/4 cup chocolate chips
3 large eggs
1 cup all-purpose flour
1 teaspoon vegetable shortening
Preheat the oven to 350 degrees F. Put the peanut butter, margarine and vanilla into a large mixer bowl and beat at high speed until well-blended. Beat in the brown sugar until fluffy. Beat in the eggs one at a time. Stir in the flour and salt. Spread this batter in a greased 9x13-inch baking pan. Bake for 35 minutes. The center should spring back when lightly touched with a fingertip. Remove from the oven to a wire rack and cool slightly. Combine the confectioners' sugar with the water in a small bowl, stirring until smooth. Drizzle over the bars while still in the pan. Melt the chocolate chips with the shortening in a small bowl over simmering water. SANDY'S NOTE: You can use the microwave on medium power, 10 seconds at a time, watching carefully. Drizzle the melted chocolate with a spoon over the white glaze, making a black and white pattern. When cool, cut the bars into 36 rectangles and lift carefully from the pan with a spatula.

Stick margarine and solid vegetable shortening have fallen from favor in most kitchens these days. In the 70s there was much less worry about hydrogenated fats. Today it seems we worry about most foods, even raw veggies. I saw a joke recently that said chocolate is now good for you and lettuce can make you sick! So, eat dessert with no guilt. Sounds like a plan to me. And...that's all she wrote.

Northwood Anchor

Society



Curb Appeal

The Green Thumb is once again recognizing the home landscaping and beautification efforts in Northwood. This week's home with Curb Appeal belongs to Marge Grundel. "The glorious hydrangeas blossoms changing from cream to pink to mauve help Marge Grundel's yard stand out in August. The pots of ferns and annuals by the garage and front door add color all summer long."

Are You Ready? September is National Preparedness Month

September is National Preparedness Month, and the Iowa Department of Homeland Security and Emergency Management (HSEM) is encouraging all Iowans to take simple, practical steps now to ensure they are ready for emergencies of all kinds.

From severe spring tornadoes and summer flash floods to unexpected derechos and harsh winter blizzards, Iowa weather is famously unpredictable. Being prepared ensures that when disaster strikes, communities across Iowa can respond effectively and recover quickly.

"Iowans are no strangers to disasters. Each of us plays a vital role in keeping our communities safe and resilient," said John Benson, Director of the Iowa Department of Homeland Security and Emergency Management. "By understanding the types of emergencies we might face and taking a few key steps, we can protect ourselves, our loved ones, and our neighbors."

Getting prepared doesn't have to be overwhelming. Throughout September 2026, HSEM will focus on four key weekly themes designed to help your household feel more secure and confident in the face of a disaster.



HSEM will share weekly updates, localized tips, and resources on social media focusing on:

Week 1: Be Aware. Learn about the emergencies most common in your specific region of Iowa. Understand the unique risks where you live, whether that means knowing your flood zone status near our major rivers or understanding the difference between a tornado watch and a warning.

Week 2: Make an Emergency Plan. Planning ahead makes all the difference when seconds count. Figure out how you will communicate with your family during widespread cell service outages, designate a safe shelter area in your home for severe storms, and establish where you will go if a local evacuation is ordered.

Week 3: Build an Emergency Kit. Assemble an emergency kit with 3 to 7 days of essentials. Severe Iowa weather can cause prolonged power outages; ensure you have non-perishable food, water, flashlights, extra batteries, cold-weather blankets, and first-aid supplies to help your household stay safe and comfortable when everyday services are disrupted.

Week 4: Get Involved. Want to do more for your community? Consider taking a class in CPR or basic first aid. Look into joining your local Community Emergency Response Team (CERT) or find other volunteer opportunities in your county to help your neighbors when disaster strikes.

Take Action Today: Don't wait for the sirens to sound. Visit ready.iowa.gov to learn specific, actionable steps you and your household can take today to prepare for Iowa's next emergency.

Stay Informed: Sign up for local alerts and emergency notifications directly to your phone or email through Alert Iowa. To check if your county participates and to register, visit alert.iowa.gov.



Celebrating Senior Citizens Day

Reconnect 720, Northwood's senior center, celebrated Senior Citizens Day last Friday. They served a lunch of hot dogs, chips, bars and water to visitors, including seniors and area businesses.

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The Northwood Anchor will be closed on Monday, Sept. 7 in honor of the Labor Day holiday!

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Northwood-Kensett High School Football Field

Meal includes: Pulled Pork Sandwich, Baked Beans, Macaroni Salad & Water **\$10**

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Northwood Anchor **Opinion**

Savvy Senior

Simple ways to soothe bunion pain

By Jim Miller

Dear Savvy Senior,

I'm a 62-year-old woman and have had a bunion on my big toe for years, but lately it's become more painful and is making it hard to find comfortable shoes. I'd like to avoid surgery if possible. What can I do to ease the discomfort and keep it from getting worse?

--Sore Toe Susan

Dear Susan,

You're not alone. Bunions are very common, especially among women, and they often become more painful with age as the joint shifts out of alignment and inflammation sets in. What may have started as a minor nuisance can turn into ongoing discomfort, making it difficult to find shoes that fit comfortably.

A bunion, known medically as hallux valgus, is a bony bump that forms at the base of the big toe when the joint moves out of place, causing the toe to angle inward. Over time, this pushes the joint outward, creating the noticeable bump.

Why it happens

While tight or narrow shoes can make bunions worse, they're usually not the root cause. Genetics plays a major role, which is why bunions often run in families. Other factors like flat feet, arthritis, and past foot injuries can also contribute. Women tend to be more prone to them, partly due to years of wearing high heels or shoes with narrow toe boxes.

The good news is that most bunions can be managed without surgery, especially if your goal is to ease symptoms and slow their progression.

Simple relief

The first place to start is with your shoes. Switching to footwear with a wide toe box, soft materials, and good arch support can make a big difference, while high heels and tight shoes that crowd your toes should be avoided. It can also help to shop later in the day, when your feet are slightly swollen, for a more realistic fit.

Beyond footwear, a few simple steps can help ease the pressure. Padding the area with over-the-counter bunion cushions can reduce friction, and if the joint becomes sore or swollen, icing it for 10 to 15 minutes a few times a day may bring relief. Anti-inflammatory medications like ibuprofen can also help, if your doctor says they are appropriate for you.

To further reduce strain, orthotic inserts, either store-bought or custom, can improve how your foot distributes weight. Toe spacers can also help by keeping the toes in a more natural position, while a night splint, such as Dr. Scholl's Bunion Relief & Toe Corrector (about \$20), can gently guide the big toe into better alignment while you sleep.

It may also help to rotate your shoes rather than wearing the same pair every day, reducing repeated pressure. In addition, gentle exercises, such as stretching your toes, picking up small objects, or rolling your foot over a tennis ball, can help maintain flexibility.

It is important to keep expectations realistic. These steps will not eliminate a bunion, but they can make it more manageable.

When to get help If your bunion pain interferes with daily activities, or if you are developing corns, calluses or ongoing inflammation, it is wise to see a podiatrist or orthopedic specialist. They can evaluate the severity and recommend additional treatments.

Also seek care if you notice redness, warmth or significant swelling, which could signal irritation or infection around the joint.

Surgery is typically advised only when conservative measures no longer provide relief. Today's procedures are more advanced than in the past and are often done on an outpatient basis, though recovery can up to six months and bunions can sometimes recur.

In the meantime, taking steps to protect your feet can go a long way. With the right care, many people are able to manage bunions effectively and stay comfortable, active and on their feet.

Northwood Anchor **Legal**

Supervisors

**August 17, 2026
Thirty-fourth Day**

The Worth County Board of Supervisors met pursuant to adjournment with Enos Loberg, Mark Smeby and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Loberg, followed by the Pledge of Allegiance.

Motion Smeby/Second Stone to approve today's agenda and August 10, 2026 minutes. Motion carried.

Motion Stone/Second Smeby to approve Notice of Award for the Worth County Conservation – Monarch RV Park Implementation in the amount of \$1,083,340.64 to Wicks Construction of Decorah, Iowa. Motion carried.

Motion Smeby/Second Stone to approve drainage claims in the amount of \$25,311.80 per the following schedule. Motion carried.

Popp Farm Drainage, DD 50, Repairs.....	60.94
Popp Farm Drainage, DD 22, Main Open Ditch Repairs..	363.61
Bolton & Menk Inc, DD 6 Lat 7 & 7A, Prof Services	6,564.00
Bolton & Menk Inc, DD 7 Main, Prof Services	2,092.50
Popp Farm Drainage, DD 11 Main G Lat 67 & 67A, Repairs.....	2,603.00
Edgar Drainage & Excavating, DD 10 Lat 6, 6A & 6B Tiles, Repairs	1,932.50
Bolton & Menk Inc, DD 11 Main G Open Ditch, Prof Services	2,357.75
Bolton & Menk Inc, DD 18 Main, Prof Services	2,367.50
Bolton & Menk Inc, DD 21 West Main, Prof Services	2,414.00
Popp Farm Drainage, DD 22 Main Open Ditch, Repairs.	349.37
TBB Spraying, DD 22 Main Open Ditch, Prof Services..	678.38
Popp Farm Drainage, DD 22 Main Tile, Lat 12 & 13, Repairs	348.25
Bolton & Menk Inc, DD 46 Main Open Ditch, Prof Services...	2,325.00
Popp Farm Drainage, DD 49 North Main Tile et al, Repairs	855.00
Grand Total.....	25,311.80

Motion Smeby/Second Stone to approve the clerk of court's monthly report. Motion carried.

Motion Stone/Second Smeby to adjourn at 9:23 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Notice

Public Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY

IN THE MATTER OF THE ESTATE OF EUGENE B. FERDEN, Deceased

Probate No. ESPR009522

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF CO-EXECUTORS, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Eugene B. Ferden, Deceased, who died on or about April 30, 2026.

You are hereby notified that on the 18th day of August, 2026, the Last Will and Testament of Eugene B. Ferden, deceased, bearing date of the 22nd day of March, 2012, was admitted to probate in the above-named court and that Ann Yezek and Alan B. Ferden were appointed Co-Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 19th day of August, 2026

Ann Yezek
234 West North Street
Manly, Iowa 50456
Co-Executor of Estate
Alan B. Ferden
131 Easton Avenue
Waterloo, Iowa 50702
Co-Executor of Estate

Katlyn B. Andresen
ICIS Pin No. AT0015703
Laird Law Firm
403 Main Avenue
P.O. Box 187
Clear Lake, IA 50428-0187
Attorneys for Co-Executors

Date of second publication the 2nd day of September, 2026.

34-2t

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Echoes from the Loafers' Club Meeting

How do you spell Armageddon? I don't know.

Oh, well, never mind. It's not the end of the world.

Driving by Bruce's drive

I have a wonderful neighbor named Bruce. Whenever I pass his drive, thoughts occur to me. I went to Bruce's birthday party. He got a lot of chocolate, but he'll never get as much as he deserves.

I had breakfast for dinner. A treat, whether it's deserved or not. I was leading a tour far from home. It might have been in another galaxy, I'm not sure. I stayed in the dead guy's cabin. That's what they called it—the dead guy's cabin. I didn't know it was called that until I'd spent a night in it. It was a pleasant cabin, but it had a dangerously low ceiling, especially over the bed. I'm vertically enhanced. I figured the dead guy had been tall, too, and the cruel ceiling had cracked his skull.

I was in a hotel in Missouri. It wasn't a five-star hotel; it was a hotel that fit into my wallet. It had a motley collection of mismatched furniture. Every piece was a genuine Motley. I heard coughing emanating from the rooms on both sides of mine and from the parking lot. I checked the news to see if there was a whooping cough outbreak in the area. The only outbreak was one of thin walls in a cheap hotel.

I've learned

Americans legally bet \$166.94 billion on sports in 2025. When tribal sportsbooks, illegal offshore bookies, and political and event prediction markets are included, analysts estimate the total amount wagered annually is close to \$300 billion.

Bad jokes department

If you hold the sole of your foot to your ear, you can hear your hip dislocating.

I thought I'd blacked out. It turned out I'd put my hoodie on backwards.

I asked my wife what she liked best about me, "Is it my trim, athletic body? Or is it my astounding intellect?" She replied, "No, it's your sense of humor, dear."

Nature notes

I heard from Mark Domeier of Ellendale, who said that his father had told him that 90 days after a fog lifts, we will get precipitation, because what goes up must come down. Mark and his wife Michelle tested this and found it largely correct.

It was hot enough to melt rocks. The corn was sweating profusely. Thunder rumbled in the distance. It wasn't roaring. I learned that when thunder roars, go indoors.

A cardinal sang with gusto, a definite showboat. I'm lucky to be thrilled by the sight of a cardinal. Minnesota's first record of a cardinal was in Minneapolis in the fall of 1875. The first confirmed nesting was in Steele County in 1925 when a cardinal's nest with eggs was discovered. The first record of a cardinal in Iowa was one that was captured in Iowa City in 1882.

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY

IN THE MATTER OF the Estate of Roger D. Clagett, DECEASED

CASE NO. ESPR009521

NOTICE OF PROOF OF WILL WITHOUT ADMINISTRATION

To All Persons Interested in the Estate of Roger D. Clagett, Deceased, who died on or about on July 27, 2026:

You are hereby notified that on August 13, 2026, the last will and testament of Roger D. Clagett, deceased, bearing date of June 12, 2018, was admitted to probate in the above-named court and there will be no present administration of the estate. Any action to set aside the will must be brought in the district court of the county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Dated on August 13, 2026.

Steven R. Clagett,
Proponent

Attorney for estate:
John P. Lander, ICIS#: AT0004583
214 North Adams
P.O. Box 679
Mason City, IA 50402-0679
jplander@iabar.org

Date of second publication: August 26, 2026 33-2t

Notice

Public Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY

IN THE MATTER OF THE ESTATE OF EUGENE B. FERDEN, Deceased

Probate No. ESPR009522

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF CO-EXECUTORS, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Eugene B. Ferden, Deceased, who died on or about April 30, 2026.

You are hereby notified that on the 18th day of August, 2026, the Last Will and Testament of Eugene B. Ferden, deceased, bearing date of the 22nd day of March, 2012, was admitted to probate in the above-named court and that Ann Yezek and Alan B. Ferden were appointed Co-Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated this 19th day of August, 2026

Ann Yezek
234 West North Street
Manly, Iowa 50456
Co-Executor of Estate
Alan B. Ferden
131 Easton Avenue
Waterloo, Iowa 50702
Co-Executor of Estate

Katlyn B. Andresen
ICIS Pin No. AT0015703
Laird Law Firm
403 Main Avenue
P.O. Box 187
Clear Lake, IA 50428-0187
Attorneys for Co-Executors

Date of second publication the 2nd day of September, 2026.

34-2t

Ponderings from the Batt Cave

By Al Batt writer, speaker, storyteller and humorist.

analysts estimate the total amount wagered annually is close to \$300 billion.

According to Forbes magazine, the worst-selling mass-produced cars of all time in one production year are Ford Edsel 2,848 cars sold in 1960, Lincoln Blackwood 3,300 in 2002, Yugo GV 4,000 in 1991, Pontiac Aztek 5020 in 2005, and Cadillac Catera 9,764 sold in 2001.

Bad jokes department

If you hold the sole of your foot to your ear, you can hear your hip dislocating.

I thought I'd blacked out. It turned out I'd put my hoodie on backwards.

I asked my wife what she liked best about me, "Is it my trim, athletic body? Or is it my astounding intellect?" She replied, "No, it's your sense of humor, dear."

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A cardinal sang with gusto, a definite showboat. I'm lucky to be thrilled by the sight of a cardinal. Minnesota's first record of a cardinal was in Minneapolis in the fall of 1875. The first confirmed nesting was in Steele County in 1925 when a cardinal's nest with eggs was discovered. The first record of a cardinal in Iowa was one that was captured in Iowa City in 1882.

Cricket and katydid rub their forewings together to make sounds, while grasshoppers rub their wings against their hind legs to create the sounds. This process is called stridulation. Some grasshoppers also use crepitation, snapping their wings together in flight to make crackling sounds.

If it looks like a tall dandelion with leaves resembling those of a thistle, but the spines lack sharpness; it's a sowthistle, a perennial, that blooms July-October and grows up to 4 feet high. Prickly lettuce is an annual or biennial herb that blooms from July to September and can grow up to 6.5 feet tall. Prickly lettuce leaves have prickly edges that can be sharp, and a prickly midrib on the underside, while sowthistle leaves lack the prickly midrib. Both plants exude a milky sap when cut or wounded.

White oaks produce leaves that have rounded lobes, whereas red oaks exhibit pointed lobes with a tiny bristle on their tips. The cap of the red oak acorn is scaly, while the white oak acorn has a knobby cap. The acorns of white oaks have a broader, shorter appearance and mature in a single year. Their caps are deeper, covering half the nut, and they're more appealing as a preferred food source for many wildlife species. The acorns of red oaks are more elongated or ovoid and mature in two years. Their caps are shallow, covering the top quarter or third of the nut.

Meeting adjourned

"Kind words, kind looks, kind acts, and warm handshakes—these are means of grace when men in trouble are fighting their unseen battles."—John Hall.

©Al Batt 2026

Northwood Anchor **Legal**

Supervisors

**August 17, 2026
Thirty-fourth Day**

The Worth County Board of Supervisors met pursuant to adjournment with Enos Loberg, Mark Smeby and A.J. Stone, present. All members voting "AYE" unless noted.

Meeting called to order by Loberg, followed by the Pledge of Allegiance.

Motion Smeby/Second Stone to approve today's agenda and August 10, 2026 minutes. Motion carried.

Motion Stone/Second Smeby to approve Notice of Award for the Worth County Conservation – Monarch RV Park Implementation in the amount of \$1,083,340.64 to Wicks Construction of Decorah, Iowa. Motion carried.

Motion Smeby/Second Stone to approve drainage claims in the amount of \$25,311.80 per the following schedule. Motion carried.

Popp Farm Drainage, DD 50, Repairs.....	60.94
Popp Farm Drainage, DD 22, Main Open Ditch Repairs..	363.61
Bolton & Menk Inc, DD 6 Lat 7 & 7A, Prof Services	6,564.00
Bolton & Menk Inc, DD 7 Main, Prof Services	2,092.50
Popp Farm Drainage, DD 11 Main G Lat 67 & 67A, Repairs.....	2,603.00
Edgar Drainage & Excavating, DD 10 Lat 6, 6A & 6B Tiles, Repairs	1,932.50
Bolton & Menk Inc, DD 11 Main G Open Ditch, Prof Services	2,357.75
Bolton & Menk Inc, DD 18 Main, Prof Services	2,367.50
Bolton & Menk Inc, DD 21 West Main, Prof Services	2,414.00
Popp Farm Drainage, DD 22 Main Open Ditch, Repairs.	349.37
TBB Spraying, DD 22 Main Open Ditch, Prof Services..	678.38
Popp Farm Drainage, DD 22 Main Tile, Lat 12 & 13, Repairs	348.25
Bolton & Menk Inc, DD 46 Main Open Ditch, Prof Services...	2,325.00
Popp Farm Drainage, DD 49 North Main Tile et al, Repairs	855.00
Grand Total.....	25,311.80

Motion Smeby/Second Stone to approve the clerk of court's monthly report. Motion carried.

Motion Stone/Second Smeby to adjourn at 9:23 A.M. Motion carried.

Jacki A. Backhaus, Auditor
Enos Loberg, Chairperson

Notice

TRUST NOTICE

IN THE MATTER OF THE Roger D. Clagett TRUST

To all persons regarding Roger D. Clagett, deceased, who died on or about July 27, 2026. You are hereby notified that Steven R. Clagett is the Trustee of the Roger D. Clagett Revocable Trust U/A dated June 12, 2018. Any action to contest the validity of the trust must be brought in the District Court of Worth County, Iowa, within the later to occur of four (4) months from the date of second publication of this notice or thirty (30) days from the date of mailing this notice to all heirs of the decedent settlor and the spouse of the decedent settlor whose identities are reasonably ascertainable. Any suit not filed within this period shall be forever barred.

Notice is further given that any person or entity possessing a claim against the trust must mail proof of the claim to the trustees at the addresses listed below via certified mail, return receipt requested, by the later to occur of four (4) months from the second publication of this notice or thirty (30) days from the date of mailing this notice if required or the claim shall be forever barred unless paid or otherwise satisfied.

Dated on August 13, 2026.

Steven R. Clagett, iduciary
1948 410th Street, Kensett,
Iowa 50448-7585

John P. Lander
#AT0004583,
Attorney for Trustees
Brown, Kinsey,
Funkhouser & Lander,
P.L.C.
214 North Adams,
P.O. Box 679
Mason City, Iowa
50402-0679

Date of second publication: August 26, 2026 33-2t

Northwood Anchor

Early Files

Northwood Anchor

Obituaries

100 years ago

August 19, 1926

Miss Jennette Sabin arrived from Evanston, Ill., where she has been attending the summer school sessions of Northwestern University. She will be here with her parents, Mayor and Mrs. E.M. Sabin, for five weeks until the opening of the fall semester and will have completed the regular four-year course in three and a half years.

Mr. and Mrs. J.F. Wormer and daughters Grace and Winifred of Center Point came for several days' visit with relatives in the Ed Swensrud and Will Buchanan homes. They left for Clear

Lake Monday, where they have taken a cottage for two weeks outing.

Mrs. Bert Hamilton of Denver, Colo., arrived for a short visit with numerous old Northwood friends, making headquarters with the E.D. Eckert family. For many years Mr. and Mrs. Hamilton were residents of Northwood, when they published the Anchor, moving from here about 20 years ago to Sheldon and later going to Denver. Mr. Hamilton operated a job printing office in Denver.

Merle Nelson, 5-year-old son of Mr. and Mrs. Reuben Nelson, who recently moved to Northwood from Glenville, had a miraculous escape from what seemed like a certain serious injury as he was run down by a car at the Shell Rock church

Sunday afternoon. The lad suddenly decided to cross the road to the car where his parents were waiting and darted into the path of an automobile.

Mrs. George H. Whitcomb, 88, who during the many years of residence in Northwood had been a leader in practically every activity that was for the betterment of the town and community, passed away at her home surrounded by her family. Funeral services were held at the Whitcomb home on Central Ave. and at the Methodist church. Lucene Stebbins Whitcomb was born at Westfield, Vt. In 1838. She survived by her husband, a daughter, Mrs. Grace L. Hayes, Denver, and three sons, Dr. Morton S., Leslie and George.

75 years ago

August 23, 1951

Serving aboard the newly recommissioned destroyer USS Trathem is Neil Blakestad, fireman apprentice, USN, son of Mr. and Mrs. S. G. Blakestad, Northwood. He entered the service in March 1951. The Trathem, a 2,250-ton ship, was reactivated from the Pacific reserve fleet at San Diego, Calif. After an activation overhaul, she will become part of the Atlantic fleet destroyer force.

Editorial: Here's a recipe for a modern incident: take one ignorant, spineless

natural born fool. Fill with one quart of liquor. Place in high powered motor car. Set a full speed. Let stay for short time. Remove from ruins, place in rectangular box and garnish with flowers.

Eileen and Paul Christianson are leaving this Thursday for Interlochen, Mich., to attend the LSA Ashram, Aug. 25-20. Sponsored by the National Lutheran Students Association, about 1,000 Lutheran students from the United States are expected. Eileen has attended the Ashram twice before and this year is in charge of the evening campfire programs.

Mrs. C.H. White of Los Angeles, Calif., daughter of Mr. and Mrs. H.G. Neilandt

of Northwood, graduated July 27 from UCLA with a BS in nursing education. Her minor was in psychology. Mrs. White received her public health nursing certificate a year ago. She is a school nurse in Los Angeles and is in charge of nursing at two public schools there with enrollment of 1,700 and 1,800.

Howard Rupert, vocational agriculture instructor at Northwood High School, presented trophies in the 4-H and FFA judging contest at the Worth County Fair Wednesday. The recipients were Robert Nelson first, LaVon Kuhlmann second and Gordon Hagen and Dale Sandberg, who were tied for third.

50 years ago

August 19, 1976

Summer vacation in the Northwood area is in its last gasp this week and Wednesday morning will find most area students returning to the scholastic routines for a full day of school.

Thirty-six area young people and five counselors returned at 11 p.m. Monday from a week's trip to the All-Lutheran Youth Adult Gathering in New Orleans. Most of the Northwood youth were members of the First Lutheran Luther League and worked on a number of projects to raise money for the

trip. Counselors were Pastor and Mrs. David Scherer, Mr. and Mrs. Diane Mielke and Mrs. Craig Fallgatter.

Two Worth County students completed work for their bachelor's degree during July at the University of Iowa, Iowa City. Mark J. Millard received a bachelor's degree in botany and general science, and Seana M. McAllister received a bachelor's degree in nursing.

Mr. and Mrs. David E. Peterson, in rural Northwood, are the parents of a daughter, Amanda Jo, born Thursday, August 12, at Mercy Hospital, Mason City. The little miss weighed in a 7 lbs., 9 oz. and her grandparents are Mr. and Mrs. Wayne Lawhorn and Mr. and Mrs. Merlin Peterson, all of Northwood.

Mr. and Mrs. Lowell Norland, Kensett, announce the engagement of their daughter, Louise Norland, to David Heiken, son of Mr. and Mrs. George Heiken, Northwood. A Nov. 27 wedding is being planned.

Col. Danny Navratil, Northwood, graduated Thursday, August 12 from Reichs Worldwide College of Auctioneering, Inc., Mason City. Navratil said he is available for any type of public sale and offered his services to charity groups or to other organizations planning auctions.

Barbara Gordon and LeRoy R. James, both of Northwood, have passed their certified public accountant examination given in Des Moines in May.

25 years ago

August 22, 2001

A girl's gotta do what a girl's gotta do and these five young bathing cuties know that the Northwood community swimming pool is the perfect place to keep thoughts of the opening day of school at bay. The five little mermaids who stayed cool at the pool last Friday included nine-year-olds Kate Hartman and Kelsey Tenold, seven-year-old Courtney Hengesteg, and nine-year-olds Lauren Severson and Briar Tenold.

Northwood-Kensett Community School students

will greet more than 40 new faces when classes begin Wednesday and Thursday. The new faces include the 35 members of the N-K class of 2019 who attended a kindergarten roundup last spring. The new faces also include four new secondary school teachers and four new teachers at N-K Elementary.

Home-for-the-summer college student Sara Steinmetz helped parents Terry and Joann Steinmetz out by manning the "Krazy Day Bargains" table at True Value Hardware here last Friday. Area bargain hunters helped themselves to ridiculously low prices and helped Northwood merchants reduce their inventories during the annual day-long

event, which is sponsored by the Northwood Chamber of Commerce.

Kayla Eilertson, 10, daughter of Rob and Bess Eilertson of Northwood, has been selected as a state finalist in the Miss Iowa American Coed Pageant.

Northwood-Kensett High head football coach Dave Capitani and seniors Trevor Madsen and Tom Carmody watch as classmates Nathan Loberg and Landon Perkins hit the sled in a tackling drill during the first day of live contact practices last Thursday on the Viking practice field. N-K football fans can view the Viking football team this coming Friday at the annual sports drink game on the high school gridiron.

2015," said Worth County Extension eduction specialist Dennis Johnson. "It's been a pretty banner year. We didn't expect another year this good so soon."

During the morning hours on Thursday, August 18, it took a little extra time for all kinds of semi tractor trailers and trucks heading south on Highway 65 to travel through downtown Northwood. The trucks were lined up at the stop-light for five to six blocks.

Dr. James Welsh and Laurie and Roger Harris announce the engagement of their daughter, Kelli Elizabeth Welsh, to Brian Louverne Wallin, son of Douglas and Julie Wallin, all of Northwood. Kelli

and Brian will be married on September 17, 2016, at First Lutheran Church in Northwood.

Last year's large senior class played an oversized role in the Lady Vikings' successful 18-9 record. With Hattie Davidson and her 303 kills moving on, along with a total of 538 kills by her and her fellow seniors, Northwood-Kensett will be looking to this year's senior class to be just as successful. "I don't have a lot of worries about our lack of experience," said Lady Vikings head coach Heather Rheingans. "We had a lot of girls play over the summer so hopefully that will help us come together and be competitive right away."

Dean Holstad

Dean Ellsworth Holstad, Lake Mills, Iowa, died on Friday, August 14, at the Lake Mills Care Center in Lake Mills, Iowa, at the age of 98, a mere 30 days before his 99th birthday.

Time for visitation with the family was held on Friday, August 21, from 4-7 p.m. at Schott Funeral Home-Mittelstadt Chapel, 902 E. Main St. in Lake Mills, Iowa, and one hour prior to the funeral service on Saturday, August 22, 2 p.m. at Sion Lutheran Church, 4525 Finch Ave., rural Lake Mills, Iowa. He was interred at Sion Lutheran Cemetery after the service, with fellowship following the interment.

Dean Ellsworth Holstad was born on September 13, 1927, to John and Edith (Nelson) Holstad on a family farm in Mansfield Township, Freeborn County, Minnesota. He was confirmed at Bethel Lutheran Church in Winnebago County. He attended high school in Kiester, Minnesota, staying with his grandfather Ole Nelson until completing his junior year before he joined the rest of the family at the farm in Silver Lake Township northeast of Lake Mills, Iowa. He completed his high school education at Lake Mills, graduating in 1945. After high school graduation he stayed to help his father run the farm. Dean also served in the Iowa National Guard.

He met Senora Sorbo at the Worth County Fair, and they were united in marriage at Emmons Lutheran Church on August 20, 1955, by Reverend Carl Hanson.



DEAN HOLSTAD

They raised their six children, Michael, Diane, Randy, Connie, Lori and Dan on the family farm.

Dean and Senora operated the family farm until retiring and moving from the farm to a home in Lake Mills in 1989 as their son Randy continued the family farming operation. They moved to Mills Harbour Assisted Living in 2019, then moved in with their son Michael and his wife Ellen in August of 2020 to be able to spend more time with family during the pandemic. They transitioned to living with their daughter Lori and her husband Terry in the fall of 2022, and subsequently spent the winters in Carefree, Arizona, and summers in Clear Lake, Iowa.

Dean was preceded in death by his wife, Senora Holstad; parents, John and Edith Holstad; parents-in-law, Clarence and Irene Sorbo; brothers, Virgil Holstad and Jerry Holstad; sister, Mavis Bergo; son-in-law, Ross Honsey; brothers-in-law, Ernest Bergo, Milton Haroldson, Gaylord Sorbo, Dennis Peterson and Ade Coker; and sister-in-law, Helen Holstad.

People's Right To Know

Notice

IN THE IOWA DISTRICT COURT OF WORTH COUNTY
EQUITY NO: EQCV013086
ORIGINAL NOTICE FOR PUBLICATION
Idaho Housing and Finance Association
Plaintiff,
vs.
Unknown heirs, devisees, creditors, and other claimants with an interest in the property of Michael E. Meyerhofer, Deceased; Amy Kathryn Jacobson; Brandon Peter Jacobson; Ryan Robert Jacobson; Parties in Possession; State of Iowa, Department of Revenue; Unknown Spouse, if any, of Amy Kathryn Jacobson; Unknown Spouse, if any, of Brandon Peter Jacobson; Unknown Spouse, if any, of Michael E. Meyerhofer; Unknown Spouse, if any, of Ryan Robert Jacobson, et al.
Defendants.

You are notified that a petition has been filed in the office of this court naming you as a defendant in this action. The petition was filed on June 4, 2026, and prays for foreclosure of Plaintiffs Mortgage in favor of the Plaintiff on the property described in this notice and judgment for the unpaid principal amount of \$31,078.27, with 4.375% per annum interest thereon from November 1, 2025, together with late charges, advances and the costs of the action including (but not limited to) title costs and reasonable attorney's fees, as well as a request that said sums be declared a lien upon the following described premises from July 13, 2015, located in Worth county, Iowa:
The East Eleven (11) feet of Lot Twenty-eight (28) and all of Lots Twenty-nine (29) and Thirty (30), and the West Eleven (11) feet of Lot Thirty-one (31), in Block Eleven (11), Mitchell's Addition to Manly, Worth County, Iowa, commonly known as 326 E Main St, Manly, IA 50456 (the "Property")

The petition further prays that the Mortgage on the above described real estate be foreclosed, that a special execution issue for the sale of as much of the mortgaged premises as is necessary to satisfy the judgment and for other relief as the Court deems just and equitable. For further details, please review the petition on file in

the clerk's office. The Plaintiffs attorney is Arlet Costilla, of SouthLaw, P.C.; whose address is 4601 Westown Pkwy, Suite 250, West Des Moines, IA 50266.

NOTICE
The plaintiff has elected foreclosure without redemption. This means that the sale of the mortgaged property will occur promptly after entry of judgment unless you file a written demand with the court to delay the sale. If you file a written demand, the sale will be delayed until six months (or three months if the petition includes a waiver of deficiency judgment) from the entry of judgment if the mortgaged property is your residence and is a one-family or two-family dwelling or until two months from entry of judgment if the mortgaged property is not your residence or is your residence but not a one-family or two-family dwelling. You will have no right of redemption after the sale. The purchaser at the sale will be entitled to immediate possession of the mortgaged property. You may purchase at the sale.

You must serve a motion or answer on or before September 29, 2026, and within a reasonable time thereafter, you must file your motion or answer with

He is survived by his children, Michael (Ellen) Holstad, Diane (Scott Marpe) Honsey, Randy (Dorene) Holstad, Connie (Ronald) Arispe, Lori (Terry) Peterson and Danny (Jennifer) Holstad; grandchildren, Cassondra (Logan) Willmert and children MacKenzie, Caleb and Leah Mikaela (Quinn) Vuong, Sandy (Lane) Vanek and their children, Kenna (Cole) Peterson and Taylor Vanek, Brad Honsey, Matthew (Tiffany) Holstad and their children, Jaydelyn and Jaxson, Kristen (Donald) Guarino and their children, Evelyn, Paul, and Griffin, Brianna (Cutter) Bruce, Lindsay (Gregory) Samuels and their son, Eliott, Aaron (Nikki) Arispe and their daughter, Aspen, Megan (Seth) Miezwa and their children, Connor and Alexa, Lauren (Drew) Nielson and their children, Aubrey and Gabriel, Joshua Peterson, and Kyle (Katie) Peterson, Johnathan Holstad and Ellie Holstad; sister, Eva Haroldson; brother-in-law, Clifford (Sue) Sorbo; and sisters-in-law, Dorothy Holstad, Clarine Coker, Vivian Freed (previously married to Gaylord Sorbo) and Linda (Bill) Ward; and countless other cousins, nieces, nephews, extended family members, and friends

Dean's service was streamed on the Sion Lutheran Church YouTube Channel <https://www.youtube.com/@SionLutheranChurchIA>

Schott Funeral Homes-Mittelstadt Chapel is caring for the Holstad family.

Legal

the Clerk of Court for Worth County, at the county courthouse in Northwood, Iowa. If you fail to respond, judgment by default may be rendered against you for the relief demanded in the petition.

If you require the assistance of auxiliary aids or services to participate in a court action because of a disability, immediately call your District ADA Coordinator at 641-494-3611. If you are hearing impaired, call Relay Iowa TTY at 1-800-735-2942.

This case has been filed in a county that utilizes electronic filing. You may find more information and general rules governing electronic filing in Iowa Court Rules Chapter 16. You may find information concerning protection of personal information in court filings in Iowa Court Rules Chapter 16, Division VI.

By: CLERK OF THE ABOVE COURT
Worth County Courthouse
1000 Central Ave,
Northwood, IA 50459

IMPORTANT:
YOU ARE ADVISED TO SEEK LEGAL ADVICE AT ONCE TO PROTECT YOUR INTERESTS.

33-3t

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Dairy



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Layla Scarlett- Reserve Senior Showmanship



Natalie Shoars - Supreme Champion Dairy, Senior Champion Brown Swiss, Junior Champion Holstein, Senior Champion Holstein, Junior Champion Jersey, Senior Champion Jersey, Junior Champion Crossbred,



Beau Lutz- Grand Champion Intermediate Showmanship



Aspen Beland - Reserve Champion Int. Showmanship



Kinlee Richey- Junior Champion Brown Swiss



Tinley Lund- Grand Champion Junior Showmanship



Justin Shoars- Reserve Junior Showmanship



Harley Logeman- Reserve Senior Champion Brown Swiss

Sheep



Lauren Petznick- Champion Breeding Ewe, Champion Market Lamb



Ivy Urbatsch- Champion Senior Showmanship, Reserve Champion Market Lamb, Reserve Champion Pen of 3

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Dave Osborne, Agent

Goat



Natalie Burns- Champion Intermediate Showmanship, Champion Market Goat, Reserve Champion Market Goat



Aubrey Schuttler - Champion Junior Showmanship



Tinzley Robb - Reserve Junior Showmanship

Sheep - Cont. from Page 1



Madilyn Davis- Reserve Champion Senior Showman, Reserve Champion Breeding Ewe



Ethan Wright- Champion Dairy Goat



Brekken Haberman- Reserve Champion Dairy Goat



Olivia Urbatsch- Champion Intermediate Showmanship, Champion Pen of 3



Piper Backhaus- Champion Prospect Lamb, Reserve Champion Intermediate Showmanship



Brynlee Haberman- Grand Champion Junior Showmanship

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Notice

Public Notice
IN THE IOWA DISTRICT
COURT
FOR WORTH COUNTY

Plaintiff
Northwood MHC, LLC, 710
7th Street North, Northwood,
Iowa 50459
vs.
Defendant
Dean Groven,
710 7th Street North, Lot #21
Northwood, Iowa 50459
Original Notice and Peti-
tion for Disposition of Aban-
doned Property (Iowa Code
chapter 555B) (Mobile Home
and Personal Property in the
Vicinity)
To Defendant(s):
1. Plaintiff(s) demand(s)
a judgment of abandonment
for (state the exact nature
of abandoned property): Mo-
bile Home located at 710 7th
Street North, Lot #21 North-
wood, Iowa 50459 because
(state basis of demand): De-
fendant has been absent from
the mobile home for thirty (30)
days or more without reason-
able explanation during which
time there was a default of
rent three (3) days after rent
was due.
2. In support of this demand
Plaintiff(s) state(s):
• Plaintiff(s) has (have) not
requested notice by the sheriff
as provided for in Iowa Code
section 555B.2;
• The property is located in
the above county; and
• There is no lien against
the property other than a tax
lien pursuant to Iowa Code
chapter 435.
3. Hearing is set for the
date, time, and court location
listed on the last page of this
Original Notice and Petition.
The court will electronically
record the hearing.
Any party desiring that a
certified court reporter report
the hearing must arrange and
pay for the costs of reporting.
Failure to appear at the hear-
ing may result in judgment en-
tered against you for statutory
damages, interest, and court

costs, and the property will
be disposed of as abandoned
property.
Note: Service must be made
on the owner of the property at
least 10 days before the hear-
ing and the hearing must be
set within 14 days of filing the
Petition.
/s/ Michael J. Moeller
Attorney
Laird Law Firm, PLC
403 Main Avenue, PO Box 187
Clear Lake, IA 50428
641-357-7296
mmoeller@lairdlawfirm.com
IOWA JUDICIAL BRANCH
Case No. SCSC007386
County Worth
Case Title NORTHWOOD,
MHC LLC VS.
DEAN GROVEN
You must file your Appear-
ance and Answer on the Iowa
Judicial Branch eFile System,
unless the attached Petition
and Original Notice contains
a hearing date for your ap-
pearance, or unless the court
has excused you from filing
electronically (see Iowa Court
Rule 16.302).
Register for the eFile Sys-
tem at www.iowacourts.state.
ia.us/Efile to file and view
documents in your case and to
receive notices from the court.
For general rules and infor-
mation on electronic filing,
refer to the Iowa Rules of Elec-
tronic Procedure in chapter
16 of the Iowa Court Rules at
www.legis.iowa.gov/docs/ACO/
CourtRulesChapter/16.pdf.
Court filings are public docu-
ments and may contain per-
sonal information that should
always be kept confidential.
For the rules on protecting
personal information, refer
to Division VI of chapter 16
of the Iowa Court Rules and
to the Iowa Judicial Branch
website at www.iowacourts.
gov/for-the-public/representin-
g-yourself/protect-personal-in-
formation/.
Scheduled Hearing:
HEARING; 09/22/2026
01:30 PM; duration - 15 min-
utes; Worth Co. Courthouse,

1000 Central Avenue, North-
wood, IA
If you need assistance to
participate in court due to a
disability, call the disability
access coordinator at (515)
576-6336. Persons who are
hearing or speech impaired
may call Relay Iowa TTY (1-
800-735-2942). For more infor-
mation, see www.iowacourts.
gov/for-the-public/ada/. Disabil-
ity access coordinators can-
not provide legal advice. Date
Issued 03/20/2026; 11:58:09
AM; District Clerk of Court or/
by Clerk's Designee of Worth
County /s/ Douglas A. Krull
IOWA DISTRICT COURT
FOR WORTH COUNTY
NORTHWOOD MHC, LLC,
Plaintiff,
vs.
DEAN GROVEN,
Defendant.
Case No. 02981 SCSC007386
ORDER OF CONTINUANCE
The Court finds that there
is good cause for continuin-
g/ setting the above-captioned
case upon Request or Motion
of Plaintiff and that it is in the
interest of justice to continue/
set the above-captioned mat-
ter.
IT IS THEREFORE OR-
DERED that the above-capi-
tioned: is continued or set.
Hearing is scheduled on
09/22/2026 at 1:30 PM at the
Worth Co. Courthouse, 1000
Central Avenue, Northwood,
IA
The Court has provided a
copy of this order to the Defen-
dant. State of Iowa Courts
Case Number SCSC007386
Case Title NORTHWOOD
MHC LLC VS. DEAN GROV-
EN
Type: ORDER FOR
CONTINUANCE
So Ordered
/s/ Douglas A. Krull,
Magistrate,
Second Judicial District
of Iowa
34-3t

People's Right To Know

Notice

Public Notice
IN THE IOWA
DISTRICT COURT
FOR WORTH COUNTY

Plaintiff
Northwood MHC, LLC, 710
7th Street North, Northwood,
Iowa 50459
vs.
Defendant
Jeffrey Mauer and Abigail Lu-
eck, 710 7th Street North, Lot
#20 Northwood, Iowa 50459
Original Notice and
Petition for
Disposition of Abandoned
Property (Iowa Code chapter
555B) (Mobile Home and
Personal Property in the
Vicinity)
To Defendant(s):
1. Plaintiff(s) demand(s)
a judgment of abandonment
for (state the exact nature
of abandoned property): Mo-
bile Home located at 710 7th
Street North, Lot #20 North-
wood, Iowa 50459 because
(state basis of demand): De-
fendant has been absent from
the mobile home for thirty (30)
days or more without reason-
able explanation during which
time there was a default of
rent three (3) days after rent
was due.
2. In support of this de-
mand Plaintiff(s) state(s):
• Plaintiff(s) has (have) not
requested notice by the sheriff
as provided for in Iowa Code
section 555B.2;
• The property is located in
the above county; and
• There is no lien against
the property other than a tax
lien pursuant to Iowa Code
chapter 435.
3. Hearing is set for the
date, time, and court location
listed on the last page of this
Original Notice and Petition.
The court will electronically

record the hearing.
Any party desiring that a
certified court reporter report
the hearing must arrange and
pay for the costs of reporting.
Failure to appear at the hear-
ing may result in judgment en-
tered against you for statutory
damages, interest, and court
costs, and the property will
be disposed of as abandoned
property.
Note: Service must be made
on the owner of the property at
least 10 days before the hear-
ing and the hearing must be
set within 14 days of filing the
Petition.
/s/ Michael J. Moeller
Attorney
Laird Law Firm, PLC
403 Main Avenue, PO Box 187
Clear Lake, IA 50428
641-357-7296
mmoeller@lairdlawfirm.com
IOWA JUDICIAL BRANCH
Case No. SCSC007385
County Worth
Case Title NORTHWOOD
MHC, LLC VS. JEFFREY
MAUER AND ABIGAIL
LUECK
You must file your Appear-
ance and Answer on the Iowa
Judicial Branch eFile System,
unless the attached Petition
and Original Notice contains
a hearing date for your ap-
pearance, or unless the court
has excused you from filing
electronically (see Iowa Court
Rule 16.302).
Register for the eFile Sys-
tem at www.iowacourts.state.
ia.us/Efile to file and view
documents in your case and to
receive notices from the court.
For general rules and infor-
mation on electronic filing,
refer to the Iowa Rules of Elec-
tronic Procedure in chapter
16 of the Iowa Court Rules at
www.legis.iowa.gov/docs/ACO/
CourtRulesChapter/16.pdf.

CourtRulesChapter/16.pdf.
Court filings are public docu-
ments and may contain per-
sonal information that should
always be kept confidential.
For the rules on protecting
personal information, refer
to Division VI of chapter 16
of the Iowa Court Rules and
to the Iowa Judicial Branch
website at www.iowacourts.
gov/for-the-public/representin-
g-yourself/protect-personal-in-
formation/.
Scheduled Hearing: HEAR-
ING 09/22/2026 01:30 PM du-
ration - 15 minutes Worth Co.
Courthouse, 1000 Central Av-
enue, Northwood, IA
If you need assistance to
participate in court due to a
disability, call the disability
access coordinator at (515)
576-6336. Persons who are
hearing or speech impaired
may call Relay Iowa TTY (1-
800-735-2942). For more infor-
mation, see www.iowacourts.
gov/for-the-public/ada/. Disabil-
ity access coordinators cannot
provide legal advice.
Date Issued 03/20/2026;
11:58:09 AM; District Clerk of
Court or/by Clerk's Designee
of Worth County /s/ Douglas A.
Krull
IOWA DISTRICT COURT
FOR WORTH COUNTY
NORTHWOOD MHC, LLC,
Plaintiff,
vs.
JEFFREY MAUER AND
ABIGAIL LUECK,
Defendant.
Case No. 02981
SCSC007385
ORDER OF CONTINU-
ANCE
The Court finds that there
is good cause for continuin-
g/ setting the above-captioned
case upon Request or Motion
of Plaintiff and that it is in the
interest of justice to continue/
set the above-captioned mat-
ter.
IT IS THEREFORE OR-
DERED
that the above-captioned:
is continued or set. Hear-
ing is scheduled on 09/22/2026
at 1:30 PM at the Worth Co.
Courthouse, 1000 Central Av-
enue, Northwood, IA
The Court has provided a
copy of this order to the Defen-
dant. State of Iowa Courts
Case Number SCSC007385
Case Title NORTHWOOD
MHC LLC VS. JEFFREY
MAUER AND ABIGAIL LU-
ECK
Type: ORDER FOR CON-
TINUANCE
So Ordered
/s/ Douglas A. Krull,
Magistrate,
Second Judicial
District of Iowa
34-3t

City of Kensett

The Kensett City Council met
in regular session 07/13/2026 at
7:00 P.M. at City Hall with Mayor
Richard Olson presiding. Council
Members present were Ryder
Lestrud, Brandee Cooper and Eil
Gile.
Absent: LaRue Douglas & Kris
Woltzen
Visitors: Richard Bauer, Larry
Larson, Barb Berge
Olson called meeting to order.
Motion to approve agenda by
E. Gile, 2nd B. Cooper, carried
unanimously.
Motion to approve minutes by
E. Gile, 2nd B. Cooper, carried
unanimously
Maintenance Report: N/A
The Clerk mentioned the
monthly grant that is received
from the WCDA.
Old Business:
Larson Easement: Survey was
completed. Next steps is to send
to lawyer to draft up the needed
paperwork. Letters for mowing/
tall grass were sent out. 212 Wal-
nut property open bids. No bids
were received. City will continue
to maintenance lot until bid is re-
ceived or potential buyer is inter-
ested.
New Business:
Barb Berge was present from
the Cemetery Board to discuss the
maintenance of mowing. Open dis-

cussion was had on the upcoming
Fall WCDA grant/proposals.
Mayors Report: N/A
Council Reports: N/A
Treasurer's Report: July
Revenues by Fund: General
\$6,008.56, Utilities \$7,252.32,
Special \$6,006.12. Total Revenues:
\$19,267.00. Stands approved as
read.
Motion to approve bills by E.
Gile, 2nd by R. Lestrud, carried
unanimously.
Payable: Alliant Energy
\$3,020.53, WCTA \$369.46, Bar-
bara Luckason \$682.66 (net), Lisa
Luskey-Lestrud \$619.97 (net)
Richard Bauer \$1,524.76 (net),
Wendy Varner \$1,290.38 (net),
Richard Olson \$230.87 (net) Don-
ald Flint \$947.54 (net) Federal
& SS \$712.01 (payroll), IPERS
\$983.00 (payroll), Water Service
Tax \$127.50 (water), AgSource
\$15.25 (water), KFD \$400.00 (fire
protection), Kensett Water Works
\$112.50 (sewer fees), Waste Man-
agement \$1706.73 (garbage &
recycling), Northwood Anchor
\$81.60 (general), D&L Equipment
\$341.42 (gen.), Menards \$126.33
(general), R80 \$219.19 (general)
IOWA DNR \$27.66 (spec.), Floyd
& Leonard \$1,137.62 (general),
Trading Post \$31.00 (general), JJ
Hardware \$59.97 (general), USPS
\$512.00 (general), Tractor Supply

\$46.04 (general)
Disbursements by Fund: Gen-
eral \$5,174.40, Special \$1,502.66,
Utilities \$7,224.47, Payroll
\$7,118.69 (gross)
Total Disbursements:
\$21,020.22
Motion to adjourn by E. Gile,
2nd by R. Lestrud, carried unan-
imously.
Wendy Varner, City Clerk
Richard Olson, Mayor
The Kensett City Council met
in regular session 8/10/2026 at
7:00 P.M. at City Hall with Mayor
Richard Olson presiding. Council
Members present were Ryder
Lestrud, Brandee Cooper, Eil Gile,
and Kris Woltzen.
Absent: LaRue Douglas
Visitors: Richard Bauer, Lar-
ry Larson, Matt Stading, Kathy
Branstad, Karen Erickson
Olson called meeting to order.
Motion to approve agenda by
K. Woltzen, 2nd E. Gile, carried
unanimously.
Motion to approve minutes by
K. Woltzen, 2nd R. Lestrud, car-
ried unanimously
Maintenance Report: N/A
The Clerk mentioned the
monthly grant that is received
from the WCDA.
Old Business:
Larson Easement: Resolution

was drawn up for negotiations on
Larson Easement. Once signed,
will forward over to lawyers for
next steps. Delinquent water res-
olutions were consented to by city
council. Once signed will be sent to
treasures office to place property
taxes. Update on the city property
next to Stadings; waiting for the
lawyer to draft the Quick Claim
Deed and if anything, additional is
needed. Fall WCDA grants: City is
going to submit grants for a new
lawnmower, fire hydrant, rubber
mulch for the city playground, and
painting of the water tower.
New Business:
No new business to discuss
Mayors Report: N/A
Council Reports: N/A
Treasurer's Report: July Reve-
nues by Fund: General \$3,686.63,
Utilities \$7,522.46, Special
\$10,351.36. Total Revenues:
\$21,560.45. Stands approved as
read.
Motion to approve bills by E.
Gile, 2nd by R. Lestrud, carried
unanimously.
Payable: Alliant Energy
\$2,239.75, WCTA \$367.64, Bar-
bara Luckason \$526.89 (net), Lisa
Luskey-Lestrud \$580.86 (net)
Richard Bauer \$1,078.91 (net),
Wendy Varner \$1,290.38 (net),
Richard Olson \$230.87 (net) Don-
ald Flint \$1,854.44 (net) Federal

& SS \$1,283.53 (payroll), IPERS
\$1,015.00 (payroll), Water Service
Tax \$126.53 (water), AgSource
\$15.25 (water), KFD \$400.00
(fire protection), Kensett Wa-
ter Works \$112.50 (sewer fees),
Waste Management \$1706.73
(garbage & recycling), IOWA DNR
\$210.00 (spec.), JJ Hardware
\$48.73 (general), Tractor Supply
\$310.02 (general) Randy Bratrud
\$810.00 (general), Ron's Plumb-
ing \$5,692.23 (general), Duraclean
\$300.00 (spec.), Blacktop Service
Company \$108,352.75 (general),
Overhead Door \$200.00 (special),
Kibble Equipment \$27.00 (gener-
al), Summit Fire \$581.51 (gener-
al), Iowa One Call \$5.40 (general),
Central Tank Coatings \$1,500.00
(utilities), Schmidt Construction
\$683.35 (special), Plunkett Pest
Control \$846.80 (general), NIA-
COG \$269.85 (general)
Disbursements by Fund:
General \$116,910.82, Special
\$1,183.35, Utilities \$4,346.42,
Payroll \$7,118.69 (gross)
Total Disbursements:
\$129,559.28
Motion to adjourn by E. Gile,
2nd by R. Lestrud, carried unan-
imously.
Wendy Varner, City Clerk
Richard Olson, Mayor

City of Lake Mills

LAKE MILLS CITY COUNCIL
REGULAR MEETING
August 17, 2026

A regular meeting of the City
Council of the City of Lake Mills,
Winnebago County, Iowa, was
held in the Council Chambers at
the Lake Mills City Hall on the
17th day of August 2026, at 7:00
PM.
Present: Mayor Bruce
Helgeson; Council Members Rob
Hughes, Nathan Ostrander, Mark
Peterson, and Bob Storby; City
Clerk Paula Hanson; Director of
Public Works Brad Wempen; and
Chief of Police Matt Levine.
Absent: Council Member Kris-
tin Peters
Notice of the meeting was
posted at Lake Mills City Hall on
August 14, 2026. All proceedings
hereafter shown were taken while
the convened meeting was open to
the public.
Mayor Helgeson called the
meeting to order at 7:00 PM. Roll
call was taken and a quorum was
declared.
Mayor Helgeson led the Pledge
of Allegiance.
Motion made by Storby, sec-
onded by Peterson, to approve the
agenda as written. There being
no further discussion, roll call:
Ayes: Storby, Peterson, Hughes,
Ostrander. Nays: None. Motion
carried.
Public Forum: None
Chief of Police, Director of Pub-
lic Works, City Clerk, Library Di-
rector, LMCD Director, and May-
or reports were presented.
Motion made by Ostrander,
seconded by Hughes, to approve
the consent agenda. Consent
agenda items included approval
of: July 20, 2026, meeting min-
utes; monthly financial reports
totaling \$840,362.31; GIS onsite
training quote; LMCD street
closure request for Ghouls Day
Out; and Resolution No. 26-32,
professional services agreement
with PlanScape Partners for TIF
reporting. After due consideration
thereof by the Council and the roll
being called, the following Council
Members voted: Ayes: Ostrander,
Hughes, Peterson, Storby. Nays:
None. The motion was declared
duly carried and the consent agen-
da adopted.
Monthly Financial Reports:
AMAZON, SUPPLIES 280.02
AT&T MOBILITY
LMPD CAR COMPUTERS.....
125.31
AVESIS, VISION INS..... 430.06
BLACK HILLS ENERGY
NATURAL GAS SERVICE.....
3,023.07
CITY OF LAKE MILLS
ELECTRIC SERVICE... 4,920.98
DELTA DENTAL

DENTAL INS..... 1,247.04
LMCDC, FUNDING 4,713.33
PETERSON SANITATION
GARBAGE SERVICE. 10,787.00
PRINCIPAL LIFE INS
LIFE-LT DIS INS..... 573.69
SALES TAX PROCESSING
SALES TAX..... 9,068.62
UNITED HEALTHCARE
HEALTH INS..... 45,677.24
USE TAX PROCESSING
USE TAX 465.67
ACCESS SYSTEMS LEASING
LMPL COPIER CONTRACT.....
127.25
AGSOURCE COOP SERVICES
TESTING..... 1,849.05
AMARIL UNIFORM CO
CLOTHING ALLOWANCE.....
336.85
AMAZON, SUPPLIES 2,917.57
ATURA ARCHITECTURE
FEASIBILITY STUDY . 2,500.00
BISON GRAPHICS
SUPPLIES 125.00
BRICK GENTRY PC
LEGAL..... 120.00
CAMERON EDGERTON
REIMBURSE CLOTHING
154.99
CAVETT'S LAWN & GARDEN
SUPPLIES 274.72
CENTER POINT LARGE PRINT
LMPL BOOKS..... 300.24
CENTRAL IOWA DISTRIBU-
TIONS, SUPPLIES..... 2,780.00
CINTAS, SUPPLIES..... 56.98
CONTRACTOR SOLUTIONS
TRASH PUMP..... 50,368.00
CORE & MAIN
SUPPLIES 1,278.61
CULLIGAN
POOL EQUIP RENTAL 83.50
DAIRYLAND POWER INC
PURCHASE CURRENT.....
112,262.65
DAVE'S AUTO SERVICE
FUEL..... 3,097.81
DAVIDS FOODS
SUPPLIES 785.92
DONS MOTOR MART
FUEL..... 2,289.78
EAGLE ENGRAVING
LMFD SUPPLIES..... 10.95
ELITE K-9
LMPD SUPPLIES..... 88.30
EZ RENTAL
JJ RESTROOM RENTAL 600.00
FALKSTONE LLC
BLACK DIRT 638.45
FLETCHER REINHARDT CO
SUPPLIES 415.81
GALLS, LLC
LMPD CLOTHING 537.20
GARDEN GATE
LMPL SUBSCRIPTION 32.00
GORDON FLESH CO
COPIER CONTRACT..... 82.34
HACH COMPANY
CHEMICALS..... 511.64
HAWKINS INC
CHEMICALS..... 5,831.52
HEARTLAND POWER COOP
AIRPORT ELECTRIC SERVICE
..... 89.44

INGRAM LIBRARY SERVICES
LMPL BOOKS..... 1,168.05
IAMU, TRAINING 2,906.68
IA DEPT OF INSPECTIONS
ANNUAL BOILER INSPEC-
TION..... 80.00
IA DEPT OF NATURAL RES
ANNUAL WATER SUPPLY
FEE..... 210.00
IA ONE CALL, LOCATES . 20.00
IA PRISON INDUSTRIES
SUPPLIES 1,269.18
JOHN DEERE FINANCIAL
SUPPLIES 91.91
LMCDC, LMPL PRIZES..... 15.00
LM LUMBER CO
SUPPLIES..... 102.50
LAKE MILLS POSTMASTER
POSTAGE 470.40
LARSON CONTRACTING CEN-
TRAL
SERVICES..... 2,975.00
MACQUEEN EQUIPMENT
SUPPLIES 316.88
MAYO CLINIC, TESTING..... 57.00
MBT, SUPPLIES 3,428.60
MCMASTER CARR SUPPLY CO
SUPPLIES..... 46.37
MID-AMERICAN RESEARCH
CHEM
SUPPLIES..... 521.72
NAPA AUTO PARTS
SUPPLIES 429.27
NELSON SEPTIC SERVICES
REC RESTROOM RENTAL.....
250.00
NGT, LMPD COMPUTERS 120.75
NORTHWOOD ANCHOR
PUBLICATION 1,232.92
PETTY CASH - GENERAL
SUPPLIES 22.67
PETTY CASH - LIBRARY
SUPPLIES 61.54
QUALITY PUMP & CONTROL
SERVICES..... 802.50
SINGELSTAD HARDWARE
SUPPLIES 1,296.75
STAPLES, SUPPLIES..... 207.82
STRYKER SALES
SUPPLIES 150.00
THOMPSON SANITATION
RECYCLING SERVICE 6,642.59
THREE OAKS GREENHOUSE
SUPPLIES 578.45
TYLER TECHNOLOGIES
SOFTWARE CONVERSION.....
5,557.50
UMMEG
PURCHASE CURRENT.....
18,118.61
WADE THOMPSON TRUCK
REPAIR, SERVICES..... 112.00
WEIKERT CONTRACTING INC
SERVICES..... 5,493.28
WCTA
TELECOM SERVICES. 1,081.88
WINNEBAGO CO TREASURER
DRAINAGE - CITY PROPERTY
..... 3,254.92
WINNEBAGO CO TRIBUNE
LMPL SUBSCRIPTION 82.00
YOUNG PLUMBING AND
HEATING
SERVICES..... 11,499.25
PETERSON CONSTRUCTION

WWTF IMPROV PROJ.....
327,884.25
IA DEPT OF TRANSPORTA-
TION
VEHICLE REGISTRATION
1,485.50
PAYROLL..... 168,459.97
TOTAL..... 840,362.31
FUND TOTALS
001 GENERAL FUND 152,319.62
002 LIBRARY SAVINGS..... 208.98
007 K9 POLICE DEPT 88.30
110 ROAD USE TAX FUND
19,008.83
125 TIF FUND 4,713.33
180 TRUST & AGENCY FUND...
1,126.06
600 WATER FUND..... 26,669.30
610 SEWER FUND..... 407,316.13
630 ELECTRIC FUND 219,487.63
740 STORM WATER 6,219.92
890 PAYROLL..... 3,204.21
TOTAL..... 840,362.31
Drew Sweets, V&K Engineer-
ing, reviewed the Wastewater
Treatment Facility project and
presented Pay Estimate No. 6. Mo-
tion made by Ostrander, seconded
by Storby, to approve payment of
Pay Estimate No. 6 for Peterson
Construction for \$401,580. Roll
call vote: Ayes: Ostrander, Storby,
Hughes, Peterson. Nays: None.
Motion carried.
Jason Peterson of Peterson
Sanitation advised the Council
that he intends to sell Peterson
Sanitation. Peterson Sanitation
currently has an active Solid Waste
Agreement with the City of Lake
Mills. A motion was made by Pe-
terson and seconded by Hughes to
allow the existing City agreement
to be included as part of the po-
tential sale of Peterson Sanitation.
Continuation of the agreement
with the new owner will be subject
to final approval by the City Coun-
cil. Roll call vote: Ayes: Peterson,
Hughes, Ostrander, Storby. Nays:
None. Motion carried.
Motion made by Peterson, sec-
onded by Ostrander to approve
Heather Yeoman's request to in-
stall a Bulldog vending machine on
the sidewalk in front of Rayfeather
Studio. Roll call vote: Ayes: Pet-
erson, Ostrander, Hughes, Storby.
Nays: None. Motion carried.
Motion made by Hughes, sec-
onded by Storby, to terminate the
Hangar Lease Agreement with
Emily Payne with a prorated re-
fund of \$1000, as long as vacat-
ed by September 1, 2026. There
being no further discussion, roll
call vote: Ayes: Hughes, Storby,
Ostrander, Peterson. Nays: None.
Motion carried.
Discussion was held on the Na-
tional Flood Insurance Program
with no action taken.
Motion made by Storby, sec-
onded by Ostrander, to set the
public hearing for Ordinance 303,

Black Hills Franchise Agreement
for Monday, September 21, 2026,
at 7:00 PM. Roll call vote: Ayes:
Storby, Ostrander, Hughes, Pet-
erson. Nays: None. Motion carried.
Motion made by Ostrander,
seconded by Peterson to set the
public hearing for Ordinance 304,
South Winnebago Street west-
side parking from 4th Avenue to
8th Avenue for Monday, Septem-
ber 21, 2026, at 7:00 PM. Roll call
vote: Ayes: Ostrander, Peterson,
Hughes, Storby. Nays: None. Mo-
tion carried.
Discussion was held regard-
ing the potential economic and
financial impacts of the recently
announced closures of Lunds &
Byerlys and Winnebago Indus-
tries. Peterson requested that a
small group be formed to evalu-
ate what actions, if any, the City
could take to support economic
growth and address the potential
financial impacts resulting from
these closures. The group would
review possible options and report
its findings and recommendations
back to the City Council. Motion
made by Peterson, seconded by
Storby, to form a small group
chaired by Peterson with an ad-
ditional Council Member, depart-
ment heads, Mayor Helgeson, and
other parties to be determined.
Roll call vote: Ayes: Peterson,
Storby, Hughes, Ostrander. Nays:
None. Motion carried.
Motion made by Hughes, sec-
onded by Ostrander, to adjourn
the meeting at 8:03 PM. There be-
ing no further discussion, roll call:
Ayes: Hughes, Ostrander, Pet-
erson, Storby. Nays: None. Motion
carried.
Bruce Helgeson, Mayor
ATTEST:
Paula S. Hanson, City Clerk
SEAL
I, the undersigned City Clerk
of the City of Lake Mills, Win-
nebago County, Iowa hereby cer-
tify that the foregoing is a true
and accurate copy of proceedings
had and done by the Mayor and
City Council on August 17, 2026;
that all of the subjects included
in the foregoing proceedings were
contained in the agenda for the
meeting, kept continually current
and readily available for public
inspection at the Office of the City
Clerk; that such subjects were con-
tained in said agenda for at least
twenty-four hours prior to said
meeting, that the said minutes
from which the foregoing proceed-
ings have been extracted were in
written form and available for
public inspection within ten busi-
ness days and prior to the next
convened meeting of said body.
Paula S. Hanson, City Clerk

PROFESSIONAL
CARD

Business Announcements

VETERINARIAN
WORTH COUNTY
VETERINARY SERVICE

Michael E. Dierenfeld, D.V.M.

Clinic: 324-1084
Home: 324-1147

PHYSICIANS

MERCYONE

803 9th Avenue North
Northwood, IA 50459
641-324-1221

NORTHWOOD INSURANCE
AGENCY

John Midtgaard, Agent
91 9th St. S., Northwood, IA
Office 641-324-9844 Fax 641-324-9844

Alcoholics Anonymous Alanon
Regular meeting each Tuesday: 7:30 p.m.
Beginners/12 Step meeting 7:30 p.m. Thursday
First Lutheran Church
For more information call 324-3070

Congregate Meals
MEALS ON WHEELS
324-1244

NORTHWOOD
PUBLIC LIBRARY

Monday & Friday 1-5 p.m.
Tues. - Thurs. 10 a.m.-7 p.m.
Open Saturday 10 a.m. - 2 p.m.

641-324-1340

Northwood Dental
DAVID PENFOLD, DDS

Mon. 8 a.m. - 5 p.m., Tues. 7 a.m. - 4 p.m.
Wed. 8 a.m. - 5 p.m., Thurs. 7 a.m. - 1 p.m.
Fri. 8 a.m. - Noon

641-324-1364
www.northwooddentistry.com
802 9th Ave. North
Northwood, Iowa 50459



Fishing for bracelets at LM library

The Lake Mills Public Library recently welcomed some young people to share their aquatic artistry. The library hosted an activity to make bracelets based on fishing lures. Inspired by the young people's results, and by popular demand, the library has set another program for lure bracelet making, for adults, on Wednesday, September 2, from 4:30-5:30 p.m.



First 2026 case of West Nile virus reported in Iowa

By Cami Koons
Iowa Capital Dispatch
www.iowacapitaldispatch.com

The Iowa Department of Health and Human Services reported a case of West Nile virus in an eastern Iowa adult recently, marking the state's first reported case in 2026.

West Nile virus is most commonly transmitted to people via infected mosquitoes and can cause mild symptoms such as a fever or headache, though many infected people have no symptoms. While not common, the virus can manifest into more serious diseases that impact a person's nervous system, according to HHS.

Fifty-seven Iowans were diagnosed with West Nile virus in 2025, according to a news release from HHS.

The first human case of West Nile virus in Iowa was

detected in 2002, when nearly 150 human cases of the virus were reported.

The virus is carried by birds and has been identified in more than 200 bird species in the U.S. Mosquitoes typically pick up the disease from feeding on infected birds and some varieties of mosquitoes will pass the virus to other hosts they feed on.

HHS said the best protection against the virus is to avoid mosquito bites. Insect repellents with DEET, picaridin, oil of lemon eucalyptus, para-menthane-diol, 2-undecanone or IR3535 can lower the risk of a mosquito bite.

"We want Iowans to enjoy the outdoors and to protect themselves from mosquito bites, which can spread illnesses like West Nile Virus," Iowa's State Medical Director Dr. Robert Kruse said in the news release.

Covering up with long-sleeved shirts, pants, shoes and socks can also lower the risk of mosquito bites. Iowans can also empty standing water from their yards to keep mosquitoes from laying eggs in the water, and use screens on windows and doors to keep mosquitoes out.

The department said people with mild symptoms of a West Nile virus infection generally recover without medical attention, but immediate medical attention is required for any illness that causes severe headache, disorientation or sudden weakness.

According to the U.S. Centers for Disease Control and Prevention, no vaccines or medicines are available to treat or prevent West Nile virus infections.

Lake Mills

News Sports



Lake Mills returning letter winners

Returning letterwinners for the Bulldogs volleyball team include (from left) junior Afton Dean, seniors Cora Sauer, Tori Sterrenberg, Regan Eastvold, Mackenzie Budach and sophomore Betsy Byars.



Lake Mills senior volleyball

Seniors on the Lake Mills volleyball team this season include (from left) Cora Sauer, Tori Sterrenberg, Hayden Wempen, Regan Eastvold and Mackenzie Budach.



Bulldog seniors Makenzie Budach and Tori Sterrenberg with a block on the ball during Saturday's scrimmage in Lake Mills.



Bulldog Regan Eastvold sets the ball with both hands. Ari Stensrud and Afton Dean ready to attack the ball.

Lake Mills upcoming volleyball

8-27-26 (H) North Iowa

8-29-26 at Bondurant-Farrar Skip
Anderson Classic

9-01-26 at Forest City

9-08-26 (H) Newman Catholic

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Applications will be accepted until the position is filled. A job description and application may be picked up at the
Lake Mills City Hall
200 N. 1st Ave W., Lake Mills, IA
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The XC crew at Pilot Knob!

Leadership and IT – N-K Cross Country

By Troy Einertson
N-K cross country coach

It is that time of the year again! Our fall sports seasons are underway, and all of the kids playing volleyball, football and running cross country have been getting after it all summer getting ready for their specific sport.

Our cross country team has been getting after it since the second week of June, running through our wonderful town, hitting the trails at Lime Creek, Pilot Knob and the Blazing Star Trail in Albert Lea and Hayward. Not to mention crushing some crazy hill workouts by Elk Creek Church and on Marks Hill Road.

It has been fun watching the growth the kids have shown this summer, and if things go as planned, we could be in for an amazing season.

Now for those of you that know me, there are only two seasons. No, fall, winter, spring or summer, but cross country and track season!

This year we have adopted the mantra, "There is no finish line." Why? Because there is more to cross country than just crossing the line. The hours you spend training take a huge toll on your body and your brain, and the only way you can succeed in this sport is if

you win both of those battles first!

That is where leadership comes into play. Last year we lost three amazing runners to graduation. Merrin, Zach and Dagen were our true leaders last year. They got after it in practice, helped everyone out and were always there with encouraging advice.

This year we have one senior, five sophomores, a couple freshmen, three eighth graders and one seventh grader. So, "Where is your leadership coming from Troy?" you might ask. Well that came to me today on our 75 minute long run. As I was heading out of town, Ivy and Olivia Urbatsch were coming back in. We do not get together on Saturdays to run, the kids do it themselves.

Watching these two run off into the distance made me wonder what true leadership is. So I looked up the definition. Leadership is the art of influencing, inspiring and guiding people to work together toward a common goal.

Now Ivy and Olivia could have chosen to not run today. It is really their last Saturday off before school starts and it was a beautiful day out to top it off. They chose to do something to make themselves better. Not just for themselves, but the team!

I then got a message

from Maddie and Maggie asking if they could run some hills in their run. Ah yes! Then as I am heading to the school here comes Wes around the corner. I also ran into Wes at R80 and he was disappointed that he couldn't get in more miles and wanted to run more tomorrow. Finally our lone seventh grader, Lola, messaged me to tell me she was about to get after it, and her mom was riding her bike with her! Again, a seventh grader going on a 75 minute run that will amount to about nine miles is what I am talking about.

You do not need to have a leader, you need a group of leaders, and that is what we have. They are working to get better, encouraging others, and making me into one very proud coach!

So then why IT. IT is defined as, "That One." That one could be many things, but once again as I was watching Ivy and Olivia run I thought of it as this. We are always chasing something it seems like. Goals, dreams and other crazy things that we challenge ourselves and our teams with. To me IT is something that you are chasing, and the thing we have always been chasing here at N-K is our identity.

What is our identity, and what do you want people that you do not know,

and even do know, think when they see that Viking on your shirt? As we have been working all summer, running, lifting and going through speed drills, not just my runners but Mr. Hengesteg's football players and Mrs Haxton's volleyball players, we all want them to think how hard and dedicated our teams are to not only being better athletes, but people as well.

IT isn't about just winning a championship to me, IT is getting better at not only being a better athlete but being a better person as well. We have IT, we just need to get out there, and show everyone that we are no longer going to be that Bare Bones figure from Mario Kart, but the True Viking all of us have within ourselves.

This cross country season, sorry Mr. Hengesteg and Mrs. Haxton, it really is cross country season. I challenge all of our student athletes, staff and our community to being IT. We have a lot to be proud of, and the future is very bright! Let's all get together and show what the meaning behind our school's mantra is, "Unleash the Viking Within!" and have a great cross country sports season. Sorry, fall sports season!

N-K Football

By Julie Salisbury

The Northwood-Kensett Vikings football team will get their season underway on Friday, August 28, when they travel to take on Dunkerton. On Friday, September 4, the Vikings will host Harris-Lake Park for an early in the season Homecoming game and then are back on the road on Friday, September 11, traveling to West Bend-Mallard.

This year's team has two seniors - Landen Nel-

son and Carson Tufte, four juniors - Aydan Schutz, Konnor Dowd-Mincks, Max Johnson and Keenan Davidson-Jacobs, 12 sophomores - Tyce Helgeson, Jaxon Reyerson, Henry Hanson, Tucker Duvall, Owen Binnebose, Aidan Ouversen, Bryck Abrams, Tegan Trenhaile, Brady Tufte, Gabriel Aleman, Weston Heims, Brekken Haberman, and two freshmen - Martin Girouard and Caleb Johnson.



Viking volleyball seniors - Ashlyn Skellenger and Lexi McHenry.



Viking True Hackenmiller attacks the ball from the back row during Saturday's scrimmage in Lake Mills.

Annual Flippin' Flamingo golf tournament winners announced

The 10th annual Flippin Flamingo golf tournament was held on Saturday, July 25, with 41 3-person teams golfing.

Winners were: Championship Flight, 1st - Andy Julseth, Bryan Odegaard & Butchie Severson (62); 2nd - Trevor Varner, Brandon Varner & Cole Roedahl (63); 3rd - Kyle Krotzer, Mike Bloomingdale & Vance Helgeland (63). 1st Flight, 1st - Rick Ford, Scott & Tony V (69); 2nd - Aaron Williamson, Paul Anderson & Ryan Rassmussen (69); 3rd - Josh Pick, Mason Thofson & Lane Anderson (71). 2nd Flight, 1st - Scott Severson, Brandon Severson & Roger Harris (76); 2nd - Hunter Julson, Brady Codner & Austin Rysavy (76); 3rd - Julie Robb, Deb Elliot & Coni Fassbinder (77). 3rd flight, 1st - Jennie, Kennedy & Micki Christianson (83); 2nd - Sharon Rheinaradi, Ashley Sullivan & Beth Groff (83); 3rd - Rachel Heskett, Avery Hornberger & Evan Lorenzen (85).

There were six Hole prize winners and they were: Longest Drive (men) - Kael Julseth; closest to pin on hole 3 - Ryan Meinke; closest to the pin in 2 on hole 5 - Roger Odegaard;;



2026 CHAMPIONS - BUTCHIE SEVERSON, ANDY JULSETH AND BRYAN ODEGAARD

Closest to the flamingo AND longest putt - Dustin Raymond; longest drive (women) - Paige Danger. The best team costume award went to Jill Schutz, Missy Thofson and Lindsey Madsen.

The committee credited the event's success to all the generous hole sponsors and raffle prize donors as well as those who golfed and those that helped out in the clubhouse.

This year's funds raised were given to 12 area cancer warriors undergoing treatment. Throughout the last 10 years, over \$78,000 has been spread throughout our local community(s) and this couldn't be done without everyone's generosity.

The committee is already planning the 11th annual tournament on July 31, 2027. "We hope to see everyone there."



Viking Ashlyn Skellenger digs the serve out and passes it to the front row during scrimmage action in Lake Mills on Saturday.

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