

Briefs



Clocks 'spring ahead' Sunday

After the springlike weather that has been in place recently, many are looking forward to the season. This weekend's arrival of Daylight Savings Time will bring everyone one hour closer.

The Anchor reminds readers that Daylight Saving Time begins this Sunday, March 10, at 2 a.m. and clocks should be set ahead one hour at that time, or before going to bed on Saturday night.

Family Fun Night set for March 20

The Worth County Asset Team will hold a Family Fun Night event on Thursday, March 20.

WCAT is a group made up of representatives of area health, emergency and law agencies, groups and businesses, who work to support substance abuse and mental health in the communities.

The Family Fun Night will be held at the Kensett Community Center. It will include food, games, activities and inflatable.

WCAT and other community groups and agencies will also provide information and resources at the event.

Families are invited to attend. There is no cost to take part.

The Family Fun Night will be held on Thursday, March 20, from 4-7 p.m.



The Week's WEATHER

From National Weather Service Information

Date	Hi	Lo	Prec.
Tues. Feb. 25	53	27	T
Wed. Feb. 26	52	26	
Thurs. Feb. 27	53	32	
Fri. Feb. 28	53	22	
Sat. March 1	30	14	T
Sun. March 2	43	12	
Mon. March 3	61	31	



Northwood-Kensett speech students Oliviah Miller, Skyler Williamson, Addyson Runde, and Isaac Ludington.

N-K Students succeed at districts speech, on the way to State

The Northwood-Kensett Speech Team traveled to West Hancock High School on Saturday, March 1, for District Individual Speech Contest.

Senior Addyson Runde performed in two categories. In the category of Poetry, Runde performed "A Woman Wrapped in Silence" by John W. Lynch and earned a Division 1 rating. In the category of Improvisation, Runde earned a Division 1 rating with the scenario of a chef and veterinarian preparing for a big event.

Isaac Ludington, a junior, also performed in two categories. In the category of Radio News Broadcasting, Ludington earned a Division 1 rating. In the category of Solo Musical Theater, Ludington performed "Stars" from the musical Les Miserables and earned a Division 2 rating.

Sophomores Oliviah Miller and Skyler Williamson each performed in the category of Prose. Miller read "There is No

Speech, see Page 2

Council holds first reading for new permit fees

The Northwood city council held a first reading of new ordinances for construction in the city. That includes a new fee structure and updates for sidewalk and driveway construction.

First discussed at their previous February meeting, the Council decided to update the fee schedule for zoning permits.

Northwood residents are required to submit applications before projects to build or update their property. It is a misdemeanor to build without a permit.

That has not changed. What the City is in the process of changing is the fees involved.

The permit process keeps Council, see Page 2

Iowa cancer report shows Worth above state rates

The recently released 2025 Cancer in Iowa report showed that cancer cases in the state, along with the number that have survived and need ongoing support, remain on the rise at rates well above the rest of the nation. Locally, the report shows that Worth County cancer rates are above those in the rest of the state.

According to this year's Cancer in Iowa report, it was predicted that there will be 55 new cases of cancer in Iowa this year. The report predicts that there will be 455 Worth County residents living with cancer in 2025. It predicts that 15 people will be lost to cancer this year.

The report shows how each county's rate of those measures over the course of 2017-2021 data, compare to the state rate.

Worth County falls in the category that are higher than statewide rates.

Cancer, see Page 2

St. Ansgar teen dies in rural Kensett crash

A 16-year-old was killed in a single vehicle car accident west of Kensett on Saturday.

A car was being driven east on 410th Street, when the driver lost control of the vehicle and went in the ditch near Killdeer Avenue. The vehicle came to a stop after it struck a power pole.

The vehicle's driver was Blair Hansen, 20, of St. Ansgar, who was injured and transported by helicopter to MercyOne North Iowa.

The passenger, Ayden Steele, 16, of St. Ansgar died in the accident.

Both were wearing their seatbelts.

Responding at the scene were the Worth County Sheriff's Office, Kensett Fire Department, Northwood Fire & EMS, MercyOne AirMed and Alliant Energy.

Local conservation concerns for changes to conservation amendment

At the most recent meeting of the Worth County supervisors, conservation director Jim Hanson shared concerns about potential legislation that would avoid funding statewide conservation efforts.

Hanson discussed a proposal to overturn a 2010 vote by Iowa voters to establish a fund for conservation and natural resources.

Below is more information on the fund and the legislative effort to overturn it.

By Cami Koons
Iowa Capital Dispatch
www.iowacapitaldispatch.com

Iowa senators advanced a proposal Wednesday that would amend the state constitution to replace a natural resources trust fund with one that would provide property tax relief, that is, if it were funded.

Opponents of Senate Joint Resolution 6 said it Conservation, see Page 2

Parkinson's support group provides resources for local people impacted by disease

By JoAnn Lower

Parkinson's disease (PD) is a neurological movement disorder affecting the brain and causing difficulty with movement. It is second only to Alzheimer's as the most common disorder of this type, with more than one million people in the U.S. currently battling the disease.

"Parkinson's is an isolating disease that wants you to sit down, shut up and be still," said Keith Fritz. "We have to fight that. Fight it by moving and talking and staying connected."

Fritz, himself officially diagnosed with the disease in 2013, is facilitating Northwood's new Parkinson's Support Group. The group is an outgrowth of three educational sessions recently brought to Northwood through the partnership of Worth County Extension and



Worth County Public Health.

"There were 15 people at these three sessions. By the time Laure Bueher and I got to the third session and had talked with folks who knew people with the disease, we were confident in our need to get this group going."

"Laure has been critical in helping me. I couldn't do it without her. There is a newly formed PD support group in Mason City and a group in Algona but, with the high prevalence here, we wanted to get something going in Northwood. Our group has been formally sanctioned by the American Parkinson's Disease

Association (APDA) Iowa chapter."

The Parkinson's Support Group will meet the second Thursday of the month at 1:30 p.m. in the Viking Activity Center's Community Room. The first meeting is March 13.

"We want our membership to grow rapidly because we want to help as many people as we can. We are committed to helping others."

If you're one of the folks who has been struggling with Parkinson's, this group will give you resources to help slow the progression and make life better or as good as it can be. PD is a Parkinson's, see Page 2



Evan Fritz and his father Keith finishing a 5K run they organized years ago in Clear Lake. Many people with the condition keep working for years after their diagnosis. Keith Fritz is one of those people.



Cleaning up the streets

With the recent warmer weather, the Northwood Public Works crew took to the streets to clean up some of the dirt and debris left behind from the winter. The street sweeper is pictured as it made the rounds last week.

Cancer

Cont. from Page 1

Following is more information on the statewide results and implications of the 2025 Cancer in Iowa Report.

By Brooklyn Draisey
Iowa Capital Dispatch
www.iowacapitaldispatch.com

The Iowa Cancer Registry released the 2025 Cancer in Iowa report Tuesday, focused on the changing metrics of cancer survivorship in the state while detailing Iowa's continued trend of high, and fast-growing, rate of new cancer diagnoses. Iowa still has the second-highest age-adjusted rate of cancers in the U.S. and the fastest-growing rate of new cancers, according to the report, and is one of only two states with rising rates of new cancer cases. Kentucky, with a high rate of smoking-related cancers, is the only state ahead of Iowa in this respect.

A panel of medical experts and cancer survivors spoke on the report, their experiences with what comes after a cancer diagnosis and how survivors can still be supported even after their main treatment has ended. They also addressed questions of state support and federal funding for essential research.

According to the 2024 Cancer in Iowa report, there were nearly 169,000 cancer survivors in the state last year. This year's report shows that number has increased to more than 171,000 cancer survivors.

Sarah Nash, director of research, analytics and dissemination for the Iowa Cancer Registry and UI

assistant professor, said increasing rates of new cancer diagnoses, coupled with improvements in detecting and treating cancer leading to fewer cancer deaths, means the number of cancer survivors, who have their own unique needs separate from cancer treatments, is increasing.

"Many survivors need long-term support from their health care providers, their community and their caregivers," Nash said. "So it's really important to understand the impact of a quickly growing number of cancer survivors."

The 2025 report predicts that 21,200 new cases of invasive cancers will be diagnosed in Iowans this year, a number Nash said increased by 200 from last year. Expected deaths have also risen by 200 to 6,300. Lung, colorectal and pancreatic cancers are the top three causes of cancer death in the state, Nash said, which, when combined with numbers from breast and prostate cancer deaths, make up just over half of all cancer deaths in Iowa.

More than one in 20 Iowans will have a cancer diagnosis at some point, the report stated. Breast and prostate cancers, which Nash said are among the most common cancer diagnoses in Iowa, have a long survival time, meaning the number of cancer survivors will continue to grow, especially as treatments get better. As this population increases, programs aimed at helping cancer survivors thrive become more and more important, she said.

"Cancer survivors have

unique needs that must be considered by health care providers, which may include screening for cancer recurrence and new cancers, addressing late effects and delayed symptoms of cancer treatment and improving quality of life for cancer survivors through nutrition, physical activity and movement, tobacco use, cessation and other mental health and social support services," Nash said.

These needs are not the same across the board for all cancer survivors, Nash said — what kind of help they require could change based on age, how much time has passed since their diagnosis and main treatment, and more.

The report includes five priorities to address cancer survivorship in Iowa, called the Iowa Cancer Plan. It includes using best practices to help patients transition from "active treatment to post-treatment care," enhance awareness for the importance of cancer screening and risk reduction practices for survivors, ensure Iowan cancer survivors and their caregivers have excellent quality of life, enhance follow-up care for those who survived cancer in childhood throughout their life, and better access to end-of-life care.

"The Iowa Cancer Plan can serve with our blueprint to work together across health care, public health and our communities to support Iowa's cancer survivors," Nash said.

Two baby girls declared safe havens in February

Through the Safe Haven Law, a baby girl, born February 8, and a baby girl, born February 12, are now in the care and custody of the Iowa Department of Health and Human Services (HHS) and will be placed with foster families until permanent placement is determined. This brings the overall total to 76 infants since the law went into

effect more than two decades ago.

Iowa's Safe Haven Act is an option for parents in crisis who determine they cannot care for an infant up to 90 days old. Designated safe havens are locations like hospitals and police and fire stations. Iowa HHS then works to place infants in an approved foster home while awaiting permanent

adoption.

If you are interested in becoming a foster parent or adopting a child, visit iowafosteringadoption.org to learn more about becoming an approved foster or adoptive family.

For more information on Iowa's Safe Haven, visit <https://hhs.iowa.gov/programs/CPS/safe-haven>.

Parkinson

Cont. from Page 1

chronic condition with no cure yet, unfortunately.

Even if you don't have PD, maybe you know someone who does, or maybe you just want to learn more or be pointed to some useful resources. If so, this group can be a great help.

And so, you take a deep breath and think, "Ok, how do I live well with Parkinson's from here on out? That's what we're going to be about," said Keith.

Fritz is Northwood-Kensett's middle school and high school principal. He

and his wife Laura have two children, Evan and Ella. They also have two beautiful grandchildren. Juniper is three years old; Olive is almost two.

Speech

Cont. from Page 1

Immunity" by Anonymous and earned a Division 2 rating, and Williamson read "The Bus Ride" by Sahar Sabati and earned a Division 1 rating.

Those students who earned a Division 1 rating (Ludington, Williamson and Runde) advance to State Individual Speech Contest on Saturday, March 15, at

Starmont High School in Arlington, Iowa.

The team is coached by Beth Butler.

Council

Cont. from Page 1

city tax rolls up to date, and the fees cover the time spent by City staff, and other related expenses in the application process.

Currently, the minimum fee for any projects is \$10 for the first \$5,000 of value. Fees increase by \$1 for every \$1,000 of the project, up to \$100.

The current fee structure does not take into account the type of project, or whether it is being done on residential or commercial property.

The current fee structure has been in place unchanged for several years.

Based on a review of area and similar communities in the state, the City plans to update the fees.

The revamped fee structure includes \$15 for sidewalks and driveways; \$25 for fences, decks, utility

sheds and small projects; \$100 for garages or residential additions; \$150 for new residential buildings; and \$250 for new commercial buildings or additions.

Two ordinances also discussed update the required steps that Northwood residents have to take if they want to remove, reconstruct or install new driveways or sidewalks on their properties. The sidewalk and driveway changes were discussed as the City updates the fees and application process.

Before any such project begins, residents will need to apply for a permit with the City. The fee for the permit is updated to \$15 with the ordinances.

The council discussed the ordinances at their February 24 meeting.

A first reading was held

for each ordinance. Three readings are required before an ordinance can be adopted.

The council did have the option to waive the second and third readings and pass the ordinances at the meeting.

While the members of the council said they hadn't heard of any issues or objections, they wanted to allow at least one more meeting for Northwood residents to share any concerns about the updated fees.

The second reading of the ordinances is expected for the March 10 meeting. After the second reading, the third reading could be waived and the ordinances could be adopted. Or a third reading could be set for the March 24 regular meeting.

Conservation

Cont. from Page 1

would harm Iowa's conservation efforts and outdoor recreation opportunities, while proponents said it would stop the state from buying land from farmers.

Iowans approved a constitutional amendment in 2010 to create the natural resources and outdoor recreation trust fund, which the resolution seeks to repeal. Per the original language, the trust fund would have been annually credited with three-eighths of one percent of increased sales tax on personal property and labor.

No such increase has occurred, and therefore despite its 15 years on the books, the trust has had no allocations or expenditures.

Opponents of SJR 6 asked legislators to instead fund the original trust, which was created with an

intent to "protect and enhance" the natural resources in Iowa including state parks, trails, wild habitat and the conservation of agricultural soil.

Several opponents of SJR 6 said they also see the fund as an important way to keep outdoor opportunities available in the state, which would in turn keep young Iowans from moving away.

Farmers in attendance shared stories of a pasture or a field near their land that they no longer have access to because the state has bought it.

Since the natural resource fund has never been funded, it has not aided in the acquisition of state land, but could be used for that purpose if the tax were increased and money put in the fund.

According to the Iowa Department of Natural Resources, the State of Iowa owns around 400,000 acres of land. Results from last the U.S. Department of Agriculture census show Iowa has 30 million acres of farmland.

The change would also be designed as a means of tax relief.

The proposed constitutional amendment would use the same three-eighths of a percent model on a tax increase to give property tax relief to Iowans.

If the resolution is adopted, it will be published and referred to the next General Assembly in 2027 or 2028 before it can appear on a ballot to be voted on by Iowans.

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Green thumb Garden club meets Feb. 24

The Green Thumb Garden Club met at 5:30 p.m. on February 24 in the Community Room at the Extension Office. Vice President Peter Julseth was acting President and called the meeting to order. Twelve members were present and answered the roll call question of 'Where would you like to spend a vacation?'

Penny Robb read the January minutes, Nancy Almundson moved to accept the minutes as read and Mary Reyerson-Low seconded. All members approved. Julie Robb provided the Treasurer's report. The current balance in the checking account is \$392.49.

Expenditures in January included sending money collected to Plant a Tree and paying for pins for the new President and former President Myra Harris provided the mediation on fertilizer shipments in the 16th and 17th centuries.

Penny and Karen Davidson gave an update on the Plant Sale fundraiser. The Plant Sale will be held on May 10 from 9 a.m. - 12 p.m. and include plants from members' gardens and home collections. Categories will include perennials, annuals, herbs, hostas, house plants and shrubs. There will also be gently used gardening

books for sale.

Penny distributed the updated Flower Show schedule and highlighted a few additional changes that will be made before publication in the Fair book. Myra provided an update on the Fair Board request to the WCDA for funds to purchase tables for the Floral Hall.

Louise Philipp made a motion for the club to host another 'Everything you wanted to know about the Flower Show' this year. Penny seconded and all approved. No date has been set.

Peter was host and provided home made bread and local flavors of honey along with other delicious snacks. Louise did an informative program on cultivating African Violets and distributed starter plants to club members. The March meeting will be held on the 24th at 1:30 p.m. Mary will be hostess and Cheryl Nitcher will provide a program on 'Preparing your Garden for Spring Planting'. If you are interested in learning about garden prep for spring planting and would like to be a guest at our next meeting please reach out to Theresa Cooper, 641-390-0908.

Respectfully submitted by Penny Robb, Secretary, Green Thumb Garden Club

Elderbridge seeks assistance providing senior meals

Many older Iowans suffer from hunger and food insecurity.

Inflation has made it difficult for those on fixed incomes to afford the groceries they need to prepare nutritious meals, many live alone and struggle with health concerns that affect their ability to cook meals.

The Elderbridge Agency on Aging provides hot, nutritious meals in congregate settings and by home delivery. Government funding sources are unable to meet the growing demand.

"We at Elderbridge are asking for donations to provide meals to individuals in need. Every \$10 you donate will cover the cost of one

meal."

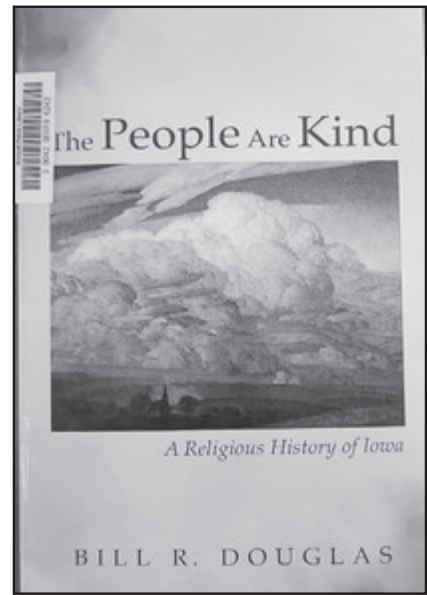
Elderbridge supports meal programs in 29 Iowa counties, including Cerro Gordo, Floyd, Mitchell, Worth, Winnebago, Hancock, Franklin, Wright, Kossuth, Humboldt, Webster, Hamilton, Greene, Guthrie, Emmet, Palo Alto, Pocahontas, Calhoun, Dickinson, Clay, Buena Vista, Sac, Carroll, Audubon, Crawford, Osceola, O'Brien, Lyon and Sioux.

Donations can be made through the Elderbridge PayPal account at www.elderbridge.org or by sending a check to Elderbridge Agency on Aging at 714 10th Ave. East, Ste 1, Spencer, Iowa 51301.



Kensett basketball team in 1947

Pictured is the Kensett basketball team from 1947, including (front row, from left) #8 Dorothy (Weineth) Bratrud, #9 Doris (Narveson) Gallagher (deceased), #10 Leola (Jaspers) Berding, mascot Helen Fernau (daughter of coach), #12 Marian (Medlang) Helling, #11 Donna Mae (Houston) Luchan, #6 Yvonne (Jensen) Perkins, (back row) coach D.W. Fernau, manager Bonnie (VanSabben) Smith, Norma (Vaage) Evans Gordon, #7 Barbara (Helling) Gibbs, #5 Patricia (Gill) Fandel (deceased), #4 Dorothy (DeMaris) Engleby, Marryl (Kenison) Watkins (deceased), #14 Elvira (Johnson) Olson (deceased) and Maxine Tenold (teacher, deceased).



Kensett Public Library

By Lisa Lestrud
Library Director

Greetings from the Kensett Public Library. We are already into March with sunny warm days coming.

We have some exciting things coming up on Saturday, March 8, 2025, 10 - 11:30 a.m. We will have a "LEGO," themed morning. I will be playing the movie, "Piece By Piece," the vibrant journey of the life of cultural icon Pharrell Williams, told through LEGO animation. It's full of music

and fun, rated PG. We also have lots of LEGOs to play with and we will have a drawing for a LEGO set to give away.

On Saturday, March 22, 10 - 11:30 a.m., we will celebrate National Goof Off Day, with fun activities for all ages, including games, crafts, snacks and prizes. It's a morning to get together and have fun.

Please join us on Thursday, March 20, 4 - 7 p.m. at the Kensett Community Center for Family Fun

Night. It's an evening of free fun family activities. I will be set-up for the library with i-Pads to play on and a crafts.

I also wanted to share some of our Iowa authors and some of the books we have here at the library including: Staci Andrea, Clear Lake, Tony Wirt, Lake Mills, Joseph LeVal-

ley, and Bill R. Douglas, who will be coming to the library on, Saturday, May 10, at 1 p.m. to speak about his book. He will have them available for sale.

Also please check the Facebook group page for upcoming events. The page is a work in progress. See you at the library.

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Calendar of Events for March 2025

March 4 & 5—Northwood-Kensett Schools Senior Interviews at N-K High School, 1:45 P.M.-2:35 P.M. and 10:05 A.M.- 10:50 A.M. with Dennis Johnson, Worth County Extension Education Specialist
March 7—Worth County Fair Swine Derby Weigh-in at Northwood-Kensett Vo. Ag. Shop, 4-5 P.M. on March 7 with 4-H Swine Committee, Curt Schaub, Chris Chodur, Brian Nelson, Paige McClure
March 10—Iowa Association of Agricultural Agents Spring Meeting at Boone County Extension Office, Boone, Iowa, 1 P.M. with Dennis Johnson
March 11—Iowa State University Extension and Outreach Annual Conference, Iowa State University, Ames with Dennis Johnson and Teresa Butler, Worth County Extension 4-H Youth Leader
March 13—Worth County Fair Board Meeting at Worth County Extension Office Community Room, Northwood, 7 P.M. with Worth County Fair Board and Dennis Johnson
March 16—Golden Banner 4-H Club Meeting at Bethel United Methodist Church, 1:30 P.M. with Michelle Hill, Jean Schilling, 4-H Club Leaders
March 17, 18, 24, 25—4-H School Enrichment Mindful Teen Presentations at Northwood-Kensett Schools, 2:44 to 3:30 P.M. with Teresa Butler
March 19—ISU Extension Nashua Research Farm Annual Meeting at Iowa State University Research Farm Rural Nashua, 9:30 A.M. with Dennis Johnson
March 19—Region 4 4-H Staff Meeting at Cerro Gordo County Extension Office, 9:30 A.M. with Erica Holiday, Region 4 4-H and Youth Field Specialist and Teresa Butler
March 19—NIAAC Agriculture Advisory Board Meeting at North Iowa Community College, Mason City, 5:30 P.M. with Dennis Johnson
March 20—Worth County Asset Team (WCAT) Family Fun Night at Kensett Community Center, 4 to 7 P.M. with Teresa Butler and Dennis Johnson
March 20—Worth County Extension Council Meeting at Worth County Extension Office (Fairgrounds), 6 P.M. (Public Budget Hearing 6:15 P.M.) with Amy Hunzelman, Region 4 ISU Extension Director and Dennis Johnson
March 24—Worth County 4-H Educational Presentation Night at Worth County Extension Office Community Room, Fairgrounds, Northwood, 5 to 8:00 P.M. with Teresa Butler
March 26—ISU Extension Regional Agriculture Team Meeting at Garner Public Library, 9 A.M. with Dennis Johnson
March 27—Worth County 4-H Mock Interview Preparation Night at Worth County Extension Office, Northwood, 6:30 P.M. with Dennis Johnson
March 29—Worth County 4-H State Recognition Day at Iowa State University, Ames, All Day with Dennis Johnson
March 30—Worth County 4-H Share N' The Fun at Northwood-Kensett West Elementary Auditorium, 3 P.M. with Teresa Butler and Dennis Johnson

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KOOPER JULSETH
1st Team All-Conference



EVAN LORENZEN
Honorable Mention



KAMRYN BACKHAUS
Honorable Mention



Muffins with mentors

Just before Valentine's Day, Northwood-Kensett Elementary students were invited to show their love and appreciation for special people in their lives. The high school's chapter of the National Honor Society organized the first Muffins with Mentors event. Each elementary student was able to invite a special person in their lives to share breakfast.

Top of Iowa East Conference

BOYS

- Player of the Year:** Colby Eskildsen, Northwood-Kensett
Coach of the Year: Jerry Gaffon, Newman Catholic
- 1st Team**
- Westley Cole Newman Catholic So.
 - Colby Eskildsen** Northwood-Kensett Sr.
 - Kooper Julseth** Northwood-Kensett Sr.
 - Quinn Street Osage Jr.
 - Madden Uhlenhopp Osage Sr.
 - Xavier Haller West Fork Sr.

2nd Team

- Jase Hansen Nashua-Plainfield Jr.
- Matthew Malven Nashua-Plainfield Jr.
- Colin Bleile Newman Catholic Sr.
- Ryan Austin North Butler Sr.
- Maddox Cockrum Osage Sr.
- Jayce Schwiesow Saint Ansgar Sr.
- Ashyr Wiseman West Fork Sr.

Honorable Mention

- Braydin Crum Central Springs Jr.
- Jake Smith Nashua-Plainfield Jr.
- Isaiah Kesten Newman Catholic Sr.
- Kamdon Boos North Butler Sr.
- Evan Lorenzen** Northwood-Kensett Sr.
- Isaac Houdek Osage Sr.
- Derek Hemann St. Ansgar Jr.
- Nolan Shreckengost West Fork Sr.

GIRLS

Player of the Year: Sami Kruckenberg, Newman Catholic
Coach of the Year: Rodney Huber, West Fork

1st Team

- Kaci Crum Central Springs Sr.
- Kadence Huck Nashua-Plainfield Sr.
- Sami Kruckenberg Newman Catholic Jr.
- Addison Marcks Osage Jr.
- Amelia Porisch Saint Ansgar Sr.
- Leah Weaver West Fork Sr.

2nd Team

- Paige Prazak Central Springs Sr.
- Elayna O'Neill Nashua-Plainfield Jr.
- Tess Weiner Newman Catholic So.
- Zoey Thompson North Butler Fr.
- Jacey Johnston Saint Ansgar Jr.
- Lindsay Kruse Saint Ansgar Jr.
- Nehir Kanaf West Fork Sr.
- Karma McMorris West Fork Sr.

Honorable Mention

- Payten Kruger Central Springs Sr.
- Paige Franzen Nashua-Plainfield Sr.
- Brooke Bleile Newman Catholic So.
- Kamri Groen North Butler So.
- Kamryn Backhaus** Northwood-Kensett Sr.
- Mylie Howe Osage Jr.
- Kenzie Peterson Saint Ansgar Sr.
- Brylie Hubka West Fork Sr.

Viking girls led by a pair of freshmen

By Julie Salisbury

Freshman Bailey Thorson played in all 22 games this season and led the team in scoring with 167 points, 152 rebounds, 15 assists, 36 steals and six blocks.

Freshman Hallie Hanson played in all 22 games this season and led the team in rebounding with 174. She was second on the team in scoring with 110 points and had 12 assists, 28 steals and one block.

Senior Topanga Hackenmiller played in all 22 games and led the team in steals with 42. She had 56 points, 51 rebounds, 16 assists and three blocks.

Senior Kamryn Backhaus played in 21 games and scored 49 points, grabbed 62 rebounds and had two assists, 10 steals and three blocks. Backhaus received Top of Iowa All-Conference Honorable Mention honors this season.

Freshman Bailey Thorson played in all 22 games and scored 46 points and had 43 rebounds, 11 assists, 22 steals and four blocks.

Freshman Mia Fierova played in 21 games this season and led the team in blocks with 15. Fierova also had 42 points, 60 rebounds, 13 assists and 19 steals on the season.

Senior Hailey Krambeer played in 17 games and had 28 points, 35 rebounds, four assists, 15 steals and two blocks.

Sophomore Ashlyn Skelenger played in 21 games and led the team in assists with 18. She also had 23 points, 42 rebounds, 20 steals and four blocks.

Sophomore Chloe Leonard played in 13 games and had six points, 10 rebounds, one assist and one steal.

Junior Logan Manning played in 11 games and had three points, six rebounds and four steals.

Sophomore Lauren Heiken played in two games and

had two points, nine rebounds and two steals.

Freshman Quinn Schroeder played in six games and had one rebound and one steal.

Freshman Olivia Hodson played in four games and had one rebound and one assist.

Freshman Taryn Jackson played in one game this season.

The Vikings were 137-565 shooting, 36-227 from three point range and 118-269 from the free throw line. They had 646 rebounds, 93 assists, 200 steals, 38 blocks, 685 turnovers and committed 337 fouls.

The Vikings say good bye to three seniors, Topanga Hackenmiller, Kamryn Backhaus and Hailey Krambeer, but will return a large group of underclassmen for next season who gained valuable varsity experience this year, which will be very noticeable next season.

Worth County 4-H State Recognition Day set Mar. 29

Worth County 4-H Senior High members will be participating in a state-

4-H Animal Science Round-up applications due on April 1

All Worth County 4-H Members interested in participating in this year's 4-H Animal Science Roundup during the annual 2025 State 4-H Conference scheduled for June 24-26 are reminded to please get their application submitted to the State 4-H Office by Tuesday, April 1.

This opportunity is being offered to all 8th grade to 12th grade 4-H members that might want to attend the three days of educational training in the areas of Horse, Swine, Sheep, Dairy, Beef and Poultry.

Contact Dennis Johnson, Worth County Extension Education Specialist at the Extension Office in Northwood at 641-390-0795 or email djohn@iastate.edu.

wide 4-H Recognition Interview Day on Saturday, March 29. This is scheduled for those Worth County 4-H'ers who submitted State 4-H Recognition Award applications on February 1.

The awards recognition includes trips to Atlanta, Georgia, and Washington, D.C. It also includes

State 4-H Project awards as well as opportunities for 4-H members to serve as State 4-H Council and Healthy Living ambassadors.

Worth County 4-H members who submitted applications this year were Kamryn Backhaus, Jessika Ausborn, Ariaah Bode, Ben Meier, Addyson

Runde, Kale Bode, Adilyn Petersen, Ivy Toresdahl and Layla Scarlett.

More information is available by calling Dennis Johnson, Worth County Extension Education Specialist, at 641-390-0795 or emailing djohn@iastate.edu.

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Dewey Kruger Music

NURSING HOME
Lutheran Retirement Home

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Bolan

The World Day of Prayer Service will be held at Bethel United Methodist Church, Manly, this year. Pastor Cory Allard is presenting the program,

which will start at 9:30 a.m. on Friday, March 7. Refreshments will follow. You are welcome to attend.

Notice

IN THE IOWA DISTRICT COURT FOR WORTH COUNTY JUVENILE DIVISION NOTICE
TO: Danielle Hudson, Mother of C.T.
YOU ARE HEREBY NOTIFIED THAT THERE is an ongoing Termination of Parental Rights case in the Juvenile Court for Worth County, Iowa, case no. JVV001016.
YOU ARE FURTHER NOTIFIED that hearing has been set in the Courtroom of the Worth County Courthouse, Northwood, Iowa, on the 31st day of March, 2025, at 11:30 a.m.

YOU ARE FURTHER NOTIFIED that you have the right to be represented at the hearing by counsel and appear in person; in the event you are financially unable to employ counsel, the Court will, upon application, appoint counsel for you.
If you believe you are the mother of this child, please contact the Worth County Attorney's Office.
Jeffrey H. Greve
Worth County Attorney
Telephone: 641-324-1291
Email: attorney@worthcounty.org
8-3t

Notice

THE IOWA DISTRICT COURT FOR WORTH COUNTY CASE NO. ESPR009452 NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS IN THE MATTER OF THE ESTATE OF MARK ALAN KLINGFUSS, Deceased.
To All Persons Interested in the Estate of Mark Alan Klingfuss, Deceased, who died on or about December 19, 2024:
You are hereby notified that on January 17, 2025, the undersigned was appointed administrator of the estate.
Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district

court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is there-after forever barred.
Dated January 20, 2025.
Brian E. Klingfuss
902 8th Street North
Northwood, IA 50459
Administrator of the Estate

Douglas A. Krull
ICIS#: AT0004489
Krull Law Office
714 Central Avenue
Northwood, IA 50459-0200
Attorney for the Administrator
Date of second publication the 5th day of March, 2025.
9-2t

Supervisors

February 24, 2025 Ninth Day
The Worth County Board of Supervisors met pursuant to adjournment with A.J. Stone, Enos Loberg and Mark Smeby, present. All members voting "AYE" unless noted.
Meeting called to order by Smeby, followed by the Pledge of Allegiance.
Motion Loberg/Second Stone to approve today's agenda and minutes from February 18, 2025, meeting. Motion carried.
Motion Stone/Second Loberg to approve drainage claims in the amount of \$19,301.00 per the following schedule. Motion carried.
Bolton & Menk Inc, DD #14 Lower Main Tile, Prof Services \$8,379.50
Bolton & Menk Inc, DD #21 West Main, Prof Services \$2,888.00
Bolton & Menk Inc, DD #34 Main/et al, Prof Services \$4,284.50
Bolton & Menk Inc, DD #72 Main Open Ditch, Prof Services \$3,749.00
Grand Total \$19,301.00
Motion Stone/Second Loberg to approve claims in the amount of \$203,344.36 per the following schedule. Motion carried.
Access Systems Leasing Service-Dap 197.00
Activated Insights Service-Phd 197.88
Agvantage Fs Inc Fuel-Eng 4,306.06
Ahlers & Cooney, P.C. Service-Aud 126.00
Alliant Energy Service-Con 2,415.54
Bell's Fire Stop Inc Service-Shf 384.00
Brenda Davidson Service-Gsr 2,600.00
Carquest Auto Parts Inc Supplies-Shf 45.40
Central Lock Security Service-Eng 77.40
Certifylink, Service-Eng 176.36
Certified Laboratories Fuel-Eng 938.90
D & L Equipment Service-Eng 983.67
Des Moines Stamp Mfg Co Supplies-Shf 34.00
Design House Plus Service-Asr 95.01
Drivers License Guide Company Supplies-Shf 33.95
Electric Pump Inc Service-Wat 1,342.00
Galls, Llc, Supplies-Shf 160.22
Grafton Welding Service-Eng 321.00
Groe Electric Inc

Service-Cap 2,250.38
Hotsy Equipment Service-Shf 273.14
I35/105 Welcome Center Inc. FY25 Jan H/M Tax-Ndp 1,861.53
Ia Prison Industries Supplies-Eng 1,260.32
Icit, Service-Dap 3,000.00
Ip Pathways, Service-Dap1,566.27
Isaca District Ii Auditors Dues-Aud 20.00
Jay Heims, Reimb-Asr 602.86
John Deere Financial Supplies 2,476.20
Johnson Controls Fire Protection Lp, Service-Gsr 5,268.53
Judy Stevens, Mileage-Asr 77.70
Kelly Hardware Supplies-Gsr 946.37
Knutdson Automotive Service Service-Phd 1,764.83
Kruger Electric Llc Service-Sdp 85.00
Larsen Plumbing & Heating Inc Service-Gsr 1,016.65
Lawson Products Inc Supplies-Eng 478.85
Luckason Tractor Repair Service-Con 520.12
Manly Junction Signal Service-Sup 707.49
Marco Technologies Llc Service-Dap 181.11
Mediacom, Service-Gsr 294.90
Menards Inc, Supplies-Eng433.84
Mercyone North Iowa Occupational Health Service-Tra 72.00
Mitchell Co Sheriff Service-SHF 7,808.00
Motorola Solutions Inc Service-911 5,687.00
Niacog, Service-Tra 2,463.99
North Central Mechanical Services, Service-Wwt 133.50
North Iowa Broadcasting Inc Service-Phd 1,132.00
Northwood Anchor Inc Service-Sup 1,811.24
Northwood Sanitation Llc Service-Gsr 145.00
Peopleservice Inc Service-Wat & Wwt 21,867.00
Reserve Account Postage-Rec 122.08
Richard Brumm Reimb-Eng 268.80
State Hygienic Laboratory Service-San 840.00
State Medical Examiners Office Service-Mex 11,380.00
The Rustic Thread Service-Shf 186.00
Thomas Reid, Mileage-Vaf 32.90
Trading Post Supplies-Eng 729.44
Truck Center Companies Parts-Eng 2,291.02
Veenstra & Kimm, Inc Service-Cap 45,067.00
Vestis, Service-Eng 111.67

Vinyl Addictionz Service-Ema 550.00
Visa, Service-Phd 10,582.00
Waste Management Of Iowa Inc Service-Sdp 2,650.00
Winn-Worth Betco FY25 3rd Qtr-Org 17,386.05
Worth Co Emergency Mgmt 3rd Qtr Pymt-Dis/Ema21,610.00
Worth Co Historical Society FY25 Jan H/M Tax-Ndp 1,861.53
Worth County Fair FY25 Jan H/M Tax-Ndp 2,792.30
Youth And Shelter Services, Inc. Service-Juj 699.75
Youth Shelter Care Of N Ia Inc Service-Juj 1,443.67
Ziegler Inc, Supplies-Eng2,099.94
Grand Total 203,344.36
Motion Stone/Second Loberg to acknowledge and place on file the manure management plan update for Norske 3 #69958. Motion carried.
Motion Loberg/Second Stone to approve the addendum to the agreement for law enforcement between the City of Hanlontown and Worth County, Iowa. Motion carried.
Motion Stone/Second Loberg to approve the Notice of Discontinuation of a Storm Water Discharge Covered Under Iowa NPDES General Permit Numbers 1, 2, or 3. Motion carried.
Motion Loberg/Second Stone to approve Resolution 2025-06 - 2024/2025 Interfund Transfer resolution. Roll call vote: AYES: Stone, Loberg, Smeby. Motion carried. (Full text of resolution on file at the auditor's office).
Chairperson Smeby recessed the regular session at 8:55 A.M. for the DD #34 Completion Hearing.
Chairperson Smeby reconvened the regular session at 9:09 A.M.
Motion Stone/Second Loberg to accept the DD #34 Completion Report as submitted by Bolton & Menk, Inc. Motion carried.
Chairperson Smeby recessed the regular session at 9:23 A.M.
Budget reviews for the Engineer, Sheriff, Public Health, Recorder, Treasurer, IT/GIS, Conservation, County Attorney, Auditor and various other departments was conducted until 4:11 P.M.
Chairperson Smeby reconvened the regular session at 4:11 P.M.
Motion Stone/Second Loberg to adjourn at 4:11 P.M. Motion carried.
Jacki A. Backhaus, Auditor
Mark Smeby, Chairperson

Supervisors

February 28, 2025 Special Meeting
The Worth County Board of Supervisors met pursuant to adjournment with Enos Loberg and A.J. Stone, present. Mark Smeby present via conference call. Also present: Jacki Backhaus, Auditor.
Meeting called to order by Loberg at 8:30 A.M.
Motion Stone/Second Smeby to approve the agenda. Motion carried.
Motion Stone/Second Smeby to approve the ISAC Group Benefits Program/Assured Partners Employee Benefits for FY26. Motion carried.
The Board then discussed FY26 Budget. No action was taken.
Motion Stone/Second Smeby to adjourn the meeting at 8:50 A.M. Motion carried.
Jacki A. Backhaus, Auditor
Enos Loberg, Vice Chairperson

City Council

The Council of the City of Northwood met in regular session at City Hall on February 24, 2025 at 6:00 pm with Mayor Moehle presiding and the following council members present:
George-Zenz, Bode, Schreiber, Reeder, Absent: Peterson.
Motion to approve the agenda. Unanimous.
Motion to approve the following under Consent Agenda: Work Session minutes of February 10, 2025; Council Meeting Minutes of February 10, 2025. Unanimous.
Motion to set a special meeting for Monday March 24, 2025 at 5:30 pm for the Public Hearing on the Proposed Tax Levy. Unanimous.
Motion to introduce and approve the first reading of Ordinance No. 194 Amending Provisions to Zoning Permits. Unanimous.
Motion to introduce and approve the first reading of Ordinance No. 195 Amending Provisions to Sidewalk Regulations. Unanimous.
Motion to introduce and approve the first reading of Ordinance No. 196 Amending Provisions to Driveways. Unanimous.
Motion to approve Resolution No. 2502-02 Adopting the 2025 Worth County Hazard Mitigation Plan. Unanimous.
Motion to purchase a 2019 Kenworth T370 Tandem Axle Truck from Crysteel Truck Equipment for \$66,000.00. Unanimous.
Motion to adjourn. Unanimous.
Doug Moehle, Mayor
Amber Julseth
City Administrator/Clerk

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NOTICE OF PUBLIC HEARING — PROPOSED BUDGET Fiscal Year July 1, 2025 - June 30, 2026 WORTH COUNTY AG EXTENSION

The Extension Council of the above named County will conduct a PUBLIC HEARING on the proposed fiscal year 2025/2026 budget as follows:
Meeting Date: 3/20/2025 Meeting Time: 06:15 PM Meeting Location: Iowa State Extension and Outreach Worth County 1206 3rd Ave N Northwood, Iowa
At the public hearing, any resident or taxpayer may present their objections to, or arguments in favor of, any part of the proposed budget. This notice represents a summary of the supporting detail of receipts and expenditures on file with the Extension Council Secretary. Copies of the Supplemental Budget Detail (Schedule 674-A) will be furnished upon request.
Contact Name: Amy Hunzelman Contact Telephone Number: (641) 751-8112

FUND	FYE June 30, 2024 Actual Expenditures	FYE June 30, 2025 Re-estimated Expenditures	FYE June 30, 2026 Budget Expenditures	Estimated Ending Fund Balance FY 2026	Estimated FY 2026 Beg. Balance	Estimated Amount To Be Raised By Taxation	Estimated Utility Tax Replacement and Property Tax Dollars
1. County Agricultural Extension Education	358,485	318,200	360,091	120,637	163,838	226,369	233,140
2. Unemployment Compensation	0	10,000	10,000	8,542	18,542	0	0
3. Tort Liability	5,600	4,000	4,000	17,549	13,549	3,886	4,000
4. TOTAL	364,085	332,200	374,091	146,728	195,929	230,255	237,140

Proposed taxation rate per \$1,000 valuation: 5 | 0.30515

Virtual Meeting Information:
<https://iastate.zoom.us/j/96945314388?pwd=EYdEe0JZbXw82AMzoympBPnYaPfan.P.1>

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2022 Ford Mustang Convertible, 53k	\$23,900
2021 Kia Soul LX, 66k	\$13,900
2020 Hyundai Palisade SEL AWD, 71k	\$26,900
2020 Toyota Avalon XLE, 69k	\$20,900
2020 Dodge Caravan SXT, 35k	\$18,900
2019 Subaru Forester Premium, 93k	\$17,900
2019 Buick Encore Essence FWD, 47k	\$15,900
2019 Subaru Outback, 112k	\$14,900
2019 Dodge Grand Caravan SXT, 110k	\$11,900
2019 Toyota Rav4 SE AWD, 86k	\$20,900
2018 Chrysler Pacifica, 99k	\$18,900
2018 Ford Taurus LTD, 113k	\$12,900
2017 Subaru Outback Premium, 75k	\$17,900
2017 Chrysler Pacifica 8 pass., 90k	\$16,900
2017 Toyota Prius Two, 81k	\$16,900
2016 Honda Pilot Touring AWD, 80k	\$20,900
2016 Jeep Renegade 6 Speed, 93k	\$8,995
2015 Nissan Titan SL 4WD, 80k	\$20,900
2015 Honda CRV EX-L AWD, 84k	\$17,900
2013 Lexus RX350 AWD, 55k	\$20,900
2013 Hyundai Elantra GT Stick Shift, 105k	\$7,995
2011 Buick Lucerne CXL, 51k	\$11,900
2011 Honda Pilot Touring 4WD, 141k	\$8,995
2010 Honda CRV EX AWD, 102k	\$10,900
2010 Honda Element EX 4x4, 159k	\$7,995
2009 Buick Lucerne CXL, 108k	\$8,995
2008 Honda Ridgeline RTL 4WD, 90k	\$11,900
2007 Honda CRV LX AWD, 76k	\$10,900
2005 Honda CRV LX AWD, 74k	\$8,995

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Bloomington's Legislative Newsletter

WEEK SEVEN

The first funnel deadline is in one week, and policy bills must pass through a senate or house committee to be considered this year. Ways and Means and Appropriation bills are not subject to this deadline. Committee members are working overtime to sort, schedule subcommittees, review, and vote bills out of committee to keep priorities alive. Once bills leave committees, we will have a list of all bills eligible for floor debate.

In State Government, we had a presentation from Larry Johnson, Director of the Department of



Jane Bloomingdale
Iowa House
District 60

Inspections, Appeals, and Licensing. This is the state's second largest department and doubled in size following our realignment bill. Director Johnson outlined his program for the modernization and consolidation of licensing databases. In addition to the program outlined, Director Johnson confirmed the department's space consoli-

ation moving from ten buildings to one. The result has been increased collaboration, shared resources, and over \$9 million in cost savings.

Some of the bills passing out of State Government Committee this week included:

- HF 438 relates to the appointment and regulation of a commissioner to a convention of states.
- HF 416 increase penalties for violations of open meeting laws and requires newly elected public officials to complete a course on open meeting and open record laws.
- HSB 177 relates to the qualifications for a certificate as a certified public accountant.
- HF49 relates to the practice of barbering or cosmetology by a supervised unlicensed person.

Entire bills, other committee bills, and meeting minutes can be looked up at

www.legis.iowa.gov.

It was a long week, studying, debating and caucusing on HF 583, a bill that would remove gender identity, as specifically listed, from our civil rights code. Less than half of the States have Gender Identity specifically included in their civil rights code. Without HF 583, our recently passed bills preventing transgender women from participating in women's sports, banning gender-affirming surgeries and hormone therapy on minors, and restricting school bathrooms to designated sex would be at risk. I supported all these bills and previous court rulings indicate that these bills

cannot co-exist in Iowa code with gender identity as a protected class. We worked too hard in the 70's to get girls' sports and girls deserve to keep an equal playing field.

Civil rights for individuals, regardless of gender, are protected at the federal and state level. HF 583 simply brings us in line with the federal laws and many other states.

It is an honor to serve as your Representative and as always, please feel free to contact me with any questions and concerns. My email is jane.bloomington@legis.iowa.gov.

To The Point

We have one week to go until what legislators call 'funnel week,' which means Senate bills need to be out of Senate committees in order to be considered for the rest of the year. House bills also need to be out of House committees. This rule does not apply to bills in Appropriations or Ways and Means. This means our work in subcommittees has been busy while we work on moving legislation through our committees and talking with Iowans about how changes may affect them.

I served on many subcommittees for several bills that need to be completed by March 7th this week. This has been my busiest week by far. I have received over 1,000 emails on the SJR6, regarding the Natural Resources and Outdoor Recreation Trust Fund, or IWILL. I am researching and learning about this issue. I am grateful for all my constituents who have given me good input and information on the topics. I have a town-hall scheduled on Saturday, March 1, 2025 from 10 am to 11:30 am. Please feel free to attend with any questions or concerns.

SF360 concerning mRNA virus vaccines is only a placeholder in the process of creating legislation. If this had not been into LSA by February 14 we would have lost the opportunity to address this subject this year.

The Health and Human Services Committee passed a bill, SSB 1120, to help high-acuity youth struggling with behavioral health, substance abuse, or is otherwise in crisis in the state of Iowa.



Doug Campbell
State Senator
District 30

As a continuation of the Health and Human Services department's efforts, this bill is comprised of new avenues for residential assessment, evaluation, and treatment for youth. It utilizes existing state facilities to relieve pressures on community service providers to ensure the right level of care is being provided to Iowa youth. It also eliminates red tape to help ensure a smooth transition process for Iowa's youth into adulthood by setting them up with the services and resources they need to be successful. Another component of the bill brings needed reform to our Juvenile Court Services by standardizing policies and procedures across the state to support the safety of youth, staff, and Iowa's communities.

Senate Study Bill 1057 also passed the Judiciary Committee this week. This was a proposal brought to us by Attorney General Brenna Bird to further protect Iowa kids. The bill is a proposed constitutional amendment to protect children and adults with disabilities from being forced to face their abusers in a courtroom. Iowa is currently the only state that does not have this protection. This would protect witnesses who are afraid to testify in a courtroom. After the trauma endured by these victims, there is no reason they should have face those that terrorized

them when going through a trial. We have passed several bills aimed at protecting children in Iowa, and this is an important bill in our discussion moving forward.

Even with all the subcommittees and committees, we had some floor debate to continue moving bills through the legislative process. On Tuesday, the Iowa Senate passed SF 275, which would allow the Department of Education to develop and administer a Purple Star School initiative. This initiative would help Iowa ensure its military-connected students are supported at school. Programs like this one allow us to recognize schools that have demonstrated a commitment to supporting military-connected students and their families. The Purple Star Initiative helps create a support system for students who may be moving frequently due to their parents being in the military. With nearly all 50 states having either a Purple Star School designation or proposed legislation to create a statewide initiative, passing this bill would help make sure military-connected students and their families are taken care of here at home.

Common-sense legislation to protect Iowa women and children

One of the big topics making headlines this week was Senate File 418, which removes the phrase 'gender

identity' from Iowa's Civil Rights code and ensures the civil rights code protects those traits which are either unchangeable, or constitutionally-protected. By passing this bill and signing it into law, Iowa would join the majority of states that do not have 'gender identity' in their civil rights code, protect women and girls in private spaces reserved for them, and ensure Iowa taxpayers are not forced to pay for gender transition surgeries.

Over the past several years, Republicans have passed common-sense legislation to stop taxpayers from being forced to pay for gender transition surgeries for people on Medicaid. We also passed bills to ensure boys can't play in girls' sports, protected girls in locker rooms and changing rooms, and defended children from life-altering, irreversible gender surgeries. However, all this work can be easily undone if 'gender identity,' an idea that a person's gender can be changed, continues to be a part of Iowa's civil code. In fact, the courts have repeatedly overturned laws passed to keep taxpayers from paying for transition surgeries and just last week a lawsuit was filed to overturn the law keeping boys out of girls' bathrooms and locker rooms in K-12 schools. The litigation has cited the existence of gender identity in the civil rights code as the reason those laws were, or should be, overturned by the courts.

Iowa's Civil Rights code is meant to protect Iowans from discrimination, and it will continue to do so under the passage of this bill. All Iowans will continue to re-

ceive constitutional protections and legal protections on the basis of their individual humanity and as citizens of the United States to rights like speech, assembly, and religion. The civil rights code protects Iowans and prevents discrimination based on race, ethnicity, national origin, gender, age, physical disability, or religion. Twenty-eight other states in the country do not have gender identity as part of their civil rights code, and they have not experienced rampant discrimination issues inside their borders.

Northwood Anchor

Fertile Lutheran Church
Sunday, Worship Service, 9:30 a.m., Sunday School & Confirmation, 10:30 a.m.

Bethlehem Lutheran, Manly
Wednesday, WAGS, 5:30 p.m., Confirmation at Bethlehem, 5:30 p.m.; Sunday, Bethlehem Adult Bible Study, Grace Worship, 9 a.m., Bethlehem Sunday School, 9:30 a.m., Bethlehem Worship, 10:30 a.m.

Linda Johnson Prestholt, Pastor
Bethany Lutheran Church/Elk Creek Lutheran
Wednesday, Ash Wednesday, Service at Bethlehem, 7 p.m., Meal 6 p.m.; Thursday, MANNA Open 4:30 - 6:30 p.m.; Sunday, Elk Creek Worship, 9 a.m., Elk Creek Sunday School, 9:45 a.m., Bethany Worship, 10:30 a.m.; Monday, MANNA Open, 10 a.m. - Noon

Linda Johnson Prestholt, Pastor
Trinity United Methodist, Bolan
Friday, World Day of Prayer at Bethel UMC, 9:30 a.m., Sunday, Worship Services, 9:10 a.m., Coffee Fellowship, 10 a.m.; Monday, Church Family Meeting at Joe & Linda Nydegger's Home, 10 a.m.

Pastor Cory Allard
Bethel United Methodist Church
Wednesday, Diner, 8:30 a.m., Wonderful Wednesday, K-3rd Grade, 3 p.m., Mini Choir, 4:30 p.m., Mini Bells, 5 p.m., 4th-8th & Confirmation, 5:30 p.m., Meal, 6:15 p.m., JuBELLee Ringers, 6 p.m., HS Youth Group, Adult Choir, 7 p.m.; Thursday, Pastor at Circuit Meeting, 9 a.m.; Sunday, Bethel Worship, 8 a.m., Trinity Worship, 9:10 a.m., Sunday School, 9:15 a.m., Bethel Worship, 10:30 a.m.

Northwood United Methodist Church
Wednesday, Ash Wednesday Services at Asbury, 5:30 p.m.; Sunday, Worship Service at Northwood, 10:45 a.m., Fellowship, 11:45 a.m.

Rev. Rob Lanphere

cannot co-exist in Iowa code with gender identity as a protected class. We worked too hard in the 70's to get girls' sports and girls deserve to keep an equal playing field.

Civil rights for individuals, regardless of gender, are protected at the federal and state level. HF 583 simply brings us in line with the federal laws and many other states.

It is an honor to serve as your Representative and as always, please feel free to contact me with any questions and concerns. My email is jane.bloomington@legis.iowa.gov.

Senate File 418 is another common-sense bill to provide clarity across state and local entities, strengthen the definitions used in Iowa's code, and ensure our state's civil rights code is truly protecting the things about Iowans that cannot be changed. It is a necessary step to protect Iowa women and girls and ensuring they feel comfortable in those private spaces reserved for them for generations. Most importantly, this bill still provides protections for every single Iowan as they go about their daily lives.

Church

One In Christ Lutheran Parish

Sunday, Worship Services 10:30 a.m. available online at "One in Christ Lutheran Parish" Facebook Page and YouTube under "One in Christ Lutheran Parish." Sunday Worship Services, 10:30 a.m., Sunday School, 10 a.m., Silver Lake, 705 Silver Lake Rd., Northwood, 641-293-5556; 9 a.m., Bethany, 201 Franke St., Joice, 641-588-3366; 9 a.m., Lunder, 14982 735th Ave., Albert Lea; 10:30 a.m., Winnebago, 40029 210th Ave., Lake Mills.

First Lutheran Church, Northwood
Wednesday, LRH, 10 a.m., Lenten Service, Noon, Confirmation, 4 p.m., Lenten Service, 6 p.m., Choir, SH Youth, 7 p.m.; Thursday, Quilting, 8:30 a.m., Prayer Group, 9 a.m., Taekwondo, 6:30 p.m.; Sunday, Lenten Service with N.O., 9 a.m., No Sunday School, 10:10 a.m., DCV, 10:30 a.m., JH Youth, 6:30 p.m.; Tuesday, Staff Meeting, 11 a.m., AA-Al-Anon, 7 p.m.

Peace Lutheran Church, Northwood
Sunday Worship Service with Holy Communion at 9 a.m., Adult Bible Study and Children's Sunday School following service.

Rev. Barbara M. Wills, Pastor
Sacred Heart Church, Manly
Mass Wednesday, 8 a.m.; Mass Saturday, 5:30 p.m.

Fr. Dave O'Connor, Pastor
Fr. Ben Valentine, Associate Pastor
www.sacredheartmanly.org

Faith Lutheran Church, London
Sunday School and Adult Bible Class, 9:30 a.m. (Fall through Spring); Sunday, Worship, 10:30 a.m.

Pastor Kent Otterman

First Shell Rock Lutheran Church, Northwood
Sunday, Worship Service, 10:45 a.m.

Pastor Theodore Gullixson

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THANK YOU VERY MUCH!
To all who attended ROLL CALL VIII. It was great to see the awesome turnout. Mark your calendar. ROLL CALL IX will be held on Saturday, Nov. 22, 2025. If you did not receive an invitation, please contact the Veterans Affairs office to be added to the mailing list.

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Wednesday: Taco Casserole, Mexican Rice, Black or Refried Beans, Fruit

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MORAL BRAVERY

Bravery is knowing the right thing to do and doing it willingly in the face of considerable risk, and even fear, with the full knowledge of the risk. It is not fearlessness; being fearless in the face of danger is reckless or foolhardy and a man who does what he knows to be the right thing despite his fear is undoubtedly braver than the man who feels no fear. Many a brave soldier or firefighter has faced a hail of bullets or gone in to a burning building with great fear in his or her heart, but knowing it was the right thing to do. We usually think of bravery as involving physical risk such as injury or death, but there is also moral bravery, where we risk humiliation or the negative judgement of our friends, family or colleagues. For example, speaking an unpleasant but necessary truth, such as telling someone that what they are doing is wrong, as in blowing the whistle on illegal practices in the workplace. Doing the right thing frequently requires courage, because we are not always rewarded, and may even be punished or ostracized for doing so. St. Thomas Aquinas considered bravery to be crucial for the virtuous life precisely because a kind of moral or psychological courage is often necessary to carry out the other virtues. The good life requires fortitude and endurance because it is sometimes a long and hard journey, and one brave act does not make one brave.

I have fought the good fight, I have finished the race, I have kept the faith.
- New K.J.V. 2 Timothy 4:7

The Sponsors of this feature do so with the hope that more people will attend the church of their choice on a weekly basis

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Cook Bookin'

We may live without poetry, music and art; We may live without conscience and live without heart; We may live without friends; we may live without books; But a civilized man cannot live without cooks.
Bulwer Lytton,
Edward Robert



by Sandy Olson

To contact Sandy Olson for comments or suggestions, please email her at: midwestfoodie@gmail.com

Naeve Hospital in Albert Lea, Minnesota was established in 1905 when a local couple, Theodore and Dortha Naeve donated their home to become a medical facility. The local community was so thankful that \$21,000 was raised in two days to make this dream come true! In 1997, the hospital became part of the Mayo Clinic Health System and it remains so today. Naeve Employee Activity Club (EMPAC) compiled a cookbook somewhere during those years. There is no date of publication but it was printed by Walter's Cookbooks in Waseca, Minnesota. The following recipes are adapted from the chapter titled "Pie-Dessert."

Irresistible Ice Cream Pie (Pat Blake)

- 3/4 cup EVAPORATED milk
 - 3/4 cup heavy cream
 - 1/2 stick real butter
 - 2 tablespoons coffee liqueur
 - 2 squares unsweetened chocolate
 - 1/4 cup coarsely chopped pecans
 - 1/2 cup sugar
 - 1 pint coffee-flavored ice cream
 - 1 pre-made chocolate cookie pie crust.
- Save the plastic lid to use later.

In a small saucepan combine the evaporated milk, butter, chocolate and sugar. Cook over low heat, stirring constantly, for about 15 minutes. It should be as thick as cooked pudding. Cool completely. While the filling is cooling, remove the ice cream from the freezer. When it has softened a bit, spread it into the pie crust in an even layer. Spread the chocolate mixture over the ice cream and place the pie in the freezer. Beat the heavy cream with an electric mixer until soft peaks form. With the mixer running, add the coffee liqueur and beat until completely blended and stiff peaks form. Remove the pie from the freezer and spread the whipped cream over the top. Pop it back into the freezer for about 25 minutes until the cream freezes then put the plastic lid back over the pie, sealing it around the bottom as well as possible. Return the pie to the freezer for at least 4 hours before you want to serve it. Remove from the freezer about 15 minutes before serving and sprinkle the top with the chopped pecans. Place in the fridge to soften slightly before cutting. Makes 8 rich servings.

Peanut Butter Pizza (Lori Peterson)

- 1/2 cup good quality smooth peanut butter
- 1/2 cup hot fudge sauce
- 1 package (10 oz.) mini-marshmallows
- 1/3 cup salted peanuts
- 1 roll (15 oz.) refrigerated peanut butter cookie dough

Preheat the oven to 350 degrees F. Cut the cookie dough into about 20 slices (1/2" thick) and arrange in circles on a parchment-covered pizza pan (cut a circle of parchment to fit inside the pan with no hang-over) Press the circles of dough together to completely cover the pan. Bake for 10 minutes; remove from the oven and turn the heat up to 400 degrees F. Carefully spread the peanut butter evenly over the hot crust. Cool. Cover the surface with a layer of marshmallows and bake for a few minutes until they start to melt and brown... watch carefully. Remove from the oven and drizzle with the hot fudge sauce which has been warmed a bit. Sprinkle the peanuts over the top. Makes 8-10 slices.

Praline Cheesecake (Anne Lamb)

- 1 cup graham cracker crumbs
 - 1 1/4 cups brown sugar
 - 1/2 cup melted real butter
 - 2 tablespoons flour
 - 1/4 cup white sugar
 - 3 large eggs
 - 3 8oz. bricks of cream cheese, softened
 - 1 1/2 teaspoons real vanilla
 - 1/2 cup chopped pecans
- SANDY'S NOTE: Philly cream cheese is the best; smoother and blends well

Preheat the oven to 350 degrees F. Combine the cracker crumbs, butter and sugar and press into a springform pan. Bake for 10 minutes. Remove crust from the oven and reduce the heat to 300 degrees F. In a large bowl, beat the cream cheese and brown sugar until well blended. Add the eggs, one at a time, beating in between additions. Add vanilla and beat it in. Pour onto the crust and top with the pecans. Bake for 45 minutes. Turn the oven off and leave the cake inside for another 30 minutes...don't peek! Cool and refrigerate at least 2 hours; overnight is best, covered with plastic wrap. Makes 10-12 servings.

The oldest buildings of the former Naeve Hospital have been razed and a green space and park established. It serves as a memorial to the hundreds of people who worked and saved lives in that facility. And...that's all she wrote.

Northwood Anchor

Society



N-K visits LRH

Northwood-Kensett sixth graders recently spent time at the Lutheran Retirement Home and Northwood Pines Assisted Living. As a lesson in compassion and empathy, the students discussed that things may change as people get older, but that they still enjoy many of the same activities and time together as the students do. With that in mind, the sixth graders joined residents in games, coloring for decorations, puzzles, crafts and Valentine's Day gifts. The residents and their N-K visitors enjoyed their time together.

A Senior Moment

By Sandy Olson

Reconnect 720 has a new sign out front that announces it is a "gathering place for seniors." Hopefully that will help the community know whose happy place it is and that to join our meals and activities is a great way to reconnect.

March's calendar is filled with both new and repeat events beginning on Monday, March 3 with the Northwood Bookworms Book Club meeting at the Public Library. We start at 2 p.m. for discussion and to pick up next month's book. Please join us if you love to read. Also on Monday and every Monday of the month the Men's Coffee group meets at 8:30 a.m. Hot coffee; sweet treats; good conversation. The ladies don't get left out; they meet every Tuesday for coffee at 8:30 a.m. The ideas just flow and so does the coffee!

Tuesday is card and game day as well. We'll have a table of Garbage players with Marcia on March 11 and a table of Rats players with Sandy on March 25. Both are fun and easy card games so don't be timid about showing

up even if you have never played before.

Amy, a dietician from ISU, comes to Reconnect on March 18 at 12:15 p.m. with her Fresh Conversations program. She clues us in on the best way to stay healthy through nutritious eating, brings a newsletter with lots of ideas and a sample of a tasty healthy food item (the recipe is in the newsletter).

On Wednesday, March 19 we'll celebrate anyone over 60 who was born in that month. Please come to have cake and coffee and bring your friends to help you celebrate, 2:30 p.m. is when we start.

We have an active group that loves to play Mexican Train dominoes. They will meet at 12:30 p.m. on Thursday, March 13 and 27. There is fierce competition among these guys and gals so come to join the fun.

Lorri does her best to stump us with Monthly Trivia. See if you can beat her on Thursday, March 20 at 12:30 p.m. Lorri is also our tech expert. If you have questions about using your smart phone, Android or iPhone, she will be available

from 9-11 a.m. on Thursday, March 20. Just drop in during those hours with your phone and your questions.

Fun Bingo will be on Fridays this month, March 14 and 28 at 12:30 p.m., right after lunch for about an hour.

And last but definitely not least, we will have an informational program on Friday, March 12 at 12:30 p.m. with the new administrator of the Lutheran Retirement Home Complex, Sharina Winter. Ms. Winter will bring us up to date on all three facilities under her guidance: Maple Court, The Pines and The Retirement Home. This is the same date Reconnect will hold our monthly potluck lunch at 11:30 a.m. Open to anyone over 60, please bring a dish to pass that would feed about eight people. Main dish, salad, dessert, veggie or side dish, we love them all. Table service will be provided along with coffee. As Bugs Bunny used to say, "That's All Folks!"

Hope to reconnect with many of you soon.

Northwood Public Library

By Emily Tufte
Library Director

Happy March! It's almost Spring! I'm beginning to get ready for the Summer Reading Program so keep an eye out for that exciting news!

The Northwood Public Library only has two Friday morning Story Times scheduled for March due to N-K's Spring Break. They will start at 10 a.m. on Friday March 21 and 28. Story Time is geared for toddler and preschool age, but babies are welcome too! It's a fun time for kids to socialize together, learn about sitting quietly for a short story or two, have some fun coloring and playing with the library toys. Parents and caregivers can enjoy some chit chat too! Please watch the library's Facebook page for more information. Also something to note, if

school is delayed or cancelled due to weather, Story Time will be cancelled as well.

The library has two different book clubs that participate in a monthly reading and discussion. If this is anything that sounds interesting to you, don't hesitate to reach out at the library for more information!

Coming to the library sometime during the month of February:

Adult Fiction books: "Ward D" by Freida McFadden, "Strawberry Patch Pancake House" by Laurie Gilmore, "Blood Moon" by Sandra Brown, "The Writer" by James Patterson, "Girl Anonymous" by Christina Dodd, "Beach Vibes" by Susan Mallery, "Fight or Flight" by Fern Michaels, "Nobody's Food" by CJ Box, "Lethal Prey" by John Sanford, and lots more.

Large Print Fiction: "Rolling Towards Clear Skies" by Catherine Ryan Hyde, "The Party Line" by Carolyn Brown, "The Dressmakers of London" by Julie Kelly, "The Queen's Crime" by Marie Benedict, "One Good Thing" by Georgia Hunter, "A Constant Love" by Tracie Peterson, "Far from Home" by Danielle Steel, and more.

I've been posting some pictures of the new books to the Northwood Public Library's Facebook page, so don't forget to "Like" the page to be notified when we put more new books out throughout the month.

Feel free to contact us with any questions or concerns you might have via e-mail emily@northwood.lib.ia.us or call us at 324-1340. We hope you will check us out soon!

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Savvy Senior

Is a reverse mortgage a good idea?
Dear Savvy Senior,

What can you tell me about reverse mortgages? When my husband passed away last year my income dropped almost in half, and I've been struggling to keep up with my monthly living expenses.
Senior Homeowner

Dear Senior,
For retirees who own their home and want to stay living there, but could use some extra cash, a reverse mortgage is a viable financial tool, but there's a lot to know and consider to be sure it's a good option for you.

Let's start with the basics.
A reverse mortgage is a unique type of loan that allows older homeowners to borrow money against the equity in their house (or condo) that doesn't have to be repaid until the homeowner dies, sells the house or moves out for at least 12 months. At that point, you or your heirs will have to pay back the loan plus accrued interest and fees (usually by selling the home), but you will never owe more than the value of your home.

It's also important to understand that with a reverse mortgage, you, not the bank, own the house, so you're still required to pay your property taxes, homeowners' insurance and upkeep. Not paying them can result in foreclosure.

To be eligible, you must be 62 years of age or older, have at least 50 percent equity in your home, and currently be living there.

You will also need to undergo a financial assessment to determine whether you can afford to continue paying your property taxes and insurance. Depending on your financial situation, you may be required to put part of your loan into an escrow account to pay future bills. If the financial assessment finds that you cannot pay your insurance and taxes and have enough cash left to live on, you'll be denied.

Loan Details
More than 90 percent of all reverse mortgages offered are Home Equity Conversion Mortgages (HECM), which are FHA insured and offered through private mortgage lenders and banks. HECM's have home value limits that vary by county but cannot exceed \$1,209,750 in 2025.

How much you can actually get through a reverse mortgage depends on your age (the older you are the more you can get), your home's value and the prevailing interest rates. Generally, most people can borrow somewhere between 40 and 60 percent of the home's value. To estimate how much you can borrow, use the reverse mortgage calculator at ReverseMortgage.org.

To receive your money, you can opt for a lump sum, a line of credit, regular monthly checks or a combination of these.

But be aware the reverse mortgages aren't cheap. You'll have to pay an origination fee, which is the greater of \$2,500 or 2 percent of the first \$200,000 of your home's value plus 1 percent of the amount over \$200,000. HECM origination fees are capped at \$6,000.

You'll also be charged an initial mortgage insurance premium, which is 2 percent of the loan amount, along with closing costs that will likely run several thousand dollars. Any amount you borrow, including these fees and insurance, accrues interest, which means your debt grows over time.

To learn more, see the National Council on Aging's online booklet "Use Your Home to Stay at Home" at NCOA.org/article/use-your-home-to-stay-at-home.

Also be aware that because reverse mortgages are complex loans, all borrowers are required to get counseling through a HUD approved independent counseling agency before taking one out. Most agencies charge between \$125 and \$200. To locate one near you, visit Go.usa.gov/v2H, or call 800-569-4287.

Other Options
If a reverse mortgage doesn't suit you, you could also tap your home equity by getting a regular home equity loan or line of credit. This type of borrowing requires you to make payments, and lenders can freeze or lower limits on lines of credit, but the borrowing costs are much lower. Or you could also sell your home and move somewhere cheaper.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Gerald 'Jerry' Nash

Rural Mitchell County resident, Gerald "Jerry" Nash passed away on Friday, February 7, 2025, following a brief illness at the Good Samaritan Center in Saint Ansgar, Iowa, where he had been a two-year resident.



GERALD NASH

A memorial service will be held at Deer Creek Lutheran Church, rural Carpenter, Iowa, on Saturday, March 15, 2025, at 11 a.m. Visitation will be held at the church one hour prior to the service. Gerald's ashes and those of his wife, Josephine, will be placed in a single urn and returned to the earth in a private remembrance, at the Burr Oak, Iowa cemetery, at a later date.

Born at home in Winneshiek County, Iowa, on September 30, 1930, Gerald was the only child of tenant farmers, Bernard and Dora Louise (Krumm) Nash. Gerald experienced many hardships during the Great Depression and World War II eras, as much of the farm labor was accomplished by hand, or with a team of draft horses. It would be many years before Gerald would enjoy the benefits of rural electricity, indoor plumbing, or a gasoline tractor.

Gerald attended a one-room country schoolhouse in his Winneshiek County neighborhood. When he had completed the eighth grade, his father moved the family and farming operation to a farm near Cresco, in Howard County,

so that Gerald could attend high school.

From the age of 14, Gerald performed the farm labor of an adult man. After the milking and other farm chores had been completed, Gerald had to get himself to and from the high school by any means available—walking (in deep snow, uphill both ways, of course), by horseback or by tractor. Graduating from Cresco High School in 1948, Gerald's education would not end there, as he was a voracious reader and a lifelong learner.

With the military draft threatening to disrupt the plans of most young men at the start of the Korean War, Gerald voluntarily enlisted in the United States Air Force in April 1951. After completing Basic Training at Lackland Air Force Base in San Antonio, Texas, Gerald was ordered to McConnell Air Force Base at Wichita, Kansas, where the B-47 bomber was being tested.

Gerald was next ordered

to the Colorado State College of Agriculture & Mechanical Arts in Fort Collins (now Colorado State University), where he trained to be an Air Force Veterinary Technician. It was in Fort Collins where Gerald met the love of his life, Josephine Smith, a Home Economics major. Gerald was ordered back to McConnell Air Force Base, where he served until he was honorably discharged in December 1953.

On April 4, 1954, "Jerry" and "Jo" made their lifetime commitment in her hometown church at Florence, Colorado. After a brief honeymoon at the Grand Canyon, Gerald returned to the Howard County, Iowa, farmhouse, with his bride, and worked the land in partnership with his father. Two years later, the Nash family relocated to Worth County, Iowa, and eventually to Mitchell County, Iowa.

In 1965, Gerald was recognized as a Master Swine Producer by the Iowa Swine Producer's Association, Iowa State University, the Iowa Department of Agriculture and WHO Radio in Des Moines. Later that year, the Northwood, Iowa, Jaycees honored Gerald with their Outstanding Young Farmer award at the club's annual year-end recognition dinner. For many years, Gerald served on the Board of Directors reviewing agricultural loans for the Production Credit Association

in Mason City, Iowa. For a period of time, Gerald served as the board president.

Still mentally sharp at the age of 94, Gerald listened to the grain markets each weekday and was actively making plans for the future. On February 7, 2025, with his children and grandchildren at his side, Gerald peacefully slipped into eternity. There, he joined his personal Savior and his sweetheart, Josephine, who passed away on August 25, 2019, after 65+ years of marriage.

Gerald is survived by two children, Vesta and Robert; three grandchildren, Joshua, Kristen and David; and great-granddaughter, Lauren. In addition to his beloved Josephine, Gerald was preceded in death by his parents and infant grandson, Jonathan.

Gerald embraced his small role in helping to feed the world. Having lived through the Great Depression, World War II and the 1980s Farm Crisis, Gerald left an exemplary example of faith, hard work and perseverance. Farming is what Gerald did to earn a living. FARMER was Gerald's essence as a man. Rest now, FARMER—your work is done.

His lord said unto him, Well done, good and faithful servant; ...enter thou into the joy of thy lord. — Mathew 25:23 KJV

Record number of collisions with DOT snowplows during Feb. 12 snowstorm

Winter arrived with a vengeance during Valentine's Day week, but a record number of Iowa DOT snowplows did not feel the love. The statewide storm system that impacted Iowa on Wednesday, Feb. 12, resulted in a total of 15 snowplow hits, setting a one-day record for equipment strikes during a winter season.

The previous single-day record of snowplow hits was nine in 2024. Prior to this week's storms, the 2025 winter season total count for snowplow hits was also nine.

Since the official Iowa DOT winter season started on October 15, a total of 25 DOT snowplows have been hit by vehicles and experienced several other close calls. Two months remain until the DOT's winter season officially ends April 15. The average snowplow hits from 2015 to 2024 was 32, with a record high year in 2019 that ended with 47 motorists colliding with snowplows.

The DOT's winter operations team indicates that the types of snowplow strikes that happened on Feb. 12 consisted of an even split between rear-end collisions and sideswipes. These hits occurred across Iowa on roadways in the northeast, southeast and southwest

quadrants of the state. Although those incidents happened primarily on interstates, and multi-lane US and state highways, seven of the hits took place along the I-80 corridor. Despite the long duration of snowfall, most of the incidents happened during daytime hours. While all plow hits resulted in some level of equipment damage, no damage estimates are available at this time.

"There are a number of factors that are contributing to these hits. Many motorists are distracted and not recognizing what is ahead and or adjusting following distance in winter driving conditions, but it's also clear that speed and visibility are other key reasons," according to Craig Bargfrede, winter operations administrator.

"Working plows travel 10 to 35 miles per hour and create a cloud of snow that impacts visibility. We're seeing drivers approach these plumes without reducing their speeds. With more systems on the way today, tomorrow, and next week, we need drivers to remember that we are sharing the road to clear the way for them, but we need cooperation and more cautious driving," Bargfrede added.

Bargfrede says the snowplow hits need to stop, and

can often be prevented with smarter winter driving behaviors. DOT employees and the traveling public are put at extreme risk when these strikes occur. Collisions also often take plows out of service at critical times. To enhance your safety, use these quick tips the next time you approach the flashing white, amber, and blue lights of a snowplow:

Tips for driving safely around snowplows

Don't crowd the plow: Maintenance vehicles plow far and wide, have big blind spots, and turn and exit the road frequently. The front plow extends several feet in front of the truck and may cross the centerline and shoulders during plowing operations.

Never pass on the shoulder-side of a plow: Operators are trained to move snow to the shoulder. It's safer to hang back; plows can be tricky to maneuver around.

Watch for wing blades: These side blades mounted on either side of a truck can be hard to spot under blowing snow.

Don't tailgate or stop too close behind snowplows: Snowplows are usually spreading deicing materials from the back of the truck. They may need to stop or take evasive action to avoid

stranded vehicles. If following a snowplow, stay behind it or use extreme caution when passing. The road behind a snowplow will be safer to drive on.

Don't travel beside a plow for long periods: When plowing through a snow-drift or packed snow, the impact can move the truck sideways and can create a cloud of snow that can reduce your visibility to zero in less time than you can react.

Move as far away from the centerline of the pavement: When meeting a snowplow on a two-lane road, move to the right of the centerline to give them more room.

Allow plenty of room if passing: If passing is absolutely necessary, identify a very large opening, and don't cut in too quickly. Operators will pull over periodically to let vehicles pass.

Use your headlights: Snowplow operators can more easily spot approaching vehicles in their mirrors when drivers turn on their headlights.

For more information about snowplows, general winter preparedness, the Iowa 511 travel information system, and the Iowa DOT's snow and ice control program, check the Iowa DOT's winter safety website.

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100 years ago

March 5, 1925
Mrs. A.O. Johnson and Mrs. T.O. Groe gave a radio party to a number of lady friends at the Johnson home yesterday morning, the time before luncheon being taken up with the reception of the inaugural speech of President Coolidge, which was broadcast to all parts of the country. This was the second of a series of parties given by these ladies, one on Tuesday of last week and another to be given tomorrow.
Sale of household goods at Chautauqua Grounds just west of Library Building;

Emerson Piano, Edison phonograph, shirt waist box, and other items.
Mr. and Mrs. Victor L. Klove, of Iowa Falls, and Mr. and Mrs. Walter Beecher, of Mason City, with their children, drove up Sunday and spent the day in the home of the ladies' parents, Mr. and Mrs. H.L. Christiansen.
After an illness of some weeks, Mrs. Henry Perry, wife of the local manager of the Northwood-Kensett Electric Co., passed away Saturday. Mattie Finch, daughter of Alpheus and Nettie Finch, was born in Worth County, Iowa, in 1875. She was married to Henry Perry on March 28, 1902.
C.A. Sharp has been granted a 90 day leave from

his position as Western Union operator at the local station, effective yesterday. "Jack" has had first trick at the depot for some time, and during his absence H.J. Pixley will move up from the second trick.
Old Boreas demonstrated that he was not through with us yet by giving us some of the hardest blows of the season last week.
Dr. C.A. Hurd returned Monday morning from Iowa City, where he had gone the previous Friday for a visit with his son Ferris, a sophomore in the State University. Dr. Hurd is himself a state university man, and aside from the visit with his son, it is a pleasure to get back occasionally to the scenes of his student days.

75 years ago

March 9, 1950
Northwood municipal expenses are among the lowest in the state for cities and town of comparable size, it was revealed this week in a study by the Iowa Taxpayers association. Operating costs here for the fiscal year ending March 3, 1940, were \$14,809, or \$8.59 per person using the 1940 census population figure of 1-724.
Northwood voters go to the polls for the first time in the new town hall next Monday. That's the date for the regular school board election. Polls will be open from noon to 7 p.m.
Three new local fund drive

chairmen have been named for the 1950 Worth County Red Cross campaign, Mrs. Fred A. Logemann, county chairman, announced today. They are Laird Moore, Manly; Laurence Brunsvold, Brookfield Township; and Mrs. Martin Bredeson, Silver Lake Township.
Worth County walked outside hatless and coatless for a few short days this past week, inhaling deeply the first breath of spring. On Saturday it started, and by Sunday the roads were rivers and yards were lies of melted snow. Daily papers told of blizzards out west, but Northwoodites read in disbelief; mild temperatures, right up in the 40s, continued through Tuesday.
Jim Heiny of Northwood, senior forward on the Grinnell College basketball team, with

his four teammates—a quintet which gave Grinnell fifth rank in the national college free throw percentage with 175 out of 254 free shots. Jim had top free throw record on the squad with 13 out of 17 tries in 11 games for 76 percent. Jim played the last game of four years of collegiate basketball Tuesday night last week on his home floor as the Pioneers closed their season with an overwhelming victory over Cornell of Mount Vernon.
Hanlontown—The sophomore boys were the winners of the inter-class basketball tournament held here this week. In the first games the sophomores won over the juniors and the seniors over the freshmen. On Tuesday the sophomores defeated the seniors to become school champions.

50 years ago

March 6, 1975
Local Scouts observed 65 years of scouting on February 25 at the Cub Scouts Blue and Gold Banquet held at the First Lutheran Church in Northwood. Cubs, their parents and leaders were hosted to a potluck supper.
Doyle Crom, Northwood, a freshman at Iowa Lakes Community College, Estherville, will play the role of Noah in the production of "Two By Two" March 9-13.
Dennis Johnson, Northwood, a senior at Iowa State University, Ames, will practice

teaching at Osage during three months of the spring quarter. He will obtain actual classroom experience through the program and will be assisted by the cooperating teachers.
Three Northwood-Kensett girls were honored at the annual All-Conference selection earlier this week. LuAnn Knudtson, Viking senior, was named to the First All-Conference team and Carol Hogen and Julie Hagen were named to honorable mention.
The Vikings won the sectional tournament at Mason City by defeating Nora Springs Rock Falls 56-40. Jeff Sietsema, Henry Emmons and Frank Orth each scored 13 points to lead the scoring with Larry Perkins adding six, John Midtgaard five,

Tom Midtgaard four and Rick Hanson two.
Paul Geerlings, 138 pound Viking wrestler, lost his consolation (third) round at the state wrestling tournament Saturday when Roland Rottman, Lisbon, pinned him in 2:09. On Friday Geerlings lost in the first round to John Kuster, Durant, who pinned him in 4:55. Geerlings won his preliminary round Thursday by decision over Dave Knudtson, Milford, 7-2.
One hundred six Worth County households were assisted with food stamps during December 1974, according to the Iowa Department of Social Services. This represents 295 persons with total cash received of \$4,464 and bonus coupons issued of \$6,254.

25 years ago

March 8, 2000
One of Northwood's oldest downtown businesses changed its name last Wednesday. Northwood's sole remaining hardware store, known as Northwood Coast to Coast since the 1930s, is now doing business as Northwood True Value Hardware.
The four basketball hoops and the rollerblading rink in Central Park were popular after-school destinations for youngsters here last week as temperatures soared into the 60s to signal an early spring... we hope.
Wendy Olson and Jeremy Koster of Northwood

are parents of a boy, Hunter Travis Koster, born eight weeks early at 4 lbs 6 oz., 17 1/2 inches long and is doing excellent.
Two teams comprised of Northwood-Kensett students won championships in a basketball tournament at St. Ansgar last Friday night. A team of N-K eighth-grade boys won their division in convincing fashion by rolling over squads from St. Ansgar, Osage and Manly. A team of N-K ninth-grade boys used tough defense and strong rebounding to down St. Ansgar and Cresco to win their division.
The Northwood-Kensett High School varsity football team will compete in Class A District 3 in 2000 and 2001. The Iowa High School Athletic Association

made the assignment following its biennial review of grades 9-11 enrollments at all Iowa schools in field football teams.
Northwood-Kensett High School senior Theresa Stotts has been named to the 1999-2000 All-North Iowa Conference girls basketball team. Stotts, a three-year starter on the Viking varsity, averaged 9.2 points and 6.5 rebounds per game during her senior campaign. She was named to the All-NIC second team in a vote of the league's head coaches.
Flora Westendorff will be celebrating her 99th birthday on March 12.
Spencer Anonson is honoring his 80th birthday, which will be held at Lutheran Church in Joice.

10 years ago

March 4, 2015
Last Thursday night this home, located at the corner of 15th Street South and Third Avenue South, was used to help train members of two local fire departments. The home was set on fire and extinguished several times as a way to give newer members of the Northwood and Kensett fire departments experience fighting a home fire. The home, once completely destroyed, left a foundation, which will be used by the City of Northwood's home program.
Taking second place in the middle division at the Regional

Future Problem Solving Bowl was the team of Lindsey Davidson, Emily Thorson, Peyton Pangburn and Chloe Luther.
Northwood resident Dan Block and Iowa Senator Mary Jo Wilhelm discuss Iowa political issues at the Northwood Legislative forum held on Friday, February 20, by Iowa Representative Josh Byrnes and Wilhelm.
The Northwood-Kensett boosters hosted the wrestling banquet on Sunday night to honor this season's participants in wrestling and cheerleading. Award winners include Coleby Bratrud (MVP), Keano Batton (Coaches Award), Colton Moretz (Most Improved), Jamie Steinman (Newcomer Award) and Hannah Hennigar (Coaches

Award).
Rep. Josh Byrnes (R-Osage) met with Kevin Petznick from Northwood at the Capitol last week. Kevin visited the Statehouse on behalf of Iowa Grocers to discuss issues with legislators.
Brittany Stevens, from Kensett, graduated summa cum laude with a Bachelors of Arts degree in education. Stevens attended the Buena Vista University Graduate and Professional studies Mason City location.
Many people around North Iowa patronized the Kensett Fire Department annual Soup Supper on Saturday night at the Bethany Lutheran Church in Kensett, to warm up with hot chili and vegetable beef soup.

Allan Johnson



ALLAN JOHNSON

Allan Arthur Johnson, 88, of Spencer, Iowa, formerly of Northwood, Iowa, passed away on Friday, February 28, 2025, at St. Luke's Lutheran Home in Spencer.
Allan was born to Arthur and Mary Johnson on August 17, 1936, in Albert Lea, Minnesota. He spent his entire childhood on a farm east of Northwood and was baptized, confirmed and married at Deer Creek Lutheran Church. Allan attended Deer Creek #3 through eighth grade and then Northwood High School, where he graduated with the class of 1954.

time member of the Iowa and Minnesota Simmental Association, American Simmental Association, and the Iowa Angus Association. He was on the Iowa Cattlemen's Board of Directors for many years and was inducted into the Worth County Cattlemen Hall of Fame in 2012. In 2017, he was awarded the Minnesota Simmental Association Traveling Bell Award and the Christensen Elite Award given by the Iowa Simmental Association. Allan and Carol were strong supporters of junior breed associations for many years. With Allan manning the grill and Carol by his side, the pair served countless meals to those participants at shows and breed gatherings. The drive to promote the cattle industry to young people was at the forefront of much of what he did.

He married his high school sweetheart, Carol Read, on July 16, 1955. Their 64-year marriage was blessed with seven children, Allan's greatest treasures, bested only by the 15 grandchildren and 20 great-grandchildren to follow.
Allan had a number of jobs in the field of agriculture, including positions with Farm Bureau, FS, ABS and a number of years in the Ag Department at Kirkwood Community College as head of the Beef Department before concentrating on Ag construction.
He and Carol were great supporters of their kids' and later their grandkids' activities, putting miles upon miles on vehicles to attend county fairs and sporting events.

Particularly in his later years, Allan took great pleasure in working with young cattle producers to get them started in the business. Those partnerships were a passion of his, and it gave him great joy to cheer their successes and share his knowledge

with the next generations.
Allan was preceded in death by his parents; his wife, Carol; and his son, Mark.
Those left to cherish his memory are his children, Greg Johnson, Wendy Henrichs and husband Todd, Kris Keene and husband David, Paula Buenger and husband Joel, Scott Johnson and wife Lisa, Laurie Kenny and husband Kurt, and daughter-in-law Pam Johnson; grandchildren, Matt Johnson (Melissa), Brad Johnson, Leah Johnson, Trent Johnson (Allison), Danielle Gathercole (Michael), Grady Henrichs (Abbey), Chad Keene (Dani), Brent Keene (Morgan), Jenna Steffen (Jessob), Andrew Buenger (Kaitlyn), Kyle Johnson (Jodi), Holly Johnson, Jason Kenny, Zach Kenny and Rachel Kenny; great-grandchildren, Harper and Sawyer Johnson, Colton and Kaydee Crumbaugh, James and Jude Gathercole, Lucy Johnson, Rylee Henrichs, Benton, Lily and Charlotte Keene, Gracen, Josie and Emma Keene, Jameson Steffen, Ayden, Jaycee and Aria Johnson, Keegan Hutchinson and Bennett Jeske; brother, Neil Johnson and wife Judy; sister-in-law, Gail Read; and a number of nieces, nephews and cousins.
The visitation for Allan will be held on Sunday, March 9, 2025, at Hoff Celebrations – Sites Memorial Chapel in Northwood, Iowa, with family present from 4 - 7 p.m. The memorial service will be held at 11 a.m. on Monday, March 10 at Deer Creek Lutheran Church, rural Carpenter, Iowa.

Sharon Lance



SHARON LANCE

Sharon Jo Ann Lance, 83, of Cedar Falls, died on Thursday, February 20, 2025, at the Western Home Communities Nation Cottage.
She was born on September 6, 1941, in Forest City, Iowa, the daughter of Sherman and Sadie (Dahlseide) Charlson. She attended the Lutheran Bible Institute in Minneapolis for two years. On November 24, 1962, she was united in marriage to Ronald D. Lance at Bethany Lutheran Church, Joice, Iowa. Sharon was employed as the business manager at Nazareth Lutheran Church for 33 years, retiring in 2005.
Sharon is survived by her husband, Ron of Cedar Falls; daughter, Janice (Jim) Glaspie of Cedar Falls; two granddaughters, Danielle (Meritt) Terrell and Samatha

Glaspie (Austin Kelderman); two great-grandchildren, Adelynn Behrends and Damian Terrell; her brother, Steven (Darby) Charlson of Mission, Texas; and nieces and nephews.
She was preceded in death by her parents.
Memorial services will be at 11 a.m. on Thursday, March 6, 2025, at St. John Lutheran Church in

Cedar Falls, with burial at a later date in the Elk Lutheran Church Cemetery, rural Kensett, Iowa. Visitation will be from 5 to 7 p.m. Wednesday, March 5, 2025, at the Richardson Funeral Service in Cedar Falls and also one hour prior to the services at the church.
In lieu of flowers, memorial contributions may be directed to The Church Network's endowment fund (you can use this link or mail a check to: The Church Network, 12655 N Central Expy Ste 950, Dallas, TX 75243) or the organ fund at St John Lutheran Church, 715 College St, Cedar Falls, IA.
Online condolences may be left at www.richardsonfuneralservice.com.

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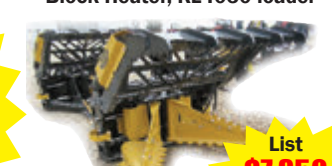

The annual celebration of Viking talent, the POPS concert, was held on Friday. The 57th annual POPS concert featured a theme of "Broadway Blockbusters," with music from a number of hit musicals, like "The Sound of Music," "Wicked," "Grease," "Mamma Mia," "Chicago," "Rent," "High School Musical 2" and "The Greatest Showman." In addition to the performances by N-K bands and choir musicians, students also presented skits, including having some educator assistance.



Putting to fight cancer

Teams of putt putt golfers traveled to destinations in North Iowa and southern Minnesota Saturday. At each destination, they took their shots at special miniature golf holes. After they golfed the courses, they returned to the Timbers to enter their scores, enjoy a meal, take part in a silent auction and raffle and to see who won the contests presented that night. The event was held to raise funds to support the Relay For Life of Worth County. Pictured at top are a few of the teams as they visited the American Legion in Manly. Pictured above and left are holes set up at the Legion, Nordic Lanes and Liquid Library. At bottom left are members of the Golden Banner 4-H Club, who served the meal.

Amazing Winter Sales

 <p>KIOTI \$44,000 with 0% for 84 months Free Loader Discount \$39,000</p>	 <p>KIOTI \$28,000 with 0% for 84 months with Free Loader Discount and 2.99% for 84 Months \$24,000</p>	 <p>KIOTI \$37,000</p>
<p>New Kioti DK5320SEHC 50hp Diesel, Cab AC/Heat, 3 Range hydro, MFWD, with loader</p>	<p>New Kioti CK3520SEH 35hp, MFWD, 3 Range Hydro, Cat 1 3pt, 2 sets rear hyds, R4 Tires, Block Heater, KL4030 loader</p>	<p>Used 2019 Kioti NX6010 90Hrs, 60hp, 3 Range Hydro, MFWD, Cab AC/Heat, with Loader</p>
 <p>List \$95,575 \$79,000 with 0% for 60 months Cash Discount \$69,000</p>	 <p>List \$7,350 Sale Price \$6,600</p>	 <p>List Price \$80,475 \$69,500 with 0% for 60 months Cash Discount \$59,000</p>
<p>New Wacker Neuson WL34 60Hp Deutz, 2 speed 12.5mph, Cab AC/Heat, 15gpm, Ride control, Hyd skid steer quick attach</p>	<p>New CL Fab Dominator Tree Puller with Grapple 60" Opening, 1" thick jaws, Removable jaws, Hyd grapple guard</p>	<p>New Wacker Neuson ST31 74hp, Cab AC/Heat, 30gpm Aux hyds, 2 Speed, Deluxe Cab, 3,100 lbs lift capacity, All terrain Tracks</p>



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